

THE GRAPEVINE

A FREE PAPER FOR THE PEOPLE WHO FIND THEMSELVES IN THE ANNAPOLIS VALLEY
October 1 – 15, 2015 | Issue No. 12.20 ★ ARTS ★ CULTURE ★ COMMUNITY ★ You're holding one of 5700 copies

Grow Your Own Clothes – p.3

55 Years of Apple Farming – p.11

Valley Harvest Marathon – p.11

**Your Political
Questions
– p.12**

**AppleFest in
Berwick
– p.13**

**Zucchini
Lasagna
– p.14**

Michelle Herx – p.16

Fall into Autumn – p.18

**THE
HARVEST
ISSUE**

ON THE COVER

Of all the amazing bounty of crops that autumn brings to our beautiful Annapolis Valley, there is perhaps nothing more lovely than the Valley's namesake fruit. Each fall when the air starts to cool and the apples are ripe, ready to be picked, you know that Thanksgiving is just around the corner. Applesauce, apple cider, and, of course, apple pie...mouth-watering

food to be truly grateful for, and all produced locally by the dedicated farmers of our Annapolis Valley. These bins of crisp, red apples are the product of Killam Orchard in Woodville, land proudly worked by four generations of the Killam family.

Photo by Jocelyn Hatt

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TapRoot Farms and the Fibre Lab: I Want to Grow My Own Clothes!

Michelle Kulyk

Many of us know TapRoots Farm, and owners Patricia Bishop and Josh Oulton as local organic farmer-entrepreneurs, but Patricia also has an ambitious vision to re-establish an age-old fibre as a component of sustainable fashion. Flax is an ancient crop which yields one of humanity's oldest textiles, the bast fibre linen, as well as flax seed which is primarily processed for oil. Bast is a class of natural fibres extracted from plant stems, and linen has been an important textile for thousands of years being grown and processed in almost every region of the world from Egypt to Turkey to Canada. However today most of us know little of this fibre.

North Americans have little appetite for linen, we are addicted to cheap cotton (one of the heaviest users globally of pesticides and herbicides) and our easily-available and easy-to-care-for synthetic fibres. Our love of "performance fibres" has in part fueled a dependence on synthetics: polar fleece, synthetic outerwear fibres, polyester, nylon, and spandex used for athletic and yoga apparel. Fast fashion has ensured that the "fashionable life" of our clothes is short, but the use of synthetic non-biodegradable fibres ensures that the physical life of these clothes will far outlast our own. Much of this clothing will be around for centuries after they have ceased to be "in fashion" as synthetic hydrocarbon-based fibres do not decompose.

Why are sustainable natural fibres not more accepted? They cost more to grow and process, they are typically not as uniform in texture and colour, and linen specifically has a coarser "hand" and tends to wrinkle. Processing linen from flax is not a simple procedure. I visited TapRoot Farms and the Fibre Lab and was given a demonstration of this year's harvesting and processing technique. I was reminded again of how much labour goes into natural fibres and textiles, but how little the North American consumer actually values or is willing to pay for clothing.

When I arrived, Rhea Hamlin, Jillian Ratcliffe, and Lynda Goddard were working in the one-acre plot of flax, hand pulling it out by the roots. Once pulled, the stalks are laid on the field in rows to dry, and turned daily. When dry they are moved over to the clover field to "dew ret." This crucial process can take anywhere from three to six weeks during which moisture, sun, and air encourage bacterial growth to weaken the outer straw on the stem. Linen fibres are damaged by over retting, and straw is hard to remove if it is under retted. After retting, the stalks are pulled over a brush like device called a hackle for rippling, which removes seeds and short fibres (tow). After rippling, breaking and scutching follows; the fibres are "beaten" and then rubbed with a sharp "knife" on a wooden board to remove even more straw. The linen, then goes back to the hackles - a coarse and then medium and final fine set of hackles. The resulting linen is lustrous, with long fibres resembling a well brushed ponytail. From here it must be spun, either alone, or blended with another fibre, then either bleached, or dyed, and finally woven or knitted into yardage of cloth.

Processing techniques are in their research stages at the TapRoot Farms and Fibre Lab, as one of the primary goals of this venture is to develop processing equipment to be used by smaller scale domestic farms. Spearheading this equipment design and development is industrial engineer, Mike Pickett, with prototyping to be done here in Coldbrook. The belief is that with equipment specifically fashioned for small scale flax growers, the textile linen will be more feasible to process and market in North America.

Ambitious to be sure, and it may be a few more crops before Patricia is able to wear clothes grown on her own farm, but the revival of this ancient crop and fibre is part of a determined and visionary commitment to a sustainable North American garment industry.

To keep updated on their progress visit:
www.facebook.com/TaprootFibreLab



Above: Pulling by hand



Above: Processed and Ready to Spin
Below: Woven linen



Photos by Michelle Kulyk

Twentieth Anniversary for Horton High School's Harvest Craft Fair

Sally Benevides Hopkins

This fall marks the celebration of Horton High School's annual Harvest Craft Fair – for the 20th year! A twentieth anniversary is exciting in its own right, but to be able to run such a huge event, and grow it bigger and better year after year is a major accomplishment. It has become an autumn institution in the Valley. This year there will be up to 100 different vendors presenting their goods to the public.

The Harvest Craft Fair will be held this year on Saturday, October 17, from 9am to 4pm at the high school in Greenwich, just up the hill from the Old Orchard Inn. There is a \$2 admission fee (under 12 is free). This fundraiser is run by the Music Parents' organization, and earns the extra resources that allow music students to participate in activities to enhance their in-school program.

In the 2014 – 2015 academic year, there were over 150 enthusiastic students in the music department, taking courses; rehearsing at 7:30 in the mornings and during lunch in one of the many extra-curricular ensembles; and participating in several fabulous concerts throughout the year. On top of this, Horton ensembles perform annually in the Annapolis Valley Music Festival, and travel to the city to take part in the Atlantic Festival of Music.

Every two years the music department produces a musical, and students are able to contribute by singing; playing instruments; acting; running sound, lighting, and computer support; and creating costumes and makeup, sets, and props. This experience allows them to be creative, to build skills, to work together, and to have fun! Anyone who has seen a Horton production can attest to the high performance quality. This year they will be presenting "Footloose".

In alternate years there is the opportunity to travel. In 2017 students will have the chance to spend March Break discovering Boston and New York City! They will view several world-class performances, participate in instrumental workshops, and visit famous sites in each city. Each student has the opportunity to earn credit toward their travel by volunteering at the Craft Fair, and other Horton events. The most recent trip included about a third of the students in the music program.

Continued on page 17

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Photo by Ernest Cadegan

Keith Irving
MLA Kings South

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INDEX

About Us.....	p.4	Crossword & Eat to the Beat	p.9	Weekly Events/Exhibits.....	p.20
Furry Feature	p.4	In Review	p.12	Free Classifieds/Museums	p.21
Random Act of Kindness	p.4	Town of Berwick.....	p. 13	Wolfville Farmers' Market.....	p.22
The Free Tweets	p.5	Recipe.....	p.14	WBDC Buzztown.....	p.23
Acadia Page	p.7	Who's Who	p.16	What's Happening/Theatre..	p.24-26
Horoscopes / Trivia / Tides	p.8	Bookshop/Stardrop	p.19	Snapshot.....	p.28



THE GRAPEVINE

IS BROUGHT TO YOU BY AN AMAZING TEAM OF CONTRIBUTORS:

JEREMY NOVAK
Advertising Director & Grapevine Guy

JOCELYN HATT Art Director

EMILY LEESON Editor

MONICA JORGENSEN Events & Lists

JAMES SKINNER Distribution Coordinator & Grapevine Geek

GENEVIEVE ALLEN HEARN Operations Manager

LISA HAMMETT VAUGHAN Proofreader

DONNA HOLMES Copy Editor

ALEX HICKEY, DAVID EDELSTEIN & WILLIAM ROBERTS Design, Typesetting and Layout

WRITERS: Pamela Swanigan, Mike Butler, Charlotte Rogers, Genevieve Allen Hearn, Allan Williams, Scott Campbell

DELIVERIES: Margot Bishop, Julie and Mugen Page, Jaden Christopher, Curran Rodgers, Lauren Galbraith, Keeler Colton, Mark Waechter, Margaret Drummond, Caleigh Mugford, John Morrison, Lyal Wooster, Margaret Forsey, Jennifer Graham, Earle & Karen Illsley



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 CONTENT SUBMISSIONS: submissions@grapevinepublishing.ca
 CLASSIFIEDS: classifieds@grapevinepublishing.ca

SNAIL MAIL:
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WHERE TO FIND US

WOLFVILLE: Just Us! Café, Farmers' Market, T.A.N. Café, EOS, Public Library, Carl's Independent, Muddy's Convenience Street Mailbox, The Box Of Delights Bookstore, Pita House, Il Dolce Far Niente Espresso Bar

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COLDBROOK: T.A.N. Café, Callister's Restaurant

BERWICK: North Mountain Coffee, Union Street Café

KINGSTON: Library, Pharmasave.

GREENWOOD: Country Store

The Furry Feature



Feature Dog: Ferguson

Hi everyone, my name is Ferguson. I am an eight year old Basset Hound. I am a fun-loving, goofy senior hound dog but still have a fair amount of energy. I would love to find a forever home with older children or a dog in my age group that wants to go for walks but not overdo it. For my age I am very healthy and have been updated with all my vaccinations, and treated against fleas, ticks, and worms.

To meet me, stop by the Nova Scotia SPCA, Kings County Branch Tuesdays through Sundays between 11am-4pm. We are located at 1285 County Home Road in Waterville. You can also check out our website at kings.spkans.ca, look us up on Facebook, or call my caregivers at 902-538-9075.

Updates: Azrael's adoption is pending.

OPINIONS

The opinions found within these pages do not necessarily reflect the views and opinions of the Grapevine staff, our advertisers, or our other contributors.



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Experienced a random act of kindness recently? Share with us: info@grapevinepublishing.ca

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Until January of this year the parking lot by the Royal Bank and Shoppers was managed by Wade Enterprises and then leased to the Town of Wolfville at that time.

An employee at one of those businesses has been parking there for twelve years and has a handicapped sticker in her car. She's an older woman, with a serious health condition. Since there are time constraints for the lot, the Town has given her a couple of parking tickets. I have gone to several people who work for the town to try to get an exception for her to no avail. If she could park somewhere else and walk to the workplace, she would. The town's recom-

mendation is that she go out every two hours and move the vehicle. The town also suggested that we have Wades renegotiate with the town for one parking space, which we are working on. In the meantime, this lady's coworkers have paid the first fine but now she has a second one. They are moving her car every couple of hours but can you imagine what that will look like in the middle of the winter. I hope your readers see this and will help us reach out to the town for some compassion.

Deborah

KingsportOsteopathicClinic

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HALLS HARBOUR - at Fundy View Hall
 Friday, October 2 - 7:30pm

KENTVILLE - at the Cornwallis Inn
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Privet House Restaurant

406 Main St, Wolfville / (902) 542-7525 /
info@privethouserestaurant.com / privethouserestaurant.com

Jamie Smye opened the Privet House in August, 2012, but they just recently changed their menu and decor into a rustic barbeque & grill. Encompassing slow-cooked meats: brisket, pulled-pork, smoked ribs, roast chickens, the menu has also retained some of their old favourites: seafood risotto, halibut, steaks, & lamb.

When asked about Thanksgiving and the harvest, Jaime smiled and said, "Thanks for everyone's support! Last weekend when we unveiled the new menu we were crazy busy. People were excited about the new options and the price point. During



harvest we're able to source more local produce and meats. In fact, we source as much locally as we can all the time; it makes it easier."

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Accessories — 366 Main St., Kentville, balancedsoul@hotmail.com / [facebook.com/BalancedSoulClothingAndAccessories](https://www.facebook.com/BalancedSoulClothingAndAccessories) • Balanced Soul Clothing and Accessories is always grateful and thankful for life in the Annapolis Valley. Our products come from a marketplace in India where a days sales can make the difference in whether or not the shopkeeper's family has food on the table that day. When I think of the generosity and compassion of the people of Annapolis Valley and their support of my business I'm proud to call this home.

Careforce — Kentville, 902-365-3155 / careforce@careforce.ca / careforce.ca • This time of year in the Valley reminds us of that old Byrd's classic "Turn, Turn, Turn": To everything - turn, turn, turn/there is a season - turn, turn, turn/and a time to every purpose under heaven - a time to plant, a time to reap. There's no better place to be.

Valley Family Fun — info@valleyfamilyfun.ca / valleyfamilyfun.ca • We are so thankful that there is so much to do in the Valley for family fun that we don't need to look outside our borders! We are thankful for the time and good health to have fun together!

Suggested Theme:

Take a moment and give thanks.

We live in the Annapolis Valley, life is good. Go to the artesian well in the Gaspereau and take a drink of clean, clear water while taking in the surrounding agrarian beauty.

What makes you most thankful?

What about harvest makes you most excited? How do you get involved?

Julie Skaling Physiotherapy Clinic — 4 Little Rd., Wolfville, 902-542-7074 & 70 Exhibition St., Kentville, 902-678-3422 / contact@skalingphysio.com / skalingphysio.com • We are thankful for such great teams of professionals in both Wolfville and Kentville to help look after the health of Valley residents. Enjoy the holiday together!

Atlantic Lighting Studio — 430 Main St., Wolfville, 902-542-3431 / atlanticlightingstudio.com • We're thankful for the wonderful people in the Valley who have supported our business for the past 13 years. We live in such an amazing place, rich with bountiful harvests, talented people and community spirit. Happy Thanksgiving everyone!

Sister Lotus Body Care Products, Belly Dance & Herbal Education — Wolfville, 902-680-8839 / sisterlotus.com • It's harvest time & I'm busy collecting garden & wild herbs for products, client tea blends, classes, & workshops. I would also like to give thanks to you for continuing to support all my creative products. Just launched a MONTHLY HERBAL CARE PACKAGE programme & it has really taken off! Next one begins in February. Thank you to The Grapevine for this forum!

Kings Physiotherapy — 28 Kentucky Ct., New Minas, 902-681-8181 / kingsphysio@ns.sympatico.ca / kingsphysio.com • At KINGS Physiotherapy

Clinic in New Minas, we are thankful to be marking our 20th Anniversary on October 10. We are grateful for the tremendous support that Valley communities have demonstrated over the years. We are proud to continue to provide health care services to those in our vibrant and bountiful Annapolis Valley! Happy Thanksgiving to all!

SoundMarket Recording Studios — 63 Pleasant Street, Wolfville, 902-542-0895 / [facebook.com/soundmarket](https://www.facebook.com/soundmarket) • Recording studio, studio concerts & mobile recording. Gold-record-winning service and great gear. We're thankful for all the locally grown talent here in the Valley. Come out to Troy Restaurant on Sunday Oct. 4 at 2pm for Steve Lee's CD release party and get your copy of "Already Dreaming," recorded at SoundMarket.

Devorah Fallows Acupuncturist, Herbalist & Chinese Medicine 中国医药 — #221, 112 Front St., Wolfville, 902-300-3017 / devorah@oceanbayclinic.com / oceanbayclinic.com • Acupuncture & nourishing healing herbal formulas, recipes, soup and awesome food is how I like to deal with health and healing. I'm grateful this thanksgiving to be able to practice Chinese Medicine in a community where I can: connect my patient with fantastic food producers & farmers, where the land is pure and gorgeous, and where our souls can sing.

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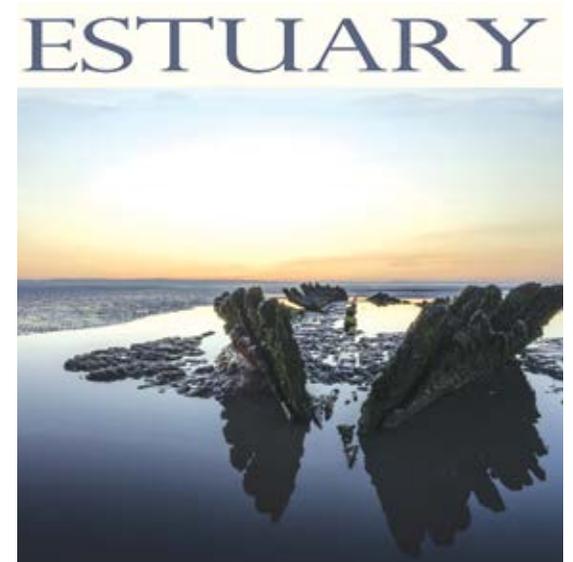
The Sanctuary Trio CD Release

Submitted

The SANCTUARY TRIO is inviting you to a special CD Release Concert at Wolfville Baptist Church (487 Main St), on October 7 at 7:30pm. The trio, made up of Peter Togni (pipe organ), Jeff Reilly (bass clarinet), and Christoph Both (cello), has visited many parts of Canada and toured as far as China, Europe, and Russia. Well known to church audiences all over the world, they have established a unique form of music that is rich, intense, and lyrical. Much of their music is drawn from a wide variety of various sources. It is often based on Gregorian chant but that is merely a point of departure – transcending these ever-present ancient materials through improvisation, contemporary music formal language, and extended instrumental techniques, to create a new form of contemplative plainsong for the 21st century. Their CD *ESTUARY* has been inspired by natural estuaries, reflecting and commenting, in broad musical terms and allegories, on these special transitory places bringing you music that is equally beautiful, atmospheric, and powerful.

Tickets are \$15/\$10.

Baptist Church, Wolfville | October 7, 7:30pm | sanctuarytrio.com



TAKE THE GV SURVEY

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THE ACADIA PAGE

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WHAT'S GROWING AT THE HARRIET IRVING BOTANICAL GARDENS: *Wild Harvest* **Melanie Priesnitz**

The heat of the summer has produced an abundance of wild fruit and berries in the forests, bogs, and headlands of Nova Scotia. Some of the lush berries lingering in the wild include: cranberry, bunchberry, teaberry, blueberry, elderberry, foxberry, and huckleberry. Many of our wild edibles require patience and perseverance when picking as they are so small, but anyone who's tasted foxberry jam knows that it's worthwhile!

Rosehips are another wild treasure well worth the hardship of harvesting. Rosehips are an excellent source of natural Vitamin C, providing up to 50% more Vitamin C than oranges (and roses are local!) They are also an antioxidant and said to be beneficial for arthritis and joint pain. Traditionally rosehips are used for jams, jellies and tea. Some people enjoy eating rosehips raw, just be careful not to eat the hairy inner seeds as they cause intestinal irritation. Kids love the sweet/tart taste of rosehips and can have a lot of fun trying to eat them like a squirrel. Make a game out of nibbling the outer fleshy fruit while avoiding the hairy itchy seeds in the center.

Get outside and enjoy the Acadian Forest Region this fall. If you're a wild forager, of course remember to double check your plant identification and harvest sustainably. While you're out looking for berries you'll also gain the bonus of extra Vitamin D from the autumn sun. The Harriet Irving Botanical Gardens and the E.C. Smith Herbarium are great resources for learning plant ID. Plants in the Gardens are labeled and identification can be confirmed by looking up dried plant specimens in our digital herbarium, herbarium.acadiau.ca.

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Rosehips from one of our common native wild roses Rosa Virginiana

ACADIA'S PERFORMING ARTS SERIES PRESENTS THE AMADEUS GUITAR DUO **Peter Smith**



Acadia Performing Arts Series presents the Amadeus Guitar Duo on Thursday, October 8 at 7:30pm at Festival Theatre in Wolfville. The concert is sponsored by Kings Physiotherapy of New Minas.

Dale Kavanagh (Wolfville!) and Thomas Kirchoff (Germany) have been playing together since 1991. They are counted among the top-class international guitar duos, receiving enthusiastic reviews from all over the world. The duo has appeared in more than 1,300 concerts in some 60 countries in Europe; Central, South and North America; and Asia.

The duo has always been able to delight its audience with its exuberant temperament; virtuoso performance; sensitive creative power; and a fulsome, warm, carrying guitar tone. They regularly play together with the Prague, Mainz, and Mannheim Chamber Orchestras; the Munich Symphony Orchestra; the Halle Philharmonic State Orchestra; the International Philharmonie; the Gotha-Suhl Thuringian Philharmonic;

the Philharmonia Hungarica; the Capella Cracoviensis; the Ankara President Orchestra; and the South Westphalian Philharmonic.

Dale and Thomas have established one of the largest and most prestigious Guitar Festivals in Europe, the International Guitar Symposium Iserlohn (guitarsymposium.com).

Dale, Thomas, and their daughter Melissa Rachel are residents of Iserlohn, Germany. Amadeus Guitar Duo plays exclusively D'Addario Composite strings and guitars by Antonius Muller, Aarbergen and Kenny Hill, San Francisco.

Tickets are \$26 for adults, \$20 for students. For more information or to buy tickets, visit the Acadia University Box Office in person, by phone at 902-542-5500 or 1-800-542-TICK(8425), or online at boxoffice.acadiau.ca.

amadeusduo.com
pas.acadiau.ca

THE WOMEN'S MOVEMENT IN INDIA: THE RURAL REALITY

by **Mailika Verdi**
Submitted

October 1, 7pm
Auditorium, KC Irving Centre
Acadia University

Twenty-five years ago, Malika Viridi left the busy urban environment of New Delhi to become a small farmer in a mountain village in the Himalaya state of Uttarakhand. There she devoted her energies to creating and enabling democratic self-governance that brings both well-being and economic development to the

region. She has founded a women's collective, a nature trust, and an eco-tourism enterprise. She has designed and conducted courses on local ecosystems and community development for international students from the US, Canada, and Germany. She has consulted on government studies of biodiversity, conservation, and globalization, and she has presented papers at a variety of international symposia. Malika was also a member of a team of women who undertook a seven-month trek

across the Himalayas, and was nominated for the Nobel Peace Prize in 2005 as one of '1000 Peace Women across the globe.'

Malika will talk about her work with rural women farmers and the current situation regarding land, development, and women's status in rural India. The issues and perspectives she brings from rural Himalaya have surprising relevance to those facing small farmers in rural Nova Scotia.

SISTERS IN SPIRIT 6TH ANNUAL CAMPUS VIGIL **Gillian Poulter**

Sunday, October 4, 2015
1:30pm - 3:30pm
Acadia University Art Gallery and BAC 132

Held in memory of missing and murdered Aboriginal women and girls, men and boys, and their families. The afternoon will include smudging ceremony, short presentations, art activity, and sharing.

All are invited. Refreshments to follow.

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*Horoscopes for the week
of October 1st*

Rob Brezny's FREE WILL ASTROLOGY

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freewillastrology.com*

ARIES (March 21-April 19): The next seven weeks will NOT be a favorable time to fool around with psychic vampires and charismatic jerks. I recommend you avoid the following mistakes, as well: failing to protect the wounded areas of your psyche; demanding perfection from those you care about; and trying to fulfill questionable desires that have led you astray in the past. Now I'll name some positive actions you'd be wise to consider: hunting for skillful healers who can relieve your angst and aches; favoring the companionship of people who are empathetic and emotionally intelligent; and getting educated about how to build the kind of intimacy you can thrive on.

TAURUS (April 20-May 20): You may have seen websites that offer practical tips on how to improve your mastery of life's little details. They tell you how to declutter your home, or how to keep baked goods from going stale, or why you should shop for shoes at night to get the best fit. I recently come across a humorous site that provides the opposite: bad life tips. For instance, it suggests that you make job interviews less stressful by only applying for jobs you don't want. Put your laptop in cold water to prevent overheating. To save time, brush your teeth while you eat. In the two sets of examples I've just given, it's easy to tell the difference between which tips are trustworthy and which aren't. But in the coming days, you might find it more challenging to distinguish between the good advice and bad advice you'll receive. Be very discerning.

GEMINI (May 21-June 20): On a windy afternoon last spring I was walking through a quiet neighborhood in Berkeley. In one yard there was a garden plot filled with the young green stems of as-yet unidentifiable plants. Anchored in their midst was a small handwritten sign. Its message seemed to be directed not at passers-by like me but at the sprouts themselves. "Grow faster, you little bastards!" the sign said — as if the blooming things might be bullied into ripening. I hope you're smart enough not to make similar demands on yourself and those you care about, Gemini. It's not even necessary. I suspect that everything in your life will just naturally grow with vigor in the coming weeks.

CANCER (June 21-July 22): "I am rooted, but I flow," wrote Virginia Woolf in her novel *The Waves*. That paradoxical image reminds me of you right now. You are as grounded as a tree and as fluid as a river. Your foundation is deep and strong, even as you are resilient in your ability to adapt to changing circumstances. This is your birthright as a Cancerian! Enjoy and use the blessings it confers. (P.S. If for some strange reason you're not experiencing an

exquisite version of what I've described, there must be some obstacle you are mistakenly tolerating. Get rid of it.)

LEO (July 23-Aug. 22): Should I offer my congratulations? You have corralled a gorgeous mess of problems that are more interesting and provocative than everyone else's. It's unclear how long this odd good fortune will last, however. So I suggest you act decisively to take maximum advantage of the opportunities that your dilemmas have cracked open. If anyone can turn the heartache of misplaced energy into practical wisdom, you can. If anyone can harness chaos to drum up new assets, it's you. Is it possible to be both cunning and conscientious, both strategic and ethical? For you right now, I think it is.

VIRGO (Aug. 23-Sept. 22): Let's say you have walked along the same path or driven down the same road a thousand times. Then, one day, as you repeat your familiar route, a certain object or scene snags your attention for the first time. Maybe it's a small fountain or a statue of the Buddhist goddess Guanyin or a wall with graffiti that says "Crap happens, but so does magic." It has always been there. You've been subconsciously aware of it. But at this moment, for unknown reasons, it finally arrives in your conscious mind. I believe this is an apt metaphor for your life in the next week. More than once, you will suddenly tune in to facts, situations, or influences that had previously been invisible to you. That's a good thing! But it might initially bring a jolt.

LIBRA (Sept. 23-Oct. 22): The 20th century's most influential artist may have been Pablo Picasso. He created thousands of paintings, and was still churning them out when he was 91 years old. A journalist asked him which one was his favorite. "The next one," he said. I suggest you adopt a similar attitude in the coming weeks, Libra. What you did in the past is irrelevant. You should neither depend on nor be weighed down by anything that has come before. For now, all that matters are the accomplishments and adventures that lie ahead of you.

SCORPIO (Oct. 23-Nov. 21): A windbreak is a line of stout trees or thick bushes that provides shelter from the wind. I think you need a metaphorical version: someone or something to shield you from a relentless force that has been putting pressure on you; a buffer zone or protected haven where you can take refuge from a stressful barrage that has been hampering your ability to act with clarity and grace. Do you know what you will have to do to get it? Here's your battle cry: "I need sanctuary! I deserve sanctuary!"

SAGITTARIUS (Nov. 22-Dec. 21): Your fellow Sagittarian Walt Disney accomplished a lot. He was a pioneer in the art of animation and made movies that won numerous Academy Awards. He built theme parks, created an entertainment empire, and amassed fantastic wealth. Why was he so successful? In part because he had high standards, worked hard, and harbored an obsessive devotion to his quirky vision. If you aspire to cultivate any of those qualities, now is a favorable time to raise your mastery to the next level. Disney had one other trait you might consider working on: He liked to play the game of life by his own rules. For example, his favorite breakfast was doughnuts dipped in Scotch whisky. What would be your equivalent?

CAPRICORN (Dec. 22-Jan. 19): October is Fix the Fundamentals Month. It will be a favorable time to substitute good habits for bad habits. You will attract lucky breaks and practical blessings as you work to transform overwrought compulsions into rigorous passions. You will thrive as you seek to discover the holy yearning that's hidden at the root of devitalizing addictions. To get started, instigate free-wheeling experiments that will propel you out of your sticky rut and in the direction of a percolating groove.

AQUARIUS (Jan. 20-Feb. 18): Have you made your travel plans yet? Have you plotted your escape? I hope you will hightail it to a festive playground where some of your inhibitions will shrink, or else journey to a holy spot where your spiritual yearnings will ripen. What would be even better is if you made a pilgrimage to a place that satisfied both of those agendas — filled up your senses with novel enticements and fed your hunger for transcendent insights. Off you go, Aquarius! Why aren't you already on your way? If you can't manage a real getaway in the near future, please at least stage a jailbreak for your imagination.

PISCES (Feb. 19-March 20): Pablo Neruda's *Book of Questions* consists entirely of 316 questions. It's one of those rare texts that makes no assertions and draws no conclusions. In this spirit, and in honor of the sphinx-like phase you're now passing through, I offer you six pertinent riddles: 1. What is the most important thing you have never done? 2. How could you play a joke on your fears? 3. Identify the people in your life who have made you real to yourself. 4. Name a good old thing you would have to give up in order to get a great new thing. 5. What's the one feeling you want to feel more than any other in the next three years? 6. What inspires you to love?



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By Jake Rideout | Inquisitive Toy Company
facebook.com/inquisitivetoys

- 1 What is another name for the "horn of plenty"?
- 2 Where did the Pilgrims originally settle?
- 3 What appears in the night sky during the full moon closest to the autumnal equinox?
- 4 Which late local farmer set records for his massive pumpkins?
- 5 Which Valley town is famous for its annual Pumpkin People displays?

1. Cornucopia,
2. Plymouth Colony, now Massachusetts,
3. Harvest moon, 4. Howard Hill, 5. Kentville

ANSWERS:

TIDE PREDICTIONS at Cape Blomidon

Source: Canadian Fisheries & Oceans.
www.waterlevels.gc.ca

OCT	High	Low
01	* 3:46pm	9:30am
02	4:36pm	10:19am
03	5:29pm	11:10am
04	6:25pm	12:05pm
05	7:25pm	1:04pm
06	** 7:59am	2:07pm
07	9:01am	3:10pm
08	10:00am	4:10pm
09	10:54am	5:04pm
10	11:42am	5:51pm
11	12:26pm	6:33pm
12	1:05pm	7:12pm
13	1:42pm	7:29am
14	2:18pm	8:04am
15	2:54pm	8:40am

there are normally
two high and low tides a day
* Highest High: 45.3 feet ** Lowest High: 37.1 feet

THE CROSSWORD

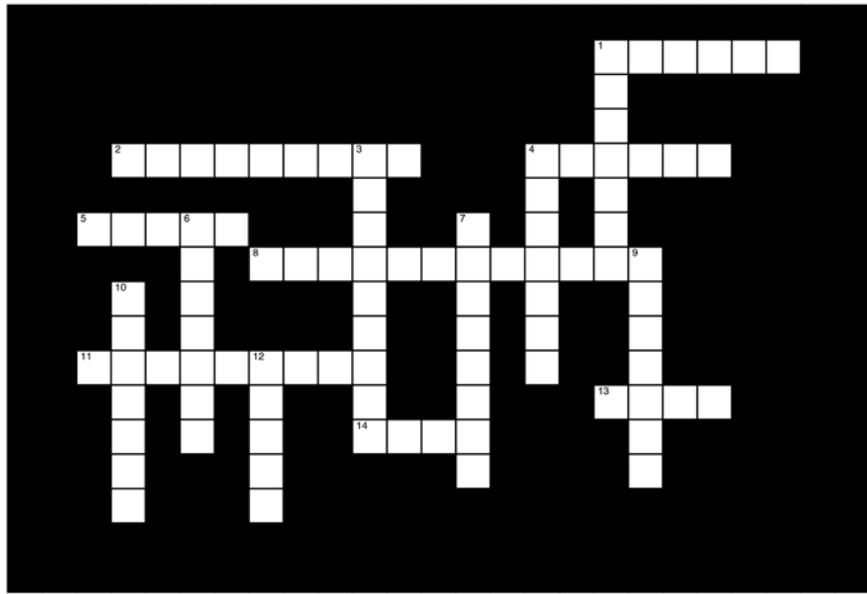
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Last winner was Marnell Huntley

HARDY HAR HARVEST by Donna Holmes



Across

1. What do you call a stolen yam? A hot ___.
2. Enjoy a bowl of soup from the bounty of the Berwick ___ Gardens at the FREE Seniors Harvest Soup & Social on Oct 16.
4. The Grand Pre Wines Harvestfest on Oct 10 & 11 will feature live music by the ___ Brothers.
5. A newly formed funk & blues band called The Conqueroots are putting on a Harvest Dance at the ___ Street Cafe in Berwick on Oct 10.
8. The Valley Harvest Marathon takes over Wolfville & area roads during this holiday weekend... I'm "grateful" I don't have a car.
11. What do you get when you cross an apple with a shellfish? A ___.
13. Why did the farmer deliver her pod veggies all over the planet. So there could be ___ on Earth.
14. There'll be a Harvest ___ Sing on Sun Oct 4 at the United Baptist Church in Port Williams.

Down

1. Kentville ___ People are full of great stuff.
3. The annual Horton Harvest Craft Fair is celebrating its ___ anniversary this year on Sat, Oct 17.
4. Yours truly is producing another Broken Leg Theatre show on Sat, Oct 17. The theme this month is, of course, ___.
6. The Kentville Farmers' Market will be moving inside to the Kentville Lions Club on ___ 14th.
7. Where to chickens work? At the ___.
9. Robert Rutherford's show "The Big Picture" featuring paintings and silkscreen prints runs until Oct 11 at the Harvest ___ in Wolfville.
10. Pumpkin Palooza takes place this year on Oct 3 at the Wolfville ___ Market.
12. How do you fix a cracked pumpkin? Use a pumpkin ___.

NAME: _____

CONTACT: _____

EAT TO THE BEAT

THURSDAYS: 1, 8, 15

Edible Art Cafe (New Minas): Paul Marshall (1st) 12pm

Spitfire Arms Alehouse (Windsor): Jam Session (1st, 8th, 15th) 7-11pm

Paddy's Pub (Kentville): The Hupman Brothers Band (1st, 8th, 15th) 9pm

Paddy's Pub (Wolfville): Trivia Night (1st, 8th, 15th) 9pm

Library Pub (Wolfville): Tony Wood (1st, 8th, 15th) 9pm

Anvil (Wolfville): Country Night DJ Brian (1st, 8th, 1st) 9pm

FRIDAYS: 2, 9

Edible Art Cafe (New Minas): Paul Marshall (2nd) 12pm

King's Arms Pub by Lew Murphy's (Kentville): Paul Marshall (2nd), AcoustiKats (9th) 5:30pm

Blomidon Inn (Wolfville): Jazz Mannequins (2nd, 9th) 6:30-9:30pm

Spitfire Arms Alehouse (Windsor): Apaloosa (2nd), Wichita (9th) 8pm

Joe's Food Emporium (Wolfville): Maggie Brown (2nd) Tracy Clements (8th) 8pm

Union Street Cafe (Berwick): Open Mic w/Caleb Miles (2nd), w/Pennybrook (9th) 8pm

Dooly's (New Minas): Karaoke w/Denny Myles (2nd, 9th) 9pm-1am

West Side Charlie's (New Minas): Billy T's Karaoke (2nd), DJ Lethal Noize (9th) 9pm

SATURDAYS: 3, 10

Farmers' Market (Wolfville): Andy & Ariana (3rd), Basin Street (10th) 10am

Edible Art Cafe (New Minas): John Tetrault (10th) 12pm-2pm

Designer Café (Kentville): Open Mic Hosted by Pam Chase (3rd, 10th) 12pm

Domaine de Grand Pre (Grand Pre): Grand Pre Wines Harvestfest (10th) 12pm

The Noodle Guy (Port Williams): Alex Hastie Folk & Blues Open Mic (3rd, 10th) 1:30pm

Library Pub (Wolfville): Irish Saturday w/Bob & Ro (3rd, 10th) 2pm

Spitfire Arms Alehouse (Windsor): SWIG (3rd), Darren Arsenault (10th) 8pm

Union Street Cafe (Berwick): Harvest Dance w/The Conqueroots, \$15 (10th) 8pm

King's Arms Pub by Lew Murphy's (Kentville): Ron Edmunds Band (3rd), The Likes Of Us (10th) 8:30pm

West Side Charlie's (New Minas): Millett & Hunt (3rd), The Likes Of Us (10th) 3pm, DJ Billy T (10th) 10pm

Paddy's Pub (Wolfville): Music by Al King (3rd, 10th) 9pm

Anvil (Wolfville): DJ Vanz (3rd, 10th) 9pm

Tommy Gun's (Windsor): Montana, \$5 (10th) 10pm

SUNDAYS: 4, 11

Domaine de Grand Pre (Grand Pre): Grand Pre Wines Harvestfest (11th) 12pm

Troy Restaurant (Wolfville): Steve Lee Trio CD Release (4th) 8pm

Paddy's Pub (Wolfville): Paddy's Irish Session (4th, 11th) 8pm

MONDAYS: 5, 12

Paddy's Pub (Wolfville): Open Mic w/Cas McCrea (5th), w/Mike Aube (12th) 8pm

TUESDAYS: 6, 13

Spitfire Arms Alehouse (Windsor): Trivia Nights (6th, 13th) 7pm

Paddy's Pub (Kentville): Irish Jam Session (6th, 13th) 8pm

T.A.N. Coffee (Wolfville): Open Mike & Donna (6th) 8-10pm

Anvil (Wolfville): Tap Tuesday DJ Champagne (6, 13) 10pm

WEDNESDAYS: 7, 14

Farmers' Market (Wolfville): John Tetrault (7th), Caleb Miles (14th) 5-7pm

Troy Restaurant (Wolfville): Ron Edmunds Duo (7th, 14th) 6pm

West Side Charlie's (New Minas): Billy T's Karaoke (7th, 14th) 9pm



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Family Fun in the Valley – Harvest Time with Kids!

Laura Churchill Duke

It's harvest time which means there are so many places to go with your family to enjoy the Valley and the bounty!

Visit a U-pick – There is nothing better than spending an afternoon picking apples or other fall produce with your family, and maybe going on a hay ride.

Try a corn maze – There are several corn mazes in the Valley and each one has a different theme and many activities for kids to do. This is fun for all ages!

Take a hike – do you have a favourite walking spot? Go back and do it again in the fall and note all the changes that come with the passing seasons.

Take your picture with a pumpkin person – be sure to head to Kentville and take pictures with the Pumpkin People! This year's Lego theme is bound to be a great display!

Links to farm markets, mazes, and u-picks in the Valley can all be found on www.valleyfamilyfun.ca under Go Places. Find a harvest-themed place to go this fall with your family!

www.valleyfamilyfun.ca



Saturdays @ the Noodle Guy

Saturday, October 3
KNIFE SHARPENING
 by Peter Nowlan

WHAM! BAM!

SATURDAY SPAGHETTI JAM

1st BOWL	2nd BOWL	MEATBALLS
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SAT. OPEN JAM SESSIONS WITH ALEX HASTIE 1:30 PM

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 in the Acadia Cinema building

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THE ONLY CONSTANT IN 55 YEARS OF APPLE FARMING: CHANGE

Michelle Damour



On a warm September afternoon, I sat down with Keith Boates of Boates Farm & U-Pick to discuss his many years in farming and vinegar production. As the granddaughter of a fruit farmer, I was expecting to talk about change – change in fruit varieties, equipment, man-power, and growing seasons. But what I heard instead was how international markets, politics, and social change helped to shape this Valley apple and pear farm.

When did you start the farm?

I grew apples in the late 50s in Windermere, but that was more of a hobby farm. Then I bought this farm in 1960. It was a full-time occupation over here. We had a couple of employees and quite a few apples. I had two men that came with the farm. One of them had been on the farm before World War One. He went to war and also served in World War Two. He was the horse man on the farm. And when I sold the horses, he said, "What am I going to do? I have no horses to look after." I had a little old John Deere tractor that came with the farm, and I said, "Well, you're going to have to learn to drive that tractor."

Did he figure it out?

Yeah. I don't think he missed the horses too much.

Why did you start the farm?

I had a small family, you know, and I like being my own boss. We were hoping the UK market might revive.

Did it?

Not too satisfactorily. In the late 60s, they joined the common market, which was the end of it for us because we were in the dollar's sphere and they were integrating with Europe. Several other things happened at that time too. French settlers came back from Algeria. There was a question about what to do with them, so they created an irrigation project in the south of France. They grew mainly Golden Delicious that were shipped to the UK. And we encountered a small tariff; it wasn't big, but it was enough to discourage us selling over there. That was hard. We had planted a lot of orchard, but we didn't have a market. There were a bunch of us in the area, young farmers, who had a lot of debt.

So what did you do?

We did U-Pick. And we went to Halifax. We sold at the Bayers Road Shopping Centre for close to 30 years. You keep re-inventing yourself. You have a product and you've got to find

a home for it. We shipped a little to Sweden. They didn't open their markets until their crops at home were at a certain level, but if the stars aligned, there'd be a tramp steamer bringing a load of Volvo cars to Halifax from Sweden, and they'd call us and ask for product. So we'd scramble to get the order ready and get it on the backhaul. We did somewhat the same deal in the West Indies. Boates were hauling aluminum for smelting, and [on the return trip] they would pull into Halifax and we'd load the fruit on. That went along for several years quite happily, but then they got into labour trouble down there. That was the end of that.

What about the U-Pick?

I started the U-Pick in the early 70s, and it relieved a lot of problems. It's the Valley market for us. When I started, it wasn't just a U-Pick, there was more to it than that. Most people like to get a good product. When you sell someone a nice bag of apples and they're happy, they come back. That makes your day.

Can you predict what's next?

No, you have to react more than predict. You can't go too far ahead of the curve because it doesn't always go that way. The world has changed. We have so much more knowledge about what's going on in the world – first-hand knowledge, not rumour. But it's not all together a bad thing, knowing more. I mean, it's wonderful.

Boates Farm is located on the corner of Bligh Road and Route 221 in Woodville. For more information on their apple and pear U-Pick, visit boatesfarm.ca.

Michelle Damour is a personal historian at Ink & Oyster Publishing. For more information, see inkandoyster.com.

Come From Away

Kate Andrews-Day

Kate Andrews-Day is from Sydney, Australia. By a happy twist of fate she arrived in the Valley in December 2014. By the time the New Year began, she'd decided to stay. Kate lives in Wolfville and works in Port Williams.

Dear Mum,

We have been busy clearing the vines of their last tomatoes and cooking them up into sauces, soups, and curries to freeze for the winter. These tomatoes taste like summer sunshine and smell like green heaven; in fact, every vegetable I buy here from the farmers' markets tastes unlike any vegetable I've had before. It's as if, somehow, eating food just hours after it's been plucked from the soil makes it taste better than food driven across a continent in a refrigerated truck... Who'd have thought it? Once you get over your long-held belief in the right to eat tomatoes all year around, you really start to appreciate the seasonality of things. Which is what this season is all about – appreciation, and eating.

It's almost Thanksgiving. Here in Canada, the traditional meaning of Thanksgiving has more or less survived into 2015 – it's a time to gather with family, eat a feast to celebrate the harvest, and think back on the past year and all we have to be grateful for. It is not a great time of year to be away from loved ones. I have lived away from you long enough to

appreciate how special and valuable are our family's very particular habits and ways of being. By which I mean, I miss the way we fight. Not you and me, of course, though I have been known to disappear to my bedroom for a quick count-to-ten breather, but you can't spend time with a small group of people for thirty years and not have some long, richly developed resentments. At times like this, when I'm on the other side of the world, I miss those resentments almost as much as I miss our overly-competitive games of Trivial Pursuit, and the way you get drunk from a half glass of champagne.

Don't worry, though. There are so many things I feel thankful for this year that I can't fit them into just one day. And though the weather is getting colder, the days shorter, and the leaves just beginning to turn orange and red, I'm looking forward to the more introspective, quieter months of winter.

In other news, you may remember last year, when I first arrived in December, I was driving through Kentville and saw a pile of headless bodies heaped against a fence; at second glance, they turned out to be made of straw. Well, last week I had my second sighting of the Pumpkin People. Still headless, this time they were at least indoors, stacked against an office window. I'm hoping to see them fully assembled soon, before they start to give me nightmares.

With love, and missing you,
Kate



Valley Harvest Marathon

Susan Markham-Starr

On Saturday, October 10 and Sunday, October 11 of Thanksgiving weekend 4000 runners and walkers of all ages from across the country will be making their way through Wolfville and out into the surrounding area.

On Saturday there will be a Kids Run, for children up to age 12, at Acadia University starting at 2pm. This is a FREE event, emphasizing FUN and PARTICIPATION. The runs will be held on and around Acadia's Raymond Field Track Facility - the under 5's do one lap of the 400 meter track; 5-6 year-olds do two laps (800 meters); 7-9 year-olds run 1200 meters and use Presidents Field and the track; 10-12 year-olds run the track, Presidents Field, and the Rail Trail back to the track for a total distance of 1600 meters. There are shirts for all participants, completion medals, and complimentary refreshments for all after the run. There is a cap of 1000 participants so online registration is strongly recommended for the event.

Sunday is when 3000 runners and walkers head out from the Acadia track for the 5K, 10K, Half, Full and Ultra marathon events. All participants start out from the Acadia track. The Ultra and Full Marathoners go out at 7:30am and wind their way through Wolfville, Greenwich, Port Williams, Starrs Point, Canning to the Kingsport area and then return to the Acadia track. The Half Marathoners leave at 7:45 am and follow a similar route but they turn around on Wellington Dyke Road and return. The 10K participants start at 8am and go toward Port Williams, turning around at the Gladys Porter Bridge. The 5K participants also start at 8am and proceed through Wolfville to Whidden Ave., Bigelow St., Cherry Lane, onto the Rail Trail and return along Front St., Elm Ave., and Main St.



All of these participants heading out on the streets and roads of the area will require some road closures. Parts of Main Street in Wolfville will be closed from 7:15am to 9:15am (times are approximate given runner safety) with a detour along Gaspereau Ave., Pleasant St., Skyway Dr. and Kent Ave. Highway 358 from Greenwich to Kars Road will be closed from 7:30am to 10:45am. Wellington Dyke will be closed from 7:45am to 10am. Many of these participants and their family and friends come to the Valley especially for this event and provide a welcome boost to our local economy as they pack the accommodations, eat at our many restaurants, and shop downtown and at the local markets.

For more information go to the website at valleyharvestmarathon.com

If you are so inclined, there is still time to register for the events. If you would rather help out and want to volunteer, there are jobs that can use your skills. If you want to show your support by showcasing the Annapolis Valley hospitality please post a sign on your property, have some music playing or simply come outside and cheer them on. If you have a business take the opportunity to set up a display to encourage the participants and promote your products.

Photo Caption: The 2013 Kids Run: Start of the 7-9 year old girls

AN IN REVIEW SPECIAL FEATURE: Questions for the Candidates *Emily Leeson*

With the election approaching, we asked our readers: What is your burning question for the Kings–Hants political candidates? Here are the questions we gathered and the responses we received:

Question from Gen A: The Valley comes alive with cultural events such as the Deep Roots Music Festival and Devour! (the Food Film Fest). How does your party plan to support the creative arts in small communities?

Scott Brison, Liberal: A Liberal government will support local festivals that celebrate our communities. We have specifically committed to invest \$380 million in new money into the country's cultural and creative industries. I know how valuable these specific festivals are as generators of economic activity and we need to encourage and support the type of thinking that led to successful events like these in Wolfville.

David Morse, Conservative: The Harper Government have been strong supporters of culture and creative arts programs with support through a variety of grants, tax credits, and interest-free loans to groups providing these facilities and programs in our communities. If re-elected we will continue to provide that support.

Will Cooper, Green Party: The Green Party of Canada (GPC) understands the extent to which communities are enriched by local arts and culture, and as a professional artist so do I. Not only is the GPC committed to restoring funding to the CBC, but we will increase funding to all of Canada's arts and cultural organizations. This includes local festivals such as the Deep Roots Music Festival and Devour!

Megan Brown-Hodges, Rhino: To save money we will remove art and culture by creating a network of tiny, inaccessible government-funded artist colonies to separate 'creative types' from the general population, therefore saving billions in grants.

Hugh Curry, NDP: No response at this time.

Question from Andrea L: What tax breaks are you going to offer small and medium-sized businesses to help increase the possibilities of employment so that young people don't have to go west for work?

Scott Brison, Liberal: Improving job opportunities for young people is a major focus of the Liberal economic plan. We will waive employers' EI premiums for a 12-month period on any net new hire of a full-time employee, aged 18-24, in 2016, 17 and 18. This will reduce costs to employers by about \$80 million per year. We will also boost funding for the Youth Employment Strategy by \$50 million. Further initiatives can be found at realchange.ca

David Morse, Conservative: The Conservative Government has recognized small and medium-sized business as the main driver in most cities and communities across Canada – the largest employers – the largest opportunity to increase new jobs – this is the reason that the Harper Government has reduced taxes and provided support options to help small and medium-sized businesses – worked to cut the red tape of operations.

Will Cooper, Green Party: At the top of the GPC's agenda is a sustainable economy, and small business is the engine that will drive this economy. The GPC plans to cut the small business tax rate to 9% by 2019 and to establish a venture capital fund to support small green business start-ups.

Megan Brown-Hodges, Rhino: We would turn the TransCanada highway into a one way road so that people could only come to Nova Scotia. With the increase of business we will hike taxes to fund bringing a professional sports team to the area.

Hugh Curry, NDP: No response at this time.

Question from Jesse G: How can you help our growing seniors population?

Scott Brison, Liberal: Firstly, the Liberal party is committed to pension income splitting for seniors. It helps seniors who are struggling to get by on fixed incomes and we will keep it in place. We will also help lift hundreds of thousands of seniors out of poverty by immediately boosting the Guaranteed Income Supplement for single low-income seniors by 10 per cent. And, we will reverse Harper's regressive decision to increase the age of eligibility for OAS and GIS, returning it to age 65.

David Morse, Conservative: This is a growing area of need and opportunity – the Conservative Government has and is providing for support for Care Givers – ways to help seniors stay in the homes longer - we also recognize the areas of opportunity for seniors that would like to remain in the work force and provide some amazing mentorship and guidance to younger workers.

Will Cooper, Green Party: The GPC plans to respect our growing population of seniors through the implementation of a National Seniors Strategy, which will include pension protection, expansion of the Canada Pension Plan, a national Pharmacare program to ensure access to essential medications, a housing plan with affordable home-care support, and a Guaranteed Livable Income to ensure no Canadian lives in poverty.

Megan Brown-Hodges, Rhino: We will create a 'buddy system' of senior citizens and toddlers. Each pair will be given a life alert necklace to press when one or the other chokes or falls.

Hugh Curry, NDP: No response at this time.

Question from Lisa A: What can you do about the litter in our rural areas?

Scott Brison, Liberal: The sight of litter is truly distressing. I regularly remove garbage from the beach in front of my home on the Minas Basin, and it is hard not to be angry that it is there. I think it is imperative that we impress upon children and young people in school the importance of respect for the environment. Engaging students in community clean up days is another tool with the objective being to instill an attitude that ensures the problem never occurs.

David Morse, Conservative: This is a frustration for us all – I know at times I would like to hand the litter back to the folk that toss it and say REALLY... We all need to encourage our children our friends as well as those we see littering to take that moment and put it where it belongs.

Will Cooper, Green Party: This is an issue that is close to my heart. The GPC has a goal of “Zero Waste” by making manufacturers responsible for the entire lifespan of their products, including recycling at the end of usefulness. Also the GPC plans to introduce a green product labeling system and to adopt an expedient timetable to phase-out the use of landfills for unsorted waste.

Megan Brown-Hodges, Rhino: The environment is too expensive to maintain. We will abolish the environment and therefore the littler won't be noticed.

Hugh Curry, NDP: No response at this time.

Question from Jim P: Why don't we take advantage of our high tides to generate power?

Scott Brison, Liberal: There are ongoing efforts to harness the power of our tides to generate power. In one recent test project the turbines could not withstand the force of the tide. Further test projects are planned. A Liberal government is committed to energy security, energy conservation, and bringing more clean, renewable energy onto the electricity grid, including through direct federal infrastructure investments. Tidal power would be a part of that.

David Morse, Conservative: There is so much emphasis on alternative power now and we are so blessed to live next to the largest flow of water on a daily basis in the world. There is a lot of research ongoing with the best ways to capture some of this power without negatively impacting the fish habitat and environment. The Conservative Government does provide support for Alternative Energy sources and will continue to.

Will Cooper, Green Party: The GPC recognizes that our region is poised to be a world leader in tidal energy. To help our region achieve this potential, the GPC plans to provide substantial research and development funding as well as to implement a two cent/kWhr national renewable energy subsidy to accelerate the transition to a low-carbon economy.

Megan Brown-Hodges, Rhino: No one wants to run in our human-sized hamster wheel all day either. We have been in discussions with the Bay of Fundy whale population to harness their superior intelligence.

Hugh Curry, NDP: No response at this time.

Question from Scott S: What can be done on a federal level to better protect animals? Current federal legislation is extremely outdated and old. What would you like to see changed and how will you go about doing that?

Scott Brison, Liberal: An update to Canada's animal cruelty laws is long overdue. The Liberal party introduced reforms in 2005 but the legislation was not passed before the NDP sided with the Conservatives to bring down the Martin government. Animal cruelty laws should use scientific language and be a standalone section of the Criminal Code, rather than simply a type of property offence.

David Morse, Conservative: No response at this time.

Will Cooper, Green Party: Some examples of the GPC's many progressive animal welfare policies are: phasing-out of intensive factory farming, removing animals from the “property” section of the criminal code and recognizing them as sentient beings, training police officers to deal

with animal cruelty cases, and banning the use of animals as experimental objects in military and cosmetic testing.

Megan Brown-Hodges, Rhino: Animals will be given the same rights as Canadians. The right to health care, to adequate housing, to food, to education and to vote. Not clean water though, no one needs that.

Hugh Curry, NDP: No response at this time.

Question from Garry L: What are you going to do for the agricultural sector in Nova Scotia?

Scott Brison, Liberal: I promote our local producers at every possible opportunity. I listen to them, I buy from them, and I champion them. I have encouraged major grocery retailers to support local producers. I've promoted our local wine products on national TV, and I try to ensure that food at my events is locally sourced. Also, the Liberal party will defend supply management at all international trade negotiations. The system provides stable, fair prices for farmers and consumers and economic security for Canada's agricultural communities.

David Morse, Conservative: Kings Hants is one of the major Agricultural areas in Atlantic Canada and the Conservative Government understands the need to protect our family farms as well as the larger farm production facilities. They have provided support for these sectors and will continue to do so. The sustainability of this sector is important to the Economy as well as the Culture of Nova Scotia.

Will Cooper, Green Party: Over my lifetime, subsequent governments have encouraged a shift from small, ecologically-sustainable family farms to giant agribusiness. The result is that corporations have increasing control over our food supply. The GPC wants to encourage more small independent, organic farms and more young people to start farming. I believe that investment in this sector will provide better food security and lead to cleaner, healthier communities.

Megan Brown-Hodges, Rhino: Bring back horse-drawn ploughs. Everything else in this area is stuck in 1911, why should our agricultural techniques be any different?

Hugh Curry, NDP: No response at this time.

b AppleFest in Berwick

Saturday October 3, 2015

Come to the Apple Capital for a slice, bite or sip! Breakfast, Lunch and a Walking Dinner featuring the small but mighty apple. Enter your Best Dessert bursting with apple-y goodness into The Contest. Visit our Merchants to sample the best of the Valley, the Museum and Town Hall for family apple-inspired Activities. All day, all apple!

Schedule of events at www.town.berwick.ca or
Call Carol 902-538-8616



Schedule of Events for October 3

8 to 10 am

Breakfast (with an apple touch) at Berwick Lions Hall, 220 Veterans Drive.

11 am to 2 pm

Dessert contest at Berwick Town Hall (come sample desserts, People's Choice wins), Displays and apple treats at Apple Capital Museum, Book sale, crafts and scavenger hunt at The Berwick Library. Live Entertainment at Berwick Foodland.

All Day

Apple Tasting

Berwick Foodland – product and produce tasting

Berwick Independent – Apple cider sampling

NSLC – Hard Apple Cider sampling.

Local restaurants, so many apple treats to choose from....

Union Street Café – apple ham panini special

Mum's Bakery – apple pie slice and coffee special

Driftwood Restaurant – caramel apple cheesecake special

Kellock's Restaurant – Sponsor of Dessert Contest will have an Applewood smoked chicken penne and apple oatmeal tart special

North Mountain Coffee – apple iced tea special.

Local Deals

Shop local....Bargains Galore...

Apple Valley Pie's Plus – 8 inch apple pie - \$2.25

Berwick Home Hardware – apple peelers, corer and slicers, 10% off and apples from Orchard View Farms

Bargain Harley's – lots of specials

Morse's Farm Market – certain varieties of apples 50 cents a pound

The Clothingline – pick up your Apple Fest t-shirt – show your Berwick pride!

Dessert Contest Drop off your apple dessert at the Berwick Town Hall by 10 am for a chance to win "People's Choice" Award from **Kellock's Restaurant**. Two categories – One for Adults and one for Children Ages 5 to 12.

Walking Dinner Meet at The Berwick Town Hall at 4:30. Start with apple salad and local made ciders at The Driftwood Restaurant, followed by an apple themed pork dinner and dessert at Kellock's Restaurant with more locally produced ciders. Tickets \$35 per person and can be purchased at Wilson's Pharmasave and the Berwick Town Hall.

(Deadline to purchase tickets, noon on October 2)

For more information, contact Carol at 902-538-8616/cboylan@berwick.ca



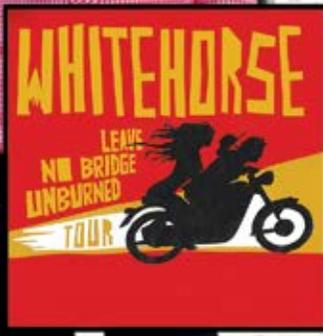


MIPAC

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SATURDAY, OCTOBER 10, 2015 — 8:00PM





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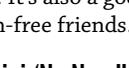












Hotly anticipated musical duo Whitehorse at MIPAC October 10

Submitted

Ease into Fall with the hotly anticipated Polaris Music Prize nominees, Luke Doucet and Melissa McClelland - a husband and wife musical team called Whitehorse. The duo present a full band sound using live loops, bits and pieces percussion, and swapping guitars left right and centre on stage in what the Globe and Mail have dubbed the "Warren Beatty and Faye Dunaway of Canadian roots rock."

These two acclaimed musicians have joined forces under one name with an abundance of guitar slinging, songwriting expertise, and white-hot desire. In June 2015, Whitehorse's latest album *Leave no Bridge Unburned* was selected for the Polaris Prize Long List. The success of this album signaled a new era for Whitehorse with a bigger, bolder rock sound, abandoning any assumptions that they are working within the boundaries of a folk duo.

MIPAC's General Manager Lisa Gleave says:

"Whitehorse is one of my favourite bands. I've been trying for a couple of years to book them into our theatre, and I'm really looking forward to it." Whitehorse creates a blended creative genius that has become the band not to miss.

Opening act: Songwriter, guitarist, and vocalist Terra Lightfoot.

INDIVIDUAL TICKETS
\$33 Advance | \$35 Door

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TICKET INFORMATION
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For full season details on the 2015-16 line up, go to: mermaidtheatre.ca/mipac

Kitchen Vignettes: Zucchini (No Noodle) Lasagna

Aube Giroux, kitchenvignettes.blogspot.com

Recently, I've been experimenting with a few different zucchini recipes, as I'm sure many of you are also doing these days. After all, it is the season of prolific zucchini, and each fall, I face a last-minute scramble trying to figure out ways to use them all up so they don't go to waste. I wanted to expand my zucchini repertoire beyond my usual zucchini bread and zucchini soup. So for a whole week, I became obsessed with achieving the perfect zucchini pizza crust.

As my living companions can attest to, for days on end, I could be found grating bowlfuls of zucchinis and trying (yet again) at another crust. I came up with some tasty renditions but the texture was off, and I had a feeling my Italian friends would not approve of these strange pizza inventions. So I traded my pizza zeal and began to undertake some zucchini lasagna experiments instead. The idea was to use thinly sliced zucchini in place of lasagna noodles. This time, I got somewhere. Somewhere rather delicious, very lasagna-like, hearty and filling without the heaviness of pasta noodles.

It did take a couple of trials to get just right because there's one little problem with subbing zucchini slices for lasagna noodles: zucchini is full of water! So if you bake it straight up, you can end up with a pretty soupy lasagna. It's important to follow a few simple tips. First, you should salt the zucchini slices and let them "sweat" for about 30 minutes. You'll be surprised how much water comes out! You can then squeeze the water out, pat the slices dry and roast them in the oven for about 10 minutes to dry them down even further. I also include a couple tablespoonfuls of flour (can be gluten-free flour) in my recipe and this helps soak up a little of the juice while baking too.

This recipe is a wonderful way to feature the fruits of your harvest: tomatoes, spinach (swiss chard or beet greens work well too), and of course zucchini. This version is vegetarian, but feel free to add sausage or ground beef to the sauce. It's also a good one to make for your gluten-free friends. Enjoy!

Zucchini (No Noodle) Lasagna

For the Tomato Sauce:

- 1 - 28 oz can of crushed tomatoes (or about 4 pounds of fresh tomatoes)
- 1 large garlic clove, minced
- 1 tsp fennel seed, crushed slightly to release the flavour
- 1 tsp ground oregano
- 1/4 cup finely chopped basil
- 1 tsp cane sugar
- 2 tbsp olive oil

For the Cheese Filling:

- 1 pound of ricotta cheese (or cottage cheese)
- 1 cup grated Parmesan cheese
- 1 egg
- Salt and Pepper to taste

For the Vegetables:

- 2 to 3 medium-sized zucchinis, no bigger than 4 inches diameter (or 4 to 5 small zucchinis)
- 2 tsp salt
- 3 tbsp olive oil
- 1 pound of mushrooms, sliced
- 1 bunch of Swiss chard or spinach (about 4 cups, chopped)
- 1 large onion, minced
- 2 tbsp flour (can be gluten-free flour)
- A dozen or so fresh basil leaves (optional)
- 4 cups shredded mozzarella (about 1 pound)



Directions

Wash and remove the ends of the zucchinis. Slice the zucchinis lengthwise to between 1/8 to 1/4 inch thick. Use a mandoline if you have one, it will help you slice the zucchini more quickly and consistently. Sprinkle the salt on the zucchini as you go and allow the zucchini slices to sit in a colander or for about 30 minutes. After 30 minutes, run two fingers on either side of the slices, squeezing all the way down over a bowl or the sink, releasing even more water. Place the slices on a clean towel and pat the zucchini very dry. Rub 1 tbsp of olive oil onto an extra-large baking sheet (or 2 smaller ones) and place the zucchini slices in a single layer. Roast in a 375F oven for about 10 minutes. Allow to cool.

If using fresh tomatoes, deseed the tomatoes (if you wish, remove the skins). Bring the tomatoes to a boil and add the minced garlic, chopped basil, crushed fennel seeds, ground oregano, olive oil, sugar, and salt to taste. Simmer until thick and reduced (may take up to an hour). It's important to use a thick lasagna sauce in this recipe because the lasagna can otherwise be on the soupy side without the pasta to soak up the extra liquid as it bakes.

In a large skillet or wok, heat 2 tbsp olive oil and sauté the onions for 3 to 4 minutes. Add the mushrooms and continue cooking. Once the mushrooms are soft, add the chopped Swiss chard. When the chard is cooked, remove from heat and drain any juices (save these for great soup stock). Add the flour to the mixture and mix well to incorporate.

Oil a 9 x 13 inch lasagna dish and spread about one third of your sauce on the bottom. Add a layer of roasted zucchini to cover the tomato sauce. Add the ricotta and Parmesan cheese mixture and spread evenly. Add another layer of zucchini slices. Add a second round of tomato sauce and spread evenly, followed by the vegetable mixture and half of the shredded mozzarella cheese. Add a last layer of zucchini slices followed by the third and last round of tomato sauce. Place the twelve basil leaves on top of the sauce and sprinkle the rest of the shredded mozzarella on top. Place a baking tray on the rack beneath the lasagna pan to catch any bubbling juices from falling to the bottom of your oven. Bake for about 40 minutes at 350F until the cheese is melted. If you wish, turn on the broiler on high for the last 2 minutes to brown the cheese slightly. Allow to sit and cool for 30 minutes before slicing.

Yield: 10-12 servings

Aube Giroux is an award-winning food blogger. To watch a video of this recipe, visit her blog at kitchenvignettes.blogspot.com

How to Cook with Kohlrabi

And a recipe for Shaved Root Vegetables with Creamy Sesame Dressing
Avery Peters

Whenever I have my in-laws over, they always comment on all the “weird” vegetables that we eat in my household. I have TapRoot Farms to thank for that, since we get our CSA (Community Shared Agriculture) share from them every week and I get inspired to try new things with whatever they send. CSAs are a great way to try new things because you never know what you’re going to get and you try new vegetables. This may intimidate some people, but I find it inspires creativity and it doesn’t take too long to figure out what to do with them.



Kohlrabi is an unusual looking vegetable. It is in the cabbage family along with broccoli, cauliflower, arugula, horseradish, kale, radishes, turnips, and mustard, just to name a few relatives. So don’t be put off by its appearance. Kohlrabi actually means “cabbage-turnip.” It can be green or purple. The purple bulbs are beautiful, but they all look the same once you peel them.

You can find kohlrabi at the market through the fall. It’s a great storage vegetable. If you’re lucky enough to get it right after it has been picked you will see its long spindly stems with large leaves on the ends. The leaves are edible too and you can cook them just like you would any other hardy green like kale or spinach.

The first and best way to try kohlrabi is to peel it and cut it into matchsticks and eat it raw like you would carrot sticks. Try it with hummus or your favourite dip. It tastes a lot like radishes and is nice and crisp. If you’re getting a little more adventurous you can grate it along with cabbage and add it to coleslaw with your favourite dressing. It also works well roasted in the oven, or on the BBQ, or in soups and

stews along with other vegetables. Add some lemon, thyme, and garlic and you’re set. Or if you really want to show it off along with other beautifully coloured vegetables you can try this shaved vegetable salad with creamy tahini dressing. The variety of vegetables makes for a rainbow on your plate!

Shaved Root Vegetables with Creamy Sesame Dressing
Makes 4 salads

For the Salad:

- 1 kohlrabi
- 2 carrots
- 3 radishes
- 1 leek/green onion
- 1 tbsp. roasted sesame seeds

For the Dressing:

(adapted from cookieandkate.com)

- ¼ cup tahini
- 1 tablespoon miso paste
- 1 tablespoon rice vinegar
- 3 tablespoons toasted sesame oil
- 1 tablespoon lemon juice
- ½ teaspoon red pepper flakes
- ½ cup water
- ½ teaspoon tamari or soy sauce

Thinly slice all vegetables (use a mandoline if you have one). Cut kohlrabi into strips. Arrange vegetables on plates. Place all dressing ingredients into a jar or bowl. Shake or stir. The tahini works as a binder for the dressing and makes it creamy. Drizzle the dressing over the vegetables.

Trim the root end, stalks, and fronds from your fennel bulb (you can save the stalks and fronds for grilling with fish, eating raw, putting in soups, or using as straws). Use a peeler to peel any brown spots off the bulb. Slice the fennel as thinly as possible (a mandoline really helps with this). Divide the slices between the plates.

Shuck the corn cob and cut the kernels into a bowl. Add a little water and steam them in the microwave for 1.5 minutes. Meanwhile, peel, pit, and slice the avocado and divide between the plates.

Slide mint off of the stalks, roll them like cigar, and thinly slice. Thinly slice the green onion stalks. Sprinkle both over the salads. Divide the corn kernels between the plates. Sprinkle each salad with the goat cheese.

To make the dressing, add the lemon zest and juice into a bowl. Grate the ginger into the bowl. Add honey and stir. Add salt and pepper to taste. Once you’ve mixed these ingredients, slowly pour in the olive oil while stirring to emulsify your dressing.

Garnish with chopped fennel fronds.

Enjoy!



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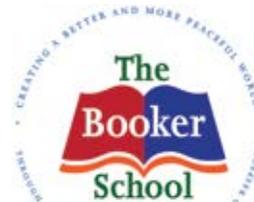
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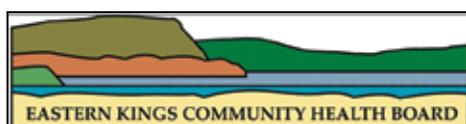
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The WHO'S WHO:

Michelle Herx: That Old Stage Magic

Mike Butler

There I was, 30 years old, dressed up like a cat, having just finished doing a kids show at Centrestage and Michelle Herx approaches me to congratulate me on doing such a great job. She also asks if I'd consider coming to Windsor to do a play for Quick as a Wink theatre. I'd seen many of the QAAW productions and never thought I'd have the opportunity to be a part of one, but Michelle (and her friend Junie) changed all that. I am proud to say I've been a part of six productions with QAAW, each very rewarding and challenging for me as an actor and I look forward to many more with them. But, Michelle is up to something very new and exciting and I want to tell you a bit about her and this innovative project.



Photo credit: Ernest Zinck

ground including helping with costumes, directing, sets, props, etc. Michelle was always a force of energy during the shows and her love of the magic of theatre was infectious.

In the last year or so, Michelle has stepped down off the board of QAAW but she remains its founder and its biggest supporter. She continues to be available for volunteer work within the theatre and other community theatres which is what I'm excited to promote to all of you.

SPOTLIGHT

Michelle is currently directing the drama *The Women of Lockerbie* for CentreStage theatre in Kentville. This powerful, poignant drama, dealing with the aftermath of the 1988 Pan Am Flight #103 explosion over the village of Lockerbie, Scotland, gives a glimpse into how humanity and courage can emerge as a reaction to terrorism. The play details an American mother's obsessive hunt to find and bring home her son's remains as she struggles with her loss and mourning. Her husband meets a group of the local Scottish women who hope to bring closure and comfort to the victims' families through The Laundry Project, washing the thousands of pieces of clothing left from the crash and returning them to the victims' loved ones. Only the power of love can overcome the obstacles so that hatred will not have the final word.

This must-see production plays evenings starting at 8pm on September 18, 19, 25, 26, October 2, 3, 9, 10, 16, 17, 23, and 24 with 2pm matinees on October 4 and October 18. For more information call 902-678-8040 or visit www.centrestagetheatre.ca. *The Women of Lockerbie* contains mature subject matter.

On living in Nova Scotia, Michelle says, "I love the peace and beauty of nature around us. Every part of Nova Scotia is uniquely different and uniquely beautiful. The Hants/Kings areas are full of so many creative energizing people. There are always places to go, people to see or work with, etc. And my greatest passion is, of course, my wonderful husband, Dennis! He is "one of the good ones" who loves, supports and respects me unconditionally, and I him."

In her spare time (I use the term loosely), Michelle enjoys traveling, sewing, reading, singing, and playing guitar. Michelle enjoys many fitness activities including golf, walking, biking, swimming, cross-country skiing, and snowshoeing. And what does the future hold? Well, when the theatre bug bites you, you can't help but spread the love. Maybe we'll see a new original Herx play or maybe another musical but whatever she chooses, I know that Michelle will forever promote and support local theatre because you can't beat that old stage magic!

Lights Down

Lights Up

Michelle Herx was born, and grew up, in Massachusetts, went to university in Washington DC where she got her BA in Speech and Drama and her MA in Education of the Deaf. She lived in Maryland where she met her husband Dennis. This dynamic duo ended up in Nova Scotia and Michelle became a Canadian!

Theatre has always been a huge passion for Michelle. In 2000, she began researching and writing the musical *GLORY DAYS: The True Story of the Great Windsor Fire of 1897*. The vibrant history of the Windsor area and the town's glory during the 1800s made it clear to Michelle that they should not produce a play about Windsor in Kentville or Bedford (the nearest community theatres to Windsor). In 2003 she began asking prominent town and business persons whether they thought a community theatre would benefit the Windsor/West Hants area. After getting positive responses and support, a Board made up of local business people and others was chosen and Quick As A Wink Theatre was established.

Michelle states, "My life changed immensely after the formation of QAAW Theatre. I had been retired for a few years after raising three children and working as a sign language interpreter and teacher of the deaf. I began returning to the arts in my retirement, doing woodcarving, and paintings. And soon Theatre took over all of my spare time. My work schedule in retirement doubled from what I had been doing when I was working and had a family!"

Michelle's fondest memory of Quick As A Wink Theatre is the sense of contributing to the growth and development of people in the area, but most especially the youth. People of all ages, backgrounds, and abilities have always been welcomed and accepted at Quick As A Wink. Youths and adults develop skills of cooperation, self-confidence, public speaking, and deportment. They learn to take directions, contribute creatively, and work together as a group. The pride that they feel at the end of their successful run, shows in their beaming faces.

As I stated, I was fortunate to work with QAAW and with Michelle on many wonderful productions including *The Little Princess* musical, *Rumours*, *The Long Weekend*, and *Don't Dress for Dinner*. Michelle was such a supportive presence at rehearsals and in the back-



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WAY BACK WHEN

All photos courtesy of RANDALL HOUSE MUSEUM 902-542-9775 | wolfvillehs.ednet.ns.ca

HOURS: Mon – Closed | Tue-Sat, 10am-5pm Sun, 1pm-5pm | 259 Main Street, Wolfville



The photographer Lionel Pearman was a talented amateur who came to Wolfville in the 1920s for his health and bought property including apple orchards. He took up photography as a hobby in the early 1940s.



According to writing on the back, the young woman is Adelyn Black. The photo comes from an album which belonged to J.A. (Jack) Stewart. Stewart lived at Long Island, Grand Pre, joined the air force, and died in World War II



A farm hand with two young horned cattle. He is wearing trousers with a collared shirt with braces, and on his feet he has laced shoes. There is a six rail fence in the background with one section taken apart for a gate.

The Dome Chronicles: Heading Back to the Land

In 1972, a boxcar from Toronto containing a menagerie of farm animals and an eager young couple pulled into the station platform in Kingston, Nova Scotia. They were bound for a deserted hundred acre farm on the South Mountain, determined to preserve the foundations of farmsteads past while constructing a geodesic dome. They were pioneers of the future, armed with respect for tradition and an irrepressible sense of humour. They didn't call themselves farmers. They were back-to-the-landers. Farming was industry and their calling was sustainability. Over the next forty years, through flood and fire, triumph and catastrophe, they persevered, unwittingly sowing the seeds for the modern small farm movement.

Garry Leeson

I'm not sure when the notion of pulling up stakes and moving east first occurred to me. I know that the idea of getting back to the land was something that had been floating around in the back of my mind for a very long time - a longing I'd inherited from my parents. I was only five years old in 1948 when they finally gave up trying to farm a dusty piece of land in Saskatchewan and moved our family to Toronto.

The new lifestyle in the big city suited the three of my seven sisters who came with us but my parents were never really content picking up their lunch boxes and heading out to their nine-to-five jobs every morning. We'd hardly settled in when my mother and father started talking about finding a nice little farm somewhere. With me in tow, they started driving our old Hupmobile, almost weekly, out to see available properties north of the city. I really thought we might be moving one day but it takes money to buy property and our family had precious little of that to spare. Even with my sisters working and contributing, we were just getting by.

We continued to live in the semi-slums of the city and the years dragged on but my parents kept the dream of returning to the farm alive by making those regular trips to the country to look at places they knew they couldn't really afford.

These weekend excursions went on for years and, as I realize now, they weren't just useless exercises. My dad occasionally got the opportunity to shake the dust and grime of the city off and yarn with farm owners who were hop-

ing to make a sale. I think that for brief moments during their conversations about crops and livestock my dad could envision and even feel himself living on those places. But time after time reality would set in, the dream would end, and we would find ourselves back in the old car heading back to the city.

It was a long time in coming but in 1964, with my sister Phyllis's help, my parents did manage to acquire a little farm on the Blue Mountain near Thornbury, Ontario. Spending my weekends out on that land helping my father stirred something in me. I was twenty-one years old with a good job working as a policeman in Toronto but an old yearning was still there. I began thinking seriously about getting away from the madding crowd to a place of my own. Most of the productive farmland in Ontario was very expensive and well out of my reach but stories of all the cheap land available in the Maritimes were starting to get my attention. Unfortunately, true to family tradition I was forced to put the idea onto the back burner for several more years.

Many changes in my life and a lot of emotional water passed under the bridge during that time but in 1971, I met someone who was reckless enough to share my crazy dream. Andrea, now my wife, and I threw caution to the wind and one morning we jumped into my pickup truck, and, ignoring Horace Greely's advice to "Go west, young man," I took the wheel and we struck off east for Nova Scotia to look for some land.

Read more at storystudios.blogspot.ca

Twentieth Anniversary for Horton High School's Harvest Craft Fair

Continued from page 3

One of the many creative artisans who sell their wares is Yvonne Martin. She has sold crafts at the Horton Harvest Craft Fair for every one of its twenty years! She tells us that it is convenient for her, as she lives in the Valley, but another factor is that the Horton Fair has provided her with a consistent market for all these years. Many of her clientele come looking for her booth, and know exactly where to find her. Yvonne has observed how much the Horton fair has grown over the years, especially since the venue moved to the new school.

Yvonne has sold many different kinds of goods over the years, including fudge, jams, jellies, and pickles; paper tole pictures; brooches; scarves; necklaces and bracelets made of vintage buttons; and belt buckles.

This echoes the wide variety of interesting goods found at the Fair as a whole! In the past Yvonne and her husband Walt have worked at up to seven fairs per season, but now only attend the Horton Fair and maybe one other. She says the organization is very accommodating and easy to get in touch with.

Many other craft vendors compliment the students on the service they provide, helping set up booths, working through the day of the Fair, and assisting with the cleanup afterwards. They are an important part of the team that helps the Craft Fair run smoothly each year.

Some of the highlights of the day include basket draws, a Silent Auction, a lunch café and bake sale, and live student performances. Over a hundred vendors sell a wide variety of goods. The Horton High School Harvest Craft Fair makes an excellent fall outing, and provides a great start on unique holiday gift shopping opportunities.

Mike Uncorked: Fall into Autumn 2015

Mike Butler



I walked to work this morning, as I do EVERY morning, but today was different than yesterday or even a week ago: it was 7 degrees at 6:20am when I ambled through the peaceful Main Street of Wolfville and I was wearing a hoodie for the first time since April. If I didn't know that autumn had arrived before, I certainly knew this morning! Despite the changes in the weather, clothing, bedding, and attitude of my surroundings, and the pending winter months, this is my absolute favourite time of year! I love the colors, the crisp air, the spooky Halloween decorations, and the many events that happen in the fall.

Take the time to visit valleyevents.ca and get familiar with the live theatre, concerts, markets, performances, and presentations that are happening in the coming weeks. Take advantage of what's happening in your area and bring a friend or two!

Mark your calendar for *Broken Leg Theatre* (a variety show) at the Al Whittle on October 17 and *Valley Ghost Walks* in Kentville on October 29, and in Wolfville on October 1 and October 31 (perfect Halloween fare!). Also be sure to catch *More About Munsch* and *The Women of Lockerbie* at CentreStage during the month of October. Another really neat adventure coming up is the *Phantom Freak Show Haunted House* at Stirlings Fruit Farms starting on October 8 and running thru to the end of the month (this event is a fundraiser for the IWK so be sure to take part!). And so much more!

Autumn, for me, is about change. Although changes happen everyday in life, love, and beyond, the autumn seems to be the peak time of year for change and I always look forward to it. New students arrive in town and with them come different life experiences, customs, cultures, and ideas that I hope influence the town in a positive way. So far the new crop of students has caused more litter to be visible, longer lines at the grocery store and liquor store, and fuller cafes, but the buzz is here and it's up to us to make them feel welcome and educate them.

There are two other events I want to promote to my readers; unique and special events that I hope a lot of people take part in.

The first is the CBC Run For the Cure happening on October 4 here in Wolfville. It's not too late to register and take part in this very important activity to help the fight against breast cancer. Grab a team or just come by and

show your support! Registration is from 9am - 9:30am at Festival Theatre (504 Main St., Wolfville); Opening Ceremonies are at 9:45am; and the run begins at 10am! To Register go to cbcf.org. Best of luck!

The second event is something I've never been a part of but I'm very excited to finally do it. On Thursday October 8, at TAN Coffee in Wolfville, I will experience my first Bad Poetry Night extravaganza. Come and have a burlesque reading of your favourite piece of literature! From 6pm-9pm, grab a coffee and enjoy the fun! For details contact Morgan Geauvreau at 109324g@acadiau.ca.

And as you all know (faithful readers and friends) I am a major supporter of literature, reading, and all things novel! I am constantly leafing through a book, promoting a new or old title, and pushing folks to read more. We are so fortunate in Wolfville to have three incredible locations that sell new and used books and I encourage you all to tell arriving students and their visiting extended family about them. Here are a few selections to get you through the next month or two:

New in paperback that's worth checking out are *The Barter* by Siobhan Adcock, *Hotel Living* by Ioannis Pappos, *The Secret Place* by Tania French, *The Pope's Daughter* by Dario Fo, and *All or Nothing* by Jesse Schenker. Take a peek at the Pulitzer-Prize winning *The Orphan Master's Son* by Adam Johnson, or his new novel of short stories called *Fortune Smiles*. Both are amazing! And for a great thriller, check out *Eileen* by Ottessa Moshfegh. And for young adults, pick up *Survive the Night* by Danielle Vega; *Everything, Everything* by Nicola Yoon; or the fantastic Madeleine Roux series *Asylum*, *Sanctum* and *Catacomb*. But one of the best young adult series I've read includes *Miss Peregrine's Home for Peculiar Children*, *Hollow City* and the newly released third volume called *Library of Souls*, all written by Ransom Riggs.

Pop by Box of Delights Bookshop or Rainbow's End on Main Street in Wolfville or The Odd Book on Front Street in Wolfville for the best in book selection and service.

Well that should get everyone off to a good start for the fall! Be safe, have fun, and enjoy all that this town offers you! Cheers!

Photo Credit: Mike Butler and his FOUR AMAZING NEPHEWS!

SHOW ME YOUR INK

Donna Holmes

TATTOO ARTIST:

Murray Brokenshire of *Adept Tattoos & Body Piercing Studio* in Bedford, NS. www.adepttattoos.com.

TATTOOEE:

Kelly MacNeil, *Acadia Student, Vegan, Awesome Musician, Axe Radio Manager, Forgiving Friend?*

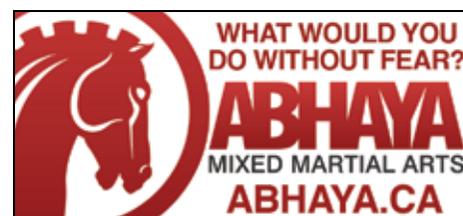
Some people don't carrot all for puns. When I told Kelly MacNeil I wanted to write an article about his vegetable tattoos, he said "Garlic with that." But he also said "Olive veggies from my head tomatoes!" I eggplant to him that he'd be a chicken if he didn't let me write the artichoke. I spinached off by saying, "Nothing beets a good pun." He asked me to "peas stop" and started to walk home. I said, "I avocado," so we drove. I drove him bananas until he finally agreed to have his tattoos a-pear in the Grapevine. I beet he'll never lettuce do that agrain!

Note: Kelly had no say in the making of this article and the author fervently hopes he'll pardon her puns!!!



Kelly's right hand: tomato, garlic, beet, carrot

Kelly's left hand: spinach, avocado, pea, eggplant



LOCAL BLOG ROLL

Do you live in the Annapolis Valley & write a blog? Send us your site & we'll try to include it. submissions@grapevinepublishing.ca

kellysconservationcorner.blogspot.ca

September 14: Exhibiting And Storing Baskets

The Kings County Museum in Kentville, Nova Scotia recently received a collection of woven baskets from a donor. These are in various conditions from pristine to poor, some with colouring, and some with elaborate designs. This is an exceptional collection with some currently on display at the museum. They have a place of pride along with our existing baskets which are in a locked case. I consulted with the Senior Conservator at the Nova Scotia Museum in Halifax to determine what, if any, conservation treatments or considerations apply to collections of this type.

avrfeedyourmind.blogspot.ca

September 21: Read the same book. Share the same story.

One Book Nova Scotia has returned! The book? Just Beneath My Skin by Darren Greer. The book has been described as "gritty and

unrelenting", and having read it, I cannot disagree. Yet in the midst of that unrelenting grit, there are moments of beauty, laughter, and raw emotion, which make it a very discussable book.

fynesdesigns.com

September 22: Monogram Faux Succulent Wreath

Happy Fall Y'all, it's wreath time again! Today I've teamed up with a fun group of Canadian bloggers to bring you 14 fabulous Fall Wreaths, including my Monogram Faux Succulent Wreath.

drwoodnd.com/blog

September 23: The Best Butternut Squash Sauce. Ever.

And easy! Love the fall. Love the vegetables. Love the squash. Love this recipe. Butternut squash is a beautiful orange color on the inside... color = nutritious! It is very high in vitamin A and B vitamins, antioxidants, and healthy fiber... so feel good about eating this sauce! You can put this sauce on pasta, rice, quinoa, or gluten free gnocchi (I found this at Bulk Barn!). Serve along side of a yummy kale salad.

|| BOOKS NEW & USED || LITERATURE · SOCIAL SCIENCES · HUMANITIES · ART · CHILDREN'S BOOKS || LETTERPRESS · PRINTS · CARDS · STATIONERY · CALENDARS · JOURNALS ||

THE BOX OF DELIGHTS BOOKSHOP PRESENTS

CENTRE FOR PRINT CULTURE & THE LITERARY ARTS · WOLFFVILLE, NOVA SCOTIA

We have three literary events coming up that should interest you book-lovers out there! As always, all events are free and everyone is encouraged to join.

ON SATURDAY OCTOBER 3RD FROM 1:00-3:00PM please stop by the bookshop for an afternoon Sidewalk Signing event. Paul and Pierre Doucet, identical twins from the South Shore, will be greeting readers outside the shop to sign and chat about their recently published book *The Landscape of Reality*, which follows their progression of thoughts, questions and ideas about the magnificence and complexity of the natural world. How does a single acorn produce an intricate structure of branches and leaves? How do migrating birds organize into sweeping patterns across the sky? How does a grounded caterpillar acquire wings and the gift of flight? Is the complexity of nature designed or the result of chance events over time? Join Pierre and Paul to explore these questions - and many more - that are addressed in *The Landscape of Reality*.

ON THURSDAY OCTOBER 8TH FROM 6:00-7:00PM come to the bookshop to celebrate the launch of Dick Groot and George Bishop's *We Wanted It To Last Forever*, a compilation of photographs and interviews with the people who founded, built and worked at the Minas Basin Paperboard Mill in Hantsport. Information Morning's Don Connolly says about the book: "George Bishop's clear and appreciative history of the early years of this Jodrey enterprise explains the roots of the mill's place in the town and in the province. Dick Groot's choice to have so many employees share their experiences puts real blood in the veins of the story. Read their names and see their faces ... they are Nova Scotians not bitter at their losses, but proud of their work at Minas. And the pictures of the plant, after its closure but still intact—such strange beauty in those stilled machines. Would that all of us had such a book about the mills that sustained our hometowns."

ON SATURDAY OCTOBER 10TH FROM 3:00-4:30PM we are thrilled to present MICHAEL HARRIS, Canadian investigative journalist, radio personality, documentary filmmaker, novelist, iPolitics columnist and the award-winning author of nine books. Michael will be discussing his latest book, *Party of One: Stephen Harper And Canada's Radical Makeover*, just in time for the upcoming election. This event is presented in collaboration with Acadia University's Department of Politics and will be held at the K.C. Irving Environmental Science Centre (KCIC) auditorium. See poster for details, or call the bookshop at 902-542-9511.

ACADIA UNIVERSITY DEPARTMENT OF POLITICS AND THE BOX OF DELIGHTS BOOKSHOP PRESENT

Award-winning author and investigative journalist

MICHAEL HARRIS

PARTY OF ONE: STEPHEN HARPER AND CANADA'S RADICAL MAKEOVER

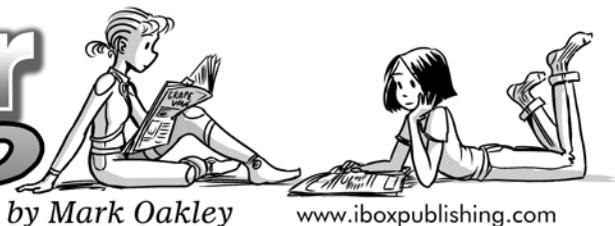
"Relentless in [its] exposure of the lies, half-truths, evasions and the hollowing out of decency in Canadian politics" (*Times Colonist*)

"A devastating critique of Canada's present government" (*Toronto Star*)

"A necessary read for all interested in political affairs in Canada and its relationship with the world around it" (*Foreign Policy Journal*)

A READING AND BOOK SIGNING WILL TAKE PLACE SATURDAY 10 OCTOBER, 3:00-4:30
at the KCIC auditorium (Acadia University campus)

star DROP



Margaret Drummond's

WORD OF THE ISSUE:

Pomaceous

an adjective

Of or relating to apples.

"Crispin, Splendor and Zestar are just a few of the ambrosial pomaceous offerings available this fall at Valley farm markets."

THESE BICYCLES ARE HANDY. HRM. -NOT AS AWESOME AS A TRASH MONSTER WOULD HAVE BEEN.

YOU'RE REALLY UNHAPPY ABOUT REALITY BEING EDITED AROUND US, AREN'T YOU? YOU WOULD BE TOO, IF YOU COULD REMEMBER!

EVERYTHING SEEMS PERFECTLY NORMAL TO ME. UH, ASHELLE, IF YOU HAVEN'T NOTICED, NOTHING ABOUT THIS IS NORMAL. NOT EVERYBODY IS AS WEIRD AS YOU!

UGH! SOMEBODY CHANGED OUR REALITY! OOH! THE IMPERIAL BASE! -THAT DOESN'T BOTHER YOU??

WE'LL RIDE ACROSS THIS CHARGE CONDUIT. -DON'T LET ANYTHING BUT YOUR WHEELS TOUCH THE SURFACE.

WE WERE GOING TO SNEAK IN ON AN OOGA-BOOGA! WHAT IS AN OOGA-BOOGA ANYWAY? IT SOUNDS MADE-UP.

-IT WAS A COOL ALIEN LIFE FORM. -I WAS GOING TO KILL IT, EXCEPT ASHELLE TAMED IT WITH HER NATURAL EMPATHY AND JOY FOR LIFE. I LEARNED A HARD BUT VALUABLE LESSON.

IT WAS FILLED WITH DARING AND WHIMSY. IT WAS COOL! -BUT NOW IT'S ALL ERASED. -BY YOUR WEIRD AUTOCRATIC DEPARTMENT OF HISTORY AND THEIR MEMORY ADJUSTMENT TECHNOLOGY.

GOSH. I CAN'T SAY I RECALL ANY OF THAT. SIGH. JENNY, IT'S NOT THAT WE DON'T BELIEVE YOU, BUT THE REALITY AROUND US RIGHT NOW IS THE ONE THAT MATTERS. WE NEED TO FOCUS ON THE PROBLEM AT HAND.

A BICYCLE RESCUE IS SORT OF DARING AND WHIMSICAL, DON'T YOU THINK? SIGH. YOU'RE RIGHT. ANYWAY, REALITY RE-WRITES ARE NORMAL FOR ME. -I JUST GOT USED TO YOU GUYS BEING MORE SOLID.

I'M SORRY. LET'S GO FIND OUR BOYS! NOW YOU'RE TALKING! CAN WE JUST BE CAREFUL, PLEASE? -I DON'T WANT TO GET KILLED BECAUSE YOU TWO HAVE WHIMSY ISSUES!

183 COMMERCIAL ST. BERWICK UNIONSTREETCAFE.CA 538-7787

UNION STREET CAFE

Food and Music

UPCOMING CONCERTS

OCT 10 — *Harvest Dance* w/ THE CONQUEROOTS (CALEB MILES, JEFF HENNESSY, NIC D'AMATO, GEOFF ARSENAULT)

OCT 16 — *Madison Violet*

OCT 17 — *Lennie Gallant*

OCT 24 — *Peter Hatz*

NOV 4 — *Sherman Downey & Matthew Byrne*

CALL 538-7787 FOR TICKETS

Gift Shop Open!
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Weekly Events

PLEASE NOTE: Event information may change without notice

Thursdays

Babies & Books — Wolfville Memorial Library 10–11am. Newborn to 2 years. *INFO:* 902-542-5760 / valleylibrary.ca

Gardens & Grub — Rec Centre, Kentville 1–3pm. Offered through the Canadian Mental Health Association, Kings Branch. *FEE:* no charge *INFO:* 902-670-4103 / club@cmhaskings.ns.ca

In the Round Knitting Group — Gaspereau Valley Fibres 1–4:30pm. Also Tuesdays 6–9pm. *INFO:* 902-542-2656 / gaspereauvalleyfibres.ca

Seniors' Afternoon Out — Wickwire Place, Wolfville 1:30–4:30pm. Social afternoon with peers. Also Tuesdays 1:30–4:30pm. *FEE:* \$10 *INFO:* Robin, 902-698-6309

Boardgame Night — C@P Lab, Wolfville Public Library, 7pm. Bring your games! Ages 12+ *FEE:* no charge *INFO:* 902-790-4536 / turpin56@gmail.com

Fridays

Bookworms Storytime — Port Williams Library, 10:30am. Stories, games, songs and fun for kids aged 3–5. *TIX:* no charge *INFO:* 902-542-3005 / valleylibrary.ca

AVD Clubhouse: Arts Program — Valley Community Learning Association, Kentville 1–4pm. Offered through the Canadian Mental Health Association, Kings Branch. *FEE:* no charge, but please pre-register. *INFO:* 902-670-4103 / club@cmhaskings.ns.ca

Chase the Ace — Royal Canadian Legion, Berwick 5pm. Chase the Ace drawn at 7:15pm, light supper served 5–7pm *TIX:* \$5 Chase the Ace, \$7 supper *INFO:* 902-375-2021 / rubyl@eastlink.ca

Fun Night — Legion (downstairs), Kentville, 7pm. Variety of music. 50/50 tickets available. *FEE:* \$2 *INFO:* kentvillelegion@eastlink.ca

Saturdays

Wolfville Farmers' Market — DeWolfe Building, Elm Ave., Wolfville 8:30am–1pm
October 3 Music: Andy and Ariana
Theme: Pumpkin Palooza
October 10 Music: Basin Street
INFO: wolfvillefarmersmarket.ca

North Mountain Market — United Church, Harbourville 9am–1pm. Until Oct. 10. Celebrate local culture & heritage through art, music, & a farmers' market that features a diverse range of locally-produced goods. *INFO:* 902-538-7923 / northmountainmarket@gmail.com

Farmers' Market — Waterfront, Windsor 9am–1pm, until December. *TIX:* no charge *INFO:* windsorfarmersmarket@gmail.com / windsorfarmersmarkets.weebly.com

Peace Vigil — Post Office, Wolfville 12–1pm

Drop in and Drum! — Baptist Church, Wolfville 1–2:30pm. W/Bruno Allard. Drop in for a hands-on workshop & jam. Learn to play the djembe with rhythms & songs from West Africa. Everyone welcome, drums provided. *FEE:* \$5 *INFO:* facebook: Djembes and Duns Wolfville

Valley Game Night — Gametronics, New Minas 6pm. Board game/card game group. Yu Gi Oh — Thursdays, 6pm. Friday Night Magic (Magic: The Gathering) — Fridays, 6pm *FEE:* no charge *INFO:* facebook.com/GameTronics

Sundays

Black River Community Market & Schoolhouse Flea Market — Kentville Legion, 8am. 50/50, kitchen open. *INFO/Tables:* 678-8935

Black River Community Market & Schoolhouse Cafe — Community Hall, 989 Upper Sunken Lake Rd., Black River 11am–2pm, 2nd and 4th Sunday of each month (next: Oct. 11). Vendors, light lunch, live music. *INFO:* 902-542-0002 / jayneileenkenny@msn.com

Social Ballroom Dancing — Community Centre, Port Williams 3–5pm. Practice your existing dance skills and learn new group dances. *FEE:* \$30 per couple per semester, or \$5 per session drop-in fee per couple. *INFO:* 902-698-2806 / DanceTime_PortWilliams@hotmail.com

Mondays

Free Community Walking/Running — Acadia Athletic Complex, Wolfville 6–9am & 6–9pm (Mon.–Fri.). On the indoor & outdoor track. *FEE:* no charge *INFO:* 902-542-3486 / sread@wolfville.ca

Painting Morning — Recreation Centre, Wolfville 9:30am–12pm. W/Evangeline Artist Cooperative. Bring your own projects to work on & be inspired by like-minded artists. *FEE:* \$2 *INFO:* Susan, 902-542-4448

Harmonica Jams — Sobey's Community Room, New Minas 10–11:30am. Light music: country, waltzes, jigs &

reels. All levels welcome, bring your harmonicas. *FEE:* no charge *INFO:* Lloyd, 902-681-3711 / Ed, 902-678-4591.

Windsor Game Night — Library, Windsor 6pm. Board game group. New players welcome! *FEE:* no charge *INFO:* meetup.com/valleygames / turpin56@gmail.com

Toastmasters — 2nd Floor, Irving Centre, Acadia 6:30–8pm. Communicative skills to enhance peaceful and effective dialogue. *INFO:* Chris, 902-691-3550 / vppr.wolfville.tm@gmail.com

Musical Jam Night — Community Hall, 659 Victoria Rd., Millville 7pm. Bring your instrument or just relax & listen to the sounds. *INFO:* cadavis@nsps.ca

Insight (Vipassana) Meditation — Manning Memorial Chapel, Acadia, 7:30–8:30pm. Weekly meditation sitting group. Drop ins welcome. 45 minute meditation followed by a short discussion. *FEE:* free-will offering. *INFO:* 902-365-2409

Tuesdays

Book in the Nook — Wolfville Memorial Library 10–10:30am. Suggested age range: 3–5. *INFO:* 902-542-5760 / valleylibrary.ca

Friends in Bereavement — Western Kings Mem. Health Centre, Berwick 10am–12pm. 1st & 3rd Tues. each month (next: Oct. 6). VON Adult Day Program Room (main floor). *INFO:* 902-681-8239 / friendsinbereavement@gmail.com

Rug Hooking — 57 Eden Row, Greenwich 1–3:30pm. Drop-in rug hooking. *FEE:* donation *INFO:* Kay, 902-697-2850

Friends in Bereavement — Kentville Baptist Church 2–4pm. 1st & 3rd Tues. each month (next: Oct. 6). Left parking lot entrance, sponsored by Careforce. *INFO:* 902-681-8239 / friendsinbereavement@gmail.com

Woodville Farmers Market — Community Centre, 342 Bligh Rd., Woodville 4–7pm. Until Oct. 6. Local producers & artisans. *INFO:* paulcameron@live.ca

Toastmasters Club — Birchall Training Centre, Greenwood 6:30pm. Develop leadership skills using a variety of tools including speaking off the cuff and speaking in public. Guests always welcome! *TIX:* no charge *INFO:* Christine, 902-825-1061 / CFernie.CA@gmail.com

Learn Irish Music — Paddy's Pub (upstairs), Kentville 7–8pm. Bring your instrument & learn to play traditional music in a relaxed, convivial setting. *FEE:* no charge *INFO:* 902-697-2148 / slowsession@outlook.com

Village Dancing — Curling Rink (upstairs), Wolfville, until end of May. Traditional Balkan and Middle Eastern no-partner-style dances. Easy-to-learn, good exercise, great music from Greece, Bulgaria, Turkey, Israel and more. Expert instruction. Introductory level 7:30–8:30pm. Advanced and request session till 10pm. *FEE:* \$7 per session *INFO:* 902-690-7897

Valley Scottish Country Dancers — 125 Webster St., Kentville, 7:30–9:30pm. All levels, no partners needed. First term: Sept 15–Nov. 24, plus Jan. 5, 12, & 18. Second Term: Feb. 2–May 3. *FEE:* \$6/class, \$60/term. *INFO:* 542-5320 / vsdc.info

Board Game Night — Paddy's Pub, Wolfville 8pm–12am *TIX:* no charge *INFO:* 902-542-0059 / judy@paddys.ca

Wednesdays

Wolfville Breastfeeding Support Group — Library (upstairs), Wolfville 10am–12pm. Now weekly. *INFO:* facebook.com/AnnapolisValleyBreastfeedingSupportGroups

Kentville Farmers' Market — Centre Square, Kentville 10am–2pm. Open year-round. *INFO:* marketmanager@kentville.ca / kentvillefarmersmarket.ca

Wolfville Farmers' Market — DeWolfe Building, Elm Ave., Wolfville 4–7pm

October 7 Music: John Tetrault **Theme:** Food Policy Night
October 14 Music: Caleb Miles **Theme:** Heritage Night at the Market
INFO: wolfvillefarmersmarket.ca

Wolfville Community Chorus — St. Francis of Assisi Parish, Wolfville 5:30–7pm. Brand new and exciting lineup of music. No experience necessary. *FEE:* \$180 per year (\$90 per term) *INFO:* 902-542-0649 / susan_dworkin@hotmail.com

Valley Youth Project — Louis Millett Community Complex, Rm 128, New Minas, 6:30–8:30pm. First and third Wed. of each month (next: Oct. 7). All LGBTQ+ and MOGI individuals 25 years and under are welcome. You can bring your friends too. *FEE:* no charge *INFO:* valleyyouthproject@gmail.com / valleyyouthproject.wordpress.com

New Horizons Band — Festival Theatre, Wolfville 7pm. Fun, informal community band under the direction of Brian Johnston. New members welcome! *FEE:* \$100 *INFO:* Donna, 902-542-7557 / macdonaldwilson@accesswave.ca

EXHIBITS

Judith J. Leidl — *Oriel Fine Art, Wolfville* • Fine art: floral paintings, scarves, acrylic paintings, prints, ceramics, and Inuit work from Baffin Island. *INFO:* 902-670-7422 / judithleidlart.com

Adeline MacInnes & Kay Lewis — *CentreStage Theatre, Kentville* • Hooked rugs on display. *INFO:* 902-678-8040 / centrestagetheatre.ca

Robert Rutherford: "The Big Picture" — *Harvest Gallery, Wolfville. Until Oct. 11* • A show of both paintings and original silkscreen prints spanning a career on the road and in the studio. *INFO:* gallery@harvestgallery.ca

Apple Bin Art Gallery — *Valley Regional Hospital, Kentville* • Approximately 100 pieces of affordable original art created by local Valley

artists. Part proceeds go towards hospital equipment and to help support Annapolis Valley health care programs.

Uncommon Common Art — *Various Kings Country locations, until mid-October (an outdoor, public art scavenger hunt)* • *TIX:* no charge *INFO:* Terry, 902-542-3981 / uncommoncommonart.com / uncommoncommonart@gmail.com

Artisans in Action — *Avon River Heritage Museum, Newport Landing 12–4pm* • Live demonstrations by local artisans who work in historical trades, crafts, and art forms. Oct. 4: Traditional NS Crafts and Techniques (Mi'kmaq, Acadian and Planters). *TIX:* no charge *INFO:* 902-757-1718 / infoavonriver@gmail.com

"Maritime Scenes" — *Jack's Gallery, Wolfville (in the JustUs! Café), through Nov. 8* • Paintings by Carol Morrison. *INFO:* acadia.cinema.coop / jacksgallery/

The Murdoch C. Smith Memorial Library



The Murdoch C. Smith Memorial Library in Port Williams is undergoing renovations beginning October 5 for six weeks.

The library will be closed on Friday October 2. Starting October 3, the usual open hours will be resumed and the temporary library will be set up in the Youth Room just down the hall from the current location. Please use the Village Office entrance.

The bookmobile will be on site Fridays, 10am–3pm during the renovation period. Please come visit us!

This page works on a first-come, first-served basis. Email your classified to: info@grapevinepublishing.ca and, if there's room, we'll get you in. Or, to reserve a placement, pay \$5 per issue (3-issue minimum commitment). Please keep listings to 35 words or less.

ASPINALL POTTERY

Canning Studio 300-9149
or weekly at the
Wolfville Farmers' Market



CLASSES/LESSONS/ WORKSHOPS:

Community Yoga: Wed. & Fri., 12-1pm @ Dance Studio, Downstairs, Old-SUB, Acadia. **FEE:** \$5, no charge for Acadia students **INFO:** Carole, cazaflows@gmail.com

Inner Sun Yoga: Classes for every level of student with certified instructors in our inviting studio space. **INFO:** 542-YOGA / innersunyoga.ca

Yoga in Kentville: My Yoga Space offers 16 classes/week, available days, evenings and weekends! Visit our website for schedule, class descriptions, teacher bios and more. **INFO:** myyogaspaces.ca

Aikido: Tuesday/Thursday, 6-8pm, Clark Commons, Acadia. A different kind of martial art, non competitive, for men and women. Develops flexibility and relaxed movement. Start anytime. **FEE:** Try it for free! Student pricing available. **INFO:** Terry Lane, 902-542-1109

Spinning Workshop Series – Gaspereau Valley Fibres w/Marilyn Rand. Spinning 101: Intro (Oct. 3), Spinning 102: Plying Techniques (Oct. 17), Spinning 103: Blending (Oct. 24), Spinning 104: Novelty Spinning Techniques (Oct. 31) **FEE:** \$65 +HST, includes mats and instruction. **INFO/Reg:** 902-542-2656

Reiki Training: Reiki level 1, 2, 3 training at your convenience. Reiki treatment available. **INFO:** Suzanne Patry (Reiki Master, B.A., B.E.d., M.Ed.) 902-542-1447 / suzzannepatry.ca

Exploring Early Developmental Movement Patterns: Oct. 24, 9:30-4:40pm @ Greenwich Community Hall. Explore the spinal patterns of movement & how they relate to perception. Facilitated by Kathie Brown, O.T. **TIX:** \$50 **INFO:** 902-582-3888 / kp@alexandersociety.org

Food and Art – Oil Painting Class: Tuesdays, through Nov 10, 7-9pm @ Acadia University Art Gallery, Wolfville. W/Steven Rhude. Examine the role of "Food" in art. All skill levels. Materials not included. **FEE:** \$170 gallery members, \$180 non-members **INFO:** 902-585-1373 / artgallery@acadiu.ca

Teen Art Saturdays (Visual Arts or Theatre): Through Nov. 2, 12-3pm @ Ross Creek Centre for the Arts, Canning 12-3pm • Ages 13-20. Composition, textures, perspective, and observational drawing and painting using acrylic and watercolour paint, pastels, pencils and charcoal. Actor's Workshop at Ross Creek is a fabulous program with Two Planks and a Passion Theatre's Artistic Director, Ken Schwartz, focused on improv and scene study. Show at program end. **TIX:** Cost: \$199 + HST, includes materials. **INFO:** 902-582-3842 / education@artscentre.ca

DONATE/VOLUNTEER:

Donate Used Clothing: Flowercart creates work and training for people. Donate your used clothing to Flowercart and keep your donation and the resulting money local. Drop off location 9412 Commercial St., New Minas. **INFO:** 681-0120 / lisahammettvaughan@flowercart.ca

Nerds Needed!: Help with a new tech club for kids 9-16. Kids will create cool projects, learn computer programming, xml/html, perl, game design, build websites & wikis, do computer animation and more. Our goal is to teach kids mastery and control of technology, and counter the dependence that the daily use of Chromebooks in school creates. Open to kids of all levels of understanding. Share your knowledge - Join the Nerd-Herd. **INFO:** 902-300-3017 / anonyms@hush.com

Pumpkin Pacer Volunteers Needed: Volunteers needed to man the race course for both the Pumpkin Pacer 5k and the Kiddies 1k & 2k on Oct. 17 in Hantsport. Halloween dress up is encouraged and exuberant cheering on of runners is required. The Pumpkin Pacer supports the local food bank with part of each registration. **INFO:** scarey@westhants.ca

Volunteers needed: Ross Creek Centre for the Arts. Bookkeeping, gardening, program planning, trail cutting, cooking, light construction, welcome wagon for artists, and more! If you have skills and/or interest and love to be in a creative environment where you can make a big difference let us know! **INFO:** artscentre.ca

FOR HIRE/PURCHASE:

Pam's Editing Services: Make your writing look professional! Experienced editor and journalist can help you with: press releases, manuscripts, ads, reports, school essays, proposals. **FEE:** \$35/hr. **INFO:** Pam, 306-0570 / pamsediting@gmail.com

Let Donna Do It!: Do you have a resume, school paper, or other document that needs editing? Do you have paperwork that needs

transcribing, or a business that needs promoting, or another administrative job that needs doing? Let Donna do it for \$35 per hour (\$18 for ½ hour job). **INFO:** donnaholmes712@gmail.com / facebook.com/letDonnadoit.

Interior/Exterior Painting: Women in Rollers does accurate quotes, shows up on time to work, and performs to perfection. We even leave your home neat and tidy! Call today for your free estimate. **INFO:** Pamela, 697-2926

Hand-Crafted Urn Boxes: Respectful, wooden, locally-made. **INFO:** Farmer Eddie, 542-3387

Massiah's Cleaning: The best services, prices and quality of work. Stripping, waxing, deep scrubbing, recoating, buffing, tile & grout, cement & degreasing, carpets & general. Throughout the Valley, 24 hours a day, 7 days a week – even on short notice. Maintenance plans available. **INFO:** Ryan, 691-3614

Sport Cards & Memorabilia: Our inventory is close to a million Sport Cards, all on a database, Price Guides, and Memorabilia. It covers all sports and Nascar Racing. We provide a quick response and can help you. If you are thinking of selling give us the opportunity to talk to you. Like your collection on a database, contact us. **INFO:** fjp@eastlink.ca / 902-678-3653

Acupuncture / Chinese Medicine / Herbal Care: #221, 112 Front St. Wolfville (above EOS). Hi, I'm Devorah Fallows & I'm committed to supporting health in our community. Find lasting, overall health by getting to the root of your problem using natural, safe & healthy methods. Specializing in menopause, sexual & reproductive health, emotional balancing & sleep restoration. Children welcome. **INFO:** 300-3017 / devorah@oceanbayclinic.com / oceanbayclinic.com

Face Painting: For any occasion, party, festival or event, for both children and adults. Based in Canning. **INFO:** tam@tigerlilycreations.com / facebook.com/Tigerlilycreations

Errand Runner, Personal Shopper, Light Trucking & Deliveries: Serving your individual needs in the Annapolis Valley. **INFO:** John, 698-6766

Tracks on Trails: New dog service based in Wolfville and serving surrounding areas. Dog hikes, training and more! **INFO:** Cheryl, cheryloxford5@gmail.com / tracksontrails.ca

Travel Planning Professional: Free, no obligation quotes. Get yours today! Friendly, professional service. Valley based! **INFO:** Denise with The Destination Experts, 902-692-9581 / 1-866-8969 x357 / dmacmillan@TheDestinationExperts.com

Tarot Reading: Tarot reading or learn how to become a Tarot Reader. Appointment at your

convenience. **INFO:** Suzanne Patry (Reiki Master, B.A., B.E.d., M.Ed.) 902-542-1447 / suzzannepatry.ca

Experienced Seamstress: Wolfville. Providing high quality work and a quick turnaround time. Hemming/small repairs starting at \$12. Alterations starting at \$15. Adding/replacing buttons, snaps, and zippers starting at \$10. Made-to-order skirts and scarves. Customized home decor such as lined curtains, valances, throw pillows, dog beds and memory pillows. Call/text for a free quote. **INFO:** Tina Marie, 902-300-4601

ACCOMMODATIONS:

House Sitting: 30-something professional able to provide house-sitting arrangements, within Wolfville preferred, car-required if beyond. Available anytime, references available. **INFO:** jeremy.t.novak@gmail.com

GENERAL:

Seeking Vendors for SPCA Event: Kings County SPCA will be holding their Santa Claws Vendors' Event on Oct. 25, 10am-3pm @ the Louis Millett Centre, New Minas. Seeking crafters/vendors of all types! Book your 8' table for \$35 each. **INFO:** santaclawsevent2015@gmail.com

Hantsport Harvest Fest: Masquerade Balls, race and Zombies-we have it all! The fun starts Oct. 16. Check us out online! **INFO:** hantsport Harvestfest.com

50th Annual Acadia Business Banquet: Oct. 22, The Old Orchard Inn, Wolfville. Tickets available through Oct. 15. **TIX:** \$70, \$25 students **INFO:** boxoffice.acadiu.ca

"After Midnight" Album Release: After Midnight is an experimental/ambient collection by Nathan W. Mack, featuring 13 tracks ranging from 30 seconds to 5 minutes. Available starting Oct. 31 at the following Wolfville locations: The Rolled Oat, Muddy's Convenience, Paddy's Pub, Herbin's Jeweler, The Market, Retro Runways Fashions, Banks Bikes, A Cut Above (Wolfville Hair Design), The Box of Delights Bookstore, Just Us!, Carl's Independent, and Rainbow's End. \$5 suggested price. **INFO:** 902-599-2253

Lost Cat!: Named Sadie. Female spayed. Petite. Ten years old. Long white fur with black tail, black spot on back and head. Green eyes. Missing from Greenwich area. We miss her! **INFO:** Margaret, 902-697-2732

Adventure Club for Youth: Wednesdays, 6:15-7:30pm @ Baptist Church, Kentville (503 Main St.). Snacks, games, activities, theme parties, music, stories, special events and more! Open to all kids P-6. **TIX:** no charge **INFO:** info@kentvillebaptist.org

MUSEUMS

Haliburton House Museum – 414 Clifton Ave., Windsor • TIX: Admission: \$4 adult, \$2.80 child/youth/senior, no charge under 5, \$8.65 family. **INFO:** 902-798-2915 / haliburtonhouse.novascotia.ca

Windsor Hockey Heritage Centre – 414 Clifton Ave., Windsor • Open 9am-5pm daily in summer, Tues.-Sat. in off season. See the equipment with which the game began: wooden pucks, handmade one-piece hockey sticks carved by Mi'kmaq natives, stock skates and world-famous Starr skates, as well as early forms of protective equipment. **TIX: no charge,**

donations welcome **INFO:** 902-798-1800 / windsorhockeyheritage@hotmail.ca

Blue Beach Fossil Museum – 127 Blue Beach Road, Hantsport • Open daily 9:30am-5pm, until Oct. 31. The official birthplace of vertebrate paleontology in Canada. Come for one of our tours to explore 350-million year old footprint-beds, fossils of fish, plants, and so much more. **INFO: 902-684-9541 / bluebeachfossilmuseum.com**

The Old Kings Courthouse Museum (Kings County Museum) – 37 Cornwallis St., Kentville • Open Mon.-Fri., 9am-4pm. Learn the history of Kings County with special focus on the Acadians and New England Planters. The Kings Historical Society and their Genealogy Center is also located in this building. UPCOMING:

Witchcraft With Clary Croft – Oct. 24, 7pm. **TIX:** no admission, donations welcomed. **INFO:** 902-678-6237 / museum@okcm.ca / okcm.ca

Ross Farm Museum – 4568 Hwy 12, New Ross • Open Wed-Sun, closed Mon. & Tues. Milking a cow, spinning wool or tasting a delicious treat in the cottage are just three things that happen regularly here at Ross Farm. Every visit is unique as the work changes with the seasons. **TIX: \$6 adult, \$5 senior, \$2 child (6-17), no charge age 5 & under. **INFO:** 902-689-2210 / rossfarm.novascotia.ca**

Prescott House Museum – 1633 Starr's Point Rd. • Last day of the season, Oct. 3. Learn about the life of Charles Prescott and his family. **TIX: \$4 adult, \$2.75 child/senior, no charge under 5, \$8.50 family. **INFO:** 902-542-3984**

/ prescotthouse.novascotia.ca / baldwidj@gov.ns.ca

Charles Macdonald's Concrete House Museum – 19 Saxon St., Centreville • Open Tues.-Sat., 11am-5pm, Sun. 11am-4pm. A unique house built entirely of concrete and finished smooth with paint. The yard contains concrete lawn sculptures of: deer, a mountain lion, giant mushrooms, and other fanciful figures and furniture. **TIX: "We're free, are you?" **INFO:** 902-678-3177 / concretehouse.ca / info@concretehouse.ca**

Apple Capital Museum – 173 Commercial St., Berwick • **INFO: 902-538-9229 / facebook.com/BerwickVICMuseum**



MARKET NEWS

SATURDAYS ✨ 8:30AM - 1PM ✨

Over 50 Farmers, Chefs & Artisans!



24 Elm Ave, Wolfville ✨ WolfvilleFarmersMarket.ca

UPCOMING EVENTS

Sat Oct 3 Andy and Ariana
 Wed Oct 7 John Tetrault
 Sat Oct 10 Basin Street
 Wed Oct 14 Caleb Miles
 Sat Oct 17 George Symonds
 Wed Oct 21 Liam Potter
 Sat Oct 24 Shelder the Electric Clamfish
 Wed Oct 28 Tevon Tynes and Jon Smith
 Sat Oct 31 Pat and Daiva
 Wednesday 5-7pm
 Saturdays 10am-1pm

Event Details

Saturday, October 3, 8:30am – 1pm: Pumpkin Palooza

Pumpkins, pumpkins everywhere... on the ground, on display, and yes, even in the food! During Pumpkin Palooza we decorate the market with pumpkins galore. Vote for the vendor with the most eye-bewitching pumpkin sculpture and you could win a pumpkin full of market goodies! Fancy a pumpkin-flavoured treat? Look around the market to see which vendors have squash and pumpkin tastes and fall-themed crafts. Kids can decorate a pumpkin at the Children's Craft Table.

Wednesday, October 7, 4pm – 7pm: Food Policy Night

The Market has invited each political party to join us to share a recipe and engage our community in a moderated conversation about food and enhancing our understanding of the perspectives and policies of different political parties towards food policy.

Wednesday, October 14, 4pm – 7pm: Heritage Night at the Market

We are excited to be hosting Heritage Night at the Community Wednesday Night Market. Together we will be showcasing, celebrating, sharing, and learning about the many cultures that are part of our history and our community. Come enjoy our World-on-a-Plate Market Supper with international menu and meet people from around the world who have made the Valley their home. We will have organizations that support newcomers and others who can help tell the story of our shared heritage here in the Annapolis Valley. Stay tuned for further info.

Wednesday, October 21, 4pm – 7pm: Health & Wellness Fair

Everyone likes to be treated! Join us for our Health and Wellness Fair as part of our regular Market and Community Supper. It will be a night of complimentary mini-treatments, sharing of information about all the available services in the community, and natural health care consultations. There'll also be lots of healthful yummy eats and advice from our regular and new vendors! This Wednesday also includes The Mingle – supported by the WBDC and facilitated by Elsie of Wetmore Counselling – it's a time for local business owners, budding entrepreneurs, or business students, etc., to network with other business professionals (4:30pm – 6pm).

Wednesday, October 28, 4pm – 7pm: Acadia Night at the Market

Please come and meet students, faculty, and staff from one of the country's top educational institutions while enjoying a Market Supper and getting your mid-week grocery top up. Professors will answer questions about their research, students will share information about their community initiatives, and student groups will be offering activities for the kids. Also join us for our Vintage Bazaar with Daisy Roots Vintage, In.Formation, and No Faux. We will be featuring Vintage clothing and Conscious Couture! Come in your own vintage attire or use the tickle trunk and have a photo taken in the Photo Booth.

Saturday, October 31, 8:30am – 1pm: Halloween at the Market

Throw on your ghoulish attire and join us for an All Hallows Day at the Market. Join in on the Market's zombie walk while you shop for your groceries. Customers can vote on their favourite Vendor Costume (both Vendor & Customer will win a prize).

Market Team Profile:

ANTHONY FORSYTH



What is the most important thing that the Market achieves from your perspective? The market is an integral part of our food system. It helps to create resilience sustainability in our food system, and provides members of the community with healthy and in-season local foods and artisanal products.

If you were to tell a friend why you work with the Wolfville Farmers' Market, what would you tell them? First and foremost it's a great avenue to network with members of the community! Volunteering at the Market gives me a sense of pride and it's a wonderful opportunity to give back to the town of Wolfville.

What is it that you would most like to contribute to the Market Community? I hope that I contribute to the Market community in a positive way! Along with the other volunteers at the Market, we strive to provide great customer service in hopes that everyone from the community enjoys their experience at the Market.

What is your role with the Market Team? Please describe what you do. I am a volunteer who assists with the set-up, maintenance, and take-down aspects of the Wolfville Farmers' Market.

Facility Rental Info

You can now rent the whole Wolfville Farmers' Market building for your special events — think dances, extravagant dinners, fashion shows, weddings, or trade shows. This is a flexible space with character that can be dressed up for elegance or less formally with hoe-down community spirit. The building was born as an apple warehouse and has our agricultural heritage in its bones and timbers. Of course, our Community Room will continue to be available.

For more information, contact WFM Manager, Kelly Marie at manager@wolfvillefarmersmarket.ca or call 902-697-3344.

Integrity
 WFM's only
 Certified Organic
 Produce Vendor
stewartsorganicfarm.com

Jordan's Natural Acres
 Grass Fed Beef & Pork, Free Range Chicken & Eggs
 Provincially inspected, no growth hormones, antibiotics, or steroids.
 2439 Davidson St., RR#1, Wolfville, NS
 542-2046 / jordansnaturalacres@gmail.com

Longspell Point Farm
 • Free Range Beef, Pork & Chicken • Vegetables
 • Whole-Grain Flour
 245 Longspell Rd, Kingsport • 680-5615 • 582-3930
jeffmcmahon@xcountry.tv

PRIVET HOUSE
 • RESTAURANT •
 Join us at the WFM for fresh salads, sauces & dressing and our signature sliders.
 406 Main St, Wolfville 542-7525
privetouserestaurant.com



Mini Chat with Susan & Jim at The Rainbow's End Bookstore

Rainbow's End Books & Discs
388 Main St, Wolfville
(902) 697-3090

Facebook: Rainbow's End Books and Discs

During the month of October, The Rainbow's End Bookstore will be moving across the road to 395 Main St., the site of the now-vacant Dollar Store. Because they are stuffed to the rafters with collectibles, there's a chance that they'll be running both locations for a few days. Susan and Jim had a little time before the the big move to chat with us.

Why are you moving?

It'll be a bigger location for us. We'll be gaining a good 50% more space and it comes with storage (a dry basement).

You've been in business in Wolfville for 6 years, can you make a comment about doing business here in town?

It's been good. The tourism season is always the best (and Christmas), and this year the dollar situation has made it even better for us. Americans have been more abundant this year and not having Main St. road repair has really helped. Last year our numbers were down because of it. Having a second grocery store in town is helpful for us as well (Cuts has recently taken over the old Apple Warehouse...Pete's location).

What sort of new stuff are you getting on a regular basis?

Comics, board games, Manga, graphic novels, cards, and records. We sell new and used items and we buy-and-sell with our customers.

Congrats on the move.

We couldn't afford not to.

As for the Dollar Store, they closed this week for various reasons. According to a strong source, there's a good chance they will be reopening in Wolfville down the road when the time is right. As for the rumours of a cidery coming into the Rainbow's End's present location, it can neither be confirmed or denied at this time.

Photo credit: Jeremy Novak



**WOLFVILLE'S BUSINESS BUZZ
(THE WBDC IS 35 YEARS OLD!)**

Wolfville Magic Winery Bus Growing as Attractive Experience for Tourists



The Magic Wine Bus arrives at Lockett's Vineyards. Photo Credit: David Hovell

The Wolfville Magic Winery Bus, recognized as one of the top wine tourism destination experiences in the region, continues to grow and is attracting increased numbers of visitors to the region in its fourth season.

2015 attendance is expected surpass last year with over 5,500 visitors by the season's conclusion on October 18th. On average, 360 people per weekend converge on the Wolfville area for this unique wine destination experience (a 7% increase over 2014).

With three weekends remaining, there are still seats available for visitors and local residents to enjoy a day's journey through Nova Scotia Wine Country. To book tickets, guests can visit wolfvillemagicwinerybus.ca or call the ticket centre at 1-888-311-9090.

The Wolfville Magic Winery Bus has attracted visitors from all corners of Atlantic Canada and as far away as the United States, United Kingdom, Italy, Netherlands and Germany. Visitation from the United States is up 45% while other Canadian visitors, from outside Nova Scotia, has risen 6% this season.

"Our guests are describing the Wolfville Magic Winery Bus as a definite must, a blast, great value, beautiful and most

fun ever," said David Hovell, Manager, Wolfville Magic Winery Bus. "We are aiming to make the Wolfville Magic Winery Bus the most sought after wine destination experience in Atlantic Canada while continuing to have a positive economic impact on the region."

The Wolfville Magic Winery Bus is North America's only hop-on, hop-off wine tour aboard a traditional British double decker bus. At each stop, visitors enjoy vineyard tours, wine tastings, food pairings, and fine to casual dining opportunities plus browsing through wine retail shops. Wineries on the route, which begins and ends in downtown Wolfville, include: Domaine de Grand Pré, Lockett Vineyards, L'Acadie Vineyards and Gaspereau Vineyards.

In 2014, the Tourism Industry Association of Nova Scotia (TIANS) awarded the Wolfville Magic Winery Bus with its prestigious Tourism Innovator Award and acknowledged it as an outstanding example of how partnerships and collaboration can help leverage visitation to a region and add depth to our product offerings. The estimated economic impact of the Wolfville Magic Winery Bus on the local economy last season was \$602,000.00.



Mini Chat with Sam McNeil of La Torta

La Torta Woodfired Pizzeria
117 Front St.
902-542-1099

Sam McNeil grew up on Church St. and has always paid attention to Wolfville. He recently opened up a pizzeria called La Torta in the old Front & Central restaurant location. His intention is to get 12 micro-brewns and wine on-tap and he recently sat down with us for a small chat.

What about the name La Torta?

In Italian it means 'the pie'.

How was business the first weekend?

It was through the roof. On Friday evening we simply put the sign out and we were packed until 11pm. We went through 270 dough balls (pizzas) on Saturday alone.

Tell me about the oven.

It's handmade in Italy, completely wood-fired, cooks a pizza in 80-90 seconds, and operates at 900 Fahrenheit. We're working on having a VPN certification which will mean that we're accountable for certain standards and ingredients.

Why open up in Wolfville?

Seemed like the right thing to do. Pizza is very simple, complicated, and elegant. It's something everyone enjoys and I can't think of a more social fit.

In photo at top, Left to Right: Charlotte Wightman, Sam McNeil, Sidney Ritchie, April Rossiter
Photo credit: Jeremy Novak



360 MAIN ST. WOLFVILLE, N.S.
902 542 2596



Sunny Mun opened Danji Korean & Japanese Cuisine this week located at 8 Elm Ave., the old Ivy Deck Bistro & Fez Cafe.



WHAT'S HAPPENING FROM OCTOBER 1-15, 2015

SEND YOUR EVENTS TO INFO@GRAPEVINEPUBLISHING.CA



Please note: Events are subject to change.

THURSDAY, 1

Harvest Supper – All Saints Anglican Church, Kingston 4:30-6pm • Ham, baked beans, scalloped potatoes, pumpkin pie, apple crisp. **TIX:** \$10 adults, family rates available **INFO:** 902-765-4023 / hulfordseastlink.ca

Information Session on Home Remedies. – Community Hall, Harbourville 6:30-8:30pm • Speaker Dr. Lois Hare N.D. We want to hear your home remedies, too! **TIX:** \$2 **INFO:** 902-847-3134 / mountaingirl@eastlink.ca

Music Jam – Community Center, Cambridge 7-10pm. Also Oct. 8 and 15. • Everyone welcome. Free will offering, 50/50 tickets. Any donations to the refreshment table are greatly appreciated. **TIX:** donation **INFO:** 902-538-9957 / gands@xcountry.tv

NonDuality meetup – Manning Memorial Chapel, Wolfville 7-9pm • Join us for a thoughtful, perhaps meditative discussion on consciousness as you see it. What does it mean to YOU, to be fully human? **TIX:** no charge **INFO:** 902-365-5235 / johnotvos@hotmail.com

Talk: Women's Movement in India: The Rural Reality – K.C. Irving Environmental Science Centre, Wolfville 7-9pm • 2005 Nobel Peace Prize nominee, Malika Viridi, will talk about her work with rural women farmers and the current situation regarding land, development and women's status in rural India. The issues and perspectives she brings from rural Himalaya have surprising relevance to those facing small farmers in rural Nova Scotia. Presented by Women's and Gender Studies and the Department of Community Development, Acadia University **TIX:** no charge **INFO:** 902-585-1289 / gillian.poulter@acadiu.ca

FRIDAY, 2

International Cafe – Kings Volunteer Resource Centre, Kentville 9:15-11am • Helping to connect newcomers, immigrants and international students with the community. Enjoy coffee with new friends. **TIX:** no charge **INFO:** 902-678-1398 / info@kingsvolunteerresourcecentre.ca

Library Book Club – Library, Berwick 10-11:30am • Join us for the first Berwick Library Book Club. We will meet the first Friday of each month. This month we will read and chat about the book *The Art of Racing in the Rain* by Garth Stein. **TIX:** no charge **INFO:** valleylibrary.ca

RUN TMC, BBQ Fundraiser & Bottle Drive – Taylor MacLellan Cochrane, Kentville 11am-2pm • TMC Law is participating in CIBC's Run for the Cure as "RUN TMC". BBQ is a free will offering and we will have a bin for bottles! **TIX:** donation **INFO:** 902-678-6156 / young@tmclaw.com

Art For Wellness – Valley Community Learning Association, Kentville 1-4pm • A simplified arts experience in a stress-free environment for those who live independently but struggle with mental health issues including stress and anxiety. Please let us know you are coming so we have enough materials for everyone. **TIX:** no charge **INFO:** 902-670-4103 / club@cmhakings.ns.ca

The Fall Ride Along – Clock Park, Wolfville 2:30-7pm • Learn the importance of active

transportation, and how to fix minor repairs that includes a flat tire. Join a community bike ride that departs the Wolfville Farmer's Market after 4pm. **TIX:** no charge **INFO:** griedebd@gmail.com / drayton.haley@gmail.com

TGIF Supper – Royal Canadian Legion, Kingston 5-7pm • Steak, baked potatoes, veggies and coleslaw. **TIX:** \$7 eat in, \$7.50 take out **INFO:** 902-765-4428

Loop Harvest Dinner – Planters Ridge Winery & Vineyard, Port Williams 6:30-9pm • A 5-course dinner, featuring Chef Michael Howell. Each course will be paired with a Planters Ridge Wine and Devour short film. Limited seating available. **TIX:** \$60 + tax, by phone or email. **INFO:** 902-542-2711 / info@plantersridge.ca

Avon Spirit Coffeehouse – Avon River Heritage Museum, Newport Landing 7-10pm • All welcome, sign-up starts at 7pm. **TIX:** no charge **INFO:** 902-757-1718 / infoavonriver@gmail.com

Creepy CarnEVIL – Haunted Hollow, Upper Canard 7-9pm • Haunted attraction runs every Friday and Saturday evening, except for Halloween. Proceeds for Coldest Night of the Year (Open Arms) and Misfit Manor Dog Rescue **TIX:** \$10 adult, \$5 children **INFO:** mcorkum1@hotmail.com

Auction – Community Hall, Melanson 7pm • Auctioneer: Doug Crowell. Canteen Available. Proceeds for the Wallbrook Baptist Church. **INFO:** 902-542-5931

NS Bike Summit Social – Farmers Market, Wolfville 7:30-10:30pm • Opening night of the 10th Annual Nova Scotia Bike Summit. It will be a relaxed social gathering for folks that are interested or involved in cycling of any kind. Presentations, local beer on tap, and a fashion show! Sunset ride beforehand. **TIX:** no charge **INFO:** 902-225-4714 / abarnett@bicycle.ns.ca

ORO! Orkestra Dance Party – Horton Community Centre, Grand Pré 8pm • Celebrate this first dance of our fall season in style. There's a rumour our new t-shirts might even be ready! This is a family-friendly event. Bring a water bottle. **TIX:** \$10, \$5 students, no charge for under 12 **INFO:** oro.orkestra@gmail.com

The Hupman Brothers' Blues Band – Michelin Sports and Social Club, Waterville 8:30-11:30pm • Members and Guests Welcome! **TIX:** no charge **INFO:** 902-538-9267 / michelinclub3@gmail.com

SATURDAY, 3

Lions Breakfast – St Andrew's Anglican Church Hall, Hantsport 7-10am • Pancakes, eggs, bacon, hash browns, toast, juice, tea or coffee. Sponsored by the Hantsport & District Lions Club. **TIX:** \$6 adult, \$3 ages 6-12, no charge under 5 **INFO:** 902-684-9529

Breakfast – Royal Canadian Legion, Kingston 7:30-10:30am • Eggs, bacon, sausage, hash browns, baked beans, fish cakes, french toast, pancakes, toast, tea/coffee/juice. **TIX:** donation **INFO:** 902-765-4428

Breakfast – United Baptist Church, Canning 7:30-10:30am • Pancakes, bacon, sausage, beans, eggs, hash browns, toast, tea and coffee. Free will offering **TIX:** donation **INFO:** 902-582-3227

Flea Market – Community Hall, Somerset 8am-1pm • Hot dogs/hamburgers/drinks for sale. Quilt raffle. **TIX:** no charge **INFO:** 902-678-0332 / elva.kelley@ns.sympatico.ca

Homemade Hot Breakfast – Community Hall, Millville 8-10am • Baked beans, Jimmy Lamb Ham, Canaan Land Free Range Eggs, Farmer's Diner Bread and Local Fruit Bowl. **TIX:** donation **INFO:** 902-847-0116 / cdavis224@yahoo.ca

Apple Fest – Town Hall, Berwick 8am-5pm • 2nd Annual Apple Fest with events all over Town. Lions Breakfast. Local produce and product tasting. Book Sale at the Library, Specials at local businesses. Dessert contest. Crafts and lots more!! **TIX:** no charge **INFO:** 902-538-8616 / cboylan@berwick.ca

Breakfast – Jolly Workers Hall, Black Rock 8-10am • Sausage, eggs, hash browns, beans, pancakes, fruit salad, donuts and more. **TIX:** donation **INFO:** 902-538-9993 / d.garber@ns.sympatico.ca

Pumpkin Palooza – Farmers Market, Wolfville 8:30am-1pm • Pumpkins, pumpkins everywhere, even in the food! **TIX:** no charge **INFO:** 902-697-3344 / manager@wolfvillefarmersmarket.ca

10th Annual NS Bike Summit – Louis Millet Community Complex, New Minas 8:30am-4:30pm • 8:30am Registration, 9:45am Community Conversations: Successes and Challenges in your neighbourhood, 10:30am The Debaters: Sharing the road? 11:15am Concurrent sessions, 12:15pm Lunch & Keynote address, 1:30pm Active Transportation in Nova Scotia, 3pm Concurrent sessions, 1-4:00 pm Try-a-Ride: try scooters, skateboards, and all kinds of things with wheels, 2-3pm Demo by Cool Moves BMX group, 5:45pm Town of Berwick Sunset Ride (mt@ecologyaction.ca) **TIX:** \$25 **INFO:** 902-225-4714 / abarnett@bicycle.ns.ca

Giant Flea Market – Centre Square, Kentville 9am-2pm • Looking for crafters, yard salers, bakers, food vendors and anyone with quality items for sale. \$10 per table. **TIX:** no charge **INFO:** 902-679-2514 / marketmanager@kentville.ca

Harvest Fest – Centre Square, Kentville 10am-2pm • Kick off the month long Pumpkin People celebration! Live Music, food, giant flea market, kids games and activities, face painting and more! Rain or shine event. **TIX:** no charge **INFO:** 902-679-2500 / recreation@kentville.ca

Mini Monster Sale – Fire Hall, New Minas 10am-1pm • Gently used & new items: for baby, toddler & pre-school. Clothing up to 6x, toys, strollers, toddler beds, etc. **TIX:** \$2, no charge under 12 **INFO:** minimonstersale@hotmail.com

Phantom's FreakShow Haunted House – Stirling Fruit Farms, Wolfville 11am-10pm. Also Oct. 4, 8, 9, 10, 11, 15 (see full schedule online) • Helping to support the IWK Foundation, one scare at a time! Check out our FreakShow website for more family friendly events that will be happening at Stirling Fruit Farms this autumn. **TIX:** \$7 adult \$5 ages 10 and under **INFO:** phantomsfreakshow.com

Forest of Screams Haunted House – Noggins Corner Farm, Greenwich 11am-6pm. Also Oct. 4, 10, 11, 12, 17, 18, 23, 24, 25, 30 • Noggins Corner Farm Market Highway 1 Greenwich

Presents: Forest of Screams Haunted House In support of the Canadian Red Cross and DART (Disaster animal response team) Be Afraid... Be Very Afraid... **TIX:** Noggins Farm regular admission **INFO:** pinkstarlady@hotmail.com

Book Signing – Box of Delights Bookshop, Wolfville 1-3pm • Sidewalk Signing with Paul and Pierre Doucet, authors of "The Landscape of Reality", a book that questions whether the complexity of nature is designed or the result of chance events over time. **TIX:** no charge **INFO:** 902-542-9511 / boxofdelightsbooks.com / thelandscapeofreality.com

Grow With Art Children's Workshop – NSCC Kingstec, Kentville 1-3pm • W/Roberta Mortensen. Art works may be rented/exchanged at this time. Ages 6-14. **TIX:** \$2 per child. **INFO:** irenehazell@hotmail.com

Fundraiser for Mary Hazel – Fire Hall, Aylesford 1-5pm • Variety Show, bake sale, yard sale, 50/50 draw and tickets on a basket full of goodies. **TIX:** no charge **INFO:** 902-681-9602 / sara_strum@hotmail.com

Valley Stamp Club meeting – Community Centre, Port Williams 1:30-3:30pm • Bi-monthly meeting. Doors open at 12pm to allow time for members trading, talk etc. Visitors welcome. **TIX:** \$6 annual dues, \$1 per meeting **INFO:** 902-665-4577 / stamps@eastlink.ca

AxeMen Football – Raymond Field, Wolfville 2pm • VS Mount Allison **TIX:** no charge for Acadia students **INFO:** acadiaathletics.ca

Turkey Supper – United Church, Aylesford 4:30-6:30pm • Turkey supper with homemade apple pie for dessert. Wheelchair accessible. **TIX:** donation for eat in, \$10 for take outs **INFO:** 902-847-1174 / tsskiner@eastlink.ca

ACTS Celebration – Third Horton Baptist Church, Kentville 5:30-8pm • Actively Celebrating, Teaching and Sharing. All denominations, Inter-generational. Pot luck supper 5:30pm, Worship 6:30-8pm **TIX:** no charge **INFO:** 902-681-6379 / pastorkarend@eastlink.ca

MADD Music Variety Show – Fire Hall, Kingston 7pm • Fundraiser for MADD. Local entertainment including Country Kids, Country Harmony and Wanda (Newfie) Beaudoin. **TIX:** donation **INFO:** 902-341-2185 / bayoffundynsmaddchapter@gmail.com

Turkey Supper – Lions Club, Berwick 7-9pm • Hosted by Berwick Curling Club. Dinner, silent auction, music. **TIX:** \$30 **INFO:** Brad, 902-538-3612

Fred Eaglesmith – Evergreen Theatre, Margaretsville 8-10:30pm • Pure rock 'n' roll reminiscent of 1966. **TIX:** \$25, \$10 students **INFO:** 902-825-6834 / evergreentheatre@gmail.com

Dance Through The Decades with RUCKUS – Community Centre, Port Williams 8pm-12am • Dance the night away to the good old tunes of the 50's, 60's, 70's. 19+ event. **TIX:** Limited tickets, advance purchase. \$7:50 per person cover. **INFO:** 902-698-2806 / 902-679-9291 / DanceTime_PortWilliams@hotmail.com

Dance: Appaloosa – Royal Canadian Legion, Kentville 9pm-12am • Bar and kitchen available. Age 19+ **TIX:** \$ 7 per person **INFO:** 902-678-8935



VALLEY EVENT TICKET GIVEAWAY: CHANCE TO WIN 2 TICKETS TO:
 Broken Leg Theatre - Harvest, Saturday October 17, 7pm, Al Whittle Theatre, Wolfville.
 Draw date: Monday, October 12 Enter all draws: valleyevents.ca/win

SUNDAY, 4

Windsor Lions Breakfast – Hants County Community Centre, 7:30-9:30am • Scrambled eggs, bacon, pancakes, bologna, beans, toast and coffee/tea. **TIX:** \$7 **INFO:** bodean1@eastlink.ca

Making Tracks Cycling Safety and Skills Session – County of Kings Municipal Complex, Kentville 9:30am-12pm • Parents and children ride together as they learn to become more confident, knowledgeable, and skilled cyclists. Hands-on, fun activities, and valuable information and tips on safety, preparedness, rules-of-the-road and etiquette, technical skills, equipment maintenance, and community route planning. Learned skills will be put into practice with a ride of Miner's Marsh. Please RSVP. **TIX:** no charge **INFO:** Julian, 902-538-0520 / mt@ecologyaction.ca

Ticket Auction – Royal Canadian Legion, Berwick 11am-2pm • Fur To Feathers Ticket Auction, canteen, all new items, baskets, 50-50, gift certificates. **TIX:** no charge **INFO:** 902-538-8618 / janellodyperry@hotmail.com

Artisans in Action – Avon River Heritage Museum, Newport Landing 12-4pm • Traditional Nova Scotian Crafts and Techniques (Mi'kmaq, Acadian and Planters). Lantern making and weaving workshop 12-3pm, hosted by the Summerville Lantern Festival and sponsored by Burgess Baskets. **TIX:** no charge **INFO:** 902-757-1718 / infoavonriver@gmail.com

Annual Family Walk – Stronach Park, Kingston 1-3pm • The Greenwood Military Family Resource Centre invites you to celebrate National Family Week with our annual walk at Stronach Park (Duck Pond) in Kingston. Free BBQ, family photos, face paintings, games and more! **TIX:** no charge **INFO:** 902-765-5611 / home@greenwoodmfr.ca

6th Annual Sisters In Spirit Vigil – Acadia University Art Gallery, Wolfville 1:30-3:30pm • Short presentations, art activity and sharing in ways that remember, honour and celebrate missing and murdered Aboriginal women and girls, men and boys, and entire families. **TIX:** no charge **INFO:** 902-585-1373 / artgallery@acadiau.ca

AxeWomen Rugby – Raymond Field, Wolfville 2pm • VS Saint Mary's. **TIX:** no charge for Acadia students **INFO:** acadiaathletics.ca / acadiaathletics.ca/fancentral/tickets

Kentville Ravine Guided Walk – Ravine Hiking Trail, Kentville 2-4pm • W/Marina Myra (Friends of the Kentville Ravine Society). We will look at the many mushrooms in the ravine and some of the special features of this beautifully convenient Old Growth Hemlock Forest. Wear clothing appropriate for the weather and sturdy footwear for rough terrain. This is a family friendly event. No dogs please. **TIX:** no charge **INFO:** facebook.com/kentvilleravine

Fundy Film screens JIMMY'S HALL – Al Whittle Theatre, 4 & 7pm • Director Ken Loach recounts the true story of activist Jimmy Galton and his deportation from Ireland during the country's "Red Scare" of the 1930s. **TIX:** \$9 **INFO:** 902-542-5157

Harvest Hymn Sing – United Baptist Church, Port Williams 7pm • An evening of great old fashioned hymn singing along with special guests The Rand Family of fine musicians, Band2gether, a super contemporary Christian band and the musical stylings of our own Ken Bezanson. **TIX:** donation **INFO:** 902-542-3681 / pburden@ns.sympatico.ca

Hymn Sing – Stoneyhill United Baptist Church, Lockhartville 7pm • Special Guests "Next Generation". Lunch to follow **TIX:** donation **INFO:** 902-542-2014

Steve Lee Trio CD Release – Troy Turkish & Mediterranean Restaurant, Wolfville 8-5pm • Swing and Latin trio with backing vocal by Jayn Kenny and Raye-Anne Levy. Jam afterward. **TIX:** \$10 **INFO:** 902-681-9875 / sjlee2009@hotmail.com

MONDAY, 5

Gaspereau Rec AGM – Gaspereau Elementary School, 7pm • All residents of the area are welcome, and encouraged to attend. **TIX:** no charge **INFO:** gaspereau.rec@gmail.com

TUESDAY, 6

Homemade Soup and Dessert Luncheon – Orchard Valley United Church, New Minas 11:45am-1pm • Hamburger or Squash soup, tea/coffee, Cheryl's famous rolls and biscuits, and Apple Crisp for dessert, plus tea/coffee. **TIX:** \$8 per person. Take-out/local delivery available. **INFO:** 902-681-0366

Library Lab – Library, Hantsport 3-4:30pm • For kids ages 10-14. On the first Tuesday of each month the kids will be exploring different crafting techniques and art materials. On the 3rd Tuesday, they will be investigating the science of everyday life and conducting cool experiments. Snacks included! **TIX:** no charge **INFO:** valleylibrary.ca

Central Kings CHB meeting – NSCC Kingstec Campus, Kentville 5-7pm • This is the regular monthly meeting of the Central Kings Community Health Board. Open to the public but please RSVP. **TIX:** no charge **INFO:** 902-538-7088 / ckchb@nshealth.ca

Municipal Council – County of Kings Municipal Complex, Kentville 6pm • **TIX:** no charge **INFO:** 1-888-337-2999

Public Hearing/Special Town Council Meeting – Town Hall, Wolfville 6:30pm • **TIX:** no charge **INFO:** wolfville.ca

Daniel Tysdal Reading – Vaughan Memorial Library, Wolfville 7pm • In Fauxccasional Poems Daniel Scott Tysdal envisions the paths not taken and what might have been, writing to commemorate events that never occurred, for the posterity of alternative universes – and the delight of our own. **TIX:** no charge **INFO:** 902-585-1502 / andrea.schwenke.wyile@acadiau.ca / danielscotttysdal.com

Wolfville & Area Newcomers' Club – Farmers Market, Wolfville 7:30pm • Speaker: Peter Gillis from the VCLA (Valley Community Learning Association). VCLA provides upgrading services for adults with literacy issues who need

to work on their credentials. The program also works with immigrants looking to upgrade their English skills. **TIX:** no charge **INFO:** wolfvillnewcomers@hotmail.com

WEDNESDAY, 7

Cozy Corner Storytime – Library, Hantsport 10:30am. Also Oct. 14. • Please join us for a fun-filled hour of stories, rhymes, games, and crafts. For children 2-6 and their caregivers. **TIX:** no charge **INFO:** 902-684-0103

Storytime – Library, Kentville 11-11:30am • Share the fun and adventure of reading with your child. Enjoy rhymes, songs, and books! Suggested age: 2-5. Parent/caregiver accompaniment is required. **TIX:** no charge **INFO:** valleylibrary.ca

WHS Meeting – St. John's Anglican Church, Wolfville 2-4pm • Talk by Dr Julien Gwyn – "The Impact of the Second World War on Agriculture in the Annapolis Valley." **TIX:** no charge **INFO:** 902-542-9775 / randallhouse@outlook.com

Fibre Ops – Isabel & Roy Jodrey Memorial Library, Hantsport 2-4pm • For knitters, hookers, crocheters, weavers and spinners.....or anyone who enjoys the fibre craft arts. An opportunity to share stitches & time. Bring your own project. Everyone welcome! **TIX:** no charge **INFO:** 902-684-0103 / hantsport@valleylibrary.ca

Adventure Club Pumpkin Sale – United Baptist Church, Kentville 6:30-7:30pm • Buy your pumpkins at Kentville Baptist Church Adventure Club for a freewill donation. All proceeds go to international relief and development projects through Canadian Foodgrains Bank, and are eligible for 4:1 matching by Canadian Government! **TIX:** donation **INFO:** 902-678-3162 / info@kentvillebaptist.org

Booker School Open House & Curriculum Night – The Booker School, Port Williams 7pm • An opportunity for interested parents to tour our beautiful new facilities, meet our staff, learn about our Pre K – Grade 8 school, the early years International Baccalaureate (IB) program, and our new public After School Program. Doors open shortly before 7pm and refreshments will be served. **TIX:** no charge **INFO:** 902-585-5000 / info@bookerschool.com

Fundy Film screens FIGHT LIKE SOLDIERS DIE LIKE CHILDREN – Al Whittle Theatre, 7pm • This documentary by Patrick Reed is an account of retired Lieutenant-General Roméo Dallaire's campaign to end the use of child soldiers. **TIX:** \$9 **INFO:** 902-542-5157

Jam Session – Lions Club, Kentville 7-10pm • Play, sing or just sit back and listen. All styles and abilities welcome. **TIX:** \$2 **INFO:** 902-679-4899

Sanctuary Trio CD Release ESTUARY – Wolfville Baptist Church, Wolfville 7:30pm • Christoph Both-cello, Peter Togni-organ and Jeff Reilly-bass clarinet have created a new form of contemplative plainsong for the 21st century that is rich, intense and lyrical. **TIX:** \$15, \$10 at door or online. **INFO:** sanctuarytrio.com

THURSDAY, 8

Guitar Clinic – Manning Memorial Chapel, Wolfville 4pm • Guitar clinic w/JUNO-award winning jazz guitarist and songwriter Mike Rud. **TIX:** \$10 **INFO:** 902-986-5299 / amygbrandon@gmail.com

Italian Dinner and Silent Auction – Christ Anglican Church, Berwick 4:30-6:30pm • Fundraiser for 2016 Dream Team's trip to the Dominican Republic to build a home for a family in need. Lasagna, Caesar salad, rolls, pies and ice cream. Free will Offering. Take out and deliveries (Berwick area) available. **TIX:** \$12 donation **INFO:** Karla, 902-538-3689 / Penny, 902-538-0244

Western Kings CHB – Town Hall, Berwick 4:30-6:30pm • Regular monthly meeting of the Western Kings Community Health Board. Public is welcome, but please RSVP. **TIX:** no charge **INFO:** 902-538-7088 / wkchb@nshealth.ca

Book Launch: "We Wanted it to Last Forever" – Box of Delights Bookshop, Wolfville 6-7pm • By Dick Groot and George Bishop, a book of interviews and photographs of former employees of the now-defunct Minas Basin Paperboard Mill in Hantsport. **TIX:** no charge **INFO:** 902-542-9511 / boxofdelightsbooks.com

Jam Session/Hootenanny – Community Hall, Harbourville 6:30-8:30pm • All welcome. Bring instruments. **TIX:** \$2 **INFO:** harbourville.ca

Axemen Basketball – Acadia Athletic Complex, Wolfville 7pm • VS Saint Mary's. **TIX:** no charge for Acadia students **INFO:** acadiaathletics.ca

Jam Dance – Louis Millet Community Complex, New Minas 7-8pm • Guided musical and physical play for one hour. All ages and abilities welcome. **TIX:** fifty cents **INFO:** 902-582-3888 / kp@alexandersociety.org

Amadeus Guitar Duo – Festival Theatre, Wolfville 7:30pm • Canadian Dale Kavanagh and her German partner Thomas Kirchoff have made up the Amadeus Guitar Duo since 1991. The duo delights its audience with its exuberant temperament, virtuoso performance, sensitive creative power and a fulsome, warm, carrying guitar tone. Sponsored by Kings Physiotherapy **TIX:** \$26, \$20 students @ Acadia Box Office (1-800-542-8425) **INFO:** 902-585-1282 / pas@acadiau.ca

FRIDAY, 9

Bake Sale & Author Signing: Ron Lightburn – Coles Bookstore, New Minas 2-4pm • Ron Lightburn will read from his books Pumpkin People and Frankenstink. Bake Sale proceeds will help buy books for the Gaspereau Valley Elementary School library. **TIX:** no charge for author reading, various prices for baked goods **INFO:** TRooseboom@indigo.ca

Avon Spirit Coffeehouse – Avon River Heritage Museum, Newport Landing 7-10pm • Every Friday night in the Avon Spirit Shipyard. Sign-up starts at 7pm. **TIX:** no charge **INFO:** 902-757-1718 / infoavonriver@gmail.com



WHAT'S HAPPENING FROM OCTOBER 1 - 15, 2015 (cont'd)

SEND YOUR EVENTS TO INFO@GRAPEVINEPUBLISHING.CA



SATURDAY, 10

Breakfast – *Royal Canadian Legion, Kentville* 7:30-10am • Come and enjoy a good breakfast with friends **TIX:** Adults \$ 6 Children 12 and under \$ 3 **INFO:** 902-678-8935

YNC Mushroom Walk – *Ravine Hiking Trail, Kentville* 10am-12pm • Join the Berwick YNC on a mushroom adventure in the Kentville Ravine. Always a treasure hunt since you never know what you are going to find. Ken Harrison and Bill Shaw (local mushroom experts) will be leading the guided walk. Parking is at the picnic ground at the AAFC research centre (up the hill to the left of the main building) and we will walk down from there. Please register. **TIX:** no charge **INFO:** marina_myra@hotmail.com

Scotian Hiker: Parrsboro to Advocate Harbour – *Parrsboro, 10am-5pm* • A visit to the George Fraser Brook slot canyon, followed by a short hike at Cape Chignecto (Three Sisters) and Cape D'Or if time allows. Meetup will be at the Tim Hortons in Parrsboro at 10am. It will require an early start. Check website for further details and changes. **TIX:** no charge **INFO:** scotianhiker.com

You-Pick Grapes – *Foote Family Farm, Woodville (1972 Woodville Rd.)* 11am-2pm • Leon Milo red grapes. Good for eating, making juice, or wine. Picnic lunches available to pre-order, walking trails on site. **TIX:** \$1 per lb. **INFO:** Jill, jillvgerrits@gmail.com

Black Rock Trails Family Fairy Walk – *4404 Black Rock Road* 11am-2pm • Follow the Purple Trail and create a fairy house with the natural materials around you. Celebrate the child within! After your walk come join us for a fairy tea party. **TIX:** donation **INFO:** barb.reynoldson@gmail.com

Grand Pré Wines Harvestfest – *Domaine de Grand Pré, Grand Pré* 12-4pm. Also Oct. 11 • Music by Scott Prudence and the Hupman Brothers, Oyster Bar, Raclette, Sausages, Free Tour and Tasting 11am, 3pm & 5pm! **TIX:** no charge **INFO:** 902-542-1753 / marketing@grandprewines.ns.ca

Author Signing: Michael Harris – *KC Irving Centre, Wolfville* 3-4:30pm • Award-winning author and investigative journalist Michael Harris will discuss and sign copies of his latest book "Party of One: Stephen Harper And Canada's Radical Makeover". In collaboration with Acadia University's Department of Politics. **TIX:** no charge **INFO:** 902-542-9511 / boxofdelightsbooks.com

Whitehorse – *Mermaid Imperial Performing Arts Centre, Windsor* 8pm • Two acclaimed musicians joining forces under one name – no drummer, no keyboard player, violinist or even bass player on call, and no producer. Melissa McClelland and Luke Doucet present a full band sound using live loops, bits and pieces percussion, and swapping guitars left, right, and centre on stage. **TIX:** \$33 advance, \$35 at door @ ticketpro.ca (1-888-311-9090) and Windsor Home Hardware **INFO:** 902-798-5841 / puppets@mermaidtheatre.ca

Music by Ashley Condon – *Paddy's Pub, Kentville* 8-10pm • Ashley Condon's debut album, *Come In From The Cold* has been nominated for a 2011 Canadian Folk Music Award, a 2011 East Coast Music Award and has earned two 2012 Music PEI Awards for New Artist Of The Year and

the Lynn Grishko Memorial Bursary. On her sophomore album, *Condon* is backed by Chris Coole (banjo, guitar) and Mark Westberg (guitar), John Showman (fiddle) and by celebrated Maritime multi-instrumentalist Darren McMullen. **TIX:** \$15 plus tax @ Paddy's Pub, Kentville **INFO:** 902-678-3199 / judy@paddys.ca

Harvest Dance with The Conqueroots – *Union Street Cafe, Berwick* 9pm • A newly formed funk and blues band that invites you to get your mojo working and DANCE! With Caleb Miles, Geoff Arseneault, Nic D'Amato, and Jeff Hennessy. The Conqueroots do not aim to replicate the blues, but to conjure the Positive Spirit through rhythm, groove, and dance! **TIX:** \$15 @ Union Street Cafe **INFO:** 902-538-7787 / contactunionstreet@gmail.com

Dance: Rte. 12 – *Royal Canadian Legion, Kentville* 9pm-12am • Bar and kitchen available. Age 19+ **TIX:** \$ 7 per person **INFO:** 902-678-8935

SUNDAY, 11

Fundy Film screens FAR FROM THE MADDING CROWD – *Al Whittle Theatre, 7 pm only. Also Oct. 12, 7pm* • Based on Thomas Hardy's literary classic, this period drama tells the tale of independent, beautiful and headstrong Bathsheba Everdene who attracts three very different suitors. **TIX:** \$9 **INFO:** 902-542-5157

MONDAY, 12 – Happy Thanksgiving!

Oktoberfest Harvest Sale – *Forties Community Centre, New Ross* 9am-4pm • Homemade pickles, Annapolis Valley apples, fresh vegetables, Krispi Kraut sauerkraut, delicious country baked goods, different vendors. Step back in time and enjoy a free sample of head cheese made from a time-honoured, Lunenburg County recipe. **TIX:** no charge **INFO:** fortiescc@gmail.com

Scotian Hiker: Three Pools – *Black River Rd., Wolfville* 10am-3:30pm • Expect varied terrain: woods road, wet sections, uphill and downhill slopes, rugged/rocky gorge, slippery surfaces (using your hands will be necessary at times). When we get to the entrance to the Hells Gate gorge, anyone who is uncomfortable with clambering over potentially-slippery rock surfaces can take an alternate route to the top pool, where we can regroup. Bring minimum 1 L water, lunch/snacks, proper hiking footwear and hiking attire appropriate to the season. 8-10kms round trip. See online for details and possible changes. **TIX:** no charge **INFO:** scotianhiker.com

Oktoberfest Turkey Dinner – *Forties Community Centre, New Ross* 11:30am-1:30pm, and 2:30-4:30pm • Turkey dinner, with all the trimmings, dessert/tea/coffee. **TIX:** \$12 adult, \$6 age 12 and under, \$3 under age 5. **INFO:** fortiescc@gmail.com

TUESDAY, 13

Acadia Cinema Cooperative Annual General Meeting – *Studio-Z, Wolfville* 4:30pm • Shareholders are invited to hear

the annual report and vote in next year's board. **TIX:** no charge **INFO:** 902-542-3344 / manager@alwhittletheatre.ca

Girl Power – *Memorial Library, Wolfville* 6:30-8:30pm • Play games, make a craft, have a snack, hang out together, and write in your GP! journals. Ages 10-15. Register by phone or online. **TIX:** no charge **INFO:** 902-542-5760 / valleylibrary.ca

WEDNESDAY, 14

How to Grow a Brand from the Ground Up – *Old Orchard Inn, Wolfville* 6pm • Get involved and support the Valley Women's Business Network's 13th Fall Fundraiser. With style, humour, and inspiration Lisa Drader-Murphy, creator of Turbine will share how she was able to gain worldwide recognition for her brand. Designed and produced in Nova Scotia, Turbine Fashions has made appearances on Entertainment Tonight, ELLE, Flare, and CNN, just to name a few. Proceeds will go to bursaries for women in a business program or wishing to start a business. **TIX:** \$25 in advance, \$30 at the door @ Kings Physiotherapy (New Minas), Kimball Brogan Law Office (Wolfville) **INFO:** 902-799-0109 / vwbn.ca

AxeWomen Basketball – *Acadia Athletic Complex, Wolfville* 6pm • VS Nipissing. **TIX:** no charge for Acadia students **INFO:** acadiaathletics.ca

Fundy Film screens TIMBUKTU – *Al Whittle Theatre, 7pm* • In this luminous, lyrical and poetic drama, a proud cattle herder comes into fateful conflict with the fundamentalist rulers of the provincial capital, following their recent jihadist takeover of northern Mali. **TIX:** \$9 **INFO:** 902-542-5157

Learn to Curl – *Curling Club, Wolfville* 7-9pm. Also Oct. 15 • Come on out and learn to play the sport and what the curling club has to offer. Free clinics **TIX:** no charge **INFO:** 902-542-3819 / wolfvillecurlingclub.ca

Jam Session – *Lions Club, Kentville* 7-10pm • come play, sing or just sit back and listen. all styles and abilities welcomed **TIX:** \$2 per person **INFO:** 902-679-4899

THURSDAY, 15

Art and Ease of Good Food: Souper Natural – *Farmers Market, Wolfville* 5:30-8pm • By learning some foundational principles and seasoning tips you can transform any seasonal ingredients into tasty, nourishing, one pot meals that can be enjoyed now or frozen for later. **INFO:** 902-697-3344 / goodfoodhub@wolfvillefarmersmarket.ca

Author Reading: Dr. Robin McGee – *The Box of Delights Bookshop, Wolfville* 6-7pm • Join us to hear Robin read from and discuss "The Cancer Olympics." After her delayed diagnosis of late-stage colorectal cancer, Robin McGee reaches out to her community using a blog entitled "Robin's Cancer Olympics." Often uplifting and humorous, the blog posts and responses follow her into the harsh landscape of cancer treatment, medical regulation, and provincial politics. If she and her supporters are to be successful in lobbying

the government for the chemotherapy, she must overcome many formidable and frightening hurdles. And time is running out. **TIX:** no charge **INFO:** 902-542-9511 / boxofdelightsbooks@gmail.com / thecancerolympics.com/

Senior's oriented yoga introductory class – *Community Hall, Harbourville* 6:30-8:30pm • Instructor: Charlie McBride. Wear loose clothing. **TIX:** no charge for initial class. **INFO:** harbourville.ca

NonDuality meetup – *Manning Memorial Chapel, Wolfville* 7-9pm • Join us for a thoughtful, perhaps meditative discussion on consciousness as you see it. Is the material world separate or part of the inclusive domain of the spiritual or etheric realm? **TIX:** no charge **INFO:** 902-365-5235 / johnotvos@hotmail.com

Tremont Board Game Cafe – *Tremont Hall, Tremont* 7-9:30pm • Try the newest cool board games, like Settlers of Catan, Pandemic, Carcassonne; Hunters and Gatherers, Apples to Apples, Bohnanza, and Dixit. Every 1st and 3rd Thursday. Coffee, tea, snacks, all one dollar. **TIX:** no charge **INFO:** 902-765-4326 / tedandgisele@eastlink.ca

LIVE THEATRE

Valley Ghost Walks – *Clock Park, Wolfville, October 1, 8pm; Fundy View Community Hall, Halls Harbour, October 2, 7:30pm; Cornwallis Inn, Kentville, October 8, 8pm; The Blockhouse, Windsor, October 9, 8pm* • Join Jerome the GraveKeeper and his ghostly friends on these family-friendly historical ghost walks. Our 8th season. **TIX:** \$15 adults, \$12 students. Available via Ticketpro.ca and cash-only before the shows. **INFO:** jerome@valleyghostwalks.com / valleyghostwalks.com

The Women of Lockerbie – *CentreStage Theatre, Kentville, Oct. 2, 3, 9, 10, 16, 17, 23, 24, 8pm, Oct. 4, 18, 2pm* • A powerful, poignant drama, dealing with the aftermath of the 1988 Pan Am Flight #103 explosion over the village of Lockerbie, Scotland. The play details an American mother's obsessive hunt to find her son's remains. Her husband meets a group of the local Scottish women who hope to bring closure and comfort to the victims' families through The Laundry Project, washing the thousands of pieces of clothing left from the crash and returning them to the victims' loved ones. Only the power of love can overcome the obstacles so that hatred will not have the final word. Mature subject matter. **TIX:** \$15 general, \$12 students/seniors **INFO:** 902-678-8040 / centrestage@centrestagetheatre.ca

Much More Munsch – *CentreStage Theatre, Kentville, Oct. 3, 11am & 2pm* • Children will be invited to interact with the stories as they come alive before their eyes! Mortimer, The Paperbag Princess, Angela's Airplane, Pigs, Mud Puddle, and some classics for the adults, as well! **TIX:** \$5, call to reserve. **INFO:** 902-678-8040 / centrestage@centrestagetheatre.ca



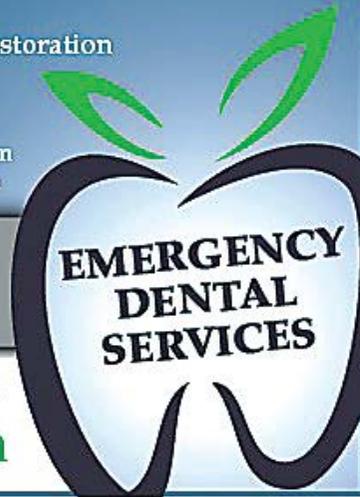
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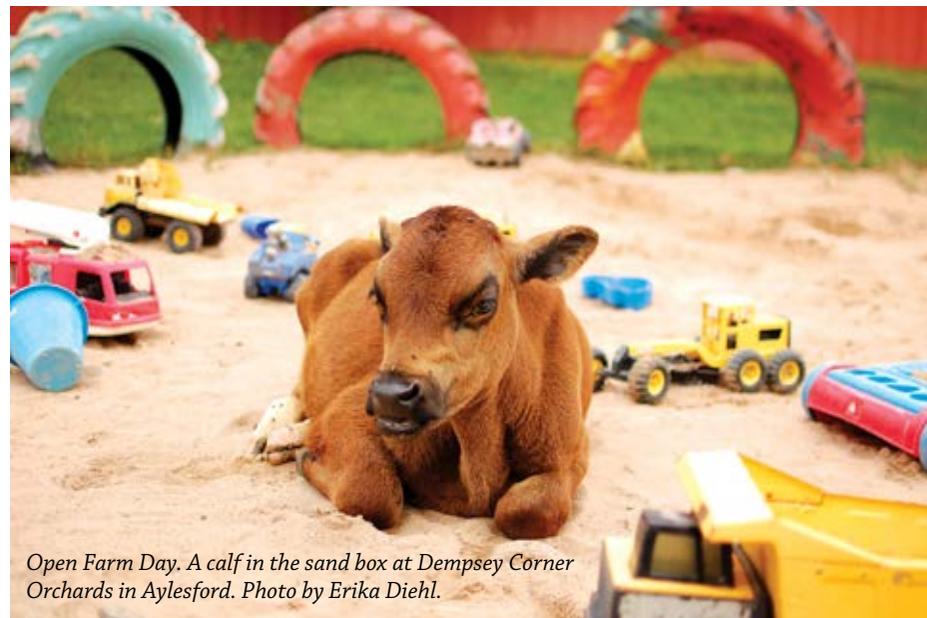
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**HOURS : TUESDAY-FRIDAY 9AM-5PM (UNTIL 8PM BY APPOINTMENT)
SATURDAY 9AM-3PM (UNTIL 5PM BY APPOINTMENT)**

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The
SNAPSHOT

Send your Snapshot submissions to
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Open Farm Day. A calf in the sand box at Dempsey Corner Orchards in Aylesford. Photo by Erika Diehl.



Sienna Campbell is the winner of our Cover Colouring Contest for Sarah Mangle's Affirmations Colouring Book.



Open Farm Day. 4-year-old Mason picking peaches at Dempsey Corner Orchards in Aylesford. Photo by Erika Diehl

Lightfoot and Wolfville Winery Dinner in the Vineyard

Scott Campbell



If any of you are familiar with Frances Hodgson Burnett's novel, *The Secret Garden*, then you may have a bit of an idea of what it was like to dine in the beautiful vineyard

at the Lightfoot and Wolfville Winery. This incredible dinner was catered by the talented crew from Halifax's Local Source Catering under the watchful eye of Local Source's Executive Chef, Vince Scigliano. And even as some grey clouds threatened to dampen our evening, nothing was going to dampen the spirits of the excited diners who had gathered for the winery tour and dinner.

Lightfoot and Wolfville Winemaker, Josh Horton, led us on a tour of the vineyard and a wine tasting in the Lightfoot and Wolfville cellar. It was a great peek behind-the-scenes

of the day-to-day workings of one of the brightest new stars in the Valley's roster of Wineries. Then it was back to the vineyard for dinner.

Our Sommelier for the evening was Mark DeWolfe. If you think that name sounds familiar - it should. Mark DeWolf is *The Chronicle Herald's* resident Sommelier and Manager of Custom Content, Food and Wine as well as President of the Canadian Association of Professional Sommeliers' Atlantic Chapter. His expertise was evident as he skilfully guided us through the subtleties of the wines and how they paired with each course through the evening.

Before being seated we were teased with, not one, not two, but three delicious hors d'oeuvres - first, a honey-roasted plum with chorizo, goat cheese, and duck prosciutto; then, a clam Bloody Caesar with peach; and finally, a grilled peach with Urban Blue cheese and fresh basil on a seed cracker. Don't ask me

which was best. They were all incredible.

Once we were seated we were presented with an appetizer of Seared Scallops with a leek and potato terrine, fennel puree, beet shoots, and a beet caramel. This was paired with a 2013 Lightfoot and Wolfville Ancienne Chardonnay. The golden chardonnay was light enough for the scallops and still full enough to work with the beet caramel.

Next came the entrée - Chicken and Lobster. This was a spectacular crispy chicken roulade with coq au vin ragout, butter-poached lobster tail and roasted chicken bone jus. All of that was served atop a corn and tarragon risotto, chanterelles, and Annapolis Valley vegetables. This course was paired with the 2013 Lightfoot and Wolfville Ancienne Pinot Noir. I've heard the Pinot Noir varietal often referred to as the "heartbreak grape" because it can be a challenge to cultivate successfully. Lightfoot and Wolfville's version broke no hearts and was a perfect match for this complex entrée.



To wrap up our evening in the vineyard we were presented with another of chef Scigliano's delectable creations - a peach galette served alongside a Bourbon and vanilla poached peach and a scoop of homemade peach and basil ice cream. Seriously. It tasted as good as it sounds. This was paired with Lightfoot and Wolfville's 2012 Chasselas - a sweet dessert wine and perfect finale to our meal.

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