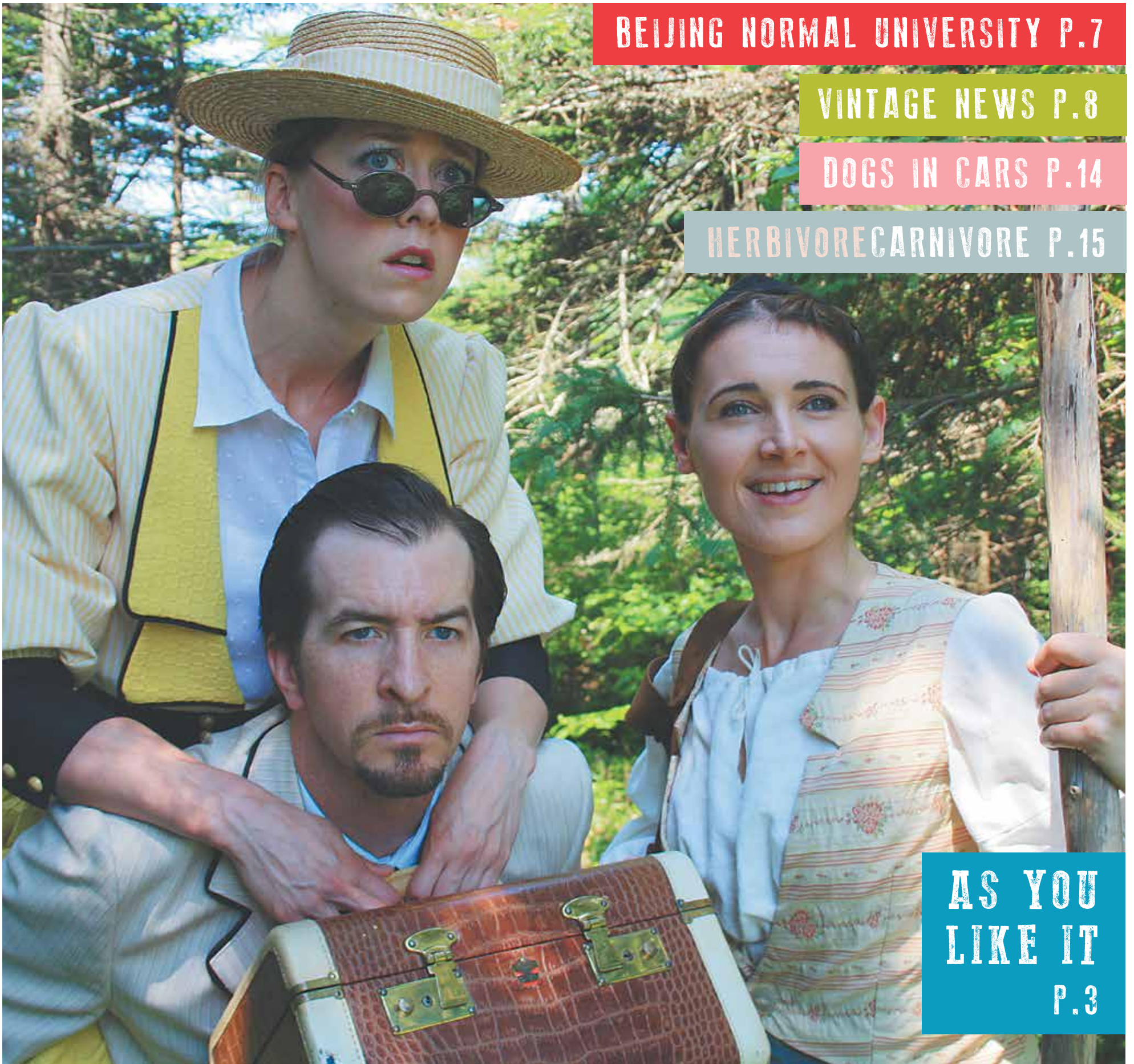


# THE GRAPEVINE

A FREE PAPER FOR THE PEOPLE WHO FIND THEMSELVES IN THE ANNAPOLIS VALLEY

July 25 - August 9, 2013 | Issue No. 4.06 ★ COMMUNITY ★ AWARENESS ★ INVOLVEMENT ★ You're holding one of 2,500 copies



BEIJING NORMAL UNIVERSITY P.7

VINTAGE NEWS P.8

DOGS IN CARS P.14

HERBIVORECARNIVORE P.15

AS YOU  
LIKE IT  
P.3

### Tide Predictions at Cape Blomidon

Source: Canadian Fisheries & Oceans  
www.waterlevels.gc.ca

July	High	Low
25	3:23pm*	9:07am
26	4:12pm	9:55am
27	5:01pm	10:43am
28	5:52pm	11:33am
29	6:45pm	12:25pm
30	7:40pm	1:19pm
31	8:10am	2:16pm

August	High	Low
01	9:09am	3:15pm
02	10:06am**	4:12pm
03	10:59am	5:04pm
04	11:48am	5:51pm
05	12:32pm	6:34pm
06	1:12pm	7:14pm
07	1:50pm	7:36am
08	2:27pm	8:14am

\* Highest High: 44.3 feet  
\*\* Lowest High: 34.8 feet

Tide Predictions kindly brought to you by:

**In Good Hands**  
NAILS & ESTHETICS  
542-3444  
18 Elm Ave, Wolfville | ingoodhandsesthetics.webs.com

**UNION STREET**  
CAFÉ  
and the WICK PUB  
183 COMMERCIAL ST. BEAVERWICK | 530-7707

**Pure Hair Design Studio**  
Bio-natural salon using organic-based colour systems.  
542-2726  
438 Main St., Wolfville  
purehair@eastlink.ca  
Janice Hall Nichols  
Master Stylist  
Pure Hair, Inspired by Nature with Flair!

# RANDOM ACTS OF KINDNESS

Brought to you by: Daniels' Flower Shop Ltd. • 40 Water St, Windsor 798-5337 • www.danielsflowershop.net

A group of youth aged 12-15 showed up to the Wolfville Fire Department on Friday, July 12nd and to the delight of the volunteer firefighters, washed one of their fire trucks. The group of youth (who were completing their Youth Leadership Training week with Wolfville Recreation) showed up, washed the truck and left a little note, "from your local helping hands group." They just wanted to give back and help their local community. The Wolfville volunteer firefighters were very appreciative and loved seeing young people in their community giving back. The youth were given their mission by their local helping hands group. If you would like to be part of this group or give the group a mission in the community, please email: kings.randomactsofkindness@gmail.com.



Robin Campbell, Development Officer - Volunteer Passport  
Kings Volunteer Resource Centre

## WRCA Student Volunteer Recognition Award

The White Rock Community Association Student Volunteer Recognition Award is given annually to student(s), who successfully apply and are graduating from the local area and will be pursuing further education after graduation.

Congratulations to the 2013 recipients of the WRCA Volunteer Recognition Award: Shelby Croft, daughter of Gary and Patti Croft; and Joel McLean, son of Francis and Tara Lee McLean. The awards were presented by Sarita MacAskill, Treasurer WRCA at the June 26th, 2013 Association monthly meeting. All the best with future endeavors Shelby and Joel!



Dianne Isnor

**inner sun yoga centre**  
Drop into our noon \$5 class on Fridays. You can register for our new prenatal class at yoga@innersunyoga.ca  
www.innersunyoga.ca | WOLFVILLE, NOVA SCOTIA | 542-YOGA (9642)

**Williams SERVICE CENTRE**  
Licensed Mechanic, John Williams  
OIL CHANGES \$38.99 + HST (up to 5L of 5W30)  
33 Elm Ave, Wolfville 542-2174

## Furry Feature:

### SAAWEN

Saawen is a female tortoiseshell. She was found as a stray in a New Minas Trailer Park. She's very friendly with a beautiful, colourful coat. Saawen is about one year old, probably born in June 2012.



Wolfville Animal Hospital  
12-112 Front St  
Wolfville NS



### UPDATE ON DALLAS: STILL AVAILABLE

**DALLAS** is a whip-pet-lab cross who is approximately 11 months old. She is spayed and up to date on boosters. Dallas loves kids, other dogs, and cats. She is a high-energy puppy who needs a lot of exercise and playtime!



Kings County SPCA  
1-902-538-9075

**GASPEREAU VALLEY FIBRES**  
Suppliers of yarn, fibres, spinning and weaving equipment.  
830 Gaspereau River Rd  
1-902-542-2656  
brenda@gaspereauvalleyfibres.ca  
www.gaspereauvalleyfibres.ca  
Photo by Ernest Cadegan

**SaveEasy** | 1\$ off any fresh ACE baguette. Guaranteed freshness all day. Proud to Support our Local Community  
396 Main St., Wolfville 542-9680 | EXPIRY: Friday, August 9th, 2013 • HOURS: Mon - Sat, 8am-9pm, Sunday 10am-6pm

# EDITOR'S UPDATE

## ALL ABOARD THE MAGIC WINE BUS!

For the second year in a row, the Wolfville Business Development Corporation has taken the initiative to showcase the numerous (and incredibly tasty) surrounding wineries. What you won't read in the press release on page 7, the Vintage News, is that Valley Ghost Walks has been asked to facilitate these double-decker bus tours. What an honour! We'll make sure to leave the shovels and white face make-up behind, but the four of us can't wait to be part of this exciting opportunity. Join the fun every Friday, Saturday, & Sunday from August to mid-October departing from the Wolfville Visitor Information Centre.

You've probably heard by now the tragic tale about a recent, local death of a dog locked inside a parked car. We contacted the RCMP to ask them about a bystander's responsibility and legalities when faced with such a troubling situation. There's no clear-cut answer, but you can read more about it on page 14.



Have you gone to a local theatre production lately? Seriously, Two Planks, CentreStage, Valley Summer Theatre, Edalene Theatre, Off the Leash, & Valley Ghost Walks all have numerous options to entertain you. Check out the full listings on page 6.

We're in the middle of summer and it sure feels like it. Festivals are exposing people to new music, restaurants are offering their finest (see page 15) to smiling faces on patios, and motorcycles are cruising along the Valley roads in abundance. If only that darned Gaspereau River was up to provide some tubing....I mean come on NS Power! It's summer!

~ Jeremy Novak

## ON THE COVER: AS YOU LIKE IT.

As You Like It was called "beautifully articulate and funny," by The Chronicle Herald, and The Coast says "Michael McPhee's portrayal of the chivalrous and romantic Orlando is a revelation. He exudes charm and... Alexis Milligan brings an irresistible joie de vivre." As You Like It is a charming story of mistaken identities, following the adventures of banished royals as they discover the simpler pleasures of life in the forest of Arden. In the Two Planks production, we are transported to the Russian Court in 1908, with spectacular costumes and the magic of the Ross Creek forest.



For the full details of this Two Planks & A Passion theatrical production being performed up at the Ross Creek Arts Centre, go to page 6.

Cover page photo credit: Ken Schwartz. On the cover, L to R: Jamie Konchak, Jeff Schwager (lower), and Alexis Milligan

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## THE GRAPEVINE

The Grapevine is brought to you by Jeremy Novak & Jocelyn Hatt with an amazing team of contributors:

Jeremy Novak - sales & info  
Jocelyn Hatt - design & layout  
Emily Leeson - submissions editor

Monica Jorgenson - events & lists  
Lisa Hammett Vaughan - editor/  
proofreader

Pamela Swanigan - proofreader  
Mike Butler - writer  
James Skinner - technical assistance

Margot Bishop, Denise Aspinall, Jaden Christopher, Beth Brewster, Caitlin Seaward, Curran Rodgers - deliveries

### ADVERTISING:

Advertising in the Grapevine ranges from free (page 4) to paid. Depending on the commitment-length and colour options, rates range from:

Presence/Logo \$40 - \$30 • Single Block \$54 - \$39 • Double Block \$106 - \$76 • Four Block/Banner \$205 - \$145 • Half Page \$450 - \$300 • Arts Event Poster \$75 - \$50

For ad-building options and a complete list of sizes & rates, visit us: [info@grapevinepublishing.ca](mailto:info@grapevinepublishing.ca) / [grapevinepublishing.ca/rates](http://grapevinepublishing.ca/rates)  
 Contact us: 902 - 692 - 8546 [info@grapevinepublishing.ca](mailto:info@grapevinepublishing.ca) Also available online: [www.grapevinepublishing.ca](http://www.grapevinepublishing.ca) and [issuu.com/thevalleygrapevine](http://issuu.com/thevalleygrapevine)  
 Don't miss a Grapevine: Subscribe for \$2.00 an issue (+postage). Join our email list for inbox deliveries!

### WHERE TO FIND US:

In addition to being in every department at Acadia, 95% of all businesses in Wolfville, downtown Kentville, Grand Pré, Gaspereau, & Port Williams receive at least 1 hand-delivered copy. Additional papers can be found at these fine locations:

➤ **Wolfville:** Box of Delights, The Post Office, EOS, Pita House, Muddy's Convenience, Cinematopia, the Public Library, Just Us! Cafe, Wolfville Farmers' Market, T.A.N., What's the Buzz? Rolled Oat Greater  
 ➤ **Wolfville Area:** ➤ **Grand Pré:** Convenience Store, Just Us! Coffee Roasters ➤ **Gaspereau:** Valley Fibres, XTR Station, ➤ **Port Williams:** Wharf General Store, Tin Pan Bistro ➤ **Canning:** Art Can, Al's Fireside Café, Aspinall Studios ➤ **Windsor:** Moe's Place Music, T.A.N. Café, Lucky Italiano ➤ **Hantsport:** R & G's Family Restaurant, Pizzeria ➤ **Berwick:** Rising Sun Café, Drift Wood ➤ **Kentville:** Designer Café, T.A.N. Café, Café Central ➤ **New Minas:** Boston Pizza

**Steak & Stein**  
**Saturday Nights**  
with local grass-fed beef!

**Caribbean Night**  
ON THE PATIO  
August 3rd, weather permitting

**Cans, Growlers,  
Kegs & More!**

Summer  
BLONDE

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980 Terry's Creek Road, Port Williams, NS. | Call us at: 542 5555

www.sealevelbrewing.com.

M-Sat: 10 - 5:30 Sun: 12 - 5

Bitter Sweet boutique

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344 Main St. Wolfville 542-3331  
[vintagesweetshoppe.ca](http://vintagesweetshoppe.ca) / [bittersweetboutik.ca](http://bittersweetboutik.ca)

# WIN A \$25.00 GIFT CARD

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*Local? Organic? Nutrient-rich? Fair Trade? Seasonal?*

Visit one of our coffeehouses to tell us what matters to you and be entered to win a \$25.00 gift card!



www.justuscoffee.com

## the free tweets

Free Community Business Listings & Two-Week-Tweets brought to you by Just Us! Coffee Roasters Cooperative, Main Street, Wolfville & Hwy #1 Grand Pre, 542-7474

These listings work on a 1st come, 1st served basis. Email [grapevine.wolfville@gmail.com](mailto:grapevine.wolfville@gmail.com) every two weeks for your free placement. Or, reserve your place with a 5-issue minimum commitment at \$10 per issue.

**The Magical Closet** – 45 Webster St., Kentville, 681-6310 / [themagicalcloset@hotmail.ca](mailto:themagicalcloset@hotmail.ca) / [themagicalcloset.com](http://themagicalcloset.com) • We love to head to the shore to cool off. Stick our feet in the cold salt water and watch the sun set! Drop in to The Magical Closet – enjoy our air conditioned shop while you browse our unique products.

**Sister Lotus Body Care Products, Belly Dance & Herbal Education** – 680-8839 / [sisterlotus.com](http://sisterlotus.com) • Feeling a l'il hot?? Try our body glitter gels..... made with aloe vera gel to cool down your skin while making you shimmer. Also, our Wild Rose Facial Toner makes a nice cooling mist during muggy weather. Other summer products include our 'Soleil' Sun Oil & Grandmother Juliette's Travel Oil.

**River Street Rug Hooking Studio** – 38 River Street, Kentville, 697-2850 / 680-6054 • Drop-in rug hooking every Tuesday, 1-3:30pm. Great way to get some hooking done and meet other hookers. Free-will offering.

**White Rock Community Association** – White Rock, 542-3109 / [dianneandjohn@eastlink.ca](mailto:dianneandjohn@eastlink.ca) • Congratulations to the 2013 recipients of the WRCA Student Volunteer Recognition Award Shelby Croft, daughter of Gary and Patti Croft and Joel McLean, son of Francis and Tara Lee McLean. All the best with future endeavors, Shelby and Joel.

**boso Bamboo Boutique** – Harbourside Drive (Railtown) Wolfville, 542-7790 / [boso.ca](http://boso.ca) • bamboo clothing is 3x as breathable as cotton and has a high wicking ability. "Clothing you can be naked in". Breath and enjoy!

**Healer's Emporium** – 49 Water St., Windsor, 306-1711 • Healer's Emporium has an air conditioned environment, offering services from massage to tarot and even crystal therapy & Reiki. Join us for a cool time and some fabulous healing items too!

**Emotional Acupressure: EFT Workshop** – Newport, 1212 Woodville Rd., West Hants, 519-763-9858 or [freeyouremotions.com](http://freeyouremotions.com) • EFT is coming to the Annapolis Valley at Namaste Nova Integrated Wellness Retreat Centre, August 16-18, taught by Susan Bushell, AAMET EFT Trainer and Canadian Representative. Everybody's tapping. Learn how to use your fingertips to tap away emotional and physical pain. EFT works on anxiety, depression, addictions, sports performance, self-esteem, and body-image issues as well as limiting beliefs, behaviour patterns and so much more.

**Harwood House Bed & Breakfast** – 33 Highland Ave., Wolfville, 542-5707 / [harwoodhouse.com](http://harwoodhouse.com) • Sure it's hot, but that's what we are longing for most of the year. We usually have a nice breeze up here on Highland Avenue, and lots of shade in the gardens. A great spot to enjoy a cool drink.

**Pie r Squared** – 35 Minas View Dr., Wolfville, 697-2502 / [info@pie-r-squared.ca](mailto:info@pie-r-squared.ca) • Too hot to cook? Allow us! Come by the market and choose from our "tried and true" or the seasonal features. Meat pies, quiches, pizzas, whole wheat or gluten free. Something for everyone.

**The Gold People** – 360 Main St. (Warehouse Mall), Wolfville, 697-0100 / [TheGoldPeople.ca](http://TheGoldPeople.ca) • Two Businesses in one store: Jewelry Store: we carry a variety of new, used, & costume jewelry for sale; Coin Store: we carry coins, coin supplies, and old paper money. Although we are new to Wolfville, we have several locations between Greenwood and Halifax/Dartmouth including: New Minas, Kentville, & Windsor.

**Inner Sun Yoga** – 461 Main St. Unit 4, Wolfville, 542-YOGA / [yoga@innersunyoga.ca](http://yoga@innersunyoga.ca) / [innersunyoga.ca](http://innersunyoga.ca) • Drop in to our noon \$5 class on Fridays. You can also register for our new prenatal class online.

**Fairweather Montessori School** – 14 Acadia St., Wolfville, 300-4111 / [fairweathermontessori.ca](http://fairweathermontessori.ca) • Re-Opening in September! Now accepting applications (ages 3 to 5) for part day program, Mon-Fri. 9am-12pm.

**CentreStage Theatre** – 61 River St, Kentville, 678-8040 / [centrestage@centrestagetheatre.ca](mailto:centrestage@centrestagetheatre.ca) / [centrestagetheatre.ca](http://centrestagetheatre.ca) • Beginning with Shirley Valentine (August 2), admission price will rise to \$15 adults, \$12 seniors (65+) & students, \$5 children (12 years & under). Take advantage of the current prices and purchase a season's pass, as these will be going up as well.

**SoundMarket Recording Studios** – 63 Pleasant Street, 542-0895 / [facebook.com/soundmarket](http://facebook.com/soundmarket) • Music producers Terry Pulliam and Kory Bayer invite musicians, singers, and songwriters to visit our professional studio. We think it's cool to record your hot music in the summer heat!

**FELTasticFashion** – Port Williams, 692-1462 / [FELTasticFashion.com](http://FELTasticFashion.com) • Come visit the 6th Annual Art Festival Wolfville at Lockett Vineyard July 27th! A great day to enjoy outdoors plus art & food! FREE Make-&Take felting workshop 1-2pm!

## Suggested Theme:

IT'S SO HOT, IT'S HARD TO THINK OF A CLEVER THEME TODAY. I KEEP THINKING ABOUT THE GYPSUM QUARRY RESERVOIR NEAR THE KEMPT SHORE. IN FACT, I THINK I'M HEAD-ING OUT THERE SOON AFTER THIS EMAIL IS SENT. THERE'S A LITTLE MUSIC FESTIVAL GOING ON OUT THERE THIS WEEKEND THAT I OUGHT TO BE AT AFTER ALL!

HOW DO YOU BEAT THIS SUMMER HEAT AND/OR WHAT DOES YOUR BUSINESS OFFER TO COMPLIMENT THIS BEAUTIFUL WEATHER?

### Denise Bonnell, Stella & Dot Stylist

678-6248 / [denise.bonnell@bellaliant.net](mailto:denise.bonnell@bellaliant.net) / [stelladot.com/denisebonnell](http://stelladot.com/denisebonnell)



Stella & Dot's Fall 2013 Collection has officially launched and it is HOT! HOT! HOT! Be the first in the Valley to debut the new collection, with a personal styling session for you and your friends. Hostesses earn free jewelry, handbags and more! See website for full collection.

"I love being a personal stylist here in the Valley and I love helping clients to get the look they want effortlessly and affordably."

Stella & Dot started in the Fall of 2012

**The Custom Cottage** – 9 Chestnut Ave., Wolfville, 542-2583 / [thecustomcottage.com](http://thecustomcottage.com) • Beating the heat.....Hm m m m m I remind myself that I do not have to shovel heat! I am grateful for the seasons of the year, the seasons of our lives, and the seasons of our businesses. Enjoying a slower pace and relaxed workshop.

**Beleaf Aveda Spa** – Railtown, Wolfville, 365-5323 / [beleafsalonspa.com](http://beleafsalonspa.com) • Cool off with a relaxing energy healing treatment in our quiet, calm spa. Reiki, chakra clearing and more leave you feeling blissful and grounded. Call today for your appointment!

**Apple Valley Driving School Inc.** – 30 Highland Ave, Office 628, Acadia U. Students' Centre, Wolfville, 542-4422 / 698-2332 / [applevalleydriving.ca](http://applevalleydriving.ca) • Classes start next week, July 30th to Aug 2nd. Learn to drive so you can get to the beach!

**Wolfville Children's Centre** – 17 Earnscliffe Ave, Wolfville, 542-5087 / [nsnet.org/wolfvillechildrenscentre](http://nsnet.org/wolfvillechildrenscentre) • We beat the heat by playing in the water; using the sprinkler and wading pools. Hats are important and so is drinking lots of water! Spaces for this upcoming September are available.

**Cinematopia Video** – 418 Main St., Wolfville, 697-FILM (3456) / [cinematopia.ca](http://cinematopia.ca) • Some days are just too hot to be out in. So retreat to the comfort of your home with a DVD or 5. Summer special in effect: 5 movies for 10 days for \$15!

**Little Piggies Reflexology** – 681-5633 / [littlepiggiesreflexology@gmail.com](mailto:littlepiggiesreflexology@gmail.com) • Nothing like getting your feet washed and rubbed in cool water on a hot day. I'm away on the 27th and will be back at the Farmer's Market on the 3rd of August. Group bookings can be made in your home. Discounts apply.

**Mindsapes: Taiji Healing Arts** – [masteryofmind@gmail.com](mailto:masteryofmind@gmail.com) • Slow down and make time for yourself to dream, smell the roses and cavort with the muses. Enjoy fully all the days of your life and the people that make it interesting.

**The ClayGround Studio** – 348 Main St. Wolfville, 542-2169 / [theclaygroundstudio.ca](http://theclaygroundstudio.ca) • Paint a cool summer project and beat the heat in our air-conditioned studio. We have lots of bowls just waiting for ice cream!

Visit our New Retail Showroom and Lighting Design Studio

430 Main Street Wolfville. Mo-Sa 10-5, Th 10-6

# eat to the beat

brought to you by  
**Smokin' Blues Fest IV**  
Bigger and badder every year!

## THURSDAYS:

**SPITFIRE ARMS ALEHOUSE** (Windsor): Open Jam w/Ian Campbell (25th), w/Kevin Meyers (1st), w/TBA (8th) 7pm

**LE CAVEAU/GRAND PRE WINERY** (Grand Pre): Swingology (25th), Andy and Ariana (1st), Scott Prudence (8th) 7pm

**JUST US!** (Wolfville): Open Mic w/Kimberly Matheson (25th), Mike Aube (1st), Pete & Jamie (8th) 7-9pm

**UNION STREET CAFÉ/WICK PUB** (Berwick): Madison Violet, \$20+HST(Sold-Out) (25th) 8pm

**ANGLES PUB** (Windsor): Adam Cameron (25th, 1st, 8th) 8-11pm

**PADDY'S PUB** (Kentville): The Hupman Brothers (25th, 1st, 8th) 9pm

**PADDY'S PUB** (Wolfville): Trivia w/Graham (25th, 1st, 8th) 9:30pm

**ANVIL** (Wolfville): DJ Victor (25th, 1st, 8th) 10pm

## FRIDAYS:

**BLOMIDON INN** (Wolfville): Jazz Mannequins (26th) 6:30-10:30pm

**THE PORT PUB** (Port Williams): Shawn Hebb (26th), Jon Duggan (2nd) 8pm

**SPITFIRE ARMS ALEHOUSE** (Windsor): Joe Murphy (26th), Rowdy Dow (2nd) 8pm

**UNION STREET CAFÉ/WICK PUB** (Berwick): Open Mic w/Up Dog (Jack MacDonald) (26th), w/Al Parrish (2nd) 8:30pm

**ANGLES PUB** (Windsor): DJ Gizmo Video Dance, \$5 (2nd) 9pm

**WEST SIDE CHARLIE'S** (New Minas): DJ Lethal Noize (26th) DJ (2nd) 10pm

## SATURDAYS:

**FARMERS' MARKET** (Wolfville): The Hupman Brothers (27th), Mike Aube (3rd) 10am-1pm

**LIBRARY PUB** (Wolfville): Irish Saturdays w/Bob and Ro (27th, 3rd) 2-4pm, evenings TBA (27th, 3rd) 9pm

**SPITFIRE ARMS ALEHOUSE** (Windsor): Mark Riley (27th), Summerfest: Kevin & Don (3rd) 7pm

**THE PORT PUB** (Port Williams): Caribbean Night w/The Lost Tourists (3rd) 7pm

**LEW MURPHY'S** (Coldbrook): Al King (27th) 9pm

**PADDY'S PUB** (Wolfville): Ian Campbell (27th), Laura Roy (3rd) 9pm

**ANVIL** (Wolfville): DJ Victor (27th, 3rd) 9pm

**TOMMY GUN'S** (Windsor): DJ Fred, \$3 (27th), Summerfest: Gordie Duggan, \$5 (3rd) 9:30pm

**WEST SIDE CHARLIE'S** (New Minas): MC Anonamyss Vernon, Puggz Brown, DJ Lethal Noize (27th), DJ (3rd) 10pm

## SUNDAYS:

**PRIVET HOUSE** (Wolfville): Live Jazz w/Ian & Steve (28th, 4th) 11am-2pm

**PADDY'S PUB** (Wolfville): Irish Music Session (28th, 4th) 8pm

## MONDAYS:

**PADDY'S PUB** (Wolfville): Open Mic w/Sahara Jane (29th), w/Angela Riley (5th) 8pm

## TUESDAYS:

**THE PORT PUB** (Port Williams): Open Mic w/Ian Brownstein & Steve Lee (30th, 6th) 7:30pm

**T.A.N COFFEE** (Wolfville): Open Mic & Donna (30th, 6th) 8pm

**PADDY'S PUB** (Kentville): Irish Music Session (30th, 6th) 8-10pm

## WEDNESDAYS:

**FARMERS' MARKET** (Wolfville): Donna Holmes (31st), Angela Riley (7th) 5-7pm

**THE NAKED CREPE** (Wolfville): Open Mic w/Jesse Potter (7th) 8pm

**WEST SIDE CHARLIE'S** (New Minas): Karaoke w/DJ Billy T (31st, 7th) 9pm

**CENTRE STAGE**  
THEATRE

www.centrestagetheatre.ca ☆ 61 River Street, Kentville

**Shirley Valentine**

A dramatic comedy by Willy Russell  
starring Candy O'Brien

Feeling stagnant and in a rut, Shirley Valentine packs her bags, leaves a note on the cupboard door in the kitchen, and heads for an adventure.

August 2, 3, 9, 10, 11m, 16, 17, 23, 24, 25m, 30, 31  
Showtime 8pm m = 2pm matinee on August 11 and 25

Tickets: \$15 Adults / \$12 Students & Seniors  
Reservations: 678-8040 Information: 678-3502

This play contains strong language and mature themes.

Produced by Special Arrangement with Samuel French

## CentreStage Presents: Shirley Valentine

Shirley is a middle-aged Liverpool housewife who finds herself talking to the walls as she prepares her husband's eggs 'n chips, wondering what happened to her life. She compares scenes in her current life to what she used to be like and feels she's stagnated and in a rut. When her best friend wins an all-expenses-paid vacation to Greece for two, Shirley begins to see the world, and herself, in a different light.

*Shirley Valentine* is written by Willy Russell and directed by Chérie Zinck. Candy O'Brien has taken on the challenging role of Shirley in this extraordinary one-woman show. Please be aware that there is mature language in this production.

*Shirley Valentine* plays on August 2, 3, 9, 10, 11m, 16, 17, 23, 24, 25m, 30, 31.  
Showtime 8pm / 2pm matinee on August 11 and 25

Tickets \$15/\$12  
Call 678-8040 for reservations  
CentreStage Theatre is located at 61 River Street, Kentville.  
For more information visit [www.centrestagetheatre.ca](http://www.centrestagetheatre.ca)

# Join a CSA!

**Reason #5: Support ecological and sustainable stewardship of the land.**

To learn about CSA farms in your area go to [acornorganic.org](http://acornorganic.org)

[www.taprootfarms.ca](http://www.taprootfarms.ca)

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E: [lisa@strums.ca](mailto:lisa@strums.ca) [www.strums.ca](http://www.strums.ca)

# Weekly Events

## Thursdays

**Cochrane's Walk & Talk** — Pharmasave, Wolfville 10am. Heart & Stroke walkabout program. Also Tuesdays 10am. INFO: 542-3972.

**Babies & Books Drop-in** — Wolfville Memorial Library 10-11am. Newborn to 2 years. INFO: 542-5760 / valleylibrary.ca

**In the Round Knitting Group** — Gas-pereau Valley Fibres 1-5pm. Also Tuesdays 6pm. INFO: 542-2656.

**Seniors' Afternoon Out** — Wickwire Place, Wolfville 1:30-4:30pm. Social afternoon with peers. Also Tuesdays 1:30-4:30pm. TIX: \$5. INFO: 698-6309.

**Berwick Farmers' Market** — Town Hall, 236 Commercial St. 3-6pm. Open until Oct. 10. INFO: 375-2387 / berwickfarmersmarket@gmail.com

**Website Workshop** — Port Williams Library 5-7pm. Eliminate the uncertainties of website startup or maintenance. Until the end of Aug. INFO: 542-3005 / portwillkenticap@gmail.com

**Beginner Tai Chi** — L'Arche Hall, Wolfville 7-9pm. Until the end of June. INFO: 542-0558

## Fridays

**Community Yoga** — Dance Studio, downstairs, Old SUB, Acadia 12-1pm. All levels, mats available. Also Wednesdays 12-1pm. TIX: \$5, no charge for Acadia students. INFO: cazaflores@gmail.com

**Afternoon Tea** — Randall House Museum, 259 Main St., Wolfville 2-4pm, throughout the summer. Enjoy afternoon tea in our historic 19th-century dining room. TIX: No charge; donations welcome. INFO: 542-9775 / randallhouse@outlook.com

## Saturdays

**Wolfville Farmers' Market** — DeWolfe Building, Elm Ave., Wolfville 8:30am-2pm  
July 27 Music: *The Hupman Brothers*  
Theme: *Tastes of the Valley*  
August 3 Music: *Mike Aube*  
INFO: wolfvillefarmersmarket.ca

**Windsor Farmers' Market** — Coach House, Waterfront 9am-1pm. Come have a hot break-

fast, shop for fruit & veggies, and browse craft items! INFO: windsorfarmersmarket@gmail.com

**Peace Vigil** — Post Office, Wolfville 12-1pm

**Weekly West African Drumming Workshop** — Wolfville Baptist Church 1-3pm. TIX: \$5. INFO: 681-9870 / gscxs@stu.ca

## Sundays

**Capoeira** — Clark Commons, Wolfville 1-3pm. Afro-Brazilian martial art w/strong emphasis on dance and music. TIX: no charge. INFO: facebook: campus-capoeira

## Mondays

**Toastmasters** — 2nd Floor, Irving Centre, Acadia 6:30-8pm. Communicative skills that serve to enhance peaceful and effective dialogue. All welcome. INFO: Judy 681-4643 / judymilne@eastlink.ca

## Tuesdays

**Book in the Nook** — Wolfville Memorial Library 10-10:30am. Listen to a story in our Book Nook. Suggested age range: 3-5. INFO: 542-5760 / valleylibrary.ca

**River Street Rug Hooking Studio** — 38 River Street, Kentville 1-3:30pm. Drop-in rug hooking. Come meet other hookers! TIX: free will donation INFO: Kay, 697-2850 / Mona, 680-6054

## Wednesdays

**Kentville Farmers' Market** — Centre Square, Kentville 10am-2pm. Open year-round. INFO: kentvillefarmersmarket.ca

**Drop in Art Classes** — Memorial Library, Wolfville 1-3pm. Work on some wonderful art projects with art teacher Emily Parks. Ages 7-12. INFO: 542-5760 / valleylibrary.ca

**Wolfville Farmers' Market** — DeWolfe Building, Elm Ave., Wolfville 4-7pm. Featuring Community Market Suppers!  
July 31 Music: *Donna Holmes Speaker: Av Singh* Theme: *The Genetic Modification of What We Eat*  
August 7 Music: *Angela Riley*  
INFO: wolfvillefarmersmarket.ca

**The Blair House Museum** — Kentville Research Station Grounds. Mon.-Fri. 9am-4:30pm. Until Aug. 2 • Displays of the history of the Valley's apple-growing industry and the Agricultural Research Station. TIX: no charge. INFO: 678-1093

**Charles Macdonald Concrete House Museum** — 19 Saxon St., Centreville. Tues.-Sat. 10:30am-5pm & Sun. 11am-5pm. Until Aug. 25 • Charles Macdonald travelled the world as a ship's carpenter at the end of the age of sail. The places he visited, the people he met, and the sights he saw made an impression on this artistic young man. Museum, Art Gallery and Sculpture Garden. INFO: info@concretehouse.ca

**Haliburton House & Hockey Museum** — 414 Clifton Ave., Windsor. Mon.-Sat. 10am-5pm & Sun. 1-5pm. Until Oct. 15 • Explore the house where Haliburton created his claim to international fame: the fictional Yankee clock pedlar Sam Slick. INFO: dauphiar@gov.ns.ca

**Fieldwood Heritage Centre** — 9806 Main Street, Canning. Tues.-Sat. 10am-5:30pm • Canning and area history & Wilf Carter room. TIX: no charge INFO: 582-7699 / Facebook: Fieldwood Heritage Centre

## MUSEUMS

**Randall House** — 259 Main St., Wolfville. Tues.-Sat. 10am-5pm, Sun 1:30-5pm • A new exhibit based on letters exchanged between Dottie Stewart and her many correspondents from the late 1800s to the early 20th century. TIX: \$2 admission, no charge for children under 12. INFO: Danielle, randallhouse@outlook.com

**Kings County Museum** — Old Courthouse, 37 Cornwallis St., Kentville. Mon.-Fri. 9am-4pm. Until Aug. 31 • 100 Years of 4-H Green. TIX: donation. INFO: 678-6237 / museum@okcm.ca / okcm.ca

**Prescott House Museum** — 1633 Starr's Point Rd., Port Williams. Mon.-Sat. 10am-5pm, Sun. 1-5pm • Horticulturalist Charles Prescott cultivated Nova Scotia's apple industry from 1811 to 1859. Museum open until October 15. TIX: \$4 adult, \$2.75 youth/child/senior, \$8.50 family. INFO: 542-3984 / mortonn@gov.ns.ca

## EXHIBITS

BROUGHT TO YOU BY

The Designer Café  
DESIGNERKENTVILLE.CA 902.365.3322

**Judith J. Leidl** — *Oriel Fine Art, 11 Bay St., Wolfville* • Fine art: floral paintings, scarves, acrylic paintings, prints, ceramics, and Inuit work from Baffin Island. INFO: 542-2772 / judithleidlart.com

**Captain Hall's Treasure Chest** — Rt. 359, Hall's Harbour (by the lobster pound). Daily 11am-6pm • Local and handcrafted pottery and paintings. Look for the open yellow doors. INFO: 680-1858 / paintsandpots.tripod.com

**Alice Cochrane** — *CentreStage Theatre, Kentville* • Bright and richly coloured acrylics, watercolour, and mixed media. INFO: 798-2890 / tacochrane@hotmail.com

**Apple Bin Art Gallery** — *Valley Regional Hospital, Kentville* • Valley artist paintings.

**"Wheels and Water" by Eva Toth** — *Designer Cafe, Kentville. Until July 30* • Very colorful works, including abstracted bicycles. INFO: 365-3322

**Various Artists** — *Harvest Gallery, Wolfville* • INFO: 542-7093 / harvestgallery.ca

**Carol Morrison** — *The Bread Gallery, 7778 Highway 14, Brooklyn. Opens Aug. 2* • Landscapes, still life and portraits of the natural world around her. INFO: 757-3377

**"Art Hits the Wall"** — *Acadia University Art Gallery. Until Aug. 4. Artists' Roundtable: July 19, 2pm* • Local rug hookers and quilters. A host of exciting workshops will be held in conjunction with the exhibit: check the website for updates. INFO: artgallery@acadiau.ca

**"Flights of Fancy"** — *Acadia University Art Gallery - Annex. Until Aug. 4* • Alex Colville: Flights of Fancy INFO: artgallery@acadiau.ca

**"Moving Forward"** — *Jack's Gallery, 450 Main St., Wolfville. Until Aug. 25* • An exhibit of five young artists; Gillian Baldwin, Mikaela Barnett, Caroline Deacon, Lindsay Jacquard and Devon Thomson who are pursuing their dreams as they study visual art at university. INFO: jacksgallerywolfville@gmail.com

**"Art Squared"** — *Copper Fox Gallery, Halls Harbour. Until October* • Celebrate our third season! An eclectic group of Canadian artists exhibiting small artworks. INFO: 679-7073 / copperfoxgallery@hotmail.com

## LIVE THEATRE

BROUGHT TO YOU BY ATLANTICLIGHTINGSTUDIO.COM



**As You Like It** — *Ross Creek Centre for the Arts, Canning. July 25 - August 17 (excluding: Monday nights & Aug. 9, 16), 6pm* • One of Shakespeare's favourite romantic comedies, staged outdoors at the Ross Creek Centre for the Arts by the award-winning Two Planks and a Passion theatre. See article page 3. TIX: \$25 adult, \$23 senior, \$20 youth, \$10 children, \$65 family (4) (+HST). INFO: 582-3073 / boxoffice@twoplanks.ca

**The Iliad By Fire** — *Ross Creek Centre for the Arts, Canning. July 27, 30, Aug. 3, 6, 10, 13, 15, 16, 19, 9:30pm* • The epic story of the Trojan War told around a roaring fire. Presented by the award-winning Two Planks and a Passion Theatre. Seating limited. TIX: \$18 adult, \$15 senior, \$12 youth, \$10 children, (+HST) INFO: 582-3073 / boxoffice@twoplanks.ca / twoplanks.ca

**COINS** — *CentreStage Theatre, Kentville. July 26, 27, 8pm. July 28, 2pm* • Charlie is a long-time resident on a beautiful island that is rumoured to house pirate treasure. Curious visitors arrive to try to collect the alleged treasure by any means necessary. Of course, such plans do not always anticipate all the complications that arise. Best suited to teens and adults. TIX: \$12 adult, \$10 seniors. INFO: 678-8040 / centrestagetheatre.ca

**Drama Camp Performances** — *CentreStage Theatre, Kentville July 26, Aug. 9, 16, 23 2pm* • Please join our campers as they showcase their amazing play-in-a-week productions. For a free-will offering, we welcome you to come and watch at our SecondStage Theatre upstairs. TIX: donation INFO: 678-8040 / centrestagetheatre.ca

**Wingfield's Folly** — *Al Whittle Theatre, Wolfville. July 26, 27, 28, 8pm & July 27, 2pm* • Valley Summer Theatre presents, Rod Beattie returning in a sequel to Letter From Wingfield Farm and Wingfield's Progress. In his third summer on the farm, after two profit-free years, Walt finally pinpoints the economic source of his problems and embarks on a course which brings him to his most profound (and funny) crisis to date. TIX: \$30 adult, \$23 students @ Box of Delights (Wolfville). INFO: 1-877-845-1341 / info@valleysummertheatre.com

**Valley Ghost Walks** — *Cornwallis Inn, Kentville (Wednesday, July 31, 8pm), Clock Park, Wolfville (Thursday, Aug. 1, 8:30pm)* • Join Jerome the GraveKeeper and his ghostly friends on these family-friendly historical tours. Part proceeds to local theatre organizations. TIX: \$14 adult, \$9 student @ ticketpro.ca / Box of Delights (Wolfville), Pharmasave (Kentville) /

at 'door'. INFO: 692-8546 / jerome@valleyghostwalks.com / valleyghostwalks.com

**The Little Mermaid** — *Al Whittle Theatre, Wolfville Aug. 8, 9, 1pm & 7pm* • Based on Disney's Award Winning Movie, this show combines the classic songs that everyone knows and loves with new material that is guaranteed to please. This Production is the culmination of three weeks of intensive study by local youths guided by: Tracy Nasson Fritz as Choreographer, Melissa Vidito as Music Director and Kerri Leier as Director. Come under the sea and be part of our world. TIX: \$12 adult, \$10 child, \$36 groups of 4 INFO: Kerri, 697-2515 / kerri@edalenetheatre.ca

**Shirley Valentine** — *CentreStage Theatre, Kentville. August 2, 3, 9, 10, 16, 17, 23, 24, 30, 31, 8pm / 2pm matinee on August 11, 25* • Shirley is a middle-aged Liverpool housewife, who finds herself talking to the wall while she prepares her husband's eggs 'n chips, wondering what happened to her life. Written by: Willy Russell, Starring: Candy O'Brien in this one woman show. See poster page 5. TIX: \$15 adult, \$12 seniors. INFO: 678-8040 / centrestagetheatre.ca

## UPCOMING:

**Under Milk Wood** — *Al Whittle Theatre, Wolfville Aug. 10-18, 8pm, Aug. 11, 17, 18, 2pm* • A 1954 radio drama by Welsh poet Dylan Thomas, adapted later as a stage play. An omniscient narrator invites the audience to listen to the dreams and innermost thoughts of the inhabitants of a fictional small Welsh fishing village Llareggub ("bugger all" backwards). Later, the town awakens and, aware now of how their feelings affect whatever they do, we watch them go about their daily business. With Jeremy Webb, see poster page 10. TIX: \$20 adult, \$15 student @ Box Of Delights Bookstore & Box Office (Wolfville) INFO: 542-9511 / info@offtheleash.ca

**Stuff and Nonsense** — *Al Whittle Theatre, Wolfville Aug. 12, 13, 14, 15, 16, 17, 11am* • A delightful 45-min. physical theatre piece, created and performed by David Hughes, with a family audience in mind. The stage is littered with very special props: a butterfly net, a vase of flowers, a violin, a magician's table and a big silver garbage can, to name a few. An old guy appears. One by one he embarks on an adventure with each of the props, triggering memories, imagination, tears and laughter. See poster page 11. TIX: \$15 @ Box of Delights Bookstore & Box Office (Wolfville) INFO: 542-9511 / info@offtheleash.ca

# THE ACADIA PAGE



**Acadia University**  
15 University Ave, Wolfville.  
542-2201 Staffed Switchboard  
8:30am-4:30pm.  
agi@acadiau.ca – General Inquiries

## ..... ACADIA WELCOMES 42 STUDENTS FROM BEIJING NORMAL UNIVERSITY.....



It's July 5th, 2013 today. The sun shines and the wind blows. And we have been in Acadia University of Nova Scotia for six days. We feel great honored to have such a nice chance to study in Canada and enjoy the beautiful scene abroad. ~Sun Ye~

If you didn't get the chance to meet our group in the midst of a rainy Canada Day Scavenger Hunt, or while in the thralls of a ghostly guided tour through the forgotten tales of Wolfville, I'd like to take this opportunity to introduce you to the Group of 42 from Beijing Normal University.

Acadia University had the privilege of welcoming a large group of students this summer from both the Beijing and Zhuhai campuses of Beijing Normal University for our Canadian Culture and English Language Study Program. The students were enchanted by a host of captivating speakers, friendly encounters, and the natural beauty of our campus and town. The strong impression that Wolfville and its residents had on them should not go unnoticed, but you don't have to take my word for it...

Nick Veinot, Instructor / TESOL Practicum Supervisor  
Acadia Centre for International Languages, Open Acadia

I have always dreamt of life like ~~there~~ this. No exact plans, no heavy burdens, just look around but learn a bit. It's kind of paradise here, in Wolfville.  
~Li Yanjing~

The scene of Wolfville reminds me of a piece of Chinese poem named the Broken Bridge. It says: "Standing on the bridge, you watch the beautiful scene. I watch you carefully, from somewhere far away. The moon decorates your window. And you become a decoration of my dream."  
~Ding Tian~

When we were walking down the street, what I saw was beautiful small houses and people who were enjoying the sun in their life. All of the cars stopped willingly when we wanted to get across the street.  
~Fu Xiaoming~

This morning I felt so comfortable when I layed on the grass under a big, tall maple tree that I couldn't join focus on our group discussion. My thoughts followed a piece of leaf flying all the way to the harbour where I can smell the trees, see touch sea water, see flowers of different kinds and feel the peace.  
~Xu Zhikai~

## COMMUNITY MEMORY SKETCHBOOK FOR ALEX COLVILLE

The Acadia University Art Gallery offers its deepest condolences to the Colville family on the recent passing of renowned Canadian artist Alex Colville. Over the past few days, in conversations, social media, and news coverage, countless people have shared their memories of Alex Colville and described the impact he and his work had on their lives.

In order to facilitate these expressions about the life and work of Alex Colville, the Acadia University Art Gallery will have a sketchbook available in the gallery until August 4. This book will be made available in an effort to give the community an opportunity to share a memory, anecdote, or drawing. We will then compile all of the material to present to the Colville family.

To contribute to this initiative, individuals are invited to come to the gallery on Tuesdays-Sundays from 12-4 p.m. If you are not able to come in person, but would like to contribute please e-mail the gallery: [artgallery@acadiau.ca](mailto:artgallery@acadiau.ca)

Established in 1978, the Acadia University Art Gallery has over 35 works in the permanent collection by Alex Colville, including a rare painting, *Light Fog*, 1939, and early works on paper such as *Ballad of the Fox Hunter*, 1959 and well-known works such as *Crow with Silver Spoon*, 1972. Much of the collection has come through donations such as the class of '36, Constance Hayward, and Ralph and Georgie Taylor. A small selection from the collection is currently on view in the Gallery annex until August 4th.

## COLVILLE



**A documentary film**  
by Andreas Schultz

A community screening in cooperation with  
the Fundy Film Society

**Al Whittle Theatre**  
Monday, August 5 at 8 pm

Admission is by free will offering

A donation after expenses are paid will go to the Valley Hospice Foundation.

**Mon, Aug. 5, 2013, 8pm. A community screening of COLVILLE**

**Al Whittle Theatre.** In cooperation with the Fundy Film Society, this documentary by German filmmaker Andreas Schultz will be presented to mark the passing of one of Canada's great artists, former chancellor of Acadia University and longtime resident of Wolfville, Dr. Alex Colville. TIX: Free-will offerings will be donated to the Valley Hospice Foundation, after all expenses are paid. INFO: 542-2533

# The VINTAGE News



## WOLFFVILLE MAGIC WINERY BUS SET TO ROLL THROUGH WINE COUNTRY:

**A North American First.** For the second consecutive year, wine enthusiasts have the opportunity of being chauffeured through the picturesque and aromatic Annapolis Valley to experience award-winning, internationally recognized Nova Scotia wine in a charming, traditional British double-decker bus.

Four wineries that surround Wolfville have once again teamed up with the Wolfville Business Development Corporation (WBDC) and the Town of Wolfville to set the wheels in motion for the Wolfville Magic Winery Bus tour on Fridays, Saturdays and Sundays from August 2-Oct 13. Tickets for the Wolfville Magic Winery Bus are \$20 and can only be purchased in advance by visiting: [wolfvillemagicwinerybus.ca](http://wolfvillemagicwinerybus.ca).



## GASPEREAU VINEYARDS

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(902) 542-1455 [gaspereauwine.com](http://gaspereauwine.com)

### GET TO KNOW YOUR GRAPES:

## Baco Noir

**BACO NOIR** is a French-American hybrid grape. Once commonly grown in France, it was brought to Canada in 1951 and is now grown in Ontario, Nova Scotia, and British Columbia. Baco ripens early and is winter-hardy, so it's a perfect fit for our cool climate. It has become Canada's most

successful red hybrid wine. Baco Noir is a rustic wine that is naturally low in tannin, though it has juicy acidity. Wonderful blackberry flavours and earthy notes can be enjoyed in this wine, making it a perfect pairing for rich grilled meats. Blomidon Estate and Sainte-Famille Wines produce and quickly sell out of their Baco Noirs, and many wineries use it in their blended reds.

Laila North, Go North Tours, 1-877-365-2552, 902-352-2552, [www.gonorthtours.com](http://www.gonorthtours.com)

Leaving from Wolfville's Visitor Information Centre on Willow Avenue, with departures at 10:30am, 12:30pm and 2:30pm, guests will have the opportunity to visit four wineries, each offering a distinctive Nova Scotia wine experience. Be it tastings, vineyard tours, musical entertainment, picnic packages, or food and cheese pairings, there will be something for all to enjoy.

"This hop-on/hop-off tour gives you an insider's peek of the burgeoning Nova Scotia wine scene! It has been so much fun to introduce guests to our beautiful vineyards and fantastic wines," said Katie Barbour, of Gaspereau Vineyards. "You can tell by the steady stream of smiling faces that this tour is only going to get better!"

Guests will have the opportunity to visit Domaine de Grand Pré Winery, Luckett Vineyards, L'Acadie Vineyards and Gaspereau Vineyards. Stay an hour or stay longer: the double-decker bus will make round trips to take you either to your next vineyard destination or back to Wolfville. There you can visit our distinctive boutiques, eat at our traditional pubs, cosmopolitan bistros, and charming restaurants, and experience one of our exquisite inns, fine bed & breakfasts, or cozy cottages.

"The economic impact and excitement surrounding the Wolfville Magic Winery Bus has demonstrated that we have a unique experience in Wolfville worth sharing," remarks WBDC executive director David Hovell. "Our aim is to produce an outstanding experience for our guests. Wolfville is surrounded by the best vineyards and wineries in Atlantic Canada; it is at the heart of an emerging wine tourism destination. This is the only double-decker, hop-on/hop-off bus wine tour in North America, and we look forward to welcoming our visitors and local residents aboard."

Purchase your ticket today by visiting: [wolfvillemagicwinerybus.ca](http://wolfvillemagicwinerybus.ca)

David Hovell, Executive Director  
Wolfville Business  
Development Corporation

## Wineries

### L'ACADIE VINEYARDS

310 SLAYTER ROAD, RR1,  
GASPEREAU | 542-8463  
[LACADIEVINEYARDS.CA](http://LACADIEVINEYARDS.CA)

### AVONDALE SKY WINERY

80 AVONDALE CROSS ROAD,  
NEWPORT LANDING | 253-2047  
[AVONDALESKY.COM](http://AVONDALESKY.COM)

### BENJAMIN BRIDGE

1842 WHITE ROCK ROAD  
GASPEREAU | 542-1560  
[BENJAMINBRIDGE.COM](http://BENJAMINBRIDGE.COM)

### BLOMIDON ESTATE WINERY

10318 HWY 221  
CANNING | 582-7565  
[BLOMIDONWINE.COM](http://BLOMIDONWINE.COM)

### DOMAINE DE GRAND PRÉ

11611, HWY 1 | GRAND PRÉ  
542-1753 | [GRANDPREWINES.COM](http://GRANDPREWINES.COM)

### GASPEREAU VINEYARDS

2239 WHITE ROCK ROAD  
GASPEREAU | 542-1455  
[GASPEREAUWINE.COM](http://GASPEREAUWINE.COM)

### LUCKETT VINEYARDS

1293 GRAND PRÉ ROAD  
MELANSON | 542-2600  
[LUCKETTVINEYARDS.COM](http://LUCKETTVINEYARDS.COM)

### MUIR MURRAY ESTATE WINERY

90 DYKE ROAD, WOLFFVILLE | 542-0343  
[MUIRMURRAYESTATEWINERY.COM](http://MUIRMURRAYESTATEWINERY.COM)

### SAINTE-FAMILLE WINES

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[ST-FAMILLE.COM](http://ST-FAMILLE.COM)



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# Wolfville News: Capital Updates

As part of the 2013-'14 budget, here is a brief update of the capital projects planned for this year:

- Street upgrades are planned for Willow St., Summer St., Linden Ave., and lower Chestnut Ave. To date, the tender for Willow Ave. has closed and the other streets are still in the tendering process.
- In accordance with the Energy-efficient Appliances Act of Nova Scotia, the Town of Wolfville has given the province notification of our plans to purchase, install and own LED street lights within the town. The conversion from the existing Nova Scotia Power-owned lights to municipal-owned LED fixtures is expected to begin in the coming months.
- Installation of new decorative street lights on Main St. has begun and will continue into the fall.
- The roof on Town Hall is expected to be redone this year and will conclude the planned repairs and refurbishments of this multi-year project.
- Sidewalk repairs are underway as part of continual maintenance.
- Street maintenance has taken place on Main St. and on sections of Gaspereau Ave. This work should continue over the next week.
- Street markings have been getting a fresh coat of paint throughout town.

# L'Acadie Vineyards Releases Big-Bodied Red Wine

This month, L'Acadie Vineyards is releasing its 2011 vintage Passito, a ripasso-style, full-bodied dry red wine, to the Nova Scotia Liquor Corporation for the first time. It's the result of several years of research and development led by Nova Scotia's most experienced winemaker. In 2009, the new program to create appassimento wines with grape-drying, a first for Nova Scotia, received considerable publicity both locally and nationally. Beppi Crosariol, wine writer for the *Globe and Mail*, among others, found this research to be groundbreaking and of great interest.

"This wine is the result of our five years of appassimento [grape-drying] research with

the National Research Council and Agriculture Canada in collaboration with Italian researchers," says Bruce Ewert, L'Acadie Vineyards winemaker and owner. "We have had small limited releases since 2006, but now that our estate and contract vineyards are producing more organic grapes, we can increase our distribution."

With accolades and awards for previous vintages, Passito is an innovative red wine born of a successful response to the challenges of Nova Scotia's cool climate. Partly drying organic grapes after harvest and performing double fermentation on the red skins results in wine with increased body and flavour concentration.

"We don't do anything the easy way," remarks Ewert. "Traditional-method sparkling, appassimento reds, certified organic... but these methods create some of the best wines for our cool-climate region."

L'Acadie Vineyards produces small-lot, premium wines. 2011 Passito is now available at select NSLC stores throughout the province, at Bishop's Cellar in Halifax, and by visiting the winery, which is open to the public seven days a week, from 11am to 5pm at 310 Slayter Road in Gaspereau, just outside of Wolfville.

[www.lacadievineyards.ca](http://www.lacadievineyards.ca)



## MEET YOUR BYLAW ENFORCEMENT OFFICER

David Brettell joined the Town as Bylaw Enforcement Officer on May 21. This is a new position for Wolfville, and David will bring considerable experience to establish the role. Most recently, David worked as Bylaw Enforcement Officer for the District of Chester. He is also Director of the Atlantic Bylaw Officers Association and Vice

President of the National Bylaw Officers Working Group. He has recently started his patrol activity throughout town and has already taken a role in the review of some town bylaws.

## OPINIONS

We want to hear from you! We offer you, the reader, this section of the paper to share your positive or constructive thoughts on issues that matter to you. Please keep things brief (under 100 words), put your name to your opinion, and don't use proper names of people or businesses when talking about others. Also, be aware that we tend to be a community-building paper; we hold the right to refuse publishing.



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**ASPINAL POTTERY**



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Halifax PRESENTS 



**Sausage Fest**  
2013

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Meadowbrook Farm • L'Acadie Vineyards • Fireside Café  
Wolfville Farmer's Market • Gaspereau Vineyards • Magic Winery Bus



"UNDER MILK WOOD IS PITCH PERFECT...  
a passionate, elegant production."  
Chronicle Herald




**Under Milk Wood**  
BY DYLAN THOMAS

JEREMY WEBB & SUSAN STACKHOUSE  
IN ASSOCIATION WITH OFF THE LEASH CREATIVE

**AUGUST 10 - 18 AT 8 PM**  
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# The WHO'S WHO

## Holly Silver: Kentville's Silver Lining!

I am a Kentville boy, born and raised! Yes Wolfville is where I now live and I love it with all my heart but Kentville is my birthplace and I still root for that town and all its treasures. And I have recently found another Kentville treasure: Holly Silver!

*"An open mind and a sense of humor should be mandatory for all. As well as being honest and to the point."*

Holly, like me, is a lifelong resident of the Valley, growing up on her family's Aylesford farm. She still lives in and loves the Valley because of the wonderful people and beautiful scenery. She says, "I enjoy being so close to the water - the shore is a great place to relax and take in life. My family and I regularly take day trips to find unique shops and visit places we have never been in the province. Every summer I make an 'adventure list' of places to go that I have never been and things to do that I have never done." Holly is always looking for a new adventure and this kind of attitude is an inspiration to those around her.

*"A person should see, experience and learn as much as they can while they are here!"*



Holly is a Registered Reflexology Therapist. She is a Reiki practitioner (certified in 2007) and a certified Colour and Cosmetic Consultant. Holly has worked in healthcare related fields since 1987 - that's when she received a diploma in Salon Management and Colour Analysis. In 2008 she completed training as a Certified Foot Reflexologist. In 2012 she received her certification in Hand Reflexology and Carpal Tunnel Treatment and Holly is a member of the Nova Scotia Association of Reflexology Practitioners and is a BlueCross Provider.

*"If you're not prepared to hear the answer - don't ask the question"*

Holly is the proud owner and operator of The Magical Closet shop at 45 Webster Street, Kentville. She opened the closet doors in November 2012 and has enjoyed the adventure thus far. The Magical Closet provides natural therapies, education and information on holistic living, as well as unique gifts, spiritual and metaphysical items. The Magical Closet prides itself on seeking local, Canadian, and fair trade products. They carry everything from handmade soaps and lotions to essential oils, local art, healing stones, candles, jewelry, spiritual aids and more! Holly states, "If we don't have it we will try to find it. We are here to provide people with the things they are looking for. If you're just looking for information on things, we can find that too." You can visit their website at [www.themagicalcloset.com](http://www.themagicalcloset.com) or call 681-6310 with questions.

In 2010, Holly organized the first Holistic and Wellness Expo in the Valley. This unique expo was created to provide awareness about and promote natural products and holistic therapies. Alternative therapies can be used to compliment traditional medical treatments and on their own to prolong good health. The expo has become a yearly event with 30+ vendors and over 200 people attending this special one day event. This year the expo will be held at the Greenwich Fire Hall, Saturday October 5th, from 9:30-5pm. Admission is only \$3.00 and there's lots of draws and interesting people. Mark Your Calendars!

Holly is looking forward to growing her business, continuing to work in health care and, after compiling a new adventure list she's ready to live more life to the fullest. You just never know what she'll do next. Enjoy your adventures!

~Mike Butler



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Visiting cyclists from New Hampshire enjoy the Wolfville mud. Photo by Claire Colville

Off The Leash Presents  
**Stuff & Nonsense**  
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*'Take kids to see it;  
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 chance to see what real  
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 The NB Telegraph Journal

**Music of India**  
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Deepen your appreciation for the beautiful musics of India through guided listening, videos, raga singing, and rhythm exploration.

Horton Community Centre  
 Hwy 1, Grand Pré

**Sunday, July 28**  
 Workshop: 11am - 5pm  
 Concert: 7:30pm

\* Lunch by Vijay Mahajan of  
 Taj Mahal Catering

To register, visit:  
[www.kenshorley.com](http://www.kenshorley.com)

\$60 (full day, incl. lunch\* and concert)  
 \$10 (evening concert only)

**Sunday July 28th - Horton Community Centre, Grand Pré**

India is home to some of the world's most beautiful music traditions. It is also a land of deep spirituality, vibrant energy and innovative spirit.

And their culinary friend, Vijay Mahajan from Taj Mahal Catering, will be providing a delicious vegetarian Indian lunch!

Learn more about this amazing culture by spending a full day immersed in the beautiful, rich sounds and colours of Indian music. No previous musical experience is required, just a desire to explore.

The same evening, Sahara and Ken will be presenting an intimate concert of Indian and world-fusion compositions featuring tabla, sarangi, saz, darabuka, frame drums and voice. Heidi Kalyani will join on tamboura, drones and auxiliary percussion.

In addition to video samples and guided listening, Sahara Nasr and Ken Shorley will lead participants through some hands-on introductory sessions, learning to sing the melodies and tones of Indian raga, and grooving to the rhythms of Indian tala.

Full day - \$60 (including lunch and concert)  
 Concert only - \$10

Pre-registration for the workshop is requested.  
<http://www.kenshorley.com>

**"Wheels and Water" by Eva Toth**



June 30th to July 30th  
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Eva Toth will be showing a selection of recent very colourful works, including abstracted bicycles, at the Designer Cafe from June 30th - July 30th.

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**Monday, July 29 at 7:30 pm**  
 St. John's Cornwallis Church, Port Williams  
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 Andrea Ludwig, mezzo soprano  
 John Potter, tenor  
 Charles Daniels, tenor  
 Jeff Reilly, bass clarinet

**Friday, August 23 at 7:30 pm**  
 Manning Chapel, Acadia University, Wolfville  
 Tickets \$20 / Students \$10 at the door • Information 902-582-3933

[www.musiqueroyale.com](http://www.musiqueroyale.com)

NOVA SCOTIA Communities, Culture and Heritage Canada Heritage Partners

# ROB BREZSNY'S FREEWILL ASTROLOGY

HOROSCOPES FOR THE WEEK OF JULY 25<sup>TH</sup>, 2013

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**ARIES** (March 21-April 19): "I have tried in my way to be free," sings Leonard Cohen in his song "Bird on a Wire." In other words, he has done the best he can to liberate himself from his unconscious patterns, bad habits, and self-delusions. He hasn't been perfect in his efforts, but the work he has done has earned him a measure of deliverance from his suffering. I recommend you follow his lead, Aries. Do your best to bring more relief and release into your life. Get rid of things that hold you back. Overthrow a pinched expectation and ignore a so-called limitation or two. By this time next week, I hope you will be able to say sincerely, "I have tried in my way to be free."

**TAURUS** (April 20-May 20): "There are some things you learn best in calm, and some in storm," wrote the novelist Willa Cather. According to my reading of the astrological omens, Taurus, you're in a phase of your cycle when storm-learning isn't your priority. The educational experiences you need most will unfold when you're exploring the mysteries of peace and serenity. In fact, I suspect that the deeper you relax, the more likely it is that you will attract life-changing teachings -- lessons that can transform your life for the better and fuel you for a long time.

**GEMINI** (May 21-June 20): Is there a message you've wanted to deliver for a long time but haven't been able to? Are you bursting with thoughts or feelings that you've been longing to express but can't find the right way to do so? Have you spent months carrying around a poignant truth that you have felt wasn't ripe enough to be revealed? If your answer to any of those questions is yes, I believe the time will soon be at hand to make a move. But it's important that you're not impulsive or melodramatic as you initiate your breakthrough communications. For best results, be full of grace and balance.

**CANCER** (June 21-July 22): Bees and other insects can see ultraviolet light, which is invisible to humans. When they look at flowers, they detect designs on the petals that you and I cannot. For example, the evening primrose appears completely yellow to us, but it calls seductively to bees with a flashy star pattern at its center. Many of the secret signs that flowers offer the pollinators are meant to guide them to where the pollen and nectar

are. Let's use this as our metaphor of the week, Cancerian. I am not predicting that you will be able to perceive a broader spectrum of light. But I do believe you will discern cues and clues that are hidden from most people and that have been imperceptible to you in the past.

**LEO** (July 23-Aug. 22): "I was six years old when my parents told me that there was a small, dark jewel inside my skull, learning to be me." So said the Leo science fiction writer Greg Egan in his story "Learning to Be Me." Let's pretend that you, too, have a small dark jewel inside your skull that's learning to be you. It's a good metaphor for what I believe has been happening all these years: You have been gradually mastering the art of being the best Leo you can be. It hasn't been easy. You weren't born knowing how to be your beautiful, radiant, courageous self, but have had to work hard to activate your potentials. Now you're moving into an especially critical phase of the process: a time when you have the chance to learn how to love yourself with greater ingenuity.

**VIRGO** (Aug. 23-Sept. 22): "Dear Astrology Guy: Please tell me why I have to work so hard -- meditate, reflect, read, analyze, poke, prod, investigate -- to discover truths about myself that must be obvious to others. Why is it so hard for me to see where I need healing and where I need to let go? Why is it such an ordeal to grasp what is interfering with my wholeness when I can quickly pinpoint what other people's issues are? -Overworked Virgo." Dear Overworked: I'm happy to report that you Virgos will soon be offered a gush of revelations about who you are, how you can heal, and what strategies will best serve your quest to minimize your anxiety. Are you prepared to absorb some intense teachings? For best results, make yourself extra receptive.

**LIBRA** (Sept. 23-Oct. 22): One of the world's best race car teams is McLaren. It wins about 25 percent of the events in which it competes. Its skilled drivers account for much of its success, but its technicians are also pretty sensational. During a pitstop in the middle of a race, they can change all four tires on the car in less than three seconds. Do you have helpers like that, Libra? If you don't, it's time to intensify your efforts to get them. And if you do, it's time to call on them to give you an extra boost.

**SCORPIO** (Oct. 23-Nov. 21): Let's try an experiment. It's risky, but I'm hoping you will do it with such flair that there will be no karmic blowback. What I propose, Scorpio, is that you have fun expressing more confidence than usual. I invite you to strut a bit, even swagger, as you demonstrate your command over your circumstances. Enjoy acting as if the world is your plaything . . . as if everyone around you secretly needs you to rise up and be a bigger, bolder version of yourself. The trick, of course, will be to avoid getting puffed up with grandiose delusions. Your challenge is to be more wildly devoted to embodying your soul's code without lapsing into arrogance.

**SAGITTARIUS** (Nov. 22-Dec. 21): I suspect that you are longing to take a quantum leap of faith, but are also afraid to take that quantum leap of faith. You sense the potential of experiencing a very cool expansion, while at the same time you hesitate to leave your comfort zone and give up your familiar pain. In light of the conflict, which may not be entirely conscious, I suggest you hold off on making a gigantic quantum leap of faith. Instead, experiment with a few bunny hops of faith. Build up your courage with some playful skips and skitters and bounces that incrementally extend your possibilities.

**CAPRICORN** (Dec. 22-Jan. 19): Hoaxes exposed! Bluffs called! Secrets revealed! Whitewashes uncovered! Curses banished! Taboos broken! Those are the headlines I expect to see emblazoned in your Book of Life during the coming weeks. Can you handle that many holy disruptions? Will you be able to deal with the stress that might come from having so much raucous success? These are important questions, because if you're not up to the challenge, you may scare away the transformations. So steel your resolve, Capricorn. Mobilize your will. Do what's necessary to harvest the unruly blessings.

**AQUARIUS** (Jan. 20-Feb. 18): The French novelist Flaubert declared that if you hope to write a book, you should first read 1,500 books. A Roman author named Petronius believed that the imagination does not work at its peak power unless it is inundated with reading material. I suggest you adopt their advice and apply it to your own field, Aquarius. Whatever skill or subject you want to master, expose yourself lavishly to the

efforts of other people who have already mastered it. Flood yourself with well-crafted inspiration.

**PISCES** (Feb. 19-March 20): Should you be worried that a venomous spider has crawled into your shoe while you were sleeping? Just in case, should you flip your shoe upside-down before putting it on each morning? My studied opinion: hell, no. The chances of you being bitten on the foot by a venomous spider lurking in your shoe are even less than the possibility that you will be abducted by an alien who looks like Elvis Presley and forced to sing a karaoke version of Beyonce's "Single Ladies" at an extraterrestrial bar. And if you are going around filled with delusional anxieties like that, you will definitely interfere with life's current predilection, which is to give you a cleansing respite from your fears as well as immunity from harm.

**HOMEWORK:** What do you want so badly that you're driving it away? How can you fix the problem? Testify at [Freewillastrology.com](http://Freewillastrology.com)

## SCOTIAN HIKER TRIVIA

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- 1 What nation founded the Fortress of Louisbourg?
- 2 A group of what type of shark is reportedly now heading for Nova Scotian waters?
- 3 At what provincial park can you see the Three Sisters rock formation?
- 4 What Windsor-born poet-playwright coined the term 'Africadia'?
- 5 Where did the donair originate?

1. France; 2. Great White; 3. Cape Chignecto; 4. George Elliott Clarke; 5. HRM (likely via the Eastern Mediterranean)

ANSWERS

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[jerome@valleyghostwalks.com](mailto:jerome@valleyghostwalks.com)

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# RECIPE

## Grilled Salmon with Warm Potato Salad and Green Olive Tapenade

Dan Collins | [dancollins@uniserve.com](mailto:dancollins@uniserve.com)  
ArtCan Cafe | 582-7071

Hi folks! With this great weather it's a perfect time for barbeque dishes. This one is best if the tapenade and potato salad are prepared in advance of grilling the salmon, or the fish of your choice. We don't follow the practice of using farmed salmon, in any of its forms, and the recommendation would be to seek out sides of wild sockeye salmon available in the Valley area stores.

### Glaze:

3 tbsp soy sauce  
2 tbsp rice vinegar  
1 tbsp sesame oil

### Tapenade:

2 cups pitted green olives  
2-3 anchovies  
1/2 cup toasted slivered almonds  
1/2 tbsp capers  
1/2 tbsp minced garlic  
2 tsp lemon juice  
1/4 cup Colavita olive oil

### Vinaigrette:

1/2 cup grainy mustard  
1/4 cup balsamic vinegar

### Potato salad:

2 lbs new red potatoes, quartered and roasted  
1 large butternut squash, cut in 1/2 inch cubes and roasted  
raddichio lettuce, sliced in 1/4 inch strips

Heat the bbq and grease the grilling surface. Lightly oil the salmon filets, baste with the glaze, and grill to desired doneness. At the same time, wrap the potatoes and squash in foil and reheat on the bbq. Toss the warmed potato and squash with raddichio and enough grainy mustard vinaigrette just to moisten. Arrange warm potato salad on plates, top with grilled salmon. Put a generous tsp or two of tapenade on top of the salmon and drizzle liberally with olive oil.

Rub slices of french bread or focaccia with a raw garlic bulb, and grill lightly, top with chopped new tomatoes and shaved basil for a great addition.

Buon Appetito!

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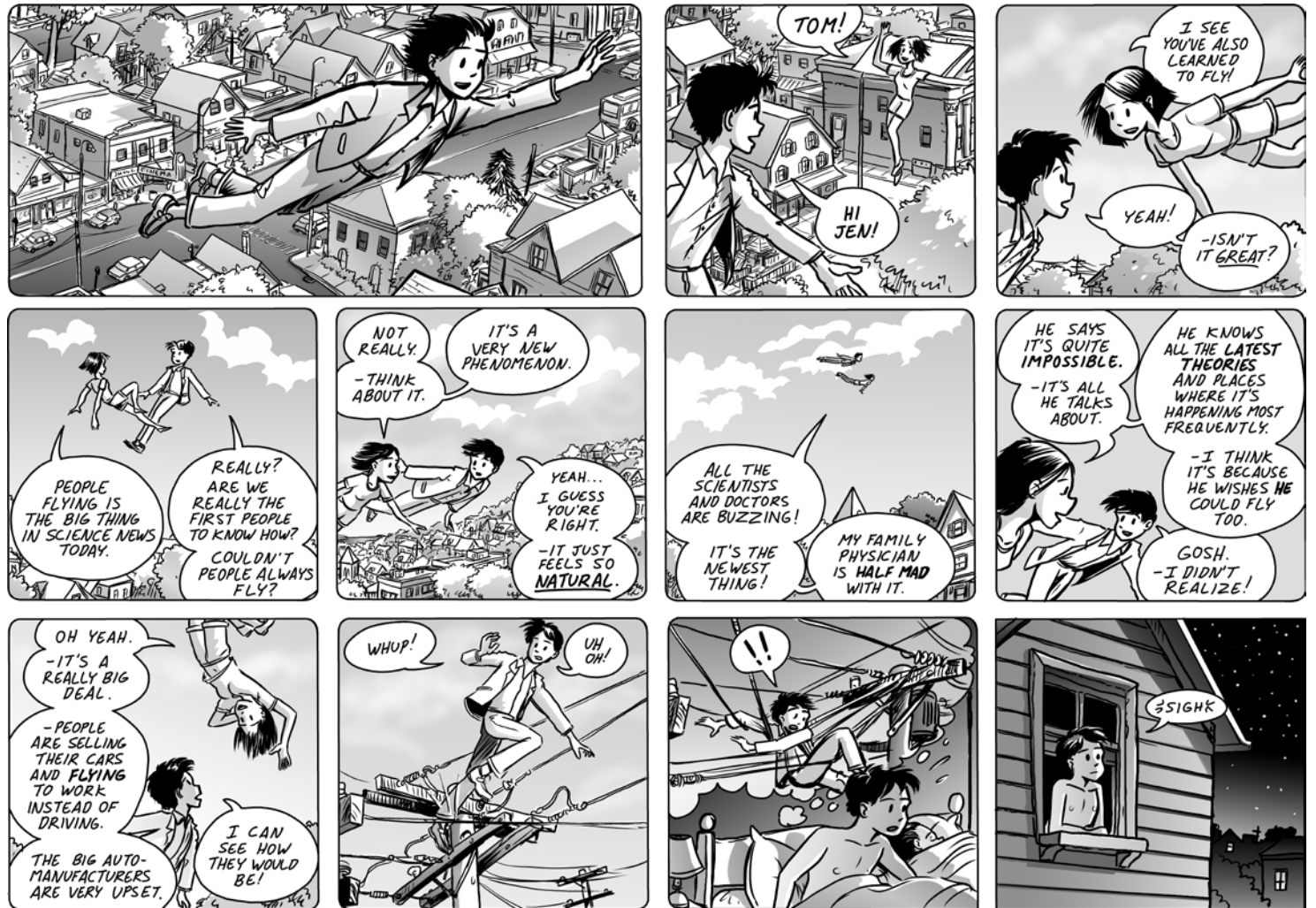
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## BACKSTAGE PASS

### Stories from Valley musicians compiled by Mike Aubé

Calling all Valley performers and songwriters! I'm looking for your gig stories and stories-behind-the-song. If you have something to share, mail them along with a high-resolution photo to [mike@mikeaube.com](mailto:mike@mikeaube.com).



Mike Aubé | [www.mikeaube.com](http://www.mikeaube.com)

### A Bar, Some Chicken Wire and a Fight, Oh My! From Mark Bezanson...



So I started playing bars when I was young. Seventeen, in fact. I was playing bass and singing backup for a South Shore band at the time. We pulled into this fine local establishment and were told to set up on the very tiny stage set behind some chicken wire. The owner had thought it was funny, he said he, "saw it in a movie somewhere". Yikes! We set up, ate, played a little pool and started our first set. Good crowd, people were having fun and dancing but I noticed a stirring in the back of the bar. There was a fight. Two very big guys were beating the snot out of each other and inching closer to the band. Our lead singer/guitarist says to keep playing - so we did, right up until one of the guys gets hit with a haymaker and his head goes through the lip of the stage. We stop. Everything stops. We think he's dead. The guy that hit him was standing over him and buddy on the ground kicks him square in the baby maker. The bouncers throw these guys outside where they continue to fight full on for another three minutes. (If you've never done it before fighting is hard). Apparently they were brothers fighting over a girl. I'll never forget that gig as long as I live.

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## OERA seeks proposals for community based research projects in Bay of Fundy Region

Offshore Energy Research Association (OERA) is inviting applications from community based or not-for-profit organizations in the Bay of Fundy region to participate in an OERA established Participation Support Fund. The purpose of the Participation Support Fund is to provide modest one time grants to local organizations or community groups to undertake small research initiatives that will support the Bay of Fundy Strategic Environmental Assessment (SEA) Update by adding information, a particular perspective or further value to the SEA. The primary goal of the Bay of Fundy SEA Update process is to scope and understand the potential environmental effects that offshore wind, wave and in particular, in-stream tidal technologies, will have on the offshore and coastal environment for the Bay of Fundy region.

Awards will be made at the discretion of OERA for proposals in the following categories:

- Initiatives that will bring new information to the SEA process through small locally-based research projects (maximum award \$3,000); and
- Initiatives that will bring views and ideas to the SEA process from stakeholders who might otherwise not participate (maximum award \$500).

Submissions for proposals are due on Friday, August 23rd, 2013 by 4:00 pm AST. For more information on how to apply, please visit our website at [www.oera.ca](http://www.oera.ca) or contact Russell Dmytriv at [Russell.dmytriv@aecom.com](mailto:Russell.dmytriv@aecom.com) or 902-428-2029.

# A Swift Night Out

Saturday, July 27th | 7:00 to 9:15 pm

Join us for "A Swift Night Out" to watch, learn about and celebrate Nova Scotia's Endangered Chimney Swifts.



The evening begins at 7 pm in room BAC 241 of Acadia's Beveridge Arts Centre with informative talks by Ally Manthorne (Bird Studies Canada) and Jim Wolford (long-time local Swift researcher). Around 8 pm we will trek to the Robie Tufts Nature Centre (Front Street, Wolfville) to watch the majestic Chimney Swifts circle the sky and plummet into the chimney to roost for the night. This event is kid and family friendly and a good opportunity to introduce your children to local nature and conservation efforts. The evening will be catered thanks to generous support from JustUs!

This is a joint event involving the Maritimes Swiftwatch program of Bird Studies Canada, the Blomidon Naturalists Society and the Nova Scotia Bird Society.

Contact James Churchill for more information ([jameschurchill@gmail.com](mailto:jameschurchill@gmail.com); 902-681-2374)

## WHAT SHOULD YOU DO?

By now you've probably heard about the dog that overheated and died after being locked unattended in a parked car on a hot summer day recently in Wolfville.

"The afternoon of Sunday, July 21st was gorgeous", recalled the first passerby who responded, Beth. Despite sharing her recollections with many, in hopes for it to never happen again, she is still deeply affected by the day's sad events. "The sun was shining, but the humidity had lifted and there was a slight breeze. However, these last two factors would have no impact on the temperature within a closed car. In the sun, after an hour or two, temperatures in a parked car can rise into the high 40's, even the 50's. It was under just such conditions that a beautiful Portuguese Water Dog was left unattended."

"People rallied to release him, moved him to shade, and tried to lower his body temperature, but it was all to no avail. The dog had been shut up in the heat too long and, surrounded by caring strangers, he breathed his last. Those of us who were there acted as quickly as we could."

So what can a bystander do when we see a dog trapped in a vehicle on a hot day, with no caring owner in sight? Beth and the Grapevine both spoke to the RCMP to find out about the legalities of rescuing an animal in such distress and we were both told that there is a Nova Scotia Animal Cruelty Prevention Act under which a Peace Officer can enter a vehicle or premises without warrant, but that doesn't specifically protect a private individual. They also said that it would be highly unlikely that an individual, acting in the best interests of an animal, without any malice or to steal anything, would be charged if a window was broken. Even if they were, the odds of a resulting conviction would be extremely low.

However, does this give an excuse to start breaking windows? Absolutely not. Wolfville Constable Corey Knowles, a dog enthusiast, told the Grapevine that he's been on the scene during two similar scenarios with completely different results. In one case, a dog had an electrically-cooled blanket and a full water dish. Another time, an electric car was running

so quietly that it was impossible to know that the AC was on at full blast. Of course, running one's car is a catch 22, there are by-laws in Wolfville & Kentville and laws under the Motor Vehicle Act making idling illegal. He also pointed out that stuffed dogs have been mistaken for pets on numerous occasions.

So, what to do? Constable Knowles said that it is best to first call the police, "Because of recent events, everyone has a heightened awareness of this now. In fact, the Halifax police have already responded to 149 similar cases this season". Is this because of an increase of irresponsible owners or more citizens aware of their duty to act? Constable Knowles believes it's the latter, let's hope he's right.

As for the penalties associated to animal cruelty, depending on where the case falls in the legal system (the Criminal Code of Canada being the harshest), negligent owners can face a range of maximum jail terms of no more than: 6 months, 18 months, or 5 years with a maximum range of fines between \$5000 and \$10,000. In the case of what transpired on Sunday, July 21st, the investigation is ongoing.

In the week that has followed this incident, the media and social attention remains high. There is now an online NS petition circulating calling for a law to prohibit leaving a dog in a vehicle in summer months. At the time of posting, over 1600 signatures have now been collected.

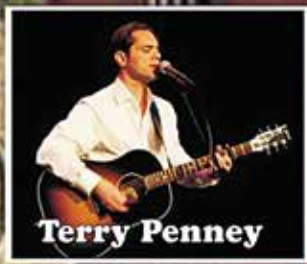
Constable Kennedy, also a dog-guy and the first Wolfville officer on the scene on Sunday, recalls that the situation was quite tense and that remaining calm was certainly needed. During his 8 years stationed in NS and responding to numerous calls, this was his first parked-car related pet death that he has ever been a part of. Similarly, the escalated scenario was also new to Constable Knowles, a 20 year veteran.

Beth pleads, "Please don't let his death go unmarked. If you own a pet, remember this dog each time you take your pet with you for even a short trip".

- Jeremy Novak

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MUSIC FESTIVAL

# HERBIVORECARNIVORE



www.herbivorecarnivore.com | By Jesse Gadon & Emily Leeson

We're here to eat. Emily, the herbivore will order vegetarian, or vegan & happily taste test any gluten-free options. Jesse, the carnivore, will literally eat anything put before him. Watch out napkins.

Friday night in Wolfville. The Privet House. Arriving a little late (thank you toddlers, babysitters, beagles, and cars that lock themselves) we managed to chat with owners, Jamie and Liisa, before the house got packed and Jamie had to disappear into the kitchen to hand-make the evening's offerings.

## THE BACKSTORY:

Jamie's been in this game since he was a teenager flipping dough at a pizzeria in Ancaster, Ontario. Liisa worked her way through the service side, eventually as a restaurant manager. When they opened Madison's Grill in Steady Brook, NFLD, Jamie says, "the real challenge there was getting food [...] if the ferries weren't coming, you weren't getting fresh produce." There's no such problem here. At Privet House, the menu is based on the produce they can source locally. While the ingredients are local, the flavours are international.

## THE SCENE:

The restaurant started to fill up. We overheard more than one person discuss what their choice would be 'this time' as they cozied up against the cushioned banquette seating or nestled into chairs.

## THE STARTERS

**the herbivore:** Grilled Vegetable Tower. Fresh and earthy vegetables char-streaked and layered with Ran-Cher goat cheese, served on smoked tomato and pepper coulis. A mixture of sweet and tang. The Carnivore stole more than one bite. Gluten-free bread arrived warm with a gently crisp crust. A popular item, they've started to sell it by the loaf.

**the carnivore:** Grilled Flank Steak. Smoked & slow cooked, grilled and sliced (if there's anything else you can do with this meat - let us know), topped with Bourbon pepper sauce, this dish is usually served as a main, but Jamie switched it up tonight.

## THE MAINS

**the herbivore:** Curry Laksa. Coconut curry broth with a macadamia nut crunch, a fresh collage of vegetables and soft udon noodles.



This curry is clearly meant to be eaten just after dipping your toes in the ocean or just before circling 'round a campfire.

**the carnivore:** The Halibut. A moist & tender roast Halibut topped with a flavourful dulse and dried tomato tapenade. It sat alongside a hodge podge. Jamie says, "The dish wouldn't work if everything wasn't local & as fresh as you could get." Luckily for us, it was. As it happens, we overheard a woman at the table next to ours mention that "everyone says to get the Halibut." We concur.

## THE FINISH

**we shared:** Lemon Curd Tart Brulee. Perfect, with the added surprise of fresh Strawberry Rhubarb Sherbert. Tart & sweet, it was a cleansing finish to a hearty summer meal.

We might have lingered longer, had our babysitter not called to say that our beagle had escaped and was currently chasing most of Wolfville's cats towards Gaspereau. We made a hasty departure, full and happy, just as the summer sun was starting to set in earnest. The Privet House turned out to be a friendly spot serving fresh local fare in worldly flavours with style but not fuss. It's a place to enjoy.

## A FINAL NOTE:

For something not to be missed, local & new try the Privet House's Tangled-tinis, made with Fruit & Herb liqueurs from the Tangled Garden in Grand Pre. Looking to bring your own kitchen up to Privet House standards? Watch for the return of their popular Monday night Cooking Classes.

# THE ARK

A MULTIMEDIA PERFORMANCE

Saturday July 27  
8:30pm-9:30pm

In the field of Jeff and Paula  
McMahon's farm, Kingsport

Raindate: July 29

TIX: no charge

Info: sarah.bonnetmaison@  
dal.ca

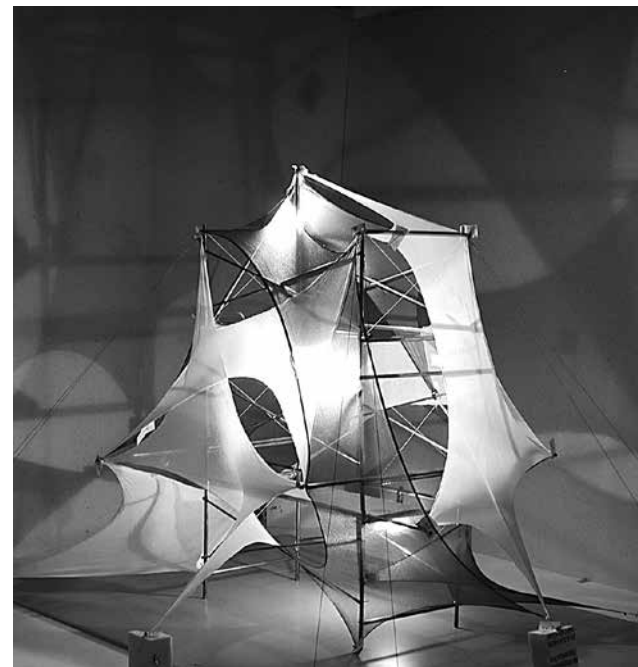
Art direction: Dustin Harvey

Choreography: Jacinte Arm-  
strong

Dancers: Elise Vanderborght,  
Susanne Chui, Miriah Bren-  
nan

Set Design: Sarah Bonne-  
maison

Music: Cory Bowles



The Ark is a unique multimedia performance that tells a revised story of the Ark. This poetic collage brings together dance, music, architecture, special effects, and projected images on large stretched fabrics under the stars in the stupendous open fields of Kingsport. Projected images are manipulated live as dancers transform the 15-foot-high fabric sculpture and the evening breeze blows in the field. This event explores the meaning of responsive environments by pushing it into the surreal.

To ensure that the magic occurs, park your car near the Pier and walk up Longspell Road toward the large sculpture in the field. The moon will be illuminated but you still may want to bring a flashlight for the return journey to your car.

## What Is This Tapping Thing Anyway?

"Tapping" is another word for EFT, Emotional Freedom Techniques. Used by millions worldwide, EFT is emotional acupressure that treats addictions, physical pain, depression, anxiety, phobias, PTSD, sports performance, and self-esteem and body-image issues with no side effects. It was developed over 30 years ago by Gary Craig, and is now a self-healing technique that has been proven effective in over 80 evidence-based and peer-reviewed research articles.

Focused intention on a problem or feeling while tapping acupressure points with fingertips releases discomfort. Words are often spoken while tapping but are not necessary for results with children, teens, adults and animals. EFT works with those who believe in the process and skeptics alike.

Negative emotions tend to be held in the body, especially if there is trauma involved. Tapping on specific acupressure points allows the body to return to comfort. Military veterans use EFT for post-traumatic shock with documented results. EFT was presented

to the American Senate as a treatment by researcher and author Dr. Dawson Church and psychotherapist David Feinstein. Veterans with PTSD can receive six sessions at [www.stressproject.org](http://www.stressproject.org), where there is also a documentary filmed by Canadian Eric Hurre.

Negatively charged emotion spills into life and, if left untended, affects relationships, health, career and happiness. It is no longer necessary to just cope. Dispense with the energy of the discomfort, and brighter perspectives and solutions emerge.

Learn EFT August 16-18 in Newport with Susan Bushell, AAMET EFT Trainer & Canadian Representative. For information: [www.freeyouremotions.com](http://www.freeyouremotions.com) 1-519-763-9858

By Susan Bushell B.Sc., Energy Therapist

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Like the Free Business Listings, this page works on a 1<sup>st</sup> come, 1<sup>st</sup> served basis (limit 1 listing per person). Or, to reserve a placement, pay \$5 per issue (3-issue minimum commitment). Please keep listings to 35 words or less.

## CAMPS / CLUBS:

**Summer Camps & Workshops:** Memorial Library C@P Lab. Experience technology and art with camps and workshops for ages 7-11, 12-16. Adult workshops also available. Manipulate photos, make a stop-motion movie, use a 3D printer, and way more! **TIX:** no charge **INFO/Reg:** 542-5760 / valleylibrary.ca

**ADCCommunity Summer Camps!:** @ Manning Memorial Chapel, Acadia. Aug. 5-9 Wet & Wild!, Aug. 12-15 Dance Intensive. **TIX:** \$95 half days, \$160 full days. **INFO:** dance@adccommunity.com / adccommunity.com

**Art in the Garden Summer Camps:** Art & Science Aug. 12-16. 9am-4pm @ Irving Botanical Gardens w/Terry Drahos. Ages 7-12. **TIX:** \$195, incl. supplies & snack. **INFO/Reg:** terryhavlisdrahos.com / botanicalgardens.acadiau

**SummerArts Camps:** Ross Creek Centre for the Arts, Canning, has well-established arts programs: music, theatre, visual arts, dance, film, fashion, comics, and design. Our programs are taught by artists who love teaching. **INFO:** 582-3842 / artscentre.ca

**CentreStage Drama Camps:** There is something for everyone (musicals and non-musicals) at our summer camps, ages 5 to 15. **TIX:** \$135 a week. **INFO:** centrestagetheatre.ca

**Cangaroo Tennis Summer Camps:** August, Camps in Kentville, New Minas, Berwick, Hantsport, Wolfville, and Canning! A fun and safe environment for your child. **TIX:** \$85 for half day, \$150 for full day. **INFO:** Canga@cangarootennis.com / cangarootennis.com

**Acadia Sports Camps:** Quality programming and instruction by Acadia varsity coaches and athletes: girls' soccer, swimming, volleyball, multi-sport, basketball, developmental and specialized hockey camps. **INFO:** sports.acadiau.ca/camps

**Dance Summer Dance:** Ross Creek Centre for the Arts, Canning. Aug. 18th-30th, two-week program of exciting ballet and modern choreography by our internationally acclaimed faculty, including Ballet Bob, of Canada's National Ballet School. **TIX:** \$1000+HST, incl. accomodation & food **INFO:** 582-3842 / artscentre.ca

**Dorian Hall Summer Music Camps:** Windsor. Aug. 12-16, 9:30am-2:30pm - Kids piano for ages 7-11 with no or some experience. Also offering brass or woodwind basics for beginners & private music trial lessons for adults. **TIX:** \$130 piano camp, \$18 per 30 min. private lessons **INFO:** 798-0732 / dorianhapa@gmail.com

**Kingdom Rock VBS:** August 12th-16th, 8:30am-4:30pm @ Centreville Baptist Church. Participate in memorable Bible-learning activities, sing catchy songs, play teamwork-building games, make yummy treats, and learn to look for evidence of God all around you. Also, a day trip to Ross Farm is planned. For kids in grades P-5. **INFO:** Patrick, 365-3535 / Pastor Marc, 678-1946

## CLASSES:

**Children's Interactive Yoga:** Ages 3-6, Thursdays 7pm \$5, Saturdays 9:30am \$2 @ Healer's Emporium, Windsor. **INFO:** 306-1711 / healersemporium@gmail.com

**One-on-One Computer Tutorials:** Available at the Kentville and Port Williams Libraries until the end of August. The topic is up to you, maybe downloading eBooks or audiobooks. Call during open hours. **INFO:** Kentville, 679-2544 / Port Williams, 542-3005 / valleylibrary.ca

**"After-School" Reading/Writing Enrichment:** Fairweather Montessori School, 14 Acadia Street (across from Wolfville Elementary). W/ Liz Hobbs, American Montessori Society teacher, beginning in September for two-90 min. sessions weekly from 2:45-4:15pm **TIX:** \$225/month **INFO:** 300-4111 / fairweathermontessori.ca

## WORKSHOPS/RETREATS:

**Goddess Retreat:** Aug. 2-4 @ Windhorse Farm, New Germany. This August long weekend, do you want to do yoga, belly dance, play with herbs, have a sauna, hike in the forest, swim, and eat amazing food? Carol Fellowes & Angie Oriana Jenkins co-host a JUICY GODDESS RETREAT!!! **TIX:** \$295. **INFO:** carolfellowes.com/retreats

**Wilf's Laughter Yoga:** July 30, 2:30pm @ Kentville Memorial Park (meet at the tennis court). Come play, laugh, experience the joy! **TIX:** no charge (food bank donation appreciated). **INFO:** Wilf, 680-2610 / cold43.wilf@gmail.com

**Children's Workshops @ Prescott House Museum:** 1633 Starr's Point Rd., Port Williams. Tues. & Thurs. 10am-12pm, until Aug. 22. Old-fashioned toy making, kite-making, nature, bugs, pirates, art and much more! Ages 5+ **TIX:** \$7 per child **INFO/Reg:** 542-3984 / baldwidj@gov.ns.ca

**Emotional Acupressure:** EFT Workshop: Aug. 16th-18th @ Namaste Nova Integrated Wellness Retreat Centre, West Hants. W/Susan Bushell, AAMET EFT Trainer and Canadian Representative. Everybody's tapping. Learn how to use your fingertips to tap away emotional and physical pain. **INFO:** 519-763-9858 / susan@freeyoureotions.com

**Music of India Workshop:** Sunday, July 28th, 11am-5pm @ Hortonville Community Centre, Hwy 1 Grand Pre. W/ Ken Shorley & Sahara Nasr. Deepen your appreciation for the beautiful music of India through: guided listening, videos, raga, singing, and rhythm explorations. Lunch provided by Taj Mahal Catering. **TIX:** \$60 (full day, incl. lunch and evening concert) **INFO/Reg:** KenShorley.com

**Adult Art Workshops:** 10am-4pm @ Acadia University Art Gallery. In conjunction with Art Hits the Wall, several textile based workshops including: July 26th Fine Shaded Pansy Coasters w/Cindy MacIntosh, August 3rd Fabric Postcards w/ Regina Marzlin **TIX:** \$100 pansy coasters, \$30 fabric postcards **INFO:** 585-1373 / artgallery@acadiau.ca

**Lego Stop-motion Movie:** 3 Parts: July 29, 31, Aug. 2, 10am-12pm @ Memorial Library, Wolfville. Become a director, writer and editor! Together, we'll design a set and characters with Lego, and create a story. Using a camera and a computer, you'll have a part in making a Lego movie. Ages 7-11. Please pre-register. **TIX:** no charge **INFO/Reg:** valleylibrary.ca

**Website Workshops for Small Businesses:** Thursday nights in August, 5-7pm @ Library, Port Williams. Get help establishing your web presence, while eliminating the uncertainties of website startup or maintenance. Topics may include: web hosting, domain names, DIY vs hiring a developer, social media, and more! **TIX:** no charge **INFO:** 542-3005 / portwillkentcap@gmail.com

## FOR HIRE / PURCHASE:

**Interior Painting:** Women in Rollers does accurate quotes, shows up on time to work, and performs to perfection. We even leave your home neat and tidy! Call today for free estimates. **INFO:** Pamela, 697-2926.

**Hand-Crafted Urn Boxes:** Respectful, wooden, locally-made. **INFO:** Farmer Eddie, 542-3387

**Thai Yoga Massage:** 1/2 price in August & September **TIX:** \$30 for 60 minutes, \$45 for 90 minutes **INFO:** Jenn Boutilier, 300-4377 / jenergy2012@gmail.com

**North Mountain Land:** 20.49 acres, Valley side of the mountain, on Hwy 358, about a half mile west of the Look-Off. \$75K for this prime mountain-view location. **INFO:** Ernie 463-7696 (press 3)

## DONATE/VOLUNTEER:

**Adrian Campbell Scholarship Fund Association:** • We're developing the Adrian Campbell Valley Classic cycling tour (September 29) and scholarships as annual Valley events. Seeking sponsors and donations of support. **INFO:** 798-8665 / info@adriancampbell.org / adriancampbell.org

**Get Amber Rowe to India!:** Help this local barista volunteer with Canada World Youth. Environmental efforts in Bir, a Tibetan refugee village. **INFO:** GoFundMe.com/gether2india

**Deep Roots Music Festival 2013:** Join our Festival Committee, share your skills & ideas. Assist our publicity team's efforts, our hospitality and our fundraising. Volunteer office help also needed in August and September. **INFO:** 542-7668 / lisa@deeproootsmusic.ca / office@deeproootsmusic.ca

**Billets Needed for Deep Roots Performers:** Create lasting friendships and build community ownership by billeting Deep Roots performers. Fill out the form on the website and the Billeting Coordinator will contact you. **INFO:** 542-7668 / deeproootsmusic.ca / billeting.php

**Ushers/Box Office Help:** Two Planks and a Passion needs box office help and ushers almost every evening. Get involved with As You Like It and The Iliad! If you commit to three evenings, you get a t-shirt - commit to four, get two tickets to the show - commit to five, get two tickets to BOTH SHOWS! **INFO:** 582-3073 / chris@artscentre.ca

## ACCOMMODATIONS:

**Kingsport Vacation Home Rental:** Available after Aug. 17th: 3 bed, 2 bath, fully equipped, 2 min walk to wharf and beaches, view, dogs OK. **COST:** \$750/wk in Aug., \$600 in Sept. **INFO:** Billie, 670-6857 / cottagelibrary.com #196681

**House/Cottage Sitting:** Accommodations sought for lovely, retired parents. August 27 - September 11. House/cottage sitting or room rental. Within Wolfville preferred, but it's not crucial as things are getting close. **INFO:** Jeremy, 692-8546 / jerome@valleyghostwalks.com

**The Cottage in Wolfville:** Charming convenience in the heart of Wolfville. Newly renovated, fully furnished, home away from home. **INFO:** Heather, 697-2502 / thecottageinwolfville.com

**Temp. Accommodation for August:** Live with a herbalist & a sweet cat in the Wolfville area near campus & downtown. Gardens, high speed internet, big backyard, deck. Limited kitchen use during weekday hours. A healthy, natural environment seeks someone who is kind, considerate, & respectful. **INFO:** Angie, 680-8839 / oriana@sisterlotus.com

## GENERAL:

**New Booker School Applicants:** We are presently accepting applications for the 2013-14 academic year in some grades. Interested students are very welcome to come Stay-A-Day. **INFO:** 585-5000 / newbookerschool.ca/stay-a-day

**Farming Opportunity:** @ the Lorax, Black River. Opportunity available for new farmer(s), located 10 minutes from Wolfville on the beautiful South Mountain. South facing slope, greenhouse and living quarters for someone/a couple who would like to get started in sustainable agriculture. There are many possibilities including a CSA and a ready market. **INFO:** Thomas/ Jane 542-0002 / twkrause@gmail.com

**Help save "Baby Cafe" in Wolfville!:** AVR Health has cancelled the long-running and very successful/popular "Baby Cafe" weekly drop-in group for moms and babies in Wolfville. It was an open/welcoming weekly breastfeeding support group run by a public health nurse in a space donated for use by Acadia. Help bring it back by going to change.org. Search for "Baby Cafe" and sign the petition. **INFO:** change.org

**Reality Show Casting:** We're scouting for Maritime talent as part of a cross-Canada casting call for big personalities and larger-than-life characters for a new series in development with a major Canadian broadcaster. We want families with unique hobbies, quirky businesses, over-the-top groups of friends, and fascinating people! **INFO/Apply:** realitytvstarsatlantic@outlook.com

**New Musical Auditions:** Edalene Theatre is looking for a male, 35-55, strong with a sensitive soul, strong singer. Also a female, mid-30s to early-40s, bubbly, outgoing and kind, to join the cast for a new musical mounting February 2014. Please send a video of you singing a verse and chorus of a song of your choosing. **INFO:** kerri@edalenetheatre.ca / edalenetheatre.ca

**Oklahoma! & Windsor Ghost Walk Auditions:** Oklahoma: Aug. 31st, 5-8pm. Ghost Walks: Aug. 17th & 18th, 2 - 4pm. Both at The Green Room, 93 Gerrish St. Windsor **INFO:** Quick As A Wink, 472-7229 / info@quicksawinktheatre.ca

**Community Memory Sketchbook for Alex Colville:** Tues. - Sun., 12-4pm, until Aug. 4th, Acadia University Art Gallery will have a sketchbook available to share a memory, anecdote, or drawing in memory of Alex Colville (email submissions accepted) to be presented to the Colville family. A selection of his work will be on display. **INFO:** 585-1373 / artgallery@acadiau.ca

**Advertise Aboard the Wolfville Magic Winery Bus:** From Aug. 2nd - Oct. 13th, connect with potential customers on the Wolfville Magic Winery Bus. Each floor of the double decker bus has ten ad panels above the seats (total of 20) that are being offered exclusively to Wolfville businesses. **TIX:** \$200 per ad space, includes production & installation **INFO:** 542-4093 / dhovell@downtownwolfville.com



# MIKE Uncorked: A GYM DANDY UPDATE!

On January 17th 2013, I made a life change. I decided to take the necessary steps needed to become a more fit, active and healthier individual. This past week I celebrated six months of this change and I would like to share my update with you.

I wrote an Uncorked article about this change entitled, "A Gym Dandy Experience" and received a lot of positive support from friends, family and even strangers on the street. I had decided, with the support and love of my partner Ian, to purchase a one-year membership at the Abs-olute Health Gym in New Minas. Having always been a fairly energetic person, always busy and constantly moving, though never putting emphasis on my health or appearance, it was a huge step for me to settle down and put a direct focus on improving my mind and body and spirit.

Most of you who know me might think that it wasn't actually that big of a leap to get into a more positive mindset as I have always been extremely upbeat, but this journey was different. I was scared! I can admit that now because I've long since gotten over the fears of hurting myself, looking ridiculous in front of others, failing at my workouts etc. I wish I knew then what I know now, and that is: most of us are on the exact same journey and we'll help each other out along the way and leave all judgments at the gym door.

I have kept a gym journal since Day One and it has become a record of my progress. I write about the workouts I do, including the terminology for the exercise, the weight I lift, the number lifts I do, right down to the names of the machines I use. It's been an amazing way to look back and reflect on how much I've grown and accomplished. Who knew that I could do dumbbell rows, bench presses, dead lifts, oblique crunches, wide-grip pull downs, reverse lunges, bridges, planks, chest flies, hamstring curls, hip presses or hack squats? But I've done them and done them well with

my lifting weight increasing and my focus strengthening.

I have tried to maintain a three-day a week workout regime with two days being aided by Ian, (now a certified personal trainer!) and one day as an Independent Workout Day, where I create my own plan of action. Even three months ago, working out by myself would have been a disaster, but now I have the skills to do a full body workout independently, including proper warm up and stretches, and it feels terrific. With Ian's help I always feel safe and secure.



So here's where I am now: I do look a little different than I did six months ago. The comments and reactions from those nearest and dearest has been very encouraging and made me very proud of my work. The comments from those who don't see me everyday (customers, townsfolk) have been awesome as well! When the random UPS guy who delivers lighting to the store says, "man, you're looking terrific these days", I know it's significant.

I don't know if my first article or this article will inspire someone to make the same change, but I'd like to think it will. The support is there, it just takes YOU to start the engine.

January 17th, 2013 my weight was 183.6 LBS

July 17th 2013 my weight was 156.4 LBS

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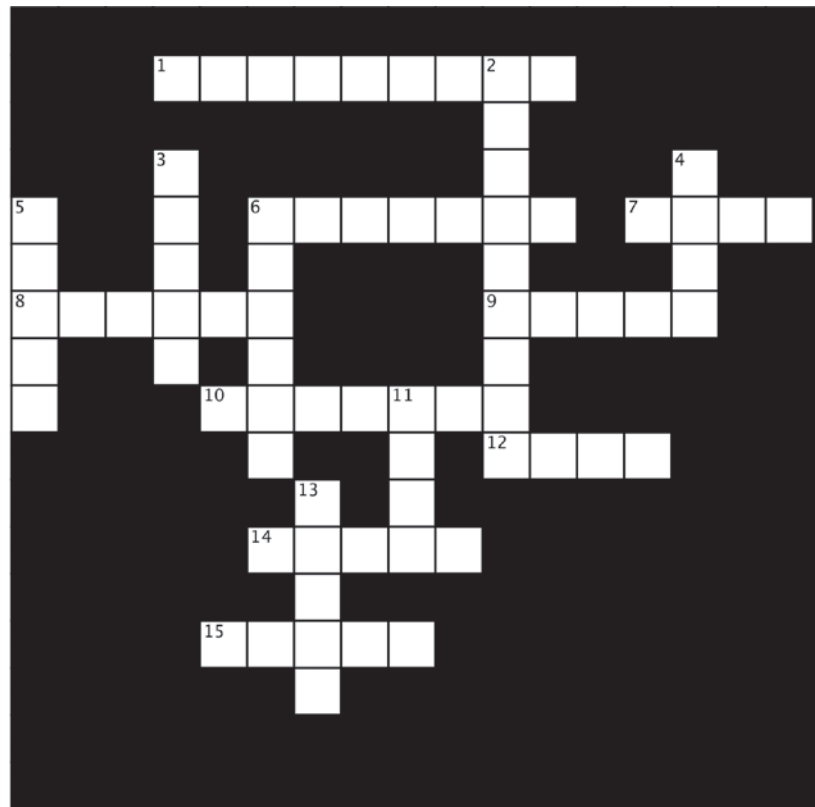
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### ACROSS

- The largest lake in Kings County.
- A rope attached to a canoe.
- Common sea bird.
- On or in a vessel.
- The Bay of \_\_\_\_.
- A fast sailing ship of the 19th century.
- Traditionally used as a fishing boat.
- The Kennetcook River flows through this county.
- St. \_\_\_\_ River of Hants County.

### DOWN

- \_\_\_\_ Lake Yacht Club.
- A small, narrow, human-powered boat.
- A floating aid to navigation.
- The Front \_\_\_\_, a swimming stroke.
- Used to propel a canoe.
- The left side of the boat.
- The Pisiquid \_\_\_\_ Club.



NAME: \_\_\_\_\_  
PHONE: \_\_\_\_\_

## ABS-O-LUTE HEALTH CLUB

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# What's Happening from July 25<sup>th</sup> - August 8<sup>th</sup>, 2013

Brought to you by Our Mother's Keepers: 85 Water St., Windsor, 472-TREE(8733) / OurMothersKeepers.blogspot.ca



SEND YOUR EVENTS TO INFO@GRAPEVINEPUBLISHING.CA FOR PUBLISHING IN ANY OF OUR EVENT LISTINGS

## THURSDAY, 25

**Buy and Sell on Kijiji** — *C@P Lab, Wolfville 6-7:30pm* • For adults. Learn about the 'Online Yardsale', Kijiji. Browse through the listings, send messages and post your own ads! Safety tips for buying and selling online. Please register. **TIX:** no charge **INFO:** 542-5760 / valleylibrary.ca

**Movie Night** — *St. James Anglican Church, Kentville 6:30-9pm* • Watch the movie *Life of Pi*, and share in a discussion afterwards. All are welcome. **TIX:** no charge **INFO:** 678-3123 / stjames@ns.sympatico.ca

**Concert: Swingology** — *Grand Pre Winery, Grand Pre 7-10pm* • Live music provided by Swingology for Martini Night on Le Caveau's patio. No reservations, first-come, first-served. Weather dependent. **TIX:** no charge **INFO:** 542-1753 / mail@grandprewines.ns.ca

**Concert: Madison Violet** — *Union Street Cafe, Berwick 8-10:30pm* • Sold out show, contact them about reservation lists. **TIX:** \$20+HST **INFO:** 538-7787 / unionstreetcafe.ca

## FRIDAY, 26 - Mud Creek Days in Wolfville

**Rug Hooking** — *Acadia University Art Gallery, Wolfville 10am-4pm* • Learn the basics of flower shading w/certified rug-hooking teacher Cindy MacIntosh. Students are asked to bring: hoops, hooks, scissors and cutters equipped with a three blade. Please pre-register. **TIX:** \$100 **INFO:** 585-1373 / artgallery@acadia.u.ca

**Mud Challengers Parade** — *Main St., Wolfville 5:30pm* • Teams participating in the Mud Challenge show their team spirit with a parade to Willow Park **TIX:** no charge **INFO:** wolfville.ca

**BMO Mud Challenge** — *Willow Park, Wolfville 6pm* • In support of Shinerama and the Mudley Fund, teams compete in a number of muddy challenges. Find out if team Ghost Walk can retain this prestigious title! **TIX:** no charge **INFO:** wolfville.ca

**Summer Concert Series** — *Lockhart and Ryan Memorial Park, New Minas 7-8:30pm* • Our fourth concert features the The acoustic Duo of Tony and Lenny Barkhouse. **TIX:** no charge **INFO:** 681-6577  
village.newminas@ns.aliantzinc.ca

**Movie Night in the Park** — *Lockhart and Ryan Memorial Park, New Minas 8:30pm* • The whole family will enjoy Finding Nemo! **TIX:** no charge **INFO:** 681-6577 /  
village.newminas@ns.aliantzinc.ca

**Mud Creek Days: Movie in the Park** — *Rotary Park, Wolfville 9:30pm* • Relax under the stars and enjoy Up! (with popcorn, beverages

and other available treats) **TIX:** no charge **INFO:** wolfville.ca

## SATURDAY, 27

**Mud Creek Pancake Breakfast** — *Lions Club, Wolfville 7-10am* • Mud Creek breakfast -Menu: eggs, pancakes, sausage, bacon, beans, hash browns, toast, juice, tea, coffee. Proceeds towards Lions Community Services. **TIX:** \$6 adults, \$3 children under 10 **INFO:** 542-4508

**Mud Creek Tennis Tournament** — *7 Victoria Ave., Wolfville Tennis Courts, inquire for start times, July 28th as well.* • Mens, ladies, juniors, singles, doubles, mixed doubles. **TIX:** no charge **INFO:** Diana 542-4536 / wolfvilletennisclub@gmail.com

**12th Annual 5km Fun Run** — *Community Centre, Windsor 7:45am registration, 8:45am start* • The Windsor Recreation Fun Run is part of Run NS series. Reception and awards to follow. **TIX:** \$23 RNS members, \$25 non-members **INFO/Reg:** 798-1162 dlevy@town.windsor.ns.ca / town.windsor.ns.ca

**Tastes of the Valley** — *Farmers Market, Wolfville 8:30am-1pm* • A culinary celebration of fresh local food, over 15 Valley chefs use Valley-farmed ingredients to make \$3 taste concoctions to tantalize your taste buds. Get tickets, menus and event maps at the entrance and cast your vote to win \$100 towards a meal from your favourite chef. Come Hungry! **TIX:** no admission fee **INFO:** 697-3344 / manager@wolfvillefarmersmarket.ca / wolfvillefarmersmarket.ca

**Mud Creek Street Fest** — *Main Street, Wolfville 9am-10pm* • Main Street will be closed from Elm Ave. to Harbourside Drive for a full day of celebrations: Mayor's Bike Ride (post office 9am, 27km trek to Evangeline Beach), Mudley's Birthday Party (9am-5pm, bouncy castles, family yoga, cake & more), Mudley's Trip for Kids Bike Race (12 noon, non-timed races for kids 12 and under, helmets mandatory), The Riptide Rollers (1-3pm, Roller Derby sport for women of all ages), L'Arche Fundraiser BBQ (3-7pm), Concert: Caleb Miles, Heather Kelday, Laura Roy, Mark Bezanson, TripALady (3-10pm, presented by Deep Roots), Skate Demo with Limitless Skate & Green Army Design (4-7pm), A Swift Night Out (7pm, see below), Fireworks (10pm, see below) **TIX:** no charge **INFO:** sread@wolfville.ca / wolfville.ca

**Birds of Nature Walk** — *Provincial Park, Blomidon 9am* • Join local naturalist, Dave Currie from NS Bird Society, for a walk in the park to explore the summer species at Blomidon Park. **TIX:** no charge **INFO:** 541-0874 / naugleke@gov.ns.ca

**BBQ Fundraiser for Ben Brow**

**n — Mazda Dealership, Berwick 10am-4pm** • BBQ Fundraiser!!! Proceeds to Ben Brown, para-athlete from Weston, to assist the funding of his various competitions (2013 Summer Canada Games). **INFO:** 679-0700 / info@donnacnradteam.com

**Art Festival** — *Luckett Vineyards, Wolfville 10am-5pm* • Exceptional juried art: paintings, jewellery, pottery, glass, sculpture, leather, photography, metalwork, and more. Demonstrations offered throughout the day, events available for children. **TIX:** no charge **INFO:** 542-2600 / geena@luckettvineyards.com

**Community BBQ** — *Meadowview Community Centre, Kentville 11am-2pm* • Good food and conversation with Jim Morton (Kings North MLA) about what's important to you. Everyone welcome, rain or shine, play area for children. **TIX:** no charge **INFO:** 678-6880 / jimorton@kingsnorthmla.ca

**Garden Party** — *644 Newtonville Road, The Hennigar's, Forest Hill 1-4pm* • Relaxing music and sandwiches/sweets, fundraiser for the Black River Community Hall. Rain date July 28th. **TIX:** donation **INFO:** 542-3498 / jdhenningar@xcountry.tv

**Mud Creek Days: A Swift Night Out** — *Beveridge Arts Centre, Wolfville 7-9:15pm* • Watch, learn about and celebrate Nova Scotia's endangered Chimney Swifts. Informative talks w/Ally Manthorne (Bird Studies Canada) and Jim Wolford (long-time local Swift researcher). Trek to the Robie Tufts Nature Centre (Front Street) to watch the majestic birds circle the sky and plummet into the chimney to roost for the night. Family friendly event. **TIX:** no charge **INFO:** 681-2374 / jameslchurchill@gmail.com

**The Ark, a multimedia performance** — *245 Longspell Rd., Kingsport 8:30-9:30pm* • In the field of Jeff & Paula McMahon's farm, use parking at the pier and walk on Longspell Rd. Art direction: Dustin Harvey, Choreography: Jacinte Armstrong, Dancers: Elise Vanderborcht, Susanne Chui, Miriah Brennan, Set Design: Sarah Bonnemaision, Music: Cory Bowles. Bring a flashlight for return walk, raindate July 29th. **TIX:** no charge **INFO:** sarah.bonnemaision@dal.ca

**Concert: Appaloosa** — *Legion, Kentville 9:30pm* • 19 and over. Bar & kitchen available. **TIX:** \$6 per person **INFO:** 678-8935

**Mud Creek Days: Fireworks!** — *Waterfront Park, Wolfville 10pm* • Sponsored by the Wolfville Business Development Corporation & Paddy's Pub/Rosie's Restaurant. Presented by Fireworks FX. **TIX:** no charge **INFO:** wolfville.ca

## SUNDAY, 28

**Mud Creek Days: Mudley's Poker Trail Run** — *Inquire for location start and times.* • Wacky run playing poker through Wolfville's trails to raise money for the Mudley Fund. Ages 15+ only. **TIX:** donation **INFO:** recreation@wolfville.ca

**Laughing Yoga** — *Luckett Vineyards, Wolfville 9-10:30am* • Join us on our fabulous crush pad patio for a morning session of Laughing Yoga with Helen Fong. Snacks & a glass of wine to follow! **TIX:** \$35+HST **INFO:** 542-2600 / geena@

luckettvineyards.com

**Plant Exchange** — *2732 McNally Rd., Singing Nettles, Burlington 10-11am* • Don't worry if you've nothing to bring. **TIX:** donation to North Mountain Animal Sanctuary **INFO:** 538-3662 / nmanimalsanctuary@gmail.com / singingnettles.ca

**Workshop: Explore the Music of India** — *Horton Community Centre (old Schoolhouse), Grand Pre 11am-5pm* • Beautiful, rich sounds and colours of Indian music w/Sahara Nasr & Ken Shorley. Enjoy hands-on introductory sessions, learn to sing the melodies and tones of Indian raga, and grooving rhythms of Indian tala. Vegetarian Indian lunch (Taj Mahal Catering). Evening concert of Indian and world-fusion compositions at 7:30pm. Please pre-register. **TIX:** \$60 full day, including lunch and concert **INFO:** ken@irhythm.ca

**Mud Creek Days: Soul Sunday** — *Clock Park, Wolfville 2-6pm* • Presented by Green Army Design, come out for various rhythms (DJ Mulligan) and activities in the park. **TIX:** no charge **INFO:** 691-0334 / greenarmydesign@gmail.com

**Scott Brison's Annual MP's BBQ** — *Kip's Beach, Leander Macumber Road, Cheverie 3-6pm* • Featuring music by New Shade of Blue and Makayla Lynn Music and a chicken BBQ. **TIX:** free will offering **INFO:** facebook.com/events/510948998984360

**Concert: Blue Lotus** — *Horton Community Centre, Grand Pre 7:30-9:30pm* • World fusion collaboration between two musicians with a collective passion for the musics of India, Afghanistan and Turkey. Sahara Nasr & Ken Shorley present an intimate evening of original, gently-spiced acoustic music, joined by Heidi Kalyani. **TIX:** \$10 **INFO:** ken@irhythm.ca

**Concert: Best of Boxwood** — *Evergreen Theatre, Margaretsville 8-10pm* • Music that brings to life the energetic traditional dance music of Maritime Canada, Scotland, & Ireland. Chris Norman, David Greenberg, Christine Hanson, Shelley Phillips, & Matthew Olwell. **TIX:** \$20 adult, \$10 student **INFO:** 825-6834 / evergreentheatre@gmail.com

## MONDAY, 29

**Lego Stopmotion Movie** — *C@P Lab, Wolfville 10am-12pm* • For ages 7-10. We'll design a set and characters with Lego, and create a story. Using a camera and a computer, you'll have a part in making a Lego movie. This is a week-long workshop with three sessions: July 29th, 31st and August 2nd. Please pre-register. **TIX:** no charge **INFO:** 542-5760 / valleylibrary.ca

**Blood Donor Clinic** — *Kentville Fire Hall 1-3pm & 5-8pm* • Organized by Sirens for Life, call to book a time. **TIX:** no charge **INFO:** (800) 236-6283 / blood.ca

**Workshop: Publish It!** — *Library, Hantsport 2-3:30pm* • Ever wanted to write your own book? Now is your chance! Use our online template (Publish It!) and let your imagination come to life! Children under 7 must be accompanied by an adult. Please pre-register. **TIX:** no charge **INFO:** 684-4005 / hantsportcap@gmail.com



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**Concert: The McDades, Monday August 12, 8pm, Al Whittle Theatre, Wolfville**  
**Draw date: August 7th. Enter all draws: valleyevents.ca/win**

YOUR GUIDE TO ANNAPOLIS VALLEY EVENTS. VISIT THE EVENTS & MUSIC LINKS TO SEE UPCOMING EVENTS. SIGN UP FOR THE WEEKLY EVENT EMAIL. ADD NEW EVENTS.

**Concert: MUSIQUE ROYALE Best of Boxwood**  
 — St. John's Anglican Church, Port Williams 7:30-9pm • See Sunday, July 28th. **TIX:** \$20 general, \$10 student @ Musique Royale Box Office, or at the door. **INFO:** 634-9994 / stjartsalliance@eastlink.ca

## TUESDAY, 30

**Animation Workshop** — Library, Hantsport 9:30-11am • Create your own interactive stories, games and animations. We'll use GoAnimate! to make your ideas come to life! For ages 7-10. Please pre-register. **TIX:** no charge **INFO:** 684-4005 / hantsportcap@gmail.com

**Prescott Toyshop** — Prescott House Museum, Port Williams 10am-12pm • Learn how to make some old fashioned toys, batteries not required! Ages 5 and up. Pre-register by July 29 **TIX:** \$7 **INFO:** 542-3984 / baldwidj@gov.ns.ca

**Summertime Storytime** — Memorial Library, Wolfville 10-11am • Let's celebrate Summer. Kids aged 3-5 and their caregivers can have fun with Summertime stories, songs and activities. Don't miss the fun, we'll see you there! **TIX:** no charge **INFO:** 542-5760 / valleylibrary.ca

**Social Media for Business** — Library, Hantsport 1-2:30pm • Learn how to use social media sites to promote your business. **TIX:** no charge **INFO:** 684-4005 / hantsportcap@gmail.com

**Silent Auction & Craft Sale** — United Church Camp, Berwick 1-5pm • Live Auction begins at 3pm, viewing begins at 1:30 pm, Craft & Bake Sale 1-5pm. All proceeds go to Berwick Camp **TIX:** \$2 to register for bidding **INFO:** 220-3045 / carolannaugler@yahoo.ca

**Little Ray's Reptile Zoo** — Memorial Library, Wolfville 4:30-5:30pm • Snakes, spiders, frogs, turtles, and more await you with every visit from Little Ray's Reptile Zoo. Please pre-register. **TIX:** no charge **INFO:** 542-5760 / valleylibrary.ca

## WEDNESDAY, 31

**Drop-in Art Classes** — Memorial Library, Wolfville 1-3pm • Wednesdays in July we are offering a drop-in art time with Art Teacher Emily Parks. Projects are geared to kids age 7 to 12. **TIX:** no charge **INFO:** 542-5760 / valleylibrary.ca

**Strategy & Policy Session** — Town Hall, Wolfville 1pm • **TIX:** no charge **INFO:** wolfville.ca

**Flying High Storytime** — Library, Hantsport 1:30-2:30pm • Come join us as we stretch our wings, and soar in our imaginations with stories, rhymes, songs, and crafts. For ages 3-6 and their caregivers. **TIX:** no charge **INFO:** 684-4005 / valleylibrary.ca

**Go! Summer Reading Club** — Library, Windsor 3:30-4:30pm • An hour of fun activities based on the TD Summer Reading Club. This program is for children who were in Grades P-3 this year. Wear comfy clothes and bring a paint shirt. **TIX:** no charge **INFO:** 798-5424 / valleylibrary.ca

**Devour! The Food Film Fest Brand and Media Launch** — Al Whittle Theatre, Wolfville 5-7pm • The third Food Film Fest (previously the Slow Motion Film Festival) will announce the details of the event and the key partners that will help to bring it to life. A significant film festival devoted to global food and dining events slated for November 13-17, 2013. We will screen the short film Loss of Taste (Italy) a winner from the 2011 festival. Please RSVP. **TIX:** no charge **INFO:** 679-0297 / RSVP@devourfest.com

**Social Media for Business** — Library, Hantsport 7-8:30pm • Business owner? Learn how to use social media to promote your business. Please register. **TIX:** no charge **INFO:** 684-4005 / hantsportcap@gmail.com

## THURSDAY, 1

**4-H Joint Achievement Days** — Kings Mutual Century Centre, Berwick 9am. Also Aug. 2, 9am • Official Opening 12pm. **TIX:** no charge **INFO:** info@kmcberwick.ca

**Prescott Picassos** — Prescott House Museum, Port Williams 10am-12pm. Also Aug. 8 • Prescott Picassos Age 5 and up If you love to paint, draw, and create, this is for you! Please pre-register by the day before the workshop. **TIX:** \$7 **INFO:** 542 3984 / baldwidj@gov.ns.ca

**Ancestry.com** — C@P Lab, Wolfville 6-7:30pm • For adults. Do you have ancestors or relatives that you've been wondering about? Trying to find information on them? Search through a database for your family members from long ago. Please pre-register. **TIX:** no charge **INFO:** 542-5760 / valleylibrary.ca

**Concert: Andy & Arianna** — Grand Pre Winery, Grand Pre 7-10pm • Live music and Martini Night on Le Caveau's patio. No reservations, first-come, first-served. Weather dependent, check Facebook or call. **TIX:** no charge **INFO:** 542-1753 / mail@grandprewines.ns.ca

**History Uncorked** — Randall House Museum, Wolfville 7-9pm • Join us for a wine and cheese social where local wineries will showcase a selection of their favourites! **TIX:** no charge, donation welcome **INFO:** 542-9775 / randallhouse@outlook.com

**FRIDAY, 2 - Summer Fest starts in Windsor. Go to windsorsummerfest.ca for a list of events (which weren't updated at the time of printing)**

**Summer Concert Series** — Lockhart and Ryan Memorial Park, New Minas 7-8:30pm • Our fifth concert features the music of Karen Warner. **TIX:** no charge **INFO:** 681-6577 / village.newminas@ns.aliantzinc.ca

## SATURDAY, 3

**Rummage Sale** — United Baptist Church, White Rock 9am-1pm • Browse our "new to you" used items for sale in the Church Vestry. Money raised goes to church upkeep. **TIX:** donation **INFO:** scudmore@hotmail.com

**Christina's Lemonade Stand** — Clock Park, Wolfville 10am-1:30pm • Cold lemonade in support of L'Arche Homefires Building Our Dream Campaign. **TIX:** \$1 per cup **INFO:** 542-3520 / director@larchehomefires.org

**Myths and History Hike** — Multipurpose building, Provincial Park, Blomidon 10am • Stroll through the park w/Lucas McCamon and ponder the legends that seek to explain this profound geological form and its inhabitants. Find hidden bits of human history that create a picture of the lives of families who called this Cape home. **TIX:** no charge **INFO:** 582-7319 / BlomidonPark@gov.ns.ca

**Create Your Own Fabric Postcards** — Acadia University Art Gallery, Wolfville 12-3pm • W/ Regina Marzlin, award winning fibre artist/quilter. Create 3 finished postcards using collage techniques, stamps and paint, and finishing with a paper backing. Bring materials: sewing machine & extension cord, basic sewing kit, iron & pad (optional), fabric scraps, beads and embellishments. People who do not have these supplies can be accommodated. Please register. **TIX:** \$30 **INFO:** 585-1373 / artgallery@acadiau.ca / reginamarzlin.com

**Benefit Show** — Lions Club, Kentville 1-4pm • Benefit for David Benjamin to help him with his fight with cancer. Music entertainment: Cyé Brown, Mike Davidson, Basil Davidson, Wayne Brown, Robin Wright, Brenda Downey. 50/50, auction, & freewill donation at the door **TIX:** donation **INFO:** 679-2367 / kentvillelions@gmail.com

**100th Anniversary Tea** — Prescott House Museum, Port Williams 2-4pm • Celebrate the 100th anniversary of the Port Williams Women's Institute with tea in the beautiful gardens of Prescott House Museum. **TIX:** \$5 for tea, \$2 museum tour **INFO:** 542-3984 / prescott.museum.gov.ns.ca

**Fish Chowder Supper** — Fire Hall, Halls Harbour 4:30-6pm • Proceeds for Halls Harbour Fire Dept. Take-out available. **TIX:** \$12 adults, \$6 children **INFO:** hallsharbour.cap@xcountry.tv

**Caribbean Night** — The Port Pub, Port Williams 7pm • A Caribbean themed evening featuring "The Lost Tourists". **TIX:** no charge **INFO:** 542-5555 / portpub@ns.aliantzinc.ca

**Concert: Still Doin' Time** — Legion, Kentville 9:30pm-12:30am • 19+ event. **TIX:** \$6 **INFO:** 678-8935 / kentvillelegion@eastlink.ca

## MONDAY, 5

**Film: COLVILLE** — Al Whittle Theatre, 8 pm • In cooperation with the Fundy Film Society, this documentary by German filmmaker Andreas Schultz will be presented to mark the passing of one of Canada's great artists, former chancellor of Acadia University and long-time resident of Wolfville, Dr. Alex Colville. **TIX:** free-will offering will be donated to the Valley Hospice Foundation, after all expenses are paid. See poster p. 7. **INFO:** 542-2533

## TUESDAY, 6

**Lego Stop Motion Flick** — Library, Hantsport 9:30-11am • See Monday, July 29th. Please pre-register. **TIX:** no charge **INFO:** 684-4005 / hantsportcap@gmail.com

**More Photo Manipulation** — C@P Lab, Wolfville 10am-1pm • For ages 12-16. Want to further your photo-trickery? We'll cover more techniques on how to manipulate photos and swap your friends' heads. This is a week-long workshop with three sessions: Aug. 6th, 7th and 8th. Please call or go online to register. **TIX:** no charge **INFO:** 542-5760 / valleylibrary.ca

**Let's Go Fly a Kite!** — Prescott House Museum, Port Williams 10am-12pm • Make and fly your own kite! For ages 5 and up. Pre-register by August 5th. **TIX:** \$7 **INFO:** 542-3984 / baldwidj@gov.ns.ca

**Ancestry.com Workshop** — Library, Hantsport 1-2:30pm. Also Aug. 7, 7-8:30pm • See Thursday, August 1st. Please register. **TIX:** no charge **INFO:** 684-4005 / hantsportcap@gmail.com

**Movie Night** — Randall House Museum, Wolfville 9-11pm • Indiana Jones and the Last Crusade. Bring your sleeping bags and snacks and meet us on the lawn at dusk (9pm-ish). Rain date: Tues., Aug. 13th, dusk. **TIX:** no charge, donations welcome **INFO:** 542-9775 / randallhouse@outlook.com

## WEDNESDAY, 7

**Flying High Storytime** — Library, Hantsport 1:30-2:30pm • See Wednesday, July 31st. **TIX:** no charge **INFO:** 684-4005 / valleylibrary.ca

**Go! Summer Reading Club** — Library, Windsor 3:30-4:30pm • Week 6, make new friends. Fun activities based on the TD Summer Reading Club. This program is for children who were in Grades P-3 this year. Wear comfy clothes and bring a paint shirt. Pre-Requisite: No pre-schoolers please. **TIX:** no charge **INFO:** 798-5424 / valleylibrary.ca

## THURSDAY, 8

**Concert: Scott Prudence** — Grand Pre Winery, Grand Pre 7-10pm • Live music provided by Scott Prudence for Martini Night on Le Caveau's patio. No reservations, first-come, first-served. Weather dependent, if unsure, please check facebook or call. **TIX:** no charge **INFO:** 542-1753 / mail@grandprewines.ns.ca

**Gala Days Dessert Contest** — Union Street Cafe, Berwick 7pm • Delectable treats made by local bakers, businesses and next-door neighbours! Vote your favourite for "People's Choice" and enjoy some coffee from our local, North Mountain Fine Coffees. To enter a dessert, please email. Deadline for entries is 4 pm, Thursday, August 8th. **TIX:** no charge **INFO:** 679-0700 / donna@donnaconradteam.com



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# Tastes of the Valley

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