

THE GRAPEVINE

A FREE PAPER FOR THE PEOPLE WHO FIND THEMSELVES IN THE ANNAPOLIS VALLEY

November 14 - 28, 2013 | Issue No. 4.14 ★ COMMUNITY ★ AWARENESS ★ INVOLVEMENT ★ You're holding one of 3100 copies

THE
FOOD
FILM
FEST



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DEVOUR!
THE FOOD FILM FEST

NOVEMBER 13-17, 2013
DEVOURFEST.COM

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ON THE COVER:

Devour! The Food Film Fest November 13-17

Formerly the Slow Motion Food Film Fest, Devour! The Food Film Fest is an international festival celebrating cinema, food and wine culture that takes place in the culinary epicentre of the province, Wolfville!

TIX: \$10 per film, \$50 bracelet (limited numbers available - access to any film in the festival), \$30 per workshop (discounts on two or more workshops), \$20 Magic Wine Bus (Friday-Sunday, 10:30, 12:30, & 2:30 departing from Town Centre) @ Ticketpro.ca & all outlets like Box of Delights (Wolfville)

INFO: lia@devourfest.com & for a full listing of events and films: devourfest.com

THE GRAPEVINE

The Grapevine is brought to you by Jeremy Novak & Jocelyn Hatt, with an amazing team of contributors:

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WHERE TO FIND US

In addition to being in every department at Acadia, 95% of all businesses in Wolfville, downtown Kentville, Grand Pré, Gaspereau, & Port Williams. Additional papers can be found at these fine locations:

- + WOLFVILLE: Box of Delights, The Post Office, EOS, Pita House, Muddy's Convenience, Cinematopia, the Public Library, Just Us! Café, Wolfville Farmers' Market, T.A.N., What's the Buzz? Rolled Out
- + GRAND PRÉ: Convenience Store, Just Us! Coffee Roasters
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- + CANNING: Art Can, Al's Fireside Café, Aspinall Studios
- + WINDSOR: Moe's Place Music, T.A.N. Café, Lucky Italiano
- + HANTSPOUR: R & G's Family Restaurant, Pizzaria
- + Berwick: Drift Wood, North Mountain Coffee, Rising Sun Café
- + KENTVILLE: Designer Café, T.A.N. Café, Café Central
- + NEW MINAS: Boston Pizza

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AD DEADLINE: Nov 22nd

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RANDOM ACTS OF KINDNESS

For several weeks, I had been looking forward to the Amstel Quartet concert on November 9. As a substitute teacher and musician with a fluctuating income, I carefully choose which events to attend. You can imagine my delight and surprise when I arrived at the box-office counter on the evening of the performance, asked to buy a ticket, and was handed one free of charge! Thank-you, Row G, Seat 32! Interestingly, this exact same serendipitous situation happened to a musical acquaintance of mine on that same evening.

Moral of the story: if you have tickets but are unable to attend an event, please do drop them off at the box office. I assure you there will be people who take great joy in enjoying a free evening of virtuosity and entertainment. Appreciation to the mystery donor of my ticket. I very much enjoyed the concert!

Charlotte Embree

Random Act of Kindness is Brought to you by: **Daniels' Flower Shop Ltd.** 40 Water St, Windsor 798-5337 www.danielsflowershop.ca

ENCOUNTERS WITH CANADA

A record number of Landmark East students are leaping at the opportunity to experience Encounters with Canada this year. Encounters with Canada is an opportunity for students to spend a week in Ottawa at the largest national youth forum exploring career options, learning about Canadian institutions, and meeting peers and accomplished Canadians from across the country. Hands-on workshops and forums cover a diverse range of topics, including international affairs, science and technology, medicine and health, and arts and culture.



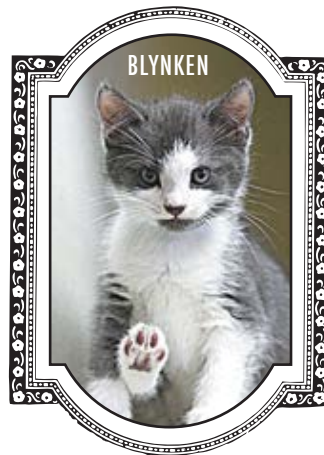
Neil Young, Emmylou Harris, Ringo Starr, Joni Mitchell, Van Morrison, Muddy Waters, Neil Diamond, Eric Clapton & many others. The event was filmed by director Martin Scorsese and the documentary is hailed as one of the greatest concert films ever made. Turn to page 9 for more information on this concert at the Al Whittle.

The Last Waltz

According to Wikipedia: The Last Waltz was a concert by the rock group The Band, held on American Thanksgiving Day, November 25, 1976 in San Francisco. It was advertised as The Band's "farewell concert appearance" and they were joined on stage by more than a dozen special guests, including: Bob Dylan,

The Furry Feature

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FEATURE PET: BLYNKEN

Blynken is one of three adorable kittens born July 28, 2013. He is a very cute grey and white male looking for his forever home.

UPDATE ON SEYMOUR: Still Available

Seymour is a lovely, neutered orange-and-white domestic shorthair. He is approximately seven months old and is a very friendly boy! He had been hit by a car when he came to us from Greenwood, but now he is all healed and ready to go to a new and loving home.



Wolfville Animal Hospital, 12-112 Front St., Wolfville. 902 542 3422
 wolfvilleanimalhospital@ns.aliantzinc.ca

BACKSTAGE PASS

Stories from Valley musicians compiled by Mike Aubé

Calling all Valley performers and songwriters! I'm looking for your gig stories and stories-behind-the-song. If you have something to share, mail them, along with a high-resolution photo, to mike@mikeaube.com. This week's installment is from one of my favourite Valley songwriters, Jack MacDonald. In addition to being a fine wordsmith and storyteller, he is one of the most dedicated stringed-instrument players I know. I used to pick up his son Liam for work at around 7am every day, and Jack would unfailingly have a guitar or mandolin in his hands and a notebook at his kitchen table. Here is his gig story...



A number of years ago I got a gig playing with Velvet Hammer, a seven-piece R&B band, my first playing non-acoustic music with some pro players. We had a New Year's gig at the Camp Aldershot base for top dollar and the stipulation was that the show was to go on no matter what the weather. Naturally that day there was a hellacious snowstorm. By the early evening the plow still hadn't come, so I loaded my Fender Stratocaster and amp on a toboggan swaddled in padding and plastic garbage bags, made the trek to White Rock Road (about two miles) through hip-deep snow, and began hitching to New Minas where our practice space was located. I doubted I would get a ride, but miraculously someone stopped and got me to my destination. It was a great gig, too,



with a party-hearty crowd, though it was by far the hardest gig I ever had to get to.

Compiled by Mike Aube
 www.mikeaube.com



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These listings work on a 1st come, 1st served basis. Email info@grapevinepublishing.ca every two weeks for your free placement. Or, reserve your place with a 5-issue minimum commitment at \$10 per issue.

Suggested Theme:

Although winter isn't officially here until December 21, the noted nip in the air can be difficult for many to adjust to.

Although you obviously can't control the weather, how do you encourage and promote a happy and healthy workplace environment for your staff?

MONsters by MON & SAcoche by NPK Design

MONsters by Mon — New Minas, MONstersbyMon.ca / Facebook: MONsters by Mon
SAcoche by NPK Design — Beaverbank, nancy@nancykillam.ca / nancykillam.ca

Cousins, Monica Jorgensen (MONsters by MON) and Nancy Killam (SAcoche by NPK Design), have been sewing together since they were kids, making everything from toys to home decor and clothing, before concentrating on their current fare. Nancy's handbags are truly one-of-a-kind works of art, designed and custom-made by hand. Her great attention to detail ensures there is a style that will appeal to every taste! She has been in business for three years. Monica intricately designs and hand-sews each MONster, giving each one its distinct personality and unmistakable charm. Every one is unique, and they make great stocking toppers! She is entering her second year of MONster making. Visit booth #109 at the Acadia Craft Expo (Nov. 15-17) to see what they have to offer.



Blomidon Nurseries — 10060 Hwy 1, Greenwich 542-2295 / blomidonnurseries.com • 10% discount every day. Students, faculty and staff of Acadia and NSCC-Kingstec receive 10% off all regular-priced items including Stems Café. Come enjoy our fully stocked plant nursery, house plants, gift shop and café with free WIFI. Open Mon to Sat 8am-6pm & Sun 10am-6pm.

Highlander Strength and Fitness — Unit 5, 11 Calkin Drive, Kentville, 300-9305 / iwanttotrain@highlanderstrengthandfitness.ca / highlanderstrengthandfitness.ca • Feeling the chill? Training at Highlander Strength and Fitness will warm you up! Our one-hour sessions are guaranteed to get you fired up and feeling great. Get in touch today!

SoundMarket Recording Studios — 63 Pleasant Street, 542-0895 / facebook.com/soundmarket • Music producers Terry Pulliam and Kory Bayer invite musicians/songwriters to visit our professional studio! Gold-record-winning service and gear. Low rates and assistance with funding. We'll capture your sound your way!

Inner Sun Yoga — 461 Main St. Unit 4, Wolfville, 542-YOGA / yoga@innersunyoga.ca / innersunyoga.ca • Yoga warms the body and the mind for teacher and students alike. Join us as we weather together.

Fanfare — 9145 Commercial St., New Minas, 365-8180 / jodywear73@gmail.com • The easiest way to stay warm and comfortable in winter is to spin heavy metal records. They actually generate heat. That's what works at Fanfare New Minas.

From Mother Nature w/Love — (inside Healer's Emporium) 49 Water St., Windsor, 306-1711 / frommothernaturewithlove.com • From Mother Nature w/Love offers tea blends to warm the soul, salves to warm those aching muscles, and services to warm the heart.

ONE-ON-EARTH — 2328 Black River Rd., (Lumsden Dam), 542-2723 / oneonearth@hotmail.ca • Designer Nancy Denton-Peck constructs unique clothing from remnants and recyclables. No two garments are alike, hence her label. Be looking for new lines in 2014! Faux fur perhaps?

Wolfville Visitor Information Centre — 11 Willow Ave., Wolfville, 542-7000 / tourism@wolfville.ca • As we close for the 2013 season, we look forward to when we will again commit to assisting visitors to explore and enjoy all that our amazing town and surrounding area have to offer. This year we had 10,735 visitors, up from 8,794 in 2012. It's been a busy and exciting year for us!

Mr. Sandless Nova Scotia — 71 King St., Hortonville, 1-877-WOOD(9663)-360 / mrsandless.com • We offer Sandless Floor Refinishing: no mess, no odour, done in a day, certified green! About half the price of traditional sanding, and estimates are free! Bringing floors back 2 life!

CentreStage Theatre — 61 River St, Kentville, 678-8040 (reservations) / 678-3502 (info.) / centrestage@centrestagetheatre.ca / centrestagetheatre.ca • The easy, no-wrapping, no-dusting Christmas gift solution: buy gift certificates or season passes to CentreStage Centre! See Front of House or stop by Chisholms (Kentville) or Rick's Frame and Art (New Minas) and they will be very happy to look after it for you. There, done! Mark those people off your list!

Energy Healing Therapist — Raintown, Wolfville, 365-5323 • Energy Healing Treatments. Fend off the flu and colds with preventive medicine. Energy Therapist, Kathy France, offers Pranic Healing, The Release Technique, EFT, Eden Energy Medicine, Reiki and more. Take charge of your health! Call to book an appointment.

Sister Lotus Body Care Products, Belly Dance & Herbal Education — 680-8839 / sisterlotus.com • We are on double duty this weekend & will have belly-dancing herbalists representing us at both the Wolfville Farmers' Market as well as the Acadia Craft Expo (held at the Acadia Gym). It's a good time to stock up on your holiday prezzies!

Pie r Squared — 35 Minas View Dr., Wolfville, 697-2502 / info@pie-r-squared.ca • Eating well is part of the foundation of a healthy lifestyle. Making your life easier by offering fresh, local and convenient! See you at the market for your weekly supplies.

Harvest Gallery — 462 Main St. Wolfville, 542-7093 / harvestgallery.ca / facebook.com/harvestgallerywolfville • The weather outside may be getting frightful but inside Harvest Gallery it's so delightful. Catch the final week of "Material Language" by blacksmith Brad Hall; new works by Holly Carr inspired by "Light in the Forest"; a show and sale of the original artwork from "Step Outside" (a new book from Doretta Groenendyk); "Size Matters" our annual show of small works by all your favourite gallery artists, next Saturday, November 23rd 10am.

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MIKE Uncorked: Love for the Young and the Old

I am 34 years old, and it is safe to say that I know what love is. I understand where love comes from, and how it can be an instant love or a love that develops over time. I know what love at first sight is, how love is a battlefield, how all we need is love to make the world go round and how love can be comedic, dramatic, tragic, fulfilling, life-altering, wondrous, painful, to the moon and back, everlasting and strange. Even at 34, gleefully entering year four of my relationship with my boyfriend, I can even safely say that I know what OLD LOVE is!



short of awesome! There were many times I wanted to just leap onto the stage and hug his character, chat along with him, give him advice, cheer him on and shake his hand. I was rooting for Bud from minute one, and when the bows came around at the end of the show, it was impossible not to shoot up from my seat to applaud Peter. This is another in the long list of fantastic characters he's created. Bravo!

And what a supporting cast! With only a handful of roles in the play, this production is in good hands with Tracy Churchill as young Molly and Geoff and Carole Ball as everyone else (seven characters total). The moments of humour and poignancy are handled with such precise timing that I was swept up in each of them. Having seen these actors in many plays, I was impressed at the range they've shown over the years. They should be proud of their work with this one.

I am writing this article the morning after seeing the dress rehearsal for the new Centrestage play, Old Love, a dramatic comedy written by Canadian playwright Norm Foster, and I am still gooey inside and smiling like a twit.

As it's described on the website, "He's recently divorced. She's newly widowed. At her husband's funeral, an old acquaintance emerges to pay his respects, leading to a re-awakening of forgotten emotions. Old Love is a story of romance, courtship and relationships between older adults." Well, ladies and gentlemen, this gem of a play is leaps and bounds more than that and I encourage you all to take your favourite person by the hand, sit in the theatre, and be embraced by this incredible theatrical endeavour.

Centrestage's greatest actor, Peter Booth, is inspired in the role of Bud Mitchell. Bud is a loner whose love for Molly (the dazzling Ansonia Glen-Gray) spans the decades and shows no wavering. It was Peter's turn in Harvey many years ago that inspired me to get into theatre, and watching Peter over the years has been one of the highlights of my community-theatre-going life. From Peter's role as Norman Thayer in On Golden Pond to his roles in Senior Follies, Dial M For Murder and Any Number Can Die, his incredible acting technique, quick delivery and command of the stage are inspirational. His performance in Old Love is nothing

Old Love is directed by Centrestage vet and Norm Foster groupie Candy O'Brien. Her minimalist approach to this production is one of its strong points. The basic, neutral-painted set with practically no furniture or décor keeps the focus on the material being delivered by the actors. And with very little blocking, the dialogue flows smoothly and the facial expressions, body language and simple nuances aid in some hilarious moments and also some very sweet and tender happenings. I fell in love with this play and the characters portrayed before me. And you will too!

Experience great acting, a great personal reflection of the loves you've had and shared, and one of the gems of community theatre. Experience something NEW with Old Love.

Old Love plays on November 8, 9, 15, 16, 22, 23, 24m, 29, 30, December 6, 7, 8m, 13, 14 Showtime 8pm / 2pm matinee on November 24 and December 8. It is recommend that you call for reservations at 678-8040. Tickets \$15/\$12.

Mike Butler

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WIN! Complete this crossword, then submit it to Naked Crêpe for your chance to win a dessert crêpe! Just leave your contact below & submit the puzzle.

Winner of the dessert crepe last issue: Tony dePutter

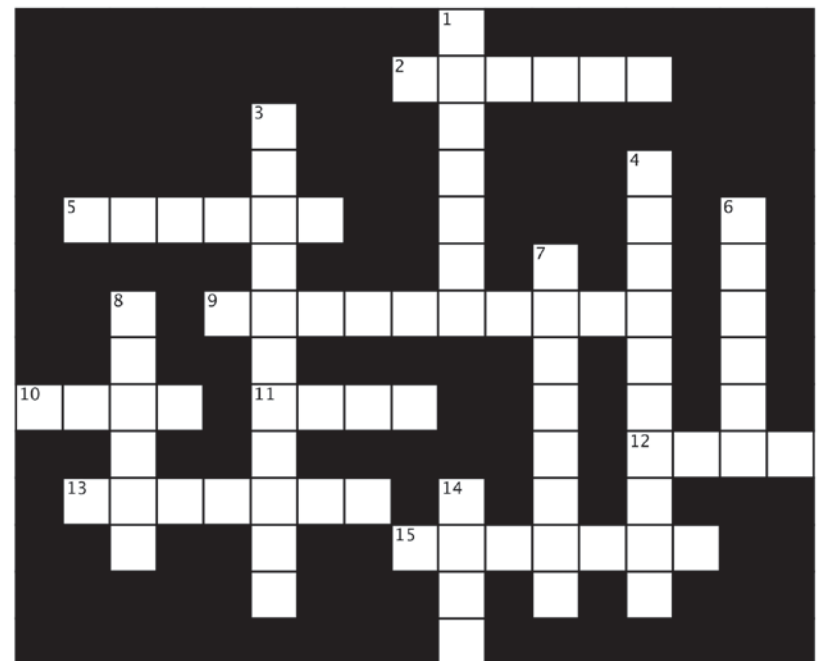
In the News... | created by Emily Leeson

Across

2. Claiming food poisoning, this Canadian-born musician quit the stage for the second time during his South American tour.
5. This Princess recently ran aground near Digby.
9. Set to open in November, Windsor is about to have another one of these coffee spots.
10. The Canadian _____ Music Awards took place in Calgary and Nova Scotian acts claimed four prize categories.
11. The N.S. Rehab Centre needs to raise \$2 million to re-open this therapy facility.
12. This mayor has been blaming a lot on drunken stupors lately.
13. The Windsor Citizens' Trophy was recently returned to the town after spending several years in this Ontario city.
15. Hey ladies, Justin Trudeau wants to know what your favourite one of these is.

Down

1. Thirteen internationally trained family physicians have been recruited for rural Nova Scotia, including this 'little town of big firsts'.
3. These typhoon-ravaged islands are desperate for aid.
4. This Enfield, NS performer and producer was a top winner at the Music Nova Scotia Awards.
6. The big foodie film fest in Wolfville.
7. Though it just closed, the Wolfville Visitor Information Centre experienced a sizeable increase in these visitors this year.
8. This sci-fi convention in Halifax was so popular that it had to turn away hundreds.
14. Residents of Ellershouse recently met to learn more about a proposed _____ farm.



Name: _____

Phone: _____

Valley WAAG Animal Shelter's bid for Aviva funding

The Animal Shelter on Front Street in Wolfville entered the Aviva Community Fund competition at the end of September to try to get some much-needed funding. It has a final chance to advance to the semi-finals:

Round 3, Monday, November 11 to Monday, November 25, at 1 p.m. www.avivacommunityfund.org/ideas/acf17213

Fifteen days, 15 votes. Please vote every day! The shelter and the many abandoned cats and kittens of the area would be most grateful. If the shelter moves forward to the semi-finals, with the help of your votes, these run from Dec 2-Dec11, making it a commitment of 25 days in all. It's a matter of taking just a few seconds a day to vote, after registration. If registering presents problems, e-mail avivacommunityfund@avivacanada.com to have the account activated.

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Horoscopes for the week
of November 14th

Rob Bregzny's FREE WILL ASTROLOGY

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freewillastrology.com

ARIES (March 21-April 19): There's something resembling a big red snake slithering around in your mind these days. I don't mean that literally, of course. I'm talking about a big red imaginary snake. But it's still quite potent. While it's not poisonous, neither is it a pure embodiment of sweetness and light. Whether it ends up having a disorienting or benevolent influence on your life all depends on how you handle your relationship with it. I suggest you treat it with respect but also let it know that you're the boss. Give it guidelines and a clear mandate so that it serves your noble ambitions and not your chaotic desires. If you do that, your big red snake will heal and uplift you.

TAURUS (April 20-May 20): In my astrological opinion, almost nothing can keep you from getting the love you need in the coming days. Here's the only potential problem: You might have a mistaken or incomplete understanding about the love you need, and that could interfere with you recognizing and welcoming the real thing. So here's my prescription: Keep an open mind about the true nature of the love that you actually need most, and stay alert for the perhaps unexpected ways it might make itself available.

GEMINI (May 21-June 20): "People fall so in love with their pain, they can't leave it behind," asserts novelist Chuck Palahniuk. Your assignment, Gemini, is to work your ass off to fall out of love with your pain. As if you were talking to a child, explain to your subconscious mind that the suffering it has gotten so accustomed to has outlived its usefulness. Tell your deep self that you no longer want the ancient ache to be a cornerstone of your identity. To aid the banishment, I recommend that you conduct a ritual of severing. Tie one side of a ribbon to a symbol of your pain and tie the other side around your waist. Then cut the ribbon in half and bury the symbol in the dirt.

CANCER (June 21-July 22): "You can look at a picture for a week and never think of it again," said painter Joan Miró. "You can also look at a picture for a second and think of it all your life," he added. The coming days are likely to bring you none of the former kind of experiences and several of the latter, Cancerian. It's a numinous time in your long-term cycle: a phase when you're likely to encounter beauty that enchants you and mysteries that titillate your sense of wonder for a long time. In other words, the eternal is coming to visit you in very concrete ways. How do you like your epiphanies? Hot and wild? Cool and soaring? Comical and lyrical? Hot and soaring and comical and wild and cool and lyrical?

LEO (July 23-Aug. 22): There's a new genre of erotic literature: dinosaur porn. E-books like *In the Velociraptor's Nest* and *Ravished by the Triceratops* tell tall tales about encounters between people and prehistoric reptiles. I don't recommend you read this stuff, though. While I do believe that now is a good time to add new twists to your sexual repertoire and explore the frontiers of pleasure, I think you should remain rooted in the real world, even in your fantasy life. It's also important to be safe as you experiment. You really don't want to explore the frontiers of pleasure with cold-blooded

beasts. Either travel alone or else round up a warm-blooded compassion specialist who has a few skills in the arts of intimacy.

VIRGO (Aug. 23-Sept. 22): The saxifrage is a small plant with white flowers. It grows best in subarctic regions and cooler parts of the Northern Hemisphere. The word "saxifrage" is derived from the Latin word *saxifraga*, whose literal meaning is "stone-breaker." Indeed, the plant does often appear in the clefts of stones and boulders. In his poem "A Sort of a Song," William Carlos Williams celebrates its strength: "Saxifrage is my flower that splits the rocks." I nominate this darling little dynamo to be your metaphorical power object of the week, Virgo. May it inspire you to crack through blocks and barriers with subtle force.

LIBRA (Sept. 23-Oct. 22): You're not being swept along in a flood of meaningless distractions and irrelevant information and trivial wishes, right? I'm hoping that you have a sixth sense about which few stimuli are useful and meaningful to you, and which thousands of stimuli are not. But if you are experiencing a bit of trouble staying well-grounded in the midst of the frenzied babble, now would be a good time to take strenuous action. The universe will conspire to help you become extra stable and secure if you resolve to eliminate as much nonsense from your life as you can.

SCORPIO (Oct. 23-Nov. 21): Sweetness is good. Sweetness is desirable. To be healthy, you need to give and receive sweetness on a regular basis. But you can't flourish on sweetness alone. In fact, too much of it may be oppressive or numbing. I'm speaking both literally and metaphorically: To be balanced you need all of the other tastes, including saltiness, sourness, bitterness, and savoriness. From what I understand, you are headed into a phase when you'll thrive on more bitterness and savoriness than usual. To get an idea of what I mean, meditate on what the emotional equivalents might be for bitter tastes like coffee, beer, and olives, and for savory tastes like mushrooms, cheese, spinach, and green tea.

SAGITTARIUS (Nov. 22-Dec. 21): When you procrastinate, you avoid doing an important task. Instead, you goof off, doing something fun or simply puttering around wasting time. But what if there were a higher form of procrastination? What if you could avoid an important task by doing other tasks that were somewhat less important but still quite valuable? Here's what that might look like for you right now: You could postpone your search for the key to everything by throwing yourself into a project that will give you the key to one small part of everything.

CAPRICORN (Dec. 22-Jan. 19): In his utopian novel *Looking Backward*, American author Edward Bellamy wrote a passage that I suspect applies to you right now: "It is under what may be called unnatural, in the sense of extraordinary, circumstances that people behave most naturally, for the reason that such circumstances banish artificiality." Think of the relief and release that await you, Capricorn: an end to pretending, a dissolution of deception, the fall of fakery. As you weave you way

through extraordinary circumstances, you will be moved to act with brave authenticity. Take full advantage.

AQUARIUS (Jan. 20-Feb. 18): "I have your back" is an American expression that could also be rendered as "I'm right behind you, ready to help and defend you" or "I'm ready to support you whenever you've got a problem." Is there anyone in the world who feels that way about you? If not, now would be an excellent time to work on getting such an ally. Cosmic conditions are ripe for bringing greater levels of assistance and collaboration into your life. And if you already do have confederates of that caliber, I suggest you take this opportunity to deepen your symbiotic connection even further.

PISCES (Feb. 19-March 20): Over a hundred countries around the world celebrate a holiday called Independence Day, memorializing a time when they broke away from another nation and formed a separate state. I encourage you to create your own personal version of this festival. It could commemorate a breakthrough moment in the past when you escaped an oppressive situation, a turning point when you achieved a higher level of autonomy, or a taboobusting transition when you started expressing your own thoughts and making your own decisions with more authority. By the way, a fresh opportunity to take this kind of action is available to you. Any day now might be a good time to declare a new Independence Day.

[HERE'S THIS WEEK'S HOMEWORK:]

At what moment in your life were you closest to being perfectly content? Recreate the conditions that prevailed then. Testify at *Freewillastrology.com*.



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- 1 The Princess of Acadia operates between what two ports of call?
- 2 In what county can you find Cape Smokey?
- 3 Who is our new Minister of Health and Wellness?
- 4 Which community is the latest Christmas tree for Boston coming from?
- 5 What regiment took part in Operation Husky, the invasion of Sicily, in WWII?

5. West Nova Scotia Regiment
3. Leo A. Galvine; 4. Mill Cove, Lunenburg Co.;
1. Digby NS, Saint John NB; 2. Victoria County;

ANSWERS:

REFRESH FOOD A 48-Hour Idea Lab

Imagine: Over the course of a weekend developers, designers, startup enthusiasts, and agriculturalists embark on a collective brainstorm to generate New Media solutions to the age old problems of food production, distribution, and consumption.

Refresh Food is a weekend event in the vein of the Startup Weekend or software Hackathon. The aim of the event is to create an incubation lab where entrepreneurs and software builders congregate to come up with innovative ideas, form teams, and launch new business startups.

"Startup events have great potential to foster new entrepreneurial initiatives. Roughly 80% of Startup Weekend participants plan to continue working with the project groups formed at event. Also, 36% of Startup Weekend launched projects continue at least three months following the event," said Michael Caplan, co-owner of HarvestHand New Media Communities and Refresh Food organizer.

By leveraging New Media developer, designer, and marketing talent, and the experience and knowledge of those working on keeping us fed, Refresh Food is an opportunity to use web and mobile technologies to rethink how we interact with our food systems.

"Rural Canada feeds our nation literally, economically, and environmentally. It provides the food, fibre, minerals, water and other bio-resources and natural resources on which our country depends and the arteries of transportation by which they are delivered. Information technology and new media have the power to shape how we work with these resources and the effect on our local communities and our planet," said Dr. Danny Silver, professor at the Acadia Jodrey School of Computer Science and advisor to Refresh Food.

"This event is a unique opportunity to connect the technology need in the agriculture sector with the regions technology expertise and to come up with something better and more innovative than either could on their own," added Gary Morton, owner of Morton Horticultural Associates and organizer of Refresh Food.

Examples of topics that teams could grapple with through the course of the event include New Media software solutions that facilitate agricultural certification processes; direct from farm to consumer or restaurant business models; crop and animal management; food safety and traceability; land use; food waste; precision agriculture and more.

The 48-Hour Idea Lab will take place on January 17-19, 2014, at Acadia University. Early registration is now open. Acadia University is located in the Annapolis Valley, an area rich in agriculture and set against a beautiful landscapes of hills, valleys, rivers and the mighty Bay of Fundy.

For more information, please visit <http://food.refreshannapolisvalley.org/>

EAT TO THE BEAT

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THURSDAYS:

Just Us! (Wolfville): Open Mic w/Mike Aube (21st), TBA (28th) 7-9pm

Angles Pub (Windsor): Adam Cameron (14th, 21st, 28th) 7-10pm

Spitfire Arms Alehouse (Windsor): Open Jam w/Glen Campbell (14th), w/Kevin Meyers (21st), Angela Riley (28th) 7-11pm

Paddy's Pub (Kentville): The Hupman Brothers (14th, 21st, 28th) 9pm

Library Pub (Wolfville): Tom Hall (14th, 21st, 28th) 9pm

Paddy's Pub (Wolfville): Trivia w/Graham (14th, 21st, 28th) 9:30pm

Anvil (Wolfville): DJ Lee (14th, 21st, 28th) 10pm

Dooley's (New Minas): DJ Kayla K (14th, 21st, 28th) 10pm

FRIDAYS:

Front & Central (Wolfville): Scott Prudence (15th, 22nd) 5-7pm

The Kings Arms Pub & Steakhouse (Kentville): Al King Band (15th), Speakeasy (22nd) 6pm

Blomidon Inn (Wolfville): Jazz Mannequins (15th, 22nd) 6:30-9:30pm

Joe's Food Emporium (Wolfville): Frederic Mujica (15th), TBA (22nd) 7-10pm

The Port Pub (Port Williams): Darren Arsenault (15th), Jens Jeppeson (22nd) 8pm

Spitfire Arms Alehouse (Windsor): Jon Duggan (15th), The Studebakers (22nd) 8pm

Union Street Café/Wick Pub (Berwick): Open Mic w/Speakeasy (15th), w/Naming The Twins (22nd) 8:30pm

Tommy Gun's (Windsor): DJ Shorty P (22nd) 9:30pm

West Side Charlie's (New Minas): DJ Oxygen (15th), DJ Billy T (22nd) 10pm

Anvil (Wolfville): TBA (15th) 10pm

SATURDAYS:

Farmers' Market (Wolfville): Misty Mountain (16th), Bob Deveau (23rd) 10am-1pm

Library Pub (Wolfville): Irish Saturdays w/Bob & Ro (16th, 23rd) 2-4pm & w/Leo Boudreau (16th, 23rd) 9pm

The Kings Arms Pub & Steakhouse (Kentville): TBA (16th, 23rd) 6pm

Spitfire Arms Alehouse (Windsor): Mark Riley & the Players Club (16th), The Shakes w/Tom Badell (23rd) 7pm

Union Street Café/Wick Pub (Berwick): Tom Swift & Caleb Miles, \$20 (16th), Jenn Grant, Daniel Ledwell & Don Brownrigg, \$20 (23rd) 8pm

Lew Murphy's (Coldbrook): Geoff Churchill (16th), Kevin Davison & Tim Vallillee (23rd) 9pm

Angels (Windsor): Eddie's Basement (16th) 9pm

Paddy's Pub (Wolfville): George Carter Trio of 4 (16th), WoodScott (23rd) 9pm

Tommy Gun's (Windsor): DJ Shorty P (16th), DJ Shorty P, \$3 (23rd) 9:30pm

Anvil (Wolfville): DJ Victor (16th, 23rd) 10pm

Dooleys (New Minas): DJ Kayla K (16th, 23rd) 10pm

West Side Charlie's (New Minas): DJ Lethal Noize (16th) 10pm, Matt Millet (23rd) 4pm & DJ Mutts (23rd) 10pm

SUNDAYS:

Privet House (Wolfville): Live Jazz w/Ian (17th, 24th) 12am-2pm

Paddy's Pub (Wolfville): Irish Music Session (17th, 24th) 8pm

MONDAYS:

Paddy's Pub (Wolfville): Open Mic w/The Hupman Brothers (18th), w/Mike Aube (25th) 8pm

TUESDAYS:

The Port Pub (Port Williams): Open Mic w/Ian Brownstein & Steve Lee (19th, 26th) 7:30pm

T.A.N Coffee (Wolfville): Open Mic & Donna (19th, 26th) 8pm

Spitfire Arms Alehouse (Windsor): Trivia Nights w/Quick As A Wink Theatre, \$2 (19th, 26th) 8-10pm

Paddy's Pub (Kentville): Irish Music Session (19th, 26th) 8-10pm

WEDNESDAYS:

Farmers' Market (Wolfville): Ernie Laidlaw (20th), Mike Aube (27th) 5-7pm

West Side Charlie's (New Minas): Karaoke w/Billy T (20th, 27th) 9pm

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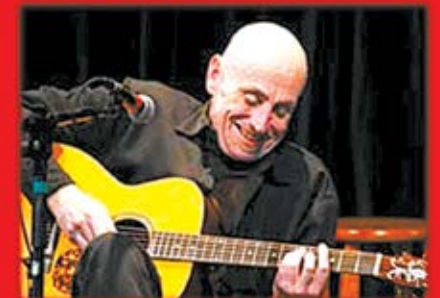
TERESA DOYLE & STAN CAREW

Sharing the Stage

The Al Whittle Theatre, Wolfville

Thursday, November 28, 7 pm

Enjoy Nourishing Local Nibbles!



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Teresa Doyle is a singer and songwriter and she's coming to Wolfville to share the stage with Stan Carew, as part of her cross country tour with her new release, Song Road. This is Teresa's eleventh CD and she will be singing a wide range of material including folk, Celtic, Gaelic, Jazz, Latin and Country - all delivered with her playful Maritime sense of humour.

Stan Carew has been the host of Weekend Mornings since 1997. He's also a musician and songwriter and he's released four albums since 1997. Stan and the Magpies performed benefit concerts across the Maritime for five years before disbanding in 2012. He appears in film and television productions and he's the off-camera voice of This Hour Has 22 Minutes.




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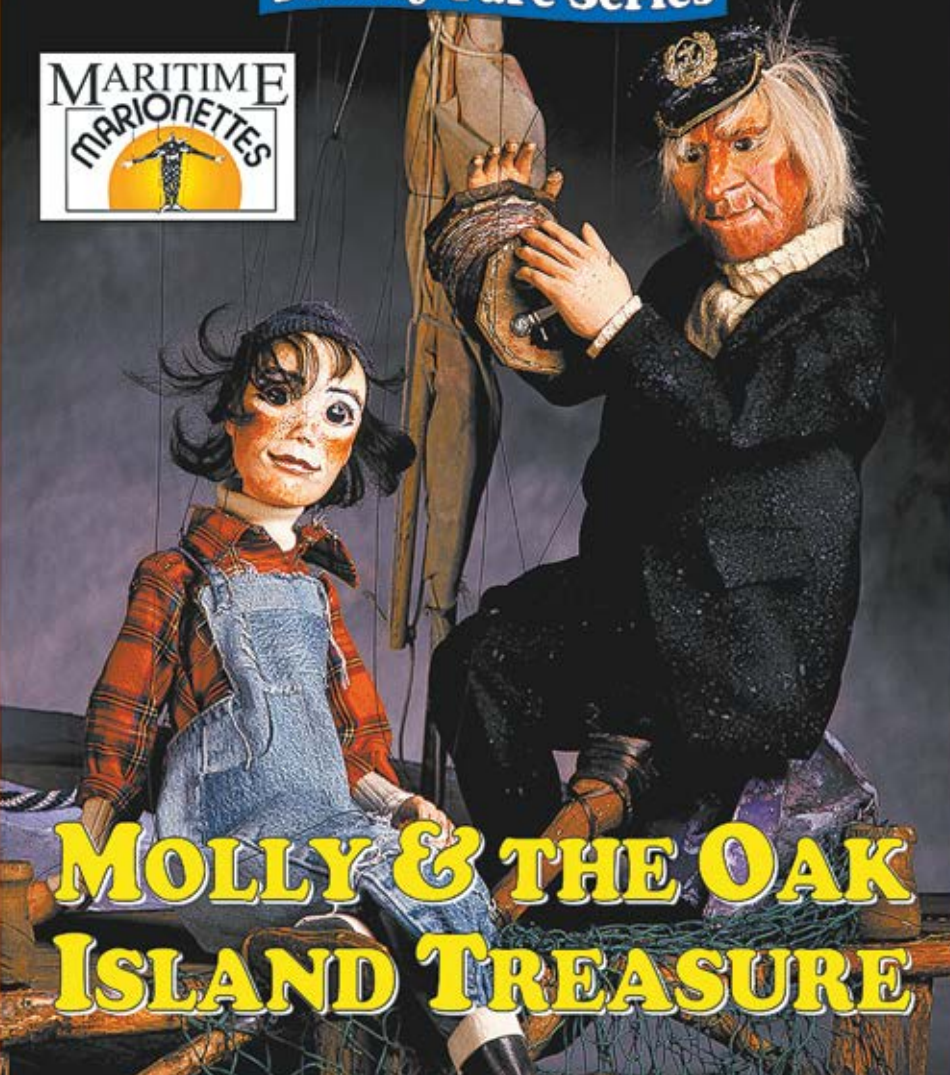


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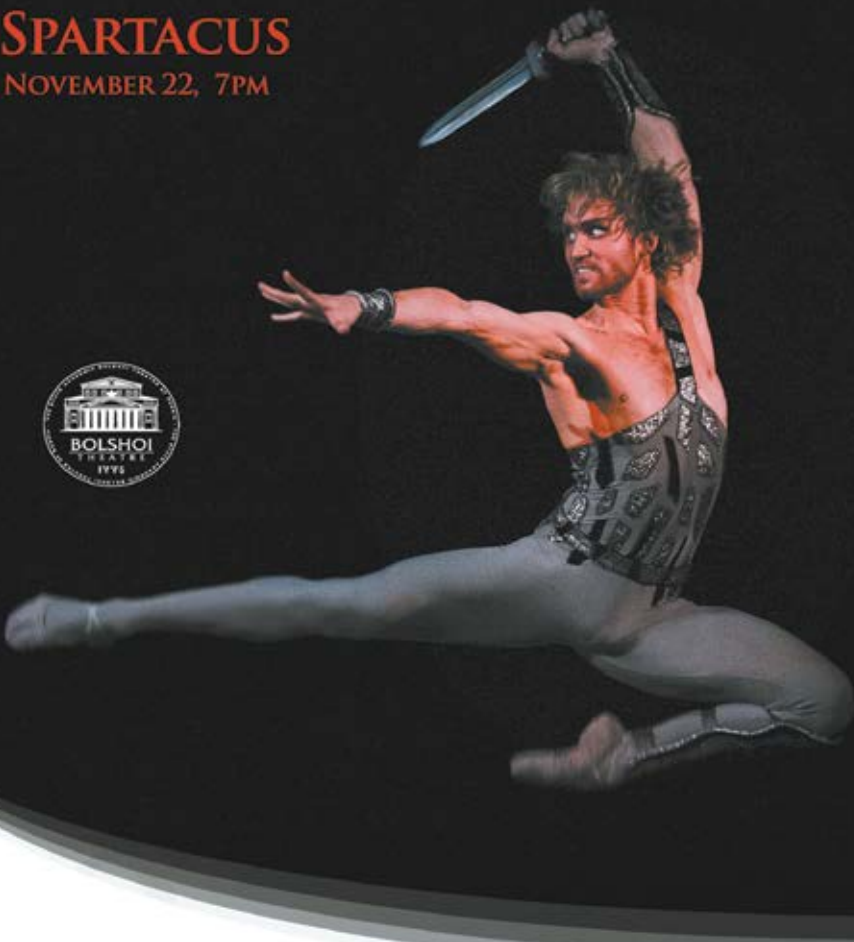
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The Who's Who CALEB MILES: Waltzing For Miles!



Who's Who-
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Well, this makes THREE musicians in a row for my Who's Who column. I hope my readers don't feel this is something I chose to do: trust me, I didn't. But it just so happens that three very talented musicians had lots to say to me these past few weeks. These three come from different backgrounds and have different ambitions, different music styles and very different personalities. They do, however, share a common talent: creating music and entertaining audiences. I am very pleased to complete my trifecta with this great guy. Caleb Miles is his name and playing music is his game.



and concentrate on recording, but it didn't quite work out that way, and he ended up playing with many cool and talented musicians, including the Hupman Brothers. With that band, he got to play all over the Maritimes, record an album, win some awards, and rock the Dutch Mason Blues Festival a few times.

Earlier this year, Caleb put the finishing touches on a CD he produced for his fellow Bridgetown comrade Mark Bezanson. Now he is concentrating on putting together a Tribute To The Last Waltz concert, which will be at The Al Whittle Theatre in Wolfville on Saturday, November 23 (two shows, 5 and 8pm). This concert will feature many local luminaries, each singing a tune from the film backed by a stellar band.

Caleb is a very recognized name and face in this area and beyond. I could not believe he hadn't graced a Who's Who profile before. Born in California but raised in New Mexico, Caleb started playing in bands when he was 15. He was a straight-A geek, but school was uninspiring, so Caleb dropped out after a year in university and devoted his life to playing rock 'n' roll guitar. He is a 100% self-taught musician, never taking a lesson in his life (unless you count the hours and hours of tracking along to Led Zeppelin and Pink Floyd albums).

The Last Waltz was a concert by the rock group The Band, held on American Thanksgiving Day, November 25, 1976, at Winterland Ballroom in San Francisco. Advertised as The Band's "farewell concert appearance", the concert saw The Band joined by more than a dozen special guests, including Paul Butterfield, Bob Dylan, Neil Young, Emmylou Harris, Ringo Starr, Ronnie Hawkins, Dr. John, Joni Mitchell, Van Morrison, Muddy Waters, Ronnie Wood, Neil Diamond, Bobby Charles, The Staple Singers, and Eric Clapton. Director Martin Scorsese filmed the event and made it into a documentary of the same name, released in 1978. If you've seen it, you know it's one of the greatest concert films of all time and seeing this show would be a nice companion to it. If you haven't seen it, then skip it and see this concert first!

Caleb says, "I was lucky to have had some really cool records around the house growing up, everything from Miles Davis to Moondog to Gershwin and the Carmina Burana, as well as a few rock LPs (The Doors, Jefferson Airplane, Dylan, and later-era Beatles). Throughout my life I've sought out new music—"new" to me, not necessarily "new" on the charts—so by the time I started working in record stores when I was 24, I already had a pretty good grasp on the broad range of styles that fed into the great explosion of art and commerce that defined the music of the '60s and '70s. And I just kept feeding anything I found useful into my playing."

Rehearsals are now in progress, and Caleb is pleased to the point of smugness at how things are shaping up. Tickets are available at Box of Delights, \$20 in advance and \$25 at the door. And keep an eye out for future CALEB shows. Someone this talented is well worth hunting down to see live in concert. I know I would walk MILES to see him, and so should you!

After a zig-zag of events, Caleb ended up moving to Nova Scotia in 2005. He expected to retire somewhat from playing in bands

Mike Butler

Momma's Boy
...a romance with a crack
written and directed by Eleanor Crowder
Wednesday, November 21
Thursday, November 22
Shows start at 7pm

Acadia Cinema's Studio Z
450 Main Street, Wolfville, Nova Scotia
Tickets: \$25 General Admission \$20 Student/Senior
Advance tickets available at The Box Of Delights Bookshop
466 Main Street, Wolfville www.boxofdelightsbook.com

Eleanor Crowder David da Costa Anna Lewis

Momma's Boy

How to find home? Chase a career or start a family? Stay or go? Is there ever a good time? Fresh from a tour of Northern Ontario, Bear & Co. brings *Momma's Boy* to Wolfville. *Momma's Boy* explores the choices facing young adults as they begin their working lives. It is "a romance with a crack," a love story, an ode to the North, and a clear-eyed look at the hopes and pains involved in making a family and settling down. Three performers weave together live music and theatre for an experience that "grabs you by the heart and does not let go."

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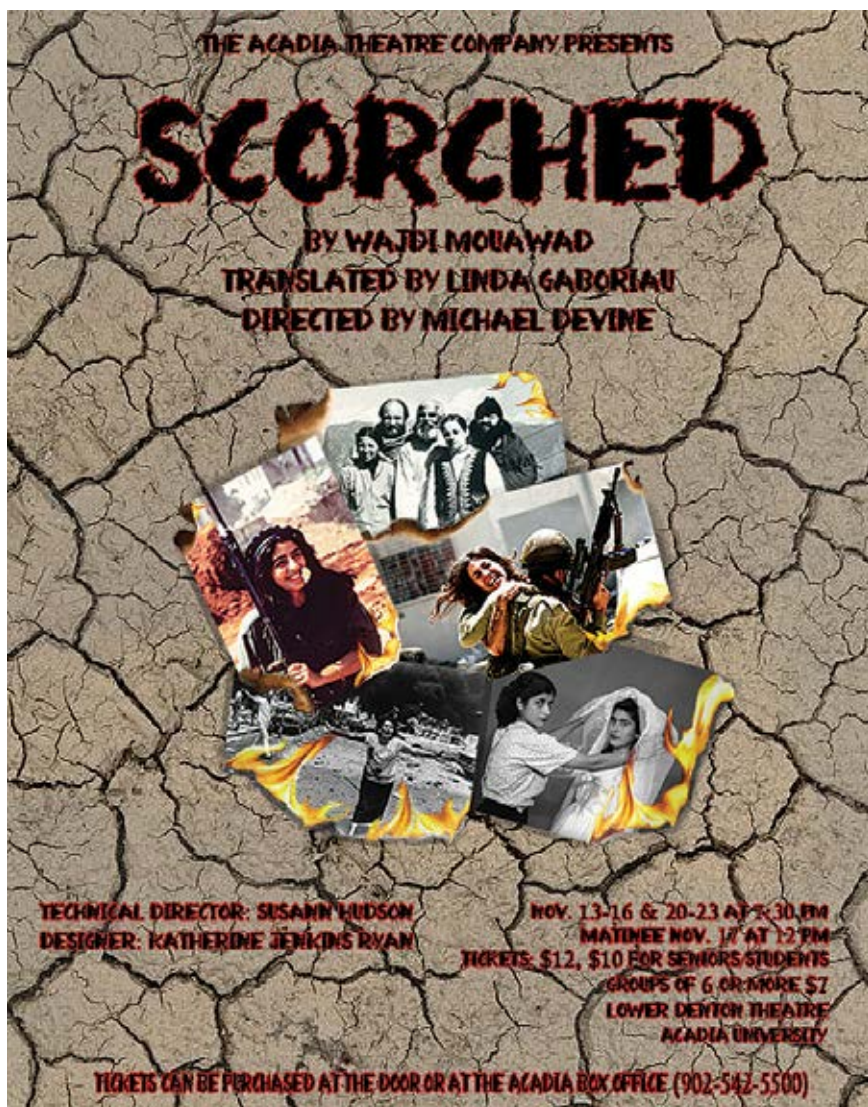
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THE ACADIA PAGE



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agi@acadiau.ca – General Inquiries



ACADIA ENROLMENT INCREASE BUCKS TREND

While the number of high-school graduates in Nova Scotia is decreasing, Acadia University's student enrolment is steadily growing. The full-time undergraduate population at Acadia now stands at 3,600, up 3.5 percent over last year. Full-time graduate students number 219, up 6.7 percent over the same period. Overall, Acadia's full-time student population is up 3.7 percent, compared to a 0.6 percent increase for Nova Scotia as a whole. Since 2008, Acadia's full-time student population has grown almost 26 percent.

The annual enrolment count is compiled by the Atlantic Association of Universities (AAU) survey that summarizes changes in the student populations across the region effective October 1.

"Our 2013-'14 enrolment performance provides us

with an opportunity to be proud of what we have achieved both year-over-year and over the past five years," said Ray Ivany, Acadia President and Vice-Chancellor. "Acadia is a national university but one with deep roots in the Annapolis Valley, and I am pleased that we have increased both our Nova Scotia enrolment and that from the rest of Canada. Acadia is now very close to the full-time student population that our campus infrastructure and resources can support. In the future, we expect little year-over-year change in our student populations, with the exception of a broader and more diversified international cohort."

Sherri Turner
Manager, Communications and Marketing
Acadia University

DR. POTTER'S LAB: RESEARCH SUMMARY

Did you know that the bacteria that live in your gut affect your brain functioning? These bacteria, good and bad, form our individual microbiome. The good bacteria are called probiotics. We can consume these in some fermented foods and in supplements. Microbiome imbalances have been linked with a range of health conditions, including irritable bowel syndrome, decreased immunity, and mental health problems such as anxiety and depression.

Researchers from Acadia's Probiotics and Mental Health Research Lab are investigating whether a probiotic supplement (that has been specially designed to survive stomach acids) is an effective treatment for symptoms of ADHD and/or anxiety in children and anxiety/depression in adults.

If you are an adult who experiences anxiety and/or depression, you may be eligible to participate.

Children aged 6 to 12 years are eligible to participate if they have been diagnosed with ADHD or an anxiety disorder, or experience difficulty at home and school because of any of the following groups of symptoms:

- Problems paying attention, concentrating, and finishing things
- Difficulty sitting still, waiting their turn, and playing quietly
- Problems with anxiety, worrying, and fearfulness

For more information and to participate in one of the studies, please visit www.probioticstudy.com.

TRICK OR EAT COLLECTS 2500 FOOD ITEMS FOR THE WOLFFVILLE AREA FOOD BANK – *A Benevolent Spin on Trick or Treat*

On Halloween this year, over 100 student volunteers went door to door (many in fun costumes!) collecting food-bank items for the Wolfville Area Food Bank as part of Trick or Eat.

Trick or Eat is an event hosted by Meal Exchange, a youth-oriented Canadian charity that promotes food sustainability on campuses and in communities. At Acadia, Meal Exchange hosts major events throughout the year, including: Trick or Eat, Skip a Meal, Clear the Shelves and several smaller events to support the Wolfville Area Food Bank and elementary school breakfast programs.

Trick or Eat is one of the largest and most involved events throughout the year, a collaboration between Acadia students and the broader Wolfville community. Many students commented on how enjoyable it was to go door to door and have even brief conversations with permanent residents of Wolfville.

Stephanie McGlashan, the coordinator of Acadia Meal Exchange this year, was overwhelmed by the support. Her involvement with Meal Exchange is driven by several factors, primarily an interest in making a difference locally and helping in any way possible to diminish hunger. She hopes to



inspire others to become engaged in their community, expanding the vision and building support networks to effectively implement change. "The networking and relationship-building aspect of the event is incredible," says Stephanie, "I truly value the relationships built through Trick or Eat and am grateful to have met many supportive and inspiring individuals along the way."

At the end of the night, the Michener Lounge (our Trick or Eat headquarters for the evening) was filled with food bank items. While some volunteers counted and placed the donations in labelled boxes, others carried out the boxes to multiple vans destined for the Wolfville Area Food Bank.

When the last can was placed in the last box and the trunk of the last van was shut, we had collected around 2,500 food items.

On behalf of the Acadia Students' Union, Acadia Meal Exchange, Stephanie McGlashan and all of us here, we would like to thank the community for participating so generously in Trick or Eat 2013 and helping us reduce hunger.

Lindsay Doucet



DR. Carrie Terry

FAMILY DENTISTRY

Dr. Hogan is pleased to announce that Dr. Carrie Terry is taking over his dental practice at 461 Main Street, Wolfville. Dr. Terry looks forward to continuing the care of all current patients and welcomes new patients to the practice as well.

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by Mark Oakley

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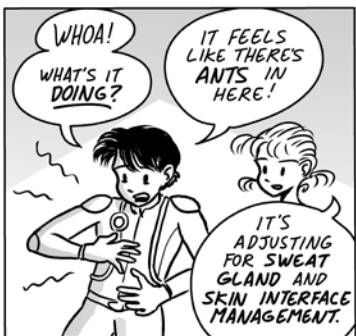
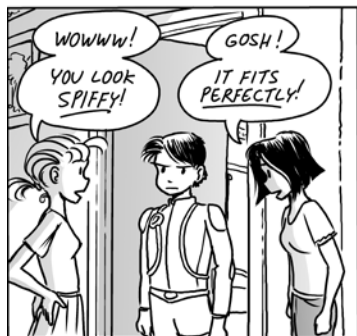
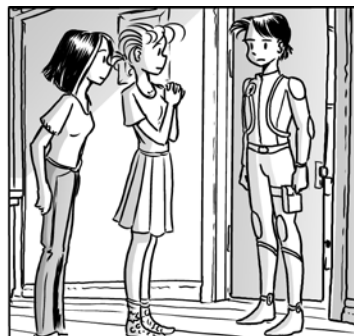
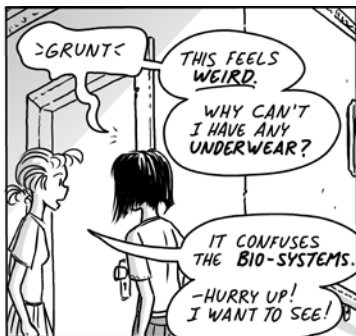
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RECIPE

Panko-Crusted Pork Tenderloin with Savoury Pear and Cranberry Stuffing

Chef Kerina Dykstra | www.letseatns.com

As we progress into colder weather, we tend to crave warm and comforting foods. This stuffed pork tenderloin fits nicely into those parameters. The mixture of the sweet and tangy stuffing sets the mood for any accompaniment you can dream up. Enjoy, and as always, Have a Tasty Day! *Chef Kerina Dykstra*

Stuffing:

- 1 c. dried cranberries
- 2 large firm but ripe pears, peeled, cored and diced small
- 2 tsp fresh ginger, peeled and minced
- 2 tbsp butter
- 2 tsp balsamic vinegar
- 2 tsp fresh thyme leaves
- Pinch of salt and pepper

Bread crumb mixture:

- 2 c. panko bread crumbs
- 1 tbsp onion powder
- 1 tbsp roasted garlic powder
- 1 tbsp fresh thyme leaves
- 1 tsp salt
- 1 tsp cracked peppercorns (medley)

- 2 pork tenderloins, trimmed
- Dijon mustard

Preparation:

Melt butter in a sauté pan. Add the pears, ginger and vinegar, and sauté until the pears have softened slightly. Remove from heat and place in a bowl with remaining ingredients. Mix and set aside.

Preheat oven to 400°. To process the tenderloin, remove and discard the silver skin and fat. Cut off the tail ends and reserve for another use. Insert a boning knife into the center of the tenderloin, being careful not to go all the way through the other side. Make the hole larger with the handle of a plastic spatula or your fingers. Stuff the tenderloin with the filling. Cover the tenderloin evenly with Dijon mustard, then coat with the bread-crumbs mixture. Place in roasting tray with a wire rack. Roast in the oven until medium, approx 20-30 mins (times may vary depending on thickness and degree differences between ovens). Let rest for approx 5 mins. Slice on an angle for best presentation!

www.centrestagetheatre.ca ☆ 61 River Street, Kentville

Old Love

a comedy by canadian playwright norm foster

Directed by Candy O'Brien
Peter Booth ☆ Ansonia Gray ☆ Tracy Churchill ☆ Carole Ball ☆ Geoff Ball

November 8, 9, 15, 16, 22, 23, 24m, 29, 30,
December 6, 7, 8m, 13, 14

Showtime 8pm; 2pm matinee on November 24 and December 8

Tickets: \$15 Adults / \$12 Students & Seniors (65+)
Reservations: 678-8040 Information: 678-3502

Produced by Special Arrangement with Gary Goddard Agency

Or, to reserve a placement, pay \$5 per issue (3-issue minimum commitment). Please keep listings to 35 words or less.

CLASSES/LESSONS:

Voice & Piano Lessons: W/ music educator Susan Dworkin-Hachey. Studio lessons run until June. Register now! Music helps develop skills in reading, math, creativity, memory, ambition, discipline, concentration, fine motor skill, musicianship, hand-eye coordination... also good for your spirit and soul! **INFO/Reg:** 542-0649 / susan_dworkin@hotmail.com

English for Immigrants: Free ESL classes for Immigrants (Permanent Residents, Canadian Citizens born outside of Canada). Class locations: Kentville, Middleton, Wolfville **INFO:** VCLA (Valley Community Learning Association), 679-5252

Ceilidh Dancing: Thursdays, through Dec. 5 (excluding Halloween), 7-8pm @ Greenwich Community Centre. W/Certified Irish Dance and Fitness Instructor Niamh Webster T.C.R.G., S.F.I. It's time for adults to get out and have some fun, with the bonus of staying or getting fit. Choreography and resistance training to exciting Celtic music! **FEE:** \$50, \$8 drop-in fee **INFO:** 582-1786 / info@tirnanogacademy.com

ACCOMMODATIONS:

Seeking Shared Accommodation: Retired lady looking to share a reasonably priced place in the Wolfville area. **INFO:** Paula, 542 4464

Seeking Tenants: We are looking for tenants for our bright and sunny four-bedroom house in Gaspereau Valley from Jan. 1, 2014 until June of 2015. See our ad: Go to kijiji.ca and type 526684406 in the search bar. **INFO:** Stefanie/Joerg, joerg.tews@gmail.com

Rent or House-Sit: Friendly, mature professional looking to move to Wolfville for Jan. 1. Looking for a cozy, sweet place to rent or house-sit. Can be in Wolfville or surrounding area. **INFO:** mjuurlink@gmail.com

WORKSHOPS/RETREATS:

Herbal Crafts for Christmas: A 4-week workshop series by Dragonsister Herbs @ Edible Art Cafe, Greenwich. Nov 19, 6-8pm – Herbal Holiday Wreaths; Nov. 26, 6-8pm – Herbal Bath Salts and Infused Bath Oils; Dec. 3, 6-8pm – Herbal Potpourri & Spiced Pomanders; Dec. 10, 6-8pm – Herbal Holiday Tea and Mulling Spice Mix. Supplies & refreshments incl. with registration. Please pre-register. **TIX:** \$60 per workshop, \$200 for all four. **INFO/Reg:** 678-0911 / tanis.dragonsister@gmail.com

Embracing and Exploring Your Gifts: W/ Mayumi Endo, Sat., Nov. 23, 10am-3pm @ Berwick & District Volunteer Fire Dept. Mayumi Endo, a spiritual medium and healer, is pleased to present this workshop introducing a basic understanding and tools to access the psychic sense. All levels. **FEE:** \$45. **INFO:** mayumi.ns11@gmail.com / mayumi-endo.com

FOR HIRE/PURCHASE:

Pre-Owned Ski & Snowboard Sale: Nov. 23, 10am-3pm @ Ski Martock Lodge. Martock Ski Race Club's Pre-Owned Ski and Snowboard Sale! Drop off sale items Friday, Nov. 22, 6:30-9pm. Selling new gear from Cleve's as well. Get ready for the ski/snowboard season and support our ski club's programs for ages 6 and up. **INFO:** msrc.ca.

Interior Painting: Women in Rollers does accurate quotes, shows up on time to work, and performs to perfection. We even leave your home neat and tidy! Call today for your free estimate. **INFO:** Pamela, 697-2926

Hand-Crafted Urn Boxes: Respectful, wooden, locally-made. **INFO:** Farmer Eddie, 542-3387

Massiah's Cleaning: The BEST services, prices and quality of work. Stripping and finishing (stripping and waxing), deep scrubbing and finishing (recoating), burnishing (buffing), tile & grout cleaning, cement cleaning and degreasing, carpet cleaning, general cleaning available throughout the Valley, 24 hours a day, 7 days a week—even on short notice! Maintenance plans are available! **INFO:** 691-3614

Dragonsister Herbs: Offering herbal consultations and remedies for all walks of life. 10% off for members of HANS, and fellow practitioners of alternative modalities. **INFO:** 678-0911 / tanis.dragonsister@gmail.com

Conflict Management & Mediation: W/ Sue Barthos, BIS, MBA. Patient, confidential, and knowledgeable help from an accredited mediator for individuals, organizations, and businesses. Services include conflict analysis, coaching, facilitation, asset division, and mediation. **FEE:** reasonable rates, sliding fee scale based on income. **INFO:** 697-2285 / barthos@eastlink.ca

DONATE/VOLUNTEER:

Children Sought for a Study: Do you have a child between the ages of 6 and 12 who is exhibiting inattentive, hyperactive, or anxiety symptoms? Or have they been diagnosed with ADHD or an anxiety disorder? We are looking for children to participate in a study examining the effects of probiotic milk on the symptoms of ADHD and anxiety. A child must meet certain eligibility requirements in order to participate in the study. Sponsored by Acadia University. **INFO:** probioticstudy.com

Support Two Planks and a Passion Theatre: Two campaigns to support the theatre: "Project 937" helps us take the important story of the doomed voyage of the Jewish refugees aboard the St. Louis to young people and communities on tour. "Faith and Fire" helps us raise money for our summer productions of The Miracle Man by Allen Cole and Michael O'Brien, and Joan by Fire, a new telling of the legend of St. Joan, adapted by Ken Schwartz. Contribute by cheque, phone or online through Canada Helps. Please mail cheques to Two Planks and a Passion Theatre, Box 190, Canning,

NS BOP 1H0. See website for details. **INFO:** 582-3842 / twoplanks.ca

Help Valley WAAG Animal Shelter Get Aviva Funding: The Animal Shelter on Front Street in Wolfville entered the Aviva Community Fund competition to try to get some much-needed funding. Please vote daily until the round ends, Nov. 25, 1pm. The shelter and the many abandoned cats and kittens of the area would be most grateful. **INFO:** avivacommunityfund.org/ideas/acf17213

Seeking Community Health Volunteers: Are you interested in actively promoting health and wellness in your community? The EK Community Health Board is currently looking for new members! We meet once per month. **INFO:** 542-1244 / orekchb@avdha.nshealth.ca

GENERAL:

Valley Refuge Housing & Portal Drop In Center: 437 Main St., Kentville. If you are a young mom wondering if there is anyone facing similar challenges or you could just use a free night to get out, have fun and forget your worries; or if you are a young guy wanting to get out and enjoy the outdoors & be active; or if you simply want a cool place to come hang out with a few friends—we have groups for you! If you'd like to know more, come by and check us out. **INFO:** 365-3773 / matt@portalyouth.ca

Homework Help: The Annapolis Valley Regional Library now offers LIVE online homework help powered by Tutor.com, from 3pm-midnight, 7 days a week. Anyone with a library card and Internet access can use it from home or from their mobile devices. It can be used inside the library as well. Log on using your library card, and a tutor will assist you with: math, science, language arts, and social studies homework. Adults returning to school and college students can use it as well, other resources available 24/7 to help you find the answers and study for exams. **FEE:** no charge **INFO:** tutor.com/AVRL / valleylibrary.ca

Complementary Diagnostic Consultation: W/ Amin Nasr, registered traditional Chinese medicine practitioner and acupuncturist, and Rebecca Nasr, zen kiatsu therapist and healthy lifestyle adviser. For any health issue. Call or email for an appointment. **FEE:** no charge **INFO:** 697-2661 / yula@centrefortheways.com

Compassionate Communication: Stemming from the recent tragic events in Berwick, I'm hosting a free community-practice group for those interested in practicing the transformative life skills of non-violent communication (a.k.a. compassionate communication). Also, I'm offering wellness services: compassionate listening, stress management skills, and holistic nutrition for those wanting a place where they can be heard without judgment. **INFO:** 680-6856 / selahkoile@yahoo.ca

Flu Shot Clinics & Blood Collection Services: @ Mud Creek Medical, Wolfville. Flu Shot Clinics: Friday afternoon, 3-4pm, Nov. 22, by appointment only. Blood Collection: Tues. & Wed. mornings, 8-8:45am. Must be 16 or older, by appointment only. **FEE:** flu shots: no charge for NS residents. blood collection: \$15 per visit **INFO:** 542-3633

Sauna Enthusiast: I'm looking for use of an outdoor wood fired sauna close to Wolfville. Interested in meeting other enthusiasts, groups interested in guided saunas, or anyone keen on supporting a community sauna. **INFO:** 681-6856 / selahkoile@yahoo.ca

Holistic Wellness Market: Nov. 24, 30, Dec. 7, 14 & 23 @ L'Arche Hall, 341 Main St., Wolfville. Unique opportunity to shop for gifts and services supporting wellness, health and personal growth. Vendors offering: crystals, jewelry, aromatherapy, teas, psychic readings, reflexology, music, etc. **TIX:** no charge **INFO:** joce-lynmickerson@gmail.com

Refresh Food: January 17-19, 2014 @ Acadia University. 48 hours to come up with solutions to create start-up ventures in the new-media space that focuses on one of our greatest assets here in the Annapolis Valley: Food! Get involved! Early registration is now open! **INFO:** food.refreshannapolisvalley.org

Wolfville Community Chorus: Wednesdays, 5:30-7pm @ 30 Wickwire Ave., Wolfville. W/ director Susan Dworkin-Hachey. Join us for musical fun & friendship. No experience necessary, all ages/stages! **TIX:** \$180 year membership, no charge for first time drop in. **INFO:** 542-0649 / susan_dworkin@hotmail.com

Martock Ski Race Club: Registration now open. We offer programs for children learning to ski and young athletes interested in competitive skiing or freestyle. We host an evening masters/university program and the NSSAF middle and high school race program. (Note: We are a volunteer, non-profit group, not Ski Martock). **INFO:** programs@msrc.ca / msrc.ca

Smokin' Blues Fest 4: The online application for artist submissions for Smokin' Blues Fest 4 is now on the website: smokinbluesfest.com. If you know a band/performer that might like to take part, send them our way.

TIDE PREDICTIONS

at Cape Blomidon

Source: Canadian Fisheries & Oceans.
www.waterlevels.gc.ca

NOV	High	Low
14	9:35am	3:49pm
15	10:29am	4:42pm
16	* 11:19am	5:32pm
17	12:06pm	6:19pm
18	12:51pm	7:03pm
19	1:35pm	7:20am
20	2:17pm	8:02am
21	2:58pm	8:43am
22	3:40pm	9:24am
23	4:24pm	10:07am
24	5:11pm	10:53am
25	** 6:01pm	11:42am
26	6:54pm	12:35pm
27	7:23am	1:31pm
28	8:15am	2:26pm

* Highest High: 42.3 feet ** Lowest High: 34.8 feet



COMEBACK CONCERT

It has been nearly 15 years since Jeff Hennessy has performed a concert of original material. Graduate school, family, and a six-year term as Director of the School of Music at Acadia have kept him off the stage. Fifteen years ago he was pursuing a career as a singer-songwriter and keyboardist when he decided to go back to university and further his study of music. He has never left: a Masters at UBC followed by a Ph.D at The University of Toronto led to him securing a position at Acadia and taking over the reins of the music school. The position left no time or energy for performing or recording, though Hennessy never stopped writing. On Saturday, November 30, he will stage a "comeback concert" at the Union Street Cafe and Wick Pub in Berwick, a show that will consist almost entirely of new material that has never been performed. Joining him will be fellow Acadia professors and accomplished musicians Mark Adam on drums, Nicholas D'Amato on bass, and Jeff Torbert on guitar. The concert has attracted a lot of interest and has been sold out since the middle of October. Hennessy is hoping to build on this momentum and is planning some future concerts (including Wolfville) for the spring, as well as possibly a new album.

Weekly Events

Thursdays

Fit As A Fiddle – Lion's Hall, Wolfville 9:30-10:30am. Seniors' fitness w/Janet Mooney. Also Mondays 9:30-10:30am. **FEE:** \$2 drop-in. **INFO:** 542-3486 / spread@wolfville.ca

Cochrane's Walk & Talk – Pharmasave, Wolfville 10am. Heart & Stroke walkabout program. Also Tuesdays 10am. **INFO:** 542-3972

Babies & Books Drop-in – Wolfville Memorial Library 10-11am. Newborn to 2 years. **INFO:** 542-5760 / valleylibrary.ca

Fun & Fables – Library, Windsor 10:30-11:30am. Stories, songs, and crafts for ages 2 to 5. **FEE:** no charge **INFO:** 798-5424

In the Round Knitting Group – Gaspereau Valley Fibres 1-5pm. Also Tuesdays 6pm. **INFO:** 542-2656.

Seniors' Afternoon Out – Wickwire Place, Wolfville 1:30-4:30pm. Social afternoon with peers. Also Tuesdays 1:30-4:30pm. **FEE:** \$5. **INFO:** Robin, 698-6309.

Boardgame Night – CAP Lab, Wolfville Public Library, 7pm. Bring your games! Ages 12+. **FEE:** no charge. **INFO:** Liam, 542-9482

Tai Chi – L'Arche Hall, Wolfville 7-9pm. **FEE:** Fall term: \$115, no charge to try a class. **INFO:** 542-0558

Fridays

Community Yoga – Dance Studio, downstairs, Old SUB, Acadia 12-1pm. W/ Carol Fellowes. All levels, mats available. Also Wednesdays 12-1pm. **FEE:** \$5, no charge for Acadia students. **INFO:** cazaflows@gmail.com

Saturdays

Wolfville Farmers' Market – DeWolfe Building, Elm Ave., Wolfville 8:30am-1pm
November 16 Music: Misty Mountain. **Theme:** Devour! **Cinema Brunch:** film-inspired brunch (\$15)
November 23 Music: Bob Deveau
INFO: wolfvillefarmersmarket.ca

Windsor Farmers' Market – Coach House, Waterfront 9am-1pm. Hot breakfasts, fruits & veggies, & many craft items. **INFO:** windsorfarmersmarket@gmail.com

Just for Fun Run Club – Recreation Centre, Wolfville 10-11am. Running games for ages 5-14 w/Valley Athletics volunteer coaches. **FEE:** \$1 drop-in. **INFO/Reg:** 542-3486 / reads@ns.sympatico.ca

Peace Vigil – Post Office, Wolfville 12-1pm

Weekly West African Drumming Workshop – Wolfville Baptist Church 1-3pm. **FEE:** \$5. **INFO:** 681-9870 / gscxs@stu.ca

Sundays

Capoeira – Clark Commons, Wolfville 1-3pm. Afro-Brazilian martial art w/strong emphasis on dance and music. **FEE:** no charge. **INFO:** facebook: campuscapoeira

Mondays

Painting Morning – Recreation Centre, Wolfville 9:30am-12pm. W/Evangeline Artist Cooperative. Informal, unstructured & social. **FEE:** \$2 drop-in. **INFO:** Jean, 542-5415

Toastmasters – 2nd Floor, Irving Centre, Acadia 6:30-8pm. Communicative skills to enhance peaceful and effective dialogue. All welcome. **INFO:** Gail, 798-1053 / g.symonds@eastlink.ca

Mixed Dart League – White Rock Community Centre (dart room, downstairs) 7pm. Until end of April. **INFO:** 542-7073

Tai Chi Classes – White Rock Community Centre (lower level) 7-8:30pm. Until end of May. Instructor Ed Schofield. **FEE:** \$5. **INFO:** wrfitnessfun@gmail.com

Tuesdays

Book in the Nook – Wolfville Memorial Library 10-10:30am. Suggested age range: 3-5. **INFO:** 542-5760 / valleylibrary.ca

River Street Rug Hooking Studio – 38 River Street, Kentville 1-3:30pm. Drop-in rug hooking. **FEE:** donation. **INFO:** Kay, 697-2850 / Mona, 680-6054

Lego-Rama! – Library, Windsor 3:30-4:30pm. Lego provided, bring your imagination. Ages 5-10. **FEE:** no charge. **INFO:** 798-5424 / valleylibrary.ca

Homework Club – Memorial Library, Wolfville (upstairs) 5-8pm. Looking for a little homework help or just a quiet place to settle in and get it all done? Ages 12+. **INFO:** 542-5760 / valleylibrary.ca

Social Group for Adults with an Autism Spectrum Disorder – Various Wolfville locations 6-8pm. **INFO:** 357-3031 / avautism@gmail.com

Dukes of Kent Barbershop Chorus – Bethany Memorial Baptist Church (gym), Aldershot 7pm. We sing four-part harmony. Male singers are welcome to try us out as we prepare music for the Christmas season and fundraiser Dec 1. **INFO:** duksofkent.ca

Card Parties (45's) – White Rock Community Centre (upstairs) 7:30pm. Until end of April. Prizes and snacks provided. **FEE:** \$3 **INFO:** 542-7234

Valley Scottish Country Dancers – 125 Webster St., Kentville, 7:30-9:30pm. All levels, no partners needed. **FEE:** \$6/class, \$60/term. **INFO:** 542-5320 / vsccd.info

Wednesdays

Kentville Farmers' Market – Town Hall Recreation Centre, 350 Main Street, Kentville 10am-2pm. Open year-round. **INFO:** kentvillefarmersmarket.ca

Babies and Books – Library, Windsor 10:30-11am. One-on-one time for babies and their caregivers. Ages 0-24 months. **FEE:** no charge. **INFO:** 798-5424

Toddler Rhyme Time – Civic Centre, New Minas 10:45-11:45am. Please register. **FEE:** no charge. **INFO:** 678-5760

Wolfville Farmers' Market – DeWolfe Building, Elm Ave., Wolfville 4-7pm. Featuring Community Market Suppers! **November 20 Music:** Ernie Laidlaw Speaker: Selah Koile, RHN. **Topic:** Strategies for Elimination Diets **November 27 Music:** Mike Aube **Theme:** Handmade Holiday Pavilion. **INFO:** wolfvillefarmersmarket.ca

Wolfville Community Chorus – 30 Wickwire Ave., Wolfville 5:30-7pm. New members welcome! **FEE:** \$180 yearly membership, no charge for first-time drop in. **INFO:** 542-0649 / susan_dworkin@hotmail.com

New Horizons Band – Festival Theatre, Wolfville 7-9pm. Fun, informal community band under the direction of Brian Johnston. Upbeat contemporary & jazz. **FEE:** \$100 adult (per term) for music & conductor fees, no charge for Acadia/high school students. **INFO:** Donna, 542-7557 / macdonaldwilson@accesswave.ca / peaton.eaton@gmail.com

Life Drawing – Memorial Library, Wolfville 7:30-9:30pm. Until Dec. 11. Open studio gestural figure drawing with a model. No instruction provided. **FEE:** \$10 **INFO:** tdrahos@mac.com

EXHIBITS

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Judith J. Leidl – Oriel Fine Art, Wolfville • Fine art: floral paintings, scarves, acrylic paintings, prints, ceramics, and Inuit work from Baffin Island. **INFO:** 670-7422 / judithleidlart.com

Marianne Morrison – CentreStage Theatre, Kentville • Watercolour and acrylic paintings by self-taught artist. **INFO:** 679-4013 / marianne@workplaceessentials.ca

Apple Bin Art Gallery – Valley Regional Hospital, Kentville • Valley artist paintings.

"Light in the Forest" – Acadia University Art Gallery, Wolfville. Until Dec. 1 • Large-scale paintings on silk by Holly Carr that create an illustrated environment of storybooks where the viewer is immersed in veiled apparitions. Extended hours until Dec. 1. **INFO:** 585-1373 / artgallery@acadiau.ca

Brad Hall: Untitled Work - Along a Path of Material Language – Harvest Gallery, Wolfville. Until Nov. 17 • **INFO:** 542-7093 / harvestgallery.ca

Holly Carr: New Works – Harvest Gallery, Wolfville • A collection of selected new works by Holly Carr inspired by "Light in the Forest": an installation of

towering silk paintings, hung to surround the viewer in layers of beauty and veiled apparitions. **INFO:** 542-7093 / harvestgallery.ca

Size Matters: Our Annual Big Show of Small Works – Harvest Gallery, Wolfville. Nov. 23 through year end • By all your favourite gallery artists - everything in the show \$200 or less. Be original. Buy original. Buy local. **INFO:** 542-7093 / harvestgallery.ca

Doretta Groenendyk – Harvest Gallery, Wolfville. Nov. 16th until they're gone • A show and sale of the original artwork for "Step Outside" the latest book by Doretta Groenendyk. A beautiful combination of sport, art, poetry, nature and family. **INFO:** 542-7093 / harvestgallery.ca

"Provocative" – Edible Art Cafe, Greenwich. Nov. 23-Jan. 14 • Pushing the boundaries of textile art, a small group known as Nova Scotia Fibre Arts Bee (NS FAB) are presenting a stimulating and thought provoking exhibit. The artists: Karen Henry, Kate Madeloso, Debbie Vermeulen, Lois Bowden, Dawna DeAdder, Chris Nielsen, Linda Mills, Susan Tisley Manley, & Regina Marzlin. **INFO:** madeloso.kate@yahoo.ca

LIVE THEATRE

Old Love – CentreStage Theatre, Kentville Nov. 15, 16, 22, 23, 29, 30, Dec. 6, 7, 13, 14, 8pm. Nov. 24 & Dec. 8, 2pm • Old Love can mean a chronological age or a remembrance of a time past—and sometimes it's both! Although this play is romantic and clever, it's definitely not sentimental. The story spans three decades and a handful of meetings. He was smitten from the first, and she—well, let's just say "less so." The witty dialogue of this dramatic comedy keeps you chuckling as each discovers what is important in life and in love. Due to language and subject matter, it is not recommended for children under 13. See poster page 11 & Mike Uncorked page 9. **TIX:** Tickets \$15 adult, \$12 seniors & students. **INFO:** 678-8040 / centrestage@centrestagetheatre.ca

Scorched – Lower Denton Theatre, Acadia University, Nov. 14-16, 20-23, 7:30pm • *Scorched* is a play about redemption. Our families come from worlds of mystery in conflict, regardless of where we are born or who we look up to, but in the end our family is our home. Set against the backdrop of a civil war in the Middle East, *Scorched* explores the dramatic story of a family destroyed by conflict and reunited through the power of forgiveness. See poster page 10. **TIX:** \$12 regular, \$10 senior/student @ door or Acadia Box Office (542-5500). **INFO:** Emma, 124125r@acadiau.ca

Christmas at Uncle Phil's Diner – St. Anthony's Parish, Berwick, Nov. 15, 16, 22, 23, 6:30-9pm • Interactive, Dinner Theatre Featuring a Traditional

Turkey Dinner, Turkey, Vegetables, pickles, Cranberry Sauce, gravy and homemade Apple or Pumpkin pie **TIX:** \$25 per person **INFO:** Dorothy or Graeme, 538-7407

Momma's Boy – Studio-Z, Wolfville, Nov. 20, 21, 7-9pm • How to find home? Chase a career or start a family? Stay or go? Is there ever a good time? *Momma's Boy* explores the choices facing young adults as they begin their working lives. The play twists together the choices made by three characters in an isolated northern town. Daphne Perchovik is a pioneer, toughened by the choice to live as a farmer. Ginny Smart, her daughter, chooses the surest route out, using her education to go as far from Sioux Lookout, Ontario, as she can get. Jordan Banks escapes the pessimism of the big city, to find his last hope may actually flower. See poster page 9. **TIX:** \$25 general admission, \$20 senior/student @ The Box of Delight Bookshop (Wolfville) **INFO:** 613-799-9939 / eleanor.crowder@gmail.com / bearandcompany.ca

Legend & Lore of the Fundy Shore Ghost Walk – Fundy View Community Centre, Halls Harbour, Nov. 23, 7-9pm • Pirates. Buried Treasure. Ghost Ships. Ship Wrecks. Turkish Ambassadors. Grand Hotels. The Bay of Fundy has seen it all! Join Valley Ghost Walks and let Jerome the GraveKeeper and his ghostly friends inform and entertain you during the last show of 2013 (indoor show). **TIX:** \$14 adults, \$9 students @ Ticketpro.ca & all outlets: Box Of Delights (Wolfville), Home Hardware (Windsor), Wilson's Pharmasave (Berwick & Kentville). **INFO:** jerome@valleyghostwalks.com / valleyghostwalks.com



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What's Happening from November 14th – 28th, 2013

SEND YOUR EVENTS TO INFO@GRAPEVINEPUBLISHING.CA FOR PUBLISHING IN ANY OF OUR EVENT LISTINGS



THURSDAY, 14

Devour! The Food Film Fest November 13-17

TIX: \$10 per film, \$50 bracelet (limited numbers available - access to any film in the festival), \$30 per workshop (Discounts on two or more workshops) @ Ticketpro.ca & all outlets like Box of Delights (Wolfville) INFO: lia@devourfest.com
For a full listing of events and films: devourfest.com

Devour! Workshop: Recipe Writing – Huggins Science Hall, Wolfville 2-3:30pm • Renowned author Kathleen Flinn gives this recipe writing primer with tips on how professional food writers develop recipes, the importance of a finely articulated ingredient list, common mistakes, copyright issues, and more. Measure twice, pour once.

Devour! the Food Film Fest-film screenings – Al Whittle Theatre, Wolfville 2-11pm • Films today include: More Than Honey, Gone Fishing, Now Forager, Devour the Shorts

Devour Beer Film Festival – Paddy's Pub, Wolfville 6pm. Also Nov. 15 (9pm), Nov. 16 (1pm & 9pm), Nov. 17 (1pm) • 5 Days of celebrating craft beer, 3 great beer films, 1 place to be. Finger food buffet, pint, brew tour, 3 great beer movies. **TIX: \$10+HST @ Paddys Brewpub (Wolfville) INFO: 542-0059**

Hope for Wildlife Keynote Event – Beveridge Arts Centre, Wolfville 6-8pm • "Animals: Friends, Food, or Foe," a speech provided by members of the organization, Hope for Wildlife, a local wildlife rehabilitation organization located in Seaforth, NS. **TIX: no charge INFO: 102570d@acadiau.ca**

Annapolis Valley Decorative Artists – Fire Hall, Greenwich 7pm • All decorative artists or anybody interested in learning are welcome to come. **TIX: no charge INFO: 582-7549 / bparker@techshop.ns.ca**

Theatre: Jake's Gift – West Kings District High School, Auburn, 8pm • A WWII veteran's reluctant return to Normandy, France, for the 60th Anniversary of the D-Day landings. Presented by Evergreen Theatre. **TIX: \$20 INFO: 825-6834 / evergreentheatre@gmail.com**

FRIDAY, 15

VRH Aux. Annual Christmas Sale – Valley Regional Hospital, Kentville 9am-4pm • VRH auxiliary gift shop sale, 20% off all items! Bake sale, gently used purses, scarves and jewellery in cafeteria, 50/50 tickets. **TIX: no charge INFO: mnh.aker@xcountry.tv**

Devour! Workshop: Pitching Content to Networks – Studio-Z, Wolfville 10-11:30am • Are you the next Anthony Bourdain? Jamie Oliver? Some of the top culinary content creators and producers talk about what it takes to craft the perfect pitch from the onset of a creative idea through to execution and just how to break into this business on screen. w/Rachel Low, Geoff

D'Eon, Laurie Barnett, Kathy Cross

Rainbow Gift Sale – Hants Community Hospital, Windsor 10am-4pm • Hants Community Hospital Auxiliary's Rainbow Gift Shop. One day sale! All proceeds towards the purchase of hospital equipment. **TIX: no charge INFO: jpjank@eastlink.ca**

Devour! Workshop: Nose to Tail Cuisine – Huggins Science Hall, Wolfville 12-1:30pm • Nose to tail is using everything, the way our ancestors always did. Creating delicious food from all parts of the animal – no waste! W/Toronto's Scott Vivian, owner of Beast Restaurant.

Acadia Christmas Craft Expo – Acadia Athletic Complex, Wolfville 12-9pm. Also Nov. 16, 10am-8pm & 17, 10am-5pm • The annual tradition is back! Many vendors will be present, selling holiday crafts! **TIX: \$6 adults, \$5 students/seniors, no charge under 12 INFO: 585-2122 / 103896m@acadiau.ca**

Devour! the Food Film Fest-film screenings – Al Whittle Theatre, Wolfville 2-11pm • Films today include: Women With Cows, Canned Dreams, Food Porn, The Rice Paddy, The Last Shepherd, It's Five O'Clock Somewhere, Hey Bartender, Step Up to the Plate.

Devour! Workshop: Food Photography – Huggins Science Hall, Wolfville 2-3:30pm • In his own words, well-traveled blogger Bonjwing Lee of The Ulterior Epicure is reminded at every turn – show, don't tell. Lee walks us through what it takes to capture high impact food photos in the moment, especially when you have very little control over your environment.

Lego Mindstorm Robotics Workshop – Town Hall, Berwick 3:30-5:30pm. Also Nov. 22 • For ages 10-17, those interested in Lego & computer programming. Come weekly or drop-in, learn how to build/program your own Robot! Please register. **TIX: no charge INFO: 798-5424 / windsorlibrarycap@gmail.com**

Step Back Through Time Dinner – United Baptist Church, Port Williams 6pm • Dinner and historical re-enactment. Three-course roast pork dinner with characters from the past returning to tell their story about the shaping of the life of the Church over the past 145 years. **TIX: \$20 adults, \$10 children 12 and under @ Port Williams United Baptist Church office. INFO: 542-3495 / heather@pwubc.org**

Public Talk: Rev. Keith Grant – Pereaux Baptist Church, 7pm • Topic: Religion and Community in Edward Manning's Colonial Nova Scotia. Edward Manning (1766-1851) was the founding Baptist Minister for the Cornwallis Township for the first half of the nineteenth century. **TIX: no charge INFO: ajd_browne@outlook.com**

Brian Keating Keynote Event – K.C. Irving Environmental Science Centre, Wolfville 7-9pm • W/ Brian Keating, Honorary Conservation Advisor at the Calgary Zoo and Adjunct Assistant Professor of Anthropology at Calgary University. **TIX: no charge INFO: 102570d@acadiau.ca**

Comedian, Jimmy the Janitor –

Community Centre, Port Williams 7:30pm • The Maritimes' best good clean fun! Rated PG. Proceeds to the Port Williams Volunteer Fire Department. **TIX: \$25 @ The Wharf Store (Port Williams), Home Hardware (Canning, Wolfville, Berwick), or contact any PWFD member INFO: 542-1183**

ORO! Orkestra Dance Party – Curling Club, Wolfville 7:30pm • Our last dance for 2013! Wild and beautiful folk dance music of: Bulgaria, Macedonia, Greece and Turkey. We've got some great new tunes for you! Cash bar. **TIX: \$10 adult, \$5 students INFO: oro.orkestra@gmail.com**

SATURDAY, 16

Breakfast – Community Hall, Centreville 7-10:30am • The Good Neighbour Club breakfast. **TIX: donation INFO: 678-3999**

Breakfast – Lions Club, Wolfville 7-10am • Proceeds for Lions community projects, everyone is welcome. **TIX: \$6 adults; \$3 children 10 years and under INFO: 542-4508**

Breakfast – Lions Club, Coldbrook 8-11am • **TIX: \$5 adults, \$3 children 12 and under, no charge for children under 3 INFO: 538-1350**

Devour Cinematic Brunch – Farmers Market, Wolfville 8:30am-1pm • Ten market chefs and farmers offer mouth-watering flavours and a local gastronomic experience inspired by their film favourites. **TIX: For \$15, browse and choose three cinematic dishes from three market vendors. Create your own thumbs up brunch. INFO: 697-3344 / manager@wolfvillefarmersmarket.ca**

HART Extravaganza – Fire Hall, Berwick 9am-3pm • Flea market, ticket auction, pot luck dinner, jewelry sales, raffles, HART Rescue greeting cards. All proceeds go to HART's vet bill at Port Royal Animal Hospital. There may be kittens to view for adoption. **TIX: \$8 for dinner, no charge for auction and flea market INFO: 847-9582 / valleyhart@hotmail.com**

YNC: Birds Getting Ready for Winter – KC Irving Centre, Acadia (basement classroom) 10am • Bernard Forsythe examines a dozen bird species that have truly adapted to this Canadian climate. We will head outdoors behind the centre, please dress appropriately. 20 kids only, please register. **TIX: no charge INFO: 300-4465 / dnmcln@ecologyfund.net**

Devour! Workshop: Culinary Content for the Web – Studio-Z, Wolfville 10-11:30am • A close look at the culinary web with an eye on cutting edge video blogs, online magazines, interactive iPad cookbooks who are dramatically changing their methods of delivering content to their fans to keep up with Gen C. W/Leo Artelejo, Aube Giroux, Zahra Sethna, Stephen Mostad.

Book Launch & Art Exhibition – Harvest Gallery, Wolfville 10-11:30am • Join Doretta Groenendyk at the Box of Delights bookstore and at the Harvest Gallery to launch her newest childrens book: Step Outside. Enjoy the exhibition/sale of original illustrations. **TIX: no charge INFO: 582-7448 / davidanddoretta@gmail.com**

Lego Mindstorm Robotics Workshop – Library, Windsor 10am-12pm. Also Nov. 23 • For ages 10-17, interested in Lego & computer programming. Come weekly or drop-in, learn how to build/program your own Robot! Please register. **TIX: no charge INFO: 798-5424 / windsorlibrarycap@gmail.com**

Celebrate Our Environment – Clock Park, Wolfville 10am-12pm • Bring your signs! Celebrate our great community, our land, & our water. Combined with nationwide Defend Our Climate/Defend Our Communities events. The most immediate local concern is the proposed hydraulic fracturing. See more information on fracking at nofrac.wordpress.com **TIX: no charge INFO: novamaz@gmail.com**

Devour! Workshop: Designing the Plate – Huggins Science Hall, Wolfville 12-1:30pm • Making food look and taste great. Let Chef Michael Blackie demonstrate plate composition: textures, colours and flavour profiles that are complementary so that you can up your culinary game, wow your guests and improve your own culinary prowess.

Devour! Film Screenings – Al Whittle Theatre, Wolfville 2-11pm • Films today include: Himself He Cooks, Bill W., Red Obsession, The Last Catch, Mussels in Love, Artisanal Shorts, At Any Price, Kiss the Water.

Devour! Workshop: Recipe Writing – Huggins Science Hall, Wolfville 2-3:30pm • Renowned author Kathleen Flinn gives this recipe writing primer with tips on how professional food writers develop recipes, the importance of a finely articulated ingredient list, common mistakes, copyright issues, and more. Measure twice, pour once.

Christmas Tea & Sale – St. Andrew's United Church, Wolfville 2-4pm • Fresh evergreen wreaths, home baking & misc. Proceeds to Wolfville & Area Food Bank **TIX: donation INFO: 542-3314 / helenjordan@eastlink.ca**

Christmas Tea and Sale – United Baptist Church, Wolfville Ridge 2-4pm • Annual Christmas Tea & Sale. **TIX: \$5 adult, \$2.50 children, no charge under 5 INFO: 542-3419**

Fibre Ops – Library, Windsor 3-5pm • Knitters, spinners, crocheters, hookers, needleworkers and weavers. A bi-weekly gathering to share stitches & time. Bring your own project and spend a couple of hours creating & relating. **TIX: no charge INFO: 798-5424 / windsor@valleylibrary.ca**

Jiggs' Dinner with Newfoundland Music – Louis Millet Community Complex, New Minas 6-9pm • A night of Newfoundland food & music. Proceeds to support the ministry of Orchard Valley United Church. Reservations required. **TIX: \$12.50 INFO/Reg: 681-0366 / acameron@orchardvalleyunited.ca**

Concert: Ryan Cook & Friends – Mermaid Imperial Performing Arts Centre, Windsor 7pm • A unique blend of classic country and modern satire, Ryan has developed a progressive style that is both traditional and innovative. He is joined by slide guitarist John Campbelljohn, and CBC's

Stan Carew. **TIX: \$20 adult, \$18 student/ senior @ Ticketpro.ca, Home Hardware (Windsor) and all other Ticketpro outlets INFO: 798-5841 / puppets@mermaidtheatre.ca**

Concert: Thom Swift with Caleb Miles – Union Street Cafe, Berwick 8pm • Thom Swift is a multi-award winning singer-songwriter who performs a distinctive blend of roots-blues. Caleb is a well-known local musician (see the Who's Who, page 9). **TIX: \$20 @ Union Street Cafe (Berwick) INFO: 538-7787 / contact@unionstreetcafe.ca**

Barn Dance with TJ King – Brooklyn Civic Centre, Newport 8pm-12:30am • Quick As A Wink Theatre hosts a Barn Dance with the TJ King Band as a fundraiser for their production of Oklahoma! 50/50 draw, door prizes, cash bar. **TIX: \$10 @ Moe's Music Place (Windsor), or at door INFO: 472-7229 / info@quikkasawinktheatre.ca**

Dance: Still Doin' Time – Royal Canadian Legion, Kentville 9:30pm-12:30am • 19 & over, bar is available **TIX: \$6 INFO: 678-8935 / kentvillelegion@eastlink.ca**

SUNDAY, 17

Devour! Workshop: Seafood Inspired – Huggins Science Hall, Wolfville 12-1:30pm • Menus are often inspired by the oceans. Chef Danny St. Pierre's Auguste Restaurant (Sherbrooke, QC) is inspired by the new wave of "Bistronomy". Cooking great ingredients with flair but not pretension. Expand your seafood repertoire.

Benefit Auction for Cindy Peach – Community Hall, Falmouth 12-4pm • Raise funds for medical costs for a resident of Falmouth, diagnosed with cancer. Doors open at 12pm, draws at 2pm. **TIX: donation INFO: amanda_lapierre@hotmail.com**

Come Sail Away – Ross Creek Centre for the Arts, Canning 1-4pm • Inspired by the work of our gallery artist, Chris Boyne, we are exploring the world of sail and boats, and discovering the history of sail through art! Play seashore games with author Pamela Hickman. A demo from our robotics team, pre-register. **TIX: pay what you can (suggested \$5 donation, or \$15 for a family of 5) INFO: 582-3842 / mail@artscentre.ca**

Devour! Film screenings – Al Whittle Theatre, Wolfville 2-11pm • Film Screenings Today include: To Make A Farm, Enjoy Your Meal, Slow Food Story, Make Hummus Not War, The Pastry Chef (Il Pasticierre).

Devour! Workshop: Food Styling – Huggins Science Hall, Wolfville 2-3:30pm • One of the region's top food stylists, will take us through all of the elements of a perfectly styled dish that tells its very own story. Lighting, props, glue guns, glycerine, toothpicks, brushes... yeah, you might not want to eat that after all. W/Debbie Page.

Coffee House – Bethany Memorial Baptist Church, Aldershot 7pm • A relaxed Coffee House atmosphere in our Christian Education Centre, with Gaelic Choir & Scottish Dancers, Fiddlers and Vocalists.



VALLEY EVENT TICKET GIVEAWAY: CHANCE TO WIN 2 TICKETS TO:
Concert: RSC's Richard II, Thursday, December 5, Al Whittle Theatre, Wolfville
Draw date: November 29th Enter all draws: valleyevents.ca/win

A freewill offering will support the Valley Care Pregnancy Centre, Kentville. **TIX:** donation **INFO:** 678-6755 / bmbc@ns.aliantzinc.ca

Hymn Sing – United Baptist Church, Wolfville Ridge 7-9pm • Special guests "Lawrencetown Male Choir." Free will offering, fellowship and refreshment to follow. **TIX:** donation **INFO:** 542-3419

MONDAY, 18

RCMP Advisory Board Meeting – Town Hall, Wolfville 2pm • **INFO:** wolfville.ca

Fibre Op – Library, Hantsport 3-4:30pm • Knitters, spinners, crocheters, hookers, needleworkers and weavers! A gathering twice a month to share stitches & time. Bring your project and join us at the library for some creating and relating. Hantsport Library is in the school. **TIX:** no charge **INFO:** 684-4005 / valleylibrary.ca

Public Information Meeting – Louis Millet Community Complex, New Minas 6:30pm • Proposed amending development agreement for former Horton District High School property at 9701 Commercial Street, New Minas. Open to the public. **TIX:** no charge **INFO:** 690-6173 / mlemay@county.kings.ns.ca

Blomidon Naturalists Soc. Meeting – Beveridge Arts Centre, Wolfville 7:30-9:30pm • W/ John Kearney: Acoustic Monitoring of Nocturnal Migrant Songbird. An analysis of advantages and disadvantages relative to other methods of migration study, suggestions as to how anyone can set up a microphone in their backyard to start listening to migration. **TIX:** no charge **INFO:** patrick.kelly@dal.ca

TUESDAY, 19

Committee of the Whole – County of Kings Municipal Complex, Kentville 9am-12pm • **TIX:** no charge **INFO:** 678-6141 / county.kings.ns.ca

Municipal Council – County of Kings Municipal Complex, Kentville 1pm • Municipal Council Meeting **TIX:** no charge **INFO:** 678-6141 / county.kings.ns.ca

Computer/Mobile Device tutorials – Library, Kentville 1-6:30pm. Also Nov. 26 • Book now for your free tutorial. Maybe you have some specific questions or maybe you're new to computers. Pre-registration is required. **TIX:** no charge **INFO:** 679-2544 / valleylibrary.ca

This is Me and My World – The Gate, Louis Millet Community Complex, New Minas 3-5pm - Nov. 18-22 • A cool week of creative expression for youth 12-16 years of age. Explore and throw in your artistic piece using musical means, visual mediums, photography, and writing (spoken word & poetry). **TIX:** no charge **INFO:** 681-6972 / info@portalyouth.ca

This is Me and My World – The Portal, Kentville 7-9pm - Nov. 18-22 • Participants will work alongside an experienced artist (local & Quebec) and contribute to a wall mural. It will be an exploration of identity and help to stamp the image of youth and

their world at our two Connection Locations - The Portal (Kentville) and The Gate (New Minas). **TIX:** no charge **INFO:** 365-3773 / info@portalyouth.ca

WEDNESDAY, 20

Speaker: Dr. Thomas Peace – Town council chambers, Town Hall, Wolfville 2pm • Dr. Thomas Peace is the Harrison McCain Visiting Professor, Acadia University. Tom will be speaking about Acadia University's Beaubassin project. The Department of History is engaged in an interdisciplinary research project on the Tantramar marshes. **INFO:** ajd_browne@outlook.com

Fundy Film screens 20 Feet From Stardom – Al Whittle Theatre, 7 pm • Millions know their voices, but do we know their names? Director Morgan Neville shines a spotlight on the untold story of the backup singers behind some of the 20th century's great music legends. This is a tribute to the "unsung" voices whose work spanned styles, genres and eras of pop music as seen in rare archival footage and with a peerless soundtrack. See ad p.11 **TIX:** \$8 **INFO:** 542-5157 / info@fundyfilm.ca

Catherine Bush Reading – Memorial Library, Wolfville 7pm • Novelist Catherine Bush reads from *Accusation*. Travelling from Canada to Ethiopia and Australia, *Accusation* follows a network of lives that intersect with life-altering consequence, painfully revealing that the best of intentions can lead to disaster. **TIX:** no charge **INFO:** 585-1502 (English Dept.) / andrea.schwenke.wyile@acadiau.ca

Community Development Committee – Town Hall, Wolfville 7pm • **INFO:** wolfville.ca

AxeMen Hockey – Acadia Athletic Complex, Wolfville 7pm • VS StFX **TIX:** \$12 regular, no charge for Acadia students **INFO:** sports.acadiau.ca

THURSDAY, 21

Cancer Support Group for Women – Grafton • We meet the 3rd Thursday of each month. Call for time & location. **INFO:** Dorothy, 538-3374 / msalsman@xcountry.tv, Margot, 542-1466 / margotwithat@hotmail.com

FRIDAY, 22

Wolfville's Night of Lights: Town & Tree Lighting Ceremony – Post Office Square, Main St., Wolfville 6:30pm • Join us for our annual tree lighting ceremony for your first glimpse of our glittering streets and Town tree! Enjoy caroling with the Wolfville Community Chorus, non-perishable food donations will be accepted in support of the Wolfville Area Food Bank. LED Christmas Light Exchange. **TIX:** no charge **INFO:** 542-6282 / mgriffin@wolfville.ca

Film: Spartacus by the Bolshoi Ballet – Al Whittle Theatre, Wolfville 7-10:15pm • Captured by the Roman army, Spartacus and Phrygia are condemned to slavery. After becoming a gladiator, Spartacus fomented a legendary rebellion. This

grandiose epic recounts the exploits of the legendary slave who became a gladiator. See poster page 8 **TIX:** \$20 adult, \$15 student/child @ ticketpro.ca & all locations like Box of Delights (Wolfville), & at door **INFO:** 678-348-0503 / jamesrobieskinner@gmail.com

AxeMen Basketball – Acadia Athletic Complex, Wolfville 8pm • VS UNB **TIX:** \$10 regular, no charge for Acadia students **INFO:** sports.acadiau.ca

The B-Boys of Opera – Harvey Denton Hall, Wolfville 8pm. Also Nov. 23, 3pm • The Acadia Singing Theatre Production Ensemble presents: The B-Boys of Opera. A charming compilation of operatic excerpts featuring: Bach, Beethoven, Bizet, Bernstein and Bellini, see poster page 16 **TIX:** \$12 adult, \$10 students/seniors, @ 585-1512 & at the door **INFO:** 585-1512

Mosaic Cafe – The Portal, Kentville 8-11pm • Celebrate the participants, the youth of King's County through music and art. Featuring the local musicians and the artists of the week! **TIX:** no charge **INFO:** 365-3773 / info@portalyouth.ca

SATURDAY, 23

Craft Sale & Tea – Avon View High School, Windsor 9am-3pm • Avon View & West Hants Band Parents Association annual craft fair and tea. All proceeds to support Music programs at the schools. Contact Denise for tables 472-2690 **TIX:** \$2 adult admission **INFO:** 757-2900 / susanp_wright@hotmail.com

Christmas Plum Puddings – St. John's Anglican Church & L'Arche Hall, Wolfville 10am • Homemade Christmas Plum Puddings for sale. **INFO:** ajd_browne@outlook.com

Pre owned Equipment Sale – Ski Martock, Windsor 10am-3pm • Sell/buy quality used ski and snowboard gear. Drop off consignment items Fri., Nov. 22 6-8:30pm and Sat., Nov. 23 9-10am. **TIX:** no charge **INFO:** programs@msrc.ca

Applewicks Craft Fair – L'Arche Hall, Wolfville 10am-4pm • Join us for Applewicks 14th Annual Craft Fair and Open House. Weaving, knitting, art, cards, bags, bamboo and cotton scarves. Proceeds going to L'Arche Santo Domingo. **TIX:** no charge **INFO:** 542-9771

Christmas Home Tour – Churchill House, Hantsport 11am-4pm • Wander through the richly decorated rooms, listening to carolers, drinking your mulled cider and snacking on sweet treats. Then take a trip to the Old Red Barn where vendors will be set up...don't forget your food bank item for the local food bank! Snow date: Nov 24 **TIX:** \$15 adults, \$7 children 12 and younger. **INFO:** 679-9779 / 678-6692 / mcorkum1@hotmail.com

Concert: Tribute To The Last Waltz – Al Whittle Theatre, Wolfville 5 & 8pm • A musical tribute to The Last Waltz, featuring: Caleb Miles, Mark Bezanson, Noah Scanlan, Mike Carroll, Bob Federer, Jeff Hennessy, Mike Aube, Darren Arseneault, Darrin Beaton, Scott Prudence, Brian Chipman, Jim Butt, Kate Adams, Cathy

Arseneault, Heather Cameron, Harvey Marcotte, Ryan Hupman and Scott Hupman. See poster page 3 **TIX:** \$20 advance, \$25 at door @ Box Of Delights Bookshop (Wolfville) **INFO:** 665-4421 / selimbela@mac.com

I.W.K. Fundraiser with The Bluesmobile Band – Louis Millet Community Complex, New Minas 7-11pm • The 15 piece Bluesmobile band will be joined by the Bandits, Winehardt: Django Uncorked, the Funtime Brigade and Kevin Davison for a night of entertainment. There will be draws for some exciting prizes including guitars, a keyboard and several other items. **TIX:** \$10 per person @ Long & McQuade (New Minas) **INFO:** 681-1461 / coachmarkr@hotmail.com

AxeMen Basketball – Acadia Athletic Complex, Wolfville 8pm • VS UNB **TIX:** \$10 regular, no charge for Acadia students **INFO:** sports.acadiau.ca

Concert: Jenn Grant, Daniel Ledwell & Don Brownrigg – Union Street Cafe, Berwick 8-11pm • **TIX:** \$20+HST **INFO:** 538-7787 / contact@unionstreetcafe.ca

Christmas Dance – Community Centre, Port Williams 8pm-12am • DanceTime at Port Williams welcomes you to join them for an evening of Social Ballroom dancing. Music will be provided by Club DJ. **TIX:** \$12.50 members, \$15 non-members. Advance tickets only **INFO:** Avary, 670-6910

SUNDAY, 24

Holistic Wellness Market – L'Arche Hall, Wolfville 10am-3pm • An unique opportunity to shop for gifts and services supporting Wellness, Health and Personal Growth. There will be vendors on site offering: Crystals, Jewelry, Aromatherapy, Herbs & Teas, Psychic readings, Reflexology, Music and much more. Also Nov. 30, Dec. 7, 14 & 23. **TIX:** no charge **INFO:** 240-3610 / pikew2006@msn.com

Fundy Film screens: A Simple Life – Al Whittle Theatre, 4 & 7 pm • Ah Tao (Deanie Ip) has worked as an amah, a servant, in the Leung family home for nearly 60 years, caring for Roger (Andy Lau) since his boyhood. When Ah Tao has a stroke, she decides to move into a local nursing home and Roger helps her adjust to a new life, including getting to know her new "family," a motley crew of residents. See ad p. 11 **TIX:** \$8 **INFO:** 542-5157 / info@fundyfilm.ca

Advent Worship – United Baptist Church, Kentville 6:30-8pm • Musical presentations by choirs and musical groups from participating churches in the Kentville & New Minas Area Council of Churches. Proceeds in support of our Food Bank. **TIX:** donation **INFO:** 678-3162 / info@kentvillebaptist.org

Matt Balsor Christmas CD Release – Baptist Church, Coldbrook 7-8:30pm • Matt Balsor will be releasing a Christmas CD with a special concert, and a special guest, Ruth Manning, will also perform. **TIX:** donation **INFO:** info@mattbalsor.com

TUESDAY, 26

Town and Gown Committee Meeting – Town Hall, Wolfville 12pm • **INFO:** wolfville.ca

Town Council Meeting – Town Hall, Wolfville 6:30pm • **INFO:** wolfville.ca

WEDNESDAY, 27

Seniors Wellness Clinic – Wolfville. 9am-2pm • This free wellness clinic provides seniors with advice and information on healthy aging, including mobility, exercise, home safety, medication, education, diet, blood pressure and general health. Please call for appointment. **INFO/Reg:** 542-2266 / avdha.nshealth.ca

Healthy Aging in our Communities – Lions Club, Berwick 1:30-4pm • Munch, move & mingle: an opportunity to meet other Seniors and share ideas on health, aging, learn strengthening exercises to do at home. Physiotherapist, dietician, and healthy snacks. Special Guest: Esther Chute, "How to Live to be 100 & Healthy". **TIX:** no charge **INFO:** 538-7088 / wkchb@avdha.nshealth.ca

Cdn Federation University Women – Manning Memorial Chapel, Wolfville 2-4pm • Program: historical vignettes from the club's 75 years. Visitor's welcome. **TIX:** no charge **INFO:** 542-8642 / msampson@ns.sympatico.ca

Concert: Puccini's La Bohème – Festival Theatre, Wolfville 7:30pm • Jeunesses Musicales du Canada - A brilliant young cast of Bohemians takes us on an unforgettable coming-of-age journey. Brilliance of France's Belle Époque interpreted by some of the finest young lyric voices from across the country. **TIX:** \$34 adult, \$22 students @ Acadia Box Office **INFO:** 1-800-542-TICK (8425) / pas@acadiau.ca

THURSDAY, 28

Sip.Chat.Connect. – T.A.N. Cafe, Windsor 8:30am • Sip.Chat.Connect. Share ideas and build a business community. **TIX:** no charge **INFO:** 1-877-277-9797 / networking@sipchatconnect.ca

Talk: Autism Treatments & Therapies – Room 141, Beveridge Arts Centre, Acadia, Wolfville 6:30-8:30pm • Naturopathic Doctor, Bryan Rade, will speak on the various treatments and therapies he offers for those with an Autism Spectrum Disorder diagnosis. Please pre-register. **TIX:** no charge **INFO/Reg:** 375-3031 / avautism@gmail.com

Concert: Nourishing Through Song – Al Whittle Theatre, Wolfville 7-9pm • **TIX:** \$25 adults, \$20 students @ Box of Delights (Wolfville), or call/email. **INFO:** 542-3442 / lbest@ns.sympatico.ca

AxeMen Basketball – Acadia Athletic Complex, Wolfville 8pm • VS StFX. Jam the Gym. **TIX:** \$10 regular, no charge for Acadia students **INFO:** sports.acadiau.ca



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Jimmy Rankin's Christmas

Jimmy will be featuring songs from his newest CD "Tinseltown" as well as his long time hits.



The Evergreen Theatre

****Venue: West Kings High School - Auburn****
Tuesday, November 26, 2013 8 pm \$30 - \$10 students
Purchase tickets online www.EvergreenTheatre.ca
or phone: 902-825-6834

Cadance Academy Proudly Presents: *The Nutcracker* 8th Annual Production!



Festival Theatre, Wolfville Sat. Dec. 7th @ 7:00pm
Sun. Dec. 8th @ 2:00pm

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~ The Acadia Box Office ~ 542.5500
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The Acadia Singing Theatre Production Ensemble Presents:

The B-Boys of OPERA

Directed by Paula Rockwell
Musical Direction by Edward Enman

Featuring Excerpts by:

Bach Bernstein
Beethoven Bizet Bellini

Friday November 22, 2013 at 8pm
Saturday November 23, 2013 at 3pm

Harvey Denton Auditorium

Tickets: \$10 Students/Seniors, \$12 Adults
Ticket Information: 585-1512

The B-Boys of Opera

Have you ever wondered what Bellini, Bach, Beethoven, Bizet and Bernstein have in common? For one, they have composed some of the most beautiful music in history; also, their surnames begin with the letter "B". Acadia's Singing Theatre Production Ensemble has decided to entitle its fall production "The B-Boys of Opera" in honour of these wonderful men of the musical stage. The production features excerpts from Vincenzo Bellini's *I Capuleti e i Montecchi* (The Capulets and the Montagues), J.S. Bach's delightful *Kaffeekantate* about the new craze addition, Ludwig van Beethoven's *Fidelio* where gender confusion is the topic of the day, Leonard Bernstein's toe-tapping, jazzy *Trouble in Tahiti* and his stunningly beautiful *Candide*. And of course, what would any opera excerpt program be without Georges Bizet's *Carmen*? This 1875 story about a gypsy woman and a bull-fighter, with its well-loved hits, is a must-see for any first-time opera goer.

Directed and created by Paula Rockwell with musical direction by Edward Enman.

Opening Night is Friday, November 22 at 8pm with a matinee Saturday, November 23 at 3pm. Performances are in Harvey Denton Auditorium on the Acadia University Campus.

Tickets: Students/Seniors \$10, Adults \$12

Ticket information: 585-1512

See you at The Opera!!



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pie-r-squared.com



ValleyEvents.ca