

The Grapevine

August 9 - August 22 2007



Connecting People

by Andy Flinn

I do, on occasion, open my mouth too quick or too far. Or both. That may be in part how Adam Barnett got to know us. A few months ago, he asked us if we were interested in taking over the Grapevine. We apparently were. "We", that's my partner Ariana Nasr and myself, Andy Flinn.

So, the Grapevine changed hands. And we started learning about the work that's involved in producing just one issue of this newsletter. We started figuring out how many relationships need to be maintained to finance this newsletter. Started. How many writers and reporters will supply editorial content? Local writers and reporters, that is. We suddenly found ourselves connected and re-connected with a large group of people. Neighbors, friends, new and old acquaintances. Adam Barnett has created a wonderful network of people and connections with this paper. We've decided to do our very best to keep it going. We'll struggle to do as fine a job as he did. Another Lesson.

Mister Adam "connect people" Barnett. While negotiating this handover, Adam said those words more than once: "Connect people". Others in Wolfville use the same words when asked what

the Grapevine is all about. So there goes our mission: Connect People. In my eyes, Adam has been hugely successful with it. A real who's who kind of dude. I still see him connecting people. He's working "On The Verge", playing with "Infinity Sticks" and he'll connect people with those and other projects. Thank you Adam! We look forward to connecting with you in the future!

Running The Grapevine sort of feels like driving the Bluenose without a drivers license. Sure is exciting!

There's so much going on around here. I probably could fill this whole paper with the things I saw and experienced during the last few days: I've been taken to see "The Odyssey" at Ross Creek Centre for the Arts last week and was hilariously entertained by that outdoor show. What a heap of fun it was! The story was way more interesting than the one I remember from my school days. Last Monday we went to Paddy's Pub and saw "The Gruff" play. They are a four piece band from Victoria, BC. The same night had the Hupman Brothers jamming with Matt Andersen, Ross Neilsen, Caleb Hamilton and

many others. "The Gruff" followed with their last set and kept the place hopping. Musicians ended up jamming until the night was done. Any band coming to Nova Scotia from elsewhere will play in Wolfville, if they have any sense at all. The "Cracker Cats", a band from Saskatchewan, has got it figured out as well and rocked the house at t@b's "Wednesday Night On The Verge" just two days later. Adam Bazinet hosts an Open-Mic at the "Just Us" Cafe every Tuesday. Last time he was jamming with guests for several hours before calling it a night. And all this is just scratching the surface.

There were many events that we didn't manage to catch, regretfully. The ATF's "The Drawer Boy", the "Mad Composter Tea Party", The "Chocolate 'Mud' Dessert Contest", The "Wolfville Triton's Swim Club BBQ" and dozens of other events. There's so much to report on, in these parts. We want to invite all of our readers to contribute reports, opinions and event listings, via our email address grapevine@wolfville.org or via our website <http://grapevine.wolfville.org>.

Tide Predictions

for Cape Blomidon

Aug	High	Low
9	10:07	16:15
10	11:09	17:16
11	12:06	18:13
12	12:58	19:04
13	13:46	19:52
14	8:17	14:31
15	8:59	15:13
16	9:39	15:54
17	10:18	16:33
18	10:56	17:13
19	11:36	17:55
20	12:19	18:40
21	13:07	19:30
22	8:01	14:02



Have you seen this person? Find out where he is on page 7!

Roots.Folk&Blues

Mary Gauthier ★ Joel Plaskett ★ Bea Whiskey
 ★ Andrew White & Gillian Boncher ★ Visken
 ★ Nicki Catlowitz ★ Carlos Del Junco
 ★ Macrimmon's Revenge ★ Matt Andersen
 ★ Dave Carnichael & Melissa Trolier
 ★ The Hupman Brothers ★ A Band of Owls
 ★ Gordon Stubbe & Greg Sarrin ★

DEEP ROOTS MUSIC FESTIVAL

Sept. 14-16
 Wolfville

For tickets and info:
 542-ROOT (7668)

www.deeprootsmusic.ca

New Wolfville Publication in the Works

by Morgan Wheeldon

When Margaret Whitmore approached me with the idea of starting an alternative news publication in Wolfville, I thought it was a titillating idea (get your heads out of the gutter). Although neither of us had much experience in the world of publishing, we both shared the desire to stimulate debate on issues that we feel are not being addressed in an equitable or objective way.

Why start a community publication when we already have the Grapevine, you ask? The simple answer is that our content will differ enough to warrant separate entities. While the Grapevine focuses on community events, arts,

and culture, we hope to provide news analysis and encourage debate.

The initial concept was to create a publication that provided news analysis not provided by the mainstream press. The term "community newspaper" has been tossed around a lot with those we've discussed our project with, but the content will not be restricted to Wolfville news. In fact, we even plan to include a section with spiritual and philosophical discourse.

Since the project's inception, James Harris, member of the local Council of Canadians division, has come on board to help put

together our first issue. In the future, I hope that many local community members decide to take part, either by contributing pieces or by contributing news ideas. Please feel free to contact me if you want to get involved.

After playing with the idea of advertising and possibly selling the paper in select retail outlets, we've decided to print a limited number of the first issue before making any long-term decisions. We plan to publish on a monthly basis and although the guiding principles will remain in tact, the format and content will evolve from issue to issue. We still have yet to solidify the

date for our first release, but rest assured it won't be long.

In our first issue, you can look forward to reading what Garrow Hill-Stosky has to say about the war since returning from Afghanistan. The pros and cons of the proposed Digby quarry will be debated, and Wil Lang gives his two cents about our provincial government's approach to the environment. All this and more will be included. Be sure to keep your eyes peeled for our first issue in local coffee shops before the end of the month.

Morgan Wheeldon
morganwheeldon@hotmail.com

Let it Grow - for the butterflies

by Melanie Priesnitz

The butterfly counts not months but moments, and has time enough.

~Rabindranath Tagore

There are lots of mixed messages regarding milkweed plants. Some say they are noxious weeds that should be controlled while others maintain that they are essential to the survival of monarch butterflies.

There are 150 milkweed species, 14 of which are native to Canada. The one famous for being a harmful weed is *Asclepias syriaca* or Common Milkweed. This plant is listed as a noxious weed in Nova Scotia under the Weed Control Act. There are several reasons that this plant has been listed as noxious. One is due to its toxicity to livestock,

the highest threat being to poultry. This milkweed is also poisonous to sheep and cattle, however these animals tend to avoid eating the plant.

Another concern is that it is a very aggressive and highly competitive plant that has the ability to absorb nutrients and water more readily than many crops. Due to this, it poses an economic threat to agriculture; its milky substance and fluffy seeds can also clog combine parts and air intakes.

Happily, Common Milkweed is not our only native milkweed. Nova Scotia is also home to *Asclepias incarnata* or Swamp-Milkweed. This beautiful perennial is found in wet areas near lakeshores and streams. It is considered rare in this province, probably because it

is often confused with its more aggressive relative.

Telling these two plants apart can be tricky to the untrained eye. One way of differentiating the two is that the Common Milkweed has more clusters of flowers all along the stem where Swamp-Milkweed has fewer flowers and they tend to be primarily at the top of the plant. The best way to be sure of which plant you're looking at is to look at the habitat that it's growing in. The Common one grows in disturbed, light soils as opposed to swampy locations.

All *Asclepias* species provide nectar to mature Monarch Butterflies and are hosts for their larvae. The stems and fluffy seeds of milkweeds are also used by

many birds as nesting material.

Swamp-Milkweed thrives in wet conditions but also does well in a regular well-drained garden soil making it a great selection for home gardens. These plants are best left undisturbed due to their long taproots. They are slow to start in the spring and are late bloomers, providing vibrant pink blooms in late July, early August. If you want to attract butterflies to your garden, this is a great choice and an essential one to ensure the survival of Monarch Butterflies.

To learn more about the special relationship between monarchs and milkweed visit: http://www.naturecanada.ca/take_action_monarch_friendly_garden.asp

Wednesday Night
ON THE
Verge

August 6th 2007
8:30-10:00
9:45 Alison & Megan Hickey
9:45 John & Andy Kavanagh
10:00 Caleb Miles Trio
10:45-12:00

For further info visit <http://wednesdaynightontheverge.org>

If I Were Mayor...

by Zach Dayler

Born in Hamilton, Ontario I came to Wolfville for Acadia University where I continue to work toward completing an Honour's degree in Political Science. Once I left Hamilton to explore the wonderful community which is Wolfville, I came to learn that my new home would now be this beautiful place. Wolfville is a community which I feel is rich with potential and the opportunity for growth. Yet, I still believe in, and understand the roots of this community, and the need to maintain and protect the diverse identity. From my time here I feel that I have been able to look at Wolfville and experience this beautiful town from a set of fresh eyes.

What I have seen is the potential for growth, – but more importantly, I have seen a community at a turning point. With the ever growing metropolis of Halifax and the emergence of the “box concept” in New Minas, Wolfville is caught at a point

where it must define itself as the community of communities by supporting and striking a balance between the diverse economic and social constituency which makes Wolfville so vibrant.

How as a collective democratic body do we do this? First, it is important to have strong leadership which is drawn from a mix of perspectives, new and old. By reaching out and talking directly with the individuals who have made Wolfville what it is, and by communicating with the future we can engage in rich discussions of what our collective concerns and goals are.

What I hold to be one of the most important areas where we as a municipal government must be actively involved is in supporting small business. Wolfville is a community which thinks globally and acts locally – I believe in this concept from both the perspective of the

environment and from the broader perspective of economic development. By making it easier for small business to develop we can encourage more growth from within ourselves. By doing this we draw from our talents, and our skills to set and determine our identity. An identity which is derived from the spirit and creativity of a community that is defined by a local agenda, and focused on leading in the national arena.

If I was to run for mayor of Wolfville I would work with community leaders from a broad base of groups. We would work diligently to first understand the communities needs. This would be done by engaging ourselves with the various stake holder groups through the Lions Club, Rotary, Business Industries Association, Acadia, and various youth groups and other local associations. Through interaction with these groups we can encourage involvement and hopefully

stimulate conversations about what it is we need to do to move forward, develop, and yet protect our identity.

We must also focus on the arts. We have a relationship with Acadia University that we must accept. It is not always fair, and we must work to rectify that, but it does stimulate and sustain many aspects of life in Wolfville. In this community, however, the arts are so rich and vibrant that we must utilize these resources to become a community that is known not only for Acadia University, but firstly for our unique identity that is constructed from within, and not from our external competitors and influences.

If I was to be mayor, and to have the amazing opportunity to lead such a motivated community these are the things that I would focus on, and work toward, to ensure that what we believed in for our community became a reality.

How Come Wolfville Doesn't Have a Community Pool?

by David Daniels

The following is a fictionalized conversation, inspired by actual discussions I have had with members of the community.

Where should we take the kids swimming?

Well, there is the Reservoir, or Aylesford Lake, Evangeline Beach, or Kingsport.

Ha, but the Reservoir is way too buggy, and the lake is way out of town. Think of the gas burned up getting there. The same with the beaches, and besides, you gotta hit the tides just right. How come the town doesn't have a pool?

What do you mean no community pool. What about the wading pond at Willow Park.

Ha, right.

How about the pool at the

gym?

Are you kidding, it's way too hot to go inside to swim, and besides, I'm not sure when the public swim is today.

I heard that at town council meetings they were concerned about dropping student enrollment at the local schools. We need ways to attract young families.

A community pool could be a big plus, especially for families with young kids.

You know when I was young, I used to hang out at our community pool the whole summer.

Maybe the problem is the cost? Do you know how much a pool would cost?

Not sure, I bet it's at least a million. But something like that, I think the town could borrow the money, and pay it

off over a lot of years.

But it can't be too expensive if Hantsport has a pool. Last time I looked they had a population of less than 1200 and Wolfville had about 3700 people. Maybe it could pay for itself with some sort of fees, or the town could get some government grants.

Did you know that the town just decided to contribute \$60,000.00 to help pay for the new track at Acadia?

Ha, but the public will get to use the track, and I think a pool would cost way more than \$60,000.00.

Maybe there is no place to put the pool.

I'm not sure. What about the Quiet Park or is it "dead park" at the west end of the town? I hardly see anyone ever use that.

Here's an idea. I've heard that in Australia and England that have these tidal pools right on the ocean. The pools are filled with sea water, and every time there is a new tide, new water comes in, so I think filtration and chemicals don't have to be used. I wonder if that's been thought about. But maybe the tides are too high here.

You know, if you're really interested in a community pool, here's an idea. The town elections are coming up. Ask the candidates what their position is on a community pool. And if they don't commit to doing something, at least seriously look into it, don't vote for them.

What's Happening from August 9 - August 22, 2007for more event info and to add your own events, visit www.wolfville.org**THURSDAY AUG 9th**

Morgan Davis at ArtCan 3 course dinner and performance. Reservations and tickets are \$50.00. Visit our website for details - www.ArtCan.com

ATF presents Shirley Valentine by Willy Russell - 8pm at the Festival Theatre. Call 1 800 337 8881 - www.atf.ns.ca

Rust Bucket plays at Martini Night at the Grand Pre Winery

FRIDAY AUG 10

Gypsophilia - On the Verge - 10:00pm \$14/\$12 Halifax's Gypsophilia combines hot jazz and European gypsy music, adding their own modern edge and fusing elements of tango, klezmer, funk, and classical in their original music. This is going to be a night of dancing and celebration. We encourage people to dress up in 1920 style suits and dresses. Let's make this a beautiful night... - www.gatherontheverge.ca

ATF presents Shirley Valentine by Willy Russell - 8pm at the Festival Theatre. Call 1 800 337 8881 - www.atf.ns.ca

SATURDAY AUG 11

The Dungaree Brothers at Paddys Pub Wolfville - Matinee - 1pm - 3pm

B'Town Blues Band brings you a great dance party starting at 9 pm at the Union Street Cafe in Berwick. Tickets are \$8.

The Bishop Family Association presents renowned genealogist, historian and author TERRY PUNCH at 7:30 pm at the Port Williams Community Centre. Tickets are \$10 and can be purchased at the door, at Noggins Corner Farm in Greenwich, or at the Kings County Museum in Kentville.

Children's Activity at Randall House Museum (259 Main St. Wolfville) 2-4 pm. \$5 per child. Come ready to roll up your sleeves and make real ice cream the old fashioned way! For more info call 542-9775. Please book in advance as space is limited.

Multi Figure Drawing Workshop with Sara Hartland Rowe at the Ross Creek Centre for the Arts - noon to 5 p.m. four hours of drawing with a one hour tea and critique. \$35

ATF presents Shirley Valentine by Willy Russell - 2pm at the Festival Theatre. Call 1 800 337 8881 - www.atf.ns.ca

ATF presents The Drawer Boy by Michael Healey - 8pm Festival Theatre - Call 542 4242 or 1 800 337 6661 for tickets and more information. - www.atf.ns.ca

Tom Haddal performs from 10 - 1pm at the Wolfville Farmers' Market. The market takes place every Saturday morning 8.30am - 1.00pm Robie Tufts Nature Centre, Front Street. www.wolfvillefarmersmarket.com

SUNDAY AUG 12

Away From Her - 8pm at the Al Whittle Theatre in Wolfville. Fundy Film continues its Summer Series with a beautifully moving love story that deals with memory (and its loss) and the circuitous paths of a long marriage. Directed by Sarah Polley, the film stars Gordon Pinsent and Julie Christie. For further information, see www.fundyfilm.ca or call (902) 542-5157. Tickets (\$8) are available 30 minutes prior to the film.

Chicken Chicken and Chicks - 2pm - Come see CentreStage Theatre's Production of Waiting for the Parade by John Murrell. Stay for the Chicken Barbecue. Tickets \$25 Call 678-8040

Kyra & Tully - On the Verge - 8:00pm \$8/\$7 advance <http://www.kyraandtully.com/> www.gatherontheverge.ca

ATF presents Shirley Valentine by Willy Russell - 8pm at the Festival Theatre. Call 1 800 337 8881 - www.atf.ns.ca

ATF presents The Drawer Boy by Michael Healey - 2pm Festival Theatre - Call 542 4242 or 1 800 337 6661 for tickets and more information. - www.atf.ns.ca

Wolfville Triathlon Festival - For Kids 5-12, Youth 13-19, Special Olympians & Adults. Acadia University Athletic Complex. Contact Info: reads@ns.sympatico.ca KOS INFO: <http://www.trins.ca> <http://www.nskos.ca/> Online Registration available - www.atlanticchip.ca

MONDAY AUG 13

Ben Sures hosts Monday Night Open Mic at Paddy's in Wolfville - 8.00pm <http://www.bensures.com/>

Valley Gardeners Club - Monthly meeting at the Agriculture Research Centre in Kentville, starting at 7:30 p.m. The program is "How to have a Figging good time" presented by Allison Magee. For more info phone Barry at 542-9240.

TUESDAY AUG 14

ATF presents Shirley Valentine by Willy Russell - 8pm at the Festival Theatre. Call 1 800 337 8881 - www.atf.ns.ca

Fun in the Lost Worlds Club - We will learn about lost cities of stone such as Petra, write letters and stories using hieroglyphics, create our own gods and goddesses using our country's animals and create time capsules to bury in our backyards! Age Levels: 5 - 8 - Tuesdays & Thursdays @ 3 - 4.30pm, 9 - 11 - Wednesdays @ 3 - 4.30pm. Registration is required. Register today by visiting or calling the Library during opening hours.

WEDNESDAY AUG 15

Benefit Concert - Acclaimed Canadian pianist, Terence Dawson, of the Univeristy of British Columbia School of Music will be performing a benefit concert in aid of the Hall's Harbour Scholarship Fund 8:00pm at Denton Hall, Acadia University. Recital will include works by Schubert, Scriabin, Chopin, Coulthard, Brahms and Rachmaninoff. \$15 per adult, \$12 senior and student, \$35 family of four

All events listed are subject to change without notice.
Please verify information before going out of your way.

(Continued from page 4)

t@b presents Wednesday Night On The Verge. Featuring t@b at 8:30, tba at 9, Allison and Megan Lickley at 9:15, John and Andy Kavanagh at 1:0:15, and t@b at 10:45. More info at <http://wednesday.wolfville.org>

ATF presents Shirley Valentine by Willy Russell - 8pm at the Festival Theatre. Call 1 800 337 8881 - www.atf.ns.ca

Kentville Market from 10-2pm at the Kentville Town Square.

SATURDAY AUG 18

t@b from 10 - 1pm at the Wolfville Farmers' Market - Every Saturday morning 8.30am - 1.00pm Robie Tufts Nature Centre, Front Street. Free Parking, Live Music - www.wolfvillefarmersmarket.com

Morgan Davis at the Wick Pub (Union Street Cafe) in Berwick. The show starts at 9 pm and tickets are \$12.

Paul Marshall at Paddys Pub in Wolfville - Saturday Matinee - 1pm - 3pm

SUNDAY AUG 19

Matt Minglewood (solo) - On The Verge at 8pm - \$20/\$18 advance - Hailing from Glace Bay, Nova Scotia, blues, folk, rock, country, Celtic and Cajun are all musical threads that weave their way through the songs of Canadian music legend Matt Minglewood. Thirty five years plus of touring, recording and surviving in the music business ensures that his songs portray stories filled with the humor and earthy reality of life on the road. <http://www.mattminglewood.com>, gatherontheverge.ca

MONDAY AUG 20

Sean Peori hosts **Open Mic Night** at Paddys Pub in Wolfville - 8.00pm

TUESDAY AUG 21

ATF presents The Drawer Boy by Michael Healey - 8pm Festival Theatre - Call 542 4242 or 1 800 337 6661 for tickets and more information. - www.atf.ns.ca

WEDNESDAY AUG 22

Wednesday Night On the Verge presented by t@b featuring multiple performers. Check wednesday.wolfville.org for details.

ATF presents The Drawer Boy by Michael Healey - 8pm Festival Theatre - Call 542 4242 or 1 800 337 6661 for tickets and more information. - www.atf.ns.ca

WEEKLY EVENTS

Monday

Open Mic at Paddy's Pub with weekly host at 8pm. Call 542-0059 for information

Tuesday

Open Mic at Just Us Cafe in Wolfville from 7-11 with host Adam Bazinet.

Nature Counts - Hike the Woodland Trails behind Acadia. Meet at the KC Garden main entrance. From 6:30 - 8:30pm (ends Aug 28)

Scottish Country Dancing - At the Wolfville School from 7:30 - 9:30 pm, September - May. Please call 542-5320

Wednesday

Wednesday Night On The Verge presented by t@b featuring multiple acts, no cover charge. 8:30 - 11pm

Grow with Art - An art rental program for children; Art Gallery at Acadia University from 3-5pm 542-2327

Kids Zone - After school program at Wolfville Library. 542-5760

Thursday

In the Round Knitting Group at Gaspereau Valley Fibres. Casual gathering of knitters, weavers, spinners, and rughookers, 1-4pm. 542-2656

The Dungaree Brothers - Come and enjoy some swampy blues at On The Verge. Music starts at 7:30pm.

Friday

Jazz Generations performing at On The Verge.

Open Mic at Union Street Cafe 8pm (902) 538-7787

Saturday

Wolfville Farmers' Market - Every Saturday morning 8.30am - 1.00pm Robie Tufts Nature Centre, Front Street. Free Parking, Live Music - www.wolfvillefarmersmarket.com

The Vergetarians - Laying down a groove at On The Verge starting at 9pm. Please call 542-9399

Grow with Art - An art rental program for children at the Art Gallery, Acadia University from 1:30-3:30pm. 542-2327

Featured Performers at Paddy's Pub. Call 542-0059 for details.

Fables in the Forest at 1pm. Join us for storytelling under the willow tree. Meet in the Conservatory rain or shine. Runs until Aug 18th.

Sunday

Celtic Music Session at Paddy's Pub. Call 542-0059.



Piano @ Acadia

Join the Notekidds Enriched Piano Program

Offered to community children at Acadia's School of Music
Weekly group and private piano lessons
Music that inspires, learning that lasts
Now accepting beginners for September
Contact Rebekah Price Maxner
684-1063 notekidds@maxner.ca



DVD's Of Interest by Megan Haliburton

A popular story-line in cinema has always been the dramatic & varied effects of unexpected, unlikely, life-altering love. This rich theme is mined yet again in the new film **"The White Masai"**, the autobiographical story of a German woman who meets & falls for a Masai warrior while vacationing in Kenya.

Watching this DVD reminded me of countless other fine & fabulous movies along these lines.

"Heaven" (2001) - Director Tom Tykwer's beautiful film about the redemptive power of love even for the most lost & hopeless souls & in the face of impossible obstacles. I love this one. With passion.

"Harold & Maude" (1971) - If you've never seen this cult classic, you really should. Depressed 20-year-old Harold's life is utterly improved when he gets involved with the free-spirited life-loving 80-year-old Maude. Uplifting charmer.

"When Brendan Met Trudy" (2000)- Shy, unassuming Brendan and daring dynamo Trudy make an odd yet compelling pair in this Irish romantic comedy by writer Roddy Doyle. Fun & sexy; I adored it.

Other titles I can't bear to leave out include: **"The Cooler"**, **"Head-On"**, **"Double Happiness"**, **"All that Heaven Allows"**, **"Witness"**, **"The Tango Lesson"**, **"Brokeback Mountain"**, **"The Lover"**.

Who's Who

photo by David Gallant



Paul Cressman is a Wolfville resident who currently is very busy exporting Annapolis Valley music to Ontario where he tours with A Band of Owls, promoting their latest CD, "Of Wood and Water, Stars and Song", which has been recorded right here, in the valley. Paul's band has booked 20 shows in a span of 23 days, criss-crossing central Canada for most of August. The band will return home to Nova Scotia in time for the Deep Roots Music Festival in Wolfville.

Paul has an extensive history of collaborating with well known musicians from Nova Scotia and Canada. He's performed on upright bass with people like Craig Cardiff, Jack McDonald, Rose Cousins, Mike Aube and many others. Paul can hold a whole ensemble together when he combines his trademark beat boxing with his special bass playing style.

For the coming winter, Paul will retreat to Fort Smith in the North West Territories, where he'll work with youth at risk and develop material for a solo project. He'll return to Wolfville in spring to eagerly waiting fellow musicians and friends. www.abandofowls.ca

Music Review

Hupman Brothers (new CD, self titled)

This CD is currently on high rotation at my house. It was recorded at Dogface Records by Bob Connon and Terry Barrett. The editing, mixing and mastering was done by Bob Connon.

I admit, We've had this CD in the house for more than two weeks, and it is still spinning like crazy. Life doesn't get any better than this: Two acoustic guitars, two brothers, two voices, raw and plain. An oozing of groove, smooth and edgy, heart, lots of that, heart and guts and feeling.

I've had a couple of opportunities to meet these brothers in person. They're called Scott and Ryan Hupman and they came to Wolfville from Shelburne, Nova Scotia. You wouldn't know all that from examining the CD cover. They neglected to mention their first names. On the inside of the sleeve many people are mentioned, but you'll find no Scott and no Ryan. (This is the one and only flaw with this CD.)

These guys live and breathe music, they're dishing it up



photo by Ming Bérubé-San

by Andy Flinn



big time. The album features 16 original songs. The music feels very immediate and goes straight from the ears to the heart. Funny thing, this CD will trigger many flashbacks to the brothers' live show. The next big Hupman Brothers show, by the way, is part of the Deep Roots Music Festival this September in the Acadia Cinema's Al Whittle Theatre.

"Sand Between My Toes" is playing right now on my speakers, and I'm not getting much writing done, the music is a touch too hypnotic. The guitars are so complementary, it's sounds like a two-headed, twenty-fingered alien is wielding two guitars at the same time. The blend of the voices is beautiful. Get this CD at Paddy's or Muddy's in Wolfville.

LIGHT & SHADOW
VIDEO THAT ENLIGHTENS

Wolfville's Only Full Service Video Store.

In business for 18 years.

Open 7 Days A Week

(902) 542-9287

ON THE Verge
RESTAURANT • MUSIC

Matt Minglewood
Solo Performance

Sunday, August 19
\$20/\$18 advance

Dinner reservations
between 6-7:00.

Show starts at
8:00pm sharp

Great Food
Live Music

(902) 542-9399

Fundy Film Society

Away From Her
August 12 (8pm)
\$8 General Admission

Watch this space for
Autumn 2007 Series
announcements.

542-5157
www.fundyfilm.ca

Ode to Kale

Ahem, now let us bow our heads in solemn thanks to the almighty kale. Well, actually I don't think we need to take this flourishing green that seriously. With its nutty flavour and a texture that holds out even more than spinach, I really do think that we all need to pay more attention to this fabulous, happening, local, abundant vegetable, KALE!

As a third century prophet once wrote:

Cures all ails

Without fail

Eat your kale

Or go straight to jail!

Available from now until snow at local farmers markets... get your KALE!!!!

Filled with vitamin A & C, fibre, beta-carotene, iron, calcium, etc. this rich green will keep your vision straight,

colds away, bones strong and ward off cancer. With kale's versatility and anti-oxidant power I am pleased to provide you with some simple recipes.

Warmed Summer Potato Salad

(serves 4-5)

2-3 lb new potatoes

1/4 lb bacon

1 big bunch kale (any variety)

1 cup of fresh dill & scallions

capers

white wine vinegar

Boil potatoes until tender, strain, then chop into chunks.

Preheat oven to 350. Place bacon on cookie sheet. Cook until desired crispiness. Cut into bits.

Chop dill and scallions. Set aside.

For big kale, remove leafy part from stalk by holding onto stalks and pulling upwards on leaves. Chop kale into strips.

Once bacon is out of oven

and potatoes are strained mix bacon fat and potatoes in pan on low heat. Add kale and stir until kale has wilted.

Place potato and kale mixture in serving bowl with dill, scallions, bacon, capers and a few tablespoons of white wine vinegar. Toss and enjoy.

Another recipe I just received from a friend will connect you with your kale and help to digest all of its wonderful properties.

Raw Massaged Kale Salad

(Serves 2-3)

Bowlful of kale leaves

Avocado

Olive oil

Lemon juice

Tomato

Kalamata olives

Sea salt

Chop kale into chewable pieces. Mix in bowl with a bit

of olive oil, lemon juice and sea salt. Massage to tenderize and bring out flavours. You will notice kale starting to break down, add chunks of avocado, massage in so mixture becomes creamy and chunks disappear. Once your kale massage is creamy and has shrunk in size, add tomato, kalamata olives and kelp powder if you have it.

Other ideas for kale:

~Keep stems for juicing, or soup stocks.

~Kids love kale when it's crispy. Toss curly kale in olive oil and sea salt and bake between 350 and 400 until crispy.

~Do as the Grecians do and use kale instead of spinach for spanakopita.

~Anywhere you would use spinach try amazing KALE!!!!!!

About the Author

Lydia Pedri can be found every Saturday morning at the Wolfville Farmers' Market selling her home grown vegetables, granola and some delicious treats at "Persephone's Return". Her table is located on the Robie Tufts lawn on the way out to

the east vendor lot.

At the market's recent "Tastes of the Valley" event the owner of Pete's Frootique and M.C. of the event, Pete Luckett chose Lydia Pedri as his favourite "taste" for her "Berry Boat" taste experiences. Congratulations Lydia!



Lydia and Justine at the Market



Kale and more...

Star Drop by Mark Oakley

www.iboxpublishing.com

A SHORT MESSAGE FROM THE RECENTLY ABSENT PRINCESS ASHELLE...





photos by Sharon Bernbaum

About the Photographer



Originally from Quebec, **Sharon Bernbaum** spent years in Toronto before deciding to make her home in the Annapolis Valley. Sharon assures us that she has no interest in returning to that bustling metropolis. She'd rather spend her spare time enjoying the natural beauty of this area and recording it on camera for all our benefit than navigating the traffic filled streets of Toronto on her bicycle. How lucky for us!

Sharon is also a talented singer and guitar player. She regularly entertains with her favourite songs from songwriters such as Michelle Shocked and Shawn

Colvin. She's performed at the Night Kitchen event at the Whittle, Wednesday Night On The Verge, Adam Bazinet's Just Us Open Mic and Paddy's.

Sharon is currently working On The Verge where you might run into her (if it is very crowded) :).

The Grapevine



photo by Ming Bérubé-Sam



The Grapevine is now brought to you by **Andy Flinn & Ariana Nasr** of t@b (tabmusic.ca).

Please contact us as follows:
grapevine@wolfville.org
 (902) 697-2176
<http://grapevine.wolfville.org>

Visit **wolfville.org** to add your events to the website and The Grapevine.

IMPORTANT TOWN MEETING

SEPT. 5TH, WEDNESDAY 7:00 P.M. TOWN HALL

ON THE FUTURE OF RESIDENTIAL DEVELOPMENT IN WOLFVILLE

On July 4th, the Sustainable Community Task Force began to discuss the vital topic of residential development in the Town of Wolfville. All residents who care about what the Town's future will be like should attend the next few Task Force meetings.



Advertising Rates

Ad Size	1 Issue	4 Issues	13 Issues	26 Issues
1 Block	40.00	36.00	34.00	32.00
2 Blocks	80.00	72.00	68.00	64.00
3 Blocks	110.00	99.00	93.50	88.00
4 Blocks	130.00	117.00	110.50	104.00