WHAT IS A PRODUCER-CONSUMER FOOD MARKET?

In late November the Chronicle Herald ran a story about the creation of a new local co-operative grocery store. Two weeks ago while on a run up the Acadia trails, I had a chance encounter with the president and CEO of Scotian Gold Co-operative Ltd., David Cudmore. As a follow-up to that conversation, Karen Corey, the director of Marketing & Business Development at Scotian Gold, provided further information.

JN: David mentioned that the New Minas Coop was: too big, not attracting young people and not retail focused (it was basically a wholesaler for Coop Atlantic). Older generations understand the benefits of Coop’s but, without the interest new faces, they aren’t sustainable.

KC: Our business model - a consumer/producer partnership is very different than the Kent Coop model other than it will be a co-operative business with the opportunity for people to become owners. You will not have to be a member to shop or supply the food market. Our goal is to create a food market that delivers “an experience” for all generations, but with particular focus on the younger generation. We hope to achieve this by creating a family friendly environment with play area for children, interactive workshops and cooking classes for those interested in learning more about their food and where it comes from.

JN: David also mentioned that a Coop in Port Williams will work because it’ll be a smaller store (1/4th the size), there’s no other grocery in town while still being very accessible within the Windsor – Kentville corridor and it will have a strong focus on local, fresh and NS food. Producers will be encouraged to be active within the store and there will also be a butchery.

KC: Correct, our focus will be fresh and local whenever we can be - so fresh fruits and vegetables, fresh bread, fresh fish and meats and cheeses, all sourced local first. We realize we will not be able to source local 52 weeks of the year so there will be times of the year that produce will be sourced outside our local market and our plan is to carry items like bananas and oranges that cannot be sourced locally any time of the year. At the same time, we understand the convenience element of stocking grocery items as well which again will be sourced locally first. We will look to our owners/partners for direction and input on the items we stock.

- Complied by, Jeremy Novak

MARMALADE is a shy but very sweet girl who came to us with 4 kittens. She would do well in a home with no other animals. She came into us through animal control with. She’s a lovely girl who is looking for a home with people to love and spoil her for the rest of her days.

Wolfville Animal Hospital, Dr. Peter Bligh, 542-3422

MOBA HAS FOUND A HOME!

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Can the U.S. Censor Your Internet Access?

There has been a large buzz recently about the Stop Online Piracy Act (SOPA) being debated in the House of Representatives in the U.S. The proponents, unsurprisingly, are the MPAA, RIAA, the US Chamber of Commerce, and many large movie, music, and broadcast companies. The opponents include hosting and internet provider companies, and human rights organizations interested in free speech. There is also an international outcry - even a resolution by the European Union Parliament against the aims of SOPA.

The purpose of SOPA is “To promote prosperity, creativity, entrepreneurship, and innovation by combating the theft of U.S. property, and for other purposes.” So, why is there such opposition from human rights groups and from an international audience?

The act is supposed to give stronger methods to the Department of Justice (DoJ) to fight theft of intellectual property, mainly the distributing of movies and music. It allows the DoJ to both have internet providers censor out “offending” web sites, and have links to “offending” sites removed from services like Google, Yahoo, and also the service that converts many site names (like www.google.com) into numerical addresses your computer understands.

The problem is with how SOPA can be abused. SOPA allows the U.S. government to censor out these sites before the owners have the opportunity to defend themselves, and require them to win a defence before the site is made available again. It also allows companies to launch actions to block sites’ ability to receive payment from users on grounds of copyright infringement, again, until defended in court.

Consider a foreign website which may be unfavourable to a U.S. government, like Al Jazeera English (AJE). Someone could anonymously post a few torrents’ contents to AJE’s comments boards, and the DoJ could then effectively have AJE made inaccessible until it wins a defence in American courts.

Consider a small indie music website. A large music copyright holder could continually cut off their income by launching claims against them for “similar” music until that small site is starved out of business.

That is why many groups are worried. Some of the “other purposes” SOPA can be exploited for is internationally silencing websites which voice opposition to American policies, and to allow large media industries to eliminate smaller competitors.

So, if passed, SOPA would allow the U.S. government to censor your access to the internet, even here in Wolfville.

~Duane Curry

Nova Scotia Icewine Harvest Predicted for January Due to Warm Weather

Halifax, N.S. – Due to warm weather and the long-range weather forecast, John Warner of Warner Vineyards predicts that this year’s icewine harvest should take place around January 4, 2012.

“Over the past 15 years of harvests, no two years have been alike,” says Warner. “We are not getting the cold weather snaps in early December like we used to, therefore we run the risk of grapes being eaten by birds, snow storms hitting and having to shovel the grapes out…the earlier the harvest, the easier it is.”

Icewine grapes in Nova Scotia have typically been harvested during the Christmas holidays. If the conditions are right, it will take one long night to harvest the 20-25 tonnes of grapes at Warner Vineyards. It will take longer if there is snow covering the vines.

“Last year was the longest year ever…we held the grapes on the vine until January 15,” says Warner. “We know they can hang, it’s just a waiting game now.”

Warner Vineyards is located in Lakeville, in the Annapolis Valley. Of his 50 acres, Warner has five acres dedicated to icewine grapes this year and he is the largest grower of Icewine grapes in the province. The Vidal, Ortega and New York Muscat grapes from Warner’s vineyard, sold to local wineries, should produce about 4,000 litres of Nova Scotia Icewine.

“Icewine is a niche product that we do very well in Nova Scotia,” says Winery Association of Nova Scotia president and Avondale Sky owner Stewart Creaser. “Icewine is a luxurious treat that pairs wonderfully with the sweets and chocolates of the holiday season, or on its own as dessert… it’s also a fantastic wine to use for special occasion celebrations with family and friends or as a hostess gift.”

For more information about the Winery Association of Nova Scotia visit www.winesns.ca.

About the Winery Association of Nova Scotia (WANS)

WANS was formed in 2002 to represent the interests of wine producers in Nova Scotia, to serve as a voice for local industry and to promote the growth and development of Nova Scotia wines. Members include L’Acadie Vineyards, Annapolis Highland Vineyards, Avondale Sky Winery, Bear River Vineyards, Benjamin Bridge, Blomidon Estate Winery, Domaine de Grand Pré, Gaspereau Vineyards, Jost Vineyards, Luckett Vineyards, Lunenburg County Winery, Muir Murray Estate Winery, Petite Riviere Vineyards and Sainte-Famille Wines.
Soprano Marie-Josée Lord

The Acadia Performing Arts Series begins the second term with Soprano Marie-Josée Lord. The concert will take place on Sunday, January 15 at 7:30 pm at the Festival Theatre, Acadia University in Wolfville.

Ms. Lord will deliver a gourmet recital recital where classical and popular music are gently entwined. Luc Plamondon, Verdi, Lama, Bizet, Ferland and many other composers make up this special program, whimsically titled “Jambalaya” because it’s so flavourful that you will be asking for seconds!

In 2005, Marie-Josée Lord was the recipient of the Prix d’Excellence de la Culture, awarded by the Fondation de l’Opéra de Québec, and was selected to represent Canada at the Cardiff Singer of World competition. She won the Public Prize at the Canadian Lyric Fund Competition, and received the Raoul-Jobin Prize in 1998. Her first solo CD, which was recorded with the Orchestre Métropolitain under the baton of Giuseppe Pietraroia, won Marie-Josée Lord a Félix in the category Album of the Year — classical vocal in a Félix in the category Album Competition, and received the Raoul-Jobin Prize in 1998. Her first solo CD, which was recorded with the Orchestre Métropolitain under the baton of Giuseppe Pietraroia, won Marie-Josée Lord a Félix in the category Album of the Year — classical vocal in a Félix in the category Album Competition, and received the Raoul-Jobin Prize in 1998. 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The soprano has sung with the Montreal Symphony Orchestra on several occasions: at the Christmas concert at the Notre-Dame Basilica in December 2009; at the Starmania concert at Notre-Dame de Paris in February, 2010; and at the free outdoor concert for Haiti that the orchestra gave on September 2, 2010 at the beginning of its 2010-2011 season.

Tickets: $26 ($20 students) and are available at the Acadia Box Office or by calling 1-800-542-8425 or 542-5500. INFO: Peter Smith 585-1262 / peter.smith@acadiau.ca

The Grapevine Asks:
How does Hantsport deal with two tremendous commercial losses?

Fundy Gypsum is indeed closed permanently. This is a huge blow to the tax base of the Town, but beyond that, to the whole West Hants/ East Kings area. These were good paying jobs that reinvested much of their income in local community.

On the tax base front, the Town has secured committed taxes from Fundy through March 2014, albeit on a declining basis.

The closure of Fundy Gypsum can be attributed to 2 factors. The first is the continual downturn in the US housing market. The last I heard, wallboard sales were at 25% of 2008 levels in the US. The second, and possibly more systemic is the use of artificial gypsum created in the process of cleaning the emissions from coal power stations in the US. This gypsum is a by-product of the process and so not only is it a surplus material, but the use of it qualifies for landfill diversion credits in the US.

Minas Basin Pulp and Power is shut down, but only temporarily. The plant is expected to open in the near future. There have been several such shut downs over the past few years.

Nova Scotia is not alone in its loss of industries given the global economy. With the exceptions of Alberta, Saskatchewan and Newfoundland, all Provinces are suffering, and all you have to do is turn on the news in the States to see what is happening there.

The one competitive advantage Minas Basin and CKF in Hantsport have is the power dam on the Saint Croix River. This supplies between ⅓ and ½ the power needs of the industries. Transportation costs and power costs are two huge disadvantages to Nova Scotia industries.

Hantsport is working with Minas Basin Pulp and Power to locate a tidal turbine manufacturing operation in Town. As well, the Town has entered into an innovative partnership with a development company to infill housing in Town. The Town has begun a careful review of all discretionary expenditures and is reviewing alternate revenue possibilities.

The Town continues to explore partnership opportunities with neighbouring Municipalities and we’re hopeful that there will be a positive outcome from the Town’s Task Force.

The above is not meant to be an in depth analysis of all the challenges and opportunities facing Hantsport. If you (or anyone) wish to discuss any or all of these points in more detail, I would be more than happy to.

Jeff Lawrence jeff@hantsportnovascotia.com
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SUGGESTED THEME: The start of a new year is always an exciting time for resolutions or goal-setting but something about 2012 feels even more important. This is your year to get things done! One of The Grapevine’s goals this year is to dabble with newsprint. What’s one of yours?

Bluenose II Company Store – 121 Bluenose Drive on Lunenburg’s waterfront, 634-1963 / www.bluenose2.ns.ca • The narrowest point of our province is between Windsor and Chester. We’re a short 35km south of Chester. Clothing for all, books, DVDs, CDs by local artists, pictures, rope, unique gifts, pieces of Bluenose II wood.

Sister Lotus Body Care Products, Belly Dance & Herbal Education – 680-8839 / www.sisterlotus.com • One of our main goals in 2012 is to attract lots of new Beginner belly dancing women! Classes are starting at the Wolfville Farmers’ Market Bldg. on Wed., Jan. 11th for Beginners & on Mon., Jan. 9th for Intermediate/Advanced. See our website for details!

Harwood House Bed & Breakfast – Wolfville, 542-5707 / 877-897-0156 / www.harwoodhouse.com • Our goal is to continue with what we know best. Spoil our guests with true NS Hospitality, make them Relax in Comfort. Let them enjoy the Beauty of our Garden.

Absolute Nonscents Sustainable Living Products – 542-7227 / absolutenonscents@gmail.com • My goal is to increase the number of people in my area who have access to the necessary tools to break the plastic habit. With reusable bamboo utensils and stainless steel food containers we can resolve to throw away fewer things in 2012. Join the sustainability movement and reduce your footprint!

Inner Sun Yoga Centre – 112 Front St., Wolfville, 542-8040 reservations / 678-3502 info / centrestage@centrestagetheatre.ca / centrestagetheatre.ca • Our renovations Continue! Walls are being framed – all in preparation for the new entrance. Shows will continue as usual!

In 2012, CentreStage will strive to continue to bring top-notch theatre to the Valley. We are also endeavouring to fund-raise another $300,000 to help with our renovation process. Contact us to find out how you can help.

We’ve been operating 100% by volunteers for 27 years.

Our new Fusion Art Nights in January are the perfect venue to create something special with great local artists! Come and join in the experience! Quirky and delicious food available at lunch.

Atlantic Lighting Studio – 16 Elm Ave, Wolfville, 542-3431 / atlanticlightingstudio.ca • January 6th-31st, Atlantic Lighting Studio will be having their Annual Storewide sale. All in stock fixtures will be 15-75% off! We have bright ideas and great deals!

The start of a new year is always an exciting time for resolutions or goal-setting but something about 2012 feels even more important. This is your year to get things done! One of The Grapevine’s goals this year is to dabble with newsprint. What’s one of yours?
Ah Winter – I love it. The more snow the better. Having been an avid x-country and down hill skier for more than 30 years, I can often be found out there in all kinds of weather. Recently several people have suggested to me that I get some snow shoes. ‘Why would I do that? If there is snow I will be skiing.’ I say, and they reply, ‘because you can go anywhere on snow shoes!’

So my ‘grape gripe’ is – Too often I have broken through lovely deep snow to set a track for x-country skiing and come back to find it flattened by snow shoe tracks. The problem is, if we have a thaw and then a freeze and no one has trampled on the tracks I can return to that track and have a lovely ski day. But if the snowshoes have trampled on it the track is ruined. So if as my snow shoe enthusiasts maintain that snow shoes can go anywhere, then please go anywhere but on the ski tracks.

There’s room for both of us, all of us out there on those trails. And by the way, I now have a pair of snow shoes too. I will be out there beside the ski tracks, not on them, because now I can go anywhere!

~ Jane Mangle
THANK YOU for your contribution to our new home for the Wolfville Farmers' Market!

We have raised $173,000 of the $200,000 total needed from the community. $500,000 raised through Gov't sources and $100,000 committed by vendors.

Our new Market
We did it!
Working together as a community we now have our permanent market home
The final donor wall will be mounted this year.
Are you on the list?
The deadline for pledges is January 15
www.wolfvillefarmersmarket.ca

Gold ($1000+)
- Andy & Linda Nette
- Anonymous Wolfville Citizens
- Boucherie Le Vendeene
- Chris Toplack & Jocarrie Rocher & Family
- Friends of Agriculture in NS
- Harbourville Schneizelaars
- Horizons Community Development Associates
- Kent Co-Operative
- Luckett Vineyards & MacNeil's Family
- Farm
- Members of Just Us! Coffee
- Roasters Coop
- Nancy & Fred
- Night Kitchen Sumpituous
- Pumpkin Moon
- Farm
- Richard Hennig
- Roy & Gertrude Bishop
- Soren & Pia & Stephanie
- G DaNofele
- Steven Slipp Design
- Susan Markham-Starr & John Starr
- The Palmer Family
- Valley Voice of Women for Peace
- Women of Wolfville

Silver ($500-999)
- Alexandra J R Moore
- Alison Scott Butler
- Anonymous
- Claudia & Maurice Tugwell
- Down To Earth Gardening
- Gwen and Wayne Phillips
- Herget Law Inc
- John Cline ASA Ltd
- Katimavik 2010
- Kentville & District Kinsmen Club
- Lili Knipping
- Mary Anne & Ed Sulis
- Nicholas A T Moore
- Paula & Eric Howatt
- Roger & Joan Boutilier
- Sophia Knipping
- The Wolfville & Area Newcomers Club

Bronze ($250-499)
- Aracis Consulting Canada Ltd
- Albarda
- Stanley
- Alex & Janet Handyside
- Allen's Metal
- Kentville
- Angelovski Associates
- Anne & Ken Reid
- Barb & Norm
- Christine Knipping
- Colton Family
- Doug & Gaye Hergett
- Gode Colpitts Abbey
- In Memory of Jean Peck
- Joan Baker
- John & Julia Murphy
- Klaus Jensen
- Labenski Family
- Oakville, Ontario
- Matt & Lyn Terborg
- METRA
- Michael & Franziska Leiter
- Murray H Colbo
- New Farmers Gathering
- Paul & Claudine LeFlore
- Peggy Hope-Simpson
- Pie r Squared
- Refuse & Company Chartered Accountants Inc
- Refuse Building Supplies Limited
- Scott Brison MP
- Valley Physiotherapy
- Wendy Donovan
- Jim Margenstern

Red ($100-249)
- Acadia Centre for Social & Business Entrepreneurship
- Amanda & Eduardo Vaz
- Aimee Hare
- & Harrison Wright
- Andrea & Tony
- Anonymous
- Anthony J Harding
- Aspinwall Pottery
- Barbara & Scott
- Barbara MacGregor
- Barry & Elizabeth Youl
- Birgit & Claudia
- Blues Family Farm
- Blueberries
- Golf & Rosie's
- Burgess & Ayland
- Cabillo
- Carolynn & Fritz
- CFUW
- Wolfville
- Charles Stock
- Claudine Larocher (in memoriam)
- Cochrane Pharmacare
- Cody
- Colleen's Magnetic Jewellery & Valley Magnet
- Dave & Anne Burton
- Dave & Gino Newcombe
- Derek & Heather
- Dick Groot
- Liz Kosters
- Dianne & Colleen Olson
- Elizabeth Charlton
- Emilie Godbout
- Emme & Nathan
- EDS Fine Foods
- Ethan, Alan, Blake Macdonald
- Eva Curry
- Falstaff
- Finn StCroix Hughes
- Freda M Carter
- Friends of the Acadia Forest Society
- Gail Kerr
- Barry Crofton
- Gary Ness
- GUINEY VALLY OARDEN AND FLORAL DESIGNS
- Hergett Law Inc
- Hickman Family
- Hilda Kelley
- Hugh Simpson
- Iain, Shreagh, Georgia, Angus, Jack & Charlie Flinn
- Jackie
- Janet Ness
- Jeremy Novak
- Jim & Leigh-Ann Murphy
- John Christopher
- Mathew Velliquette
- & Jaden Christopher
- John Kavanagh
- Jonathan, Melissa, Isabelle & Emerson
- Joyce Balfour
- & Ryan Grant
- & Rosa
-JP Karen & Peter Smith
- Karen Masel
- Kehlers
- Keith & Vicky Austin
- L Bishop
- LArche Homefries
- Ludny Mogwood Richard
- Ludny Richmond
- Lyle
- Libby Wells
- Linda & Al
- Lynn McCulland
- Mangle Family
- Margaret & Rod
- Margaret J.
- Archbald
- Marilyn Cameron
- Morley Corny
- Mary & Michael Lynch
- Matthew Stockdale
- Maude Delahunty
- Midge & Terry Lane
- Moonshadz
- Munchie
- Nandi & Ellie
- Nelson, Claire, Elle, Jeke O'Driscoll
- Nan & Nickey
- Noah's Brick
- Olivia Holmes Hughes
- Oprah
- Owen Butler
- Pam Ackerman
- Paul Camerson
- Pearl Pomery Grady
- Penny Reid
- Peter & Janet Walker
- Peter Mackey
- Pia Skoaruk Nielson
- Pink Floyd
- Quentin Forsatull
- Ralph Staley
- Romane Jenner
- Kings South MLA
- Rick Graham
- Rob Gray
- Ron & Pati Stuart
- Ron Edmunds
- Roy & Dianne
- Sandy
- Sarah Stockdale
- School of Nutrition & Dietetics Students
- Scott Burridge
- Sheenagh McCullough
- Chris Bower
- Shoppers Drugmart
- Wolfville
- Snipky
- Soohan's Sushi
- Stewmont Organic Farm
- Susan Markham-Starr
- John Starr
- Susan Peddick
- Susan Wehrli
- TAMMACAT
- Natural Textiles
- The Acadia Sports Therapy Clinic
- The Doman Family
- The Grapevine
- The Noodle Guy
- The Usual Suspects
- Tim, Evelyne & Craig Moore
- V.J.B.
- Wolfville Yoga
- Zara Fischer-Harrison

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Acadia Perspective:

EVERYTHING I LEARNED IN KINDERGARTEN: Be nice, especially at work

“You don’t have to like everyone, but at least be civil.” These wise words from my mother are often easier said than done. We’ve all worked with them: the person who knowingly (or unknowingly) makes offensive or disparaging remarks, the ringleader of the rumour mill, or the one who just won’t listen. The workplace is not always a civil or respectful environment.

“It is important to recognize that employees generally do not display poor work ethic or undesirable behaviour simply because they feel like it,” explains Dr. Michael Leiter a Tier 1 Canada Research Chair at Acadia’s Centre for Organizational Research and Development (COR&D). Leiter recently finished up a three-year research project funded by the Canadian Institute of Health Research looking at how to use civility to build healthier workplaces. “Often there are issues occurring in the workplace that elicit this behaviour. Reasons can include anything from problems at home, to bullying in the workplace, to a conflict with the management style in your area of work.” It is therefore important to determine and identify the problems, as well as address them quickly and efficiently to create a healthy workplace.

In most cases, incivility in the workplace comes down to three main excuses that people use. Pressure: I was so stressed I snapped at you; Toughness: You gotta kick butt to get anyone to work around here; and, Sensitivity: I wasn’t really rude; people here just are too precious and lack a sense of humour. Results showed that using these excuses is associated with increased rude behaviour at work. COR&D, with other researchers, implemented a program called Civility, Respect & Engagement @ Work (CREW) in various healthcare settings across Nova Scotia and Ontario.

There are always several interventions needed to make a change in a workplace and CREW is one of those. CREW is a process that includes leaders, managers, and employees and creates positive changes for the top line (people) and the bottom line (productivity and profits) of an organization. “Most places have organizational policies for workplace bullies,” explains Leiter, “but they don’t have policies on eye rolling. This is where CREW comes in.”

So just what is CREW and how can you make it work for you?

CREW encompasses a series of meetings, the first setting the ground rules and making a “safe” environment. Working together, the group defines: “What is civil behaviour in our work environment?” and “What are norms of behaviour in the group?” Definitions may vary, but the important thing is that there is agreement among the group as to what they represent. Once the basic ground rules are set, the group can identify the issues on which to focus, set goals for improving teamwork, and strive to achieve these goals. “Once there is a safe, strong group, individuals in the groups will start to speak up,” says Leiter. “They will enforce the ground rules because they are supported.” Civil behaviours therefore become ingrained into the work culture as there is no longer ongoing tolerance for, or an atmosphere that accepts aggressive or negative behaviour.

And the research shows that it works not only in healthcare, but in any organization. Coming up with pathways to civility can be as easy as having ready-made thank you cards that staff members can fill out and give to colleagues; creating a code word, such as “ouch,” to say every time a colleague unknowingly says something hurtful; or rewarding staff with coupons or stars for displaying respectful and civil behaviours. It doesn’t matter as long as everyone agrees that it will work for the team.

Placing awareness and creating the time and space for people to explore civility, respect and engagement in the workplace can have a positive impact on shifting people’s behaviour. It is time for us to stop tolerating uncivil behaviour in the workplace and start looking at how teams can support one another and to increase the bar as to what behaviours are acceptable and what are not! Working together as a crew, anything is possible.

For more information about Leiter’s research or the CREW program, visit www.workengagement.com, email cord@acadiau.ca or phone 902-585-1671.

By Laura Churchill Duke

Wolfville Winter Walking Program

If you are between the ages of 65-85 years, you may be eligible to participate in a free exercise program this winter. The program is 8 weeks in length and will begin the week of January 23rd, 2012. Exercise sessions will take place three times per week and will last no longer than 50 minutes. Sessions consist of either Walking or Nordic Pole Walking depending on the group that you will be randomly assigned to. To determine whether you are eligible for the program or if you would like further information please contact us (Corey, Sarah or Shilpa) via email or phone by Jan 16th. We hope you all have an active winter season!

INFO: lifelab.acadia@gmail.com / 585-1566
<table>
<thead>
<tr>
<th>Date</th>
<th>Event Description</th>
<th>Place</th>
<th>Phone/Website</th>
</tr>
</thead>
<tbody>
<tr>
<td>THURSDAY, 5</td>
<td><strong>Acadia Athletics: Basketball</strong> — Acadia Sports Complex, Wolfville 6pm Women &amp; 8pm Men. • Acadia vs. Cape Breton (Capers TIX: $10 adult $5 external student) <strong>INFO:</strong> 542-5500 / sports.acadiau.ca</td>
<td>Acadia Sports Complex, Wolfville</td>
<td>TIX: <a href="http://www.valleylibrary.ca">www.valleylibrary.ca</a></td>
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<td></td>
<td><strong>Fundy Film screens: Margin Call</strong> — Al Whittle Theatre, 4 &amp; 7 pm • An intelligent and riveting thriller with an all-star cast that follows key people at a NY investment bank for the first 36 hours of the 2008 global financial meltdown. See ad page 15. TIX: $8 <strong>INFO:</strong> 542-5157 / fundyfilm.ca</td>
<td>Al Whittle Theatre, Wolfville</td>
<td>TIX: <a href="http://www.valleylibrary.ca">www.valleylibrary.ca</a></td>
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<td><strong>Acadia Athletics: Hockey</strong> — Acadia Sports Complex, Wolfville 7pm. • Acadia vs. Moncton. TIX: $12 adult $6 external student <strong>INFO:</strong> 542-5500 / sports.acadiau.ca</td>
<td>Acadia Sports Complex, Wolfville</td>
<td>TIX: <a href="http://www.valleylibrary.ca">www.valleylibrary.ca</a></td>
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<td><strong>Acadia Athletics: Hockey</strong> — Acadia Sports Complex, Wolfville 6pm Women &amp; 8pm Men • Acadia vs. St. Mary’s TIX: $10 adult $5 external student <strong>INFO:</strong> 542-5500 / sports.acadiau.ca</td>
<td>Acadia Sports Complex, Wolfville</td>
<td>TIX: <a href="http://www.valleylibrary.ca">www.valleylibrary.ca</a></td>
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<tr>
<td>SATURDAY, 7</td>
<td><strong>Grow with Art (for Children)</strong> — NSCC Kingstec, Kentville 1-3pm. Children’s art rental program and monthly art workshops with local artist/cartoonist Mark Oakley. For children aged 5 to 14 TIX: $2 per child for workshop and $2 per art work for a month’s rental <strong>INFO:</strong> Irene 542-0234 / <a href="mailto:irenehazzell@hotmail.com">irenehazzell@hotmail.com</a></td>
<td>NSCC Kingstec, Kentville</td>
<td>TIX: <a href="http://www.valleylibrary.ca">www.valleylibrary.ca</a></td>
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<td><strong>Careforce Alzheimer Café</strong> — Kings Riverside Court, Kentville 2-4pm • The goal of this free monthly event is to provide a relaxed, accepting social environment with music, snacks, information, and the chance to meet and converse with others in similar situations. TIX: no charge <strong>INFO:</strong> Melissa 365-3155 / <a href="mailto:careforce@careforce.ca">careforce@careforce.ca</a></td>
<td>Kings Riverside Court, Kentville</td>
<td>TIX: <a href="http://www.valleylibrary.ca">www.valleylibrary.ca</a></td>
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<td></td>
<td><strong>Grand Ole Night Kitchen</strong> — Al Whittle Theatre, Wolfville 8-10pm • A bluegrass themed Night Kitchen! An phenomenal line-up, see ad page 3 TIX: $8 • advance @ Just Us! Wolfville <strong>INFO:</strong> <a href="mailto:ariana@tabmusic.ca">ariana@tabmusic.ca</a></td>
<td>Al Whittle Theatre, Wolfville</td>
<td>TIX: <a href="http://www.valleylibrary.ca">www.valleylibrary.ca</a></td>
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<td><strong>Artist In Residence - Mark Oakley</strong> — Library (11 School St.), Hantsport 2:30pm – 4:30pm • Mark will be working on projects, visitors can come watch his work in progress and ask questions. Mark urges those who write graphic novels or comics to bring in their portfolio/sketchbook for review. All welcome. TIX: no charge <strong>INFO:</strong></td>
<td>Library (11 School St.), Hantsport</td>
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<td><strong>Comic/Manga Studio Techniques Workshop</strong> — Wolfville Library 6:30-9pm • Join us for just one workshop or all 4 (every Thursday until Feb 2nd). This week: penciling – how to draw comic characters and backgrounds. All welcome. TIX: no charge <strong>INFO:</strong> PreRegister: 542-5760 / <a href="http://www.valleylibrary.ca">www.valleylibrary.ca</a></td>
<td>Wolfville Library</td>
<td>TIX: <a href="http://www.valleylibrary.ca">www.valleylibrary.ca</a></td>
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<td><strong>Lecture: Celebrating Ignorance</strong> — K.C. Irving Centre, Acadia 7pm • Lies, Scams and Sellouts in the Climate Change Crisis; a talk about the climate change denial industry and the media systems that enable it with Leo Elshof PhD. Acadia University and Richard Zurawski, B.Sc., M.A., PhD. TIX: no charge <strong>INFO:</strong> Hans <a href="mailto:halbarda@gmail.com">halbarda@gmail.com</a> / Dr. Elshof <a href="mailto:leo.elshof@acadiau.ca">leo.elshof@acadiau.ca</a></td>
<td>K.C. Irving Centre, Acadia</td>
<td>TIX: <a href="http://www.valleylibrary.ca">www.valleylibrary.ca</a></td>
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<td><strong>Concert: Old Man Ludecke</strong> — Mermaid Imperial Performing Arts Centre, Windsor 8pm • One of Canada’s best loved and most intriguing roots singer-songwriters, OML’s performances are exciting and totally entertaining; his banjo style sparkles with originality and pure musicality. See poster page 15 TIX: $26 adults, $24 seniors / students @ Moe’s Music <strong>INFO:</strong> 798-5841 / <a href="mailto:puppets@mermaidtheatre.ns.ca">puppets@mermaidtheatre.ns.ca</a></td>
<td>Mermaid Imperial Performing Arts Centre, Windsor</td>
<td>TIX: <a href="http://www.valleylibrary.ca">www.valleylibrary.ca</a></td>
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<td><strong>Concert: Celtic Airs</strong> — Grand-Pre National Historic Site, Grand Pre 3-5pm • Acoustic music among friends and in the reflective mood of winter. All proceeds to the Historic Grand Pre Covenanter Church. TIX: suggested donation $10 or more <strong>INFO:</strong> John 542-5392 / <a href="mailto:keppie@eastlink.ca">keppie@eastlink.ca</a></td>
<td>Grand-Pre National Historic Site, Grand Pre</td>
<td>TIX: <a href="http://www.valleylibrary.ca">www.valleylibrary.ca</a></td>
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<td><strong>Fundi Film screens: Starbuzz</strong> — Al Whittle Theatre, 4 &amp; 7 pm • A colourful comedy follows a middle-aged slacker who has fathered 533 children via sperm donation, many who now want to meet their infamous father. <strong>INFO:</strong> 542-5518 / <a href="http://www.valleylibrary.ca">www.valleylibrary.ca</a></td>
<td>Al Whittle Theatre, Wolfville</td>
<td>TIX: <a href="http://www.valleylibrary.ca">www.valleylibrary.ca</a></td>
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January 5 - 19, 2012

**Valley Events**

**Your guide to Valley Entertainment**

NOW SELLING AD-BLOCKS, PLEASE INQUIRE FOR DETAILS: duncan@valleyevents.ca

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**Fundy Film Winter Series 2012**

(Films subject to change without notice)

<table>
<thead>
<tr>
<th>Date</th>
<th>Time</th>
<th>Film Title</th>
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<tbody>
<tr>
<td>Jan 8</td>
<td>4 &amp; 7 p.m.</td>
<td>Margin Call</td>
</tr>
<tr>
<td>Jan 15</td>
<td>4 &amp; 7 p.m.</td>
<td>Starbuck</td>
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<tr>
<td>Jan 18</td>
<td>7 p.m.</td>
<td>My Perestroika</td>
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<tr>
<td>Jan 22</td>
<td>4 &amp; 7 p.m.</td>
<td>My Week with Marilyn</td>
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<td>Jan 29</td>
<td>4 &amp; 7 p.m.</td>
<td>Le havre</td>
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<tr>
<td>Feb 1</td>
<td>7 p.m.</td>
<td>Surviving Progress</td>
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<tr>
<td>Feb 5</td>
<td>4 &amp; 7 p.m.</td>
<td>The Way</td>
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<tr>
<td>Feb 12</td>
<td>4 &amp; 7 p.m.</td>
<td>Café de flore</td>
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<tr>
<td>Feb 15</td>
<td>7 p.m.</td>
<td>Urbanized</td>
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<tr>
<td>Feb 19</td>
<td>4 &amp; 7 p.m.</td>
<td>Shi (Poetry)</td>
</tr>
<tr>
<td>Feb 26</td>
<td>4 &amp; 7 p.m.</td>
<td>The Artist</td>
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<tr>
<td>Feb 29</td>
<td>7 p.m.</td>
<td>A Promise to the Dead: The Exile Journey of Andel Dorfman</td>
</tr>
<tr>
<td>Mar 4</td>
<td>4 &amp; 7 p.m.</td>
<td>The Iron Lady</td>
</tr>
<tr>
<td>Mar 11</td>
<td>4 &amp; 7 p.m.</td>
<td>Tinker, Tailor, Soldier, Spy</td>
</tr>
<tr>
<td>Mar 14</td>
<td>7 p.m.</td>
<td>People of a Feather</td>
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<tr>
<td>Mar 18</td>
<td>4 &amp; 7 p.m.</td>
<td>Detective Dee and the Mystery of the Phantom Flame</td>
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<tr>
<td>Mar 25</td>
<td>4 &amp; 7 p.m.</td>
<td>A Dangerous Method</td>
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<tr>
<td>Mar 28</td>
<td>7 p.m.</td>
<td>Pink Ribbons, Inc.</td>
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<tr>
<td>Apr 1</td>
<td>4 &amp; 7 p.m.</td>
<td>Sarah's Key</td>
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<tr>
<td>Apr 8</td>
<td>9 &amp; 7 p.m.</td>
<td>Tom Boy</td>
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<tr>
<td>Apr 11</td>
<td>7 p.m.</td>
<td>Being Elmo: A Puppeteer’s Journey</td>
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<tr>
<td>Apr 15</td>
<td>4 &amp; 7 p.m.</td>
<td>Jodaeiye Nader az Simin (A Separation)</td>
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<tr>
<td>Apr 22</td>
<td>4 &amp; 7 p.m.</td>
<td>Albert Nobbs</td>
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<tr>
<td>Apr 25</td>
<td>7 p.m.</td>
<td>West Wind: The Vision of Tom Thomson</td>
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<tr>
<td>Apr 29</td>
<td>4 &amp; 7 p.m.</td>
<td>Monsieur Lazhar</td>
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</tbody>
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**Concert: Marie-Josée Lord** — Festival Theatre, Wolfville 7:30p.m  
“...A voice of wonderful depth and pliability casting a radiant glow. Her presence is spellbinding... a very classy singer with a bright future.” Montreal Gazette. See page 3 TIX: $26 adults, $20 students INFO: 542-5500 / peter.smith@acadiau.ca

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**Town Council Meeting** — Town Hall, Wolfville 7:30 – 11pm  
Open to the public. TIX: no charge INFO: 542-5767

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**AGED Preparation Course** — Hants Learning Network Association, 10 Water St., Windsor 11am – 5pm  
This free course runs three evenings a week for fifteen weeks, starting January 17th. TIX: no charge INFO: 472-3133 / ccaldwell.hlna@hotmail.com

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**Artist In Residence - Mark Oakley** — Library, Wolfville 11am – 5pm  
Mark will be working on projects in the library; visitors can come watch his work in progress and ask questions. Mark is offering an invitation to those who write graphic novels or comics to bring in their portfolio/sketchbook for review. All welcome. TIX: no charge INFO: 542-5760

---

**Fundy Film screens: My Perestroika** — Al Whittle Theatre, 7 pm  
Four Russians share their stories as the last generation of Soviet children behind the Iron Curtain. They take us on a journey through their Soviet childhoods, their youth during the country’s huge changes of Perestroika and let us into their present-day lives. . . . "playful, insightful, hypnotic and, ultimately, superb." See ad page 15. TIX: $8 INFO: 542-5157 / fundyfilm.ca

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**THEATRE MANAGER POSITION**

The Acadia Cinema Coop is hiring a theatre manager for the Al Whittle Theatre and Studio-Z. To find out more about this exciting job please see the full job details at: www.acadiacinema.coop

You can submit your application by email to: info@acadiacinema.coop or by mail to: Theatre Manager Position, Acadia Cinema Cooperative Ltd., 450 Main St., Wolfville, N.S., B4P 1E2

Applications will be accepted until 5 pm, January 20, 2012.

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Thank you to the Wolfville and area communities for support and encouragement in 2011

www.innersunyoga.ca

542-YOGA (9642)
January 5 - 19, 2012

the least likely of places.
riches or a disappeared prize in
look hard and keep an open mind,
coming months, Gemini. If you
top of it. I suspect you may have
dresser with a baseball cap on
value, kept it on her bedroom
who, unaware of its origins or
innocently and by accident. She
Wittman never located the
it was stolen from a museum.

largest crystal ball. Worth
the story of the world's second

In his book Stolen Treasures,
Undercover to Rescue the World's
Priceless: How I Went
In his book

climb a tree.
being like a fish whose job it is to
specific brilliance. So it is crucial
and hone and express your

it in mind throughout 2012.
because you'll be smart to keep

"Everyone is a genius, but if you
judging a fish by its ability to climb
a tree it will spend its whole life
believing it is stupid." Rumor
has it that this pithy observation
was uttered by Albert Einstein. I
bring it to your attention, Taurus,
because you'll be smart to keep
it in mind throughout 2012.

According to my astrological
analysis, you will have an
excellent opportunity to identify
and hone and express your
specific brilliance. So it is crucial
that you eliminate any tendency
you might have to see yourself as
being like a fish whose job it is to
climb a tree.

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being like a fish whose job it is to
climb a tree.

Taurus (April 20-May 20):

LEO (July 23-Aug. 22):
Back in 1958, 17-year-old Bob Heft
created a 50-star American flag
for a high school project. Hawaii
and Alaska were being considered
for U.S. statehood at that time,
and a new design was needed to
replace the old 48-star flag. Heft's
teacher originally gave him a
grade of B- for his work. But when
his model was later selected to
be the actual American flag, the
teacher raised his grade to an A. I
suspect that a similar progression
is in store for you in the coming
year, Leo. Some work you did that
never received proper credit will
finally be accorded the value it

VIRGO (Aug. 23-Sept. 22):
Greek philosopher Plato
suggested that we may become
more receptive to spiritual
beauty by putting ourselves in
the presence of physical beauty.
The stimulation we get when
inspired by what looks good may
help train us to recognize sublime
truths. I'm not so sure about
that. In my experience, people
often get so entranced by their
emotional and bodily responses to
attractive sights and sounds that
they neglect to search for higher,
subter sources of splendor.

But I do believe you may be an
exception to this tendency in the
coming months. That's why I'm
giving you the go-ahead -- indeed,
the mandate -- to surround
yourself with physical beauty.

LIBRA (Sept. 23-Oct. 22):
Before he died in 1902, Libran cartoonist
Thomas Nast left a potent legacy.
Among his enduring creations
were the modern image of Santa
Claus, the iconic donkey for
America's Democratic Party, and
the elephant for the Republican
Party. I'm guessing that 2012 is
going to be a Thomas Nast kind
of year for you Librans. The work
you do and the ripples you set in
motion are likely to last a long
time. So I suggest you choose the
influences you unleash with great
care and integrity.

SCORPIO (Oct. 23-Nov. 21):
"If you're in a good relationship,
chances are you're bored out of
your mind," spouts comedian
Chris Rock in his show Never
Scared. "All good relationships
are boring. The only exciting
relationships are bad ones.
You never know what's going
to happen tomorrow when
you're in a bad relationship.
You never know when they're
going to walk through the door
and say, 'Hey, you gave me crabs.'
That's exciting!" Rock is making
a satirical overstatement, but
it does contain grains of truth.
Which is why, in accordance
with the astrological omens, I
deliver the following request to
you: In 2012, cultivate stable
relationships that are boring in all
the best ways.

SAGITTARIUS (Nov. 22-Dec. 21):
Once every decade or so,
you're asked to make a special
point of practicing forgiveness
and atonement. According to
my reading of the astrological
omens, that time will be the next
few months. I think it'll be quite
important for you to cleanse
the grungy build-up of regrets
and remorse from your psyche.
Ready to get started? Compose
a list of the sins you could expiate,
the karmic debts you can repay,
and the redemptions you should
initiate. I suggest you make it into
a fun, creative project that you
will thoroughly enjoy.

CAPRICORN (Dec. 22-Jan. 19):
Happiness isn't a state you
acquire by luck. It takes hard work
and relentless concentration.
You have to rise up and rebel against
the nonstop flood of trivial
chaos and meaningless events
you're invited to wallow in. You
have to overcome the hard-core
cultural conditioning that tempts
you to assume that suffering is
normal and the world is a hostile
place. It's really quite unnatural
to train yourself to be peaceful
and mindful; it's essentially
a great rebellion against an
unacknowledged taboo. Here's
the good news: 2012 will be an
excellent time for you to do this
work.

AQUARIUS (Jan. 20-Feb. 18):
More and more musicians
and authors are choosing to
self-publish. That way they
retain the full rights to their
creative work, keeping it from
being controlled and potentially
misused by a record label or
publishing company. One
example is singer-songwriter
Terri Hendrix, who owns all 14 of
her master recordings. She lives
by the motto, "Own Your Own
Universe." I urge you to adopt her
approach in 2012, Aquarius. The
coming months will be prime
time for you to do all you can to take
full possession of everything you
need to become what you want
to be.

PISCES (Feb. 19-March 20):
The coming months will be a
time when you'll thrive by seeking out
novel ideas, using new words,
and regarding your imagination
as an organ that's as important
to feed as your stomach. In that
spirit, I'm offering you a slew of
freshly made-up terms that'll help
tease your brain in ways that are
in alignment with the upcoming
astrological factors. They all
come from the very NSFW
dictionary at http://tinyurl.com/
Dixtionary. 1. Assymetrical:
energy generated by lopsidedness.
2. Enigmamagnet: a person
who attracts mysteries.
3. Indumbititable: incapable of being
dumbed down. 4. Benevolent:
helpful chaos. 5. Fauxbia: a fake
fear. 6. Crapmetry: ability to see
through all the BS. 7. Adolesgasm:
when you treasure someone to
the point of ecstasy.
Mike Uncorked: 2012: Here I Come!

It’s a new year! I was struggling with this Uncorked article because I wanted to write about some of my favourite things from 2011, but I kept saying to myself, “Why write about what happened last year when you can write about your expectations for 2012 instead?” I was torn. What would readers want to hear about? I’ll please everyone (including my- self) and write a bit of both.

2011 was a very successful year for me both professionally and also with my extracurricular life. Next week marks my nine year anniversary working with Atlantic Lighting Studio and I do not plan on slowing down for 2012. I passed my Lighting Specialist exam in February 2011 and then flew to Cleveland in August where I received my Advanced Landscape Lighting certification. Anyone need a light? Thank you everyone, near and far, who support local businesses and make it a point to come to where customer service is top priority. I look forward to challenging myself with new projects this year, continuing to work with local professionals and meeting interesting new people.

Extracurricular activities and the rewards that followed absolutely blew me away this year. Writing for the Grapevine every two weeks has been one of the most tremendous and beneficial experiences for me. The feeling I get from being able to meet so many fun and amazing people, as well as have a venue to write freely about what I love about Wolfville and the surrounding area is immeasurable. 2012 will continue with new faces, new stories and new adventures; maybe belly dancing? Irish dancing? Thank you readers for your continued support!

2011 I hit the stages and the streets of the Valley, from Windsor to Kentville, performing in 7 different plays. I met with some of my most challenging roles and pushed myself as a character actor, far beyond where I thought I could go. Thank you cast and crew of Edelane Theatre, Quick as a Wink Theatre, CentreStage Theatre, Pezzivig Society and Wolfville’s Gravely Ghost Walk for making me feel like I could do anything. And with four plays already on the books for 2012, I look forward to working with you all again and entertaining the masses together. Thank you all for supporting local theatre.

In 2011 I took full advantage of the Wolfville Farmers’ Market, Night Kitchens, Fundy Film movies, local fundraisers (books sales etc.) and local Open Mics and this year my goal is to be more involved and better promote the events of our area. Word of mouth tends to be the best form of promotion and no one’s mouth has more words then mine! If any of you need a helping hand or an extra voice for your venue, please let me know! And so, I say goodbye to 2011 and thank it for all it did for me and I say hello and welcome to 2012, where I plan to laugh a lot, love even more and live my life to the fullest. Best wishes to each of you!

Anna-Maria Galante
This Week’s Winners: Cecilia Morash, Scott Luff, and Stew Russell.

The Grapevine
11
January 5 - 19, 2012

Crossword

THEME: New Year's Resolutions

ACROSS
1. stop this pack a day habit (7)
8. floats and bands, while we watch (6)
9. a new one just began (4)
12. put something new into our brain (5)
13. take more time to enjoy ___ (4)
15. not the beginning but the ___ (3)
17. decorations hung from above (9)
18. breakfast food or a wish to someone (5)

DOWN
2. clean up the clutter and get ___ (8)
3. bored? Play a board ___ (4)
4. no more hot toddies (8)
5. lots of good wishes and this on New Years (5)
6. beautiful lights in the sky (9)
7. spend more time with these special people (6)
10. many do this on New Year’s Eve (5)
11. exercise more to reach a better level of ___ (7)
14. make life easier for someone else (4)
16. reduce spending (4)

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This Week's Winners: Cecilia Morash, Scott Luff, and Stew Russell.

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Community Shared Agriculture

Lee's Shop
Ethnic and Local Emporium
Cookie Painting Kits - Quilts - Baskets - Wooden Toys - Bird Feeders & More

9845 Main St, Canning • 902.670.3308
www.capre.com/leescreativeactivities
Like the Free Business Listings, this page works on a first come, first served basis (limit 1 listing per person). Or, to reserve a placement, pay $5 per issue (3-issue minimum commitment). Please keep listings to 35 words or less.
Season of Bread and Bonfires

We live on the fringe of the woods, a mile’s walk from the Bay of Fundy on the North Mountain. Christmas here means a big family trip to the woods to choose a sparse-but-beautiful tree. We’re not going to miss the opportunity to build a big roaring fire to sit around. And if you give an Osburn a fire to sit around, she’s going to want a snack. Or a full-on meal.

For this occasion, my Mom was bringing baked beans. I wanted to bake brown bread, but with only an hour before the slated trip, that was impossible.

I flipped through a few cookbooks and adapted a beer bread recipe to suit. It’s a quick bread, so it only takes about 50 minutes from start to finish. I added molasses and used a bottle of St-Ambroise Apricot Wheat Ale. It baked up to be a very respectable stand in, with the added bonus of fruity, yeasty ale-iciousness. In this season of soups and stews, a loaf of this will fit in very nicely at your next gathering or potluck.

Locally, I think this bread would be equally wonderful made with Propeller’s Honey Wheat or Pale Ale, or anything you like (maybe not stout, but you never know!) One more note: the bread disappeared before I could take a picture. Had it lasted, I would have eaten it toasted the next day with a big piece of cheese. It will keep for a few days if given the chance.

Hoppy New Year!!

Molasses and Ale Bread

1 C. Whole Wheat Flour
1 C. All Purpose Flour
1/2 C. Oatmeal
2 T. Baking Powder
1/2 t. Baking Soda
1/2 t. Salt
3 T. Brown Sugar
1/3 C. Molasses
1 341 ml. bottle Beer

Preheat oven to 350°. Butter a loaf pan. In a large bowl, whisk the flours, oats, baking powder, baking soda, brown sugar and salt. Add the molasses and beer and stir until just combined. Scrape into the loaf pan and bake for 40-45 minutes, until a toothpick inserted into the bread comes out clean. Cool on a rack or wrap in a towel on your way out the door!

10 reasons to start belly dancing this year!

By Angie "Oriana" Jenkins, B.A., Belly Dancing Herbalist

1. It is way more fun than going to the gym! (No neon spandex outfits required!)
2. All body types look good doing it.
3. It is an excellent cardio work-out.
4. The music is fantastic.
5. It improves your sex life.
6. It is healing to reproductive issues & prepares the uterus for birth.
7. It improves your posture, flexibility, coordination, & core strength.
8. It tones the muscles.
9. It embraces women of all ages & ability levels.
10. It increases feelings of positive self-esteem, joy, & well-being.

Angie Oriana Jenkins teaches Sister Lotus Belly Dance Classes at the Wolfville Farmers’ Market Bldg. on Monday & Wednesday nights. For more info: www.sisterlotus.com.

FARMWORKS INVESTMENT CO-OP LIMITED
Community Economic Development Investment Fund (CEDIF)
Everyone is invited to attend:
Community Meeting – Tuesday January 10th 7 pm
Wolfville Farmers’ Market – Community Room
What is FarmWorks? What’s the purpose of this CEDIF? How will the money that’s raised be used? What are the tax advantages? Juice, cookies and conversation will follow.
Nova Scotia – Food Grows Here!
There Goes the Bride — CentreStage Theatre, Kentville Opens Friday, Jan 6th 7:15pm, and continues Fri and Sat evenings at 8pm until Feb 11th with a 2pm matinee on Jan 22nd & Feb 5th • When advertising executive Timothy Westerby hits his head on the morning of his daughter’s society wedding, he awakes to find himself in the company of Polly Perkins, a 1920’s Flapper girl straight out of his current advertising campaign. The carefully planned wedding preparations disintegrate into chaos as friends and family attempt to lead Timothy back to reality and his daughter down the aisle before the newly arrived ‘In-Laws’ abandon the wedding. A delightful comedy and a must see for lots of laughter for both teens and adults. TIX: $12 adults, $10 seniors / students INFO: 678-8040 / www.centrestagetheatre.ca

Jane Rovers: Layered Landscapes — CentreStage Theatre, Kentville Until Feb 11th • Rovers chooses to “paint” with photos. Each image is made up of several layers, some with up to 25 layers. She uses photos of people, places and things and layers them with textures, light and colour. INFO: 678-8040

Anticipating Spring by Monika Wright — Designer Café, Kentville Until Jan 31st • INFO: 365-3322

Paintings by Keshena Williams — Jack’s Gallery, Back lobby, Acadia Cinema, Wolfville. Until Feb 15th • INFO: jacksgallerywolfville@gmail.com

Andrea Carvalho “Belonging: Narratives of Place” — Ross Creek Centre for the Arts, Canning • INFO: 582-3842

Annual Art Exhibition — University Art Gallery, Acada Opening Reception Jan 13th 7-9pm, until Feb 16th • This annual exhibition celebrates visual creativity in our community. This non-juried art exhibition features the diverse work of gallery members. See website for detail on submitting work. INFO: 585-1373 / laurie.dalton@acadiau.ca / gallery.acadiau.ca

EXHIBITS

January 5 - 19, 2012

Stardrop is brought to you by THE BOX OF DELIGHTS • A DELIGHTFUL LITTLE BOOKSHOP ON MAIN ST WOLFVILLE

542-9511 www.boxofdelightsbooks.com
Oh the pies and pastries! There’s the breakfast quiche, the curry meat pie, the quiche Lorraine, the chicken curry pie, the salsa quiche and even a cranberry brie quiche, just to name a few of the treats on the Pie r Squared menu board. I always grab three things at every Wolfville market: a coffee, some cheese, and a hug from Heather Lunan and I have to say the only thing equal to the great hugs she gives is the great food she sells.

Heather Lunan and her husband Ray Burton are the owners and operators of Pie r Squared, a home-based bakery located in the Annapolis Valley that specializes in creating mouth-watering pies and quiches using locally grown produce and valley meats. Wanna know more? Grab a piece of pie and let’s chat!

Two and half years ago Ray retired after serving 34 years as a Calgary City Police Officer, he and Heather were married in her sister’s living room at a Canada Day party with unsuspecting guests as their audience and within a few days they left on a cross country trek to wonderful, welcoming Wolfville. Why Wolfville? Like most people, Heather and Ray visited this area on holiday, fell in love with it, bought a house and the rest is history.

Their first Saturday in town they ventured to the Farmers’ Market and knew instantly that they wanted to become part of the market community. With so much good food around and so many like minded people who believed in the buy local movement, Heather and Ray decided to throw all these amazing ingredients around them into a pie. Yes, why not put the “valley in a crust”... Pie r Squared was born!

Using family recipes, they start with pastry, made from scratch, and then carefully combine locally grown ingredients and the right amount of spices to make a culinary delight with no preservatives, no foreign chemicals and no artificial flavouring. And since they are local, they can easily customize a pie to meet all dietary preferences. Heather and Ray offer catering services including lunchtime workplace deliveries, house parties, and soon will be developing a monthly ordering system for people who can’t make it to the market. You can find their pies at Porter’s Farm Market and Tap Root Farms in Port Williams. They also set up booths at the Kentville and Kingsport Farmers’ Market during the summer.

As Heather and Ray enter a new year they are keeping their eyes open for new recipes and finding ways to expand their business and services. And if they get some down time, these globetrotters might head off to do their other love; travelling. And after an amazing excursion to Spain last year, the bug might get them again this year.

Visit www.pie-r-squared.com for information on the business, the products, and services. Email info@pie-r-squared.com or call 902-697-2502... It’s easy as pie!

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Mike Butler
SCOTIAN HIKER
There’s no place like home to roam.

www.scotianhiker.com

TRIVIA

1. What bay is closest to Guysborough?
2. What ferry sailed the Avon River from 1910 to 1937?
3. What mineral is still stored in powdered form in the twin silos on the Walton waterfront?
4. In what community can you find the Admiralty Lake Loop hiking trail?
5. What was the name of the munitions ship that exploded in Halifax Harbour in 1917?

SOLUTIONS:


Fifth Annual Wolfville Resolution Run/Walk: 150 participants jumpstarted their healthiest year ever! 300 pounds of food and $510.12 were gathered for the Wolfville Area Food Bank. Plans are underway for the 6th annual event on Monday, December 31st, 2012. Photo: Jeremy Novak.

www=scotianhiker.com

GRAPENONWELL: The Post Office, EOS, Pita House, Muddy’s Convenience, Cinematopia, the public library, Just Us! Café, Wolfville Farmers’ Market, T.A.M., What’s the Buzz? Roll Out

Where to find The Grapevine:

Grapevine Advertising Rates: (per issue)

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Submission Deadline for January 19th issue, January 17th

Where to find The Grapevine:

95% of all businesses in Wolfville, Grand Pré, Gaspereau & Port Williams receive at least 1 hand-delivered copy. Additional papers can be found at these fine locations:

WOLFVILLE: The Post Office, EOS, Pita House, Muddy’s Convenience, Cinematopia, the public library, Just Us! Café, Wolfville Farmers’ Market, T.A.M., What’s the Buzz? Roll Out


The Grapevine

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Thank you for the deliveries:

3. The Grapevine.
4. Thank you to Flowercart and the Wolfville United Church for help.

Thank you to www.grapevine.wolfville.org for $2.00 an issue.

Contact us: (902) 692-8546 grapevine.wolfville@gmail.com

• Don’t want to miss a Grapevine? Subscribe for $2.00 an issue.
• Also available online: www.grapevine.wolfville.org

Tide Predictions at Cape Blomidon
Source: Canadian Fisheries & Oceans www.waterlevels.gc.ca

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* Highest High: 42 feet
** Lowest Low: 35.1 feet