

# THE GRAPEVINE

ARTS  
CULTURE  
COMMUNITY

May 19 -  
June 2, 2016  
Issue No. 13.08  
5000 copies

LAURA MACDONALD  
OF DEEP HOLLOW  
PRINT, P.2

KENTVILLE'S APPLE  
BLOSSOM FESTIVAL  
EVENTS, P.6

THE RANDALL HOUSE  
MUSEUM OPENS FOR  
2016, P.7



A FREE PAPER FOR THE PEOPLE WHO FIND THEMSELVES IN THE ANNAPOLIS VALLEY

AN INTERVIEW WITH LAURA MACDONALD OF

# DEEP HOLLOW PRINT

On April 17, Laura MacDonald, the owner of Deep Hollow Print in Kentville, won the East Coast Music Award for Graphic/Media Artist. The Grapevine Newspaper recently caught up with Laura.

## How did you get your start in letterpress printing and graphic design?

I learned about letterpress printing when I first moved to the Valley 6 years ago to work at Gaspereau Press. They taught me how to use the machines, and it quickly became a hobby and passion of mine. I also did an internship at Hatch Show Print in Nashville, Tennessee a few years ago, and that's where I learned how to make a great gig poster, and also found out that letterpress printing can actually be turned into a financially viable business.

## When did you start Deep Hollow Print?

I started the business officially in March of 2014, but I'd been doing some posters and things for The Hupman Brothers and The Rolled Oat Café before that. My first big regular client was North Mountain Coffee, that's the contract that really made me feel confident enough to start my business. I'm forever grateful to all of them, because they really pushed me and believed in me in the beginning.

## What does your studio look like?

I have a very tiny little printshop that's nestled within Gaspereau Press. They rent out the room to me. I love it. I went through years of having my printshop in the dark, wet, cold basement of my house, so it's wonderful to be above ground with windows and other printers working away nearby.

## How does your normal working day play out?

Every day is different, which is great. I typically start off by heading down to the Rolled Oat to have a coffee and a gab. Then head to the printshop and try to prioritize all my jobs, and hopefully slap some ink on the press or start a new carving. The less time in front of my computer answering emails the better.

## What is the best/worst part about working for yourself?

Managing my own time is both the best and worst part. It's wonderful to be able to do what I want, when I want, but I also end up working very long hours, and have to consciously force myself to take a day off.

## What was it like to win an ECMA?

It was such a shock, I honestly did not think I was going to win! I didn't even have a speech prepared. It was fun to be there though, and the incredible response I've received from everybody congratulating me has been overwhelming. It really felt like the whole Annapolis Valley won this award with me!

## Were you nominated for a particular work or was it based on all your work related to the music industry throughout the year?

It was based on all the music-related work I did throughout 2015.

## Where are you going to keep the trophy?

The trophy is on a shelf in my printshop, right next to my favourite Star Wars pez dispensers.

## Where can we find your prints?

The Box of Delights Bookshop in Wolfville! There's also a few things at various other places around town, including Harvest Gallery, the Rolled Oat, and some of the wineries. I also have a table at the Wolfville Farmers' Market around Christmastime and sell stuff at the Art Market held twice a year at the Gaspereau Community Centre.

## Any exciting new projects in the works?

I'm designing beer labels for a brewing company in Newfoundland. Super excited about that.

## Why do you think your business has been successful?

Because I work really hard, but also because I've been so lucky to have such a supportive community here. I was inspired by all my other friends who have their own businesses and are just making it work and helping each other out. Businesses like *The Grapevine Newspaper*, the Box of Delights, Union Street Café, the Rolled Oat, Gaspereau Press, North Mountain Coffee, and of course all the musicians here in the valley. I couldn't have started this business anywhere else.

Check out more of Laura's work at [deephollowprint.com](http://deephollowprint.com)

# ON THE COVER

Laura MacDonald invited *The Grapevine* into her small-but-mighty print shop, Deep Hollow Print in Kentville, to shoot this issue's cover. She and Jocelyn Hatt played with the wood and metal type just in time for James Skinner to drop by to photograph the arrangement. The image was flipped for the sake of legibility.

# THE SNAPSHOT

Delhaven, photographed by Phil Vogler



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## WHO'S WHO: TIAGO VOSS: THE GROOVE MERCHANT

Mike Butler



Are you in THE MARKET to read about someone pretty special to the town of Wolfville? Well, this Who's Who is over a year in the making because nailing down this guy for an interview is no easy feat, but I finally threw as much of my charm as possible at him, and he agreed to be featured here. This profile was another adventure in "I know OF this person and have met their parents, heard about them through others, passed them on the street, etc.," but it has been very rewarding, finally, to get to know Tiago a bit better. I could tell he was interesting... semi-shy, but interesting! So, let's get into the Groove with Tiago Voss!

Tiago is a proud local boy, born and raised in Wolfville! In 2008, Tiago moved to Europe and spent six life-changing years in Germany before coming back home. During his stint in Germany he studied business through NSCC with the hope of one day owning his own business and helping to develop the business community in whatever town he ended up living.

The Market Groove Merchants was established in 1971 and has been a staple of the Wolfville Business Community ever since its conception. Located at 456 Main Street, Wolfville, The Market has been the go-to place for all things eccentric and cool since it started, and Tiago, although he's changed many aspects of the original Market, has kept the same hip vibe and down-to-earth atmosphere that made, and still makes, The Market one of the neatest shops in the Annapolis Valley and beyond.

Tiago says, "When returning from Germany my goal was to start my own business. I approached the owners of the Market about my ideas and the new direction I wanted to take the store in and they were very happy with what I wanted to do. The initial goal was to modernize its look and products without losing its unique character. The Market has been here since 1971, I wanted people, that knew it then, to still to be able to relate to it and enjoy what changes I'd made. Change is good, and a few new additions were needed to keep it fresh and fun for both the customers and myself."

The Market has something for everyone! You can find a great selection of Herschel bags, music supplies, posters, shirts, local jewelry, books, a beautiful selection of vinyl, the extravagant smoke shop, and much, much more! To get in touch with The Market Groove

Merchants, call 902-542-0015, visit their website at themarketwolfville.ca, email themarketwolfville@gmail.com, or seek out The Market on Facebook or Instagram. Come to Wolfville and browse this unique store where a new look has flourished but the legacy continues.

When Tiago isn't smiling brightly behind the counter of his business, he's usually out enjoying the great outdoors -- taking in some golf, sailing, walking dogs, or doing other outdoor activities. But his favourite pastime would have to be traveling and sampling exotic foods and cultures, and then cooking said food for his family and friends! Now, if I could just get him to cook up a nice meal like that as a trade for this wonderful profile! Looks like I'll need a little more charm!

When asked what Tiago loves most about this area he replied by saying, "the will and interest of the local community always inspires me and leaves me in awe. It's what makes Wolfville the gem it is today. Without the unbelievable local support I've received from the community and my family, I would not be here!" When you're young, handsome, ambitious, outgoing, and full of an up-to-date business sense like Tiago, you continue to set goals and strive for more. He explained that, down the road, he wants to expand into other businesses and continue to give back to the community as it has given to him.

I've been fortunate these last few months to get to know Tiago a bit and I'm thankful he took the steps necessary to be a part of the Wolfville business community. The Market has become a haven for students, and it's wonderful to have a shop like this for when they need records, posters, and smoking essentials. A young business mind like Tiago's is very useful to the developing business world of Wolfville and I applaud his methods. I am also very thankful we've become friends, and that he took the time to be a part of this column. I was in THE MARKET for an interesting person to profile... and I think I just did!!!

**Julie Skaling**  
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Proceeds will help fund the Deep Roots Artists in Schools Program.



# INDEX

Who's Who.....p.3  
 About Us.....p.4  
 Furry Feature.....p.4  
 Random Act of Kindness.....p.4  
 Way Back When.....p.5  
 Crossword /Eat to the Beat.....p.5

Active & Healthy Living.....p.7  
 Horoscopes /Tides.....p.8  
 Weekly Events.....p.10  
 Seedlings/Young Readers.....p.11  
 Locavore.....p.12  
 Stardrop/Recipe.....p.13

What's Happening.....p.14,16,17  
 Dome Chronicles.....p.15  
 Classifieds/Volunteer.....p.17  
 GV Questionnaire.....p.18  
 @ The Library.....p.18  
 Acadia Page.....p.19



## RANDOM ACTS OF KINDNESS

Experienced a random act of kindness recently? Share with us: [submissions@grapevinepublishing.ca](mailto:submissions@grapevinepublishing.ca)

On Sunday, May 15 Port Williams held its 2nd annual Random Acts of Kindness Day. Over 70 people showed up to complete more than 20 jobs in the village. Children as young as two were helping in a garden for our newcomer family while four and five year olds helped scrub the church nursery. A team worked with students at the Booker School to help prepare the gardens for spring. Other

jobs included mulching, scrubbing, dusting, picking up garbage and washing windows. Thanks to everyone who came out to make this day a huge success!

Laura Churchill Duke

## FURRY FEATURE



Malcolm is a domestic long-haired, neutered, male orange tabby. He was rescued from a feral colony in Grand Pre and we estimate him to be at least five years old. He needs some

TLC and someone who will give him a calm and quiet home and have the patience to gently work with him. He is a sweet boy but quite shy. He deserves a second chance.

Wolfville Animal Hospital  
 12-112 Front St  
 Wolfville  
 902-542-3422

UPDATE: Dixie has been adopted!



## DISCLAIMER

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### ISSUE DEAD-LINES:

★ June 2: Submissions - May 13 | Ads and Listings - May 23  
 June 16: Submissions - May 27 | Ads and Listings - June 6

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## WHERE TO FIND US

WINDSOR: Fry Daddy's, Lisa's Cafe, T.A.N. Coffee

FALMOUTH: Fruit & Vegetable Company, Petro-Canada

HANTSPORT: Jim's Your Independent Grocer

AVONPORT: Cann's Kwik-Way

GRAND-PRÉ: Convenience Store, Domaine de Grand Pré, Just Us! Café

GASPEREAU: Gaspereau Vineyards, Luckett Vineyards, Reid's Meats & Kwik-Way, XTR Kwik-Way

WOLFVILLE: Carl's Your Independent Grocer, Cuts Meat Market, Eos Natural Foods, Just Us! Café, Il Dolce Far Niente Espresso Bar, T.A.N. Coffee, Library, Wolfville Farmers Market

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BERWICK: Driftwood Restaurant, Jonny's Cookhouse, Luigi's Pizza Palace, North Mountain Coffeehouse, Rising Sun Cafe,

Union Street Café, Wilsons Pharmasave

AYLESFORD: Chisholm's Pharmacy, Choice, Tina's Cafe

KINGSTON: Avery's Farm Market, Green Elephant Cafe, Library, Pharmasave, Needs Convenience

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# WAY BACK WHEN

Emily Leeson

All photos courtesy of Randall House Museum | 259 Main Street, Wolfville, NS | 902-542-9775, wolfvillehs.ednet.ns.ca | The museum re-opens on May 28!



DATE: 1937

MARKS: Written on front: "H.C.?, Kentville, NS". Written on the back: "Miss Apple Blossom, a small Wolfville girl carried in the festival parade by a group of Wolfville boys, known as the Bachelors", and "Wolfville School", and "1. Fred Sleep 2. Jean Cochrane 3. Doug Roach".



DATE: May 24-26, 1936

MARKS: Written on back: "Apple Blossom princesses at Grand Pre Memorial Park May 24, 1936", and "J.A. Stewart", and a date stamp "May 26, 1936 the RSW".

## THE CROSSWORD

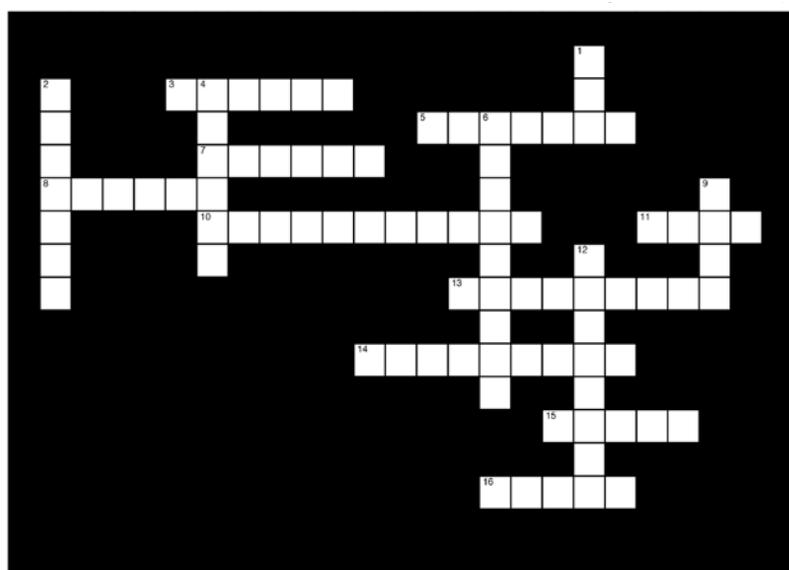
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WIN! Complete this crossword, then submit it to Naked Crêpe for your chance to win a dessert crêpe! Just leave your contact information below this puzzle & submit the puzzle.

Last winner was Lindsay Appleton

### HOW DO YOU LIKE THEM APPLES *Donna Holmes*



**Across**

- An apple a day keeps the \_\_\_ away.
- Comparing crossword puzzles to sudokus, is like comparing apples to \_\_\_.
- Dan D. Apple is the official \_\_\_ of the Annapolis Valley Apple Blossom Festival.
- "Love apple" is an archaic term for this fruit.
- The Big Apple
- I'd tell you how I feel about the US Republican leader, but I don't want to "upset the apple \_\_\_".
- Yours truly once clowned on Sea Sell (a Maritime Provinces promotional tour to the US) with \_\_\_, the Apple Blossom Festival mascot.
- The idea of the apple becoming lodged in Adam's throat after he ate the \_\_\_ fruit that Eve gave him, gave rise to the term "Adam's apple".
- "Tomber dans les pommes" ("fall into the apples") is a French idiom meaning "to \_\_\_".
- To be a good \_\_\_ is to be a good person.

**Down**

- When you look at someone, their reflection appears in your pupil. So if someone is the "apple of your \_\_\_", they are someone that you look at a lot and love to see.
- The idiom "How do you like them apples?" dates from WW1, but gained popularity again when Matt Damon said it in the movie "Good Will \_\_\_".
- The band that recorded "One Bad Apple" in 1970 was not the Jackson 5, but the \_\_\_ Brothers!
- "She's apples" is a way of saying "everything is fine" in New Zealand and \_\_\_.
- When someone says "The apple never falls far from the \_\_\_", they are referring to someone's offspring being a lot like their parents.
- If you're tossing the "old apple" around, you are probably throwing a \_\_\_.

NAME: \_\_\_\_\_

CONTACT: \_\_\_\_\_

# EAT TO THE BEAT

(Schedule subject to change)

### THURSDAYS: 19, 26, 2

**Edible Art Cafe** (New Minas): Marshall & Lake (19, 26, 2) 12pm

**Troy Restaurant** (Wolfville): Ron Edmunds Duo (19, 26) 6pm

**Spitfire Arms Alehouse** (Windsor): Open Jam Session (19, 26, 2) 7pm

**Kings Arms Pub by Lew Murphy's** (Kentville): The Tony & Lenny Show (19, 26, 2) 7:30pm

**Paddy's Pub** (Kentville): The Hupman Brothers (19, 26) 9pm

**Paddy's Pub** (Wolfville): Trivia Night (19, 26, 2) 9pm

**The Anvil** (Wolfville): Top 40's DJ (19, 26, 2) 10pm

### FRIDAYS: 20, 27

**Edible Art Cafe** (New Minas): Marshall & Lake (20, 27) 12pm

**Kings Arms Pub by Lew Murphy's** (Kentville): Shawn Hebb (20), Jokers Right (27) 5:30pm

**Blomidon Inn** (Wolfville): Jazz Mannequins (20) 6:30pm

**Paddy's Pub** (Kentville): TripALady (27) 8pm

**Joe's Food Emporium** (Wolfville): Groove Kings (20), SWIG (27) 8pm

**Union Street Café** (Berwick): The Stanfields (20) \$27.50 +fee & tax, Broke With Money (27) 8pm

**Spitfire Arms Alehouse** (Windsor): Margie Brown Duo (20), Mark Riley Project (27) 8pm

**Dooly's** (Greenwood): Open Mic w/Misty Mountain (20) 8:30pm

**Oaken Barrel Pub** (Greenwood): Broke With Money (20), Margie Brown Duo (27) 8pm

**Dooly's** (New Minas): Karaoke 20, 27) 9pm

**West Side Charlies** (New Minas): Country Night (20), DJ Lethal Noize (27) 10pm

### SATURDAYS: 21, 28

**Farmers' Market** (Wolfville): The Chimney Swifts (21) 9:30am, The Hilites Group (28) 9:30am

**Edible Art Café** (New Minas): John Tetrault (21), Carl Boutillier (28) 12pm

**Paddy's Pub** (Kentville): Apple Blossom Entertainment (28) 1pm

**The Noodle Guy** (Port Williams): Jam Session (21, 28) 1pm

**West Side Charlie's** (New Minas): Millett & Hunt, 3pm, DJ Billy T 9pm (21), Apple Blossom (28) 10pm

**Spitfire Arms Alehouse** (Windsor): Paul Wilfred (21), Don Chisholm (28) 8pm

**Union Street Café** (Berwick): The Stanfields (Acoustic) (21) 8pm

**King's Arms Pub by Lew Murphy's** (Kentville): Broke With Money (21), Apple Blossom Line-Up: Broke With Money (28) 5pm, Kevin Davison (28) 7pm

**Oaken Barrel Pub** (Greenwood): Millett & Hunt (21) 8pm, Adam Cameron (28) 8pm

**Paddy's Pub** (Wolfville): Tristan Legg (21), Al King (28) 9pm

**Tommy Gun's** (Windsor): Music Videos (21, 28) 10pm

**The Anvil** (Wolfville): Top 40's DJ (21, 28) 10pm

**Union Street Café** (Berwick): The Stanfields (21) \$27.50 +fee & tax, 8pm

### SUNDAYS: 22, 29

**Paddy's Pub** (Wolfville): Paddy's Irish Session (22, 29) 8pm

### MONDAYS: 23, 30

**Edible Art Café** (New Minas): Ron Edmunds Band (23, 30) 12pm

**Paddy's Pub** (Wolfville): Open Mic w/The Hupman Brothers (23), w/Jesse Patrick (30) 8pm

### TUESDAYS: 24, 31

**Edible Art Café** (New Minas): Ron Edmunds Band (24, 31) 12pm

**Paddy's Pub** (Kentville): Irish Jam Session (24, 31) 8pm

**The Port Pub** (Port Williams): Open Mic (24, 31) 7pm

**TAN Coffee** (Wolfville): Open Mike & Donna (24, 31) 8pm

### WEDNESDAYS: 25, 1

**Edible Art Café** (New Minas): David Filyer (25, 1) 12pm

**West Side Charlie's** (New Minas): Billy T's Karaoke (25, 1) 9pm

**Farmers Market** (Wolfville): Katie Blythe and Pat Madden (25), Caleb Miles (1), 5pm



# HEALTHY AND ACTIVE LIVING: JUSTIN TRUDEAU AND MY HUSBAND

**Lee-Ann Cudmore, Registered Acupuncturist**  
Call/text: 902-300-5100, valleyacu.ca

I have recently picked up several loads of second-hand books. The lovely thing about second-hand is that when you take cost out of the equation, you can take more risks in your book selection. Some are winners, some losers, and some push you outside of your normal comfort zone. Enter a book series called *Dropped Threads* – an anthology of women's issues. In them, Canadian women, tell stories about the things we don't typically talk about – the hard subjects.

I quite easily consider myself a feminist, but in many ways, I have lived a life that was paved by the rebellion and resistance of my predecessors. My childhood had no glass ceiling, and I was indoctrinated to feel able to do and be whatever my confident self wanted. And so from my family sprang three girls, all entrepreneurs and artists, all women who live outside of the box and colour outside of the lines.

I am a full-time working mother, and the struggles of motherhood I firmly understand. Prior to this period of introspection (and reading), I would have said that feminism was an issue for a previous generation. I am now seeing what I knew was always there. I have just been living in a bubble and the feminist movement was just out of my sight-line.

Let me explain. I am blessed to have a husband that is also a feminist. He is a man that cooks dinner, and buys groceries, and occasionally asks me to go take some time for myself (before I implode). He pours wine, meticulously cleans the garage, and will change the laundry over. He took parental leave with both of our boys, and is an active parent. He is a Renaissance Man (definition: "a present-day man who has acquired profound knowledge or

proficiency in more than one field"). But he is not the only one. We have countless friends that I would say would fall into that category of the male feminist – people who support and encourage their partners, and children, to live up to their potential. This is my bubble.

Prime Minister, Justin Trudeau, in an opinion piece to the *Globe and Mail* titled, "Gender equality is an opportunity, not a threat" stated: "We should not be afraid of the word feminism. Feminism is about equal rights and opportunities for men and women, about everyone having the same choices without facing discrimination based on gender."

[theglobeandmail.com/opinion/gender-equality-is-an-opportunity-not-a-threat/article29062577/](http://theglobeandmail.com/opinion/gender-equality-is-an-opportunity-not-a-threat/article29062577/)

Justin Trudeau is a self-proclaimed feminist.

When I think of feminism, a few key phrases come to my mind: "equal pay", "gender parity", and "choice". Those phrases feel like classic feminism, but are these the feminist issues of today's women and girls? I recently watched Kayley Dixon, a fourteen-year-old student from Dartmouth perform her poem 'A Touch of Sexual Assault'. It shook me to hear the words and feel the emotion of her truth: "We said no, but that meant yes, so they grabbed us", "we are some of the 68 percent of victims that will never tell a soul" and "they completely replaced our identity from human to object". My friends, I don't want your 14-year-old daughters to feel this way. I don't want my 14-year-old sons to feel this way either.

[huffingtonpost.ca/2016/05/04/kayley-dixon-sexual-assault\\_n\\_9839960.html](http://huffingtonpost.ca/2016/05/04/kayley-dixon-sexual-assault_n_9839960.html)

I think that this poem is the new generation



Selfie taken with Prime Minister Justin Trudeau at the Halifax Seaport Market April 2nd 2016.

Photo Credit: Takara Bond

of feminism. Sexual violence, and objectification is our new ground zero. We must not be apathetic and feel that the journey is complete. Feminism is part of the political, social, economic, and healthcare landscape. When the Republican Presidential nominee Donald Trump states that women who chose to have an abortion need "some form of punishment", don't for one second think that our rights as women are not threatened.

"Let us teach our children to value equality, to practice respect and to stand up against discrimination." - Justin Trudeau

Wolfville Integrated Health Care  
902-542-2000  
[wihc.ca](http://wihc.ca)



**Wolfville Integrated Health Care**  
www.wihc.ca 902-542-2000  
189 Dykeland St.  
ACUPUNCTURE, CHIROPRACTIC CARE,  
COUNSELING THERAPY, MASSAGE AND LASER THERAPY,  
NATUROPATHIC MEDICINE

## THE WOLFFVILLE HISTORICAL SOCIETY PRESENTS: RANDALL HOUSE MUSEUM OPENING 2016

259 Main Street, Wolfville

For over 200 years, Randall House has witnessed all the tremendous events that have transformed Mud Creek into Historic Wolfville. Its Early residents would have looked out at muddy Main Street where horse-drawn carts and carriages were passing, or from windows overlooking the village, they may have been drawn to all the activity of a busy harbour – a far cry from the tranquility of what is now Willow Park. The coming of the railroad was the major agent of this transformation. After the bridge across Mud Creek, built in 1868, the railway ran from Horton's Landing to Annapolis, and then by 1872 from Halifax to Annapolis. Gradually, shipping an travelling by sea from Wolfville gave way to the greater convenience and efficiency of the railroad, which has in turn been replaced by the internal combustion engine.

**At noon, on Saturday, May 28,** Mayor Jeff Cantwell will open the Museum for the 2016 season

**At 3:35pm on Sunday, May 29,** the Royal Party from the Apple Blossom Festival will visit. Come and join us for Spiced Apple Cake and Apple Juice this weekend.

**And on June 25** This season's special summer exhibit opens: *Joe Howe Changes Trains in Nova Scotia*

# PARSONS

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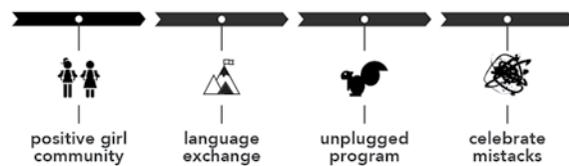
902-765-6312

### THIS SUMMER WORK AT



An all girls summer camp with a French and English language program

#### VALUES & GOALS



#### SKILLS REQUIRED

- work energy ●●●●○
- bilingual ●●●●○
- team work ●●●●○
- fire building ●○○○○
- puddle jump ●●●●●

#### DATES

START: JUNE 11 16 21  
END: AUGUST  
APPLY AT  
» [staff@ouareau.com](mailto:staff@ouareau.com) «  
[OUAREAU.COM](http://OUAREAU.COM)

## 65th Wedding Anniversary Celebration



### The family of Victor & Geri MacKay

invite you to join us for a  
**Casual Reception**  
as we celebrate their  
65<sup>th</sup> Wedding Anniversary.

SATURDAY, JUNE 4, 2016  
2:00 – 5:00 PM (SALUTATIONS AT 3:00)  
THE FIRESIDE LOUNGE, OLD ORCHARD INN, GREENWICH, NS  
*Best Wishes Only*

Rob Brezny's  
**FREE WILL ASTROLOGY**

**ARIES** (March 21-April 19): “An oar moves a boat by entering what lies outside it,” writes poet Jane Hirshfield. You can’t use the paddle inside the boat! It’s of no value to you unless you thrust it into the drink and move it around vigorously. And that’s an excellent metaphor for you to keep in mind during the coming weeks, my friend. If you want to reach your next destination, you must have intimate and continual interaction with the mysterious depths that lie outside your known world.

**TAURUS** (April 20-May 20): The short attention span is now enshrined as the default mode of awareness. “We skim rather than absorb,” says author James Lough. “We read Sappho or Shakespeare the same way we glance over a tweet or a text message, scanning for the gist, impatient to move on.” There’s a problem with that approach, however. “You can’t skim Shakespeare,” says Lough. I propose that we make that your epigram to live by in the coming weeks, Taurus: *You can’t skim Shakespeare*. According to my analysis, you’re going to be offered a rich array of Shakespeare-level information and insights. To get the most out of these blessings, you must penetrate and marinate and ruminate.

**GEMINI** (May 21-June 20): “There are situations in life when it is wisdom not to be too wise,” said Friedrich Schiller. The coming days may be one of those times for you. I therefore advise you to dodge any tendency you might have to be impressed with your sophisticated intelligence. Be suspicious of egotism masquerading as cleverness. You are most likely to make good decisions if you insist on honoring your raw instincts. Simple solutions and uncomplicated actions will give you access to beautiful truths and truthful beauty, especially if you anchor yourself in innocent compassion.

**CANCER** (June 21-July 22): To prepare you for the coming weeks, I have gathered three quotes from the Bulgarian writer Elias Canetti. These gems, along with my commentary, will serve you well if you use them as seeds for your ongoing meditations. Seed #1: “He would like to start from scratch. Where is scratch?” Here’s my addendum: No later than your birthday, you’ll be ready to start from scratch. In the meantime, your task is to find out where scratch is, and clear a path to it. Seed #2: “All the things one has forgotten scream for help in dreams.” My addendum: Monitor

your dreams closely. They will offer clues about what you need to remember. Seed #3: “Relearn astonishment, stop grasping for knowledge, lose the habit of the past.” My addendum: Go in search of the miraculous.

**LEO** (July 23-Aug. 22): “There are friendships like circuses, waterfalls, libraries,” said writer Vladimir Nabokov. I hope you have at least one of each, Leo. And if you don’t, I encourage you to go out and look for some. It would be great if you could also get access to alliances that resemble dancing lessons, colorful sanctuaries, lion whisperers, prayer flags, and the northern lights. Right now you especially need the stimulation that synergistic collaborations can provide. The next chapter of your life story requires abundant contact with interesting people who have the power to surprise you and teach you.

**VIRGO** (Aug. 23-Sept. 22): “Perfection is a stick with which to beat the possible,” says author Rebecca Solnit. She is of course implying that it might be better not to beat the possible, but rather to protect and nurture the possible as a viable option -- especially if perfection ultimately proves to have no value other than as a stick. This is always a truth worth honoring, but it will be crucial for you in the weeks to come. I hope you will cultivate a reverence and devotion to the possible. As messy or maddening as it might be, it will also groom your powers as a maker.

**LIBRA** (Sept. 23-Oct. 22): An invigorating challenge is headed your way. To prepare you, I offer the wisdom of French author André Gide. “Through loyalty to the past,” he wrote, “our mind refuses to realize that tomorrow’s joy is possible only if today’s joy makes way for it.” What this means, Libra, is that you will probably have to surrender your attachment to a well-honed delight if you want to make yourself available for a bright new delight that’s hovering on the frontier. An educational blessing will come your way if and only if you clear space for its arrival. As Gide concludes, “Each wave owes the beauty of its line only to the withdrawal of the preceding wave.”

**SCORPIO** (Oct. 23-Nov. 21): “How prompt we are to satisfy the hunger and thirst of our bodies; how slow to satisfy the hunger and thirst of our souls!” Henry David Thoreau wrote that, and now I’m passing it on to you just in time

for a special phase of your long-term cycle. During this upcoming interlude, your main duty is to FEED YOUR SOUL in every way you can imagine. So please stuff it with unpredictable beauty and reverent emotions. Cram it with mysterious adventures and rambling treks in the frontier. Gorge it with intimate unpredictability and playful love and fierce devotions in behalf of your most crucial dreams. Warning: You will not be able to rely solely on the soul food that has sustained you in the past. Be eager to discover new forms of nourishment.

**SAGITTARIUS** (Nov. 22-Dec. 21): “Here’s how every love letter can be summarized,” says Russell Dillon in his poem “Past-Perfect-Impersonal”: “What is it you’re unable to surrender and please may I have that?” I bring this tease to your attention because it may serve as a helpful riddle in the coming weeks. You’re entering a phase when you will have an enhanced ability to tinker with and refine and even revolutionize your best intimate relationships. I’m hoping Dillon’s provocation will unleash a series of inquiries that will inspire you as you imagine how you could supercharge togetherness and reinvent the ways you collaborate.

**CAPRICORN** (Dec. 22-Jan. 19): Fifth-century Christian theologian St. Jerome wrote that “it requires infinite discretion to look for gold in the midst of dirt.” Ancient Roman poet Virgil on one occasion testified that he was “searching for gold in dung.” While addressing the angels, nineteenth-century French poet Charles Baudelaire bragged, “From each thing I extracted its quintessence. You gave me your mud, and I made gold out of it.” From what I can tell, Capricorn, you have been engaged in similar work lately. The climax of your toil should come in the next two weeks. (Thanks to Michael Gilleland for the inspiration: [tinyurl.com/mudgold](http://tinyurl.com/mudgold).)

**AQUARIUS** (Jan. 20-Feb. 18): “At this time in my life,” says singer Joni Mitchell, “I’ve confronted a lot of my devils. A lot of them were pretty silly, but they were incredibly real at the time.” According to my reading of the astrological omens, Aquarius, you are due to enjoy a similar grace period. It may be a humbling grace period, because you’ll be invited to decisively banish worn-out delusions that have filled you with needless fear. And it may be a grace period that requires you to make

strenuous adjustments, since you’ll have to revise some of your old stories about who you are and how you got here. But it will also be a sweet grace period, because you’ll be blessed again and again with a visceral sense of liberation.

**PISCES** (Feb. 19-March 20): More than halfway through her prose poem “A Settlement,” Mary Oliver abruptly stops her meandering meditation on the poignant joys of spring’s soft awakening. Suddenly she’s brave and forceful: “Therefore, dark past, I’m about to do it. I’m about to forgive you for everything.” Now would be a perfect moment to draw inspiration from her, Pisces. I dare you to say it. I dare you to mean it. Speak these words: “Therefore, dark past, I’m about to do it. I’m about to forgive you for everything.”

*Homework: What’s the one thing you would change about yourself if you could? And why can’t you? Go to [Relastrology.com](http://Relastrology.com) and click “Email Rob.”*

**TIDE PREDICTIONS**  
*at Cape Blomidon*

Source: Canadian Fisheries & Oceans.  
[www.waterlevels.gc.ca](http://www.waterlevels.gc.ca)

MAY	High	Low
19	** 11:59am	6:03pm
20	12:40pm	6:43pm
21	1:19pm	7:20pm
22	1:57pm	7:44am
23	2:35pm	8:22am
24	3:16pm	9:01am
25	3:59pm	9:43am
26	4:45pm	10:28am
27	5:36pm	11:17am
28	6:31pm	12:11pm
29	7:30pm	1:08pm
30	7:57am	2:08pm
31	8:57am	3:08pm
JUNE	High	Low
01	9:57am	4:07pm
02	* 10:54am	5:03pm

there are normally two high and low tides a day  
\* Highest High: 42.0 feet \*\* Lowest High: 37.1 feet



### Traffic Line Painting

Weather permitting, line painting of the traffic lines parking areas and crosswalks is scheduled to be complete by May 31st.

### Compliance Fast Fact

In Wolfville, please respect sidewalk users by not riding bicycles, skateboards, or any other wheeled device on crosswalks and sidewalks.

It is illegal under the Nova Scotia Motor Vehicle Act (fine \$151.25) and the Wolfville Skateboard Bylaw (fine \$180.00)

## UPCOMING MEETINGS:

### Town & Gown Committee Meeting

**Date:** Tuesday, May 24, 2016  
**Time:** 12:00 pm  
**Location:** Town Hall

### Planning Advisory Committee Meeting

**Date:** Wednesday, May 25, 2016  
**Time:** 1:30 pm  
**Location:** Town Hall

### Art in Public Spaces

**Date:** Thursday, May 26, 2016  
**Time:** 3:00 pm  
**Location:** Town Hall

### Committee of the Whole Meeting

**Date:** Tuesday, June 7, 2016  
**Time:** 9:00 am  
**Location:** Town Hall

# Welcome to Wolfville's GRAPEVINE PAGE!

Watch for it every second issue to stay up-to-date on Town News.



STAY TUNED FOR MORE ON...

## PHASE TWO

WOLFVILLE'S MUNICIPAL PLANNING STRATEGY REVIEW

MUNICIPAL PLANNING STRATEGY    LAND USE BYLAW    SUBDIVISION BYLAW    CENTRAL COMMERCIAL DESIGN GUIDELINES



#growingtogether

Wolfville's Municipal Planning Strategy Review

WWW.WOLFVILLE.CA

### BURNING RESTRICTIONS

During Wildfire Risk Season brush burning and campfires are not permitted in any county from 8 in the morning (8:00am) to 2 in the afternoon (2:00pm).

Within the Town of Wolfville it is an offence to have an open air fire or any other fire on any lands. Every person who contravenes or fails to comply with any of the provisions outlined in the Bylaw shall be liable to a penalty not exceeding \$250.00 (www.wolfville.ca/bylaws/)

Any questions can be directed to the Town of Wolfville's Compliance Officer, Blair MacMurtrey (902-599-2866), or Fire Chief, Todd Crowell (902-680-5662)

### SUMMER DAY CAMPS



Summer is fast approaching, and the warm weather only means one thing. The time for Summer Camp is upon us! This year, the Town of Wolfville is partnering with Acadia University to deliver eight amazing weeks of Adventure Camps. These camps promise to be exciting and fun filled, tailored towards promoting active lifestyles and artistic creativity. As school comes to a close this year, what better way to spend the summer than meeting new friends, having new experiences, and learning new skills? Camp themes include Art and Drama; Run, Jump Throw; Adventures on Bikes; Multisport; Adventure: Geocache and Time Travel; Dance and Creative Movement; Water Warriors; Survivor Camp; and Cooperative Games.

Are sports more your thing? Then do not worry, Acadia is still offering all of their original sports camps, including basketball, football, hockey, soccer, and volleyball!

You can register for any of Acadia's camps either in person, over the phone, or online:

Register in person at the Acadia Box Office in the Acadia Athletic Complex

Monday – Friday: 12:00pm – 6:00pm

Saturday – Sunday: 1:00pm – 4:00pm

Register over the phone by calling (902) 542-5500

Register online at www.acadiaathletics.ca,

There will be an Open House at the Acadia University Athletic Complex on June 6th from 6:00pm – 8:00pm, so please come down to learn more about these amazing camps! In the meantime, if you have any questions, we would be happy to assist you. You can email your questions to sportcamps@acadiau.ca or call (902) 585-1423.

### FINANCE PUBLIC NOTICE

The Town has issued the interim 2016/17 Property Tax Bills, so if you have not received your Property Tax Bill, please contact Annette @ 542-3294.



And, as a friendly reminder, tax payments are due on or before June 1, 2016.

### PARKS – TOWN OF WOLFVILLE

With the Arrival of Spring, Town of Wolfville Parks Department crews are busy with a variety of cleanup and repair projects around the Town. Community benches are all out, gardens beds are being refreshed, and lawns are being reseeded and repaired. Swings are all out in the playgrounds and parks. Street planters will be out by the end of May and hanging baskets should be up by early June, weather permitting.



PLEASE NOTE: EVENT INFORMATION MAY CHANGE WITHOUT NOTICE.

## THURSDAYS

**Open Studio** – The Bread Gallery, Brooklyn 10am–2pm. Also Tuesdays. • Weekly drop-in session open to artists and crafters working in all mediums. All you need to take part is to show up with a project! *TIX: no charge INFO: 902-757-3377 / managerbreadgallery@gmail.com*

**Gab and Grub Social** – CMHA Kings County Branch, Kentville 1–3pm. Social time for adults who independently live with mental illness, including anxiety and depression. *FEE: no charge INFO: 902-670-4103 / club@cmhakings.ns.ca*

**The Hantsport Seniors & Elders Club "Drop-in"** – St. Andrews Church Hall, Hantsport 1–4pm. Play an assortment of games with a tea-break at 3pm. All ages! *INFO: 902-352-2085 / davidold@eastlink.ca*

**In the Round Knitting Group** – Gaspereau Valley Fibres 1–4:30pm. Also Tuesdays 6–9pm. Bring your knitting, rug hooking, spinning, or felting. *INFO: 902-542-2656 / gaspereauvalleyfibres.ca*

**Meditation** – Healer's Emporium, 49 Water St., Windsor 6pm. All levels welcome. *FEE: donation INFO: Mary, 902-306-0385*

**Taekwondo** – Baptist Church, North Alton 6:30–7:30pm (kids), 7:30–8:30pm (adult). Also Tuesdays • Exercise, self defense, respect, listening skills, focus, self discipline and tremendous confidence. Instructor is a 4th degree black belt. *TIX: no charge to try a class INFO: 902-670-8714 / devin@ennissecurity.ca*

**Boardgame Night** – C@P Lab, Wolfville Public Library, 7pm. Bring your games! Ages 12+ *FEE: no charge INFO: 902-790-4536 / turpin56@gmail.com*

**NonDuality Meetup** – Manning Memorial Chapel, Wolfville 7pm–9pm. Every other Thursday (Next: May 26). A non-denominational group of people, who get together to discuss life and our place in the scheme of things. 19+ *FEE: no charge INFO: 902-365-5235 / johnotvos@hotmail.com*

**Tremont Board Game Café** – Tremont Hall, 738 Tremont Mountain Rd., 7–9:30pm, every 1st and 3rd Thursday (Next: May 19, June 2). Many of the newest and coolest games in a friendly and relaxed environment. *FEE: no charge INFO: 902-765-4326*

**Music Jam** – Community Center, Cambridge 7–10pm. 50/50 tickets. Refreshment donations appreciated. Proceeds for hall upkeep. *TIX: \$2 minimum entry INFO: 902-538-9957 / gands@xcountry.tv*

**Jam Session** – Community Centre, Wilmot 7–10pm • Jam session with snack *TIX: \$2 INFO: 902-825-3125*

## FRIDAYS

**Fibre Ops Fridays** – Library, Windsor 10am–12pm • For knitters, crocheters, hookers, spinners, and weavers. Bring your own project. Everyone welcome. *TIX: no charge INFO: valleylibrary.ca*

**Art for Wellness** – Canadian Mental Health Association, New Minas 1–4pm. An arts and crafts program for adults who live independently with mental illness, including depression and anxiety. All materials provided. *TIX: no charge, but please pre-register. INFO: 902-670-4103 / club@cmhakings.ns.ca*

**Chase the Ace** – Royal Canadian Legion, Berwick 5pm. Chase the Ace drawn at 7:15pm, light supper served 5–7pm *TIX: \$5 Chase the Ace, \$7 supper INFO: 902-375-2021 / rubyl@eastlink.ca*

**Chase the Ace** – Curling Club, Middleton 6:30–8pm • Winning ticket is for 30% of the evening ticket sales plus the chance to pull the Ace of Hearts for the Jackpot. Draw at 8pm. Enjoy playing cribbage,

Crokinole, Yahtzee in the dining hall. *TIX: 3 tickets for \$5. INFO: 902-825-2695 / bemorine@hotmail.com*

**Fun Night** – Legion (downstairs), Kentville, 7pm. Variety of music. 50/50 tickets available. *FEE: \$2 INFO: kentvillelegion@eastlink.ca*

**Friday Night Jam** – Royal Canadian Legion, Wolfville, 7–10pm. *INFO: 902-542-5869 / wolfvillelegion@gmail.com*

## SATURDAYS

**Wolfville Farmers' Market** – DeWolfe Building, Elm Ave., Wolfville 8:30am–1pm  
*May 21 Music: The Chimney Swifts*  
*May 28 Music: The Hilites Group*  
*INFO: wolfvillefarmersmarket.ca*

**Farmers' Market** – Waterfront, Windsor 9am–1pm, until December. *TIX: no charge INFO: windsorfarmersmarket@gmail.com / windsorfarmersmarketns.weebly.com*

**Peace Vigil** – Post Office, Wolfville 12–1pm

**Drop in and Drum!** – Baptist Church, Wolfville 1–2:30pm. W/Bruno Allard. Drop in for a hands-on workshop & jam. Learn to play the djembe with rhythms & songs from West Africa. Everyone welcome, drums provided. *FEE: \$5–10 INFO: brunoallard7@gmail.com / facebook: Djembes and Duns Wolfville*

**Chase the Ace** – Legion, Kingston 1–3pm. Tickets are 3 for \$5. Draw will take place by 3:30pm. Must be 19+ to play. License # AGD 107472-15 *INFO: 902-765-4428 / legion98sect@eastlink.ca*

**Valley Game Night** – Gametronics, New Minas 6pm. Board game/card game group. Yu Gi Oh – Thursdays, 6pm. Friday Night Magic (Magic: The Gathering) – Fridays, 6pm *FEE: no charge INFO: facebook.com/GameTronics*

## SUNDAYS

**Port Williams Flea Market** – Square Professional Centre, 8am–1pm. Lots of vendors and bargains! We accept donations for the local food bank. *INFO: donlilaporter@yahoo.ca*

## MONDAYS

**Free Community Walking/Running** – Acadia Athletic Complex, Wolfville 6-9am & 6-9pm (Mon.–Fri.). On the indoor & outdoor track. *FEE: no charge INFO: 902-542-3486 / sread@wolfville.ca*

**Painting Morning** – Recreation Centre, Wolfville 9:30am–12pm. W/Evangeline Artist Cooperative. Bring your own projects to work on & be inspired by like-minded artists. *FEE: \$2 INFO: Susan, 902-542-4448*

**Women on Wheels** – Rec Centre, Kentville 6pm • A weekly cycling skills development and fitness program for women. Rides are at a relaxed pace, usually on the rail trail. Bring your bicycle, a helmet, and join us! *FEE: no charge INFO: 902-679-2539 / recreation@kentville.ca*

**Windsor Game Night** – Library, Windsor 6pm. Board game group. New players welcome! *FEE: no charge INFO: meetup.com/valleygames / turpin56@gmail.com*

**The Berwick Makery** – Berwick District School "Hive" (former Family Studies Room) 6–8pm. Hang out, work on projects, learn new skills, and teach each other!  
*May 23: Victoria Day - no Makery*  
*May 30: Adult Colouring Night*  
*INFO: 902-538-4019 / theberwickmakery.wordpress.com/classes*

**Toastmasters** – 2nd Floor, Irving Centre, Acadia 6:30–8pm. Communicative skills to enhance peaceful

and effective dialogue. *INFO: Chris, 902-691-3550 / vppr.wolfville.tn@gmail.com*

**Musical Jam Night** – Community Hall, 659 Victoria Rd., Millville 7pm. Bring your instrument or just relax & listen to the sounds. *INFO: cadavis@nspes.ca*

**Kings Community Concert Band** – Bishop's Hall, Greenwich 7:15pm. Music with a little challenge. New members (all band instruments) welcome. Some instruments available for use. *INFO: Andrea Lynn, 902-542-4158 / eyelyn@eastlink.ca*

**Insight (Vipassana) Meditation** – Manning Memorial Chapel, Acadia, 7:30–8:30pm. Weekly meditation sitting group. Drop ins welcome. 45 minute meditation followed by a short discussion. *FEE: free-will offering. INFO: 902-365-2409*

## TUESDAYS

**Friends in Bereavement** – Western Kings Mem. Health Centre, Berwick 10am–12pm. 1st & 3rd Tues. each month (Next: June 7). VON Adult Day Program Room (main floor). *INFO: 902-681-8239 / friendsinbereavement@gmail.com*

**Rug Hooking** – 57 Eden Row, Greenwich 1–3:30pm. Drop-in rug hooking. *FEE: donation INFO: Kay, 902-697-2850*

**Friends in Bereavement** – United Baptist Church, Kentville 2–4pm. 1st & 3rd Tues. each month (Next: June 7). Left parking lot entrance, sponsored by Careforce. *INFO: 902-681-8239 / friendsinbereavement@gmail.com*

**Toastmasters Club** – Birchall Training Centre, Greenwood 6:30pm. Develop leadership skills using a variety of tools including speaking off the cuff and speaking in public. Guests always welcome! *TIX: no charge INFO: Christine, 902-825-1061 / CFernie.CA@gmail.com*

**Learn Irish Music** – Paddy's Pub (upstairs), Kentville 7–8pm. Bring your instrument & learn to play traditional music in a relaxed, convivial setting. *FEE: no charge INFO: 902-697-2148 / slowsession@outlook.com*

**Valley Voices** – Kentville Baptist Church CE Centre, 7–9:30pm. Until end of May. Valley Voices is a female a cappella show chorus. Interested women of any age are welcome. *INFO: valleyvoices.org / 902-448-2414 / valleyvoices@harmonyarea1.ca*

**Sign Language Classes** – Community Hall, Millville 7–9pm. Learn sign language or build on what you already know. Cost is to cover hall rental. *FEE: \$3 INFO: Shirley, 902-847-1736 (call or text)*

**Village Dancing** – Curling Rink (upstairs), Wolfville, until end of May. Traditional Balkan and Middle Eastern no-partner-style dances. Easy-to-learn, good exercise, great music from Greece, Bulgaria, Turkey, Israel and more. Expert instruction. Introductory level 7:30–8:30pm. Advanced and request session till 10pm. *FEE: \$7 per session INFO: 902-690-7897*

**Board Game Night** – Paddy's Pub, Wolfville 8pm–12am *TIX: no charge INFO: 902-542-0059 / judy@paddys.ca*

**Cardio Kickboxing** – Baptist Church, North Alton 8:30–9:30pm. Adult-only class to improve coordination, strength building, cardiovascular improvements, self defence, stress reduction, and weight reduction, taught by a 3rd degree black belt in Taekwondo. *TIX: no charge for 1st week of classes INFO: 902-365-5660 / devin@ennissecurity.ca*

## WEDNESDAYS

**Wolfville Breastfeeding Support Group** – Library (upstairs), Wolfville

10am–12pm. *INFO: facebook.com/AnnapolisValleyBreastfeedingSupportGroups*

**Kentville Farmers' Market** – Lion's Club, 78 River St., Kentville 10am–2pm. Open year-round.  
*May 25 Music: Ron Edmunds*  
*INFO: marketmanager@kentville.ca / kentvillefarmersmarket.ca*

**Insight (Vipassana) Meditation** – Vaughan Memorial Library (Quiet Reading Room), Acadia 12:15–12:45pm. Door opens 12pm. Weekly meditation sitting group. Drop-ins and beginners welcome. Free will offering. *INFO: 902-365-2409 / laurabourassa@msn.com*

**Wolfville Farmers' Market** – DeWolfe Building, Elm Ave., Wolfville 4–7pm  
*May 25 Music: Katie Blythe and Pat Madden Theme: Apple Blossom Market*  
*June 1 Music: Caleb Miles*  
*INFO: wolfvillefarmersmarket.ca*

**Wolfville Intergenerational Choir** – St. Francis of Assisi Parish Centre, Wolfville 5:30–7pm. September to May. Previously the Wolfville Community Chorus. All ages welcome! Sign up for September! *FEE: \$180 per year (\$90 per term) INFO: 902-300-1001 / susan\_dworkin@hotmail.com*

**Valley Youth Project** – Louis Millett Community Complex, Rm 128, New Minas, 6:30–8:30pm. First and third Wed. of each month, September to June (Next: June 1). All LGBTQ+ and MOGI individuals 25 years and under are welcome. You can bring your friends too. *FEE: no charge INFO: valleyyouthproject@gmail.com / valleyyouthproject.wordpress.com*

**New Horizons Band** – Festival Theatre, Wolfville 7pm. Fun, informal community band under the direction of Brian Johnston. New members welcome! *FEE: \$100 INFO: Donna, 902-542-7557 / macdonaldwilson@accesswave.ca*

**Jam Session** – Lions Club, Kentville 7–10pm. Come play, sing or just sit back and listen. All styles and abilities welcome. *TIX: \$2 per person INFO: 902-679-4899*

## Complimentary Financial Workshop for Women

June 2, 2016

Please call or email to RSVP

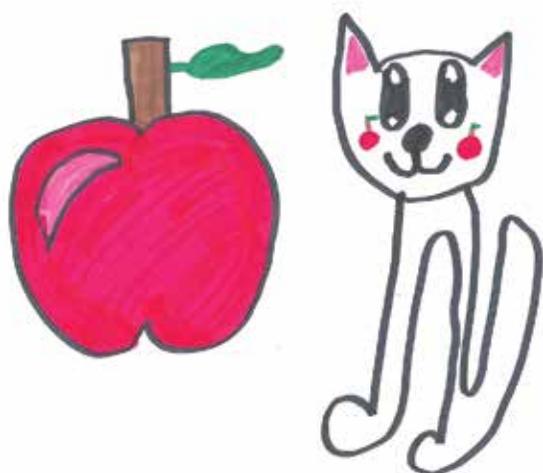
**Catherine E Metzger-Silver**  
Financial Advisor

22 Cornwallis Street  
Kentville, NS B4N 2E1  
902-681-2300  
catherine.metzger-silver@edwardjones.com  
www.edwardjones.com

**Edward Jones**  
MAKING SENSE OF INVESTING

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## SEEDLINGS / YOUNG READERS



### KIDS ART SPOT

Apple and cat by Lydia Jorgensen, age 11.

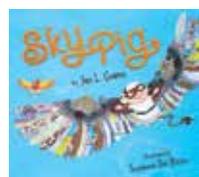
If you'd like to see your art here, contact [editor@grapevinepublishing.ca](mailto:editor@grapevinepublishing.ca)

## KAELYN'S BOOK CLUB

Regan Alford



**WEE ONES:** *Sing a Song of Mother Goose* by Barbara Reid (Scholastic Canada, recommended reading ages 0-5). 14 favourite rhymes in a chunky board book edition. It's a perfect way to introduce children to Humpty Dumpty, Little Miss Muffet, Jack, Jill, and others from the world of Mother Goose.



**LITTLE ONES:** *Sky Pig* by Jan L. Coates & Suzanne Del Rizzo (Pajama Press, recommended reading ages 4-7). He may never reach the sky on homemade clockwork wings, but Ollie still dreams as hard as ever a pig can dream. And Jack, a true friend, realizes that just because a pig can't fly, in the ways they have tried, doesn't mean he can never soar. An uplifting picture book for anyone who has tried and tried again.

Both Books are available at The Box of Delights Bookshop in Wolfville.

[kaelynsbookclub.wordpress.com](http://kaelynsbookclub.wordpress.com)

## AMUSE-BOUCHE FRENCH FOR KIDS

Sarah Anderson

### Tomber dans les pommes.

If you were to tomber dans les pommes it would mean you were going to faint. The literal translation of this sentence means "to fall in apples" but that's really not what would happen. Tomber dans les pommes is a fun way of saying "to faint".

## FAMILY FUN IN THE VALLEY: APPLE BLOSSOM FAMILY FITNESS

Laura Churchill Duke

New to the Apple Blossom Festival this year is a family fitness fair being held at the KCA gym from 11am to 1pm on Sunday, May 29. During the fitness fair, local groups will be showcasing their sport/activity talents for families. Each group will be giving a ten minute presentation, so it will be a fun, fast-paced day. Come drop in or plan to stay for the entire day. Sponsored by Michelin, the first 60 kids get a Doctors NS water bottle!

Presenters thus far include:

Wolfville Recreation  
New Minas Recreation  
Acadia Women's Volleyball  
Integrity Cheer Elite

Fitness Junkies  
Kettlebell Krushers  
Dawn Lea Greer Laughter Yoga  
Squash  
Annapolis Valley Tennis

If your group would like to present, please contact [shannon@merakieventplanning.com](mailto:shannon@merakieventplanning.com) to secure your time slot.

This is a great way for families to learn about all the different fitness activities available in the Valley and to learn first-hand what your kids might be interested in trying in the fall! Come out and learn to be fit with your family!

[valleyfamilyfun.ca](http://valleyfamilyfun.ca)

## The INQUISITIVE CORNER



### Word Winks

Answers: wide awake, man overboard, too close for comfort, think positive

A W A K E

MAN

BOARD

comfort  
CLOSE comfort  
CLOSE comfort  
comfort

THINK +

## KIDS WAY BACK WHEN

Emily Leeson

All photos courtesy of Randall House Museum  
259 Main Street, Wolfville, NS. 902-542-9775, [wolfvillehs.ednet.ns.ca](http://wolfvillehs.ednet.ns.ca)  
The museum re-opens on May 28!

This is a sampler made by Mary E. Payment when she was thirteen years old in 1857. A sampler is a piece of embroidery made as a demonstration of needlework skill. It often included the alphabet, figures, decorative borders, the date, and the name of the person who embroidered it.

Mary's sampler includes a vase of flowers, a bird, and a building with a tree on each side. There are seven rows of letters and numbers separated by lines of decorative stitching. Her name and age is embroidered at the bottom. Mary lived from 1844 to 1935 and was originally from Black River. She married Peter



March Gertridge in 1865 and moved to the Gaspereau Valley.

Mary was a great-grandniece of Louis Joseph de Montcalm-Gozon, Marquis de Montcalm (1712-1759). He was a major general in the French military and commander of all the French forces in New France in 1756.

During the Battle of the Plains of Abraham (September 13, 1759), a pivotal moment in the Seven Years' War and in the history of Canada, a British invasion force led by General James Wolfe defeated the Marquis de Montcalm and his French troops, leading to the surrender of Québec to the British.



This page is brought to you  
by Wolfville Farmers' Market



## JOIN US FOR A HEART TO HEART

The Heart and Stroke Foundation is coming to Wolfville. On Tuesday, May 24, the Foundation will be hosting a public forum at the Wolfville Farmers' Market to hear from community members in the Valley.

The event will feature talks given by a survivor, Foundation staff about programing, and Dr. Chris Shields from Acadia University about how research, happening in the Valley, is at the core of our race to save lives and create more survivors.

“Our goal is to connect with more communities across the province to better understand their needs and how we can work together to create healthy lives free of heart disease and stroke,” Charlotte Comrie, Heart and Stroke Foundation CEO, Nova Scotia and Prince Edward Island.

The Heart and Stroke Foundation, a volunteer-based health charity, leads in eliminating heart disease and stroke and reducing their impact through the advancement of research and its application, the promotion of healthy living, and advocacy.

Please join us for a Heart to Heart:  
May 24, 2016  
5:00 – 7:00 pm  
Wolfville Farmers' Market,  
24 Elm Avenue, Wolfville

[heart2heartinwolfville.eventbrite.ca](http://heart2heartinwolfville.eventbrite.ca)

Healthy lives free of heart disease and stroke. Together we will make it happen!

## THE LOCAVORE LINGO

### No antibiotics

Some farms administer antibiotics to beef cattle, hogs, sheep, or chickens to boost growth rates and reduce the risk of disease in crowded conditions. Other farms use antibiotics only to treat sick animals. Some farms do not use antibiotics under any circumstances.

### No added hormones

All animals produce hormones, however added hormones are commonly used in beef production to speed growth. If a producer implants livestock with natural hormones, they may label their products “raised without the use of synthetic hormones”. The use of hormones in the poultry industry has been banned in Canada since the 1960s.

### Heritage

Heritage breeds are traditional livestock breeds that were raised by previous generations of farmers. These are the breeds that existed before industrial agriculture became a mainstream practice.

Source: *A Short Guide to Food and Farming Terms, Farmers' Markets of Nova Scotia, farmersmarketsnovascotia.com*

### WEDNESDAY MAY 25, 4pm-7pm Apple Blossom Market

Wolfville Farmers' Market  
24 Elm Ave, Wolfville

Join us for your mid-week top-up of groceries with products from all product categories, while enjoying your \$10 Market Supper, in all its regular deliciousness, which, this week, includes some added apple-inspired foods on the menu. We will, of course, be adding apple to your complimentary serving of salad (with maple dressing) and you can delight in Apple Blossom Bouquets at your table. There will be a hands-on grafting demonstration with Lee Gillespie of Gillespie Farms, and at 6pm, Richard Hennigar will offer a talk and demo on apple tree pruning.

### SATURDAY, MAY 28, 4pm-8pm Blossom Brew Night

Wolfville Farmers' Market  
24 Elm Ave, Wolfville

In support of the Apple Blossom Festival, come enjoy the best local microbrews and ciders! Andrew Newton, a certified beer judge, will be leading a tasting tutorial at 4:45pm, and Alex MacLean, of East Coast Lifestyle, will be spinning tunes. Tickets: [boxoffice.acadiau.ca](http://boxoffice.acadiau.ca)

### SATURDAY, JUNE 4, 8:30am-1pm Fizz

Wolfville Farmers' Market  
24 Elm Ave, Wolfville

Fizz – the inaugural culture convergence of brewed and fermented beverages and fizzy fermented foods. Ferments can include beer, wine, cider, and probiotic drinks such as kombucha, kefir, and Jun tea as well as kimchi, sauerkraut, sourdough, and more. For your opportunity to try local ferments and culinary delights, our vendors will feature ferments on their menus, and artisans are creating vessels to help you with your own concoctions. Stop by the community exchange table where you can try local live-culture foods, and ask the fermentation experts questions. Be sure to bring your extra scobys or kefir grains to share at the community exchange table.

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24 Elm Ave, Wolfville ✦ [WolfvilleFarmersMarket.ca](http://WolfvilleFarmersMarket.ca) ✦ Follow us online! 

**Saturday Morning Outdoor Courtyard starts May 21st**

Join our **Apple Blossom Market** on Wednesday, May 25th

# WORD OF THE ISSUE

Margaret Drummond

## Tittle

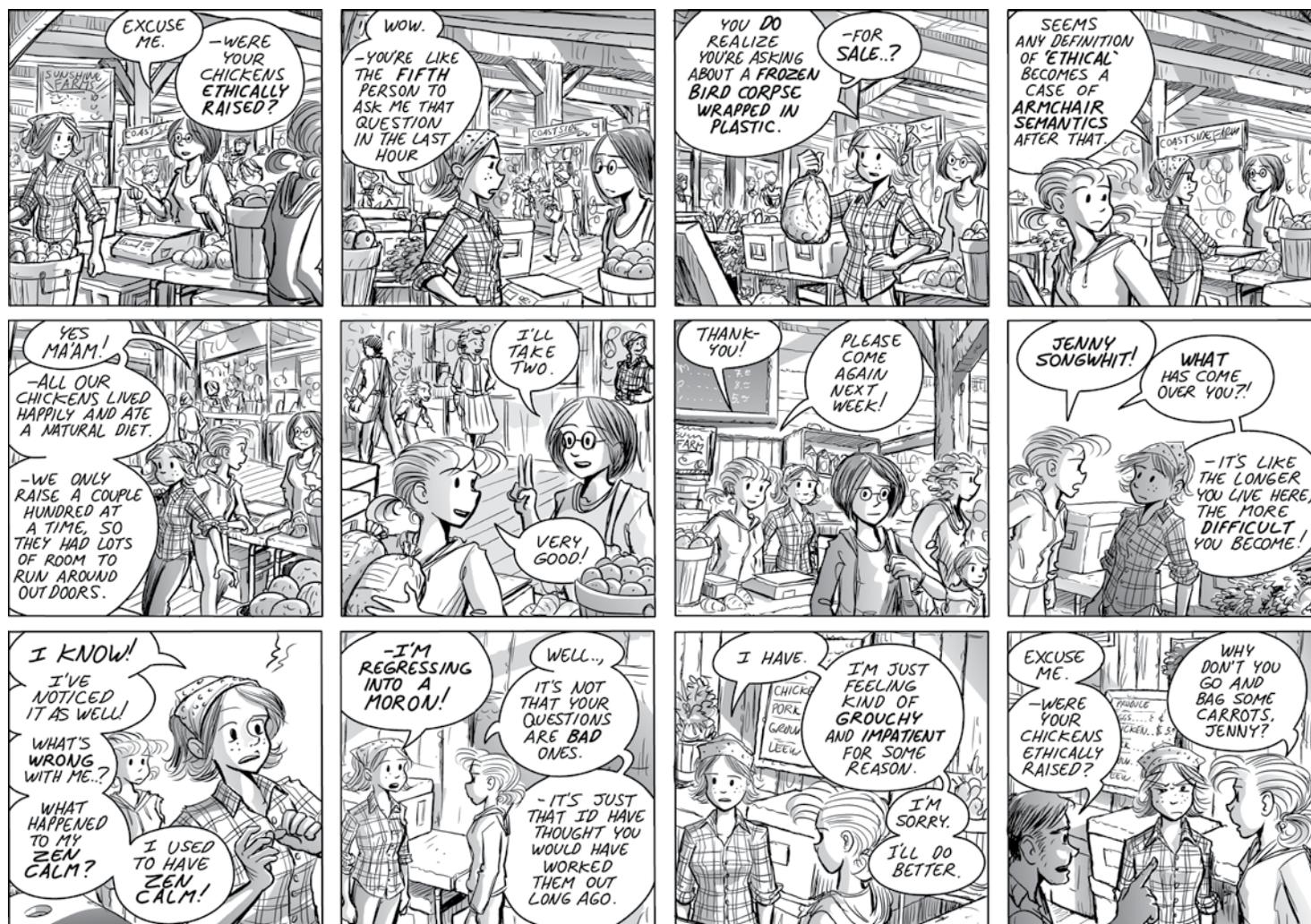
noun

A tiny or scarcely detectable amount.

"The rules have not been altered one jot or tittle since."



There have been episodes during the holiday break! Get caught up on my web-site: Just Google "Stardrop"



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**Keith Irving**  
MLA Kings South

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Tel (902) 542-0050 Fax (902) 542-3423  
email: keith@irvingmla.ca www.irvingmla.ca

## RECIPE

### APPLE CHUTNEY

Sarah Pittoello

Sarah and Joey's farm, Rerooted, will be back at the Wolfville Farmers' Market at the end of July.

This is my favourite apple chutney recipe. Although my favourite way to eat it is alongside a dollop of yogurt with curry or dahl, it's also great with cheese and other appetizers. Use this as a base recipe, and then play with quantities of salt, sugar, and spices until it's just as you like it.

- 4 cups apple cider vinegar
- 8 cups of chopped apples (peeled if you prefer)
- 2 cups brown sugar
- 1 cup chopped onions
- 1 cup chopped red pepper
- 3 tbsp yellow mustard seeds
- 2 tbsp ground ginger
- 2 tsp ground allspice
- 2 tsp curry powder
- 1 tbsp salt
- 2 cloves garlic, finely chopped

#### optional add-ins:

- 3 cups raisins
- 2 chili peppers, chopped
- 2-3 tbsp fresh ginger

**1.** Put the vinegar into a large pot over medium-heat. Chop the apples directly into the vinegar, stirring to coat so they don't brown. Add the onions, red pepper, and raisins if using.

**2.** Bring to a boil over medium heat, stirring regularly. Reduce heat, and continue to boil gently for about 30 minutes... keep stirring!

**3.** Add the remaining ingredients. Continue to boil gently until it will mound on a spoon. You can check by spooning a little bit onto a dish and checking its consistency as it cools.

**4.** You can either store in the fridge, or preserve in a boiling water bath for 15 minutes.

*the*  
**UNION STREET**

UPCOMING CONCERTS

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JUNE 4	FRANK DOBBINS' CABARET TROUPE
JUNE 18	THOM SWIFT CD RELEASE TOUR
JUNE 24	DYLAN MENZIE
JUNE 25	STEPHEN FEARING

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# WHAT'S HAPPENING FROM MAY 19 – JUNE 2, 2016

SEND YOUR EVENTS TO [INFO@GRAPEVINEPUBLISHING.CA](mailto:INFO@GRAPEVINEPUBLISHING.CA)

Please note: Events are subject to change.

## THURSDAY, 19

**Outside the Box** – Valley Autism Centre, Kingston 6:30-8:30pm • Regular monthly meeting of Support Group for Families and Friends of Adults with Disabilities. **TIX:** no charge **INFO:** 902-538-0358 / sfhirtle@eastlink.ca

**Jam Dance** – Louis Millet Community Complex, New Minas 7-8pm • Guided physical, musical play for everyone. No experience required. **TIX:** fifty cents **INFO:** 902-582-3888 / kp@alexandersociety.org

**Music Jam Session** – South Alton Community Center, Kentville 7-10pm • Open to all musicians and listeners. **TIX:** donation **INFO:** 902-678-8013 / kimberly.lunn@ns.sympatico.ca

**Annual Meeting: Lower Horton Cemetery Company** – Horton Community Centre, Grand Pré 7:30pm • All lot holders and public welcome. **TIX:** no charge **INFO:** cayford@eastlink.ca

## FRIDAY, 20

**IWK Fundraising BBQ** – Nova Scotia Liquor Corporation, Middleton 11am-6pm • Enjoy a friendly BBQ as we raise funds for a great cause. **TIX:** donation **INFO:** 902-825-3550

**BBQ Fundraiser** – Centre Square, Kentville 11:30am-2pm • Proceeds will support UCT (United Commercial Travelers) with their community service work. **TIX:** various prices **INFO:** 902-678-4798

## SATURDAY, 21

**Breakfast** – Lions Club, Wolfville 7-10am • Scrambled eggs, pancakes, sausage, bacon, beans, hash browns, toast, tea, coffee, juice. **TIX:** \$6 adult, \$3 under age 10 **INFO:** 902-542-4508

**Breakfast** – Community Hall, Centreville 7-10:30am • Eggs, bacon, sausages, juice, coffee, tea, homemade hashbrowns, homemade beans, toast, etc. **TIX:** donation **INFO:** 902-678-3999

**Community Breakfast** – Royal Canadian Legion, Windsor 7:30-10am • Bacon, sausage, ham, eggs, pancakes, hash browns, toast, and baked beans, juice, coffee/tea. Takeout available. **TIX:** \$6 adult, \$4 children 6-12, no charge under age 6 **INFO:** 902-798-2031 / windsorlegion@eastlink.ca

**Parish Breakfast** – St. James Anglican Church, Kentville 8-10am • Eggs, bacon, toast, muffins, fruit salad, yogurt, baked beans, fish cakes, juice, coffee, tea. **TIX:** \$7 minimum donation **INFO:** 902-678-3123 / stjames@ns.sympatico.ca

**Breakfast** – United Church, Aylesford 8-11am • Delicious homemade pancakes, scrambled eggs, ham, sausages, toast, tea, coffee and juice. Everyone welcome. **TIX:** donation **INFO:** sueskinner31@gmail.com

**Yard & Plant Sale** – Community Hall, Black River 8am-1pm • Hot dogs and pop available for purchase. **TIX:** \$5 per table, various prices **INFO:** 902-542-3180 / darlene.hennigar@gmail.com

**Plant, Yard, Bake Sale** – Glooscap Curling Club, Kentville 8am-2pm • Amazing plant selection, yard sale, and yummy baked goods. **TIX:** no charge **INFO:** 902-678-4637 / info@glooscapcurling.ca

**Charity BBQ, Bake Sale and Yard Sale** – Moe the Mad Barber, Kentville 8am-4pm • Charity event in support of funding a much needed wheelchair for Brian Stewart. Yard sale and bake sale donations welcome. **TIX:** no charge **INFO:** Shannon.scotianpotionblue902@gmail.com

**Apple Blossom Tennis Tournament** – Wolfville Tennis Club, Wolfville (and area tennis venues). Also May 22 • There will be two main age categories – Open, for all ages, and 55-Plus.

Players may enter one singles category, one doubles category, and one mixed double category. Tournament Director is Wilson Lu. **INFO:** Wilson Lu, 902-542-5194 / Bob Hainstock, 902-582-3656 / wolffilletennisclub@gmail.com

**Yard Sale** – Community Hall, Melanson 8:30am-12pm • Something for everyone! Proceeds for the hall. **TIX:** \$5 per table, no admission charge **INFO:** 902-542-5931

**Yard Sale** – St. James Anglican Church, Kentville 8:30am-2pm • Rain or shine! Furniture, household items, jigsaws, toys, books. Hot dogs & cold drinks. **TIX:** no charge **INFO:** 902-678-3123 / stjames@ns.sympatico.ca

**Clothing Give A Way & Soup Luncheon** – Hope Center Family Church, New Minas 9am-2pm • Open to all. **TIX:** no charge **INFO:** 902-582-7791 / blessedone@bellaliant.net

**Valley Trekkers Volkspport Club** – Roxbury Rd., Roxbury 9:30am • A 5/10km, 2C walk in Roxbury. Take Hwy 101 West to Exit 19, left to Hwy 1, right on Hwy 1 to Paradise Lane, left of Paradise Lane to Hwy 201, left to Roxbury Road. Register 9:30am, walk 10am. **TIX:** no charge **INFO:** 902-538-5858.

**7th Holistic & Well-Being Fair** – Fire Hall, Greenwich 9:30am-4:30pm • Over 30 exhibitors. Shop, have a mini massage, and a psychic tarot or tea leaf reading. Lots of health related info as well. **TIX:** \$2 **INFO:** themagicalcloset@hotmail.ca

**The Great Little Art Show** – Avon River Heritage Museum, Newport Landing 10am-5pm. Also May 22, 28, 29 • An art show highlighting new work by established and emerging artists from Hants County and beyond. Organized by the Hants County Arts Council. **TIX:** \$2 adult, no charge for children under 12 **INFO:** 902-757-1718 / infoavonriver@gmail.com

**Ladies Crib Tournament** – Royal Canadian Legion, Kentville 12:30pm • Lunch provided by the Ladies Auxiliary **TIX:** \$20 per team **INFO:** 902-678-8935

**Tupperware® Bingo** – New Beginnings Center, Greenwood 6:30-8:30pm • Lots of Tupperware to be awarded! Tupperama tickets will also be available to win even more Tupperware Products! **TIX:** \$10 for 5 games of bingo and 1 piece of Tupperware. **INFO:** 902-321-0047 / clarkkeisha89@gmail.com

**Music Variety Show** – Community Hall, White Rock 7pm • All Proceeds for White Rock Baptist Church Entertainers: Caroll Edwards, Chet Brown, Connie Munroe, Harold Hunt, Eugene Rafuse, Audley Pineo. 50/50 & Canteen. Emcee: Harold Hunt **TIX:** free will offering **INFO:** 902-542-7936 / whiterockhall.ednet.ns.ca

**Auction** – Horton Community Centre, Grand Pré 7pm viewing, 8pm start • Auction in support of Tim Hortons Camp Day. Canteen available. **TIX:** no charge **INFO:** Jen or Tiffany, 902-542-1755

**Ecstatic Dance** – Bishop Hall, Greenwich 7:30-10pm • Ecstatic Dance is about intentionally coming together to dance barefoot. The music flow takes you on a 1.5 hour journey. You can dance however you want. Kids are welcome! Alcohol and scent free please. **TIX:** \$10-12 suggested donation **INFO:** 902-825-3954 / moon@apogabodywork.com

**The Stanfields (Acoustic)** – Union Street Cafe, Berwick 8-11pm • A five-piece rock/roots band based in Halifax. They play what they want, sing what they feel, and leave nothing on the table. **TIX:** \$27.50 advance, \$30 at the door (Fees & tax additional.) **INFO:** 902-538-7787 / contactunionstreet@gmail.com

**Dance** – Royal Canadian Legion, Kentville 9pm-12am • Music by Double Trouble 19 and over Bar and Kitchen available **TIX:** \$ 7 a person **INFO:** 902-678-8935

## SUNDAY, 22

**Benefit Music Jam** – Community Hall, Morristown 1:30-4pm • ALL proceeds to support a young dancer's trip to NYC. 50/50 draw. All players/singers welcome to join the musicians' circle. Refreshment donations welcome. **TIX:** donation **INFO:** 902-375-2399 / brucebeattie155@gmail.com

**Dutch-Canada Friendship Garden Bloom Party** – Victoria Park Bandstand, Windsor 2pm • Windsor Communities in Bloom is hosting a Bloom Party to thank those who helped plant the 700-bulb Dutch-Canadian Friendship Garden at Windsor's Victoria Park Gazebo. Open to everyone, with a special invitation extended to military veterans, active service personnel and citizens of Dutch descent. **TIX:** no charge **INFO:** 902-798-5599

**Fundy Cinema screens THE LOBSTER** – Al Whittle Theatre, 8pm • Colin Farrell and Rachel Weisz star in this deliciously bizarre film about a curious hotel where the residents are charged with finding a new mate within 45 days—under penalty of being transformed into animals should they fail. **TIX:** \$9 **INFO:** 902-542-1050

## MONDAY, 23

**Valley Trekkers Volkspport Club** – Cape Split Parking Lot, Scots Bay 9:30am • A 16km, 4C walk in Scots Bay. Meet at the Cape Split parking lot, end of Hwy 358, Scots Bay. Registration 9:30am, walk begins 10am. **TIX:** no charge **INFO:** 902-847-1772.

## TUESDAY, 24

## WEDNESDAY, 25

**Paint Night!** – Cottontale Cafe and Play, New Minas 7-9pm • Paint an unique patchwork quilt painting (no fabric involved) using techniques that are easy, yet impressive! We will be painting with something you could even find in your own kitchen! **TIX:** \$40, \$35 each for group of 5 **INFO/Reg:** 902-680-1691

**Nancy Fraser Memorial Concert** – Manning Memorial Chapel, Acadia, Wolfville 7:30pm • Featuring organist Shawn Potter in recital. Sponsored by Annapolis Valley Centre RCCO. Reception to follow. **TIX:** free will offering for Organ Scholarship Fund **INFO:** 902-825-3387

**Fundy Cinema screens GAYBY BABY** – Al Whittle Theatre, 8pm • Director Maya Newell examines what it means to grow up with same-sex parents in an intimate and sometimes humorous portrait of four Australian children and their families. **TIX:** \$9 **INFO:** 902-542-1050

## THURSDAY, 26

**Kirtan: Singing and Chanting** – Bishop Hall, Greenwich 7:15-9:15pm • An evening of uplifting and heart-opening kirtan-style singing meditation. w/Ken Shorley, Heidi Kalyani, Sahara Jane, Andy Kavanagh and others! Gentle yoga from 7:15-7:45pm w/Jenn Boutilier. Bring a yoga mat, water bottle, and a cushion. **TIX:** donation **INFO:** heartwideopen.connect@gmail.com

## FRIDAY, 27

**Atlantic Canada Strongest Man Competition** – Valley Cheer Athletics, Kentville 5-8pm, and Sat., May 28, 3-6pm • 12 events over 2 days demonstrating unbelievable feats of strength!. Canteen available. Proceeds for the Cheer Club. **TIX:** no charge **INFO:** 902-690-7397 / crystalconnors1976@hotmail.com

**89.3 K-Rock's 8th Birthday Bash** – Memorial Park, Kentville 8-10:15pm. Featuring Bluesmobile.

Followed by Fireworks! **TIX:** no charge **INFO:** appleblossom.com

## SATURDAY, 28

**Scotian Hiker: Around Cape Split** – 999 Cape Split Rd., Canning 8am-4pm • Physically challenging 20km trek over rugged, rocky, slippery terrain. Requires a 400ft rope-assisted descent of a steep hillside to sea level, then walking over rugged rocky terrain for several hours to visit the Cape Split sea-stacks at low tide. See website for details and gear list. Check site on morning of hike in case of changes. **TIX:** no charge **INFO:** scotianhiker.com

**Apple Blossom Festival of Crafts** – NSCC Kingstec Campus, Kentville 9am-4pm • 70 vendors, BBQ on site. Celebrate and support our local artisans and crafters. Uncover one-of-a-kind, handcrafted treasures that are perfect for gifts for friends, family...and yourself! This show's profits will go to the Northeast Kings Education Centre's Music Department in support of music purchases, equipment maintenance and travel. **TIX:** \$2 **INFO:** / festivalofcrafts@outlook.com

**Family Nature Nova Scotia Weekend** – K.C. Irving Centre, Wolfville 9am, May 27-29 • Come join us for a weekend of family friendly naturalists workshops and field trips! Wine & Cheese reception Friday evening (youth welcome). Workshops Sat. & Sun. mornings, including insects and bees, raptors and owls, and tour the Acadian Forest. Also early morning bird walks and evening star gazing. See online for meal and lodging details. **TIX:** See registration form for fees @ naturens.ca **INFO:** 902-455-5643 / yncns@yahoo.ca

**Apple Blossom Cafe** – St. James Anglican Church, Kentville 9:30am-1:30pm • Delicious sandwiches, salads, desserts & beverages available in a sit-down setting. **TIX:** prices vary **INFO:** 902-678-3123 / stjames@ns.sympatico.ca

**Flea Market and Rummage Sale** – Community Hall, Scotts Bay 10am-1pm • Canteen available, with sweet treats, beverages, and hot dogs. A rummage sale will be held next door at the Seaside Centre, same time. \$5/bag. Proceeds go towards the upkeep of the Centre. **TIX:** no admission, \$5 per table rental. **INFO:** 902-582-7489 / jerrychuntley@hotmail.com

**Grocery Bagging Fundraiser** – Sobeys, Greenwood 11am-4pm • Shop for groceries at Sobeys - Greenwood and let us bag your purchases in exchange for a small donation to the Annapolis Valley Chapter of Autism Nova Scotia! **TIX:** donation **INFO:** 902-242-2019 / annapolisvalley@autismns.ca

**Randall House Museum Opening** – Randall House Museum, Wolfville 12-5pm • Wolfville Mayor Jeff Cantwell will open the Museum for the 2016 season. Public is welcome. Join us for spiced Apple Cake and Apple Juice. **TIX:** no charge **INFO:** 902-542-9775 / randallhouse@outlook.com

**Grand Street Parade** – Kentville 1pm • Children's Parade 10am **TIX:** no charge **INFO:** appleblossom.com

**"Violets and Sunshine" African Violet Show and Sale** – St. John's United Church, Middleton 2-4pm • This spectacular floral exhibit features an impressive display of African Violets and other lesser known gesneriads such as streptocarpus, sinningias, episcias, kohlerias etc. ranging from vintage favourites and species to the latest stunning hybrids. **TIX:** donation **INFO:** 902-825-4600 / f.shilliday@msn.com

**Blossom Brew Night** – Farmers Market, Wolfville 4-8pm • Come enjoy the best local microbrews and ciders! Andrew Newton, a certified beer judge, will be leading a tasting tutorial at 4:45pm

# THE DOME CHRONICLES: DONALD'S DILEMMA

Garry Leeson

In 1972, a boxcar from Toronto containing a menagerie of farm animals and an eager young couple pulled into the station platform in Kingston, Nova Scotia. They were bound for a deserted hundred-acre farm on the South Mountain, determined to preserve the foundations of farmsteads past while constructing a geodesic dome. They were pioneers of the future, armed with respect for tradition and an irrepressible sense of humour. They didn't call themselves farmers. They were back-to-the-landers. Farming was industry and their calling was sustainability. Over the next forty years, through flood and fire, triumph and catastrophe, they persevered, unwittingly sowing the seeds for the modern small-farm movement.

The largest farm on the stretch of road that meanders along the mountain above us belonged to Donald Morse. He, his wife Marg, and their batch of kids, lived in a grand, but slightly weather-beaten, farmhouse a short walk from where the small Baptist Church perched peering down over the Valley below.

Donald, like most of the community members, attended the church services regularly. He took a very special interest in it, becoming a key member of the congregation; he was a deacon and sung in the choir. It was his sanctuary and, in addition to nurturing his soul, the Sunday service also provided a couple hours of much needed rest from the arduous task of running his large farm. When not at church Donald seemed to always be on the move taking on any chore on the farm, or in the woods, hustling from task to task.

He was not, however, all work and no play. Whenever there was a gathering like the local fair, a dance, card party, or other event, Donald would be there. He liked fun as much as anyone and was game for anything. There was one exception, though – he didn't drink and didn't condone those that did. When other men were slipping out behind the hall to share the bottles of rum they had secreted away in their cars and trucks, Donald would be busy getting in more water for the kitchen, washing up, or helping in any way he could. In short, until his dying day, he was a kind, hardwork-

ing Christian teetotaler who probably had never seen the inside of a tavern and that is why, considering the kind of man he was, the events of February 2, 1976, are so vividly embedded in my memory.

That was the day the storm to end all storms hit the Valley. The weatherman had given us advance warning and everyone had done all they could to prepare for it. Livestock was gathered up and every object at risk of blowing away was tied or nailed down. Andrea and I hunkered in, prepared for the worst, and that's what we got. The wind roared up the Valley and attacked with a vengeance. Trees were uprooted, garages and outhouses blown over, and roofs shorn of their shingles.

At the height of the storm we were feeling quite secure in our concrete dome; the wind didn't have a flat surface to bite on, but we wondered how the big old conventional structures on the top of the mountain were faring. The power and phone lines were down and we might not have found out what was going on up on the mountain if Raymond Morse, an excitable teenage neighbour and brother to Donald, hadn't practically flown into our yard on his old bicycle. Raymond was the closest thing to an early warning system that we had in Harmony. In those days whenever something was happening he would be on his old bike riding like Paul Revere from house to house with the news. And the news that day was dire indeed – the roof of Donald's barn was blowing off and the men of the community were rallying to help him.

By the time Andrea and I got up to Donald's place his dooryard was full of cars and trucks. Andrea went into the house to see if she could help Marg, and I headed to the barn, passed through the stable and up into the loft where all the men who had come to help were gathered. As I reached the threshing floor the normally dark area became unusually bright for a second or two and then, following an explosion of sound that shook the barn, became dark again.

The men were assembled on the south side of the barn all staring up to where the top of the towering thirty-foot-high wall on the north side of the barn met the roof plate. As I scrambled over to join them, the reason for the intermittent illumination was frightfully apparent. Every time there was a heavy gust of wind, the entire roof on that side of the barn, all eighty feet of its length, was lifting several feet off the plate, allowing a long narrow shaft of light to flash down on the terrified onlookers. Each time the roof unhinged the gap seemed to be getting wider. One of the early arrivals on the scene had creatively lashed two of Donald's apple ladders together and the group had hoisted it up until its top rested precariously against the beam that supported the roof.

A fellow emerged from one of the dark corners of the barn dragging a long thick manila rope that once had seen duty on the loose hay

*"My feet left the relative security of the flimsy ladder and there I was, dangling in midair while being treated to a panoramic view of the Valley hundreds of feet below. I could see all the way from Middleton to Berwick."*

hoist. The man tied one end of the rope to a stout floor beam near the centre of the barn and began shouting some frantic instructions, "Somebody has got to climb up that ladder and tie this rope around the plate holding the rafters so we can secure it to the floor."

While I marvelled at the cleverness and ingenuity of the man, I leaned back on the wall of hay bales behind me and prepared to witness the procedure. That's when the roof lifted again and, by the light it provided, I saw that everyone was staring at me.

"Surely to God they didn't expect me to climb up there?"

But looking them over, I realized that I was by far the youngest man present. What they didn't realize was that I was terrified of heights and had recently had to struggle with myself to climb the short ladder Andrea and I used while building our dome. I looked for Raymond's face in the crowd but he had conveniently disappeared. It was one of those situations where I was damned if I did and damned if I didn't. So I shouldered the moldy old rope and started up the ladder. I could have used some liquid courage but this was Donald's barn so, unfortified, I dragged myself up the rungs, knees shaking, holding on for dear life as the roof crashed up and down while the waffling ladder threatened to flip me off.

No one was more surprised than me when I actually reached the top. I had been scared senseless on the way up the ladder but that anxiety was nothing compared to what awaited me. In order to support myself while I attempted to slip the cumbersome rope around the roof plate, I had to hang on to one of the rafters with one hand. Clutching on with a death grip, I waited for my opportunity. The roof had just crashed down so I went into action. I hoped there would be sufficient time between gusts for me to tie my rope and let go. Big mistake! The wind did not cooperate and instead kicked in with the strongest blast of the day. The roof was lifted a full six feet in



the air with me hanging on to the rafter with one hand and the heavy rope with the other. My feet left the relative security of the flimsy ladder and there I was, dangling in midair while being treated to a panoramic view of the Valley hundreds of feet below. I could see all the way from Middleton to Berwick. I was only levitated for a matter of seconds but it seemed like an eternity. When the roof finally crashed down, my legs plummeted through the first two rungs of the old ladder, but thankfully, the third held my weight. By some miracle, the rope, mainly of its own accord, had ended up looped around the roof plate. I quickly tied a couple of crude knots then trembled my way, step by cautious step, back to the floor. By the time I joined them, the other fellows, clustered below, had anchored the rope, tightened it up and, wonder of wonders, the roof stopped lifting!

We thought we had the problem solved but, unfortunately, with the entire roof stabilized, individual sheets of steel roofing began to flap and threaten to depart and so it was all hands aloft to strap the roof down with any lumber we could find. By the time we started that operation, the demographics of the crew had improved somewhat; some younger men, mostly volunteer firemen from town, had arrived to help. Still it proved to be a tedious all-day job hammering spikes with half frozen fingers while clinging to the slippery steel roof.

At one point during the day, those of us still managing to cling to our perches observed Donald driving away in his car in the direction of town. Bobby Baker, one of the firemen, joked that he was probably heading to the church to pray for a miracle. About an hour and a half later, after we had the roof secured, I heard Bobby laughing. He was peering over the roof peak down in the yard and I heard him say, "Now that is a miracle!" As I looked down I saw Donald heading toward the barn with four large bottles of rum in his arms.



## APPLE BLOSSOMS ON YOUR LIBRARY CARD

Angela Reynolds, AVRIL Community Engagement Coordinator

As we all look forward to apple blossoms on trees and in parades, here at the library we celebrate those blooms year round. Several years back we changed our cards from a solid blue to a card featuring a photo of an orchard. We wanted an image that would remind everyone of the beauty of our Valley, and this photo does it!

Our library card is more than just a pretty picture, though. With it you have access to online magazines, audiobooks, and eBooks. You can borrow DVDs or the latest best-seller. You can find gardening books, picture books, DIY books, cookbooks, and more. Use your library card for free Wifi. Get your card and your world expands. And that little picture of apple blossoms stays with you all year long.

**TICKET GIVEAWAY— CHANCE TO WIN 2 TICKETS TO: THE SECRETS & THE ELLIOTTS DOUBLE HEADER! A great country/folk concert, Fountain Centre, Windsor, Friday July 8, 7:30pm Draw date: Thursday, June 30 Enter all draws: valleyevents.ca/win**

and Alex MacLean (Of East Coast Lifestyle) will be spinning tunes from 6-8pm. **TIX: \$32 includes 4 drink tickets and a souvenir tasting glass @ Acadia Box Office INFO: 902-791-2978 / shannon@merakieventplanning.com**  
**May Flavours Gala Dinner – Wheelock Hall, Wolfville 5:30-9pm** • Friends of Agriculture in Nova Scotia Gala Dinner featuring many delicious local foods and beverages! See website for the chefs, food producers, and menu. **TIX: \$35** Please RSVP by email, Eventbrite **INFO: 902-542-3442 / lbest@ns.sympatico.ca / jayneileenkenny@msn.com**  
**Sip Into Summer Soiree & Silent Auction – Louis Millet Community Complex, New Minas 6:30pm** • Wine, cheese and dessert soiree! Silent auction. Entertainment by Caleb Myles, and the comedy stylings of Megan McDowell. Proceeds go to the NS SPCA Kings Branch Shelter! **TIX: \$20 INFO: 902-538-9075 / kings@spcans.ca**  
**Blossom Blues – Al Whittle Theatre, Wolfville 7:30-10pm** • Unique mix of blues infused folk and rock of Charlie A'Court and Christine Campbell. **TIX: \$29 + hst, advance, \$32 + hst at the door @ Tiicketpro.ca, Cochrane's Pharmasave (Wolfville), Wilson's Pharmasave (Berwick, Kentville), Home Hardware (Windsor) INFO: 902-542-7668 / office@deeprootsmusic.ca**  
**Hillsburn – Evergreen Theatre, Margaretsville 8pm** • Hillsburn will be rocking Evergreen Theatre! **TIX: \$25, \$10 students @ evergreentheatre.ca INFO: 902-825-6834 / hillsburn.com**  
**Dance – Abelha Studio, Kentville 9pm-12am** • Music by Still Doin Time. Bar and kitchen available. 19+ **TIX: \$7 per person INFO: 902-679-0885 / lindaatrenholm@gmail.com**

## SUNDAY, 29

**Bikers Poker Run – Community Hall, Tremont 10:30am-3:30pm** • 12-1pm Lunch/registration. 1:30-3pm Biker's Poker Run. 3:30pm prize presentations. All proceeds to fund youth programming in the community. **TIX: \$5 BBQ Lunch, \$10 per Card Hand INFO: 902-526-0399 / nazarenechurch.tremont@gmail.com**  
**Family Fitness Fair – Kings County Academy, Kentville 11am-1pm** • Come explore new ways to get active in the Annapolis Valley. Visit with activity groups and teams and watch (maybe even participate in) demonstrations. All ages. Sponsored by Michelin. **TIX: no charge INFO: shannon@merakieventplanning.com**  
**Chicken BBQ – Boates' Farm, Woodville 11am-5:30pm** • Half Chicken basted in special BBQ sauce, potato salad, coleslaw, pickles, roll w/butter, honey and apple cider, tea or coffee. Bouncy house for the kids, and The Mighty Oak String Band throughout the day. Enjoy your meal in the orchard amongst the blossoms. All proceeds to the Woodville Community Centre. **TIX: \$12.50 per person. INFO: Alice, 902-678-3928 / info@woodville-kingscounty.ca**  
**14th Annual Family Fun Day – Scotian Gold, Coldbrook 12-5pm** • Build/launch rockets, fire the giant air zooka, bounce away the day on several fun bouncy castles including 140 feet of inflatable obstacle courses, pony rides, a petting zoo, face painting and balloon making fun, great live music, remote control racing cars, huge BBQ, lots of prizes and giveaways, tractor rides, dog agility challenge and much more! **TIX: No admission charge. \$6 fee to participate in the bounce toys and other games INFO: 902-680-2472 / dennis.macpherson@scotiangold.com**  
**Ticket Auction – Meadowview Community Centre, Kentville 1-3pm** • Viewing begins 1pm,

draws at 3pm. Door prize, 50/50, raffle, canteen. Fundraiser for the Kinette Club of Kentville & District. Win some great prizes! **TIX: \$1 for 20 tickets INFO: 902-678-1171 / kstarratt@ns.sympatico.ca**  
**Music Benefit Show – Fire Hall, Waterville 2pm** • Entertainers: Caroll Edwards, Matt Lunn, Eugene Rafuse, Audley Pineo, Harold Hunt. 50/50. Emcee: Harold Hunt. All Proceeds for Dennis & Jeanie Gould for Medical Expenses. **TIX: donation INFO: 902-542-0471 / ellen.hunt@ns.sympatico.ca**  
**Decadent Dessert Party – Kingston United Church, Kingston 7-9pm** • Over 30 different delectable desserts! Special guest: Frank Dobbin. **TIX: \$10 @ Pharmasave (Kingston) or by phone. INFO: Joann, 902-765-0105**  
**Fundy Cinema screens THE BRAND NEW TESTAMENT – Al Whittle Theatre, 8pm** • In this irreverent, laugh-out-loud comedy Ea gets fed up with her overbearing father (who happens to be God) and decides to follow in her older brother's footsteps by gathering her own apostles and writing her own testament. **TIX: \$9 INFO: 902-542-1050**

## MONDAY, 30

**Blood Donor Clinic – Fire Hall, Kentville 1-8pm** • New Donors welcome. Please help us reach our goal of 288 donations. **TIX: no charge INFO: kentvillefire.ca**

## TUESDAY, 31

**Fireflies' Luncheon – Fire Hall, Middleton 11am-1pm** • Ham and potato scallop, corn chowder, or hamburger soup along with your choice of rhubarb crisp or strawberry shortcake and tea or coffee. **TIX: \$9 ham and potato scallop, \$8 corn chowder or hamburger soup INFO: 902-825-3062**  
**Blood Donor Clinic – Fire Hall, Kentville 1-8pm** • New Donors welcome. Please help us reach our goal of 288 donations. **TIX: no charge INFO: kentvillefire.ca**  
**Kings Historical Society AGM – Kings County Museum, Kentville 7:30pm** • Annual General Meeting, PLUS The Great Kings Historical Society Show and Tell. **TIX: no charge INFO: kingscountymuseum.ca**

## WEDNESDAY, 1

**First Year Anniversary! – Degraaf's Kwik-Way, Canning 11am-4:30pm** • First 40 customers get free 6" Deli sub with chocolate milk! Complimentary coffee/donuts. Free slice of pizza & pop with an IFuels receipt. Free Ice cream for children under age 12. Face painting for all ages. Jelly bean contest, assorted prizes and giveaways. **TIX: no charge INFO: 902-582-2099 / tammydegraaf@gmail.com**  
**Spring Fling – Kings County Academy, Kentville 4:30-7pm** • Bouncer, candy bags, ring tosses, cupcake walk and much more! Try your luck at the basketball shoot, mini golf or the mini stick area. Face painting, tattoos, or pick a book! Scholastic Book Fair located in the school's library. Buy one book/item, get another of equal value free! BBQ hot dogs, hamburgers, pop and other treats. All welcome! Rain date June 2. **TIX: \$5 for a punch card. BBQ various prices. INFO: 902-678-1562 / lauracd@ns.sympatico.ca**  
**Spring Music Recital – Wolfville Baptist Church, Wolfville 6:30-5:30pm** • Presented by the Studio of Susan Dworkin, Music Educator. Featuring Wolfville Community Chorus, Voice, and Piano Students. Proceeds to Wolfville and Area Food Bank. Everyone Welcome! **TIX: \$10 suggested donation, and a non-perishable food item. INFO: 902-300-1001 / susan\_dworkin@hotmail.com**  
**J.M. Abraham Poetry Award Reading – The Box of Delights Bookshop, Wolfville 7-8pm** • The award

nominees will be featured at the Bookshop for a reading of their works. "The Book of Festus", by John Wall Barger (Palimpsest Press) "Not Even Laughter", by Phillip Crymble (Salmon Poetry) "The Brief Reincarnation of a Girl", by Sue Goyette (Gaspereau) The J.M. Abraham Award was created by the writing community in the late 1990s, and presented by the Writers' Federation of Nova Scotia. **TIX: no charge INFO: 902-542-9511 / boxofdelightsbooks@gmail.com**

## THURSDAY, 2

**Plein Air – Provincial Park, Blomidon 10am-1pm** • A mutually-supportive critique is available for those interested around 12:30pm. Open to all artists and art lovers of all levels. Bring a picnic lunch if you wish. Experience Plein Air Art (on location art) this season. A new location in and around the Annapolis Valley will be selected each week. Suggestions are welcome. All art media are welcome: oils, acrylics, watercolour, ink, graphite. **TIX: no charge INFO: 902-701-8106 / edwardwedler@gmail.com**

## LIVE THEATRE

**The Importance of Being Earnest – Al Whittle Theatre, Wolfville May 20, 7pm** • Oscar Wilde's much loved and exhilarating masterpiece, with its high farce and witty dialogue have helped make The Importance of Being Earnest Wilde's most enduringly popular play. It has been revived many times since its premiere on 14 February 1895 at the St James Theatre in London. **TIX: \$20 @ ticketpro.ca, 1-888-311-9090, Home Hardware (Windsor), Cochrane's Pharmasave (Wolfville), Wilsons Pharmasave (Berwick, Kentville), at the door. INFO: kathy@justuscoffee.com**  
**Enchanted April – CentreStage Theatre, Kentville May 20, 21, 27, 28, 7:30pm** • Following the First World War, four very different English women rent a remote castle in Tuscany and try to come to grips with their lives and relationships. Under the spell of their idyllic surroundings, they rediscover laughter, themselves, and romance. It's April in Italy and anything can happen...even love! **TIX: \$15 general, \$12 student/senior INFO: 902-678-8040 / centrestage@centrestagetheatre.ca**  
**Joseph and the Amazing Technicolor Dreamcoat – Festival Theatre, Wolfville May 19, 20, 21, 22, 7pm, May 21, 22, 1:30pm** • Presented by the St. Joseph's Stage Prophets. The Biblical saga of Joseph and his coat of many colours comes to vibrant life in this delightful musical parable. **TIX: \$20 @ Occasions Gifts and Décor (Kentville), Cotton Tale Café + Play, (New Minas), Box of Delights Bookshop and Acadia Box Office (Wolfville). INFO: 902-698-9692 / len.hawley@acadiu.ca**  
**Mistatim by Red Sky Theatre – Mermaid Imperial Performing Arts Centre, Windsor May 29, 6:30-7:30pm** • An unlikely friendship is struck when Calvin attempts to "break" the only horse no one else can tame in order to prove himself to his father. Speck, who is also struggling to find her place in her family, discovers her incredible gift to communicate with horses. Working together to rein in the wild horse, Calvin and Speck learn to communicate with one another across the divide of their own cultures. **TIX: \$13 advance, \$15 door @ Ticketpro.ca, 1-888-311-9090, Home Hardware (Windsor) INFO: 902-798-5841 / puppets@mermaidtheatre.ca**  
**Shrek The Musical Jr. – Evangeline Middle School, New Minas June 2, 3, 7pm** • This comedic tale finds reluctant hero, Shrek the Ogre, on an action

packed quest to rescue the beautiful princess Fiona from imprisonment in a dragon guarded tower. **TIX: \$5 @ the EMS office, or through students/staff INFO: 902-681-4910**

## UPCOMING:

**Tuesdays with Morrie – CentreStage Theatre, Kentville June 3, 4, 10, 11, 17, 18, 7:30pm, June 12, 2pm** • The autobiographical story of Mitch Albom, an accomplished journalist driven solely by his career, and Morrie Schwartz, his former college professor. Sixteen years after graduation, Mitch learns that his old professor is battling Lou Gehrig's disease. Mitch is reunited with Morrie and what starts as a simple visit turns into a weekly pilgrimage and a last class in the meaning of life. Featuring Bryen Stoddard and Mike Butler, and directed by Chérie Zinck. **TIX: \$10 INFO: 902-678-8040 / centrestage@centrestagetheatre.ca**

## EXHIBITS

**The Great Little Art Show – Avon River Heritage Museum, Newport Landing May 21, 22, 28, 29, 10am-5pm** • An art show highlighting new work by established and emerging artists from Hants County and beyond. Organized by the Hants County Arts Council. **TIX: \$2 adult, no charge children under 12 INFO: 902-757-1718 / infoavonriver@gmail.com**  
**The Very Best Folks I Know – Harvest Gallery, Wolfville. May 21-June 11** • **INFO: harvestgallery.ca**  
**In Sequence – Selections from the Permanent Collection – Acadia University Art Gallery, Wolfville. Through June 26** • A selection of work from the permanent collection exploring the way in which artists approach sequence and series in their work. Featuring Cecil Day, Alex Colville, Noboru Sawai, Emmett Williams, and Gwendolyn Hales. **INFO: gallery.acadiu.ca**  
**Apple Bin Art Gallery – Valley Regional Hospital, Kentville** • Approximately 100 pieces of affordable original art created by local Valley artists. Part proceeds go towards hospital equipment and to help support Annapolis Valley health care programs.  
**Judith J. Leidl – Oriel Fine Art, Wolfville** • Fine art: floral paintings, scarves, acrylic paintings, prints, ceramics, and Inuit work from Baffin Island. **INFO: 902-670-7422 / judithleidlart.com**  
**Opening Soon! Paints and Pots Creative Artists – Captain Hall's Treasure Chest, Hall's Harbour** • Season opening May 27, 11am-6pm. **INFO: elspeth.mackenzie@gmail.com**

## MUSEUMS

**The Old Kings Courthouse Museum (Kings County Museum) – 37 Cornwallis St., Kentville. Open Mon.-Fri., 9am-4pm** • "A Brief History of Underwear" and "Sightings – Exploring the Scope of the Canadian Sniper," the historic role played by Canadian Snipers through artifacts and personal stories. **TIX: no admission charge, donations welcomed INFO: 902-678-6237 / kingscountymuseum.ca / kingscountymuseum.ca/event/a-brief-history-of-underwear**  
**Ross Farm Museum – 4568 Hwy 12, New Ross** • Open Wed-Sun, 9:30am-4:30pm. Every visit is unique as the work changes with the seasons. May 21-23: Woolly Weekend – The sheep are ready for their annual shearing. Demonstrations of shearing, washing, and spinning wool. Learn about the importance of sheep to the early

**What's Happening continued on page 16/17.**

# WHAT'S HAPPENING

MAY 19 – JUNE 2, 2016 (CONT'D)

settlers. **TIX:** \$6 adult, \$5 senior, \$2 child (6-17), no charge age 5 & under. **INFO:** 902-689-2210 / rossfarm.novascotia.ca  
**Randall House Museum** – 259 Main Street, Wolfville  
 • May 28, 12pm – Join us for our season Opening with Mayor Jeff Cantwell. May 29, 3:35pm – The Royal Party from the Apple Blossom Festival will visit. Join us for spiced apple cake and apple juice! June 25 – This season's special summer exhibit opens: "Joe Howe Changes Trains in Nova Scotia."  
**Blue Beach Fossil Museum** – 127 Blue Beach Road, Hantsport • Open daily 9:30am-5pm, until Oct. 31. The official birthplace of vertebrate paleontology in Canada. Come for one of our tours to explore 350-million year old footprint-beds, fossils of fish, plants, and so much more. **INFO:** 902-684-9541 / bluebeachfossilmuseum.com

## CAMPS

**Summer Day Camps** – Acadia University and the Town of Wolfville deliver eight amazing weeks of fun-filled Adventure Camps, tailored towards promoting active lifestyles and artistic creativity. • Themes include: Art and Drama; Run, Jump, Throw; Adventures on Bikes; Multisport; Adventure: Geocache and Time Travel; Dance and Creative Movement; Water Warriors; Survivor Camp; and Cooperative Games, Basketball, Football, Soccer, Hockey, and Volleyball. Open House: June 6, 6-8pm to learn more about these amazing camps! **INFO:** 902-585-1423 / sportcamps@acadiau.ca  
**Deep Sea Discovery DVBS** – Kentville Baptist Church (503 Main St.), July 4-8, at 9am daily. • One of largest DVBS programs in the Valley. Songs, snacks, games, stories, crafts, activities and more. Kids ages Primary-grade 6. **FEE:** no charge **INFO:** 902-678-3162 / KentvilleBaptist.org

## CLASSES & WORKSHOPS

**Build Yourself A Town: A Workshop in Clay** – May 28 & 29, 9:30am-4pm @ Acadia University Art Gallery, Wolfville. • Led by artist and educator Elizabeth Sircom. Design your own building and then make it out of clay. Weather permitting, a "field trip" to sketch buildings on the Acadia Campus will be included. No prior skills required. Materials provided. Bring a lunch, and a folding chair for outdoors. For adults/mature teens. **FEE:** \$140/\$130 gallery members. Cash or cheque advance registration required. **TIX:** \$140, \$130 for gallery members. **INFO:** 902-585-1373 / artgallery@acadiau.ca  
**Exploring Early Developmental Movement Patterns with the Focus on Reflexes** – W/ Occupational Therapist Kathie Brown. June 4, 10am-4:40pm @ Community Hall, Greenwich. • We will explore the reflexes as a foundation for self-regulation, balance, and ease of movement. Understanding the process of reflex integration will be helpful to anyone working with babies, children, or adults in any capacity. **FEE:** \$50 **INFO:** Kathleen, 902-582-3888 / kp@alexandersociety.org  
**Taoist Tai Chi™** – Classes at: Kentville: Lions Hall 78 River Street, Tuesdays 6-9pm; Thursdays 11:30am-2pm. Berwick Legion, Mondays, 6-7:30pm. **INFO:** Mary Anne, 902-678-4609 / kentville@taoist.org  
**Taoist Tai Chi** – Beginner classes starting Tuesday, June 7, 6pm @ the Middleton Fire Hall. Check it out and give it a go! Suitable for all ages, male and female alike. **FEE:** first class is FREE **INFO:** Anne, 902-765-6378 / roan\_h@hotmail.com

**Somatic Movement** – Five Wednesdays in June, 5:30-7pm @ Bishop Hall, Greenwich. • Based on the teachings of Thomas Hanna, taught by David Thomas. Through slow, gentle movements learn how to help yourself live and move more comfortably by retraining your brain. Encourage your body to move as it was meant to move. All movements done lying on the floor or seated. **INFO:** vitalhealthyoga.com  
**Voice & Piano Lessons** – Private music instruction. All ages and levels. Learn to read music: Group sight-singing classes on demand. **INFO:** 902-300-1001 / Susan\_dworkin@hotmail.com  
**Voice Lessons** – Affordable and fun voice lessons that cater to students' wants and needs. Assets include experience working with children and certificate in Performing Arts Preparation. Flexible lessons times and positive attitude guaranteed! **INFO:** Brenna, b.rob22@live.com



## VOLUNTEER OPPORTUNITIES

**Fusion Annapolis Valley** – Fusion AV engages with young professionals in the Annapolis Valley, providing opportunities to connect and build their personal and professional network. They are recruiting for Board of Directors, as well as people who can help with events and action teams. Fusion works with people of all ages. **INFO:** coby.milne@fusionav.ca  
**Acadia Community Learning Program** – Assist with language and life-skills to meet the needs of refugees adjusting to Canadian life! Volunteers needed for preschool care, primary school/ junior school class assistance, supervision of youth activities, and lunch attendants. Volunteers providing preschool care or class assistance required Mon.-Thurs., 10am-12pm on July 4-Aug. 18. Volunteers for other activities required one afternoon or more July 11-Aug. 18. Criminal Record check and Vulnerable Sector check required. **INFO:** 902-585-1371 / sharon.churchill@acadiau.ca  
**Kentville Community Garden Society** – Volunteers needed to help with urban edible landscapes, community gardens, and delivering knowledge about sustainable gardening. The Society meets weekly on Saturdays 9am-1pm at the Salvation Army, Kentville. **INFO:** 902-691-1296 / growhappyfood@gmail.com  
**Scouts Canada** – Looking for Section Leaders for all age groups (Beavers, Cubs, Scouts, Venturers, Rovers) as well as leadership positions in Kings area for an Area Commissioner. Requires 2-3 hours per week, and sometimes more when campouts are involved. Criminal Record check and Vulnerable Sector check required. **INFO:** 1-888-726-8876 / nsoffice@scouts.ca  
**Canadian Breast Cancer Foundation** – Looking for committee volunteers to help plan and organize the CIBC Run for the Cure in Wolfville. Positions available are: Run Director; Communications & Promotions; Fundraising Coordinator; Sponsorship Coordinator; Volunteer Coordinator; Survivor Engagement Coordinator. Must commit 1 hour for monthly committee meetings throughout the summer, a few hours a month for tasks pertaining to your role, and one full day on Run Day, Sunday October 2. **INFO:** 1-866-273-2223 / cgilfoy@cbcf.org

# APPLE BLOSSOM EVENTS

84th Annapolis Valley Apple Blossom Festival  
 May 25 – May 30, 2016

### WEDNESDAY, MAY 25

7pm: Opening Ceremony, Hantsport School

### THURSDAY, MAY 26

6:30pm-8:30pm: 89.3 K-Rock's Valley Family Music Night, Kentville Memorial Park  
 7pm: Valley Tea, Kingston Lions Club, \$10.00

### FRIDAY, MAY 27

7am-10pm: Blossom Breakfast, Kentville Rec Centre  
 7pm: Coronation, Acadia University, U Hall, Wolfville  
 8pm-10:15pm: 89.3 K-Rock's 8th Birthday Bash featuring Bluesmobile, Kentville Memorial Park

TBA: Fireworks, Kentville Memorial Park

### SATURDAY, MAY 28

9am-4pm: Apple Blossom Festival of Crafts, Kingstec Campus  
**All Day:** Bounce Kingdom, Memorial Park & Centre Square  
**10am:** Children's Parade, Kentville  
**12:30pm:** NS Road-Crew Supporting Paws Fur Thought - clearing roads in front of Grand Street Parade  
**1pm:** Grand Street Parade, Kentville  
**4pm-8pm:** Blossom BrewFest Wolfville Farmers Market (tix \$32 at door or Acadia Box Office)

### SUNDAY, MAY 29

10am: Northville Farm Antique Tractor Pull & Show, Steadman Rd., Northville  
 11am-1pm: Family Fitness Fair, KCA Gym  
**Noon:** Trail Flow MTB Race - Shredfest Enduro! The Gorge, Kentville  
**Noon-5pm:** Scotian Gold Family Fun Day, Coldbrook  
**3:45pm:** Meet the Royal Party, Grand Pre Historic Park

**Monday, May 30**  
 Blossom Festival Valley Tour

For more information:  
[appleblossom.com](http://appleblossom.com)

## THE FREE CLASSIFIEDS

This section works on a first-come, first-served basis. Email your classified to: info@grapevinepublishing.ca and, if there's room, we'll get you in. Or, to reserve a placement, pay \$5 per issue (3-issue minimum commitment). Please keep listings to 35 words or less.

### DONATE:

**Donate Used Clothing:** Flowercart creates work and training for people. Donate your used clothing to Flowercart and keep your donation and the resulting money local. Drop off location 9412 Commercial St., New Minas. **INFO:** 902-681-0120 / lisahammettvaughan@flowercart.ca  
**Seeking Yard Sale Donations:** King Kikima Grannies will be having a yard sale June 4, 8am-2pm @ the Lion's Hall, Wolfville. Funds raised are used to support children orphaned by AIDS in Africa, being raised by their Grandmothers. Donations to the yard sale will be accepted Fri. June 3, 9am-6pm at the Hall. **INFO:** bacain33@gmail.com

### FOR HIRE/PURCHASE:

**Interior/Exterior Painting:** Women in Rollers does accurate quotes, shows up on time to work, and performs to perfection. We even leave your home neat and tidy! Call today for your free estimate. **INFO:** Pamela, 902-697-2926  
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**Travel Planning Professional:** Denise MacMillan with The Destination Experts. Let's talk about your vacation! Free, no obligation quotes. Friendly, professional service. Valley based. **INFO:** 902-692-9581 / dmacmillan@TheDestinationExperts.com / FB/Denise.TravelPlanning  
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### ACCOMMODATIONS:

**For Rent:** One renovated room in business location downtown Kentville. Own entrance, private bathroom, shared waiting room. Excellent for starting up a business. **FEE:** \$350 plus HST per month, includes heat and utilities **INFO:** 902-678-2771  
**Looking for House/Pet Sitter:** We are looking for a house- and pet-sitter (one cat, one dog) for four weeks in the summer. We live 5 minutes from Wolfville, a car is potentially available. We're offering a \$500 incentive for your stay. If you think you're up for this, are responsible, mature, mostly at home during the day, and an animal-lover, we'd like to hear from you. References would be great. **INFO:** 902-697-2377 / joerg.tews@gmail.com

### GENERAL:

**Wolfville Intergenerational Choir (WIC):** Next year I am planning an exciting musical program sure to please everyone's musical tastes. We will be entering the Annapolis Valley Music Festival, which takes place next April. This is a fabulous way to learn new skills, sing out in our community and on stage for the festival! All ages welcome! (Formerly The Wolfville Community Chorus) **INFO:** susan\_dworkin@hotmail.com  
**The Adrian Campbell Scholarship Association:** We are pleased to announce that we have increased the Adrian Campbell Scholarship to \$1500. The closing date for applications is May 30. If you are a well-rounded Grade 12 student with a proven record of sportsmanship, academic success, and community involvement, please see online for application criteria and process. **INFO:** adriancampbell.org  
**Buskers Wanted:** Food truck Fridays at Stirlings (June 17-Oct. 30) is an opportunity for local buskers. **INFO:** 902-830-7244 / kate\_murphy100@hotmail.com

Susan Wedlock



Hillsburn is a self-described "Indie Rock" band that released its debut EP in October 2014, and achieved regional and national attention after placing in the top ten in CBC's Searchlight competition. The band's debut LP, *In The Battle Years*, came out March 11, 2016. They will be playing at the Evergreen Theatre Saturday, May 28 at 8pm. Visit [evergreentheatre.ca](http://evergreentheatre.ca) for more details.

**SW:** Let's start by listing your names and primary role in the band.

**Paul Aarntzen** - guitar, ukulele, vocals  
**Clayton Burrill** - guitar, vocals  
**Rosanna Burrill** - violin, vocals  
**Jackson Fairfax-Perry** - keys, sax  
**Clare Macdonald** - percussion

**SW:** So you are Hillsburn... what's the origin of that name?

**Rosanna:** Before we formed as a band, Paul lived in a small place on the Bay of Fundy called Hillsburn. We played together for the first time there so taking that name for the band felt like it made sense.

**SW:** What genre of music do you consider your work to be?

**Rosanna:** Indie-rock.

**SW:** Who are your major influences?

**Clayton:** We don't really identify any particular influences. We pull things from all of the music we've listened to over the years.

**SW:** How long have you all known each other? How did you meet?

**Rosanna:** Clayton and I are siblings. Paul and Clayton went to university together and have been good friends for about ten years. Jackson and Clare and I all studied music together in university and have known each other for five years or so.

**SW:** When did you form your band? What inspired you to make music together?

**Clayton:** We first played together in May 2014 and decided to start a band a couple of weeks after that. I had visited Paul in the winter of 2014, and helped him out with recordings he was working on of songs he'd written a month or so before. I was blown away by how good they were and told Rosanna we should both go down and play with him sometime just to see what would happen. When we actually got around to it, Jackson came along too, and things took on their own momentum pretty quickly after that. Clare joined us this January after we decided that we needed to make percussion a more integral part of our sound.

**SW:** Where have you performed? Any favourite venue or unusual venue that stands out? Where are you playing this summer?

**Rosanna:** We've been playing quite a bit around Nova Scotia in the last year. Our favourite show so far would probably be our album release show at The Company House in Halifax in April. It was sold out and the audience was fantastic. They knew all the words to the new record and were so enthusiastic. We'll be playing this summer at StanFest, Lunenburg Folk Harbour Festival, and the Montreal Folk Festival, among other places.

**SW:** Who writes your songs? What are the main themes or topics for most of your songs?

**Clayton:** Paul writes all of the songs. He treats them as short stories, essentially. They're all works of fiction. Generally, they deal with a lot of heavier themes — suicide, getting older, economic hardship — but have some hope and redemption mixed in too.

**SW:** What advice do you have for people who want to form their own bands?

**Rosanna:** Work hard. Rehearse a lot. Take it seriously.

**SW:** What has been your biggest challenge as a band? Have you been able to overcome that challenge? If so, how?

**Clayton:** I think for all of us, trying to make a living while giving the band the time it deserves has been a real struggle. It takes a long time to get to a point where you make any money doing this, and you've got to find a way to make ends meet in the meantime.

**SW:** Could you briefly describe the music-making process? What are your rehearsals generally like?

**Clayton:** Paul brings us songs in rough form. We almost never weigh in on the lyrics but, musically, he gives us the songs in pieces to arrange as a group. It can take a long time to get to a point where all five of us agree on an arrangement. Our rehearsals look different depending what we're working on. If we're working on a new song, we could spend hours on just that. If we're rehearsing for a show, we usually just run through things pretty quickly unless we identify a problem that requires some more focused attention. We take rehearsing pretty seriously and do it as often as possible. We try to get together at least twice a week but not at specific times. It really depends what else is going on.

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@ THE LIBRARY

Please note: All events are no charge/ registration unless otherwise stated. More information available at [valleylibrary.ca](http://valleylibrary.ca)

**Thursday 19, 26, 2**

**Babies and Books** – Memorial Library, Wolfville May 19, 26, 10am • Stories, songs and playtime. Newborn to 2 years, with caregiver. **INFO:** 902-542-5760  
**Fun & Fables** – Library, Windsor May 19, 26, June 2, 10:30-11:30am • Stories, songs, rhymes and craft time for preschoolers (ages 2-5) and their caregivers. **TIX:** no charge, but please register. **INFO:** 902-798-5424

**Lunch & Learn: Service Canada Programs & Services** – Isabel & Roy Jodrey Memorial Library, Hantsport May 26, 12-1pm • Bring your lunch and come learn about Service Canada programs and services for seniors. **INFO:** 902-684-0103

**Board Game Night** – Memorial Library, Wolfville May 19, 26, June 2, 7pm • For ages 12 and up.

**Friday 20, 27**

**Coffee & Conversation** – Library, Berwick May 27, 10-11:30am • Michael McIntyre, Pharmacist from Wilson's Pharmasave, is happy to answer health related concerns and questions. **INFO:** 902-538-4030  
**Fibre Ops** – Library, Windsor May 20, 27, 10am-12pm • For knitters, crocheters, hookers, spinners, and weavers. Bring your own project.

**Bookworms Preschool Storytime** – Murdoch C. Smith Memorial Library, Port Williams May 20, 27, 10:30-11:30am • Wriggle on in! We'll read, sing, play, and have tons of fun. Ages 3-5. **INFO:** 902-542-3005

**BusyBabies** – Murdoch C. Smith Memorial Library, Port Williams May 20, 27, 11:30am-12:30pm • For ages 0-2 and caregivers. **INFO:** 902-542-3005

**Girl Power! Mad Scientists In Training** – Rosa M. Harvey Middleton & Area Library, Middleton May 27, 6:30-8:30pm • For girls ages 10-15. Electronic devices are not permitted. **TIX:** no charge, but please register. **INFO:** 902-825-4835

**Saturday 21, 28**

**BraveHeart Babysitting Course** – Rosa M. Harvey Middleton & Area Library, Middleton May 28, 9-4pm • For ages 11 and over. Please bring a lunch. **TIX:** no charge, but please register.

**Tuesday 24, 31**

**Book in the Nook** – Memorial Library, Wolfville May 24, 10-10:30am • Suggested age: 3-5. Parent/caregiver accompaniment is required. **INFO:** 902-542-5760

**Fun & Fables** – Library, Windsor May 24, 31, 10:30-11:30am • Stories, songs, rhymes and craft time for preschoolers (ages 2-5) and their caregivers. **TIX:** no charge, but please register. **INFO:** 902-798-5424 /

**Network Knitting** – Library, Kentville May 31, 12-1:45pm • Come knit with us! We each bring our current knitting projects, and a lunch.

**Teen Buddies** – Library, Kentville May 31, 6:30-7:30pm • Members of Kentville Library's Teen Council will be on hand to read, colour, draw, build and play with kids aged 3-8. Parent or caregiver must remain in the library. **INFO:** 902-679-2544

**Wednesday 25, 1**

**Talk Sing Read! Storytime** – Library, Berwick May 25, June 1, 9:45-10:15am • Geared towards ages 0-5, but all ages welcome! **INFO:** 902-538-4030

**Babies & Books** – Library, Windsor May 25, June 1, 10:30-11am • A special one-on-one time for babies (0-24 months) & their caregivers with stories, songs, rhymes & social time. **INFO:** 902-798-5424

**Cozy Corner Storytime** – Isabel & Roy Jodrey Memorial Library, Hantsport May 25, 10:30-11:30am • For ages 2-6 and their caregivers.

**Storytime** – Library, Kentville May 25, 11-11:30am • Suggested age: 2-5. Parent/caregiver accompaniment is required.

**Fibre Craft** – Isabel & Roy Jodrey Memorial Library, Hantsport May 25, June 1, 1-3pm • For knitters, hookers, crocheters, weavers and spinners, or anyone who enjoys the fibre craft arts. Bring your own project. **INFO:** 902-684-0103

**Your Money, Your Life, Your Control** – Library, Windsor May 25, 6-7:30pm • Presented by financial consultant, Amanda Merrin. **INFO:** [amanda.merrin@investorsgroup.com](mailto:amanda.merrin@investorsgroup.com)

**Book Club** – Library, Kentville May 25, 7-8:30pm • Our last Book Club meeting before Summer. We are reading Ian Rankin's *Exit Music*. Everyone welcome. **TIX:** no charge **INFO:** 902-679-2544



Acadia University | 15 University Ave, Wolfville.  
902-542-2201 | Staffed Switchboard. 8:30am-4:30pm.  
agi@acadiau.ca – General Inquiries



## WHAT'S GROWING AT THE HARRIET IRVING BOTANICAL GARDENS – POLLINATORS

*Melanie Priesnitz, Conservation Horticulturist*

One of the best parts of being outside in nature everyday in the spring is watching life reawaken. Slowly, but surely, we welcome back the ladybugs, worms, songbirds, and pollinators to the garden. Spring is a season of revival, of blossoms, and of nesting. It is so rewarding to watch young birds nesting in trees that you planted in previous years. It is just as gratifying to watch bees busily buzzing around flowers that were planted with them in mind. When planting my vegetable garden each year, I always plant some for me and some for the pollinators.

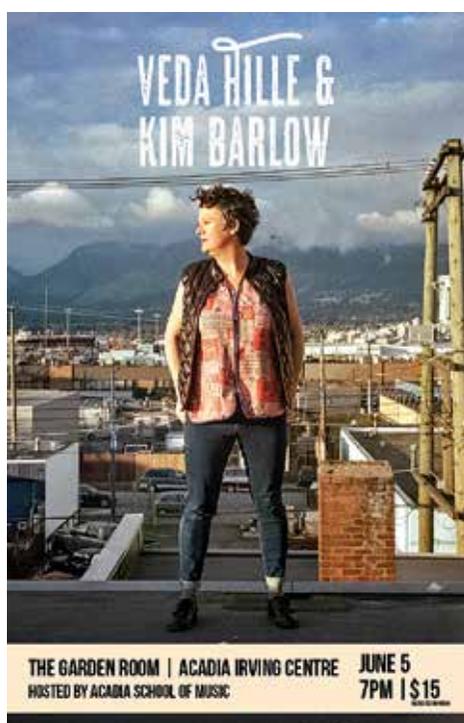
One of the best ways to support pollinators is to plant a wide variety of species that bloom throughout the season. Another important factor is to cut the use of pesticides and herbicides. It's not always popular, but we need to learn to also embrace the early bloomers, such as dandelions, as they provide an important food source when not much else is in flower. The late season asters and goldenrods, often thought of as weeds, are also vital for pollinators.

When planting your garden this spring, try to keep birds, bees, bats, and butterflies in mind. Instead of planting only your favourite vegetables, fruits, and flowers, plant favourites to pollinators as well. Many introduced flowers in the horticulture industry have been bred for the human eye, and do nothing to attract, or provide a food source for, pollinators. Native plants attract and support native bees.

Our food crops and wild plants rely on pollinators for survival. If we don't do our part to help increase populations of pollinators we

won't have the beautiful apple blossoms that we celebrate or the harvest to enjoy. Stop by the Harriet Irving Botanical Gardens to see native pollinators at work. We're open daily from dawn to dusk. For more information on supporting pollinators visit [www.seeds.ca/pollination](http://www.seeds.ca/pollination).

*Harriet Irving Botanical Gardens  
Acadia University  
[botanicalgardens.acadiau.ca](http://botanicalgardens.acadiau.ca)*



## LUCAS THE LION ROARS AT ACADIA

*Thomas Clahane*

The best way I can describe the experience of listening to Lucas Porter play piano is that it feels like balancing on a razor blade – the experience is so intense. On Sunday, May 1, the last of the Sunday Music in the Garden Room concerts for the year featured the young local artist who is well known to many in the area. He held the capacity audience (extra seating had to be brought in to meet the demand) spellbound as he drove his way through master works by the greatest piano composers in classical music.

Lucas has a musical portfolio that includes, among many other things, being the youngest to win the Glen Gould School Concerto Competition and twice placing first at the Canadian Music Competition. A composer in his own right, the Ottawa Citizen describes him as a "lion at the keyboard", and he showed his colours at this performance.

He opened with Beethoven's Sonata Op. 109 in E major -- cascading, dark, and swirling. In the third movement the tone becomes reflective, and for those close enough to see, Lucas appeared completely absorbed in the music, almost moved to cry. The piece moves on to a sharp, very defined, syncopated movement and resolves in waves of full-throated chords. The audience appeared emotionally drained as he moved to the second selection, the Consola-

tions 1-4 of Franz Liszt. This is a spiritual and very introspective piece, the mood of which was lightened by a young girl breaking the bonds of her mother and being chased almost to the piano by her slightly older sister. The blonde hair and youth in the sunlight provided a counterpoint to the melancholy tones of the piece. Lucas finished the first half with another piece by Liszt, the Ballade No.2. This was another opportunity for the lion to roar, and roar he did as the piece moved from roaring thunder to the sun breaking through storm clouds, and returning to cascading thunder to close the half.

After a well-needed intermission which afforded the audience a chance to catch a breath, Lucas returned with a second half of Chopin, and a beautiful and dreamlike Prelude Op.24 No. 3 by Rachmaninoff. He concluded with the Sonata in B Flat Major by Prokofiev -- a magnificent tour de force with machine-gun like bursts of notes and rolls of artillery thunder. Lucas got every ounce out of the instrument and left nothing inside when he was done. The audience responded with a roaring standing ovation, bringing him back for a second time to receive their appreciation for this stunning performance. Truly a magnificent conclusion to a wonderful season of programs in the Garden Room series.

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**MANAGEMENT/PREVENTION OF SPORTS/RECREATIONAL  
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## ACADIA COMMUNITY LEARNING PROGRAM

### LOOKING FOR VOLUNTEERS

*Sharon Churchill Roe*

The Acadia Community Learning Program is looking for volunteers to help support refugee families from Africa and the Middle East as they settle into their new homes in the Annapolis Valley. This summer (June 1 to August 18), Acadia University will work with local sponsoring groups and community members to provide life-skills and language-learning programs to meet the needs of newcomers adjusting to Canadian life.

With the involvement of nearly 40 newcomers, Acadia University staff members, and close to 25 volunteers on a daily basis, this will truly be a community effort.

**HOW CAN YOU HELP? VOLUNTEERS WILL BE NEEDED TO:**

- assist teachers in classrooms
- provide nursery care for preschool children
- transport families to and from the program

- offer recreational programming for youth
- assist in delivering additional programming in job-skills, life-skills, cooking, computer literacy, language, and more.

Volunteers must be 12 years or older, and need to have current Criminal Records Checks and Child Abuse Registry forms.

If you would like to volunteer, please contact John or Lana Churchill at [jchurchill@ns.symphatico.ca](mailto:jchurchill@ns.symphatico.ca) or 902-542-2186. If you are not available to volunteer, but would still like to help by donating school supplies or textbooks, please contact me at [Sharon.churchill@acadiau.ca](mailto:Sharon.churchill@acadiau.ca) or 902-585-1471.

Thank you for helping to make our newcomers successful Canadians!

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PRESTIGE AWARDS

## WBDC Annual General Meeting

The Board of the Wolfville Business Development Corporation welcomes all members of the Wolfville Business Community to join us at our AGM 7:00 – 8:30 pm on Wednesday, May 25 at Acadia's Wu Welcome Centre (Alumni Hall, east entrance).

Ericka Wicks, Wolfville's new Economic Development Manager, will give a short presentation outlining the Town's upcoming economic projects.

Come hear about WBDC's plans for the year ahead.  
We are looking forward to seeing you there.



# May Flavours Dinner & Auction

Saturday, May 28<sup>th</sup>, 5:30 PM

Wheelock Hall, Acadia University, Wolfville

## Gala Dinner

*Celebrating Local Foods and Beverages and  
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## Live and Silent Auction

**Dinner Tickets \$35, Food Summit Tickets \$75**  
**Dinner and Food Summit \$100 (HST INCL)**

Linda Best 902-542-3442 lbest@ns.sympatico.ca; Jayn Kenny 902-542-0002;  
Val VanOostrum at Just Us! in Grand Pré

May Flavours Dinner is part of the 2016 Nova Scotia Food Summit at Fountain Commons on Saturday from 11 am to 4:30 pm and on Sunday from 9 am to 3:30 pm including Peddler's Pot Food Truck Lunch. More information at FarmWorks.ca!

Sponsored by Friends of Agriculture Society to raise Funds for Farms and Food

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During the month of May, members of the Nova Scotia Physiotherapy Association will be handing out ballots to members of Annapolis Valley communities "Getting Caught" leading active lifestyles.

You can also enter by submitting a photo of yourself being active to our Facebook group ([Annapolis Valley Physio- GET CAUGHT!](#))

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