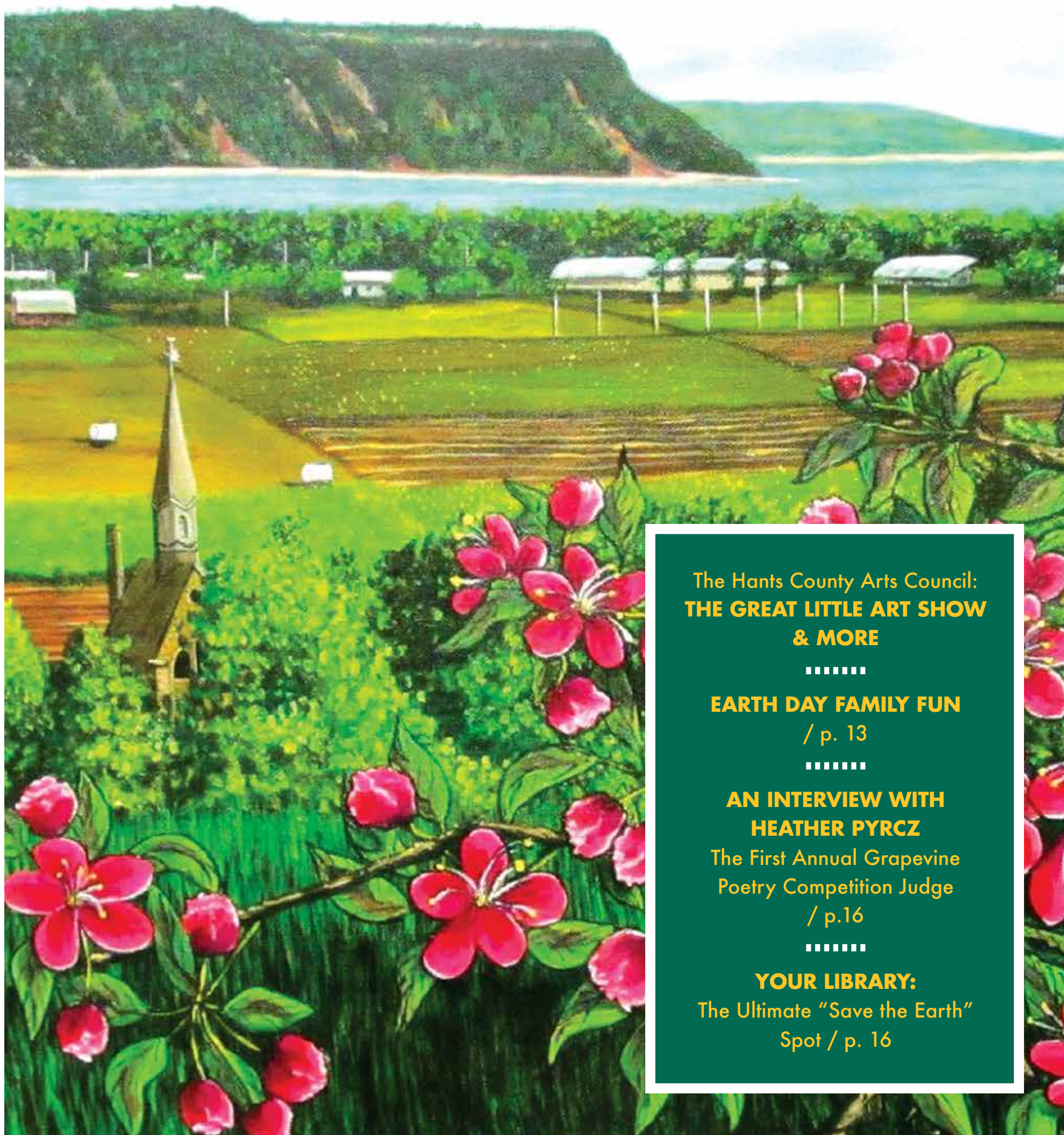


THE GRAPEVINE

**ARTS
CULTURE
COMMUNITY**

April 21 - May 5, 2016
Issue No. 13.06 - 5000 printed copies



The Hants County Arts Council:
**THE GREAT LITTLE ART SHOW
& MORE**

.....

EARTH DAY FAMILY FUN
/ p. 13

.....

**AN INTERVIEW WITH
HEATHER PYRCZ**
The First Annual Grapevine
Poetry Competition Judge
/ p.16

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YOUR LIBRARY:
The Ultimate "Save the Earth"
Spot / p. 16

ON THE COVER:

ACRYLIC PAINTING BY LIZ ROBINSON

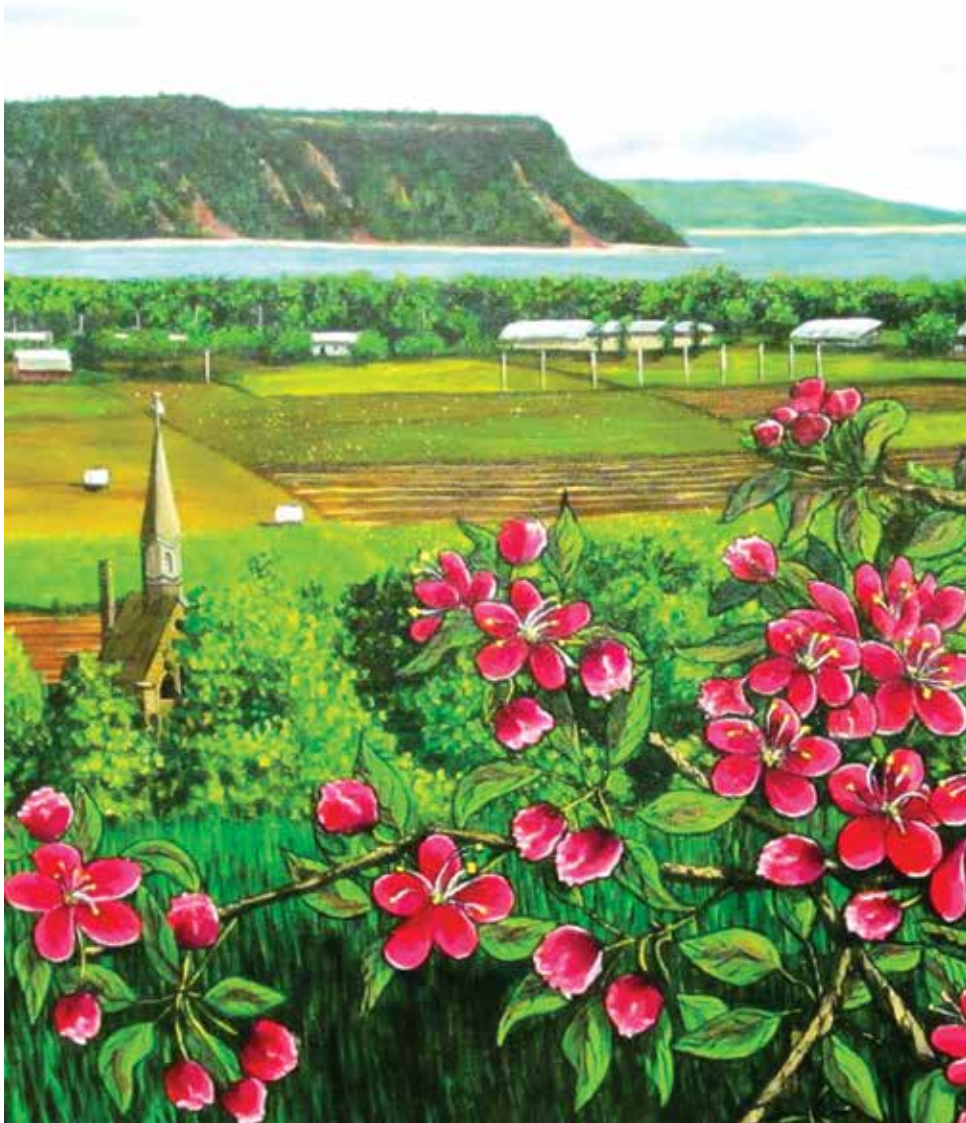
Liz has been painting for the past 20 years and finds total solace in it, yet also a wonderful sense of adventure in starting each new piece. She works mostly with acrylic on canvas but has several watercolor works in her private collection as well. Liz's preferences are nautical scenes and landscapes, but recently has been asked to do portraits. This has given her a chance to really see where her painting can take her and she's loving it!

At the present time, Liz is the vice president of the Hants County Arts Council which has

been in existence since the mid nineties and has members from all over Hants County and beyond. Liz partakes in every art show provided by the council throughout the year and donates work annually to many charities, primarily the Hants County Christmas Angels program.

The Town of Windsor and its surrounding area is abundantly wealthy in artistry, and Liz feels privileged to be a part of that.

lizrobinsonpaintings.weebly.com



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WHO'S WHO:

HEATHER FRASER - TEACHING THE WORLD TO SING IN PERFECT HARMONY

Mike Butler



HEATHER RACHAEL FRASER was born and bred in the Annapolis Valley. She grew up in Weston, on a lovely old property at the foot of the north mountain with her mom, dad, and sister. Music always played a huge part in Heather's young life, which included piano lessons, tots and tunes, workshops, the South Berwick Girl's Choir, and the Honour Choir -- the same choir that Heather is now conducting.

She says, "Music was basically my life. But I didn't think it was going to be my career. In

high school I was so sure I was going to go into the sciences. But one interview with a biology professor at Acadia freaked me out so much I left his office and signed up for an audition for the music department the same day." And so many are glad Heather made that decision! After her piano degree at Acadia, Heather took a year off, took some music education courses, and got a job at the Port Williams Baptist Church as their music director. In that year she realized how much she loved teaching, and wanted to be ON the podium, instead of at the piano. So she registered in the Music

Education program at McGill University and she used all her singing/accompanying experience that she had gained with the Honour Choir to propel her in the direction of choral conducting.

After a few years of teaching in London, UK, Heather returned to Nova Scotia in 2009 and was hired at the NS Choral Federation as Program Director. She took over as Artistic Director of the Annapolis Valley Honour Choirs (AVHC) in 2010. Heather has been fortunate to work with some incredible musicians and musical directors over the years and she attributes a lot of her strengths, work habits, and drive to her mentors Ross Thompson and Iwan Edwards. But her biggest influence, and her primary mentor, was her dad. Heather states, "My dad was my biggest influence with my music and I really wouldn't be doing any of this if it hadn't been for his dedication and guidance and the education he gave me. He said when I was born that my long fingers meant I was going to be a pianist. He died a year ago from cancer and it's been quite devastating."

As Artistic Director of the AVHC, Heather has a true passion for this job. She considers it a great honour to be able to teach choral music to young people and to pass along the same incredible joy and gift that was given to her. The vision statement of the AVHC is "to deliver a complete choral education, nurture healthy developing voices, and achieve musical excellence - all while building a community of knowledgeable, thoughtful young musicians and caring, engaged citizens who will share in a life-long love of singing."

Heather states, "I strongly believe in this statement. I love watching the singers succeed and become stronger, better musicians. They come from varied backgrounds, but they all want to be good and they want to be challenged. It is my job to create a safe space for our singers to take musical risks, to go for broke without fear of judgment and I love watching the singers grow each year. I love watching them rely on each other, and support one another in times of need." Besides the love of music and students, Heather enjoys the community involvement and the

sense of family that the AVHC has become over the years.

After an exciting adventure recently in Cuba with the Choir, Heather has returned and is polishing up the program for the final AVHC concert of the year on May 13 at Christ Church in Windsor, and May 14 at the Wolfville Baptist Church. Both shows start at 7:30pm. Come and see everything that choral music encompasses and what it really can be! Heather says the program will include some First Nations music, music from Cuba and Latin America, music from home, and music that just expresses the true joy that songs bring to life.

As the Program Director for the Nova Scotia Choral Federation, Heather also develops and coordinates the provincial choirs (Nova Scotia Youth Choir, Children's Chorus of Nova Scotia etc.), the annual "Sing Summer" Choir Camps that are held at the Berwick United Church campgrounds each August, and workshops of all kinds, bringing in guest conductors and clinicians.

And what does she love most about living here? "Where else in the world would be better really? It's bloody gorgeous. It's a beautiful place full of kind, generous people, with a true sense of community. And the best thing - the amount of culture, the amount of artistic activity, and the community support for these arts activities to flourish and be sustained. From Acadia's programs to all of the community theatre, music, dance, and all the artists and artisans, it really is a land of plenty. We should feel so incredibly lucky."

Heather's goals are to continue to grow the AVHC organization -- to expand their outreach, do more collaboration with other choral and arts groups, continue to strive to create wonderful musical performances and reach new heights, and to share their music with as many people as they can. She would also like to continue her professional development in conducting to be able to offer these singers more, and to be the best conductor and educator she can be. Well, with her enthusiastic personality, and her passion for her projects, this should happen before she knows it!

Keith Irving
MLA Kings South

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CONTRIBUTORS: Mike Butler, Genevieve Allen Hearn, Scott Campbell, Donna Holmes, Garry Leeson, Avery Peters, Laura Churchill Duke, Melanie Priesnitz, Thomas Clahane, Regan Alford, Susan Wedlock, Margaret Drummond, Lee-Ann Cudmore, Sarah Anderson, Angela Reynolds.

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RANDOM ACTS OF KINDNESS

Experienced a random act of kindness recently? Share with us: submissions@grapevinepublishing.ca

Kindness keeps expanding and moving and I see it everywhere. For example someone came to our Chestnut Street (Windsor) during a winter storm this year and actually plowed our driveway and another driveway on our street. I have no idea who it was... it was a true Random Act of Kindness. It was a young female - so much gratitude to her! I was also recently ill and my community,

including my street, brought me wonderful meals and even a daily chai tea. Kindness is like gratitude... it keeps on moving! I sense that most people choose kindness from their nature. May kindness spread to all of you. (It is) kind that you share kindness.

Colleen

"Your Acts of Kindness are iridescent wings of divine love, which linger and continue to uplift others long after your sharing" - Rumi

LETTER TO THE EDITOR: IN RESPONSE TO 'AFTER TRAGEDY'

From: Lee-Ann Cudmore, Registered Acupuncturist
Call/text: 902-300-5100
valleyacu.ca

I wrote an article called "After Tragedy", which was published in the February 25 issue of the Grapevine. It was a piece that was purposefully vague to be respectful, and also so that instead of looking at one individual we could apply this concept to our collective lives. The article ended with the love that I see in our community, in my friends and my family.

Since its release I have had many people whisper "Are you okay?" Apparently, the article was perceived as a dark piece, and people were concerned. For that reason I feel compelled to address it.

Let me first start with gratitude for the courage it takes to say to someone, "Are you okay?" I appreciate it and hope that you continue to ask that raw question to others when it is needed. The answer is yes. The writing process is cathartic and it was healing to say to you, and the world that I was hurting.

To address the what: I want to continue to be vague. I recently lost a friend. She went missing and her body was later found. She was a wonderful person, happy, kind, easy to talk to, graceful and giving. She was a brilliant and loving person. She was a mother who used to skip her coffee break so that she could sneak over to the school playground at dismissal time to spend a few minutes with her boys and her husband, before going back to work.

She is deeply loved and deeply missed.

Recently, there has been another young woman from Nova Scotia who has been murdered. For a day or so I was feeling raw again. I did not know her, but can empathize with the pain and the perpetual questions of "why?" and "what if..." that you, her friends and family are dealing with. I am sorry. And I am angry that this has happened again.

In the last five years my two sisters and I have each had to deal with the loss of a friend or acquaintance due to violence and murder. Three separate incidents, three separate young lives lost. I have a hard time even writing those words. It seems surreal to say it.

It makes me wonder, where is the dialogue about violence, its root cause and the implications? How do we collectively as a society prevent this from happening? Is our response today to gender equality, racial profiling, fear mongering, access to services and education and our environmental policies related to the violence that we will see in the future?

I have no professional training in social-justice, just my experience and intuition as a human being, which is telling me that we must value each other. We must value and love each other.



FURRY FEATURE UPDATE

Laverne has been adopted! And for the first time ever, the Wolfville Animal Hospital has successfully found a home for all their cats! There were will very likely be more soon, but for the moment, let's celebrate that success!

Wolfville Animal Hospital
 12-112 Front St.
 Wolfville
 902-542-3422



ACTIVE AND HEALTHY LIVING: HEALING THE EARTH AND HEALING OURSELVES

Kelly Davison, M. Ed., RCT-C, CCC | Counselling Therapist, kellydavisoncounselling.ca

For many of us living in developed countries, the material possessions we own and use in our daily lives are far more extravagant than what the richest elite of the ancient world had. Surprisingly, though, according to surveys, people living in rich countries are usually less happy than those people living in countries where non-essential spending on goods is low.

Part of this unhappiness, despite our great wealth, is that many of us work long hours to attain this wealth and in doing so we have less quality time with family or friends. This end result is quite ironic because we often buy stuff to make our children happy and/or have our friends enjoy our homes. Yet our children would rather spend time with us than the hordes of toys we buy them, and real friends care more about chats and shared experiences than our expensive furniture or shiny appliances.

Many of us are starting to realize that it is not our stuff that makes us happy, but our experiences -- namely, spending time with those we love and doing things that grow our creativity, intellect, and physical health. This switch to focusing more on quality life experiences rather than the quantity of stuff we own is an encouraging sign. It is good for the health

of our planet and for our local economies because much of this involves low-consumptive behaviour and using local resources.

In the Valley, we have many amenities at our disposal for enjoying time with family or friends while helping the planet. For instance, shopping at your local Farmers' Market for food with a loved one, and then cooking a meal together from scratch, helps save the environment because there is less packaging and transportation of food. Having a local repairperson fix your computer or appliances, rather than buying new ones, not only saves on the materials and the energy that go into manufacturing, it supports local businesses. Car-sharing and public transportation bring us together and help reduce our ecological footprint. Supporting public spaces such as nature parks, which have plants that absorb the excess of carbon dioxide in our atmosphere, or lending libraries, which reduce the need for more books (and thus the number of trees chopped down for paper) is also good for our communities. The sharing of public goods such as these ensures that everyone of every income level has access to the enjoyment of nature or learning. As well, gathering in our public spheres allows us to know one another and build social capacity.

As our lives have become more and more built around the conveniences of cars, fast food, and cheap goods made overseas, our isolation from each other has increased. The more raw materials and fuel we consume to create the western lifestyle, the more our planet's environment is degraded. By adopting a low-consumptive lifestyle, however, we can help conserve our beautiful planet's resources, and enhance our health -- physical, mental, and social!

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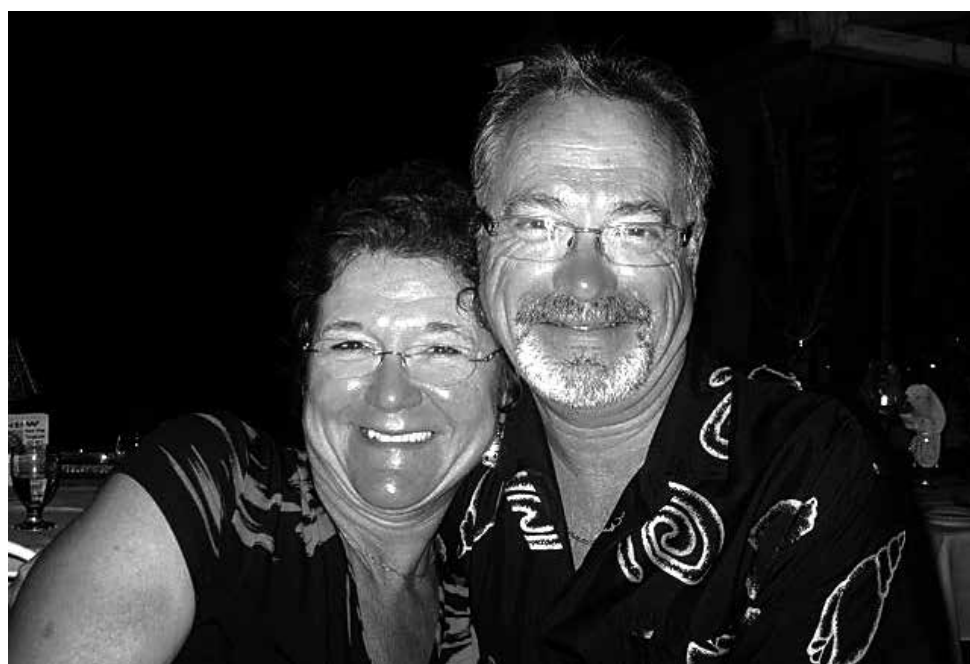
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www.waterlevels.gc.ca

APR	High	Low
21	1:12pm	7:16pm
22	1:50pm	7:37am
23	2:27pm	8:14am
24	3:04pm	8:50am
25	3:43pm	9:28am
26	4:24pm	10:08am
27	**5:10pm	10:53am
28	6:01pm	11:42am
29	6:57pm	12:36pm
30	7:23am	1:35pm
MAY	High	Low
01	8:24am	2:36pm
02	9:25am	3:36pm
03	10:23am	4:33pm
04	11:18am	5:27pm
05	*12:10pm	6:19pm

there are normally
two high and low tides a day
* Highest High: 43.6 feet ** Lowest High: 36.7 feet

THE GRAPEVINE QUESTIONNAIRE: BRIAN MORSE

Susan Wedlock



Brian Morse lives with his wife Kathy in Kingston. Brian is a native Nova Scotian and has been in real estate for many years. He loves to travel and he is an amazing cook by all accounts. In fact he cooks dinner every night in his house.

What are you most proud of?

My wife and I raised two wonderful kids who grew to become caring, intelligent adults concerned about our world.

What would you tell your seven-teen-year-old self?

Study harder, save more, and especially, 'Have a long term plan'.

What do you look for in a friend?

Good friends need only be honest with each other.

If you could change one thing about yourself what would that be?

Stop procrastinating.

What makes you happy?

I have learned that my 'happy place' is my own back yard.

What makes you miserable?

Tasks that require a strict time frame.

Do you have a motto?

'Wake up early. Drink coffee. Work hard. Be ambitious. Keep your priorities straight, your mind right, and your head up. Do well, live well, and dress really well. Do what you love, love what you do. It's time to start living.'

What do you dread?

Self-serving people who gain power.

What makes you excited?

Orchestrating a good business deal.

What is the first item on your bucket list?

Attend the Daytona 500.

What was the best thing you had to eat recently?

Five-course dinner at Gordon Ramsay's 'Araxi Restaurant and Oyster Bar' in Whistler with our daughter and son-in-law. My daughter's birthday present to her Mom.

What are you reading currently?

Under Heaven, a historical novel by Canadian author Guy Gavriel Kay, set in the political turmoil and warfare of China's twelfth century An Shi Rebellion.

Which movie would you recommend?

Blade Runner with Harrison Ford.

If you could be anything you wanted to be what would that be?

An engineer specializing in fluid dynamics.

What is your favourite material possession?

We all accumulate too much junk, but I like my truck.

Where would you like to be on your last day on earth?

My own back yard.

What are you really good at?

Jack of all trades, Master of none.

What do you regret?

Not completing my science degree at Acadia.

What is your pet peeve?

Parents who do not devote themselves to raising healthy, responsible children.

THE SNAPSHOT

Left: "Highway" by photographer Nathan Pelley. Follow Nathan on Instagram under @elevatedNS and Facebook as Elevated Photography.
 Right: "Tail Wind" by photographer Karen Cook. Karen Cook Fine Art Photography, karencook.pixels.com





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SATURDAY, MAY 14, 2016 AT 7:00pm



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Sandra Laronde, Artistic Director

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Horoscopes for the week
of April 21st

Rob Brezny's FREE WILL ASTROLOGY

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ARIES (March 21-April 19): “The writer should never be ashamed of staring,” said Aries writer Flannery O’Connor. “There is nothing that does not require his attention.” This is also true for all of you Aries folks, not just the writers among you. And the coming weeks will be an especially important time for you to cultivate a piercing gaze that sees deeply and shrewdly. You will thrive to the degree that you notice details you might normally miss or regard as unimportant. What you believe and what you think won’t be as important as what you perceive. Trust your eyes.

TAURUS (April 20-May 20): The ancient Greek geographer Pausanias told a story about how the famous poet Pindar got his start. One summer day, young Pindar decided to walk from his home in Thebes to a city 20 miles away. During his trek, he got tired and lay down to take a nap by the side of the road. As he slept, bees swarmed around him and coated his lips with wax. He didn’t wake up until one of the bees stung him. For anyone else, this might have been a bother. But Pindar took it as an omen that he should become a lyric poet, a composer of honeyed verses. And that’s exactly what he did in the ensuing years. I foresee you having an experience comparable to Pindar’s sometime soon, Taurus. How you interpret it will be crucial.

GEMINI (May 21-June 20): “I measure the strength of a spirit by how much truth it can take,” said philosopher Friedrich Nietzsche. Measured by that standard, your strength of spirit has been growing -- and may be poised to reach an all-time high. In my estimation, you now have an unusually expansive capacity to hold surprising, effervescent, catalytic truths. Do you dare invite all these insights and revelations to come pouring toward you? I hope so. I’ll be cheering you on, praying for you to be brave enough to ask for as much as you can possibly accommodate.

CANCER (June 21-July 22): Göbekli Tepe was a monumental religious sanctuary built 11,600 years ago in the place we now call Turkey. Modern archaeologists are confounded by the skill and artistry with which its massive stone pillars were arranged and carved. According to conventional wisdom, humans of that

era were primitive nomads who hunted animals and foraged for plants. So it’s hard to understand how they could have constructed such an impressive structure 7,000 years before the Great Pyramid of Giza. Writing in *National Geographic*, science journalist Charles C. Mann said, “Discovering that hunter-gatherers had constructed Göbekli Tepe was like finding that someone had built a 747 in a basement with an X-Acto knife.” In that spirit, Cancerian, I make the following prediction: In the coming months, you can accomplish a marvel that may have seemed beyond your capacity.

LEO (July 23-Aug. 22): In myths and folklore, the ember is a symbol of coiled-up power. The fire within it is controlled. It provides warmth and glow even as its raw force is contained. There are no unruly flames. How much energy is stored within? It’s a reservoir of untapped light, a promise of verve and radiance. Now please ruminate further about the ember, Leo. According to my reading of the astrological omens, it’s your core motif right now.

VIRGO (Aug. 23-Sept. 22): Uh-oh. Or maybe I should instead say “Hooray!” You are slipping into the Raw Hearty Vivid Untamed Phase of your astrological cycle. The universe is nudging you in the direction of high adventure, sweet intensity, and rigorous stimulation. If you choose to resist the nudges, odds are that you’ll have more of an “uh-oh” experience. If you decide to play along, “hooray!” is the likely outcome. To help you get in the proper mood, make the following declaration: “I like to think that my bones are made from oak, my blood from a waterfall, and my heart from wild daisies.” (That’s a quote from the poet McKenzie Stauffer.)

LIBRA (Sept. 23-Oct. 22): In many cultures, the butterfly is a symbol of transformation and rebirth. In its original state as a caterpillar, it is homely and slow-moving. After its resurrection time in the chrysalis, it becomes a lithe and lovely creature capable of flight. The mythic meaning of the moth is quite different, however. Enchanted by the flame, it’s driven so strongly toward the light that it risks burning its wings. So it’s a symbol of intense longing that may go too far. In the coming weeks, Libra,

your life could turn either way. You may even vacillate between being moth-like and butterfly-like. For best results, set an intention. What exactly do you want?

SCORPIO (Oct. 23-Nov. 21): “I gladly abandon dreary tasks, rational scruples, reactive undertakings imposed by the world,” wrote Scorpio philosopher Roland Barthes. Why did he do this? For the sake of love, he said -- even though he knew it might cause him to act like a lunatic as it freed up tremendous energy. Would you consider pursuing a course like that in the coming weeks, Scorpio? In my astrological opinion, you have earned some time off from the grind. You need a break from the numbing procession of the usual daily rhythms. Is there any captivating person, animal, adventure, or idea that might so thoroughly incite your imagination that you’d be open to acting like a lunatic lover with boundless vigor?

SAGITTARIUS (Nov. 22-Dec. 21): “Difficulties illuminate existence,” says novelist Tom Robbins, “but they must be fresh and of high quality.” Your assignment, Sagittarius, is to go out in search of the freshest and highest-quality difficulties you can track down. You’re slipping into a magical phase of your astrological cycle when you will have exceptional skill at rounding up useful dilemmas and exciting riddles. Please take full advantage! Welcome this rich opportunity to outgrow and escape boring old problems.

CAPRICORN (Dec. 22-Jan. 19): “When I grow up, I want to be a little boy,” wrote novelist Joseph Heller in his book *Something Happened*. You have cosmic permission to make a comparable declaration in the coming days. In fact, you have a poetic license and a spiritual mandate to utter battle cries like that as often as the mood strikes. Feel free to embellish and improvise, as well: “When I grow up, I want to be a riot girl with a big brash attitude,” for example, or “When I grow up, I want to be a beautiful playful monster with lots of toys and fascinating friends who constantly amaze me.”

AQUARIUS (Jan. 20-Feb. 18): In one of his diaries, author Franz Kafka made this declaration: “Life’s splendor forever lies in wait around each one of us in all of its fullness -- but veiled from view, deep

down, invisible, far off. It is there, though, not hostile, not reluctant, not deaf. If you summon it by the right word, by its right name, it will come.” I’m bringing this promise to your attention, Aquarius, because you have more power than usual to call forth a command performance of life’s hidden splendor. You can coax it to the surface and bid it to spill over into your daily rhythm. For best results, be magnificent as you invoke the magnificence.

PISCES (Feb. 19-March 20): I’ve got a controversial message for you, Pisces. If you’re addicted to your problems or if you’re convinced that cynicism is a supreme mark of intelligence, what I’ll say may be offensive. Nevertheless, it’s my duty as your oracle to inform you of the cosmic tendencies, and so I will proceed. For the sake of your mental health and the future of your relationship with love, consider the possibility that the following counsel from French author André Gide is just what you need to hear right now: “Know that joy is rarer, more difficult, and more beautiful than sadness. Once you make this all-important discovery, you must embrace joy as a moral obligation.”

Homework: If you had to choose one wild animal to follow, observe, and learn from for three weeks, which would it be? FreeWillAstrology.com

MUSEUMS

The Old Kings Courthouse Museum (Kings County Museum) – 37 Cornwallis St., Kentville. Open Mon.–Fri., 9am–4pm • The Great Kings Historical Society Show and Tell – April 26, 7:30pm. Bring your mystery objects to “show and tell” to be identified by the members, or perhaps to stump them! Also, view our exhibits – “A Brief History of

Underwear” and “Sightings – Exploring the Scope of the Canadian Sniper,” the historic role played by Canadian Snipers through artifacts and personal stories. **TIX:** no admission charge, donations welcomed **INFO:** 902-678-6237 / kingscountymuseum.ca / kingscountymuseum.ca/event/a-brief-history-of-underwear

Ross Farm Museum – 4568 Hwy 12, New Ross • Open Wed–Sun, 9:30am–4:30pm. Milking a cow, spinning wool or tasting a delicious treat in the cottage are just three things that happen regularly here at Ross Farm. Every visit is unique as the work changes with the seasons. **TIX:** \$6 adult, \$5 senior, \$2 child (6-17), no charge age 5 & under. **INFO:** 902-689-2210 / rossfarm.novascotia.ca

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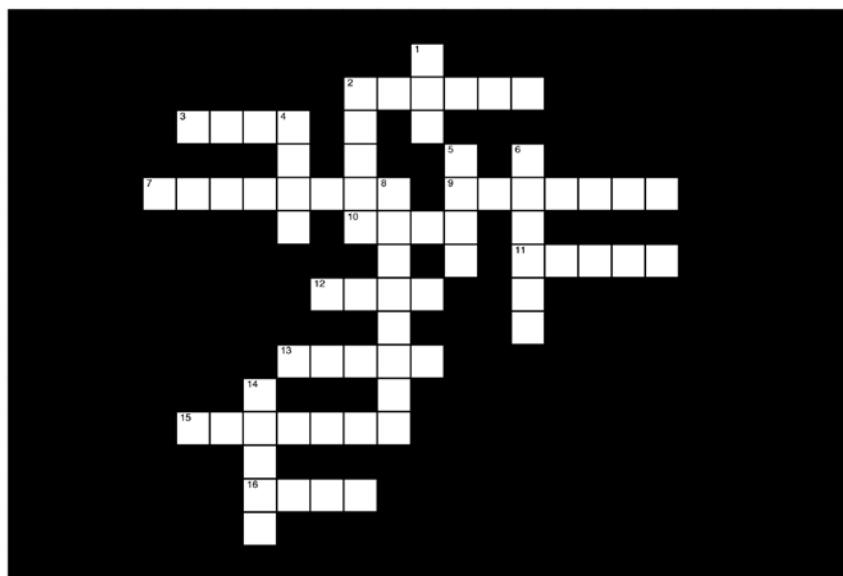
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WIN! Complete this crossword, then submit it to Naked Crêpe for your chance to win a dessert crêpe! Just leave your contact information below this puzzle & submit the puzzle.

Last winner was Lydia J.

BACK TO EARTH Donna Holmes



Across

2. Our world is the third ___ from the sun.
3. To "go to the ___ of the Earth" means to do anything possible to get something done.
7. The Harriet Irving Botanical Gardens are participating in the "#Rooting4Trees" campaign - planting trees along the Acadia ___ Trails.
9. By planting 25,000 trees for Earth Day and EVERY day, the "#_4Trees" campaign hopes to plant one tree for every Canadian by 2020.
10. The ___-planting event is happening on the Acadia Woodland Trails in Wolfville on Apr 22.
11. To be practical is to be considered "Down to ___".
12. What did the tranquil vegetarian say? "Let there be ___ on Earth." :O)
13. Earth Day occurs on ___ 22 each year.
15. What do you call it when earthworms take over the world? Global ___ :O)

Down

1. The rotation of the Earth really makes my ___! :O)
2. "#Rooting4Trees" is Canada's part of the global Earth Day network's ambitious campaign to ___ 7.8 billion trees, one for every person on the planet, by 2020.
4. A very good or worthy person is sometimes referred to as the "___ of the Earth".
5. On Apr 22, you can plant a seed in a pot that you can take home with you at the Inquisitive Toy store (360 Main St., Wolfville). They're providing all the supplies ___ of charge.
6. What did Yoda say to the tree? "May the ___ be with you!" :O)
8. To "come back to Earth" is to stop day-___ and come back to reality.
14. What did the ground say to the earthquake? "You ___!" :O)

NAME: _____

CONTACT: _____

EAT TO THE BEAT

(Schedule subject to change)

THURSDAYS: 21, 28, 5

Edible Art Café (New Minas): Marshall & Lake (21st, 28th, 5th) 12pm

Troy Restaurant (Wolfville): Ron Edmunds Duo (21st, 28th) 6pm

Spitfire Arms Alehouse (Windsor): Open Jam Session (21st, 28th, 5th) 7pm

Kings Arms Pub by Lew Murphy's (Kentville): The Tony & Lenny Show (21st, 28th, 5th) 7:30pm

Paddy's Pub (Kentville): The Hupman Brothers (21st, 28th) 9pm

Paddy's Pub (Wolfville): Trivia Night (21st, 28th) 9pm

FRIDAYS: 22 29

Edible Art Café (New Minas): Marshall & Lake (22nd, 29th) 12pm

Kings Arms Pub by Lew Murphy's (Kentville): Groove Kings (22nd), GuyPaul Thibault (29th) 5:30pm

Blomidon Inn (Wolfville): Jazz Mannequins (22nd, 29th) 6:30pm

Joe's Food Emporium (Wolfville): Al King (22nd), The Mark Riley Project (29th) 8pm

Spitfire Arms Alehouse (Windsor): Clusterfunk (22nd), TJ King Band (29th) 8pm

Union Street Café (Berwick): Open Mic (22nd, 29th) 8pm

Dooly's (New Minas): Karaoke w/Denny Miles (22nd, 29th) 10pm

West Side Charlies (New Minas): DJ Billy T (22nd), Country Night (29th) 10pm

SATURDAYS: 23, 30

Edible Art Café (New Minas): John Tetrault (23rd), Carl Boutilier (30th) 12pm

Farmers' Market (Wolfville): Mark Clarke (23rd) 9:30am, Andy Flinn (30th) 10am

The Library Pub (Wolfville): Bob and Ro (23rd) 2pm, Marshall & Lake Band & Special Guest (23rd, 30th) 8pm

The Noodle Guy (Port Williams): Wham Bam Spaghetti Jam (9th, 16th) 1:30pm

West Side Charlie's (New Minas): Timothy V (23rd) 3pm, DJ Mutts (23rd) 10pm, JR Thorpe (30th) 3pm, DJ Lethal Noize (30th) 10pm

Spitfire Arms Alehouse (Windsor): Emerald Tide (23rd), Steve Mayo (30th) 8pm

King's Arms Pub by Lew Murphy's (Kentville): Paul Brushett (23rd), PM Blues (30th) 8:30pm

Tommy Gun's (Windsor): Music Videos (23rd, 30th) 10pm

Union Street Café (Berwick): Christina Martin & Band \$25 +fees & tax (23rd) 8pm

SUNDAYS: 24, 1

Paddy's Pub (Wolfville): Paddy's Irish Session (24th) 8pm

MONDAYS: 25, 2

Paddy's Pub (Wolfville): Open Mic w/Cas McCrea (25th) 8pm

Edible Art Café (New Minas): Ron Edmunds Band (25th, 2nd) 12pm

TUESDAYS: 26, 3

Paddy's Pub (Kentville): Irish Jam Session (26th) 8pm

T.A.N. Coffee (Wolfville): Open Mike & Donna (26th, 3rd) 8pm

Edible Art Café (New Minas): Ron Edmunds Band (26th, 3rd) 12pm

WEDNESDAYS: 27, 4

West Side Charlie's (New Minas): Billy T's Karaoke (27th) 9pm

Edible Art Café (New Minas): David Filyer (27th, 4th) 12pm



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WEEKLY EVENTS

PLEASE NOTE: Event information may change without notice.

THURSDAYS

Open Studio – The Bread Gallery, Brooklyn 10am–2pm. Also Tuesdays. • Weekly drop-in session open to artists and crafters working in all mediums. All you need to take part is to show up with a project! *TIX:* no charge *INFO:* 902-757-3377 / managerbreadgallery@gmail.com

Gab and Grub Social – CMHA Kings County Branch, Kentville 1–3pm. Social time for adults who independently live with mental illness, including anxiety and depression. *FEE:* no charge *INFO:* 902-670-4103 / club@cmhakings.ns.ca

The Hantsport Seniors & Elders Club "Drop-in" – St. Andrews Church Hall, Hantsport 1–4pm. Play an assortment of games with a tea-break at 3pm. All ages! *INFO:* 902-352-2085 / davidold@eastlink.ca

In the Round Knitting Group – Gaspereau Valley Fibres 1–4:30pm. Also Tuesdays 6–9pm. Bring your knitting, rug hooking, spinning, or felting. *INFO:* 902-542-2656 / gaspereauvalleyfibres.ca

Meditation – Healer's Emporium, 49 Water St., Windsor 6pm. All levels welcome. *FEE:* donation *INFO:* Mary, 902-306-0385

Taekwondo – Baptist Church, North Alton 6:30–7:30pm (kids), 7:30–8:30pm (adult). Also Tuesdays • Exercise, self defense, respect, listening skills, focus, self discipline and tremendous confidence. Instructor is a 4th degree black belt. *TIX:* no charge to try a class *INFO:* 902-670-8714 / devin@ennissecurity.ca

Boardgame Night – C@P Lab, Wolfville Public Library, 7pm. Bring your games! Ages 12+ *FEE:* no charge *INFO:* 902-790-4536 / turpin56@gmail.com

NonDuality Meetup – Manning Memorial Chapel, Wolfville 7pm–9pm. Every other Thursday (Next: April 28). A non-denominational group of people, who get together to discuss life and our place in the scheme of things. 19+ *FEE:* no charge *INFO:* 902-365-5235 / johnnotvos@hotmail.com

Tremont Board Game Café – Tremont Hall, 738 Tremont Mountain Rd., 7–9:30pm, every 1st and 3rd Thursday (Next: April 21, May 5). Many of the newest and coolest games in a friendly and relaxed environment. *FEE:* no charge *INFO:* 902-765-4326

Music Jam – Community Center, Cambridge 7–10pm. 50/50 tickets. Refreshment donations appreciated. Proceeds for hall upkeep. *TIX:* \$2 minimum entry *INFO:* 902-538-9957 / gands@xcountry.tv

Jam Session – Community Centre, Wilmot 7–10pm • Jam session with snack *TIX:* \$2 *INFO:* 902-825-3125

FRIDAYS

Fibre Ops Fridays – Library, Windsor 10am–12pm • For knitters, crocheters, hookers, spinners, and weavers. Bring your own project. Everyone welcome. *TIX:* no charge *INFO:* valleylibrary.ca

Bookworms Preschool Storytime – Port Williams Library, 10:30am. Stories, games, songs and fun for kids aged 3-5. *TIX:* no charge *INFO:* 902-542-3005 / valleylibrary.ca

BusyBabies – Murdoch C. Smith Memorial Library, Port Williams 11:30am • So many books, songs and rhymes, so little time! These babies are busy! For ages 0–2 and caregivers. No registration required. *TIX:* no charge *INFO:* 902-542-3005

Art for Wellness – Canadian Mental Health Association, New Minas 1–4pm. An arts and crafts program for adults who live independently with mental illness, including depression and anxiety. All materials provided. *TIX:* no charge, but please pre-register. *INFO:* 902-670-4103 / club@cmhakings.ns.ca

Chase the Ace – Royal Canadian Legion, Berwick 5pm. Chase the Ace drawn at 7:15pm, light supper served 5–7pm *TIX:* \$5 Chase the Ace, \$7 supper *INFO:* 902-375-2021 / rubyl@eastlink.ca

Chase the Ace – Curling Club, Middleton 6:30–8pm • Winning ticket is for 30% of the evening ticket sales plus the chance to pull the Ace of Hearts for the Jackpot. Draw at 8pm. Enjoy playing cribbage, Crokinole, Yahtzee in the dining hall. *TIX:* 3 tickets for \$5. *INFO:* 902-825-2695 / bemorine@hotmail.com

Fun Night – Legion (downstairs), Kentville, 7pm. Variety of music. 50/50 tickets available. *FEE:* \$2 *INFO:* kentvillelegion@eastlink.ca

Friday Night Jam – Royal Canadian Legion, Wolfville, 7–10pm. *INFO:* 902-542-5869 / wolfvillelegion@gmail.com

SATURDAYS

Wolfville Farmers' Market – DeWolfe Building, Elm Ave., Wolfville 8:30am–1pm

April 23 Music: Mark Clarke

April 30 Music: Andy Flinn

INFO: wolfvillefarmersmarket.ca

Peace Vigil – Post Office, Wolfville 12–1pm

Drop in and Drum! – Baptist Church, Wolfville 1–2:30pm. W/Bruno Allard. Drop in for a hands-on workshop & jam. Learn to play the djembe with rhythms & songs from West Africa. Everyone welcome, drums provided. *FEE:* \$5–10 *INFO:* brunoallard7@gmail.com / facebook: Djembes and Duns Wolfville

Chase the Ace – Legion, Kingston 1–3pm. Tickets are 3 for \$5. Draw will take place by 3:30pm. Must be 19+ to play. License # AGD 107472-15 *INFO:* 902-765-4428 / legion98sect@eastlink.ca

Valley Game Night – Gametronics, New Minas 6pm. Board game/card game group. Yu Gi Oh – Thursdays, 6pm. Friday Night Magic (Magic: The Gathering) – Fridays, 6pm *FEE:* no charge *INFO:* facebook.com/GameTronics

SUNDAYS

Port Williams Flea Market – Square Professional Centre, 8am–1pm. Lots of vendors and bargains! We accept donations for the local food bank. *INFO:* donlilaporter@yahoo.ca

MONDAYS

Free Community Walking/Running – Acadia Athletic Complex, Wolfville 6-9am & 6-9pm (Mon.–Fri.). On the indoor & outdoor track. *FEE:* no charge *INFO:* 902-542-3486 / sread@wolfville.ca

Painting Morning – Recreation Centre, Wolfville 9:30am–12pm. W/Evangeline Artist Cooperative. Bring your own projects to work on & be inspired by like-minded artists. *FEE:* \$2 *INFO:* Susan, 902-542-4448

Harmonica Jams – Sobey's Community Room, New Minas 10–11:30am. Light music: country, waltzes, jigs & reels. All levels welcome, bring your harmonicas.

FEE: no charge *INFO:* Lloyd, 902-681-3711 / Ed, 902-678-4591.

Windsor Game Night – Library, Windsor 6pm. Board game group. New players welcome! *FEE:* no charge *INFO:* meetup.com/valleygames / turpin56@gmail.com

The Berwick Makery – Berwick District School "Hive" (former Family Studies Room) 6–8pm. Hang out, work on projects, learn new skills, and teach each other!

April 25: Adult Colouring Night

May 2: Recipe Exchange

INFO: theberwickmakery.wordpress.com/classes

Toastmasters – 2nd Floor, Irving Centre, Acadia 6:30–8pm. Communicative skills to enhance peaceful and effective dialogue. *INFO:* Chris, 902-691-3550 / vppr.wolfville.tn@gmail.com

Musical Jam Night – Community Hall, 659 Victoria Rd., Millville 7pm. Bring your instrument or just relax & listen to the sounds. *INFO:* cadavis@nspes.ca

Kings Community Concert Band – Bishop's Hall, Greenwich 7:15pm. Music with a little challenge. New members (all band instruments) welcome. Some instruments available for use. *INFO:* Andrea Lynn, 902-542-4158 / eyelyn@eastlink.ca

Insight (Vipassana) Meditation – Manning Memorial Chapel, Acadia, 7:30–8:30pm. Weekly meditation sitting group. Drop ins welcome. 45 minute meditation followed by a short discussion. *FEE:* free-will offering. *INFO:* 902-365-2409

TUESDAYS

Book in the Nook – Wolfville Memorial Library 10–10:30am. Suggested age range: 3–5. *INFO:* 902-542-5760 / valleylibrary.ca

Friends in Bereavement – Western Kings Mem. Health Centre, Berwick 10am–12pm. 1st & 3rd Tues. each month (Next: May 3). VON Adult Day Program Room (main floor). *INFO:* 902-681-8239 / friendsinbereavement@gmail.com

Rug Hooking – 57 Eden Row, Greenwich 1–3:30pm. Drop-in rug hooking. *FEE:* donation *INFO:* Kay, 902-697-2850

Friends in Bereavement – United Baptist Church, Kentville 2–4pm. 1st & 3rd Tues. each month (Next: May 3). Left parking lot entrance, sponsored by Careforce. *INFO:* 902-681-8239 / friendsinbereavement@gmail.com

Toastmasters Club – Birchall Training Centre, Greenwood 6:30pm. Develop leadership skills using a variety of tools including speaking off the cuff and speaking in public. Guests always welcome! *TIX:* no charge *INFO:* Christine, 902-825-1061 / CFernie.CA@gmail.com

Learn Irish Music – Paddy's Pub (upstairs), Kentville 7–8pm. Bring your instrument & learn to play traditional music in a relaxed, convivial setting. *FEE:* no charge *INFO:* 902-697-2148 / slowsession@outlook.com

Valley Voices – Kentville Baptist Church CE Centre, 7–9:30pm. Until end of May. Valley Voices is a female a cappella show chorus. Interested women of any age are welcome. *INFO:* valleyvoices.org

Sign Language Classes – Community Hall, Millville 7–9pm. Learn sign language or build on what you already know. Cost is to cover hall rental. *FEE:* \$3 *INFO:* Shirley, 902-847-1736 (call or text)

Village Dancing – Curling Rink (upstairs), Wolfville, until end of May. Traditional Balkan and Middle

Eastern no-partner-style dances. Easy-to-learn, good exercise, great music from Greece, Bulgaria, Turkey, Israel and more. Expert instruction. Introductory level 7:30–8:30pm. Advanced and request session till 10pm. *FEE:* \$7 per session *INFO:* 902-690-7897

Valley Scottish Country Dancers – 125 Webster St., Kentville, 7:30–9:30pm. All levels, no partners needed. Feb. 2–May 3. *FEE:* \$6/class, \$60/term. *INFO:* 902-542-5320 / vsdc.info

Board Game Night – Paddy's Pub, Wolfville 8pm–12am *TIX:* no charge *INFO:* 902-542-0059 / judy@paddys.ca

Cardio Kickboxing – Baptist Church, North Alton 8:30–9:30pm. Adult-only class to improve coordination, strength building, cardiovascular improvements, self defence, stress reduction, and weight reduction, taught by a 3rd degree black belt in Taekwondo. *TIX:* no charge for 1st week of classes *INFO:* 902-365-5660 / devin@ennissecurity.ca

WEDNESDAYS

Talk Sing Read! Storytime – Library, Berwick 9:45–10:15am. Ongoing. Enjoy rhymes, songs, and books with your child. Geared towards ages 0–5, but all welcome! *TIX:* no charge *INFO:* valleylibrary.ca

Wolfville Breastfeeding Support Group – Library (upstairs), Wolfville 10am–12pm. *INFO:* facebook.com/AnnapolisValleyBreastfeedingSupportGroups

Kentville Farmers' Market – Lion's Club, 78 River St., Kentville 10am–2pm. Open year-round. *INFO:* marketmanager@kentville.ca / kentvillefarmersmarket.ca

Cozy Corner Storytime – Isabel & Roy Jodrey Memorial Library, Hantsport 10:30–11:30am. Until May 25. A fun-filled hour of stories, rhymes, games and crafts. For ages 2–6 and their caregivers. *TIX:* no charge *INFO:* valleylibrary.ca

Insight (Vipassana) Meditation – Vaughan Memorial Library (Quiet Reading Room), Acadia 12:15–12:45pm. Door opens 12pm. Weekly meditation sitting group. Drop-ins and beginners welcome. Free will offering. *INFO:* 902-365-2409 / laurabourassa@msn.com

Fibre Craft Wednesday – Isabel & Roy Jodrey Memorial Library, Hantsport 1–3pm. For knitters, hookers, crocheters, weavers and spinners, anyone who enjoys the fibre craft arts. Bring your own project. *TIX:* no charge *INFO:* valleylibrary.ca

Wolfville Community Chorus – St. Francis of Assisi Parish Centre, Wolfville 5:30–7pm. New members welcome! *FEE:* \$180 per year (\$90 per term) *INFO:* 902-300-1001 / susan_dworkin@hotmail.com

Valley Youth Project – Louis Millett Community Complex, Rm 128, New Minas, 6:30–8:30pm. First and third Wed. of each month, September to June (Next: May 4). All LGBTQ+ and MOGI individuals 25 years and under are welcome. You can bring your friends too. *FEE:* no charge *INFO:* valleyyouthproject@gmail.com / valleyyouthproject.wordpress.com

New Horizons Band – Festival Theatre, Wolfville 7pm. Fun, informal community band under the direction of Brian Johnston. New members welcome! *FEE:* \$100 *INFO:* Donna, 902-542-7557 / macdonaldwilson@accesswave.ca

Jam Session – Lions Club, Kentville 7–10pm. Come play, sing or just sit back and listen. All styles and abilities welcome. *TIX:* \$2 per person *INFO:* 902-679-4899

FEATUREPRENEUR: JUNIOR ACHIEVEMENT SPARKS ENTREPRENEURIAL SPIRIT

Genevieve Allen Hearn

It's always inspiring when innovative products are being created on local soil. It's even more inspiring when you learn the entrepreneurs behind the creations are in a delicate balancing act of managing a small business while working or studying full-time. *The Grapevine* spoke to high school student Griffin Oomen White about running her natural scents company, Spicified Solid Scents.

Tell me about your business venture.

Spicified is a line of natural solid scents based in Wolfville. It uses beeswax, coconut, and essential oils to make a unique scent that can be worn by women and men.

What inspired you to take this on?

The idea was inspired by my favorite solid perfume because they are portable, easy to carry around and take with you. I thought of the idea of using essential oils since many people can't wear synthetic fragrances or sprays because of allergies. When you wear a perfume balm like these, it is very subtle and not likely to bother people around you.

How has Junior Achievement helped you along the way?

Junior Achievement is a program that helps high school students to start up their own

business, with the help of volunteer business people. The program teaches you to develop an idea for a product, sell shares, make a budget, and re-pay shareholders. Being in the program taught me how to follow through with an idea, be confident in speaking to new people, and try new things!

If you could sit down with anyone for business advice, who would it be and why?

I would choose the CEO of Lush, because they started out as a small business using natural and unique products and grew to an enterprise.

Where are your products available?

The products are available in Wolfville at The Market and Eos Natural Foods, in Hantsport at Tracys FitPit and through the Facebook Page, Spicified Solid Scents.



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Valley Credit Union Welcomes a **NEW WEALTH ADVISOR** to Credential Financial Strategies

Valley Credit Union CEO, Len Ells, is pleased to welcome Cindy Viner to the position of Wealth Advisor, Credential Financial Strategies Inc. Cindy is excited to build upon established member relationships and expand the Credential offering.

Cindy has 20 years sales experience; 10 focused on providing financial guidance and advice. Her expertise will be invaluable as we focus on growing our present service offering.

Cindy grew up in Mahone Bay, settled in the Annapolis Valley with her family 20 years ago, and has called Sheffield Mills home for 10 years now.

Congratulations are extended to Cindy in her appointment, working closely with the 7 Valley Credit Union branches to meet member financial needs.

Credential Financial Strategies Inc. is a member company under Credential Financial Inc., offering financial planning, life insurance and investments to members of credit unions and their communities.



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IN REVIEW: RECENT NEWS, HAPPENINGS, AND EVENTS

Emily Leeson

The Hantsport & District Lions Club recently presented the local Food Bank with two boxes of food, and a total of \$620 combined from public donations as well as donations from the club.

/1: Jo Hazel Hazel (Food Bank), King Lion Steve Spurr, and Beth Caldwell (Food Bank)

All the world may be a stage, but Canning seems to be getting a bit more of the spotlight recently, and deservedly so. **The Merrit Awards celebrate Nova Scotia's outstanding talent in the theatre industry.** At the awards ceremony on March 21, theatre companies and individuals were celebrated for their contributions to the 2015 season. Two Planks and a Passion Theatre in Canning was a big winner of the evening, receiving Outstanding Production by an Established Company, Outstanding Original Score, Outstanding Direction, Outstanding Costume Design, and Outstanding Choreography for The Tempest.

Six members of the Mud Creek Rotary Club recently attended a meeting of the Wolfville & Area Lions Club to thank the Lions for preparing breakfast over the winter months for Rotary's weekly meetings, as well as providing the Lion's hall as the place to meet! To show their appreciation, the Rotary members presented six monogrammed aprons to the Lions. **/2**

It was a series of packed nights for Matt Mays and Adam Baldwin at The Union Street in Berwick back at the end of March and beginning of April. Three shows sold out quickly. If you weren't lucky enough to grab tickets, you can still experience a little piece of the fun at The Union Street Facebook page. They've posted videos from the Friday night show.

On March 29, it was announced that **Nova Scotia's growing wine industry will benefit from a new research lab at Acadia University** in Wolfville thanks

to funding from the provincial and federal governments. "Nova Scotia's wine industry has potential for tremendous growth that will lead to more jobs and more exports and our goal is to assist it where we can," said Premier McNeil. "It's important to have quality lab services, especially as we look to the future of export." The lab will be located in the chemistry building of Elliott Hall and be used for both academic research and industry collaboration. There are 23 wineries and 94 grape producers in Nova Scotia, and the industry accounts for \$7.3 million in wages annually. Wineries are important to tourism - approximately 100,000 people visited winery properties in 2014! Construction on the lab continues. Equipment was installed this month and lab preparation is scheduled for April, with operation by June or July.

Home again, home again! After the fire that heavily damaged the Spitfire Arms Alehouse last July, the popular Windsor pub is back in its original home on Water Street. They had to do a complete rebuild from the ground up. They have stayed true to their original design, and were even able to salvage some memorabilia that now hangs in a display cabinet.

After three years of fundraising, the **Kentville Skatepark Association (KSA) is still working hard toward their plans for construction of a skatepark.** They currently have just over \$66,000 in funds raised from individuals, corporate donations, and community support. The Town of Kentville has agreed to financially support the park and has also allocated land for the building site. However, this infrastructure project requires partnership with other levels of government to reach its fundraising target, including Provincial, Municipal, and Federal branches. According to member Matt MacLeod, "Past applications to the County of Kings for financial support for our initiative have been unsuccessful. The province recently cut its Recreation Facilities Development Grant and we currently have an application in process through ACOA for a grant from the Canada 150

Community Infrastructure Program. In light of these financial uncertainties, the KSA has recently voted to postpone construction of the skatepark until 2017, so that we can attempt to secure funding through these various levels of government over the next year."

A group of Cubs recently took over the Wolfville Lions Club in a fundraising effort to raise cash for a special trip. The Chicken Barbecue held at the Wolfville Lions Club held by the Cubs and their leaders earned \$1,517 for the Wolfville Cub troop. The Cubs and leaders sold tickets and worked at the barbecue.

/3: In the picture from left to right: Cub Caleb Attwell, Leader Mike Attwell, Cub Ben Priddle, King Lion Marlene Vandertoorn, Lion Hollis Lake.

As of April 6, **the Town of Windsor Facebook page is hoping to start more public discussions.** Their Facebook message reads, "Do you have questions on Windsor matters? Do you want clarity on some things you've been hearing? You ask and we'll answer." And it's indeed happening! From questions about old houses, empty lots, and property developments, to empty storefronts, sidewalk usage, and pedestrian walkways, the town is asking and the town is responding. Join the conversation at Facebook: Town of Windsor.

Looking for a Day Trip idea? The Town of Middleton Facebook page shared a printable version of the Historic Middleton Walking Tour. Check their post on April 7 for details, grab your walking shoes, and head toward the Heart of the Valley!

On April 8, **Sarah Pound, Ariana Nasr, Andy Flinn, and Ryan Roberts** offered up their musical talents in a fundraising effort for "Canadians for the Railway Children of India" at the Wolfville Baptist Church. The project is led by Father Abhi, who has been coming to Nova Scotia for many years and is well known for his work supporting the "railway children" of Varannasi, India. According

to Joe Foy, it was a wonderful evening: "Andy opened and lifted everyone's mood with his catchy and thoughtful tunes; Ryan treated us to several fine songs newly written; Sarah was in good form, including wowing the crowd with a fantastic rendition of an old Carole King piece from the 70's; and Ariana closed out with a very pleasing medley, including a spine-tingling rendition of an Edith Piaf classic. It was a crowd-pleasing musical programme, carried off with enthusiasm and skill. We are so lucky in this Valley!"

/4: Andy Flinn and Ariana Nasr at the Wolfville Baptist Church.

On April 9, **Laurenn Marchand** played at Troy, as part of their Troy After Dark series. According to those in attendance, this is "Wolfville's new music hot spot."

/5: Laurenn Marchand at Troy Restaurant on April 9. Photo Credit: James Skinner

Kings County celebrated National Volunteer Week April 10-16 by holding appreciation events and recognizing exceptional volunteers regionally and provincially. The Municipality of the County of Kings held their second annual Volunteer Celebration where 175 volunteers, representing over 50 volunteer groups, attended. The Town of Kentville and the Town of Wolfville also held their own volunteer appreciation events. "Nova Scotia has the highest number of volunteers per capita than any other province in Canada", stated Genevieve Allen Hearn, coordinator at the Kings Volunteer Resource Centre. "We should be proud of the strong volunteer spirit in our communities!"

Women of Wolfville opened their 2016 production, *It Takes a Village: Tales from the Mud* to a packed crowd on April 14. This year the group took an original look at creating, building, preserving and celebrating community.

/6: The Women of Wolfville, *It Takes a Village: Tales from the Mud*. Photo Credit: James Skinner

SEEDLINGS / YOUNG READERS



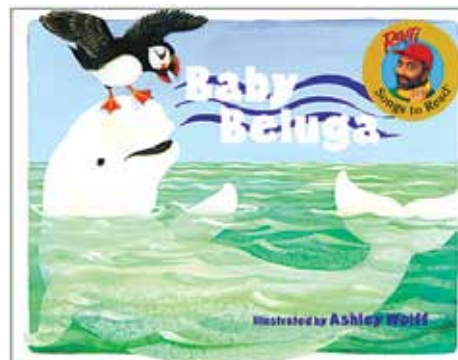
KIDS ART SPOT

Fairyland by Sadie Parks, age 6.

If you'd like to see your art here, contact editor@grapevinepublishing.ca

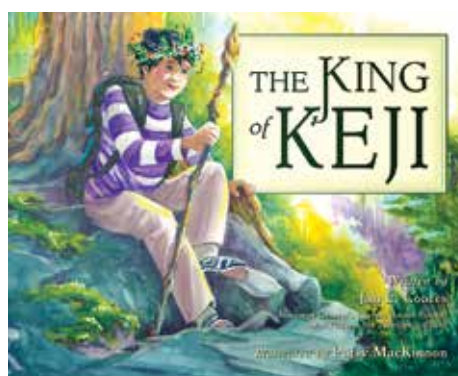
KAELYN'S BOOK CLUB

Regan Alford



As we celebrate Earth Day on April 22, Kaelyn's Book Club has two great Picture Book Suggestions that celebrate Nature and the World around us.

WEE ONES - *Baby Beluga* by Raffi & Ashley Wolff (Random House Children's Books, recommended reading age 0-3). This book is part of the *Raffi Songs to Read Series*. Whether you choose to Read or Sing the words on the page your Wee One will get a cheerful lesson about the natural world by becoming acquainted with Baby Beluga.



LITTLE ONES - *The King of Keji* by Jan Coates & Patsy MacKinnon (Nimbus Publishing, recommended reading age 4-8). Jacob's brother, Ben, is always king of the castle. Jacob is tired of being the dirty rascal! Jacob and his grandfather decide to set out on a camping trip to Nova Scotia's Kejimikujik National Park. There, they find lots of hidden treasure fit for a king like emeralds (the green of a hemlock's foliage), amber (the eyes of a deer), and diamonds (in the sky).

Books are available at The Box of Delights Bookshop in Wolfville, and The Inside Story in Greenwood.

kaelynsbookclub.wordpress.com

EARTH DAY FAMILY FUN

Laura Churchill Duke



There are several ways that kids can get involved with Earth Day.

Plan a Garbage Pick Up: You can do this informally on your own by grabbing a garbage bag and some rubber gloves, or in a more organized fashion. If you

have a group who is doing a wider clean up, then contact the Great Nova Scotia Pick Me Up and they will send you poster, bags, and other swag to help you organize your clean-up event.

Join Earth Rangers: This is a great project through the Canadian government where children and youth are encouraged to participate in environmental projects and earn points on the website. It is free to join and participate in the activities. Some of the activities include making crafts with recycled materials, making bird feeders and bee houses, or going on a bio-walk.

For more great ideas visit valleyfamilyfun.ca.

Valley Family Fun
info@valleyfamilyfun.ca

THE INQUISITIVE CORNER

T R Z X O B O N A Z K V N V F
 T Y A M W C E D T D C B P U I
 E A R T H G E R F F K N Q A U
 G I O M Y L E A Z B O W A M E
 Y O P X X E Y J N Y Z P R T R
 G O O N S N S M I R O R K Z E
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EARTH DAY WORD SEARCH

ANIMALS
 ATMOSPHERE
 EARTH
 FISH
 LAND

OCEAN
 OXYGEN
 OZONE
 TREES
 WEATHER

SADIE, KID REPORTER'S SPECIAL SATURDAY PLAY DATE

On Saturday I had a play date with my friend. We went to Clock Park for a barbeque for autism awareness. I got a hot dog and a cupcake. It was special. The icing tasted like marshmallows. The icing was electric blue.

Then we went to Mermaid Theatre and we watched a shadow puppet show (Ramshackle

Theatre Sci-Fi Double Feature: A Cardboard Science Fiction Puppet Show). I kind of liked it because I really liked that you could actually watch them making it and then you could see it on the screen because there was someone filming the puppeteers as they made the puppets move. They were from the Yukon!



BEING WELCOMED INTO WOLFFVILLE

Avery Peters



We got a pretty good feeling about Nova Scotia in our visits before officially moving here from Ontario. In Toronto, for the previous 6 years before moving here, we hardly knew our neighbours. One family next door hardly ever left their house, or so it seemed. Our other neigh-

bours (who we shared a wall with in a semi-detached house) complained that we were too noisy (Using a dryer after 9pm! Taking showers before 6am!) So I guess anything would be a step up from that experience. But moving to Wolfville was a huge leap.

Shortly after our arrival in June 2014, there were a couple of storms where the power went out. I remember bringing our patio furniture inside (we didn't have any living room furniture at the time) and eating in our empty house. That night, a huge branch fell off our apple tree as the winds raged on. Our neighbour immediately spotted it from their living room window and helped us make sure that the fire department came over to help clean it up.

Our other neighbours across the road, seeing that I was using a manual push mower for our tiny lawn, couldn't help but notice and offered to mow it with his riding lawn mower. We would come back from trips and find our lawn mowed and things taken care of. Across and beside these neighbours, our other neighbours on our block have offered us rhubarb, various power tools, and even a snow blower (or doing the snow blowing for us the winter of 2015 when I was pregnant and there were all those snow storms). The rest of our neighbours also pitched in and helped us shovel. They have all brought in our CSA food box when we're away and they keep an eye out on things for us too.

Part of this desire to help out comes from taking the time for each other. There's such a willingness to be a part of each other's lives here. We know that when we return a borrowed item to one of our neighbours it is the perfect opportunity for a cup of tea or coffee, or a long chat at the end of one of our driveways while the dogs run around. Sometimes, when I am rushed I will hold off on returning something because I know I don't quite have the time.

This recipe today comes thanks to one of my neighbours. They have a prolific forsythia bush (as most forsythia bushes are). I asked them if they'd be okay with me snipping some branches off their bush, and they obliged. In the last few years I learned that forsythia flowers are edible. So when I saw my neighbours' bush my curiosity piqued and I had to try to make something with the flowers. Syrups are a great way to start to experiment with new flavours (as you know, I've introduced you to other syrups before). Non-alcoholic drinks are also a neglected category (as I found out when I was pregnant last year and missing having my own special drink on the patio).

My son, Llewyn, was just one month old at the time when I picked forsythia flowers last year,

so he slept soundly in the carrier while I snipped branches and set them on the lawn. To make the syrup, you have to pick the flowers off the branches. Now this may seem tedious, but imagine yourself sitting on your back deck, soaking up the sun, surrounded by fragrant flowers, on a weekend afternoon. Last year I picked the forsythia branches around mid May, but they may be out earlier this year. I made this syrup and kept it in the freezer, so I'm ahead of you and ready for this year's batch. The first time I made these sodas, it was just with the forsythia syrup, but this time I added lavender and a squeeze of fresh lemon juice and it's such a light, flowery, and refreshing drink. I picture myself sipping it all spring and summer.



FORSYTHIA AND LAVENDER SODA

When harvesting any wild edibles, be mindful of the plant and it's ability to grow back (take 5% or less). In my case, my neighbour's forsythia bush was in need of a pruning, so this was perfect timing.

FOR THE SYRUP

- 3 cups lightly packed forsythia flowers
- 3 cups water
- 2 cups sugar

Remove flowers from their branches and rinse them. Slowly bring sugar and water to a boil in a medium-large pot, stirring to dissolve the sugar. Add the flowers, stir, and cover the pot with the lid. Let the water cool with the flowers overnight. Strain and place in jars and refrigerate for up to 3 months or freeze.

FOR THE SODA (MAKES 2)

- 4 oz. steeped lavender tea
- 1.5 oz. forsythia syrup
- 8 oz. club soda
- squeeze of lemon juice
- ice cubes

Steep 1 teaspoon of lavender buds (designated as food safe, or use a lavender tea from the store) in ½ cup of water. Let cool. Pour half of the forsythia syrup into each of two glasses. Place 3 ice cubes in each of the glasses and top with lavender tea and club soda. Squeeze a bit of fresh lemon into each glass and enjoy!

For more wild recipes and adventures visit Avery at her blog: wildeats.ca.

DINNER OUT: REVIEW FOR LA CHÈVRE D'OR, EZE, FRANCE

Scott Campbell



So, when my editor told me we were doing an Earth Day edition I decided I had the perfect idea for a food story – I would go to what might be one of the best restaurants... on Earth... and write about the meal. So off I went.

We always travel on the March Break and we usually have some sort of food destination in mind. There is a little village called Éze on the French Riviera. It's perched on a high rocky fortification along the coast about halfway between Monaco and Nice. You walk up into the village (there were no cars when this place was built) and wind your way through the cobblestone streets until you come across an unassuming heavy wooden door. A small sign beside the door modestly informs you that you have arrived at a 2-Michelin starred restaurant called La Chèvre D'Or – The Golden Goat. Going to this restaurant is on many Foodies' bucket lists which is why, if you'd like to see it, you can watch the movie, *The Bucket List*, in which this restaurant was featured.

Our table overlooked what has to be one of the most spectacular views of the Mediterranean Sea – even at night. We were seated, after all, about 500 meters above the coast. For this occasion we opted to go for the Tasting Menu and Wine Pairing. We were not disappointed. The first course came out and consisted of Green Asparagus from Provence served over a Citrus and Praline Light Cream and Old Parmesan Cheese Risotto. The freshness of the asparagus was undeniable and worked perfectly with the strong cheese flavour of the risotto. The Citrus cream just pulled everything together. Every bite was an event and we couldn't wait to see what was coming up.

The next arrival at the table came on two plates. The first was Italian King Prawns. The prawns were served raw as a Tartar with Lemon Beads and Oscietre Caviar. The medley of seafood flavours blended seamlessly with the citrus flavours of the juice and lemon beads and even though any one of the ingredients could have overpowered the dish – the combination was flawless.

I said we had opted for the wine pairing and that was a great idea, if I do say so myself. The first two courses were expertly paired with 2011 Terre de Fumée Coteau du Grennois Sauvignon Blanc. This treat from the Loire Valley with its citrus notes complimented the fresh asparagus and prawns but stood up to the Parmesan and caviar with no problem.

The next plate was a Strong Juice of Orange and Cream Cheese with a Sea-Scented Sorbet. A similar combination of flavours as the preceding course but a completely different flavour profile. Next was Local Sea Bream. This was a filet grilled with olive oil in butter sauce with grated citrus fruit. Alongside the Bream was a Smoky Celeriac Fine Mousse and Oyster Ravioli. It seemed so appropriate to have this strong seafood theme as we looked out over the coastline. These courses were paired with a fantastic 2011 Meursault from the Olivier Leflaive winery – a fruity and smooth Burgundian Chardonnay that blended so well with both courses.

It seems wrong to call a meal like this a "surf and turf" but, it actually was. From here on in, we left the delights from the sea and were served some amazing dishes from the farm. First up was the Pan Sautéed Foie Gras

marinated in sweet white wine and served with Artichokes and Black Truffle served with Aged Parmesan Cream Cheese with Grated White Truffle. I had thought there was little one could do to Foie Gras to make it better. I was wrong.

Next – Milk-Fed Lamb. This tender morsel of amazing meat was grilled and served with Tiny Artichokes and Garlic Purée. Served alongside this, in its own dish, was a Creamy Polenta with Orange, Saffron, and Mascarpone Cheese. This was certainly the crescendo of this Mediterranean symphony of food. The full-flavoured and earthy Foie Gras and the savoury richness of the lamb were as intoxicating as the wine that was served with them. Our wine for this last savoury course was an incredible 2008 Chateau Olivier Grand Cru Classé – Pessac-Léognan. This rich, opulent Bordeaux easily stood up to the earthy richness of the Foie Gras and the Lamb, yet was spicy enough to really make the Orange flavour of the Polenta exciting.

As we sat, gazing at the coastline and basking in the afterglow of a meal like this we noticed a smiling French server approaching the table. He reminded us we were in France and that a meal is never complete in France without dessert. And so it began. First, as is traditional in many French restaurants – a cheese plate. Delicate strips of Brie were snuggled in against coils of thinly sliced green apple, and then over all that were juliennes of Black Truffle. This tart apple and savoury cheese dessert was presented with a 2010 Bablut Coteaux de L'Aubance. This late harvest Chenin Blanc had amazing minerality and was fantastic with the luxurious cheese and truffle flavours.

Our second dessert (I love France) was something called "The Creation". It was described in the menu as their version of a lemon tart. I've had a lot of lemon tarts in my time and this bore little resemblance to any lemon tart that I have ever seen. I'll let the photo do the describing of this unbelievable dessert. It came out beside an equally unbelievable 2012 Domaine Cauhapé Noblesse du Temps Jurançon. Wine aficionados may notice from the name that this candy-sweet dessert wine owes a great deal of its flavour to something called the "Noble Rot". This benevolent fungus occurs in just the right conditions in a vineyard (usually alternating humidity and dryness) and makes sweet wine delicious. The sweetness against the tart lemon was just the zest we needed to wake us up enough to make our way back to our hotel.

A restaurant like La Chèvre D'Or is something a few of us get to experience maybe once in a lifetime. If you are going to be travelling in that part of the world then make sure you call a few months ahead and make a reservation and treat yourself to a world class dining experience in a restaurant that is often cited as one of the best... on Earth.



Green Asparagus from Provence served over a Citrus and Praline Light Cream and Old Parmesan Cheese Risotto

THE DOME CHRONICLES: LLOYD MORSE

Garry Leeson

In 1972, a boxcar from Toronto containing a menagerie of farm animals and an eager young couple pulled into the station platform in Kingston, Nova Scotia. They were bound for a deserted hundred-acre farm on the South Mountain, determined to preserve the foundations of farmsteads past while constructing a geodesic dome. They were pioneers of the future, armed with respect for tradition and an irrepressible sense of humour. They didn't call themselves farmers. They were back-to-the-landers. Farming was industry and their calling was sustainability. Over the next forty years, through flood and fire, triumph and catastrophe, they persevered, unwittingly sowing the seeds for the modern small-farm movement.

When we arrived in Harmony in 1972, there were still several farmers who held to their traditional ways farming – scorning, or not being able to afford, tractors and tilling their smallholdings with horses or oxen. In their minds they had progressed in their farming methods as far as was practically necessary. Their fathers had forsaken the scythe, and later the one-horse mowers and dump rakes, for more modern horse-drawn equipment, and there they drew the line. One such man was Lloyd Morse and I'll never forget what a welcoming sight it was when we saw him and his team mowing the patch of meadow land behind his barn on the day of our arrival.

While we were settling into our remodelled chicken coop and building our dome, I got to know Lloyd quite well. It was a friendship forged out of necessity - his horses needed shoeing and I could shoe horses, so I was welcomed in his barn and in his home. There were still one or two blacksmith shops around, but the smithies, although still making shoes, were too old to deal with the actual shoeing, so the job fell to the new kid on the block. Lloyd's horses looked placid enough when he had the reins in his hands, but were not easy to deal with in the barn. I spent many hours wrestling with his horses' legs, replacing those heavy forge-caulked shoes that were necessary for the farm and woods work.

The fact that at the time Lloyd was in his seventies and subject to fainting spells didn't seem to concern the old man. The guy was tough as nails. A couple of months after meeting him, the neighbourhood was abuzz with the news that Lloyd was injured and in the hospital in Middleton. After he partially recovered from his very serious injuries (that included several broken bones and internal damage) and was settled back at home, I checked in to see how he was doing. I found him in the kitchen on the daybed, a typical part of most old farm kitchens. In his normal dry, unconcerned way, he told me the story of what had landed him in the hospital. It must

have been tiresome for him to tell his story yet again, judging by the number of cars I'd seen in his driveway each time I went by, but he gave no hint of bother. The community was still a part of the storytelling tradition.

He'd been out in his woodlot with his team yarding some trees he'd felled earlier in the spring. He'd got quite a lot of work done that morning, even considering the time lost while he waited out his frequent fainting spells. He was down to snagging one last extra long log when it happened. The big maple was lying in amongst the stumps in an inconvenient spot but he managed to get the team over to where he could attach the logging dogs (L-shaped hooks) onto the tree's butt end and hook the chains to the wiffletree. There wasn't much room to maneuver so Lloyd coiled the reins up and tied them onto the hames on the collar before stepping back to talk to the horses.

There shouldn't have been a problem; he knew the team would listen to him but he hadn't counted on what happened next. Confident that everything was in order, he'd shouted, "Giddup". When the team lurched forward, the end of the log they were pulling inexplicably struck a stump. That's when a basic law of physics familiar to teamsters and woodsmen took over. The end of the log no longer able to go forward caused the main body of the

thirty-foot log to swing in a violent arc. There was no room for Lloyd to step aside; it all happened in an instant. The log mowed Lloyd down, dragging him and then passing up and over him, leaving him in a crumpled unconscious heap of bruises and broken bones.

When he came to, his faithful team was standing heads down above him and he didn't know how long he had been lying there. When he tried to get up, he found that he couldn't stand and the pain was excruciating. He knew he was on his own; both of his sons worked away and wouldn't be home until suppertime. Lloyd languished in and out of consciousness, assessing his predicament and enduring the pain for a considerable amount of time before he came up with a bizarre solution.

He managed to crawl over to where the team's wiffletree was lodged behind the offending stump, unhook the logging dogs, and hook them in his jacket. He said he told the horses to "Giddup" and they obeyed and headed for home, but he didn't remember what happened after that because he had passed out again. The team dragged his limp body over a couple of miles of rocky woods roads before they landed him unconscious by the stable door.

...
The Dome Chronicles continues on page 16

WORD OF THE ISSUE

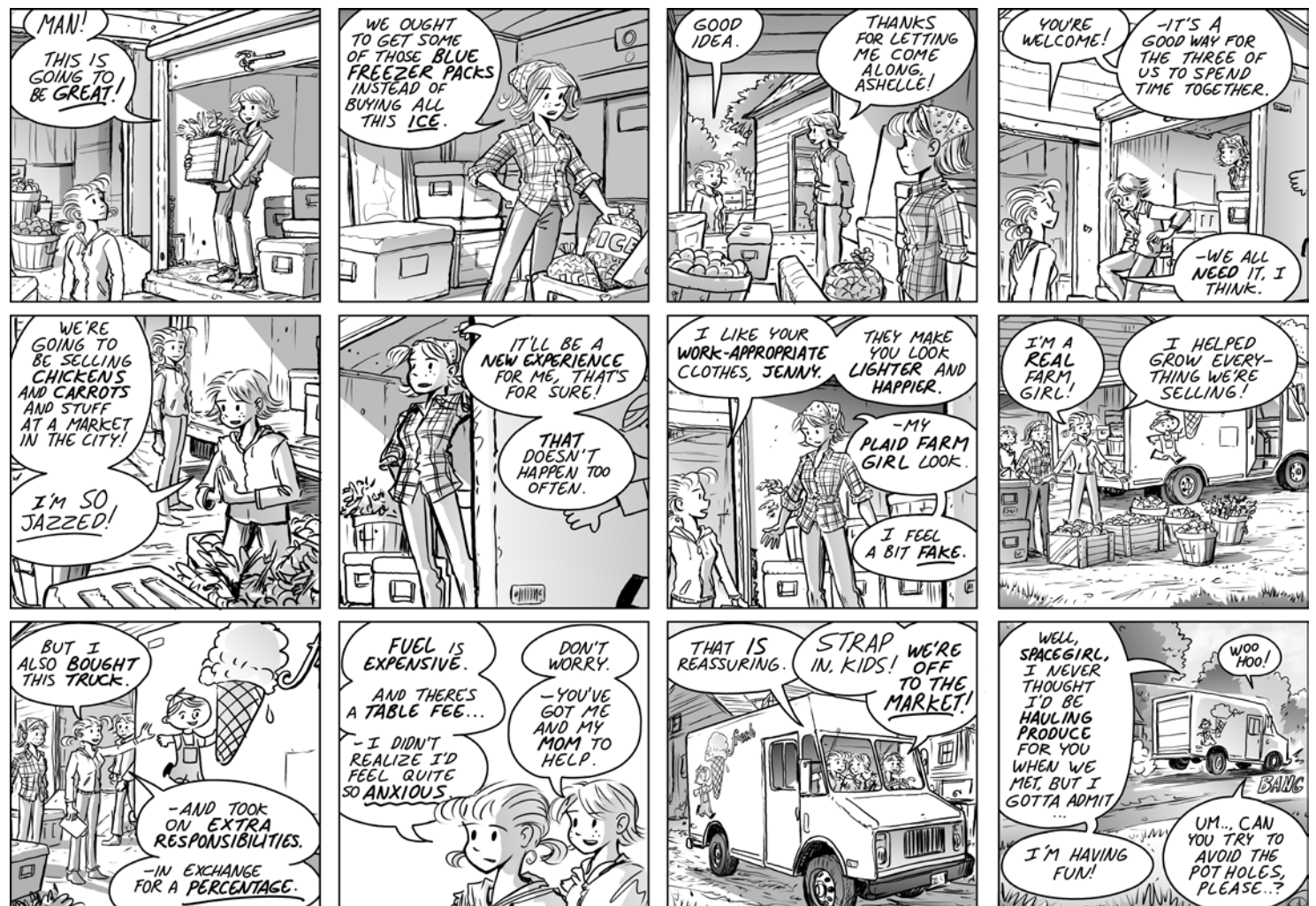
Margaret Drummond

Frippery

Noun

Ostentatious or unnecessary ornament in architecture, dress, or language; a tawdry or frivolous thing.

"The shop windows blossomed with all the delicate fripperies her swanky wedding would require."



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THE WRITTEN WORD

**A BOX OF DELIGHTS BOOKSHOP
INTERVIEW WITH HEATHER PYRCZ**
FIRST ANNUAL GRAPEVINE POETRY COMPETITION JUDGE

The Grapevine Poetry Competition winners will be announced in the May 5 Issue.

Heather Pyrcz, mother of two lives on Prospect Street, in Wolfville, with her husband, Greg. She has taught elementary school and, for fifteen years, English at Acadia. She has four books of poetry including *Town Limits and Nights on Prospect Street* about life in Wolfville, two books on writing style published by Oxford University Press, and *A Digital History of Canadian Poetry for The League of Canadian Poets*. Her poems have been commissioned by CBC, danced, sung, and heard on *The Canadian National Gallery* audio-guide.

When did you start writing poetry?

When I was ten years old and living in the Yukon, one night my mother gave me a collection of Robert Service to read because we were visiting Dawson City, the historic centre of the Klondike, the next day. I read late, until it hit me—poets aren't old, dead guys, they're people like me who write about their time and place. I wanted to do that, so I just started. I was young enough not to have any expressive inhibitions!

Why poetry over any other form of creative writing?

It's as if I woke up to the adult world, and writing poetry was my way of making sense of it. It's always been my way of seeing, knowing and being in the world. I've written other forms, but I am a poet first.

When and where were you first published?

Not counting school newspapers, yearbooks etc. my first published poem was in the *Edmonton Journal*, in 1972. (I won second prize in their contest). I published in literary journals after that. Gaspereau Press published my first collection, *Town Limits*, the press' first book of poems, in 1997.

What was it like to share your poetry publicly for the first time?

Terrifying. It's always terrifying. As Phyllis Webb said, you put yourself on the line. But it's also exhilarating when you connect with an audience.

What does your process of writing look like now? Where and when do you work?

I write first in my head, then by pen or pencil, so that can happen anywhere, any time. But when I'm ready to move to my keyboard, I have a loft on the fourth floor of our house. It's rather like writing in a treehouse. I'm

disciplined and write or edit most days. When our children were younger, I did most of my writing at night. They have grown and flown but I'm still a nighthawk.

Has sharing your work changed how you write or what you write about?

No, I don't think so. We can only write the book that is in us. I think the most important thing is to be true to that vision. But sharing or publishing definitely helps the editing process. Somehow decisions are clearer when you know that the work will soon be out there. It brings out your inner critic very quickly!

Where do you find your inspiration?

Everywhere—art, music, history, travel, science, relationships, other writers. I see it all as filling the fermenting pot of the imagination, waiting to see what bubbles up.

What is best advice relating to writing that you've ever been given?

To tell the truth. It doesn't matter if you're writing non-fiction, poetry or fantasy, tell the truth to the best of your ability. Donna Smyth once asked our creative writing class to write down the truest statement we know. That was a mind-bending exercise. You can give glib answers, but when you really search, you learn something important about yourself and the human condition.

What are you currently working on?

Borealis Press is about to publish *The Caves of Castleguard*, the first book of my fantasy trilogy *Tales of the Shining Mountains*. The trilogy has taken me fifteen years to complete, so I'm excited to see it in print! We're at the typesetting stage right now. I'm also starting a sequel, and completing a small book of children's poetry.



The Dome Chronicles continued from page 15

...

A passing neighbour spotted Lloyd's inert body lying behind the team, stopped his car, and hurried over to him. At first he thought the old man was dead but after Lloyd opened his eyes momentarily and mumbled something that sounded like concern for his horses, the neighbour ran to the house for help.

An hour or so later, with concerned friends and relatives hovering over him where he still lay covered in quilts and horse blankets - they hadn't dared to move him - the ambulance

arrived, and Lloyd was carefully placed on a stretcher, loaded into the vehicle, and rushed to the hospital.

When Lloyd finished his story, he sat up stiffly, swung his legs over the side of the cot, grabbed a walking stick that was leaning against the wall nearby and said, "I better head out to the barn to check on the horses. I've been neglecting them lately. Come with me. You can have a look at their shoes."

YOUR LIBRARY: THE ULTIMATE "SAVE THE EARTH" SPOT

Angela J. Reynolds, Community Engagement Coordinator

Books take a lot of paper. That means a lot of trees. And we all love the trees. But we also love books. So what is the fervent bibliophile to do? Use the library, of course. The library is the perfect place to re-use and recycle. We do it every day. Our books get used by many people - we are the original community re-use spot! Need a book on how to build a deck? How about a few recipes for Mexican potluck night? Want a huge stack of mysteries for the weekend? No need to buy, just get them at the library! Now, we are NOT trying to say you shouldn't buy books. We love our bookstores as much as the next person. But sometimes, you can get by with borrowing, and that's what we are here for. So next time you need a book, but don't need to own it, just remember, the library is here, waiting to help you save the earth.



THE LITERACY MILE

The Valley Community Learning Association is hosting its annual fundraising event, the Literacy Mile, on Saturday, May 7, 1pm to 3pm at 49 Cornwallis St., Kentville. The Literacy Mile is an opportunity to raise awareness of, and support for, the literacy needs of Annapolis Valley residents. There will be hot dogs and refreshments for sale, live music, a silent auction, and activities for the whole family. During this event we will be celebrating the accomplishments of our learners and recognizing the community support, financial and in-kind, that we have received throughout the year.



WHAT'S HAPPENING FROM APRIL 21 – MAY 5, 2016

SEND YOUR EVENTS TO INFO@GRAPEVINEPUBLISHING.CA

Please note: Events are subject to change.

THURSDAY, 21

Outside the Box – Valley Autism Centre, Kingston 6:30–8:30pm • Monthly meeting of Outside the Box families and friends of adults with disabilities support group. **TIX:** no charge **INFO:** 902-538-0358 / shirtle@eastlink.ca

FRIDAY, 22

Coffee & Conversation – Library, Berwick 10–11:30am • Coffee, tea, and conversation with your community neighbours. This month Wayne Groszko, Ph.D. from the NS Community College Faculty of Energy Sustainability Engineering Technology will get the conversation started. **TIX:** no charge **INFO:** 902-538-4030

Planting Seeds for Earth Day – Inquisitive Toy Company, Wolfville 12–4pm • Plant a seed in your very own pot, then take it home to help it grow! One pot per child, while supplies last. All ages welcome! **TIX:** no charge **INFO:** 902-697-3009 / inquiries@inquisitivetoys.com

Earth Day Planting and Clean up – Harriet Irving Botanical Gardens, Wolfville 1–2pm • Get outside on Earth Day, help clean up Acadia's Woodland Trails and be part of the campaign to plant 25,000 trees across Canada on April 22. #rooting4trees **TIX:** no charge **INFO:** 902-585-1916 / botanicalgardens@acadiau.ca

Art Program – Canadian Mental Health Association, New Minas 1–4pm • Whether you enjoy painting, knitting, drawing or making crafts, there is lots of choose from. All materials provided. **TIX:** no charge **INFO:** 902-670-4103 / club@cmhakings.ns.ca

Spaghetti Supper and Ticket Auction – Windsor Forks, Windsor 5–6:30pm • Spaghetti, garlic bread, a drink, and vanilla ice cream with chocolate sauce for dessert, served by Windsor Forks District School grade five and six students! **TIX:** Supper is \$6 per person, \$20 family of four, no charge for preschoolers. **INFO:** 902-792-6700 / wfds.ednet.ns.ca

Open Mic Hosted By Bob Deveau – Royal Canadian Legion, Berwick 7:30pm • Come early for Chase the Ace and a meal. Pass the hat donation goes to the host. **TIX:** \$7 meal **INFO:** 902-538-7397 / mom8sk@hotmail.com

Party at the Ballroom – Cornwallis Inn, Kentville 8pm–1am • Local food, craft beer, and entertainment. Have a bit of fun and dress up as your favourite artist/creative personality. Ida Red and guest performances throughout the night. **TIX:** \$10 advance, \$12 at the door @ Designer Cafe (Kentville) or The Box of Delights Bookstore (Wolfville) **INFO:** crossroads.creative.collective@gmail.com

SATURDAY, 23

Breakfast – Royal Canadian Legion, Wolfville 3:30am–8pm • Bacon, sausage, eggs, hash browns, homemade beans, toast, jam, marmalade, coffee, tea, juice. Last one of the season! **TIX:** \$6 **INFO:** 902-542-5869 / wolfvillelegion@gmail.com

Spring Thaw Pancake Breakfast – Community Hall, Black River 8–10am • Pancake Breakfast **TIX:** donation **INFO:** 902-542-3498 / darlene.hennigar@gmail.com

Parish Breakfast – St. James Anglican Church, Kentville 8–10am • Eggs, bacon, toast, muffins, fruit salad, yogurt, baked beans, fish cakes, juice, coffee, tea. **TIX:** \$7 minimum donation **INFO:** 902-678-3123 / stjames@ns.sympatico.ca

Indoor Yard Sale – St. Monica's Church, Middleton 8am–1pm • St. Monica's Catholic Women's League welcomes invites you to browse, and find "just what you need" among a wide assortment of items for men, women, and children. Proceeds for local charities.

TIX: no charge **INFO:** 902-825-6495

Celebrate Children's Literacy – NSCC Kingstec Campus, Kentville 8:30am–1:30pm • Children's book fair. Over twenty local authors, organizations and business will be in attendance selling books and promoting their services. Activities for children throughout the morning, including storytelling, science experiments and more! Families will have a chance to win great, literary door prizes! **TIX:** no charge **INFO:** 902-690-2514 / justine.macdonald@nssc.ca

Valley Trekkers Volkspport Club – Scotian Gold, Coldbrook 10am • Join the Valley Trekkers for a 5/10km, 2B walk on the Coldbrook Trails. 9:30am Registration; 10am start. **INFO:** 902-679-4814

Mini Monster Sale – Elementary School, New Minas 10am–1pm • Yard sale for kids' stuff! Gently used and new items for baby, toddler, preschool and up to Grade 5. All proceeds go to support NMES PTA: Initiatives for students. **TIX:** \$2 adults, no charge under age 12 **INFO:** csurette@gnsps.ca

Flea Market – Community Hall, Scotts Bay 10am–1pm • Table rental is \$5 for an 8' table. Please call. **TIX:** no charge **INFO:** 902-582-7489 / jerrychuntley@hotmail.com

Earth Day Celebration and Clean Up – Community Hall, White Rock 10am–3:30pm • **TIX:** no charge **INFO:** wrca4wrcc@gmail.com

Annual Earth Day Fundraiser – Clock Park, Wolfville 10:30am–12pm • Come donate your refundable beverage containers! Rain or shine. Hotdog and pop for \$2.50. **TIX:** no admission charge **INFO:** 902-542-1943 / cornerstone@larchehomefires.org

Fundraiser BBQ – Nova Scotia Liquor Commission, Kingston 11am–2pm • April is autism awareness month! Show your support for inclusion and acceptance of those with autism living in the Valley! **TIX:** donation **INFO:** 902-242-2019 / annapolisvalley@autismns.ca

Canning and Area Food Bank Drive – First Cornwallis Baptist Church, Upper Canard 1–4pm • The Christian Education Committee of First Cornwallis Baptist Church will be going door to door accepting non-perishable and/or monetary donations for our local Food Bank in Canning. **TIX:** no charge **INFO:** bessiecrouse@eastlink.ca

Fundy Rug Hookers Tea & Rug Display – Community Centre, Wilmot 1–4pm • Enjoy a hot cup of tea or coffee with sandwiches and sweets and view our beautiful hooked rugs. **TIX:** donation **INFO:** 902-847-1001 / vdespres@eastlink.ca

Downton Abbey Themed Afternoon Tea – Hantsport Memorial Community Centre, Hantsport 4–6pm • Churchill House will be the perfect setting to celebrate the final season of Downton Abbey. Enjoy a complete afternoon tea. Period Dress is encouraged (not mandatory) as are hats for 'best in show'. **TIX:** \$25 per person. Seating is limited. Please RSVP, pay with Visa/MC. **INFO:** 902-684-3255 / hmcinfo@gmail.com

Roast Pork Supper – United Church, 613 King St., Windsor 4–6pm • Takeouts available for pickup. **TIX:** \$12 adult, no charge under age 12 accompanied by an adult. **INFO:** ray.bonnie.snair@gmail.com

Spaghetti Supper & Silent Auction – Lions Club, Berwick 4:30–7pm • Fundraiser for the new Berwick Library. Dinner (5pm) includes caesar salad, dessert, beverage. Face painting and Mother's Day card making hosted by the Berwick Makery. View the plans for the new library being built at 236 Commercial St., Berwick **TIX:** \$10 adults, \$5 children 12 and under @ Berwick Library, Wilson' Pharmasave, and at the door. **INFO:** Fun Fair – Baptist Church, North Alton 4:30–7pm • Games, prizes, fish pond, cake walk, face painting, BBQ and Silent Auction. Everyone welcome! **TIX:** no admission charge **INFO:** cecelias@eastlink.ca

Ducks Unlimited Dinner – Old Orchard Inn,

Wolfville 5–10:30pm • Annual fundraiser in support of wetlands such as Miner's Marsh & Somerset Elementary School Wetland Centre of Excellence. Habitat Restoration & Project Maintenance. 3 auctions, numerous raffles, door prize & early bird prize. Full course meal & membership included. **TIX:** \$50 per person, including meal & membership, youth members are \$40. Please reserve; no tickets at the door. @ Southrock Kennels, English Mountain Road, or call. **INFO:** Scott, 902-679-0036 / Robert, 902-365-8663 / k_richard@ducks.ca

Chili, Corn Chowder Supper – War Memorial Community Centre, Windsor 5–6pm • Chili or Corn Chowder or Baked Beans with a roll, Tea/coffee and dessert. **TIX:** \$5 per person, \$20 family of 5 **INFO:** 902-798-3413 / joytotheworld30@hotmail.com

Penny Auction – War Memorial Community Centre, Windsor 6:15–8pm • New and used items. All proceeds for the Hants District Girl Guides **TIX:** 10 tickets for \$1. **INFO:** 902-798-3413 / joytotheworld30@hotmail.com

Variety Music Show – Lions Club, Kingston 7–9pm • 50/50 tickets and canteen available. Wheelchair Accessible. Featured entertainers are: Valley Blue, Kristina & Mountainettes, Just For Fun **TIX:** \$5 at the door **INFO:** 902-765-2128

Ecstatic Dance – Bishop Hall, Greenwich 7:30–10pm • Ecstatic Dance is about intentionally coming together to dance on your bare feet. The music flow takes you on a 1.5 hour journey. Dance however you want. Kids welcome! Alcohol and scent free please. 9:30–10pm closing circle MUSIC BY JEM. **TIX:** suggested donation of \$10-\$12 **INFO:** 902-825-3954 / moon@apogabodywork.com

Red Moon Road – Evergreen Theatre, Margaretsville 8–10:30pm • Winnipeg roots trio leaves your heart a little fuller and the world seeming a little more wonderful. **TIX:** \$25, \$10 students **INFO:** 902-825-6834 / evergreentheatre@gmail.com

Christina Martin & Band – Union Street Cafe, Berwick 8–11pm • Alt-country and Americana influences, with pop and rock sonic textures. **TIX:** \$25 + fees/tax @ the Cafe, online, or by phone. **INFO:** 902-538-7787 / contactunionstreet@gmail.com

Dessert Tea – Baptist Church, Berwick 8pm • **TIX:** donation **INFO:** 902-538-3729

Dance: Double Trouble – Royal Canadian Legion, Kentville 9pm–12am • Bar and Kitchen opened **TIX:** \$7 per person **INFO:** 902-678-8935

SUNDAY, 24
Apple Tree Foundation 5 K Run/Walk – Kings Regional Rehabilitation Centre, Waterville 10–11:30am • Register in advance or day of event; Registration 8:30 am; Run start 10 am. Adults & youth categories. Proceeds for Kings Regional Rehabilitation Centre greenhouse project. **TIX:** \$30, \$15 age 15 & under @ events.runningroom.com or register on event day. **INFO:** 902-538-3103 x172 / foundation@krcc.ns.ca / krcc.ns.ca

Ticket Auction for Cat Rescue – Fire Hall, Aylesford 10am–4pm • It's H.A.R.T.'s 8th Birthday Celebration. Ticket Auction and a great door prize! **TIX:** no charge **INFO:** 902-321-0159 / valleyhart@hotmail.com

Charity Fun Run – Visitor Information Centre, Hantsport 10am • "Run of Hope" in support of Ray of Hope Retreat-New Beginnings for Women in Recovery. **TIX:** donation **INFO:** susancarey@ns.sympatico.ca

Sparky's Birthday! – Fire Hall, Port Williams 2–4pm • Come join Sparky and his firefighter friends when he celebrates his 65th birthday! Cake, activities, and a chance to see the fire trucks up close! **TIX:** no charge **INFO:** 902-690-7137

Would you like to be our Friends? – Library,

Kentville 2–3pm • There's a new Kentville Library in the works, and we are hosting an Open House to see if there is interest in restarting the Kentville Friends of the Library. Come by and find out what the Friends can do to make the Kentville Library awesome! **TIX:** no charge **INFO:** valleylibrary.ca

The Spinney Brothers CD Release – Horton High School, Greenwich 2–4pm • Bluegrass CD "Living The Dream" **TIX:** \$15 each @ Long & McQuade (New Minas), Cochrane's Pharmasave (Wolfville) Moe's Place Music Sales (Windsor) **INFO:** 902-542-4755

Fundy Cinema screens MOUNTAINS MAY DEPART – Al Whittle Theatre, 4 & 7pm • This intimate drama from director Jia Zhang-ke jumps from the recent past to the speculative near-future to examine how China's economic boom has affected the bonds of family, tradition, and love. **TIX:** \$9 **INFO:** 902-542-1050

Shoulder to Shoulder – Baptist Church, Avonport 7pm • Co-hosted by Avonport Baptist Church & West Brooklyn Baptist Church. Proceeds for church work. **TIX:** donation **INFO:** levyclowry@hotmail.com

Kings Chorale and The Annapolis Big Band – West Kings District High School, Auburn 7:30–9pm • An Evening with Cole Porter presented by The Kings Chorale and The Annapolis Big Band **TIX:** \$12 advance sale \$15 at the door Tickets are available from performers, by email, and by phone. **INFO:** 902-665-4312 / jb.pineo@hotmail.com

TUESDAY, 26

Fireflies' Luncheon – Fire Hall, Middleton 11am–1pm • Homemade turkey pot-pie (with coleslaw, cranberry sauce and roll), Split pea & ham soup (and roll), or corn chowder (and roll). Dessert: pineapple angel food cake or "almost" Black Forest cake, served with tea/coffee. **TIX:** \$9 turkey pot pie, \$8 split pea soup or corn chowder **INFO:** 902-825-3062

Learning Circle III – United Baptist Church, Port Williams 7pm • A series of free educational talks for adults called The Learning Circle. Refreshments will be served. **TIX:** no charge **INFO:** 902-542-3495 / office@pwubc.org

Cinéma Politique – Transition Towns – Studio-Z, Wolfville 7–9pm • Peak oil, climate crisis & global economic instability are dictating the need to transition away from the current fossil fuel economy by engaging in sustainable activities such as permaculture, local currencies & energy reduction plans, amongst other things. Join us to learn more about Transition Towns, grassroots community initiatives that seek to build resilience for our future. **TIX:** donation **INFO:** 902-678-3748 / WolfvilleAdvocates@gmail.com

Show and Tell – Kings County Museum, Kentville 7:30–9pm • Bring your curious historical objects and see if the historical society membership can help you identify it, or try to stump them with an item. All welcome! **TIX:** donation **INFO:** 902-678-6237 / info@kingscountymuseum.ca

WEDNESDAY, 27

Lunch & Learn: Chinese Medicine – Isabel & Roy Jodrey Memorial Library, Hantsport 12–1pm • Bring your lunch and come learn how an ancient medicine is used for modern illness. Kenton Sefcik, R.Ac is a Registered Acupuncturist with a Diploma in Acupuncture and an honorary Diploma in Traditional Chinese Medicine. **TIX:** no charge **INFO:** valleylibrary.ca

Turkey Supper – Royal Canadian Legion, Canning 4:30–6pm • Turkey supper with all the trimmings. **TIX:** \$12 per plate **INFO:** 902-582-7246

Spaghetti Supper – United Church, Kingston 4:30–6pm • Spaghetti, tossed salad, rolls, dessert, tea/coffee.

Events continue on page 20 ...



This page is brought to you
by Wolfville Farmers' Market

FIVE FOOD FILMS AND LOCAL FOOD PAIRINGS YOU DON'T WANT TO MISS!

Provided by the Farmers' Markets of Nova Scotia Blog, farmersmarketsnovascotia.com/blog

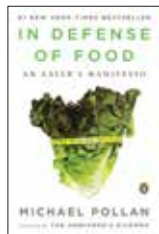
There are few things more welcome than a cozy evening at home with a good film and great snacks. We asked our Facebook and Twitter friends for recommendations on not-to-miss food films. From inspiring chefs cooking farm-to-table treats, to informative and difficult looks into food insecurity, here are five food films to watch in 2016. To help plan an even better night, our Project Coordinator Aldara MacKay has put together five great local food pairings. Visit each snack link below to see the full recipe – whip these together in five steps or less!

IN DEFENSE OF FOOD

Veteran food researcher and writer Michael Pollan looks at the science of food in an attempt to answer the question "What should I eat to be healthy?"

Where to watch it: iTunes
What to snack on:

Homemade Root Vegetable Chips with Creamy Thai Dip (farmersmarketsnovascotia.com/homemade-root-vegetable-chips-with-creamy-thai-dip/)



SOMM

Follow four sommeliers as they train and test for the prestigious and notoriously difficult Master Sommelier designation. An interesting and entertaining film you'll want to watch with a bottle of wine.

Where to watch it: Netflix or iTunes

What to snack on: Toasted Crostini with Goat Cheese & Preserves (farmersmarketsnovascotia.com/toasted-crostini-with-goat-cheese-preserves/)

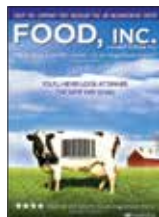


FOOD INC.

This film may just change the way you eat. A look into some of the more troubling aspects of our food system, and how we can start to reclaim what and how we eat.

Where to watch it: Netflix, iTunes, or Cinematopia in Wolfville.

What to snack on: Organic Popcorn with a kick! (farmersmarketsnovascotia.com/organic-popcorn-with-a-kick/)



A PLACE AT THE TABLE

A documentary that takes a very personal look at food insecurity, and which looks at some of the causes and societal impacts food insecurity takes on society as a whole.

Where to watch it: Netflix or iTunes

What to snack on: Homemade Apple Chips (farmersmarketsnovascotia.com/homemade-apple-chips/)

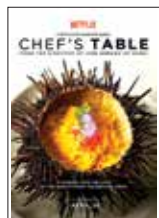


CHEF'S TABLE

A beautifully filmed six part series that takes you into the kitchens (and minds) of some of the world's most renowned chefs. We especially recommend viewing Dan Barber's farm-to-table approach.

Where to watch it: Netflix

What to snack on: The Perfect Hot Chocolate (farmersmarketsnovascotia.com/the-perfect-hot-chocolate/)



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EVENTS

THE KENTVILLE FARMERS' MARKET RETURNS TO CENTRE SQUARE
WEDNESDAY, MAY 18, 10AM-2PM
Kentville Farmers' Market
Centre Square, Kentville

The Kentville Farmers' Market will be returning outdoors to Centre Square on May 18 for our Spring & Summer 2016 season! Join us each Wednesday for more great food and fine crafts in the heart of Kentville!

BLOSSOM BREW NIGHT
SATURDAY, MAY 28, 4PM-8PM
Wolfville Farmers' Market
24 Elm Ave, Wolfville

In support of the Apple Blossom Festival. Come enjoy the best local microbrews and ciders! Andrew Newton, a certified beer judge, will be leading a tasting tutorial at 4:45pm and Alex MacLean, of East Coast Lifestyle, will be spinning tunes.

Tickets: boxoffice.acadiau.ca



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MARKETS IN SEASON

Annapolis Royal Winter Farmers Market

October 17, 2015 - May 14, 2016, 9am-12noon
Main Courtyard and Gift Shop at the Annapolis Royal Historic Gardens. 441 St. George Street Annapolis Royal
historicgardens.com/experience_calendar.php

WINTER MARKET:

• Late October to May,
Sat. 9-12 Historic Gardens

Greenwood Farmer's Market

Thursdays Year Round 12 - 4 pm
Located in the Greenwood Mall,
963 Central Avenue, Kingston

Kentville Farmer's Market

Mid October to May: Wednesdays, 10am - 2pm
Kentville Lion's Club, 78 River St.,
Kentville
kentvillefarmersmarket.ca

Wolfville Farmer's Market

Wednesdays May - Dec. 4 - 7 pm
Saturdays 8:30 - 1:00 Year Round
24 Elm Ave, Wolfville, NS B4P 2S3
wolfvillefarmersmarket.ca

THE LOCAVORE LINGO

No-spray/pesticide-free

No pesticides, herbicides, or fungicides have been applied from the time of crop emergence until the time of marketing. Not a regulated term.

Vine-ripened/tree-ripened

This term describes fruit that has been allowed to ripen on the vine or tree. In contrast, fruits that are picked while still unripe and firm, to be shipped long distances, are later treated with ethylene gas to 'ripen' and soften them.

Transitional

A term referring to farmland cultivated using organic practices while transitioning to organic certification. Farmers must practice organic methods for three years on a given piece of land, and undergo inspection during the third year, before certification can take place and the products harvested from that land can be sold as organic.

Source: *A Short Guide to Food and Farming Terms*, Farmers' Markets of Nova Scotia, farmersmarketsnovascotia.com



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SATURDAYS 8:30AM - 1PM

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Wednesday Community Markets & Suppers

starting Wednesday, May 18th

MARK YOUR CALENDARS!

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24 Elm Ave, Wolfville ✦ WolfvilleFarmersMarket.ca ✦ Follow us online! 

18 | April 21 - May 5, 2016



VISITOR INFORMATION CENTRE



The Visitor Information Centre, 11 Willow Avenue, will open on May 2nd

UPCOMING MEETINGS:

Town & Gown Committee Meeting

Date: Tuesday, April 26, 2016
Time: 12:00 pm
Location: Town Hall

Planning Advisory Committee Meeting

Date: Wednesday, April 27, 2016
Time: 1:30 pm
Location: Town Hall

Committee of the Whole Meeting

Date: Tuesday, May 3, 2016
Time: 9:00 am
Location: Town Hall

Audit Committee Meeting

Date: Friday, May 13, 2016
Time: 1:00 pm
Location: Town Hall

Welcome to Wolfville's GRAPEVINE PAGE!

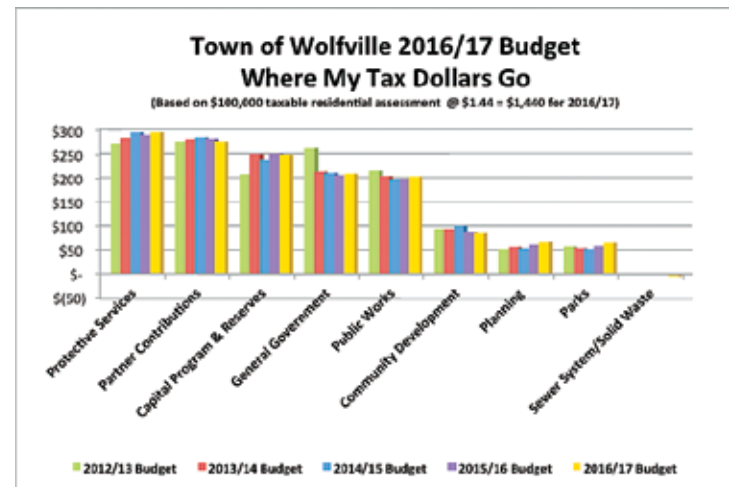
Watch for it every second issue to stay up-to-date on Town News.



WOLFVILLE COUNCIL APPROVES 2016/17 BUDGET

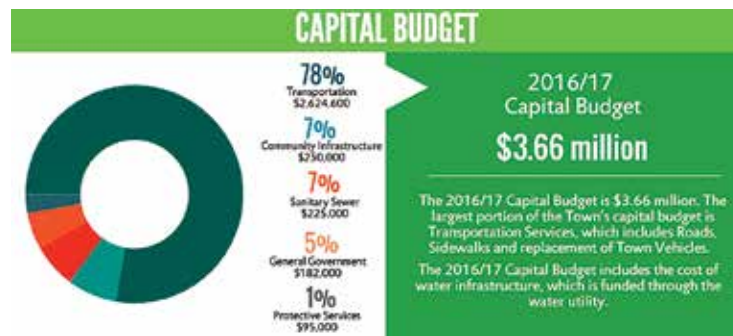
On March 22nd Wolfville's Town Council approved an operating budget totaling \$9.59 million. The approved residential tax rate of \$1.44 per \$100 of assessment is an increase of 1 cent from last year and increases residential property taxes by an average of 1%, or less, for 87% of properties. New construction/major renovation assessments accounted for only \$64,900 in additional tax revenue. The operations budget continues, and in several areas enhances, Council priorities for the community. Key among these:

- Phase II of the Town's Municipal Planning Strategy
- The 2016 Municipal Election in October
- An additional seasonal Parks position to maintain the level of service to the community
- Partnering with Acadia University to deliver recreation programs and services to the community



The commercial tax rate also increased by 1 cent to \$3.56 per \$100 of assessment, however the business development area rate was significantly reduced, resulting in overall impacts as follows:

- Business development area rate for downtown set at 14.5 cents per \$100 of assessment (drop of 16.5 cents) and 7.0 cents for outside of the downtown (drop of 7.5 cents).
- Overall, the changes to the commercial tax rate, and the two business area rates result in over 90% of the commercial accounts paying less in 2016/17 than they did in 2015/16.
- The Town will also be developing and implementing a Business Retention and Expansion Program and a Business Registry Program



The Capital Budget continues Council's focus on improving both the basic streets infrastructure and community parks and amenities. Two residential streets are scheduled for infrastructure renewal; Highland Avenue between Main Street and Prospect Street and Orchard Avenue between Main Street and King Street. No major capital work is planned for Main Street in the upcoming year. Overall, \$3.66 million in capital projects is planned for 2016/17 as part of the Town's ten year capital investment plan which totals over \$26.7 million.

The Town's Low Income Property Tax Exemption was once again updated and includes the following details:

- Maximum exemption increased to \$550 (was \$500 in 2015) per property
- Household Income Threshold increased to \$26,100 (was \$25,700)

The complete 2016/17 Operations Plan is available on the Town of Wolfville's website at www.wolfville.ca.

EMERGENCY PREPAREDNESS WEEK 1-7 MAY, 2016



Disasters and Emergencies can strike anytime, anywhere. If one happened today, what would you do and who would you depend on for the next 72 hours to stay safe?

Emergency Preparedness (EP) Week 2016 (May 1-7) is a Canada-wide initiative to increase awareness of individual and family preparedness. While we should always be prepared to face those emergencies that may impact our community, EP Week is designed to further raise awareness of the importance of having an emergency kit and making an emergency plan.



VALLEY EVENTS TICKET GIVEAWAY: MAY FLAVOURS GALA DINNER
 This year April Flavours is in May! Saturday May 28, 2016 5:30pm - 9pm
 Draw Date: May 16 | Enter all draws: valleyevents.ca/win

All Welcome! TIX: \$10 adults \$6 age 12 and under @ the door INFO: 902-765-3621 / officekpc@kingston.ca

Spring Turkey Supper – St. James Anglican Church, Kentville 4:30-7pm • TIX: \$12 adult, \$6 children under 12 (eat in only) INFO: 902-678-3123 / stjames@ns.sympatico.ca

Your Money, Your Life, Your Control – Library, Windsor 6-7:30pm • Presented by financial consultant, Amanda Merrin. Learn how to start building financial stability for you and your family today & plan for tomorrow. TIX: no charge INFO/Reg: amanda.merrin@investorsgroup.com

Fundy Cinema screens FRANCOFONIA – Al Whittle Theatre, 7pm • Master filmmaker Alexander Sokurov transforms a portrait of the world-renowned Louvre museum into a magisterial, centuries-spanning reflection on the relation between art, culture and power. TIX: \$9 INFO: 902-542-1050

Jam Session – Lions Club, Kentville 7-10pm • All styles and abilities welcome. TIX: \$2 per person INFO: 902-679-4899

Shiretown Singers – United Baptist Church, Centreville 7-9pm. Also April 28, 29 • Let us entertain you with great selections from 4 different genres including medleys from movies like Oh Brother, Where Art Thou and the Sound of Music, and from the rich music catalogues of the Beach Boys and The Beatles. TIX: \$8 INFO: 902-365-2677 / smithrsx@yahoo.ca

Hantsport & Area Historical Society – Hantsport Memorial Community Centre, Hantsport 7pm • Annual General Meeting – an update on the past years activities! Afterwards: "SHOW & TELL" Bring an item to show and tell us the story behind it. Also a tour of the Churchill House, Marine Room and Society's Office space. TIX: no charge INFO: nsgna.ednet.ns.ca/hantsport

Talk Life Community with Carol Fellowes – Bishop Hall, Greenwich 7-9pm • Bad things happen to everyone. How do we go from Why Me? To, why NOT me and what the heck am I going to do about it? Talk Life Community is pleased to present Carol Fellowes who will be speaking about the Two Sides of Why. TIX: \$20 cash or cheque at the door. Carol will be donating her speaking fee to Feed Nova Scotia. INFO: 902-678-1562 / talklifecommunity@gmail.com

THURSDAY, 28

Chicken BBQ – Fire Hall, New Minas 11am-7pm • 1/2 chicken, potato salad, coleslaw, roll. Delivery available Wolfville to Coldbrook TIX: \$12 INFO: 902-678-9524, 902-681-6661

Sip & Paint – Louis Millet Community Complex, New Minas 6-9pm • For those with no painting experience, all the way up to Picasso! Enjoy a relaxed evening, sipping wine with friends and get in touch with your inner VanGogh. Cost includes all supplies plus one glass of wine. TIX: \$40 @ the Village Office, New Minas INFO: 902-698-6972 / krista.newminas@bellaliant.com

Let's Talk about Outdoor Play – Kings County Academy, Kentville 6:30-8pm • Time pressures, safety concerns, and screen time are just a few reasons kids have less outdoor play time. How can we address the underlying issues and bring back the lost adventures of childhood? Join us for a solution-oriented conversation. Trailblazers Leaders will supervise the playground while the adults attend the session inside. TIX: no charge INFO: 902-679-2539 / recreation@kentville.ca

Shadow Empire: Live Bible Event – Seventh-day Adventist Church, New Minas 7-8pm. Continued April 29, 30, and May 1, 7pm • Hosted Live via down link from The Voice of Prophecy, Shawn Boonstra will present part one of a four part interactive Bible

Prophecy Seminar on early Church history and how it began in the Middle East and split into the East and the West. TIX: no charge, but please register. INFO: 855-228-2260 / newminas.sda@gmail.com / shadowempire.com/newminas

Berwick Volunteer Recognition Night – Lions Club, Berwick 7-8:30pm • Celebrate Volunteers! Several volunteers who have been nominated by their peers will be recognized. TIX: no charge INFO: 902-538-8616 / cboylan@berwick.ca

Paint Night – Cotton Tale Cafe + Play, New Minas 7-9pm • Colleen Gerrits has a wonderful new project for you to enjoy painting. Book your space now! TIX: \$40 per person, or \$35 each for groups of 5+ INFO/Reg: 902-680-1691

Kirtan: Singing and Chanting – Bishop Hall, Greenwich 7:15-9:15pm • Uplifting and heart-opening kirtan-style singing and chanting, an ancient Indian yogic practice of singing from the heart – often with short, repetitive phrases, lots of groove, and a call and response delivery style – which deepens the breath and soothes the nervous system. With Ken Shorley, Heidi Kalyani, Andy Kavanagh and others! Gentle yoga warm up from 7:15-7:45pm with Jenn Boutilier (bring a yoga mat!) TIX: donation INFO: heartwideopen.connect@gmail.com

FRIDAY, 29

Huggins High School Science Seminar – K.C. Irving Environmental Science Centre, Wolfville 8:30am-4:30pm • Students considering pursuing a career in science get a better sense of opportunities available and what it means to be a scientist. Includes discussions of pseudoscience, sports science, big data, and tidal energy. In a new spin on the event, we will be sprinkling clues throughout the day regarding a public health challenge in Nova Scotia. Using what they've learned about Data Analytics, students will team up to put the pieces together and solve the problem. TIX: \$30, included lunch/snacks. Please register in advance. INFO: 902-585-1434 / openacadia@acadiau.ca

Your Way to Wellness – PeopleWorx, Coldbrook NS 1:30-4pm • A self-management program for people living with chronic health conditions. It is designed to help participants manage symptoms and gain the confidence needed to cope with on-going health conditions. The program will begin on April 29 and will continue up to and including June 3. TIX: no charge, but please register. INFO/Reg: Kady Myers, 902-538-1315 / Kady.Myers@nshealth.ca

Al Whittle Salutes Fundy Film – Al Whittle Theatre, Wolfville 7pm • Acadia Cinema Co-op and the Al Whittle Theatre are staging a gala evening of performance to celebrate their anchor tenant of 12 years, Fundy Film Society. Joining the celebration are many other long-term presenters, including Andy Flinn & Ariana Nasr, Ken Shorley & Heidi Kalyani, Francois Coté, Edalene Theatre, Broken Leg Theatre's Donna Holmes, The Dead Sheep Scrolls sketch comedy troupe, and more. Local film shorts and other cinema surprises will be screened as well. George St. Amour will emcee. Special guest will be A. Ellsworth 'Al' Whittle himself. TIX: \$15 adults, \$10 student/seniors @ Box of Delights Bookshop (Wolfville) or at the door. INFO: 902-542-3344 / manager@alwhittletheatre.ca

Margie Brown Duo – Royal Canadian Legion, Canning 9pm-1am • 19+ TIX: \$5 INFO: 902-582-7246

SATURDAY, 30

Giant Flea Market – Lions Club, Canning 8am-1pm • Over 50 tables filled with great items for sale. TIX: no charge INFO: 902-582-7346 /

rose.tupper@hotmail.com

Indoor Yard Sale – Bethany Memorial Baptist Church, Aldershot 8am-12pm • All proceeds to children/youth programs and mission partners. TIX: no charge INFO: 902-678-3198 / bmbcoffice@ns.aliantzinc.ca

Yard Sale – All Saints Anglican Church, Kingston 8am-12pm • We sell almost anything! TIX: no charge INFO: 902-765-4023 / hulfords@eastlink.ca

Harris & Sons Auctions – Lions Hall, Coldbrook 9am preview, 10am start • Auction for Cora Mailman, contents of the Solomon Bowlby House. Huge selection of antique furniture, quilts, hooked rugs, Large collection of Railroad memorabilia, crocks, Primitives. A great sale from a well known historic estate not to be missed. See online for full details and photos. INFO: Stephen Harris, auctioneer 902-308-0594, harrisandsonsauctions.com

Authors for Indies – The Box of Delights Bookshop, Wolfville 9am-6pm • Stop by the Bookshop as local authors show their appreciation for independent booksellers. Authors nationwide will spend April 30 volunteering as booksellers in independent bookshops, chatting with and recommending books to customers. TIX: no charge INFO: 902-542-9511 / boxofdelightsbooks@gmail.com

Spring Shopping Expo – Community Centre, Greenwood 9am-3pm • Military Family Home Based Businesses Watkins, Scentsy, Epicure, Cakes by Amy, Younique, Sweet Momma Cakes, Wellness Coaching, Linda More Boots, South Hill Designs, Go with Hippo, Canine Home Boarding, and more! TIX: no charge INFO: stephaniiegould@hotmail.ca

Home Business Shopping Party! – Fire Hall, Kentville 9am-3pm • A great mix of vendors. Tupperware, Epicure, South Hill Designs, Steeped Tea, Scentsy, Jamberry Nails, It Works, Hippo Travel, Close to my Heart, Arbonne, Discovery Toys, Younique, magnolia & Vine, Youngevity, Nancy's Little Bakery, and many more. TIX: \$2 admission INFO: 902-678-6505 / shophomeparty@outlook.com

Rummage Sale – St. Joseph Catholic Church, Kentville 9am-12pm • Toys, clothes, household items, garden times, crafts, sporting goods, furniture, jewelry and so much more. All proceeds from this sale are in support of the Christian Concern Committee at St. Josephs. TIX: no charge INFO: 902-678-3303 / c.southall@ns.sympatico.ca

Grand Pré Cemetery Cleanup – Cemetery, Grand Pré 9:30am-12pm • The Lower Horton Cemetery Company invites community members to join in the annual cemetery clean-up. INFO: cayford@eastlink.ca

Valley Stamp Club Exhibition & Sale – Community Centre, Port Williams 10am-3:30pm • Award Winning Stamp Exhibits, Multiple Dealers, Canada Post, Quality Auction, Refreshment area, and prize draws. TIX: no charge INFO: 902-665-4577 / stamps@eastlink.ca

InHants Your Life Women's Expo – Super 8 Hotel, Windsor 10am-5pm • Embrace your Curves Lingerie is pleased to present a fashion and lifestyle showcase of small businesses, with a focus of women in business, from Hants County and surrounding communities. Amazing local exhibitors, and a fashion show in the afternoon. TIX: \$5 per person INFO: 902-798-3851 / ann@providenceinvestments.ca

Ticket Auction – Windermere Community Hall, Berwick 10am-2pm • The auction is being held to help raise funds for our family dog, who needs a major surgery. Ticket draw starts at 2:15pm. Hot dogs and pop for sale, and a donation jar. TIX: no admission charge INFO: 902-300-3641 / joandmichaelzwick@hotmail.com

Medieval Faire – Healer's Emporium Cooperative

Limited, Garlands Crossing 10am-4pm • Vendors, Tarot Readings, Henna, Chainmail accessories, Intuitive artwork, Drumming, Handcrafted items, Archery, Children's sparring, Falconry demo and info. Costumes optional. Fundraising dunk tank Maypole Dance & more!!! Saturday @ 4:30-Potluck & festive fun. Sunday @ 3pm-Maypole Dance & Drumming. TIX: no charge INFO: 902-306-0224 / healersemporium@gmail.com

Spring Tea and Silent Auction – Fire Hall, Margaretsville 11am-2pm • Have a cup of tea and enjoy sandwiches and sweets. Prizes for little girls decked out in their spring bonnets or little boys in their hats! TIX: free will offering INFO: 902-825-2793 / pjlbell007@gmail.com

International TableTop Day! – Recreation Centre, Kentville 12-9pm • A single day where the whole world is brought together in a common purpose of spending time together and having fun playing games. Come out and join us! No experience required. We will have a game lending library for the day, and bring your favourites! There will be tournament/blitz things too! Bring a travel mug or water bottle to prevent spills. Snacks provided, donations welcome! TIX: no charge INFO: kimdoconnor@gmail.com

Merchandise Event – Fire Hall, New Minas 1-8pm • Jackpot Game - \$50 cash prize, Door Books \$2 each, 50/50 Games; 20/80 Games; mini games; Bake Sale & 50/50 tickets; Canteen open. Come out and have a relaxing afternoon of Bingo. TIX: no charge INFO: 902-681-2787 / huntleylaurae@gmail.com

Annual Spring Tea and Sale – United Church, Kingston 2-4pm • Afternoon Tea with home-made fare. Sale tables with homemade jams, jellies and pickles, and choice white elephant sale items. All are Welcome TIX: \$5 INFO: 902-765-3621 / officekpc@kingston.ca

Ham Supper – Baptist Church, Avonport 4-6pm • Take out available - pick up. TIX: \$12 adult, \$6 children 12 & under INFO: 902-542-9356

Author Reading – Memorial Library, Wolfville 7pm • The evening will feature 3 authors reading fiction and poetry: Carole Glasser Langille, Susan Haley, and Sophie Berube. TIX: no charge INFO: valleylibrary.ca

Dance: Split Decision – Royal Canadian Legion, Kentville 9pm-12am • Bar and Kitchen opened TIX: \$7 per person INFO: 902-678-8935

SUNDAY, 1

Windsor Wrecks Reason to Run/Walk 5k – War Memorial Community Centre, Windsor 8-10:30am • 8am - late registration. 9am - Run/Walk start. All monies raised by the Windsor Wrecks will be donated to the Canadian Cancer Society for the Windsor/West Hants Relay For Life on June 4. TIX: \$10, pre-register at Windsor Town Hall INFO: pam.relayforlife@gmail.com

Fur To Feathers – Fire Hall, Waterville 11am-2pm • Ticket Auction, canteen, 50/50 and grocery boxes. Approximately 200 items up for display. Draw at 2pm sharp. TIX: no charge INFO: 902-538-8618 / janelloydperry@hotmail.com

Art Show – Phoenix Hollow B&B, Windsor 12-5pm • Heart Strings & Other Things is Kelly Mitchelmore's 7th annual art show and celebrates heart and community. Joining Kelly this year is metal sculptor Al Simm, folk artist Jerry Walsh and glass creators Jason & Tim from School Street Studio Glass. Part of the shows proceeds go to support the Canadian Heart and Stroke Foundation. Please join us and Avondale Sky winery for an afternoon of art and charity. INFO: 1-866-900-6910 / me@kellymitchelmore.ca

Crib Tournament – Forties Community Centre, New Ross 12:30 registration, 1pm start • Canteen available. Doors open at 12pm. TIX: \$20 per team INFO: 902-689-2147

WHAT'S HAPPENING APRIL 21 – MAY 5, 2016 (CONT'D)

Walk for Alzheimer's – *Waterfront Park, Wolfville 12:30-3:30pm* • The Alzheimer's Society of Nova Scotia invites you to participate in a 5km walk. To register for this event go to walkforalzheimers.ca. **TIX:** donation **INFO:** 902-422-7961 / events@asns.ca

Hike for Hospice Palliative Care – *Kings County Academy, Kentville 12:30-4pm* • 5 km Hike along the rail-bed trail, starting at KCA. Family event and fundraiser in support of the Valley Hospice Foundation. BBQ, music. 12:30 check in with pledges. 1:45pm warm up and group Hike at 2pm. **TIX:** donation **INFO:** 902-679-3471 / info@valleyhospice.ca

Variety Show / Fundraiser – *Lions Club, Kentville 1-4pm* • Ernie Whiston/Helen Balsor, the Mark Clarke Trio, Caroll Edwards, and Country Harmony (Rob Jamieson and Katrina Gillis). Canteen, 50/50 draw and door prize. **TIX:** \$5 **INFO:** 902-679-4899 / vintagemusic1@hotmail.com

Community Tea – *Baptist Church, Hantsport 2pm* • Saying good-bye to Princess Hantsport 2015, MacKenzie Kelly, and welcoming the new 2016 candidate to the Apple Blossom Festival. **TIX:** \$10 adult, \$5 child **INFO:** 902-684-3255 / nsteaconsultant@gmail.com

Sunday Music in the Garden Room – *K.C. Irving Centre, Acadia University, Wolfville 2pm* • Lucas Porter, piano. Works of Beethoven, Liszt, Chopin, Rachmaninoff, Prokofiev. **TIX:** no charge. **INFO:** 902-542-3484 / kirkconnell@ns.sympatico.ca

Stars of the Festival Band Concert – *Festival Theatre, Wolfville 2pm* • This is the final band and choir concert of the Annapolis Valley Music Festival. **TIX:** \$5 adult, \$2 student, \$12 family **INFO:** 902-542-3681 / pburden@ns.sympatico.ca

Phoenix Choir – *Holy Trinity Church, Middleton 3pm* • The Phoenix Community Choir is a vibrant and passionate choir made up of youth and staff from the Phoenix Youth Programs in HRM. Proceeds will be shared between the choir and the Middleton refugee family. **TIX:** donation **INFO:** McBurney1983@hotmail.com

Stars of the Festival Evening Concert – *Harvey Denton Hall, Wolfville 7pm* • The winning performances from the Annapolis Valley Music Festival. **TIX:** \$5 adult, \$2 student, \$12 family **INFO:** 902-542-3681 / pburden@ns.sympatico.ca

Celebration of Spring Service – *United Church, Torbrook Mines 7-8pm* • An evening worship of scripture, readings, and special music selections to delight the spirit. All welcome. **TIX:** no charge **INFO:** 902-765-3621 / officekpc@kingston.ca

Fundy Cinema screens ANOMALISA – *Al Whittle Theatre, 8pm* • Celebrated screenwriter Charlie Kaufman and Duke Johnson venture into the world of stop-motion animation with this fable about a motivational speaker seeking to transcend his monotonous existence. **TIX:** \$9 **INFO:** 902-542-1050

MONDAY, 2

Mobility: Recovery and Maintenance – *CentreStage Theatre, Kentville 9:30-10:30am. Also May 5* • Keeping your desired lifestyle and independence, no matter your age, is so much easier to achieve than you might think. Simple-to-follow, time-effective solutions to reclaim and/or maintain your mobility. Health professionals, personal care workers welcome to attend. Presented by Alan Mumford, BPE. **TIX:** \$15 at the door **INFO:** amumford_ca@yahoo.com

Alton Funtimers-Seniors – *Baptist Church, North Alton 1:30pm* • Games, refreshments, fun! Bring a friend! **TIX:** no charge, but donations for tea/coffee welcome. **INFO:** grmisner@bellaliant.net

TUESDAY, 3

Annual General Meeting – *Meadowview Community Centre, Kentville 7pm* • Kings North NDP AGM. Join us and meet Gary Burrill, new leader of

Nova Scotia NDP. **TIX:** no charge **INFO:** 902-679-5877 / nancy0001@eastlink.ca

Wolfville & Area Newcomers' Club – *Farmers Market, Wolfville 7:30pm* • Annual General Meeting of the Wolfville & Area Newcomers' Club. No speaker this month as this is the AGM. The Newcomers' Club welcomes all residents of the Annapolis Valley. You do not have to be a Newcomer to come to the meetings or join the club. **TIX:** no charge **INFO:** wolfvillenewcomers@hotmail.com

WEDNESDAY, 4

Your Money, Your Life, Your Control – *Library, Windsor 6-7:30pm* • Presented by financial consultant, Amanda Merrin. Walk away with the knowledge to start building financial stability for your and your family today & have a plan for tomorrow. **TIX:** no charge **INFO/Reg:** amanda.merrin@investorsgroup.com

Fundy Cinema screens THE PEARL BUTTON – *Al Whittle Theatre, 8pm* • Renowned filmmaker Patricio Guzmán addresses brutality as a recurring theme in human history and the importance of memory by chronicling the history of the indigenous "Water People" of Chilean Patagonia who were decimated by colonial conquest. **TIX:** \$9 **INFO:** 902-542-1050

THURSDAY, 5

Christy Ann Conlin – The Memento – *Al Whittle Theatre, Wolfville 7-8:30pm* • Join us for a musical, visual, spectacle of a book launch! Accompanied by special choral guests Petal's End Choir, Christy Ann Conlin will read excerpts from her new novel, "The Memento", a lyrical and chilling meditation on human nature and the manner of recollection. This captivating ghost story is set on the rugged Bay of Fundy coast, where webs of memories haunt and distort reality and ultimately destroy those who weave them. **TIX:** no charge **INFO:** 902-542-9511 / boxofdelightsbooks@gmail.com

The Late bloomer DAVID FRANCEY – *Evergreen Theatre, Margaretsville 8-10:30pm* • So Say We All is one of his very best albums; it finds him digging deep, mining themes of depression, grief and unrequited love with genuine empathy. **TIX:** \$25, \$10 students **INFO:** 902-825-6834 / evergreentheatre@gmail.com

LIVE THEATRE

Annie Jr. – *Elementary School, Port Williams April 22, 12:30pm* • Don't miss the classic musical Annie Jr. **TIX:** \$5 @ the school. Call to reserve. **INFO:** 902-542-6074

6 Guitars – *Mermaid Imperial Performing Arts Centre, Windsor April 22, 7pm* • A pitch perfect blend of music, comedy, and characters. Chase Padgett becomes 6 different guitar players, with their own distinct voice, views, and musical style (Blues, Jazz, Rock, Classical, Folk, and Country). During this 85 minute show, each of the characters ranging from a 19 year old rock prodigy to an 87 year old blues man share their journey with music from discovery to mastery through songs and stories that will leave you laughing, crying, and falling in love with music all over again. **TIX:** \$23 advance, \$25 door (ASSIGNED SEATING) @ Ticketpro.ca, 1-888-311-9090, Home Hardware (Windsor) **INFO:** 902-798-5841 / puppets@mermaidtheatre.ca

Hangmen by Martin McDonagh – *Al Whittle Theatre, Wolfville April 22, 7-10pm* • In his small pub in the northern English town of Oldham, Harry is something of a local celebrity. But what's the second-best hangman in England to do on the day they've abolished hanging? Amongst the reporters and pub regulars dying to hear Harry's reaction to the news, his old assistant Syd and the peculiar Mooney lurk with very different motives for their visit. **TIX:** \$20

@ ticketpro.ca, 1-888-311-9090, Home Hardware (Windsor), Cochrane's Pharmasave (Wolfville), Wilsons Pharmasave (Berwick, Kentville), at the door. **INFO:** kathy@justuscoffee.com

Enchanted April – *CentreStage Theatre, Kentville April 22, 23, 29, 30, May 6, 7, 13, 14, 20, 21, 27, 28, 7:30pm, May 8, 15, 2pm* • Following the First World War, four very different English women rent a remote castle in Tuscany and try to come to grips with their lives and relationships. Under the spell of their idyllic surroundings, they rediscover laughter, themselves, and romance. It's April in Italy and anything can happen... even love! **TIX:** \$15 general, \$12 student/senior **INFO:** 902-678-8040 / centrestage@centrestagetheatre.ca

Mistatim by Red Sky Theatre – *Mermaid Imperial Performing Arts Centre, Windsor May 29, 6:30-7:30pm* • A wooden fence is all that separates Calvin's ranch and Speck's reservation, but in many ways they are worlds apart. An unlikely friendship is struck when Calvin attempts to "break" the only horse no one else can tame in order to prove himself to his father. Speck, who is also struggling to find her place in her family, discovers her incredible gift to communicate with horses. Working together to rein in the wild horse, Calvin and Speck learn to communicate with one another across the divide of their own cultures. **TIX:** \$13 advance, \$15 door @ Ticketpro.ca, 1-888-311-9090, Home Hardware (Windsor) **INFO:** 902-798-5841 / puppets@mermaidtheatre.ca

Footloose The Musical – *Avon View High School, Windsor May 5, 6, 7, 7:30pm* • AVHS presents the musical, Footloose. **TIX:** \$9 adult, \$7 student/senior @ Avon View High School **INFO:** 902-792-6743 / fraserj30@gnsps.ca

EXHIBITS

Heart Strings & Other Things: Art Show – *Phoenix Hollow B&B, Windsor. Sunday May 1, 12- 5pm* • Kelly Mitchelmore's 7th annual art show, celebrating heart and community. Joining Kelly this year is metal sculptor Al Simm, folk artist Jerry Walsh and glass creators Jason & Tim from School Street Studio Glass. Part proceeds go to support the Canadian Heart and Stroke Foundation. Please join us and Avondale Sky winery for an afternoon of art and charity. **INFO:** 1-866-900-6910 / me@kellymitchelmore.ca

East, West Landscape – *Harvest Gallery, Wolfville. Until May 15* • Mixed media works by Bob Hainstock. The pieces in this show are a continuation of the New Landscapes series and reflect Bob's aerial perspective of boundaries and borders between communities and cultures, and between nature and human endeavor. **INFO:** harvestgallery.ca

Apple Bin Art Gallery – *Valley Regional Hospital, Kentville* • Approximately 100 pieces of affordable original art created by local Valley artists. Part proceeds go towards hospital equipment and to help support Annapolis Valley health care programs.

Judith J. Leidl – *Oriel Fine Art, Wolfville* • Fine art: floral paintings, scarves, acrylic paintings, prints, ceramics, and Inuit work from Baffin Island. **INFO:** 902-670-7422 / judithleidlart.com

CLASSES & WORKSHOPS

Spring Belly Dance Classes – *Mondays, April 18-May 30 (no class May 16) @ Community Room, Wolfville Farmers' Market.* • Beginner (mixed level): 6:30-7:30pm. Intermediate/Advanced: 6:30-8pm, for those who want to stay an extra half hour to work on choreography, zills, and more challenging

moves. **TIX:** \$60 beginner, \$75 intermediate/advanced via e-transfer to oriana@sisterlotus.com **INFO:** sisterlotus.com

Actor's Workshop – *April 23, 3-9pm @ CentreStage Theatre, Kentville.* • With Andrew Kacprzak. Designed to help actors of all experience levels find energy on stage, playfully inhabit characters, and explore scene dynamics through improvisation. **FEE:** \$25 **INFO:** Beth Irvine, 902-678-0293 / feirvine@gmail.com

Voice & Piano Lessons – *Private music instruction. All ages and levels. Learn to read music: Group sight-singing classes on demand.* **INFO:** 902-300-1001 / Susan_dworkin@hotmail.com

Taoist Tai Chi™ – *Classes at: Kentville: Lions Hall 78 River Street, Tuesdays 6-9pm; Thursdays 11:30am-2pm. Berwick Legion, Mondays, 6-7:30pm.* **INFO:** Mary Anne, 902-678-4609 / kentville@taoist.org

Inner Sun Yoga – *Classes for every level of student with certified instructors in our inviting studio space.* **INFO:** 542-YOGA / innersunyoga.ca

Community Yoga – *Wed. & Fri., 12-1pm @ Dance Studio, Downstairs, Old-SUB, Acadia.* **FEE:** \$5, no charge for Acadia students **INFO:** Carole, cazaflows@gmail.com

My Yoga Space – *Classes daily, nightly, weekends too! Something for everyone- yin, vinyasa, hatha flow, prenatal* **INFO:** myyogaspaces.ca



VOLUNTEER OPPORTUNITIES

The Apple Tree Foundation – *The Foundation provides financial support for Kings Regional Rehabilitation Centre to assist clients with disabilities and mental health challenges. They are looking for volunteers to help with their 5km charity run on April 24. Volunteers will direct runners, help with set-up and teardown, and assist with registration.* **INFO:** tbambrick@krcc.ns.ca

Campaign for Kids – *A Foundation dedicated to helping underprivileged children and youth in Kings County. They are looking for board members, especially in the Western end of the Valley. There are monthly board meetings where they review funding requests and 3-4 fundraising events a year.* **INFO:** 902-582-3409 / info@campaignforkids.com

L'Arche Homefires – *A community organization that supports adults with disabilities. They are seeking volunteers that can fill a variety of roles including preparing meals, taking part in social activities, helping with weaving, knitting, sewing, candle making, etc.* **INFO:** Roxanne Brown, 902-542-3520 / admin@larchehomefires.org

CNIB – *A non-profit that provides rehabilitation services for people who are blind, visually impaired and deafblind. They are looking for 10 volunteers in Wolfville, Windsor, Kentville, and New Minas for their Vision Mate position. Vision Mates are matched up one-on-one with a person with vision loss to provide sighted assistance for two hours a week.* **INFO:** Jeff deViller, 902-453-1480 / jeff.deviller@cnib.ca

Wickwire Place for Senior Care – *Wickwire Place is enriching their recreation program, and is looking for speakers, performers, volunteers who can teach knitting, painting, exercise classes, etc. Preference goes to volunteers who can make a regular commitment (weekly, monthly, etc.)* **INFO:** tclahane@eastlink.ca

THE FREE CLASSIFIEDS

This section works on a first-come, first-served basis. Email your classified to: info@grapevinepublishing.ca and, if there's room, we'll get you in. Or, to reserve a placement, pay \$5 per issue (3-issue minimum commitment). Please keep listings to 35 words or less.

FOR HIRE/PURCHASE:

Valley Mac Service: Apple specific on-site tech support & help for home users and small business. Tune-ups, upgrades, email, configuration, instruction, backups, advice. Macbook, iMac, iPhone, iPad. **INFO:** 902-412-6267 / mark@valleymacserv.com

Travel Planning Professional: It's a great time to book a cruise! Free, no obligation quotes. Friendly, professional service. Valley based. Denise MacMillan with The Destination Experts. **INFO:** 902-692-9581 / 1-866-899-8969 x357 / dmacmillan@TheDestinationExperts.com / [FB/Denise.TravelPlanning/](https://www.facebook.com/Denise.TravelPlanning/)

Let Donna Do It!: Do you have a resume, school paper, or other document that needs editing? Do you have paperwork that needs transcribing, or a business that needs promoting, or another administrative job that needs doing? Let Donna do it for \$35 per hour (\$18 for ½ hour job). **INFO:** donnaolmes712@gmail.com / [facebook.com/letDonnadoit](https://www.facebook.com/letDonnadoit).

Financial Planning: Do you have a written financial plan? A good financial plan is a road map to your financial destination, the route you need to take to get there, and should be reviewed regularly. Contact me today to get started. **INFO:** Cynthia Farris Coane, Consultant. Investors Group Financial Services, Inc. 902-681-1061 x 243 / CynthiaFarris.Coane@investorsgroup.com

Rooted Landscaping and Firewood: Are you tired of working on your property? Is it getting a bit too much to handle on your own? Let us help! Join one of our trusted maintenance programs today! Call or email for a free quote! **INFO:** Cody Holland, 902-670-7104 / Rooted.LF@gmail.com

DONATE:

Donate Used Clothing: Flowercart creates work and training for people. Donate your used clothing to Flowercart and keep your donation and the resulting money local. Drop off location 9412 Commercial St., New Minas. **INFO:** 902-681-0120 / lisahammettvaughan@flowercart.ca

Unwanted Bicycles Wanted: Looking for bicycles that no longer work to be used in an art installation. To donate a bike of any size please email Nicole. **INFO:** 902-542-2575 / longisland13@gmail.com

UPCOMING:

Volunteer Leadership Symposium: May 18 @ NSCC Kingstec Campus, Kentville, 9am-3pm. It is challenging to run an organization or volunteer group with a limited set of skills and competencies. The purpose of the Symposium is to equip volunteers and voluntary organizations with a few more tools to add to their toolkit. Workshop topics include Conflict Management, Fundraising, Volunteer Recruitment & Recognition, Social Media Strategies, the Club Excellent Model, and more. Open to people who volunteer or work in the voluntary sector, including non-profit organizations, community associations, sports clubs, service clubs, churches and charities. **TIX:** no charge, but space is limited so please register by May 6. **INFO:** 902-678-1398 / coordinator@kingsvolunteerresourcecentre.ca / [volunteerleadership.eventbrite.ca](https://www.eventbrite.ca/volunteerleadership.eventbrite.ca)

KINGS VOLUNTEER RESOURCE CENTRE HOLDS FREE VOLUNTEER LEADERSHIP SYMPOSIUM

The Kings Volunteer Resource Centre (KVRC), a regional centre enhancing the quality of life in Kings County through the support of volunteerism, is organizing an inaugural Volunteer Leadership Symposium on Wednesday, May 18th at NSCC's Kingstec Campus.

The Volunteer Leadership Symposium: Expanding Your Toolkit; Building Our Future is a free event taking place 9am-3pm. Just as it is challenging to build a house with only a saw and a hammer, it is equally challenging to run an organization or volunteer group with a limited set of skills and competencies. The purpose of the Symposium is to equip volunteers and voluntary organizations with a few more tools to add to their toolkit.

Paula Speevak, President and CEO of Volunteer Canada, will be the Opening Keynote, presenting on Emerging Trends in Volunteering.

The Symposium offers eight workshops led by leaders in the Voluntary Sector. Workshop topics include Conflict Management, Fundraising, Volunteer Recruitment & Recognition, Social Media Strategies, the Club Excellent Model, and more.

Participants will be provided with refreshments and a free lunch, as well as opportunities to network during the World Café lunch break.

The event is open to people who volunteer or work in the voluntary sector, including non-profit organizations, community associations, sports clubs, service clubs, churches and charities.

There are limited spaces, so pre-registration is required. Participants can register online at [volunteerleadership.eventbrite.ca](https://www.eventbrite.ca/volunteerleadership.eventbrite.ca) or contact coordinator@kingsvolunteerresourcecentre.ca or 902-678-1398 for more information. The registration deadline is Friday, May 6.

@ THE LIBRARY

Thursday April 21

Third Thursday Social – Library, Windsor 2-4pm • Join us for some easy listening entertainment provided by local musicians, while you read, browse, do the puzzle, or just relax. Coffee/tea & light refreshments. **TIX:** no charge **INFO:** valleylibrary.ca

Friday April 22

Coffee & Conversation – Library, Berwick 10-11:30am • Coffee, tea and conversation with your community neighbours. Each month a guest will help us get the conversation started. **TIX:** no charge **INFO:** 902-538-4030

Bookworms Preschool

Storytime – Murdoch C. Smith Memorial Library, Port Williams 10:30-11:30am • Wriggle on in to read, sing and play and have tons of fun. Ages 3-5. **TIX:** no charge **INFO:** valleylibrary.ca

BusyBabies – Murdoch C. Smith Memorial Library, Port Williams 11:30am-12:30pm • So many books, songs and rhymes -- so little time! These babies are busy! For ages 0-2 and their caregivers. **TIX:** no charge **INFO:** 902-542-3005

Sunday April 24

Would you like to be our Friends? – Library, Kentville 2-3pm • There's a new Kentville Library in the works, and we are hosting an Open House to see if there is interest in restarting the Kentville Friends of the Library. Come by and find out what the Friends can do to make the Kentville Library awesome! **TIX:** no charge **INFO:** valleylibrary.ca

Monday April 25

Popovers – Library, Kingston 10-11am. Also May 2 • A preschooler fun time with stories, crafts, and songs for ages 2-5, accompanied by parent/caregiver. **TIX:** no charge, but please register. **INFO:** 902-765-3631 / valleylibrary.ca

Tuesday April 26

Spacetime Storytime – Memorial Library, Wolfville 10-11am • Galaxies, planets, rockets, aliens, stars and moons! Lots of spacey fun with books and songs. 5-4-3-2-1 BLAST OFF! Suggested age: 3-5, with parent/caregiver accompaniment. **TIX:** no charge **INFO:** 902-542-5760

Network Knitting – Library, Kentville 12-1:45pm • Come knit with us! We each bring our current knitting projects. Bring your sandwich, tea is provided. **TIX:** no charge **INFO:** valleylibrary.ca

Wednesday April 27

Talk Sing Read! Storytime – Library, Berwick 9:45-10:15am. Also May 4 • Enjoy rhymes, songs, and books with other children and caretakers. Geared towards ages 0-5, but all ages welcome! **TIX:** no charge **INFO:** 902-538-4030 / valleylibrary.ca

Cozy Corner Storytime – Isabel & Roy Jodrey Memorial Library, Hantsport 10:30-11:30am. Also May 4 • A fun-filled hour of stories, rhymes, games and crafts. For ages 2-6 and their caregivers. **TIX:** no charge **INFO:** valleylibrary.ca

Storytime – Library, Kentville 11-11:30am. Also May 4 • Share the fun and adventure of reading with your child. Enjoy rhymes, songs, and books! Suggested age: 2-5, with parent/caregiver. **TIX:** no charge **INFO:** valleylibrary.ca

Fibre Craft – Isabel & Roy Jodrey Memorial Library, Hantsport 1-3pm. Also May 4 • For knitters, hookers, crocheters, weavers and spinners, or anyone who enjoys the fibre craft arts. Bring your own project. **TIX:** no charge **INFO:** 902-684-0103 / valleylibrary.ca

Library Book Club – Library, Kentville 7-8:30pm • If you enjoy discussing books with other adults, please join us! This month we are reading "Memoirs of a Geisha" by Arthur Golden **TIX:** no charge **INFO:** valleylibrary.ca

Friday April 29

Girl Power! – Rosa M. Harvey Middleton & Area Library, Middleton 6:30-8:30pm • Games, crafts and snacks. Writing in our GP journals and so much more. Come out and see what cool craft Tessa has planned and bring a friend! The theme this month is April Showers bring May Flowers! Electronic devices are not permitted. For girls ages 10-14. **TIX:** no charge, but please register. **INFO/Reg:** 902-825-4835 / valleylibrary.ca

Tuesday May 3

Fun & Fables – Library, Windsor 10:30-11:30am • A special hour of stories, songs, rhymes and craft time for preschoolers (ages 2-5) and their caregivers. **TIX:** no charge, but registration is required. **INFO:** 902-798-5424 / valleylibrary.ca

Library Lab – Isabel & Roy Jodrey Memorial Library, Hantsport 3-4:30pm • Explore a variety of different crafting techniques, art materials and science related activities. Snacks included! For ages 10-14. **TIX:** no charge, but registration is required. **INFO/Reg:** 902-684-0103 / valleylibrary.ca

Teen Buddies – Library, Kentville 6:30-7:30pm • Members of Kentville Library's Teen Council will be on hand to read, colour, draw, build and play with kids aged 3-8. Parents/caregivers must remain in the library. **TIX:** no charge **INFO:** 902-679-2544

Wednesday May 4

Babies & Books – Library, Windsor 10:30-11am • A special one-on-one time for babies (0-24 months) & their caregivers with stories, songs, rhymes & social time. No registration required. **TIX:** no charge **INFO:** 902-798-5424 / valleylibrary.ca

Thursday May 5

Fun & Fables – Library, Windsor 10:30-11:30am • Join us for a special hour of stories, songs, rhymes and craft time for preschoolers (ages 2-5) and their caregivers. **TIX:** no charge, but registration is required. **INFO:** 902-798-5424



Acadia University | 15 University Ave, Wolfville.
902-542-2201 | Staffed Switchboard. 8:30am-4:30pm.
agi@acadiau.ca – General Inquiries

WHAT'S GROWING AT THE HARRIET IRVING BOTANICAL GARDENS: EARTH DAY AND EVERY DAY

Melanie Priesnitz, Conservation Horticulturist

We depend on trees for food, water, fuel, medicine, shelter, and clean air. Research shows that trees not only support life but also improve mental health. Walking in the forest makes us feel good!

We're lucky in the Annapolis Valley to have an abundance of green, but that doesn't

mean we can take it for granted or stop planting trees. The forest needs our help. The World Wildlife Fund lists the Acadian Forest as an endangered eco-region. This year starting on April 22, the global Earth Day network is starting a campaign to plant 7.8 billion trees, one for every person on the planet, by 2020. Canada's contribution to this worldwide goal is to plant 35 million trees, one for every Canadian.

Acadia will be doing our part to support this initiative over the next 4 years. Join us for a garbage pick-up and tree-planting party



Photo Credit: M. Priesnitz

on Acadia's Woodland Trails Friday, April 22 at 1pm. Meet at the main entrance to the Harriet Irving Botanical Gardens at 32 University Avenue.

We're looking to develop a group of trail stewards for the Woodland Trails and hoping that interested

community members will come out on Earth Day to get started. If you want to help plant trees, maintain trails, lead guided hikes, or get involved with a stewardship group in any way, join us on April 22. If you can't make it, get in touch with us at 902-585-1916 or botanicalgardens@acadiau.ca. For more information about Earth Day Canada visit earthday.ca #Rooting4Trees.

Harriet Irving Botanical Gardens
Acadia University
botanicalgardens.acadiau.ca

ACADIA'S PERFORMING ARTS SERIES 2016-17 WILL FEATURE VIENNA BOYS CHOIR

Acadia Performing Arts Series is pleased to announce its concert line-up for 2016-17.

"With Strings Attached" The 2016-17 series has strings attached everywhere! They're attached to violins, violas, cellos and pianos, sometimes as lead players and sometimes in a supporting role. Our 2016-17 series opens on September 18 with Montreal's Trio Canoe, a Debut Atlantic concert. In October, also from Debut, is the Cheng2Duo, a superbly-talented brother-sister team. November brings the versatile Blue Engine String Quartet followed by Joe Trio, "not your average piano trio". Our Christmas add-on features David Myles, troubadour extraordinaire.

January blahs? Chase them with Beethoven's 7th by Symphony Nova Scotia. The Tom Regan



Memorial Concert will display the range of talent at the Acadia School of Music with performances by students, faculty and friends of the school. Our extra-special concert in March is by the world-renowned Vienna Boys Choir and the season concludes in April with a Celtic evening by the Chris Norman Ensemble.

Full details of the season and how to subscribe are available at the series' website, pas.acadiau.ca

Subscriptions start at \$183 for 8 concerts including the Vienna Boys Choir!

boxoffice.acadiau.ca
pas.acadiau.ca

ON SPECIAL AND SACRED LAND

Thomas Clahane

When we walk on the Fundy shores we are walking on special and often sacred land. This is also true of many other places in Mi'kma'wey, the region we now call Atlantic Canada, which also includes parts of the Gaspé and northern Maine. Gerald Gloade, the Program Development Officer for the Mi'kma'wey Debert Cultural Centre based in Truro, Nova Scotia, and well known artist and educator, explained this to his audience at the Acadia University Huggins Science Centre in a talk on the night of March 29. His presentation took us on a journey that intertwined the history, art, geography, and geology of this unique region with the legends of the first human, Kluskap (Glooscap) and Grandmother. According to the Mi'kmaq, Kluskap was created by three bolts of lightning across the Bay of Fundy and over the centuries hundreds of tales about him and Grandmother have been orally passed down from generation to generation as part of the Mi'kmaq heritage. Some of these were collected by Silas Roach and Wilson Ruth Wallis, among others, around forty years ago, when there were fears the culture would disappear.

That didn't happen. Instead, today, archeology at the Debert site is changing our view of history. Over 4600 artifacts have been found at the site and carbon dating shows habitation

for around 13,000 years, since the great ice began to recede. Gerald explained that this shows migration patterns north to Mi'kma'wey and south to South America, with the oldest dating in Central America, challenging some existing theories.

The Debert site is the oldest dated archeological site in Canada and has uncovered many semi-precious stones not common to the region, indicating a strong and vibrant trading culture. Gerald then discussed the unique geological make-up of the province, which comprises of elements from both the continents of Africa and Europe. There is an old Maritime story that when God finished making the earth he took the best of all the leftover pieces and used them to make Nova Scotia. This fancy appears to resonate with what we have since learned about the geology of the province.

Throughout the presentation Gerald used PowerPoint to show many sacred sites and special rock formations, interwoven with references to the Kluskap legends, illustrated with his own paintings, and interlaced with his personal journey of discovery. For many who attended this evening, he presented a number of new ways to reflect on this special part of the world and its cultural and natural history.

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EARTHDAY.CA

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Enchanted April



A comedy by Matthew Barber
Directed by Junie Hutchinson

Devon Edmonds, Lizon Richard, Mike Kenny,
John Smith, Emily Burton, Liz Stern,
Simon Pawlowski, Thea Burton

Fridays and Saturdays, April 22 to May 28 @ 7:30pm
Sunday Matinees May 8 & 15 @ 2pm

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JUNE 10-JULY 22	0	0	0	0
JUNE 26-JULY 22	0	0	0	0
JULY 25-AUGUST 6	3	0	2	0
AUGUST 7-AUGUST 20	0	1	4	3
JULY 25-AUGUST 20	0	0	0	0

Franglais English




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BUILDING STRONG FRIENDSHIPS
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LUNCHEONS AND PASTRIES AND TAKEOUT, OH MY!



416 Main St. Wolfville
INDULGE YOURSELF

THIS SUMMER WORK AT



VALUES & GOALS

- positive girl community
- language exchange
- unplugged program
- celebrate mistakes


SKILLS REQUIRED

- work energy: ●●●●○
- bilingual: ●●●●○
- team work: ●●●●○
- fire building: ●○○○○○
- puddle jump: ●●●●●


DATES
START: JUNE 11 OR 16 END: AUGUST 21

APPLY AT
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Expiry: Friday, May 21st 2016