

THE GRAPEVINE

ARTS | CULTURE | COMMUNITY

March 22 - April 5, 2018 | Issue No. 15.04 | 5000 copies

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APPLE TREE FOUNDATION

5TH ANNUAL 5-K RUN/WALK



Timings • Medallions





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 5-K Run / Walk / Roll Adults: \$30
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Run proceeds to upgrade
 Sensory Room at Kings
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 with disabilities





APRIL 29, 2018 • 10 AM • WATERVILLE, NS

Wolfville

LIGHTS IT UP BLUE

for Autism Awareness



April 2nd is World Autism Awareness Day



Thurs. Mar. 29 - Mon. Apr 2
 Shine BLUE LIGHTS from your home or business

Saturday March 31st
11:00–2:00 Charity BBQ at Clock Park

Mingle and meet. Everyone on the autistic spectrum along with family & friends, is especially welcome.
Great food!!-- Gift Basket draws and prizes--Donations accepted for tax receipts

7–9pm Downtown Wolfville Blue Light Circuit
 Travel throughout Wolfville and see all the amazing BLUE homes, store fronts and buildings lit blue for the long weekend!

7:59pm Blue Moon Rise – Waterfront Park
 Hot Chocolate and Blue Glow available



Harrison Czapalay, Autism Advocate
 Wolfville Lights It Up Blue for Autism Awareness
<https://www.facebook.com/events/536675423386063/>




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POSTER BY MIDNIGHT OIL PRINT & DESIGN HOUSE





WHO'S WHO:

COWBOY HARRISON CZAPALAY: THE VALLEY'S BRIGHT BLUE LIGHT

Mike Butler

Saddle up folks! Remember those Gene Autry, John Wayne, and Roy Rogers types who swept into town and made things better for the townspeople? Did you think they were long gone? Just when all hope was lost for a true gent to ride into town and makes things brighter, in sashays Harrison Czapalay!

Cowboy Harrison Czapalay has become one of the most recognizable faces in the Valley and I am truly honoured to share his inspirational story and his efforts in lighting up the Valley for autism awareness.

The 24-year-old is a hometown boy from Wolfville, and lives with autism. He graduated from Horton High School in 2012, and has been involved in the Acadia S.M.I.L.E. program for 20 years. "I've loved every minute of it" he says. It's rare to see Harrison without his signature cowboy hat and cowboy shirt as he ambles around town, along with that signature smile!

Harrison works as a contractor for Flowercart at the Michelin plant in Waterville, and as a part-time stable hand at Poloosa Ridge Stables in White Rock. He's also a herdsman at local cattle sortings and cattle penning shows, and a rodeo crew member at the Lawrence-town Exhibition. In his spare time, Harrison likes riding horses and going to the different exhibitions in the province. He says, "I am an assistant dairy leader for my 4-H club, I love watching rodeos and horse shows, and competing in cattle penning and cattle sorting. My Friday nights are reserved for S.M.I.L.E. and doing lots of activities with my buddies. This past year I've been busy with public speaking engagements. I won at the provincial show and qualified to compete at the Royal Winter Fair in Young Speakers for Agriculture. That was an amazing experience!"

Harrison is most proud of is his role as an autism advocate. Harrison has become the face of autism advocacy here in the Valley with the Light it up Blue for Autism Awareness event that has taken place in Wolfville for the last few years. This is a special time of year for Harrison and his determination and great spirit have made this an exceptional event each year.

"Three years ago I wanted to bring recognition about autism to Wolfville by observing April 2, World Autism Awareness Day" says Harrison. "Blue is the colour symbolizing autism and all around the world blue lights shine on April 2. I wanted to see Wolfville lit blue for this night and I am still blown away by the support I received that first year! It was amazing and I was so inspired that it started an annual event and my second year had even more support! I really would like to thank Acadia University and the Town of Wolfville, the Rotary Club, and Lions Club, as well as the Wolfville Fire Department for their support."

Wolfville Lights It Up Blue is a fundraising event, but more importantly it raises awareness and support for those living with autism. Harrison wants to be (and has been on so many levels) a voice for those people who can't speak: "I want to give back to the groups who have helped me so much" he says. "The charities I'm supporting are Autism Nova Scotia, Annapolis Valley chapter, and the Acadia S.M.I.L.E. program. My goal is to have the town and surrounding communities participate in Light It Up Blue by shining a blue light from their homes and businesses, wearing the colour blue, attending my barbeque at Clock Park in downtown Wolfville on Saturday, March 31, and attending the evening circuit and watching the blue moon rise."

Have you been to the barbeque before? They have Jimmy Dogs from Meadowbrook Meat Market, face painting, raffle prizes, and a lot more. In the evening, for the first time and only this year, there will be a "blue moon," so there will be hot chocolate and glow bracelets available. There will also be a "blue light circuit" along Main Street and side streets that people can either walk or drive to look at the blue lights. To Harrison, and so many others, it's like Christmas! For more information, you can either email Harrison at harrisonc1@hotmail.com or his mom at missvicki@eastlink.ca. Hope to see you at the barbeque on Saturday March 31!

To our Valley cowboy, thank you for your efforts and your strength. All the best and may your blue light shine, always!



Furry Feature — SASSY —

Sassy is a female shorthaired bobtail tortie! Born approx. 2013. Sassy was surrendered to us by her owner as she was not getting along with other cats in the home. She seems very un-sassy-like here and has displayed very friendly behaviour while in our care. She is not timid and seems to love attention.

Wolfville Animal Hospital
12-112 Front Street
Wolfville
902 542 3422

WHY SEE A YOGA THERAPIST?

Loreen Keddy

Yoga is already well-known for its many health benefits, but have you heard about the emerging field of yoga therapy? Yoga therapy is a whole-body approach to healing that often has amazing results. Here is why you should consider seeing a yoga therapist as part of your wellness goals.

1) Move better, feel better

Your patterns of movement are influenced by your daily life, activities, age, and your health. It is these patterns that can lead to dysfunction and physical weakness, and manifest as pain, tingling, and tightness in your body. Yoga therapy can help you discover new patterns of movement that will allow your body and brain to communicate and facilitate healing.

2) Injury Recovery

Whether you are recovering from surgery or a recent or recurring injury, working with a yoga therapist can be extremely helpful. You will learn the language of your body, how to tell when you are pushing too far, and how to work in your pain-free range of motion, reducing pain and improving that range over time. Yoga therapy can evolve from rehabilitation to fitness (building awareness along the way).

3) Increase Vitality and Restore Balance

Maybe you feel like you are missing out on your favorite activities because your body doesn't move the way it used to, or because it's become too painful. Pain isn't always

where the problem is. It's important to work with someone who includes all parts of you, and supports you towards shifting how you move and how you live your life so you can experience a greater sense of freedom. When you can tune in to your body's wisdom you will see your health transform.

4) Manage your health

Yoga therapy helps alleviate symptoms and manage living with chronic conditions through a whole-person approach to healing. Yoga therapy is focused entirely on your needs and we'll find the best methods to help you manage your symptoms.

5) An Alternative Approach to Healing

Yoga therapy is an evidence-based complementary therapy. It isn't a substitute for being evaluated and treated by a doctor, physical therapist, or other licensed medical professional. Yoga therapy works beautifully in partnership with other healing modalities. Yoga therapy is unlikely to interact adversely with any medical treatment. Always consult your doctor.



Loreen Keddy is a yoga therapist based in Kentville. She offers movement education through one-on-one and small group workshops and classes. (902) 300-6452 or therapeuticyoga@outlook.com.



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Margaret Drummond's
WORD OF THE ISSUE:

✧ **Bafflegab** ✧
(noun):

Obscure or pretentious verbiage, especially bureaucratic jargon.

"It will no doubt be a challenge to consider one candidate over another, as every speech was awash in buzzwords and bafflegab."



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THE GRAPEVINE



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Depending on the commitment length and colour options, rates range from:

- SINGLE BLOCK \$45 - \$62
- DOUBLE BLOCK \$88 - \$123
- FOUR BLOCK \$168 - \$237
- HALF PAGE \$427 - \$624
- ARTS EVENT POSTER \$76 - \$117

ISSUE DEADLINES:

★ **April 5 Issue: Ads/Submissions/Listings Deadline: March 26**
 ★ **April 19 Issue: Ads/Submissions/Listings Deadline: April 9**

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WHERE TO FIND US

- WINDSOR:** Fry Daddy's, Lisa's Cafe, T.A.N. Coffee
- FALMOUTH:** Fruit & Vegetable Company, Petro-Canada
- HANTSPOUR:** Jim's Your Independent Grocer
- AVONPORT:** Cann's Kwik-Way
- GRAND-PRÉ:** Convenience Store, Domaine de Grand Pré, Just Us! Café
- GASPEREAU:** Gaspereau Vineyards, Luckett Vineyards, Reid's Meats & Kwik-Way, XTR Kwik-Way
- WOLFVILLE:** Carl's Your Independent Grocer, Cuts Meat Market, Eos Natural Foods, Just Us! Café, T.A.N. Coffee, Library, Wolfville Farmers' Market
- GREENWICH:** Avery's Farm Market, Edible Art Cafe, Elderkin's Farm Market, Hennigar's Farm Market, Noggins Corner Farm Market, Stems Cafe, Stirling's
- PORT WILLIAMS:** Fox Hill Cheese House, Planters Ridge, Sea Level Brewery, The Noodle Guy
- CANNING:** Degraaf's Kwik-Way, ValuFoods, i scream

- NEW MINAS:** Boston Pizza, Captain Sub, Irving Big Stop, Jessy's Pizza, Long and McQuade, Milne Court Petro-Canada, Pita Pit, Swiss Chalet
- KENTVILLE:** Half Acre Café, Jason's Your Independent Grocer, T.A.N. Coffee, Valley Regional Hospital
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- AYLESFORD:** Chisholm's PharmaChoice
- KINGSTON:** Green Elephant Cafe, Library, Pharmasave, Library, French Bakery
- GREENWOOD:** Country Store, Valley Natural Foods, Country Store, Tim Hortons, McDonalds
- MIDDLETON:** Angie's Restaurant, Goucher's Market, Wilmot Frenchy's



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CORRECTION

Some of you may have noticed a missing brewery on our Local Libations map in our March 8 issue. Sea Level Brewing can be found at 980 Terry's Creek Road in Port Williams. Be sure to include this micro-brewery on your libations adventures! You can get a growler to go, or try one of their creations at The Port next door.

THANK YOU FROM THE WOLFVILLE AREA FOOD BANK

Diana R. Shelley

It started with a pretty simple question. In the fall of 2005, at a meeting of the Wolfville Area Inter-Church Council (WAICC), someone asked: "why wouldn't we have a food bank in Wolfville?"

After several subsequent meetings, and much weighing of the pros and cons, the Food Bank Feasibility Committee was formed. Over the next year its members visited established food banks in the area and asked many questions. Various venues were considered, and advice was sought from Feed Nova Scotia. After considerable work, on February 1, 2007 the Wolfville Area Food Bank opened its doors for the first time, in the lower level of Wolfville Baptist Church.

During those first few months we averaged around 30 families per month. Today we help approximately 100 families each month. We started with a handful of volunteers and now we have about 70 faithful people who help on a regular basis.

As we enter our twelfth year of operation we want to express our deep appreciation for all the wonderful community support we have received in these years. We absolutely couldn't have done it without you.

Our sponsor and prime supplier of funds, WAICC, depends on the generosity of the people and businesses of Wolfville and the surrounding areas. Without these funds, they wouldn't be able to do what they do, and we wouldn't be able to do what we do. Each year, they give more than we can imagine. Throughout the year, though especially during the Christmas season, individuals and local businesses give to WAICC, fundraising events and food drives are arranged by both local and national organizations, and the community continues to show its support. In Wolfville, the university students take on their own efforts, including their popular Trick or Eat event at Hallowe'en.

We would like to take this opportunity to thank you all: WAICC, our individual donors, our corporate donors, local businesses who regularly supply us with items such as apples and eggs, students at Acadia, Horton High School and Wolfville School, the Wolfville Baptist Church for its wonderful hospitality and support, and of course our faithful and hard-working volunteers. We simply couldn't do it without you all!



BURGER WARS, EPISODE III: APRIL 2018!

There's a Burger War happening and we want you to be a part of it!!

For the month of April over 40 restaurants from Windsor to Digby will be participating in Burger Wars for Campaign for Kids!

Here's how it works:

Go to any one of the participating restaurants and order the designated burger.

Log on to campaignforkids.com/burgerwars to add your comments, and rate the burgers, anytime between April 1 and April 30.

At the end of the month, the restaurant with the top ratings will be awarded a fun burger-themed trophy and will earn bragging rights for the year. New this year, J.R. Mahoney (a food service industry equipment supplier in Sydney, Nova Scotia) will be awarding the winning chef with a *King of the*

Grill apron, cedar scraper for a barbecue, and a ten-inch Grohmann chef's knife.

For every designated burger that is ordered, \$1.00 will go directly to Campaign for Kids to help kids in financial need in Kings County!

New this year, a Burger Wars passport will be available to download. For every 5 different restaurants visited, burger eaters will receive a ballot for the grand prize draw in May for a \$400 gift certificate for the Quarterdeck Beachside Villas & Grill. Details can be found at campaignforkids.com/burgerwars.

Campaign for Kids is a non-profit organization dedicated to raising funds for youth in financial need in Kings County. For more information contact info@campaignforkids.com.



Burger Wars co-organizers Jill Forse and Laura Churchill Duke will be busy during the month of April, eating burgers from Windsor to Digby, all in support of Campaign for Kids



EAT TO THE BEAT



THE FREE CLASSIFIEDS

(Schedule subject to change)

THURSDAYS: 22, 29, 5

Edible Art Cafe (New Minas): Marshall Lake (22nd, 29th, 5th) 12 pm

Troy Restaurant (Wolfville): Ron Edmunds Duo (22nd, 29th, 5th) 6:30pm

Spitfire Arms Alehouse (Windsor): Open Jam Session (22nd, 29th, 5th) 7pm

Oaken Barrel Pub (Greenwood): Trivia Night (22nd, 29th, 5th) 7pm

Tommy Guns (Windsor): Karaoke Night (22nd, 29th, 5th) 7:30pm

Dooly's (New Minas): Open Mic (22nd, 29th, 5th) 8:30pm

Paddy's Pub (Kentville): The Hupman Brothers (22nd, 29th, 5th) 9pm

Paddy's Pub (Wolfville): Trivia Night (22nd, 29th, 5th) 9pm

Library Pub (Wolfville): Tony & Caillum (22nd, 29th, 5th) 9pm

The Anvil (Wolfville): Top 40 DJ (22nd, 29th, 5th) 10pm

FRIDAYS: 23, 30

Edible Art Cafe (New Minas): Marshall Lake (23rd, 30th) 12pm

Kings Arms Pub by Lew Murphy's (Kentville): John Duggan (23rd), GuyPaul Thibault (30th) 5:30pm

Blomidon Inn (Wolfville): Jazz Mannequins (23rd, 30th) 6:30pm

Horton Ridge Malt & Grain (Hortonville): Mark Clarke Trio (23rd) 7pm

Spitfire Arms Alehouse (Windsor): Hal Bruce (23rd), Clusterfunk (30th) 8pm

Joe's Food Emporium (Wolfville): The Mark Riley Project (30th) 8pm

Union Street Café (Berwick): Rachel Beck w/ Adyn Townes, \$15 (16th) 8pm

Dooly's (Greenwood): Karaoke (23rd, 30th) 8:30pm

The Anvil (Wolfville): Top 40 DJ (23rd, 30th) 10pm

West Side Charlie's (New Minas): JSRB Productions (23rd), Country Rocks Cancer, \$23 (30th) 9pm

Oaken Barrel Pub (Greenwood): Video Dance Music (23rd, 30th) 10pm

SATURDAYS: 24, 31

Farmer's Market (Wolfville): Catherine Kennedy (24th), Donna Holmes (31st) 9:30am

Edible Art Café (New Minas): Kenny Byrka (24th), Lee Gilbert (31st) 12pm

The Port Pub (Port Williams): Ron Edmunds Duo (24th, 31st) 12:30pm

The Noodle Guy (Port Williams): Jam Session (24th, 31st) 1:30pm

La Torta Woodfired Pizzeria (Wolfville): Steve Lee Duo (24th, 31st) 5:30pm

Spitfire Arms Alehouse (Windsor): GuyPaul Thibault (24th), Adam Cameron (31st) 7pm

Horton Ridge Malt & Grain (Hortonville): Open Mic w/ Zakary Miller (24th) 7pm

Lunn's Mill Beer Co (Lawrencetown): Quiz Night (24th) 7:30pm

Dooly's (Greenwood): House DJ (24th, 31st) 8pm

Union Street Café (Berwick): Gabrielle Papillon & Pat LePoidevin, \$12 (31st) 8pm

King's Arms Pub by Lew Murphy's (Kentville): Shawn Hebb Trio (24th), BernMarks (31st) 8:30pm

Paddy's Pub (Wolfville): John B Main (24th), Jack MacDonald (31st) 9pm

The Anvil (Wolfville): Top 40 DJ (24th, 31st) 9pm

Dooly's (New Minas): DJ Unruly (24th, 31st) 10pm

Tommy Gun's (Windsor): Video Music Screen (24th, 31st) 12am

SUNDAYS: 25, 1

Paddy's Pub (Wolfville): Irish Session (25th, 1st) 8pm

MONDAYS: 26, 2

Edible Art Café (New Minas): Ron Edmunds Band (26th, 2nd) 12pm

Paddy's Pub (Wolfville): Open Mic (26th, 2nd) 9pm

TUESDAYS: 27, 3

Edible Art Café (New Minas): Ron Edmunds Band (27th, 3rd) 12pm

TAN Café (Wolfville): Open Mike & Donna (27th, 3rd) 7pm

Oaken Barrel Pub (Greenwood): Open Mic (27th, 3rd) 7pm

The Port Pub (Port Williams): Ron Edmunds Band Open Mic (27th, 3rd) 7:30pm

Paddy's Pub (Kentville): Irish Session (27th, 3rd) 8pm

The Anvil (Wolfville): Toonie Tuesdays w/Top 40 DJ (27th, 3rd) 9pm

WEDNESDAYS: 28, 4

Edible Art Café (New Minas): David Filyer (28th, 4th) 12pm

West Side Charlie's (New Minas): Billy T's Karaoke (28th, 4th) 9pm

This section works on a first-come, first-served basis. Email your classified to: listings@grapevinepublishing.ca and, if there's room, we'll get you in. Or, to reserve a placement, pay \$5 per issue (3-issue minimum commitment). Please keep listings to 35 words or less.

DONATE/VOLUNTEER:

Uncommon Common Art: Help this seasonal outdoor art exhibit by volunteering as a steward for art installations close to your home. **INFO:** uncommoncommonart@gmail.com.

Kings Kikima Grannies: We are collecting FABRIC and SEWING notions for an upcoming fundraising sale (June 2). If you have donations please call for pickup. Also, please save all Yard Sale items to drop off at the Wolfville Lion's club, June 1, 9am-6pm. Funds raised from the sale support orphaned children's education in Africa. **INFO:** 902-542-9848 / 902-701-1480

Donate Used Clothing: Flowercart creates work and training for people. Donate your used clothing to Flowercart and keep your donation and the resulting money local. Drop off location 9412 Commercial St., New Minas. **INFO:** 902-681-0120 / lisahammittvaughan@flowercart.ca

Valley Hospice: Help the Hospice just by clearing out your closet! Donate your gently used items in the name of Valley Hospice at Consignors Place, New Minas. 40% selling price goes to help the Hospice. **INFO:** Consignorsplace.com/calendar / valleyhospice.ca

PRODUCTS & SERVICES:

Traditional Chinese Medicine: Beautiful new location in downtown Wolfville! Combining Acupuncture and Chinese Herbology to enhance your wellness. 16 years experience! **INFO:** Jane Marshall D.TCM, D.Ac located at 112 Front St, Suite 209, Wolfville / 902-404-3374 / janemarshallacupuncture.ca

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FOR RENT:

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EMPLOYMENT:

Cook: Brigadoon Village Seeking Cook: Hourly wage negotiable, accommodation available on site. **INFO:** brigadoonvillage.org

GENERAL:

Call to Artisans: North Mountain United Tapestry Artisan Market. Calling all makers, artisans and crafters! Showcase & sell your work. Network with artisans in your community! **INFO:** Shelley Racz, unitedtapestryartmarket@gmail.com / 902-538-1105 / unitedtapestry.com/artisan-co-operative/

Alcoholics Anonymous: If you want to drink, that's your business. If you want to stop, that's ours. **INFO:** 902-691-2825 / area82aa.org/district3/

Free Community Lunch: Kingston United Church, 733 Main St., Kingston. Every Wednesday, 12-1pm. Come in for a nice hot soup lunch. Open to EVERYONE in the community! **TIX:** no charge **INFO:** njarmstrong@eastlink.ca

2018 Annapolis Valley Music Festival: The festival will be held April 30-May 6 @ Acadia University and Wolfville Baptist Church, Wolfville. A new options for distance entries. Information and registration forms available on the website. Deadline is March 31. Questions: Lana, 902-542-2186 / Submissions: jchurchill@ns.sympatico.ca **INFO:** avmf.ca

SAVE THE DATE:

The Greatest Potluck Ever: A Happy Community Project Celebration: Sunday, May 27, 1-4pm @ Victoria Park, Windsor. Enjoy the Greatest Potluck Ever. Bring your favourite casserole. Share the food, children's games, music and fun! View Hants West Projects and Vendor's booths. Everyone is Welcome. **INFO:** 902-792-8303

Joy in Everyday Life: In the Shambhala tradition, the course "Joy in Everyday Life" will be offered by the Windsor Meditation Group, May 4, 5 & 12. **INFO:** windsormeditationgroup@gmail.com / 902-798-2958

A Run to Dye for 2018: Acadia Athletics Complex, Wolfville 3-4pm • Sponsored by Exercise Is Medicine on Campus - Acadia University. Open to all ages and abilities **TIX:** \$30 **INFO:** facebook.com/EIMCAcadia

A Spring Concert for CAPRE: St. James Anglican Church, 18 Prospect Street, Kentville, April 7, 7-9:30pm. Well known Nova Scotia comedian, Bill Carr will be master of ceremonies. Valley Musicians: Rachel MacLean, Caleb Miles, The Gilberts, Jack MacDonald, The Chimney Swifts, Ryan Roberts, Kim Barlow & Ida Red, Graham Howes, Sarah McInnis & Jesse Carlson, Mark Riley, John Ebata, and the Annapolis Valley Honour Choir! **TIX:** \$20 @ Box of Delights, (Wolfville), Long & McQuade (New Minas), R.D. Chisholm's (Kentville) **INFO:** capre.org

BURGER WARS FOR CAMPAIGN FOR KIDS: SCOTT NEEDS YOUR HELP!

Try a burger, snap a picture of it (or of you eating it), tell us in 150 words or less why it was awesome, and send it our way to editor@grapevinepublishing.ca. We'll post them online, and publish the best of the best!

EASTER EGG SCRAMBLE

Find all the Easter Eggs hidden in this Grapevine issue, then unscramble the letters to find the hidden message below. Submit your solved puzzle to Naked Crêpe for your chance to win a dessert crêpe! This puzzle runs from March 22 - April 5, 2018.



_____ , _____ , _____
 _____ ?!

Name: _____ Contact: _____

MYSTERY QUOTE

NAKED CRÊPE BISTRO

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Rob Breznsky's FREE WILL ASTROLOGY

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ARIES (March 21-April 19): The "School of Hard Knocks" is an old-fashioned idiom referring to the unofficial and accidental course of study available via life's tough experiences. The wisdom one gains through this alternate approach to education may be equal or even superior to the knowledge that comes from a formal university or training program. I mention this, Aries, because in accordance with astrological omens, I want to confer upon you a diploma for your new advanced degree from the School of Hard Knocks. (P.S.: When PhD students get their degrees from Finland's University of Helsinki, they are given top hats and swords as well as diplomas. I suggest you reward yourself with exotic props, too.)

TAURUS (April 20-May 20): Europeans used to think that all swans were white. It was a reasonable certainty given the fact that all swans in Europe were that color. But in 1697, Dutch explorer Willem de Vlamingh and his sailors made a pioneering foray to the southwestern coast of the land we now call Australia. As they sailed up a river the indigenous tribe called Derbarl Yerrigan, they spied black swans. They were shocked. The anomalous creatures invalidated an assumption based on centuries of observations. Today, a "black swan" is a metaphor referring to an unexpected event that contravenes prevailing theories about the way the world works. I suspect you'll soon experience such an incongruity yourself. It might be a good thing! Especially if you welcome it instead of resisting it.

GEMINI (May 21-June 20): Crayola is one of the world's foremost crayon manufacturers. The geniuses in charge of naming its crayon colors are playful and imaginative. Among the company's standard offerings, for example, are Pink Sherbet, Carnation Pink, Tickle Me Pink, Piggy Pink, Pink Flamingo, and Shocking Pink. Oddly, however, there is no color that's simply called "Pink." I find that a bit disturbing. As much as I love extravagant creativity and poetic whimsy, I think it's also important to cherish and nurture the basics. In accordance with the astrological omens, that's my advice for you in the coming weeks. Experiment with fanciful fun, but not at the expense of the fundamentals.

CANCER (June 21-July 22): According to *Vice* magazine, Russian scientist Anatoli Brouckov is pleased with the experiment he tried. He injected himself with 3.5-million-year-old bacteria that his colleagues had dug out of the permafrost in Siberia. The infusion of this ancient life form, he says, enhanced his energy and strengthened his immune system. I can't vouch for the veracity of his claim, but I do know this: It's an apt metaphor for possibilities you could take advantage of in the near future: drawing on an old resource to boost your power, for example, or calling on a well-preserved part of the past to supercharge the present.

LEO (July 23-Aug. 22): Booze has played a crucial role in the development of civilization, says biomolecular archaeologist Patrick McGovern. The process of creating this mind-altering staple was independently discovered by many different cultures, usually before they invented writing. The buzz it provides has "fired our creativity and fostered the development of language, the arts, and religion." On the downside, excessive consumption of alcohol has led to millions of bad decisions and has wrecked countless lives. Everything I just said is a preface to my main message, Leo: The coming weeks will be a favorable time to transform your habitual perspective, but only if you do so safely and constructively. Whether you choose to try intoxicants, wild adventures, exhilarating travel, or edgy experiments, know your limits.

VIRGO (Aug. 23-Sept. 22): The astrological omens suggest that the coming weeks will be favorable for making agreements, pondering mergers, and strengthening bonds. You'll be wise to deepen at least one of your commitments. You'll stir up interesting challenges if you consider the possibility of entering into more disciplined and dynamic unions with worthy partners. Do you trust

your own perceptions and insights to guide you toward ever-healthier alliances? Do what you must to muster that trust.

LIBRA (Sept. 23-Oct. 22): If you want people to know who you really are and savor you for your unique beauty, you must be honest with those people. You must also develop enough skill to express your core truths with accuracy. There's a similar principle at work if you want to know who you really are and savor yourself for your unique beauty: You must be honest with yourself. You must also develop enough skill to express your core truths with accuracy. The coming weeks will be a favorable time for you to practice these high arts.

SCORPIO (Oct. 23-Nov. 21): Your journey in the coming weeks may be as weird as an R-rated telenovela, but with more class. Outlandish, unpredictable, and even surreal events could occur, but in such a way as to uplift and educate your soul. Labyrinthine plot twists will be medicinal as well as entertaining. As the drama gets curiously and curiously, my dear Scorpio, I expect you will learn how to capitalize on the odd opportunities it brings. In the end, you will be grateful for this ennobling respite from mundane reality!

SAGITTARIUS (Nov. 22-Dec. 21): "Love is the only sane and satisfactory answer to the problem of human existence," wrote philosopher Erich Fromm. I would add a corollary for your rigorous use during the last nine months of 2018: "Love is the only effective and practical way to graduate from your ragged, long-running dilemmas and start gathering a new crop of fresh, rousing challenges." By the way, Fromm said love is more than a warm and fuzzy feeling in our hearts. It's a creative force that fuels our willpower and unlocks hidden resources.

CAPRICORN (Dec. 22-Jan. 19): My goal here is to convince you to embark on an orgy of self-care – to be as sweet and tender and nurturing to yourself as you dare to be. If that influences you to go too far in providing yourself with luxurious necessities, I'm OK with it. And if your solicitous efforts to focus on your own health and well-being make you appear a bit self-indulgent or narcissistic, I think it's an acceptable price to pay. Here are more key themes for you in the coming weeks: basking in the glow of self-love; exulting in the perks of your sanctuary; honoring the vulnerabilities that make you interesting.

AQUARIUS (Jan. 20-Feb. 18): One day, Beatles' guitarist George Harrison decided to compose his next song's lyrics "based on the first thing I saw upon opening any book." He viewed this as a divinatory experiment, as a quest to incorporate the flow of coincidence into his creative process. The words he found in the first book were "gently weeps." They became the seed for his tune "While My Guitar Gently Weeps." *Rolling Stone* magazine ultimately named it one of "The Greatest Songs of All Time" and the tenth best Beatle song. In accordance with the astrological omens, I recommend you try some divinatory experiments of your own in the coming weeks. Use life's fun little synchronicities to generate playful clues and unexpected guidance.

PISCES (Feb. 19-March 20): Millions of you Pisceans live in a fairy tale world. But I suspect that very few of you will be able to read this horoscope and remain completely ensconced in your fairy tale world. That's because I have embedded subliminal codes in these words that will at least temporarily transform even the dreamiest among you into passionate pragmatists in service to your feistiest ideals. If you've read this far, you are already feeling more disciplined and organized. Soon you'll be coming up with new schemes about how to actually materialize a favorite fairy tale in the form of real-life experiences.

Homework: Imagine a bedtime story you'd like to hear and the person you'd like to hear it from. Testify at Freewillastrology.com.





Matt Cameron, aka MC Shredder

FEATUREPRENEUR CAPRE: TINY BUSINESSES, EXTRAORDINARY IMPACT

Genevieve Allen Hearn

We tend to valorize a certain entrepreneurial archetype: the entrepreneur who started small and made it big, the entrepreneur who is an industry leader, the entrepreneur who is a financial success. But what of the entrepreneurs who overcome major obstacles every single day to continue to run their tiny businesses? What of the entrepreneurs who will never become wealthy, but are rich in social capital?

Community Association of People for REAL Enterprise (CAPRE) is an organization that contributes to the entrepreneurial landscape in small but extremely important ways. CAPRE helps individuals with an intellectual disability setup and run their own businesses. Currently, CAPRE represents eleven entrepreneurs running service-based businesses such as laundering or shredding, as well as product-based businesses such as creating hand-sewn goods, dog treats, or spice mixes. Every entrepreneur receives one-on-one support, and is part of a business planning team comprised of a support worker, the entrepreneur's parents, a member of the business community, and the executive director of CAPRE. The entrepreneurs are empowered to direct the team if they are able to do so.

Lee Van Amerongen, owner of Lee's Shop in Canning since 1999, is one of these entrepreneurs. Although he is non-verbal, he is very involved in determining the direction of his business. Lee's interest in artisanal products from around the world has resulted in an array of international merchandise available at his store.

CAPRE was founded by four mothers of children with intellectual disabilities, Lee's mother being one of them, in 1978. The women wanted an opportunity for their adult children to participate in community life. What started as a summer recreation program grew into an organization that provided meaningful employment to persons with high needs. The first business, run by Krista Taylor, started operating in 1995 (Krista's Around the Town Services) and other businesses blossomed from there.

CAPRE is a person-centered program that takes into consideration the ability level of each entrepreneur involved. They match each entrepreneur's skills, talents, and interests with an opportunity in the community. Kathleen Purdy is a board member and mother of entrepreneur Brendon Purdy-Smith. She tells the story of how she noticed Brendon's fascination with stirring, and turned it into an applesauce business. Brendon now runs Mr. B's Makery, which adds new products each year. "Every support worker has introduced a new element to Brendon's business," says Purdy. You can find crayons in fun shapes, magic wands, and of course, the ubiquitous tie-dyed shirts, among other colourful creations at Mr. B's Makery. Purdy says that "without CAPRE

there wouldn't be anything Brendon would be doing on a regular basis. At CAPRE, he is learning and making friends." I purchased a package of Mr. B's seeds with a cheeky warning label: "Caution: Being outdoors may result in increased levels of Vitamin D." It is evident that the business planning team thoughtfully infused Brendon's sense of humour into his product line.

There are limitations to what CAPRE can do presently. "We are at capacity with eleven entrepreneurs," executive director Kate Trevors explains. "There is a huge need to serve people who don't fit the criteria of other work programs." The criteria Trevors is referring to is people who do not require one-on-one support in a work environment. While there are other community work programs for adults with barriers, they often cannot provide the attention required for high needs employees. As a result, many people slip through the cracks. CAPRE would love to support more entrepreneurs, but there are three major barriers: funding, space, and volunteers.

When it comes to space, Trevors is open to the possibilities. The entrepreneurs could use retail space, workspace, or even short-term use of space, such as a kitchen prep area.

As for funding, there are some upcoming opportunities to support CAPRE. On April 7 there will be a spring concert fundraiser at the St. James Anglican Church in Kentville. This concert is stacked with local talent and will be hosted by Bill Carr. Tickets are \$20 and can be purchased at R.D. Chisholm Stationery & Books in Kentville, Long & McQuade in New Minas, or The Box of Delights Bookshop in Wolfville. They can also be purchased online at capre.org. Also, on March 24 "A Dressy Affair" will take place at the Louis Millett Community Complex in New Minas. Donated dresses will be sold at reasonable prices and other items will be auctioned off at the event. Tickets are \$25 and can be purchased by calling Paula Huntley at 902-690-5298.

As my chat with Trevors and Purdy concluded, I was invited over to Matt Cameron's workspace. Matt is a shredder enthusiast, and takes his shredding business very seriously. Another thing he takes seriously: sugary drinks. He explained his shot ritual and gave me a shot of cranberry juice before I left. There were at least a dozen boxes behind Matt, filled with paper waiting to be shredded. I asked Matt how long shredding takes, and he told me approximately an hour per box. He was unfazed by the 12 hours of work piled behind him, and spoke about his business with pride. A true entrepreneur indeed.



For more information on CAPRE visit capre.org.

SPRING CONCERT FUNDRAISER

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18 PROSPECT AVE, KENTVILLE, NOVA SCOTIA
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MASTER OF CEREMONIES: COMEDIAN, BILL CARR
SOUND: KORY BAYER

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THE CHIMNEY SWIFTS, RYAN ROBERTS,
KIM BARLOW & IDA RED, GRAHAM HOWES,
SARAH MCINNIS & JESSE CARLSON,
MARK RILEY, JOHN EBATA,

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\$20.00 PER TICKET

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THE ART SPOT CARL SNYDER

Carl Snyder's photographs are currently on display at the Wolfville Memorial Library at 21 Elm Avenue. Check valleylibrary.ca for open hours.

Who: I am a retired commercial, advertising, and illustrative photographer living in Wolfville. I worked as a freelance photographer in Montreal and Toronto from 1980 to 2011, when I moved to Wolfville from Toronto.

What: My artistic medium is photography. I am interested in how literary phrasing can be presented visually, so my inspiration comes from writers who expand simple observations into wide thought panoramas. Here are some examples:

Should we have stayed at home and thought of here? - Elizabeth Bishop, "Questions of Travel".

The world is not with us enough. - Denise Levertov, "O Taste and See"

I am what is around me. - Wallace Stevens, "Theory"

Where: I work in Wolfville. I show locally as well as at ViewPoint gallery in Halifax.

When: I have never defined myself as an artist. I mostly photograph when light and atmosphere are subtle but arresting.

Why: Why art? No thoughts. Why my art? Fewer thoughts. Why the Annapolis Valley? A new landscape to read about and understand.



RECIPE: B'Stilla – A Moroccan Chicken Pastry

Jenny Osburn | *The Union Street Cafe Cookbook* | www.jennyosburn.com

Jenny Osburn is the author of *The Union Street Café Cookbook*. Her second collaboration with Laura MacDonald of *Deep Hollow Print*, *The Kitchen Party Cookbook*, is now available! Find more recipes at jennyosburn.com and see what she's up to on Instagram at [jenny.osburn](https://www.instagram.com/jenny.osburn)

Have you ever been intrigued by a certain recipe but were afraid to try it, maybe because it involved a seemingly strange combination of sweet and savoury that you thought might not work for your taste buds? I repeatedly was drawn to recipes for a Moroccan pigeon pie, garnished with almonds and powdered sugar, in various cookbooks, but they all seemed risky: a lot of work for something I wasn't certain I would like.

So it was with great excitement that I realized that my friend Aimée was making this dish, also known as B'Stilla, for a dinner she had invited us to. And of course I found that it was incredibly delicious and exotic in the best possible way. I had really wasted a lot of time. I made up for that by adapting a simple recipe in Bonnie Stern's excellent cookbook *Friday Night Dinners*, that uses chicken instead of pigeon, and serving it countless times to happy customers when I was at The Union Street Café. Her recipe cleverly rolls the filling into phyllo cigar appetizers, but I fold it into large triangles as an entrée.

Bonnie's recipe starts with raw chicken, but I always make it with roasted free-range chicken that has been pulled from the bones and chopped, with a mix of dark and white meat.

B'Stilla – A Moroccan Chicken Pastry

- 1 Tbsp extra-virgin olive oil
- 1 onion, chopped
- 3 cloves garlic, minced
- 1 tsp ground cumin (toast and grind your own for the best flavour)
- 1 tsp ground coriander (toast and grind your own for the best flavour)
- 1 tsp paprika

- 1/4 tsp cinnamon
- 1 tsp salt
- 1 lb chopped cooked chicken (leftover is perfect)
- 1 egg, beaten
- 1 Tbsp honey
- 1 tsp harissa or Sriracha hot sauce
- Freshly ground black pepper
- 1 package phyllo pastry, thawed
- 1/4 C melted butter mixed with 1/4 cup olive oil
- 2 Tbsp butter
- 1/2 C sliced almonds
- 2 Tbsp powdered sugar

Heat oil in a large skillet over medium heat. Add onion and cook until tender and beginning to brown. Stir in garlic, cumin, coriander, paprika, cinnamon and salt and cook another few seconds, until fragrant. Stir in chicken, egg, honey, and hot sauce. Taste and add black pepper and a little more salt if needed. Set aside to cool a little.

Preheat the oven to 350°. Unwrap the phyllo and unroll so the short side is towards you. Remove one sheet, brush with butter, and top with a second sheet. Brush this with butter and top with a third sheet. This time you only need to butter the top half of the sheet. With a sharp knife, cut the stack vertically in half. In the bottom right hand corner of each rectangle, place about 1/2 cup of the filling. Fold like an American flag, starting at the bottom, into a compact triangle. Brush with butter and place on a baking sheet. Repeat with remaining filling and phyllo. Bake for 25 minutes, possibly a little longer, until the pastry is golden brown.

Meanwhile, heat the two tablespoons of butter in a small pan over medium heat until melted. Add the sliced almonds. Stir often as the almonds toast a little and the butter browns. Remove from the heat. When the pastries are baked, arrange them on a serving platter. Spoon the almonds and butter over top and sprinkle with the powdered sugar.

HARDWARE GALLERY ANNOUNCES EXHIBITION SCHEDULE

Genevieve Allen Hearn

Hardware Gallery, located at 36 Cornwallis Street in Kentville, is opening its doors on March 29. The season begins with a group exhibition by local artists Shasta Grant and Simone Labuschagne, followed by a solo exhibition by artist and arts educator Terry Drahos.

The first exhibition, entitled *Rural Roots*, runs from March 29 to April 25. The two artists' work creates a dialogue of complementing and contrasting styles and subject matter. The show is an examination of nature: Grant's depictions of animals in their natural setting are paired with Labuschagne's striking visual study of flora.

From April 27 to May 30, Terry Drahos will present her body of work inspired by architecture. She uses bold colours and shapes reminiscent of both rural and urban constructions rendered into abstraction.

"We're very excited and honoured to be showcasing talented artists for our first exhibition season over the next six months" comments gallery director Sasha Nelson. Hardware Gallery is the brainchild of Nelson, who holds a master's degree in fine arts from the University of Waterloo, a degree in painting from NSCAD, and is a Red Seal carpenter. Nelson saw a need in Kentville to offer a public creative space. In addition to monthly rotating exhibitions, the gallery will host workshops and talks, as well as offer an art rental program.

"We're hoping that we can create a space and a general atmosphere that will inspire people to engage in the arts more. The gallery is open to all media, traditional or otherwise, so there will always be a space for what emerges as people become more engaged."

Run by volunteers, Hardware Gallery owes its existence to an outpouring of community support. Provision of space by the Town of Kentville for the first year of operation, and a donation to cover the costs to renovate the space from the Kentville Community Fund, have made the undertaking possible. The original hardwood floors have been exposed, and the space now has gallery-grade track lighting. Local businesses are also doing their part to ensure the gallery is successful by helping to fund the organization or by making in-kind donations.

A grand opening event will take place in June, featuring the work of artist Meaghan Bray and photographer Justine MacDonald. A community show in July will showcase both established and emerging artists, and will be centered around the theme of "Red." The month of August will show work by Alison Grapes and Erin Hollingshead, and the first six-month season will be rounded out in September by an exhibition with furniture designer Michael De Luca and photographer Connie Publicover.

For more information, find Hardware Gallery at hardwaregallery.ca or on Facebook.

Keith Irving
MLA Kings South

The Good Neighbour Energy Fund helps low-income Nova Scotians heat their home in emergency situations. This year, income thresholds have increased from \$16,000 to \$21,000 for a single income household and from \$24,000 to \$39,000 for a family of four people. Please contact my office for more information.

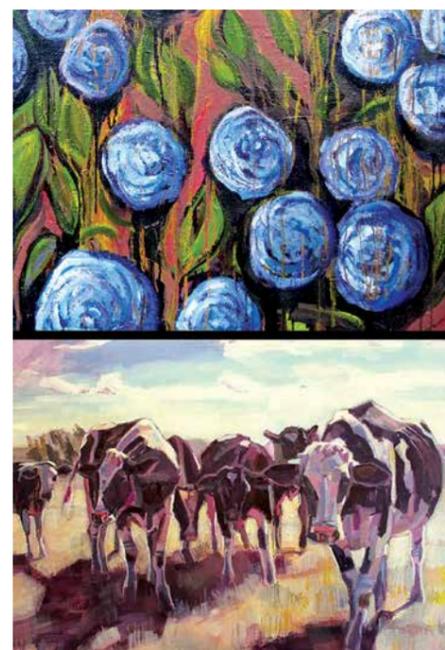
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HARDWARE GALLERY

RURAL ROOTS

Featuring artists
Shasta Grant & Simone Labuschagne

March 29–April 25, 2018

36 Cornwallis Street
Kentville, NS
hardwaregallery.ca

11am–7pm
Thurs, Fri, Sat



BESSIE NORTH HOUSE AND THE FARM TO TABLE LIFESTYLE

Avery Peters

After many days of what seemed like spring, we had a resurgence of winter. As I pull up to Bessie North House I see a perfect row of buckets on each of their maple trees along the road. I am hoping for a view of the north mountain and their property, but even in this proximity, the storm clouds and mist are hanging low. The fields that were clear of snow for a few weeks are now covered again. I won't be taking a farm tour today.

Inside it is warm, cozy, and relaxed. This is the first weekend they've had off from catering, or hosting private dinners, in a few months. If they leave the door open, the first thing you see when you walk into the house is the kitchen, and Dave is standing over a pot of maple syrup that he and Susan are just finishing off indoors, after boiling it down mostly outside. "Have you ever tried maple vinegar?" he asks me. Everyone makes maple syrup this time of year, so this is his spin on the sweet treat. I prepare myself for the vinegar hit, as if for a medicinal shot, but this vinegar is a perfect balance of sweet and sour. It's so simple: a short ferment with local cider vinegar, and what's special about it is that the syrup came from the trees just outside their door. He's already got another batch in the works and I'm sure he's imagining all the different ways he can use it on the menu.

It's winter, so maple syrup is what they're producing right now, but the summer will keep them busy with the aim to grow all their own produce for the restaurant on their own property, and to preserve (can, freeze, dry, and ferment) it in perfect condition, with the essence of each season. For now they supplement with produce from other local farmers, and they will always have partnerships with other farmers to supply them with meats and the other few things that they won't be growing themselves.

"I hate having a blank sheet of paper," says Dave about creating his menus. He likes to take the vegetable-forward approach and to build a dish that celebrates each vegetable as it comes to its peak in the season. "We've got the best ingredients because we've picked them that morning...and they're going to show up on your plate and be compelling. In the summer imagine having a big ol' bowl of gazpacho with a basil sorbet. That's not much of a stretch," he says, showing his mischievous streak in the kitchen. "There's always a fun note...Or [how about] pea ice cream?" "Don't make me say that one, Honey," Susan rebuffs. "Let's think of another name for that."

They haven't officially opened their farm-to-table restaurant yet, but they have hosted various private dinners for friends and other local guests, one of which I was lucky to attend. They tell me how they're not quite done their renovations yet: the walls have yet to be



Painted, and pot lights and a range hood need to be installed.

When they open in June, they will be having a loose 6pm seating. When you plan your visit, be sure to arrive a bit early so you can explore the farm property. This was one of the drawbacks of our late February dinner, we couldn't see our surroundings when we arrived, but everything will be in full swing when they open this summer. It's a 5-acre lot, long and skinny, that runs along Bessie North Road in Canning. Bessie is the namesake of the restaurant and the road on which it is found, and she is the former resident of the home. Many neighbours and connections on social media are sharing their stories about Bessie, and Susan is collecting these stories about her. Bessie was a teacher in the community many years ago, and Susan is happy to share the history of the home and community as she welcomes guests for dinner.

They have the dining room set up on the main floor of the house, and the kitchen is in the old dining room. There is only room for 12 seats, but that's not the only reason they've chosen to keep things small. "I've been working in the restaurant industry my entire life, and when you're working in a big restaurant it's hard to connect with people. With twelve seats you're really able to connect with people on a different level," shares Susan.

Be prepared to try a whole range of dishes. They're offering an 8-course tasting menu. Dave pointed out that this format is a great vehicle, as your palate fatigues after 3 or 4 bites. He wants you to finish the plate wanting more, and then he'll take you in a different direction, on to the next course.

My favourite dish at our dinner was the spiralized kohlrabi with blue cheese, walnuts, chives, and leeks. I normally don't like blue cheese, and this was the base of the sauce, but the dish blew me away with flavour and

texture. Dave agrees, "I was really happy with that plate as soon as I saw it in the bowl." About my apprehension about the blue cheese, Susan says, "We hope that people embrace that, and they try every course and find something they wouldn't normally eat, and find that 'this is amazing.'"

Dave and Susan met not that long ago while Dave was running Front and Central in Wolfville, and Susan had just taken a position at Avondale Sky Winery as retail operations manager. She saw that Dave had started taking his team to different wineries in the area and that they hadn't yet been to Avondale Sky. "I called him out on Twitter," she says. So they planned a meet up at the Wolfville Farmers' Market. They started talking, then dating, and the whole process felt natural. If you had asked either of them about their dreams before they knew each other, they would have both told you about an idea similar to what they are doing now. They're living their dream at Bessie North. This dream is more than just a restaurant. They do it because they love every aspect. Last summer, as they were starting up their farm, Dave says, "I wouldn't eat, I'd be so engrossed in what I was doing..." They want to make connections not only with people, but with the food and how it grows. It's a lifestyle. "It never feels like work. We're in our own home, we're on our own property. We're not only growing food for the restaurant, we're growing food for ourselves."

Their home has already become a place that showcases true Nova Scotian hospitality, where neighbours stop by to warm themselves by the fire and friends inevitably end up in the kitchen, surrounding the big island while Dave cooks and Susan sets everyone at ease. "I love having people over because my purpose in life is to take care of people. This house and this space allow me to do that. It allows us to do it often."

VALLEY FAMILY FUN JELLY BEAN PUSSY WILLOWS

Laura Churchill Duke

What are your family's Easter traditions?

My earliest memories of Easter are with my grandmother. She would assign each of my siblings and I a room in her house, where she had previously hidden tons of jelly beans. We couldn't wait to start hunting! As kids, we also always made Easter scavenger hunts for our parents to follow, and now I do the same for our boys, even though they are 10 and 11.

My new favourite Easter craft is works equally well as a general spring decoration. All you need is:

- A bag of jellybeans
- Toothpicks with pointy ends
- Floral tape
- Sticks that resemble pussy willows

Start by stabbing the jellybean with the sharp end of the toothpick. Be careful because they can slip and stab you! Small children will need you to do this for them.

Line the toothpicked jellybeans along the stick, wrapping the floral tape around it to keep it in place. The result will be beautiful jellybean pussy willows that will last year after year for decorations! Full instructions can be found at valleyfamilyfun.ca/jelly-bean-pussy-willows.



Share your Easter family stories on the Valley Family Fun Facebook page and check us out at valleyfamilyfun.ca

Annapolis Valley Farmland Trust
Making sure that Farmland is Forever

We welcome everyone who is interested in the preservation of farmland in the Annapolis Valley to come to our

Annual General Meeting
 Thursday April 5th, 6:30 pm
 Port Williams Community Centre



Annapolis Valley Farmland Trust

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Spring Into Action Challenge

Feeling blah after the long winter?
 It's time to get moving and join our annual Spring Into Action Challenge!

Here's how it works...

The goal of this annual event is to get everyone up and moving at least 30 minutes each day, five days each week – and to have fun, too.

Our challenge runs for six weeks, beginning April 9 and ending on May 18, 2018. It is free and open to everyone! You can participate as an individual, or gather your co-workers, friends, and family members and make a team (up to 10 members). You have a chance to win great weekly prizes, with grand prizes awarded at the end of the challenge.

For more information or to register:
<http://www.horizonscda.ca/sia.php>,
 or call 902-542-0156




P.O. Box 2404, Wolfville, NS B4P 2S3
www.horizonscda.ca

Welcome to the Town of Wolfville's Page

Watch for it every second issue to stay up-to-date on Town News.





Sunday, March 25, 2018 at 2:00
Wolfville Farmers' Market

Come celebrate the 125th anniversary of the incorporation of the Town of Wolfville with complimentary cake, music, historic readings and an amazing domino display.

Master of Ceremonies Jerome the Gravekeeper with guests:
Mayor Jeff Cantwell and Councillors,
Town Crier Lloyd Smith, Fessiwig Singers,
Pianist Graham Howes and other special guests.




Proclamations

- March 26, 2018**
 - Purple Day for Epilepsy
- April 2018**
 - Daffodil Month
- April 2, 2018**
 - World Autism Awareness Day

All Town of Wolfville Proclamations are available on the Town's Website:
Town Hall | Municipal Documents | Proclamations

#growingtogether

Wolfville's Municipal Planning Strategy Review
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www.wolfville.ca/growingtogether

REGIONAL EMERGENCY MANAGEMENT

Kings County, Nova Scotia Municipal Units have entered into an Inter-Municipal Services Agreement to pursue **Regional Emergency Management** effective April 1, 2018.

Emergency Preparedness in Kings County is a shared responsibility. The goal of the Regional Emergency Management Organization is to establish arrangements and procedures necessary for the earliest possible **coordinated response**.

For additional information, contact the Regional Emergency Management Coordinator (REMC), Dan Stovel, at 902-670-1514, or email (any of the following addresses):

- REMO_KingsCounty@countyofkings.ca
- REMO_KingsCounty@berwick.ca
- REMO_KingsCounty@kentville.ca
- REMO_KingsCounty@wolfville.ca



EMPLOYMENT OPPORTUNITY: BUILDING OFFICIAL

Wolfville has an immediate opportunity for a Building Official/Fire and Life Safety Inspector to join the Planning & Development Team. The successful candidate will be responsible for providing skilled inspection work enforcing compliance with building bylaws, codes, standards and regulations pertaining to building safety and property standards.

More information is provided on the Town's website at www.wolfville.ca (listed under 'Notices'). If you have any questions, please call James Collicutt at 902-542-0368.

Applications will be accepted up until **Wednesday, March 28, 2018 at 4:30 pm** and may be submitted by mail, in person or by email to James Collicutt:

Address: 359 Main St., Wolfville, NS B4P 1A1

Email: jcollicutt@wolfville.ca | Subject line: Building Official Position

MAPLE AVENUE COMPOST SITE

Maple Avenue Compost Site (weather permitting) will open **Saturday, April 21, 2018**. The site is open until November every year on **Saturday only, from 12:00 pm to 4:00 pm**.

If you have any questions, please call Public Works at 902-542-5767.

DOG CONTROL BYLAW – Chapter 16

All dog owners should have the 2018 dog registration tag with it displayed on the collar of their dog at all times.

A reminder that the Town of Wolfville is a dog on leash community with five park areas that are off leash.

Please review the Dog Control Bylaw on the Town of Wolfville website:

www.wolfville.ca | Town Hall | Bylaws & Policies

Contact Us FOR ANY INQUIRIES, PLEASE CONTACT TOWN OF WOLFVILLE AT 902-542-5767

THE DOME CHRONICLES: REINVENTING THE WHEEL

Garry Leeson

In 1972, a boxcar from Toronto containing a menagerie of farm animals and an eager young couple pulled into the station platform in Kingston, Nova Scotia. They were bound for a deserted hundred-acre farm on the South Mountain, determined to preserve the foundations of farmsteads past while constructing a geodesic dome. They were pioneers of the future, armed with respect for tradition and an irrepressible sense of humour. They were back-to-the-landers. Over the next forty years, through flood and fire, triumph and catastrophe, they persevered, unwittingly sowing the seeds for the modern small-farm movement.

My Dad grew up on the bald Saskatchewan prairies, a son of pioneers. It was an isolated existence with few accessible amenities and if you couldn't make or repair something yourself, you had to do without. Family lore has it that even as a very young kid he was already coming up with weird contraptions he felt would be useful around the homestead. What these first innovations were or how useful they proved to be, I have no way of knowing. I can only vouch for what I've seen myself or heard about from my mother and older sisters.

Dad was not one to brag about his successful innovations but he sure enjoyed sharing a good laugh with the rest of the family as we reminisced over some of his more outrageous endeavours. My long-suffering mother did not really see the humour in these recollections because she was the one most adversely affected by his flights of fancy. My sisters and I would split our sides laughing when Dad told the story of how, in 1937, he brought electricity to a log cabin he had just finished building near Cold Lake, Alberta, but Mom would sit stern-faced and was not at all amused:

It seems that somehow an old 6-volt generator had come into Dad's possession, probably salvaged from one of the many cars that in the Depression years had been stripped of their motors and converted into horse-drawn "Bennett buggies." Dad had a lot of time on his hands that winter so he thought he might have a go at using it to rig up some electric lights. If he could make them work in their little dwelling it would be a first in their neck of the woods.

The problem was how to power the generator. He was familiar with wind turbines as there had been a few of them back on the prairies, but that was not a practical idea in the deep woods where they now lived. There were no fast-flowing streams nearby so water power wasn't an option either. For a time he was stymied but he did eventually come up with a plan. He knew that his idea might not be all that well received by my mother so he waited for just the right moment to spring it on her. One morning he found Mom cleaning the soot out of the oil lamp chimneys, a job she hated, and figured the time was right. He seated himself at the table across from her and began pleading his case. He opened with, "If my idea works out, you won't have to do that for much longer."

As he described what he had in mind, Mom's jaw started to drop in disbelief and by the time he finished twenty minutes later her mouth hadn't closed. When she could bring herself to speak she began her tirade: "Let me see if I've understood you correctly. You propose to generate electricity using our pet dog running on a treadmill, and because of the small amount of wire you have at your disposal it will be necessary to have that equipment located in the corner of my kitchen?" She was just about to scream at him when suddenly a perverse notion came over her and she changed her mind. They had been stormbound for several days and cabin fever was taking its toll. Maybe watching Dad fail at yet another crazy project would be amusing and fill some of those endless winter hours. "After all," she thought to herself, "it's not likely to really happen. He doesn't have anything to work with, and heck, there isn't a light bulb within a hundred miles of here." So, feigning enthusiasm, she agreed that he should give it a go.

Dad began scrounging around the countryside looking for the bits and pieces he would require to build his little treadmill. He was looking for broken down equipment with suitable chains and cogs but things were not

going too well for him. A couple of days later, after he failed to find what he needed sticking out of the snow banks around his neighbours' yards, he announced to Mom that he was giving up on the treadmill. She breathed a secret sigh of relief but as he continued to speak her anxiety was rekindled. He was moving on to Plan B. "I've come up with a better idea," he said. "It might take up a little more room in the kitchen but it won't take so many bits and pieces to build and I think it'll work just fine."

He went on to explain that one of his neighbours had donated a large wheel from a hay rake. It was made of heavy steel and cast iron and about five feet in diameter. "All I have to do is add some wood slats for the dog to run on and let the shaft of the generator rest on the rim of the wheel. The ratio should be just about right, providing the dog runs fast enough." Searching for something, anything she could say that would forestall the madness, Mom asked, "But what if the dog doesn't want to run?" "Oh, he'll run all right," Dad replied, "I'm mounting the wheel on an angle so the dog will be running slightly uphill and anyway, I'll have a harness on him so he won't be able to get off."

Over the next couple of days things began to take shape. The kitchen table was pushed against one wall to make room and the big wheel was installed. Even before he had attached the generator, Dad had his dog in training on the wheel. Initially there was a lot of barking, howling, and whining and the dog would only run a few steps then flatten down and remain in that position while the wheel returned him to the bottom of the circle and rocked him uselessly back and forth. However Dad's inventing skills were only surpassed by his animal training ability so it wasn't long before he had the dog trotting like standard-bred racehorse and the big wheel spinning like a top. A few meaty treats suspended from the ceiling just out of the dog's reach had done the trick.

He got the generator hooked up to the wheel easily enough, but finding suitable light bulbs was another matter. They might have ordered a couple from the Eaton's catalogue but that would have involved money and they didn't have any. The only useful purpose that publication had served in the last few years had been in the outhouse. That didn't stop Dad. He reasoned that a light bulb was just a jar with a glowing wire inside so why not make his own? He needed some really fine wire to make the glowing filament for the inside of the jar and short pieces cut out of the mesh on the chicken pen seemed to fill the bill. In fact, when he connected his first prototypes up to the generator and elbowed the dog into action, they lit up like the real thing. The only problem was that after a few seconds the thin wire would burn out and he would have to try again. Despite several days of experimenting with different jars and wires he was about ready to give up. The only fun he was having with his new contraption was when he tricked his curious neighbours into holding the ends of the lead wires. He would then give the wheel a spin and it would shock the heck out of them.

He was just about to dismantle the apparently useless apparatus when inspiration struck. It occurred while Mom was ministering to her brother, my uncle Jack. He had a huge boil on his leg and Mom was applying an age-old technique to relieve it. She poured boiling water into a small glass, emptied it and then quickly cupped the open end of it over the offending abscess. As the glass cooled a vacuum formed and Uncle Jack sighed with relief as the core of the boil was drawn out and the corruption spilled into the glass. "Vacuum," Dad thought to himself, "there has to be a vacuum in the jars. If there is no air the filaments won't burn out." He had no way of knowing that Edison had run into the same problem when he invented the light bulb and had corrected it in the same manner he was considering.

I won't pretend that I know how Dad created the vacuum or maintained it in his crude jars and bottles, but I have it on good authority that for a brief period during the winter of 1937 a strange glow emanated from the windows of a little log cabin and lit up a snow-covered clearing in the backwoods of Alberta.



MIKE UNCORKED: SPRING INTO READING!

Mike Butler

This is one of my favourite times of the year. Yes, spring, but mostly the Canadian Federation of University Women's Annual Book Sale is happening now, and it's the ultimate go-to place for inexpensive reading material to get me through the spring and summer months. I love to read and this book sale is always a busy triumph for book lovers. Take a minute to pop down to the sale and gather some new reading material. Take a friend and introduce them to this wonderful event which raises tons of money for various local charities.

Here's a few reading selections to help you through the the coming months:

Sweet Lamb of Heaven by Lydia Millet
Imagine Me Gone by Adam Haslett
Sleeping Giants by Sylvain Neuvel
All Things Cease to Appear by Elizabeth Brundage
Jane Steele by Lyndsay Faye
The Nest by Cynthia D'Aprix Sweeney.

Some of the best books that came out in paperback recently:

You'll Grow Out Of It by Jessi Klein
Heroes of the Frontier by Dave Eggers
Before They Fall by Noah Hawley
A House Full of Daughters by Juliet Nicholson
The Followers by Rebecca Walt
The Grip of It by Jac Jemc
Today Will Be Different by Maria Semple
Pages For You by Sylvia Browning
The Trespasser by Tana French.

Other great reads to keep your eyes peeled for:

The Arm by Jeff Passan (great sports read!)
Shelter by Jung Yun
Alligator Candy by David Kushner
The Summer Before The War by Helen Simonson
Brass by Xhenet Aliu
White Houses by Amy Bloom
The Chateau by Paul Goldberg and
The Light We Lost by Jill Santopolo.

Exceptional reads of 2017:

Exit West by Mohsin Hamid
Lincoln in the Bardo by George Saunders
Killers of the Flower Moon by David Grann
Sing, Unburied, Sing by Jesmyn Ward
Little Fires Everywhere by Celeste Ng
My Favorite Thing is Monsters by Emil Ferris
Goodbye, Vitamin by Rachel Khong
The Power by Naomi Alderman
The Hate U Give by Angie Thomas
The Rules Do Not Apply by Ariel Levy.

We all know that nine times out of ten, movies based on novels never equal the power of the book. It's very disappointing but sometimes they DO get it right. I suggest you check out the following books and their cinematic counterparts:

Wonder by R. J. Palacio
Call Me By Your Name by André Aciman
A Wrinkle in Time by Madeleine L'Engle
The Darkest Hour by Anthony McCarten
Molly's Game by Molly Bloom
The Fault In Our Stars by John Green
Simon vs. the Homo Sapiens Agenda (Love, Simon) by Becky Albertalli
Mudbound by Hillary Jordan
Big Little Lies by Liane Moriarty

Take advantage of the CFUW's Annual Book Sale happening Friday March 23, 8:30am-9:00pm and Saturday March 24, 8:30am-3:00pm at the Wolfville Lions Club Community Hall, 36 Elm Avenue. You can't go wrong with thousands of books, free admission, and plenty of parking!

Also pop by The Odd Book, The Box of Delights Bookshop, and Rainbow's End in Wolfville; Reader's Haven in Windsor; or Blue Griffin Books in Middleton, for more used and new book selections. We are so blessed to have so many places to find great literature. A novel idea would be to support them all! Happy reading!

April is national poetry month!

BEGINNINGS

Spencer Séverin

*A steaming cup, joined by another
Hazel on amber, a forest raging with fire
Did time stop
Or did it begin
In that moment, there was nothing but him.*

P

Please note: Events are subject to change.

THURSDAY, MARCH 22

Fundy Cinema and Seawinds Horse Archers screen THE HORSE ARCHER – *Al Whittle Theatre, 7pm* • An inspiring and beautifully photographed documentary about Lajos Kassai, a modern day warrior and philosopher who has dedicated his life to preserving the ancient Hungarian tradition and culture of horseback archery at his school in The Valley of Horses. Q&A and demonstration to follow. **TIX:** \$10 **INFO:** 902-542-1050

GriefShare – *New Hope Wesleyan Church, Kentville 7-9pm. Also March 29 & April 5* • Help and encouragement after the death of a loved one. We know it hurts, and we want to help. **TIX:** no charge **INFO:** 902-670-9288 / gerrits.bernadine@gmail.com

Farmers Market Planning Meeting – *Macdonald Museum, Middleton 7-9pm* • Interested vendors and members of the public are invited. Help us plan and organize a great Market for our area! All welcome! **TIX:** no charge **INFO:** 902-825-6116 / contact@macdonaldmuseum.ca

H'SAO – *Kings Theatre, Annapolis Royal 7:30-9:30pm* • Montréal-based band from Chad, H'SAO has always been passionate about sharing its unique blend of modern sound and traditional African musical influences. **TIX:** \$34 general, \$30 Member Advance, \$12 youth. All prices include HST. **INFO:** 902-532-7704 / mk@kingstheatre.ca

Economics for Sustainability & Justice – *K.C. Irving Environmental Science Centre, Wolfville 7:30-8:30pm* • A talk by Dr. Josh Farley from the University of Vermont. He is a renowned ecological economist whose work focuses on how to integrate social, human, and natural capital into economic systems. **TIX:** no charge **INFO:** alan.warner@acadiau.ca

FRIDAY, MARCH 23

Book Sale – *Lions Club, Wolfville 8:30am-9pm, ALSO Saturday, March 24, 8:30am-3pm* • CFUW 51st Annual Book Sale. Proceeds support Valley organizations **TIX:** free admission **INFO:** cfuwwolfville.com

Jewellery Sale – *Wong International Centre, Wolfville 9am-4pm* • Kings Kikima Grannies, jewellery sale to raise funds to support children in Africa, orphaned by AIDS, being raised by their Grandmothers. Donations of jewellery welcomed **TIX:** donation **INFO:** 902-542-7591

Lenten Lunch – *Emmanuel United Church, Kingsport 11:30am-1pm* • Featuring homemade soups and breads. In support of the CAICC Emergency Relief Fund **TIX:** donation **INFO:** feenerd@yahoo.com

IWK Teddy Bear Beef Dinner – *Lions Club, Kingston 4:30-6:30pm* • Lions IWK Teddy Bear Roast Beef Dinner fundraiser. **TIX:** donation **INFO:** 902-765-2128 / bobbarb@eastlink.ca

The Shape of Water – *Kings Theatre, Annapolis Royal 7pm. ALSO March 25, 2pm* • Elisa is a mute, isolated woman who works as a cleaning lady in a hidden, high-security government laboratory in 1962 Baltimore. Her life changes forever when she discovers the lab's classified secret – a mysterious, scaled creature from South America whose fate and survival lies in the hands of a hostile government agent and a marine biologist. **TIX:** \$10 adult, \$8 youth, \$9 with Film Buff card All prices include HST **INFO:** 902-532-7704 / mk@kingstheatre.ca

Dance: Route 12 – *Royal Canadian Legion, Windsor 7-11pm* • Ages 19+ **TIX:** \$5 **INFO:** 902-798-0888 / WindsorLegion@bellaliant.com

Friday Night Fever Dance – *Royal Canadian Legion, Kentville 9pm-12am* • Music from the 70's 80's and 90's, plus requests. Must be 19 or over. **TIX:** \$8 **INFO:** 902-698-0793

SATURDAY, MARCH 24

Breakfast – *Royal Canadian Legion, Wolfville 7:30-10:30am* • Everyone welcome. **TIX:** \$7 per person **INFO:** 902-542-5869 / doradorman@hotmail.com

Breakfast – *St. James Anglican Church, Kentville 8-10am* • **TIX:** minimum donation of \$7 **INFO:** parish office, 9am-12pm, 902-678-3123.

Breakfast – *Curling Club, Middleton 8am-10:30pm* • Enjoy a breakfast of bacon, sausage, scrambled eggs, pancakes, baked beans, toast, juice, coffee/tea in a friendly atmosphere. Freewill offering. **TIX:** donation **INFO:** 902-825-2695 / bemorine@hotmail.com

Easter Bunny Pancake Breakfast – *Community Hall, Ardoise 8:30-10am* • **TIX:** \$5. **INFO:** 902-757-2900 / chair@ardoisehall.ca

Craft Room Clean Out – *Baptist Church, Berwick 9am-12pm* • Comfort Coffee Club will be hosting a

fundraiser to raise money to send the youth of Berwick Baptist Church on a mission trip to Toronto. Yarn, fabric, scissors, thread, rulers, craft books or magazines, ribbons, bows, knitting needles, crochet hooks, pin cushions, bobbins, etc, for \$5/bag. Please contact for drop off/pick up arrangements or questions. **INFO:** Sue Foster, pokie.sf@gmail.com / 902-300-0074

Spring has Sprung Craft Fair – *Fire Hall, Greenwich 9am-2:30pm* • A craft show featuring 36 vendors: crafters, bakers and a few of your favorite direct sellers. Lunch available: homemade lasagna, caesar salad, garlic bread. Eat in or take out. **TIX:** \$2, no charge for under age 12 **INFO:** 902-542-5351

Indoor Flying – *Indoor Soccer Stadium, Kentville 9:30am-4pm* • Wings of Wellington radio controlled Flying Club is hosting their 8th Annual Valley Gathering Indoor flying event. This event attracts some of the best RC Pilots around the maritimes, performing many acrobatic stunts and maneuvers. **TIX:** \$2, no charge age 14 and under **INFO:** 902-599-1433 / heliman.rc@gmail.com

Ticket Auction – *Royal Canadian Legion, Berwick 12:30-2pm* • Ticket Auction in support of Miss Teen Waterville International (and WE Charity). Draw time 2pm. Easter basket draw, bake squares, 50/50 tickets, tickets on a trip to Toronto and canteen available. **TIX:** freewill offering **INFO:** 902-538-9340

Game Time – *Royal Canadian Legion, Wolfville 1-4pm. Also March 31* • Enjoy darts, crib, washer toss, crokinole & pool. **TIX:** no charge **INFO:** 902-542-5869 / doradorman@hotmail.com

Card Party – *Lions Club, Canning 1:30pm* • 45's Card Party, Seniors room. Prizes and refreshments provided. 50/50 tickets. Put on by the Canning senior's Club. **TIX:** \$2 **INFO:** 902-678-2030 / tappap@xcountry.tv

Windsor Princess and Leadership Tea – *War Memorial Community Centre, Windsor 2-4pm* • Join the Windsor Tea Committee for the crowning of the 2018 Windsor Princess Leadership Candidate. Apple crisp, tea and coffee will be served and a special performance by the Avonview School band. **TIX:** \$8 general, \$6 seniors/youth, no charge under age 3 **INFO:** 902-798-1708 / vanessa@town.windsor.ns.ca

S.O.A.R. 25th Anniversary Coffee House Afternoon – *Half Acre Café in Kentville from 2-4pm* • Listen to music and enjoy some wonderful refreshments. Please come out to enjoy the start of our 25th anniversary celebrations and meet some S.O.A.R. members. See you all there. **TIX:** free will offering **INFO:** info@survivorsofabuserrecovering.ca

Make a Pie Like a Pastry Chef – *Indoor Farm Market, Kentville 2-4pm* • Learn to make a pie like a pastry chef! **TIX:** \$20 **INFO:** 902-679-2514 / Marketmanager@Kentville.ca

Spaghetti Supper – *Fire Hall, Hantsport 5-7pm* • A full spaghetti supper complete with garlic bread, caesar salad, tea/coffee and dessert! Vegetarian sauce available upon request. In support of the Horton High Options & Opportunities (O2 Class) exchange trip to BC in June 2018. **TIX:** Adult \$10, Children \$5 **INFO:** 902-684-9187

Pizza & a Movie Night – *Christian Fellowship Centre, Wilmot 5:30-8pm* • *Heaven's Rain* deals with Brooks Douglass who survives the murder of his parents & rape of his sister. Reliving the horror for 16 years of trial & appeals, he must decide to be haunted by or to forgive the criminals. VIEWER DISCRETION!!! **TIX:** no charge **INFO:** 902-765-2386

Ian Janes, Yes Man – *Sea-Esta, Canning (Delhaven) 7-9:30pm* • Ian Janes is a singer, songwriter, guitarist and producer living in Dartmouth. **TIX:** \$25 by phone or email **INFO:** 902-692-1662 / soundconnectiontherapy@gmail.com

Casino Night for Sam – *Community Hall, Sheffield Mills 7-10pm* • \$20 buys \$20K in play cash, raffle tickets \$5 each or \$4K in play cash! Choose from over \$1000 in great prizes. All funds raised go towards a kind and lovable farmer in our area facing a difficult time. **TIX:** donation **INFO:** 902-300-0103 / megbrownhodes@gmail.com

Ave Maria - Acadia Chorus - Spring Concert – *Convocation Hall, Wolfville 7-8:15pm* • Join the Acadia University Chorus, led by Michael Caines, for their annual Spring Concert. Vocal students in the School of Music and special guests will be featured. **TIX:** Admission \$10 at the door, no charge for Students and youth. **INFO:** michael.caines@acadiau.ca

Decade Dance 3D – *Community Centre, Gaspereau 8pm-1am* • **TIX:** donation **INFO:** pcdennis@gmail.com

ORO! Dance Party – *Community Hall, Greenwich 8pm* • ORO! Dance Party. Join the circle of celebratory dances from Bulgaria, Macedonia, Albania, Turkey and beyond! Bring a water bottle and a snack to share! **TIX:** \$5 at the door. **INFO:** oro.orkestra@gmail.com

Old Time Dance – *Community Hall, Centre Burlington 8:30-11:30pm* • Dance to the music of The Farm Team - Old Time Fiddle Tunes & Classic Country. 19 & over Shared Lunch **TIX:** \$7 **INFO:** 902-757-2162

Still Doin Time – *Royal Canadian Legion, Kentville 9pm* • Dance to the music of Still Doin Time. 19+ welcome. Bar and kitchen available. **TIX:** \$8 per person **INFO:** 902-678-8935 / kentvillelegion@eastlink.ca

SUNDAY, MARCH 25

Potluck Lunch – *Canard Community Church, Upper Canard 12-1pm* • Potluck Lunch! March 25m 12 noon-1pm, Canard Community Church. Bring a hot or cold dish and join us! **TIX:** no charge **INFO:** 902-681-0829 / rosewood@nbn.net.nb.ca

Country Music Variety Show and Fundraiser – *Royal Canadian Legion, Wolfville 1-4pm* • 50/50 and Canteen. Local talent includes Carroll Edwards & Friends, Connie and Austin Munroe, James Brown & Friends, Kendalyn and Brian Benedict. **TIX:** \$5 **INFO:** 902-542-5869 / doradorman@hotmail.com

Lightning Field! – *Festival Theatre, Wolfville 3-5pm* • The Acadia University Symphonic Band and Acadia Youth Band presents music by Camphouse, Chance, Dejanais, Mackey, Maslanka and Wagner. Conducted by Tristan De Borba, Ardith Haley and Paul Hutten **TIX:** donation **INFO:** tristan.deborba@acadiau.ca

Fundy Cinema screens MOLLY'S GAME – *Al Whittle Theatre, 4 & 7pm* • When Molly Bloom (Jessica Chastain) is arrested and indicted by the FBI for running the world's most exclusive high stakes poker game, she takes on her case with the help of her lawyer, Charlie Jaffey (Idris Elba), in Aaron Sorokin's exhilarating directorial debut based on a true story. **TIX:** \$9 **INFO:** 902-542-1050

A Capella Vocal Ensemble – *St. John's Anglican Church, Port Williams 4-4:45pm* • A Capella Vocal Ensemble from the South Shore will be performing Musical Meditations. Music by Byrd, Causton, Farrant, Palestrina, Purcell, Tallis, and Victoria. **TIX:** no charge (donations welcomed) **INFO:** 902-300-5141 / mayabevan@gmail.com

MONDAY, MARCH 26

Toddler Tonics – *Kings County Family Resource Centre, Kentville 9:30-11am* • Does your toddler like to wiggle and jiggle, move and groove? Enjoy a morning of physical activity, fun and meet new families. **TIX:** no charge **INFO:** 902-678-5760 / family.centre@ns.sympatico.ca

Fun With Food – *Louis Millet Community Complex, New Minas 9:30-11am* • Enew recipes and to cook with your child. This is a parent - child interactive group. **TIX:** no charge **INFO:** 902-678-5760 / family.centre@ns.sympatico.ca

Chase the Ace – *Paddy's Pub, Kentville 6-7:30pm* • The weekly draw to find the Ace of Spades. Come out and buy your winning tickets, and have a great after work evening break! Hosted by Valley Cheer Athletics. **TIX:** no charge **INFO:** 902-599-1833 / cskeddy@hotmail.ca

Jam Session – *Louis Millet Community Complex, New Minas 7-9:30pm. Also April 2* • All styles and abilities welcome **TIX:** \$2 **INFO:** 902-681-6972 / vintagemusi1@hotmail.com

Lacrosse - try it event – *Central Kings High School, Cambridge 7-9pm* • Valley Thunder Lacrosse and Lacrosse Nova Scotia host a free try-it session. All ages, all experiences welcome. Bring a hockey helmet and gloves, activewear and a water bottle. **TIX:** no charge **INFO:** 902-679-6568 / cskeddy@hotmail.ca / valleylacrosse.ca

Horton Community Youth Orchestra – *Horton High School, Greenwich 7-8:30pm* • Spring concert directed by Dr. Gillian Smith and Kay Greene. The Beginner, Junior and Senior String Orchestras and Fiddle Group will be joined by the Horton Senior Concert Band for this performance. **TIX:** no charge **INFO:** gsmithvin@gmail.com

Aftermath, Film Documentary on International Relief – *K.C. Irving Environmental Science Centre, Wolfville 7-9pm* • This film challenges international disaster aid using the Aftermath of the 2004 Tsunami and its impact on the remote Nicobar Islands in the Indian Ocean. Discussion with Simron Singh, whose work is the basis for the film. **TIX:** no charge **INFO:** alan.warner@acadiau.ca

TUESDAY, MARCH 27

Fireflies Luncheon – *Fire Hall, Middleton 11am-1pm* • For a taste of our Acadian culture, try the yummy chicken rappie pie. Also on the menu will be corn chowder or beef-vegetable soup. **TIX:** \$9 - chowder or soup; \$10 - rappie pie **INFO:** 902-825-3062

Entrepreneur Circle – *ARCA Office, 80 Water Street, Windsor, 1-3pm* • A forum to ask questions of local entrepreneurs to help with your ideas of starting, growing or perfecting your business. **TIX:** no charge **INFO:** facebook: Fusion Annapolis Valley

Play with Me – *Valley Autism Centre, Kingston 1:30-2:30pm* • Play is a very important part of a child's growth and development. Come be creative, active, and engaged with your child/children. All ages welcome. **TIX:** no charge **INFO:** 902-678-5760 / family.centre@ns.sympatico.ca

Lacrosse - try it event – *Pine Ridge Middle School, Kingston 6-8pm* • Valley Thunder Lacrosse and Lacrosse Nova Scotia host a free try-it session. All ages, all experiences welcome. Bring a hockey helmet and gloves, activewear and a water bottle. **TIX:** no charge **INFO:** 902-679-6568 / cskeddy@hotmail.ca / valleylacrosse.ca

Celebrate Recovery – *New Hope Wesleyan Church, Kentville 7-9:30pm* • Coffee 7pm, meeting 7:30pm. A faith based 12 Step program for anyone who needs help with their hurts, hangups & habits. Are you struggling with broken relationships, stress, anger, fears, depression, food issues, addictions? All welcome. **TIX:** no charge **INFO:** 902-678-2222

People Help The People – *Festival Theatre, Wolfville 7-9pm* • The Playing and Hearing 3 class from the Acadia School of Music are putting on a fundraiser concert to help raise money for The Tribe Projects (formerly named The Tribe Turkey), a non-profit organization based in Izmir, Turkey. The organization helps displaced Syrian Refugees. **TIX:** donation **INFO:** 135440d@acadiau.ca

The Square – *Kings Theatre, Annapolis Royal 7:30-9:52pm* • The film follows Christian (Claes Bang), the self-centred, and hopelessly befuddled curator of Sweden's most cutting-edge art museum. Christian's attempts to promote his exhibits are deflected by personal misfortunes and culminate with a less than successful online campaign. **TIX:** \$10 Adult, \$8 Youth, aged under 18 years \$9 with Film Buff card. **INFO:** 902-532-7704 / mk@kingstheatre.ca

WEDNESDAY, MARCH 28

Let's Get Up and Move – *Kings County Family Resource Centre, Kentville 9:30am* • Join us for an hour of increasing your heart rate and having fun. Free childcare available. **TIX:** no charge **INFO:** 902-678-5760 / family.centre@ns.sympatico.ca

Rhyme Time – *Louis Millet Community Complex, New Minas 10-11am* • Our Rhyme Time will teach you and

TIDE PREDICTIONS at Cape Blomidon

Source: Canadian Fisheries & Oceans.
www.waterlevels.gc.ca

MAR	High	Low
22	5:15pm	10:59am
23	6:11pm	11:52am
24	7:11pm	12:51pm
25	7:40am	1:54pm
26	8:44am	2:59pm
27	9:48am	4:03pm
28	10:49am	5:03pm
29	11:45am	5:57pm
30	12:37pm	6:48pm
31	*1:26pm	7:12am
APR	High	Low
01	2:13pm	7:59am
02	2:59pm	8:44am
03	3:44pm	9:28am
04	4:29pm	10:12am
05	**5:15pm	10:58am

There are normally two high and two low tides each day. Only daylight tide times are listed.

* Highest High: 44.3 feet ** Lowest High: 37.7 feet

your child many new songs, rhymes, and movement activities. **TIX:** no charge **INFO:** 902-678-5760 / family.centre@ns.sympatico.ca

Baby and Me – Kings County Family Resource Centre, Kentville 10:30-11:30am • A great place to connect with other moms and babies, share stories and learn songs and rhymes you can do together. **TIX:** no charge **INFO:** 902-678-5760 / family.centre@ns.sympatico.ca

Wolfville Historical Society Program – Wolfville Baptist Church, Wolfville 2pm • Angela Reynolds, Annapolis Valley librarian – Exploring Little Red Riding Hood **TIX:** no charge **INFO:** wolfvillehs.ednet.ns.ca

Family Fitness Time – Louis Millet Community Complex, New Minas 6-7pm • Time for all family members to get active. All ages/abilities are welcome. **TIX:** no charge **INFO:** 902-678-5760 / family.centre@ns.sympatico.ca

Family & Friends Night - Alzheimer Society – Louis Millet Community Complex, New Minas

6-8:30pm • An evening of Information and Support for the Families & Friends of those living with Alzheimer's. **TIX:** no charge **INFO:** 902-790-4189 / pat.miller@asns.ca

Evangeline Middle School's Annual Art Fair – EMS, New Minas, 6-9pm. ALSO March 29, 1-3pm • Everyone is welcome to attend our art fair. This is the first year you will be able to purchase art pieces at a minimal cost to help support our year end trip to PEI. **INFO:** 902-681-4910

"Living Last Supper" – Kingston United Church, 7pm • Presented by the congregations of Kingston and Aylesford United Church. Jesus and his disciples will be seated at table at the front of the church, as they are in da Vinci's painting. Each of the disciples will tell something about himself and how he came to be a follower of Jesus. Seasonal hymns, prayers, and anthems sung by the two choirs. Reception to follow. **TIX:** donations accepted for the local Refugee fund. **INFO:** aylesfordunitedchurch@gmail.com

A Fine Kettle of Fish – Perspectives on Plastic Waste – K.C. Irving Environmental Science Centre, Wolfville 7-9pm • The United Nations predicts there will be more plastic in the ocean than fish by 2050. Free public event features documentary, SMOG OF THE SEA, photo exhibit, Valley Waste presentation and announcement by Acadia & ASU. **TIX:** no charge **INFO:** 902-585-1311 / sustainability@acadiau.ca

Canadian Federation of University Women – Wu Welcome Centre, Wolfville 7-9:30pm • Regular Meeting. Program: Guest Speaker, Julie Snair, Coordinator of International Education Students at Acadia. Donations/items for Chrysalis House. Everyone welcome. **TIX:** no charge **INFO:** cfuwwolfville.com

GriefShare – Trinity Pentecostal Church, Greenwood 7-9pm. Also April 4 • Help and encouragement after the death of a loved one. We know it hurts, and we want to help. **TIX:** no charge **INFO:** 902-847-1225 / davetheman161@gmail.com

Jam Session – Lions Club, Kentville 7-9:30pm.

Also April 4 • Potluck snack at 8:30 (bring along something to add to it). Tea and coffee supplied. Proceeds to assist Lion's projects. **TIX:** \$2 **INFO:** 902-680-2740 / vintagemusic1@hotmail.com

THURSDAY, MARCH 29

Let's Get Messy – Louis Millet Community Complex, New Minas 9:30-10:30am • Bring your child out to explore various art forms and sensory opportunities. All ages welcome. **TIX:** no charge **INFO:** 902-678-5760 / family.centre@ns.sympatico.ca

Gros Morne - The Land, the People, the National Park – Acadia University Art Gallery, Wolfville 12-1pm • A portrait of one of Canada's finest national parks, its landscape and its people, with a story of the long path to its establishment. Guest speaker: Antony Berger. **TIX:** no charge **INFO:** 902-585-1434 / allinfo@acadiau.ca

What's Happening continued on page 14.

WEEKLY EVENTS

PLEASE NOTE: Event information may change without notice.

THURSDAYS

Acadia Brown Bag Lunch Series – Acadia University Art Gallery, Beveridge Arts Centre, Wolfville 12-1pm. Please check website for occasional location changes. **March 29:** Antony Berger Topic: Gros Morne – The Land, the People, the National Park **April 5:** David Mossman Topic: Survival Against the Odds **INFO:** all.acadiau.ca

The Hantsport Seniors & Elders Club "Drop-in" – St. Andrews Church Hall, Hantsport 1-4pm. Play an assortment of games with a tea-break at 3pm. All ages! **INFO:** 902-352-2085 / davidold@eastlink.ca

In the Round Knitting Group – Gaspereau Valley Fibres 1-4:30pm. Also Tuesdays 6-9pm. Bring your knitting, rug hooking, spinning, or felting. **INFO:** 902-542-2656 / gaspereauvalleyfibres.ca

Tapestry: Women's Cancer Support Group – We meet the 2nd Thursday of each month (Next: Apr. 12). Please call for time/location. For women with and/or recovering from any type of cancer. **INFO:** Dorothy, 902-538-3374 / Pat, 902-678-9100 / Margot, 902-542-1466 / margotwithat@hotmail.com

Open Studio – Avon River Heritage Museum, Newport Landing 2-5pm. Bring a project and join in the conversation! **TIX:** no charge **INFO:** 902-757-1718 / infoavonriver@gmail.com

Taekwondo – Baptist Church, North Alton 6:30pm (kids 4-14), 7:30pm (adult). Also Tuesdays. Exercise, self defense, respect, listening skills, focus, self discipline and confidence. **TIX:** no charge to try a class **INFO:** 902-670-8714 / devin@ennissecurity.ca

NonDuality Meetup – Manning Memorial Chapel, Wolfville 7pm-9pm. Every other Thursday. Non-denominational discussion of life and our place in the scheme of things. 19+ **FREE:** no charge **INFO:** rozspeed57@gmail.com

Jam Session – Community Centre, Wilmot 7-9:30pm **TIX:** \$2 **INFO:** 902-825-3125

Music Jam – Community Hall, Cambridge Station 7-10pm • Sing, play or watch! Refreshment donations welcome. **TIX:** donation **INFO:** 902-538-9957 / gands@xcountry.tv

Co-ed Volleyball – Central Kings Rural High, Cambridge 7:30-9:30pm. Tuesdays & Thursdays, from September to May. **INFO:** Willy, 902-678-8816

Cardio Kickboxing – Baptist Church, North Alton 8:30-9:30pm. Also Tuesdays. Adult class to improve coordination, strength building, cardiovascular improvements, self defence, stress reduction, and weight reduction. **TIX:** no charge for 1st week of classes **INFO:** 902-670-8714 / devin@ennissecurity.ca

FRIDAYS

Low Impact Exercise Program – Christian Fellowship Centre, Wilmot. Every M-W-F, 11am-12pm. Free Community low impact exercise program. Geared for seniors, but open to everyone. **TIX:** no charge **INFO:** 902-765-0135 / wendynoble135@gmail.com

Art for Wellness – Canadian Mental Health Association, New Minas 1-4pm. Arts and crafts program for adults who live independently with mental illness, including depression and anxiety. Materials provided. **TIX:** no charge, but please pre-register. **INFO:** 902-670-4103 / club@cmhakings.ns.ca

Chase The Ace & Supper – Royal Canadian Legion, Berwick 5-7pm • Downstairs; use back door. Everyone

welcome. Chase the Ace. Cash bar. 19+ **TIX:** Tickets 3 for \$5. Supper \$8. Dessert \$2. **INFO:** 902-538-5815

Chase the Ace – Curling Club, Middleton 6:30-8pm • Draw at 8pm. Enjoy playing cribbage, Crokinole, Yahtzee in the dining hall. **TIX:** 3 tickets for \$5. **INFO:** 902-825-2695 / bemorine@hotmail.com

Boardgame Night – C@P Lab, Wolfville Public Library, 7pm. Bring your games! Ages 12+ **FREE:** no charge **INFO:** 902-790-4536 / turpin56@gmail.com

Tremont Board Game Café – Tremont Hall, 738 Tremont Mtn. Rd. 7-9:30pm every first and third Friday (Next: Apr. 6). Many of the newest and coolest games in a friendly and relaxed environment. **TIX:** no charge **INFO:** 902-765-4326

Jam – Greenwich Community Hall, 7-9:30pm. All Welcome. **TIX:** \$2 **INFO:** Vera, 902-542-0501

Friday Night Jam – Royal Canadian Legion, Wolfville, 7-10pm. **INFO:** 902-542-5869 / wolfvillelegion@gmail.com

Chase the Ace – Royal Canadian Legion, Windsor 6:30-8:45pm • Tickets/info available during the week at the bar. Cut off for ticket purchase is 8:30pm, draw at 8:45pm. **INFO:** 902-798-0888 / WindsorLegion@bellaliant.com

SATURDAYS

Wolfville Farmers' Market – DeWolfe Building, Elm Ave., Wolfville 8:30am-1pm **March 24 Music:** Catherine Kennedy **March 31 Music:** Donna Holmes **Theme:** Mapiicious **INFO:** wolfvillefarmersmarket.ca

Drop in and Drum! – Baptist Church, Wolfville 1-2:30pm. First Saturday of the month (Next: Apr. 7). W/Bruno Allard. Learn to play with rhythms & songs from West Africa. Drums provided. **FREE:** \$5-\$10 (pay what you can) **INFO:** brunoallard7@gmail.com / facebook: Djembes and Duns Wolfville

Chase the Ace – Legion, Kingston. Tickets for sale at the Branch #98 Bar daily during bar hours, & Saturdays, 1-3:30pm. Draw at 3:30pm. 19+ to play. **INFO:** 902-765-4428 / legion98sect@eastlink.ca

Valley Game Night – Gametronics, New Minas 6pm. Board game/card game group. Yu Gi Oh – Thursdays, 6pm. Magic: The Gathering – Fridays, 6pm **FREE:** no charge **INFO:** facebook.com/GameTronics

SUNDAYS

Windsor Meditation Group – Join us for meditation in the Shambhala tradition, discussion and tea. At the Windsor Community Centre, 321 Gerrish St., Windsor. 10:30am-noon. Use side entrance. Wheelchair accessible. **FREE:** no charge **INFO:** 902-798-2958 / windsormeditationgroup@gmail.com

World Meditation Hour – Donate an hour and help us send powerful thoughts of peace to where the world needs it most. Every third Sunday of the month, 4:30-5:30pm (Next: Apr. 15). Manning Memorial Chapel (lower level), Acadia University, Wolfville. **INFO:** purepeace100@gmail.com

Bingo – Royal Canadian Legion, Windsor 7:30-10pm • Mini game 7:30pm, regular games 7:45pm. **TIX:** Basic card booklet \$25, extras available. **INFO:** 902-798-0888 / WindsorLegion@bellaliant.com

MONDAYS

Windsor Game Night – Library, Windsor 6pm. Board game group. New players welcome! **FREE:** no charge **INFO:** meetup.com/valleygames / turpin56@gmail.com

Toastmasters – 2nd Floor, K.C. Irving Centre, Acadia

6:30-8:30pm. Communication and leadership skill-building for students and community members. **INFO:** wolfvilletoastmasters.com

East Kings Chess Club – Library (upstairs), Wolfville 6:30-9pm. Participants are asked to bring their own sets, board and clock if they have them. All welcome, from beginners to expert, young and old. **INFO:** Ian Anderson, tfeloc@hotmail.com / 902-678-8009

Darts – Berwick Legion, 7pm. Mixed doubles, draw for partner, round robin format. Cash prize to winners and high score. **FREE:** \$3 **INFO:** 902-538-5815

Kings Community Concert Band – Bishop Hall, Greenwich 7:15pm. KCCB is a group of aspiring musicians, diverse in age, ability and ambition. We perform a wide variety of music for the community. **INFO:** Fraser Campbell, 902-306-0077 / kingsconcert@gmail.com

TUESDAYS

County Crafters – Kings County Family Resource Centre, Kentville 9:30-11:30am. Crafting for adults. Bring a project or enjoy one provided for you. Childcare available. **FREE:** no charge **INFO:** 902-678-5760 / family.centre@ns.sympatico.ca

Writers Group – Box of Delights Bookstore, Wolfville 10am-12pm. Join our new writers group! **INFO:** laurasydneywolf@gmail.com

Friends in Bereavement – Support, information, friendship, and confidentiality while grieving the death of a loved one. 1st & 3rd Tues. each month (Next: Apr. 3), in Kentville and Berwick. **BERWICK:** Western Kings Mem. Health Centre, 10am-12pm. **KENTVILLE:** United Baptist Church, Kentville 2-4pm. Sponsored by Careforce. **INFO:** 902-681-8239 / friendsinbereavement@gmail.com

Rug Hooking in Kentville – Kentville Lower Recreation Centre (354 Main Street), 1-3pm. If you are a rug hooker or want to learn, join us for social hooking! Tea/coffee available, \$5 drop in fee. **INFO:** Mona, monapearl@ns.sympatico.ca / Lynn, lynndenney@eastlink.ca / 902-692-8118

Toastmasters – Birchall Training Centre, 14 Wing Greenwood 6:30pm. Learn communication and leadership skills in a fast-paced, fun setting. Guests always welcome. **TIX:** no charge **INFO:** annapolisvalley.easy-speak.org / edwardwedler@gmail.com

The Dukes Of Kent – Barbershop Harmony Chorus – Bethany Memorial Baptist Church, rear of building, North Kentville 7pm. Men of all ages are invited to come sing with us. **INFO:** Chris, 902-678-8865 / Seymourchris2@gmail.com

Card Game – Fire Hall, Vaughans 7pm • Card games every Tuesday. 50/50 draw and light lunch. **TIX:** \$2 to play **INFO:** ellajeane.levy@gmail.com

Valley Voices – Female a cappella show chorus rehearses 7-9:30pm, Kentville Baptist Church CE Centre. Women of any age welcome. **INFO:** valleyvoices.org

Cribbage – Berwick Legion, 7pm. Includes high hand, 50/50, 1st, 2nd & 3rd place cash prizes, and an ongoing Cookie Jar. **FREE:** \$10 per player **INFO:** 902-538-5815

Valley Scottish Country Dancing – Kings Riverside Court, 125 Webster St., Kentville 7:30-9:30pm. Until end of May. No experience necessary. No partner required. **FREE:** \$6 per class, 1/2 price for students **INFO:** vscd.info

Village Dancing – Wolfville Curling Rink (upstairs), 7:30-8:30pm Beginner, 8:30-10pm Advanced. Traditional style circle and line dancing from the Balkans and Middle East. No partner needed. New dancers welcome. Expert instruction. **FREE:** \$7, \$5 students **INFO:** David, 902-690-7897

Board Game Night – Paddy's Pub, Wolfville 8pm-12am **TIX:** no charge **INFO:** 902-542-0059 / judy@paddys.ca

WEDNESDAYS

Knife Sharpening – Larch Wood, 420 Main St., Wolfville. Bring us your dull knives and we'll give them a new edge! Same-day sharpening on Wednesdays. **FREE:** \$10-20 **INFO:** wolfvillemanager@larchwoodcanada.com

Coffee Time – Community Hall, Greenwich 9:30-11am • Join us for coffee/tea and a muffin. Chat with friends, new and old! **TIX:** donation **INFO:** Darlene, 902-542-3498 / darlene.hennigar@gmail.com / Bev, 902-542-7412

Gaeilge sa Ghleann – Irish in the Valley – Middleton & Annapolis Royal, alternating, 10am. Learn to speak Irish Gaeilge! All levels welcome. **INFO:** gaeilgesaghleann@gmail.com / Facebook: Gaeilge sa Ghleann

Kentville Farmers' Market – 38 Cornwallis Street, Kentville 10am-2pm. Open year-round. Fresh farm products, bread, honey, maple syrup, cheese, hot lunch food, local crafts and household goods. **INFO:** marketmanager@kentville.ca / kentvillefarmersmarket.ca

Chronic Pain Self-Help Support Group – West Kings Memorial Health Centre, Berwick 10:30am-12pm, second Wed. of each month (Next: Apr. 11) • Do you or someone you know suffer with persistent pain? Goal is to improve the lives of those who live with persistent pain through education, support and sharing. **TIX:** no charge **INFO:** pipain.com / AnnapolisValley.ns@pipain.com

Winter Wednesdays – Farmers Market, Wolfville 4:30-7pm • Live music, 10+ vendors, Market Supporters. **March 28 Music:** Chantal Peng **April 4 Music:** George Symonds **INFO:** wolfvillefarmersmarket.ca

Chase The Ace – Lions Club, 36 Elm Ave., Wolfville 5-8:15pm. Draw shortly after 8pm. Come early to play cards with friends, or have a snack at our canteen. **INFO:** 902-542-4508

Wolfville Community Chorus – 100 Sherwood Drive, Wolfville. 5:30-7pm. W/Susan Dworkin, Director. New members welcome! **INFO:** 902-300-1001 / susan_dworkin@hotmail.com

TV Bingo – Royal Canadian Legion, Windsor 6-7pm. ALSO Thursdays. Regular games \$100-\$300. **TIX:** Books available at bar. **INFO:** 902-798-0888 / WindsorLegion@bellaliant.com

Card Party – The Northville Farm Heritage Centre, 7pm. Until April. Come play either cribbage or 45's. Weekly door prize of \$20. **FREE:** \$4 **INFO:** 902-678-4206 / info@northvillefarm.ca

Open Mic – Brickton Community Centre, 7-10pm. Food available, 50/50, and great company. Everyone is welcome.

Pool – Legion, Berwick 7pm. Round robin format. Cash prize to winner and an ongoing Cookie Jar. **FREE:** \$3 to play **INFO:** 902-538-5815 / chris48goddard@icloud.com

SATURDAY, MARCH 17 (cont'd)

Quiz Night – Royal Canadian Legion, Berwick 7pm
• Time to get the brain warmed up! Teams of 4-6.
Come with a team or make one up here. Prizes to
winning team. **TIX:** no charge **INFO:** 902-538-9340 /
gillyflowergarden@rocketmail.com

Acadia University Orchestra – Festival Theatre,
Wolfville 7-8pm • The Acadia University Orchestra,
directed by Dr. Christoph Both, will perform an all-
strings program, featuring a Bach violin concerto
(soloist Gillian Smith) and a Bottesini double bass
concerto (soloist Megan Chandler). **TIX:** donation
INFO: christoph.both@acadiau.ca

Dance: The Rob Brown Trio – Royal Canadian Legion,
Windsor 7-11pm • **TIX:** \$5 **INFO:** 902-798-0888 /
WindsorLegion@bellaliant.com

Godspell – Evergreen Theatre, Margaretsville 7:30-
8pm • Have a Laugh Players present *Godspell*. Dig
out your tie-dyed t-shirt and dust off your love beads
for this timeless modern classic. **TIX:** \$20 **INFO:**
902-825-6834 / evergreentheatre@gmail.com

FRIDAY, MARCH 30

Peter Rabbit – Kings Theatre, Annapolis Royal
7pm. ALSO April 1, 2pm • Feature adaptation of
Beatrix Potter's classic tale of a rebellious rabbit
trying to sneak into a farmer's vegetable garden.
TIX: \$10 adult, \$8 youth, \$9 with Film Buff card.
All prices include HST **INFO:** 902-532-7704 /
mk@kingstheatre.ca

**Manning Chapel Choir in Concert "Mirror of
the Heart"** – Manning Memorial Chapel, Wolfville
7:30-10pm • Beauty, more than bitterness, makes
the heart break. Join us for "Mirrors of the Heart" a
concert of profoundly beautiful music sung by the
women of the Manning Chapel Choir, directed by
John Scott. **TIX:** donation **INFO:** 902-698-2337 /
johnmatthewscott@gmail.com

SATURDAY, MARCH 31

Community Breakfast – Baptist Church, Kingston
8-10am • Traditional items and healthy choices (fruit,
yogurt, homemade muffins) are offered. **TIX:** donation
INFO: Brenda@kingstonunitedbaptistchurch.ca

Country Breakfast – Community Hall, Black River
8-10am • Baked beans, pancakes, scrambled
eggs, ham, drinks. **TIX:** \$8 per person, \$5 under
12, no charge under age 5 **INFO:** 902-552-3498 /
darlene.hennigar@gmail.com

Darts Open Doubles – Royal Canadian Legion,
Kentville 10:30am • 1st 16 teams to register
Paying the top 3 & high finish **TIX:** \$30/team
INFO: 902-679-1963

Autism Awareness BBQ – Clock Park, Wolfville
11am-2pm • Third annual Wolfville Lights It Up
Blue for Autism Awareness. Shine a blue light, wear
blue, come to the Charity BBQ. Great prizes on
Raffle Draws. April 2nd is World Autism Awareness
Day so keep your blue light shining! **TIX:** no charge
INFO: 902-542-3421 / missvicki@eastlink.ca

Community Easter Egg Hunt – Rotary Raceway Park,
Middleton 2-4pm • Hosted by Middleton Baptist
Church. Children up to age 11 are invited to hunt
for eggs! Other fun activities for the whole family
include: BBQ, face painting, music, games, crafts
and prizes! No registration required. **TIX:** no charge
INFO: 902-825-3537 / hollyrl@hotmail.com

Aphasia Nova Scotia – West Kings Memorial Health
Centre, Berwick 2-4pm • Aphasia Nova Scotia -
Expressive Cafe. The Mission of the Café is to improve
communication skills using expressive and receptive
activities in a safe environment, who have aphasia,
family, friends and volunteers. **TIX:** no charge **INFO:**
M. Jordan, 902-698-9661 / AphasiaNS@gmail.com

Bowling / Ticket Auction – Bowling Centre,
Windsor 6-8pm • Help Support Girl Guide trip to
Quebec. **TIX:** \$20/person for bowling, 20 tickets
for \$1 for the auction **INFO:** 902-790-4341 /
joytotheworld30@hotmail.com

Annual Ticket Auction – Royal Canadian Legion,
Windsor 6pm • Proceeds for the Windsor
Fire Department. Bidding closes 7:30pm.
INFO: 902-798-2031

Gabrielle Papillon & Pat LePoidevin – The Union
Street, Berwick 8-11pm • Gabrielle Papillon
& Pat LePoidevin live at The Union Street **TIX:**
\$12 + tax Online, or by calling the restaurant.
INFO: 902-538-7877 / eat@theunionstreet.com

Dance: Bob Deveau – Royal Canadian Legion,
Kentville 9pm • 19+ welcome. Bar and kitchen
available. **TIX:** \$8 per person **INFO:** 902-678-8935 /
kentvillelegion@eastlink.ca

Dance: Ruth Manning and the Prospectors
– Lions Club, Berwick 9-12:30pm • 50/50 and
door prize draws. **TIX:** \$8 **INFO:** 902-538-1496 /
ruthmanning1972@gmail.com

SUNDAY, APRIL 1

Breakfasts – Community Center, Port George
8-10am • Baked beans, sausages, bacon, hash
browns, scrambled eggs, pancakes, tea, coffee
and muffins. Everyone welcome. **TIX:** \$9 adults,
\$4 age 12 and under. **INFO:** 902-765-3988 /
sherry.fritz72@gmail.com

Crib Tournament – Forties Community Centre, New
Ross 1pm (Registration 12:30pm) • Doors open at
noon. **TIX:** \$20 per team **INFO:** 902-689-2147

Fundy Cinema screens THE LEISURE SEEKER –
Al Whittle Theatre, 7pm • John (Donald Sutherland)
and Ella (Helen Mirren), an elderly couple suffering
from serious health issues, set off on a boisterous
and bittersweet road trip down Route 66 in a
1978 Leisure Seeker RV in an effort to regain some
independence and yearning for one last adventure.
TIX: \$9 **INFO:** 902-542-1050

MONDAY, APRIL 2

Community Campfire – Harriet Irving Botanical
Garden, Wolfville 11:30am-1:30pm • Join us around
a cozy campfire for stories and snacks. Learn more
about Wild Spirits spring programs and walk the
trails. **INFO:** wildspiritsforestschoool@gmail.com

Chase the Ace – Paddy's Pub, Kentville 6-7:30pm
• **TIX:** no charge **INFO:** 902-599-1833 /
cskeddy@hotmail.ca

Fundy Cinema screens THE LEISURE SEEKER –
Al Whittle Theatre, 7pm • See April 1 listing for details
TIX: \$9 **INFO:** 902-542-1050

The Horsearcher - A Lovasijász – Kings Theatre,
Annapolis Royal 7pm • See March 22 listing for film
description. (Note: No Q&A or demonstration with
this screening). **TIX:** \$12 all tickets. Price includes HST
INFO: 902-532-7704 / mk@kingstheatre.ca

TUESDAY, APRIL 3

Committee of the Whole Meeting – Town Hall,
Wolfville 8:30am • **TIX:** no charge

Soup & Dessert Luncheon – Orchard Valley United
Church, New Minas 11:45am-1pm • Chicken &
Wild Rice Soup or Borscht Soup with dessert.
Take-out or delivery is also available – please order
by noon, Monday, April 2. **TIX:** \$8 per person
INFO: 902-681-0366 x1 / OfficeOVU@bellaliant.com

Sign Making Fundraiser – Kings County Academy,
Kentville 6-9pm • Help support the KCA Music Dept.
and the grade 5/6 students who have been invited to
perform with Symphony Nova Scotia in Halifax. **TIX:**
\$40 **INFO:** 902-678-1562 / info@valleyfamilyfun.ca

Municipal Council – County of Kings Municipal
Complex, Kentville 6pm • **TIX:** no charge
INFO: 888-337-2999

WEDNESDAY, APRIL 4

Happy Community Project – War Memorial
Community Centre, Windsor 7pm • The results of
Acadia's research into Happy Community Projects
will be given out and discussed. Come hear how
well we are doing and how much it affects the
community and our families. **TIX:** no charge
INFO: moiraknowles@icloud.com

Annual General Meeting – Community Center, Port
George 7pm • The AGM of the Port George Regional
Recreation Centre. Everyone interested please attend.
The ongoing use and future of the Centre will be
discussed. **TIX:** no charge **INFO:** 902-765-3988 /
sherry.fritz72@gmail.com

THURSDAY, APRIL 5

Survival Against the Odds – Acadia University Art
Gallery, Wolfville 12-1pm • Trapped between two
infinities, a human life is a snapshot of close calls.
On the highway, in war, in the wilderness, at home,
on land, sea, or air, it matters not. **TIX:** no charge
INFO: 902-585-1434 / allinfo@acadiau.ca

Creative Computing Course – Acadia
Entrepreneurship Centre Rural Innovation Centre,
Acadia University, Wolfville 6pm • A series of classes,
April 5-June 21. This course uses the popular Scratch
programming environment to aid young people (aged
8-13) in learning the basics of software development.
Scratch is used world-wide by students to easily create
interactive artwork, stories, and video games while
acting as a stepping stone to the more advanced world
of computer science. **TIX:** \$140 suggested. Pay what
you can. **INFO:** refreshannapolisvalley.org

LIVE THEATRE

A Doll's House – Lower Denton Theatre, Wolfville,
March 22, 23, 24, 29, 30, 31, 7:30pm, March 24, 31,
1pm • Whatever the case, in this precise historical
moment, Ibsen's groundbreaking play has much to
teach us about love, ownership and freedom. **TIX:**
\$15 regular; \$10 seniors/students; \$7 for groups of
8 or more @ Acadia Box Office **INFO:** 902-542-5500 /
box.office@acadiau.ca

The Mousetrap – Fountain Hall Performing Arts
Centre, Windsor March 23, 24, 7pm, March 24, 2pm
• Quick As A Wink Theatre Society presents Agatha
Christie's *The Mousetrap*. Visit qaaw.ca for more
information **TIX:** \$12 for Children \$16 for Student/
Senior \$20 for Adult @ QAAW.ca or in person at Mosaic
Market (Windsor) and The Box of Delights Bookshop
(Wolfville) **INFO:** 902-993-0202 / jmyles@qaaw.ca

Rumors – CentreStage Theatre, Kentville. March 23,
24, 7:30pm, March 25, 2pm • A madcap dinner party
with flying bullets, lying guests and befuddled cops.
A farce by Neil Simon. Coarse language. **TIX:** \$15
general, \$12 student/senior **INFO:** 902-678-8040 /
centrestage@centrestagetheatre.ca

We Will Rock You – Al Whittle Theatre, Wolfville, March
29, 30, 31, 7:30pm, March 31, 2pm • Edalene Theatre
with Phantom Effects Presents "We Will Rock You".
Featuring the music of Queen and set in a Dystopian
future where original music has been outlawed, We
Will Rock You is a high energy show with a fabulous
local cast!! Don't Miss Out! **TIX:** \$17 adult, 4 for \$60,
\$14 children under 16. All online tickets are \$15.
Purchase online, by email, or at door if available.
INFO: 902-799-9009 / kerri@edalenetheatre.ca

Carmen, the Ballet – Festival Theatre, Wolfville,
March 31, 7:30pm • A contemporary slant on the
famous tale of the Gypsy. Don José falls in love with
Carmen and sacrifices everything to be with her.
When Carmen becomes infatuated with Escamillo,
the toreador, she loses interest in Don José whose
love quickly turns to violent jealousy. The story of
Carmen is one of passion, seduction, drama and
revenge set to the iconic score of Bizet and Shchedrin.
TIX: \$34, \$22 students @ Acadia Box Office
INFO: 902-542-5500 / pas@acadiau.ca

UPCOMING: Got Your Back! – Al Whittle Theatre,
Wolfville April 6, 7, 7:30pm, April 7, 2pm • This year's
Women of Wolfville show is all about caregiving
– song, dance, skits, laughs. **TIX:** \$15 general
admission, \$12 students/seniors @ Box of Delights
(Wolfville) and at the door **INFO:** pat@daysend.ca

EXHIBITS

Evangeline Middle School's Annual Art Fair – Wed.
March 28, 6-9pm & Thurs., March 29, 1-3pm @ the
school library (New Minas). Everyone is welcome to
attend our art fair. This is the first year you will be able
to purchase art pieces at a minimal cost to help support
our year end trip to PEI. We hope you can join us at
this wonderful event hosted by the students of EMS!
INFO: 902-681-4910

"ReOriented" – The Ross Creek Gallery, Ross Creek
Centre for the Arts, Canning. Through March 29 •
A mixed media drawing installation by JJ Lee,
combining a large-scale paper scroll inspired by
Chinese traditions with contemporary Canadian
imagery of Chinese food. Lee is interested in
exploring the intersection between western and
Chinese cultures. **INFO:** 902-582-3842 / artscentre.ca

"Many Worlds" - Yorodeo – Acadia University Art
Gallery, Wolfville. Through April 12 • a collection of
images, sculpture, and video which presents the
viewer with fictionalized landscapes, characters,
elements and events from imagined worlds. The
newest work in this series utilizes layers of processes,
frequently beginning with the building of sculptures
and models, which are then photographed, and
turned into anaglyphic screen-prints on paper. When
viewed with anaglyphic glasses, these prints reveal
all of the original sculptural depth. Yorodeo is the
given name of Halifax-based artists Seth Smith and
Paul Hammond. Opening Reception & Artist Talk:
March 9, 7pm. **INFO:** gallery.acadiau.ca

Apple Bin Art Gallery – Valley Regional Hospital,
Kentville • Affordable, original art created by Valley
artists. Part proceeds go towards hospital equipment
and Annapolis Valley health care programs.

CLASSES & WORKSHOPS

Yurt Frame Construction Workshop – This workshops
(April 20-22) will teach you the techniques to assemble
the walls, fashion the roof poles and experience wheel
construction, including splitting and steam bending.
FEE: \$360 plus tax **INFO:** Details including registration,
pictures and an overview with outcomes: lfy.ca

Acadia Yoga – Student Conference Room, Student
Union Building (basement), Acadia, Wolfville, Tuesdays
& Thursdays, 12:05-12:50pm. Mind & Body Balance
Yoga with Leah Hancock. Hatha Yoga – a combination
of all yoga practices. All levels are welcome – great for
beginners. Bring a yoga mat and wear comfortable
clothing. **FEE:** \$5 suggested donation **INFO:**
facebook.com/groups/AcadiaYoga/about/

@ THE LIBRARY

For complete list of library events: valleylibrary.ca
All events are no charge/no registration unless
otherwise stated. NOTE: When AVRSB schools
are closed due to inclement winter weather, all
children's library programs for that day in that area
will be cancelled.

FRIDAY, MARCH 23

Coffee & Conversation – Berwick and District Library,
Berwick 10-11am • Steph Warr from Twisted Brook
Farm will talk about seed libraries, seed saving, and
gardening in general. **INFO:** 902-538-8060

Virtual Reality Time – Memorial Library, Wolfville
1-4pm. ALSO: March 27 & 28 • Games, demos and
educational VR experiences with HTC Vive system.
For ages 13+. Call to book your free 30 minute
session. **INFO:** 902-542-5760

MONDAY, MARCH 26

Financial Security on the Internet – Murdoch C.
Smith Memorial Library, Port Williams 3-4:30pm
• Learn how to protect your online financial
transactions. Registration is required. Ages 50+.
(For other dates and locations, visit valleylibrary.ca or
ask at a library branch). **INFO:** 902-542-3005

TUESDAY, MARCH 27

Renew Your Curiosity: After School Exploration –
Rosa M. Harvey Middleton & Area Library, Middleton
3-4pm • LOL: See you soon for lots of fun! It will tickle
your funny bone! For children of all ages. 5 years
and younger must be accompanied by a caregiver.
Registration is required. **INFO:** 902-825-4835

WEDNESDAY, MARCH 28

Virtual Reality 101 – Memorial Library, Wolfville
6-8pm • A free workshop for Parents, Teachers,
and Curious People. Watch in real time as people
explore new educational possibilities using the
HTC Vive Virtual Reality headset and handsets. Get
a chance, time permitting, to try it out yourself.
Ask your questions about safety, precautions,
costs, and free VR trial times. Please register (email
Wolfvillecap@valleylibrary.ca). **INFO:** 902-542-5760

Book Club – Library, Kentville 6:30-8pm • March
Book: *The Handmaid's Tale* by Margaret Atwood.
Get the whole story and let's discuss it together!!
INFO: 902-679-2544

THURSDAY, MARCH 29

Ready, Set, Move! – Isabel & Roy Jodrey Memorial
Library, Hantsport 2-4pm. Also April 5 • Learn about
the components of a physical activity program and
practice skills in stretching, strengthening, and
aerobic exercise. Take the whole 4-week series or the
session that interests you. Register: 902-792-2052.
INFO: 902-684-0103

The Hangout – Library, Kentville 3:30-5:30pm. Also
April 5 • Hang out with your friends, play x-box
games, board games, enjoy snacks. For ages 12-17.
INFO: 902-679-2544

TUESDAY, APRIL 3

FREE Income Tax Preparation – Berwick and District
Library, Berwick 10am-4:30pm • Volunteers trained
by the Canada Revenue Agency provide free tax
preparation for those with a simple tax situation. If
you are an individual with an income below \$30,000,
or a couple with an income below \$40,000, you may
be able to take advantage of this free service. Drop in
or by appointment. **INFO:** Barbara, 902-538-8060



Photo: Amy Cumming

WHAT'S GROWING AT THE HARRIET IRVING BOTANICAL GARDENS: WILD SPIRITS

Melanie Priesnitz, Conservation Horticulturist

Do you remember when you were young and ran wild in the ravine behind your house, splashed in puddles in the garden, and climbed trees? I hope so because it probably means that you are now a confident person with a healthy understanding of risk management, strong creative thinking, and problem solving skills, along with an inherent respect for the environment and how you fit into it. You likely weren't aware that you were honing these skills as you played freely in wild spaces as a child, but you were.

There is a myriad of research indicating that kids need unstructured outdoor play to be mentally and physically healthy and to grow up to be high-functioning members of society. Unfortunately we have discovered this the hard way by seeing what happens when kids are raised with highly structured time in a technological world filled with fears of danger and liability. It's hard for spirits and imaginations to soar without freedom and fresh air. We don't generally give our kids a lot of un-programmed space to take risks and build confidence and creativity. How often do you hear a parent say, "go outside and lie on the grass and do nothing?" We're much more likely to say, "go mow the lawn, practice piano, do your homework, do something useful."

We put a lot of pressure on kids at a very young age but we don't always help them develop the coping skills that they need. As a result, an estimated 1.2 million children and youth in Canada struggle with mental illness and the obesity rates of young Canadians has tripled in the last 30 years. It's time to reverse these trends by getting kids outside playing in the dirt again.

To meet the current needs of parents and kids, forest and nature schools are popping up around the world. The concept started in

Europe where there are many successful forest schools for children of all ages. The Child and Nature Alliance of Canada in Ottawa is doing great work to help communities develop forest schools across the country. They work to connect children and youth with nature through policy, research, and practice and hold courses for educators across Canada.

The Harriet Irving Botanical Gardens is very excited to be partnering with the Valley-based not-for-profit organization Wild Spirits Forest and Nature School for a pilot project this spring. Wild Spirits is run by experienced outdoor educators and nature play facilitators. They embrace wild child energy and are trained to direct it in developmentally positive ways.

Wild Spirits will be running a 7-week pre-school play-based nature program in the Woodland Trails and the Harriet Irving Botanical Gardens. Chickadees in the Garden will take place Mondays from 9:30am – 1:30pm starting April 9. Program fee is \$190 for 7 weeks. The Friends of the Acadian Forest are helping to support this program by offering bursaries to families who need financial assistance. Programs will continue with enough community interest. Also keep an eye out for summer camps for older kids. Visit wildspiritsforestschool.com for registration information. To find out more, come out to the Wild Spirits Picnic and Bonfire on Monday April 2 from 11:30 – 1:30 in the Botanical Gardens. [facebook.com/HarrietIrvingBotanicalGardens/](https://www.facebook.com/HarrietIrvingBotanicalGardens/).

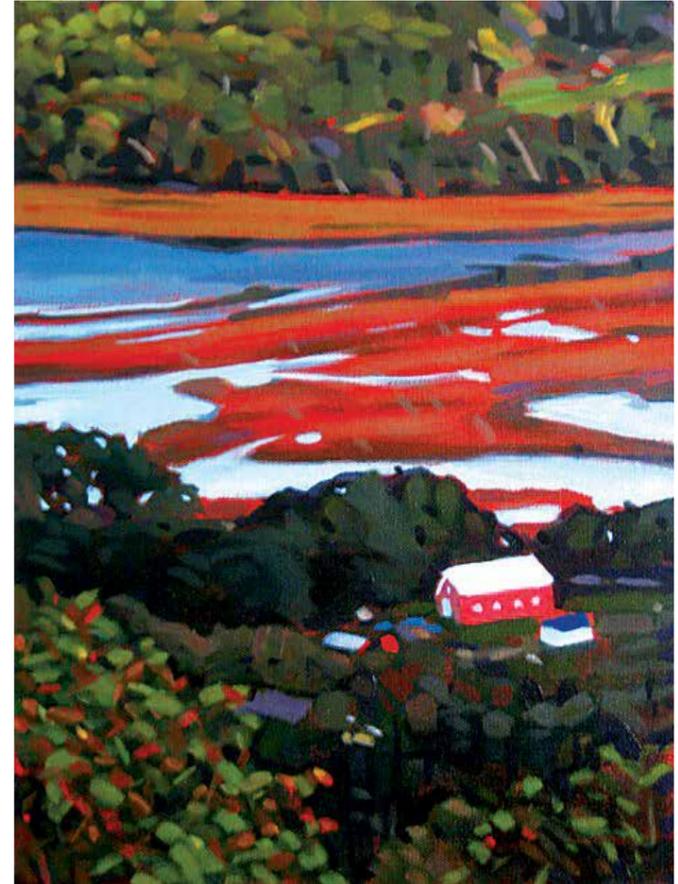


Harriet Irving Botanical Gardens
Acadia University
botanicalgardens.acadiau.ca



I KNOW A PLACE: From the Look Off in Canning

Ron Lightburn | thelightburns.com



WAY BACK WHEN

Date: 1892 – 1950
Materials: Paper
Measurements: 12.5 cm L x 17.5 cm W

Marks/label: On back: Wolfville Harbour, Skoda building, AV services stamp - negative file no. N-5371.

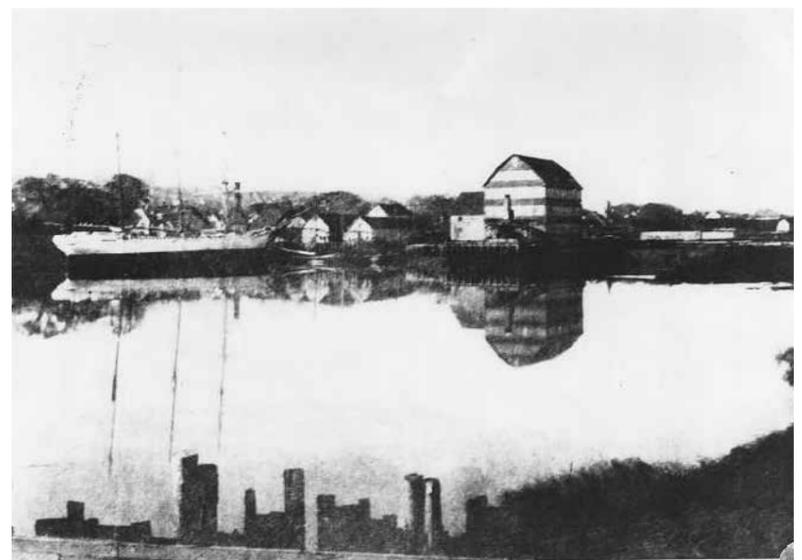
Narrative: Building is the MacKay School building (1893) from the East

Description: This photo shows Wolfville Harbour. The ship is a barkentine called the Skoda, loading apples for London, England. The building on the right is the old Skoda building, built on Front Street on the site

of the Acadia Dairy Company building, for the manufacture of patent medicine and later converted into a "corn" (i.e. grain) mill. The small vessel at the wharf is the 'Packet,' owned by Captain Burpee Tupper of King-sport and built at Spencer's Island in 1892 of 49 tons register.

All photos courtesy of Randall House Museum
259 Main Street, Wolfville, NS
902-542-9775, wolfvillehs.ednet.ns.ca

Now closed for the 2018 season. Although the museum closes, the work of the Historical Society does not. Watch for notices of their winter programs.



ACADIA PERFORMING ARTS SERIES PRESENTS CARMEN, THE BALLET ON MARCH 31

Closing its 2017-18 season with energy and passion, the Acadia Performing Arts Series presents *Carmen, the Ballet*, the famous tale re-imagined by the Atlantic Ballet Theatre and its founding artistic director and choreographer, Igor Dobrovolskiy. The story of Carmen is one of passion, seduction, and drama set to the iconic score by Bizet and Shchedrin.

The performance begins at 7:30pm at the Festival Theatre in Wolfville on Saturday, March 31.

As a very successful 2017-18 season comes to a close, the 2018-19 subscription season

officially begins. During the evening, the complete Acadia Performing Arts Series 2018-19 program will be unveiled and subscriptions will be on sale.



Saturday, March 31, 2018, 7:30pm
Festival Theatre, Wolfville, NS
Tickets are \$34 for adults, \$22 for students. For more information or to buy tickets, visit the Acadia University Box Office in person, by phone at 902-542-5500 or 1-800-542-TICK(8425), or online at boxoffice.acadiau.ca.



TICKET GIVEAWAY

CHANCE TO WIN 2 TICKETS TO:
Shakespeare's Julius Caesar
Al Whittle Theatre, Wolfville. Friday, April 13, 7pm
Draw date: April 6. Enter draws: valleyevents.ca/win

ValleyEvents.ca

AMUSE-BOUCHE:
FRENCH FOR KIDS

Sarah Anderson

Pâques is French for Easter
At this time of year we say,
"Joyeuses Pâques!"

Manning Chapel Choir
John Scott, director

Mirror of the Heart

a concert of profoundly beautiful music
Whitacre, Ešenvalds, Memley, Holst, Donkin

Friday March 30, 7:30pm
Manning Memorial Chapel
suggested \$10 donation

with
Ellen Gibling, harp
Kay Greene, oboe
Mary Castello, piano



chapel.acadiau.ca

PORT | CITIES



× APPEARING LIVE ×

SATURDAY APRIL 28, 2018

7:30 P.M. ACADIA FESTIVAL THEATRE, WOLFFVILLE N.S.
PRESENTED BY THE DEEP ROOTS MUSIC COOPERATIVE



DEEP ROOTS
MUSIC COOP

TICKETS: \$30.00 (PLUS HST AND FEES)
TICKETPRO.CA AND FOLLOWING OUTLETS
COCHRANE'S & WILSON'S PHARMASAVE / WINDSOR HOME HARDWARE

WWW.PORTCITIES.CA × @PORT_CITIES



A Doll's House

By Henrik Ibsen
English Language Version by Simon Stephens
Directed by Anna Migliarisi



See Mike Butler's review
of A Doll's House
on our website —
grapevinepublishing.ca

Lower Denton Theatre, Acadia University
7:30pm and Saturday Matinees at 1pm
March 22-24 and 29-31

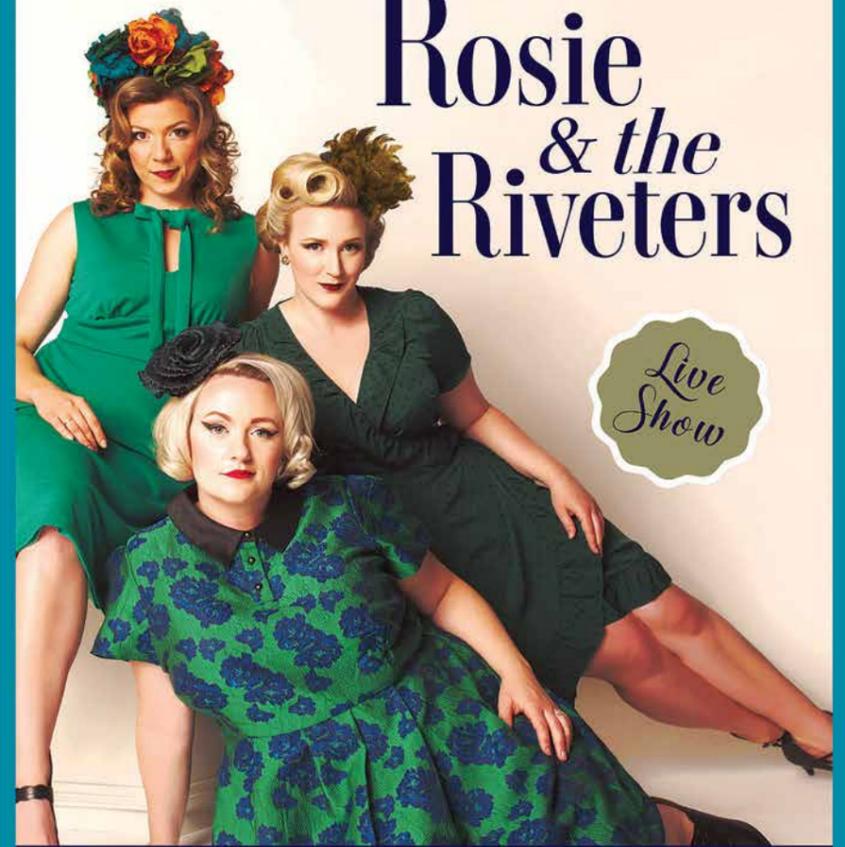
\$15 General Admission, \$10 Students/Seniors
\$7 for groups of 8 or more
Box Office: (902) 542-5500

An ATC Production

APRIL 14, 2018 | 8:00 PM

Rosie & the Riveters

Live Show



MERMAID IMPERIAL PERFORMING ARTS CENTRE
106 Gerrish Street, Windsor

\$27 ADVANCE \$29 DOOR

TICKETS ONLINE AT TICKETPRO.CA, OR IN PERSON AT
WINDSOR HOME HARDWARE AND ALL OTHER TICKETPRO OUTLETS



MIPAC 2017-18 Performing Arts Series is sponsored by:



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YOUR INDEPENDENT GROCER

396 Main St., Wolfville 542-9680

FRESH, COOKED, WHOLE BBQ CHICKEN.
\$2 off regular price, valid with no other offer.

Expiry: Friday,
April 20th
2018

