“Some part of your life is always going to be in flames,” she writes. “If it’s not your finances, it’s your relationship, or your work, or your house, or your play, or your kids, or your mind, or your parents, or your car, or your health, or your taxes.”

Along with revelations about the bariatric procedure that helped to slim her once obese figure, the aortic tear that nearly killed her, and her numerous extramarital affairs, Brueggergosman also shares her strategy for achieving “Total World Domination” in opera.

She writes: “Dues must be paid. Research must be done. Technique must be mastered. Language must be learned.”

And in a poignant bow to working moms, the singer who has prompted standing ovations from Madrid to Moncton, notes that she also penned the courageous work for her children. “I (know) that my sons will inevitably read it and gain a deeper understanding of who their mother is or was. ALL moms have some idea (vague or precise) of how they want their children to perceive or remember them. But I know that I have no control over that. I can only control how much I love them and how hard I fight for them. With my dying breath, I will savour their names in my mouth.”

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ICEWINE SEASON SPECIALTIES

Domaine de Grand Pré
11631 Highway 1, Grand Pré
Event not to be missed: Cheese Nights at Le Caviar Restaurant on Friday, February 23 and March 2, and Saturday, March 3
Winemaker: Jürg Stutz
Seasonal Specialties: Vidal Icewine: The Vidal Icewine displays notes of apricot, lemon, and blood orange. It is balanced with crisp acidity and a long, lingering, sweet finish. Moscat Icewine: This complex icewine was left to ferment and age in oak barrels and is layered with fruit and floral notes. It has a rich aromatic nose reminiscent of honeysuckle, tangerine, and preserved peaches, rounded out with a tropical mango finish. It was the winner of the 2017 Lieutenant Governor’s Award for Excellence in Nova Scotia Wines.
Suggested Pairings: Because they are so rich and delicious, I usually like to enjoy the wonderful aromas of the icewines as a dessert on their own. But they can also be a great complement to cheese, ice cream, and many other desserts.

Sainte-Famille Wines
15 Dudley Park Lane, Mahone Bay
Winemaker: Tony Barkhouse
Seasonal Specialties: Blueberry Ice, made from 100% wild blueberries.
Suggested Pairings: This dessert wine is fantastic over French vanilla ice cream. If you want to mix things up a bit, though, take your blueberry ice, some vodka, and drink it out of a chocolate cup!

Planters Ridge
1441 Church St., Port Williams
Seasonal Specialties: Mead which is fermented honey made with Brandt’s Bees honey from Wolfville. Sparkling mead and still mead.
Suggested Pairings: Ideal pairings for mead include spicy foods, chicken, and pork tenderloin, as well as strong cheeses like blue or Stilton, and desserts like Russian cream or gingerbread.

Lightfoot & Wolfville Vineyards
1145 Evangeline Trail, Highway 1, Wolfville
Event not to be missed: Icewine Collaboration Dinner with chefs Geoff Hogwood & Jason Lynch February 24 7pm, $100. Tickets available: eventlightfootandwolfville.com
Winemaker: Josh Horton
Seasonal Specialties: Our 2016 Estate Vidal Icewine is certified organic, and radiates balanced with crisp acidity and a long, lingering, sweet finish.
Suggested Pairings: Pairs well with dessert, as well as foie gras and aged gouda.

Luckett Vineyards
1293 Grand Pre Road, Wolfville
Event not to be missed: The whole festival!
Winemaker: Mike Mainguy
Seasonal Specialties: Isolde, Vidal Icewine. Notes of lychees, melons, mangoes and peaches. Intense floral aromas compliment a lasting honey finish in this sweet elixir.
Suggested Pairings: Isolde’s marry well to cheesecakes, chocolate, crème brûlée or as an exquisite dessert all on their own.

Blomidon Estate Winery
10318 Highway 221, Canning
Event not to be missed: Meet the Winemakers, taking place on Sunday of each festival weekend.
Winemaker: Simon Rafuse
Seasonal Specialties: Sparkling Cave Cuvee L’Acadie (L’Acadie Blanc), BMD (sparkling red from Leon Millot), and Raco Noir.

MIKE UNCORKED
CINDERELLA! CINDERELLA! FAMILY SHOW CASTS A SPELL AT CENTRESTAGE THEATRE!

Picture it…July 2010, a 30-year-old man steps onto the CentreStage Theatre stage for the very first time dressed as an adorable cat and completely unrecognizable. Picture it, July 2010, a 30-year-old man steps onto the CentreStage Theatre stage for the very first time dressed as an adorable cat named Tom in the production Cinderella! Cinderella! That very timid (at the time) actor was me, and the role was too much fun to pass up when CentreStage recently decided to remount this wonderful, enchanting family production. I am back as the cat and having just as much fun with an all-new cast of incredible actors.

Cinderella! Cinderella! by Edith Weiss is the first family show of the 2018 roster and one that just absolutely must be on your radar. If the play fits, see it! Please call 902-678-8040 for reservations. The play opens at 1:15), and all tickets are $5.00 a ticket! The play is directed by Nancy Henry and the cast includes Ciaran Quinby-MacIntyre, Ethan Vanmeekeren, Keira Melanson, Kaitlyn qvist-Tymchuk, and Wendy Stewartk. Mike Butler

CENTRESTAGE THEATRE!
CINDERELLA! CINDERELLA!
With, but what about the play itself? Well, the play itself is just as much fun with a new cast of incredible actors. Cinderella! Cinderella! by Edith Weiss is the first family show of the 2018 roster and one that just absolutely must be on your radar. If the play fits, see it! Please call 902-678-8040 for reservations. The play opens at 1:15), and all tickets are $5.00 a ticket! The play is directed by Nancy Henry and the cast includes Ciaran Quinby-MacIntyre, Ethan Vanmeekeren, Keira Melanson, Kaitlyn qvist-Tymchuk, and Wendy Stewartk. Mike Butler

In an English village in 1342, Cinderella, a plain looking girl, must compete with her two mean-spirited stepsisters for the hand of the kind and handsome fairy godmother. With the help of her faithful and handsome feline companion, Tom, and a lovely but quite visually-impaired Fairy Godmother who’s always using the wrong wand, Cinderella finally learns that magic isn’t the answer to her problems. Courage, kindness, and self-confidence trump superficial beauty and an expensive wardrobe. You will laugh your head off and take away some very wise lessons.

Cinderella! Cinderella! is a show that all ages will thoroughly enjoy and admission is only $5.00 a ticket! The play is directed by Nancy Henry and the cast includes Ciaran Quinby-MacIntyre, Ethan Vanmeekeren, Keira Melanson, Kaitlyn qvist-Tymchuk, and Wendy Stewartk. Mike Butler

Cinderella! Cinderella! performances take place on Feb. 17, 18, 24, 25, and March 3, and 4. All shows begin at 2 PM (door opens at 1:15), and all tickets are $5.00. Please call 902-678-8040 for reservations. If the play fits, see it!
Motorcycle gang, the backdrop of Dark Angels, aren’t usually the flavour of my literary escapes, but I am drawn to the work of Nova Scotia writers and Hubert Devine’s first novel is highly engaging, charged with excitement and surprise.

Dark Angels introduces Will Alexander, a bright, athletic 19-year-old Saint Mary’s University dropout who idolizes a father he’s never known. As the tale opens Will is a newly-minted member of the Dark Angels motorcycle club. From that beginning Devine maps a maze of intrigue and suspense as Will is buffeted by trouble at home, earns a place in the club, and pursues a relationship with Gloria, the beautiful, risk-tolerant young woman who captures his imagination.

Devine builds a world, radiating excitement, speed, danger, drugs, sex, romance, and language that made me notice, all set in the familiarity of 1970’s Nova Scotia. Will has breakfast in a diner across from the Esso in Grand dad, works construction on the Scotia Square project, and lives on Bobbi Street. His step father drives a Ford Falcon and holds, by a thread, a job at the Halifax Shopping Centre. Will drinks Graves apple juice and Schooner beer and encourages his sister to see Easy Rider at the Oxford. Devine knows his motorcycles, effortlessly blending Will’s Harley Davidson into the flow of the narrative. Motorcycles alone are enough to make club members like Stumpy and Shotgun whose integrity out-classes the detectives bent on shutting down the gang. It’s a world that takes us impossibly from the Dark Angels clubhouse on Granville Street to the halls of learning at Saint Mary’s, from heart-stopping encounters with the rival Devil’s Chain to blustering counter-top heat in a South River farmhouse.

I eagerly turned each page of Dark Angels while still wanting to know more about the characters. Devine shows us it’s tough to be a step-kid in a troubled family, but it’s clear how an able, yet very young, protagonist navigates emotion and intellect, and principled and impulsive with so little angst. Devine recognizes the importance of relationships, but emphasizes vivid action over an exploration of how individuals find meaning and purpose.

Those who look for adventure, mystery and characters who push social limits will find in Dark Angels a way to heat up a cold winter night. That the action is set against the back-drop of a Nova Scotia landscape is an added tonic for all those who love our province. I look forward to more fiction from Hubert E. Devine.

Dark Angels, published by Cathydia Press, is available from the publisher, Amazon, Indigo, Barnes and Noble, and select bookstores. Smashwords and Kindle carry ebook versions.

Reviewer: Jim Morton is positively addicted to books, family systems theory, and politics. He lives in Kentville.
Edible Art Café (New Minas): Marshall Lake (22nd, 1st, 8th) 2 pm

Troy Restaurant (Wolfville): Ron Edmunds Duo (22nd, 1st, 8th) 6:30 pm

Spitfire Arms Alehouse (Windsor): Open Jam Session (22nd, 1st, 8th) 9 pm

Oaken Barrel Pub (Greenwood): House Band (24th, 3rd) 6:30 pm

THE FREE CLASSIFIEDS

This section works on a first-come, first-served basis. Email your classified to: grapevine@novascotia.ca and, if there’s room, we’ll get you in. Or, to reserve a placement, pay $5 per issue (3-issue minimum commitment). Please keep listings to 35 words or less.

FRIDAYS, 22, 1, 8

Edible Art Café (New Minas): Marshall Lake (22nd, 1st, 8th) 2 pm

Kings Arms Pub by Lew Murphy’s (Kensington): Caleb Mike (23rd, 3rd) 7 pm

Blomidon Inn (Wolfville): Jazz Marionettes (22nd, 3rd) 6:30 pm

Spitfire Arms Alehouse (Windsor): Rowdy Dawg (23rd, 1st) 8 pm

Joe’s Food Emporium (Wolfville): BarnMarka (23rd) 8 pm

Dooley’s (Greenwood): Karaoke (23rd, 2nd) 8:30 pm

The Anvil (Wolfville): Top 40 DJ (23rd, 2nd) 10 pm

West Side Charlie’s (New Minas): Ron Edmunds Band (26th, 5th) 12 pm

TAF Café (Wolfville): Open Mic & Dinner (27th, 6th) 6 pm

Paddy’s Pub (Wolfville): Irish Session (23rd, 2nd) 7 pm

SUNDAYS, 24, 5

Edible Art Café (New Minas): Kenny Byrka (24th), Lee Gilbert (3rd) 3 pm

The Port Pub (Port Williams): Ron Edmunds-Miller Duo (24th) 2 pm

The Hoodie Guy (Port Williams): Jam Session (24th, 3rd) 3 pm

La Tartes Woodfired Pizzeria (Wolfville): Steve Lee Duo (24th, 3rd) 12:30 pm

Edible Art Café (New Minas): Ron Edmunds Band (26th, 5th) 12 pm

TROY TAI CHI®: Beginner’s Class Starting Feb. 20, 6-8 pm, and Feb. 22, 1:15-3 pm at Louis Millet Community Centre, New Minas. INFO: Mary Anne, 902-678-4649 / kmillieville@astor.org

Scottish Country Dance Classes: Monday nights, 7-9 pm, starting March 12 for 8 weeks at the Wilmot Community Centre. Scottish Country is a social dance form so no partner or special attire is required, and it is suitable for any adult from 15-96. Learn how to reel and wheel, possette and allemande. No experience required. Instructor: Susan Van Hove, 35 years experience; $5 nightly fee to cover cost of hall. INFO: 902-721-9160 / 902 825-4640

DONATE/VOLUNTEER:

Uncommon Common Art: Help this seasonal outdoor art exhibit by volunteering as a steward for an installation close to your home. Stewards are responsible for checking on the installations periodically throughout the 4 months.

Kings Klima Grannies: We are collecting FABRIC and SEWING notions for an upcoming fundraising sale. If you have donates please call for pick up. Funds raised from the sale support orphaned children’s education in Africa.

Eclipse Alternative Veterinary Services: Hand-Crafted Urn Boxes: locally-made.

INFO: 902-941-2223 / GORKES.CA

Interior/Exterior Painting: In Rolls does accurate quotes, shows up on time to work, and performs to perfection. We leave your home neat and tidy! Call today for your free estimate.

INFO: Pamela, 902-461-2126

Kitchen Updates: Kitchen cupboards dated and for about one tenth of the cost of new cupboards, we can transform your cupboards with specialty paint and new hardware. Call us for a free estimate. Women in Rollers. 902-691-2796

FOR RENT:

Costa Rica: 2 bedroom house in eco community for rent $510 weekly. Fully equipped. 15 min walk to beach, beautiful pool and amenities. 90 mins from Liberia Airport. Check out Casa Montos on FB.

INFO: uallyh2021@gmail.com

Open Ghostly Casting Call: Tues., Feb. 27, 5-8 pm @ Studio 2, Acadia Cinema, Wolfville. Valley Ghost Walks’ casting call for the 2018 season, our 11th.

INFO: 902 692 8466 / jenrussellvalleyghostwalks.com / valleyghostwalks.com

Attention: Valley Ghosts! Do you have a mouse problem? Or do you have a house problem? Get Miss Humane Wildlife Services addresses common and uncommon entry points permanently with guaranteed results. Call for a consultation. INFO: 902 974 1223 / GORKES.CA

Unruly (24th, 3rd) 10 pm

Library Pub (Wolfville): Tiny & Casual (22nd, 1st, 8th) 9 pm

Oaken Barrel Pub (Greenwood): Video Dance Music (24th, 3rd) 12 am

Saturday, February 21, 2017

The Anvil (Wolfville): Top 40 DJ (22nd, 1st, 8th) 10 pm

Dooley’s (New Minas): DJ (22nd, 1st, 8th) 10 pm

West Side Charlie’s (New Minas): Wayne Parker (24th) 3 pm, Natural Talent Show Band (24th) 10 pm

Troy Restaurant (Wolfville): Open Jam Session (23rd, 2nd) 7 pm

Miles (23rd), Tim Vallillee (2nd)

Tuesdays w/Top 40 DJ (27th, 6th) 12 pm

Irish Session (27th, 6th) 8 pm

The Anvil: (Wolfville): Tony Lee Duo (23rd) 8 pm

Karaoke Night (22nd, 1st, 8th) 9 pm

DJ (22nd, 1st, 8th) 10 pm

Library Pub (Wolfville): Open Mic hosted by Zekaria M’Rah (24th) 7 pm

The Port Pub (Port Williams): Ron Edmunds Band Open Mic (27th, 6th) 6:30 pm

Edible Art Café (New Minas): Ron Edmunds Band (26th, 5th) 12 pm

TAF Café (Wolfville): Open Mic & Dinner (27th, 6th) 6 pm

Paddy’s Pub (Kensington): Irish Session (27th, 6th) 9 pm

SUNDAYS, 24, 5

Edible Art Café (New Minas): Ron Edmunds Band (26th, 5th) 12 pm

TAF Café (Wolfville): Open Mic & Dinner (27th, 6th) 6 pm

The Port Pub (Port Williams): Ron Edmunds Band Open Mic (27th, 6th) 7:30 pm

Paddy’s Pub (Kensington): Irish Session (27th, 6th) 9 pm

The Anvil (Wolfville): Trooper Tuesdays @ Top 40 DJ (27th, 6th) 9 pm

WEDNESDAYS, 28, 7

Edible Art Café (New Minas): David Filyer (28th, 7th) 9 pm

The Grapevine Afterlife a boat that floats!

All boats and related debris were collected and properly recycled.
Aries (March 21-April 19): When you’re playing poker, a wild card refers to a card that can be used as any card the cardholder wants it to be. If the two of hearts is deemed wild before the game begins, it can be used as an ace of diamonds, jack of clubs, queen of spades, or anything else. That’s always a good thing! In the game of life, a wild card is the arrival of an unforeseen element that affects the flow of events unpredictably. It might derail your plans, or alter them in ways that are at first inconvenient but ultimately beneficial. It may even cause them to succeed in an even more interesting fashion than you imagined they could. I bring this up, Aries, because I suspect that you’ll be in the Wild Card Season during the next few weeks. Any and all of the above definitions may apply. Be alert for unusual luck.

Taurus (April 20-May 20): If you gorge on ten pounds of chocolate in the next 24 hours, you will get sick. Please don’t do that. Limit your intake to no more than a pound. Follow a similar policy with any other pleasurable activity. Feel emboldened to scopes your normal dosage, yes, but avoid ridiculous overindulgence. Now is one of the rare times when visionary artist William Blake’s maxim is applicable: “The road of excess leads to the palace of wisdom.” So is his corollary, “You never know what is enough until you know what is more than enough.” But keep in mind that Blake didn’t say, “The road of foolish, reckless exorbitance leads to the palace of wisdom.”

Gemini (May 21-June 20): Have you ever had a nipping insight about an action that would improve your life, but then you failed to summon the willpower to actually take that action? Have you resolved to embark on some new behavior that would be good for you, but then found yourself unable to carry it out? Most of us have experienced these frustrations. The ancient Greeks had a word for it: alexia — bring it, Gemini, because I suspect you may be less susceptible to alexia in the next few months than you have ever been. I fret you will consistently have the courage and command to actually follow through on what your intuition tells you is in your best interests.

Cancer (June 21-July 22): “There is no such thing as a failed experiment,” said inventor Buckminster Fuller, “only experiments that would be good for you, but then found yourself unable to carry it out!” Most of us have experienced these frustrations. The ancient Greeks had a word for it: alexia — bring it, Gemini, because I suspect you may be less susceptible to alexia in the next few months than you have ever been. I fret you will consistently have the courage and command to actually follow through on what your intuition tells you is in your best interests.

Leo (July 23-Aug. 22): During World War II, British code breakers regularly intercepted and deciphered top-secret radio messages that high-ranking German soldiers sent to each other. Historians have concluded that these heroes shortened the war by at least two years. I bring this up, Leo, because I suspect you to be more than capable of finding meta-similar juxtapositions and combinations, Capricorn. For the foreseeable future, you’ll have extra skill and savvy in the art of amalgamation.

Virgo (Aug. 23-Sept. 22): In 1972, three American astronauts climbed into a spacecraft and took a trip to the moon and back. On the second day of the 11-day jaunt, pilot FleTTing removed and misplaced his wedding ring. In the zero-gravity conditions, it drifted off and disappeared somewhere in the cabin. Nine days later, on the way home, Mattingly and Charlie Duke did a space walk. When they opened the hatch and slipped outside, they found the wedding ring floating in the blackness of space. Duke was able to grab it and bring it in. I suspect that in the coming weeks, you will recover a lost or missing item in an equally unlikely location, Virgo. Or perhaps your retrieval will be of a more metaphorical kind: a dream, a friendship, an opportunity.

Libra (Sept. 23-Oct. 22): According to British philosopher Alain de Botton, “Maturity begins with the capacity to sense and, in good time and without defensiveness, admit to our own craziness.” He says that our humble willingness to be embarrassed by our confusion and mistakes and doubts is key to understanding ourselves. I believe these meditations will be especially useful for you in the coming weeks, Libra. They could help you to learn and make use of about new secrets of self-mastery.

Scorpio (Oct. 23-Nov. 21): During the next few months, there are three activities I suspect you should indulge in at an elevated rate: laughter, dancing, and sex. The astrological omens suggest that these pursuits will bring you even more health benefits than usual. They will not only give your body, mind, and soul the precise exercise they need most; they will also make you smarter and kinder and wider. Fortunately, the astrological omens also suggest that laughter, dancing, and sex will be even more easily available to you than they normally are.

Sagittarius (Nov. 22-Dec. 21): The little voices in your head may have laryngitis, but they’re still spouting their cracked advice. Here’s another curiosity: You are extra attuned to the feelings and thoughts of other people. I’m tempted to speculate that you’re at least temporarily telepathic. There’s a third factor contributing to the riot in your head: People were you closer to earlier in your life are showing up to kibitz you in your mighty drama of the moment, I hope. I bring this up to “Enough!” at all these meddlers. You have astrological permission to tell them to pipe down so you can hear yourself think.

Capricorn (Dec. 22-Jan. 19): Paleontologist Jack Horner says that developmental biologists are halfway toward being able to create a chickenosaurus — a creature that is genetically a blend of a chicken and a dinosaur. This project is conceivable because there’s an evolutionary link between the ancient reptile and the modern bird. Now is a favorable time for you to contemplate metaphorically similar juxtapositions and combinations, Capricorn. For the foreseeable future, you’ll have extra skill and savvy in the art of amalgamation.

Aquarius (Jan. 20-Feb. 18): “Be stubborn about your goals but flexible about your methods.” That’s the message I saw on a woman’s t-shirt today. It’s the best possible advice for you to hear right now. To further drive home the point, I’ll add a quote from productivity consultant David Allen: “Patience is the calm acceptance that things can happen in a different order than the one you have in mind.” Are you willing to be loyal and true to your high standards, Aquarius, even as you improvise to uphold and fulfill them?

Pisces (Feb. 19-March 20): In her novel The Round House, writer Louise Erdrich reminisces about how hard it was, earlier in her life, to yank out the trees whose roots had grown into the foundation of her family’s house. “How funny, stranger, that a thing can grow so powerful even when planted in the wrong place,” she says. Then she adds, “idees, too.” Your first assignment in the coming weeks, my dear Pisces, is to make sure that nothing gets planted in the wrong place. Your second assignment is to focus all your intelligence and love on locating the right places for new seeds to be planted. Homework: Is it possible there’s something you really need but you don’t know what it is? Can you guess what it might be? Go to Freewillastrology.com and click on “Email Rob.”
I grew up in a world where animated characters and puppetry极大地影响了我。我成长在一个充满活力的世界，那里有色彩缤纷的色彩和声音，而冒险则每天都在发生。这是一个美丽的空间，丹尼运用自己的职位。有无尽的可能。当我正式宣布这个角色经理的职位时，没有犹豫，丹尼被选中了。随着梅里麦德剧院的成立，我有了一种不同的感觉。我像我一样也喜欢。我还联想到我曾经对怎么样的梅里麦德玩偶感到好奇。它包含了许多物理上需要的力量来操纵物体，以及有时候在滑板上骑行。

Mermaid puppeteers are theatre athletes. It takes a lot of physical power to maneuver objects, and sometimes ride on skateboards while doing so.”

Danny Everson is originally from Great Falls, Virginia. He holds a BA in music from the University of Tampa and an MFA in producing for theatre and film from the California Institute of the Arts.

“The performing arts have always been a priority in my life,” says Danny. “At the age of four I started taking piano lessons, a couple years later I picked up the saxophone and later, voice in college, which was serendipitous. A visiting performer/instructor, the late Noelie Rogers Van Etten, a famous Metropolitan Opera soprano, took me under her wing and I fell in love with the art form and changed my focus to study musical theatre.”

Soon Danny found an affinity for acting and directing, and during his last year in college, his life changed forever. He composed, directed, and produced a rock opera, a project that commanded all his skills and taught him so many lessons, not only about what it takes to create a large-scale production, but how to work and collaborate with a very broad group of people: performers, designers, technicians, sponsors, donors, etc.

Danny felt that film and theatre were calling to him, so he moved to California to obtain his master’s in producing at CalArts. While producing several plays, workshops, new works, and opera, he turned to television and film, fortunately at NBC/Universal. Danny then worked with Holland America Line as an entertainment and events manager, spending four years at sea. During his time working for HAL, he met Theresa Sokyrka, second season to him, so he moved to California to obtain his master’s in producing at CalArts. While producing several plays, workshops, new works, and opera, he turned to television and film, fortunately at NBC/Universal. Danny then worked with Holland America Line as an entertainment and events manager, spending four years at sea. During his time working for HAL, he met Theresa Sokyrka, second season for the company, and eventually found himself a couple weeks later flying to Nova Scotia, Maitland, Nova Scotia, and fell in love with the vibrant community: the new general manager of the wonderful Mermaid Theatre in Windsor, and the wonderful Mermaid Theatre in Windsor, Maitland, Nova Scotia.

“Changes happen all the time at a moment’s notice. There is no hesitation, Danny applied and the rest is history.”

“I really enjoy working with Mermaid’s staff; they are very talented, hard-working and a pleasure to collaborate with.” I also like that one day is very different than the next. Changes happen all the time at a moment’s notice; I welcome change and I embrace it,” says Danny. “Mermaid Theatre’s mandate is something I strongly believe in. I have 8 nieces and nephews who range from 1 to 15 years old. Literacy is imperative, as much as my nephews would say they enjoy sports more, I challenged them when I spoke of how Mermaid puppets are theatre through and through. It takes a lot of physical power to maneuver objects, and sometimes ride on skateboards while doing so.”

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Mermaid Theatre always has top-notch pro-
ductions and the line up for the new year is
going to be great. Danny’s excited about the
roster they’ve got on the go right now. “Hills-
burns is set to perform, Saturday, March 10
to 1578, so I am surrounded by history. Internationally I have participated in large map-related architec-
tural designs for SC Johnson’s Fortaleza Hall
Race, Wisconsin, Ethan Experience Center
Cleveland, Ohio, and the Museum of the Bible
in Washington DC. For the past 20 years I have been working with Pikangikum First Nation in northern Ontario and the Métis
General Council of Alberta, specializing in
Indigenous knowledge, ecological values and
historical communities mapping. I published the Summit Series (specialized maps for the mountainous community in BC), produced large floor maps for the Canadian Museum for Human Rights in Winnipeg and am cur-
rently working for Pimachiowin Aki, a First
Nations-led UNESCO nomination in Mani-
toba/Ontario. Nova Scotia projects include
large interpretative maps for the Landscape
of Grand Pré, McNeill Mill Historic Park,
McNaught Island Provincial Park, Beaubassin
& Fort Lawrence National Historic Site, the
large granite harvest table at the view park
in Grand Pré, and the Wines of Nova Scotia
and Explore the Annapolis Valley tourism
maps.

I have been drawing, painting, designing as long as I can remember. In the late 1980s my art style was intricate black and white scribbles and dot renderings which I called Lost Art. In 2007 I called my business Lost Art Cartography hoping to keep the art of traditional cartographic design alive in a world of big data and internet mapping.

WHY: Cartography is a blend of art and science. My maps are intricate prints with complex colour palettes that reflect Canada’s diverse geography and history. In BC it was mountain cartography, working with First Nations and Métis is about conveying their in-
timate understanding of the land and animals, and in Nova Scotia it has been about history, especially here in the Annapolis Valley.

THE ART SPOT: MARCEL MORIN

Marcel Morin’s art is currently on display at the Wolfville Memorial Library at 22 Elm Avenue for month of February. Check valleylibrary.ca for open hours.

Wolfville Memorial Library Exhibit: “The Lost Art of Cartography”

WHO: I am a thirteenth-generation Acadian/
Métis and have lived in Ontario, Quebec,
Alberta, British Columbia, and all over Nova
Scotia. I studied cartography at the College of Geographical Sciences here in the Annapolis Valley, graduating in 1992, and spent the next 15 years living and working in Vancouver. In 2007 I moved back to Nova Scotia with my wife Angela and my two daughters Brommy and Solange.

WHAT: My primary medium is digital design for print publication, however I have designed large architectural maps made of wood, granite, and ceramic. I was trained in traditional cartographic and graphic design techniques using large format horizontal cameras, dark room work, photographic techniques, me-
}
FARMWORKS INVESTMENT COOPERATIVE
SUPPORTS LOCAL FARMS AND FOOD BUSINESSES
Peter Hickson

Have you ever wondered how The Grapevine’s ‘Best of the Valley’ winner for 2017, FarmWorks’ Investment Cooperative, was able to revitalize the rural economy with a special focus on the Annapolis Valley? Recognized the opportunity for something new, a group of community leaders in the Valley viewed the potential to create a vibrant rural economy.

In 2011, the Province of Nova Scotia introduced the Community Economic Development Investment Fund (CEDIF), and Equity Tax Credit programs to encourage us to do exactly what the ‘Now or Never’ report recommended we do: invest in communities and create new jobs. Yet alternatives exist that can benefit both Nova Scotian farmers and those primary industries, including the province’s food and agriculture businesses.

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In 2011, a group of community leaders in the Annapolis Valley recognized the opportunity to revitalize the rural economy with a special focus on food and agriculture, and the CEDIF program provided the tools to do the job. They were joined with little more than an idea, Lella Best, Ann Anderson, Alison Scott-Butler and others formed out across the province informing Nova Scotians about how they could invest their savings, either as RRSP or non-reg- istered investments, and earn a healthy tax credit, while assisting businesses to provide more local food.

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DINNER OUT

MCGLL’S FABULOUS FLASHBACK DINNER
Scott Campbell

What an awesome trip back to the sixties and seventies with the fantastic crew at McGill’s in New Minas. This incredible idea for a themed dinner was done perfectly with the serving staff and the kitchen staff all wearing tie-dyed apparel. The cocktail menu for the evening evoked a lot of nostalgia for many of the diners. Original recipe Singapore slings were coming out on trays alongside the crowd favourite: “The Lost Annapolis.” The delicious drink has roots in Canada’s oldest settlement. You don’t get much more “retro” than that. But let me tell you about the food.

Under the expert eye of Chef Richard Harmes, the evening began with a fresh Waldorf salad. Gilbert, our very learned server for the evening, also explained the lineage of the Waldorf salad. The tart green apples, crunchy walnuts, and the incredible house smoked dressing culminated to create this amazing beginning to our dinner.

The next course was a beef Wellington. Fluffy pastry wrapped around perfectly roasted beef, all accompanied by a Bearnaise sauce, Brussels sprouts, and pickled mushrooms. This classic, was reproduced perfectly.

Next up was a cucumber veloute. This small portion treat was a glass of chilled cucumber soup. Its fresh flavour was enhanced by the slight notes of curry in the background – a great bridge to our next course.

The fourth course was a creamy, piping hot coquilles St. Jacques. Chef Harmes outdid himself again with this masterfully recreated classic dish. The scallops were plump and sweet and cooked perfectly. The silken texture seemed to enhance the flavour of the fresh scallops.

Our final course, before dessert, was a fun fondue. This sharing dish included a medley of chicken, fish, and shrimp all simmered in broth in the classic fondue Chinoise style. It had been ages since I’d shared a fondue at a dinner table and I’d forgotten just how much fun it can be.

Dessert turned out to be the most spectacular presentation of all our courses. We knew we were in for something truly special when the servers turned the lights down in preparation for the entrance of Chef Harmes’ baked Alaska – on fire. The rich blue flames that encased the delicious meringue hinted at the rich wonderful flavours that were waiting for us inside.

A toast to Chef Harmes, Gilbert, Judy and the rest of the talented team at McGill’s for putting together such a fun, engaging and delicious evening. Treat yourself and take in one of the upcoming themed nights at McGill’s in New Minas. Cheers.

Follow Scott on Twitter or Instagram: @ScottsGrapevine
Welcome to the Town of Wolfville’s Page
Watch for it every second issue to stay up-to-date on Town News.

www.wolfville.ca

Contact Us FOR ANY INQUIRIES, PLEASE CONTACT TOWN OF WOLFWILLE AT 902-542-5767

WOLFVILLE MAPPING PORTAL
Were you aware that the Town of Wolfville now has a ‘Mapping Portal’ that is accessible to the public? Check it out at https://maps.wolfville.ca. The Wolfville Mapping Portal provides a central web location that residents and visitors can access ‘Google-like’ interactive maps and can download printable PDF maps. Through this portal, the town can effectively share information with the public on a multitude of topics using maps. Visit the mapping portal website and click ‘Get Started’ today.

If you have any questions, please contact the Town’s GIS Technician, Trevor Robar, at trobar@wolfville.ca or 902-542-1712.

UPCOMING PROCLAMATIONS

FREEDOM TO READ WEEK
February 25 – March 3, 2018

DIETITIANS OF CANADA NUTRITION MONTH
March, 2018
Take the Fight out of Food!
Spot the problem. Get the facts. Seek support.

ALL Town of Wolfville Proclamations are available on the Town’s Website: Town Hall | Municipal Documents | Proclamations

UPCOMING MEETINGS OF COUNCIL

Note that “Question Period” for Council & Committees of Council Meetings has moved in Agendas to immediately following approval of Agenda and Minutes to afford members of the Community the opportunity to address Agenda issues in advance of having them discussed by Council and Committees.

Planning Advisory Committee
Date: Wednesday, Feb. 28, 2018
Time: 1:30 pm
Location: Town Hall

Committee of the Whole
Date: Tuesday, March 6, 2018
Time: 8:30 am
Location: Town Hall

RCMP Advisory Board
Date: Tuesday, March 20, 2018
Time: 10:00 am
Location: Town Hall

PUBLIC HEARINGS – March 20, 2018
The following Development Agreements will go to Public Hearing on Tuesday, March 20, 2018 at 5:30pm in Council Chambers, Town Hall – 359 Main Street.

185 Main Street (DA 2017-014)
Lot 3 Gaspereau Avenue (DA 2016-007)
472 Main Street (DA 2017-013)
329 Main Street (PA 2017-04)

ONLINE CREDIT CARD PAYMENTS
The Town of Wolfville is excited to announce that you can now pay your Property Tax Bill and/or Water Utility Bill online using your Credit Card! The Town of Wolfville has partnered with ‘Plastiq’ to bring you the convenience of paying by credit card. Plastiq is a third-party automated payment service that accepts Visa, Mastercard and American Express. Customers using this bill payment option will be charged by Plastiq a convenience fee of 2.5%. Making payments through Plastiq is simple. For more information visit the Town of Wolfville’s website: www.wolfville.ca | Town Hall | Payment Options

If you have any questions, please contact the Town’s Accountant, Jenny Johnson, at jjohnson@wolfville.ca or 902-542-4502.

CLOCK PARK - 484 MAIN STREET - SATURDAY FEBRUARY 24

FEATUREING LIVE MUSIC
Festivities Begin @ 4:30PM - Live Music @ 5:30PM - Ice Igloo Lighting @ 6:30PM

WOLFVILLE’S WINTER WARMER
FIRE, ICE, LIVE MUSIC, FRESH SNACKS & HOT DRINKS

CONTACT US FOR ANY INQUIRIES, PLEASE CONTACT TOWN OF WOLFWILLE AT 902-542-5767

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**AVRL NEWS**

**ANNAPOLS VALLEY REGIONAL LIBRARY RECEIVES FUNDING FOR BE FIT KITS 2.0**

Angela Reynolds

In 2015 the AVRL launched the original Be Fit Kits that focused on physical literacy and movement skills. The Be Fit Kits are bags of equipment and books that families can borrow from the library. The bags are loaned for three weeks, just like books. Created to provide an opportunity for people to learn fundamental movement skills together in a safe and comfortable environment, families can use these to be active together. After receiving feedback from community members, AVRL wanted to expand the kits due to their success. The new Be Fit Kits 2.0 will focus on dancing, running, throwing, parachute games, and yoga. Each kit will include equipment and books that will entice borrowers to learn and build their skill level in that sport.

The kits will initially be held at the Annapolis Royal Library, Middleton Library, Berwick Library, Kentville Library and Windsor Library for a total of 25 bags. Staff at libraries and recreation centres will have access to additional kits for programming.

Funding for this project has come from several sources, including Active Kids Healthy Kids in Annapolis County and East Kings, Sport Nova Scotia, and Communities, Sport & Recreation Division Nova Scotia Department of Communities, Culture & Heritage. Total funding for the project is $4250.

AVRL has partnered with the regional physical activity consultant from the Department of Community Culture & Heritage – Community, Sport & Recreation Division and the community sport development coordinator of Sport Nova Scotia to develop the kits.

The kits are due to be launched during March Break with several activities planned at libraries.

**WAY BACK WHEN**

**Date:** circa 1925  
**Materials:** Paper  
**Measurements:** 6.3 cm L x 10.8 cm W  
**Marks/label:** Outdoor rink, Wolfville school grounds in 1920's  
**Narrative:** Building is the MacKay School  
**Description:** Group of boys and one or two girls dressed in outdoor winter clothes, on skates, in a rink with boarded perimeter.

**IN REVIEW**

**RECENT NEWS EVENTS, AND HAPPENINGS**

**Early in February L'Acadie Vineyards’ 2015 Vineyard Cask No. 195 won 10 medals in the Canadian Artisan Spirit Competition.**  
**Fifty-four distilleries across Canada participated in this year’s awards. The Canadian Artisan Spirit Competition is Canada’s only national art competition reserved exclusively for micro-distilleries.** “We are honored, and very proud to have won 10 medals in the 2018 Canadian Artisan Spirit Competition,” said Russ and Thomas Murphy, owners of Barrelling Tide Distillery. “Since opening our distillery in the spring of 2016, this recognition validates our commitment to the quality products we produce.” Barrelling Tide has now produced a line of over 15 spirits and liqueurs.

**Some knew it for Wagon Wheel, the Big Apple, remember it for Wagon Wheel, the Big Apple, others knew it as The Edge Building. Others**

**the Coldest Night of the Year (CNOC) is a non-competitive 5km/10km Winter walk fundraiser that supports Canadian charities that serve the hungry, homeless, and hurting in cities across Canada. Participants get the opportunity to experience a hint of the challenges faced by the homeless during a cold Canadian night while raising money for a local homeless mission or shelter in their region.**

**On February 24 people from throughout the Valley will be joining more than 20,000 others from across the country for a fundraising walk in support of organizations who address poverty, homelessness, and hunger. In our region Open Arms, a Kentville drop-in centre for people in crisis will be supported.**

**We expect more than 400 people on the day of the event and of course there is always more room for more people to sign up. This is a terrific opportunity for a group of friends or co-workers to support a great cause,” says Open Arms Chaplain John Andrew.** Open Arms benefits greatly from the community support of the event.

**As a Registered Charity relying entirely on community support, Cold Night has certainly increased the capacity of Open Arms to deliver the programs and services they provide for people in crisis,” says Andrew.**

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**While operating Drop In Centers, Food Programming, Housing Helps, Emergency Shelter and more, our daily focus is to assist people in need towards the tools and resources they need to achieve healthy independence. In addition to our meals service as a Resource Centre, we serve approximately 30,000 meals each year. For more info, visit: cnocy.org/location/annapolisvalley/"
TIDAL PREDICTIONS at Cape Blomidon

Source: Canadian Fisheries & Oceans.

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<thead>
<tr>
<th>Time</th>
<th>Low Tide</th>
<th>High Tide</th>
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<td>19:18</td>
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There are normally only daylight tide times listed. Only daytime tide lists are timable.

February 27, 2018

Tuesdays Soup Luncheon - Free Meal, Middleton Baptist Church, Middleville Road. Free meal cooked on corn chowder, chicken vegetable soup, or split pea & ham soup, followed by either chocolate or cake and all the coffee you can drink in the kitchen area. Call for details. TIX: 902-479-2215.

Wednesday, February 28

Let’s Get Some! Move - Kings County Family Resource Centre, 10:30-11:30 am, March 7 • Join us for an hour of exercise to anticipate during delivery.

Thursday, March 1

Celebration - New Hope Wesleyan Church, 7:30 – 9:30 am, March 1 • A great place to connect with other moms and babies, share stories and learn songs and rhymes. TIX: no charge 902-678-5760 / info@northvillefarm.ca

Toddlers’ Tennis - Kings County Family Resource Centre, 9:30-11:30 am, March 4 • morning of physical activity & fun for you and your child. TIX: no charge 902-678-5760 / familycentre@ns.sympatico.ca

Rays of Sunshine - Christian Fellowship Church, Westville 7-9 pm • Dinner, games and activities for men and women of all ages. Guest speakers, craft exhibits, games, socializing. TIX: no charge 902-676-4124 / raysofsunshine@eastlink.ca

Premature - ICS Family Complex, Middleton, 7-9 pm • Premature baby parent discussion for parents of babies born before 37 weeks gestation. TIX: no charge 902-678-5760 / familycentre@ns.sympatico.ca

Reskate - Junior - Interact Community Complex, New Minas 7-9:30 pm • Alms March 14 • All styles and abilities welcome (bring an item for the swap pent to receive a free 50/50 ticket) TIX: no charge 902-681-6972 / interact@hotmail.com

SUNDAY, FEBRUARY 25

Monday Morning Breakfast – WINDSOR District Lions Cent, Harbour Community Centre (downstairs, room 4), 7:00-9:30 am Scrambled eggs, bacon, ham, biscuits, gravy, home baked goods, tea/coffee. TIX: $2.00

Tuesday, March 6

Parenting Course – NSP/Kings County, Kentville 6-8pm, March 6 • Ages 19+. $15 each. Please register by 902-678-6111 davidandjanet@gmail.com

FRIDAY, FEBRUARY 23

FRIDAY, FEBRUARY 23

Ham Supper & Auction - Lions Club, Kentville 5-9 pm, Feb. 23 • Live Auction begins 7pm. Supper Menu • local! local! local! Masonic Hall 72-72 15th Street. No charge for food, materials, repairs and programs. TIX: $15 each. Please order by 902-678-9215.

Buddings - Kings County Family Resource Centre, Kentville 7 pm, March 6 • 10 week program for children ages 3-5 year old. TIX: no charge 902-678-5760 / familycentre@ns.sympatico.ca

Play with Me – Valley Action Centre, Kingston 7:30 – 2:30 pm, March 6 • Some take to be creative, active, and engaged with your children. All ages welcome. TIX: no charge 902-678-5760 / familycentre@ns.sympatico.ca

Pineapple Express – Xcountry.tv, Middleton 9-12 pm, March 8 • A mix of country and folk music, materials, repairs and programs.

School Grade 7–12 BAND program to offset costs. TIX: no charge 902-678-5760 / familycentre@ns.sympatico.ca

CAICC Emergency Relief Fund donation – United Baptist Church, Canning 9-12 pm, March 8 • Goodwill donation (with a few laughs thrown in). TIX: no charge 902-678-5760 / familycentre@ns.sympatico.ca

Parenting BC – NSP/Kings County, Kentville 6-8pm, March 9 • Ages 19+. $15 each. Please register by 902-678-6111 davidandjanet@gmail.com

FRIDAY, FEBRUARY 23

Catholic Church, Kentville 6–8pm –一会· 50/50 draw. TIX: no charge 902-678-5760 / familycentre@ns.sympatico.ca

If you have a question? These are my answers.

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Send your events to listings@grapevinepublishing.ca

What's Happening
FEBRUARY 22 - MARCH 8, 2018

MOVIE & GROOVE ‘To the Music’ - Kings County Library, New Minas

7 – 9 pm, on Tuesdays, March 6 – 20
• Dance and groove with your children to various types of music. TIX: no charge
info: 902 678 5740 / family.centre@ns.sympatico.ca

Death Cafe - Community Centre, Wolfville 2-3:30pm
• An Open Discussion about Death (fears, taboos, or family.centre@ns.sympatico.ca)
no charge
Family Resource Centre, Kentville
1–2pm. Also March 7th.

Aviva Frida volunteers with 33-year-old street-artist friend, Tiago Marques in a world in which the dual travel through small villages in the French countryside and immolate the loss of those they met. Aviva Frida’s public选修课, TIX: 902 542 1050
Open House & Curriculum Night – Presentations by the Creative Writing Group; Fundraising Bingo Game featuring notable women. Social to follow. Guests and Members of the Public are welcome. TIX: Admission Free. 2 bg pins game TIX: chawaywicken@gmail.com
Jam Session – Lions Club, Kentville 7:30-9pm
March 7th
• Play, sing or just back and listen. All styles and abilities welcome. TIX: $5
info: 902 847 1225 / detheremir 160@gmail.com
Canadian Federal Government – Unwi Welcome Centre, Wolfville 7-30pm • Club Members Night - Presentations by the Creative Writing Group; Fundraising Bingo Game featuring notable women. Social to follow. Guests and Members of the Public are welcome. TIX: Admission Free. 2 bg pins game TIX: chawaywicken@gmail.com

THURSDAY, MARCH 1
Let’s Get Messy – Sauk-Miiw Community Camps, New Minas 9:30-10am Always have your creative armours and some art forms and sensory opportunities. All ages welcome. TIX: info: 902 678 5760 / family.centre@ns.sympatico.ca
Sustainable Energy – Reality or No Future – C.I.C. Living Environmental Science Centre, Wolfville 7-30pm

What’s Happening continued on page 14.

Weekly Events

PLEASE NOTE: Event information may change without notice.

THURSDAYS
Acadia Brown Bag Lunch Series – Acadia University Art Gallery, 1120 Portland St., Wolfville 12-1pm.
Ages 7 and up. $5. Socially Responsible. Reality: or No Future March 1
“An Exploration of the Relevance of the Costa Rica Mission group and are raising funds to help build a community centre in Alajuela, Costa Rica. All ages. For more information please go to the cost of this mission. TIX: donation info: acowitzmission@gmail.com
Fundy Cinema screens FACES PLACES – All Whistle, Theatre, 7pm • The new 88-year-old French master

Tuesdays
Tina and Paul Kurrasch are a duo who travel through small villages in the Canadian wilderness and paint the scenes they meet in immense public murals. The event is licensed, and will also include a live cake cutting and a special corner will be set up to raise funds for The Noodle Guy, a homemade pie made by Erin Patterson, and a delicious cake made by author of the book, Sue Paterson.

Wednesdays
Knife Sharpening – Lynch Wood, 176 Main St., Wolfville. Bring up your dull knives and we’ll give them a new edge! Same day sharpening on Wednesdays. TIX: $10 - $20 info: willelfmango@gmail.com
Coffee Time – Community Hall, Greenwich
9-10am • Join us for coffee and a muffin. Chat with friends, new and old TIX: donation info: Darlene, 902 542 3498 / darlhensting@hotmail.com or 902 542 7412
Windsor Legion – 622 Main St., Windsor
10-11:30am • Tea, buns, and a chat. West of the public library, on the corner of 3rd and Main St. Windsor.

Sundays
Windsor Dinner Group – Men’s Coffee

• Bring your adult children to the Branch #98 Bar daily during bar hours, & the week at the bar. Cut off for ticket purchase is 6:30pm. Winner need $5–$10 (pay what you can) FEE: $3. Tickets are $5 for 1st week of March 18. Manning Memorial Legion, Berwick 5–7pm • Downstairs; use back door.

Days
TREMENDOUS MAXIE, 38 Elm Ave., Wolfville 6-7:30pm • Live music, 10+ vendors, Market Suppers.
Steve Lee
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Deemed “the most ethereally beautiful music of the twentieth century” by American music critic Alan Ross of The New Yorker magazine, French composer Olivier Messiaen’s “Quartet for the End of Time” will be heard at 2pm on March 11 as the first Sunday Music in the Garden Room concert for 2018, held in the K.C. Irving Environmental Science Centre on the Acadia campus.

Written by Messiaen in a prisoner-of-war camp in Germany, the quartet, for violin, cello, clarinet, and piano, had its premiere on a bitterly cold January night in 1941. That the composition even came into being was something of a miracle. A German prison guard had recognized and was excited by the presence of a famous composer among the prisoners, and supplied Messiaen with music paper, pencils, and erasers, and provided a room and protection for the composer to write.

An inscription in the score from the Book of Revelation states that the quartet is “In hommage to the Angel of the Apocalypse who lifts his hand toward heaven, saying ‘There shall be time no longer.’” Seventy-seven years later, this is just as timely.

Performing the quartet are two Acadia School of Music faculty, violinist Gilliam Smith, and clarinetist Eileen Walsh, as well as cellist Benjamin Marmen, and pianist Simon Docking, all outstanding musicians. This is a rare opportunity, probably a once-in-a-lifetime opportunity, to hear this overpowering music live.

Encourage kids to peruse seed catalogues and dream about what they’d like to grow. ‘The only time you may want to step in is if they choose flowers that are toxic. Encourage edible flowers instead. Once kids have made their choices, suggest drawing out a garden plan for fun or let them feel free to plant at will in the spring. It’s best to give kids a space of their own to plant and experiment with. That way you won’t be tempted to interfere as you watch them mix all of the seeds together and plant in spindles instead of the orderly straight rows that you may prefer. Let them use their imaginations, get wild, get dirty and play with gardening.

If you’re up for a road trip and some garden inspiration there’s a Seedy Saturday coming up in Truro on Saturday February 24 from 11am – 2pm at the Douglas Street Recreation Centre. It’s always a great day filled with workshops and seed swapping. If you’re interested in attending one of these Seedy Saturdays across Canada, visit seeds.ca/events.

For more information or to buy tickets, visit the Acadia University Box Office in person, by phone at 902-542-5500 or 1-800-542-TICK(8425), or online at boxoffice.acadiau.ca.
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