

THE GRAPEVINE

**ARTS
CULTURE
COMMUNITY**

May 5 - 19, 2016
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A FREE PAPER FOR THE PEOPLE WHO FIND THEMSELVES IN THE ANNAPOLIS VALLEY

ON THE COVER

ABOUT THE PHOTO

WHO: Stacey Dodge and her two daughters, Trinity (left) and Leah (right)

WHAT: Family photo session

WHEN: Fall 2015

WHERE: Dodge Farm - Wilmot, NS

WHY: This fun and energetic family had made a recent move home to the East Coast and are living on Stacey's family's farm. They wanted to document their family together at their beautiful new home.

ABOUT THE PHOTOGRAPHER

WHO: Carla Jessome

WHERE: Based out of Middleton, NS but shooting as far as Cape Breton Island

WHY: I've always had an interest in photography but since becoming a mother to two little girls preserving their memories has become so important to me. I love photographing people during important events, like weddings and birthdays, but what I truly love is capturing the little moments that are easily missed. A romantic kiss on the cheek, a silly toddler tea party or a daughter looking into her mama's eyes, these moments are fleeting and having them documented is a real treasure.

FOR THE REMARKABLE MOM



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WEBSITE: carlamariaphoto.wordpress.com

FACEBOOK: Carla Maria Photography

THE BERWICK AND DISTRICT SCHOOL GARDEN

Emily Leeson

The Berwick and District School garden is undergoing a springtime makeover. In collaboration with the Town of Berwick Community Garden volunteers, students and staff are learning how to plant, transplant, manage, harvest, and winterize their garden as the season progresses. The new and improved space will include raised planter boxes making it easier for gardeners to easily access their plants. Each homeroom class will schedule and manage their garden.

Planting plans started with a lottery with each classroom choosing their top picks of plants to be responsible for. The choices included everything from blueberries, raspberries, strawberries, and apples, to mint, lavender, pumpkins, and zucchini. The draw assigned each classroom their responsibilities and on April 6, the Berwick Community Gardeners, spearheaded by Monica Franey and Sarah McDonald Hiltz, started the kids off on the right track with planting clinics for each class. The school garden shed is packed with all the right supplies: watering hose, buckets, weeding tools, etc., and the kids are now caring for the seedlings inside.

Plans are already in place for the garden to thrive throughout the school year and beyond. Over the summer months volunteers will help weed, water, and harvest, and in the fall the students can pick up where they left off - managing and harvesting their garden.

According to Principal Cindy Dickie, "Harvests will go to the class, the cafeteria, breakfast



program, or even home with students. Each class may come up with their favourite recipes, or provide "try it" days for other classes, etc. The sky is the limit! We will have to see what creative ideas for learning we can think of."

The ongoing project is really a whole community effort, one that Principal Dickie, her staff, and the students are very obviously grateful and proud to be part of, "We have a wonderful resource at our school - our Garden. The challenge is that in order for this to be a learning opportunity and something that enriches the experience and health of our students, we need to strategically use it! Gone are the days where a 'club' could manage this initiative. We all need to take part - many hands... lighter work... better learning... useful garden!"




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WHO'S WHO: MARK WAINMAN: SEA OF TALENT!

Mike Butler

Ladies and Gentleman let me introduce you to a splendid man! He's a very talented, friendly, and outgoing individual who is truly leaving his MARK on the Valley theatre scene and his name is Mark Wainman.

Mark was born in Windsor and raised in Brooklyn, where he attended Brooklyn District Elementary and Hants West Rural High School. He is the oldest of three with a brother, Matthew, and a sister, Jodi. Mark studied English Literature with a minor in Music at Mount Allison University from 2002-2007 before returning home. He currently lives in Wolfville where he moved in 2010 to be closer to work. Mark was the Restaurant Manager for the New Minas McDonald's for quite a few years before he was promoted to the Operations Manager role, which had him traveling from Digby to Halifax advising about ten restaurants. All of this traveling for McDonald's made Mark McTired so he decided he needed a McChange.

He says, "I'm currently a college instructor in the Business faculty at Eastern College in Halifax, where I've been since late 2014. I loved my job with Jus-Mar Investments (McDonald's) but I had always wanted to teach, and so when this opportunity presented itself, I knew I had to take a risk and go for it. Teaching at college allows me to pass my passion for business on to students. As a teacher you can get very invested in the successes of your students, and that keeps me coming to work each day. I work with a great team at Eastern College and I look forward to continuing in this new career."

I met Mark through the wonderful world of live community theatre at Quick as a Wink (QAAW), in Windsor, and I am so fortunate to have worked with Mark and watched him at work in the theatre. His passion is really something to behold. When Mark is not at work he is dedicated to family, friends, and theatre. Theatre has been a passion of his since he was a kid. From his first role as Dracula in *Monster Madness* with Roger Taylor, Mark was hooked. Mark states, "I've always been very introverted, so I think I latched on to theatre as an outlet. I found early on that I could sing in front of a couple hundred people



Photo Credit: Mark Wainman

without anxiety, but that I was a nervous wreck in small groups. Theatre helped me overcome that anxiety, and I truly believe my experiences on the stage allowed me to develop the skills that carried me through my professional career."

Over the years Mark has been involved in many performances. Since 2012, his efforts have been focused on the Quick As A Wink Theatre Society, based in Windsor. QAAW has been around since 2003 and has grown quite significantly, putting on four shows most years. Mark gets involved as much as he can by being on the Board of Directors for three years, acting in a few shows (*Glory Days*, *42nd Street*, *Annie*), and directing three musicals (*Oklahoma!*, *Little Shop of Horrors*, *You're A Good Man, Charlie Brown*). Mark says, about one of his favourite roles, that he "had a lot of fun playing Drake the butler in the 2016 production of *Annie*, but my favourite role was probably Will Parker from *Oklahoma!*"

Directing is his latest passion. Mark will be directing the much-anticipated Fall 2016 production of *Into the Woods*, and he couldn't be more excited. This show is one of his favourites and to be able to direct it is a huge goal of his, but what's up next for Mark is pretty challenging too. Mark's next gig is the role of King Triton, ruler of the sea, in *The Little*

Mermaid. Mark states, "QAAW puts on some pretty big shows, but this one could have the largest cast yet. People really love this show! It puts a lot of pressure on us as actors as we have these iconic Disney characters who kids love and who many adults have grown up with and we have to live up to those expectations."

King Triton is a powerful character and he has some great songs and I know Mark is really looking forward to stepping into his shoes... er fins... in June. As an audience member, I can't wait to dive Under the Sea and be a Part of that World! *The Little Mermaid* will play the Kings-Edgehill Fountain Hall theatre on June 3, 4, 10, 11 at 7pm with special 2pm matinees on June 4, 5, and 11. Tickets are on sale now through the Quick as a Wink website (www.quickasawinktheatre.ca).

Mark's future goals make me breathe a sign of relief, as he hopes to stick with theatre in some capacity for as long as he can. QAAW recently bought a piece of land and they've constructed a storage/workshop building on it already. The plan is to start a capital campaign to raise funds to build a brand new theatre. Mark intends to see that project through and that could take some time. It's a dream and it will take lots of hard work but is attainable with the help of the community.

Mark hopes to continue teaching, and he'd like to develop a Business Management curriculum that will produce job-ready students who can help take businesses to the next level. He's got the groundwork laid for it, so that's a project that will take up his time for the next while. For now, all his world's a stage and with shows on the horizon, theatre projects in mind, and the drive to produce brilliant local theatre, Mark is someone to keep an eye on! Check out *The Little Mermaid* in June and *Into the Woods* this Fall... there's a sea of talent out there and Mark is King!

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Keith Irving
MLA Kings South

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THE GRAPEVINE QUESTIONNAIRE: DAVID FRANCEY

Susan Wedlock



David Francey is a Canadian folk singer-songwriter. Born in 1954 in Ayrshire, Scotland, Francey immigrated to Canada with his family at age 12. After spending much of his life doing labour such as

carpentry, he began a career in folk music, quickly making a name for himself on the folk festival circuit where he continues to perform. Already a 3-time Juno Award winner he is nominated for a fourth for his latest CD entitled "So Say We All"

David will be performing at The Evergreen Theatre in Margaretsville on May 5. For information, visit evergreentheatre.ca

WHAT ARE YOU MOST PROUD OF?

Family and Friends. If those people like me I must be doing something right.

WHAT WOULD YOU TELL YOUR SEVENTEEN-YEAR OLD SELF? You're in for a great ride.

WHAT DO YOU LOOK FOR IN A FRIEND?

What I need to find.

IF YOU COULD CHANGE ONE THING ABOUT YOURSELF WHAT WOULD THAT BE?

My hair. I'd like my son's hair.

WHAT MUSIC ARE YOU LISTENING TO THIS WEEK?

Chris Coole & The Tumbling River.

WHAT MAKES YOU HAPPY?

Things too numerous to mention.

WHAT MAKES YOU MISERABLE?

Things too numerous to mention.

DO YOU HAVE A MOTTO?

On we go

WHAT DO YOU DREAD?

Dying in a plane crash.

WHAT MAKES YOU EXCITED?

Not dying in a plane crash.

WHAT IS THE FIRST ITEM ON YOUR BUCKET LIST?

I think I'm living my bucket list thankfully. There always seems to be something exceptional ahead.

WHAT WAS THE BEST THING YOU HAD TO EAT RECENTLY?

A Jimmies Red Hot and fries in Chicago.

WHAT ARE YOU READING CURRENTLY?

Bagombo Snuff Box, Short Fiction, Kurt Vonnegut.

WHICH MOVIE WOULD YOU RECOMMEND?

The Princess Bride.

IF YOU COULD BE ANYTHING YOU WANTED TO BE WHAT WOULD THAT BE?

A Professional Athlete - hockey or soccer.

WHAT IS YOUR FAVOURITE MATERIAL POSSESSION?

All our family photographs - irreplaceable memories.

WHERE WOULD YOU LIKE TO BE ON YOUR LAST DAY ON EARTH?

Leaving for Mars... from Australia.

WHAT ARE YOU REALLY GOOD AT?

Certainly not filling out questionnaires. Désolé.

WHAT IS YOUR HOBBY?

Photography

WHAT DO YOU REGRET?

Things too numerous to mention.

WHAT IS YOUR PET PEEVE?

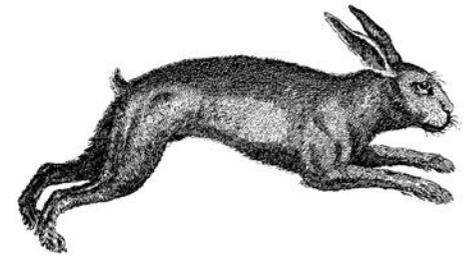
Text spelling.

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IS BROUGHT TO YOU BY AN AMAZING TEAM OF CONTRIBUTORS:

EMILY LEESON *Editor*
 GENEVIEVE ALLEN HEARN
Operations Manager
 JAMES SKINNER
Distribution Coordinator, IT
 JOCELYN HATT *Art Director*
 MONICA JORGENSEN
Events & Lists
 ZOE D'AMATO *Sales*
 DONNA HOLMES *Copy Editor*

ALEX HICKEY & WILLIAM
 ROBERTS *Design, Typesetting
 and Layout*
 CONTRIBUTORS: Mike Butler,
 Genevieve Allen Hearn,
 Scott Campbell, Donna
 Holmes, Garry Leeson,
 Avery Peters, Laura Churchill
 Duke, Melanie Priesnitz,
 Thomas Clahane, Regan
 Alford, Susan Wedlock, Mar-
 garet Drummond, Lee-Ann
 Cudmore, Sarah Anderson,
 Angela Reynolds.

ALLAN WILLIAMS
Eat to the Beat
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 Bishop, Julie and
 Mugen Page, Jaden
 Christopher, Curran
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 GENERAL INQUIRIES: info@grapevinepublishing.ca
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 Hospital, Save Easy
COLDBROOK: T.A.N. Café,
 Callister's Restaurant
BERWICK: North
 Mountain Coffee, Union
 Street Café
KINGSTON: Library,
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GREENWOOD: Country
 Store



RANDOM ACTS OF KINDNESS

Experienced a random
 act of kindness recently?
 Share with us:
submissions@grapevinepublishing.ca

I would never call myself a victim of high school bullying, simply because I never truly felt like a victim. I did have a handful of older girls try to embarrass me for my choice of style from time to time, but most often they just made me laugh. But there was one older girl that, although we had never had a conversation before, seemed to point her teenage anger at me. She would stand at the end of the hallway and hurl names and curses at me and snicker with her friends. I made a point to always walk past them and not take the long way around as a show of defiance. Other than that, I hardly thought of her at all. Years later, after we were both well out of

high school, I went into a convenience store and this girl, grown up, was the cashier. She kindly rang me through and as she was giving me back my change said, "I don't know if you remember me but I went to the same high school as you. I was so horrible and mean to you and I honestly don't know why. I wasn't a happy teenager. I'm really sorry." I thanked her and assured her there were no hard feelings. She didn't have to say anything at all but she warmly owned up and apologized. I think we both felt great about it.

FURRY FEATURE

Dixie is approximately two years old. A classic tabby with expressive markings and bright green eyes, she is a quiet, friendly girl that gets along with other cats and would fit in well in any home environment.

You can meet Dixie at the Nova Scotia SPCA Kings branch, Tuesday to Thursday from 11am to 7pm, or Friday to Sunday from 10am to 4pm. Check us out online at spcans.ca/kingscounty, or look us up on Facebook, or contact us at 902-538-9075.

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you provide a safe space for kittens, or a mom cat to raise her kittens until they are old enough to come back to us to find forever homes. A very rewarding experience that is no cost to you! We can cater to your situation and find a foster solution that will work well with your availability. Please contact us today to get started!

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MIKE UNCORKED: ANNAPOLIS VALLEY SHOOTING SPORTS CLUB, HIGH CALIBER FUN!

Mike Butler

Do you like guns? I know that's a loaded question, but... outside of a pellet, BB, squirt, or theatre prop gun, I had never actually held or shot a gun until last week! I am 37 years old and I have no problem admitting that I've never had the occasion to handle a gun, required the means of a gun, or participated in any gun-related activities. I am quite a non-violent, non-confrontational, fairly passive, non-sporty type of human being who has never been presented with the idea of enjoying guns and the sport of shooting. But here in the Valley, there's a very unique place called the Annapolis Valley Sports Shooting Club (AVSSC) that promotes the safe usage of guns and the sheer enjoyment of using guns for sport.

With the help of AVSSC president John Robinson (via email), and Jeff Skaling (the best tour guide ever), I recently had the pleasure of getting the grand tour of the facility and trying out some of the guns and I want to tell you all about it.

With bundled nerves and wearing my best woodsman, gun-toting clothing ensemble, I drove up to the shooting club, located at 377 White Rock Road, Canaan, and met Jeff. I told him that the only thing I'd ever shot off was my mouth. To make sure that didn't happen again, I brought raspberry sconces for us to eat while he gave the tour. Jeff's enthusiasm, knowledge of the club, and constant push on the importance of safety at the club, put me at ease instantly.

A bit of background from John Robinson: "The Annapolis Valley Shooting Sports Club was incorporated on June 1, 1960. It was

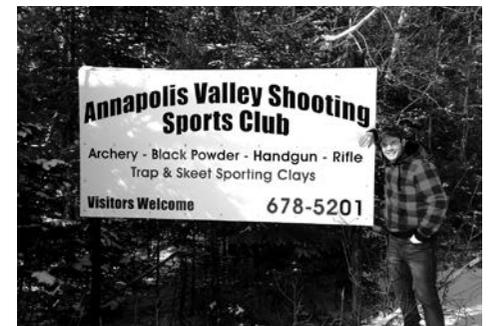


Photo Credit: Mike Butler

founded in 1958 by a group of local trap and skeet shooters. At that time the club had 15 members and was located on Mee Road outside Kentville. Within two years, membership had grown to about 40. The club continued to be active at the Mee Road location until 1970 when surrounding housing developments forced the club to find new facilities, and one which could include handguns and rifles. In 1971 a 225 acre abandoned farm in Canaan was purchased and the rest is history."

The club is quite a fascinating place with a clubroom with fireplace, a full kitchen, a loading room, two washrooms, an entrance way, and a 20 meter indoor range used by

Mike Uncorked - Continues on p 5

Mike Uncorked – Continued from p 4

handgun, small bore rifle, and archery disciplines. The club now consists of five active sections including Archery, Black Powder/Cowboy Action, Handgun, Rifle, and Shotgun. Indoor facilities have changed very little over the years, however, their outdoor facilities have been dramatically upgraded to include separate ranges and some field courses for all of the five sections. This allows both competitive and recreational family shooting to be carried out 24 hours a day, year round.

John's role as president (since 1998) includes handling the public relations side of the club, and arranging the events that are open to the general public, etc. If you have any questions, or wish to have a tour of the facility, or want to book an event etc., you can email him at jrobinson@avssc.ca or check out the very detailed website at avssc.ca.

The mission of the AVSSC is to provide a safe recreational shooting experience for its mem-

bers and guests and to promote the shooting sports, as well as offer shooting opportunities to its new and experienced members through education, instruction, and events. As a first-time shooter, this mission statement was very important to hear and at no point, while having my tour, did I feel unsafe or in harm's way. Jeff was a terrific guide and stressed the importance of being alert at all times, keeping myself and others around me safe. Jeff wouldn't even let me hold the gun until long after I understood the responsibilities needed to aim, shoot, and be safe with the firearm.

So how did I do? Well, I tried three different guns, each with a different caliber bullet and, according to Jeff, I did pretty well for my first time. I was able to stay focused, aim properly, place my hands and feet correctly, and I even hit the targets! It was a very enjoyable experience and I can't wait to revisit the club to try the rifle range and the archery course. And if you're wondering... yes, I screamed a

bit! Those guns pack a punch!

Each section of the AVSSC holds events all year long. On March 26 the AVSSC held a Ladies Day event that included over 80 female shooters and it was deemed a grand success! The next Ladies Day is Saturday September 17, 1pm - 4pm and I would sign up now if I were you!

The Club's biggest event, which is open to the general public, is their Open House and Family Day being held on June 11 from 10am to 4pm. During that day, they hold their annual Team Challenge event, where teams of 5 compete in various shooting disciplines for the Team Challenge trophy. Last year Team K-ROCK won and must defend their title. John and Jeff both encourage everyone to attend the Open House & Family Day event in which the whole club is showcased, with all the various shooting disciplines represented.

The club, like other social groups, thrives on the friendships of its 500 plus members – young and old, student and retired, diverse but all with the common love of shooting sports. They all come together for the betterment of not only the club but also the shooting sports in general. They teach, mentor, and instruct the Canadian Firearm Safety Courses (PAL), Hunter Education Course, Bow Hunter Education Courses, plus their Junior and Intermediate Shooting Programs. They also set up an in-house Orientation Program where ALL new members must complete their Orientation Probationary requirements before becoming full members. It's always safety first and this tool is what fuels the enjoyment of the club!

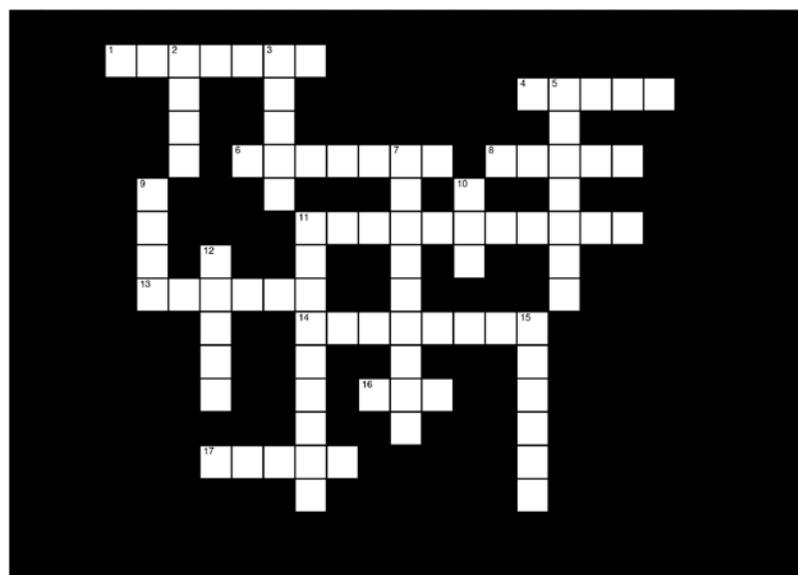
It was a blast so my advice is... why not give it a shot everyone?



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WIN! Complete this crossword, then submit it to Naked Crêpe for your chance to win a dessert crêpe! Just leave your contact information below this puzzle & submit the puzzle.
Last winner was Andrea Ellis

MY MOM'S AN ANIMAL Donna Holmes



Across

- To aid pregnant dolphins in delivering their babies, another dolphin will take on a ___ role.
- Blue ___ mommies have babies that average around 7 meters long and weigh 2.5 tonnes!
- What did the mommy cow say to the baby cow? It's pasture ___! :O)
- A pregnant polar bear must gain 400lbs or else her body will reabsorb the ___ (unborn cub).
- Elephants live in a ___ (not patriarchal) society and other females help with raising the calves.
- What did the mommy whale call her calf? Little ___ (focused splash of water)! :o)
- What mom in the animal kingdom gives birth to the biggest babies on land?
- An Alligator mom carries her newly hatched babies in her ___ (teeth home), assisting them from nest to water and protects them there.
- Cheetah moms give ___ to 4 to 6 cubs per litter.

Down

- When a momma octopus blows water over her eggs to oxygenate them, she's unable to feed and so usually ___ soon after her eggs hatch.
- A Koala gets her babies to eat her ___ (less cute word than 'poo') to build up a tolerance for their highly poisonous eucalyptus leaves diet.
- Emperor penguin moms walk 50km & back to catch & regurgitate fish for the newly ___ chick.
- ___ mommas carry their young in pouches.
- Momma octopuses lay over 50,000 ___.
- Mom wolf spider carries her eggs in a sac until they hatch (and after). Sometimes she eats ___.
- Pregnant polar bears dig ___ (not paternity) dens and go into hibernation for about two months.
- Orangutan mommies ___ their offspring for about six to seven years before weaning them.
- Baby Snake: "Are we poisonous?" Mom Snake: "Yes son. Why?" Baby Snake: "I just bit my ___!"

NAME: _____

CONTACT: _____

EAT TO THE BEAT

(Schedule subject to change)

THURSDAYS: 5, 12, 19

Edible Art Cafe (New Minas): Marshall & Lake (5th, 12th, 19th) 12pm

Troy Restaurant (Wolfville): Ron Edmunds Duo (5th, 12th) 6pm

Spitfire Arms Alehouse (Windsor): Open Jam Session (5th, 12th, 19th) 7pm

Kings Arms Pub by Lew Murphy's (Kentville): The Tony & Lenny Show (5th, 12th, 19th) 7:30pm

Library Pub (Wolfville): Tony Wood (5th, 12th, 19th) 8pm

Paddy's Pub (Kentville): The Hupman Brothers (5th, 12th, 19th) 9pm

Paddy's Pub (Wolfville): Trivia Night (5th, 12th, 19th) 9pm

The Anvil (Wolfville): DJ (5th, 12th, 19th) 10pm

FRIDAYS: 6, 13

Edible Art Cafe (New Minas): Marshall & Lake (6th, 13th) 12pm

Kings Arms Pub by Lew Murphy's (Kentville): Paul Marshall (6th), The Groove Kings (13th) 5:30pm

Blomidon Inn (Wolfville): Jazz Mannequins (6th, 13th) 6:30pm

Joe's Food Emporium (Wolfville): Test of Time (13th) 8pm

Spitfire Arms Alehouse (Windsor): George Carter Trio (6th), Hal Bruce (13th) 8pm

Union Street Café (Berwick): Open Mic (6th, 13th) 8pm

Dooly's (Greenwood): Open Mic/50+ Singles Meet and Greet (6th) 8pm-12am

Oaken Barrel Pub (Greenwood): Lost Vegas (6th), Ted Wallace (13th) 8pm

Doolys (Greenwood): Open Mic with The HiLites (6th) 8:30pm

Dooly's (New Minas): Karaoke w/Denny Miles (6th, 13th) 10pm

West Side Charlies (New Minas): DJ Lethal Noize (6th), DJ Billy T (13th) 10pm

The Anvil (Wolfville): DJ Giordani (6th) 10pm

SATURDAYS: 7, 14

Edible Art Café (New Minas): Carl Boutilier (7th), John Tetrault (14th) 12pm

Farmers' Market (Wolfville): Pennybrook (7th) 10am, Donna Holmes (14th) 9:30am

The Library Pub (Wolfville): Bob and Ro (7th, 14th) 2pm

The Noodle Guy (Port Williams): Ariana Nasr sings PIAF (7th) \$40 6pm

West Side Charlie's (New Minas): DJ Billy T (7th), DJ Lethal Noize (30th) 10pm

Spitfire Arms Alehouse (Windsor): Glen Bob & The Boot (7th), Gordon Tucker & Friends (14th) 8pm

King's Arms Pub by Lew Murphy's (Kentville): Shawn Hebb Trio (7th), Take 3 (14th) 8:30pm

Oaken Barrel Pub (Greenwood): Country Night (7th) 9pm, Groove Kings (14th) 8pm
Tommy Gun's (Windsor): Music Videos (7th, 14th) 10pm

Union Street Café (Berwick): Songwriters Circle (7th) \$20 +fee & tax, Amelia Curran (14th) \$20 +fees & tax 8pm

SUNDAYS: 8, 15

Paddy's Pub (Wolfville): Paddy's Irish Session (15th) 8pm

The Noodle Guy (Port Williams): Ariana Nasr sings PIAF (8th) \$40 5pm

MONDAYS: 9, 16

Paddy's Pub (Wolfville): Open Mic w/Hilites Group (9th), w/Micah (16th) 8pm

Edible Art Café (New Minas): Ron Edmunds Band (9th, 16th) 12pm

TUESDAYS: 10, 17

Paddy's Pub (Kentville): Irish Jam Session (10th, 17th) 8pm

The Port Pub (Port Williams): Open Mic (10th, 17th) 7:30pm

Edible Art Café (New Minas): Ron Edmunds Band (10th, 17th) 12pm

TAN Coffee (Wolfville): Open Mike & Donna (10th, 17th) 8pm

WEDNESDAYS: 11, 18

West Side Charlie's (New Minas): Billy T's Karaoke (11th, 18th) 9pm

Edible Art Café (New Minas): David Filyer (11th, 18th) 12pm

Farmers Market (Wolfville): Malia Rogers (18th) 5pm

WEEKLY EVENTS

PLEASE NOTE: Event information may change without notice.

THURSDAYS

Open Studio – The Bread Gallery, Brooklyn 10am–2pm. Also Tuesdays. • Weekly drop-in session open to artists and crafters working in all mediums. All you need to take part is to show up with a project! *TIX:* no charge *INFO:* 902-757-3377 / managerbreadgallery@gmail.com

Gab and Grub Social – CMHA Kings County Branch, Kentville 1–3pm. Social time for adults who independently live with mental illness, including anxiety and depression. *FEE:* no charge *INFO:* 902-670-4103 / club@cmhakings.ns.ca

The Hantsport Seniors & Elders Club "Drop-in" – St. Andrews Church Hall, Hantsport 1–4pm. Play an assortment of games with a tea-break at 3pm. All ages! *INFO:* 902-352-2085 / davidold@eastlink.ca

In the Round Knitting Group – Gaspereau Valley Fibres 1–4:30pm. Also Tuesdays 6–9pm. Bring your knitting, rug hooking, spinning, or felting. *INFO:* 902-542-2656 / gaspereauvalleyfibres.ca

Meditation – Healer's Emporium, 49 Water St., Windsor 6pm. All levels welcome. *FEE:* donation *INFO:* Mary, 902-306-0385

Taekwondo – Baptist Church, North Alton 6:30–7:30pm (kids), 7:30–8:30pm (adult). Also Tuesdays • Exercise, self defense, respect, listening skills, focus, self discipline and tremendous confidence. Instructor is a 4th degree black belt. *TIX:* no charge to try a class *INFO:* 902-670-8714 / devin@ennissecurity.ca

Boardgame Night – C@P Lab, Wolfville Public Library, 7pm. Bring your games! Ages 12+ *FEE:* no charge *INFO:* 902-790-4536 / turpin56@gmail.com

NonDuality Meetup – Manning Memorial Chapel, Wolfville 7pm–9pm. Every other Thursday (Next: May 12). A non-denominational group of people, who get together to discuss life and our place in the scheme of things. 19+ *FEE:* no charge *INFO:* 902-365-5235 / johnotvos@hotmail.com

Tremont Board Game Café – Tremont Hall, 738 Tremont Mountain Rd., 7–9:30pm, every 1st and 3rd Thursday (Next: May 5, 19). Many of the newest and coolest games in a friendly and relaxed environment. *FEE:* no charge *INFO:* 902-765-4326

Music Jam – Community Center, Cambridge 7–10pm. 50/50 tickets. Refreshment donations appreciated. Proceeds for hall upkeep. *TIX:* \$2 minimum entry *INFO:* 902-538-9957 / gands@xcountry.tv

Jam Session – Community Centre, Wilmot 7–10pm • Jam session with snack *TIX:* \$2 *INFO:* 902-825-3125

FRIDAYS

Fibre Ops Fridays – Library, Windsor 10am–12pm • For knitters, crocheters, hookers, spinners, and weavers. Bring your own project. Everyone welcome. *TIX:* no charge *INFO:* valleylibrary.ca

Art for Wellness – Canadian Mental Health Association, New Minas 1–4pm. An arts and crafts program for adults who live independently with mental illness, including depression and anxiety. All materials provided. *TIX:* no charge, but please pre-register. *INFO:* 902-670-4103 / club@cmhakings.ns.ca

Chase the Ace – Royal Canadian Legion, Berwick 5pm. Chase the Ace drawn at 7:15pm, light supper served 5–7pm *TIX:* \$5 Chase the Ace, \$7 supper *INFO:* 902-375-2021 / rubyl@eastlink.ca

Chase the Ace – Curling Club, Middleton 6:30–8pm • Winning ticket is for 30% of the evening ticket sales plus the chance to pull the Ace of Hearts for the Jackpot. Draw at 8pm. Enjoy playing cribbage,

Crokinole, Yahtzee in the dining hall. *TIX:* 3 tickets for \$5. *INFO:* 902-825-2695 / bemorine@hotmail.com

Fun Night – Legion (downstairs), Kentville, 7pm. Variety of music. 50/50 tickets available. *FEE:* \$2 *INFO:* kentvillelegion@eastlink.ca

Friday Night Jam – Royal Canadian Legion, Wolfville, 7–10pm. *INFO:* 902-542-5869 / wolfvillelegion@gmail.com

SATURDAYS

Wolfville Farmers' Market – DeWolfe Building, Elm Ave., Wolfville 8:30am–1pm

May 7 Music: Pennybrook

May 14 Music: Donna Holmes

INFO: wolfvillefarmersmarket.ca

Peace Vigil – Post Office, Wolfville 12–1pm

Drop in and Drum! – Baptist Church, Wolfville 1–2:30pm. W/Bruno Allard. Drop in for a hands-on workshop & jam. Learn to play the djembe with rhythms & songs from West Africa. Everyone welcome, drums provided. *FEE:* \$5–10 *INFO:* brunoallard7@gmail.com / facebook: Djembes and Duns Wolfville

Chase the Ace – Legion, Kingston 1–3pm. Tickets are 3 for \$5. Draw will take place by 3:30pm. Must be 19+ to play. License # AGD 107472-15 *INFO:* 902-765-4428 / legion98sect@eastlink.ca

Valley Game Night – Gametronics, New Minas 6pm. Board game/card game group. Yu Gi Oh – Thursdays, 6pm. Friday Night Magic (Magic: The Gathering) – Fridays, 6pm *FEE:* no charge *INFO:* facebook.com/GameTronics

SUNDAYS

Port Williams Flea Market – Square Professional Centre, 8am–1pm. Lots of vendors and bargains! We accept donations for the local food bank. *INFO:* donilaporter@yahoo.ca

MONDAYS

Free Community Walking/Running – Acadia Athletic Complex, Wolfville 6-9am & 6-9pm (Mon.–Fri.). On the indoor & outdoor track. *FEE:* no charge *INFO:* 902-542-3486 / sread@wolfville.ca

Painting Morning – Recreation Centre, Wolfville 9:30am–12pm. W/Evangeline Artist Cooperative. Bring your own projects to work on & be inspired by like-minded artists. *FEE:* \$2

INFO: Susan, 902-542-4448

Harmonica Jams – Sobey's Community Room, New Minas 10–11:30am. Light music: country, waltzes, jigs & reels. All levels welcome, bring your harmonicas. *FEE:* no charge *INFO:* Lloyd, 902-681-3711 / Ed, 902-678-4591.

Women on Wheels – Rec Centre, Kentville 6pm • A weekly cycling skills development and fitness program for women. Rides are at a relaxed pace, usually on the rail trail. Bring your bicycle, a helmet, and join us! *FEE:* no charge *INFO:* 902-679-2539 / recreation@kentville.ca

Windsor Game Night – Library, Windsor 6pm. Board game group. New players welcome! *FEE:* no charge *INFO:* meetup.com/valleygames / turpin56@gmail.com

The Berwick Makery – Berwick District School "Hive" (former Family Studies Room) 6–8pm. Hang out, work on projects, learn new skills, and teach each other!

May 9: Board Game Night

May 16: Clothing Refashions

INFO: theberwickmakery.wordpress.com/ classes

Toastmasters – 2nd Floor, Irving Centre, Acadia 6:30–8pm. Communicative skills to enhance peaceful

and effective dialogue. *INFO:* Chris, 902-691-3550 / vppr.wolfville.tn@gmail.com

Musical Jam Night – Community Hall, 659 Victoria Rd., Millville 7pm. Bring your instrument or just relax & listen to the sounds. *INFO:* cadavis@nspes.ca

Kings Community Concert Band – Bishop's Hall, Greenwich 7:15pm. Music with a little challenge. New members (all band instruments) welcome. Some instruments available for use. *INFO:* Andrea Lynn, 902-542-4158 / eyelyn@eastlink.ca

Insight (Vipassana) Meditation – Manning Memorial Chapel, Acadia, 7:30–8:30pm. Weekly meditation sitting group. Drop ins welcome. 45 minute meditation followed by a short discussion. *FEE:* free-will offering. *INFO:* 902-365-2409

TUESDAYS

Friends in Bereavement – Western Kings Mem. Health Centre, Berwick 10am–12pm. 1st & 3rd Tues. each month (Next: May 17). VON Adult Day Program Room (main floor). *INFO:* 902-681-8239 / friendsinbereavement@gmail.com

Rug Hooking – 57 Eden Row, Greenwich 1–3:30pm. Drop-in rug hooking. *FEE:* donation *INFO:* Kay, 902-697-2850

Friends in Bereavement – United Baptist Church, Kentville 2–4pm. 1st & 3rd Tues. each month (Next: May 17). Left parking lot entrance, sponsored by Careforce. *INFO:* 902-681-8239 / friendsinbereavement@gmail.com

Toastmasters Club – Birchall Training Centre, Greenwood 6:30pm. Develop leadership skills using a variety of tools including speaking off the cuff and speaking in public. Guests always welcome! *TIX:* no charge *INFO:* Christine, 902-825-1061 / CFernie.CA@gmail.com

Learn Irish Music – Paddy's Pub (upstairs), Kentville 7–8pm. Bring your instrument & learn to play traditional music in a relaxed, convivial setting. *FEE:* no charge *INFO:* 902-697-2148 / slowsession@outlook.com

Valley Voices – Kentville Baptist Church CE Centre, 7–9:30pm. Until end of May. Valley Voices is a female a cappella show chorus. Interested women of any age are welcome. *INFO:* valleyvoices.org

Sign Language Classes – Community Hall, Millville 7–9pm. Learn sign language or build on what you already know. Cost is to cover hall rental. *FEE:* \$3 *INFO:* Shirley, 902-847-1736 (call or text)

Village Dancing – Curling Rink (upstairs), Wolfville, until end of May. Traditional Balkan and Middle Eastern no-partner-style dances. Easy-to-learn, good exercise, great music from Greece, Bulgaria, Turkey, Israel and more. Expert instruction. Introductory level 7:30–8:30pm. Advanced and request session till 10pm. *FEE:* \$7 per session *INFO:* 902-690-7897

Valley Scottish Country Dancers – 125 Webster St., Kentville, 7:30–9:30pm. All levels, no partners needed. Feb. 2–May 3. *FEE:* \$6/class, \$60/term. *INFO:* 902-542-5320 / vscd.info

Board Game Night – Paddy's Pub, Wolfville 8pm–12am *TIX:* no charge *INFO:* 902-542-0059 / judy@paddys.ca

Cardio Kickboxing – Baptist Church, North Alton 8:30–9:30pm. Adult-only class to improve coordination, strength building, cardiovascular improvements, self defence, stress reduction, and weight reduction, taught by a 3rd degree black belt in Taekwondo. *TIX:* no charge for 1st week of classes *INFO:* 902-365-5660 / devin@ennissecurity.ca

WEDNESDAYS

Wolfville Breastfeeding Support Group – Library (upstairs), Wolfville 10am–12pm. *INFO:* facebook.com/AnnapolisValleyBreastfeedingSupportGroups

Kentville Farmers' Market – Lion's Club, 78 River St., Kentville 10am–2pm. Open year-round. *INFO:* marketmanager@kentville.ca / kentvillefarmersmarket.ca

Insight (Vipassana) Meditation – Vaughan Memorial Library (Quiet Reading Room), Acadia 12:15–12:45pm. Door opens 12pm. Weekly meditation sitting group. Drop-ins and beginners welcome. Free will offering. *INFO:* 902-365-2409 / laurabourassa@msn.com

Wolfville Farmers' Market – DeWolfe Building, Elm Ave., Wolfville 4–7pm

May 18 Music: Malia Rogers

INFO: wolfvillefarmersmarket.ca

Wolfville Community Chorus – St. Francis of Assisi Parish Centre, Wolfville 5:30–7pm. New members welcome! *FEE:* \$180 per year (\$90 per term) *INFO:* 902-300-1001 / susan_dworkin@hotmail.com

Valley Youth Project – Louis Millett Community Complex, Rm 128, New Minas, 6:30–8:30pm. First and third Wed. of each month, September to June (Next: May 18). All LGBTQ+ and MOGI individuals 25 years and under are welcome. You can bring your friends too. *FEE:* no charge *INFO:* valleyyouthproject@gmail.com / valleyyouthproject.wordpress.com

New Horizons Band – Festival Theatre, Wolfville 7pm. Fun, informal community band under the direction of Brian Johnston. New members welcome! *FEE:* \$100 *INFO:* Donna, 902-542-7557 / macdonaldwilson@accesswave.ca

Jam Session – Lions Club, Kentville 7–10pm. Come play, sing or just sit back and listen. All styles and abilities welcome. *TIX:* \$2 per person *INFO:* 902-679-4899

EXHIBITS

The Great Little Art Show – Avon River Heritage Museum, Newport Landing May 6, 7–9pm • An art show highlighting new work by established and emerging artists from Hants County and beyond. Organized by the Hants County Arts Council, the Great Little Art Show is a significant fundraiser for the Avon River Heritage Museum and Avon Spirit Shipyard. Opening Reception: Live Music by the Basin Brother, Cash Bar, Appetizers by the Flying Apron Cookery. Viewing times throughout May, every Sat. and Sun. from 10am–5pm. *TIX:* \$8 adult, no charge children under 12 *INFO:* 902-757-1718 / infoavonriver@gmail.com

East, West Landscape – Harvest Gallery, Wolfville. Until May 15 • Mixed media works by Bob Hainstock. The pieces in this show are a continuation of the New Landscapes series and reflect Bob's aerial perspective of boundaries and borders between communities and cultures, and between nature and human endeavor. *INFO:* harvestgallery.ca

Apple Bin Art Gallery – Valley Regional Hospital, Kentville • Approximately 100 pieces of affordable original art created by local Valley artists. Part proceeds go towards hospital equipment and to help support Annapolis Valley health care programs.

Judith J. Leidl – Oriel Fine Art, Wolfville • Fine art: floral paintings, scarves, acrylic paintings, prints, ceramics, and Inuit work from Baffin Island. *INFO:* 902-670-7422 / judithleidlart.com

Opening Soon! Paints and Pots Creative Artists – Captain Hall's Treasure Chest, Hall's Harbour • Season opening May 27, 11am–6pm. *INFO:* elspeth.mackenzie@gmail.com

ACTIVE AND HEALTHY LIVING: A LOVE LETTER TO MY NANNY

Lee-Ann Cudmore, Registered Acupuncturist, Call/text 902-300-5100, valleyacu.ca

My nanny grew up and raised her family in a poor community. A tight-knit place where your neighbour may be an aunt, cousin, or grandparent. It was a community with its fair share of skeletons hidden in closets, but also a community that looked out for each other. They built their own houses with the sweat and the strength of their clan. And they sat vigil with the sick and dying, so that people could stay home in the community.

She married a handsome "greaser" type young man. He wore t-shirts and rolled his pack of smokes on his shirt sleeve. He worked in the Foundry. It was dirty, hard, work. She was a young mother who had two little girls, a son with a severe disability, a baby, and a husband with Tuberculosis. He spent over a year in quarantine at the Sanatorium in Kentville. He died at the age of fifty.

Instead of a bathroom, there was an outhouse and chamber pots. They did not have running water at the time and instead hauled water from a community well. They had Saturday night "baths" in a big tub that they brought into the kitchen. They ate baked beans and brown bread, cod cheeks and tongues, and scalloped potatoes. She scrubbed the floor on her hands and knees, washed clothes by hand, and used a clothes line.

It was a tiny house that was often full of people. They had the only television set around and the men would all gather around to watch the girls dance on Don Messer's Jubilee on CBC. The old guys thought that if they got on the floor and angled their heads just so, they might be able to look up the skirts of these dancing TV ladies.

There was also alcohol. It was part of the life of the house and probably the community. As the kids grew up and left, and her husband was gone, the alcohol stayed. My Nanny was many things, but she is often remembered for her most prominent label. She was an alcoholic.

According to the document *Changing the Culture of Alcohol in Nova Scotia*, "one in five Nova Scotia drinkers (15 years of age and older) consumes alcohol in a way that negatively impacts on their health and well-being." And that "harmful alcohol use is a major contributor to chronic disease, injury, risky sexual behaviour, crime, violence, and other social problems".

Addiction, can overshadow and define our loved ones, communities, and cultures. It can envelop and consume a person like a parasite. It can make a loving person unpredictable and mean. It can be a legacy, a label not forgotten, a type-cast, in the act of life. It is often known but unspoken, hidden away. In many ways her addiction destroyed her relationships and divided her family. Despite it all, I loved her – we all did. I want to celebrate the person behind the disease. She was not just an alcoholic.

My Nanny was strong and resourceful. She was a woman stretched, and weary. She was feisty and a survivor. She woke up early to bake bread, that she sold, so that she could provide for her disabled son. She cleaned houses for rich Americans that lived in the town during the summer months. She gave food to families, when they needed it, when she had very little herself. She hid away money under mattresses and in funny shaped salt and pepper shaker collections. She had a spoon collection that she hung in her kitchen on a wooden board shaped like Nova Scotia. She didn't trust the bank, but she loved to talk to truckers on her CB radio during the night. She listened to old time country music and wore bright lipstick.

She loved us a lot. I wrote this article on the most beautiful spring day. Today the violets are up in my backyard. Her name was Violet.

If you or someone you know needs help, contact NS Mental Health Crisis Line (24/7) at 1-888-429-8167

ACTIVE AND HEALTHY LIVING: HEALING THE EARTH AND HEALING OURSELVES

Kelly Davison, M. Ed., RCT-C, CCC

Counselling Therapist, kellydavisoncounselling.ca

For many of us living in developed countries, the material possessions we own and use in our daily lives are far more extravagant than what the richest elite of the ancient world had. Surprisingly, though, according to surveys, people living in rich countries are usually less happy than those people living in countries where non-essential spending on goods is low.

Part of this unhappiness, despite our great wealth, is that many of us work long hours to attain this wealth and in doing so we have less quality time with family or friends. This end result is quite ironic because we often buy stuff to make our children happy and/or have our friends enjoy our homes. Yet our children would rather spend time with us than the hordes of toys we buy them, and real friends care more about chats and shared experiences than our expensive furniture or shiny appliances.

Many of us are starting to realize that it is not our stuff that makes us happy, but our experiences – namely, spending time with those we love and doing things that grow our creativity, intellect, and physical health. This switch to focusing more on quality life experiences rather than the quantity of stuff we own is an encouraging sign. It is good for the health of our planet and for our local economies because much of this involves low-consumptive behaviour and using local resources.

In the Valley, we have many amenities at our disposal for enjoying time with family or friends while helping the planet. For instance, shopping at your local Farmers' Market for food with a loved one, and then cooking a meal together from scratch, helps save the environment because there is less packaging and transportation of food. Having a local repairperson fix your computer or appliances,

rather than buying new ones, not only saves on the materials and the energy that go into manufacturing, it supports local businesses. Car-sharing and public transportation bring us together and help reduce our ecological footprint. Supporting public spaces such as nature parks, which have plants that absorb the excess of carbon dioxide in our atmosphere, or lending libraries, which reduce the need for more books (and thus the number of trees chopped down for paper) is also good for our communities. The sharing of public goods such as these ensures that everyone of every income level has access to the enjoyment of nature or learning. As well, gathering in our public spheres allows us to know one another and build social capacity.

As our lives have become more and more built around the conveniences of cars, fast food, and cheap goods made overseas, our isolation from each other has increased. The more raw materials and fuel we consume to create the western lifestyle, the more our planet's environment is degraded. By adopting a low-consumptive lifestyle, however, we can help conserve our beautiful planet's resources, and enhance our health – physical, mental, and social!

Wolfville Integrated Health Care
902-542-2000
wihc.ca



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www.wihc.ca 902-542-2000
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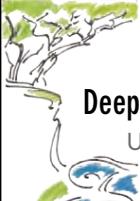


SUSAN L. DWORKIN'S GALA AT GREYHAVEN

Tickets are now available for this year's Gala at Greyhaven! The Gala takes place on Saturday, May 14 at 4pm.

Enjoy a variety of gorgeous music from baroque to jazz! Guest artists include Andrea Mathis, Rosanne McClare, Kenneth Davidson, Doug Van Hemessen, Isaac MacInnis, and Bruno Allard. Intermission features a buffet of Mediterranean food and drink. You can reserve by calling 902-300-1001.

Tickets \$50 each. Limited seating.



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VALUES & GOALS	
positive girl community	language exchange
unplugged program	celebrate mistakes
SKILLS REQUIRED	
work energy	●●●●○
bilingual	●●●●○
team work	●●●●○
fire building	●○○○○
puddle jump	●●●●●
DATES	
START: JUNE 11	END: AUGUST 16
111621	
APPLY AT » staff@ouareau.com « OUAREAU.COM	

ARIES (March 21-April 19): "Silence is not silence, but a limit of hearing," writes Jane Hirshfield in her poem "Everything Has Two Endings." This observation is apropos for you right now. There are potentially important messages you're not registering and catalytic influences you can't detect. But their apparent absence is due to a blank spot in your awareness, or maybe a willful ignorance left over from the old days. Now here's the good news: You are primed to expand your listening field. You have an enhanced ability to open certain doors of perception that have been closed. If you capitalize on this opportunity, silence will give way to revelation.

TAURUS (April 20-May 20): Your ability to accomplish magic is at a peak, and will continue to soar for at least two more weeks. And when I use that word "magic," I'm not referring to the hocus-pocus performed by illusionists like Criss Angel or Harry Houdini. I'm talking about real feats of transformation that will generate practical benefits in your day-to-day life. Now study the following definitions by writer Somerset Maugham, and have faith in your ability to embody them: "Magic is no more than the art of employing consciously invisible means to produce visible effects. Will, love, and imagination are magic powers that everyone possesses; and whoever knows how to develop them to their fullest extent is a magician."

GEMINI (May 21-June 20): According to author Vladimir Nabokov, the Russian word *toska* means "a dull ache of the soul, a longing with nothing to long for, a sick pining, a vague restlessness." Linguist Anna Wierzbicka says it conveys an emotion that blends melancholy, boredom, and yearning. Journalist Nick Ashdown suggests that for someone experiencing *toska*, the thing that's yearned for may be "intangible and impossible to actually obtain." How are you doing with your own *toska*, Gemini? Is it conceivable that you could escape it — maybe even heal it? I think you can. I think you will. Before you do, though, I hope you'll take time to explore it further. *Toska* has more to teach you about the previously hidden meaning of your life.

CANCER (June 21-July 22): "Gandhi's autobiography is on my pillow," writes

Cancerian poet Buddy Wakefield. "I put it there every morning after making my bed so I'll remember to read it before falling asleep. I've been reading it for 6 years. I'm on Chapter 2." What's the equivalent phenomenon in your world, my fellow Crab? What good deed or righteous activity have you been pursuing with glacial diligence? Is there a healthy change you've been thinking about forever, but not making much progress on? The mood and the sway of the coming days will bring you a good chance to expedite the process. In Wakefield's case, he could get up to Chapter 17.

LEO (July 23-Aug. 22): In the 16th century, European explorers searched South America in quest of a mythical city of gold known as El Dorado. Tibetan Buddhist tradition speaks of Shambhala, a magical holy kingdom where only enlightened beings live. In the legends of ancient Greece, Hyperborea was a sunny paradise where the average human life span was a thousand years and happiness was normal. Now is an excellent time for you to fantasize about your own version of utopia, Leo. Why? First, your imagination is primed to expand. Second, dreaming big will be good for your mental and physical health. There's another reason, too: By envisioning the most beautiful world possible, you will mobilize your idealism and boost your ability to create the best life for yourself in the coming months.

VIRGO (Aug. 23-Sept. 22): "Anytime you're going to grow, you're going to lose something," said psychologist James Hillman. "You're losing what you're hanging onto to keep safe. You're losing habits that you're comfortable with, you're losing familiarity." I nominate these thoughts to serve as your words of wisdom in the coming weeks, Virgo. From an astrological perspective, you are in a phase when luxuriant growth is possible. To harvest the fullness of the lush opportunities, you should be willing to shed outworn stuff that might interfere.

LIBRA (Sept. 23-Oct. 22): On Cracked.com, Auntie Meme tells us that many commonly-held ideas about history are wrong. There were no such things as chastity belts in the Middle Ages, for example. Napoleon's soldiers didn't shoot off the nose of the Sphinx when

they were stationed in Egypt. In regards to starving peasants, Marie Antoinette never derisively said, "Let them eat cake." And no Christians ever became meals for lions in ancient Rome's Colosseum. (More: tinyurl.com/historicaljive.) In the spirit of Auntie Meme's exposé, and in alignment with the astrological omens, I invite you to uncover and correct at least three fabrications, fables, and lies about your own past.

SCORPIO (Oct. 23-Nov. 21): Poet Charles Wright marvels at the hummingbird, "who has to eat sixty times his own weight a day just to stay alive. Now that's a life on the edge." In the coming weeks, Scorpio, your *modus operandi* may have resemblances to the hummingbird's approach. I don't mean to suggest that you will be in a manic survival mode. Rather, I expect you'll feel called to nourish your soul with more intensity than usual. You'll need to continuously fill yourself up with experiences that inspire, teach, and transform you.

SAGITTARIUS (Nov. 22-Dec. 21): "Anybody can become angry," said Greek philosopher Aristotle. "That is easy; but to be angry with the right person, and to the right degree, and at the right time, for the right purpose, and in the right way, that is not within everybody's power and is not easy." I'm pleased to inform you, Sagittarius, that now is a time when you have an exceptional capacity for meeting Aristotle's high standards. In fact, I encourage you to honor and learn all you can from your finely-honed and well-expressed anger. Make it work wonders for you. Use it so constructively that no one can complain.

CAPRICORN (Dec. 22-Jan. 19): To celebrate your arrival at the height of your sex appeal, I'm resurrecting the old-fashioned word "vavoom." Feel free to use it as your nickname. Pepper it into your conversations in place of terms like "awesome," "wow," or "yikes." Use a felt-tip marker to make a temporary VAVOOM tattoo on your beautiful body. Here are other enchanted words you should take charge of and make an intimate part of your daily presentation: verve, vim, vivid, vitality, vigor, voracious, vivacious, visceral, valor, victory, and VIVA!

AQUARIUS (Jan. 20-Feb. 18): When he was a boy, Mayan poet Humberto Ak'ab'al asked his mother, "What are those things that shine in the sky?" "Bees," she answered mischievously. "Every night since then," Humberto writes, "my eyes eat honey." In response to this lyrical play, the logical part of our brains might rise up and say, "What a load of nonsense!" But I will ask you to set aside the logical part of your brain for now, Aquarius. According to my understanding of the astrological omens, the coming days will be a time when you need a big dose of sweet fantasies, dreamy stories, and maybe even beautiful nonsense. What are your equivalents of seeing bees making honey in the night sky's pinpoint points of light?

PISCES (Feb. 19-March 20): "Sometimes, a seemingly insignificant detail reveals a whole world," says artist Pierre Cordier. "Like the messages hidden by spies in the dot of an i." These are precisely the minutiae that you should be extra alert for in the coming days, Pisces. Major revelations may emerge from what at first seems trivial. Generous insights could ignite in response to small acts of beauty and subtle shifts of tone. Do you want glimpses of the big picture and the long-range future? Then be reverent toward the fine points and modest specifics.

Homework: Thousands of amazing, inexplicable, even miraculous events

TIDE PREDICTIONS at Cape Blomidon

Source: Canadian Fisheries & Oceans.
www.waterlevels.gc.ca

MAY	High	Low
05	12:10pm	6:19pm
06	1:01pm	7:08pm
07	*1:50pm	7:35am
08	2:39pm	8:24am
09	3:29pm	9:13am
10	4:20pm	10:03am
11	5:13pm	10:54am
12	6:09pm	11:49am
13	7:07pm	12:46pm
14	7:32am	1:45pm
15	8:32am	2:44pm
16	**9:30am	3:41pm
17	10:24am	4:34pm
18	11:14am	5:21pm
19	11:59am	6:03pm

there are normally
two high and low tides a day
* Highest High: 44.9 feet ** Lowest High: 36.7 feet

MUSEUMS

The Old Kings Courthouse Museum (Kings County Museum) – 37 Cornwallis St., Kentville. Open Mon.-Fri., 9am-4pm • "A Brief History of Underwear" and "Sightings – Exploring the Scope of the Canadian Sniper," the historic role played by Canadian Snipers through artifacts and personal stories. **TIX:** no admission charge, donations welcomed **INFO:** 902-678-6237 / kingscountymuseum.ca / kingscountymuseum.ca/event/a-brief-history-of-underwear

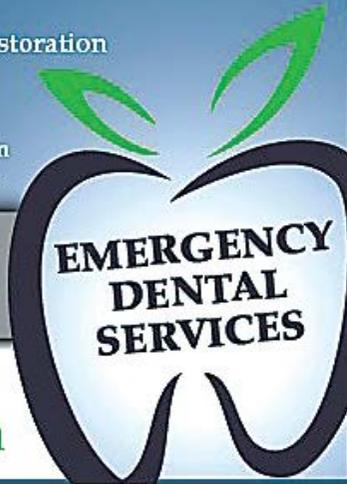
Ross Farm Museum – 4568 Hwy 12, New Ross • Open Wed-Sun, 9:30am-4:30pm. Milking a cow, spinning wool or tasting a delicious treat in the cottage are just three things that happen regularly here at Ross Farm. Every visit is unique as the work changes with the seasons. **TIX:** \$6 adult, \$5 senior, \$2 child (6-17), no charge age 5 & under. **INFO:** 902-689-2210 / rossfarm.novascotia.ca



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*Offers only valid for purchase until Mother's Day, May 8th, 2016.
(Offer cannot be combined with any other offers or discounts)*

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SATURDAY 9AM-3PM (UNTIL 5PM BY APPOINTMENT)**

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Ross Farm Museum Learning Centre Grand Opening

Saturday, May 7, 2016
10:00am

4568 Highway #12 New Ross
1-877-689-2210
rossfarm.novascotia.ca

Grand Opening of the Learning Centre
Saturday, May 7, 2016
10:00am



We did it, thanks to you! Please join us to celebrate the official opening of the Learning Centre at Ross Farm on Saturday, May 7th for the ceremonial ribbon cutting, a heritage quilt exhibit curated by Polly Greene, hand-made Nova Scotia artisan wares in The Pedlar's Shop, as well as our traditional fun-filled Farm fare. Oh, and cake!

Ross Farm Museum: We're so old, we're new again.



MIPAC PERFORMING ARTS SERIES

SATURDAY, MAY 14, 2016 AT 7:00pm



CÒIG

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Reserved Seating

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More info:



valleyevents.ca/37934





DINNER OUT: NOSH EVENT, 2016

Scott Campbell

I can remember reviewing this event last year and telling everyone that, if you missed it, you missed an incredible evening of delicious food and spectacle (or something like that). Well, the same thing applies this year. On April 7, Kingstec Campus (in Kentville) again hosted this unbelievable Culinary/Horticulture/Hospitality event. Students and faculty worked feverishly for weeks leading up to the exciting night and all of the hard work certainly came to impressive fruition. This year saw more distilleries and breweries participating than ever before and the wineries were well represented as usual. For your \$40 ticket you got as many tastings as you liked from any of these fine local entrepreneurs. The food also defies description. The Asian

theme of the night was well presented with the Culinary Arts students' offerings of expertly crafted sushi and other creative tidbits to tease any pallet. The Pastry Arts students were also well represented. If I had to pick a favourite for the evening I would have to declare the Mango Mousse with Pineapple and Cilantro Gelée as my pick of the evening. Anyone who reads this article regularly knows about my sweet tooth so this delicious favourite may come as no surprise to anyone who was there. The horticulture department also strutted their stuff with an Asian themed garden that was spectacular. Fountains and other water features seemed to be around every corner as we made our way through the greenhouses where the gardens had been built. One of the most unusual and beautiful features was a living dinner table – a table with plants growing out of it and a stream of water running through the center that flowed out into a waterfall at the end. This was certainly an astounding feat of engineering and creativity. With over 400 guests touring this amazing event in less than 3 hours I have to also tip my hat to the Hospitality and Tourism students who somehow brought all of this diverse splendor together in a seamless evening of entertainment and spectacle. Well done folks. Cheers.

Follow Scott on Twitter or Instagram@Scotts-Grapevine

Photo Credit: Mark MacFadyen



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RECIPE SPAGHETTI CARBONARA

Erin Patterson, *The Noodle Guy*, Port Williams

Erin Patterson is Mrs. Noodle Guy. The Noodle Guy is a much better cook, but he doesn't use recipes. Erin blogs and posts recipes from time to time at thenoodle.ca

There are many variations on spaghetti carbonara, but this is the unadulterated authentic recipe. I learned it from a chef from the Italian district of Emilia-Romagna. On slow nights in the restaurant where we worked in London, Ontario, he'd teach me traditional dishes from northern Italy and this is one of my favourites. It's been a go-to emergency dinner in our house for decades, since we always have the ingredients on hand and it's ready in the time it takes to boil spaghetti.

The amounts in the recipe below are approximate and for two servings. The only rule is to always start with one egg, and then for every person you are feeding, add another egg. So for two people, you will need three eggs. For four people, you will need five eggs (not six). All the other amounts can be scaled proportionally in the usual way and adjusted to taste.

- 3 large eggs
- salt + freshly ground black pepper
- 1 cup freshly grated Parmigiano-Reggiano cheese, divided
- 200g of gunciale, pancetta, bacon, or even prosciutto in a pinch
- 250g dried spaghetti

1. Warm your serving bowls on the woodstove or in a 200-degree oven. Shallow soup bowls are best.

2. In a very large bowl, whisk together the eggs, a pinch of salt, a lot of freshly ground black pepper, and half of the Parmigiano-Reggiano. Set aside.

3. Bring a large pot of heavily salted water to a rolling boil.

4. Meanwhile, chop the meat into more-or-less quarter-inch chunks and cook it in a frying pan that is large enough to hold the cooked spaghetti later on. If you are using prosciutto or extremely lean bacon, cook it in a little olive oil, but normal bacon should have enough fat on its own. Cook until it's just browned and almost crisp. Reduce the heat and keep it just warm until the spaghetti is cooked.

5. While the bacon is cooking and once the

water has boiled, add the spaghetti, stir it well and then stir it again about 30 seconds later so it doesn't stick. Cook it until it's al dente. Drain it and add it immediately to the frying pan with the cooked bacon. Increase the heat to medium-low and stir well so that every strand of spaghetti is thoroughly coated with the bacon fat. Remove from heat. You're going to add it to the eggs in a moment, and if it's too hot, you will have scrambled eggs. If need be, let it sit for a moment until it's still hot but not sizzling.

6. Work as quickly as you can for everything in this step. Scrape the spaghetti and bacon into the bowl of whisked eggs. With a pair of tongs, toss the spaghetti so that every strand is thoroughly coated with the "sauce". Place it in the warmed serving bowls and top each with the remaining Parmigiano-Reggiano. Serve immediately!

In the unlikely event that you don't eat it all, leftover spaghetti carbonara makes a terrific breakfast frittata.

HERE ARE SOME GREAT #BUYLOCAL OPTIONS FOR MOTHER'S DAY THIS YEAR! *Genevieve Allen Hearn*

- 1.** MacAusland's Blankets. Gaspereau Valley Fibres, Gaspereau, gaspereauvalley-fibres.ca
- 2.** Sheepskin Mules. Absolutely Fabulous Bed, Bath & Home, New Minas, absolutelyfab.ca
- 3.** The Memento by Christy Ann Conlin. The Box of Delights Bookshop, Wolfville, boxofdelightsbooks.com

- 4.** Mother's Day Gala Tickets. Union Street Café, Berwick, unionstreetcafe.ca
- 5.** Handmade Cheese Board. TWM Woodworking, Kentville
- 6.** Wine Cups by Denise Aspinall. Aspinall Pottery, Canning
- 7.** Matt & Nat Bag. Wild Lily, Wolfville

- 8.** Gold Bracelet. Occasions Gift & Décor, Kentville, facebook.com/OccasionsGiftsDecor

Please note, the products available in stores may not be the exact version pictured.

Mother's Day Gift Guide

SEEDLINGS / YOUNG READERS

KIDS ART SPOT

Sean the Sheep inspired artwork by Otis Gillstrom, age 9

If you'd like to see your art here, contact editor@grapevinepublishing.ca



FAMILY FUN IN THE VALLEY: BIRDING

Laura Churchill Duke

In our childhood, we spent a lot of time bird watching with our mother. There was nothing that she and my grandmother loved to do more than go out on a walk with the binoculars and make check lists of all the birds they saw on that day.

I was never very interested in bird watching, so my dad and I would hike ahead. However, I do realize how much I learned by osmosis. Now, my brother is a biologist and has become a bird expert. He has helped me put together this list to help you identify the birds in your garden or that you see on your next walk.

1. **Get the 'Merlin' bird app (free).** Answer five simple questions about a bird you are trying to identify and Merlin will come up with a list of possible matches. Merlin offers quick identification help for beginning and intermediate bird watchers to learn about North America's most common birds! merlin.allaboutbirds.org

2. **Get a book.** The best bird book app is 'Sibley'. This has identification, songs, and range maps. It is also available in print. Or, check out some bird books at the library!



3. **Go online.** The Dendroica website gives songs for all Canadian birds and can help you with identification. This is run through the Department of Environment and Climate Change.

4. **Ask for help.** If you post a picture in the Nova Scotia Bird Society Facebook group, other members will help you identify it.

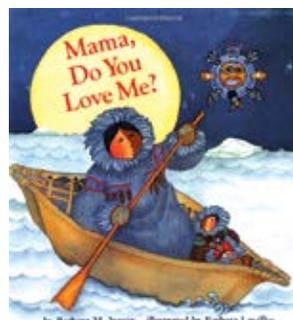
Get out there and look at more than your flowers in your garden. You will be surprised at what you find!

ValleyFamilyFun.ca
info@valleyfamilyfun.ca

KAELYN'S BOOK CLUB

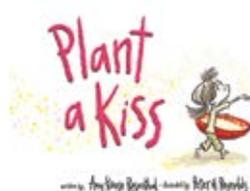
Regan Alford

Kaelyn's Book Club has two great Picture Books that celebrate Mom and Love for the Month of May.



Mama, Do You Love Me? by Barbara M. Joose & Barbara Lavallee (Chronicle Books, recommended reading age 2-6)

Mama, do you love me? Yes I do Dear One. How much? In this universal story, a child tests the limits of independence and comfortingly learns that a parent's love is unconditional and everlasting. This tender and reassuring book is one that both parents and children will turn to again and again.



Plant a Kiss by Amy Krouse Rosenthal & Peter H. Reynolds (HarperCollins, recommended reading age 4-8) Little Miss planted a kiss... One small act of love blooms into something bigger and more dazzling than Little Miss could have ever imagined in this epic journey about life, kindness, and giving.

As a Kaelyn's Book Club member, you will receive a 10% discount on either of these titles. Books are available at The Box of Delights Bookshop in Wolfville.

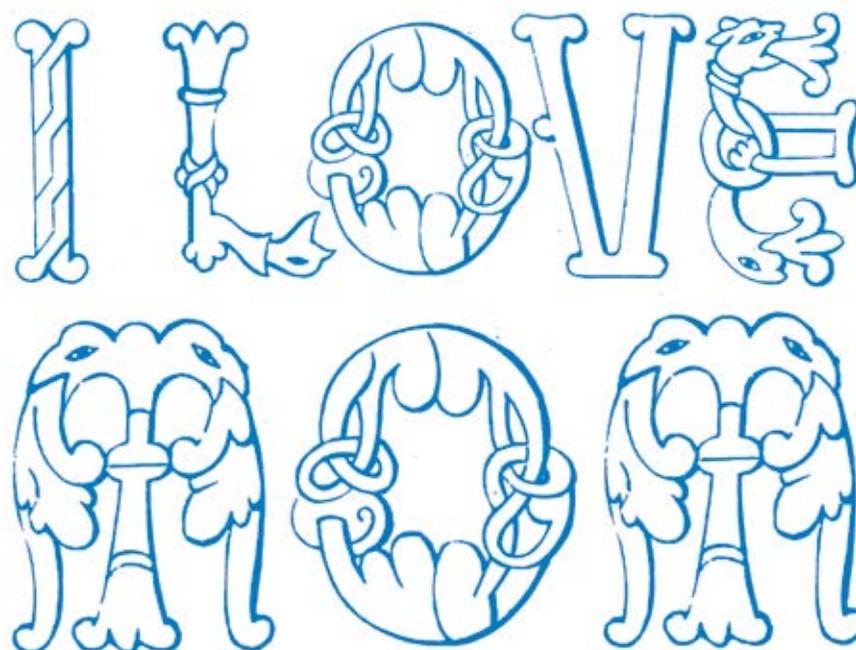
kaelynsbookclub.wordpress.com

The INQUISITIVE CORNER



Just add colour!

Add your own touch to these cool antique hand-drawn letters from Rome for your mother.



SADIE, KID REPORTER PRESENTS: PIRATES!



This week I am going to write about pirates because lots of kids like to read stuff about pirates! Blackbeard is one of the world's most famous pirates. His real name was Edward Teach.

My mom asked me: "Have there been any pirates from Nova Scotia?" I wanted to know if there were even any from Canada! So we looked up pirates on the Maritime Museum of the Atlantic's website (maritimemuseum.novascotia.ca/collections/pirates). It says lots of pirates came to Nova Scotia, and there are even two pirates buried under the sidewalk at the library in Halifax on Spring Garden Road!

Pirates all had different flags, there were no women or children allowed on their ships, and what they were called were really just their nicknames. That's what we found out about pirates!

Sadie, Kid Reporter

AMUSE-BOUCHE FRENCH FOR KIDS

Sarah Anderson

Maman

"Maman" means mum or mommy in French. Instead of using "ma mère", which is a more formal way of saying "my mom", kids, while at home, will call their mom "maman".



This page is brought to you
by Kentville Farmers Market

FARM-TO-TABLE OR FARM-TO-FABLE?

Erin Patterson, *The Noodle Guy*, thenoodle.ca

Laura Reiley, the food critic for the Tampa Bay Times, is writing a series called “Farm to Fable” that exposes outrageous fraud perpetrated by some Florida restaurants and farmers’ market vendors attempting to cash in on the trend for all things local. This includes “Farmers” buying national grocery chain rejects from a huge distributor and claiming they grew them organically and locally; and restaurants claiming their meat is ethically sourced from a small local farm when it’s actually from a giant conventional (read: inhumane) operation several states away. They’re well-written articles and I highly recommend them.

They got me thinking about where we get our ingredients and what claims we make about it. Our website says we use ingredients that are “as fresh and local as possible”, which is pretty vague. We do go to quite a bit of effort and expense to support other small businesses in the area. We get most of our cheese from Fox Hill or Holmestead, except for Parmigiano-Reggiano which we get from Italy via Costco. We use maple syrup from Hutchinson Acres and honey from Brandt’s Bees. We get all of our in-season vegetables from Longspell Point Farm and TapRoot Farms, and we’re working on out-of-season produce as well. Last year Longspell grew 300 Roma tomato plants to carry us through the winter, and we use TapRoot’s frozen basil “pucks”. When we want vegetables that the local farms can’t supply, we turn to the small, independent markets like Foote’s and Henny Penny’s. The big grocery stores are a last resort (their out-of-season produce may well come from the same place, but their profits go to different ones). The one thing we will never buy from

a store is meat. All our fresh pork, beef, and chicken comes from Longspell Point Farm.

Some things just aren’t available locally - Olive oil, which we use a LOT of; Peppercorns; Butter! I wish Fox Hill would start making butter. We are not allowed to use “backyard butter”, so our only source is large industrial dairies. Lemons. I’ve started a lemon tree, but even if it survives and thrives, I’ll be lucky to get a handful of lemons every year, which isn’t enough for our home use, let alone the shop.

We’re doing the best we can, I think, which doesn’t mean we’re not always on the lookout for ways we can improve. But doing much more than we are now would require a significant change, not only in what we do, but also in what our customers do, and what they expect and are willing to pay for. In the article on restaurants, Reiley writes, “The first tip-off on a menu? Constancy.” She’s right. Until someone in the Valley starts growing green onions hydroponically and on a large scale over the winter months, if you see fresh green onions in a restaurant dish in February, you can bet your Birkenstocks that they’re from Mexico or California. But most of us like constancy. We are accustomed to a steady supply of staples like tomatoes, peppers, and bananas regardless of geography or season. Are we willing to endure/embrace a winter of nothing but root vegetables and hardy kale?

We are also accustomed to cheapness. Many people, including all of our customers (thank you!), are willing to pay more for food that costs more to produce for any of a variety reasons: because it is locally sourced from a small



Some of my gardens last summer. Food, flowers, and herbs destined for the Noodle Guy’s kitchen. But where does our butter come from?

supplier, because it is organic or GMO-free, because the people who grew/harvested/processed/served it are paid a decent wage, etc. But there is a limit to what even the most conscientious people are willing and able to pay. I have reached that limit myself, over a very small bag of potatoes for \$10. Our customers might well reach that limit if we started using all local, non-GMO flour and had to pass on the cost of a 300% price increase in our main ingredient. (We currently use unbleached organic flour from a distributor in Halifax.)

Again, we’re doing the best we can. I just planted a huge bed of salad greens that will find their way onto Noodle Guy plates in a couple of weeks. Green onions will follow a few weeks later, and then basil and parsley, and finally garlic and tomatoes and peppers. It’s going to be a good summer.

The Noodle Guy
964 Main Street, Port Williams

WEDNESDAY, MAY 18, 10am-2pm
THE KENTVILLE FARMERS’ MARKET RETURNS TO CENTRE SQUARE

Kentville Farmers’ Market
Centre Square, Kentville

The Kentville Farmers’ Market will be returning outdoors to Centre Square on May 18 for our Spring & Summer 2016 season! Join us each Wednesday for more great food and fine crafts in the heart of Kentville!

SATURDAY, MAY 28, 4pm-8pm
Blossom Brew Night

Wolfville Farmers’ Market
24 Elm Ave, Wolfville

In support of the Apple Blossom Festival. Come enjoy the best local microbrews and ciders! Andrew Newton, a certified beer judge, will be leading a tasting tutorial at 4:45pm and Alex MacLean, of East Coast Lifestyle, will be spinning tunes. Tickets: boxoffice.acadiou.ca

SATURDAY, JUNE 4 AT 8:30am-1pm
Fizz

Wolfville Farmers’ Market
24 Elm Ave, Wolfville

Fizz, the inaugural culture convergence of brewed and fermented beverages and fizzy fermented foods. Ferments can include beer, wine, cider, and probiotic drinks such as kombucha, kefir, and Jun tea as well as kimchi, sauerkraut, sourdough, and more. For your opportunity to try local ferments and culinary delights, our vendors will feature ferments on their menus and artisans are creating vessels to help you with your own concoctions. Stop by the community exchange table where you can try local live-culture foods and ask the fermentation experts questions. Be sure to bring your extra scobys or kefir grains to share at the community exchange table.



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THE LOCAVORE LINGO

Free-run, Free-range
Free-run describes conditions in which animals can move freely within a barn, but not necessarily go outside. Free-range means a product comes from an animal raised with access to the outdoors, however practices can vary from farm to farm.

Grass-fed
Grass-fed refers to animals raised for meat (including cattle, sheep, goats, and bison) whose diet consists of only freshly grazed pasture during the growing season and stored grasses during winter months. Not a regulated term.

Grain-fed
Chicken feed is primarily grain, while other animals such as pigs and beef cattle may also be fed grain.

Source: A Short Guide to Food and Farming Terms, Farmers’ Markets of Nova Scotia, farmersmarketsnovascotia.com

May 18th at the KENTVILLE FARMERS MARKET

We’re Moving Outdoors!

Our 2016 Spring & Summer season opens May 18th in Centre Square - at 12 noon, we will have free cake, the Mayor, the Town Crier, and live music with the Hilites!

BUY YOUR GROCERIES AT THE MARKET. VEGETABLES & BREAD & EGGS & MEAT & BAKING & GIFTS & MORE! Every Wednesday | 10am – 2pm | kentvillefarmersmarket.ca



IN REVIEW: RECENT NEWS, HAPPENINGS AND EVENTS

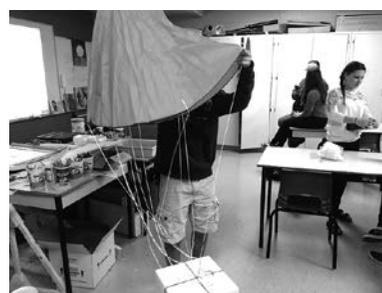
Emily Leeson

The annual Exhibition Spring Auction was held on April 15 at the Aylesford Fire Hall. The evening included a full pig roast dinner from Meadowbrook Meat Market, live entertainment, and a live auction performed by Garry Leeson and Monica Maddox. All proceeds went towards the Annapolis Valley Exhibition grounds maintenance. One of the hottest items of the night was a cheesecake by Marg Morse of Harmony. According to Jesse Gadon who was in attendance, "When the cheesecake came on the block, Garry Leeson, anticipating the value of Harmony Mountain cheesecake, snatched the microphone from Monica Maddox, and drove the bidding to a record \$1000"

show!" Wolfville Mayor Jeff Cantrell who attended the show, couldn't say enough good things about the production, "Michael Butler's production of Who's Afraid of Virginia Woolf? is a must see. Thea Burton at her best, Emily Lutz a standout. My first time seeing Michael Dennis, great job! And Paul Abela, different than I have seen him before but amazing."



about their progress so far, "Doing this project is super exciting, and we're proud to be the first school in Nova Scotia to attempt this. Our balloon will rise to heights of 100,000 feet, which is high enough to see the curvature of the earth. We'll take some really cool pictures, and also record data. When we send off our balloon, it will collect data concerning air quality, such as ozone levels and carbon dioxide levels. After our probe lands, we will use GPS technology, that we programmed, to locate and retrieve it." The team recently tested their parachute by dropping a dummy payload from the top of the school. They've also been testing out the GPS system by way of an elaborate game of hide and seek, with one team member hiding with the GPS tracker.



The final performance of Who's Afraid of Virginia Woolf wrapped up on April 16 at the Al White Theatre in Wolfville. Director Mike Butler couldn't have asked for a better run, "What a wonderful experience. The reception was terrific (four shows with four standing ovations) and I feel so blessed to have worked with such incredible people. Onto the next

The sky's the limit for the Annapolis Royal Space Agency! The group is made up of students from Annapolis West Education Centre with the goal in mind to successfully build and launch a probe into the stratosphere. According to team member Alex Hancock, they're hoping to launch their probe sometime in mid-May to June, and they're enthusiastic

GET YOUR HANDS DIRTY, BUT NOT OUR BOOKS, PLEASE!

Angela J. Reynolds, Community Engagement Coordinator, AVRL

It is gardening time again. How many of us have longingly looked at seed catalogues this winter and itched to get out there and plant? Here at the library, we are gearing up to get our hands in the dirt too. We have launched a pilot project this year in our Lawrencetown branch — a Seed Library! If you have a library card, you can stop in the Lawrencetown library and check out some seeds. The best part is that there is no due date! This year, the focus of our seed library is to get people to try their hand at growing — and there's no expectation that seeds will be returned to us. Our seeds are donated by Annapolis Seeds, Hope Seeds, and Paul Gregory, Organic Backyard Gardener. Come see us while supplies last!

If you can't make a trek to Lawrencetown, we can still help with your gardening. We have so many books on gardening that there is not enough room

here to mention them all. Interested in trying Straw Bale gardening? We've got books on that. Want to plant flowers but you have allergies? Try "The Allergy-Fighting Garden: Stop Asthma and Allergies With Smart Landscaping" by Thomas Leo Ogren. We have books on colour gardening, garden design, and creating mosaics for your garden. We have loads of books on gardening with children. We have books on how to attract butterflies and hummingbirds to your garden and even books on how to tastefully decorate your garden shed. Just type in GARDENING in the search box and prepare to be amazed at our collection.

So, get yourself some free seeds, pick up a few garden books, and get your hands dirty. Take the ideas into your yard, but please leave our books in the house.

WORD OF THE ISSUE

Margaret Drummond

Polyphiloprogenitive

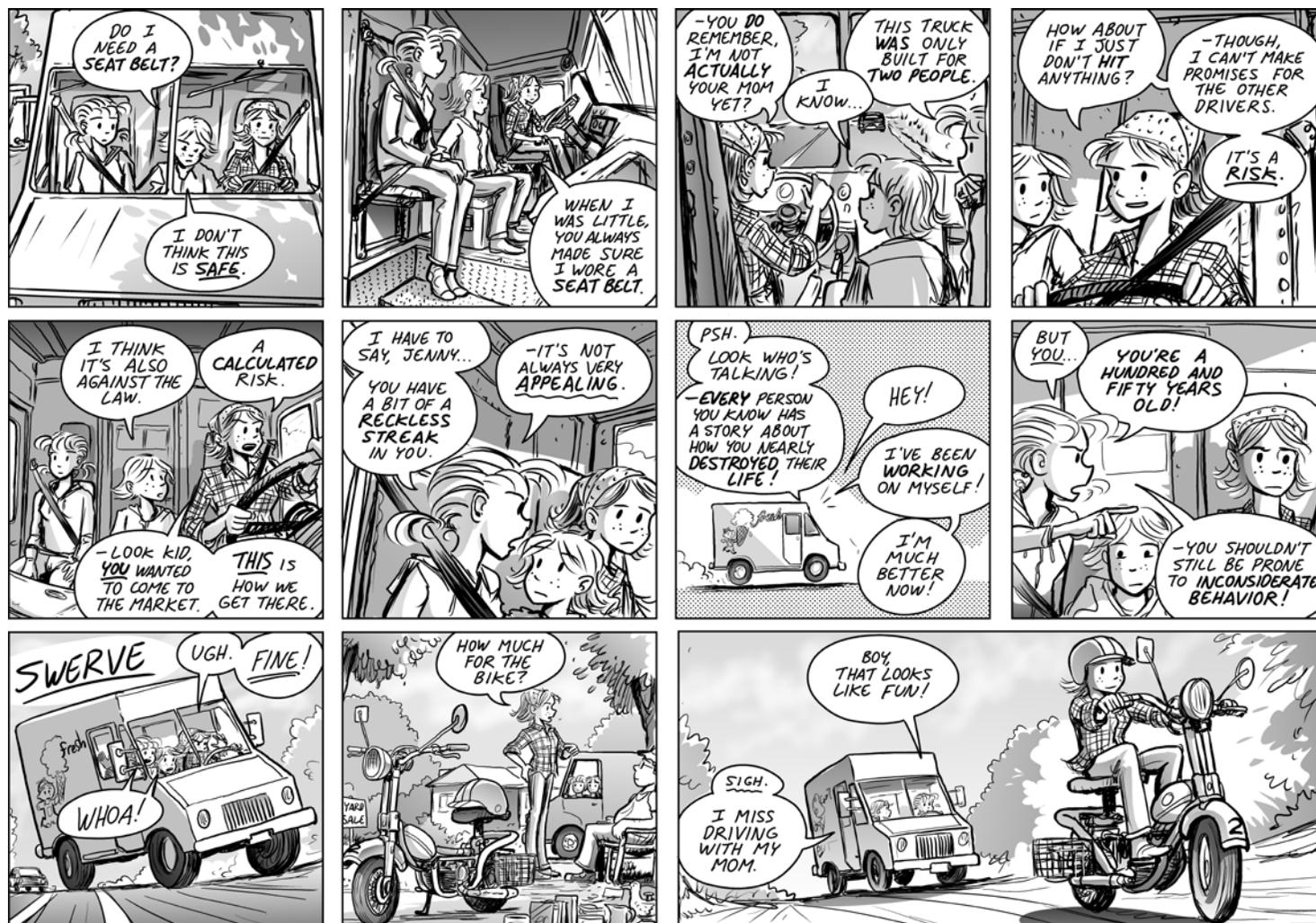
Adjective

Extremely prolific.

All spring and summer my parents ricochet from garden to garden, mulching, watering, and pulling up the polyphiloprogenitive weeds "until", my mother exclaims, "I'm bent over like a coat hanger!"



There have been episodes during the holiday break! Get caught up on my website: Just Google "Stardrop"



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WHAT'S HAPPENING FROM MAY 5 – 19, 2016

SEND YOUR EVENTS TO INFO@GRAPEVINEPUBLISHING.CA

Please note: Events are subject to change.

THURSDAY, 5

Book Launch: Christy Ann Conlin – *The Memento* – Al Whittle Theatre, Wolfville 7–8:30pm • Accompanied by special choral guests Petal's End Choir, Christy Ann Conlin will read excerpts from her new novel, "The Memento", a lyrical and chilling meditation on human nature and the manner of recollection, set on the rugged Bay of Fundy coast. Copies of "The Memento" will be available for purchase/signing. **TIX:** no charge **INFO:** 902-542-9511 / boxofdelightsbooks@gmail.com
David Francey – *Evergreen Theatre, Margaretsville 8–10:30pm* • David Francey's new album, So Say We All is one of his very best. It finds him digging deep, mining themes of depression, grief and unrequited love with genuine empathy. **TIX:** \$25, \$10 students **INFO:** 902-825-6834 / evergreentheatre@gmail.com

FRIDAY, 6

Quilt and Rug Hooking Show – United Baptist Church, Centreville 10am–6pm. Also May 7, 10am–3:30pm • A display of quilts, rug hookings and other handcrafted items. Lunch is available for \$8. **TIX:** donation **INFO:** 902-678-1946
Hearing the Silence – Stand Against Stigma – Lions Club, Kingston 10am–3:30pm • Guest speakers and facilitated discussions in support of Mental Health Awareness Week. Sponsored by Kingston/Greenwood Mental Health Assoc. Lunch included. **TIX:** no charge, but pre-registration required. **INFO:** 902-765-3902 / dwyerdj@ns.sympatico.ca
Kentville Cash Mob – Occasions Gifts & Decor, Kentville 12–1pm • Join us at Occasions Gifts & Décor to spend a minimum of \$10. The Kings Volunteer Resource Centre will also be on site selling Mother's day hand-tied bouquets as a fundraiser for the organization. Refreshments will be provided by the Town of Kentville. Cash Mobs are flash mobs, but instead of singing and dancing we spend money as a group, targeting small, local businesses to give the business owners an economic stimulus. **TIX:** no charge **INFO:** 902-678-1562 / info@valleyfamilyfun.ca
Games Night – Community Hall, Black River 7–9pm • There will be selection of activities – auction 45's, scrabble, and darts. All games just for fun (no prizes). Everyone welcome, from teens to seniors. **TIX:** \$2 **INFO:** 902-542-3498
Princess Tea – Lions Hall, Wolfville 7–9pm • Tea, coffee, sandwiches, and desserts. Musical entertainment: Andy Webster, dancers Aoife and Orla Webster, Thomas Pierce. **TIX:** \$7 **INFO:** 902-542-4508
Bluegrass Jam Session – Royal Canadian Legion, Berwick 7:30pm • Come on out and sing a song! **TIX:** no charge **INFO:** 902-538-7397 / mom8sk@hotmail.com
Fundraiser for Open Arms – New Beginnings Center, Greenwood 7:30–9:30pm • Hosted by 'Left of Center' acoustic duo with 'Misty Mountain' and 'Mark Clark Duo'. Canteen and 50/50 draw. **TIX:** free will offering **INFO:** 902-847-0669 / lloydhaight@eastlink.ca
Dance – Royal Canadian Legion, Windsor 8pm–12am • Music by country artist Kevin Davison. **TIX:** \$5 **INFO:** 902-798-2031 / windsorlegion@eastlink.ca

SATURDAY, 7

Lions Breakfast – St Andrew's Anglican Church Hall, Hantsport 7–10am • Pancakes, eggs, bacon, beans, hash browns, toast, juice, tea or coffee. Sponsored by the Hantsport & District Lions Club. Proceeds for Lions Community Service Programs. **TIX:** Cost \$7 per

person. Children 6-12 yrs. \$3.50 Children under 5yrs. no charge.
Traditional Breakfast – United Baptist Church, Canning 7:30–10:30am • Pancakes, sausage, bacon, hash browns, beans, scrambled eggs, toast. Gluten free options. **TIX:** donation **INFO:** 902-582-3827 / tapgag@xcountry.tv
Indoor Yard Sale – United Church, Windsor 8am–12pm • **TIX:** no charge **INFO:** ray.bonnie.snair@gmail.com
Indoor Yard and Bake Sale – United Church, Aylesford 8am–1pm • Indoor Yard and Bake Sale at the Aylesford United Church. Refreshments available Sponsored by the Committee of Stewards for church expenses. **TIX:** no charge **INFO:** 902-847-9624
Community Breakfast – Jolly Workers Hall, Black Rock 8–10am • Enjoy pancakes, sausage, eggs, hash browns, toast and baked beans. Everything is homemade including the fruit salad, donuts, muffins, cinnamon rolls, etc. **TIX:** donation **INFO:** 902-538-9993 / d.garber@ns.sympatico.ca
Mother's Day Breakfast – Community Hall, Scotts Bay 8–10am • Pancakes, scrambled eggs, sausages, toast, coffee, tea or juice. **TIX:** \$6, \$3 children 12 and under **INFO:** 902-582-7489 / jerrychuntley@hotmail.com
Gaspereau Community Yard Sale – Community Centre, Gaspereau 8am–12pm • Community Centre and surrounding area. Also, Steeple Cafe at the Church, 8am–12pm. Rain date May 14. Steeple Repair Fundraiser. **TIX:** no charge **INFO:** 902-542-2854
Silent Auction and Yard sale – Northeast Kings Education Centre, Canning 8am–4pm • Hosted by NKEC grads. Oodles of deals to be had. Support safe grad 2016. **TIX:** no charge **INFO:** 902-582-2040
Native Plant Sale – Harriet Irving Botanical Gardens, Wolfville 9am–12pm • A variety of native perennials grown from seed collected at the Harriet Irving Botanical Gardens will be available. Proceeds will support plant conservation and education programs at the Gardens. **TIX:** no charge **INFO:** 902-585-5242 / botanicalgardens@acadiou.ca
Acadia Dump and Run – Acadia Athletic Complex, Wolfville 9am–1pm • A large campus – community garage sale. **TIX:** no charge **INFO:** 902-585-1311 / dumpandrun@acadiou.ca
Relay For Life Open House – Recreation Centre, Kentville 9am–1pm • Stop by for a chat, a snack, and a fantastic find at the yard sale. Also BBQ and bake sale. **TIX:** donation **INFO:** 902-679-2540
Indoor Yard Sale – South Alton Community Center, Kentville 9am–2pm • Lots of great items for sale! **TIX:** no charge **INFO:** 902-678-4037
Scotian Hiker: Bear Cove to Mavillette Beach – Mavillette Beach Provincial Park, Mavillette 9am–5:30pm • Weather permitting. A long coastal hike atop some of the most scenic cliffs and shoreline in the province. Minimum 6 hours. Expect wet conditions in certain sections. Trail isn't difficult but is long, and offers spectacular cliff-top views. Check website for gear list and for changes before setting out. **TIX:** no charge **INFO:** scotianhiker.com
House of Sprouts Greenhouse – Kings Regional Rehabilitation Centre, Waterville 9:30am–3pm • Great prices on vegetable plants, flowers, hanging baskets, herbs, wooden crafts, container pots and more ... special pricing for Mother's Day. **TIX:** no charge **INFO:** 902-538-3103 / tbambrick@krrc.ns.ca
Jane's Walk (Miner's Marsh) – Miner's Marsh, Kentville 10am • How Ducks Unlimited Canada restores and protects wetlands and how this particular wetland has become a major attraction in the heart of the town of Kentville. With over 160 species of birds identified in the marsh, this is a very unique

ecosystem! The walk leader will be Grenville Jones, Ducks Unlimited Senior Director for NS & NL. **TIX:** no charge **INFO:** genevieve_allen19@hotmail.com
Plant Sale, Soup Luncheon, Tootie Table – Trinity United Church, Waterville 10am–1pm • Lots of plants for your garden. Luncheon – soup, rolls/biscuits, dessert, tea/coffee. Baked goods table with each item a toonie. **TIX:** donation **INFO:** 902-678-6251 / carolina_tucker@hotmail.com
Mother's Day Shopping Event – New Beginnings Center, Greenwood 10am–2pm • Scentsy, JK Apparel, Tupperware, Avon, Epicure, and so many more. Ticket Auction and Bake Sale. Proceeds to the Autism Centre/Annapolis Valley Chapter of Autism Nova Scotia. **TIX:** no charge **INFO:** Sandy, 902-242-2019 / annapolisvalley@autismns.ca
MomFest – Louis Millet Community Complex, New Minas 10am–3pm • If you know a Mom, are a Mom or have a Mom, MomFest has something for you! A unique fundraiser for the Kings County Family Resource Centre and Helping Children Participate Grant. Vendors, giveaways, prizes and more. Also a child-minding service as well as kid/Dad activities. **TIX:** donation **INFO:** 902-681-6972 / krista.newminas@bellaliant.com
Book Launch: Jan L. Coates – Sky Pig – The Box of Delights Bookshop, Wolfville 11am • Join local author Jan L. Coates as she launches her latest work, "Sky Pig", illustrated by Suzanne Del Rizzo. First Jack and Ollie try the leafy branches. Then a giant kite. Idea after idea, invention after invention, boy and pig drag them all to the top of the highest hill. Then Ollie runs as hard as ever a pig could run, until his trotters lift from the ground and—Crash! Stop by to hear Jan read from the book and talk about it's creation. **TIX:** no charge **INFO:** 902-542-9511 / boxofdelightsbooks@gmail.com
Ticket Auction – Grand View Manor, Berwick 11am–1pm • Canteen available. All proceeds to support Resident Activities **TIX:** \$1 for 20 tickets **INFO:** 902-538-3118 / leighanne.tate@grandviewmanor.org
Coffee Party – Kings Presbyterian Church, New Minas 11am–1pm • Enjoy a variety of coffee cakes, scones and muffins and browse our craft and bake tables. **TIX:** donation **INFO:** 902-681-2680
Dime Auction – Royal Canadian Legion, Windsor 12–4pm • Great items to bid on, baked goods available, 50/50, hotdogs and pop for sale. Viewing starts 12pm, Auction starts 2pm. Fundraiser for the Cadets trip to Ottawa in March 2017. Let us know if you have items to donate. **TIX:** no charge **INFO:** 902-253-8002 / phoenix12@eastlink.ca
Road to Recovery Walk / Run – Robie Tufts Nature Centre, Wolfville 12:30–4pm • Awareness Walk: 1 km through downtown Wolfville, 2pm start. Going the Distance Run/Walk: two 5 km routes, randomly assigned, 1:30pm start. All money raised will support mental health initiatives here in Kings County. Pledge sheets: RoadtoRecoveryWalk.com **TIX:** donation **INFO:** 902-679-7474 / office@cmhakings.ns.ca
Crib Tournament – Royal Canadian Legion, Kentville, upstairs 12:30pm • **TIX:** \$ 20 a team **INFO:** 902-678-8935
Literacy Mile – Valley Community Learning Association, Kentville 1pm • VCLA will be holding our 12th annual Literacy Mile at our Kentville Location. In addition to the walk for literacy, where we will highlight the financial and in-kind support of donors in chalk on the sidewalks of Kentville, there will be a barbecue, fun activities for families, a silent auction, a raffle, as well as a celebration of learner accomplishments. **TIX:** donation **INFO:** 902-679-5252

Grow With Art Children's Workshop – NSCC, Kentville 1–3pm • Join us to make art with Marina Myra. Register at 12:45pm. Artworks may be returned/exchanged and rented at this time for \$2/ framed artwork. Ages 6–14. **TIX:** \$2 for workshop **INFO:** growwithart.wordpress.com
Ticket/Live Auction BBQ and Bake Sale – Annapolis East Elementary School, Middleton 1–4pm • Enjoy live music, a BBQ, and bid on your favorite auction item. Don't forget your 50/50 tickets! All proceeds will support the Heart of the Valley BMX and Skate Park Society break ground on a permanent concrete riding park in Middleton. **TIX:** no charge **INFO:** Sandra, 902-825-2435 / amanda.white@hotmail.ca
Castaways Book Signing – Isabel & Roy Jodrey Memorial Library, Hantsport 2–4pm • The debut book of a new book series by our homegrown author Joan Newcomb. She has created living history from the potato famine to the Nova Scotia shores. **TIX:** no charge **INFO:** 902-223-7854 / joannewcomb902@gmail.com
Pottery Sale – Community Hall, Centreville 2–4pm • Terry-Lee Bourgeois King and students will be selling hand crafted pottery just in time for Mother's Day. Also, refreshments and a door prize. **TIX:** no charge **INFO:** 902-542-7938 / karekenn@hotmail.com
Mother's Day Tea – Community Hall, Canaan 2–4pm • Bake sale, craft sale, plant tables, door prize. **TIX:** donation **INFO:** 902-678-8209 / hbishop@xcounty.tv
Pink Ribbon Tea – Baptist Church Hall, Berwick 2–4pm • Celebrate Mother's Day and remember loved ones. Refreshments, local entertainment, and auction. Proceeds for the Canadian Breast Cancer Foundation. Scotiabank will match funds raised. **TIX:** \$15 **INFO:** huntley@ns.sympatico.ca
Mother's Day Supper – Community Centre, Melvern Square 4:30–6pm • Enjoy a full course pork loin supper with a gingerbread dessert. Proceeds for the Community Centre upkeep. **TIX:** \$12 adult, \$5 children **INFO:** 902-765-8158 / mwilkins@ns.sympatico.ca
Pork Loin Supper – Community Hall, North Alton 4:30–6pm • Pork loin, mashed potatoes, dressing, turnip, carrots, corn, gravy, coleslaw, pickles and choice of pie. **TIX:** \$12 adults, \$6 child 12 and under **INFO:** 902-678-3050 / jnanaw62@gmail.com
Gaspereau Home and School Annual Spring Auction – Community Hall, Gaspereau 6pm • Viewing 6pm, auction begins 6:30pm. Auctioneers: Jeff Newberry and Paul Saulnier. All new items donated by local businesses. **TIX:** no charge **INFO:** 902-542-1792 / quickinkiki@hotmail.com
Country Music 20th Anniversary Special – Fire Hall, Port Williams 7–10pm • Rob Brown, Lynne Crowell, Shirley Reid, Chet Brown/Lois Lutz, Gordie Giles, Ruth Manning with (Graham, Matt, Joel), Graham Moorehead, Carl Dalrymple, Paul Moulaison. **TIX:** \$10 at the door **INFO:** 902-542-2717 / nightshade@eastlink.ca
Jane's Walk (downtown Kentville) – Miner's Marsh, Kentville 7pm • Join us for a walk through four centuries of life in small town Nova Scotia. Some history is widely known, but most can only be known from the accounts of those who lived it. Your walk leader will be Krista Morine. **TIX:** no charge **INFO:** genevieve_allen19@hotmail.com / knightvalleytours.ca
20th Anniversary Country Music Special – Community Centre, Port Williams 7pm • Featuring Rob Brown, Lynne Crowell, Shirley Reid, Chet Brown/Lois Lutz, Ruth Manning with (Matt, Graham, Joel), Gordie Giles, Graham Moorehead, Carl Dalrymple ,

Paul Moulaison. 50/50, door prize. Sound by Mike Manning. **TIX:** \$10 **INFO:** nightshade@eastlink.ca
Joel Plaskett Emergency – *Mermaid Imperial Performing Arts Centre, Windsor 8pm* • Rescheduled event due to illness. Those who have already purchased tickets to the show may use them on the new date, or contact place of purchase for refund. Well-known Nova Scotian rock artist/record producer Joel Plaskett has multiple ECMA awards under his belt as a solo artist and with his band the Emergency. **TIX:** \$33 advance \$35 door. **ASSIGNED SEATING.** Tickets available for the new date @ Ticketpro.ca, 1-888-311-9090, Home Hardware (Windsor) **INFO:** 902-798-5841 / puppets@mermaidtheatre.ca
Songwriters Circle – *Union Street Cafe, Berwick 8–11pm* • Norma MacDonald, Carmel Mikol and Kim Wempe make a special stop at The Union Street Cafe. Performing as a trio, they'll collaborate on each other's songs with three part harmonies and mixed instrumentation. With years of international touring experience and multiple awards and nominations between them, they deliver top notch songwriting, storytelling, and a healthy dose of humour to every show. **TIX:** \$20 (+fee & tax) **INFO:** 902-538-7787 / contactunionstreet@gmail.com
Dance – *Royal Canadian Legion, Kentville 9pm–12am* • Music by Rte. 12. Bar and kitchen available. 19+ **TIX:** \$ 7 **INFO:** 902-678-8935
Legion Dance – *Royal Canadian Legion, Windsor 9pm–1am* • Featuring the music of Ruckus **TIX:** \$7 **INFO:** 902-798-2031 / windsorlegion@eastlink.ca

SUNDAY, 8

Lions Breakfast – *The Windsor & District Lions Club, Windsor 7–9:30am* • A full breakfast menu will be available, tea/coffee included. **TIX:** \$6 **INFO:** 902-472-2515
Teen Challenge – *Baptist Church, Aylesford 10:30am* • Know someone struggling with drug or alcohol addiction? A Teen Challenge team will share stories of addiction, recovery, and restoration with their families. Everyone welcome. **TIX:** no charge **INFO:** kimcheryldobson@ns.sympatico.ca
Mother's Day Brunch – *Planters Ridge Winery, Port Williams 11:30am* • A three course wine and food pairing event featuring Frais Catering. **TIX:** \$60 taxes included. Please RSVP. **INFO:** 902-542-2711 / plantersridge.ca/events
Mother's Day Music Show – *Royal Canadian Legion, Wolfville 1:30pm* • James Brown & Friends, The Bollivars, Dave Riley, 50/50, Canteen, Emcee – James Brown. All Proceeds for Wolfville Legion **TIX:** \$5 **INFO:** 902-542-5869
Mothers Day Supper – *Forties Community Centre, New Ross 4:30–6pm* • Chicken, cranberries, peas, carrots, potatoes, dessert, tea/coffee. **TIX:** \$12 adult, \$5 children 5–12, \$3 under age 5 **INFO:** 902-689-2000 / 902-689-2612
Fundy Cinema screens EYE IN THE SKY – *Al Whittle Theatre, 8pm* • Helen Mirren and Alan Rickman star in this timely thriller about a terrorist-targeting drone mission that turns into a protracted game of bureaucratic pass-the-buck when a civilian girl enters a kill zone. **TIX:** \$9 **INFO:** 902-542-1050

MONDAY, 9

Computer Basics for Seniors – *Hants Learning Network Association, Windsor 10am* • Learn how to: Get started, access the internet, all about emails, social media and internet safety. **TIX:** no charge, but please register. **INFO:** Josie, 902-472-3133 / hantsseniorsafety@gmail.com
Valley Gardeners Club – *NSCC Kingstec Campus, Kentville 7:30pm* • Kari Hjelkrem, owner of Down

to Earth Gardening and Landscaping Ltd., will speak on the topic "Love the Space You're in". Kari is an environmental horticulturalist. **TIX:** no charge **INFO:** 902-681-0049

TUESDAY, 10

Open House – *Kings County Adult High School, New Minas 1–3pm* • Kings County Adult High School (KCAHS) is holding an open house for those interested in completing their GED. Applicants must be at least 18 years of age. KCAHS provides individual instruction and small classes for self-motivated adult learners to complete high school. KCAHS also offers upgrading in academic and university preparatory credits. **TIX:** no charge **INFO:** 902-681-4930 / deanna.matheson@avrsb.ca / kcahs.ednet.ns.ca
Make Democracy Better – *Seminary House, Wolfville 6–8pm* • The Springtide Collective and our community partners are on a mission to find the best voting system for Nova Scotia. Learn about 5 different models for voting systems that NS could use, and join the conversation. **TIX:** no charge, but please RSVP **INFO:** 902-989-3668 / delaine@springtidecollective.ca / springtidecollective.ca/events
IP Matters – *Acadia Entrepreneurship Centre Rural Innovation Centre, 24 University Avenue, Wolfville 7pm* • Take an engaging journey into the world of intellectual property (IP) and software. What IP do you have and how can you protect it? This presentation will introduce you to the types of IP and why they matter. W/Catherine Vardy – Business Development Officer for the Atlantic Region, Canadian Intellectual Property Office (CIPO), and Philip Kerr – Partner at Kerr & Nadeau. **TIX:** no charge **INFO:** refreshannapolisvalley.org

WEDNESDAY, 11

Your Money, Your Life, Your Control – *Library, Windsor 6–7:30pm. Also May 18* • With financial consultant, Amanda Merrin. Walk away with the knowledge to start building financial stability for you and your family for today and the future. **TIX:** no charge **INFO/Reg:** amanda.merrin@investorsgroup.com
Annual General Meeting – *Community Hall, Cambridge Station 6:30–8pm* • Come and see what we have done with the Centre in the past year! We need volunteers to help with various objectives for the upcoming year. **TIX:** no charge **INFO:** 902-538-7666 / moore14@hotmail.com

THURSDAY, 12

Annual General Meeting – *Community Hall, Millville 7–8:30pm* • An opportunity to vote on the directing executive and to voice opinions on yearly events. See the hall improvements! **TIX:** no charge **INFO:** 902-840-1562 / cdavis224@yahoo.ca
North Mountain Chorus – *United Church, Berwick 7–8:30pm* • Our spring concert, "Songs of Home," showcases music from living Nova Scotian composers. Special guests include Cuckoo Moon and Jemita Buchanan. **TIX:** donation **INFO:** northmountainchorus.com
Jam Session – *Community Hall, North Alton 7–10pm* • Come on out and play, sing or enjoy listening to the music. Join us for a great lunch, tea and coffee. We also have a door prize and 50/50 draw **TIX:** Donation **INFO:** 902-678-3050 / jnanaw62@gmail.com

FRIDAY, 13

Valley Trekkers Volkspport Club – *UltraMar, Kentville 6am* • Meet at 5:30am for 6am 5/10km, 1B walk. **TIX:** no charge **INFO:** 902-679-4814
JK Apparel Fundraiser – *Dance Conxion, Coldbrook 4:30–7:30pm. Also May 14, 8:30–11:30am* • JK Apparel Kentville, NS is teaming up with Dance ConXion for an awesome fundraiser! 10% of all sales will be donated to Dance ConXion's scholarship fund! Come check out this super comfy line of clothing and support a great group of dancers! **TIX:** no charge **INFO:** jen@ourvalley.ca
Annapolis Valley Honour Choirs – *Christ Church (Anglican), Windsor 7:30–9pm* • Christ Church Concerts presents "How Can We Keep from Singing?" a Choral Concert by the Junior and Senior Choirs of the Annapolis Valley Honour Choir. Directed by Heather Fraser with Gus Webb, piano. **TIX:** suggested \$10 donation **INFO:** 902-790-6173 / ostephens@ns.sympatico.ca
Sheesham, Lotus and Son – *Evergreen Theatre, Margaretsville 8pm* • This trio of unique musicians play an eclectic list of unusual and wacky instruments, ranging from the fiddle, kazoo, contrabass, harmonium, banjo, sousaphone and marching French Horn, plus whistling and vocals. **TIX:** \$25 **INFO:** 902-825-6834 / evergreentheatre.ca / evergreentheatre@gmail.com
Legion Dance – *Royal Canadian Legion, Windsor 8pm–12am* • Entertainment provided by Meredith **TIX:** \$5 **INFO:** 902-798-2031 / windsorlegion@eastlink.ca

SATURDAY, 14

Legion Breakfast – *Royal Canadian Legion, Kentville 7:30–10am* • Come enjoy a good breakfast with friends. **TIX:** \$6 adults, \$3 children 12 and under **INFO:** 902-678-8935
Breakfast – *Baptist Church, Kingston 8–10am* • Community Breakfast: Delicious hot breakfast of traditional breakfast items, and healthy choices such as fruit, yogurt and muffins. Proceeds for the Kingston & District Elementary School Breakfast Program. **TIX:** free will offering **INFO:** brenda@kingstonunitedbaptistchurch.ca
Plant Sale – *Foodland (former), Kingston 8–11am* • Fundraiser for the Wilmot Garden Club to support our annual scholarship at Middleton Regional High School. Annuals, perennials (mostly), vegetable transplants, and shrubs. Reasonable prices, great advice from experienced gardeners. **TIX:** no charge **INFO:** 902-765-0906
Black Rock Plant Sale – *Community Centre, Black Rock 8am–12pm* • Lots of perennials, herbs, native shrubs, and small trees, as well as house plants. A fundraiser for the Black Rock Trails. **TIX:** no charge **INFO:** 902-538-8714
Annual Indoor Yard Sale – *Kings Presbyterian Church, New Minas 8am–12pm* • Just past the Irving Big Stop. **TIX:** donation **INFO:** 902-681-2680
Plant and Bake Sale – *Baptist Church, Berwick 8am–12pm* • Enjoy a muffin and tea/coffee Plants and baked goodies will be for sale **TIX:** donation **INFO:** 902-670-7566 / elva.kelley@ns.sympatico.ca
Indoor Sale – *Windermere Community Hall, Berwick 8am–1pm* • An indoor sale. Fundraiser for the hall. **TIX:** no charge **INFO:** 902-375-2399
St. Mary's Annual Plant Sale – *St. Mary's Anglican Church, Auburn 8am–12:30pm* • St. Mary's plant sale, at the Dixon room and outside, perennials, shrubs, some houseplants, African violets. **TIX:** no charge **INFO:** 902-847-9847 / robardecoste@ns.sympatico.ca

Mt. Denson Garden Club Plant Sale – *St. Mary's Catholic Church, Hantsport 9am–8pm* • Variety of annuals, perennials, some shrubs, tubers, etc. Reasonable prices. **TIX:** no charge **INFO:** 902-684-3827 / mary.stevens@ns.sympatico.ca
Amazing Race Car Rally – *United Church, Kingston 10am–1pm* • A fun way to explore your area and familiarize yourself with our Great Valley while competing with the other participants. Prizes for 1st, 2nd, and 3rd place! Lunch provided. Accuracy is a skill required! The operative word is fun! Each car must have a cell phone or tablet. Lunch provided. Come and enjoy the fun! **TIX:** \$10 each, 4 people to a car, \$40 per car. Register by May 7. **INFO:** Joann, 902-765-0105 / Gerry, 902-242-5034 / officekpc@kingston.ca
Annual Ticket Auction – *Fire Hall, Waterville 10am–2pm* • A large number of items for the auction. Food! beverage served from 11am–1:30pm. Door prize. Sponsored by the Waterville Baptist Church. **TIX:** 20 tickets for \$1, 100 for \$5 **INFO:** 902-690-7408 / lynnspencer@bellaliant.net
RCMP Open House – *RCMP, Kingston 11am–3pm* • Stop by for a tour of the detachment, to learn about some of our specialized units, driving simulator, fingerprinting, displays with EHS, Kingston Fire and Valley Search and Rescue, and much much more!! **TIX:** no charge **INFO:** 902-375-3601 / kelli.gaudet@rcmp-grc.gc.ca
Roast Pork Supper – *Avon United Church, Hantsport 4–6pm* • Takeout available for pickup only. **TIX:** \$12 adult, \$5 children under 12 **INFO:** bettyandmorris@gmail.com
Gala at Greyhaven – *Greyhaven Mansion, Coldbrook 4–7pm* • Don't miss this exciting musical event Featuring Susan Dworkin, Soprano and guests: Andrea Mathis, Piano Ken Davidson, Guitar Rosanne McClare, Mezzo Soprano Isaac MacInnis, Guitar Bruno Allard, Percussion Doug Van Hemessen, Double Bass. Everything from baroque to jazz! Mediterranean buffet at intermission. **TIX:** \$50 per person. Limited seating, by reservation. **INFO:** 902-300-1001 / susan_dworkin@hotmail.com
Movie Night – *Community Hall, Millville 6–8pm* • Come see Stuart Little! Snacks and beverages served; door prizes to be won. Hope to see you there. **TIX:** donation **INFO:** 902-840-1562 / cdavis224@yahoo.ca
Berwick & District Lions Club 'Stove' Dinner – *Kings Mutual Century Centre, Berwick 6:30–9pm* • A three-course prime rib dinner, cash bar, auctions and raffles and live entertainment from local band SWIG. Proceeds to raise funds to replace the 30-year-old hall stoves. **TIX:** \$25 @ Scotiabank (Greenwood) **INFO:** kmccberwick.ca/lions / 902-538-9436
Còig – *Mermaid Imperial Performing Arts Centre, Windsor 7pm* • Còig (Ko-ig) is an electrifying lineup of East Coast musicians. Driving tunes, haunting songs and infectious energy. **TIX:** \$23 advance, \$25 door. Assigned seating. @ Ticketpro.ca, 1-888-311-9090, Home Hardware (Windsor) **INFO:** 902-798-5841 / puppets@mermaidtheatre.ca
Spring Fling Dance – *Lions Club, Kentville 7pm–12am* • Fundraiser Dance for Survivors of Abuse Recovering (S.O.A.R.). Red Eye Blues Band & Northfield Band. Canteen and cash bar. **TIX:** donation **INFO:** coordinator@survivorsofabuserecovering.ca
Variety Show Fundraiser – *Fire Hall, Kingston 7–9:30pm* • Musical variety show featuring Country Harmony, Wanda Beaudoin and The Country Kids. Proceeds for Madd Bay of Fundy NS Chapter. **TIX:** donation **INFO:** 902-840-0457

What's Happening continued on page 16.

WHAT'S HAPPENING MAY 5 – 19, 2016 (CONT'D)

S.O.A.R. Spring Fling Dance – Lions Club, Kentville 7pm–12am • Music, dancing and refreshments. Two bands, cash bar, canteen services, 50/50 draw. **TIX:** donation **INFO:** 902-679-7337 / coordinator@survivorsofabuserecovering.ca

Jam Session – Community Hall, Black River 7pm • Local talent. Held the second Saturday each month. **TIX:** \$ 2 **INFO:** 902-542-5134

Auction – Curling Club, Middleton 7:30–9:30pm • Middleton Curling Club Fundraiser. Quality items and services, such as original paintings, restaurant certificates, 10lb cooked lobster, woodwork pieces, author signed books, variety baskets, and much more! Items can be viewed during Chase the Ace on Friday evenings or beginning 7pm on May 14. Door prizes. Beverages and snacks available. **TIX:** no charge **INFO:** 902-825-2695 / bemorine@hotmail.com

How Can We Keep From Singing? – Wolfville Baptist Church, Wolfville 7:30–9:30pm • The Annapolis Valley Honour Choir invites you to join us for our final concert of the year. "How Can We Keep From Singing?" will feature both junior and senior choirs, as well as AVHC alumni, parents and our 2016 graduates. **TIX:** \$15 adults, \$5 students/children (plus Ticketpro fees), or \$20 adults, \$10 students/children at the door. All Atlantic Ticketpro locations. **INFO:** 1-888-311-9090

Amelia Curran – Union Street Cafe, Berwick 8–11pm • Canada's master contemporary songstress. **TIX:** \$20 (+fees & tax) advanced, \$25 (+fees & tax) at door. **INFO:** 902-538-7787 / contactunionstreet@gmail.com

Dance – Royal Canadian Legion, Kentville 9pm–12am • Music by Split Decision. Bar and kitchen available. 19+ **TIX:** \$7 **INFO:** 902-678-8935

SUNDAY, 15

Cornwallis River Watershed Association: Public Meeting – Rec Centre, Kentville 1pm • We are developing a watershed association with the goal of "A swimmable, drinkable and fishable Cornwallis River." During this public meeting, we would like feedback from members of the Cornwallis community about what you think are the challenges and opportunities to achieve this vision. **TIX:** no charge **INFO:** cornwallisriver@gmail.com / facebook.com/cornwallisriverwatershed

Community Welcome Day – Ross Creek Centre for the Arts, Canning 1–7pm • Our first Ross Creek Welcome Day for our community and for new immigrant and refugee families. Nature Hikes, Plant-a-Pumpkin, Art Activities, Camp Day, Storytelling, Live Music and more! Community Potluck at 5pm. Bring a dish, break bread together (no peanut products please)! Proceeds go to the The Canning Area Interfaith and Community Refugee Support Group. **TIX:** donation **INFO:** 902-582-3842 / chris@artscentre.ca

North Mountain Chorus – Community Hall, Burlington 2–4pm • The North Mountain Chorus, under the esteemed direction of Wendy LaPierre, performs "Songs of Home". This year our spring concert showcases music from living Nova Scotian composers. Special guests include Cuckoo Moon and Jemita Buchanan. A BBQ follows the concert. **TIX:** donation **INFO:** 902-538-1389 / northmountainchorus.com

Roast Beef Dinner – Community Hall, Cambridge Station 4–6pm • Roast Beef, mashed potatoes, veggies, tea, coffee and ice cream for dessert! **TIX:** \$12 adults (\$14 take out), \$8 children under 12 **INFO:** 902-538-7666 / mooret14@hotmail.com
Sonlight – Morristown Baptist Church, Aylesford 7–8:30pm • Concert Fellowship to follow in church vestry. Free Will Offering for community youth! **TIX:** donation **INFO:** 902-341-2100 / ivy.palmer@nssc.ca

Wilmot Church Concert Night – Baptist Church, Wilmot 7pm • Join us as we welcome the Lawrencetown Male Choir as our guests. **TIX:** donation **INFO:** 902-765-8479 / bentsusan2@gmail.com

Fundy Cinema screens BORN TO BE BLUE – Al Whittle Theatre, 8pm • Ethan Hawke stars as Chet Baker in this remarkably creative reimagining of the legendary jazz trumpeter's struggle to overcome his drug addiction and stage a comeback. **TIX:** \$9 **INFO:** 902-542-1050

MONDAY, 16

TUESDAY, 17

Committee of the Whole – County of Kings Municipal Complex, Kentville 9am • **TIX:** no charge **INFO:** 1-888-337-2999

Plein Air – Dempsey Corner Orchards, Aylesford 10am–1pm • Join Anne and Edward, artists and art lovers of all levels to experience Plein Air Art (on location art) this season. A new location in and around the Annapolis Valley will be selected each week. All art media are welcome: oils, acrylics, watercolour, ink, graphite. **TIX:** no charge **INFO:** 902-701-8106 / edwardwedler@gmail.com

Eating Disorder Support Group for Families/Friends/Carers – Louis Millet Community Complex, New Minas 7–9pm • This meeting is for the caregivers, friends and families of those with an eating disorder (ED) with an aim to give and receive support, reduce isolation, share strategies and successes, build coping skills, and build hope! **TIX:** no charge **INFO:** 902-691-2319 / AV.FC4SWEDs@outlook.com

WEDNESDAY, 18

Volunteer Leadership Symposium – NSCC Kingstec Campus, Kentville 9am–3pm • Expanding Your Toolkit; Building Our Future is a free event organized by the Kings Volunteer Resource Centre. The purpose of the Symposium is to equip volunteers and voluntary organizations with a few more tools for their toolkit. Keynote: Paula Speevak, Volunteer Canada. Lunch provided. **TIX:** no charge, but please pre-register as spaces are limited. **INFO:** 902-678-1398 / coordinator@kingsvolunteerresourcecentre.ca

Seniors Musical – Lions Club, Canning 1:30–3pm • Entertainment by Harold Hunt and Friends. Tickets being sold on a handcrafted birdhouse. Door prize draws, 50/50. **TIX:** monetary or non-perishable donation to Canning and Area Food Bank **INFO:** 902-582-3827 / taggap@xcountry.tv
Wolfville Historical Society – St. John's Anglican Church, Wolfville 2–4pm • "Collections – Show and Tell" with Ken Bezanson, an avid collector and experienced antique dealer. Bring examples from your collections. Ken will also comment on being targeted by a clever shoplifting criminal and the impact of the lost Nova Scotia Film Tax Credit. **TIX:** no charge **INFO:** 902-542-9775 / randallhouse@outlook.com

THURSDAY, 19

Lower Horton Cemetery Company Annual Meeting – Horton Community Centre, Grand Pré 7:30pm • All lot holders and public welcome. **TIX:** no charge **INFO:** cayford@eastlink.ca

LIVE THEATRE

Footloose The Musical – Avon View High School, Windsor May 5, 6, 7, 7:30pm • AVHS presents the musical, Footloose. **TIX:** \$9 adult, \$7 student/senior @ Avon View High School **INFO:** 902-792-6743 / fraserj30@gnsps.ca

Enchanted April – CentreStage Theatre, Kentville May 6, 7, 13, 14, 20, 21, 27, 28, 7:30pm, May 8, 15, 2pm • Following the First World War, four very different English women rent a remote castle in Tuscany and try to come to grips with their lives and relationships. Under the spell of their idyllic surroundings, they rediscover laughter, themselves, and romance. It's April in Italy and anything can happen...even love! **TIX:** \$15 general, \$12 student/senior **INFO:** 902-678-8040 / centrestage@centrestagetheatre.ca

Mrs. B Comes to Brooklyn Dinner Theatre – Civic Centre, Brooklyn May 7, 14, 7–9:30pm • BFD Actors presents "Mrs. B Comes to Brooklyn". Written & directed by Carole Peterson. Must be 19yrs and older. Salad, turkey dinner & dessert. **TIX:** \$25 @ Home Hardware (Brooklyn, Windsor) **INFO:** 902-757-3777
Valley Regional Hospital Foundation Gala – Louis Millet Community Complex, New Minas May 14, 6pm • "A Night at the Marquee". Delicious food and wine, exciting auction items, and a chance to laugh with friends new and old during comedian Mike MacDonald's show. All of this while raising money for a worthwhile cause. **TIX:** \$125 per person and include a \$50 tax receipt. Call or email. **INFO:** 902-678-5414 / katherine.macarthur@nshealth.ca

Joseph and the Amazing Technicolor Dreamcoat – Festival Theatre, Wolfville May 19, 20, 21, 22, 7pm, May 21, 22, 1:30pm • Presented by the St. Joseph's Stage Prophets. The Biblical saga of Joseph and his coat of many colours comes to vibrant life in this delightful musical parable. **TIX:** \$20 @ Occasions Gifts and Décor (Kentville), Cotton Tale Café + Play, (New Minas), Box of Delights Bookshop and Acadia Box Office (Wolfville). **INFO:** 902-698-9692 / len.hawley@acadiau.ca

CLASSES & WORKSHOPS

Hula-Hooping for Kids! – Mondays, starting May 9, 5–6pm @ Cotton Tale Cafe + Play, New Minas • Hula-hooping is loads of fun!!! There is a reduced fee for those in the present class, as they have their own hoops already **FEE:** \$65, includes your own hoop! **INFO/Reg:** 902-680-1691

English as a Second Language Conference – Saturday, May 14 @ Acadia University. Presented by TESL Nova Scotia. Topics will include volunteering with refugees, cultural competency, Canadian Language Benchmarks, and much more! All are welcome, including volunteers and community members. **FEE:** \$30, includes lunch and refreshments. **INFO/Reg:** tesl.ns.com

ASIST Training – May 14–15, 9am–8pm @ Glooscap First Nation Community Centre, Hantsport. Applied Suicide Intervention Skills Training is a 2 Day workshop for anyone ages 16 and older. You will be trained to provide suicide first aid. **TIX:** \$75 **INFO:** 902-542-7513 / sarah.hergett@nshealth.ca
Vision Workshop – Saturday May 14, 9am–12pm @ Civic Centre, New Minas. This event is open to the general public and it's about having personal vision and how to attract more into the individual life. **TIX:** \$30 per individual, \$20 for 2 or more individuals. Register by May 7 **INFO:** 902-300-1863 / Polly.Hurlburt@gmail.com / truewealthandhealth.com

Inner Light Yoga Workshops – May 15, 22, 29, 2–4pm @ Cedar Centre of Active Health and Living, Windsor. Explore some of the different aspects of yoga, from physical poses to the unfolding of how yoga became what it is today, and how yoga can be applied to everyday situations. **FEE:** \$35 per

session, \$100 for all three **INFO:** Jade Burgess, 902-757-3885 / 902-402-1948

Somatic Movement – Five Wednesdays in June, 5:30–7pm @ Bishop Hall, Greenwich. Based on the teachings of Thomas Hanna, taught by David Thomas. Through slow, gentle movements learn how to help yourself live and move more comfortably by retraining your brain. Encourage your body to move as it was meant to move. All movements done lying on the floor or seated. **INFO:** vitalhealthyoga.com
Voice & Piano Lessons – Private music instruction. All ages and levels. Learn to read music: Group sight-singing classes on demand. **INFO:** 902-300-1001 / Susan_dworin@hotmail.com

Taoist Tai Chi™: Classes at: Kentville – Lions Hall 78 River Street, Tuesdays 6–9pm; Thursdays 11:30am–2pm. Berwick Legion, Mondays, 6–7:30pm. **INFO:** Mary Anne, 902-678-4609 / kentville@taoist.org

Inner Sun Yoga – Classes for every level of student with certified instructors in our inviting studio space. **INFO:** 542-YOGA / innersunyoga.ca

Community Yoga – Wed. & Fri., 12–1pm @ Dance Studio, Downstairs, Old-SUB, Acadia. **FEE:** \$5, no charge for Acadia students **INFO:** Carole, cazaflows@gmail.com



VOLUNTEER OPPORTUNITIES

Fusion Annapolis Valley – Fusion AV engages with young professionals in the Annapolis Valley, providing opportunities to connect and build their personal and professional network. They are recruiting for our Board of Directors, as well as people who can help with events and action teams. Fusion works with people of all ages. **INFO:** coby.milne@fusionav.ca

Community Health Boards – Seeking board members to support health plan objectives, board plans and initiatives, and health system goals and initiatives that contribute to the health of the Annapolis Valley community. Members will be appointed for a term of three years, and required to attend one two-hour board meeting per month, with additional committee work periodically required. Fill out an application online. **INFO:** avdha.nshealth.ca

L'Arche Homefires – A community organization that supports adults with disabilities. They are seeking volunteers that can fill a variety of roles including preparing meals, taking part in social activities, helping with weaving, knitting, sewing, candle making, etc. **INFO:** Roxanne Brown, 902-542-3520 / admin@larchehomefires.org

CNIB – A non-profit that provides rehabilitation services for people who are blind, visually impaired and deafblind. They are looking for 10 volunteers in Wolfville, Windsor, Kentville, and New Minas for their Vision Mate position. Vision Mates are matched up one-on-one with a person with vision loss to provide sighted assistance for two hours a week. **INFO:** Jeff deViller, 902-453-1480 / jeff.deviller@cnib.ca

Wickwire Place for Senior Care – Wickwire Place is enriching their recreation program, and is looking for speakers, performers, volunteers who can teach knitting, painting, exercise classes, etc. Preference goes to volunteers who can make a regular commitment (weekly, monthly, etc.) **INFO:** tclahane@eastlink.ca

THE FIRST ANNUAL POETRY COMPETITION RESULTS!

Sponsored by *The Grapevine Newspaper*, The Box of Delights Bookshop, and The Inquisitive Toy Company

Winner: 'Dragon for Hire' by Rachel Cooper

Runner-up: 'Bic Tribute' by May Niemi
(To be published in a future Grapevine issue.)

Youth Winners: 'Spring' by Josephine Herbert & 'Big Giant Monster' by Oscar Herbert

NOTES FROM THE JUDGE: HEATHER PYRCZ

Congratulations to everyone who submitted to the first annual Grapevine poetry contest. It was my privilege to read your poems. I sincerely hope you all continue to read and write poetry!

What I was looking for in a winner? Primarily three elements: 1) The relationship between content and form. The most important element in a poem is meaning; however, form enhances meaning. It's what makes images and ideas poetic. 2) Concision. Writing poetry is a process of distilling an essence, particularly in revision. When you're done you shouldn't be able to delete a single word — each one left adding powerfully to that essence. 3) The overall effect. A wise critic once said that the only question you need to ask about a work of art is, "is it alive?" All art works first on a gut level. A good poem evokes a physiological response, like the hair rising at the back of your neck, not in fear, but in recognition. The difficulty in choosing, is that art is subjective, in the sense that it's created by an individual's understanding and imagination. Preference in art is also subjective. It's a combination of what you know about art and what you prefer.

A poem takes time to reveal all its nuances. Reading repeatedly revealed a diversity of style and form, ranging from quiet contemplation to macabre humour. Subjects included dragons, our Valley, potholes, music, books, depression, and letting go. There were vivid images (a child darting in and out of the reservoir pool, a burning barrel, rats in the general store), effective use of musical devices such as assonance (an 'ee' or 'wh' sound pulled skillfully through the poem creating mood or a pleasing rhythm), and unexpected but appropriate metaphors ("Snags a thread of hard-earned wisdom/ And begins to weave").

'Dragon for hire' is this year's winner. It is complete and perfectly polished. I wouldn't change a word, a syllable, a comma. It takes skill to employ a fixed form with perfect rhyme. Nowhere does the poet distort word order or sentence structure to satisfy form. It flows seemingly effortlessly, without cliché or sentimentality. It works on two levels: the literal, aging dragon, and the symbolic dragon, symbolizing the elderly amongst us. There is a subtle call to action in its gentle rebuke, suggesting that the problem lies not with the elderly but with our perceptions of them, nudging us towards a more enlightened attitude. An excellent example of Children's Literature, that is, literature children can also enjoy; this poem speaks to all who approach it.

POETRY WINNER:

DRAGON FOR HIRE

By Rachel Cooper

Pardon me, please,
I would like to enquire –
if a fire-breathing dragon
no longer breathes fire,
if it can't do a roar,
if it's more of a *sigher* –
is a *steam*-breathing dragon
still worthy of hire?

And if by some chance
it has grown rather old,
if its scales won't lie flat,
if its wings won't unfold,
if its eyes have grown dim
and its fire has gone cold –
would you see that its deep dragon heart
is still bold?

And what if its talons
have grown much too long,
but they're no longer sharp,
and they're not very strong;
if it tells wondrous tales,
but the tales sound all wrong –
would you still want to conjure
its ancient, wild song?

YOUTH POETRY WINNERS:

SPRING

by Josephine Elizabeth Herbert

Stupendous
Pretty
Riding Bikes
Ice Cream
No sledding
Going fishing

BIG GIANT MONSTER

by Oscar Herbert

Big giant monster
lots of fur
cool, scary head
werewolf nose
fire monster eyes
fox tail
stomping through the woods
sees a little kid...
and eats him!

THE FREE CLASSIFIEDS

This section works on a first-come, first-served basis. Email your classified to: info@grapevinepublishing.ca and, if there's room, we'll get you in. Or, to reserve a placement, pay \$5 per issue (3-issue minimum commitment). Please keep listings to 35 words or less.

FOR HIRE/PURCHASE:

Health Services: Massage Therapy. Certified, professional. Located in Woodman Grove. Call for appointment. **INFO:** 902-698-9711

Traditional Chinese Medicine: Reclaim Wellness Centre, Wolfville. Combining Acupuncture and Chinese Herbology. 13 years experience! Specializing in Anxiety and Depression, Insomnia, Menstrual and Menopausal issues, Infertility, Digestive problems, Headaches and Smoking Cessation. Student rates available. **INFO:** Jane Marshall D.TCM, D.Ac, 902-404-3374

Financial Planning: The question you need answered is-what if? What if I live longer than expected – or die sooner than expected? What if I become ill or incapacitated – or my spouse does? Talk to me for help planning for the unexpected! **INFO:** Cynthia Farris Coane, Consultant. Investors Group Financial Services, Inc., 902-681-1061 x243 / CynthiaFarris.Coane@investorsgroup.com

Travel Planning Professional: Denise MacMillan with The Destination Experts. Let's talk about your vacation! Free, no obligation quotes. Friendly, professional service. Valley based. **INFO:** 902-692-9581 / dmacmillan@TheDestinationExperts.com / [FB/Denise.TravelPlanning](https://www.facebook.com/Denise.TravelPlanning)

Intuitive Therapy and Readings: Intuitive Therapy combines intuitive readings with therapeutic

guidance. Understanding the meaning behind the message and its importance for you, at this time. Receive a therapeutic reading in person, by phone, by email, by text, or Skype. **INFO:** Catherine Skye Knott, Intuitive, Intuitive Nature Therapist, Reiki Master, Health professional, lisbonchai@gmail.com

Let Donna Do It! Do you have a resume, school paper, or other document that needs editing? Do you have paperwork that needs transcribing, or a business that needs promoting, or another administrative job that needs doing? Let Donna do it for \$35 per hour (\$18 for 1/2 hour job). **INFO:** donna.holmes712@gmail.com / [facebook.com/letDonnadoit](https://www.facebook.com/letDonnadoit).

DONATE:

Donate Used Clothing: Flowercart creates work and training for people. Donate your used clothing to Flowercart and keep your donation and the resulting money local. Drop off location 9412 Commercial St., New Minas. **INFO:** 902-681-0120 / lisahammattvaughan@flowercart.ca

UPCOMING:

Teddy Bear Jamboree: The Falmouth Community Association is busy planning the 30th anniversary of The Teddy Bear Jamboree (June 24-25)! We are looking for volunteers to help in many different ways. **INFO:** Jorelle, 902-472-2682



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the
UNION STREET

UPCOMING EVENTS

MAY 7 SONGWRITER CIRCLE with Norma MacDonald, Kim Wempe & Carmel Mikol

MAY 8 MOTHER'S DAY BRUNCH BUFFET (11AM-2PM)

EVENING GALA 5:30PM
4 course meal w/ wine pairings & jazz music

MAY 14 AMELIA CURRAN

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183 Commercial St. Berwick

CATERING ALL TYPES OF EVENTS!

THE DOME CHRONICLES: THE GASIFICATION OF HARMONY

Garry Leeson

In 1972, a boxcar from Toronto containing a menagerie of farm animals and an eager young couple pulled into the station platform in Kingston, Nova Scotia. They were bound for a deserted hundred-acre farm on the South Mountain, determined to preserve the foundations of farmsteads past while constructing a geodesic dome. They were pioneers of the future, armed with respect for tradition and an irrepressible sense of humour. They didn't call themselves farmers. They were back-to-the-landers. Farming was industry and their calling was sustainability. Over the next forty years, through flood and fire, triumph and catastrophe, they persevered, unwittingly sowing the seeds for the modern small-farm movement.

I think it was likely in the same old *Mother Earth News* magazine where I found plans for our dome that I discovered Harold Bate. An article featuring Mr. Bate, a British farmer/wacky-inventor was producing methane gas from chicken manure by simply sealing four or five gallons of the stuff in a drum and heating it to a constant 80 degrees. The gas was then collected in bottles or plastic balloons and stored for use.

In addition to a chicken-powered 1953 Hillman, which travelled comfortably at 75 miles per hour, Bate was also heating his farm buildings and running a five-ton truck on the gas. I was hooked. I had to give it a try. Bate was also flogging his patented carburetor attachment to convert a motor vehicle from gasoline to methane power. I had to have it. I sent a money order for the required amount along to Britain and Andrea and I waited patiently for the wonderful gizmo to arrive.

I wanted to be ready with a good supply of methane as soon as it arrived. So, when the

weather shut down our efforts on the exterior of the dome, I spent my spare time hitting the junkyards in the area looking for the gear I would need to construct a large digester. I was in my element! I had always loved cruising salvage yards admiring the discarded equipment and imagining what use I could make out of it. One of the first dates I took Andrea on when we first met back in Toronto included a tour of Temperman's Salvage Yard north of the city. That should have been her first warning. I found the item I wanted resting on a heap in Colin Peel's graveyard of disused paraphernalia in Aylesford. It was a huge metal tank that had once seen service on the air base as an oversized water tank and it was just what I needed.

I envisioned it in all its glory mounted on runners, fitted out with hatches, ports, and clusters of valves and pressure gauges. It was a huge item, weighing over a ton, but somehow I got it over to Kingston to the Valley Creamery (which was actually a hardware store) where the owner, Gordon Inkpen, let me use his shop and his welding gear to make my vision a reality. It was a thing of beauty when I finished it, and I could hardly wait to get it home and charge it up with the offerings from our chickens and some borrowed pig manure.

The attachment for the carburetor was a long time coming so the digester just sat in the summer heat unused and burbling away for the better part of a month. In truth because we were so busy building the dome, I had almost forgotten the project when my father,

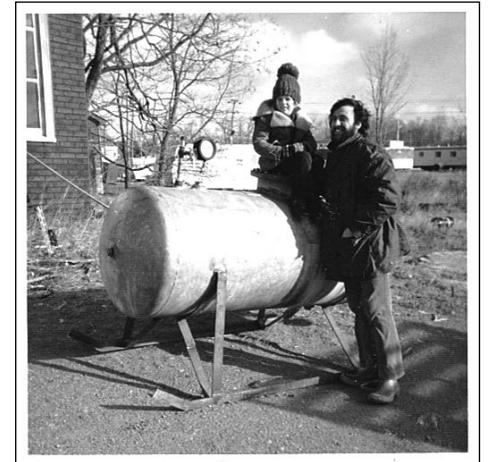
who had come to visit us, drew it back to our attention.

One evening when darkness had settled in, we heard Dad shouting, "Check this out, check this out!" I grabbed a flashlight and headed out to see what he was so excited about. There he stood beside our manure digester with a garden hose that was attached to the output valve in his hand. Before I realized what he was up to and could put a stop to it, he

opened the valve on the top of the digester. As the gas began to whoosh out he pointed the end of the hose up and away from himself and applied his lighter. A huge, long, wide, blue plume of fire akin to those blowouts on an Alberta oil well shot skyward and illuminated the immediate area. It went on for several minutes before Dad shut the valve and the area became dark again. I tried to discourage Dad from repeating the performance citing that we would need the gas when our special valve arrived but he was not dissuaded and continued with his light shows whenever we had visitors in the evening.

Mr. Bate's invention finally arrived and there was no shortage of gas so, as the instructions suggested, Dad and I immediately bored a hole in the side of our old truck's carburetor and attached the adapter. Wonder of wonders when we applied the methane, the old motor immediately leapt to life and purred along like it never had before. We installed an old tractor tube in the box of the truck to store the gas in. Our range was limited. But, if we coasted down the mountain we had enough fuel to

I sent a money order for the required amount along to Britain and Andrea and I waited patiently for the wonderful gizmo to arrive.



get us back to the house. A more practical use of the gas was to fuel my forge. I was forever shaping horseshoes.

We had big plans for future use of the gas. I thought we might have used it for appliances in the dome. To that end I designed and built a special septic tank along the lines of the Gobar biotech projects going on in India at the time. "Ah well the best-laid plans." Life intervened. Our son Timothy was born and my five-year-old son Brenden came to live with us. Reality set in and the gas project was put on the back burner indefinitely.

The other day I was up in the woods behind the barn. The digester has rested there unused for over forty years now. The old thing looked to be in pretty good shape. When I mentioned to Andrea that I thought I might get it working again she just said, "Not with my car."

@ THE LIBRARY

THURSDAY, MAY 5, 12, 19

Babies and Books – Memorial Library, Wolfville May 5, 12, 19, 10am • Babies and caregivers can join us for stories, songs and playtime. Newborn to 2 years. **TIX:** no charge **INFO:** 902-542-5760 / valleylibrary.ca

Fun & Fables – Library, Windsor May 5, 12, 19, 10:30-11:30am • Join us for a special hour of stories, songs, rhymes and craft time for preschoolers (ages 2-5) and their caregivers. **TIX:** no charge, but registration is required. **INFO:** 902-798-5424 / valleylibrary.ca

Third Thursday Social – Library, Windsor May 19, 2-4pm • Join us for some easy listening entertainment provided by local musicians... while you read, browse, do the puzzle, or just relax. Coffee & tea & light refreshments. **TIX:** no charge **INFO:** 902-798-5424 / valleylibrary.ca

FRIDAY, MAY 6, 13

Bookworms Preschool Storytime – Murdoch C. Smith Memorial Library, Port Williams May 6, 13, 10:30-11:30am • Wriggle on in to read, sing and play and have tons of fun! Ages 3-5. No registration required. **TIX:** no charge **INFO:** 902-542-3005 / valleylibrary.ca

BusyBabies – Murdoch C. Smith Memorial Library, Port Williams May 6, 13, 11:30am-12:30pm • So many books, songs and rhymes -- so little time! These babies

are busy! For ages 0-2 and caregivers. **TIX:** no charge **INFO:** 902-542-3005 / valleylibrary.ca

Judith Graves: YA Fiction to DIE For – Memorial Library, Wolfville May 13, 3:30-4:30pm • Graves writes horror and thrillers for youth. As part of the Children's Book Week Tour of Nova Scotia she will read from her work, and give you some tips on writing your own stories. Recommended for ages 12+. **TIX:** no charge, but please register. **INFO:** 902-542-5760 / valleylibrary.ca

Family Fort Night – Rosa M. Harvey Middleton & Area Library, Middleton May 6, 6:30-8pm • We will be building forts for a very special storytime. Don't forget to wear your pyjamas! For families with children ages 3+. **TIX:** no charge, but registration is required as space is limited. **INFO:** 902-825-4835 / valleylibrary.ca

The Hangout: Get Your Game On! – Rosa M. Harvey Middleton & Area Library, Middleton May 13, 6:30-8pm • Calling all young adults who love to play games! Spend your Friday night hanging out with your friends, listening to music and munching on snacks. For ages 10-14. **TIX:** no charge, but please register. **INFO:** 902-825-4835 / valleylibrary.ca

MONDAY, 9, 16

Popovers – Library, Kingston May 9, 16, 10-11am • Stories, crafts, and songs for ages 2-5 and their caregiver. **TIX:** no charge, but please register. **INFO:** 902-765-3631 / valleylibrary.ca

TUESDAY, 10, 17

Book in the Nook – Memorial Library, Wolfville May 10, 17, 10-10:30am • Curl up, relax and enjoy listening to stories in our Book Nook. Suggested age: 3-5, with caregiver. **TIX:** no charge **INFO:** 902-542-5760

Fun & Fables – Library, Windsor May 10, 17, 10:30-11:30am • A special hour of stories, songs, rhymes and craft time for preschoolers (ages 2-5) and their caregiver. **TIX:** no charge, but please register. **INFO:** 902-798-5424 / valleylibrary.ca

Library Lab – Isabel & Roy Jodrey Memorial Library, Hantsport May 17, 3-4:30pm • Kids will be exploring a variety of different crafting techniques, art materials and science related activities. Snacks included! Ages 10-14. **TIX:** no charge, but registration is required. **INFO:** 902-684-0103 / valleylibrary.ca

Teen Buddies – Library, Kentville May 17, 6:30-7:30pm • Members of Kentville Library's Teen Council will be on hand to read, colour, draw, build and play with kids aged 3-8. Caregiver must remain in the library. **TIX:** no charge **INFO:** 902-679-2544 / valleylibrary.ca

Hey You(th)! – Library, Berwick May 17, 7-8:30pm • Hey You(th)! You are invited to this very special Teen input session. We want to know what you would like to see in Berwick's new library for furniture and programming. For ages 11+ **TIX:** no charge **INFO:** 902-538-4030 / valleylibrary.ca

WEDNESDAY, 11, 18

Talk Sing Read! Storytime – Library, Berwick May 11, 18, 9:45-10:15am • Enjoy rhymes, songs, and books with other children and caretakers. Geared towards ages 0-5, but all ages welcome. **TIX:** no charge **INFO:** 902-538-4030 / valleylibrary.ca

Babies & Books – Library, Windsor May 11, 18, 10:30-11am • Please join us for a special one-on-one time for babies (0-24 months) & their caregivers with stories, songs, rhymes & social time. No registration required. **TIX:** no charge **INFO:** 902-798-5424 / valleylibrary.ca

Cozy Corner Storytime – Isabel & Roy Jodrey Memorial Library, Hantsport May 11, 18, 10:30-11:30am • A fun-filled hour of stories, rhymes, games and crafts. For ages 2-6 and their caregivers. **TIX:** no charge **INFO:** 902-684-0103 / valleylibrary.ca

Storytime – Library, Kentville May 11, 18, 11-11:30am • Share the fun and adventure of reading with your child. Enjoy rhymes, songs, and books! Suggested age: 2-5. Parent/caregiver accompaniment is required. **TIX:** no charge **INFO:**

Fibre Craft – Isabel & Roy Jodrey Memorial Library, Hantsport May 11, 18, 1-3pm • For knitters, hookers, crocheters, weavers and spinners... or anyone who enjoys the fibre craft arts. An opportunity to share stitches & time. Bring your own project. In the lower level of the library. Everyone welcome! **TIX:** no charge **INFO:** 902-684-0103 / valleylibrary.ca

At Acadia



Acadia University | 15 University Ave, Wolfville.
902-542-2201 | Staffed Switchboard. 8:30am-4:30pm.
agi@acadiau.ca – General Inquiries

SNAP SHOT by WESLEY PITTS



wespittsphotography.com, facebook.com/wespittsphotography

TECHSPLOURATION

During the two-day Techsplorer Event, young women from across the province gather with their teachers, role models and invited guests to participate in exciting, interactive presentations and workshops. This event reinforces and expands upon the information provided in the Techsploration team presentations and gives each girl the chance to meet the other role models.

All of the young women are actively involved in the team presentations. Along with providing information on their assigned career, the students introduce their role model, who responds to questions from the floor.

For those in the audience, it is an opportunity to witness the power of the program first-hand! Each year we hear about the creativity and confidence shown by these young women.

Important skills that can take decades to acquire are being honed in a supportive and encouraging environment.

Techsploration is a not-for-profit organization that provides young women from grades nine through twelve with opportunities to explore science, trades and technology occupations, while creating awareness about the critical role of work in their lives. It also helps them understand the significance of high school math and science for their future careers.

This year's Techsplorer Events are:

May 5-6, 2016
Acadia University, Wolfville

May 19-20, 2016
NSCC, Truro Campus, Truro

The Acadia Dump and Run

Saturday May 7, 2016 9am-1pm | Acadia Athletic Complex Gymnasium

The Acadia Dump and Run is a large campus-community garage sale held each May. It was started by students in 2001 to divert residence waste from the landfill and minimize curbside waste from off-campus housing. The Wolfville and area community also participates and over the years literally tons of waste has been diverted from local landfills. Student and community groups volunteer at the event with proceeds donated to the participating campus clubs, societies and community non-profit groups. Past volunteer groups include Habitat for Humanity, Girl Guides, World University Services Canada, Wolfville Tritons, SPCA, The Acadia Community Farm, S.M.I.L.E. and many more.



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Acadia University, Wolfville, NS.
Tel: (902) 585-1625 Fax: (902) 585-1039
(e-mail: gabi.williams@acadiau.ca)

Darren W. Booth
B.Sc., P.T.
Certificate Sport Physiotherapy
Registered Physiotherapist

Chris Henderson
B.Sc., P.T.
Certificate Orthopaedic Manual
Physiotherapy
Registered Physiotherapist

Jenny Dea
B.Sc.H., M.Sc., P.T.
Registered Physiotherapist

Management and Prevention of Sport and Orthopaedic Injuries



WHAT'S GROWING AT THE HARRIET IRVING BOTANICAL GARDENS: NATIVE PLANT SALE

Melanie Priesnitz, Harriet Irving Botanical Gardens

The grass is green, the birds are singing, and the earth is ready for planting which means it's time for the annual Native Plant Sale at the Harriet Irving Botanical Gardens. The Friends of the Acadian Forest volunteers have been busy all winter propagating a wide range of native plants from seed collected in the Botanical Gardens.

In addition to the plants offered by the Friends, there will be a great selection of native trees, shrubs, ferns, and perennials from six nurseries across Nova Scotia. We'll be welcoming back Bunchberry Nurseries from Annapolis Royal, Baldwin's from Falmouth, Helping Nature Heal from Bridgewater, and Fernwood Plant Nursery from Hubbards. We're excited to be welcoming a new nursery this year, Beneath the Boughs Woodland

Nursery from Kentville. Valley Waste Resource Management will be giving away a backyard composter so be sure to stop by their table to add your name to the draw.

If you haven't started adding native plants to your home garden, now is the time. Gardening native supports wildlife, eliminates the need for chemical fertilizers or pesticides, conserves water, and increases biodiversity. We hope you'll join us at the KC Irving Environmental Science Centre in Wolfville (32 University Avenue) on Saturday, May 7 from 9am to noon. Together we can and help conserve the Acadian Forest Region one plant at a time.

Harriet Irving Botanical Gardens
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botanicalgardens.acadiau.ca



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7pm - 9pm

Show to be officially opened by **Kelly Mitchelmore, Impasto Painter**

Live Music from the Basin Brothers

Cash Bar ♦ Appetizers by the Flying Apron Cookery

Admission: Adults \$8.00, Children under 12 free!

Viewing times throughout May
Every Saturday & Sunday from 10am-5pm

Admission: Adults \$2.00



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Join us for two walks in Kentville



Miner's Marsh: From Wet Pasture to a Wetland Park

Led by Grenville Jones, Ducks Unlimited Senior Director

Saturday, May 7th 10AM

Meet at the Miner's Marsh entrance

The Varied History of Kentville

Led by Krista Morine, Knight Valley Tours Guide

Saturday, May 7th 7PM

Meet at the Miner's Marsh entrance



Jane's Walk is a global movement of free, citizen-led walking tours inspired by urbanist Jane Jacobs. @janeswalk #LoveToWalk

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