

# THE GRAPEVINE

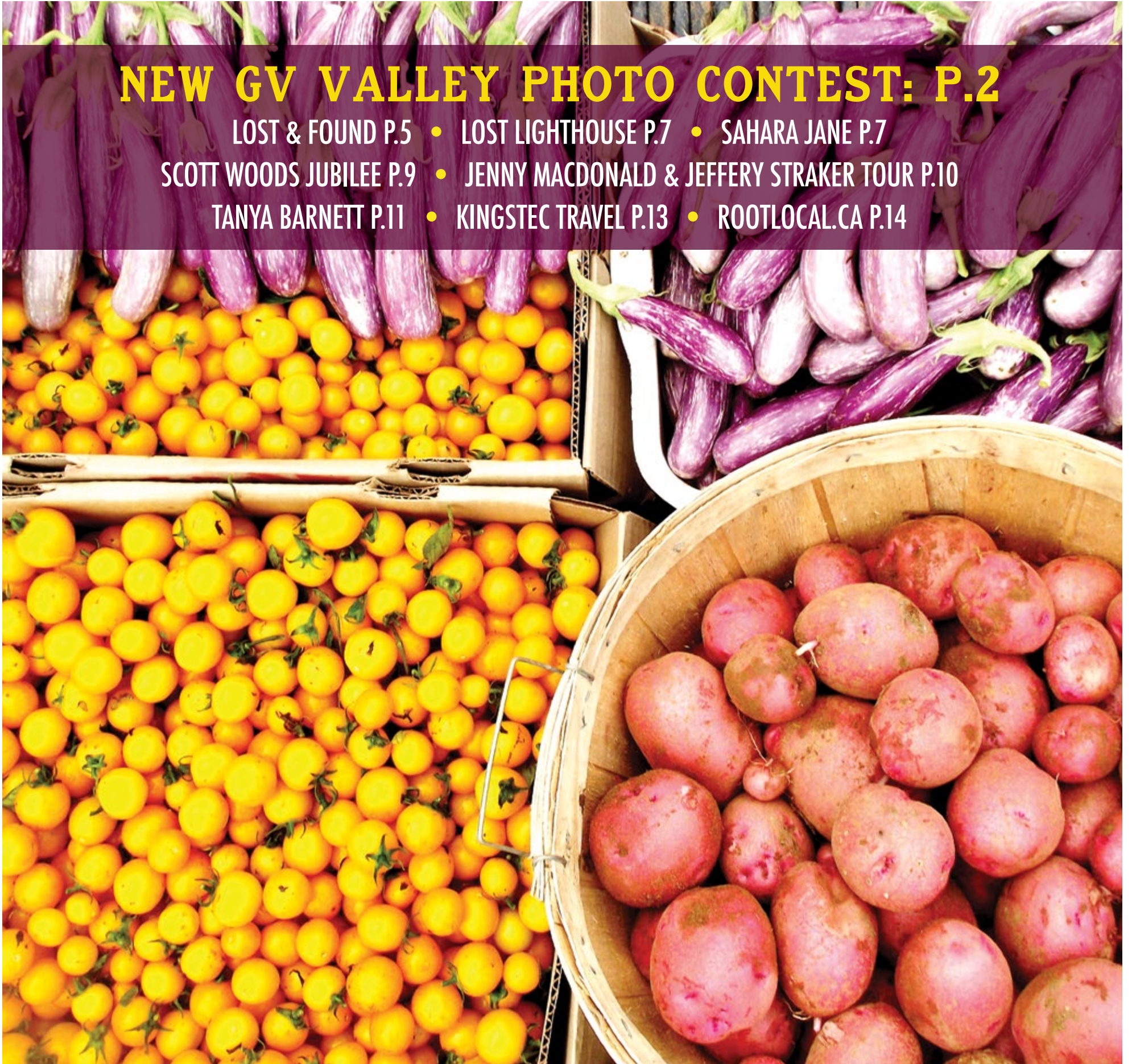
A FREE PAPER FOR THE PEOPLE WHO FIND THEMSELVES IN THE ANNAPOLIS VALLEY  
April 3-17, 2014 | Issue No. 11.7 ★ COMMUNITY ★ AWARENESS ★ INVOLVEMENT ★ You're holding one of 3400 copies

## NEW GV VALLEY PHOTO CONTEST: P.2

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SCOTT WOODS JUBILEE P.9 • JENNY MACDONALD & JEFFERY STRAKER TOUR P.10

TANYA BARNETT P.11 • KINGSTEC TRAVEL P.13 • ROOTLOCAL.CA P.14



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## ON THE COVER:

**PHOTO CHALLENGE WINNER!** Courtney Adam Webster (Dazey May) wins the third challenge (March 6 - 17) for her photo of fresh vegetables! The interaction of shapes, textures, and pastel colours form a beautiful visual harmony that's got us itching for planting season. Great job Dazey!

When we asked what exactly we were seeing in the photo, Courtney replied:  
 "Tumbling Tom" Tomatoes (Yellow)  
 "Fairy Tale" Eggplant (Purple & White)  
 "Chieftain" Potatoes (Red)

They are all part of the same plant family "solanaceae" aka nightshade family. Which I thought was really awesome, since there is some much diversity within the family and so much flavor!"

For her efforts, she won \$25 gift certificates to Retro Runway Fashions AND also The Wolfville Farmers' Market. Thanks for playing along everyone. Below are the rest of the daily winners from that competition.

For our fourth PHOTO CHALLENGE details, read on at the bottom!



## THE GRAPEVINE'S VALLEY WEEKEND PHOTO CONTEST!

We're changing it up and having a weekend challenge with only one theme!

This time we are teaming up with Union Street Cafe, just in time for their re-opening this weekend. Union Street will award the winner of this challenge with a hand-printed Union Street T-shirt and a \$15 gift certificate!

### THE WEEKEND PHOTO THEME IS: IN THE KITCHEN

Follow us on Instagram!  
 @the\_valley\_grapevine  
 Like our pages on Facebook!

#### HOW TO PLAY (AND HOPEFULLY WIN)

- Submit up to 3 photos per day, inspired by the theme IN THE KITCHEN
- Add your photo to Instagram or Facebook. (If you're only using Facebook you must post your photos on The Grapevine's page so that we can see them: facebook.com/valleygrapevine).
- Important: you will need to include the hashtag #valleychallenge with every post so that everyone can find your photos!
- Join in at any time - every day or whenever you feel like it. The more you play, the better your chances of winning are.

• Photos are judged based on their artistic merit and representation of the daily challenge word. Your photo is more likely to win if the photo is current and/or the subject is local.



## THE GRAPEVINE

The Grapevine is brought to you by Jeremy Novak & Jocelyn Hatt, with an amazing team of contributors:

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## WHERE TO FIND US

In addition to being in every department at Acadia and over 700 businesses from Windsor to Berwick, additional Grapevines can be found at these fine locations:

- + WOLFVILLE: Box of Delights, The Post Office, EOS, Pita House, Muddy's Convenience, Cinematopia, the Public Library, Just Us! Café, Wolfville Farmers' Market, T.A.N., What's the Buzz? Rolled Oat, Mud Creek Mini Mart
- + GRAND PRÉ: Convenience Store, Just Us! Coffee Roasters
- + GASPEREAU: Valley Fibres, XTR Station
- + PORT WILLIAMS: Wharf General Store, Tin Pan Bistro
- + CANNING: Art Can, Al's Fireside Café, Aspinall Studios
- + WINDSOR: Moe's Place Music, T.A.N. Café, Lucky Italiano
- + HANTSPOUR: R & G's Family Restaurant, Pizzaria
- + BERWICK: Drift Wood, North Mountain Coffee, Rising Sun Café
- + KENTVILLE: Designer Café, T.A.N., Café Central, Post Office
- + COLDBROOK: T.A.N. Cafe
- + NEW MINAS: Boston Pizza, Milne Court, Pita Pit

## ADVERTISING

{ SUBMISSION DEADLINE FOR APRIL 17 Issue is APRIL 13 }  
 { AD DEADLINE: APRIL 11 }

CONTACT US: (902)-692-8546  
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 ALSO AVAILABLE ONLINE:  
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# THE FURRY FEATURE

The Furry Feature is brought to you by **Jessy's Pizza** 8934 Commercial Street, New Minas 678-7777 / jessypizza.ca

## FEATURE PET – TAZ :

Seeking my "forever" home! I may be considered a senior, but I assure you I can still play like a young dog. My name is Taz and I'm an 8-year-old lab/shepherd mix. I am very friendly and well-behaved, and will do great with children. I have been spayed and am updated on all of my vaccinations. I walk well on a leash and can do many tricks for treats. To meet me, stop by the Nova Scotia SPCA, Kings County Branch, at 1285 County Home Road between 2 and 5pm any day. You can also call 1-902-538-9075, visit us on Facebook or check out our website at [www.kings.spcans.ca](http://www.kings.spcans.ca)



## UPDATE ON HERMIONE:

### Still Available

Hermione is a domestic long-haired calico with white mask, bib and toes. She was born on approximately Feb 10, 2010 and found in the Kentville area.



Wolfville Animal Hospital,  
12-112 Front St., Wolfville . 542.3422  
[wolfvilleanimalhospital@ns.aliantzinc.ca](mailto:wolfvilleanimalhospital@ns.aliantzinc.ca)



# Random acts of KINDNESS

Experienced a random act of kindness recently? Share with us: [info@grapevinepublishing.ca](mailto:info@grapevinepublishing.ca)

Random Act of Kindness is Brought to you by Daniels' Flower Shop Ltd.  
40 Water St, Windsor | 798-5337 | [www.danielsflowershop.net](http://www.danielsflowershop.net)

After work, I met my husband at the vet's office. We had booked the last appointment of the work day to discuss my dog's biopsy results with the vet, only to be told, "I thought it was benign but it is the worst – malignant melanoma – we can just keep him comfortable... probably 5 months..." We took the news and left the office, going to our separate cars. I was heading toward home, feeling pretty heavy, but the gas tank was near empty so I went to the gas station to fill up. That's when I realized I had left my purse at the vet's office.

I pictured it hanging over the back of the chair where I'd been sitting. I asked the gas station cashier if I could use the phone. The vet's office was closed. The cashier said, "Don't worry about it: I'll buy you \$10 worth of gas." She pulled her cash card from her pocket and smiled at me. "I got it." I

really thought she probably didn't have \$10 to give away, but I needed some help, and she was offering it to me. I thanked her, and assured her I would return to repay her as soon as I got my purse. "No worries, it's fine," she repeated.

As soon as I got home, my husband presented me with my purse: the vet's had called right after I left and our number was forwarded to his cell phone, so he had gone back to get it. I told him about the young cashier being willing to give me \$10—and I went straight back to pay her. I couldn't think of an appropriate way to thank her—she certainly didn't want to make a big deal of it—but, because it meant so much to me, I decided I would write it up as a Random Act of Kindness.

Lisa Hammett Vaughan

# Attention Volunteers

The Kings SPCA is currently accepting applications for volunteers. We are in need of dedicated animal care workers who are not afraid of a little bit of hard work and dedication. All you have to do is come into the shelter, complete an application to volunteer, and commit to volunteering for six months.

We currently need cat care workers on Thursday, Friday, Saturday and Sunday mornings from 8am-1pm (or however many hours you can fit in). This would involve cleaning out litter pans, feeding cats, and vacuuming and scrubbing the floors of the cat rooms. It doesn't sound very glamorous, but the kitties will love you for keeping their area clean.

We also need dog walkers on Monday, Tuesday, Wednesday,

Thursday, Saturday and Sunday from 7-8pm Part of the dog walking would include training the dog while you are walking with him/her (i.e., heel, stay, no pulling on the leash, etc.).

We rely on volunteers for the every-day functioning of the Kings SPCA. Although we have a small component of paid staff, without volunteers we would be unable to provide the current level of programs and services we desperately need to sustain the shelter.

If you feel you would like to become a volunteer with the Kings SPCA, please email us at [info@kings.spcans.ca](mailto:info@kings.spcans.ca), or call 538-9075 and speak with Sandra, our Volunteer Coordinator.

# HERE AND AWAY

## Percentage of population living in rural areas

By Pamela Swanigan

Nova Scotia: 43-75% (low figure Statistics Canada, 2011; high figure Rural Communities Impacting Policy research alliance, 2006)

Canada: 19%	Saskatchewan: 33%	U.K.: 9.9%
British Columbia: 14%	Manitoba: 28%	India: 69%
Ontario: 18%	United States: 17.4%	Australia: 11%
Quebec: 19%	Maine: 60%	Russia: 26%
Alberta: 17%	District of Columbia: 0%	Uganda: 84%
New Brunswick: 48%	New Jersey: 6.5%	
Nunavut: 52%	California: 5%	

Sources: Statistics Canada, U.S. Census Bureau, *The Penguin State of the World Atlas*, Business Standard, The World Bank.

## Night Kitchen

**PENULTIMATE!\***

SATURDAY, APRIL 12, 2014  
8 PM at the Al Whittle Theatre  
Wolfville, NS

Tickets \$10 (\$5 for students/unwaged)  
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Wolfville

\*for this season, anyway

FEATURING:

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Weather Advisory

Melissa Comeau &  
Friends

Kelly MacNeil

Crooks & Nannies

Francois Coté

Matthew McFarlane

Elias Assefa

Dead Sheep Scrolls

Mark Bezanson

Bruce Clarke

Mike Aubé

Kevin Irvine

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[www.gaspereauvalleyfibres.ca](http://www.gaspereauvalleyfibres.ca)

Photo by Ernest Cadogan

## JOB OPPORTUNITY

Gaspereau Valley Elementary School  
After School Program Coordinator  
**ECE Level II**

September 2nd, 2014

Send cover letter and CV to:  
Jenn Richards  
1681 Davidson St.  
Wolfville, NS B4P 2R1  
[richjenn@gmail.com](mailto:richjenn@gmail.com)

For more details  
scan mobile tag or visit:  
[gaspereauafterschoolprogram.blogspot.ca](http://gaspereauafterschoolprogram.blogspot.ca)

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# WHERE HAS THE EASTER BUNNY HIDDEN HIS CHOCOLATE?

*At Just Us!*  
only from March 18 – April 17  
[www.justuscoffee.com](http://www.justuscoffee.com)

Catch our OPEN MIC every Thursday from 6-8 pm in Wolfville



## the free tweets

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These listings work on a 1st come, 1st served basis. Email [info@grapevinepublishing.ca](mailto:info@grapevinepublishing.ca) every two weeks for your free placement. Or, reserve your place with a 5-issue minimum commitment at \$10 per issue.

## Suggested Theme:

April is a time of slow transition from winter's chill to spring's rebirth, but it can often take longer than we'd like. American author and journalist Hal Borland stated, "April is a promise that May is bound to keep."

Although we know that we're not quite out of the woods yet, there's no denying the sense of optimism in the air. Shakespeare wrote, "April hath put a spirit of youth in everything." If that's indeed the case, how are you and/or your business demonstrating exuberance? What promises of April are giving you the most energy?

### Scott Prudence Woodworking

698-7140 / [scottprudence@hotmail.com](mailto:scottprudence@hotmail.com) • Facebook: Scott Prudence Woodworking

Looong winter folks, but spring is finally here. In a short matter of time we will actually be feeling it. It is time to get serious about those plans for renovations and improvements to your home. Sprucing up a tired old space or some custom-built outdoor furniture will make those summer months that much more enjoyable. Get it together and call Scott Prudence Woodworking.

Although I have over 25 years experience as a carpenter in the Wolfville area, Scott Prudence Woodworking is officially in its third year of business. I started my career in general home construction, then specialized for many years in timber framing which is the time-honoured method of building structures utilizing heavy timber and hand-carved wooden connections. I have since furthered my craft with cabinetry and furniture-making. When I'm not swinging a hammer, I can be found on stage singing and making music.



**Valley Family Fun** — [info@valleyfamilyfun.ca](mailto:info@valleyfamilyfun.ca) / [valleyfamilyfun.ca](http://valleyfamilyfun.ca) • Spring is a great time to get outside and explore nature with your family! Go for a walk and look for signs of spring or go to a farm to visit the chicks or lambs. Visit our website for a list of ideas!

**SoundMarket Recording Studios** — 63 Pleasant Street, Wolfville, 542-0895 / [facebook.com/soundmarket](http://facebook.com/soundmarket) • Music producers Terry Pulliam and Kory Bayer invite musicians/songwriters to visit our professional studio. Gold-record-winning service and gear. Low rates and assistance with funding. We'll capture your sound your way!

**Natural Touch Reflexology & Reiki** — Hwy 12, North Alton, 678-0454 / 691-4148 / [naturaltouchreflexologyandreiki.com](http://naturaltouchreflexologyandreiki.com) • N.S. Reflexology Week - April 13-19, 2014. To celebrate, 25% of all funds collected from the therapy sessions booked for this week will be donated to the Valley Hospice Foundation. A perfect opportunity to enjoy a reflexology or Reiki session and to help support a much needed facility in our community.

**Highlander Strength and Fitness** — Unit 5, 11 Calkin Drive, Kentville, 300-9305 / [iwanttetrain@highlanderstrengthandfitness.ca](http://iwanttetrain@highlanderstrengthandfitness.ca) / [highlanderstrengthandfitness.ca](http://highlanderstrengthandfitness.ca) • Spring is a time to come

out of hibernation, when we realize maybe we've been holed up inside eating a bit too much comfort food, and start to worry about summer holidays! If you're looking for a way to kick start your spring energy, why not try Highlander Strength & Fitness, the Valley's only warehouse gym, with expert coaching.

**L'Acadie Vineyards** — 310 Slayter Road, Gasperreau, 542-8463 / [lacadievineyards.ca](http://lacadievineyards.ca) • For the second year, we have been chosen as the official wine served during the Eastlink East Coast Music Week April 2-6 (Charlottetown, PEI). Our traditional method sparkling wine, certified organic white Estate L'Acadie, and ripasso-style red Passito will be featured all week during the celebration.

**Inner Sun Yoga** — 461 Main St. Unit 4, Wolfville, 542-YOGA / [yoga@innersunyoga.ca](mailto:yoga@innersunyoga.ca) / [innersunyoga.ca](http://innersunyoga.ca) • Find your inner sun with us and add a glow to your practice. You can also join us this spring to train others to find theirs too.

**Whole Green Heart Coaching** — Berwick, 538-3079 / [michelle@wholegreenheart.com](mailto:michelle@wholegreenheart.com) / [wholegreenheart.com](http://wholegreenheart.com) • Want to do some soul-searching and life-dreaming this spring? The second round of our incredibly successful Forever Forward program starts in less than a

month! Find details and register at [wholegreenheart.com/life-coaching](http://wholegreenheart.com/life-coaching). Happy Spring, everyone!

**Harwood House Bed & Breakfast** — 33 Highland Ave., Wolfville, 542-5707 / [harwoodhouse.com](http://harwoodhouse.com) • Exuberance is the word. We are more than a bit surprised by the number of advanced bookings we have taken over the last 3 weeks. It is very much looking like a banner year here at Harwood House. Season 16 for us.

**Good Books Accounting Services** — Burlington, 538-3662 / [goodbooksvernest@gmail.com](mailto:goodbooksvernest@gmail.com) / [goodbooksaccounting.webs.com](http://goodbooksaccounting.webs.com) • With Spring comes renewal, new growth, and new opportunities. If you are thinking this is the year you become self-employed, or simply prefer your Spring tax preparation with a cup of tea in the comfort of your home rather than an office, Good Books Accounting is here for all your tax and accounting needs.

**Harvest Gallery** — 462 Main St. Wolfville, 542-7093 / [harvestgallery.ca](http://harvestgallery.ca) • Spring at Harvest Gallery means fresh new work of all kinds—new things to love and new shows. On now: "Strandlines" by Sanna Rahola. Come in for your first taste of all that's new ... including Nicole's artisanal Easter chocolates.

**Ocean Zn Giftshop** — 437 Main Street, Kentville, 790-6901 / [campingmama1978@hotmail.com](mailto:campingmama1978@hotmail.com) • For my business, April brings joy for my family and me, due to the fact we can beach-comb more to find fantastic sea glass for the shop to make amazing creations with. April brings travellers to my shop who share the love of the ocean and starts our season of tourism in our province. It is always nice to meet new people visiting our beautiful valley!

**Sister Lotus Body Care Products, Belly Dance & Herbal Education** — 680-8839 / [sisterlotus.com](http://sisterlotus.com) • Just winding down belly-dance classes with our last two sessions before we break for the summer (classes end early July), & then our focus will switch to the garden to grow herbs for the products/client tea blends & food for the table. Also lots of performances at summer festivals coming up, so we are getting new material together. Excited to get outdoors soon!!!

**Flowercart** — 9412 Commercial Street, New Minas, 681-2349 / [flowercart.ca](http://flowercart.ca) / [facebook.com/Flowercart](http://facebook.com/Flowercart) • This spring we are thinking a lot about newness at Flowercart: new customers, new work, a new strategic plan, plans for a

new building, and a search for a new Executive Director. To learn more about us, follow us on Facebook or read our newsletter. The April 2014 edition of FlowercartNEWS is available now. Look for it in waiting rooms and community gathering places, or check out the PDF version on our website (Newsletter Archive).

**Go North Tours** — [info@gonorthtours.com](mailto:info@gonorthtours.com) / [gonorthtours.com](http://gonorthtours.com) • Going into its sixth season of wine tours, Go North Tours has re-created itself with a division called Uncork Nova Scotia. This division will take over specialized guided wine tours with daily departures from Halifax from May to November. The tours offer unique itineraries that include: wine tastings, "behind-the-scenes" vineyard tours, gourmet cuisine, and accommodation packages.

**Valley Ghost Walks** — [jerome@valleyghostwalks.com](mailto:jerome@valleyghostwalks.com) / [facebook.com/ValleyGhostWalks](http://facebook.com/ValleyGhostWalks) • Our 7th season got off on the right foot with the Spooky Sampling Indoor Ghost Show (March 27). Look for us next as we haunt the Saltsclapes Expo (April 25-27) before we start the new outdoor season during the Apple Blossom weekend (Sunday June 1). Spring is a great time to start fresh, but, given our condition, that's easier said than done.

**Atlantic Lighting Studio** — 430 Main St., Wolfville, 542-3431 / [atlanticlightingstudio.com](http://atlanticlightingstudio.com) • "April showers won't keep us in the dark! We choose to shine with our beautiful new window display and new fixtures! Bring on the May flowers!"

## Douglas Lutz Lawyer

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# MIKE Uncorked: LOST AND FOUND!

**W**hat once was lost... now is found!

It's freezing rain outside, Patsy Cline is playing on my stereo, laundry is tumbling in the dryer, and I am snacking on roasted almonds and contemplating loss. Seems like a depressing topic for me, doesn't it? Well, you're incorrect. It's actually a very positive thing to discuss. I'll prove it.



I have never lost a pet, I still have all my closest friends with me, and I have no children, so I can't comment directly on the loss of these things. But I can imagine how crippling the loss would be. I have lost grandparents and a few other relatives and grieved with friends during their losses, but nothing as severe as the loss of a child. I

could ask myself, "Can a parent ever survive that loss?", or I could just read my Who's Who and know that it's possible to not only survive that loss, but also help others going through the same situation. Now THAT'S a person who should be called "a light"! To me, that family is filled with heroes, showing incredible strength. Even though I am sure it took a long time to become this strong again and days are still hard, I am so inspired and humbled by their story. My light is quite *dim* in comparison to how they light up the world. Ask yourself; do you know any lights in this world? Have you told them lately how much you appreciate the light they give?

I went to a workshop about eight years ago, directed at improving customer-service skills, and our instructor asked each of us in the room (about 30 people), "What was the worst day of your life?" I won't reiterate all the answers, but it ranged from "I got this major paper cut" to "Well, I had this flat tire and my phone was dead" to "There was a dark hair in my sub and that was the worst ever!" But my answer was "I don't know because I haven't had it yet," And seriously, I tried to think of my worst day and I just couldn't place it, because I know whatever I thought could have been topped by something even worse. So I honestly have never had my worst day. I pride myself on saying I've never had a bad day either. I mean, I have off days, and things happen that are frustrating, but I have plenty of light to guide me—my own, as well as light from others. And after interviewing Tanya Barnett, I know there's brilliant, strong, bright light in this world.

Just when you think it's your worst day, stop and think. There's another day coming and what will it bring? What will it hold in store for you, and how will you handle it? Find a light, accept the light, or even better....BE A LIGHT!

Mike Butler

On three occasions this past week I was called "a light". All three times I asked the person, "What do you mean?" and they've explained: "Mike, you are a positive, bright and happy presence in the world and you never exude anything but cheerfulness and smiles and it's very refreshing". I am paraphrasing of course, but they all said about the same thing to me. I blushed, nodded, smiled and felt amazing after hearing this. I'm certainly not this cheery because I want the attention: I'm cheery because I was made this way and can't imagine being anything else. I bring all this up because I wrote about an amazing woman (see my Who's Who article in this issue) who experienced what I consider the greatest loss one can experience: that of a parent losing their child. I have to say it's been sitting on my thoughts (both heavy and light) to write about how I'm feeling and thinking about it and them.

Have you ever lost your car keys, your driver's licence or your passport? How about a book, a grocery list, or your sunglasses? Can you remember how relieved you were when you eventually found those things or were able to replace them with a new one? I lost my bank card once. I was staying in Halifax and had used it in Wolfville that afternoon. I was now away from home for three days and it was a Friday, so... Unlike those who experience the feelings of panic, anger, and frustration first, I experience reason and logic (call me a miracle if you want, but it's true). I simply looked in all my bags, then went to the front desk of my hotel and asked where the nearest RBC was. Then I hoofed it there at top speed. Within 25 minutes of discovering my loss, I was equipped with a temp card. Problem solved.

Now I ask you: have you ever lost a pet or a friend or a child? Not so easy to replace, eh? Not replaceable at all, actually. What did you do when this happened?

## Scott Brison, M.P.



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WIN! Complete this crossword, then submit it to Naked Crêpe for your chance to win a dessert crêpe! Just leave your contact information below this puzzle & submit the puzzle.

Winner of the dessert crepe last issue: Georgia Woolaver

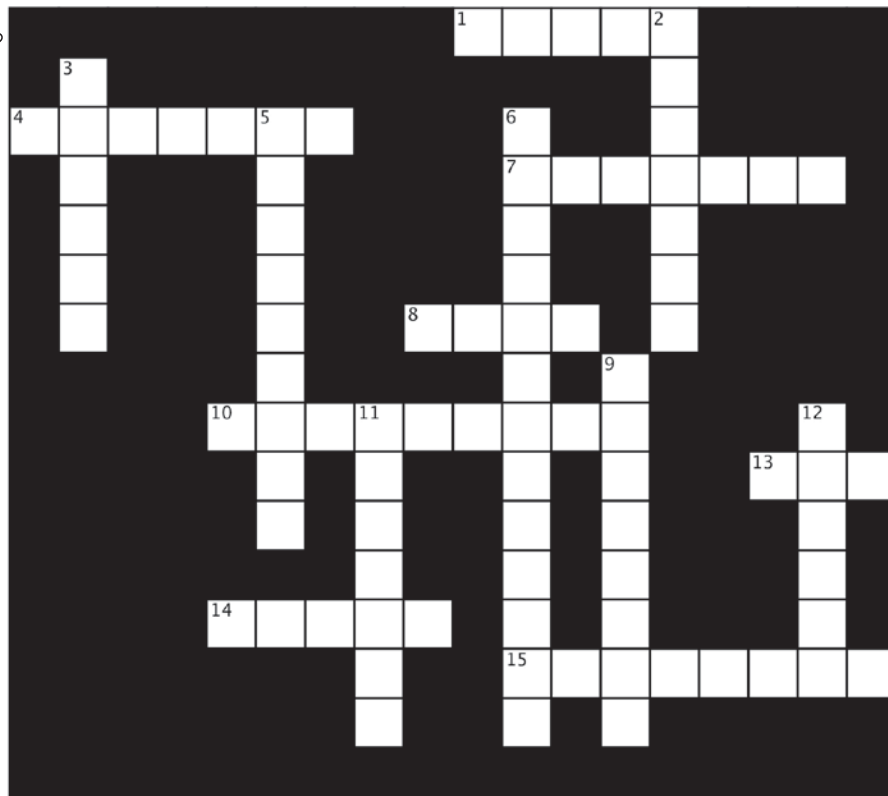
## WEATHER | created by Emily Leeson

### Across

- An uneven amount of snowfall or existing snow on the ground caused by strong winds.
- A very light rain.
- A bit of sunlight bent through raindrops.
- This mixture of liquid and frozen precipitation forms icy stones shooting from the sky.
- The effective lowering of air temperature caused by wind.
- Though no two may ever be the same, all snowflakes have \_\_\_\_\_ sides.
- Warm and humid.
- Widespread cloud cover.

### Down

- The sound of air rapidly expanding as lightning heats it.
- A light wind.
- Hot spark of electricity produced by thunderstorms.
- Anything that falls from a cloud.
- Swirling masses of snow.
- Lack of rainfall.
- A large rain cloud, or a publishing house in Halifax.



Name: \_\_\_\_\_

Phone: \_\_\_\_\_

## Letter Writing Drop-In Session: Are you concerned about fracking?

If you are concerned about the negative impact fracking could have on our community and our province, we invite you to join us and like-minded community members for a letter-writing drop-in evening at the Wolfville Library on April 7, between 7 and 9pm. An independent review panel headed by Dr. David Wheeler of the University of Cape Breton ([hfreview@cbu.ca](mailto:hfreview@cbu.ca)) is inviting public input, and we will be writing letters to this panel to voice our concerns. If you are interested in writing but don't know where to start, or have been meaning to submit something but need a little kick-start, please join us.

For more information, please contact Brogan Anderson at 542-4403

Horoscopes for the week  
of April 3rd

# Rob Brepny's FREE WILL ASTROLOGY

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freewillastrology.com

**ARIES** (March 21-April 19): In his novel *The Unbearable Lightness of Being*, Milan Kundera says that the brain has "a special area which we might call poetic memory and which records everything that charms or touches us, that makes our lives beautiful." In the coming days, it will be especially important for you to tap into this power spot in your own grey matter, Aries. You need to activate and stir up the feelings of enchantment that are stored there. Doing so will make you fully alert and available for the new delights that will be swirling in your vicinity. The operative principle is like attracts like.

**TAURUS** (April 20-May 20): Our ancestors could see the Milky Way Galaxy spread out across the heavens on every clear night. Galileo said it was so bright, it cast a shadow of his body on the ground. But today that glorious spectacle is invisible to us city-dwellers. The sky after sundown is polluted with artificial light that hides 90 percent of the 2,000 stars we might otherwise see. If you want to bask in the natural illumination, you've got to travel to a remote area where the darkness is deeper. Let's make that your metaphor, Taurus. Proceed on the hypothesis that a luminous source of beauty is concealed from you. To become aware of it, you must seek out a more profound darkness.

**GEMINI** (May 21-June 20): "Dear Gemini: I don't demand your total attention and I don't need your unconditional approval. I will never restrict your freedom or push you to explain yourself. All I truly want to do is to warm myself in the glow of your intelligence. Can you accept that? I have this theory that your sparkle is contagious -- that I'll get smarter about how to live my own life if I can simply be in your presence. What do you say? In return, I promise to deepen your appreciation for yourself and show you secrets about how best to wield your influence. -Your Secret Admirer."

**CANCER** (June 21-July 22): The Cancerian artist Rembrandt became one of the world's greatest painters. It was a struggle. "I can't paint the way they want me to paint," he said about those who questioned his innovative approach. "I have tried and I have tried very hard, but I can't do it. I just can't do it!" We should be glad the master failed to meet his critics' expectations. His work's unique beauty didn't get watered down. But there was a price to pay. "That is why I am just a little crazy," Rembrandt concluded. Here's the moral of the story: To be true to your vision and faithful to your purpose, you may have to deal with being a little crazy. Are you willing to make that trade-off?

**LEO** (July 23-Aug. 22): The Indian spiritual teacher Nisargadatta Maharaj offered a three-stage fable to symbolize one's progression toward enlightenment. In the first stage, you are inside a cage located in a forest where a tiger prowls. You're protected by the cage, so the tiger can't hurt you. On the other hand, you're trapped. In the second stage, the tiger is inside the cage and you roam freely through the forest. The beautiful animal is trapped. In the third stage, the tiger is out of the cage and you have tamed it. It's your ally and you are riding around on its back. I believe this sequence has resemblances to the story you'll be living in the coming months. Right now you're inside the cage and the tiger is outside. By mid-May the tiger will be in the cage and you'll be outside. By your birthday, I expect you to be riding the tiger.

**VIRGO** (Aug. 23-Sept. 22): What is "soul work," anyway? It's like when you make an unpredictable gift for someone you love. Or when you bravely identify one of your unripe qualities and resolve to use all your willpower and ingenuity to ripen it. Soul work is when you wade into a party full of rowdy drunks and put your meditation skills to the acid test. It's like when you teach yourself not merely to tolerate smoldering ambiguity, but to be amused by it and even thrive on it. Can you think of other examples? It's Soul Work Week for you.

**LIBRA** (Sept. 23-Oct. 22): Are you close to anyone who is a catalytic listener? Is there a person who tunes in to what you say with such fervent receptivity that you get inspired to reveal truths you didn't realize you knew? If so, invite this superstar out to a free lunch or two in the coming days. If not, see if you can find one. Of course, it is always a blessing to have a heart-to-heart talk with a soul friend, but it is even more crucial than usual for you to treat yourself to this luxury now. Hints of lost magic are near the surface of your awareness. They're still unconscious, but could emerge into full view during provocative conversations with an empathetic ally.

**SCORPIO** (Oct. 23-Nov. 21): On my blog, I quoted author Ray Bradbury: "You must stay drunk on writing so reality cannot destroy you." I asked my readers what word they would use in place of "writing" to describe how they avoided being destroyed by reality. Popular responses were love, music, whiskey, prayer, dreams, gratitude, and yoga. One woman testified that she stayed drunk on sexting, while another said "collecting gargoyles from medieval cathedrals," and a third claimed her secret was "jumping over hurdles while riding a horse." There was even a rebel who declared she stayed drunk on writing so she could destroy reality. My question is important for you to meditate on,

Scorpio. Right now you must do whatever's necessary to keep from being messed with by reality.

**SAGITTARIUS** (Nov. 22-Dec. 21): Does your mother know what you are up to these days? Let's hope not. I doubt if she would fully approve, and that might inhibit your enthusiasm for the experiments you are exploring. It's probably best to keep your father out of the loop as well, along with other honchos, cynics, or loved ones who might be upset if you wander outside of your usual boundaries. And as for those clucking voices in your head: Give them milk and cookies, but don't pay attention to their cautious advice. You need to be free of the past, free of fearful influences, and free of the self you're in the process of outgrowing.

**CAPRICORN** (Dec. 22-Jan. 19): For the foreseeable future, I urge you not to spend much time wrangling with bureaucrats and know-it-alls. Avoid frustrating projects that would require meticulous discipline. Don't even think about catching up on paperwork or organizing your junk drawer or planning the next five years of your career. Instead, focus on taking long meandering walks to nowhere in particular. Daydream about an epic movie based on your life story. Flirt with being a lazy bum. Play noncompetitive games with unambitious people. Here's why: Good ideas and wise decisions are most likely to percolate as you are lounging around doing nothing -- and feeling no guilt for doing nothing.

**AQUARIUS** (Jan. 20-Feb. 18): Are you waiting? Are you wondering and hoping? Are you calculating whether you are needed, and if so, how much? Do you wish the signs were clearer about how deeply you should commit yourself? Are you on edge as you try to gauge what your exact role is in the grand scheme of things? I'm here to deliver a message from the universe about how you should proceed. It's a poem by Emily Dickinson: "They might not need me but -- they might -- / I'll let my Heart be just in sight -- / A smile so small as mine might be / Precisely their necessity --"

**PISCES** (Feb. 19-March 20): You will soon get a second chance. An opportunity you failed to capitalize on in the past will re-emerge in an even more welcoming guise, and you will snag it this time. You weren't ready for it the first time it came around, but you are ready now! It's probably a good thing the connection didn't happen earlier, because at that time the magic wasn't fully ripe. But the magic is ripe now!

*Homework: Choose one area of your life where you're going to stop pretending. Report results to FreeWillAstrology.com.*

## INQUISITIVE TOY COMPANY TRIVIA

inquisitivetoys.com

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By Jake Rideout | Inquisitive Toy Company  
facebook.com/inquisitivetoys

- 1 White Juan dumped a record amount of snow on Nova Scotia. Where was the highest recorded snowfall?
- 2 Who is credited with being the father of The Order of Good Cheer?
- 3 Who is the current Deputy Premier of Nova Scotia?
- 4 In what year was the Victoria General Hospital established?
- 5 What was the former name of the institution that became Acadia University?

Horton Academy  
3. The Honourable Diana C. Whalen; 4. 1867; 5.  
1. Yarmouth, 101.2 cm; 2. Samuel de Champlain;

### ANSWERS:

## TIDE PREDICTIONS at Cape Blomidon

Source: Canadian Fisheries & Oceans.  
www.waterlevels.gc.ca

APRIL	High	Low
03	4:14pm	9:57am
04	5:02pm	10:44am
05	5:52pm	11:33am
06	6:45pm	12:25pm
07	7:41pm	1:20pm
08	8:05am	2:18pm
09	**9:02am	3:14pm
10	9:55am	4:06pm
11	10:44am	4:53pm
12	11:29am	5:36pm
13	12:11pm	6:16pm
14	12:51pm	6:56pm
15	1:32pm	7:37pm
16	2:14pm	8:00am
17	*2:58pm	8:43am

\* Highest High: 41.7 feet \*\* Lowest High: 34.1 feet  
there are normally two high and low tides a day



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Photo credit: Wayne Walker

**T**he blizzard of Wednesday, March 26, 2014 had a casualty. This 140-year-old wooden lighthouse in Church Point (South of Digby) wasn't able to withstand the winds and collapsed into an unsalvageable heap. How many storms had it weathered up until then?

During my time at the University of St. Anne, I was told that there used to be a ball diamond beyond the lighthouse but that, over the years, erosion had taken it away. Perhaps it was only a matter of time before the sea was going to claim this landmark as well? Either way, it's always sad to see a loss of an iconic structure.

According to lighthousefriends.com, this 9.4 meter structure was built in 1874 by G.S. Parker for \$650 while Jeremiah McLaughlin ran it on an annual salary of \$200. The Nova Scotia Lighthouse Preservation Society (nslps.com) says that there are 150 lighthouses remaining in the province, all of which have been automated and de-staffed.

Jeremy Novak

## SPARKLING WINERY CORKS POPPING FOR ECMA CELEBRATION

L'Acadie Vineyards gets official wine gig for Eastlink East Coast Music Week this year in Prince Edward Island.

Local winery L'Acadie Vineyards has been chosen as the official wine served in Charlottetown, PEI during Eastlink East Coast Music Week April 2-6. Their traditional-method sparkling wine will add sparkle to the nationally televised Gala Awards April 6 at the PEI Convention Centre and Delta Prince Edward and, along with their certified organic white Estate L'Acadie and ripasso-style red Passito, will be featured all week during the celebration. This marks the second year that L'Acadie Vineyards has been the official wine and this year their wines are also available in select PEI Liquor stores from April 1 to May 13.

"ECMA is delighted to partner with L'Acadie Vineyards once again to provide the official wines of Eastlink East Coast Music Week," said Andria Wilson, Interim Executive Director. "As a personal fan of sparkling wines, it's fantastic to have a delicious local option."

L'Acadie Vineyards is very excited to be a part of the celebration of local music. "We are honoured to pour our wines at this significant event to recognize the amazing talents of east coast musicians," commented L'Acadie Vineyards owner and winemaker Bruce Ewert.

L'Acadie Vineyards was established in 2004 by well-known BC winemaker Bruce Ewert and his family, in Nova Scotia's Gaspereau Valley wine region. Bruce has over 25 years of sparkling winemaking experience from British Columbia's Okanagan Valley and other wine-making regions of the world. Prestige Brut was the only entry from North America to win a medal in the 9th international competition of the world's best sparkling wines, Effer-vescents du Monde, France.

L'Acadie Vineyards is the first winery in Nova Scotia to produce award-winning traditional-method sparkling wines, and is also the province's only winery with certified organic wines. Their sparkling wine will be available in PEI at PEI Liquor stores from April 1 to May 13, all ECMW venues and the Delta Prince Edward during the celebrations. L'Acadie Vineyards wines are also available in Nova Scotia at NSLC stores, specialty wine stores and fine restaurants, with the largest selection available directly from the winery wineshop and online.

For info: [info@lacadievineyards.ca](mailto:info@lacadievineyards.ca)

## The Music Business - The World



Some people say that to "make it" in the business of music, you have to choose one path and stick to it, perfect it, and eventually your time will come. Others say you must diversify and be able to play whatever is asked and go wherever the work is. It is funny that this conversation follows me everywhere I go, though I'm quite sure I don't bring it up. I suppose my very presence brings it up. And I appreciate that people who know me want me to do well and take an interest. Lately I am getting constant emails from CD Baby, Radio Airplay and other online music platforms that are giving endless advice about how to get more fans, write a hit song, promote and become a mega-success. This feels rather less sincere, but still sometimes can be helpful. Usually, though, this discussion is the air that I breathe and the water I swim

in. It is probably the same for any business. I am polite, I read the occasional article in my inbox, I agree with pretty much everyone. And still my life feels like the great unknown. We can all say after the fact what worked or didn't as far as making a living or having an effect, but business and art are always pushing and pulling each other. This is a good thing. It means that no one really knows. As soon as you know, the game changes, and advice becomes dim. The only things we can try to know as musicians are ourselves in the midst of pressure to become otherwise and those who really listen to the music.

So my life in music is not a plan for the future: it is embracing the moment. Every day asks something particular, and every day I try to respond fully. Today I am loving Beijing. I must practice a song in Chinese for a show with Ask Your Sister. Today I am missing my home in India. Today I am looking forward to being back at home in Canada, where soon I will have the chance to perform with Blue Lotus, my world fusion band. And always, I am writing and keeping the joys and heartbreaks with me in song form. They make the show. Today I feel both terribly diverse and completely focussed. Perhaps that is what everyone has been trying to tell me. Perhaps that is what it takes to make it. In anything.

Sahara Jane  
Wolfville

[saharajanemusic.blogspot.ca](http://saharajanemusic.blogspot.ca)

## LOST? Missing? Or just wandering?

This lovely little Tuxedo cat has been doing the rounds of Wolfville's Kent Ave. and environs for the past few weeks. He is not full grown, and he appears to be well-groomed but definitely wants to come inside. He enjoys food and company, appears on the deck every two or three days with lots to talk about—but he does not tell us if he has a home.



Can anyone help with information? He has been out in this very cold miserable weather and we are concerned.

Please, help us find his home. Call 542-5576.

Dorothy Robbins



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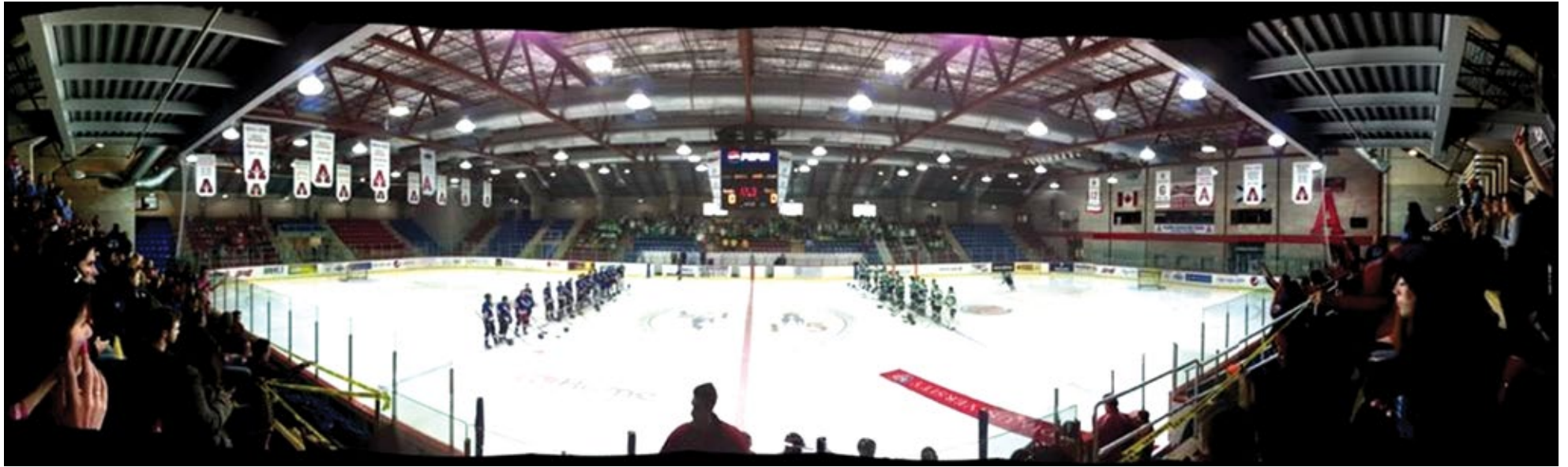
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## CHEATON CUP 2014

### *The Tradition*

What is the Cheaton Cup? It's a hockey game between two on-campus residences: Chipman and Eaton/Christofor (EC). The game first took place in 1996 and every year since then, Chipman and EC have participated in this tradition. Every year, Acadia students choose a side and cheer on their favourite team. The proceeds from the game are given to a charity of our choice.

### *The Lead Up*

We understand that this event requires a lot of preparation in order to mitigate risks and to ensure that everyone enjoys it safely. We have held meetings since January with stakeholders from the university, Safety and

Security, RCMP, Residence Life and more to plan for this day. All residences had meetings with their residents to discuss expectations for the day. House Councils within all the residences have demonstrated outstanding leadership in this entire process. We distributed pamphlets on Friday, March 21, to local residents—both students and permanent residents. Students received pamphlets that described expectations for the day and the charitable donations. Permanent residents received pamphlets describing the game and the tradition and our charitable efforts.

### *The Event*

Cheaton Cup was held on March 22. The actual game was one of the most exciting ones in recent years. Last year, Chipman House won 6-1 and the year before wasn't super close either. This year, it was a high-scoring, exciting game that could have gone either

way, which resulted in a lot of the fans staying in the arena and enthusiastically cheering on their teams. It was a tied game that required overtime, due to a last-minute goal by Chipman House. Overtime went by without any goals, and the game went into a shootout. Chipman House prevailed in the shootout and won Cheaton Cup 2014.

### *The Aftermath*

On March 23, in the early morning, many students gathered to engage in a community-wide garbage pick-up. The grand total came in at over \$3,500 for L'Arche Homefires' "Building Our Dream" campaign!

Kevin Cleary, Director of Acadia Safety & Security, had this to say about the event: "One highlight for me is that the students celebrated and enthusiastically supported their favourite team while at the same time

showing respect for each other. Another factor hugely important to our Safety and Security Department is that the celebration was done in a safe manner (with a very few exceptions). Our focus is to keep our campus safe and to do that we must have the cooperation of the students. In my opinion, 99.9 percent of the student population that attended the game is to be congratulated for the manner in which they demonstrated tremendous school spirit while being compliant to all the safety rules of the event. Our thanks are extended to the students for their cooperation."

We are very pleased with the decisions our students made during the event, and would like to thank everyone who contributed to such an amazing day!

By Lindsay Doucet  
lindsay.doucet@acadiau.ca

## Acadia Performing Arts Series Announces 2014-15 Season

The Acadia Performing Arts Series is pleased to announce its 2014-'15 season. The series opens in September with the twin pianos of the dynamic *Duo Turgeon*, followed in October by the *Zodiac Trio* with a beautiful program for clarinet, violin and piano. In November, the celebrated *Elmer Iseler Singers* will display their unique brand of choral excellence. *Tafelmusik*, Canada's premier baroque orchestra, presents the *Galileo Project* with its stunning images accompanied by the music of the period. *Measha Brueggsgosman's Christmas* is a special series add-on in December.

The *Tom Regan Memorial Concert* will open the second half of the season in January with a display of talent from the Acadia School of Music. Symphony Nova Scotia offers a special treat: a Mendelssohn double concerto for violin and piano featuring *Terence Tam* and *Lorraine Min*. Gypsy jazz by *Christine Tassan et les Imposteurs* will heat up the first day of spring 2015, and the series will conclude in April with a contemporary program by *Ballet Jorgen Canada*.

For full details and concert dates, go to [pas.acadiau.ca](http://pas.acadiau.ca)

Subscriptions are now on sale at [go.acadiau.ca/PAS/pas.jsp](http://go.acadiau.ca/PAS/pas.jsp)

Peter Smith  
peter.smith@acadiau.ca



Photo of  
Measha Brueggsgosman  
by Mat Dunlap



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Tickets on sale now at Box of Delights Bookstore in Wolfville, or call toll-free 1-855-726-8896 to charge. Adults \$25, children 12 and under \$10. Too good to miss!

# JEFF HENNESSY



# IAN JANES

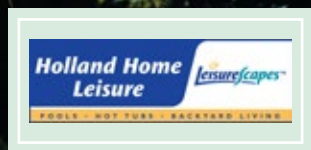
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## JENNY MACDONALD & JEFFERY STRAKER TOUR

### East Coast Roots meets Prairie Cabaret Pop

East Coast singer-songwriter Jenny MacDonald of Halifax and prairie-based singer-songwriter Jeffery Straker of Regina go head to head in a four-day string of shows in Nova Scotia and Prince Edward Island.

Two-time 2011 Nova Scotia Music Award nominee Jenny MacDonald was the recipient of *The Coast's* 2013 Best of Music Songwriter of the Year (Silver) award—sandwiched between two of Nova Scotia's treasures, Joel Plaskett (Gold) and Matt Mays (Bronze). Touring 100-plus shows each year, MacDonald is no stranger to life on the road.

MacDonald's sophomore release, *Bye, Bye, Mr. Bluesman*, was nominated for 2011 "Blues Album of the Year" at the Nova Scotia Music Awards, and AVRadio claims it is "a trip into the best part of music". Since the release, MacDonald has shared the stage with East Coast famed musicians such as Gordie Sampson, Charlie A'Court, and Garrett Mason. She also co-wrote the #1 East Coast Countdown summer anthem "Flip Flops" by Nova Scotia's famed reggae-party band Slowcoaster.

MacDonald is currently busy preparing her third full-length release for summer 2014, and will preview a number of new songs, as well as classics, during the tour.

Singer-songwriter-pianist Jeffery Straker also tours 100-plus shows per year across Canada, has recorded for CBC Radio's Canada Live, and has had a top-10 music video on Much



More Music. He recently performed his sold-out orchestral debut with the Regina Symphony Orchestra to reviews reading "simply spectacular" (*Leader Post*), and took his alt-folk-pop music on tour in Africa in February, 2012.

Jeffery is touring in support of *Vagabond*, his recent CD release, which has garnered critical praise, including the *Toronto Star* giving it 4 out of 4 stars and calling it, "one of the most faultlessly conceived and meticulously executed albums in any genre to come out of Canada in a long time." The album was produced by Danny Michel and recorded on Glenn Gould's grand piano at the CBC in Toronto. It debuted in the top 20 iTunes singer-songwriter charts and has received both CBC and college radio play, charting in the top 10 on Halifax CKDU.

MacDonald met Jeffery Straker while on tour in Saskatchewan, where the two were billed together for an evening of song at Regina's Creative City Centre, alongside Megan Nash, whom MacDonald toured with again in early 2014.

Dates for the MacDonald-Straker shows in the Valley & city include:

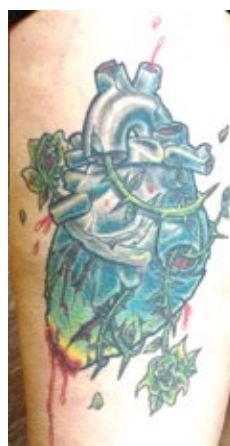
Thursday, April 10 – Edible Art Café, New Minas, 7-9pm, \$10 at the door

Friday, April 11 – The Company House, Halifax, door open 8pm, \$10 at the door.

For tour details and artist info, please visit:  
[jeffstraker.com](http://jeffstraker.com) / [jennymacdonald.com](http://jennymacdonald.com)

## SHOW ME YOUR INK! : Jennica Elder

TATTOO ARTIST Jason Mahar



I've always loved the look of anatomical hearts and honestly I just wanted a tattoo that looked cool. There's no real meaning behind it and I don't really think there needs to be a meaning behind it. I have tattoos that have a lot of personal meaning and I have tattoos that I have just because I love the artistry. This tattoo is special because I gave my artist a very general idea and let him add whatever elements he wanted to it. Blood? Check. Thorns? Check. Disease? Check. Man eating plants? Check. This tattoo is a little creepy and a little gross and that's why I love it.

I got it done at Everlasting Ink in New Minas by Jason Mahar. He's a great artist and getting tattooed by him is always a great experience; he sets you right at ease and always makes your tattoo as comfortable a tattoo can be. Out of my twelve tattoos he's done three of them, one of them being a portrait of my mother (it looks exactly like her if you were wondering). As for the rest of my tattoos I have a number of small black "girl tattoos" as I call them, (ex: music notes, Shakespeare quotes and a simple little well-wishing bird) as well as a hot air balloon, a ship, (foot tattoos really hurt) a symbol from my favourite childhood video game and two owls (I love owls). Hopefully one day I will be covered but for right now I just appreciate the few I have and try not to hold my breath while I wait for more.



Editor's Note: If you have some artwork that you'd like to display, please email us at: [Info@grapevinepublishing.ca](mailto:Info@grapevinepublishing.ca)

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## The WHO'S WHO: *Tanya Barnett: A Fine Balance!*



Who's Who-  
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Tanya Barnett: Wife, mother (of three), grandmother (of two). Those are the basics about this extraordinary woman, but Tanya is also a counselor, mediator, seeker of knowledge, and lover of all endeavours creative. To me, having just got to know Tanya through this profile, it is clear that she is a light for many, an inspiration to many more, and one of the bravest and strongest people I've ever written about.

Tanya moved to this area from B.C. 17 years ago. She loves the generous community here that surrounds her and her family! Tanya came to my attention through simple email correspondence, a small chat at the café where I work and (the small world we live in) I realized I knew her husband Phil, of Barnett Construction, from many years of doing projects with him. A lot of this profile will be in Tanya's own words... because I couldn't find a way to say them without missing the genuine love of her life and career that came across in our interview.

Tanya is a counselor with a private practice, and considers herself an "integrated" therapist, working with bits and pieces of different counseling models to create a tailor-made plan for each of her clients. Tanya works with adults individuals, groups and couples in all areas of counseling, including bereavement, addiction, Emotionally Focused Therapy for individuals and couples, life transitions, trauma (sexual and physical, and emotional abuse), medically induced trauma (issues of medical harm), personal growth and wellness, and end-of-life issues for caregivers and those actively dying.

Tanya says, "I think that my job as counselor is not to provide you, the client, with the answers you seek, but to assure you that you already have all the answers hidden within yourself. My job is that of guide, someone who holds the light aloft, helping you see the pitfalls, the rewards and the forks in the road upon which you are journeying.

"I will rejoice in your successes, encourage you along the way, and re-frame your defeats to be used in positive and opportunistic ways. But what I must always do is hear you, not only with my ears but with my heart, as well."

Tanya has a great passion for helping those with medically induced trauma. She discussed losing her 17-year-old daughter Jessica to a series of medical mistakes, and from this experience and through her own healing she has chosen to help heal others. "I became a counselor after a period of personal counseling where I gained such insight, balance and an awareness of my inner strength that I wanted to offer the gift of therapy to others, as my own therapist has offered it to me. Thank you, Carol Dimock!"

Tanya says, "I am a very ardent patient-safety advocate, working with a national group [Patients For Patient Safety Canada] within health-care, and an international group [Empowered Patient Coalition], to bring awareness of the extent of medical harm, but more importantly, to create safer health care." Check out [www.projectjessica.ca](http://www.projectjessica.ca) for more details on this very important part of Tanya's career and life.

Tanya loves helping clients process their life's challenges, journeying with them on this small stretch of road, to stand witness to their pain, their struggle and their joys, and finally watch as they bloom! I feel blessed to even have the opportunity to write about someone as strong as Tanya. I encourage those seeking help and a friendly, professional ear from someone who has lived through a tragedy and come out with this focus on helping others to give Tanya a call or send her an email. Call 691-6648, email [Tanya@seekbalance.ca](mailto:Tanya@seekbalance.ca), and check out her website [www.seekbalance.ca](http://www.seekbalance.ca) for more information. This website will show you upcoming specific workshops that might fit your needs: [seekbalanceca.ipage.com/workshops.html](http://seekbalanceca.ipage.com/workshops.html)

Before a life of counseling, Tanya owned and operated the Sunflour Bakery in Greenwich. Some days she misses it terribly, the bakery and all the folks she worked with. But her calling has come to her in the form of helping others. In her spare time, to separate herself from her heavy work world, Tanya plays in a Brazilian percussion band called Samba Nova (drumming and dancing) and takes refuge in reading and creativity through poetry writing, photography, photo-editing and art-making, as well as sewing, cooking and baking (yes, she still bakes!)

And what does the future hold? Well, Tanya doesn't know, but she hopes it includes continuing to grow her private practice and balancing it with her personal life—because life is all about balance! That's where her business name comes from: Seek Balance Counseling and Mediation. Tanya is looking forward to offering art-therapy workshops and perhaps fostering a community of people who desire to better understand themselves and those around them through creative expression. I know I'm game! To be connected to someone who has overcome such a loss and found balance and been able to pass along that balance to others is truly inspirational and uplifting. To your strength and your family's strength, to their health of heart and mind, I wish you all the best, Tanya!

Mike Butler



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# MARKET NEWS

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## UPCOMING EVENTS

April 12 Music:  
Malia Rogers

April 5 Music:  
Jen Miller

### Celebrating the Seed

7th annual Seedy Saturday event. There is good reason to celebrate seeds, as they give us so many daily gifts. Our abundant local harvests began with a simple seed planted in the rich valley soil.

## Vendor Profile **Betty Jordan** (902) 542-2046 / [jordansnaturalacres@gmail.com](mailto:jordansnaturalacres@gmail.com) [jordansnaturalacres.webs.com](http://jordansnaturalacres.webs.com) 2439 Davidson St. RR#1 Wolfville

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We strive to provide healthy alternatives. True grass fed beef, start to finish absolutely no grain. Free range pork, Pastured chicken (not pasteurized) and Free range eggs. Our goal is to grow multiple species of animals and birds (both wild and domestic) on a land that consist of a full variety of grasses and plant life in complete harmony.

#### What are you most proud of in the product you make or grow for Market?

We are really proud of the fact that we grow everything we sell at the market and I love to hear customers tell me that they love the taste of our meat or eggs. We carry a lot of different cuts as well because customers have asked or suggested them (ie. stir fry beef, beef sausages, sliced deli ham). I think we bring a lot of good food to the market.

#### What do you love best about coming to Market?

The variety of foods that is offered year round to us. We are very fortunate to have this grown so close to where we live. The more we can buy direct from the producer the better. I also like seeing my regular customers and how everyone is doing at the market.



## Market Team Profile: **ELISABETH KOSTERS**

**What is your role with the Market Team?** Right now I fill in whatever is needed. I rejoined the volunteer team a few months ago after an absence of a few years. In my earlier involvement, I started and ran the community booth at the market.

#### Why have you made the decision to work at the Market?

The market is a literal market for regional artisanal businesses, but it's also a marketplace of ideas around nutritious food, rural economy, innovation, and healthy communities. This gamut of ideas fascinates me.

**What is your favourite part of working at the Market?** Interaction with interesting people, learning from them, getting ideas and inspiration.

#### What is the most important thing that the Market achieves from your perspective?

The market has been and continues to be a big player in raising awareness around the importance of healthy communities in the broadest sense.

**If you were to tell a friend why you work with the Wolfville Farmers' Market, what would you tell them?** You'll not find a more interesting and diverse crowd anywhere else in this area

#### What are some of your other interests and passions? Have you a resource you would like to share?

I am an earth scientist, especially motivated by geoscience outreach on the relation between earth science & society: [earthsciencesociety.com](http://earthsciencesociety.com) & [scienceborealis.ca](http://scienceborealis.ca). I am on the board of the Joggins UNESCO WH site ([jogginsfossilcliffs.net](http://jogginsfossilcliffs.net))



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#### What values motivate you in the way you run your business and create or grow your product?

I really think people should try to take care of things the best way they can; we believe in environmental stewardship. We want to provide food that is grown in a sustainable manner that sequesters carbon and will always strive to reduce our energy consumption and provide a healthy alternative to today's warped food system.



## Customer Profile: **JAYN KENNY**

**How long have you been a customer of the Wolfville Farmers' Market and how often do you come?** I have been going to the market regularly for almost 10 years. I go every week.

**Why do you come to the Wolfville Farmers' Market and have those reasons changed over time?** I now come mostly for the social aspect, and out of habit. I used to do most of my shopping there, but now my partner and I

have been come pretty self-sufficient. We buy less and less, but still love picking up our specialty items.

#### What are some of the things you love best about coming to the Wolfville Farmers' Market?

The people, vendors and customers, and the real sense of community.

#### If you were to tell a friend why you come to the Wolfville Farmers' Market, what would you tell them?

Access to great local food, and you get to talk to the producers!

**If you made a transition from being a casual customer to a more regular customer, what obstacles did you overcome to do so, and why did you make that choice?** My work schedule was the hardest, but when it changed I was able to come more. Also, a change in my relationship status helped me come to the market more!

SATURDAY, APRIL 12

## CELEBRATE THE SEED!

~ A SEEDY SATURDAY EVENT ~

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### ACTIVITIES

- Over 15 Special Seedy Saturday Vendors with Seeds, Plants, Garden Ornaments and Information
- Ask the Expert!
- Community Seed Exchange (bring some seeds to trade)
- Enter a draw to win a basket of seeds
- Plus 50 Regular Market Vendors

### KIDS ACTIVITY

Seed Gathering and Seed Identification Game

### SPEAKER SERIES TOPICS

- How to Save Seeds (for annuals, perennials, herbs and more)
- Why Seed Saving is Important
- How to Transplant
- Seed Security
- Importance of Collecting Non-GMO Seeds



[WolfvilleFarmersMarket.ca](http://WolfvilleFarmersMarket.ca)

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Wednesday, April 9: 7 p.m.

### The Lunchbox

Sunday, April 13: 4 & 7 p.m.

### All is Lost

Wednesday, April 16: 7 p.m.

Tickets \$8 - at the door 30 minutes before

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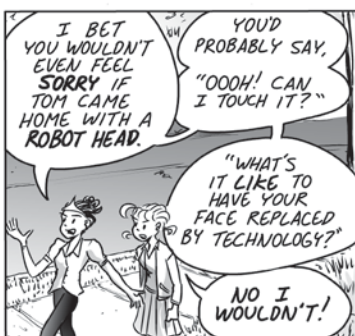
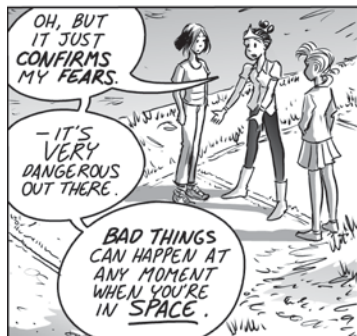
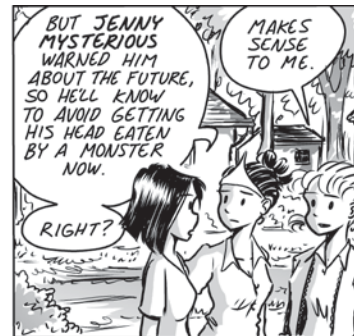
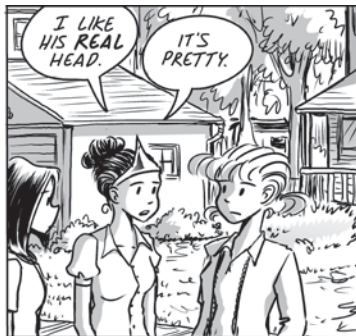
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PRESENTS

## FILM CIRCUIT



# OPINIONS

Recently I attended a meeting in Halifax at which MP Robert Chisholme and another gentleman, Craig Scott explained with great clarity the meaning of Bill C-23, Harper's so-called "Fair Elections Act," which in fact is obviously an Unfair Elections Act.

Harper seems to be in a somewhat untimely rush to pass Bill C-23 into law, before most Canadians have had the time or the inclination to look at it in detail and to understand what it implies. It was introduced in the middle of the Sochi Olympics, which pretty much guaranteed it a skimpy audience and minimal attention to the details and implications. Harper was asked to set up a way to meet with Canadians, to explain to them how his "Fair Elections Act" was intended to work. He declined. Instead, Craig Scott and some other NDP MPs are making a seven-stop tour across the country, in order to introduce as many Canadians as possible to the truth about the implications of Bill C-23 for all of Canada. Halifax was one of those stops.

What Mr. Scott explained was that if this bill passes, it will make it much harder for students, seniors, aboriginal people, and low income Canadians, including the homeless, to prove their right to vote. (None of these groups would be much in-

clined to vote Conservative, one assumes.)

Bill C-23 creates new ways for "money politics" to interfere with a fair election process, by raising donation and campaign spending limits and by creating a huge loophole that allows virtually unlimited spending for phoning previous donors. The Act also limits the investigative powers of Elections Canada and its ability to crack down on electoral fraud (such as "robo-calls").

I think that most Canadian voters, if they understood the issue and what is at stake, would not want such an Unfair Elections Act to pass into law. But this is likely to happen sooner rather than later if we citizens do not pull ourselves together and seriously resist Harper's attempt to deprive us of our democratic rights. This could be only the beginning.

We were told as we were leaving the meeting that everyone needs to do something to spread the word on this important issue. Look it up: you can find all kinds of information.

Michaele Kustudic

The opinions found within these pages do not necessarily reflect the views and opinions of the Grapevine staff, our advertisers, or our other contributors.

## INTERNATIONAL TRAVEL @ NSCC KINGSTEC

We are very pleased to announce that Hantsport Town Council has given unanimous approval for a concert to be held on the Foundry Road Sports Field on July 26 as part of a weekend-long Homecoming celebration running in town from July 25-27. The proceeds from the concert will go to Hantsport Minor Baseball and Soccer, HMCC, Hantsport Fire Dept., Hantsport Shamrocks and the Hantsport Food Bank. Tickets will be \$15 Advance and \$20 at the door. Children under 12 get in free if they are with an adult. Advance tickets will be available approximately April 1st at Scotiabank (49 Main Street, Hantsport) and Moe's Place Music Sales in Windsor. Out-of-province guests can also send a self-addressed stamped envelope and a cheque to: Hantsport Homecoming Concert c/o Fred Martin, PO Box 62, B0P1P0, 8 Pleasant St., Hantsport, N.S.

We will have parking available on the upper field of HMCC off of Porters Avenue for \$5 per car. First come, first served. The bands are: the Memphis Knights, Rain Over St Ambrose, the Hupman Brothers, and the No Name Blues Band.

Sponsorship opportunities are available. For details, please contact event organizers: Fred Martin, Chris Cuvilier, or Kevin Guptell.

Thanks to the sponsors already on board. The Hantsport Food Bank will be accepting donations of non-perishable foodstuffs at the concert gate. Feel free to help out. If you're thinking about coming home for a vacation, please try and make it for Homecoming Weekend!! Please share this with friends and get them home for this weekend!!

Our website is coming, at hantsporthomecoming.com. We'll have all the particulars for the event here. Friday night there will be a meet and greet at the Fire Hall Sunday the Shamrocks will be playing a double header. Other events are being planned by community groups, more info to follow.

Nicole Robinson  
nicole.robinson@nsc.ca



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# RECIPE

## Gluten-Free Pecan-Date Loaf

Lindsay Reid, The Rolled Oat

What more can you ask for from a loaf? Gluten-free, no added sugar, full of nutrient-rich nuts, dates and flax—and most importantly, delicious! This loaf is quite dense, so it slices up nicely. It would be perfect for freezing and then toasting for breakfast. You could also turn it into a dozen muffins, but keep an eye on the time, as they will not need to cook as long.

### Gluten-Free Pecan-Date Loaf (no sugar added)

1 1/3 c. pitted dates  
pinch of baking soda  
3/4 c. water  
1 free-range organic egg  
1/3 c. butter

1 c. gluten-free baking mix  
3/4 tsp guar gum  
1 tsp baking powder  
1 tsp cinnamon  
1/2 c. chopped and toasted pecans  
1/4 c. Omega Crunch Shelled Flax Seed (optional)



Preheat oven to 350°. Chop pecans and toast them in oven for about 5 minutes.

Chop dates and add to a small pan with water and pinch of baking soda. Bring to boil over med-high heat, simmer and let cool.

Combine gluten-free baking mix, guar gum, baking powder and cinnamon. Add in the pecans and flax (or any other nuts and seeds you prefer). Save enough to sprinkle on top of your loaf before it heads off to the oven!

In a small dish, melt the butter and let it cool. Then whisk in the egg.

Make a well in your dry mixture and add the cooled date mixture followed by the butter and egg. Give it a few good stirs until it is blended.

Pour into a greased or lined loaf pan. Bake for 45 minutes.

## DISTORTED REALISM BY BRIAN FRASER AT THE DESIGNER CAFÉ

We have another fantastic artist coming Sunday March 23 to Sunday May 4. Brian Fraser, a resident of the Annapolis Valley, has been producing a unique brand of art which we will refer to as distorted realism. Brian had spent over 30 years employed with our local health facility, and since his retirement and subsequent new career with EXIT in New Minas, his art has blossomed. His bright colours and unique style add a distinct take on his subject matter, and his unique imagination and view of the world around him, along with his distinctive strokes and brushwork, make for some very attractive, vibrant, powerful and beautiful works. We at Designer Café in Kentville would love it if everyone would come down and enjoy this beautiful artwork. These vibrant colours are a fantastic way to start a beautiful spring. :) Come curl up by our huge picture window with a iced latte and a fantastic book or your homework and gaze upon Brian's brilliant work.



Designer Café is open seven days a week  
Monday-Friday 7-6  
Saturday 8-5  
Sunday 9-4

# ROOTLOCAL.CA

Cheri Killam is happily married to Michael Caplan and the proud mother of Max, Solomon, and Clara. After several university experiences, she made the massive decision to go to law school at age 37. She currently works at Nathanson Seaman Watts. When not blogging or lawyer-ing, Cheri reads like a fiend and runs. She also loves all things local! Obviously.

## The Adventure of the Procurement of a Delicious Smoothie from Stewart's Organic Farm that Almost Didn't Happen.

Stewart's Organic Farm provided the refreshment for the March meeting of the Annapolis Valley Refresh Group. Sadly, said meeting conflicted with my running group, and neither group was willing to move to accommodate my tasting requirements. Oh, the humanity. Nonetheless, as soon as I was finished running, I hopped into my car and sped from Centreville to Wolfville (and by "sped" I mean, of course, that I drove carefully, following the posted legal speed limit and obeying all the traffic signs).

I arrived at the meeting and Mike came toward me with a slightly sheepish look on his face. It seems the ever-varying numbers at Refresh were surprisingly high that month and, as a result, Stewart's had underestimated how much smoothie goodness to provide. And who turns down a smoothie? That's right: NO ONE.

Mike managed to restrain himself enough to provide me with about 2 tbsps of a blueberry smoothie. It was delicious and tantalizing. I choked back sobs as I drove home. I would have sobbed even harder if he'd told me I'd missed out on meeting the lovely youngest member of the Stewart's Farming "family" (Mia—pictured here with her mother Sarah, and Al—the big deal).

Luckily, my tiny woman, Clara, ...it's kinda cute. But yea, not normally said that way. and I were soon able to bring ourselves to the Wolfville Farmers' Market and procure smoothies for our own darn selves! Clara chose mixed berry (a blend of equal parts strawberry, blueberry, and raspberry), and I chose strawberry. It seems Clara has her finger on the pulse of the Stewart's Shoppers, as Al tells me Mixed Berry is their most popular flavour.

And now for the inside info: if you remember last year's sad strawberry supply, you (wink wink) should know that if you have a hankering for a strawberry smoothie: ACT FAST (nudge nudge).

Al mixes them up while you wait and they both smile a lot.

Clara regaled Sarah with a lively explanation of the history of her teeth loss. This produced more smiling from Sarah.

Al provided me with an equally lively explanation of the history of Stewart's smoothie production. It seems that about four years ago the Stewarts were faced with a dilemma: what to do with crud (pesticides, herbicides, fungicides, any other icides that kill stuff and poison people)-free berries that go bad very quickly? Toss them into the freezer and make delicious smoothies, of course! Their bumper crop is your good fortune, really.

I kind of have a thing about smoothies. Well, I have a thing about replacing meals with smoothies. Especially when the smoothies are



Mia, with her mother Sarah, and Al Stewart.

filled with junk. Let me be the first to reassure you, there is zero percent junk in these smoothies. (Stewart's was organic before you decided it was hip and they are more committed to it than your hip is to holding your leg up. Okay, so that metaphor got away from me a little). The smoothies are 100% CERTIFIED organic and 100% fill-you-to-the-brim delicious. I didn't eat again until supper. Al tells me that he considers the smoothies more of a treat, in any case, but you can be the judge of that!

Tiny woman also inadvertently dropped the last eighth or so of her smoothie all over a lovely young woman named Emma and her craft booth. The good people of the Wolfville Farmers' Market are very kind and helpful with cleanup. I was very embarrassed. Clara wanted another smoothie. I decided to avoid more carnage and declined. I'm therefore also able to tell you that the smoothies have excellent coverage.

Bonus portion of this article: for the most part, I re-worked Al's answers to my questions, but this exchange was too good not to share:

"Do you have a fail-proof method for keeping bits of smoothie out of your teeth? :)"  
"Good point. We need to smack the heck out of the smoothies to get the blueberry skins as small as possible. On a positive note, the bits and pieces that get by us are proof that there are actually real things in the smoothies. You won't have that problem at the fast food joints in their products which 'contain real fruit'."

Stewart's has a permanent location at the Wolfville Farmers' Market, "On the other side of the wall from TAN Coffee, and across the market from Just Us Coffee." They can also be tracked down online on Twitter, @StewartsOrganic; on Facebook; and at their very own site: [www.stewartsorganicfarm.com](http://www.stewartsorganicfarm.com)

Cheri Killam

# Weekly Events

## Thursdays

**Fit As A Fiddle** — Lion's Hall, Wolfville 9:30-10:30am. Seniors' fitness w/Janet Mooney. Also Mondays 9:30-10:30am. *FEE:* \$2 drop-in. *INFO:* 542-3486 / sread@wolfville.ca

**Cochrane's Walk & Talk** — Pharmasave, Wolfville 10am. Heart & Stroke walkabout program. Also Tuesdays 10am. *INFO:* 542-3972

**Babies & Books Drop-in** — Wolfville Memorial Library 10-11am. Newborn to 2 years. *INFO:* 542-5760 / valleylibrary.ca

**Fun & Fables** — Library, Windsor 10:30-11:30am. Stories, songs, and crafts for ages 2 to 5. *FEE:* no charge. *INFO:* 798-5424

**Brown Bag Lunch** — Fountain Learning Commons, Acadia 12-1pm.  
**April 10 Speaker:** Sherry Veinotte **Topic:** AVH Dietitian

**In the Round Knitting Group** — Gaspereau Valley Fibres 1-5pm. Also Tuesdays 6pm. *INFO:* 542-2656.

**Seniors' Afternoon Out** — Wickwire Place, Wolfville 1:30-4:30pm. Social afternoon with peers. Also Tuesdays 1:30-4:30pm. *FEE:* \$5 *INFO:* Robin, 698-6309.

**Boardgame Night** — CAP Lab, Wolfville Public Library, 7pm. Bring your games! Ages 12+. *FEE:* no charge. *INFO:* Liam, 542-9482.

**Tai Chi** — L'Arche Hall, Wolfville 7-9pm. *FEE:* no charge to try a class. *INFO:* 542-0558

## Fridays

**Community Yoga** — Dance Studio, downstairs, Old SUB, Acadia 12-1pm. W/ Carol Fellowes. All levels, mats available. Also Wednesdays 12-1pm. *FEE:* \$5, no charge for Acadia students. *INFO:* cazaflows@gmail.com

## Saturdays

**Wolfville Farmers' Market** — DeWolfe Building, Elm Ave., Wolfville 8:30am-1pm  
**April 5 Music:** Jen Miller  
**April 12 Music:** Malia Rogers Theme: Celebrating the Seed  
*INFO:* wolfvillefarmersmarket.ca

**Peace Vigil** — Post Office, Wolfville 12 - 1pm

**Weekly West African Drumming Workshop** — Wolfville Baptist Church 1 - 3pm. *FEE:* \$5. *INFO:* 681-9870 / gscxs@stu.ca / facebook.com/groups/DjembeandDjuns

## Sundays

**Flea Market** — Kentville Legion, 37 River St. 8am - 12pm. September - May. Wheelchair accessible. Canteen. Help loading/unloading. *FEE:* \$5 per table, \$1 admission. *INFO:* 678-8935 / kentvillelegion@eastlink.ca

**Family & Community Flea Market** — Port Williams, former Stage 2 building. 8am - 1pm. *INFO:* exidus36@gmail.com

**Capoeira** — Clark Commons, Wolfville 1-3pm. Afro-Brazilian martial art w/strong emphasis on dance and music. *FEE:* no charge. *INFO:* facebook: Campus Capoeira

**Social Ballroom Dancing** — Community Centre, Port Williams 3-5pm. Practice your existing dance skills and learn new group dances. *FEE:* \$17.50 per membership per semester, or \$5 per session drop-in fee per couple. *INFO:* Alan, 678-0375

## Mondays

**Painting Morning** — Recreation Centre, Wolfville 9:30am-12pm. W/Evangeline Artist Cooperative. Informal, unstructured & social. *FEE:* \$2 drop-in. *INFO:* Jean, 542-5415.

**Toastmasters** — 2nd Floor, Irving Centre, Acadia 6:30-8pm. Communicative skills to enhance peaceful and effective dialogue. All welcome. *INFO:* Judy, 681-4643 / judymilne@eastlink.ca

**Mixed Dart League** — White Rock Community Centre (dart room, downstairs) 7pm. Until end of April. *INFO:* 542-7073

**Tai Chi Classes** — White Rock Community Centre (lower level) 7-8:30pm. Until end of May. Instructor Ed Schofield. *FEE:* \$5 *INFO:* wrfitnessfun@gmail.com

**Insight (Vipassana) Meditation** — Manning Memorial Chapel, Acadia, downstairs, 7:30-9pm. W/Laura Bourassa. Suitable for beginner and experienced meditators. Instructions, short talk, discussion. *FEE:* free-will offering. *INFO:* 365-2409.

## Tuesdays

**Book in the Nook** — Wolfville Memorial Library 10-10:30am. Suggested age range: 3-5. *INFO:* 542-5760 / valleylibrary.ca

**River Street Rug Hooking Studio** — 38 River Street, Kentville 1-3:30pm. Drop-in rug hooking. *FEE:* donation. *INFO:* Kay, 697-2850

**Homework Club** — Memorial Library, Wolfville (upstairs) 5-8pm. Looking for a little homework help or just a quiet place to settle in and get it all done? Ages 12+. *INFO:* 542-5760 / valleylibrary.ca

**Valley Game Night** — Gametronics, New Minas 6pm. Also Thursdays, 7pm @ Memorial Library, Wolfville. Board game/card game group. New players welcome! *FEE:* no charge. *INFO:* meetup.com/Valley-Game-Night

**Social Group for Adults with an Autism Spectrum Disorder** — Various Wolfville locations 6-8pm. *INFO:* 357-3031 / avautism@gmail.com

**Dukes of Kent Barbershop Chorus** — Bethany Memorial Baptist Church (gym), Aldershot 7pm. We sing four-part harmony. *INFO:* duksof Kent.ca

**Card Parties (45's)** — White Rock Community Centre (upstairs) 7:30pm. Until end of April. Prizes and snacks provided. *FEE:* \$3. *INFO:* 542-7234

## Wednesdays

**Kentville Farmers' Market** — Town Hall Recreation Centre, 350 Main Street, Kentville 10am-2pm. Open year-round. *INFO:* marketmanager@kentville.ca / kentvillefarmersmarket.ca

**French Storytime/ L'heure des histoires** — Wolfville Memorial Library 10-11am. French songs, rhymes & stories. Age 3-5. *INFO:* 542-5760 / valleylibrary.ca

**Toddler Rhyme Time** — Civic Centre, New Minas 10:45-11:45am. Please register. *FEE:* no charge. *INFO:* 678-5760

**Wolfville Community Chorus** — 30 Wickwire Ave., Wolfville 5:30-7pm. New members welcome! *FEE:* \$180 yearly membership, no charge for first-time drop-in. *INFO:* 542-0649 / susan\_dworkin@hotmail.com

**New Horizons Band** — Festival Theatre, Wolfville 7-9pm. Fun, informal community band under the direction of Brian Johnston. Upbeat contemporary & jazz. *FEE:* \$100 adult (per term), no charge for Acadia/high school students. *INFO:* Donna, 542-7557 / macdonaldwilson@accesswave.ca / peaton.eaton@gmail.com

## LIVE THEATRE

**Alice in Wonderland** — Central Kings Rural High, Cambridge. April 4, 5, 7pm, April 6, 3pm. *TIX:* \$11 adult, \$7 students, no charge under 5. Available at Mader's Pharmachoice (Coldbrook) and the CK office. *INFO:* 538-4700

**Legally Blonde, The Musical** — Horton High School, Wolfville. April 4, 5, 6, 7-9:30pm • Follow Elle Woods on her journey as she discovers what she is capable of achieving while breaking down stereotypes and helping others. There are live dogs in this production; some content may not be suitable for younger audience members. *TIX:* \$10 students/seniors, \$12 adults available at the Horton High School office, online at TicketPro.ca. *INFO:* 542-6060 / Natalie.Maclsaac@hortonhighschool.ca

**Separate Beds** — CentreStage Theatre, Kentville April 4, 5, 8pm • Two couples navigate through their relationships on a Caribbean cruise. One seems "perfect" while the other seems "stormy". The truth and lies of each marriage comes to the surface as they celebrate their 35th year anniversaries at sea. Ernie and Twink attempt to put the sizzle back into their marriage while Beth and Blake attempt to save theirs. The Main Stage plays have moved to the Upper Performance Stage during renovations. The washrooms on this floor are not wheelchair-accessible, but the chairlift will be operational. *TIX:* \$15 adult, \$12 senior/student *INFO:* 678-8040 / centrestagetheatre.ca

**CentreStage Dinner Theatre: Contempt of Court** — CentreStage Theatre, Kentville. April 11, 12, 6:15pm. It's a typical night at Judge Judy's People's Night Court, but with a delicious roast-beef dinner, along with appetizers, soup and dessert, not your typical courtroom fare! Wine and beer will be available for purchase. There will also be a silent auction. *TIX:* \$45 per person (cash or cheque only), a \$20 receipt will be issued. *INFO:* 678-8040 for ticket availability.

## EXHIBITS

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DESIGNERKENTVILLE.CA 902.365.3322

**Doretta Groenendyk** — Harvest Gallery, Wolfville. Until they're gone • A show and sale of the original artwork for Step Outside, the latest book by Doretta Groenendyk. A beautiful combination of sport, art, poetry, nature and family. *INFO:* 542-7093 / harvestgallery.ca

**Judith J. Leidl** — Oriel Fine Art, Wolfville • Fine art: floral paintings, scarves, acrylic paintings, prints, ceramics, and Inuit work from Baffin Island. *INFO:* 670-7422 / judithleidlart.com

**"Visual Tapestry"** — Jack's Gallery, 450 Main St., Wolfville. Until April 6 • A group exhibition presented by Acadia University Art. Featured are the paintings of: Courtney Wilson, Gabriel Both, Judith Leidl, Catherine Surprenant, and Josh Orman. *INFO:* 542-7474 x301 / jacksgallerywolfville@gmail.com / judith.leidl@acadiau.ca

**Project 35: Volume 2** — Acadia Art Gallery, Wolfville. Until April 16 • In 2010, Independent Curators International launched PROJECT 35, a program of single-channel videos selected by 35 international curators who each chose one work from an artist they think is important for audiences around the world to experience today. The resulting selection was viewed internationally, ensuring a place for video's reach on a global scale. This is the second instalment of the project. *INFO:* 585-1373 / artgallery@acadiau.ca / gallery.acadiau.ca

## MUSIC FESTIVAL - ORIGINS

It's April—which means that the Annapolis Valley Music Festival (AVMF) is right around the corner. Originally the Kings County Music Festival, the AVMF has become the icon of the Valley music scene for budding musicians. The first festival took place in 1979 and lasted two days. Over the years the Festival has grown steadily. It now lasts two weeks and attracts about 3,000 participants each year.

Anyone is invited to compete in a variety of classes from voice to piano, instrumental, choral, fiddle, strings musical theatre and band. Classes can be competitive or non-competitive, but always provide students an opportunity to perform and share what they have been learning.

The AVMF is a community initiative run by volunteers who believe in the importance of music in the lives of all those who have participated over the years. The festival is always looking for volunteers or financial donations.

This year's AVMF will be held from April 22 to May 2. Classes will be held in various locations throughout Wolfville and are always open to the public. Stars of the Festival Concerts will be held May 4 at 2 and 7pm. For more information, visit avmf.ca.

Carol Ann Burden, Volunteer Co-ordinator,  
542-3681

### ASPINALL POTTERY

Canning Studio 300-9149 or weekly  
at the Wolfville Farmers' Market





# WHAT'S HAPPENING FROM APRIL 3-17, 2014

SEND YOUR EVENTS TO [INFO@GRAPEVINEPUBLISHING.CA](mailto:INFO@GRAPEVINEPUBLISHING.CA) FOR PUBLISHING IN ANY OF OUR EVENT LISTINGS



## THURSDAY, 3

**CFUW Book Sale** – Lions Club, Wolfville 9am-6:30pm. Also April 4, 9am-8pm and April 5, 9am-3pm • Canadian Federation of University Women, Wolfville 47th Annual Book Sale. Browse a large selection of books in many categories, as well as magazines, jigsaw puzzles, music, Videos and CDS. Plan to attend and get your reading material at wonderful prices. Proceeds from the Sale support many local organizations including: the Annapolis Valley Regional Library, Annapolis Valley Science Fair, The Flower Cart, the Valley Music Festival, Valley Hospice Foundation and the Wolfville Food Bank. **TIX:** no charge **INFO:** 542-2352 / gvimages@bellaliant.net

**Senior's Tea & Social** – Royal Canadian Legion, Windsor 2-4pm • Music by "The Wharf Rats" Light lunch. Open to seniors and veterans **TIX:** no charge **INFO:** 798-0888 / rclbr09windsor@gmail.com

**Taste of the Garden** – NSCC Kingstec Campus, Kentville 7-9:30pm • Wine, Beer, Spirits, Music, Culinary Delights and Magical Garden Displays. All money raised goes to Charity. This is the largest wine and food show outside of Halifax in the province. **TIX:** \$50 **INFO:** 690-2183 / patti.shepherd@nssc.ca

**Torbert, D'Amato and Adam Trio** – K.C. Irving Environmental Science Centre, Wolfville 7:30-9:30pm • Jeff Torbert (guitar), Nic D'Amato (bass) and Mark Adam (drums) perform music by the late Swedish jazz piano phenom, Esbjorn Svensson. Come see these three musicians (and Acadia teachers) present an exciting evening of music that may make jazz fans out of any disbeliever! **TIX:** suggested \$10 donation **INFO:** 585-1778 / mark.adam@acadiau.ca

**Corona Solis Clarinet Quartet** – Al Whittle Theatre, Wolfville 8-9pm • Everyone is welcome to attend a performance by the Corona Solis Quartet, a quartet of clarinetists. Jossée MacInnis, a third year Mount Allison University music student, along with Jakob Roberts, Luc Vaillancourt and Janelle Butt were awarded a grant from the department of music to perform around the province. **TIX:** suggested donation for the Nova Scotia Diabetes Association **INFO:** 542-0649 / susan-dworkin@hotmail.com

## FRIDAY, 4

**Kikima Grannies Jewellery Sale** – Wong International Centre, Wolfville 9:30am-4pm • Fundraiser for Grandmothers in Kenya raising grandchildren orphaned by AIDS. **TIX:** donation **INFO:** 542-3605 / bacain33@gmail.com

**Lenten Lunch** – St. John's Anglican Church, Port Williams 11:30am-1pm • Homemade soup with homemade bread. Proceeds to the Canning Inter-Church Council Relief Fund. **TIX:** donation **INFO:** 582-1313 / mparent@xcountry.tv

**First Friday's Spring Fling** – Valley Gate Vineyard, Kentville 4-9pm • Fine Arts, Performing Arts & Artisan Crafts Festival. Enjoy 3 FREE music performances while exploring and supporting local artists and small business! In partnership with Ocean Zn Sea Glass & Gift Shop, between Save-Easy and Tan Coffee. Contact us for booth rental info. **TIX:** no charge **INFO:** contactmegc@gmail.com

**Chase the Ace Supper & Draw** – Royal Canadian Legion, Berwick 5pm supper, 7pm draw & music. Also April 11 • Bring your talents/instruments for "Kitchen Party." Proceeds for Legion Purposes. **TIX:** \$5 for supper, \$5 for Chase the Ace draw **INFO:** 538-9340 / ruby@eastlink.ca

**Relay for Life** – Acadia Athletic Complex, Wolfville 6pm-6am • Relay For Life is an inspirational, noncompetitive,

12-hour overnight fundraising event to celebrate life and fight cancer. Teams gather with cancer survivors at their local school and take turns walking laps all night. Teams stay overnight in the decorated tent city and enjoy music, food, activities and entertainment. All community members are welcome and encouraged to attend, please come support the Canadian Cancer Society. **TIX:** donation **INFO:** acadia.relayforlife@gmail.com

**Chase the Ace Draw** – Royal Canadian Legion, Windsor 6-8:30pm. Also April 11 • The Windsor Legion and the Windsor Fire Dept. host a Chase the Ace ticket draw. Must be in attendance to win, proceeds for Legion/Fire Dept purposes. **TIX:** \$5 minimum purchase **INFO:** 798-0888 / rclbr09windsor@gmail.com

**Broadway Live Recording: Romeo and Juliet** – Al Whittle Theatre, Wolfville 7-10pm • The greatest love story of all time in its first Broadway staging in 36 years. Stars Orlando Bloom in his Broadway debut. The stunningly modern stage production, with an acclaimed cast of 25, includes Tony Award winner Brent Carver. **TIX:** \$20 @ all Ticketpro outlets, ticketpro.ca, 1-888-311-9090, at door one hour before show **INFO:** 542-7474, x 230 / kathy@justuscoffee.com

## SATURDAY, 5

**Breakfast** – Bethany Memorial Baptist Church, Aldershot 8-9:30am • Sausages, baked beans, eggs, pancakes, muffins, fruit salad, hash browns etc. **TIX:** donation **INFO:** 678-3198 / bmbcoffice@ns.aliantzinc.ca

**Community Breakfast** – Lions Club, Berwick 8-10am • Fundraiser breakfast includes: eggs, bacon, sausage, pancakes & syrup, toast, coffee, tea and juice **TIX:** donation **INFO:** 538-0071 / macjac3@bellaliant.net

**Yard Sale** – Windsor Elms Village, Falmouth 8-11am • Windsor Elms Golden Hearts Annual Yard Sale. All proceeds towards enhancing the quality of life for our residents. Donated items are gratefully accepted until sale date & may be dropped off at the Elms April 3 and 4. Arrangements can be made to pick up within 10km of Falmouth by calling 798-4939 or 798-3229 **TIX:** no charge **INFO:** 472-3661 / linda.levernois@winelms.ca

**Brunch with the Bands** – Avon View High School, Windsor 9am-12pm • The 5th annual Avon View West Hants Brunch with the Bands fundraiser is coming up. Enjoy delicious: pancakes, bacon, sausages, eggs, juice, tea/coffee. Relax and listen to the talented West Hants Middle & Avon View High Schools bands. **TIX:** \$5 per person, no charge for children 5 and under **INFO:** 792-6740

**Scotian Hiker: Amethyst Cove** – 999 Cape Split Road, Canning 9am-3:30pm • Join Fundy Rocks and the Blomidon Naturalists Society on a photography/rockhounding excursion to Amethyst Cove. This event is open to the public, but it's a strenuous hike with steep climbs (involving pulling yourself up 500ft of rope). Boots with good grip, and durable gloves for the rope climb are required. Dress in layers, bring a small backpack, and lots of water and energy snacks. Expect cold conditions in the shade and wind. Meetup is at 8:50am at the Cape Split trailhead parking lot. Check for it being canceled by 7am that morning. **TIX:** no charge **INFO:** scotianhiker.com / Facebook: Fundy Rocks / Dave 542-3390.

**Valley Shifters Biker Swap Meet** – Louis Millet Community Complex, New Minas 9am-4pm • Over 30 vendors. Leathers, parts, jewellery, clothing, sunglasses, boots and more. Lunch available to purchase with sit down seating. A seamstress and tattoo artist will be on site as well. Tickets on sale at the door to win a BBQ, with proceeds going to the Kidney Foundation. Vendor tables \$25 each. **TIX:** \$2 admission **INFO:** Shirley, 840-2861 / Chris, 683-2823

**"Carey Me" Fundraiser Coffee Party** – West Brooklyn Community Hall 10am-12pm • Supports palliative care in the home. Thank you for your support. **TIX:** free will offering. **INFO:** 670-2386

**International TableTop Day** – Louis Millet Community Complex, New Minas 10am-9:30pm • Come play Board Games! Game lending library, feel free to bring along your favourites. A celebration for all the fans of tabletop gaming. Bring a donation for the Food Bank, no experience required, families welcome. Use the exterior door to the right of the building. **TIX:** no charge **INFO:** kimdoconnor@gmail.com

**Musical Benefit Show & Auction** – Lions Club, Canning 12:30-4pm • Proceeds towards the medical expenses of Malcolm (Mackie) Hazel. **TIX:** donation **INFO:** 582-1351 / rdkeddy@hotmail.com

**Grow With Art - Children's Art Workshop** – NSCC Kingstec, Kentville 1-3pm • Watercolours w/ Cindy Dickie. Art works may be returned/exchanged at this time. Ages 5 to 14. **TIX:** \$2 per child **INFO:** 542-0234

**Accessible Gardening: Anyone Can Garden** – Scotian Gold, Coldbrook 1-2:30pm • Gardening is great exercise, but as any gardener knows, it can also be hard work, and is challenging for those with mobility, age, or health issues. Jodi DeLong discusses how to keep gardening enjoyable while making it easier to do regardless of your age, health or level of fitness. **TIX:** no charge **INFO:** 679-6786 / Michael.Weir@scotianguard.com

**Book Club** – Library, Hantsport 2-3pm • Come join us for a discussion of Half-Blood Blues by Esi Edugyan. Everybody welcome! Call or visit the library for a copy of the book. **TIX:** no charge **INFO:** 684-4005

**Open House** – Community Centre, Port Williams 7-10pm • An opportunity to show appreciation to the retiring Jerry Wood for 35 years of loyal and dedicated service as the Port Williams Postmaster. **TIX:** no charge **INFO:** 542-3933 / emhovell@ns.sympatico.ca

**Acadia University Chorus Spring Concert** – Convocation Hall, Wolfville 7pm • The Acadia University Chorus under the direction of Michael Caines will be holding their annual spring concert. The concert features: John Scott, University Organist, Tristan De Borba on Soprano Saxophone and Mezzo-Soprano Christianne Rushton. All three are faculty members in the School of Music at Acadia. An uplifting and thoroughly enjoyable evening of choral music! **TIX:** \$10 at the door, no charge for youth and Acadia students (with ID) **INFO:** 585-1512 / christianne.rushton@acadiau.ca

**Dance: Country Heat** – Royal Canadian Legion, Kentville 9:30pm-12:30am • 19 & over, bar is available **TIX:** \$6 **INFO:** 678-8935 / kentvillelegion@eastlink.ca

## SUNDAY, 6

**Spring Tea and Sale** – Community Hall, Centreville 11am-1pm • Spring Tea and Sale. Sale table, gift basket draw, sponsored by & proceeds for the Kentville Girl Guiding units. **TIX:** donation **INFO:** 681-2787 / jwhuntley@eastlink.ca

**Fundy Film screens GLORIA** – Al Whittle Theatre, 4 & 7 pm • After divorce and children grown, Gloria (Paulina Garcia), a free-spirited older woman, makes the best of life while seeking companionship at social dance clubs for singles. Her fragile happiness changes when she enters into a whirlwind relationship with a former naval officer. Garcia's tour de force performance captured a Silver Bear in Berlin. Chile's Oscar entry. See ad p.13. **TIX:** \$8 **INFO:** 542-5157 / info@fundyfilm.ca

## MONDAY, 7

**Budget Presentations** – County of Kings Municipal Complex, Kentville 9am-4pm • The public are invited to a sitting of Committee of the Whole for discussion and review of draft Operating and Capital budgets. All budget meetings are open to the public. Agendas/slides made available on our website. **TIX:** no charge **INFO:** 690-6181 / chunt@county.kings.ns.ca

**Game Night** – Library, Windsor 6pm. Also April 14 • Please come to the back door of the Library. Ages 12 and up are recommended, however kids a little younger are welcome with their parents. **TIX:** no charge **INFO:** 790-4536 / turpin56@gmail.com / meetup.com/valley-game-night

**Fracking Letter Writing Drop-In Session** – Wolfville Library, 7-9pm • Are you concerned about fracking? If you are concerned about the negative impact fracking could have on our community and our province, we invite you to join us and like minded community members for a letter writing drop-in evening. An independent review panel headed by Dr. David Wheeler of the University of Cape Breton (hreview@cbu.ca) is inviting public input and we will be writing letters to this panel to voice our concerns. If you are interested in writing but don't know where to start, or have been meaning to submit something but need a little kick start, please join us. **TIX:** no charge **INFO:** Brogan, 542-4403

## TUESDAY, 8

**Wellness for Women** – Kings County Family Resource Centre, Kentville 9:30-11:30am • **TIX:** no charge **INFO:** 678-5760 / family.centre@ns.sympatico.ca

**Glorious Technicolor Knitters** – Kings Riverside Court, Kentville 1:30-3:30pm • Like to knit or crochet? Drop in and enjoy tea and friendly conversation. **TIX:** no charge **INFO:** 678-8247 / d.ross@eastlink.ca

**Careforce Alzheimer Cafe** – Kings Riverside Court, Kentville 2-4pm • The Alzheimer Cafe is about supporting individuals suffering from Alzheimer's or memory loss, and their families or caregivers. A two-hour social gathering that is uplifting, informal, and non-judgmental. You'll discover helpful information and resources, hear from interesting guest speakers, and connect with others who share your challenges and experiences. **TIX:** no charge **INFO:** 365-3155 / nurse@careforce.ca

**Free Voice Lessons** – United Baptist Church, Kentville 7-8pm • Free voice lessons with Valley Voices - A series of 4 consecutive weeks beginning April 8. Led by certified director, Judy Robichaud. **TIX:** no charge **INFO/Reg:** Lynda, 678-6368 / valleyvoices.org

**Healthy Bytes Presentation** – Integrated Health Care, 189 Dykeland St., Wolfville 7-8pm • Join dietitian-nutritionist Beverley Noseworthy in celebrating nutrition month (postponed from March 26). Find out about popular cooking and nutrition tracking apps, online nutrition screening tools (toddler, preschooler & aged 50+ versions), and other available nutrition resources and services. **TIX:** no charge **INFO:** 542-2000 x5 / wolfvillennutrition@gmail.com

**Hax0r Pwn3d? n00b Guide to Web App Security** – Farmers Market, Wolfville 7-9pm • If you build web applications, or run a website, having a working knowledge of common exploits and security best practices is fundamental to protecting your digital playground for you and your users. In this talk, Mike Caplan of Henry Schein & HarvestHand will review the top 10 web security risks, how they work, and how you can defend your web properties against them. Jordan's Natural Acres will be treating us to a sampling of some of their quality meats -- grass fed beef, free range pork,





**VALLEY EVENT TICKET GIVEAWAY: CHANCE TO WIN 2 TICKETS TO:**  
**Scott Woods Old Time Jubilee, Friday April 25, 2014, 7pm, Al Whittle Theatre, Wolfville.**  
**Draw date: April 18th Enter all draws: valleyevents.ca/win**

and pasture raised chicken. Organized in cooperation with Innovacorp **TIX:** no charge **INFO:** 365-2213 / refreshannapolisvalley@gmail.com

**Concert: Jeff Hennessy and Ian Janes – Al Whittle Theatre, Wolfville 8pm** • Two songwriters for the price of one! ECMA nominees Jeff Hennessy and Ian Janes will perform a concert of original material, backed by an all-star band! See p.10. **TIX:** \$15 @ Box of Delights (Wolfville) **INFO:** alwhittletheatre.ca

## WEDNESDAY, 9

**Concert: Brett Pierce – Edible Art Café, New Minas 12-2pm (& Wednesday 16)** • Come and enjoy the soulful music of Brett Pierce. Check out Brett's music on facebook: Brett Pierce **TIX:** no charge **INFO:** 681-7375 / jssvincent@yahoo.com

**Fundy Film screens THE NATURE OF FRÉDÉRIC BACK – Al Whittle Theatre, 7pm** • Nova Scotia-born filmmaker Phil Comeau's multi-award-winning documentary is a portrait and celebration of artist-activist extraordinaire, Frédéric Back (1924-2013). A prolific illustrator/graphic artist and roundly honoured filmmaker and animator, two-time Oscar-winner Back, in striving to depict the beauty of the Earth, was a most persuasive environmental activist. The film follows his exceptional path from childhood in France to his arrival in Québec. It is a tribute not only to the artist and man, but also to his message of simple universal values, inspired ideas, and poetic, luminous images. Back would have been 90 on April 8. See ad p.13. **TIX:** \$8 **INFO:** 542-5157 / info@fundyfilm.ca

**Valley Women's Business Network – Kings Riverside Court, Kentville 7-9pm** • Brush up your elevator pitch, tuck your business cards into your pocket and join us for a lively evening of focused networking. Lori Cox (Red Dragon Marketing) and Pam Murray (Invisible Fence Brand of Annapolis Valley) will keep us on track for a session of speed networking – the fun & effective business version of speed dating. You'll make plenty of new contacts and practise getting your key business message across. It's loud, it's organized chaos, and it works! Scent free event. **TIX:** no charge for VVBN members and their first-time guests, \$5 for returning guests. **INFO:** rsvp@vwbnc.ca

**New Minas Princess Tea – Louis Millet Community Complex, New Minas 7-9:30pm** • Join us for our Princess Candidate Dessert Tea. Come out and fill your stomachs with delicious desserts and show your support for Princess New Minas 2014. **TIX:** \$8 adult, \$7 students/seniors, no charge for preschoolers. Pay at the door. **INFO:** appleblossom.com

## THURSDAY, 10

**Homemade Soup Luncheon – Orchard Valley United Church, New Minas 12-1:15pm** • Meal includes soup, rolls and dessert, beverage. Veggie/gluten free option: Carrot, leek & rice soup. **TIX:** \$7.50 **INFO:** 681-0366 / tperin@orchardvalleyunited.ca

**Apple Blossom Leadership Tea – Farmers Market, Wolfville 6:30pm** • Leadership Candidates will present themselves before a panel of judges and the successful candidate will be crowned Princess Wolfville 2014. Princess Wolfville will represent our community at the 82nd Apple Blossom Festival. **TIX:** \$5 **INFO:** Meagan, 542-6282 / mgriffin@wolfville.ca

**Philae Shriner's Holiday Magic Show – Horton High School, Wolfville 7pm** • The Shriners are the single largest philanthropic organization in the world. The Holiday Magic Show is a highly entertaining, family-focused event hosted to provide a fun and exciting way to support the community and Shrine activities. Doors open 30min prior to show. **INFO:** 1-877-948-6626 / support@holidaymagicshow.ca

**Concert: Jenny MacDonald & Jeffery Straker – Edible Art Café, New Minas (Greenwich) 7-9pm** • East Coast roots meets Prairie cabaret pop! **TIX:** \$10 **INFO:** jeffstraker.com / jennymacdonald.com

**Annapolis Valley Decorative Artists – Fire Hall, Greenwich 8pm** • Anyone interested in decorative art is welcome. **TIX:** no charge **INFO:** 542-5800 / sm.fullerton11@gmail.com

## FRIDAY, 11

**Free Clothing – United Baptist Church, Centreville 8:30-11am. Also April 12** • Clothing give-away. Donations: clothing, curtains, bedding, towels accepted from April 1-9. Sponsored by Missions In Action. All Welcome. **TIX:** no charge **INFO:** 678-3939 / 6781946 / lesmb@eastlink.ca

**Live recording: The Sleeping Beauty - The Royal Ballet – Al Whittle Theatre, Wolfville 7-10:10pm** • First staged in St Petersburg in 1890, The Sleeping Beauty is the pinnacle of classical ballet: a perfect marriage of Petipa's choreography and Tchaikovsky's music and a glorious challenge for every dancer on stage. To mark the Company's 75th birthday in 2006, Monica Mason and Christopher Newton revitalized its landmark 1946 production, capturing the mood of the original but showing that this is very much a living work for The Royal Ballet, growing and changing with the Company while celebrating its past. **TIX:** \$20 adult, \$15 student/child @ ticketpro.ca, 1-888-311-9090, all Ticketpro outlets, at the door starting at 6:15pm See p.20. **INFO:** 348-0503 / jamesrobieskinner@gmail.com

**Salsa Dancing – Edible Art Café, New Minas 7:30-10pm** • Live Music by Frederic Mujica starts at 8:30pm. Latin Night survival class at 7:30pm. Introduction to Salsa, Merengue and Bachata, to get you moving to all rhythms! Bring your friends and family. **TIX:** no charge **INFO:** 681-7375 / jssvincent@yahoo.com

## SATURDAY, 12

**Breakfast & Auction – Royal Canadian Legion, Kentville 7:30-10am** • A silent auction will be held during breakfast. Sponsored by the Goldwing Road Riders Association. **TIX:** \$6 adult, \$3 children 12 and under **INFO:** 678-8935

**Cabin Building Days – Ross Creek Centre for the Arts, Canning 10am-5pm. Also April 13** • Ross Creek has an exciting new development this summer and to make it happen, we need to build some new small cabins for visitors from around the world! You can help us make this happen! Volunteers with all levels of (in)experience welcome to come swing a hammer, raise a wall and feel an incredible sense of accomplishment as you help us create a new little village! Volunteers are welcome both Saturday or Sunday, or either day. Please wear closed toe boots and email to let us know you're coming - lunch provided. **TIX:** no charge **INFO:** 582-3842 / chris@artscentre.ca

**Spring Sing Tea – Community Centre, Port Williams 2-4pm** • The Annapolis Valley Honour Choir is 25 years old! A Spring Sing Tea and Coffee House Fundraiser. Silent auction. **TIX:** \$12 @ Pharmasave (Wolfville, Kentville, Berwick, Kingston) **INFO:** 681-0492 / gcaron@bellaliant.net

**Bouge de là - The Studio – Mermaid Imperial Performing Arts Centre, Windsor 3-4pm** • In a vibrant collision of dance and visual art, Quebec's Bouge de là explores the very roots of creativity with L'atelier (The Studio). Four curious dancers play with the tools they uncover in an overflowing art studio – frames, scarves, brooms – from which they create original multimedia pieces. Motion-capture technology projects their vibrant movements onto the stage as rainbows of colour,

Bouge de là is dedicated entirely to young audiences. See poster page 20. **TIX:** \$14 adult, \$12 child/senior @ Ticketpro.ca, 1-888-311-9090, all Ticketpro outlets. **INFO:** 798-5841 / puppets@mermaidtheatre.ca

**Roast Beef Supper – United Baptist Church, Falmouth 4:30-6pm** • Everyone is welcome. Take out available. **INFO:** 798-4939

**Coffee House Variety Show – Community Centre, Port Williams 7pm** • The Annapolis Valley Honour Choir showcases its many talents. Enjoy a relaxed, casual atmosphere, great music, munchies and mocktails! **TIX:** \$5 @ Pharmasave (Wolfville, Kentville, Berwick and Kingston) **INFO:** 681-0492 / gcaron@bellaliant.net

**An Evening Of Blues – Union Street Cafe, Berwick 8pm** • Come out and have a meal at the newly renovated Union Street Cafe followed by an "Evening Of Blues" performed by "The Kickin Mule Blues Band" This evening promises to be a blast, see poster page 9. **TIX:** \$10, reservations suggested **INFO:** 538-7787 / brian@kickinmulebluesband.com

**Dance: Rte. 12 – Royal Canadian Legion, Kentville 9:30pm-12:30am** • 19 & over, bar is available **TIX:** \$6 **INFO:** 678-8935 / kentvillelegion@eastlink.ca

## SUNDAY, 13

**Country and Bluegrass Show – Lions Club, Berwick 1:30pm** • An afternoon of entertainers from the classic country and bluegrass areas of music: Don Haggerty, Floyd Spicer and Jo-Ann Newman Spicer, Ron DeAdder and Rachael Aalders, Next Generation, and more! **TIX:** \$10 **INFO:** 678-2223 / info@nscmh.ca

**Fundy Film screens THE LUNCHBOX – Al Whittle Theatre, 4 & 7pm** • In a nuanced portrait of contemporary Mumbai, a misdirected lunchbox brings together a neglected young housewife, Ila (the radiant Nimrat Kaur), and a grumpy, older solitary widower, Saajan (Irrfan Khan, The Life of Pi). After Ila realizes that Saajan is receiving her indifferent husband's meals, the two begin to pass letters through the lunchbox. What starts as an innocent exchange about Ila's cooking, gently develops into something more. See ad p.13. **TIX:** \$8 **INFO:** 542-5157 / info@fundyfilm.ca

**Bluesmobile In Concert – Elementary School, Coldbrook 6-8pm** • A family dance fundraiser for the Coldbrook and District School Band and Choir Parents Association. All ages welcome! **TIX:** \$5 **INFO:** bzguitar@ns.sympatico.ca

## MONDAY, 14

**Valley Gardeners Club – NSCC Kingstec Campus, Kentville 7:30pm** • Two NSCC Kingstec students, who are the recipients of the Valley Gardeners Club Scholarships, will do a presentation. All are welcome to attend. **TIX:** no charge **INFO:** renanixon@hotmail.com

**Concert: David Myles – Union Street Cafe, Berwick 8pm** • Second show added (Sunday is sold-out)! David Myles has truly forged his own path by embracing modern and vintage pop, folk and soul music. His flawless musicianship and unforgettable stories have made David Myles a favourite with fans everywhere. **TIX:** \$25 **INFO:** 538-7787 / contactunionstreet@gmail.com

## TUESDAY, 15

**Committee of the Whole – County of Kings Municipal Complex, Kentville 9am** • **TIX:** no charge **INFO:** county.kings.ns.ca

**Public Information Meeting – County of Kings Municipal Complex, Kentville 1pm** • Proposed

Development Agreement for property at 8168 Hwy 221, Centreville (File 14-03). **TIX:** no charge **INFO:** 690-6173 / mlemay@county.kings.ns.ca

**Friends in Bereavement – United Baptist Church, Kentville 2-4pm** • Friends in Bereavement Support Groups help you find support, understanding, information, friendship, and confidentiality while grieving the death of a loved one. **TIX:** no charge **INFO:** 681-8239 / friendsinbereavement@gmail.com

**Habitat for Humanity Volunteer Information Session – Town Hall, Kentville (lower level) 6:30pm** • Learn more about Habitat for Humanity's work in the community. See the plans for our upcoming build in Kentville. Talk to members of the Steering Committee. **TIX:** no charge **INFO:** Bill, Volunteer Coordinator, habitat.av@gmail.com

## WEDNESDAY, 16

**Wolfville Historical Society – Town Hall, Wolfville 2-4pm** • Wolfville Historical Society Meeting Speaker: Karolyn Smardz Frost. Topic: Before the Black Loyalists: the Early African Nova Scotia Experience in King's County. Between the founding of Halifax and the end of the American Revolutionary War, at least 600 people of African descent were brought to Nova Scotia. Their skills, talents and creativity were crucial to the early success of the colonial province. Yet even the names of most of these brave people have been lost to history. **TIX:** no charge **INFO:** ajd\_browne@ns.sympatico.ca

**Fundy Film screens ALL IS LOST – Al Whittle Theatre, 7pm** • Robert Redford stars in an open-water thriller of a lone sailor forced to rely on his survival skills and ingenuity when his sailboat is damaged at sea. But unrelenting sun, circling sharks and dwindling supplies soon have the ever-resourceful man staring mortality in the face. (THE BOOK THIEF is still coming!) See ad p.13. **TIX:** \$8 **INFO:** 542-5157 / info@fundyfilm.ca

**Volunteer Celebrations – Town Hall, Berwick 7-9pm** • Berwick recognizes it's Volunteers with awards and reception with refreshments. **TIX:** no charge **INFO:** 538-8616 / cboylan@town.berwick.ns.ca

## THURSDAY, 17

**VON Lunch Bunch – Sobeys, New Minas 11:30am-12:30pm** • Join us for a hot meal and lively conversation at a VON Lunch Bunch. RSVP - Limited seating. **TIX:** \$8 **INFO:** 678-1733 / anna.spooner@von.ca

**Fusion Annapolis Valley Launch – Kings Volunteer Resource Centre, Kentville 6:30-8:30pm** • Sick of hunting for jobs without success? Are you fed up with a culture that expects youth to leave home to gain experience? Or are you simply looking to make more connections in your community? This is an opportunity to be part of the solution. Fusion Annapolis Valley is an organization committed to bringing people together to help shape the future of this region. The hope is to help stem the outflow of youth; to support young adults seeking career development, business opportunities, and social engagement. **TIX:** no charge **INFO:** 680-2920 / morganwheeldon@gmail.com

**Film: Gasland 2 – Edible Art Café, New Minas 7-10pm** • Free movie screening. **TIX:** no charge **INFO:** 300-5194 / jssvincent@yahoo.com

**Annual Meeting – Gaspereau Valley Elementary School, Wolfville 7:30pm** • The annual meeting of the Greenfield Memorial Cemetery Co.Ltd. **TIX:** no charge **INFO:** 542-2846

This page works on a first-come, first-served basis. Email your classified to: [info@grapevinepublishing.ca](mailto:info@grapevinepublishing.ca) and, if there's room, we'll get you in. Or, to reserve a placement, pay \$5 per issue (3-issue minimum commitment). Please keep listings to 35 words or less.

## CAMPS:

**Sherbrooke Lake Camp:** 62 Stronach Mt. Rd., Kingston. Spend a fun time at a beautiful summer camp. Swim, canoe, do crafts, sing songs, learn about God's world, play games, make new friends. Help us celebrate our 50th year. Registrations are being accepted now. **INFO:** 765-4423 / taskidg@gmail.com / sherbrooke-lakecamp.org

**Rock Camp:** @ the Windsor Community Centre. So you want to be a rock star? This camp is for you! Hosted by ECMA award winner Jake Smith and covering everything from songwriting and performing to recording. Junior Rock: July 7-11 (ages 8-12). Senior Rock: July 14-25 (ages 13-18). Register early for a discount! **FEE:** Before June 1: \$150 Jr. Rock, \$300 Sr. Rock. **INFO:** thefedpennies@hotmail.com

## CLASSES/LESSONS:

**Bible Lessons:** Free correspondence lessons to learn what the Bible teaches. For ages 5 - adults. Request lessons from: Mailbox Club 740 Freeman Drive, Kingston, NS B0P 1R0 **INFO:** beth.lennox@bellaliant.net

**Prenatal Yoga and Soup:** W/Jennifer Boutilier at the Edible Art Cafe, New Minas. Every Wednesday from 4:30-6:45pm, starting April 2nd **INFO:** jennenergy2012@gmail.com

## WORKSHOPS/RETREATS:

**4 the Health of It:** Berwick: Thursdays, April 10 - May 29, 5-7:30pm @ Berwick and District School. Wolfville: Thursdays, April 24 - June 12, 1:30-4pm @ Eastern Kings Memorial Community Health Centre. A healthy living program led by healthcare professionals for people living with or concerned about developing a chronic health condition. Discover the value of healthy eating, develop physical activity skills and learn to cope with stress through hands-on, interactive learning. Please register. **FEE:** no charge **INFO/Reg:** Megan, 538-1315 / mmacneil@avdha.nshealth.ca

**Chocolate Making Courses:** April 5, 1-4:30pm OR May 3, 1-4:30pm. This course is for those interested in making truffles for family and friends. The 3-4 hour classes are hands on, beginning with a chocolate taste test and ending with each participant leaving with a box of their own hand made truffles. Maximum 6 people. **FEE:** \$75 **INFO/Reg:** Nicole, 542-2575 / longisland13@gmail.com / nicolestruffles.com

**HR Basics for Small Businesses:** Thurs., April 10, 9am - light breakfast, 9:30-11am - session @ Acadia Entrepreneurship Centre, Patterson Hall, Rm 324, Acadia. Most startups don't employ an HR professional, but every company needs to know the basics of HR. Whether the task is attracting the right people, managing employee performance, or taking the right steps when hiring - or firing - an employee, this session will help. Suitable for small business owners and managers, this workshop and panel presentation will address some of the most basic HR challenges by providing advice and resources related to the full HR cycle. W/ Jennifer Robichaud and Shelley Kenney of Innovacorp. **INFO/Reg:** Melissa, 585-1835 / melissa.quinn@acadiu.ca

**Regeneration in the Jungle - A Permaculture Design Course:** May 6-20 @ Finca La Marea, Costa Rica. W/ Penny Livingston-Stark, internationally recognized permaculture teacher, designer and speaker. Permaculture is an ethical set of design principles that can be used anywhere at any scale. Assist in structuring your

life and your relationship to the world you live in. Minimum of 10 participants for this course to go forward, please register by April 15. **FEE:** \$1650 to camp, \$1800 for a shared room, \$1950 for a single room **INFO/Reg:** fincalamarea.org

**Acrylic Painting on Canvas:** Sat., May 24, 9:30am-4pm @ Port Williams United Baptist Church. Painting Workshop w/ Sandi Komst. Use acrylic paint to explore composition, edge, depth and transparency. Please bring your own supplies to explore the techniques demonstrated. Artists may bring at least two acrylic paintings (unfinished painting that are blocked in with color but not finished). Please pre-register **FEE:** \$85 **REG:** Gail 757-2107 / trooper\_ns@yahoo.ca **INFO:** Cathy, cpooles@ns.sympatico.ca

## DONATE/VOLUNTEER:

**Donate Used Clothing:** Flowercart creates work and training for people. Donate your used clothing to Flowercart and keep your donation and the resulting money local. Drop off locations at 9412 Commercial Street. **INFO:** lisahammettvaughan@flowercart.ca

**Seeking Community Health Volunteers:** Are you interested in actively promoting health and wellness in your community? The EK Community Health Board is currently looking for new members! We meet once per month. **INFO:** 542-1244 / ekchb@avdha.nshealth.ca

**Volunteer Tutors Needed:** Hants Learning Network in Windsor provides free one-on-one tutoring to adults in math, reading, writing & computer basics. Volunteer tutors do not need teaching experience. All you need is 1 hour per week and a desire to help! **INFO:** Sara, 792-6754 / tutorcoordinator.hlna@hotmail.com

**SPCA Volunteers:** The Kings SPCA is currently accepting applications for volunteers. We need cat care workers Thurs. & Fri. mornings, 8am-12pm, feeding, cleaning litter pans, vacuuming and scrubbing floors. Dog walkers needed Mon., Tues., & Thurs., 7-8pm. **INFO:** Sandra, 538-9075 / info@kings.spcans.ca

**Interested in being part of a House Concert Circuit?:** The Deep Roots Music Co-op is interested in developing a House Concert Circuit in the Valley. House Concerts are a great way to support local talent and showcase out of town talent that you many not otherwise get a chance to enjoy. All you need is a love of music, a few extra chairs and space to fit 25 to 30 people. Curious? Get in touch! **INFO:** Birdie, atjberwick@hotmail.com / homeroutes.ca.

**2nd Annual Hike for Hospice!:** On May 4, 2pm starting at KCA School the staff of Grant Thornton, LLP Kentville host the 2nd Annual Hike for Hospice in support of the Valley Hospice Foundation. Festivities start at 12:30pm with a BBQ. Hikers are encouraged to collect pledges and use the online fundraising tools. Suggested minimum of \$20 raised to participate. **INFO/Reg:** 365-1701 x 3471 / valleyhospice.ca / orinfo@valleyhospice.ca.

**Come Volunteer with Deep Roots!:** Want to join in and help out? Planning Deep Roots Music Festival takes a full year (and sometimes more!) - We are working on the 2014 edition. If you have skills and talents to put to use, and you want to work with a great bunch of people, please contact us! **INFO:** Lisa, lisa@deeprootsmusic.ca.

**Silent Auction Donations:** CentreStage is having a dinner theatre and silent auction (April 11 & 12) tailored at giving an event/experience. Ideas such as: play tickets, providing a special dinner, tea tastings, gas certificates, etc. **INFO:** nandgheny@eastlink.ca

**Annapolis Valley Music Festival:** The AVMF is right around the corner (April 22 - May 2). It lasts for two weeks and attracts about 3000 participants each year. The AVMF is a community initiative, run by volunteers who believe in the importance of music in the lives of all those who have participated over the years. The festival is always looking for volunteers or financial donations. If you'd like to help, please contact us **INFO:** Carol Ann, 542-3681 / avmf.ca

**Fundraiser for the Conrad-Tracey Family:** Sat, April 26, 5:30pm @ Coldbrook School. Talent show, silent auction and bake sale fundraiser. Wear pink to show your support (and a feather boa)! Free-will offering at the door, all proceeds go directly to Jill Conrad-Tracey and her family. All are welcome, please consider making an on-line donation: [youcaring.com/other/support-for-the-conrad-tracey-family/150463](http://youcaring.com/other/support-for-the-conrad-tracey-family/150463) **INFO:** 678-4869 / JVogler@avdha.nshealth.ca

## FOR HIRE/PURCHASE:

**Pam's Editing Services:** Make your writing look professional! Experienced editor and journalist can help you with press releases, manuscripts, ads, reports, school essays, proposals. **FEE:** \$35/hr. **INFO:** Pam, 306-0570 / pamsediting@gmail.com.

**Spring Clean:** Light housekeeping, floors, baths, dusting, walls windows, etc. Clean for house closings and apts. **FEE:** \$40/4 hrs for new clients, \$12/hr, Anytime 7 days a week. **INFO:** Cynthia, 691-3313, email cyndiloumeek@hotmail.com

**Acupuncture-Tao TCM:** A holistic approach to treating various chronic and acute disorders such as backaches, headaches, knee pain, digestive disorders, fatigue, gynaecological disorders, and more. Provided by Sensei Yula. **INFO:** 697-2661 / centrefortheways.com / m.centrefortheways.com

**Interior/Exterior Painting:** Women in Rollers does accurate quotes, shows up on time to work, and performs to perfection. We even leave your home neat and tidy! Call today for your free estimate. **INFO:** Pamela, 697-2926

**Conflict Management & Mediation for Elders:** Patient, confidential, and knowledgeable help from an accredited mediator specializing in elder support, planning, and mediation. Services are also available for individuals, businesses, and organizations. Reasonable rates with a sliding fee scale based on income. **INFO:** Sue Barthos, BIS, MBA. 697-2285 / barthos@eastlink.ca

**Scott Prudence Woodworking:** Carpenter/Cabinet Maker/Timber Framer for hire. Over 25 years experience. Reasonable rates, quality work whether you want it or not. **INFO:** Scott, 698-7140 / scottprudence@hotmail.com

**Wolfville Pet Sitter:** Honest, responsible animal lover offering pet sitting in my home or yours. Dog walking and daycare service also available. **INFO:** Jen, 542-5147 / wolfvillepetsitter.com

**Unique Wooden Art:** Will Cooper is an emerging artist based in Wolfville. His vibrant wooden scroll paintings can be viewed online ([willcooperart.com](http://willcooperart.com)) or in person by appointment. Will is always happy to do commissioned pieces - pets, houses, landscapes, etc. **INFO:** 542-5147

**Hand-Crafted Urn Boxes:** Respectful, wooden, locally-made. **INFO:** Farmer Eddie, 542-3387

## EMPLOYMENT:

**After School Program Coordinator:** Gaspereau Elementary School is looking for an After School Program Coordinator, ECE Level II, to start Sept. 2, 2014. Send cover letter and CV to Jenn Richards, 1681 Davidson St., Wolfville NS, B4P 2R1, or email. See ad p. \_\_\_\_ **INFO:** richjenn@gmail.com / gaspereauafterschoolprogram.blogspot.ca

## ACCOMMODATIONS:

**House-Sitter:** 30-something professional able to provide house-sitting arrangements, within Wolfville preferred. Available anytime, references available. **INFO:** info@grapevinepublishing.ca

**Live Rent Free:** We are a busy professional couple with kids and are looking for someone to live in our house (June-August) for free in exchange for up to 10 hours a week of household help. Located 7 minutes from Wolfville, must have a car or be a dedicated biker. **INFO:** jenreine@hotmail.com

## UPCOMING:

**Online Fracking Discussion:** Wed., April 23, 7pm. Ecology Action Centre welcomes you to an online discussion with geologist David Hughes, author of Drill Baby Drill. A brief overview of fracking in NS, including the current provincial review and energy security in Nova Scotia, Canada and beyond. Please join to listen to this insightful talk, and to share thoughts and questions with David afterward. Registration is limited, so book your "seat" today! **INFO/Reg:** Jennifer J. West, M.Sc., P.Geo, 442-5046 / ecologyaction.ca/upcoming-events

**5th Annual Landmark East Golf Tournament:** Register now and join us for an exciting day on the links. The 5th Annual Landmark east Golf Tournament will be at Berwick Heights Golf Course on May 23. Proceeds support the Student Bursary Fund at Landmark East School. **INFO/Reg:** Mandy, 542-2237 / landmark-east.org/golf

**Friday Youth Night - Coming in May!:** This free Friday night community program for youth grades 6-8 and up will begin May 2 and run until June 20. Possible activities: capture-the-flag, humans vs zombies, geocaching, zumba, art, etc. Sponsored by local churches to provide youth with a supervised, supportive place to have fun. Stay tuned for exact details! **INFO:** Andy 542-1545 / andriel\_p@yahoo.ca

## GENERAL:

**Tutoring/GED Prep/Upgrading:** Hants Learning Network in Windsor, NS provides free day and evening classes and tutoring for adults. If you or someone you know is ready to return to learning contact us today! **INFO:** Sara, 792-6754 / tutorcoordinator.hlna@hotmail.com

**Join the Fracking Discussion:** The window to participate in the fracking discussion in NS is quickly coming to a close. Although letters to your MLA & MP are useful, April 18th is the new deadline to send in your opinions to the provincial review process. To participate, go to: [cbu.ca/hfstudy](http://cbu.ca/hfstudy)

# EAT TO THE BEAT



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## THURSDAYS:

**Just Us!** (Wolfville): Open Mic w/Mike Aube (3rd), TBA (10th, 17th) 7-9pm

**Angles Pub** (Windsor): Live Music TBA (3rd, 10th, 17th) 7-10pm

**Spitfire Arms Alehouse** (Windsor): Jam Session (3rd, 10th, 17th) 7-11pm

**Paddy's Pub** (Kentville): The Hupman Brothers (3rd, 10th, 17th) 9pm

**Library Pub** (Wolfville): Tom Hall (3rd, 10th, 17th) 9pm

**Paddy's Pub** (Wolfville): Trivia Night w/ Aden (3rd, 10th, 17th) 9pm

**Anvil** (Wolfville): All Request DJ (3rd, 10th, 17th) 10pm

## FRIDAYS:

**Blomidon Inn** (Wolfville): Jazz Mannequins (4th, 11th) 6:30-9:30pm

**Joe's Food Emporium** (Wolfville): Mark Riley (4th) 7-10pm

**Spitfire Arms Alehouse** (Windsor): Swig (4th), Witchitaw (11th) 8pm

**Union Street Café/Wick Pub** (Berwick): Open Mic with Mark Bezanson & Caleb Miles (4th), Open Mic with The Worry Birds (11th) 8pm

**Anvil** (Wolfville): DJ Victor (4th, 11th) 10pm

**West Side Charlie's** (New Minas): DJ Billy T (4th, 11th) 10pm

## SATURDAYS:

**Farmers' Market** (Wolfville): Jen Miller (5th), Malia Rogers (12th) 10am-1pm

**West Side Charlie's** (New Minas): Music Dogs (5th) 3pm, DJ Lethal Noize (5th) 10pm, Matt & Rob (12th) 3pm, Hip Hop Show (12th) 10pm

**Spitfire Arms Alehouse** (Windsor): Ron Edmunds Band (5th) Glen Campbell & Company (12th) 7-11pm

**Union Street** (Berwick): An Evening of Blues (12th) 8pm

**Lew Murphy's** (Coldbrook): Mark Riley with The PM Blues Band, \$3 (5th), Memphis Nights, \$3 (12th) 8:30pm

**The Kings Arms Pub** (Kentville) TBA (5th, 12th) 9pm

**Library Pub** (Wolfville): Leo Boudreau (5th, 12th) 9pm

**Paddy's Pub** (Wolfville): 33 1/3 (5th), Snake Oil Daddies (12th) 9pm-12am

**Tommy Gun's** (Windsor): DJ Shorty P, \$3 (5th, 12th) 9:30pm-1am

**Anvil** (Wolfville): DJ Victor (5th, 12th) 10pm

**Dooly's** (New Minas): DJ MC Squared (5th, 12th) 10pm

## SUNDAYS:

**Paddy's Pub** (Wolfville): Paddy's Session Band (6th, 13th) 8pm

**Union Street** (Berwick): David Myles (sold out) (13th) 8pm

## MONDAYS:

**Paddy's Pub** (Wolfville): Open Mic w/Sean Peori (7th), w/Mike Milne (14th) 8pm

**Union Street** (Berwick): David Myles, \$25 (14th) 8pm

## TUESDAYS:

**The Port Pub** (Port Williams): Open Mic w/ Ian Brownstein (9th) 8pm

**Paddy's Pub** (Kentville): Irish Music Session (8th, 15th) 8-10pm

**T.A.N Coffee** (Wolfville): Open Mic & Donna (8th, 15th) 8-10 pm

**Spitfire Arms Alehouse** (Windsor): Trivia Night (8th, 15th) 7pm

## WEDNESDAYS:

**Edible Art Cafe** (New Minas): Brett Pierce (9th, 16th) 12-2pm

**Troy Restaurant** (Wolfville): Ian Brownstein, Belly Dancing, & Friends (9th, 16th) 6pm

**West Side Charlie's** (New Minas): Karaoke w/Billy T (9th, 16th) 9pm

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A family show for ages 5 and up...



Bouge de là  
**The Studio**

"The Studio is a layered, visually captivating tribute to the creation process, forging common ground between body and art, and paced to perfection for young attention spans."  
 - The Montreal Gazette

Sat, Apr. 12 2014 at 3pm

Tickets \$14 adult / \$12 child & senior \* All seats reserved \* Buy tickets online at Ticketpro.ca, by phone at 1888.311.9090, and in person at Windsor Home Hardware and all other Ticketpro outlets.

**FAMILY FARE SERIES BRINGS QUEBEC DANCE, MULTIMEDIA SHOW TO MIPAC**

On Saturday, April 12, at 3pm, Mermaid Imperial Performing Arts Centre is pleased to present a captivating Family Fare Series show suitable for ages five and up.

Quebec's Bouge de là explores the very roots of creativity with The Studio. Four inventive dancers play with the tools they uncover in an overflowing art studio—frames, scarves, brooms—from which they create original multimedia pieces. Motion-capture technology projects their movements onto the stage as rainbows of colour, so that the dancers appear to move through space like a painter's brushes on canvas. The one-hour performance offers young spectators and their families a unique

introduction to the world of dance and an innovative visual spectacle.

Bouge de là is dedicated entirely to young audiences. Founded in 2000 under the artistic direction of Hélène Langevin, the company presents contemporary dance performances that draw upon a variety of disciplines, including video, theatre, and shadow play.

The performance is on Saturday, April 12, at 3pm at MIPAC, 106 Gerrish Street in Windsor. Tickets are \$14 for adults, \$12 for students and seniors. They are available online at Ticketpro.ca, by phone at (1-888) 311-9090, and in person at Windsor Home Hardware and all other Ticketpro outlets.

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