The Grapevine

February 10 - 24, 2011

COMMUNITY • AWARENESS • INVOLVEMENT

This is one of 1320 issues!

TWO-WEEK TWEETS  4
EAT TO THE BEAT  5
EVENTS CALENDAR  8,9
THE FREE CLASSIFIEDS  12
STARDROP  14

Provincial Day of Action - p 7
Recipes for LOVE -- p 13
Greenwich Land Update -- p 14

Who’s hand is this?
Find out on p15

Sample Some Hope – WOMEN OF WOLFVILLE

This month The Women of Wolfville (WOW) will produce its tenth annual production. Based on the theme of hope, this year’s show will contribute to five charities, but fully half of the proceeds will go toward the new Wolfville Farmers Market.

The production will take place Wednesday, Feb. 23, Thursday, Feb. 24 and twice on Saturday, Feb. 26. Tickets are on sale at the market during February. The Women of Wolfville have raised over $120,000 in a decade. This year’s other charities are: Right to Play, Chelsea Helping Hands, KFROGS and Light 4 Learning.

Director Linda Wheeldon says the theme of hope is turning into a wonderful experience. “People, who never thought they would act, write or produce a show, did. We began to think of our work as providing ripples of influence and hope.” Wheeldon concluded, “It has been remarkable to produce a show that reflects on the many dimensions of hope.”

WOW began in 2002 when two moms challenged each other to mount a production of The Vagina Monologues. In 2003, WOW reacted to the impending war in Iraq with a production of Lysistrata. In 2004 in its first collective creation, the group looked at the relationships between mothers and children. The proceeds were donated to orphanages around the world.

The 2005 show focused on the theme of body image and a successful ‘naked’ calendar raised an additional $10,000. The next year Matriarchives explored local women in the past.

In 2008 the theme was secrets and in 2009 the production dealt with women in the night. Last year the theme was food.

This year approximately 50 women, aged seven to 94, are taking part. “Our oldest member, Mary Ganong,” says co-producer Pat Salmon, “has taken part in every production.”

http://wow.daysend.ca

Dinner Deal!

Present this coupon for
20% off all Lebanese menu items. See www.joesfoodemporium.ca for menu details.

Valid all Feb, 2011 542-3033

Brought to you by Kathy Whitewood of Keller William Realty | 902 691-3157 kathywhitewood@kwvalley.com

FURRY FEATURE

TEDDY is a 1 1/2 yr old German Shepherd / Rottweiler mix who came to us with a severely damaged front leg which required amputation. He is now fully recovered and ready to go to a forever home that will appreciate him for the happy, loving, friendly dog that he is. He has adjusted extremely well to his new disability and requires no further medical treatment. He has been neutered, microchipped and vaccinated and is available for an adoption fee of $150.00.

To obtain more information regarding Teddy please visit the Kings County SPCA website at www.kingsspca.com or call the Care Center at 538-9075.

Belle Darris | 538-9075 kingscountyspca@yahoo.ca

Update: FIFE from last issue has been adopted from the Wolfville Animal Hospital

Dr. Peter Bligh | P - 902 542 3422

http://wow.daysend.ca
What’s in a Name? Point to Point transportation service is a must in a rural setting. We are very fortunate to have Kings Paratransit serving Kings Co. and beyond. It started out in 1998 as an “alternative transport service”. Then it was KCATS (Kings Co. Alternative Transport Society) and in 2006 it became Kings Paratransit. Once this organization was a service, then a society (limited to members) now it is a user friendly service for all persons who need point to point transportation. For trips under 7 km, it is a flat $6.50 fee. Return trips to Halifax are $123.50 and the driver waits for you (very good value for your hard earned dollar!).

In December 2009, there were 552 drives originating in Kings County. Last December there were 636 drives. We have about 500 users, but because we are a not for profit organization, there is always room for more. So whether you call us a society, service or just alternative transportation, look for and use our ‘electric’ blue vans and buses. Call us at 681-2846, 24 hours in advance of your transportation needs.

Martock will be hosting Biathlon, Cross-Country Ski / Para Nordic & Snowboarding from Feb 13th – Feb 26th. Yes, the mountain (at least most of it) will be open for regular use throughout the games.

Week 1 is Biathlon which takes place in the Nordic Park. Cross-Country Ski & Para Nordic also take place in the Nordic Park during Week 2. Week 2 is also Snowboarding!

These events are free to watch. Come out and cheer for athletes from all over Canada. It’s going to be an amazing 2 weeks!

For a complete schedule, Facebook Canada Games Snowboarding

The Windsor Farmers’ Market in partnership with the Town of Windsor, is hosting an Incredible Community Supper. Join us Friday, February 11th from 6 – 9pm at the West Hants County Community Centre, 78 Thomas Street, Windsor.

Celebrate local food! Tantalize your taste buds! Help shape the future of the Windsor Farmers’ Market!

Doors open at 6:00 PM. Food will be served between 6:30 – 7:30pm. Tickets are $7 each and available at Moe’s Music, Snap Dragon Café, Buy the Yard Fabrics, Clarence Café or contact: windsorfarmersmarket@gmail.com

Damselfly Gifts

360 Main St. Wolfville Warehouse Mall behind Tim Horton’s 902-697-4438 Tues-Sat 10:00 till 4:00 NS Designed Fashion Jewellery Silk Scarves & Pashminas Unique Gift Items “Little Black Dresses”, Costume Jewellery, Bridal Accessories, and More! Exclusive Items - Excellent Prices 10 to 50% off selected items

LOSE INCHES IN MINUTES with Hollywood Secret BodyWraps

info@elementsofhealth.ca
Kimberly Matheson CD Release

She’s a little bit country; she’s a little bit rock and roll. The honeyed dulcet tones of Kimberly Matheson, a fixture in the Annapolis Valley music scene for almost a decade now, have aged like a fine wine in recent years, replete with notes of sunshine and oak, hints of a dark cherry finish. Backed up by some of the area’s most skilled musicians, “Never Enough” is a finely crafted lyrical exploration of life’s frailties and joys.

A compelling portrait of an artist coming into her own, the song list celebrates the blessings and comforts of everyday living, with a soulful nod to the dark beauty that so often accompanies life’s losses and laments. The lyrics, inspirational, personal and poetic, ring sparingly across a canvas of intimate and heartbreaking harmonization as Kimberly, with the assistance of the talented and accomplished Hupman Brothers, Mike Carroll and Ariana Nasr, treads the edge of evocative folk rock.

A natural story teller and chronicler of emotion, Kimberly delivers a soothing and sincere tapestry of emotion and song in this ambitious debut offering. At turns, as high-spirited and fun as a kitchen party, as honest and frank as the confessional, this collection of original songs may be, for many of Kimberly’s admirers and fans, as good as it gets. And yet, it’s “Never Enough.”

Kimberly Matheson’s “Never Enough” CD release concert takes place at the Acadia Cinema’s Al Whittle Theatre, Wolfville, February 19 at 8 pm. Tickets are $15 and can be purchased at The Box of Delights, Wolfville, or at the door.

Rhonda Roy writes from Victoria, BC
**Free Community Business Listings & Two-Week-Tweets brought to you by: Just Us! Coffee Roasters Cooperative**

Main St. Wolfville & Hwy #1 Grand Pre, 542-7474 “Every time you buy something, you have the power to make a statement about what you value, and to help shape the future of your community – BALLE NS” www.ballens.ca

---

**Suggested Theme:** As this is the Valentine’s Day issue, who or what do you love?

---

**Pumpkin Moon Farm & Herbals**

- Wolfville, 538-3079
- www.pumpkinmoonfarm.com
- We LOVE herbs, nature, farming, seeds, cozy wood fires, snowshoeing, creative arts, photography, wise women, good karma, good dharma, and all the people who support our business, our farm, and our family. Happy Valentine’s Day, Wolfville, with love and appreciation.

**Kathleen’s Shuttle and Tours**

- 834-2024 / 1-877-720-8747 (days) / www.freewebs.com/digbytoursandshuttle
- Kathleen loves family and friends and her passengers, and loves being the one to take you to your destination. New Minas to the Airport = $40 each for two people one way.

**Our Mother’s Keepers**

- 85 Water St. Windsor, 472-8733
- We love our family, friends, and customers for their continuing support. And of course, we love Mother Earth!

**boso Bamboo Boutique**

- Harbourside Drive (Railtown) Wolfville, 542-7790 / www.boso.ca
- We know everyone loves bamboo for all kinds of reasons, and at boso we love happy customers, so come in and take advantage of our Valentines Sale. Get your sweetheart a gift they’re sure to LOVE.

**Inner Sun Yoga Centre**

- 112 Front St. Wolfville, 542-YOGA / www.innersunyoga.ca
- We love to offer registered and drop-in classes. During February you will have the choice of 13 weekly drop-in classes. New students can attend their first class for just $11. We hope to see you soon.

**Sister Lotus Body Care Products, Belly Dance & Herbal Education**

- 680-8839 / www.sisterslotus.com
- We are a very loving bunch at Sister Lotus! What we’d like to promote this season is self-love. This Valentine’s, why not buy yourself a Heart-Shaped Soap, a Chocolate Lavender Salt Scrub, or a Wild Rose Face Cream? Love yourself first, then that will spread to others!

**Aspinall Pottery**

- 9842 Main St. Canning, 582-7028
- Love my guitar man, playing music, wine and chocolate.

**APRIL POTTERY**

- Weekly at PIAZZA/Tempest. Available for every day of the month.
- We will be hosting The Kings-Ki-kima Grannies Valentines Sale of Previously Loved Jewelry. Friday February 11th from 10am-4pm. We’re also coordinating Wolfville’s Guinness World Record Snow Angel Challenge on Feb 10th at 12pm.

**Mermaid Theatre**

- 132 Gerrish Street, Windsor, 798-5841 / www.mermaidtheatre.ns.ca
- Come Love Matt Mays live in concert! Tickets are selling nicely. Check out the poster on page 6 for details.

**FOR SALE - WOLFVILLE**

- 10 Gaspereau Ave. Wolfville, 542-9771 / www.larchehomefires.org/applewicks
- We will be hosting The Kings-Ki-kima Grannies Valentines Sale of Previously Loved Jewelry. Friday February 11th from 10am-4pm. We’re also coordinating Wolfville’s Guinness World Record Snow Angel Challenge on Feb 10th at 12pm.

**Bluenose II Company Store**

- 121 Bluenose Drive on Lunenburg’s waterfront, 634-1963 / www.bluenose2.ns.ca
- The narrowest point of our province is between Windsor and Chester. We’re a short 35 km south of Chester. Clothing for all, books, DVDs, CDs by local artists, pictures, rope, unique gifts, Bluenose II mementos.

---

**Just Us! Coffee Roasters Co-op**

FAIR TRADE & ORGANIC COFFEE ROASTERS
FAIR TRADE | ORGANIC | PEOPLE-OWNED
PEOPLE AND THE PLANET FOR PROFITS
www.justuscoffee.com

---

**These listings work on a 1st come, 1st served basis. Email grapevine.wolfville@gmail.com every two weeks for your free placement. Or, reserve your place with a 5-issue minimum commitment at $10 per issue.**

---

**Designer Café**

- 373 Main St. Kentville, 365-3322 / www.designerkentville.com
- Whether it’s remembering your name, or how you like your panini, or which team you cheered for in the Superbowl, we LOVE to make everyone of our customers feel special. Happy Valentine’s Day!

---

**Business History: Open for 3.5 years**

**Kall Binaural Audio**

- www.kallbinauralaudio.com / 902.495.7788
- The Maritimes’ first and only dedicated mobile 3D audio recording service has officially opened! Offering high definition binaural recording and equipment rentals, Kall Binaural Audio is dedicated to pushing Nova Scotian musicians into the international audiophile world!
**Weekly Events**

**Thursday**
- **Babies & Books** - Wolfville Memorial Library 10-11am Babies and caregivers can join us for stories and playtime. Newborn to 2 years. **INFO:** 542-5760
- **Fun & Fables** - Windsor Library 10:30am Ages 2-5, and their caregivers. Join us for some stories, songs and crafts. **INFO:** 798-5424
- **Lifelong Learning Brown Bag Lunch** - Fountain Commons, Acadia 12-1pm Kevin Kerr will be presenting on "Wolfville’s Infrastructure: What you don’t see" (Feb 17th). Rhonda Milne-Bond discusses the society’s work under the title “Red Cross: Across the Street & Across the World” (Feb 24th) **INFO:** joan.boutilier@ns.sympatico.ca

**In the Round Knitting Group** - Gaspereau Valley Fibres. 1-5pm **INFO:** 542-2656

**Fridays**
- **Drop-in Crafts** – Wolfville Library 10am-5pm. All ages, all day! **INFO:** 542-5760
- **Fun & Fables** – Windsor Library 10:30am Ages 2-5, and their caregivers. Join us for some stories, songs and crafts. **INFO:** 798-5424

**Sundays**
- **Fitness for Geeks** - Wolfville Library, 6-7:30pm. Fun exercise including Tai Chi & Self Defense for those “geeks” who spend a lot of time at the computer.

**LIVE THEATRE**

**Women of Wolfville** present: Hope Festival Theatre, Wolfville Feb 23rd, 24th & 26th 8-10pm & 2pm matinee Feb 26th. • The Women of Wolfville’s 10th Anniversary Show, see front page. **TIX:** $15 adults, $12 students/seniors @ Box of Delights, from W.O.W members & at door **INFO:** pat@daysend.ca

**Edelaine Theatre** presents: The Wedding Singer Al Whittle Theatre, Wolfville Feb 9th – Feb 12th @ 7:30pm & 2pm matinee Feb 12th. • Based on the 1998 Adam Sandler and Drew Barrymore film, “The Wedding Singer” follows Robbie Hart, a talented musician who gave up his rock star dreams to perform at weddings, through the drama surrounding the banquet hall where he and his band perform. With original music that pays homage to the pop classics of the 80’s, “The Wedding Singer” is an entertaining romp through a time when parachute pants, and flock-of-seagulls hair were taken seriously. **TIX:** $12 adults advanced ($15at the door), $10 kids, $45 group of 4 **INFO:** 697-2515

**CentreStage presents: Whose Vwives Are They Anyway?** CentreStage Theatre, Kentville. Fridays & Saturdays @ 8pm until Feb 12th. • With their wives safely off on a shopping spree, two vice presidents check into The Oakfield Golf and Country Club, where they unexpectedly encounter their new boss who requests to meet their wives. Inevitably, everyone goes wrong and hilarious chaos ensues. Such is the plot of this light hearted comedy by Michael Parker. Suitable for ages 13+. **TIX:** $12 adults, $10 seniors/students, $5 children **INFO:** 678-8040 / www.centrestagetheatre.ca

**Meeting: BestWord Writing Group** - Just Us! Wolfville 7pm Small creative writing group open to all ages, genres, and writing levels. Every 2nd & 4th Monday (Feb 14th and 28th) **TIX:** no charge **INFO:** jordan-dickie@bestword.ca
Are you looking for someone to help you or your loved ones live in their own home more independently with transportation and companionship to and from shopping, appointments or social gatherings, etc.? Do you have a loved one needing a medical or dental procedure done and need someone to stay with them for a short time? Or do you need time for yourself and could use some respite for a loved one? Do you live far from loved ones and want to be assured of their safety and having their needs met? I am a compassionate, experienced, insured woman loving to assist other seniors to have Quality of Life and Peace of Mind in knowing they can spend their lives in their own homes where they feel comfortable and secure. VAC Health Identification Card Accepted.

Please phone Flora: 692-1077 to meet and discuss your needs.
Professor’s Perspectives: Richard Cunningham

I was hired to teach sixteenth- and seventeenth-century literature at Acadia University, but the majority of my research is in the multi-discipline known as Digital Humanities.

“Discipline,” in the academic context, has two prevalent meanings. In the first place, “discipline” refers to what most people would call a “major,” which is an abbreviation of the longer phrase “major field of study.” As an undergraduate I majored in English and philosophy for a while, but as I was doing my philosophy homework one evening I decided that the philosophy department in which I was working did not offer the kind of education I sought, so I cut my ties with that department and pursued an Honours degree BA (Hons.) in English. In Canada, a BA (Hons.) in English typically requires students to take several more hours of instruction in English than are required simply for a BA. The extra exposure is considered to provide better preparation for graduate school, and for many, if not most, Canadian universities’ graduate programs in English an Honours degree is required for admission. In the absence of the Honours degree students are usually required to take extra courses at the undergraduate level before being fully accepted into grad school. I earned my BA (Hons.), and after spending a year back in construction—my field of employment for a decade between high school graduation and the start of my undergraduate degree—I began a Masters program at a different Canadian university. After completing my MA in English, I went on to earn my PhD in English at Penn State University.

The second prevalent meaning of “discipline” in the academic context might be best described as a pattern or mode of thinking, perhaps even a way of being in the world. For example, I have been disciplined to think like an English professor. This is done gradually, over the course of the various degrees one earns. The process is so gradual that a lot of people do not seem to understand or even be aware of it.

There are many academics who do not realize that they see the world differently than you do because they have been disciplined to see it in particular ways. And to be disciplined in this very insidious manner is a genie that cannot be put back in the bottle. The working of this form of discipline on academics means that two professors from different disciplines can look at the same piece of evidence and arrive at two very different conclusions. This is not because one is blinded by ideology and the other clear-sighted, it is not because one is naturally less intelligent than the other, and it is not because one discipline is a so-called “hard” discipline and the other, by implication, a “soft” discipline; it is because each has a very disciplined pattern of thinking, and according to the processes deemed correct or most fruitful by each discipline the thinker is led toward certain conclusions. That is what it means, to speak precisely, to be a member of a disciplinary community or, to speak more in the manner in which people really do speak, to be a member of, or part of, a discipline.

I think it is important to understand the concept of “discipline” to make sense of the digital humanities, the field in which I do the majority of my work, despite my love of and interest in literature of the early modern period. “Early modern period,” by the way, is what those of us who see more similarities than differences between the cultures of sixteenth-, seventeenth-, and eighteenth-century England and the contemporary Anglo-American world call our period. The sixteenth-century in England has also been called the Renaissance, which places greater emphasis on the period’s renewal of acquaintance with the Greco-Roman world, especially the humanistic worldview of the Greeks, than on the foundation the period laid on which has been built the world we now inhabit. But I digress.

To continue the article, go to www.grapevine.wolfville.org

---

Provincial Day of Action

On February 2nd, students from across the province took to the streets for a Provincial Day of Action to protest the potential rise in tuition due to government funding cuts. Over 150 students, faculty and community members in Wolfville marched from Willow Park to Clock Park, holding signs that read “They say cut back, we say fight back,” “Canada’s Student Debt Capital”, and chanting slogans like “Kraft Dinner every meal, students need a better deal.”

Signs were provided by the Canadian Federation of Students (the organizers of the Halifax Rally), the Acadia Student Union, and Wolfville rally organizers, though some in attendance brought their own homemade signs. For many students in Wolfville, this may have been the first time they have been involved in direct political action. “We put a lot of work into making this a good experience for students who had never been to a protest. All of the organizers are finished at Acadia after this year so it is really important that students of all years get involved to keep pushing for affordable post-secondary education,” said Rebekah Wetmore, a rally organizer and Graduate student at Acadia. “I really think that we started that movement today.”

A recent study by the Canadian Federation of Students showed that 80% of Nova Scotians believe tuition is too high in the province, and nearly 60% are willing to pay higher taxes to help lower tuition costs.

Members of the protest spoke at Clock Park, demanding that their voices be heard by the current NDP government, and vowing to return if changes are not made. They were joined by over 2000 students who took to the streets in Halifax and Church Point at the same time.

~written by Shayna George, photos by Emma VanRooyen
Thursday, 10

World Record Snow Angel Attempt — Acadia Sports Complex, Wolfville 12:15-1:30pm. • Nova Scotia students, parents and teachers are invited to take on the challenge of beating the Guinness World Record for the most snow angels made simultaneously in multiple locations. TIX: no charge INFO: 542-5500

AV Decorative Artists Meeting — White Rock Community Hall 7pm. • Regular monthly meeting (2nd Thursday each month). TIX: please inquire INFO: 798-2192

CFUW Meeting — Manning Memorial Chapel, Acadia University 7:15pm. • Program will be, “Ethics of Your Vote on Our Resolutions” with the Facilitator being Dr. Cornelius Kampe. Visitors welcome, refreshments served. TIX: no charge INFO: isabel.palmeter@gmail.com

Friday, 11

Previously Loved Jewellery Sale — Applewicks, Wolfville 10am-4pm. • Valentines sale by the “Wolfville Kikima Grandmothers Group”. Stop by and see the lovely jewellery for sale and have a tour of Applewicks, a L’Arche workshop for adults with special needs. TIX: no charge INFO: 542-9771

Incredible Community Supper — West Hants Community Centre, Windsor 6 – 9pm. • Celebrate local food! Tantalize your taste buds. Help shape the future of the Windsor Farmers’ Market. Tickets @ Moe’s Music, Snap Dragon Café, Buy the Yard Fabrics, Clarence Café or email. TIX: $7 INFO: windsorfarmersmarket@gmail.com

Sledge Hockey Game — Apple Dome Arena, Berwick 6:45pm. • Acadia Minor Sledge Hockey Team vs. Dartmouth Whalers TIX: free will offering INFO: 678-3372

Acadia Athletics: Mens Hockey — Acadia Sports Complex, Wolfville 7pm. • Acadia vs. UPEI TIX: $10 adult, $5 external student INFO: 542-5500

Saturday, 12

Winter Carnival — Apple Dome Arena, Berwick 8am. • Starts with a pancake breakfast and ends with a sledding party with lots of activities in between. TIX: free will offering INFO: 538-8616

Scotian Hiker: Amethyst Cove — Cape Split Road, Scots Bay, 10:30am. • Difficult hike involving steep inclines and rope climb. Check the website the morning of the hike for updates/changes. TIX: no charge INFO: www.scotianhiker.com

Winter, Wool & Wine — Gaspereau Valley Fibres, Wolfville 11am-4pm. • Take part in the annual Nova Scotia Ice Wine Festival! Drop in to the shop and see what you can knit, spin, or weave with the beautiful fleece from our flock of Cotswold sheep. Sit by the fire and enjoy a free sample of wine from our neighbour L’Acadie Vineyards, some local cheese and chocolate. TIX: no charge INFO: 542-2656

Stars on Ice — L’Acadie Vineyards, Gaspereau 12-5pm. • Winter Icewine Festival Culinary Event. Join winemaker Bruce Ewert for samples of traditional method sparkling and unique dessert wines (Soleil) paired with chocolate and classic cheese fondue. Learn about these world famous wine styles that are new to Nova Scotia and have already begun to garner many awards. TIX: $10 INFO: 542-8463

Acadia Athletics: Mens Hockey — Acadia Sports Complex, Wolfville 7pm. • Acadia vs. UPEI TIX: $10 adult, $5 external student INFO: 542-5500

Tom Regan Concert — Festival Theatre, Wolfville 7:30-10pm. • Our annual showcase of the diversity and depth of the musical talent at Acadia; always a special evening! TIX: $26 adult, $20 student INFO: 542-8425

Concert: “The Many Sides of Love” — St. Croix United Church, Windsor 8pm. • Jenny MacDonald and Betsy MacDonald will perform a special Valentine’s Day inspired concert featuring songs and stories that tell of many sides of love. See article page 3 TIX: $10 INFO: jenny@jennymacdonald.com

Sunday, 13

Winter, Wool & Wine — Gaspereau Valley Fibres, Wolfville 11am-4pm. • See Saturday, February 12th

Ross Creek & Canada Games Artist Open House — Ross Creek Centre, Canning 12-4pm. • The National Artist Program of the Canada Games represents some of the best emerging dancers, actors, musicians, writers and visual artists from each Province and Territory. TIX: no charge INFO: 582-3842

Stars on Ice — L’Acadie Vineyards, Gaspereau 12-5pm. • See Feb 12th for details.

Catch The Joy Dance — 13 Iona Road, Wolfville 2 - 4pm. • Dances of Universal Peace are movements set to sacred chants. Danced in a circle, no experience needed. Wear comfortable clothing. TIX: no charge INFO: 542-0909 / www.peaceworks.ca

Fundy Film Screens: Incendies — Al Whittle Theatre, Wolfville 4 & 7pm. • Director Denis Villeneuve (Polytechnique) offers an unflinching look at one family’s journey through the chaos of civil war. Based on Wajdi Mouawad is acclaimed stage play, this drama tells the story of Montréal twins who, at the urging from their mother’s cryptic deathbed wish, travel to the Middle East to find their missing father and a brother they did not know existed. Canada’s entry and also a finalist for the 2011 Best Foreign Language Film Oscar. TIX: $8 at the door INFO: 542-5157

Monday, 14 – Valentine’s Day!

Canadian Blood Services Blood Drive — Fountain Commons, Acadia 1-3pm & 5-8pm • Sponsored by the Fletcher Geology Club, come give the gift of life. TIX: no charge INFO: Graeme gahovey@gmail.com

Valentine’s Day Dinner — Community Centre, Port Williams 7pm. • Dinner in support of Port Williams and District Lions Club’s commitment to Brigadoon Village. Storm date: Feb 15th TIX: $35/couple INFO: 524-3933 / 678-6532

SIFE Acadia Presents: Fight Club — Al Whittle Theatre, Wolfville 7-10pm. • One of the greatest movies of all time is coming to Wolfville on the big screen in BluRay High Definition - and just in time to take back Valentine’s Day. So if you’re looking for an alternative to the traditional Valentine’s Day
evening, look no further - we’ll be making soap. TIX: $10 adult, $8 student & door or Box of Delights INFO: 300-0572

Valley Gardeners Club Meeting — NSCC Kingscote, Kentville 7:30-9:30pm. • Sarah MacDonald and Tracey Tomlik of Harvest Landscape Design and Consulting will speak on the topic of “Edible Landscapes”. Bring your favourite garden catalogues for display. All are welcome. TIX: no charge INFO: 678-7341

Tuesday 15
Canadian Blood Services Blood Drive — Fountain Commons, Acadia 1-3pm & 5-8pm • See Monday, Feb 14th for details.

Wednesday 16
Fundy Film Screens: Last Train Home — Al Whittle Theatre, Wolfville 7pm. • In classic verité style, Lixin Fan follows one family’s annual trek by train, home for the Chinese New Year. Like so many of China’s rural poor, these parents left their infant children for grueling urban factory jobs. Emotionally engaging and starkly beautiful, this is an intimate observation of one fractured family that sheds light on the human cost of China’s ascendance as an economic superpower. TIX: $8 INFO: 542-5157

Open Mike & Donna — T.A.N. Cafe, Wolfville 7-9pm. • An open mic night - without the mic - hosted by Mike Butler and Donna Holmes. Available slots on a first come, first served basis or contact Donna to reserve. TIX: no charge INFO: 542-1214 / iwakichick@hotmail.com

Friday, 18
Full Moon Night Hike — Harriet Irving Botanical Gardens, Wolfville 7-8:30pm. • Enjoy the beauty of the woods by the light of the full moon. Wear warm clothing and boots suitable for winter hiking. Headlamps or flashlights are encouraged for this family oriented night hike. TIX: no charge INFO: 585-1916

Bringin’ it Home Concert — Al Whittle Theatre, Wolfville 8-10pm. • Deep Roots Music Coop presents a Singer/Songwriter Circle: Mike Le Lieve, Carleton Stone and Kristina Trites. TIX: $20 @ Box of Delights, $22 @ door INFO: 542-9511

Saturday, 19
Scottish Hiker: Hidden Valley — New Minas, 11am • Short in overall distance, but difficult due to deep snow and varied terrain. Check the website the morning of the hike for updates/changes. TIX: no charge INFO: www.scottianhiker.com

Chili Dinner Fundraiser — Horton High School, Wolfville 4:30-7pm • This event is a fundraiser to support students going on the Horton High School Music Department trip to Boston and NYC this March. TIX: $7 advance @ Wolfville Pharmasave & Horton High School, $10 @ door. INFO: 542-6060

Acadia Athletics: Basketball — Acadia Sports Complex, Wolfville 6pm Women, 8pm Men • Acadia vs. DAL TIX: $10 adult $5 external student INFO: 542-5500

Kimberly Matheson CD Release — Al Whittle Theatre, Wolfville 8-11pm • “Never Enough” is Matheson’s debut album, and will be officially released at the Al Whittle w/The Hupman Brothers, Mike Carroll & Ariana Nasr. See article page 3 TIX: $15 @ Box of Delights INFO: 542-3344

Concert: Matt Mays — Mermaid Imperial Performing Arts Centre, Windsor 8-10pm. • See poster page 6 TIX: $27 adults, $25 students and seniors @ Moose Place Music Sales INFO: 798-5841 ext 7

Sunday, 20
Acadia Athletics: Basketball — Acadia Sports Complex, Wolfville 2pm Women, 4pm Men • Acadia vs. Dal TIX: $10 adult $5 external student INFO: 542-5500

Fundy Film Screens: Barney’s Version — Al Whittle Theatre, Wolfville 4 & 7pm. • Based on Mordecai Richler’s award winning novel, this is the warm, wise and witty story of the politically incorrect life of Barney Panofsky (Paul Giamatti), who meets the love of his life at his second wedding - but she is not the bride. Featuring his father (Dustin Hoffman) and three wives (Rachelle Lefevre, Minnie Driver and Rosamund Pike). TIX: $8 @ door INFO: 542-5157

Monday, 21
Green Party of Canada Annual General Meeting — Public Library, Wolfville 7 – 9pm • Please come and bring your friends. Join the Green Party if you are not already a member. Save the date on your calendar. Bring drinks and finger food. TIX: no charge INFO: sheilarich60@hotmail.com

Town Council Meeting — Wolfville Town Hall, Wolfville 7:30 – 11pm. • Open to the public. TIX: no charge INFO: 542 5767

Tuesday, 22
Woodland Hike - Animal Tracks — Harriet Irving Botanical Gardens, Wolfville 12-1pm. • Discover who’s left their tracks in the Woodland Trails. Join us for a free lunchtime hike. Wear warm clothing and boots suitable for winter hiking. TIX: no charge INFO: 585-1916

After School Special — Public Library, Wolfville 3-4pm • This month we will read from books with clay illustrations and then make some of our own. Ages 6-8 TIX: no charge INFO: 542-6760

Kings Historical Society Meeting — Kings County Museum, Kentville 7:30pm • Guest speaker for the evening is Orrie Goucher and the topic is “My Grandfather’s Old Photo Album” All are welcome. TIX: no charge INFO: 678-6237

Wednesday, 23
After School Special — Public Library, Wolfville 3-4pm • This month we will read from books with clay illustrations and then make some of our own. Ages 9-12. TIX: no charge INFO: 542-6760

Acadia Athletics: Basketball — Acadia Sports Complex, Wolfville 6pm Women, 8pm Men • Acadia vs. St. Mary’s TIX: $10 adult $5 external student INFO: 542-5500

Thursday, 24
Community Development Committee Meeting — Wolfville Town Hall, Wolfville 7 – 9pm. • Open to the public. TIX: no charge INFO: 542 5767

Valley Events.ca is dedicated to promoting events in the Annapolis Valley. Sign up for their weekly email so you never miss an event.
ARIES (March 21-April 19): “Before I loved you, nothing was my own,” wrote Pablo Neruda to his lover in one of his sonnets. “It all belonged to someone else -- to no one.” Have you ever experienced a sense of being dispossessed like that, Aries? A call your own? And have you ever fantasized that your emptiness could be remedied by the intimate presence of a special companion? I wish for you to have that consoling experience in the coming week. In fact, I predict it. Happy Valentine Daze!

TAURUS (April 20-May 20): You’re very familiar with the inexhaustible longings that you harbor in your depths. Your primal hungers for love and connection are never far from your awareness. But the sad thing is that you often regard this as a problem -- as a vulnerability that disempowers you. This Valentine season I’m urging you to change all that. I’m urging you to see your enormous yearnings as strengths . . . to celebrate them as essential fuel for your vitality . . . to treat them as crucial ingredients in your lust for life. Take it from someone who has seen too many people crippled by their lack of passion: You’re lucky to be so well-endowed with desire.

GEMINI (May 21-June 20): Happy Valentine Daze, Gemini! Here’s my prescription for making best use of the current cosmic currents: Be enchanting, but in an understated way. Be slyly charismatic and my prescription for making best use of the current cosmic currents: Be enchanting, but in an understated way. Be slyly charismatic and your enormous yearnings as strengths . . . to celebrate them as essential fuel for your vitality . . . to treat them as crucial ingredients in your lust for life. Take it from someone who has seen too many people crippled by their lack of passion: You’re lucky to be so well-endowed with desire.

CANCER (June 21-July 23): Your love story has elements of a farce mixed with a soap opera, fairy tale, and ghost story. For a normal human being, it might be too intense and convoluted to deal with; it requires so much willing suspension of disbelief and involves so much letting go of certainty that no one in their right mind would agree to its demands. Luckily, you’re not a normal human being these days, and you’re not particularly in your right mind. That’s why I say unto you: Ride this snaky tale for all it’s worth. Enjoy every plot twist and riddle as if you’ve been given an epic myth you can ponder and learn from for a whole lifetime. This Valentine season I’m urging you to see your enormous yearnings as strengths . . . to celebrate them as essential fuel for your vitality . . . to treat them as crucial ingredients in your lust for life. Take it from someone who has seen too many people crippled by their lack of passion: You’re lucky to be so well-endowed with desire.

LEO (July 23-Aug. 22): “I think, therefore I am,” declared the philosopher Descartes. Couldn’t he have equally said, “I feel, therefore I am” or “I sense, therefore I am”? During this Valentine season, I suggest that you put the emphasis on those other proofs of identity, not Descartes’. From what I can tell, intimacy is most likely to thrive if you liberate it from excessive thinking and lubricate it with generous amounts of trans-rational contact. For love’s sake, empty your head of abstractions, opinions, and theories. Make lots of room for the aroma of freshly washed hair, the shimmer of peaceful excitement, the shuddering solace of moist skin, the zing of poignant empathy, the wisdom of wandering hands, and the telepathy of shared perceptions.

VIRGO (Aug. 23-Sept. 22): Happy Valentine Daze, Virgo! What’s the best way for you to celebrate the season of love? In accordance with the astrological omens, here’s a good suggestion: Write haiku-like poems on scraps of red paper and leave them around for a special someone to find. You can borrow the following samples, adopted from the work of Raymond Roseliep. 1. “mist on my mouth -- air you touched.” 2. “I tried to bring you that one cloud in this cup of water.” 3. “black raspberries -- your name breaking in the soft burst.” 4. “love song: I enter your mirror.” To get more inspiration, check at tinyurl.com/brisk88.

LIBRA (Sept. 23-Oct. 22): Happy Valentine Daze, Libra. It’s my astrological opinion that you need more jokes, comedy, and humor in your romantic adventures. If you’re too serious about seeking the pleasures of love, you can’t get what you want. To inspire your efforts, I present the winning entry from last year’s Bulwer-Lytton Fiction Contest. It was judged the worst possible opening line for a novel, but it’s perfect fodder for the project I’ve assigned you: “For the first month of Ricardo and Felicity’s affair, they greeted one another at every stolen rendezvous with a kiss -- a lengthy, ravenous kiss, Ricardo lapping and sucking at Felicity’s mouth as if she were a giant cage-mounted water bottle and he were the world’s thirstiest gerbil.”

SCORPIO (Oct. 23-Nov. 21): This Valentine season, you have considerable potential to bring more lyricism into your close relationships. To stimulate you in that noble effort, I’m borrowing from the poetry of Andre Breton. See if you can adopt this style of expressing yourself (or steal the actual words) as you reach out to a person you’d like to be closer to: “Your neck is pearled barley. Your hair is a wood fire. Your mouth is a bouquet of stars. Your eyelashes are a child’s first stroke of writing. Your eyebrows are the edge of a swallow’s nest. Your shoulders are dolphins’ heads under the ice. Your fingers? The ace of hearts. Your armpits? Beechnut and midsummer night. Your arms are the sea foam and flood gate foam. Your feet are bunches of keys.”

SAGITTARIUS (Nov. 22-Dec. 21): “Love that stammers, that stutters, is apt to be the love that loves best,” wrote poet Gabriela Mistral. That’s an important theme to keep in mind during the season of amour. Your job as a lover is not to be inflamed with the perfect knowledge of how to proceed, not to strive forcefully into each romantic nuance with your confidence exploding . . . but rather to stumble along humbly, wagering experiment after experiment, striving to kindle the spark, unleash the deluge, conjure the whirlwind, burrow into the dirty, sacred depths -- or whatever the idiosyncratic truth of the moment calls for. Happy Valentine Daze, Sagittarius!

CAPRICORN (Dec. 22-Jan. 19): Borrowing words from poet Amy Lowell, I’ve created the nucleus of a love note for you to use as your own. Feel free to give these words (and others you write yourself) to a person whose destiny needs to be woven into your narrative. For the first month of Ricardo and Felicity’s affair, they greeted one another at every stolen rendezvous with a kiss -- a lengthy, ravenous kiss, Ricardo lapping and sucking at Felicity’s mouth as if she were a giant cage-mounted water bottle and he were the world’s thirstiest gerbil.”

AQUARIUS (Jan. 20-Feb. 18): When some Westerners hear the term “tantra,” they think it’s a New Age codeword for lavish sex. But in its original form, tantra is a philosophy that advocates spiritual union with all of creation, not just erotic union with an attractive partner. Tantric practitioners might engage in metaphorical “love-making” with lizards, birch trees, clouds, toasters, rivers, and quirky friends, among other wonders. I recommend that you experiment with this perspective, Aquarius. I bet you’ll find that cultivating lusty compassion for the entire world will enhance your personal intimacy with the people you care about. Happy Valentine Daze!

PISCES (Feb. 19-March 20): In many of the weddings I’ve been to as a guest, the love birds have sealed their vows with a chaste kiss -- a formal gesture that wasn’t imbued with much spontaneous passion. But in a recent marriage ceremony I attended, the new husband and wife showed little inhibition at the climax. They French-kissed in a prolonged embrace that also included ample groping. In the coming week, I urge you to put yourself as much as possible in situations where you can express that kind of free-wheeling spirit. Happy Valentine Daze, Pisces!
It’s been snowing for a very long time now! Every time I go for a walk, or I am at work looking out the windows, or I do anything lately; it’s snowing! I understand it’s February and it’s supposed to snow... but I miss the sun and the warmth of the other seasons. Thank goodness there are a lot of special events to warm me up during these slushy, blustery, slippery times.

On Wednesday February 16th from 7pm to 9pm, join me and the fabulous Donna Holmes for an evening of music and giggles at Open Mike and Donna. This special event is a first for me, as I’ve always been a listener at Open Mics in the area, and I am very excited about helping Donna host and I think we’re going to be an open mic force to be reckoned with. Join us at T.A.N. Coffee on Main Street Wolfville. Contact Donna for more details at iwakichick@hotmail.com

Next up: I noticed an advertisement today that I simply had to mention because it sounded SO unique and fun. On Friday, February 18th from 9pm-12:30am take part in a Valentine Latin Dance Party with live latin band The Lost Tourists featuring Fred Mujca and Csaba Kanyasi. This evening of warm company and great music takes place at the Old Orchard Inn Barn in Greenwich. Shake and shimmer with your sweetheart to upbeat and sultry latin dances. Tickets are $12 a person or $20.00 for a couple. For tickets or inquiries, call 365-5101 or 542-4122. Cd’s will be available as well as a cash bar and don’t worry about knowing the moves, there’ll be a free salsa dance lesson during intermission. Ole!

And finally, Come enjoy a delicious bowl of chili and support the Horton Music Trip to Boston, NYC on Saturday February 19th from 4:30-7:00pm at Horton High School. With live entertainment courtesy of the Senior Jazz band and the cute and cuddly Horton Glee Club, this will be an amusing and tasty way to spend your Saturday night! And the proceeds go towards a well deserved trip for these talented teens. Tickets are $7 in advance, available at Pharmasave in Wolfville, the Horton High School Students Services Office (ask for Mrs. Young) or by calling Maggie Helms at 542-6060 or emailing her at maggie.helms@hortonhighschool.ca. Tickets can also be purchased at the door for $10.

Take part and enjoy these and other events happening in your area. In closing, Happy Birthday to ME (February 12th- Age 29 -again!) and have a great Valentine’s day everyone... and speaking from my heart: Ba-Bump, Ba Bump, Ba-Bump (ha ha ha!)

~Mike Butler

**The Grapevine crossword is now being sponsored by Pronto Pizza (Main St)! Drop off a completed crossword for your chance to win one free slice of pizza, a pop and a hug from Wally (if requested).**

**THEME: Canada Games**

**ACROSS**

2 Sport with rocks and brooms  
5 Frozen water  
6 Speed skating site  
7 Manger en anglais  
10 Super ___ Sunday  
11 This lines the streets of Halifax in wintertime  
12 Award at the end of the competition  
13 Canada Games month  
17 Top award  
19 Hosting city  
21 Speed, figure or public  
22 Rock, jazz or blues  
23 Sounding rough or harsh as a result of cheering or shouting  
24 modern martial art sport

**DOWN**

1 flake, man or storm  
2 Jacket  
3 Frozen, dripping water  
4 Canada ___  
5 Cools down your drink  
8 No ___ no cry  
9 Hit the ___ to get in shape  
14 ___ Day or Canada Games sport  
15 Oval shaped breakfast food  
16 Apple, blueberry or pumpkin  
18 Cousin of the alpaca  
20 Opposite of lose

---

**Who’s your farmer?**

Who grows your food?

---

**Solutions: Visit our blog or Pronto Pizza**

---

**Robby’s Towing & Auto Service**

- 9718 Hwy 1, Greenwich. Licensed Mechanic on Duty, 24-hours. Towing: 542-0510/670-9494
Like the Free Business Listings, this page works on a first come, first served basis (limit 1 listing per person). Or, to reserve a placement, pay $5 per issue (3-issue minimum commitment). Please keep listings to 35 words or less.

**CLASSES:**

**The Vocal Zone:** Master classes, workshops and private tuition for singers. Info: Karen www.thevocalzone.ca / 680-6170 / info@thevocalzone.ca

**Music Education:** Voice & Piano Lessons w/Susan Dworkin. Over 20 years teaching experience, beginner to advanced. Info: 542-0649 / susan_dwor-kin@hotmail.com

**Piano Lessons:** Acadia U. Bachelor of Music in Performance Graduate. Reputable instructor w/10 years teaching experience. Variety of musical levels. Info: Matt 697-2767 / valleymusicte-acher@hotmail.com

**Capoeira:** Regardless if you’re new to this Brazilian art combining elements of fight, music and acrobatics or if you’d trained in the past please contact Al for training times and location. Info: kwcapoieira@gmail.com

**Belly Dancing:** w/Oriana. Wolfville Curling Club. Intermediate/Advanced Mondays, Feb 21st-Mar 28th 5:30-7pm. Beginners Wednesdays, Feb 23rd – Mar 30th 6-7:30pm. TIX: $75 or $130 for both Info/Reg: 680-8839 or oriana@sisterlotus.com

**Salsa, Merengue & Bachata:** w/Carlos Dubleday. Tommy Gun’s, Windsor. Wednesdays 7:30-8:30pm. Learn the art of Latin dance. TIX: $15 per session Info: 798-0124

**Yoga in the Gallery:** w/ Heather Pierce, RMT. Open Level Tuesdays 5:30-6:45pm, Level II Wednesdays 5:30-7pm. Classes at the Acadia Art Gallery. Drop in rates available Info: Heather-pierce33@hotmail.com

**Gourmet Cooking:** Acadia Campus, 6 classes starting Tuesday March 8th 6:30-8:30pm. Brought to you by Acadia Lifelong Learning. TIX: please inquire Info/Reg: 1-800-565-6568

**After Supper Art Classes for Adults:** w/Terry Drahos @ Harvest Gallery, Wolfville, every Tuesday till March 8th 7:30-9:30pm. For non-artists who want to tap in to their creative energy. TIX: $125 includes supplies and snacks Info/Reg: 542-7093 / harvest-galler-ymail.com

**Workshops:**

**Meditation in Everyday Life:** Shambhala Meditation 5-week course. Tuesdays March 8th – April 5th 6:30-8:30pm at St. John’s Parish Hall, Wolfville. Beginners welcome, meditation instruction. TIX: $40 or pay what you can Info: 542-3544 / www.wolfville.shambhala.org

**Naturally Nourishing Cooking:** w/MaryBeth Miles, RHN. Thursdays 6:30-9pm. Gluten Free Feb 17th, Vegetarian Feb 24th & Naturally Sweet Mar 3rd. Included nutritional info, guidance, recipes & taste testing. TIX: $40 each or $110 all three Info: 670-9351 / wellnesstraining@marybeth-milesrhn.com

**Performance Workshop for Young Women:** Denton Hall, Wolfville Saturday, Feb 19th 9am-6:30pm. Are you a female between 15 - 18? Do you dream of singing, acting or being famous? Learn about tasteful stage makeup, work with special guest Director Sharon Churchill and much more! 10 spots available. TIX: $200 Info: Heather 446-2455 / info@twinbridgesphoto.com

**Winter Wellness Workshop:** w/Amanda Dainow. Thurs. Feb 10th 7-8:30pm @ Berwick Town Hall & Feb 16th 7-8:30pm @ Kentville Library. Learn how to make natural home remedies for the cold & flu season (syrups, hot drinks) and other natural remedies. Info: 538-3662 / singningnnettles@hotmail.com

**Watercolour Painting:** w/Williams Rogers @ Wolfville Lions Club, Saturday, Feb. 12th 9:30am-4pm. Will include techniques and por-

**PROFESSIONAL:**

**Elderly Care:** Country Companion Independent Living seeks to support seniors with everyday tasks allowing them to stay living in their own home. VAC Health Identification Cards Accepted. See ad page 6 Info: Flora 692-1077 / poetess011956@yahoo.ca

**Editing & Design Services:** Professional editing, layout, and design of books, reports, essays, flyers, brochures, and more; plus Japanese to English translation. Info: David 697-2824 / david@textanddesign.com / www.textanddesign.com

**WORKSHOPS:**

**PROFESSIONAL:**

**Elderly Care:** Country Companion Independent Living seeks to support seniors with everyday tasks allowing them to stay living in their own home. VAC Health Identification Cards Accepted. See ad page 6 Info: Flora 692-1077 / poetess011956@yahoo.ca

**Editing & Design Services:** Professional editing, layout, and design of books, reports, essays, flyers, brochures, and more; plus Japanese to English translation. Info: David 697-2824 / david@textanddesign.com / www.textanddesign.com

**GENERAL:**

**WANTED:** A banjo. Info: Simone 690-5498

**LOOKING FOR STUDIO SPACE?:** If you are looking for studio space for: yoga, dance, classes, painting, sculpture, photography, etc., please send me a short email describing: what you’re interested in, facility needs, reasonable costs and usage patterns. Info: Bill william.zim-merman@greatisland.ca

**LOOKING FOR ART SUBMISSIONS:** Jack’s Gallery, Just Us!/Cinema, Wolfville is accept-

**Listen to Eclectic Ernesto Show:** Mondays & Thursdays 2-3pm online at axeradio.acadiau.ca. Music-themed hour with human-interest interviews. Info: 542-4122 / ernesto.robinskie@gmail.com

**IPSO's Reid Physical Activity Survey:** 300 Wolfville residents will be canvassed. Gathered info to help Active Living Coordination for Town of Wolfville. Info: Shannon 542-3019 / sread@wolfville.ca

**Community Dodge Ball Game:** Katimavik raising money for the Wolfville Farmers’ Market. Teams of 6-7 needed. Please raise $5 per person. Info: 542-9852 / katimavik31148@gmail.com

**Wolfville Community Radio:** New service lets you watch & live chat w/DJs. Join us Monday – Friday, 11am-4pm to hear what’s going on. Info: info@capcast.net / www.wolfvil leradio.ca

**Gala at Greyhaven:** Early notice for classical/operaic jazz concert May 15th in Coldbrook. 80 seats available performed by Susan Dworkin, Jessée & Swingology. TIX: $50 Info: susan_dworkin@hotmail.com

**Romantic Latin Music:** For lovers this Valentine’s. Book & Swingology w/ Williams Rogers & Swingology. TIX: $75 Info: cpoole@ns.sympatico.ca

**Watercolour Painting:** w/J’Anna Jacqulyn @ Wolfville Lions Club, Saturday, March 26th 9am-4pm. Amongst other techniques, she will demonstrate how to create the vivid colour of lilacs in a rich background. No experience necessary. TIX: $80 Info/Reg: Cathy 860-3453 / cpoole@ns.sympatico.ca

**Tango:** Newcomers Saturday, Feb 12th 3-6pm & Advanced Beginners Sunday, Feb 13th 1-3:30pm TIX: $30 Info: 852-2500 / martina.sommer@ ns.sympatico.ca

**The Grapevine**

February 10 - 24, 2011

Like the Free Business Listings, this page works on a first come, first served basis (limit 1 listing per person). Or, to reserve a placement, pay $5 per issue (3-issue minimum commitment). Please keep listings to 35 words or less.
Wearing Pearls in the Kitchen

I am happy to say that my pearls have been repaired and they are back where they belong, around my neck. I thought a lot about what recipe I would submit for your approval and well, I had a little help. A girl in my class is a strict vegan, and when I told her that I write a recipe column, she was interested. I am very interested in trying new things, and she was more than happy to show me a few things I did not know about veganism. For example: there is soy yogurt! I know! I had no idea. And while it takes some getting used to, it tastes pretty good. So, with that, I dare you to try this vegan recipe. Claire, this is for you! ~Victoria Comeau

Let it Grow - Moonlight

The moon, like a flower
In heaven’s high bower,
With silent delight
Sits and smiles on the night.”

— William Blake

Walking through the woods, yellow eyes watching me. In the distance I hear the soft flutter of wings and just ahead I smell moist earth and the rotting of trees. Snow crunches under my feet as I walk, and a great silence is all around when I stop.

There’s nothing quite as effective at heightening one’s senses as walking in the dead of night. You notice new things and connect with your surroundings on a different level when you take away the visual distractions of daylight.

We protect ourselves so effectively from the world around us that sometimes we forget how great it feels to take a risk. Walk in the dark, get lost, go somewhere you’ve never been. The feelings that ensue are good for the soul and help us grow.

Think back to being a child and walking through the house on a dark night, how exhilarating the feeling was and how comforting once you’d traveled safely to a room with adults and light within. Have you ever taken a picnic in the woods on a warm summer night or jumped into a moonlit lake? Don’t save all the fun for summer; a winter’s night can hold just as many wonders.

Take a risk and let the full moon and the safety of a group be your comforts. Join us for a Moonlit walk of Acadia’s Woodland Trails at 7pm on Friday February 18th. If you’re afraid of the dark, that’s ok. Bring along a hand that you love to hold and a headlamp to guide your way. Wear clothing and footwear to keep you safe and warm in the woods. Meet in the main lobby of the KC Irving Environmental Science Centre. We’ll wrap up this family friendly event by 8:30 so you can curl up early in front of the fire.

Melanie Priesnitz
Conservation Horticulturist
Harriet Irving Botanical Gardens

Falafels

- 1 cup dried chickpeas
- 1/2 large onion, roughly chopped (about 1 cup)
- 2 tablespoons finely chopped fresh parsley
- 2 tablespoons finely chopped fresh cilantro
- 1 teaspoon salt
- 1/2-1 teaspoon dried hot red pepper
- 4 cloves of garlic
- 1 teaspoon cumin
- 1 teaspoon baking powder
- 4-6 tablespoons flour
- Soybean or vegetable oil for frying
- 1 TBSP tahini
- Diced green bell pepper for garnish

Tahini Sauce

- 1 TBSP cup tahini (sesame seed paste)
- 3 TBSP soy yogurt (if you can’t find any, or don’t like it, use plain yogurt)
- 1-2 TBSP lemon juice, to taste
- 1 tsp. agave nectar

Recipe by Angie Jenkins, B.A., Herbalist

“This is a very sensual oil that is all natural & that can be used in the bath, for massage, or as a general body moisturizer. Warning: This particular oil may have an aphrodisiac effect!!

Fill a 120 ml glass (preferable) jar with a carrier oil such as Sweet Almond Oil or Grapeseed Oil or a combination of the two. These oils can be found at most grocery stores. Sweet Almond Oil is very rich & nice for dry skin. Grapeseed Oil is lighter but still lovely. A few drops of Vitamin E oil (found at health food stores) may be added as a natural preservative to extend the shelf life. You can expect the oil to stay fresh 6 months to a year, especially if kept away from heat & light. Please note that this oil may stain so only use on sheets/clothes designated for this oil may stain so only use on this oil may stain so only use on sheets/clothes designated for this oil may stain so only use on

*Note: If your jar is approximately 60 ml, half the amounts given above.

Angie “Oriana” Jenkins is Wolfville’s local Belly Dancing Herbalist & the creator of Sister Lotus Body Care Products, Belly Dance, & Herbal Education. She can be reached at 680-8839, oriana@sisterlotus.com. Her website is www.sisterlotus.com.

Pie r Squared

“The Valley in a crust” Find us at the Wolfville Farmers’ Market 697-2502 www.pie-r-squared.ca

1378-0124
Each week at the Wolfville Farmers’ Market info booth we answer dozens of questions about our market, seasonal eating, the local food movement, and the progress made on our new DeWolfe Home. The answers to one of them is shared below.

**Q**
Which local vegetables are available in the winter, besides turnip, and how can I cook them?

**A**
Seasonal eating takes a little more planning, creativity, and cooking time in winter than it does in autumn. Potatoes, onions, garlic, carrots, beets, radish, squash (as well as turnips) are delicious roasted, sautéed, or cooked into soup. Smaller pieces cook more quickly. Root vegetables can be simmered in water or soup stock until almost done then stir fried, broiled, or boiled until soft, and mashed. Grated carrot, radish and beets are all delicious in a raw winter vegetable salad. With fewer flashy juicy vegetables to distract you it’s the time of year to try less familiar long-storing vegetables like celeriac (celery root), parsnips, nappa cabbage, kohlrabi, leeks, and sweet potato. Eaters eager for fresh greens can come early to market for spinach and micro greens as well as hearty kale and potted herbs.

Have you a question for us? We’d love to hear them all at the Info Booth on Saturday mornings or via email to infobooth@wolfvillefarmersmarket.com.

Devin Folks | Info Booth Coordinator, Wolfville Farmers’ Market | 902.542.5044 | infobooth@wolfvillefarmersmarket.ca | www.wolfvillefarmersmarket.ca

---

**STARDROP - by Mark Oakley: WWW.IBOXPUBLISHING.COM**

---

**That’s a Good Question!**

---

**Stardrop is brought to you by THE BOX OF DELIGHTS - A DELIGHTFUL LITTLE BOOKSHOP ON MAIN ST WOLFVILLE**

www.boxofdelightsbooks.com
WHO’S WHO - Stephen Gaetz: The Man with the Plans!

The Retail Circle of Life is a fascinating thing. Most people in the retail or trades world have a job that makes another person’s job easier, more exciting and possible. Building a house or a commercial space requires contractors, painters, crack fillers, plumbers, and electrical work as well as appliances, furniture, lighting and more but it all begins with an idea and a plan. This is where someone like Stephen Gaetz is essential!

Stephen Gaetz is an Architectural Designer. Stop looking puzzled, I’ll explain it! But we’ll start with some background. Stephen was born in Halifax and has lived all over the Maritimes. Moving from place to place was a frequent occurrence in Stephen’s youth and he prides himself on handling it all so well, even the period when he lived in 18 different houses in 18 years. He has been a resident of Wolfville for the last 14 years and plans to keep it that way.

Stephen studied cartography (map making) at COGS and moved to Wolfville in 1996 where he was employed as a Cartographer/Satellite Image Specialist in Hantsport. When that went bust, Stephen progressed from mapping landscapes to mapping houses and began working as an architectural designer with David Ripley, at Beacon Hill Designs, in 2001. The boys at Beacon Hill work closely with their clients from the very beginning stages of their projects until the finishing touches. Through hand drawn illustrations to the latest in virtual technology, all the details are met for either a small scale room or a large commercial space. You can contact Stephen through the www.beaconhilldesign.com website.

I have worked with Beacon Hill Designs and Stephen on a number of projects (where else would they go for lighting?) and their services are a great asset to this area and beyond. The list of customers and tradespersons who praise them is infinite. Stephen loves his job because it’s always challenging and ever-changing and he finds it very fulfilling to see the finished projects. Besides work, Stephen takes full advantage of the area for activities and entertainment. He enjoys the agony and the ecstasy of snowboarding, running and ultimate Frisbee. And between attending Open Mic nights at Paddy’s Pub and MY latest theatrical endeavour, Stephen finds ways to participate in community events and support the great selection of specialty businesses and markets in the region. This year will be a busy one for Mr. Gaetz as he continues the tedious job of renovating his house (need a light?) and planning for his upcoming wedding (need an emcee?) to his sweetheart, Sarah Pound (who I adore!). Best of luck to you Mr. Gaetz in all you do…and remember, start with a plan and work from there!

~Mike Butler

GREENWICH UPDATE

On February 1st, Kings County Councillors voted 6 to 5 in favour of developing 380 acres of farmland in Greenwich despite many concerned citizens giving numerous sound reasons to protect our food security by preserving this resource.

Those councillors who voted against the rezoning: Whalen, Atwater, Hall, Smith & Taylor.

Those councillors who voted for the rezoning: Newton, Parker, Killam, Lloyd, Ennis & Warden Brothers with the final deciding vote.

A few days ago I asked everyone for a quick summary on why they voted the way they did. Here are the responses I received:

“I voted no because, if my math is correct, the people of Greenwich did not want it and our policy tells us to protect agriculture land.” — Wayne Atwater

“I voted no to the motion to rezone farmland for unknown uses. I have consistently voted to protect farmland since 2000. I believe it is part of our heritage and culture and will be needed to feed our citizens in years to come.” — Fred Whalen

Chris Parker informed me that a tape of the meeting is available at the Municipal Office for a cost of $10. Mike Ennis mentioned a quick blurb wouldn’t give justice to the matter and, to her credit, only Janet Newton provided a summary of her pro reasons including a 1979 study which states “Greenwich is to become part of a urban corridor…to provide rural residential environments.”

In order for their decision to be finalized, it must pass two Provincial departments (Municipal Affairs & Agriculture) but it should be noted that there’s also a possible lawsuit against the decision suggested by David Daniels.

If you’re against 2000+ houses and commercial development on this land, letters/emails to the Provincial departments within this month may still make a difference. Contact nofarmsnofood@gmail.com for a list of contacts.

If indeed this becomes reality, I would recommend all farmers in the province hold out to the highest bidder. Why should they expect anything less?

Jeremy Novak

The Fundy Film Society’s Special Presentation screening for Haiti, one year after the earthquake, netted $1,102 sent to Partners in Health working for the Haitian people since 1987. Thank you, Wolfville Rotary Club ($500) and our audience ($602).
**SCOTIAN HIKER**

---

**TRIVIA**

1. What does Alba Nuadh mean?
2. When did Cape Breton Island become part of Nova Scotia?
3. What is Sidney Crosby’s middle name?
4. What is the driving distance between Yarmouth and Meat Cove?
5. In what cemetery is Alexander Keith buried?

**SOLUTIONS**

1. Nova Scotia (Scottish Gaelic);
2. 1763;
3. Patrick;
4. 771 kms;
5. Camp Hill Cemetery, Halifax.

---

**The Grapevine**

Brought to you by Jeremy Novak, Jocelyn Hatt with contributions by Manda Mansfield, Mike Butler & Lisa Hamnett Vaughan. Printed at the Acadia Print Shop 585-1129

---

*Don't want to miss a Grapevine? Subscribe for $2.00 an issue.

**BILLY BOB’S**

**PIZZA**

542-1111

WOLFWILL

2 Medium Donairs $8.50 + tax
Large 16” Pizza w/ Works $12.99 + tax
(Pick-up or delivery)

---

**Amethyst Cove Frozen Waterfall. Photo by Christopher Sheppard**

---

**Tide Predictions at Cape Blomidon**

Source: Canadian Fisheries & Oceans

www.waterlevels.gc.ca

---

**Random Acts Of Kindness**

Brought to you by: Daniels Flower Shop Ltd. 40 Water St, Windsor 798-5337

www.danielsflowershop.com

---

**Contact us:**

grapevine.wolfville@gmail.com

(902) 692-8546

-Don’t want to miss a Grapevine?
Subscribe for $2.00 an issue.

-Also available online:
www.grapevine.wolfville.org

**Thank you for the deliveries:**