

THE

# GRAPEVINE

A FREE PAPER FOR THE PEOPLE WHO FIND THEMSELVES IN THE ANNAPOLIS VALLEY  
September 3 - 17, 2015 | Issue No. 12.18 ★ ARTS ★ CULTURE ★ COMMUNITY ★ You're holding one of 5500 copies

## BACK TO SCHOOL!

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Colour this cover for  
a chance to win!  
p2 for details



I  
SEE  
GREAT  
THINGS  
IN MY  
FUTURE.

## ON THE COVER

Our cover for this issue features artwork from The Affirmations Colouring Book, a project by Sarah Mangle. Sarah will be launching this all-ages colouring book at the Wolfville Memorial Library on Saturday, September 12. Check out Mike Butler's profile of Sarah in the Who's Who.

To enter to **WIN A COPY OF THE AFFIRMATIONS COLOURING BOOK**, colour in our cover and drop it off to the Grapevine mailbox at the Box of Delights Bookshop in Wolfville. Sarah will be picking a winner from the submissions. She won't be choosing the person who best stays within the lines though, she'll aim for "the person who really pushes the boundaries and is the most creative."

## OPINIONS

The opinions found within these pages do not necessarily reflect the views and opinions of the Grapevine staff, our advertisers, or our other contributors.



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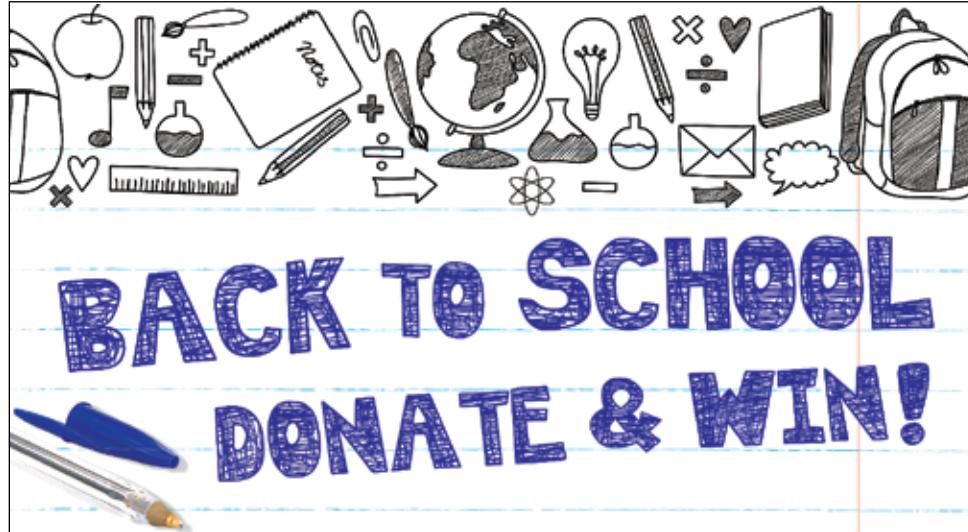
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## Way Back When

All photos courtesy of RANDALL HOUSE MUSEUM || 259 Main Street, Wolfville, NS || 902-542-9775, wolfvillehs.ednet.ns.ca  
HOURS: Monday, Closed; Tuesday-Saturday, 10am-5pm; Sundays, 1pm-5pm



### MacKay School Building, Wolfville

This was taken of students in front of the MacKay School Building, Wolfville. The School had six classrooms, an office, and was furnace heated. Although the writing on the back says it was built in 1890, other sources suggest it was built after 1892. It was on the extension of College Street, now Acadia Street, and named to honour the Superintendent of Education A.H. MacKay. It was built to accommodate 300 students. The photo comes from the estate of B.C. Silver.



### Wolfville School House

According to the accompanying label, this is Wolfville School House at the corner of Highland Avenue and Acadia Street, c1860-1892. From estate of B.C. Silver.



### Front Steps of the Munroe Building

This is on the steps of the Munroe Building. According to the handwriting on the back of the photo, this is Wolfville School Grade 10, June 1930. The photo comes from an album owned by J.A. (Jack) Stewart. Stewart lived in Long Island, Grand Pre; joined the air force; and died in World War II.

## The Beaverbrook Vimy Prize

*Mollie Symons*

This summer I had the great honour of setting out with 15 other inspiring young people and four wise chaperones on a two-week period of a lifetime. From three countries we hailed, and to see three countries we set out, from all different backgrounds and realities. It was learning about a background we all share in common that brought us together. Our mission was to bring ourselves closer to understanding the unfathomable realities of the World Wars - the sacrifices and suffering, the tangible names, the true numbers, and the way these tragedies shaped the futures of these countries and our people. My name is Mollie Symons and I am a Grade 11 student at Horton High School. I was one of 16 students chosen from across Canada, Britain, and France for the 2015 Beaverbrook Vimy Prize - a scholarship program in England, Belgium, and France through the Vimy Foundation of Canada.

From school, and my own avid interest in learning of the World Wars, I felt quite knowledgeable on the subject, but during these two weeks, we fostered a greater awareness in a learning style that took us afar and into the realms of actual historical settings. Often I found myself shivering with the sheer realization of where I stood - in preserved trenches, down networks of tunnels, looking out across battlefields, or winding through endless headstones. With broken dreams stretching as far as the eye could see, my mind was forming that meeting point of knowledge and imagination. Peaceful, pockmarked fields cannot begin to embody the horrors that have shaped them, but they whisper of it.

Learning from and sharing with each other to see the bigger picture, each participant gave presentations on significant aspects of the wars throughout the trip. We each also chose

a soldier to research whom we would honour, thank, and remember. This was my highlight of the trip because of the glimpses of personal stories. Suddenly the engraved names held so much more meaning as, at each respective headstone or part of a memorial wall, we took our turns reading a short biography and tribute we had written. There lay a man, or the memory of a man, but who was he and what did he love in life? What did he do? Who loved him? To our best abilities we answered these questions and perhaps for the first time singled out his name in that field or wall of so many, said it out loud, and acknowledged him.

However devastating and overwhelming war is, I see that one girl, in one cemetery, telling the story of one name, is a spark lit - a pledge to carry the torch of remembrance and to pass it on. We are the last generation to speak with veterans of WW2. But the stories, acts of duty, and sacrifice of those now gone WW1 veterans; and those killed, lost, and obliterated men from every day of the wars shall not be forgotten. We have come home as passionate leaders spread across our countries. I am honoured to have this opportunity to share a glimpse of my experience and look forward to returning to my school and inspiring more young people to seek understanding, and to remember.



For more information, visit: [vimyfoundation.ca](http://vimyfoundation.ca)



Above: Beaverbrook Vimy Prizewinners at the Vimy Memorial near Arras France. I am the centre girl in the front row.

To the left: A cemetery we visited in Belgium at dusk. I included this because I spoke so much about cemeteries in my piece of writing. This one, like most of them, is interesting because it is surrounded by farms signifying how many of the soldiers were buried where they fell. The settlements have now grown up around them making the war very much a part of the landscape in these regions.

## LOCAL BLOG ROLL

*Do you live in the Annapolis Valley & write a blog? Send us your site & we'll try to include it. submissions@grapevinepublishing.ca*

### [eastcoastmommyblog.blogspot.ca](http://eastcoastmommyblog.blogspot.ca)

**August 24: School Lunch Hacks**

Each year has 195 school days, and I have three boys - that's 585 school lunches each year. Making easy and nutritious lunches that kids will actually eat can be challenging, so today I am sharing some school lunch hacks that will help make the process a little less painful!

### [fynesdesigns.com](http://fynesdesigns.com)

**August 27: Back-to-School Cute Kids' T-Shirts**

Hey crafty friends! Today I joined arms with Expressions Vinyl to share a fun Back-to-School project with you, these cute kids' t-shirts will have your kiddos looking sharp as a pencil!

### [drwoodnd.com/blog](http://drwoodnd.com/blog)

**August 28: Breakfast**

My patients often tell me that they want new ideas for breakfast. It is a very important meal of the day, and a great opportunity to start your day off on the right note, adding in lots of protein and healthy fats to keep you nourished all day long... prevent that blood sugar roller coaster before it even happens!

### [acivilizedpursuit.tumblr.com](http://acivilizedpursuit.tumblr.com)

**August 28: and now it feels real**

"This is my favourite weather," one of my coworkers remarked to me today, as we moved a table from up by the vineyard to the winery. And I have to agree with her. This is when Nova Scotia shows its real beauty. I was born right on the cusp of that beauty, August 15. At that point, it's still hot - downright sweltering, sometimes - but just give it a week or two, and there it is. The humidity surrenders, the wind picks up, but the sun stays and so do the clear skies. And today was the first day I really felt it, or more importantly, I could smell it.

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*Photo by Ernest Gudegan*

**Keith Irving**  
MLA Kings South

**Welcome new and returning students!**  
I wish all students and teachers a successful academic year.

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[issuu.com/thevalleygrapevine](http://issuu.com/thevalleygrapevine)

**SUBMISSION DEADLINE:** Sept 11 for Sept 17 Issue **AD DEADLINE:** Sept 9

## ADVERTISING

*Advertising in The Grapevine ranges from free (page 5), to paid. Depending on the commitment length and colour options, rates range from:*

**PRESENCE/LOGO** \$40 - \$30  
**SINGLE BLOCK** \$54 - \$39  
**DOUBLE BLOCK** \$106 - \$76  
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**HALF PAGE** \$450 - \$300  
**ARTS EVENT POSTER** \$100 - \$65

## WHERE TO FIND US

**WOLFVILLE:** Just Us! Café,  
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Cafe, EOS, Public Library,  
Carl's Independent,  
Muddy's Convenience  
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**BERWICK:** North  
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Street Café

# The Furry Feature

### Feature Dog: Sheldon

Hi there, my name is Sheldon. I am a neutered male greyhound mix and five years old. I am very friendly. I love other dogs and cats and will make a wonderful family dog. An older child, ten or older, who could play with me and keep up with my fun-loving energetic level would be perfect.

If you would like to meet me you can stop by the Nova Scotia SPCA, Kings County Branch, Tuesday through Sunday between 11am and 4pm. We are located at 1285 County Home Road in Waterville. You can also check out our website at [www.kings.spcans.ca](http://www.kings.spcans.ca), look us up on Facebook, or call my caregivers at 902-538-9075.



**Updates:** Boyle the dog has been adopted! Ginger Soo is still available.



## Random acts of KINDNESS

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Several years before he died, my father, Cecil David Keddy, purchased a hospital bed. It enabled him additional mobility. He could push a button and the bed would rise. Another one, and it would recline.

After his death, we were wondering what to do with the bed. It remained in his bedroom for two years. My mother, who remained in the home, had to see it every day. The effort of selling it would have been considerable. And we would never have realized enough from the sale to make it worth while. Finally, we decided that it would be best to give it away.

I advertised the bed online. A woman contacted me and told me that her husband would soon require such a bed. We arranged a time for her to come pick it up. Over the course of the

next sixty minutes or so, three adults grunted and sweated as we moved the bed out of his bedroom, through the kitchen, and into the living room before angling it out the front door. My mother and this man's wife "supervised" us. After they left, my mother and I looked at each other and knew we had done a good thing, and that Dad would have approved.

In the few years since, my mother moved out of the house to a retirement facility in Greenwich, and died in January of 2015. I miss both of my parents. And I hope that the hospital bed that my father enjoyed, and found so useful for so long, is still being used by the people who picked it up. I hope they see this.

Bev Keddy

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**VALLEY GHOST WALKS**  
Our 8th season!  
**WOLFVILLE** – Meet at Clock Park  
Thursday, September 3 – 8pm  
**HALLS HARBOUR** – INDOOR SHOW  
Haunted Chowder at the Lobster Pound  
Saturday, September 5 – 8pm  
s20 with chowder; s15 without  
**GRAND PRE WINERY**  
Friday, September 18 – 6:30pm  
s20 with wine; s15 without: limited seating

**FAMILY-FRIENDLY! ADULTS \$15, STUDENTS \$12**   
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## Suggested Theme:

*What does your business offer new and returning students?*

*Do you have a 'Back To School' message?*

### Wolfville Children's Centre

17 Earscliffe Ave, Wolfville, 902-542-5087 /

[wolfville.childrencentre@ns.aliantzinc.ca](mailto:wolfville.childrencentre@ns.aliantzinc.ca) / [nsnet.org/wolfvillechildrenscentre](http://nsnet.org/wolfvillechildrenscentre)



Wolfville Children's Centre is a beehive of activity every September! We are welcoming new children and families as they start their school year. This year we say hello to 15 new children in our preschool program! We offer part time and full time child care services for children 18 months to 12 years in a learning-enriched environment. Come play and learn! We will also say welcome back to children and families who left for the summer months to travel and take it easy!

WCC is non-profit, registered charity offering two locations for part time and full time child care services for children 18 months to 5 years (44) and 5-12 years (21) in learning-enriched environments. Families who qualify may also receive provincial funding to help defray the cost of care. Opened as a parent cooperative in

1972 in the Student Union Building of Acadia University. Our Afterschool program has recently relocated to the SUB; full circle!

Laurie St. Amour, Executive Director

**Errands by Karen** — 902-790-2626 / [errandsbykaren@hotmail.com](mailto:errandsbykaren@hotmail.com) • Errands by Karen is a service for people who need a helping hand. Serving the Eastern Valley, Karen is a certified medical lab technologist, who can collect blood in your home or workplace, at your convenience. Need groceries or an errand run? Call Karen today!

**Careforce** — Kentville, 902-365-3155 / [careforce@careforce.ca](mailto:careforce@careforce.ca) / [careforce.ca](http://careforce.ca) • Careforce wishes the best to everyone returning to school this fall, and especially those enrolling in the Continuing Care Assistant program — the health care sector looks forward to welcoming you in the near future!

**Valley Family Fun** — [info@valleyfamilyfun.ca](mailto:info@valleyfamilyfun.ca) / [valleyfamilyfun.ca](http://valleyfamilyfun.ca) • It's time to register your

kids for all their fall activities. Check out the Valley Family Fun website for links to all the clubs and recreational activities in the area!

**Julie Skaling Physiotherapy Clinic** — 4 Little Rd., Wolfville, 902-542-7074, & 70 Exhibition St., Kentville, 902-678-3422 / [contact@skalingphysio.com](mailto:contact@skalingphysio.com) / [skalingphysio.com](http://skalingphysio.com) • Now that the kids are back to school, it's time to focus on yourself again. Come get back into shape at Julie's Gym, located at the professional Centre on Little Road in Wolfville. You don't need to be a client to be a member!

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## AN EAST COAST CHRISTMAS

with the Barra MacNeils at Acadia University, Dec 16, 2015.

**Peter Smith**

The Acadia Performing Arts Series is pleased to announce that An East Coast Christmas with the Barra MacNeils has been added to its 2015-16 season. The concert will take place at Acadia's Convocation Hall in Wolfville on Wednesday, December 16 at 7:30pm. The event is sponsored by the Ritcey Team at ScotiaMcLeod. Tickets are on sale now! 2015 marks 28 years of an outstanding re-

cording and touring career for the family group based in Sydney Mines, Cape Breton.

### The Barra MacNeils are...

**Kyle**: vocals, guitar, violin, mandolin

**Lucy**: vocals, bodhran, Celtic harp, fiddle, step dancing

**Sheumas**: keyboards, piano, bodhran, fiddle, bouzouki, vocals

**Stewart**: vocals, accordion, tin whistle, flute, bouzouki, guitar, step dancing

**Boyd**: mandolin, fiddle, guitar, banjo, percussion, step dancing

**Jamie Gatti**: bass

One of the most beloved concerts on the seasonal circuit, the Barra MacNeils Christmas shows always feature a highly entertaining brand of traditional seasonal fare mixed with entertaining stories and new musical twists, stamped with their lush harmonies and intricate instrumental stylings. Their show has been touring nationally, as well as in America, for years to sold-out houses. Fans can look forward to classic favourites including: Oh Holy Night, Ave Maria, Christmas in Killarney and Auld Lang Syne. As well, comedy and seasonal stories will accompany the music, singing,

and dance, creating memories that will extend beyond the season and last a lifetime.

*Tickets are on sale now and are \$40 for adults and \$32 for students and for Performing Arts Series subscribers. For more information or to buy tickets, contact the Acadia University Box Office in person, by phone at 902-542-5500 or 1-800-542-TICK(8425), or online at [boxoffice.acadiau.ca](http://boxoffice.acadiau.ca).*

# Food Review: McGill's Café and Restaurant

Scott Campbell



Dear fellow Foodies, I think I'm about to divulge one of the best kept secrets in the Valley. McGill's Café and Restaurant in New Minas has been quietly offering up some of the most delicious and elegant meals around. Although known for its great lunches, McGill's also has a fantastic dinner menu and that is where it gets really exciting. Every Thursday, Friday, and Saturday evening they have a themed dinner menu. So, for any of you who may have ever lamented a lack of ethnic restaurants in the Valley, it's McGill's to the rescue! Depending on the week (you can check their schedule on their website – [mcgillscafe.com](http://mcgillscafe.com)) you can choose from Italian, Indian, Caribbean, or Mexican cuisine. My dining friends and I were lucky enough to arrive there during their Caribbean week.

After being seated at an elegantly set table by our knowledgeable and attentive server, Justin, we were presented with an amuse-bouche. The shrimp and scallop with curry on toast were delicious and set the bar for the rest of our meal. We were not disappointed. For an appetizer I chose the Coconut Shrimp with a Curry-Mango Aioli. These huge shrimp were almost the size of lobster tails. They were breaded with a crunchy coconut crust and served alongside the Curry-Mango Aioli – a perfect Caribbean combination. My main dish choice was the Jamaican Style Jerk Chicken Skewers. Sitting atop rice and Jamaican Jerk Seasoning were tender chicken breast cubes, fresh peppers, and grilled pineapple all assembled on the spicy skewers. Jamaican Jerk seasoning is a favourite of mine and I'm always looking for the tell-tale taste of All Spice to tell me that the seasoning was likely created by the chef. In this case, the seasoning was perfection. Compliments to Chef Charlie Burtt.

There were a number of desserts to choose from and I opted for the Orange Chiffon Cake. This light and airy delicacy had just the right combination of orange zesty and sweet flavour. I'll definitely be looking for that again on the menu next time I visit.

Following our meal, General Manager, Glenda Landry, offered us a tour of the restaurant and wine cellar located next to the cafe. This room, well suited for a small wedding or business reception, was spectacular. Dominating the room was a large, climate-controlled wine cellar featuring an inventory that may be unrivaled in the Valley. If you're looking for a room to hold your small event I would encourage you to contact Glenda and take a look

at McGill's Restaurant and Wine Cellar. For a small event or an evening out, I can heartily recommend that you try McGill's Café and Restaurant. The fun themed evening offerings or their regular menu items are all expertly prepared and served up by a professional and courteous dining room team. Cheers.



#### A note from McGill's:

Our new menu launches this Thursday September 4 and we are all extremely excited about it! Our new chef, Charlie Burtt has joined our team and with his guidance and vision we have streamlined our menu so that all menu items will be available during all hours of our operation! This means you can bring your business clients to our wonderful establishment at any time and enjoy one of our great new entrees such as our grilled striploin with foie gras butter, or have a leisurely Friday evening on our patio with his fabulous Smoked Tomato Bistro Burger on our own house-made brioche bun and a pint of your favourite brew!

With this new approach, we will be able to streamline our commitment to product integrity and freshness along with focusing on local products such as Fox Hill Cheese House and local produce as well as creating many of our products in-house such as cold smoked salmon and duck leg prosciutto! Our menu will be changing seasonally and with local product availability whenever necessary!

Ciao for now!  
Glenda Landry

# WHAT'S GROWING AT THE HARRIET IRVING BOTANICAL GARDENS: *Futures*

Melanie Priesnitz

It's not just plants we grow at the Botanical Gardens we also cultivate futures! Baillie Holmes, an Environmental Science student at Acadia, had a great time working for us as a Native Plant Conservationist this summer. When asked to reflect on her summer employment Baillie gave a glowing review. "We had a wonderful time! Taking this job was the best decision I could have made and I was reminded of that every day. The plants and I both grew as organisms!"

Baillie sees her Environmental Science degree taking her in the direction of human impact remediation. She was excited to work at the Botanical Gardens as she sees a large part of remediation being reintroduction and preservation of native species. Working at the Gardens has given her knowledge of the natural history of the Acadian Forest Region and ignited her excitement about working towards its preservation. Baillie expressed how much she enjoyed working with the team and learning from her colleagues "I was introduced to a community passionate about stewardship of the Acadian forest, and from their passion, mine grew."

We look forward to watching Baillie continue to grow during her time here as an Arthur Irving

Scholar at Acadia. We'd like to recognize the support of Heritage Canada's Young Canada Works program for making Baillie's summer work experience possible.



Baillie Holmes with Maidenhair ferns,  
Photo by M. Priesnitz

For more information on the Young Canada Works [youngcanadaworks.ca](http://youngcanadaworks.ca)

Information on Acadia University's Irving Scholarships [financialaid.acadiau.ca/scholarship-recipients.html](http://financialaid.acadiau.ca/scholarship-recipients.html)

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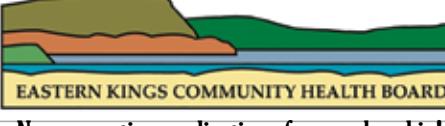
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## WELCOME!

**Suzanne Gray,  
Vice President Communications, ASU**

Welcome to the Axemen and Axewomen family, new and returning students! We hope you all had a great summer and are ready for the exciting year ahead. The Executive Leadership Team here at the ASU have been working hard

at planning a fun-packed year that we are so excited about!

Welcome Week 2015 is currently underway and classes have begun. To find out more information on Welcome Week, or for the full schedule of events, please visit our website at [Wolfville, Kentville, Coldbrook, and New Minas fundraising for Axes in Action! Show your support by donating to any of these individuals to help L'Arche Homefires and Acadia's S.M.I.L.E. Program! S.M.I.L.E. provides an environment of play and fun while fostering motor development for children and youth with varying ability levels. L'Arche is a unique vision of care-giving and community-building that fosters inclusion, understanding, and belonging. Both of these programs have a positive impact on](http://theasu.wix.com>WelcomeWeek15</a>. One of our big events planned is our annual Charity Day. On Saturday, September 5 from 10am-2pm be on the lookout for Acadia students wearing blue in</p>
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## INTERNATIONALLY RENOWNED PIANIST, ANDRE LAPLANTE TO PERFORM AT ACADIA!

**Christianne Rushton,  
Director, Acadia School of Music**



On Saturday, November 7 at 7:30pm, internationally renowned pianist, Andre Laplante will perform at Acadia University's Festival Theatre (504 Main St., Wolfville).

Laplante, who has won a Juno Award and was honoured to be named an Officer of the Order of Canada, will give an award-winning performance that is not to be missed. This engaging pianist will perform works by Bach, Mozart, Hetu, and the evening will feature Liszt's b minor Sonata. In addition, Laplante will offer a masterclass, open to the public, on Sunday, November 8, 12pm, at Festival Theatre as well.

Tickets to the Saturday evening concert are \$35 for adults, and \$30 for students, seniors and Performing Arts subscribers. Tickets are available by phoning the Acadia Box Office at 1-800-542-8425 or online at [boxoffice.acadiau.ca](http://boxoffice.acadiau.ca). Tickets to Sunday's masterclass are \$10, payable at the door. For more information, visit [music.acadiau.ca](http://music.acadiau.ca) or [www.pas.acadiau.ca](http://www.pas.acadiau.ca). This concert is sponsored by the Acadia School of Music and the Acadia Performing Arts Series.

the community, so please show your support and donate on September 5!

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Horoscopes for the week  
of September 3rd

# Rob Brezsny's FREE WILL ASTROLOGY

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**ARIES** (March 21-April 19): "Excess is the common substitute for energy," said poet Marianne Moore. That's a problem you should watch out for in the coming weeks. According to my astrological projections, you're a bit less lively and dynamic than usual. And you may be tempted to compensate by engaging in extreme behavior or resorting to a contrived show of force. Please don't! A better strategy would be to recharge your power. Lay low and take extra good care of yourself. Get high-quality food, sleep, entertainment, art, love, and relaxation.

**TAURUS** (April 20-May 20): For a pregnant woman, the fetus often begins to move for the first time during the fifth month of gestation. The sensation may resemble popcorn popping or a butterfly fluttering. It's small but dramatic: the distinct evidence that a live creature is growing inside her. Even if you are not literally expecting a baby, and even if you are male, I suspect you will soon feel the metaphorical equivalent of a fetus's first kicks. You're not ready to give birth yet, of course, but you are well on your way to generating a new creation.

**GEMINI** (May 21-June 20): "Since U Been Gone" is a pop song recorded by vocalist Kelly Clarkson. She won a Grammy for it, and made a lot of money from its sales. But two other singers turned down the chance to make it their own before Clarkson got her shot. The people who wrote the tune offered it first to Pink and then to Hillary Duff, but neither accepted. Don't be like those two singers, Gemini. Be like Clarkson. Recognize opportunities when they are presented to you, even if they are in disguise or partially cloaked.

**CANCER** (June 21-July 22): "Going with the flow" sounds easy and relaxing, but here's another side of the truth: Sometimes it can kick your ass. The rippling current you're floating on may swell up into a boisterous wave. The surge of the stream might get so hard and fast that your ride becomes more spirited than you anticipated. And yet I still think that going with the flow is your best strategy in the coming weeks. It will eventually deliver you to where you need to go, even if there are bouncy surprises along the way.

**LEO** (July 23-Aug. 22): "Money doesn't make you happy," said movie star and ex-California governor Arnold Schwarzenegger. "I now have \$50 million, but I was just as happy when I had \$48 million." Despite his avowal, I'm guessing that extra money would indeed make you at least somewhat happier. And the good news is that the coming months will be prime time for you to boost your economic fortunes. Your ability to attract good financial luck will be greater than usual,

and it will zoom even higher if you focus on getting better educated and organized about how to bring more wealth your way.

**VIRGO** (Aug. 23-Sept. 22): "I stand up next to a mountain, and I chop it down with the edge of my hand." So sang Jimi Hendrix in his raucous psychedelic tune "Voodoo Child (Slight Return)." We could view his statement as an example of delusional grandiosity, and dismiss it as meaningless. Or we could say it's a funny and brash boast that Hendrix made as he imagined himself to be a mythic hero capable of unlikely feats. For the purposes of this horoscope, let's go with the latter interpretation. I encourage you to dream up a slew of extravagant brags about the outlandish magic powers you have at your disposal. I bet it will rouse hidden reserves of energy that will enhance your more practical powers.

**LIBRA** (Sept. 23-Oct. 22): It's the phase of your cycle when you have maximum power to transform yourself. If you work hard to rectify and purify your inner life, you will be able to generate a transcendent release. Moreover, you may tap into previously dormant or inaccessible aspects of your soul's code. Here are some tips on how to fully activate this magic. 1. Without any ambivalence, banish ghosts that are more trouble than they are worth. 2. Identify the one bad habit you most want to dissolve, and replace it with a good habit. 3. Forgive everyone, including yourself. 4. Play a joke on your fear. 5. Discard or give away material objects that no longer have any meaning or use.

**SCORPIO** (Oct. 23-Nov. 21): I hope you're not getting bored with all of the good news I have been delivering in recent weeks. I'm sorry if I sound like I'm sugarcoating or whitewashing, but I swear I'm simply reporting the truth about the cosmic omens. Your karma is extra sweet these days. You do have a few obstacles, but they are weaker than usual. So I'm afraid you will have to tolerate my rosy prophecies for a while longer. Stop reading now if you can't bear to receive a few more buoyant beams. This is your last warning! Your web of allies is getting more resilient and interesting. You're expressing just the right mix of wise selfishness and enlightened helpfulness. As your influence increases, you are becoming even more responsible about wielding it.

**SAGITTARIUS** (Nov. 22-Dec. 21): When 16th-century Spanish invaders arrived in the land of the Mayans, they found a civilization that was in many ways highly advanced. The native people had a superior medical system and calendar. They built impressive cities with sophisticated architecture and paved roads. They were prolific artists, and had a

profound understanding of mathematics and astronomy. And yet they did not make or use wheeled vehicles, which had been common in much of the rest of the world for over 2,000 years. I see a certain similarity between this odd disjunction and your life. Although you're mostly competent and authoritative, you are neglecting to employ a certain resource that would enhance your competence and authority even further. Fix this oversight!

**CAPRICORN** (Dec. 22-Jan. 19): If you have ever fantasized about taking a pilgrimage to a wild frontier or sacred sanctuary or your ancestral homeland, the next ten months will be an excellent time to do it. And the best time to plan such an adventure will be the coming two weeks. Keep the following questions in mind as you brainstorm. 1. What are your life's greatest mysteries, and what sort of journey might bring an awakening that clarifies them? 2. Where could you go in order to clarify the curious yearnings that you have never fully understood? 3. What power spot on planet Earth might activate the changes you most want to make in your life?

**AQUARIUS** (Jan. 20-Feb. 18): When he died at the age of 77 in 1905, Aquarian author Jules Verne had published 54 books. You've probably heard of his science fiction novels *Journey to the Center of the Earth* and *Twenty Thousand Leagues Under the Sea*. He was a major influence on numerous writers, including Jean-Paul Sartre, J. R. R. Tolkien, and Arthur Rimbaud. But one of his manuscripts never made it into book form. When he finished it in 1863, his publisher refused to publish it, so Verne stashed it in a safe. It remained there until his great-grandson discovered it in 1989. Five years later, Verne's "lost novel," *Paris in the Twentieth Century*, went on sale for the first time. I suspect that in the coming months, you may have a comparable experience, Aquarius. An old dream that was lost or never fulfilled may be available for recovery and resuscitation.

**PISCES** (Feb. 19-March 20): "I enjoy using the comedy technique of self-deprecation," says stand-up comic Arnold Brown, "but I'm not very good at it." Your task in the coming weeks, Pisces, is to undermine your own skills at self-deprecation. You may think they are too strong and entrenched to undo and unlearn, but I don't — especially now, when the cosmic forces are conspiring to prove to you how beautiful you are. Cooperate with those cosmic forces! Exploit the advantages they are providing. Inundate yourself with approval, praise, and naked flattery.

*Homework: What other name would you give yourself if you could take a vacation from your present name? Why?*  
FreeWillAstrology.com

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- 1 Until 2003, how many grades did the Ontario school system have?
- 2 What does CÉGEP stand for?
- 3 What does the German word *kindergarten* translate to?
- 4 What is the morning break in the school day called?
- 5 What's the favourite playground game that inspired a 2004 film of the same name?

Have a happy and safe  
back to school!

1. 13, 2. Collège d'enseignement général  
et professionnel, 3. Children's Grade  
et Professions, 4. Deces, 5. Dogbedall

## ANSWERS:

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www.waterlevels.gc.ca

| SEP | High      | Low     |
|-----|-----------|---------|
| 03  | * 4:58pm  | 10:40am |
| 04  | 5:51pm    | 11:32am |
| 05  | 6:48pm    | 12:28pm |
| 06  | 7:49pm    | 1:28pm  |
| 07  | 8:23am    | 2:31pm  |
| 08  | ** 9:26am | 3:35pm  |
| 09  | 10:26am   | 4:35pm  |
| 10  | 11:22am   | 5:30pm  |
| 11  | 12:12pm   | 6:19pm  |
| 12  | 12:56pm   | 7:03pm  |
| 13  | 1:37pm    | 7:43pm  |
| 14  | 2:15pm    | 8:02am  |
| 15  | 2:52pm    | 8:38am  |
| 16  | 3:28pm    | 9:13am  |
| 17  | 4:05pm    | 9:50am  |

there are normally  
two high and low tides a day

\* Highest High: 44.0feet    \*\* Lowest High: 37.7feet

# THE CROSSWORD

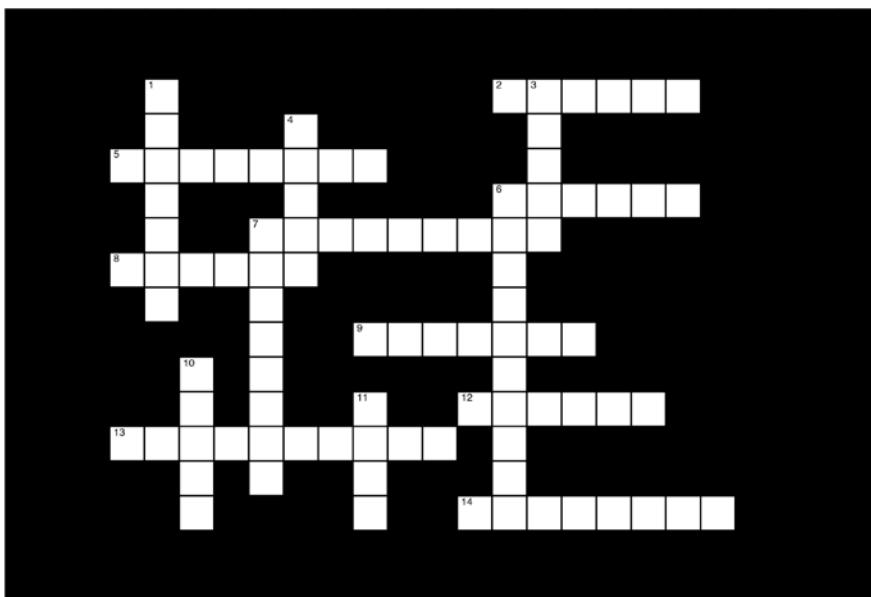
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## BACK TO SCHOOL by Donna Holmes



### Across

- Why did the teacher wear sunglasses to school? Because his students were very \_\_\_.
- This cloth sack with straps used to carry books is also called a bookbag or a knapsack.
- This writing implement has a core of graphite.
- The first day of school in the Annapolis Valley Region, in 2015, is on the third of this month.
- A three-ring \_\_\_ is a thing used to cover and hold hole-punched paper together.
- Socrates worried that the 'invention' of \_\_\_ words down, would weaken Greeks' minds - no more need to memorize. Ironically, we know this because his student Plato wrote it down.
- "Back to \_\_\_" (1986) starred Rodney Dangerfield.
- Acadia \_\_\_'s 2015 Fall/Winter term began Sept 2.
- The ancient Greeks wrote "texts" intended for education which is why we now call a manual of instruction for any branch of study this name.

### Down

- Why did the M&M go to school? Because she wanted to be a \_\_\_.
- The queen of all school supplies is the \_\_\_.
- The oldest known fragments of this thin material used to write on (among many other things) dates to the 2nd century BC in China.
- This container, often made from plastic or cotton and fastened with a zipper, holds writing implements, erasers, & other school supplies.
- The 2015 Fall \_\_\_ begins at Kingstec in Kentville on Tuesday, September 8.
- Although pencils have never been made with lead, lead poisoning used to occur when \_\_\_ used to coat the wood, contained high concentrations of lead that was sometimes ingested if the pencils were chewed or sucked.
- What kind of schools do giants go to? \_\_\_ schools.

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# EAT TO THE BEAT

## THURSDAYS:

Stems Cafe (Greenwich): Ron Edmunds & Ian Brownstein (3rd) 11:30am

Edible Art Cafe (New Minas): Paul Marshall (3rd, 10th, 17th) 12pm

Spitfire Arms Alehouse (Windsor): Jam Session (3rd, 10th, 17th) 7pm

Paddy's Pub (Kentville): The Hupman Brothers (3rd, 10th, 17th) 9pm

Paddy's Pub (Wolfville): Trivia Night (3rd, 10th, 17th) 9pm

Library Pub (Wolfville): Live Music (3rd, 10th, 17th) 9pm

Anvil (Wolfville): DJ Stamina (3rd), DJs (10th, 17th) 10pm

## FRIDAYS:

Stems Cafe (Greenwich): Ron Edmunds & Ian Brownstein (4th) 11:30am

Edible Art Cafe (New Minas): Paul Marshall (4th, 11th) 12pm

Lucket Vineyards (Wolfville): Shared Plates & Live Music (4th, 11th) 5pm

King's Arms Pub by Lew Murphy's (Kentville): Paul Marshall (11th) 5:30pm

Blomidon Inn (Wolfville): Jazz Mannequins (4th, 11th) 6:30-9:30pm

Joe's Food Emporium (Wolfville): Adam Cameron (4th), GuyPaul Thibault (11th) 8pm

Union Street Cafe (Berwick): Open Mic (4th, 11th) 8pm

## SUNDAYS:

Spitfire Arms Alehouse (Windsor): Kevin Davidson (4th) 8pm

Dooly's (New Minas): Karaoke w/Denny Myles (4th, 11th) 9pm

West Side Charlie's (New Minas): DJ Billy T (4th, 11th) 10pm

## SATURDAYS:

Farmers Market (Wolfville): Caleb Miles (5th), The Hupman Brothers (12th), 10am

Edible Art Cafe (New Minas): Ron Edmunds Band (7th, 14th) 12pm-2pm

Union Street Cafe (Berwick): Ryan Cook & The Valley Singers, \$27 (5th), Ariana Nasr Chantes Piaf (12th) 8pm

Gaspereau Winery (Gaspereau): Music On The Patio (5th, 12th) 7pm

Spitfire Arms Pub (Windsor): Up Dawg (5th), Emerald Tide (12th) 8pm

King's Arms Pub by Lew Murphy's (Kentville): Micah & Delia (12th) 8:30pm

Paddy's Pub (Wolfville): Manitoba Hal (5th), Music by John Tetrault (12th) 9pm

Library Pub (Wolfville): Adam Hines (5th, 12th) 9pm

Anvil (Wolfville): DJ Vanz (5th, 12th) 9pm

Tommy Gun's (Windsor): Music Video Dance Party (5th, 12th) 9:30pm-1:30am

West Side Charlie's (New Minas): DJ Lethal Noize (5th, 12th) 10pm

## MONDAYS:

Edible Art Cafe (New Minas): Ron Edmunds Band (7th, 14th) 12pm-2pm

Paddy's Pub (Wolfville): Open Mic w/Mike Aube (7th), Open Mic w/Sean Peori (14th) 8pm

## TUESDAYS:

Edible Art Cafe (New Minas): Ron Edmunds Band (8th, 15th) 12pm-3pm

Spitfire Arms Alehouse (Windsor): Trivia Night (8th, 15th) 7pm

Paddy's Pub (Kentville): Irish Jam Session (8th, 15th) 8pm

T.A.N. Coffee (Wolfville): Open Mic w/Donna Holmes (8th, 15th) 8-10pm

## WEDNESDAYS:

Edible Art Cafe (New Minas): David Filyer (9th, 16th) 12pm-3pm

Farmers Market (Wolfville): Sam Wilson (9th), George Symonds (16th) 5pm

Troy Restaurant (Wolfville): Ron Edmunds Duo (9th, 16th) 6pm

West Side Charlie's (New Minas): Billy T's Karaoke (9th, 16th) 9pm

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# Grapevine in the Classroom

June Brown

As a grade eight teacher, I have always had discussions and learning opportunities in my health class around various global issues and, specifically, human right violations that are happening around the world. In the past, my students have collected change to help rehabilitate child soldiers, collected donations for operation shoe box, and educated others in the school about a variety of topics including bride burnings, child labour, homelessness, and cruelty to animals.

This year, when thinking about what opportunities for learning I wanted my students to have, one idea kept coming to my mind - focus more on the local community. Adolescents have many wonderful assets to offer, yet very few students are involved in community activities today. My experience is that students do not know how to get involved and most of the time do not even know what is going on out there in the community. One of the ways in which I hope to show students how to get involved is to show them what is actually taking place in the Annapolis Valley. My students will have the opportunity twice a month to each have their own copy of the Grapevine and, in class, we will be looking at the upcoming events and the classifieds to find opportunities for participation. In addition to this, we will review the Random Acts of Kindness submission and students will be asked to keep their own weekly journal about acts of kindness that they have witnessed or have been a part of.

I am also excited to integrate the healthy and active-living advice offered in each issue as part of my healthy living class. In addition to healthy living, I teach science, math, and family studies (cooking). My hope is that my cooking class will be able to use some of the recipes offered in the Grapevine as they are recipes offered by local eateries and often use fresh local ingredients. For my science class, one of the first topics that we study each year is water systems. Part of this is learning about high and low tides and how to read a tidal chart. The tide predictions offered in the Grapevine will reinforce this concept over and over again for my students.

As students read through their copy of the Grapevine, I know that some students will take interest in the Furry Feature and will be going home trying to convince their parents to let them adopt an animal, while others will enjoy the book suggestions offered by the Box of Delights bookshop. The trivia questions and the crossword puzzle will most likely spark competition among the students, and the Star Drop comic, Word of the Issue, and the Way Back When photos will provide conversation starters and laughs. All in all, I want my students to know what is going on, not just around the world, but in their own community as well. I want them to leave my class being better informed, engaged, charitable, community-minded adolescents.

# The Booker School Welcomes a New Teacher

Johanna Mercer

The Booker school recently welcomed a new teacher. Erica Harris and her husband have recently returned to the Valley after spending some years in Bonn, London, and New York. She's an incredibly gifted early-years educator in the IB program. Originally from Sackville, NB, Erica moved to Ottawa, ON with her family while she was still in elementary school. She completed her undergraduate degree and teaching qualifications concurrently, earning her B.A. from Trent University and her B.Ed. from Queen's University. Erica returned to Ottawa and taught in the public system for three years, teaching junior and senior kindergarten, as well as being a special-education learning centre teacher, supporting students in grades one and four. During her summers, Erica took additional qualification courses at the University of Ottawa in special education and primary education.

In 2008, Erica moved overseas to accept a job at Bonn International School - an IB World School in Bonn, Germany. She took on the role of Early Learning teacher and team leader, working with five-year-olds in the PYP. During her three years in Bonn, Erica had many professional development opportunities, including IB training. It was in Bonn that she was introduced to Reggio Emilia's philosophy and approach to early childhood education and she participated in an in-depth study week in Reggio Emilia, Italy. In 2011, Erica moved to London, UK to work at IB World School, Southbank International at the



Erica and Edith

Hampstead Campus. While at this small, close-knit school, she taught grade one in her first year and early childhood three- and four-year-olds in her second year. Again, she had access to a great deal of professional development, including workshops with Kath Murdoch, Sugata Mitra, Lesley Snowball, and another in-depth study week in Reggio Emilia. In both schools, Erica participated in the PYP evaluation process.

In 2013, Erica went on maternity leave to care for her daughter, Edith. During that time, she and her husband Tyler Bent, who is originally from the Annapolis Valley, moved their family to New York City where Erica enjoyed staying home with Edith and exploring what Manhattan had to offer. Last year, they moved to Wolfville to be closer to family. Erica is excited to get back to teaching and to becoming part of The Booker School community!

## HERE AND AWAY: Average University Tuition

Pamela Swanigan

Canadian figures are in Canadian dollars. All others are in US dollars.

**Canada:** \$5,959  
**Nova Scotia:** \$6,440  
**Saskatchewan:** \$6,659  
**Ontario:** \$7,539  
**Manitoba:** \$3,887  
**Quebec:** \$2,743  
**Newfoundland and Labrador:** \$2,631  
**United States (average across states):** \$7,173  
**Wyoming:** \$4,646  
**Florida:** \$6,351  
**California:** \$9,173  
**Michigan:** \$11,909  
**Pennsylvania:** \$13,246  
**New Hampshire:** \$14,712  
**England:** £8,354 (\$12,865)  
**Australia:** \$4,600  
**Ireland:** £1,760 (\$2,710) for EU students  
**Belgium:** \$785

**Mexico:** \$527  
**France:** \$525  
**Scotland:** \$0 (Scotland abolished tuition fees after devolution; tuition is free for EU students, with the exception of those from other United Kingdom countries)  
**Denmark, Finland, Sweden, Iceland:** \$0 for domestic and EU students  
**Germany:** \$0 for domestic and EU students

**Sources:** Global News; Statistics Canada; College Board (US); ThinkProgress; Business Insider; \*The Statesman\* (Minnesota); National Union of Students (UK); StudyInEurope.eu.

## Family Fun in the Valley – Back to School

Laura Churchill Duke

It's hard to believe that another summer has flown by and it's time to start thinking about registering your kids for fall programs! There are so many opportunities and options that it sometimes can be overwhelming for parents to make choices. Here are a few tips to make it easier:



Thomas and Daniel, back to school! Photo Credit: Laura Churchill Duke

**Ask your child.** Many parents sign up kids without even asking them if they have an interest in the activity. Let your child help make decisions.

**Talk to other parents.** What activities are good? What do they recommend trying out?

**Consult Valley Family Fun.** An entire database of activities under GET MOVING and ARTS & CLUBS are listed on [www.valleyfamilyfun.ca](http://www.valleyfamilyfun.ca). You will find contact information for all the activities in the Valley there. Be sure to check the calendar of events for the various registration nights too!

**Remember to schedule some free time** for the kids too, that isn't all programmed.

Happy back-to-school, parents!

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# The WHO'S WHO:

## Sarah Mangle: Her True Colors

Mike Butler

Oh the power of technology to bring us together - it's a great thing sometimes isn't it?

To be able to do this article through email has presented some tremendous benefits, like getting to know those who live far away, as well as keeping in touch with those of whom I've written about but who have since moved out of the province. Montreal is where my emails landed this past week... right into the lap (top) of Sarah Mangle.

Sarah (daughter of local celebrities Jane and David Mangle) grew up in Wolfville and now lives in Quebec. She has a BFA from Concordia University in Studio Art and she is also a certified Early Childhood Educator. Sarah has been an artist and writer all of her life. When she was a child she imagined she would have an art studio on Main Street in Wolfville where she would sell her paintings and the houses of Wolfville would be filled with her art. Read on and you'll see that this could become a reality!

Sarah says "I got started as an Early Childhood Educator in a beautiful small centre in Montreal called Over the Rainbow Daycare. The women who worked there were, and are, wonderful, committed, smart, hardworking people and I was very inspired by the thoughtfulness and thoroughness with which they did their work. They took the lives of small children very seriously. It's not work that is well recognized. People have little understanding or appreciation for daycare workers, and honestly, it's very demoralizing to experience, but I am proud of the people I've worked with, and of myself, and I know that it's very important work."

Now back to her artistic and writing talents. Sarah has created a fun and fulfilling art project that I was asked to include in this profile, because it has become a huge part of her life. Sarah sprained her knee in the winter of 2014 and she was having a hard time being patient and not walking on it. For someone as busy as Sarah, not being allowed to walk for 6 weeks was disabling to say the least. The streets of Montreal were filled with ice and snow and the Montreal public transit system is horribly inaccessible for people who use a cane, or other mobility devices. There are so many stairs and most buses do not lower their ramps, or the ramps are broken, and the staff is not very accommodating when it comes to access. All this to say, it was winter and Sarah was cold and miserable and couldn't walk, so she started drawing positive statements with pet portraits from a friend's photo album on Facebook. Her sister-in-law challenged her to transform all of these drawings and feelings and experiences into a colouring book.

Sarah says, "This is something I had wanted to do for a long time. I wanted the colouring book to be an abundance of comfort and support and I wanted the pictures to welcome all forms of colouring, not just in the lines but also in the detailed stuff. I wanted people of all abilities and ages to love colouring



Photo Credit: Sarah Mangle

the book. And I wanted the book to really be a beautiful thing and I'm proud to say that I think I was successful. The books are sold all around the world, and locally you can find the book at The Market on Main Street in Wolfville. People use them in their doctor's offices, therapy offices, and school classrooms. Women's shelters, youth programs, and prison self esteem programs and law offices have them. People of all ages own copies of the book and enjoy it."

\*The Affirmations Colouring Book\* is a 100-page book filled with pet portraits of real animals, patterns, and positive statements. Many people mistake it for an 'adult colouring book' because of the recent trend, but this book has no age limits at all so Sarah calls it an ALL AGES COLOURING BOOK. This distinction is very important for her because she wants everyone to have permission to be creative and colour in the book. Check out [theaffirmationscolouringbook.com](http://theaffirmationscolouringbook.com) for details and make sure you pop by the Wolfville Library on September 12 for the book launch!!!

Sarah was introduced to the idea of affirmations in one of her first significant romantic relationships. Her partner at the time suggested that stating affirming positive statements (like "I love being around you" and "you are important to me") could be a useful way to build trust and reassurance to strengthen their relationship when things felt uncertain. Sarah felt this was a great philosophy and certainly understood through lived experience that being given positive feedback was a great way to maintain self-confidence and a desire to try new things. That was the first time she had ever heard the word 'affirmation'. At first the process felt a bit forced, stating something positive instead of just saying things as they naturally arrived in her brain. But you know what? There are many things, in a cognitive behavioral way, that we have to teach ourselves to do on active conscious level and that's how real change and real healing happens.

A few months ago, Jane (Sarah's Mom) brought me a copy of this gorgeous colouring book for my enjoyment and to introduce me to Sarah's work. Using the book was a wonderful way to express myself. I am 36 years old and colouring was very therapeutic and created a feeling of reflection and amusement that only that activity could generate. I mean, who doesn't want to feel like a kid again? Bravo to you Sarah! And I encourage everyone to pick up her book and have a think, a reflection, and colour his or her world with affirmation!

\*The Affirmations Colouring Book\* Launch Saturday, September 12 1:00pm to 3:00pm Wolfville Memorial Library 21 Elm Avenue, Wolfville

Photo Credit: Sarah Mangle



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| SUNDAY<br>SEPT 20<br>2:00PM  | Mermaid Theatre of Nova Scotia<br><i>Goodnight Moon &amp; The Runaway Bunny</i><br>\$13 advance / \$15 door<br>GENERAL ADMISSION <small>FAMILY SERIES</small>                        | SATURDAY<br>APR 2<br>2:00PM   | Ramshackle Theatre<br><i>Sci-Fi Double Feature: A Cardboard Science Fiction Puppet Show</i><br>\$13 advance / \$15 door<br>GENERAL ADMISSION <small>FAMILY SERIES</small> |
| SATURDAY<br>OCT 10<br>3:00PM | <i>Whitehorse</i><br>\$33 advance / \$35 door<br>ASSIGNED SEATING  | THURSDAY<br>APR 7<br>8:00PM   | <i>Joel Plaskett Emergency</i><br>\$33 advance / \$35 door<br>ASSIGNED SEATING  |
| SATURDAY<br>OCT 17<br>4:00PM | <i>The Spinney Brothers</i><br>Matinee Performance!<br>\$23 advance / \$25 door<br>ASSIGNED SEATING  | FRIDAY<br>APR 22<br>7:00PM  | <i>6 Guitars</i><br>Smash Hit Theatre Show!<br>\$23 advance / \$25 door<br>ASSIGNED SEATING   |
| FRIDAY<br>OCT 30<br>8:00PM   | <i>Joe Murphy Blues Bonanza</i><br>with Big Dave MacLean and Watermelon Slim<br>\$23 advance / \$25 door<br>ASSIGNED SEATING   | FRIDAY<br>APR 29<br>6:30PM  | Red Sky Theatre<br><i>Mistatim</i><br>\$13 advance / \$15 door<br>GENERAL ADMISSION <small>FAMILY SERIES</small>  |
| SUNDAY<br>NOV 22<br>4:00PM   | <i>Motus O Theatre</i><br><i>Alice in Wonderland</i><br>\$13 advance / \$15 door<br>GENERAL ADMISSION <small>FAMILY SERIES</small>   | SATURDAY<br>MAY 14<br>7:00PM  | <i>Còig</i><br>\$23 advance / \$25 door<br>ASSIGNED SEATING   |
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Canada

## IN REVIEW: Recent Events, Happenings, and News

The new school year kicks off on September 3. This year, several schools have been undergoing renovations. Lavinia Parrish Zwicker, Annapolis Valley Regional School Board Chair, says "Avon View High School will be celebrating the opening of a new Skilled Trades addition, and Clark Rutherford Memorial School will open the doors to a new Early Years Centre to support families and preschool-aged children in the school community. Major renovations to Wolfville School are underway, Hantsport School renovations are continuing through the final phase of work, and upgrades to Dwight Ross Elementary School and Kingston and District School are progressing. We look forward to seeing the many changes happening at these schools over the coming weeks and months."

Start the school year with a clean slate. Valley Waste Resource has listed the dates for the upcoming Fall Clean-Ups in Kentville, New Minas, Wolfville, Hantsport, and Berwick. Check [vwr.com/CurbSide\\_FallSpring.html](http://vwr.com/CurbSide_FallSpring.html) for more info.

The Annapolis Valley Regional Library has a new CEO. Ann-Marie Mathieu began her new role on August 10. Prior to this, she served as the Deputy Library Director of the Saskatoon Public Library. "I am absolutely thrilled to be taking on the role of Chief Executive Officer with the Annapolis Valley Regional Library," says Mathieu. "I am looking forward to joining a library system with such a strong history of customer service and commitment to excellence."

The Town of Windsor Facebook page was happy to share some good news on August 26. Sports Illustrated recently named Long Pond in Windsor as one of the Seven Wonders of the Hockey World! Visit [si.com/nhl/2015/08/21/seven-wonders-hockey-world-places](http://si.com/nhl/2015/08/21/seven-wonders-hockey-world-places) for the complete list.

Make sure to enjoy our local green spaces before the snow starts to fly again. The Town of Windsor has been named a Communities in Bloom National Finalist! Communities in Bloom is a Canadian non-profit organization committed to fostering civic pride, environ-

mental responsibility, and beautification through community involvement and the challenge of a national program, with focus on enhancing green spaces in communities.

On August 28, the Town of Wolfville Facebook page reported that Wolfville has been nominated for the 'Best Main Street in Canada' Award through greatplacesincanada.ca. There's still time to place your vote, visit the website for more info.

Students in Hantsport can look forward to a slightly longer summer break. Due to the ongoing school renovations, the first day of school for Hantsport students is now September 4. From the Annapolis Valley Regional School Board, "Renovations over the summer have included extensive work to enlarge and update upstairs classrooms, and many exterior upgrades. The delayed school start date will allow us to ensure classrooms at Hantsport School are ready for students. Work on the Music room, Art room, Families Studies lab, building ventilation systems, main office, cafeteria, and library will continue into the fall."

Now's the time to voice your opinion about the indoor recreational facilities available within Wolfville. The town is gathering information from households and community organizations to assess needs and guide future decision-making. A ten-minute survey is available until September 13 at [wolfville.ca/living-in-wolfville/recreation/recreation-facilities](http://wolfville.ca/living-in-wolfville/recreation/recreation-facilities).



Meghan Joudrey is all set for another year of teaching Primary at Coldbrook Elementary School. Her school-ready nails were done by Janice Worthylake Perry.

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## The Women of Lockerbie

This powerful, poignant drama, dealing with the aftermath of the 1988 Pan Am Flight #103 explosion over the village of Lockerbie, Scotland, gives a glimpse into how humanity and courage can emerge as a reaction to terrorism. The play details an American mother's obsessive hunt to find and bring home her son's remains as she struggles with her loss and mourning. Her husband meets a group of the local Scottish women who hope to bring closure and comfort to the victims' families through The Laundry Project - washing the thousands of pieces of clothing left from the crash and returning them to the victims' loved ones. Only the power of love can overcome obstacles and ensure that hatred does not have the final word.

There is no intermission for this production.

The play is written by Deborah Brevoort and directed by Michelle Herx.  
Cast in order of appearance: John Smith, Chérie Zinck, Charmaine Potter, Karen Armour, Jean Hall, Gillian Yorke, Darrell Doucette, Brenda Bailey

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# The VINTAGE News



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## Unpredictable Dining Event: Gaspereau Winery

**August 24, 2015, Scott Campbell**

True to their name, the Unpredictable Dining Events (hosted by Lisa Boehme with Chef Jeff MacLean) could pop up anywhere. This one found us dining amidst the lush grapevines of the Gaspereau Winery Vineyard. With the Edible Sideshow food truck again providing the mobile kitchen facilities; Chef Jeff MacLean in charge of the menu; and Gaspereau Winery's own sommelier, Craig Campbell, providing the expert wine pairings; we were in store for an exciting and delicious dining experience.

On arrival we were greeted by sommelier Craig Campbell and offered one of his own cocktail creations. This ice cold, savoury-sweet mix of maple, apple cider, and fresh berries was tasty and very welcome on this hot August evening. My dining companion and I made our way out to the vineyard and took our seats at the long, banquet-style table that had been beautifully set and decorated in the middle of the vineyard. We were soon offered some cool cucumber appetizers featuring a cucumber taco and a pickled cucumber. Both were bursting with tangy and cool cucumber flavours that were, again, very refreshing in the heavy August air.

**Act 1** (each course was titled by act on our menus) was a Charcuterie Board featuring locally sourced meats and cheeses, grapes, and a special treat of West Loop Gentile Salami from New York's Eataly served with Jeff MacLean's homemade rye bread. This was paired with Gaspereau Winery's Riesling – a fresh, dry wine that went well with the meats and cheeses.

**Act 2** featured a delicious grilled vegetable salad



*Charcuterie Board being presented by Chef Jeff MacLean and Server Loay Lobray (who you may recognize from Privet House Restaurant).*

with a rosemary vinaigrette that has to be one of the tastiest salad dressings I've had in a long time. Sommelier Craig Campbell paired this with the Gaspereau Winery's Tidal Bay – a delicious version of the popular Nova Scotian appellation blend.

**Act 3** was a delicious linguine served underneath cherry tomatoes, basil, and roasted garlic with a unique Limoncello deglaze. All of this was covered with freshly grated Pecorino cheese.

**Act 4** was a choice of grilled tuna or grilled chicken. The tuna was perfectly prepared with a spicy peppercorn crust and the chicken was moist and tender. I had both. Acts 3 and 4 were paired with

the Gaspereau Rosé. This chilled wine was the perfect pairing. It had enough body to stand up to the pasta and grilled meat yet was still fresh and cool enough for the tangy Limoncella pasta sauce and the humid evening.

**The Finale** was a delicious berry torte served with Grand Marnier Whipped Cream. This sweet treat was offered alongside espresso and Roese's pure almond rolls.

As nighttime fell over the vineyard the chatter of newfound friends continued on into the evening. Even after the conclusion of our dinner had been announced, we all sat and relaxed in the afterglow of an amazing dinner in one of the most unique and enjoyable places I've ever dined. Well done Unpredictable Dining and Gaspereau Winery. I look forward to our next meeting.

*Photo Credit: Scott Campbell*

# BANKS BIKES

360 MAIN ST. WOLFVILLE, N.S.  
902 542 2596

## Tirage and Terroir

*by Bruce Ewert, L'Acadie Vineyards*

The French call it 'harmony' - that head turning, delicious balance found in a traditional method sparkling wine when it's been aged on its yeast for the proper length of time to suit its fruit profile. Tirage, or aging sparkling in the bottle on its yeast, can range from one- to ten-years-old and more. Every year the yeast contributes more toasty brioche flavours to the wine. Those toasty notes should be matched with the wine's flavours which largely come from the grape varietal and its terroir - an exemplification of a vineyard's microclimate, giving a sense of place.

In Nova Scotia, bubbles made with L'Acadie Blanc have different flavours depending on the soil. Typical clay loam soils are rich and water-holding and the resulting vigorous growth gives wines fruity flavours. Vines grown on rocky, well-drained terroirs have more mineral flavours and have more weight.

At L'Acadie Vineyards we strive for harmony in our traditional method bubbles by matching tirage to these terroir influences. Vintage Cuvée has grapes from our certified organic growers with clay loam soils. Those fruity flavours are in harmony by aging two years tirage for fruit forward bubbles with toasty notes in the background. Our estate vineyard has rocky glacial till giving wines a high minerality. We approach tirage differently for Prestige Brut Estate, aging for five or more years for accentuated toastiness and aged richness.

These tirage characters are in harmony with the mineral, vibrant flavours from its terroir.

[lacadievineyards.ca](#)

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*Nova Scotia*

Departing from Wolfville 5 days a week

902.352.2552 | [gonorthtours.com](#) | [winetoursns.com](#)

## Local Wineries

**ANAPOLIS HIGHLANDS VINEYARDS**  
2635 Clementsvalle Rd, Bear River  
902-467-0363 | [annapolishighlandvineyards.com](http://annapolishighlandvineyards.com)

**AVONDALE SKY WINERY**  
80 Avondale Cross Rd, Newport Landing  
902-253-2047 | [avondalesky.com](http://avondalesky.com)

**BEAR RIVER VINEYARDS**  
133 Chute Rd, Bear River  
902-467-4156 | [wine.travel](http://wine.travel)

**BENJAMIN BRIDGE**  
Gaspereau | 902-542-1560  
[benjaminbridge.com](http://benjaminbridge.com)

**BLOMIDON ESTATE WINERY**  
10318 Hwy 221, Canning  
902-582-7565 | [blomidonwine.com](http://blomidonwine.com)

**DOMAINE DE GRAND PRÉ**  
11611, HWY 1, Grand Pré  
902-542-1753 | [grandprewines.com](http://grandprewines.com)

**GASPEREAU VINEYARDS**  
2239 White Rock Rd, Gaspereau  
902-542-1455 | [gaspereauwine.com](http://gaspereauwine.com)

**L'ACADIE VINEYARDS**  
310 Slatyer Rd, RR1, Gaspereau  
902-542-8463 | [lacadievineyards.ca](http://lacadievineyards.ca)

**LIGHTFOOT & WOLFVILLE VINEYARDS**  
Highway 1, Wolfville | 902-542-1571  
[lightfootandwolfvillewines.com](http://lightfootandwolfvillewines.com)

**LUCKETT VINEYARDS**  
1293 Grand Pré Rd, Melanson  
902-542-2600 | [luckettvineyards.com](http://luckettvineyards.com)

**LUNENBURG COUNTY WINERY**  
813 Walburne Rd, Mahone Bay  
902-644-2415 | [canada-wine.com](http://canada-wine.com)

**MUWIN ESTATE WINES**  
7153 NS-12, New Ross  
(902) 681-1545 | [muwinestate.com](http://muwinestate.com)

**PETITE RIVIÈRE VINEYARDS**  
1300 Italy Cross Rd, Crouse Town  
902-693-3033 | [petiterivierevineyards.ca](http://petiterivierevineyards.ca)

**PLANTER'S RIDGE**  
1441 Church St, Port Williams  
902-542-2711 | [plantersridge.ca](http://plantersridge.ca)

**SAINTE-FAMILLE WINES**  
Dyke Rd and Dudley Park Lane  
Falmouth | 902-798-8311 | [st-famille.com](http://st-famille.com)

## WINE EVENTS Emily Leeson

### September 19

**Harvest Bluegrass BBQ & Corn Boil**  
7pm - 10:30pm, Luckett Vineyards  
1293 Grand Pre Road, Wolfville

It's the perfect time of year to celebrate the fruits of our labours in the midst of harvest! Join us on our patio for the perfect combination of wine, beer, cider, great food, and rockin' tunes! We have Pretty Archie joining us for their first time performing at Luckett Vineyards, so let's show them how we do! Tickets include dinner, admission, and one glass of select wine, Sealevel beer, or Bulwark cider!

Tickets: \$50

More info: [luckettvineyards.com](http://luckettvineyards.com)

### September 20

**Open Farm Day**  
1pm - 9pm, Sainte-Famille Wines  
11 Dudley Park Lane, Windsor

Sainte-Famille is proud to be participating in Nova Scotia's Open Farm Day. Tours will be starting at 10am and continue every hour until 3pm. Lunch will be served from 11am to 2pm. Wine and non-alcoholic beverages will be available as well, all served in our beautiful pavilion.

More info: [st-famille.com](http://st-famille.com)

### September 20

**Open Farm Day**  
Complimentary Vineyard Tour  
Starts at 1pm, Planters Ridge  
1441 Church Street, Port Williams

As part of Nova Scotia's Open Farm Day, we're inviting you to join us for a complimentary educational vineyard tour! Learn about the different varietals we grow, and what vineyard practices we use. Discover the true meaning behind becoming a winegrower. Enjoy a wine tasting (\$5) in our tasting room, or a glass of wine (prices vary) on our patio. Bring your own picnic to enjoy as well!

More info: [plantersridge.ca](http://plantersridge.ca)

### October 1

**Nova Scotia Wine Education Session**  
7pm - 10pm, Gaspereau Vineyards  
2239 White Rock Rd, Gaspereau

Sweet Sensations - an overview of dessert-styled wines, including icewine and fortified wines, and how to pair them with various desserts. This session is guaranteed to please anyone with a sweet tooth. Thursday, October 1, 7pm - 10pm at Gaspereau Vineyards in the Barrel Room.

Also available: Thursday, October 8, 7pm - 10pm at Gaspereau Vineyards in the Barrel Room; or Thursday, October 15, 7pm - 10pm at Jost Vineyards in the Grand Tasting Room

Tickets: \$45

More info: [devoniancoast.ca/events](http://devoniancoast.ca/events)

## MIKE Uncorked | Don't Be AFRAID... It's Only a Play! Mike Butler

We all have dreams right? Not just nighttime sleepy dreams about flying or a grocery store shopping spree, I mean dreams, as in ambitions, goals, or perhaps something that you want to attain that sometimes seems unattainable. I've had many of these kinds of goals pass me by because of aging, missed opportunity, being in a different place in my life at the time, etc., but this past year I've been working with an incredible group of people who are helping me make one of my lifelong dreams come true - putting on a play called \*Who's Afraid of Virginia Woolf?\*

Theatre and film buffs will easily recognize the title because it's been a hit Broadway play and an Academy Award winning film (starring Richard Burton and Elizabeth Taylor) that not only brought accolades and stardom to its cast members but always generated tremendous buzz in the media for its mature subject matter, strong language, and intense, emotional presentation.

Live theatre has always fascinated me. Over the course of my life, having seen hundreds of plays and having been a part of close to forty productions, it's obvious that theatre means a great deal to me. There's something so beautiful and wonderful about the connection between the audience and the live theatre performers and performances - whether through

comedy or drama - and that has always been the draw for me.

Since the tender age of 13, \*Who's Afraid of Virginia Woolf?\* has been my favourite play and from my perspective, there isn't a greater play in the North American cannon than this first full-length piece by Edward Albee. Albee was born in 1928 and critics have hailed him as an extraordinary playwright, renowned along with American playwrights Arthur Miller and Tennessee Williams. Stylistically, he has been more closely associated with European dramatists Samuel Beckett and Harold Pinter, who, like Albee, use dramatic form and style to express the chaos of the human condition.

When \*Who's Afriad of Virginia Woolf?\* was first performed in New York in 1962, America was still saying good-bye to the ideals of the stable and productive 1950's. Television projected the happy nuclear family, with success being measured on kids, house, car, and dog. These trappings of success often hid real problems and it's this idea that Albee used to fuel Woolf, revealing the truths and illusions beneath success and marriage. Albee says the title comes from some graffiti he saw that was written on a bathroom mirror in the East Village in 1960. Whatever it's derivation, the play that sprung from that phrase has become a yardstick for which others are measured.

And now here's your chance to see this extraordinary production being performed live in the Valley for the first time ever! Presented by the Wolfville Theatre Collective, \*Who's Afraid of Virginia Woolf?\* is a prime example of experimental theatre for it's challenges to both the cast and the audience in a small town like Wolfville. The Annapolis Valley is overflowing with live theatre groups with many volunteer participants who love to perform plays and entertain audiences. In general, the productions selected lean more towards the comedic and farcical as opposed to the heavier dramatic works. It was this need for challenging theatre (both for the actors and the audience) that fueled the creation of the Wolfville Theatre Collective.

In Fall 2014, a group of theatre enthusiasts joined forces and decided the Valley needed to see \*Who's Afraid of Virgina Woolf?\* in it's Uncut and Uncensored entirety. With its multi-layered characters, searing and piercing dialogue, and its hard-hitting subject matter, Woolf? seemed like the appropriate platform for this new theatre group to leap from. Cast members include Thea Burton as Martha, Paul Abela as George, Mike Dennis as Nick, and Nicole Saulnier as Honey. And guess who received the dream job of directing? That's right...ME!!! Woolf? is my directorial debut and I've been on cloud nine since the Spring,

anxiously waiting to present this fine work to an audience. This cast is beyond brilliant and truly love the play, which helps greatly in their performances.

This play has been a tremendous challenge for me. As the director I must find a way to equally balance the love and hate that is presented. It's also a challenge for the audience, who has to watch and sustain the barrage of emotions this play lays on them. How is this possible? Well, the answer of course, is that this brilliant production is about ALL OF US. In its devious, twisted, and yet straightforward heart, it urges us - all of us - to abandon illusion and to seek the truth. It may be a painful journey, but it is the only path to salvation. Who's Afraid of Virginia Woolf? All of Us!

\*Who's Afraid of Virginia Woolf?\* is being performed at Studio Z, upstairs, above the Al Whittle Theatre in Wolfville. Play dates are September 9, 10, 11, 18, & 19, and the shows start promptly at 7pm. Tickets are \$15 and can be purchased at the door or at TAN Coffee in Wolfville. It is strongly recommended you purchase tickets in advance because of the limited seating in Studio Z. So come, sit back, and enjoy an evening of fun and games with Martha and George! Don't be Afraid... it's only a play!

# Weekly Events

**PLEASE NOTE:** Event information may change without notice

## Thursdays

**Babies & Books** — Wolfville Memorial Library 10–11am. Newborn to 2 years. **INFO:** 902-542-5760 / [valleylibrary.ca](http://valleylibrary.ca)

**Gardens & Grub** — Rec Centre, Kentville 1–3pm. Offered through the Canadian Mental Health Association, Kings Branch. **FEE:** no charge **INFO:** 902-670-4103 / [club@cmhakings.ns.ca](mailto:club@cmhakings.ns.ca)

**In the Round Knitting Group** — Gaspereau Valley Fibres 1–4:30pm. Also Tuesdays 6–9pm. **INFO:** 902-542-2656 / [gaspereauvalleyfibres.ca](http://gaspereauvalleyfibres.ca)

**Seniors' Afternoon Out** — Wickwire Place, Wolfville 1:30–4:30pm. Social afternoon with peers. Also Tuesdays 1:30–4:30pm. **FEE:** \$10 **INFO:** Robin, 902-698-6309

**Boardgame Night** — C@P Lab, Wolfville Public Library, 7pm. Bring your games! Ages 12+ **FEE:** no charge **INFO:** 902-790-4536 / [turpin56@gmail.com](mailto:turpin56@gmail.com)

## Fridays

**Bookworms Storytime** — Port Williams Library, 10:30am. Stories, games, songs and fun for kids aged 3–5. **TIX:** no charge **INFO:** 902-542-3005 / [valleylibrary.ca](http://valleylibrary.ca)

**AVD Clubhouse: Arts Program** — Valley Community Learning Association, Kentville 1–4pm. Offered through the Canadian Mental Health Association, Kings Branch. **FEE:** no charge, but please pre-register. **INFO:** 902-670-4103 / [club@cmhakings.ns.ca](mailto:club@cmhakings.ns.ca)

**Chase the Ace** — Royal Canadian Legion, Berwick 5pm. Chase the Ace drawn at 7:15pm, light supper served 5–7pm **TIX:** \$5 Chase the Ace, \$7 supper **INFO:** 902-375-2021 / [rubyl@eastlink.ca](mailto:rubyl@eastlink.ca)

**Fun Night** — Legion (downstairs), Kentville, 7pm. Variety of music. 50/50 tickets available. **FEE:** \$2 **INFO:** [kentvillelegion@eastlink.ca](mailto:kentvillelegion@eastlink.ca)

## Saturdays

**Hantsport Pop Up Market** — Hantsport Visitor Centre (parking lot), 8:30am–12pm. Until end of Sept. Fresh fruits & veggies, jams, jellies crafts & more. **INFO:** 902-684-9068 / [susan@hantsportovascotia.com](mailto:susan@hantsportovascotia.com)

**Wolfville Farmers' Market** — DeWolfe Building, Elm Ave., Wolfville 8:30am–1pm  
**September 5 Music:** Caleb Miles  
**September 12 Music:** The Hupman Brothers  
**Theme:** Valley Vineyards  
**INFO:** [wolfvillefarmersmarket.ca](http://wolfvillefarmersmarket.ca)

**North Mountain Market** — United Church, Harbouville 9am–1pm. Until Oct. 10. Celebrate local culture & heritage through art, music, & a farmers' market that features a diverse range of locally-produced goods. **INFO:** 902-538-7923 / [northmountainmarket@gmail.com](mailto:northmountainmarket@gmail.com)

**Farmers' Market** — Waterfront, Windsor 9am–1pm. **TIX:** no charge **INFO:** [windsorfarmersmarket@gmail.com](http://windsorfarmersmarket@gmail.com)

**Peace Vigil** — Post Office, Wolfville 12–1pm

**Drop in and Drum!** — Baptist Church, Wolfville 1–2:30pm. W/Bruno Allard. Drop in for a hands-on workshop & jam. Learn to play the djembe with rhythms & songs from West Africa. Everyone welcome, drums provided. **INFO:** \$5 **INFO:** facebook: Djembes and Duns Wolfville

**Valley Game Night** — Gametronics, New Minas 6pm. Board game/card game group. Yu Gi Oh — Thursdays, 6pm. Friday Night Magic (Magic: The Gathering) — Fridays, 6pm **INFO:** no charge **INFO:** [facebook.com/GameTronics](http://facebook.com/GameTronics)

## Sundays

**Black River Community Market & Schoolhouse Cafe** — Community Hall, 989 Upper Sunken Lake Rd., Black River 11am–2pm, 2nd and 4th Sunday of each month (next: Sept. 13). Vendors, light lunch, live music. **INFO:** 902-542-0002 / [jayneleenkenny@msn.com](mailto:jayneleenkenny@msn.com)

**Social Ballroom Dancing** — Community Centre, Port Williams 3–5pm. Practice your existing dance skills and learn new group dances. **INFO:** \$30 per couple per semester, or \$5 per session drop-in fee per couple. **INFO:** 902-698-2806 / [DanceTime\\_PortWilliams@hotmail.com](mailto:DanceTime_PortWilliams@hotmail.com)

## MUSEUMS

**Haliburton House Museum** — 414 Clifton Ave., Windsor • Join us Sept. 12, 7–9pm for a Roaring Twenties' Murder Mystery "The Icing on the Cake." You will be assigned a character to play and are kindly requested to attend in period appropriate costume. Register by Sept. 5, refreshments included. **TIX:** Murder Mystery: \$15, Regular Admission: \$4 adult, \$2.80 child/youth/senior, no charge under 5, \$8.65 family. **INFO:** 902-798-2915 / [haliburtonhouse.novascotia.ca](http://haliburtonhouse.novascotia.ca)

**Windsor Hockey Heritage Centre** — 414 Clifton Ave., Windsor • Open 9am–5pm daily in summer, Tues.–Sat. in off season. See the equipment with which the game began: wooden pucks, hand-made one-piece hockey sticks carved by Mi'kmaq natives, stock skates and world-famous Starr skates, as well as early forms of protective equipment. **TIX:** no charge, donations welcome **INFO:** 902-798-1800 / [windsorhockeyheritage@hotmail.ca](mailto:windsorhockeyheritage@hotmail.ca)

**Blue Beach Fossil Museum** — 127 Blue Beach Road, Hantsport • Open daily 9:30am–5pm,

until Oct. 31. The official birthplace of vertebrate paleontology in Canada. Come for one of our tours to explore 350-million year old footprint-beds, fossils of fish, plants, and so much more. **INFO:** 902-684-9541 / [bluebeachfossilmuseum.com](http://bluebeachfossilmuseum.com)

**Randall House** — 259 Main St., Wolfville • Open Tues.–Sat., 10am–5pm, Sun. 1–5pm. Special exhibit, BIRTH OF A FESTIVAL, commemorates the 20th anniversary of the opening of the famed Atlantic Theatre Festival. From inception in 1993 to its grand opening in June 1995. Also, Afternoon Tea, Saturdays, 2–5pm **TIX:** Tea: \$5, included tour. Regular admission: no charge, donations welcomed. **INFO:** 902-542-9775 / [randallhouse@outlook.com](mailto:randallhouse@outlook.com) / [wolfvillehs.ednet.ns.ca](http://wolfvillehs.ednet.ns.ca)

**The Old Kings Courthouse Museum (Kings County Museum)** — 37 Cornwallis St., Kentville • Open Mon.–Fri., 9am–4pm. Learn the history of Kings County with special focus on the Acadians and New England Planters. The Kings Historical Society and their Genealogy Center is also located in this building. **TIX:** no admission, donations welcomed. **INFO:** 902-678-6237 / [museum@okcm.ca](mailto:museum@okcm.ca) / [okcm.ca](http://okcm.ca)

## Mondays

**Free Community Walking/Running** — Acadia Athletic Complex, Wolfville 6–9am & 6–9pm (Mon.–Fri.). On the indoor & outdoor track. **FEE:** no charge **INFO:** 902-542-3486 / [sread@wolfville.ca](mailto:sread@wolfville.ca)

**Painting Morning** — Recreation Centre, Wolfville 9:30am–12pm. W/Evangeline Artist Cooperative. Bring your own projects to work on & be inspired by like-minded artists. **INFO:** \$2 **INFO:** Susan, 902-542-4448

**Harmonica Jams** — Sobeys Community Room, New Minas 10–11:30am. Light music: country, waltzes, jigs & reels. All levels welcome, bring your harmonicas. **INFO:** no charge **INFO:** Lloyd, 902-681-3711 / Ed, 902-678-4591.

**LEGOMANIA** — Port William's Library, 3:30–4:30pm. Through September. Ages 6–9. No registration necessary. **INFO:** 902-542-3005 / [valleylibrary.ca](http://valleylibrary.ca)

**Windsor Game Night** — Library, Windsor 6pm. Board game group. New players welcome! **INFO:** no charge **INFO:** [meetup.com/valleygames](http://meetup.com/valleygames) / [turpin56@gmail.com](mailto:turpin56@gmail.com)

**Toastmasters** — 2nd Floor, Irving Centre, Acadia 6:30–8pm. Communicative skills to enhance peaceful and effective dialogue. **INFO:** Chris, 902-691-3550 / [vprr.wolfville.tm@gmail.com](mailto:vprr.wolfville.tm@gmail.com)

**Musical Jam Night** — Community Hall, 659 Victoria Rd., Millville 7pm. Bring your instrument or just relax & listen to the sounds. **INFO:** [cadavis@nspes.ca](mailto:cadavis@nspes.ca)

**Insight (Vipassana) Meditation** — Manning Memorial Chapel, Acadia, downstairs, 7:30–9pm. W/Laura Bourassa. Suitable for beginner and experienced meditators. Instructions, short talk, discussion. **INFO:** free-will offering. **INFO:** 902-365-2409

## Tuesdays

**Book in the Nook** — Wolfville Memorial Library 10–10:30am. Suggested age range: 3–5. **INFO:** 902-542-5760 / [valleylibrary.ca](http://valleylibrary.ca)

**Friends in Bereavement** — Western Kings Mem. Health Centre, Berwick 10am–12pm. 1st & 3rd Tues. each month (next: Sept. 15). VON Adult Day Program Room (main floor). **INFO:** 902-681-8239 / [friendsinbereavement@gmail.com](mailto:friendsinbereavement@gmail.com)

**Ross Farm Museum** — 4568 Hwy 12, New Ross • Open daily, 9:30am–5:30pm until after Labour Day weekend, then open Wed–Sun, closed Mon. & Tues. Milking a cow, spinning wool or tasting a delicious treat in the cottage are just three things that happen regularly here at Ross Farm. Every visit is unique as the work changes with the seasons. **TIX:** \$6 adult, \$5 senior, \$2 child (6–17), no charge age 5 & under. **INFO:** 902-689-2210 / [rossfarm.novascotia.ca](http://rossfarm.novascotia.ca)

**Prescott House Museum** — 1633 Starr's Point Rd. • Archeology Exhibit: until Sept. 30, artifacts tell us about the life of Charles Prescott and his family from 1812 to 1859. **TIX:** \$4 adult, \$2.75 child/senior, no charge under 5, \$8.50 family. **INFO:** 902-542-3984 / [prescotthouse.novascotia.ca](http://prescotthouse.novascotia.ca) / [baldwidj@gov.ns.ca](mailto:baldwidj@gov.ns.ca)

**Rug Hooking** — 57 Eden Row, Greenwich 1–3:30pm. Drop-in rug hooking. **FEE:** donation **INFO:** Kay, 902-697-2850

**Friends in Bereavement** — Kentville Baptist Church 2–4pm. 1st & 3rd Tues. each month (next: Sept. 15). Left parking lot entrance, sponsored by Careforce. **INFO:** 902-681-8239 / [friendsinbereavement@gmail.com](mailto:friendsinbereavement@gmail.com)

**Woodville Farmers Market** — Community Centre, 342 Bligh Rd., Woodville 4–7pm. Until Oct. 6. Local producers & artisans. **INFO:** [paulcameron@live.ca](mailto:paulcameron@live.ca)

**Toastmasters Club** — Birchall Training Centre, Greenwood 6:30pm • Develop leadership skills using a variety of tools including speaking off the cuff and speaking in public. Guests always welcome! **TIX:** no charge **INFO:** Christine, 902-825-1061 / [Cfernie.CA@gmail.com](mailto:Cfernie.CA@gmail.com)

**Learn Irish Music** — Paddy's Pub (upstairs), Kentville 7–8pm. Bring your instrument & learn to play traditional music in a relaxed, convivial setting. **INFO:** no charge **INFO:** 902-697-2148 / [slowsession@outlook.com](mailto:slowsession@outlook.com)

**Board Game Night** — Paddy's Pub, Wolfville 8pm–12am • **TIX:** no charge **INFO:** 902-542-0059 / [judy@paddys.ca](mailto:judy@paddys.ca)

## Wednesdays

**Wolfville Breastfeeding Support Group** — Library (upstairs), Wolfville 10am–12pm. Now weekly. **INFO:** [facebook.com/AnnapolisValleyBreastfeedingSupportGroups](http://facebook.com/AnnapolisValleyBreastfeedingSupportGroups)

**Kentville Farmers' Market** — Centre Square, Kentville 10am–2pm. Open year-round. **INFO:** [marketmanager@kentville.ca](mailto:marketmanager@kentville.ca) / [kentvillefarmersmarket.ca](http://kentvillefarmersmarket.ca)

**Wolfville Farmers' Market** — DeWolfe Building, Elm Ave., Wolfville 4–7pm **TIX:** Sam Wilson **Theme:** Fall Programs **TIX:** George Symonds **Theme:** The Mingle **INFO:** [wolfvillefarmersmarket.ca](http://wolfvillefarmersmarket.ca)

**New Horizons Band** — Festival Theatre, Wolfville 7pm. Fun, informal community band under the direction of Brian Johnston. New members welcome! **INFO:** \$100 **INFO:** Donna, 902-542-7557 / [macdonaldwilson@accesswave.ca](mailto:macdonaldwilson@accesswave.ca)

**Charles Macdonald's Concrete House Museum** — 19 Saxon St., Centreville • Open Tues.–Sat., 11am–5pm, Sun. 11am–4pm. A unique house built entirely of concrete and finished smooth with paint. The yard contains concrete lawn sculptures of: deer, a mountain lion, giant mushrooms, and other fanciful figures and furniture. **TIX:** "We're free, are you?" **INFO:** 902-678-3177 / [concretehouse.ca](http://concretehouse.ca) / [info@concretehouse.ca](mailto:info@concretehouse.ca)

**Apple Capital Museum** — 173 Commercial St., Berwick • **INFO:** 902-538-9229 / [facebook.com/BerwickVICMuseum](http://facebook.com/BerwickVICMuseum)

## ASPINALL POTTERY

Canning Studio 300-9149 or weekly at the Wolfville Farmers' Market



# The FREE Classifieds

September 3 - 17, 2015

This page works on a first-come, first-served basis. Email your classified to: [info@grapevinepublishing.ca](mailto:info@grapevinepublishing.ca) and, if there's room, we'll get you in. Or, to reserve a placement, pay \$5 per issue (3-issue minimum commitment). Please keep listings to 35 words or less.

**ANAPOLIS VALLEY REGIONAL LIBRARY**

The Hantsport Branch of the AVR Library system **has moved!**  
**Location:** 10 Main St. (former Legion Building)  
**Name:** Isabel and Roy Jodrey Memorial Library  
**Hours:** Tues & Thurs, 2-8pm; Wed & Sat, 10am-2pm  
**Books • DVD's • Audiobooks • Public Access Computers • Wi-Fi**  
**Tech Tutorials • Free Children Summer Programs** | [valleylibrary.ca](http://valleylibrary.ca)

## CLASSES/LESSONS/WORKSHOPS:

**Community Yoga:** Wed. & Fri., 12-1pm @ Dance Studio, Downstairs, Old-SUB, Acadia. **FEE:** \$5, no charge for Acadia students. **INFO:** Carole, [cazaflows@gmail.com](mailto:cazaflows@gmail.com)

**Inner Sun Yoga:** Classes for every level of student with certified instructors in our inviting studio space. **INFO:** 902-542-YOGA / [innersunyoga.ca](http://innersunyoga.ca)

**Gaspereau Yoga:** Anusara inspired yoga w/Sophie Bérubé. Mondays, starting Sept. 14. Level 1: An introduction to basic yoga, 3:15-4:45pm for 13 weeks. Level 2: More advanced poses, 5:15-6:45pm for 13 weeks. Thursdays, starting Sept. 17. Level 1-2: A vigorous yoga practice for students who have already done some yoga, 5:15-6:45pm for 13 weeks. Please pre-register. **FEE:** \$90 per session, \$155 for two. **INFO:** 902-692-1427 / [gaspereauyoga@hotmail.ca](mailto:gaspereauyoga@hotmail.ca)

**Chi kung - Yoga Energetics:** Mondays, 6:30-8pm, for 6 weeks starting Sept. 14. 128 Pleasant St., Wolfville. A practical system combining Taoist and Indian yoga techniques and principles based on Eastern medicine for optimum benefit to mental and physical health. See website for details on this and other programs. **FEE:** \$60 **INFO/Reg:** 902-697-2661 / [yula@centrefortheways.com](mailto:yula@centrefortheways.com) / [centrefortheways.com](http://centrefortheways.com)

**Chakra Yoga:** Mondays, Sept. 14-Nov. 23 (no class October 12), 5-6:45pm, Bishop Hall, Greenwich. 10-week registered class, all levels welcome. **FEE:** \$175, \$125 Student/unwaged. Early Bird Special: save 15% before September 7. **INFO:** Jenn, 902-690-5464 / [jennergy2012@gmail.com](mailto:jennergy2012@gmail.com)

**Strength and Stability Yoga:** Wednesdays, Sept. 16-Nov. 25 (no class November 11), 5-6:30pm, Manning Memorial Chapel, 10 week registered class. Playful challenge for all levels.. This is part 1 of a 3-part series (Part 2: Strength and Shenanigans, Dec. 2-Feb. 3, and Part 3: Turn Your World Upside Down, Feb. 10-April 13). **FEE:** \$120. Early Bird Special: \$100 before Sept. 7. **INFO:** Jenn, 902-690-5464 / [jennergy2012@gmail.com](mailto:jennergy2012@gmail.com)

**Partner Yoga/Thai Yoga Massage Workshop:** Saturday, Sept. 19, 2:30-5pm, L'Arche Hall, Wolfville. **FEE:** \$30 per person, \$50 for 2 people **INFO:** Jenn, 902-690-5464 / [jennergy2012@gmail.com](mailto:jennergy2012@gmail.com)

**Reiki Level 1 Training:** Saturday, Oct. 3 & Nov. 7 (NOTE: this training takes 2 days with a month of practice in between). **FEE:** \$150 **INFO:** Jenn, 902-690-5464 / [jennergy2012@gmail.com](mailto:jennergy2012@gmail.com)

**The Art of Healthy Living Course:** Through this 6-week workshop learn a unique chi kung exercise routine and principles of right understanding and the right diet based on Eastern medicine.

Wednesdays 6:30-8pm starting Sept. 16. Held at 128 Pleasant St. Wolfville. See website for details on this and other programs. **FEE:** \$75 **INFO/Reg:** [yula@centrefortheways.com](mailto:yula@centrefortheways.com) / 902-697-2661 / [centrefortheways.com](http://centrefortheways.com)

**Voice and Piano Lessons:** W/Susan Dworkin. Register now for September. **INFO:** 902-542-0649 / [Susan\\_dworkin@hotmail.com](mailto:Susan_dworkin@hotmail.com)

**Flute and Recorder Lessons:** Flute teacher with over 30 years of experience is offering lessons in Wolfville. **INFO:** 902-249-0038

**Taoist Tai Chi™:** Learn this ancient Chinese art of well-being. Lions Hall, 78 River St., Kentville: Tuesdays, 6-8pm and/or Thursdays, 11:30am-1pm. Berwick Town Gym: Mondays, 6-7:30pm. Beginner classes start September. **INFO:** Mary Anne, 902-678-4609 / [kentville@taoist.org](mailto:kentville@taoist.org)

**Flamenco Dance for Adults & Children:** Learn flamenco movement and rhythms in a fun and supportive environment! Fall classes begin Thursday, Sept. 10 for both adults (of all ages) and children (ages 3-10) at the Acadia Dance Studio, Wolfville. **INFO:** [elmirloflamenco.ca](http://elmirloflamenco.ca) / [sandra.tziorah@gmail.com](mailto:sandra.tziorah@gmail.com)

**Dance Classes:** Cadance Academy (New Minas, Kentville, and Greenwich) - Year-long session begins Sept. 14; 10-week fall session begins Sept. 21. **INFO/Reg:** 679-3616 / [info@cadanceacademy.ca](mailto:info@cadanceacademy.ca) / [cadanceacademy.ca](http://cadanceacademy.ca)

**Exploring Early Developmental Movement Patterns:** Sept. 19 & Oct. 24, a two-part experiential workshop. Embodying and understanding early fluid and neurological patterns of movement can enhance our sense of presence and our ability to be present to others. **INFO:** 902-582-3888 / [kp@alexandersociety.org](mailto:kp@alexandersociety.org)

**Workshop:** Auditioning for a Play - Demystified!: Oct. 17, 2-4pm @ CentreStage Theatre, Upper Performance Centre. Are you intimidated by auditioning? Have you auditioned before but not gotten a role? Our workshop will take you step-by-step through the audition process to help you feel comfortable and confident for future auditions. Auditioning is a skill, and, like any skill, can be learned. **FEE:** no charge, but space is limited. **INFO/Reg:** Mindy, [mindyvt@gmail.com](mailto:mindyvt@gmail.com) / Junie, [juniehutchinson@gmail.com](mailto:juniehutchinson@gmail.com)

## DONATE/VOLUNTEER:

**Donate Used Clothing:** Flowercart creates work and training for people. Donate your used clothing to Flowercart and keep your donation and the resulting money local. Drop off location 9412 Commercial St., New Minas. **INFO:** 681-0120 / [lisahammettvaughan@flowercart.ca](mailto:lisahammettvaughan@flowercart.ca)

## FOR HIRE/PURCHASE:

**Pam's Editing Services:** Make your writing look professional! Experienced editor and journalist can help you with: press releases, manuscripts, ads, reports, school essays, proposals. **FEE:** \$35/hr. **INFO:** Pam, 902-306-0570 / [pamsediting@gmail.com](mailto:pamsediting@gmail.com)

**Judith J. Leidl - Oriel Fine Art, Wolfville** • Fine art: floral paintings, scarves, acrylic paintings, prints, ceramics, and Inuit work from Baffin Island. **INFO:** 902-670-7422 / [judithleidlart.com](http://judithleidlart.com)

**Uncommon Common Art - Various Kings County locations, until mid-October (an outdoor, public art scavenger hunt)** • **TIX:** no charge **INFO:** Terry, 902-542-3981 / [uncommoncommonart.com](http://uncommoncommonart.com) / [uncommoncommonart@gmail.com](mailto:uncommoncommonart@gmail.com)

**Let Donna Do It!**: Do you have a resume, school paper, or other document that needs editing? Do you have paperwork that needs transcribing, or a business that needs promoting, or another administrative job that needs doing? Let Donna do it for \$35 per hour (\$18 for 1/2 hour job). **INFO:** [donnaholmes712@gmail.com](mailto:donnaholmes712@gmail.com) / [facebook.com/letDonnaDoIt](http://facebook.com/letDonnaDoIt)

**Interior/Exterior Painting:** Women in Rollers does accurate quotes, shows up on time to work, and performs to perfection. We even leave your home neat and tidy! Call today for your free estimate. **INFO:** Pamela, 902-697-2926

**Hand-Crafted Urn Boxes:** Respectful, wooden, locally-made. **INFO:** Farmer Eddie, 902-542-3387

**Massiah's Cleaning:** The best services, prices and quality of work. Stripping, waxing, deep scrubbing, recoating, buffing, tile & grout, cement & degreasing, carpets & general. Throughout the Valley, 24 hours a day, 7 days a week - even on short notice. Maintenance plans available. **INFO:** Ryan, 902-691-3614

**Sport Cards & Memorabilia:** Our inventory is close to a million Sport Cards, all on a database, Price Guides, and Memorabilia. It covers all sports and Nascar Racing. We provide a quick response and can help you. If you are thinking of selling give us the opportunity to talk to you. Like your collection on a database, contact us. **INFO:** [fjp@eastlink.ca](mailto:fjp@eastlink.ca) / 902-678-3653

**Acupuncture / Chinese Medicine / Herbal Care:** #221, 112 Front St. Wolfville (above EOS). Hi, I'm Devorah Fallows & I'm committed to supporting health in our community. Find lasting, overall health by getting to the root of your problem using natural, safe & healthy methods. Specializing in menopause, sexual & reproductive health, emotional balancing & sleep restoration. Children welcome. **INFO:** 902-300-3017 / [devorah@oceancayclinic.com](mailto:devorah@oceancayclinic.com) / [oceancayclinic.com](http://oceancayclinic.com)

**Intuitive Readings:** Intuitive Therapy combines intuitive readings with therapeutic guidance. Receive a therapeutic reading in person, by phone, by email, by text, or Skype. Catherine Knott Intuitive Nature Therapist / Reiki Master / Health Professional. **INFO:** [lisbonchai@gmail.com](mailto:lisbonchai@gmail.com)

**Travel Planning Professional:** Travel to suit all travel styles. Let me worry about the details! Professional, friendly service. Valley based. **INFO:** Denise with The Destination Experts, 902-692-9581 / [dmacmillan@TheDestinationExperts.com](mailto:dmacmillan@TheDestinationExperts.com)

**Errand Runner, Personal Shopper, Light Trucking & Deliveries:** Serving your individual needs in the Annapolis Valley. **INFO:** John, 902-698-6766

**Tracks on Trails:** New dog service based in Wolfville and serving surrounding areas. Dog hikes, training and more! **INFO:** Cheryl, [cheryloxford5@gmail.com](mailto:cheryloxford5@gmail.com) / [tracksontrails.ca](http://tracksontrails.ca)

**Face Painting:** For any occasion, party, festival or event, for both children and adults. Based in Canning. **INFO:** [tam@tigerlillycreations.com](mailto:tam@tigerlillycreations.com) / [facebook.com/Tigerlillycreations](http://facebook.com/Tigerlillycreations)

## Thai Yoga Massage, Reiki, or Combination Treatment:

**Treatment:** Relaxation for your mind, body, and spirit. **INFO:** Jenn, 902-690-5464 / [jennergy2012@gmail.com](mailto:jennergy2012@gmail.com)

## EMPLOYMENT:

**Grocery Store Positions:** Carl's Independent Grocery Store in Wolfville is looking for a full time HMR/Bakery clerk, a full time produce manager, and a part time produce clerk. **INFO:** Send resumes to: [mon00634@loblaw.ca](mailto:mon00634@loblaw.ca)

## Male Actors Needed for Valley Ghost Walks:

**Walks:** Paid roles, lots of fun. Please inquire. **INFO:** [jerome@valleyghostwalks.com](mailto:jerome@valleyghostwalks.com)

## ACCOMMODATIONS:

**House Sitting:** 30-something professional able to provide house-sitting arrangements, within Wolfville preferred, car-required if beyond. Available anytime, references available. **INFO:** [info@grapevinepublishing.ca](mailto:info@grapevinepublishing.ca)

## GENERAL:

**ADHD/Anxiety Study:** Does your child exhibit symptoms of ADHD or anxiety? Are you an adult who suffers from anxiety or low mood? Please participate in Acadia University Probiotics and Mental Health Research Lab study. **INFO:** [probioticstudy.com](http://probioticstudy.com)

## Kings SPCA Play for Paws 50/50 Weekly Draw!

Join in the fun! Only costs a toonie to play each week and you must play to win! Please visit us online for details on how and where to play! **INFO:** [facebook.com/kingsspcaplay5050](http://facebook.com/kingsspcaplay5050)

**Wolfville Community Chorus:** Join us Wednesdays (5:30-7pm, Wolfville), starting in Sept. for a brand new and exciting line up of music. No experience necessary. We share our music with seniors' and nursing homes by providing free concerts. Feel good, do good, and have fun! **INFO:** \$180 for the year (\$90 per term) **INFO:** 902-542-0649 / [susan\\_dworkin@hotmail.com](mailto:susan_dworkin@hotmail.com)

**Seeking Vendors for SPCA Event:** Kings County SPCA will be holding their Santa Claws Vendors' Event on Oct. 25, 10am-3pm @ the Louis Millett Centre, New Minas. Seeking crafters/vendors of all types! Book your 8' table for \$35 each. **INFO:** [santaclawsevent2015@gmail.com](mailto:santaclawsevent2015@gmail.com)

**Drummer Needed:** We are a new band seeking a drummer. We have two guitarists/vocalists, a bassist, and will likely have a third vocalist. We mainly play classic country, rock and folk. **INFO:** [joebrochan@hotmail.com](mailto:joebrochan@hotmail.com)

**Vote for a Local Photo:** Local 'My Pakage' Permission to Play' pic was selected as 1 of 10 final photos in a recent global photo contest. Photo was taken on the Minas Basin featuring a starry night and a special hoodoo landmark. Visit the 'My Pakage' Facebook page to vote. **INFO:** Jason, [jaykreddy@gmail.com](mailto:jaykreddy@gmail.com)

work in historical trades, crafts, and art forms. Sept. 6: Paint Avondale. Oct. 4: Traditional NS Crafts and Techniques (Mi'kmaq, Acadian and Planters). **TIX:** no charge **INFO:** 902-757-1718 / [infoavonriver@gmail.com](mailto:infoavonriver@gmail.com)

**"Maritime Scenes"** - Jack's Gallery, Wolfville (in the JustUs! Café), through Nov. 8 • Paintings by Carol Morrison. **INFO:** [acadiacinema.coop/jacksgallery/](http://acadiacinema.coop/jacksgallery/)

## EXHIBITS

**Peter Booth - CentreStage Theatre, Kentville** • Watercolour paintings inspired by the landscape and wild flora of NS, and by the study of ancient Greek mythology and art. **INFO:** 902-678-8040 / [centrestagetheatre.ca](http://centrestagetheatre.ca)

**Apple Bin Art Gallery - Valley Regional Hospital, Kentville** • Approximately 100 pieces of affordable original art created by local Valley artists. Part proceeds go towards hospital equipment and to help support Annapolis Valley health care programs.

**Artisans in Action - Avon River Heritage Museum, Newport Landing** 12-4pm • First Sunday of the month, through October 4. Live demonstrations by local artisans who



# MARKET NEWS

SATURDAYS 8:30AM - 1PM

Over 50 Farmers, Chefs & Artisans!

24 Elm Ave, Wolfville [WolfvilleFarmersMarket.ca](http://WolfvilleFarmersMarket.ca) [f](#) [t](#) [i](#)



## UPCOMING EVENTS

Sat Sep 5 Caleb Miles  
 Wed Sep 9 Sam Wilson  
 Sat Sep 12 The Hupman Brothers  
 Wed Sep 16 George Symonds  
 Wed Sep 23 Caleb Miles  
 Wed Sep 30 Jack McDonald

For Special Event Listings & Descriptions, see below!

## Market Team Profile:

### RENEE BUJOLD

**Why have you made the decision to do this work at the Market?** I love being involved in my community, and since moving to Wolfville I decided the Market was the perfect opportunity. Local food and businesses are very important to me and my hope is to relay this to the rest of the community.



**What is your favourite part of working at the Market?** My favourite part about working at the market is engaging with all the familiar faces there – not only the volunteers, but also the people who show up every week to enjoy a warm meal and local produce.

**What is the most important thing that the Market achieves from your perspective?** The Market achieves something that is very special. It's not just a place to buy groceries, it's a place to enjoy your food and know where it comes from. It employs the message of local food and all the valley has to offer!

**What is it that you would most like to contribute to the Market Community?** I would like to contribute the love of giving back to your community. Without volunteers the Market would not be possible. Being the Coordinator gives me a special role in encouraging others to give back to the community. Volunteering is the best!

**What is your role with the Market Team? Please describe what you do.** I am the Volunteer Coordinator at the Wolfville Farmers' Market. I make sure that each week there are enough volunteers to keep the Market running smoothly. I also help the volunteers with any questions they might have!

## Facility Rental Info

You can now rent the whole Wolfville Farmers' Market building for your special events — think dances, extravagant dinners, fashion shows, weddings, or trade shows. This is a flexible space with character that can be dressed up for elegance or less formally with hoe-down community spirit. The building was born as an apple warehouse and has our agricultural heritage in its bones and timbers. Of course, our Community Room will continue to be available.

**For more information, contact WFM Manager, Kelly Marie at [manager@wolfvillefarmersmarket.ca](mailto:manager@wolfvillefarmersmarket.ca) or call 902-697-3344.**

## Event Details

### Wednesday, September 9, 4pm–7pm: Fall Programs

Let us help you plan your fall. Join us at the Market on September 9. Local organizations will be on hand to share information about after-school programs, camps for kids, upcoming theatre productions, and fall events & festivals.

### Saturday, September 12, 8:30am–1pm: Valley Vineyards

Kick off the Nova Scotia Fall Wine Festival at the Wolfville Farmers' Market! Celebrate the Annapolis Valley's burgeoning wine scene by joining us for your one-stop Valley wineries experience. As well as offering a wide variety of bottled wine for purchase, meet the winemakers and enjoy a Valley Vineyards Food Pairing Plate (\$5) with delectable Market flavours and savour with free wine samples.

### Wednesday, September 16, 4:30pm–6pm: The Mingle

Are you a business owner/operator, a business student, or desiring to open a business? Pop into the Wolfville Farmers' Market on the third Wednesday of the month and join our Mingle where Annapolis Valley business professionals converse and network! The Mingle is hosted by the Wolfville Farmers' Market, supported by the WBDC, and facilitated by Elsie from Wetmore Counselling. Drop by, say hello, and sample some tasty local treats. This month we'll also be featuring the Computer and Graphic Technology Sector in the Community Room near The Mingle. A warm welcome waits!

### Wednesday, September 23, 4pm – 7pm: Growing Together – Planning for Wolfville

The Town of Wolfville invites you to join staff, Council, and consultants to discuss planning for Wolfville's future. The Town is reviewing its planning documents and wants your input. This is a casual, conversational event – perfect for those who don't wish to participate in workshops or use our on-line tools. Purchase your supper at the Market on Wed, Sept 23 and sit down with us to talk in a designated area in the Community Room. After supper, you are invited to join us at the Al Whittle Theatre for a more formal workshop on a variety of planning issues.

### Saturday, September 26, 8:30am – 1pm: Deep Roots at the Market

The Deep Roots Music Festival takes place in Wolfville September 25–27 and it's expanding to the Market on Saturday. Catch awesome performances by Scotty Marsters, Shannon Quinn, Kimberly Matheson, The Chimney Swifts, Sin & Swoon, and The BackYard Devils. Info: 902-542-7668

### Wednesday, September 30, 4pm – 7pm: Vintage Bazaar

As part of our regular Wednesday evening Market (with 30 vendors and a Market Supper) join us for our Vintage Bazaar with Daisy Roots Vintage, In.Formation, and No Faux. We will be featuring Vintage clothing and Conscious Couture! Come in your own vintage attire or use the tickle trunk and have a photo taken in the Photo Booth. Try on some experienced fashion, and take home history you can wear.

### Longspell Point Farm



- Free Range Beef, Pork & Chicken • Vegetables
- Whole-Grain Flour

245 Longspell Rd, Kingsport • 680-5615 • 582-3930  
[jeffmcmahon@xcountry.tv](mailto:jeffmcmahon@xcountry.tv)

### Jordan's Natural Acres

Grass Fed Beef & Pork, Free Range Chicken & Eggs  
 Provincially inspected, no growth hormones, antibiotics, or steroids.

2439 Davidson St., RR#1, Wolfville, NS  
 542-2046 / [jordansnaturalacres@gmail.com](mailto:jordansnaturalacres@gmail.com)



### Integrity

WFM's only  
 Certified Organic  
 Produce Vendor  
[stewartsorganicfarm.com](http://stewartsorganicfarm.com)

### PRIVET HOUSE RESTAURANT

Join us at the WFM for fresh salads, sauces & dressing and our signature sliders.

406 Main St, Wolfville 542-7525  
[privethouserestaurant.com](http://privethouserestaurant.com)





## WOLFVILLE'S BUSINESS BUZZ

# *Who is the voice of business in Wolfville?* **You are!**

3C Wealth Partners, ACE Insulators, Anvil Beverage Room, Apple Valley Driving Schools, Applewicks - L'Arche Homefires, Atlantic Lighting Studio, Aware Massage Therapy Clinic, BMO Nesbitt Burns, Babble and Beyond Speech Language Services, Bamboo Hut Tanning, Banks Bikes, Bank of Montreal, Beleaf Aveda Concept Salon & Spa, Beltone Hearing Aid Service, Billy Bob's Pizza, Bishop & Company Chartered Accountants Inc., Blomidon Inn, Blomidon Inn House of Gifts, Blue Shutters B&B, Bodyworks Massage & Laser Therapy, Boso Bamboo Boutique, Box of Delights Bookshop, Buds & Bygones, Building Blocks Pre School, Burchell MacDougall Law, Caramel Hair Salon and Spa, Casa Bella Gifts, Chambers Development, Carl's Independent Grocery, Cinematopia, Clayground, Cochrane's Pharmasave, Colibri Software Inc, Creative Hairstyling, Cuts Meat Market, Davies & O'Leary Ltd., DM Cavanagh Construction, Custom Cottage, dmA Planning & Management Services, Dollar Store, EMC Medical Care Inc., Elm Avenue Center, Enliven Hair Salon, EOS Natural Foods, Erin Hennessey Dentistry Inc., Five Forty Two Kings Tattoo, Front Street Café, Fundy Chiropractic and Wellness Centre, Garden House B&B, Gingerbread House Inn, Grapevine Publishing, Green Army Design, Harvest Gallery, Harwood House Bed & Breakfast, Herbin Jewellers, Heritage Hill Counseling Services, Home & Heart Development Centre, Home Life Real Estate, Homeopathic Healing, Hopgood Metals, Il Dolce far Niente Espresso Bar, In Wolfville, Inner Sun Yoga Centre, Inquisitive Toy Company, Investment Planning Counsel, Jane's Again Boutique, Joe's Food Emporium, Just Us! Coffeehouse, Kenny's Farm Market, Kimball Brogan Barristers & Solicitors, La Louve Home Interiors, Labnet Dental, Lane Counselling & Consulting Services, Library Pub, Light & Lens Photography, Little Fish Nursery School, MacKay Real Estate, Macdonald Chisholm Trask Insurance, Maid by Request, Main Street Dental Centre, Mariposa Interiors, Market Groove Merchants, Medicine Shoppe Pharmacy, Mud Creek Medical Co-op, Mud Creek Mini Mart & Video, Muddy's Convenience Store, Naked Crepe Bistro, Nova Scotia Liquor Commission, Ocean Bay Clinic, Odd Book, Paddy's Pub & Rosie's Restaurant, Parson's Investments, Perfect Corner Custom Framing, Pita House Juice Bar, Privet House Restaurant, Pronto Pizza, RBC Dominion Securities, Pure Hair Design, Rafuse Home Hardware, Rainbow's End Books & Discs, Red Letter Counsel, Reta's House of Fashion, Retro Runway Fashions, Roger E. Strum Insurance, Rolled Oat Café, Roselawn Lodging, Royal Bank of Canada, Royal LePage Merrill & Hennessey, Sanisteam Development Limited, SG Medi Spa, Shoppers Drug Mart, Slow Dough Pastries, Stella Rose B&B, Steven Slipp Design, Strum Insurance, Subway, T.A.N Coffee Roaster Café, Tattingstone Inn, Tim Hergett Law, Tim Horton's, Tina's Sewing Studio, Trip Central, Troy Turkish & Mediterranean Restaurant, Valley Physiotherapy Clinic, Victoria's Historic Inn, Viking Ventures, Vincent den Hartog, Architect, Vintage Sweet Shoppe & Bitter Sweet Boutik, Vision Care Optometry, We're Outside, What's The Buzz Barber, Wickwire Place Assisted Living Residence, Wild Lily, Wolfville Animal Hospital, Wolfville Children's Centre, Wolfville Chiropractic Centre, Wolfville Farmers' Market, Wolfville Naturopathic clinic, Wolfville Hearing Clinic, Wolfville Integrated Health Care, Wolfville Nutrition Consulting, Wool & Tart. Your Business.

**(...If you have a business in Wolfville, you are a member of WBDC. If you do not see your name above, please contact [secretary@wbdc.me](mailto:secretary@wbdc.me) and we will add your name to our list.)**

**By working together our business community  
has a strong, clear voice in Wolfville.**

The Board of the Wolfville Business Development Corporation encourages and welcomes you to join us at the next special meeting of members –

**Tuesday, September 29th at 7:00 pm. at the Community Room at the Wolfville Farmer's Market.**  
Please come out, even if you have never attended a WBDC meeting before.  
**We want to hear your voice!**



# WHAT'S HAPPENING FROM SEPTEMBER 3-17, 2015

SEND YOUR EVENTS TO [INFO@GRAPEVINEPUBLISHING.CA](mailto:INFO@GRAPEVINEPUBLISHING.CA)



*Please note: Events are subject to change.*

## THURSDAY, 3

**Concert: Split Decision** – *Centennial Park, Kingston 6:30-8pm* • Outdoor performance of Country & Rock from the 50's & 60's. **TIX:** no charge **INFO:** 902-844-0156 / [recreation@kingstonnovascotia.ca](mailto:recreation@kingstonnovascotia.ca)

**Public Participation Meeting** – *Town Hall, Wolfville 7pm* • regarding potential amendments to the Municipal Planning Strategy and the Land Use Bylaw for the development of existing lots with no street frontage. **TIX:** no charge **INFO:** [wolfville.ca](mailto:wolfville.ca)

**NonDuality Meetup** – *Manning Memorial Chapel, Wolfville 7-9pm* • Conversations in heartfelt consciousness or, concepts to live one's life by or, venturing beyond the brain. A communion in conversation and silence. Facilitator: John Otvos. **TIX:** no charge **INFO:** 902-365-5235 / [johnotvos@hotmail.com](mailto:johnotvos@hotmail.com)

## FRIDAY, 4

**Ron Edmunds Duo** – *Stems Café, Greenwich 11:30am-2pm* • **TIX:** no charge **INFO:** [ibrownstein@ns.sympatico.ca](mailto:ibrownstein@ns.sympatico.ca)

**Art For Wellness** – *Valley Community Learning Association, Kentville 1-4pm* • A simplified arts experience in a stress-free environment for those who live independently but struggle with mental health issues including stress and anxiety. Please let us know you are coming so we have enough materials for everyone. **TIX:** no charge **INFO:** 902-670-4103 / [club@cmhakings.ns.ca](mailto:club@cmhakings.ns.ca)

**TGIF Supper** – *Royal Canadian Legion, Kingston 5-7pm* • Scallops, French fries and coleslaw. **TIX:** \$7, \$7.50 take out **INFO:** 902-765-4428

**Avon Spirit Coffeehouse** – *Avon River Heritage Museum, Newport Landing 7-10pm. Also Sept. 11* • All are welcome to attend. Lydia and Sally Café is open. **TIX:** no charge **INFO:** 902-757-1718 / [infoavonriver@gmail.com](mailto:infoavonriver@gmail.com)

**Jimmy Flynn Show** – *Lions Club, Berwick 8-10pm* • Canada's Top Musical Comedy Act! Bar open, ages 19+ **TIX:** \$20 advance, \$25 at the door @ The Clothingline (Berwick) **INFO:** 902-538-8616 / [cboylan@berwick.ca](mailto:cboylan@berwick.ca)

## SATURDAY, 5

**North Mountain Market** – *North Mountain United Tapestry, Harbourville 9am-1pm* • Fresh, local farm produce, local baked goods, fresh fish, eggs, coffee, arts & crafts, mineral samples, jewellery, photography, books by local authors, artisan soaps, and wood furniture, face painting and henna art. Live local music. **TIX:** no charge **INFO:** 902-830-5891 / [sheralyn\\_bishop@yahoo.com](mailto:sheralyn_bishop@yahoo.com)

**Lady Bug Picnic** – *Visitor Information Centre, Hantsport 10a-12pm* • Suitable for ages 4-8. **TIX:** no charge **INFO:** 902-690-7836 / [susan@hantsportnovascotia.com](mailto:susan@hantsportnovascotia.com)

**Butterfly Event** – *Bogart Property, Cambridge 10am-12pm* • Learn about the stages of butterflies with The Young Naturalists Club, including the threatened Monarchs, and how to build a butterfly garden. Please email to register. **TIX:** no charge **INFO:** [marina\\_myra@hotmail.com](mailto:marina_myra@hotmail.com)

**Scotian Hiker: Cape Split** – *999 Cape Split Rd., Canning 10:30am-3:30pm* • A 'regular' hike

of the Cape Split trail out to the end meadow and back. Wilderness trail with rocks and roots, and some wet/muddy sections early on. 1st half hour is a gradual uphill grade then the trail levels out for the remainder of the hike. 16kms, 4-5 hours round-trip. Bring comfortable footwear and attire, minimum 1 litre of water, lunch/energy snacks. As always, keep well back from the edge of the cliffs! **TIX:** no charge **INFO:** [scotianhiker.com](http://scotianhiker.com)

**Reading of Order of Deportation** – *Grand-Pré National Historic Site, Grand Pré 2-3pm* • Les Amis de Grand-Pré invite you to a ceremony at the Memorial Church. Dressed in period costume, Lloyd Smith and Roger Sevigny will read the Order of Deportation. To place the event in its historical context, Les Amis de Grand-Pré will read sentences taken from Winslow's Journal. **TIX:** no charge **INFO:** 902-542-4448 / [susansurettedraper@gmail.com](mailto:susansurettedraper@gmail.com)

**Roast Beef Supper** – *Rebekah Hall, Berwick 5pm* • Call to reserve your spot! **TIX:** \$12 **INFO:** Julie, 902-538-7762 / Marjorie, 902-538-8230

**Ryan Cook & The Valley Singers** – *Union Street Cafe, Berwick 8pm* • With special guest Norma MacDonald!! Ryan Cook's latest project The Valley Singers combines classic thumb-picking guitar styles with rich harmonies inspired by American Jazz/Pop music from the 1940's and 50's. **TIX:** \$27 **INFO:** 902-538-7787 / [contactunionstreet@gmail.com](mailto:contactunionstreet@gmail.com)

**Family Street Dance** – *Rainforth Park, Berwick 8pm-12am* • Part of Berwick Gala Days. Dance to take place on west end of Cottage Street and Rainforth Park and Tennis Courts. **TIX:** \$3 **INFO:** 902-538-8616 / [cboylan@berwick.ca](mailto:cboylan@berwick.ca)

**Night Kitchen Reinstated** – *Al Whittle Theatre, Wolfville 8-10pm* • Featuring the talents Laura Roy and Crash & Burn, plus the usual host of faces old and new. **TIX:** \$10, \$5 students/unwaged @ Just Us Cafe (Wolfville) **INFO:** [alwhittletheatre.ca](http://alwhittletheatre.ca)

**Customer Appreciation Day** – *Visitor Information Centre, Hantsport 8:30-12pm* • Put your name in for a draw for farmer's market goodies – we appreciate your support! **TIX:** no charge **INFO:** 902-690-7836 / [susancarey@ns.sympatico.ca](mailto:susancarey@ns.sympatico.ca)

**DJ yella of NWA** – *Top Hat, Greenwood 9pm-2am* • Come join us for this historic event! DJ yella of the ground breaking group NWA. **TIX:** \$20 advance, \$25 at door **INFO:** 902-679-8388 / [platinumeastcoast@gmail.com](mailto:platinumeastcoast@gmail.com)

**Dance: Route 12** – *Royal Canadian Legion, Kentville 9pm-12am* • **TIX:** \$7 **INFO:** 902-678-8013 / [kimberly.lunn@ns.sympatico.ca](mailto:kimberly.lunn@ns.sympatico.ca)

## SUNDAY, 6

**Harvest Festival** – *Northville Farm Heritage Centre, Billtown. All day* • Harvesting and threshing of the NFHC's crop of oats, using antique equipment only. Ox pull, baking, gardening, and knitting competitions, fish pond, face painting, balloon animals, "fur and feathers" display, guess how much your whole family weighs together on the scale, identify antique items game. **INFO:** [northvillefarm.ca](http://northvillefarm.ca) / [info@northvillefarm.ca](mailto:info@northvillefarm.ca)

**Artisans in Action** – *Avon River Heritage Museum, Newport Landing 12-4pm* • Live demonstrations by local artisans who work in historical trades, crafts, and art forms that are

done in both traditional and contemporary manners. **TIX:** no charge **INFO:** 902-757-1718 / [infoavonriver@gmail.com](mailto:infoavonriver@gmail.com)

**Audrey Romans Walsh Benefit Concert** – *Louis Millet Community Complex, New Minas 2-5pm* • Featuring: Lynne Crowell, Ron DeAdder, Ruth Manning with Graham Moorehead and Matt Lunn, Country Harmony, Blain Henshaw. Emcee Chet Brown, Canteen, 50/50, Auction. Sound By Mike Manning **TIX:** donation **INFO:** [nightshade@eastlink.ca](mailto:nightshade@eastlink.ca)

**Fundy Film screens I'LL SEE YOU IN MY DREAMS** – *Al Whittle Theatre, 7pm. Also Sept. 7* • In this vibrant, funny and heartfelt film, a widow and former songstress discovers that life can begin anew at any age. **TIX:** \$9 **INFO:** 902-542-5157

## MONDAY, 7 – Labour Day

**Gala Day Breakfast** – *United Church, Berwick 7:30-9:30am* • Menu includes: Pancakes, Ham, Sausage, Homemade Beans, Scrambled Eggs, Toast, Coffee, Tea, Juice **TIX:** \$7 adult, \$4 children 5-12, no charge under 5 **INFO:** 902-538-9251 / [bettha@eastlink.ca](mailto:bettha@eastlink.ca)

**Fisherman's Breakfast** – *Community Hall, Harbourville 8-11am* • Pan fried haddock, scrambled eggs, bacon, homemade brown bread, gluten free bread, coffee, tea, apple or orange juice, homemade jams. Proceeds for hall renos. **TIX:** donation **INFO:** 902-538-7098 / [codfather@eastlink.ca](mailto:codfather@eastlink.ca)

## TUESDAY, 8

**Community Luncheon** – *Lions Club, Kingston 12-1pm* • Turkey dinner with mashed potatoes, vegetables, dessert, coffee, tea and juice. Live entertainment! Come on out for a great meal!!! **TIX:** \$9, \$9.50 delivered (order by 10:30am for delivery, Kingston/Greenwood area only) **INFO:** 902-765-2128

**Art in Public Spaces Committee** – *Town Hall, Wolfville 3pm* • **TIX:** no charge **INFO:** [wolfville.ca](http://wolfville.ca)

**Girl Guide Information Night** – *Windsor Forks District School, Windsor Forks 6:30-7:30pm* • Girl Guides of Canada is a place for girls to have fun, learn new things, make new friends, and be involved in their community. Come out to learn more information about the 1st Windsor Forks Guides (9-11/12yrs) and 1st Hants District Pathfinders (12-14/15 yrs). **TIX:** no charge (fees apply if you join) **INFO:** [macneill.ads@gmail.com](mailto:macneill.ads@gmail.com)

**BlogJam!** – *Acadia Entrepreneurship Centre, Patterson Hall, Acadia 7pm* • If you are interested in the art and science of this medium of digital expression, come hear three avid bloggers as they talk about their craft. **TIX:** no charge **INFO:** [facebook.com/RefreshAnnapolisValley](http://facebook.com/RefreshAnnapolisValley)

**Historic Mi'kmaw House Excavation Talk** – *K.C. Irving Environmental Science Centre, Wolfville 7-8:30pm* • AV Archaeology Society Talk. Archaeologist Courtney Glen will discuss her recent excavation of an historic Mi'kmaw house. **TIX:** no charge **INFO:** 902-670-2585 / [c.aaron.taylor@gmail.com](mailto:c.aaron.taylor@gmail.com)

## WEDNESDAY, 9

**Hobby Crafters** – *Atlantic Superstore, New Minas 8-11:30am* • Ladies time of fellowship and sharing. **TIX:** no charge **INFO:** 902-678-7896 / [aryalklman@ns.sympatico.ca](mailto:aryalklman@ns.sympatico.ca)

**Fall Programs** – *Farmers Market, Wolfville 4-7pm* • Learn about the wide variety of after school programs, sporting activities, and events, as well what will be on at the Theatre, and which Festivals to look forward to. **TIX:** no charge **INFO:** 902-697-3344 / [manager@wolfvillefarmersmarket.ca](mailto:manager@wolfvillefarmersmarket.ca)

**safeTALK Suicide Awareness training** – *Evangeline Recreation Society, Berwick 6-9pm* • Learn to become Suicide Alert and help make our community suicide safer. This workshop is for anyone and everyone ages 15+ **TIX:** \$10, includes workbook. **INFO:** 902-680-8819 / [av.cast.coalition@gmail.com](mailto:av.cast.coalition@gmail.com)

**Fundy Film screens EVERYDAY REBELLION** – *Al Whittle Theatre, 7pm* • This impressionistic documentary essay explores non-violent, technology-supported methods of protest and civil disobedience in the 21st century. **TIX:** \$9 **INFO:** 902-542-5157

## THURSDAY, 10

**Suicide Awareness Conference** – *United Church Camp, Berwick 8am-4pm* • 2nd annual Suicide Awareness Conference hosted by Annapolis Valley CAST Coalition – Communities Addressing Suicide Together. Theme is The Power of Words. Plenary speakers, workshops, music. **TIX:** \$40, No charge for unwaged/family survivors of suicide loss. **INFO:** 902 538-1157 / [av.cast.coalition@gmail.com](mailto:av.cast.coalition@gmail.com)

**Fall Fest Campout** – *Lake Paul & Lake George Community Centre, Lake Paul 12-8pm* • A weekend of great music and friends. Food truck on site Friday and Saturday. Saturday morning yard sale. Bingo Saturday afternoon. Variety show, with talent by campers. **TIX:** \$10 per camper **INFO:** 902-847-0922 / 902-847-9130 / [joudrey.shelley@gmail.com](mailto:joudrey.shelley@gmail.com)

**Western Kings Comm. Health Board** – *Town Hall, Berwick 4:30-6:30pm* • Regular monthly meeting. **TIX:** no charge **INFO:** 902-538-7088 / [wkchb@nshealth.ca](mailto:wkchb@nshealth.ca)

**Annapolis Valley Decorative Artists** – *Fire Hall, Greenwich 7pm* • First meeting of Fall! Topic: card techniques. Everyone welcome **Fee:** \$2 **INFO:** 902 542-5800 / [avdecorativeartists.ca](http://avdecorativeartists.ca)

**Music Jam** – *Community Center, Cambridge 7-10pm. Also Sept. 17* • Free will offering, 50/50 tickets. Any donations to the refreshment table are greatly appreciated. **TIX:** donation **INFO:** 902-538-9957 / [gands@xcountry.tv](mailto:gands@xcountry.tv)

## FRIDAY, 11

**Audit Committee Meeting** – *Town Hall, Wolfville 9am* • **TIX:** no charge **INFO:** [wolfville.ca](http://wolfville.ca)

**Coffee Party** – *Fire Hall, Kingston 9:30-11:30am* • Presented by Kingston and District Health Auxiliary. **TIX:** donation **INFO:** [rubyneville1@hotmail.com](mailto:rubyneville1@hotmail.com)



**Piecemakers Quilt Show** – St. Mary's Anglican Church, Auburn 10am-4pm. Also Sept. 12 • 'Blessed are the Piecemakers', St. Mary's 2nd annual quilt show. Heritage and new quilts. Tea in the Dixon Room. **TIX:** \$6 **INFO:** 902-847-9847 / [robardecoste@ns.sympatico.ca](mailto:robardecoste@ns.sympatico.ca)

**Your Way to Wellness** – *Changing Tides*, Berwick 2:30-5pm • A self-management program for people living with chronic health conditions. Free of charge to participants in 2.5 hour sessions over six consecutive weeks. Any adult over 18 years who has a chronic health condition or is a caregiver for another person with a chronic condition may attend. Registration required. **TIX:** no charge **INFO:** 902-538-1315 / [kady.myers@nshealth.ca](mailto:kady.myers@nshealth.ca)

**TGIF Supper** – Royal Canadian Legion, Kingston 5-7pm • Cordon Bleu and Oven Roasted potatoes **TIX:** \$7 eat in, \$7.50 take out **INFO:** 902-765-4428

**Dance** – Royal Canadian Legion, Windsor 8pm-12am • Featuring Meredith **TIX:** \$5 **INFO:** 902-798-2031 / [windsorlegion@eastlink.ca](mailto:windsorlegion@eastlink.ca)

## SATURDAY, 12

**Lions Breakfast** – St Andrew's Anglican Church Hall, Hantsport 7-10am • Pancakes, eggs, bacon, hash browns, toast, juice, tea or coffee. **TIX:** \$6 adult, \$3 children 6-12, no charge under 5 **INFO:** [hantsportlionsclub.com](http://hantsportlionsclub.com)

**Breakfast** – Royal Canadian Legion, Kentville 7:30-10am • Enjoy breakfast with friends! **TIX:** \$6 adults, \$3 children 12 and under **INFO:** 902-678-8935

**Valley Vineyards** – Farmers Market, Wolfville 8:30am-1pm • **TIX:** no charge **INFO:** 902-697-3344 / [manager@wolfvillefarmersmarket.ca](mailto:manager@wolfvillefarmersmarket.ca)

**Bake Sale & Ticket Auction for Autism** – Greenwood Mall, Greenwood 10am-1pm • Cookies, cakes, brownies and squares and bid on some amazing auction prizes. Proceeds for supports and services for children, teens and adults with an Autism Spectrum Disorder. **TIX:** donation **INFO:** 902-242-2019 / [annapolisvalley@autismns.ca](mailto:annapolisvalley@autismns.ca)

**Wing & Wheels** – Military Aviation Museum, Greenwood 11am-3pm • Vintage aircraft and antique/classic car show! Aircraft tours, prizes, World War II Jeep rides, other attractions, and a BBQ! Rain date: Sept. 13 **TIX:** no charge **INFO:** [malcolmuhlman@icloud.com](mailto:malcolmuhlman@icloud.com)

**Grow With Art, Children's Workshop** – NSCC Kingstec, Kentville 1-3pm • Artist: Isobel Leidl Wilson. Please arrive 15 minutes early in order to sign in. Please return any art prints borrowed in the Spring. **FEES:** \$2 workshops, \$2 art rental **INFO:** [growthwithart514@gmail.com](mailto:growthwithart514@gmail.com)

**Family Fun Festival** – Habitation, Port Royal 1-4pm • Harvey Marcotte, Andy & Ariana, World Drumming and more. **TIX:** no charge **INFO:** 902-765-8158 / [mwilkins@ns.sympatico.ca](mailto:mwilkins@ns.sympatico.ca)

**A Gift Of Music** – Avon River Heritage Museum, Newport Landing 1:30-3:30pm • With International and Local Musicians. Bring your lawn chairs to the Boathouse and enjoy the music. Sponsored by the Baha'i Community of West Hants. **TIX:** free will offering **INFO:** [gail.symonds@bellaliant.net](mailto:gail.symonds@bellaliant.net)

**UCA Shelter Project** – Centre for Small Farms, Grand Pré 2-4pm • Join Julie Adamson in a

workshop to design a minimal shelter based on your needs (or desires). Materials provided. **TIX:** no charge **INFO:** [uncommoncommonart@gmail.com](mailto:uncommoncommonart@gmail.com)

**Cold Plate Supper** – Meadowview Community Centre, Kentville 4-6pm • Cold plate, dessert, coffee/tea juice. Proceeds to help purchase a generator for the hall. **TIX:** \$12 adult, \$6 children 12 and under **INFO:** [kentvillelegion@eastlink.ca](mailto:kentvillelegion@eastlink.ca)

**Chicken BBQ** – United Baptist Church, Centreville 4:30pm • 1/2 BBQ chicken (adult); 1/4 BBQ chicken (child), potato salad, coleslaw, roll, dessert and coffee, tea or juice. Take out available. Rain or shine while supplies last. **TIX:** \$13 adults, \$5 children, \$30 family (2 adults, 2 children) **INFO:** [fcc@newross.ca](mailto:fcc@newross.ca)

**Lions Banquet and Dance** – Lion's Club, Wolfville, 6pm-1am • Wolfville and District Lions Club 65th Charter Night. Banquet at 6pm, dance at 9pm. Dance to the Paul Marshall Band! **TIX:** \$40 banquet & dance, \$15 per couple, dance only. **INFO:** Lion Sandy, 902-542-4471

**Variety Showcase** – Community Hall, Black River 7pm • A fun-filled evening of local talent. **TIX:** donation **INFO:** 902-542-0002 / [jayneileenkenny@msn.com](mailto:jayneileenkenny@msn.com)

**Roaring Twenties' Murder Mystery** – Haliburton House Museum, Windsor 7-9pm • Murder Mystery "The Icing on the Cake". You will be assigned a character to play and are kindly requested to attend in period appropriate costume. Refreshments and desserts served. Please register by Sept. 5. **TIX:** \$15 **INFO:** 902-798-2915 / [viebahmt@gov.ns.ca](mailto:viebahmt@gov.ns.ca)

**Ariana Nasr Chante Piaf** – Union Street Cafe, Berwick 8pm • Performance includes 18 songs from the repertoire of Édith Piaf, one of France's best loved performers, sung en français with song synopsis and background info in English. Ariana Nasr is accompanied by her long-time collaborator, Andy Flinn. **TIX:** \$20 @ Union Street Cafe, or by phone. **INFO:** 902-538-7787 / [contactunionstreet@gmail.com](mailto:contactunionstreet@gmail.com)

**Gypsophilia** – Evergreen Theatre, Margaretsville 8-10:30pm • Original high-energy jazz that is by turns angular, sweet, nostalgic, modern and raucous. Danceable, genre-bending sound. **TIX:** \$25, \$10 students **INFO:** 902-825-6834 / [evergreentheatre@gmail.com](mailto:evergreentheatre@gmail.com)

## SUNDAY, 13

**Windsor Lions Breakfast** – Hants County Community Centre, 7:30-10am • Scrambled eggs, bacon, pancakes, bologna, beans, toast and coffee/tea. **TIX:** \$6 **INFO:** [bodean1@eastlink.ca](mailto:bodean1@eastlink.ca)

**Walk for ALS** – CarQuest, Coldbrook 11am • Check in 10am, walk begins 11am. Entertainment, food & other activities. Register and raise funds online at [WALKforALS.ca](http://WALKforALS.ca) **TIX:** donation **INFO:** 902-300-4639 / [storm\\_6262@hotmail.com](mailto:storm_6262@hotmail.com)

**Battle of Britain Band Concert** – Annapolis Mess, Greenwood 2-4pm • Concert commemorating the 75th Anniversary of the Battle of Britain air campaign. Performances by the 14 Wing Brass & Reed Band and the 14 Wing Pipes & Drums. **TIX:** donation **INFO:** [malcolmuhlman@icloud.com](mailto:malcolmuhlman@icloud.com)

**Fundy Film screens INFINITELY POLAR BEAR** – Al Whittle Theatre, 4 & 7pm • In this moving and inspirational drama based on

writer-director Maya Forbes' own childhood experience, a loving husband and father (Mark Ruffalo) struggles with manic depression as he raises two young daughters alone. **TIX:** \$9 **INFO:** 902-542-5157

**Supper Sunday** – Forties Community Centre, New Ross 4-6pm • Roast pork with apple sauce, vegetables, potatoes, sweet mixed pickles, dessert, coffee/tea. **TIX:** \$12 adult, \$6 ages 5-12, \$3 under age 5. **INFO:** [fcc@newross.ca](mailto:fcc@newross.ca)

## MONDAY, 14

**Your Way to Wellness** – NSCC Kingstec Campus, Kentville 6-8:30pm • A self-management program for people living with chronic health conditions. 2.5 hour sessions over six consecutive weeks, beginning Sept. 14. Any adult over 18 years who has a chronic health condition or is a caregiver for another person with a chronic condition may attend. Registration required. **TIX:** no charge **INFO:** 902-538-1315 / [kady.myers@nshealth.ca](mailto:kady.myers@nshealth.ca)

## TUESDAY, 15

**Committee of the Whole** – County of Kings Municipal Complex, Kentville 9am • **TIX:** no charge **INFO:** 1-888-337-2999

**Special Committee of the Whole** – Town Hall, Wolfville 1pm • Review of Plans-Reports & Strategies. **TIX:** no charge **INFO:** [wolfville.ca](mailto:wolfville.ca)

## WEDNESDAY, 16

**Soup and Chowder Luncheon** – United Baptist Church, Port Williams 11:30am-1pm • Hamburger Soup, Corn Chowder, fresh french bread, an array of delicious desserts, tea and coffee. **TIX:** \$8 adult, no charge under age 10 **INFO:** 902-542-3681 / [pburden@ns.sympatico.ca](mailto:pburden@ns.sympatico.ca)

**The Mingle** – Farmers Market, Wolfville 4:30-6pm • Annapolis Valley business professionals converse and network! **TIX:** no charge **INFO:** 902-697-3344 / [manager@wolfvillefarmersmarket.ca](mailto:manager@wolfvillefarmersmarket.ca)

**Ben Caplan & The Casual Smokers** – Al Whittle Theatre, Wolfville 7-10pm. Also Sept. 17 • Album Release Tour w/ Taryn Kawaja. **TIX:** \$15 advance, \$20 at the door, 20% discount for students w/ ID **INFO:** [heather@bencaplan.ca](mailto:heather@bencaplan.ca)

**Book Launch: Author Sophie Bérubé** – The Box of Delights Bookshop, Wolfville 7-8pm • With musical guests Andy & Ariana. Sophie Bérubé will read from her book, "Car la nuit est longue." Bilingual event, with readings in French, discussions in English, and music in both. Refreshments will be served. **TIX:** no charge. Please RSVP by Sept. 7 @ [sophieberu@gmail.com](mailto:sophieberu@gmail.com) **INFO:** 902-542-9511 / [boxofdelightsbooks@gmail.com](mailto:boxofdelightsbooks@gmail.com)

## THURSDAY, 17

**Book Launch: J.D. Goossens, author of "To Lain Road"** – The Box of Delights Bookshop, Wolfville 6-7pm • Hear J.D. share his experiences and read a selection from his novel. Light refreshments will be available. **TIX:** no charge **INFO:** 902-542-9511 / [boxofdelightsbooks@gmail.com](mailto:boxofdelightsbooks@gmail.com)

## LIVE THEATRE

**Valley Ghost Walks** – Clock Park, Wolfville, Sept. 3, 8pm; Lobster Pound, Halls Harbour, Sept. 5, 8pm (indoor show); The Grand Pré Winery, Sept. 18, 6:30pm • Join Jerome the Gravekeeper and his ghostly friends on these family-friendly historical ghost walks. Our 8th season. **TIX:** \$15 adults, \$12 students regular walks, \$20 with chowder, \$15 without for indoor Halls Harbour show. Available via [Ticketpro.ca](http://Ticketpro.ca) **INFO:** [jerome@valleyghostwalks.com](mailto:jerome@valleyghostwalks.com) / [valleyghostwalks.com](http://valleyghostwalks.com)

**Too Soon for Daisies** – CentreStage Theatre, Kentville, Sept. 4, 5, 8pm • Three elderly ladies escape a 1960s "old folk's home" in a rowboat, and are washed ashore in the village of Trotley, England where they take over an abandoned cottage. The cottage's real owner shows up, but he dies of a heart attack and the ladies hatch a convoluted plan to hide the body. A nosy neighbour, a too-helpful handyman and the arrival of the dead man's niece all contribute to high-spirited fun. Can these determined women conceal a dark secret that, if revealed, will upset all their plans to grow old...ungracefully? **TIX:** \$15 general, \$12 students/seniors @ R.D. Chisholm's (Kentville), Rick's Art and Frame (New Minas), at the door. **INFO:** 902-678-8040 / [centrestage@centrestagetheatre.ca](mailto:centrestage@centrestagetheatre.ca)

**Who's Afraid of Virginia Woolf?** – Studio-Z, Wolfville, Sept. 9, 10, 11, 18, 19, 7-10pm • A modern American classic – and the first script to be presented by a new theatre group, The Wolfville Theatre Collective. It's a portrait of a marriage and an examination of truth and illusion – a heady cocktail. Come join the fun and games! **TIX:** \$15 @ Tan Coffee, Wolfville and at the door **INFO:** 902-542-1907 / [butlermike50@gmail.com](mailto:butlermike50@gmail.com)

**Much More Munsch** – CentreStage Theatre, Kentville, Sept. 12, 13, 19, 20, 26, 2pm • Children will be invited to interact with the stories as they come alive before their eyes! Mortimer, The Paperbag Princess, Angela's Airplane, Pigs, Mud Puddle, and some classics for the adults, as well! **TIX:** \$5, call to reserve. **INFO:** 902-678-8040 / [centrestage@centrestagetheatre.ca](mailto:centrestage@centrestagetheatre.ca)

## UPCOMING:

**The Women of Lockerbie** – CentreStage Theatre, Kentville, Sept. 18, 19, 25, 26, Oct. 2, 3, 9, 10, 16, 17, 23, 24, 8pm, Oct. 4, 18, 2pm • A powerful, poignant drama, dealing with the aftermath of the 1988 Pan Am Flight #103 explosion over the village of Lockerbie, Scotland. The play details an American mother's obsessive hunt to find her son's remains. Her husband meets a group of the local Scottish women who hope to bring closure and comfort to the victims' families through The Laundry Project, washing the thousands of pieces of clothing left from the crash and returning them to the victims' loved ones. Only the power of love can overcome the obstacles so that hatred will not have the final word. Mature subject matter. **TIX:** \$15 general, \$12 students/seniors **INFO:** 902-678-8040 / [centrestage@centrestagetheatre.ca](mailto:centrestage@centrestagetheatre.ca)

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**"O this learning, what a thing it is!"** - *Taming of the Shrew*, Act 1, Scene 2

September is a bittersweet month. As students of all ages prepare themselves for a new year of learning, even those of us not in school feel an acute sea-change taking place. The days grow shorter, the nights cooler, and we begin to mourn the last days of summer. Yet it's also an exciting time – a time for new beginnings and new projects, a time to ready ourselves for the coming months. September encourages a fresh start for everyone, and offers a chance to reflect on the year to date.

In the spirit of opening one's mind to new perspectives, this week we recommend the following titles:

### THIS CHANGES EVERYTHING: CAPITALISM VS. THE CLIMATE

*Naomi Klein (Penguin, 2014)*

Forget everything you think you know about global warming. Here's a new thought – it's not about carbon, it's about about capitalism, and it's high time we transform our failed system and build something radically better. In her most provocative book yet, Naomi Klein tackles the most profound threat humanity has ever faced – the war our economic model is waging against life on earth.

### GO SET A WATCHMAN

*Harper Lee (Harper Collins, 2015)*

The controversial publication of a "new" novel from the Pulitzer Prize-winning author was the literary event of the year. Originally written in the mid-1950s, this was the novel Lee submitted to her publishers before *To Kill a Mockingbird*. Casting a fascinating new light on the beloved classic, it has provoked praise and contempt in equal doses.

### THE UNDERWATER MUSEUM

*Jason deCaires Taylor (Chronicle Books, 2014)*

Here's a novel idea, cast life-size cement statues and sink them to the ocean floor. Over time, the artworks evolve into beautiful and surreal installations that are also living reefs. Marine enthusiasts, art lovers, and anyone entranced by the natural world will be engrossed by the stunning photography in this pearl of a book.

### WHAT PET SHOULD I GET?

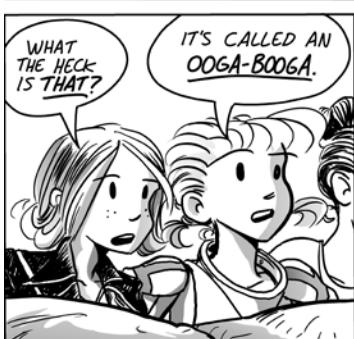
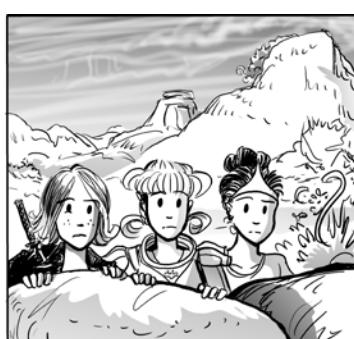
*Dr. Seuss (Random House, 2015)*

This newly discovered, posthumously published, picture book by one of the world's most beloved children's author is, on the surface, about a classic practical dilemma of childhood. But it is also a meditation on two, all too common, maladies afflicting modern grownups — the paradox of choice and the fear of missing out. Recommended for kids of all ages.

**star**  
**DROP**

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SEPT 5 —★— Ryan Cook and the Valley Singers

SEPT 12 —★— Ariana Nasr sings Edith Piaf

SEPT 19 —★— John Prine Tribute w/ Matthew Hornell & friends

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# MUCH MORE MUNSCH

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Mike Butler, Linda Levy-Fisk, Candy O'Brien, Simon Pawlowski, Sharon Churchill-Roe, Jillian MacDonald

September 12m, 13m, 19m, 20m, 26m, 27m  
Showtime 2pm matinee (Upper Performance Centre)

Tickets: \$5  
Reservations: 902-678-8040 Information: 902-678-3502  
Produced with permission from Annick Press

## MUCH MORE MUNSCH

Fall in love with Robert Munsch all over again in September! CentreStage Theatre is delighted to once again bring the magic of these stories to the stage, in its production of "Much More Munsch". Children will be invited to interact with the stories as they come alive before their eyes! The stories include Mortimer, The Paperbag Princess, Angela's Airplane, Pigs, Mud Puddle, and hmm... some classics for the adults as well. Fun for all ages! "I Have to Gooooo... to CentreStage!" (Apologies to Robert Munsch!)

The stories were written by Robert Munsch and adapted for stage by Irene Watts. The cast includes Mike Butler, Linda Levy Fisk, Candy O'Brien, Simon Pawlowski, and Jillian MacDonald

Matinees at 2pm on September 12, 13, 19, 20, 26, & 27.  
Tickets \$5. Call 902-678-8040 for reservations.

CentreStage Theatre is located at 61 River Street in Kentville.  
For more information visit [centrestagetheatre.ca](http://centrestagetheatre.ca)

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**\$13 advance / \$15 door – general admission**

Buy tickets online at [Ticketpro.ca](http://Ticketpro.ca), by phone at 1-888-311-9090, and in person at Windsor Home Hardware and all other Ticketpro outlets. Ticket prices include taxes and fees.



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**AvondaleGarlicFest**



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**[www.avondalegarlicfest.com](http://www.avondalegarlicfest.com)**



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## Opening Soon

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to announce the  
future opening  
of our new  
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Inspired by our Hungarian skin care line  
Éminence, Tiszta Viz meaning 'Pure Water'  
was a natural name choice for our new spa.

Having worked with Éminence for close to  
9 years it is my passion to share my knowledge  
and love for Éminence with my clients bringing  
them more than just skin care. We provide our  
clients healthy, environmental, organic results  
that sell itself.

We are hoping to have our doors open for  
service towards the end of September.  
Look for our upcoming ad for further details  
and information. In the meantime checkout our  
Tiszta Viz Organic Skin Care & Spa facebook  
page for updates. Appointments can be made  
anytime for after September 22<sup>nd</sup> by emailing  
us at [crystald.simpson@gmail.com](mailto:crystald.simpson@gmail.com).

We thank you in advance for your patience and  
support throughout our transition and look  
forward to working with you in the near future!

Warmest Regards,  
Crystal Simpson & Brian Saunders  
Owners / Operators

Tiszta Viz Organic Skin Care & Spa | 18 Elm Street, Wolfville | [www.tisztaviz.ca](http://www.tisztaviz.ca)  
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## The SNAPSHOT

Send your Snapshot submissions to [photos@grapevinepublishing.ca](mailto:photos@grapevinepublishing.ca)



Clockwise from top:  
Mason Diehl and the Little Library at Miner's Marsh. Photo by Erika Diehl.  
Emily Kathan, Wolfville Memorial Library, Aug. 30. Photo by Emily Lesson  
Lustre Brothers, Wolfville Memorial Library, Aug. 30. Photo by Emily Lesson

## SHOW ME YOUR INK

**Donna Holmes**

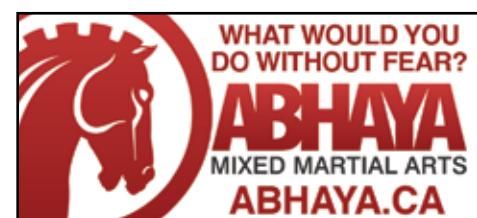
**TATTOO ARTIST:** Ian Preeper, 542 Kings Tattoo & Piercing,  
Wolfville

**TATTOOEE:** Dakota Hopper, Kentville

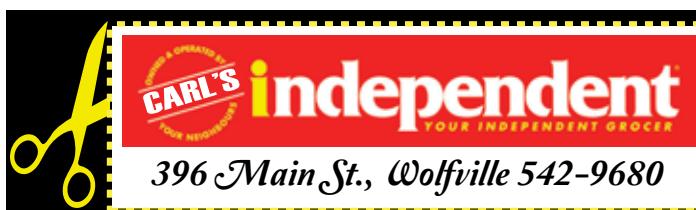
"To ink or not to ink" is a question some people ask  
themselves as they begin a new phase in life. For Dakota  
Hopper it was a question of how to be himself and not  
what other people wanted him to be. He says his favourite  
tattoo, a skull with a "to be or not to be" banner wrapped  
around it, is not only a nod to his love of literature and  
Shakespeare, but also "represents me fully embracing who  
I am as a person."

Currently Dakota is the Product Manager at Fox Hill Cheese House in Port Williams but he also has a standing acceptance into Acadia's School of Education. A future question for Dakota might be  
"to teach or not to teach," but only if he decides that that is who he wants to be.

Photo Credit: Dakota Hopper



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2015**

