

THE GRAPEVINE

ARTS / CULTURE / COMMUNITY

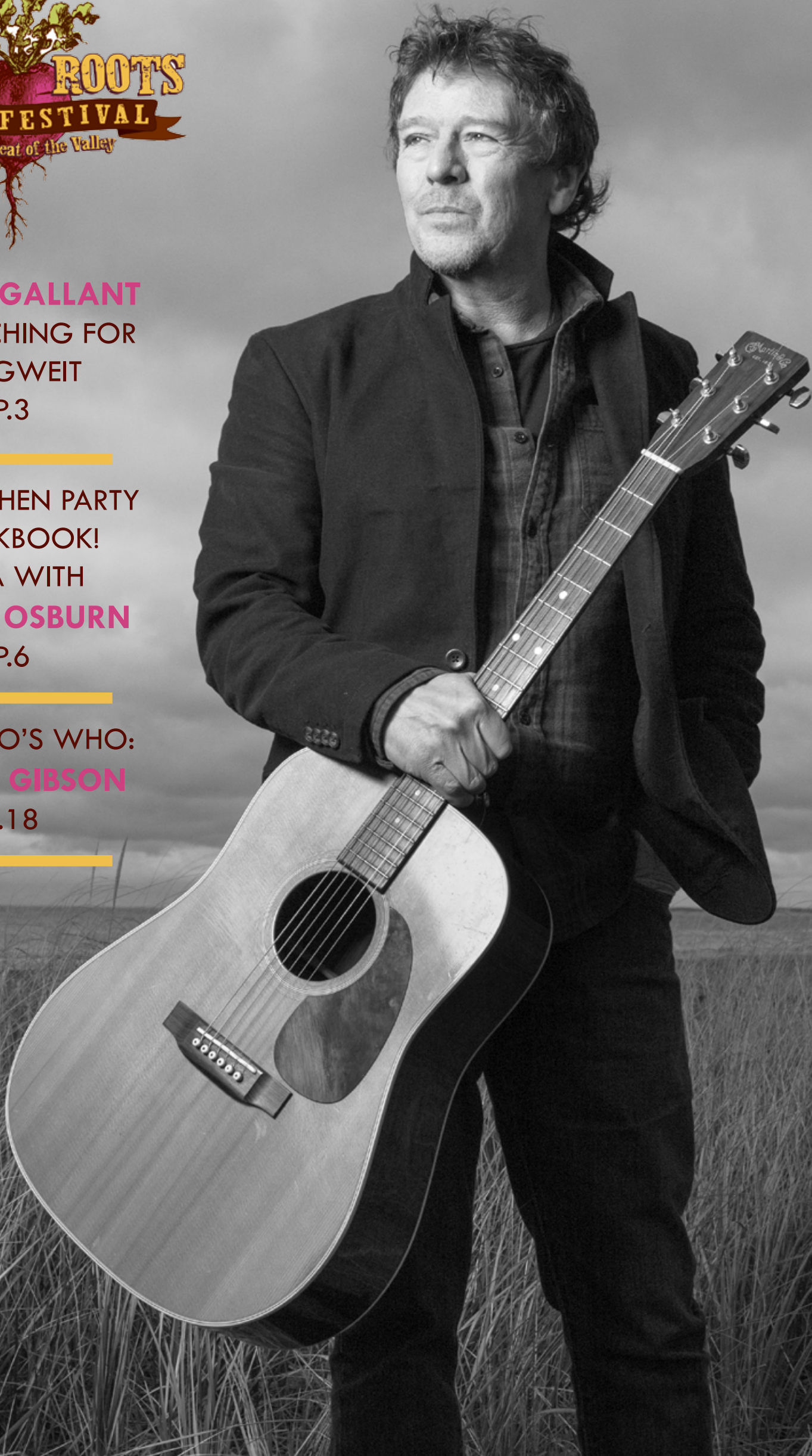
September 7 - 21, 2017 / Issue No. 14.15 / 5000 copies



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 Sat. Sept 16 – **LLOYD SPEIGEL**
 Fri. Sept 22 – **HILLSBURN**
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DONNA HOLMES INTERVIEWS THE SWINGING BELLES

Donna Holmes

We asked local singer/songwriter Donna Holmes to send along a few questions for visiting Deep Roots Festival artists The Swinging Belles. Here's their resulting chat.

Donna Holmes is a local singer/songwriter who hosts a weekly open mic, sings with the Annapolis Big Band, and directs a seasonal variety show called Broken Leg Theatre. Donna also appears as a featured artist on Let the Good News Ring: Christmas Songs from the Annapolis Valley, an album recorded with the Hupman Brothers. The Swinging Belles (Laura Winter and Erin Power joined by guitarist Duane Andrews) are a swing band for kids from St. John's, NL, are intent on getting both kids and adults to kick up their heels and have a swinging good time with the whole family!

DH: How do you incorporate other elements, beyond the music, into a stage performance?

TSB: While the show is mainly music driven, we like to add other elements as well. It's good to keep it fresh and interesting for the audience and for us! We tell interactive stories and also showcase puppets, hula hoops, and bubble blowers throughout the show. We bring a little bit of home into each show with a NL set dance that we do with the audience!

DH: Do you only do family/kid shows?

What kind of music would you perform, for instance, at Paddy's Open Mic (populated mostly by university students & middle-aged locals)?

TSB: The Swinging Belles are a band for all ages and we find that our music sits well with a variety of audiences. We pride ourselves on writing music that both kids and adults can enjoy. I mean, I would imagine that the patrons of Paddy's Pub would be delighted to find out where all their matching socks go in one of our favourite tunes ("Sock Gnomes") and who doesn't love to tap their toes to a little "Attitude of Gratitude"?

DH: When not performing, what kind of music do you like to listen to?

TSB: Our musical tastes are all over the place! While there might be some cross over, our playlists are all pretty different! We might be listening to Django Reinhardt, The Secret Sisters, Poke LeFarge, The Byrds, or Beyonce!

DH: Have you ever been to the Annapolis Valley before? Is there anything in particular you are excited about seeing or visiting here?

TSB: Duane actually played the festival a few years back and is looking forward to eating at The Noodle Guy again! Laura lived and worked in the Valley for several years after finishing up at Acadia and is always excited to go back for a visit. This will be my first time there and I have heard such wonderful things about the people and the place!

SHOW INFO:

Friday, September 22, 12:00pm: Artists at the Library (Wolfville Memorial Library) – Donna Holmes, Jonathan Byrd & The Pickup Cowboy

Saturday, September 23, 9:30am: Deep Roots at the Market (Wolfville Farmers' Market, 9:30am-12:30pm) – Donna Holmes, Sarah McInnis, Kaia Kater, Naming the Twins, Pretty Archie, Jill Boudreau Band

Saturday, September 23, 1:15pm: Kids Music Show (Festival Tent) – The Swinging Belles

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INCOMPLETE

THE GRAPEVINE DEEP ROOTS FEATURE INTERVIEW:

Lennie Gallant

Genevieve Allen Hearn

'Searching For Abegweit: The Island Songs & Stories of Lennie Gallant' stars Lennie Gallant with an amazing supporting band comprised of Sean Kemp (violin), Jeremy Gallant (keyboard and percussion), Jonathan Gallant (backing vocals, drums, percussion and mandolin) and Patricia Richard (bodhran, mandolin, banjo, and vocals). Directed by Jac Gautreau. This critically acclaimed production stars Gallant himself presenting his folk-rock/roots music, along with captivating tales in a multimedia format that utilizes stunning visual works from celebrated Prince Edward Island artist and sibling Karen Gallant. As well as the paintings, the show employs vintage photographs and film footage to support Gallant's dramatic, often poignant lyrics and stories about the Island experience.

The show employs a 20 ft screen on which images are constantly in motion behind some of PEI's most talented bilingual musicians. In addition to Gallant, the show features violin virtuoso Sean Kemp, the wonderful Acadian singer/instrumentalist Patricia Richard, his dynamic nephews Lawrence Gallant on vocals/percussion, Jeremy Gallant on vocals/piano, along with appearances from Mi'kmaq singer Hubert Francis. This dynamic, energetic production is music and storytelling at its best and has been a critically acclaimed hit of over 130 shows.

A recurring theme of the show is PEI's role as the birthplace of Canada, making it not only a celebration of the Island, but of the nation as a whole. A number of songs and stories traverse the country taking the audience on a colorful descriptive road trip and a fantastical train ride.

'Searching For Abegweit: The Island Songs & Stories' will be performed on Thursday, September 21 at 7:00pm as the Kick-Off Concert at Festival Theatre.

The Grapevine (GV): You have a number of family members involved with Searching for Abegweit including your sister and two nephews. What is it like to work on a show and tour with family?

Lennie Gallant (LG): It's very cool having my two nephews in the show. They are extremely talented musicians and while they take on a variety of roles in the show, it really is only scratching the surface of what they are capable of. Lawrence is a wonderful singer and plays several instruments. It's been fun watching him get better and better on stage over the last four years. He was good at the start but now he has become so confident I think he's ready for a show of his own.

Jeremy is a force to be reckoned with on piano. He is an excellent accompanist and his skill on the keys dazzles the audience each night. He has a strong background in classical music and while studying he actually represented both PEI and New Brunswick in the nationals. I feel very fortunate to have them in my band for this show. I think it means more to them than just another gig. They have put a lot into shaping the musical arrangements of the show along with Patricia and Sean.

Of course a huge part of the show is the multimedia element provided mostly by use of my sister Karen's paintings projected onto a huge 20ft screen behind the band. The images are constantly in motion as we use a Ken Burn's style of moving within the painting to attract the viewer's eye. It's amazing how her paintings seem to wonderfully reflect the lyrics in the songs despite the fact that almost all works were done independently of each other. I'm a huge fan of Karen's art work and own many of her paintings, but I always found it frustrating that she had a dedicated following who were buy her paintings before the public would have a chance to see them. Through this show however, it's almost as if she has a gallery showing of hundreds of her paintings every night. A big part of the reason people return to see the show is because what is happening on stage and also on screen is a visual feast and when they return they see something new. In addition to having both our works featured in the show, Karen and I also released a book of 52 of her paintings matched up with 52 of my songs which has received great reviews and is now near the end of our second printing. Of course we'll have copies of the book at the show.

GV: People have been returning to see Searching for Abegweit several times. What do you think it is about the show that resonates with audiences?

LG: It amazes me how I do hear of folks coming to see it over and over... some have come six and seven times, bringing friends and relatives with them. I never dreamed it would affect people this way and after hoping it would do well for one season, I can hardly believe we have just finished our fourth with over 130 shows. To me the production touches on a potpourri of things related to Island and East Coast culture. I was worried it might be too scattered, as you can only cover so much in a two hour show. However it seems to have resonated in ways I can't explain and my concern about bouncing around a bit thematically seem to have been unfounded. We try to touch on some historical stuff, current issues, legends, tall tales, ghost stories, characters and have a sense of place about it all. The show is very high energy and has a lot of laughs through comedic recollections and stories.

In addition to my two nephews, I am fortunate to have two more of the top musicians on PEI in it as well. Multi instrumentalist Patricia Richard is well known in the Acadian world for her work both as a solo artist and especially with the mega hit musical Ode à l'Acadie. She brings a wonderful energy and presence to the show and the way her vocals blend with Lawrence's, I feel like I sometimes have Alison Krauss' band behind me. Sean Kemp has established a name for himself as one of the East Coast premier violinist/fiddlers and in addition to being my musical brother in arms for almost 14 years, he also has a classical music quintet called Atlantic String Machine that are becoming quite popular. Sean's solos are often a show highlight as he makes his violin speak in ways that are quite unique.

GV: Searching for Abegweit has Acadian and Celtic influences. What is your connection to these cultures?

LG: My background is Acadian, and as Gallant is one of the two oldest names on PEI with any European history, I was able to, in many ways, look at historical elements of this part of the world from a family/personal perspective. Of course having Patricia in the band with her Acadian musical background is a huge plus for the show, and so there are some rockin' numbers that I'm told gets people dancing in their seats. As so much of the Island and the East Coast has strong Celtic connections and Sean is of Celtic/Irish extraction, there is definitely a strong element of that in the production as well.

GV: There are also some Mi'kmaq elements woven into the performance. How does this connect to the collection of stories?

LG: The word Abegweit is the original Mi'kmaq name for Prince Edward Island. We talk a bit about Mi'kmaq culture and legend in the show and my friend, Mi'kmaq singer Hubert Francis, is a big part of the show on screen. His beautiful voice and words tie elements of the show together when we talk about how we all ended up here. Mi'kmaq legend says that the Great Spirit Glooscap painted Abegweit into existence with all the most beautiful colors of the world. In my show we kind of turn this legend around as my sister has taken all of the most beautiful colors of the Island and put them into her paintings which we present along with my songs and stories of this amazing place.

All Islanders know that our most famous ferry boat was named Abegweit and this ship plays a big role in how I received my first guitar, so of course I had to weave this story into the show.

GV: Is there anything about the Deep Roots Music Festival that you are particularly excited about?

LG: I love the town of Wolfville and visited regularly because it has such a wonderful artistic vibe about it. The great architecture, restaurants, shops, art and friendly people that exist in this place make it a fabulous venue for a music festival. I've played the Deep Roots Music Festival before and had a great time and I'm very much looking forward to having it be the first venue to host Searching For Abegweit outside of Prince Edward Island.



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Margaret Drummond's
WORD OF THE ISSUE:

Empyrean
(adjective):

Of or relating to the sky; celestial; inspiring awe.

"In his finely detailed images, Audubon portrayed birds with an empyrean clarity."

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EMILY LEESON Editor	JOCELYN HATT Art Director, Design, Layout	ZOE D'AMATO Sales	EMILY KATHAN Copy Editor
GENEVIEVE ALLEN HEARN Operations Manager	MONICA JORGENSEN Events & Lists	ALEX HICKEY, & DAVID EDELSTEIN Design, Typesetting, Layout	EMILY KATHAN Distribution Manager

CONTRIBUTORS: Mike Butler, Genevieve Allen Hearn, Scott Campbell, Donna Holmes, Garry Leeson, Avery Peters, Laura Churchill Duke, Melanie Priesnitz, Thomas Clahane, Regan Alford, Susan Wedlock, Margaret Drummond, Lee-Ann Cudmore, Sarah Anderson, Angela Reynolds, Allan Williams (Eat to the Beat)

DELIVERIES: Margot Bishop, Dominic Cameron, Jacob Rhude, Lauren Galbraith, Earle & Karen Illsley, Andrea Leeson, John Morrison, Julie and Mugaen Page, Lorna Williamson, Lyl Wooster, Bryden MacDonald, Aidrie Cameron, Ryland Cameron, Jack Chipman

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October 5: Submissions: Sept 27 Ads: Sept 28

CONTACT ADVERTISING: zoe@grapevinepublishing.ca
 GENERAL INQUIRIES: info@grapevinepublishing.ca
 CONTENT SUBMISSIONS: editor@grapevinepublishing.ca
 EVENTS/CLASSIFIEDS: listings@grapevinepublishing.ca

SNAIL MAIL: Grapevine Publishing
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Fundraising Goal: \$80,000

Amount raised as of September 3: \$3,510

The Crowdsourcer column will feature one local crowdsourcing effort each Grapevine issue. To garner support for your project, contact: editor@grapevinepublishing.ca

WOLFVILLE TRAILQUEST HAS LAUNCHED!

Submitted

Follow the adventure to solve the clues and crack the mystery. That's the premise of new treasure hunt game being offered by Valley Family Fun.

"It's not just meant for families, but for couples on date night, friends, senior groups" says Churchill Duke. "It's for anyone who wants to get out and have fun together."

The idea of TrailQuest is to help people explore the towns in the Annapolis Valley in a new and creative way, while having some family fun.

The trail covers approximately two kilometres of terrain and takes between one to two hours to complete, depending on how fast you walk, and how much time you take to enjoy the area. The trails are accessible for those with mobility issues. The game is appropriate for anyone aged six and older, as long as they can walk the distance. Although children may not understand the clues, they will still have fun searching for the answers.

"Purchase a booklet that outlines a story along with a series of clues that you have to answer to solve the final mystery," says creator Laura Churchill Duke of Valley Family Fun, "everyone who successfully solves the mystery will be entered into a monthly prize draw." TrailQuest is a family effort between Churchill Duke and her 11-year-old son, Daniel Duke. Together they wrote the stories, while Daniel created the storyboard and logo images.

"When we lived in the UK, these types of hunts were very popular," says Churchill Duke. After playing several of these games in Scotland, Ireland, Wales, and England, "we knew it was something we wanted to create at home."

Instructions say you do not need a map to play the game, as all directions are given directly in the clues. You will not need to enter any private property or pay any admission fees, so the game can be played any day, any time of the year. All the clues are part of the permanent structures of the town.

TrailQuest has launched trails in Kentville and Wolfville, with plans in the works for a few more towns. To purchase a kit and to learn more, visit www.ValleyFamilyFun.ca/TrailQuest or find them on Facebook under TrailQuest Annapolis Valley.

Although marketed as part of the Valley Family Fun website, TrailQuest is great for anyone.

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EAT TO THE BEAT

(Schedule subject to change)

THURSDAYS: 7, 14, 21

Edible Art Café (New Minas): Marshall Lake (7th, 14th, 21st) 12 pm, Jeffery Straker (14th) 7pm

Troy Restaurant (Wolfville): Ron Edmunds Duo (7th, 14th, 21st) 6:30pm

Spitfire Arms Alehouse (Windsor): Open Jam Session (7th, 14th, 21st), John Geddes (7th) 7pm

Oaken Barrel Pub (Greenwood): Trivia Night (7th, 14th, 21st) 7pm

Tommy Guns (Windsor): Karaoke Night (7th, 14th, 21st) 7:30pm

Dooly's (New Minas): Open Mic (7th, 14th, 21st) 8:30pm

Paddy's Pub (Kentville): The Hupman Brothers (7th, 14th, 21st) 9pm

Paddy's Pub (Wolfville): Trivia Night (7th, 14th, 21st) 9pm

Library Pub (Wolfville): Tony & Caillum (7th, 14th, 21st) 9pm

The Anvil (Wolfville): Top 40 DJ (7th, 14th, 21st) 10pm

FRIDAYS: 8, 15

Edible Art Café (New Minas): Marshall Lake (8th, 15th) 12pm

Kings Arms Pub by Lew Murphy's (Kentville): Paul Brushett (8th), Jon Duggan (15th) 5:30pm

Blomidon Inn (Wolfville): Jazz Mannequins (8th, 15th) 6:30pm

Joe's Food Emporium (Wolfville): Guy Paul Thibault (8th), Groove Kings (15th) 8pm

Spitfire Arms Alehouse (Windsor): Tony Wood Trio (8th), Mark Riley Project (15th) 8pm

Dooly's (Greenwood): Karaoke (8th, 15th) 8:30pm

The Anvil (Wolfville): Top 40 DJ (8th, 15th) 10pm

SATURDAYS: 9, 16

Farmers Market (Wolfville): Cabbage Rolls (9th), Zakary Miller (16th) 9:30am

Edible Art Café (New Minas): Lee Gilbert (9th, 16th) 12pm

Library Pub (Wolfville): Bob & Ro (9th, 16th) 1pm

The Port Pub (Port Williams): Ron Edmunds Duo (9th, 16th) 12:30pm

The Noodle Guy (Port Williams): Jam Session (9th, 16th) 1:30pm

La Torta Woodfired Pizzeria (Wolfville): Steve Lee Duo (9th, 16th) 6pm

Spitfire Arms Alehouse (Windsor): GuyPaul Thibault (9th), John Duggan (16th) 7pm

King's Arms Pub by Lew Murphy's (Kentville): Glenn Bob & The Boot (9th), PM Blues (16th) 8pm

Joe's Food Emporium (Wolfville): The Hilites Group (9th), Jon Geddes Band (16th) 8pm

Union Street Café (Berwick): Scott Prudence/Hupman Brothers, \$15 (9th), Lloyd Spiegel, \$20 (16th) 8pm

Dooly's (Greenwood): House DJ (9th, 16th) 8pm

The Anvil (Wolfville): Top 40 DJ (9th, 16th) 9pm

West Side Charlie's (New Minas): DJ Billy T (9th, 16th) 10pm

Tommy Gun's (Windsor): Video Music Screen (9th, 16th) 12am

SUNDAYS: 10, 17

Edible Art Café (New Minas): Kim Ward (10th), Steve Lee (17th) 12pm

Paddy's Pub (Wolfville): Paddy's Irish Session (10th, 17th) 8pm

MONDAYS: 11, 18

Edible Art Café (New Minas): Ron Edmunds Band (11th, 18th) 12pm

TUESDAYS: 12, 19

Edible Art Café (New Minas): Ron Edmunds Band (12th, 19th) 12pm

TAN Café (Wolfville): Open Mike & Donna (12th, 19th) 7pm

Oaken Barrel Pub (Greenwood): Open Mic (12th, 19th) 7pm

The Port Pub (Port Williams): Ron Edmunds Band Open Mic (12th, 19th) 7:30pm

The Anvil (Wolfville): Toonie Tuesdays w/Top 40 DJ (12th, 19th) 9pm

WEDNESDAYS: 13, 20

Edible Art Café (New Minas): David Filyer (13th, 20th) 12pm

Farmer's Market (Wolfville): Jack MacDonald (13th) 4:30pm

West Side Charlie's (New Minas): Billy T's Karaoke (13th, 20th) 9pm

FROM THE AUTHOR OF THE UNION STREET CAFÉ COOKBOOK



THE KITCHEN PARTY COOKBOOK

RECIPES FOR POTLUCKS, SHINDIGS AND GOOD TIMES IN THE MARITIMES

BY JENNY OSBURN

DESIGN BY LAURA MACDONALD OF DEEP HOLLOW PRINT

FEATURING A NOVA SCOTIA FOOD MAP BY MONICA BEATON

MYSTERY QUOTE

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WIN! Complete this puzzle, then submit it to Naked Crêpe for your chance to win a dessert crêpe! Each letter in the quote has been substituted for another letter. For eg, G might equal V. Recover the original letters to solve the puzzle. This puzzle runs from August 24-September 7, 2017

"IQH EIU OLBQE JVIDO YDABZ, GLHQ BO LBOA

PID, PID SHHX QI MJBQ." - VIV YJFXHP

Name:

Contact:

The last winner of Mystery Quote was Anna Carlisle



THE KITCHEN PARTY COOKBOOK! The Grapevine Chats with Jenny Osburn

Following the success *The Union Street Café Cookbook* of *The Union Street Café Cookbook* in 2015, Jenny Osburn is back with another volume of delectable dishes called *The Kitchen Party Cookbook: Recipes for Potlucks, Shindigs, and Good Times in the Maritimes*. Designed by award-winning letterpress artist Laura MacDonald (Deep Hollow Print) and featuring a Nova Scotia food map by Monica Beaton, *The Kitchen Party Cookbook* keeps the good times rolling with more than sixty fresh and fun new recipes. Joel Plaskett declares that *The Kitchen Party Cookbook* is "the proof in the pudding" that Nova Scotia is "a great place to live and eat," Matt Andersen praises the new recipes as "comfort food by any definition," and Bob Snider jokes that "the only problem with going to one of Jenny's kitchen parties is that a week later, you're hungry again."

The Kitchen Party Cookbook launches September 17 2:00-4:00pm at The Noodle Guy in Port Williams.

The Grapevine (GV): How long have you been working on this cookbook?

Jenny Osburn (JO): *The Kitchen Party Cookbook* began to take shape about this time last year. I had just ordered a third printing of *The Union Street Café Cookbook* and decided it was time for a new one! It started life as a holiday cookbook but there were so many great party recipes I wanted to include that they took over. As I worked away it turned into a cookbook that celebrates my two favourite things, Nova Scotian food and music.

GV: How does it differ from your first?

JO: Well I don't run a restaurant anymore so it came together in a different way. The first book was a response to the recipe requests I would get while I was chef/owner at the Union Street Café. This time it's recipes I've made over and over at home for family and friends. It's quite a bit bigger than the first and comes complete with a map to my favourite places AND a party playlist! What's not different from the first is that I've chosen to work with Laura MacDonald of Deep Hollow Print and Gaspereau Press again. Laura's amazing art is featured throughout the book, and she's printing the cover on her big ol' Vandercook press. I feel so lucky to work with her. I just love that we can make a beautiful book right here in the Annapolis Valley.

GV: What does the process of coming up with recipes for the book look like?

JO: I've been cooking and collecting recipes since I could read and write so it was fun to look back through my notes. Most of the recipes in the book are ones I've been making for many years. Some I've stolen from my mom and friends and others are inspired by travelling around our sweet province and in Spain and Italy.

GV: What have been your major influences?

JO: I love food writing and get teased for reading cookbooks like novels. I have a decent-sized collection, but the dirtiest, most dog-eared ones are *The Joy of Cooking* and all of Chef Michael Smith and Mollie Katzen's cookbooks. There are a lot of really great restaurants run by hard-working, creative and talented cooks in Nova Scotia and I find that very inspiring! But most of all, my Mom has shaped who I am as a cook. She's adventurous, cooks with her whole heart, and has traveled the world in her own kitchen.

GV: What's your favourite dish in the book?

JO: I've been making samosas since junior high, so those have a special place for me. So does the seven layer dip my Mom made for all her parties in the eighties, and the Greek



nachos that my old cooking bud Annette suggested I include. I've also got a bunch of great pizzas and meatballs and tiny donairs and dips. It's hard for me to choose! I'm so excited to be sharing these recipes.

GV: What role does the Annapolis Valley have in the cookbook?

JO: I'm a kid who grew up in the Valley not knowing what to do with my life. Then I moved away for a few years and worked on Saltspring Island, BC as a cook. Coming back home I saw this place in a brand new light. I was so excited to open a restaurant and have the chance to showcase all of the wonderful things being produced here. I still am, and that was almost 20 years ago!

GV: What's the best kitchen party you've ever had? What did you eat?

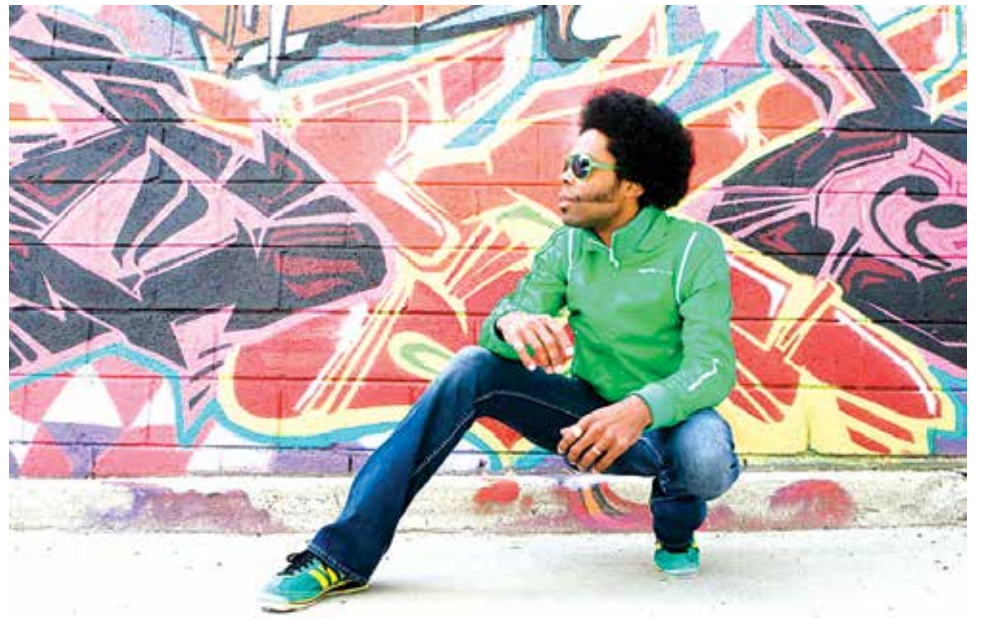
JO: I had a blast hosting staff parties at my house when we ran the restaurant. Everybody that came was a food lover and it felt so good to celebrate together. The cleanup the next day was always outrageous.

GV: When and where can folks pick up a copy?

JO: In the Valley you'll find it at Box of Delights Bookshop, North Mountain Coffee, Stirling's, Chisholm's, Hello Handmade, The Noodle Guy, Meadowbrook, and The Union Street. Best of all come join us at the *Kitchen Party Cookbook* Launch 2-4:30 on September 17th at The Noodle Guy!

THE GRAPEVINE Q&A: Alex Cuba

Alex Cuba is a Latin Grammy/Juno winner, singer-songwriter who is not tied to tradition; Alex has a vast musical vision. His sugarcane-sweet melodies, pop-soul hooks and powerful guitar riffs, relinquish a conventional stereotype that exemplifies much of the Latin music landscape.



The Grapevine (GV): What was your childhood or earliest ambition?

Alex Cuba (AC): There was a time in my childhood when I wanted to be a doctor, and that lasted a few years, but at the age of 14 music became important for me and I went into it full on embracing it with all my heart and soul and I guess it was a point of no return.

GV: What is your favourite piece or song and when did you first hear it?

AC: My favorite song is "Oh Melancolía" by Silvio Rodriguez. I was around 12 years old when I first heard it.

GV: How did you get started in the music industry?

AC: It started back in Cuba, when I started playing with a Jazz band called Temperamento in Havana.

GV: What do you do to prepare for the stage? Are you nervous or comfortable? Has that changed over time?

AC: I always make sure that I have a good set list for every show, and I put a lot of time into writing them. Once I'm happy with the set list, that gives me a huge sense of confidence

to go on stage, but the heart always beats a bit faster just before going on. Over the years that has changed a bit, I seemed to be a bit more confident, but as always I never take for granted any audience or performance, and that way of thinking has always been the same for me.

GV: Are there any recent inspirations for your music?

AC: Not really, I continue to draw from my past influences that I learned so much from.

GV: How do you incorporate other elements, beyond the music, into the stage performance?

AC: Something that I love doing at my concerts is talk to the audience, engage them in a way that they become part of the show. I also love making them sing with me, and it is always amazing when that feeling of engagement is there. That brings the concert to a whole different level.

SHOW INFO

Saturday, September 23, 1:00pm: *Songwriters' Circle (Festival Theatre)* – Bill Plaskett, Kaia Kater, Naming the Twins, Alex Cuba

VALLEY FAMILY FUN: Discover Your Musical Roots

Laura Churchill Duke

It's never too early to start introducing your children to music. Music teacher Krissy Keech says when babies are in the womb, whatever you play or sing to them is what they'll like once they're born and will soothe them; it doesn't matter if it's classical or heavy metal or Raffi.

She says that when they're babies, we should sing to them all the time. It doesn't have to be "good." Make up the lyrics if you forget them, dance with them, tap the beat. Expose them to ALL types of music (there is no singular "Mozart Effect"). Just be careful about the volume; adjust recorded music to "softer than you think you need to" in order to protect their ears.

There are several music or rhyme-time classes for babies available in the valley, through most Annapolis Valley regional libraries, or the Kings County Family Resource Centre in Kentville. Children as young as two can be registered for more formal music classes such as KinderMusik or Music for Young Children.

If your child is more interested in individual lessons, there are lots of great teachers in the area. Keech suggests starting children on formal lessons when they have some literacy. Ideally, the age to start conventional piano lessons is six or seven. At this age, their hands are bigger, and they can be a little more independent and focussed in their practising.

In the Valley we are so lucky to have so many options. Research each class and teacher. Talk to other parents for recommendations.



Also, think about what your goals are for the lessons. Ask lots of questions!

Music lessons and classes are listed on Valley Family Fun (under Arts and Clubs).

Valley Family Fun
www.valleyfamilyfun.ca
info@valleyfamilyfun.ca

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YOUTH ENGAGEMENT FROM THE INSIDE

Genevieve Allen Hearn

We met at Cotton Tale Café with our babies and toddlers in tow. It felt like an interview disguised as a playdate. Or perhaps the reverse. Either way, this is how working mothers can balance their professional and domestic lives – meeting in a space where children can run, crawl or wriggle while talking over coffee and intermittently jumping out of seats to diffuse a toy theft situation.

I wrote an article about youth engagement in municipal politics last September before the municipal elections. Emily Lutz and Meg Hodges were two interviewees for the article – both young mothers running for a seat on Kings Council at the time. One year later, I sit before the Kings Deputy Mayor and District 7 Councillor (Emily) and District 1 Councillor (Meg) to learn about what youth engagement looks like from the inside.

Barriers to Engagement

Before I jump into our conversation, allow me to reiterate the main points in last year's article. Some people believe that youth don't participate in municipal politics because they're apathetic. Through a survey of hundreds of young people aged 13-30 across Kings County, the Kings Youth Engagement Working Group found that this was only one tiny piece of the issue. The primary reasons youth gave for not participating in the political process were; not knowing how to participate, not feeling as though their voices were valued, and not feeling like issues that affected them were given serious consideration. Another major barrier was time deficiency; many young people are starting careers and families, which is an

impressive balancing act in itself. Attending Council meetings, showing support at events, and writing letters about their concerns just didn't fit into their hectic lives.

Breaking Down Barriers

Speaking of hectic lives, let's return to Emily and Meg. When asked if they felt they bring a perspective to the table that wasn't in the Council Chambers before, the question was met with an emphatic "Yes!" "Every person brings their own unique background and experiences to the table, and as a young mom under thirty trying to make a life for my family in rural Nova Scotia I recognize how my perspective on things can be a lot different than my colleagues", said Emily. She continued, "This becomes even more obvious looking province-wide where there aren't many young people on Councils, and other municipalities are curious why we decided to run and how we became successful. [Meg and I] have accidentally become the experts on youth engagement in the province".

Emily is looking beyond County borders and is pushing for more youth presence on the Union of Nova Scotia Municipalities (UNSM). "Things like maternity and paternity benefits shouldn't be debated on Council. There should be a parental leave policy that comes from the Municipal Government Act". This is uncharted territory to navigate, as historically there have not been many young people on Council starting families.

Meg said it's challenging for Councillors to connect with youth during their day-to-day

activities, as meetings and civic events can be intimidating to young people or new members of the community. She feels that there should be more welcoming and accessible activities to help young people feel comfortable and forge connections in their communities. Meg commented on how youth find out about things in a different way, so traditional methods of promoting events are not always reaching the younger demographic. Both Meg and Emily are working on building a stronger social media presence on Council. They are also finding ways to get into schools to talk about municipal politics. Emily believes that they are relatable to students looking for young role models in leadership positions. "We're doing the things young people do, so it's easier to connect".

Kings Youth Council

Since becoming Councillors, Emily and Meg both joined the Kings Youth Engagement Working Group. The group, comprised of young leaders in the County, is currently in the process of forming a Kings Youth Council. By bringing the voice of youth into how decisions are made by Municipal Council, the Kings Youth Council (KYC) will work at advancing the interests and welfare of youth across the County.

The Kings Youth Engagement Working Group will dissolve once the Kings Youth Council is formed, and it will be the responsibility of the KYC to ensure that the voices of young people in Kings County are heard. Meg and Emily will continue to be involved by sitting on the KYC as Council representatives.

There is an open call for interested applicants for the Kings Youth Council. It will be made up of Kings County Youth (including youth living in the Towns of Berwick, Kentville, and Wolfville) aged 13-30 who are passionate about working to address issues relevant to young people and helping to inform decisions of Kings Council. There is an application form online, or applicants can submit an expression of interest by way of video, Facebook, Twitter, or Instagram with the hashtag #KingsYouth-Council. The deadline to apply is October 13th. For more information or an application form, interested applicants can contact nominatingcommittee@countyofkings.ca. There are also two information sessions for anyone who is interested in learning more on September 19th at the Aylesford & District Lions Club 7-9pm and September 21st at the Port Williams Community Centre 7-9pm. Contact richelle.nova@gmail.com with any questions about the information sessions.

After my interview with Emily and Meg it was clear that there is still a long road ahead when it comes to engaging youth in municipal politics. It's an important topic in our region, as listening to youth and involving youth in decision-making processes may help reverse the trend of outward youth migration. The Kings Youth Council is a major stride in the right direction, and has the potential to be a game-changer when it comes to better understanding what is important to younger generations.

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Attend one of the following sessions to be part of the conversation:

WHEN: September 19th WHERE: Aylesford & District Lions Club (2160 Highway 1, Auburn) TIME: 7-9 pm	WHEN: September 21st WHERE: Port Williams Community Centre (1045 Main Street, Port Williams) TIME: 7-9 pm
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RSVP by September 11th to: richelle.nova@gmail.com
 *Let us know when you RSVP if you want to talk about your opportunity for youth so we can put it on the agenda.

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ARIES (March 21-April 19): Welcome to Swami Moonflower's Psychic Hygiene Hints. Ready for some mystical cleansing? Hint #1: To remove stains on your attitude, use a blend of Chardonnay wine, tears from a cathartic crying session, and dew collected before dawn. Hint #2: To eliminate glitches in your love life, polish your erogenous zones with pomegranate juice while you visualize the goddess kissing your cheek. #3: To get rid of splotches on your halo, place angel food cake on your head for two minutes, then bury the cake in holy ground while chanting, "It's not my fault! My evil twin's a jerk!" #4: To banish the imaginary monkey on your back, whip your shoulders with a long silk ribbon until the monkey runs away. #5: To purge negative money karma, burn a dollar bill in the flame of a green candle.

TAURUS (April 20-May 20): A reader named Kameel Hawa writes that he "prefers pleasure to leisure and leisure to luxury." That list of priorities would be excellent for you to adopt during the coming weeks. My analysis of the astrological omens suggests that you will be the recipient of extra amounts of permission, relief, approval, and ease. I won't be surprised if you come into possession of a fresh X-factor or wild card. In my opinion, to seek luxury would be a banal waste of such precious blessings. You'll get more health-giving benefits that will last longer if you cultivate simple enjoyments and restorative tranquility.

GEMINI (May 21-June 20): The coming weeks will be an excellent time to cruise past the houses where you grew up, the schools you used to attend, the hotspots where you and your old friends hung out, and the places where you first worked and had sex. In fact, I recommend a grand tour of your past. If you can't literally visit the locations where you came of age, simply visualize them in detail. In your imagination, take a leisurely excursion through your life story. Why do I advise this exercise? Because you can help activate your future potentials by reconnecting with your roots.

CANCER (June 21-July 22): One of my favorite Cancerian artists is Penny Arcade, a New York performance artist, actress, and playwright. In this horoscope, I offer a testimonial in which she articulates the spirit you'd be wise to cultivate in the coming weeks. She says, "I am the person I know best, inside out, the one who best understands my motivations, my struggles, my triumphs. Despite occasionally betraying my best interests to keep the peace, to achieve goals, or for the sake of beloved friendships, I astound myself by my appetite for life, my unwavering curiosity into the human condition, my distrust of the status quo, my poetic soul and abiding love of beauty, my strength of character in the face of unfairness, and my optimism despite defeats and loss."

LEO (July 23-Aug. 22): The Witwatersrand is a series of cliffs in South Africa. It encompasses 217 square miles. From this area, which is a tiny fraction of the Earth's total land surface, humans have extracted 50 percent of all the gold ever mined. I regard this fact as an apt metaphor for you to meditate on in the next 12 months, Leo. If you're alert, you will find your soul's equivalent of Witwatersrand. What I mean is that you'll have a golden opportunity to discover emotional and spiritual riches that will nurture your soul as it has rarely been nurtured.

VIRGO (Aug. 23-Sept. 22): What I wish for you is a toasty coolness. I pray that you will claim a messy gift. I want you to experience an empowering surrender and a calming climax. I very much hope, Virgo, that you will finally see an obvious secret and capitalize on some unruly wisdom and take an epic trip to an intimate turning point. I trust that you'll find a barrier that draws people together instead of keeping them apart. These wonders may sound paradoxical, and yet they're quite possible and exactly what you need.

LIBRA (Sept. 23-Oct. 22): Psychologist James Hansell stated his opinion of psychoanalyst Sigmund Freud: "He was wrong about so many

things. But he was wrong in such interesting ways. He pioneered a whole new way of looking at things." That description should provide good raw material for you to consider as you play with your approach to life in the coming weeks, Libra. Being right won't be half as important as being willing to gaze at the world from upside-down, inside-out perspectives. So I urge you to put the emphasis on formulating experimental hypotheses, not on proving definitive theories. Be willing to ask naive questions and make educated guesses and escape your own certainties.

SCORPIO (Oct. 23-Nov. 21): You're entering a phase of your astrological cycle when you'll be likely to receive gifts at a higher rate than usual. Some gifts could be big, complex, and catalytic, though others may be subtle, cryptic, or even covert. While some may be useful, others could be problematic. So I want to make sure you know how important it is to be discerning about these offerings. You probably shouldn't blindly accept all of them. For instance, don't rashly accept a "blessing" that would indebted or obligate you to someone in ways that feel uncomfortable.

SAGITTARIUS (Nov. 22-Dec. 21): You are currently under the influence of astrological conditions that have led to dramatic boosts of self-esteem in laboratory rats. To test the theory that this experimental evidence can be applied to humans, I authorize you to act like a charismatic egomaniac in the coming weeks. JUST KIDDING! I lied about the lab rats. And I lied about you having the authorization to act like an egomaniac. But here are the true facts: The astrological omens suggest you can and should be a lyrical swaggerer and a sensitive swashbuckler.

CAPRICORN (Dec. 22-Jan. 19): I invite you to eliminate all of the following activities from your repertoire in the next three weeks: squabbling, hassling, feuding, confronting, scuffling, skirmishing, sparring, and brawling. Why is this my main message to you? Because the astrological omens tell me that everything important you need to accomplish will come from waging an intense crusade of peace, love, and understanding. The bickering and grappling stuff won't help you achieve success even a little – and would probably undermine it.

AQUARIUS (Jan. 20-Feb. 18): Stockbrokers in Pakistan grew desperate when the Karachi Stock Exchange went into a tailspin. In an effort to reverse the negative trend, they performed a ritual sacrifice of ten goats in a parking lot. But their "magic" failed. Stocks continued to fade. Much later they recovered, but not in a timely manner that would suggest the sacrifice worked. I urge you to avoid their approach to fixing problems, especially now. Reliance on superstition and wishful thinking is guaranteed to keep you stuck. On the other hand, I'm happy to inform you that the coming weeks will be a highly favorable time to use disciplined research and rigorous logic to solve dilemmas.

PISCES (Feb. 19-March 20): In the coming days, maybe you could work some lines from the Biblical "Song of Solomon" into your intimate exchanges. The moment is ripe for such extravagance. Can you imagine saying things like, "Your lips are honey," or "You are a fountain in the garden, a well of living waters"? In my opinion, it wouldn't even be too extreme for you to murmur, "May I find the scent of your breath like apricots, and your whispers like spiced wine flowing smoothly to welcome my caresses." If those sentiments seem too flowery, you could pluck gems from Pablo Neruda's love sonnets. How about this one: "I want to do with you what spring does to the cherry trees." Here's another: "I hunger for your sleek laugh and your hands the color of a furious harvest. I want to eat the sunbeams flaring in your beauty."

Homework: Each of us has a secret ignorance. What's yours? What will you do about it? Testify at Freewillastrology.com.



by Mark Oakley www.iboxpublishing.com



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Corin Raymond ★ The Swinging Belles ★ Bluesmobile
Kickin' Mule ★ Aerialists ★ Emily Millard
Howie MacDonald & Mary Beth Garty ★ Scotty Marsters
Maritime Marionettes ★ Wee Giant Theatre ★ The Dearlies
Roxy & The Underground Soul Sound ★ Naming the Twins
Sarah McInnis ★ Jill Boudreau Band ★ SWIG
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Deep Roots Music Festival is thrilled that Lennie is bringing his show direct to us thanks to the support of the Atlantic Presenters Association/RADARTS/Canada 150 Performance Series. We acknowledge the financial support of the Government of Canada.



ARTISTS IN THE SCHOOLS: The Swinging Belles

As part of our mission to make meaningful musical connections happen, Deep Roots is pleased to be able to offer The Swinging Belles to various Valley elementary schools this fall. The Swinging Belles is an award-winning swing band for kids from St. John's, NL featuring child educators and performers Laura Winter and Erin Power joined by guitarist extraordinaire Duane Andrews. As primary school teachers, both Laura and Erin know firsthand the joy that kids feel when they can boogie to some good time music, and as parents, Duane and Erin know the importance of enjoying the music that our kids are listening to! Their show is packed with music, interactive storytelling and dancing ... lots of dancing!



the Atlantic Presenters Association (APA) and RADARTS Canada 150 Performance Series. We acknowledge the financial support of the Government of Canada.

The Swinging Belles are brought to us as part of

SEARCHING FOR ABEGWEIT:

The Island Songs & Stories of Lennie Gallant

Hailed as a runaway hit with an amazing track record of 120 full house performances, Searching for Abegweit: The Island Songs & Stories of Lennie Gallant is a musical love letter to Prince Edward Island. September 21st marks the first time that this hit musical will be performed off of the Island and the festival's organizers are excited to see it staged at the beautiful Festival Theatre. The show stars 2017 ECMA Fans Choice Artist of the Year Lennie Gallant and presents his music alongside comedic stories, Island legends, and poignant tales in a multimedia format that utilizes film, and hundreds of paintings from well-known PEI visual artist and sibling, Karen Gallant. The show's album which features fan

favourites such as 'Peter's Dream', 'Tales of the Phantom Ship', and 'Island Clay' was also recognized as the 2017 ECMA Folk Recording of the Year. Lennie Gallant is joined on stage by Sean Kemp (violin), Jeremy Gallant (keyboard and percussion), Jonathan Gallant (backing vocals, drums, percussion and mandolin), and Patricia Richard (bodhran, mandolin, banjo, and vocals). Searching for Abegweit is directed by Jac Gautreau.

The show has been made possible as part of the Atlantic Presenters Association/RADARTS, Canada 150 Performance Series. We would also like to acknowledge the financial support of the Government of Canada.



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ARTIST BIOGRAPHIES

AERIALISTS

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In a world where hyphenated genres are becoming the norm, all kinds of monikers are available for a contemporary folk band. Aerialists fits best with the beautifully contradictory term prog-trad, melding their ferociously creative harmonic sensibilities with a deep love for folk traditions. Featuring Adam Iredale-Gray, Mairi Chaimbeul, Elise Boeur, Wynston Minckler, and Brandon Goodwin; Aerialists draws from the wells of Nordic and Gaelic music, adding expansive post-rock textures and meticulously sculpted arrangements to create captivating, genre-defying new music. In 2015, they recorded their debut EP in an isolated studio caught between ocean and forest in British Columbia.

GOGO LOVE ALGORN

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Coco Love Alcorn has always followed her spirit but never so literally as with her latest album, *Wonderland*. Mostly written by layering her own voice on a 5-track looper, the songs spring from her personal journey yet also offer a universal interpretation that invites all listeners to sing along. Coco is known for her uplifting and passionate music inspired by the traditions of folk, gospel, soul, and jazz. Coco has produced 10 albums; performed across Canada opening for the likes of Burton Cummings, Ani DiFranco, and Steve Poltz; and garnered notable success with her songs in television and film.

BLUESMOBILE

Sponsored by CIBC Wood Gundy • bluesmobile.ca



Bluesmobile is the Annapolis Valley's own 15-piece dance band featuring a 6-piece horn section, 5-piece rhythm section, and 4 vocalists. The band plays music from many musical styles including blues, funk, rock, soul, and R&B; covering such artists as Stevie Wonder, Louis Jordan, Chicago, Earth Wind and Fire, Santana, Tower of Power, Aretha Franklin, The Commodores, James Brown, Powder Blues, and many more! Initially formed in late spring of 2012, the band was first started as a one-time project for one show. After that, they had so much fun, they decided to keep the band going. They have experienced many band member changes since their humble beginnings but have now settled in with this fine group of talented musicians.

JILL BOUDREAU BAND

Sponsored by Stella Rose • facebook.com/boudyandtheboys



Jill was born and raised in Sydney, Cape Breton and her infectious smile and sunny disposition leaves no doubt that she is a true Caper. Only 5 years ago she picked up a guitar and taught herself how to play, and only 3 years ago she began her musical endeavors by singing for her very first time in public at Wolfville's Paddy's Pub Open Mic. Very recently she has taken on the challenge of writing and performing her own songs. The Jill Boudreau Band includes Scotty Marsters (guitar), Jason Burns (guitar), Kory Bayer (bass), Graham Howes (keyboard), and Aaron Knock (drums).

JONATHAN BYRD & THE PICKUP COWBOY

Sponsored by Acadia Sports Therapy Clinic • jonathanbyrd.com



Jonathan Byrd is a preacher's son, a Gulf War veteran, and an award-winning songwriter from Chapel Hill, North Carolina, known for literary, outsider songs that have become campfire favorites. Multi-instrumentalist Johnny Waken cut his teeth on electric guitar in Pittsburgh with rock legend Norm Nardini in 1992. Years later Johnny joined theatre troupe Paperhand Puppet Intervention, contributing to scores and winning 4 Indy Awards for best original music. Jonathan Byrd and The Pickup Cowboy are musical gunslingers, vaudevillian hucksters, and old-fashioned tent revivalists. Between heartbreaking ballads and hell-raising sing-alongs, the Cowboys entertain and get audiences involved in the show.

ALEX CUBA

Sponsored by Jane's • constante.alexcube.com



Alexis Puentes, born in Artemisa, Cuba, is a Cuban-Canadian singer-songwriter who sings in Spanish and English. This Latin Grammy and Juno Award winner's last album *Healer* included duets performed with Ron Sexsmith and David Myles and won the Best Singer-Songwriter Latin Grammy in 2016. His latest album, *Lo Unico Constante*, examines the Cuban music scene of the 1940s – fusing jazz and troya together with emotional, but not sad, lyrical content. (Part of the Canada 150 Performance Series)

THE DEARLIES

Sponsored by Friends of the Festival • facebook.com/thedearlies



The Dearlies are a Nova Scotian country-folk trio. Singer-songwriter Rebecca MacDonald is joined by sisters Meagan and Jenny Osburn to bring you sweet original tunes and old favourites in three part harmony. The love of music brought them together in 2005 when Rebecca showed up for open mic at the Union Street Café, a music venue and restaurant the Osburn sisters owned and operated. Twelve years and one restaurant sale later, they have the time to make music together and are thrilled to be part of this year's Deep Roots Music Festival.

DJUGDJUG ENSEMBLE

Sponsored by Friends of the Festival



This group combines traditional West African songs, rhythms, arrangements, and at times dance, with other musical and theatrical ideas to provide energetic and eclectic performances. Booming with the sound of djembes, dununs, horns, bells, shakers, and voice, the ensemble will guide the Drum Circle at our Festival Tent on Saturday morning and lead our Fresh Beats Rhythm Parade. Let Djugdjug help you find your "beet" and be part of the excitement and fun that is the pulse of Deep Roots!

LENNIE GALLANT

Sponsored by Paddy's Pub • lenniegallant.com/searchingforabegweit



A native of the Acadian village of Rustico, PEI, Lennie Gallant has recorded eleven albums which have won him a host of awards and nominations from the JUNOs, the East Coast Music Awards, and Les Prix Eloizes. One of his albums even made it to the International Space Station with Canadian astronaut Julie Payette. Lennie is the 2017 ECMA Entertainer of the Year and won the 2017 ECMA Folk Recording of the Year for his album *Searching For Abegweit*. Deep Roots is honoured that he is kicking off the Festival with his show, "Searching For Abegweit – The Island Songs & Stories of Lennie Gallant". (Part of Canada 150 Performance Series)

DONNA HOLMES

Sponsored by Friends of the Festival • facebook.com/OpenMikeandDonna



This local singer/songwriter hosts a weekly open mic, sings with the Annapolis Big Band, and directs a seasonal variety show called *Broken Leg Theatre*. She's sung backup vocals for Greg Muttart, Up Dog, Heather Kelday, and Andy Flinn; and performed at the Halifax Jazz Festival. Donna also appears as a featured artist on *Let the Good News Ring: Christmas Songs from the Annapolis Valley*, an album recorded with the Hupman Brothers.

KAIA KATER

Sponsored by Canopy Creative • kaiakater.com



Kaia Kater grew up between two worlds – her family's, with its ties to Canadian folk music in her Toronto home; and West Virginia, where she spent years learning and studying Appalachian music. Her acclaimed debut album *Sorrow*

Bound (May 2015) touched on this divide, but her new album, *Nine Pin* (May 2016), delves even further, and casts an unflinching eye at the realities faced by people of colour in North America. It was recorded in a single day in Toronto, and the songs are fueled by Kaia's rich low tenor vocals, jazz-influenced instrumentation, and beautifully understated banjo.

KICKIN' MULE

Sponsored by K-Rock 89.3 • facebook.com/Kickin-Mule



Formed in the Annapolis Valley in 2010, Kickin' Mule has enjoyed a strong presence in the local music scene, regularly performing at all the local haunts and summer festivals. The band recently underwent a significant personnel change and now features Caleb Miles (lead guitar) and Noah Scanlan (bass) joining core members Brian Chipman (vocals and harmonica), Bob Federer (keyboards), and Mike Carroll (drums). Individually and collectively their experience is vast and accomplished. Kickin' Mule has two CDs behind them with a third in the planning stages, and is a full-tilt electric dance band that has the audience shakin' their bones all night long.

YVES LAMBERT TRIO

Sponsored by Euangelina Inn & Motel • yveslambert.com



Yves Lambert, a founding member of La Bottine Souriante, and among the most influential players of traditional Québécois music, leads this captivating trio

whose music will grab you, shake you around a little, and put you back on your feet without missing a beat. Along with Tommy Gauthier (fiddle, feet, bouzouki) and Olivier Rondeau (guitars), Yves Lambert and his accordion reimagines Quebec's traditional songbook. The group's charisma, nuanced arrangements, and distinct harmony will make for a festive musical experience full of multicultural ambiance and colour. There's nothing quite like the Yves Lambert Trio!

HOWIE MACDONALD & MARY BETH CARTY

Sponsored by Town of Wolfville • marybethcarty.com



Howie MacDonald is a master celtic fiddler, producer, and comedian from Westmount, Cape Breton County. He has twelve solo albums and a DVD to his credit, and has spent many years touring with the Rankin Family. Mary Beth Carty comes from a musical family known as the MacDonald 11's of Lanark, Antigonish County. She is a musician, dancer, and singer who has just released a debut solo album, *Les biens-nommés*, featuring gypsy-esque original songs played on accordion. They've been best friends and musical collaborators since 2015 and are delighted to be accompanying each other at Deep Roots.

MARILYN MANZER & SHANNON LYNCH

Sponsored by Friends of the Festival



Marilyn Manzer has taught and performed music in Wolfville for 25 years and taught Kindermusik® for 10 years. This 2011 Valley Arts Award winner sings; plays piano and recorder; and has been music director for Women of Wolfville and school musicals. Shannon Lynch is an actor, comedian, musician, and founding member of the Wildebeasts – an award-winning children's band. Together they are putting on a session designed for children under 7 years, called 'Kids Play Music' – a super fun workshop in which kids (and their adults) will sing, dance, and play rhythm instruments.

MARITIME MARIONETTES

Sponsored by Friends of the Festival • maritime-marionettes.com



Founded by partners and puppeteers Heather and Darryll Taylor, Maritime Marionettes has been entertaining families in Canada and abroad since 1986. The Taylors bring traditional and original stories to life with exquisitely made and skillfully manipulated wooden marionettes. The company creates its productions from concept to finished product, including fashioning the marionettes and creating sets, props and costumes for every show. They have travelled all over the world with their stringed creations, giving their audiences an opportunity to see a unique and ancient art form brought to life at the hands of two gifted puppeteers.

SCOTTY MARSTERS

Sponsored by Friends of the Festival



Scotty Marsters is a pillar of the Wolfville music scene. When he's not playing lead guitar or bass, or singing background vocals in numerous other Nova Scotian bands, Scotty steps into the role of songwriter and lead vocalist in the Scotty Marsters Band. Backed by an eclectic mix of classical, bluegrass, and country musicians, the band creates a multidimensional musical texture as captivating as Scotty's heartfelt and genuine songs. Playing solo or as part of a band, Scott has loads of musical talent to share.

SARAH MCINNIS

Sponsored by CapFlex Networking • facebook.com/sarahmcinnismusic



A folk singer/songwriter from Peterborough, Ontario, Sarah McInnis is a talented multi-instrumentalist and masterful storyteller. Sarah's stirring vocals and passionate performances reach out to her listeners and transform each stage into an intimate-feeling venue. Her debut EP *Farmer, Coal Miner* beautifully illustrates her craft. Themes of family ties; home; and a sense of place, love, loss, self-awareness, and wonder are skillfully woven into seven thought-provoking tracks. Sarah and bandmate Jesse Carlson have recently collaborated to record another album in the Manning Memorial Chapel, here in Wolfville, which will be released soon.

EMILY MILLARD

Sponsored by Acadia University • emilymillard.ca



Emily Millard is a Canadian singer-songwriter (formerly known as Miss Emily Brown) whose unique blend of art-folk has been called "inventive", "haunting", and "beautifully ethereal". Alchemically combining poetry with vintage keys, steel strings, and music box, Emily braves the space between silence and sound with her unmistakable voice. Her 2010 album *In Technicolor* garnered a Canadian Folk Music nomination. At Deep Roots, and with lush accompaniment from the exploratory folk band, Aerialists, Emily will present songs from her new full-length record, *By Heron & By Season* – an intimate and courageous exploration of inner and outer nature.

NAMING THE TWINS

Sponsored by The Flower Cart Group • namingthetwins.com



Robbie Smith and Kath Glauser make up this Nova Scotia based, harmony-rich duo. Their energy, casual banter, wide variety of song styles, and well-matched voices captivate audiences wherever they perform. Robbie has been a singer/songwriter/musician all his life. Kath brings her clear engaging voice to the duo to breathe life into Robbie's lyrics. In 2008, after years of being a solo artist, Robbie was taken with the voice of an acquaintance and knew that he had found in Kath his vocal soul mate – Naming the Twins is the result of that wonderfully rare find.

BILL & JOEL PLASKETT

Sponsored by Just Us! Coffee Roasters • joelplaskett.com



Canadian music fans know who Joel Plaskett is: a multiple JUNO Award winning songwriter who has played to sold-out clubs and concert halls from one side of the country to the other. But in 2017 Joel has been sharing the spotlight with his earliest musical influence – his father Bill. Bill immigrated to Vancouver in 1967 before moving to Nova Scotia where Joel was born in 1975. Through much of the 1980s the family lived in historic Lunenburg, where Bill helped to found the Lunenburg Folk Harbour Festival. Their album, *Solidarity*, was released in February and is the first full-length musical collaboration between father and son.

SARAH POUND

Sponsored by Friends of the Festival • sarahpound.com



This singer-songwriter, performer, and music therapist has been singing for as long as she can remember. Her main instruments are the guitar, piano, and trumpet, but she is most passionate about singing. Sarah recorded and released her first solo album, *It's About Time* in 2009. Her second album, *Capacity* (2015), is an eclectic

soul-folk album of her originals in full band arrangements. Sarah sings a wide variety of genres, from folk to soul, bluegrass to blues, and is also the female vocalist for Bluesmobile, the Annapolis Valley's own 15-piece dance band.

PRETTY ARCHIE

Sponsored by Long & McQuade • prettyarchie.com



This Cape Breton quartet is made up of long-time friends Brian Cathcart (lead vocals, guitar), Matt McNeil (lead guitar, mandolin), Colin Gillis (harmonica, bass, vocals), and Redmond MacDougall (banjo, percussion, vocals). Pretty Archie's honest and heartfelt writing connects listeners with a saltwater perspective on modern living. Their fun-loving and, at times, heartbreaking music finds common ground in the blurred genres of Country, Folk, Bluegrass, and Blues. Pretty Archie's newest release, *Sing Along & Love Songs* is a 10-song collection of their best songwriting to date, addressing themes of love, loss, life, and the forces that drive all three.

CORIN RAYMOND

Sponsored by Boston Pizza • corinraymond.com



Toronto songwriter Corin Raymond has traveled the length and breadth of Canada and across the globe, and his songs are being covered by artists like The Good Lovelies, The Strumbellas, and Jonathan Byrd. This Canadian troubadour's double-album tribute to his fellow songwriters entitled *Paper Nickels*, was – through an absurd triumph of crowd-funding – paid for entirely with Canadian Tire money, handed to Corin by fans across the country. *Hobo Jungle Fever Dreams*, Corin's latest album, was nominated for the 2016 Contemporary Roots JUNO Award and is his finest collection yet.

ROXY & THE UNDERGROUND SOUL SOUND

Sponsored by Schoolhouse Brewery • roxyandtheundergroundsoundsound.com



This 8-piece soul-funk band from Halifax takes the classic soul sounds of the 60s and 70s and adds their own spin into the recipe of groove. The band lays down beats that are sure to set the dance floor on fire, making it easy for Roxy, the five-foot firecracker of funk, to melt your heart. Their debut album *Don't You Know* won the 2015 Nova Scotia Music Award for Best Urban Recording and Best New Artist Recording of the Year. Performing mostly original

material, the group throws in timeless hits as well – bring your dancing shoes for this one!

SWIG

Sponsored by Friends of the Festival • swigmusic.ca



SWIG is a celtic, contemporary, pop trio based in Nova Scotia's Annapolis Valley. Founded in 1984 as a 4-piece band, the name SWIG is in an acronym for the founding four's heritage: Scotch, Welsh, Irish, and German. Mark Roberts (mandolin, whistles, vocals) is the last remaining original member of the group. Bill Doucet (guitar, harmonica, percussion, vocals) and Sara Sponagle (bass, vocals) currently round out the group. With three lead vocalists and strong three-part harmonies, they are equally at home covering everything from traditional to indie pop.

THE SWINGING BELLES

Sponsored by TC Media • theswingingbelles.ca



This award-winning trio (featuring Laura Winter, Erin Power, and Duane Andrews) are bringing fun for the whole family from St. John's, NL to the Festival Tent on Saturday afternoon. Their debut album, *More Sheep, Less Sleep* won the 2016 JUNO award for best Children's Album of the Year. Their show is packed with music, interactive storytelling, and dancing. It is all about getting kids and parents out to have a dance and enjoy some swing, country, and jazz . . . kid style. (Part of Canada 150 Performance Series)

WEE GIANT THEATRE

Sponsored by Friends of the Festival • weegiants.ca



Wee Giant Theatre performances and workshops are a unique blend of storytelling, clowning, dance, music, mask, colourful costumes, and puppets. Monika Wildemann, Artistic Director, creates the puppets, props & costumes, all made from recycled materials. Moni's larger-than-life Wee Giants have been the heart of the Deep Root's Fresh Beats Rhythm Parade since its beginning. Join the Wee Giants on Saturday as they once again make their majestic way through Wolfville's downtown (and into our hearts) in a colourful, musical, magical procession.

FESTIVAL SCHEDULE	
♥ = Participatory event	★ = Free event
Buy tickets online at www.deeprootsmusic.ca or at any TicketPro outlet in the Maritimes.	
THURSDAY, September 21	
7:00 PM	Kick-Off Concert (Festival Theatre) – Searching for Abegweit: The Island Songs & Stories of Lennie Gallant
FRIDAY, September 22	
12:00 PM	Artists at the Library (Wolfville Memorial Library) – Donna Holmes, Jonathan Byrd & The Pickup Cowboy ★
1:00 PM	Music at the Tent (Festival Tent) – Sarah Pound, The Dearlies, Sarah McInnis, Pretty Archie, Jill Boudreau Band with host Jeff Horick ★
2:00 PM	Artists@Acadia (KC Irving Garden Room) – Kaia Kater: Moving Traditional Music Forward ♥ ★
7:00 PM	Friday Main Stage (Festival Theatre) – Kaia Kater, Corin Raymond, Alex Cuba, Jonathan Byrd and the Pickup Cowboy, Yves Lambert Trio – with host François Côté
10:00 PM	Friday Late Night (Paddy's Pub) – Aerialists, Naming the Twins, SWIG, Jill Boudreau Band ★ with host Mike Milne
10:30 PM	Friday Late Night Dance Party (Wolfville Farmers' Market) – BLUES BASH with Bluesmobile, Kickin' Mule with host Jim Murphy
SATURDAY, September 23	
9:30 AM	Deep Roots at the Market (Wolfville Farmers' Market, 9:30am-12:30pm) – Donna Holmes, Sarah McInnis, Kaia Kater, Naming the Twins, Pretty Archie, Jill Boudreau Band ★
10:00 AM	Hat, Mask & Rhythm Instrument Making (Festival Tent) – with folks from Ross Creek Centre for the Arts ♥ ★
10:00 AM	Harmony Singing (A Whistle Theatre) – Coco Love Alcorn, The Dealies, Emily Millard, Sarah Pound ♥ ★
10:00 AM	Puppetry & Costume Play (Festival Theatre Lobby, drop in between 10:00am and 11:15am) – with Monika Wildemann and Wee Giant Theatre ♥ ★
10:30 AM	Kids PLAY Music! (Wolfville Baptist Church) – with Marilyn Manzer & Shannon Lynch ♥ ★
11:00 AM	Drum Circle (Festival Tent) – with Djungjug Ensemble ♥ ★
11:35 AM	All-Ages Rhythm and Percussion (Festival Tent) ♥ ★
12:00 PM	Fresh Beats Rhythm Parade (starts at Festival Tent) ♥ ★
12:15 PM	Puppet Show (Festival Tent) – Maritime Marionettes presents "Goldilocks and the Three Bears" ★
12:30 PM	Group Manoeuvres (A Whistle Theatre) – Aerialists
1:00 PM	Songwriters' Circle (Festival Theatre) – Bill Plaskett, Kaia Kater, Naming the Twins, Alex Cuba
1:15 PM	Kids Music Show (Festival Tent) – The Swinging Belles ★
2:00 PM	Deep Roots Open Mic (Festival Tent, sign-up begins 12:30pm) – with host Scotty Marsters ♥ ★
2:00 PM	Square Dances Workshop (Wolfville Farmers' Market) – Howie MacDonald and Mary Beth Carty ♥
2:00 PM	Valley Girls (A Whistle Theatre) – Sarah Pound, The Dearlies, Sarah McInnis, Jill Boudreau
2:30 PM	Songwriters' Circle (Festival Theatre) – Joel Plaskett, Corin Raymond, Emily Millard, Jonathan Byrd
3:30 PM	Du Quêbec au Cap-Breton (A Whistle Theatre) – Mary Beth Carty, Yves Lambert, Howie MacDonald
7:00 PM	Saturday Main Stage (Festival Theatre) – Emily Millard & Aerialists, Coco Love Alcorn & Annapolis Valley Honour Choir, Howie MacDonald & Mary Beth Carty, Bill & Joel Plaskett – with host Bill Roach
10:00 PM	Saturday Late Night (Paddy's Pub) – Corin Raymond, SWIG, Kickin' Mule, Pretty Archie ★ with host Mike Milne
10:30 PM	Saturday Late Night Dance Party (Wolfville Farmers' Market) – Yves Lambert Trio, Roxy & The Underground Soul Sound with host François Côté
SUNDAY, September 24	
10:00 AM	Kiss Up Singing: Great Canadian Song Tribute! (Festival Theatre) – Naming the Twins (host), Corin Raymond, Kaia Kater, Pretty Archie, Coco Love Alcorn Bring donations of cash or non-perishable food items for the food bank
11:00 AM	Noodle Guy Brunch (The Noodle Guy, Port Williams) – Sarah McInnis, Aerialists
1:00 PM	Festival Finale (Festival Theatre) – Naming the Twins, Jill Boudreau Band, Valley Arts Award: Ken Shorley, Pretty Archie, The Dearlies, Sarah McInnis, Bluesmobile – with host Darrin Haney

LATE NIGHT DANCE PARTIES!

FRIDAY
SEPTEMBER 22, 2017

***** BLUES BASH! *****

Bluesmobile
Kickin' Mule

SATURDAY
SEPTEMBER 23, 2017

Yves Lambert Trio
Roxy & The Underground Soul Sound

10:30PM at WOLFVILLE FARMERS' MARKET

Tickets: \$20 (plus HST and service fee)
19 & over, cash bar available

Buy tickets online at www.deeprootsmusic.ca or at any TicketPro outlet in the Maritimes

4-Day Festival Pass:	Individual Tickets without Pass:
Adult: \$115 • Student: \$95 (plus HST and service fee)	Thursday Kick-Off Concert..... Adult \$30, Student \$25
Includes all shows and workshops on Thursday, Friday, Saturday, and Sunday except the Late Night Dance Parties at the Wolfville Farmers' Market.	Friday Evening Main Stage..... Adult \$35, Student \$25
3-Day Festival Pass:	Friday Late Night Dance Party (19+)..... All tickets \$20
Adult: \$95 • Student: \$75 (plus HST and service fee)	Saturday Afternoon Shows..... Adult \$20, Student \$15
Includes all shows and workshops on Friday, Saturday, and Sunday except the Late Night Dance Parties at the Wolfville Farmers' Market.	Square Dance Workshop..... All tickets \$10 at the door
• All prices DO NOT include HST and service fee.	Saturday Evening Main Stage..... Adult \$35, Student \$25
• Children 4 & under accompanied by parents are free to attend Saturday & Sunday afternoon shows.	Saturday Late Night Dance Party (19+)..... All tickets \$20
• Searching for Abegweit: The Island Songs & Stories of Lennie Gallant, Alex Cuba, and The Swinging Belles are brought to us as part of the APA and Barbara Canada 150 Performance Series.	Sunday Afternoon Festival Finale..... Adult \$20, Student \$15

2017 VALLEY ARTS AWARD WINNER

The Valley Arts Award is presented to someone who has made a significant, long-term contribution to the Arts in Nova Scotia's Annapolis Valley. This year's winner is Ken Shorley – a diverse percussionist who specializes in the hand drumming traditions of the Middle East and India. Though he's been based in Wolfville for over 20 years, his musical passions have taken him around the globe. Ken is also an avid player and teacher of Indonesian gamelan music. His ensemble, Mindful Flower Gamelan, is the first of its kind in the Maritimes and performs traditional and contemporary music for gamelan degung. The group's first recording, featuring new gamelan music by Canadian and Indonesian composers, is currently in post-production.



In recent years, Ken has been a featured performer at the Halifax Jazz Festival, Sound Symposium, Prismatic Festival, Lunenburg Folk Harbour Festival, Sunfest, Mosaiq Festival, here at the Deep Roots Music Festival, and on national broadcasts for CBC Radio 2. Ken is also the co-director of World in Wolfville, a community organization that has, for more than 10 years, focused on presenting world music concerts, workshops, and happenings in the greater Wolfville area. (Watch for a return of their popular "Drum Night" happening this November!).

University; leading the 10-piece Turko-Balkan dance party band, ORO! Orkestra; composing and touring with his hand-drumming group, Ken Shorley Trio; collaborating with cellist India Yesh-Gailey in the chamber music duo, Bonsai; and sharing the stage with the amazing Nasr sisters (Ariana, Sahara, and Kamila) in the world music ensemble, ASHK.

Some of Ken's current projects include teaching Gamelan and World Music courses at Acadia

Ken will receive the 2017 Valley Arts Award at our Festival Finale on Sunday.
www.kenshorley.com



MIPAC
MERMAID IMPERIAL PERFORMING ARTS CENTRE
106 Gerrish Street, Windsor
mermaidtheatre.ca/MIPAC



2017-2018 PERFORMING ARTS SERIES



SATURDAY
SEP 16, 2017
8:00PM
Hat Fitz and Cara
\$25 advance / \$27 door

Another exciting season awaits at Mermaid Imperial. This season features some fantastic Canadian touring acts, some true Nova Scotian talent, and three of Mermaid's own whimsical flagship productions. Tickets for all shows are now on sale.

This season, all seats are general admission.



WEDNESDAY
OCT 4, 2017
6:30PM
Guess How Much I Love You & I Love My Little Storybook
\$14 advance / \$16 door

Mermaid Theatre of Nova Scotia



SATURDAY
APR 14, 2018
8:00PM
Rosie & the Riveters
\$27 advance / \$29 door



THURSDAY
OCT 26, 2017
7:30PM
Windsor Ghost Walk Stage Show
\$13 advance / \$16 door

Quick as a Wink Theatre & Valley Ghost Walks



FRIDAY
MAY 4, 2018
8:00PM
Dylan Menzie
\$20 advance / \$23 door



THURSDAY
NOV 2, 2017
7:30PM
Lullaby: Inside the Halifax Explosion
\$34 advance / \$36 door

Eastern Front Theatre



SUNDAY
MAY 13, 2018
6:00PM
Goodnight Moon & The Runaway Bunny
\$14 advance / \$16 door

Mermaid Theatre of Nova Scotia



SATURDAY
MAR 10, 2018
8:00PM
Hillsburn
\$23 advance / \$25 door



TUESDAY
JUN 12, 2018
6:30PM
The Rainbow Fish
\$14 advance / \$16 door

Mermaid Theatre of Nova Scotia

Twitter: @MermaidImperial

Facebook.com/MermaidImperial

Tickets available online at Ticketpro.ca, by phone at 1-888-311-9090 or in person at Windsor Home Hardware and all other Ticketpro outlets.



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106 Gerrish Street, Windsor
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2017-2018 PERFORMING ARTS SERIES



TIX: \$25 ADVANCE / \$27 DOOR
(INCLUDES TAXES & FEES)
ALL SEATS GENERAL ADMISSION.
SAT, SEP 16, 2017 @ 8:00PM

@MermaidImperial
Facebook.com/MermaidImperial

Tickets available online at Ticketpro.ca, by phone at 1-888-311-9090 or in person at Windsor Home Hardware and all other Ticketpro outlets.



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AVONDALE
SKY WINERY
SEPT. 16, 2017

LIVE MUSIC
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GARLIC COOKING DEMOS
LECTURES ON GARLIC
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WWW.AVONDALEGARLICFEST.COM
PHOTO BY LEONA NIELSEN-WENDEL

HONEY HARVEST FESTIVAL

Sept. 9th, 2017, 10am-4pm

AVON SPIRIT SHIPYARD, 15 & 17 BELMONT RD
NEWPORT LANDING / AVONDALE NS

VENDORS

James Brown of Steady Brook Apiaries
Meander River Brewery
Tarah Gibbon of Dig it Naturals
Cory Cauvier of Bee Connections
Avon River Arts
Sainte-Famille Wines
Stephanie Kim of Royal Jelly Gardens
BEEA Honey with Heart - Youth Social Enterprise
Liz Nell, Artist
Boars Back Cider
Foote Family Farm
Nova Scotia Bee Keepers Association
Doris Benedict, Fibre Artist
Candles by Angela
Michelle Heron of Ashton Heron Apiaries
Planters Ridge Winery
Anne Moore with natural pet treats and gifts
All Lathered Up Soap Company
Halifax Honey Bee Society
Emily Keans of Forged Coast Studio
Richard Armstrong of Stone Poste Cidery
Halifax Queen Bee Honey

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\$2 off regular price, valid with no other offer.

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October 6th
2017



FEATUREPRENEUR: A Tasty Career Transition

Genevieve Allen Hearn

Hillary Webb has been working tirelessly to get ready for the grand opening of her new restaurant. On September 20th you'll be able to find Hill's Grills Panini Press & Tea House on the corner of Cornwallis and Webster in Kentville (where the Central Café used to be located). Formerly working in the sciences, Hillary chatted with *The Grapevine* about her foray into the world of sandwiches, baked goods, and tea. And if her food tastes as good as it looks on the Hill's Grills Instagram feed, the Valley is in for a real treat!

The Grapevine (GV): Congrats on your new business! What can we expect from Hill's Grills?

Hillary Web (HW): Thank you! Lots, I hope! We aim to be the primary tea destination for tea lovers in the valley and beyond, but even more than that we want to become the favourite breakfast and lunch location for locals. Sandwiches are a staple in the North American diet, and we make them fun and flavourful in a bright and cheerful environment, keeping it simple with local ingredients and a whole lot of love.

GV: How did you get into the food industry? Did you find the career or did the career find you?

HW: I actually got into the food industry at 16 years old with my first job at McDonald's. I ended up working my way up to management and enjoyed 5 years in the fast-paced food industry. My family is from Newfoundland, where sharing food is the primary way of showing our love and enjoying each other's company, so cooking and eating well have been ingrained in me from a young age. I've always loved the atmosphere of a coffee shop, but I've never been much of a coffee drinker and found that the tea options at cafés were lacking. A few years ago I came up with the idea of "Hill's Grills", combining my love for tea and sandwiches in one cozy little tea shop package. Despite restaurant experience and small business management experience, I wanted to be as prepared as I could be, so I went back to school for business management while working full-time. When the Café Central location became available I was about to graduate, so it was ideal timing to make this dream become a reality. I can't say I fell upon this career with all of the work leading up to it, but I can tell you that this was not what I imagined I'd be doing with my life 10 years ago!

GV: What is your favorite part about working with food?

HW: Being creative. Initially choosing a science-based career meant that I didn't have a lot of opportunity to be creative in my day-to-day activities, and all of my extra-curricular activities reflected my need to have this outlet. I think this is what eventually led me to my passion for cooking. The scientist in me loves the experimental elements of cooking



methods and the use of different equipment, and the creative side in me loves the opportunity to be creative with flavour combinations and explore new realms of cooking territory. It's a match made in heaven for my complex brain! I said it before, but cooking has always been my family's way of connecting and sharing, so when I'm cooking for someone (or a whole lot of "someones" here shortly!), it is my way of connecting and sharing a little piece of myself with the world.

GV: Besides your kitchen, where is your favorite place to get a sandwich?

HW: For the classic staple, the clubhouse sandwich, it would have to be Farmer's Family Diner in Aylesford. The thick-cut fresh bread and the bacon make this sandwich a true treat. It's huge though - I always end up taking some home.

GV: What piece of advice would you pass on to others starting a business in the Valley?

HW: Talk to others. I have been fortunate enough to find a huge wealth of resources from people who work here in the valley. Whether it's the town governments, food inspectors, other business owners, or the general public, everyone I've spoken with has been knowledgeable and very willing to share their experiences. As a business owner, there are a lot of similarities and challenges regardless of the industry you may be in, so speaking with other local business owners can be a huge asset; it was certainly a help to me. The valley continues to prove itself to be a great place to do business!

Hours of operation will be Monday to Friday 6:30am-4:30pm and Saturdays 8am-4pm. You can follow Hill's Grills on Instagram or Facebook at @hgpaninihouse.

THE 2017 RETIRED TEACHERS ORGANIZATION (RTO)

Legacy Foundation Award presented to the Annapolis Valley Chapter of Autism Nova Scotia
Submitted

This year the Annapolis Valley Chapter of Autism Nova Scotia was the very fortunate recipient of the Retired Teachers Organization (RTO) Legacy Foundation Award for 2017.

The RTO Legacy Foundation was established in 1994 with the intent of supporting sick and/or challenged children in the province of Nova Scotia. This year's RTO Legacy Foundation funds went directly toward supporting Camp Spectrum, the Annapolis Valley chapter of Autism Nova Scotia's summer day camp for children and youth with autism. Camp Spectrum is unique in the Valley community, providing adapted programming and one-on-one support for each and every camper. The camp is in its eighth year and runs over seven weeks in four different locations throughout the Annapolis Valley.

Pictured: LEFT to RIGHT: Bill Berryman,

President RTO; Sandy Wing, Chapter Navigator, Annapolis Valley Chapter of Autism Nova Scotia, Linda MacNeil, Member-at-Large, Valley Region RTO; FRONT: Jillian Culham



THE DOME CHRONICLES: Confession of a Karaoke Addict

Garry Leeson

In 1972, a boxcar from Toronto containing a menagerie of farm animals and an eager young couple pulled into the station platform in Kingston, Nova Scotia. They were bound for a deserted hundred-acre farm on the South Mountain, determined to preserve the foundations of farmsteads past while constructing a geodesic dome. They were pioneers of the future, armed with respect for tradition and an irrepressible sense of humour. They didn't call themselves farmers. They were back-to-the-landers. Farming was industry and their calling was sustainability. Over the next forty years, through flood and fire, triumph and catastrophe, they persevered, unwittingly sowing the seeds for the modern small-farm movement.

I remember how it all started: it was in a crowded, noisy lounge in the basement of a sleazy hotel somewhere in the Maritimes. I was travelling alone and due to space constraints, I was forced to take a seat at a table with some rowdy strangers. I'd been lured into the place by the sound of music flowing down the hallway and into my room. It'd sounded like a full band performing but I was surprised when I entered the lounge to find that the stage was almost empty- just a DJ, some sound gear, and a cluster of monitors.

"Is the band taking a break?" I asked the man on my right.

He just laughed, "There ain't no band, man, that's Karaoke."

No further explanation was necessary because at that point the DJ called out a name and the man I had been talking to leapt to his feet and jogged up to join him.

"I'll try Cheatin' Heart," I heard my new acquaintance say. Then several monitors around the room lit up and a Hank Williams' recording of Cheatin' Heart, without Hank Williams, began to blare through the speakers and he broke into song with a whiney pitchy cover of the old favourite.

It was painful to listen to but after he moaned out his last notes, the crowd broke out in a sporadic applause. He reluctantly surrendered the stage and when he returned and settled into his seat beside me, I decided to do the kind thing and compliment him on his performance. As we talked, something I had never felt before began to stir in me. I thought to myself, "I could do better than that. Hell, anybody could do better than that!"

It was the beginning of the end for me. Feigning reluctance, I let myself be talked into having a go at it. I could have just said no, but the peer pressure was too great. I was on the slippery slope. I approached the DJ and timidly made my request.

As the music started, trying my best to sound like Keith Whitney, I gazed at the monitor and belted out the words to "Don't Close Your Eyes". Couples began to dance while I crooned and that was it for me; I was hooked. I couldn't get enough of it. I had to be dragged off the stage at closing time complaining bitterly that I hadn't finished the last few tunes of my Frank Sinatra retrospection.

It was the beginning of a shady double life for me. My wife had never been overly supportive to my vocal attempts in the shower so I decided to keep my new guilty pleasure a secret. As years slipped by I was constantly on the road with my job and the siren call of the Karaoke was too strong to resist.

Most of these events were held in bars but alcohol and smoking were not my problem- I did neither. Mine was more insidious and impossible to explain. I became a regular. I was known by name in all the clubs and would often have my repertoire cued up and ready when I took the microphone. I just kept singing and eating up the applause. When you're

on the road, what happens on the road, stays on the road. Although there were venues close to home where I might have fed my habit, I forced myself to drive by local temptation. I was sure that I had everybody around home fooled.

Then one fateful day close to Christmas over twenty-five years ago it happened. I was sitting at home reading a book when I heard the phone ring and my wife answering it in the kitchen.

"What, what, have you got the wrong number?" I heard her say. Then, "Ohhhhhhh, I see. Yes, thank you, I'll tell him." There was a long pause before she came over to me. When I recognized the Cheshire cat smile she used on occasions like this, I knew I was in trouble.

"I just got a call from a pub in Moncton. They say you have qualified for the Karaoke finals next week. They want to confirm that you will attend." The jig was up. I was found out. I had to make a full confession. The possibility of me winning five thousand dollar prize didn't seem to make a difference to her. I was given the ultimatum. "It's me or that."

It wasn't easy for me to give it up. There were no support groups to help and since the problem was new, psychiatrists had yet to specialize in the area. No, I was on my own- no twelve step program or other aids- it was cold turkey for me. I really tried but I never really beat the problem- you never do, I guess. You just have to face it one day at a time. My wife was very supportive- if I even hummed I would get the "look".

I won't lie. I slipped once or twice. The thing that saved me from totally falling once again into my wicked ways was her encouraging me to take out my old trumpet and join a local swing band. She even condoned my singing with the group occasionally provided that it was done under strict supervision. It has become my musical methadone. It keeps me going and I'm not about to give it up. "No, no, they can't take that away from me." Oops, did I just sing that?

FUNG LOY KOK TAOIST TAI CHI™
Beginners Program and Open House

September 19, 6 to 8 pm
September 21, 11am to 1pm

Louis Millet Community Complex
9489 Commercial St. New Minas

Come to the Open House to learn about this ancient Chinese art of movement and exercise and sign up for the four month Beginners Program.

Contact Mary Anne: 902-678-4609
kentville@taoist.org • www.taoist.org
Fung Loy Kok Taoist Tai Chi™ is a registered charity

AMUSE-BOUCHE:
FRENCH FOR KIDS

Sarah Anderson

La musique is French for **music**. These words are very similar and easy to recognize.

WHAT'S HAPPENING FROM SEPTEMBER 7 – 21, 2017

SEND YOUR EVENTS TO LISTINGS@GRAPEVINEPUBLISHING.CA

Please note: Events are subject to change.

THURSDAY, SEPTEMBER 7

Board Game Night – *J's Card Hobbies, Middleton 6:30-9:30pm. Also Sept. 21* • Bring your own Board Game, play one of ours or learn a new trading card game. **TIX:** no charge **INFO:** 902-825-4060 / jshobbies@outlook.com

GriefShare – *New Hope Wesleyan Church, Kentville 7-9pm* • We share about the grief we experience and help each other understand the emotions we have following the death of someone near to us. **TIX:** no charge **INFO:** 902-670-9288 / bernadine@thegerritsgroup.com

FRIDAY, SEPTEMBER 8

Fall Fest – *Lake Paul & Lake George Community Centre, Lake Paul 8am* • 23rd Annual Fall Fest Campout, Sept. 8, 9, & 10. 3083 Aylesford Road \$10/camper BINGO Friday and Saturday at 2 PM Yard Sale Saturday 9AM Variety Show Saturday 7PM-\$5/person Coldbrook Lions Food truck on site Friday and Saturday **TIX:** \$10 FOR WEEKEND CAMPING **INFO:** 902-847-0922 / joudrey.shelley@gmail.com

Harvest Dinner – *Lions Club, Wolfville 5-7pm* • Roast beef, harvest vegetables, local apple themed desserts, coffee and tea. **TIX:** \$15 adults, \$8 children under 10 **INFO:** KimStewarthome@outlook.com

Valley Trekkers Volkssport Club – *Ye Olde Town Pub, 9 Church St., Annapolis Royal 6pm* • Join the Valley Trekkers Volkssport Club for the Annapolis Royal walk. Registration begins at 5:30pm for walking at 6pm. This is a 5/10km, 1B walk. **INFO:** 902-847-1772

Dance: Meredith – *Royal Canadian Legion, Windsor 7-11pm* • Ages 19+

TIX: \$5 per person **INFO:** 902-798-0888 / WindsorLegion@bellaliant.com

Open Mic – *Avon River Heritage Museum, Newport Landing 7-10pm* • Bring your instruments, read some poetry or a short story, tell jokes or perform skits. **TIX:** no charge **INFO:** 902-757-1718 / infoavonriver@gmail.com

Jam Session – *Community Hall, Greenwich 7-9:30pm. Also Sept. 15* • Jam Session (Greenwich Jammer's) Every Friday evening. Light lunch provided **TIX:** \$ 2 per person **INFO:** Richard D'Entremont 902-678-4494 / vera.n.thompson@gmail.com

Helios Vocal Ensemble – *Manning Memorial Chapel, Wolfville, 7:30pm* • Atlantic Canada's premier vocal ensemble, featuring sacred and secular music from the Renaissance; presented by Musique Royale. **TIX:** \$20, \$10 students, at the door. **INFO:** 902-582-3933.

Hat Fitz & Cara – *Evergreen Theatre, Margaretsville 8-10:30pm* • Hat Fitz is a "veteran" wild man of the blues scene in Australia. Irish Cara draws on her soul background, has a sensational voice, and has taken to drumming duties as well as washboard. **TIX:** \$25, \$10 students **INFO:** 902-825-6834 / evergreentheatre@gmail.com

SATURDAY, SEPTEMBER 9

Lions Breakfast – *St Andrew's Anglican Church Hall, Hantsport 7-10am* • Pancakes, eggs, bacon, hash browns, toast, juice, tea or coffee. Proceeds for Lions Community Service Programs. **TIX:** \$7 adult, \$3.50 children 6-12, no charge under 5 **INFO:** hantsportlionsclub.com

Big Breakfast – *Southwest Hants Fire Hall, Vaughans 8-10am* • Proceeds to the Auxiliary. Takeout available **TIX:** \$7 adults, \$3.50 children **INFO:** 902-798-3470

Community Wide Yard Sale – *Downtown, Hantsport 8am-4pm* • Annual Yard Sale throughout Hantsport. Rain date Sept 10. **TIX:** no charge **INFO:** 902-690-7836 / susanareycoaching@gmail.com

Community Breakfast – *Baptist Church, Kingston 8-10am* • Traditional items plus healthy choices of fruit, yogurt and homemade muffins.

We greatly appreciate the Atlantic Superstore and Sobey's for partnering with us for the healthy choice items. **TIX:** free will offering **INFO:** Brenda@kingstonunitedbaptistchurch.ca

Fall Yard Sale & BBQ – *Fire Hall, Nictaux 8am-1pm* • Nictaux Fire-Ettes Yard Sale, BBQ, & canteen available. Tables \$5 each. **TIX:** no charge **INFO:** 902-825-2264

Open House – *Indoor Soccer Stadium, Kentville 8am-8pm* • Club members will be available all day to teach the rules of squash, demonstrate how to play, and provide equipment for you to use. All ages, skill levels. **TIX:** no charge **INFO:** 204-557-4472 / kcsc2012@gmail.com

Wing Welcome – *14 Wing Greenwood, Greenwood 9am* • Annual Wing Welcome Sept 7-9. All of the Saturday events are free and open to the entire Community. **TIX:** no charge **INFO:** Jill.Jackson@forces.gc.ca

Yu Gi Oh Tournament – *J's Card Hobbies, Middleton 10am-1pm (Weekly)* • Come meet other Yu-Gi-Oh players in these fun tournaments. **TIX:** no charge **INFO:** 902-825-4060 / jshobbies@outlook.com

Honey Harvest Festival – *Avon River Heritage Museum, Newport Landing 10am-4pm* • Meet local beekeepers, crafters, wineries, witness a demonstration hive, and learn about beekeeping practices and products. **TIX:** donation **INFO:** 902-757-1718 / infoavonriver@gmail.com

Walk for Suicide Prevention – *United Baptist Church, Kentville 10am-12pm* • Walk starting at 10:30 sharp. In Recognition of World Suicide Prevention Day. Information available from local organizations and refreshments after the walk. Special speaker. Bring pictures of loved ones for the Table of Remembrance. **TIX:** no charge **INFO:** 902-678-1345 / mgbent@ns.sympatico.ca

Brunch – *Baptist Church, Forest Hill 11am-1pm* • Bake table also. **TIX:** \$8 **INFO:** 902-542-2601 / judysin@eastlink.ca

BBQ Fundraiser – *Meadowbrook Farm Meat Market, Somerset 11am-3pm* • Hadassahouse is a cost-free residential home for women who are recovering from addictions. It will be located in the former Waterville school. Our fundraising helps pay the costs of renovations, taxes, upkeep etc., so we can be open as soon as possible. **TIX:** donation **INFO:** 902-678-1964 / denise@hadassahouse.org

Spaghetti Lunch – *Meadowview Community Centre, Kentville 11am-2pm* • Serving Spaghetti & Sauce (with or without meat), Coleslaw, Garlic Bread, Cookies, Tea, Coffee & Juice. Proceeds for the Fundy Interchurch Foodbank. **TIX:** \$10 adult, no charge for children under 5 **INFO:** 902-678-7084 / frankhardt@gmail.com

Grow With Art Children's Workshop – *Kingstec, NSCC, Belcher St., Kentville 1-3pm* • W/Roberta Mortensen. Ages 6-14. Art works may be returned/exchanged at this time. Registration 12:45pm **TIX:** \$2 per child **INFO:** 902-542-0234

Chicken BBQ – *Trinity United Church, Waterville 4-6pm* • 1/2 BBQ chicken, salad, coleslaw, roll, honey, cookie and cider. Limited seating. Primarily take-out meal. **TIX:** \$12.50 per meal. Call/leave message for advance tickets. **INFO:** Church, 902-678-6251 / carolina_tucker@hotmail.com

Moon & Tide – *Horton Ridge Malt & Grain, Hortonville 5-7pm* • Local musicians Moon & Tide. **TIX:** no charge **INFO:** 902-670-7917 / hortonridgemalt@gmail.com

Liam Potter – *Horton Ridge Malt & Grain, Hortonville 6-8pm* • Local musician Liam Potter. **TIX:** no charge **INFO:** 902-670-7917 / hortonridgemalt@gmail.com

Murder Mystery – *Haliburton House Museum, Windsor 7-9pm* • Murder Mystery - Intrigue at the Clifton Art Gallery. Join us in period costume (1970's) for our annual Murder Mystery. **TIX:** \$25 Haliburton House Museum **INFO:** 902-798-2915 / monika.viebahn@novascotia.ca

Scott Prudence/Hupman Brothers – *Union Street Cafe, Berwick 8pm* • Scott Prudence & The Other Virtues release their newest album, "Lifted". Album includes The Hupman Brothers, Asa Brosius, and Caleb Miles. **TIX:** \$15 (+ taxes) @ unionstreetcafe.ca/music or email/call. **INFO:** 902-538-7787 / contactunionstreet@gmail.com

Dance: Bev – *Royal Canadian Legion, Kentville 9pm* • 19 & over. Bar & kitchen available. **TIX:** \$8 **INFO:** 902-678-8935

Dance – *Royal Canadian Legion, Berwick 9pm-12:30am* • W/Ruth Manning and the Prospectors **TIX:** \$8 **INFO:** 902-538-1496 / ruth.prospectors@gmail.com

SUNDAY, SEPTEMBER 10

Breakfast – *Windsor & District Lions Club, Hants Community Centre (Downstairs, Rm 4), 7:30-9:30am* • Scrambled eggs, bacon, ham, beans, home fries, pancakes, toast, tea/coffee. **TIX:** \$7 **INFO:** 902-798-8143

Valley Wild Female Hockey Day – *Centennial Arena, Kentville 10am-4pm* • Fun and games, BBQ, information sessions. Find us on facebook. **TIX:** no charge **INFO:** vicechair@valleywildhockey.ca / valleywildhockey.ca

210th Anniversary Celebrations – *First Cornwallis*

Baptist Church, Upper Canard 10:30am • First Cornwallis Baptist Church 210th Anniversary Celebrations 1807-2017. W/Guest Speaker Rev. Dr. Peter Lohnes. Light lunch with anniversary cake to follow. Afternoon Musical Celebration w/ First Cornwallis choir and other local Churches. **TIX:** free will offering for the Canning & Area Food Bank **INFO:** 902-582-7364

Pokemon League - Fun Family Event – *J's Card Hobbies, Middleton 1-4pm. Also Sept. 17* • Learn to play the Pokémon trading card game. Free holo card and registration for a Pokémon Trainer Club account. **TIX:** no charge **INFO:** 902-825-4060 / jshobbies@outlook.com

Parkinson SuperWalk – *Clock Park, Wolfville 1:30-3pm* • Come out and Support Parkinson Canada. **TIX:** donation **INFO:** 902-422-3656 / SuperWalkHalifax@parkinson.ca

House Concert/Reading Fundraiser – *Merritt Gibson Library, 9806 Main St., Canning 2pm* • Annual witty fundraiser, house concert, and reading. **TIX:** \$40. All proceeds go toward building repairs. Only 30 tickets sold. The best hors d'oeuvres in Kings County! **INFO:** 902-582-7699 / canninglibrary@gmail.com

Roast Pork Supper – *Forties Community Centre, 4-6pm* • Roast pork, gravy, apple sauce, sweet mixed pickles, vegetables, potatoes, dessert, tea, coffee. **TIX:** \$13 adult, \$7 ages 5-12, \$3 under age 5 **INFO:** fortiescc@gmail.com

Fundy Cinema screens BEATRIZ AT DINNER – *Al Whittle Theatre, 4 & 7pm* • Self-effacing Mexican immigrant and health practitioner Beatriz (Salma Hayek) meets ruthless billionaire real-estate developer Doug (John Lithgow) at an upscale dinner party in Los Angeles where their worldviews collide. **TIX:** \$9 **INFO:** 902-542-1050

Frisbee Night – *Kings County Academy, Kentville 6:15-7:30pm* • A non-competitive, inclusive recreation league. **TIX:** \$2 drop-in. **INFO:** annapolisvalleyfrisbee@gmail.com

Hymn Sing – *Baptist Church, Halls Harbour 7-8:30pm* • Hymn sing featuring "Harmony 5" from Bethany Baptist Church. Alternating old time hymns with the guest musicians and the congregation. **TIX:** donation **INFO:** 902-542-9449 / rmichaelshreve@hotmail.com

Graveyard Tour and Cemetery Service – *Cemetery, Tremont 7pm* • 3rd Annual Cemetery Service and Graveyard Tour of the Old Tremont Cemetery with a Special Announcement from Communities, Culture and Heritage. Musical Guest: Chris Palmer. Refreshments to follow. **TIX:** donation **INFO:** 902-765-2642 / 1stladymuse@gmail.com

Ryan Cook – *North Mountain United Tapestry, Harbourville 7-9pm* • Our final concert of the season at the Harbourville United Church! Ryan Cook blends the nostalgia of classic country music with modern satire. **TIX:** \$20 at the door **INFO:** 902-678-6237 / northmountainmarket@gmail.com

MONDAY, SEPTEMBER 11

Alzheimer's Education – *Heart of the Valley LTC Facility, Middleton 1:30-3:30pm. Also Sept. 18* • The Alzheimer Society of Nova Scotia invites families of persons newly diagnosed with dementia to our Family Caregiver Education Series. Six sessions, Sept. 11-Oct. 23. Registration required. **TIX:** no charge **INFO:** 902-790-4189 / pat.miller@asns.ca

MPS & LUB Public Participation Meeting – *Fire Hall, Waterville 2-9pm* • Come drop into our Open House and learn how the new proposed changes to our Municipal Planning Strategy and Land Use By-Law could impact you and your property. **TIX:** no charge **INFO:** 902-690-6133 / mmorrison@countyofkings.ca

Council Advisory Committee (CAC) Meeting – *354 Main Street, Kentville September 11, 6pm* • Find out what staff are doing in Kentville! **INFO:** kentville.ca

Valley Gardeners Meeting – *Farmers Market, 24 Elm St., Wolfville 7:30pm* • Special guest speaker Sue Kerr will speak on "Developing a New Garden." **INFO:** valleygardeners.ca

TUESDAY, SEPTEMBER 12

Lions Noon Luncheon – *Lions Club, Kingston 12-1pm* • Hot turkey dinner, includes dessert. Take outs and delivery available. Please call 902-765-2128 by 10:30 to order. Proceeds for Lions community projects. **TIX:** \$9 per plate **INFO:** 902-765-2128

WEDNESDAY, SEPTEMBER 13

MPS & LUB Public Participation Meeting – *Louis Millet Community Complex, New Minas 2-9pm* • Open House to learn how the new proposed changes to our Municipal Planning Strategy and Land Use By-Law could impact you and your property. **TIX:** no charge **INFO:** 902-690-6133 / mmorrison@countyofkings.ca

Adventure Club – *United Baptist Church, Kentville 6:15-7:30pm* • Games, music, snacks, stories, parties, activities and more. Free registration. For kids in primary-grade 6. **TIX:** no charge **INFO:** 902-678-3162 / info@kentvillebaptist.org

What does Policing look like in Wolfville? – *Al Whittle Theatre, Wolfville 6:30-8:30pm* • Wolfville RCMP Presentation & Discussion – Policing in Wolfville **TIX:** no charge **INFO:** alwhittletheatre.ca

Latin Mass – *Bishop Hall, Greenwich 7pm* • The Traditionalist Catholic Latin Mass Community invites the community to celebrate the first anniversary of its presence in the Valley. The Mass will be celebrated in the old Tridentine Latin rite of the Catholic Church (while communion is for Catholics only, we invite everyone to join us in prayers for Thanksgiving for the return of Traditionalist Catholic spirituality and doctrine to the Annapolis Valley). **INFO:** Thomas Pierce, latinmassannapolisvalley234@gmail.com

Sonlight – *First Cornwallis Baptist Church, Upper Canard 7pm* • A musical evening with Sonlight. Donations go to The Portal Youth Centre in Kentville. **TIX:** free will offering **INFO:** 902-582-7364

THURSDAY, SEPTEMBER 14

Plein Air Art Annapolis Valley – *Wharf, Baxters Harbour 10am-1pm* • A popular, mutually-supportive group critique is available to those interested. Bring a picnic lunch if you like. **TIX:** no charge **INFO:** 902-701-8106 / edwardwedler@gmail.com

Heads Up for Healthier Brains – *Windsor Elms Village, Falmouth 2-3pm* • A presentation on what everyone should know about brain health and Alzheimer's disease. **TIX:** no charge **INFO:** 902-790-4189 / pat.miller@asns.ca

MPS & LUB Public Participation Meeting – *Fire Hall, Kingston 2-9pm* • Learn how the new proposed changes to our Municipal Planning Strategy and Land Use By-Law could impact you and your property. **TIX:** no charge **INFO:** 902-690-6133 / mmorrison@countyofkings.ca

Bluegrass and Old Time Music Festival – *The Farm, 668 Barley St., Burlington 6pm. September 14-17* • A weekend of Bluegrass and old time music, dry camping ONLY. Bands: Ryan Dillman and Shadow River, Ray Legere with Jim Collette, Mountain Willow Bluegrass, Clearwater, Oxbow Mountain Boys, Free Wheelin, Matt Lunn Bluegrass Project. **TIX:** \$45 at the gate, \$10 Thursday, \$10 Friday, \$15 Saturday, \$5 Sunday. **INFO:** Lisa, 902-247-0223 / Brian, 902-684-0204 / Paula, 902-825-4605

TIDE PREDICTIONS

at Cape Blomidon

Source: Canadian Fisheries & Oceans.
www.waterlevels.gc.ca

SEPT	High	Low
07	2:10pm	7:56am
08	2:53pm	8:38am
09	3:37pm	9:22am
10	4:24pm	10:08am
11	5:15pm	10:57am
12	6:10pm	11:50am
13	7:09pm	12:48pm
14	**7:42am	1:51pm
15	8:47am	2:56pm
16	9:51am	4:00pm
17	10:51am	5:01pm
18	11:47am	5:56pm
19	12:39pm	6:48pm
20	*1:27pm	7:13am
21	2:13pm	7:59am

There are normally two high and two low tides each day. Only daylight tide times are listed.

* Highest High: 43.6 feet ** Lowest High: 39.7 feet



RECIPE: Corn Fritters

Jenny Osburn | *The Union Street Cafe Cookbook* | www.jennyosburn.com

Jenny Osburn is the author of *The Union Street Cafe Cookbook*. Her second collaboration with Laura MacDonald of *Deep Hollow Print, The Kitchen Party Cookbook*, will be available this fall! Find more recipes at jennyosburn.com and see what she's up to on instagram at [jenny.osburn](https://www.instagram.com/jenny.osburn)

Well the countdown is on. *The Kitchen Party Cookbook* will soon be on the shelf at bookstores, farmer's markets, and coffee shops, and hopefully in your kitchen! Laura MacDonald even let my kids and I use her press to print a few covers last week, and she and Gaspereau Press are working hard to produce a beautiful book for you. Consider yourself invited to our official launch party at The Noodle Guy on Sunday, September 17, from 2pm-4pm(ish). We'll be serving up some recipes from the book, along with Annapolis Valley drinkables, and live music with Zak Miller, Sarah MacInnis, and maybe even The Dearlies (consider it a Deep Roots warm-up!)

In the meantime, don't waste the last of this summer's amazing corn. I stole this recipe straight from the new book to share with you.

Corn Fritters

These summertime treats, a favourite of my Dad's, are a celebration of the short sweet corn season. With barely enough batter to hold them together, this is all about the corn. Either raw or leftover cooked corn on the cob will work beautifully in this recipe, all I ask is that you make it only when the corn is piled high at your local farmers' market. A pinch of toasted cumin and a handful of green onion are great additions. Corn fritters are pretty great on their own, but for something really special, get your hands on a jar of Jason Lynch's Bacon Jam and spoon a little on top. It's found at Le Caveau (Jason's restaurant), Pete's Fine Foods, and at both locations of Made

in the Maritimes, wonderful Halifax boutiques devoted to celebrating the work of Atlantic Canadian artisans. You'll also find my books there!

- 4 cobs fresh corn, raw or cooked
- 2 Tbsp flour (you could also use rice flour)
- 2 eggs
- ¼ tsp salt
- ¼ tsp cumin, toasted and ground (optional)
- 2 green onions, sliced (optional)
- butter and canola oil for frying

Stand one cob of corn on end on your cutting board, then cut the corn from the cob. Scrape the cob clean with the edge of the knife. Repeat with the remaining cobs. Measure 2 cups of corn kernels and place in a large bowl. Add the flour, eggs, salt, and optional cumin and green onion. Stir well to combine.

Heat a large frying pan over medium high heat and add a tablespoon each of butter and oil. When the butter has melted, use a tablespoon to dole out the batter, spacing the fritters for easy turning. Fry on one side for 2-3 minutes, until golden brown, then flip and cook a minute on the other side. Be careful, sometimes the corn kernels pop and splutter! Serve right away or keep the fritters warm in a low oven. My Dad recommends a little butter melting on top and possibly a drizzle of maple syrup. They are also great at room temperature.

Open for Business
IN WOLFFVILLE

Come in WE'RE
OPEN

#doitinwolffville

Annapolis Cider Company

The Annapolis Cider Company opened their doors at 388 Main Street, Wolfville on April 13, 2016 and they've been open for business seven days a week, 10am to 7pm, ever since! When owners Sean Myles and Gina Haverstock were looking for a way to combine their skills and passion for local food, premium cider production was the obvious choice. Sean is an apple researcher at the Kentville Research Station and Gina is the winemaker at Gaspereau Vineyards. In this valley, their quest to keep it local wasn't difficult. "Our apples are grown in nearby orchards, pressed into juice just down the road, and fermented into cider at our cidery in downtown Wolfville" says the duo. As the leaves start to change, the students return to school, and the sweet sounds of the Deep Roots Festival fill the streets of Wolfville, it's the perfect time to pair a meal with the Annapolis Cider Company's new Heirloom cider – now available at over 50 NSLC and boutique liquor locations across the province.



sponsored by Wolfville Business Development Corporation

#doitinwolffville

SUPPORT LOCAL ARTISTS & EVENTS

Wolfville Town Walking Tour

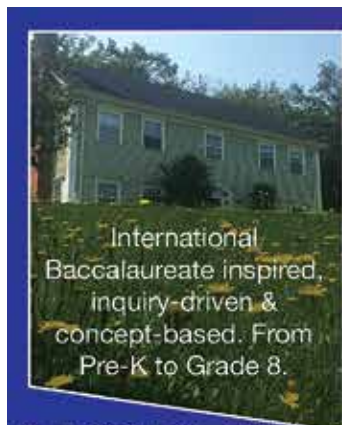
Fridays and Saturdays, 11am & 5pm
Wolfville Visitor Information Center, Willow Park

A complimentary one-hour tour of the vibrant community of Wolfville. Learn about the history of the town as well as where the hot spots are today. Provided by the Wolfville Business Development Corporation.

eos natural foods

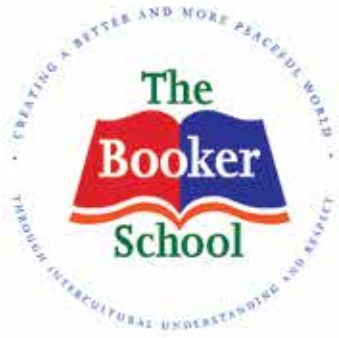
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Scholarships > Available for this academic year. Save up to 50% on tuition fees.

After School Program > Our team lead a fantastic program after school from 2:30-5:15pm for local families.

Stay-a-Day > Try our stay-a-day experience for a taster of life at The Booker School.

More: www.bookerschool.com



Visit us online: [f](http://WolfvilleFarmersMarket.ca)

September at the Market

Live Music at every Market!

<p>Wednesday, September 13</p> <p>APPLES!</p> <p>Maritime Flavours on the Market Supper Menu</p>	<p>Wednesday, September 20</p> <p>MULTICULTURAL NIGHT</p> <p>CELEBRATE THE WORLD IN OUR NEIGHBOURHOOD!</p>	<p>Saturday, September 23</p> <p>DEEP ROOTS at the Market</p> <p>Enjoy live local musicians from the Deep Roots Festival!</p>
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SATURDAYS (60+ Vendors) 8:30am - 1pm | WEDNESDAYS (30 Vendors) 4 - 7pm

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TICKET GIVEAWAY— CHANCE TO WIN 2 TICKETS TO:
THE GLASS MENAGERIE, Al Whittle Theatre, Wolfville. Thursday, September 28, 7–9:30pm.
Draw date: Wednesday, September 20. Enter all draws: valleyevents.ca/win

West Hants Strategic Plan Consultation – Civic Centre, Brooklyn 6–9pm • Let us know how to make West Hants better at this meeting or by filling out the online survey (westhants.ca). **TIX:** no charge **INFO:** 902-798-6931 / cremme@westhants.ca
Annapolis Valley Decorative Artists – Fire Hall, Greenwich 7–10pm • Poured Acrylic w/Ann Marie Lowe. Anyone interested in Decorative Painting is welcome. **TIX:** \$2 door fee **INFO:** 902-681-0311 / mayscott@hotmail.com
Book Reading with Carolyn Harris – The Box of Delights Bookshop, Wolfville 8pm • Book reading by Dr. Carolyn Harris! **TIX:** no charge **INFO:** 902-542-9511 / boxofdelightsbooks@gmail.com

FRIDAY, SEPTEMBER 15

BBQ – Walmart, New Minas 11am–3pm • Proceeds to Hadassahouse. See BBQ Fundraiser listing on Sept. 8 for more information **TIX:** donation **INFO:** 902-678-1964 / denise@hadassahouse.org
CIBC Run for the Cure Info & BBQ – Clock Park, Wolfville 11:30am–1pm • Join the CIBC Run for the Cure Wolfville team in raising funds and awarenesses for 15th annual CIBC Run for Cure. There will be a freewill offering BBQ, Raffle Tickets, Give-a-ways and more! **TIX:** donation **INFO:** wolfville@cbcfcloud.org
Dance: The Fret Notes – Royal Canadian

Legion, Windsor 7–11pm • 19 years+ **TIX:** \$5 per person **INFO:** 902-798-0888 / WindsorLegion@bellaliant.com
The Best Exotic Marigold Hotel – Al Whittle Theatre, Wolfville 7pm • All net proceeds going to support Carey Me, a memorial fund in remembrance of Bill Carey maintained by volunteers, donor gifts, and fundraising events. **TIX:** \$15 @ Careforce, (Kentville) Kentville Hospital Foundation Office, Valley Regional Hospital (Kentville), or at the door. **INFO:** 902-365-3155

SATURDAY, SEPTEMBER 16

Big Breakfast – Lions Club, Wolfville 7–10am • Wolfville and District Lions Club will be having their monthly Big Breakfast. Proceeds for community projects. **TIX:** \$7 adults, \$4 for children under 10 **INFO:** KimStewarhome@outlook.com
Breakfast – Community Hall, Centreville 7–10:30am • Eggs, bacon, sausages, homemade beans, homemade hashbrowns, toast, coffee, tea, juice, etc. **TIX:** donation **INFO:** 902-678-3999
Community Breakfast – Royal Canadian Legion, Windsor 7:30–10am • Bacon, Sausage, Ham, Eggs, Pancakes, Hash browns, Toast, and Baked Beans, Juice, Coffee and Tea. Takeout is available. **TIX:** \$6 adults, \$4 children (6–12 years), no charge under age 6.

INFO: 902-798-0888 / WindsorLegion@bellaliant.com
Breakfast – United Church, Aylesford 8–11am • Sponsored by the Committee of Stewards for church expenses. **TIX:** donation **INFO:** 902-847-9624 / aylesfordunitedchurch@gmail.com
Fall Bazaar – United Church Camp, Berwick 9am–3pm • Bazaar Includes: Craft Fair with over 30 Crafters, Soup Luncheon and Canteen, Bake Sale, Yard Sale, Historical Tours, Kids Zone. sweet-0123@hotmail.com **TIX:** no charge **INFO:** 902-538-8958 / sweet-0123@hotmail.com
BBQ – Walmart, New Minas 11am–3pm • Proceeds to Hadassahouse. See BBQ Fundraiser listing on Sept. 8 for more information **TIX:** donation **INFO:** 902-678-1964 / denise@hadassahouse.org
Ladies Day – Annapolis Valley Shooting Sports Club, Canaan / Kentville 1–4pm • Open to women of all ages and experience. You do not need to be a AVSSC member. Only firearms, ammunition, bows and arrows provided by the AVSSC will be permitted. Firearm licenses (PAL) are not required for this event. **TIX:** Ammo tickets are \$1. Some stations will require more than one ticket. **INFO:** 902-690-7372 / jrobinson@avssc.ca
Harvest Tea – Community Hall, Black River 2–4pm • Harvest tea with a few tables including a jewelry table and a bake table. **TIX:** donation **INFO:**

902-542-3498 / darlene.hennigar@gmail.com
Tony Wood Trio – Horton Ridge Malt & Grain, Hortonville 6–8pm • The Tony Wood Trio will be rocking the malt house! **TIX:** no charge **INFO:** 902-670-7917 / hortonridgemalt@gmail.com
Claude Bourbon Blues – Ross Creek Centre for the Arts, Canning 8–12pm • Medieval and Spanish Blues Concert. **TIX:** \$20 **INFO:** 902-582-3842 / mail@artscentre.ca
Red Dirt Skinkers – Evergreen Theatre, Margaretsville 8–10:30pm • One of the most innovative acts to come out of the UK in recent years, the sublime genre-defying sound of the Red Dirt Skinkers is created by husband and wife team, Rob and Sarah Skinner. **TIX:** \$25 Students \$10 **INFO:** 902-825-6834 / evergreentheatre@gmail.com
Hat Fitz & Cara – Mermaid Imperial Performing Arts Centre, Windsor 8pm • See listing on Sept. 8 for more information **TIX:** \$25 advance / \$27 door Includes taxes and fees Online at Ticketpro.ca, phone at 888-311-9090 in person at Windsor Home Hardware and all other Ticketpro outlets. **INFO:** 902-798-5841 / puppets@mermaidtheatre.ca
Dance: Lady Rogue – Royal Canadian Legion, Kentville 9pm • 19 & over. Bar & kitchen available **TIX:** \$8 **INFO:** 902-678-8935

What's Happening continued on page 14.

WEEKLY EVENTS

PLEASE NOTE: Event information may change without notice.

THURSDAYS

The Hantsport Seniors & Elders Club "Drop-in" – St. Andrews Church Hall, Hantsport 1–4pm. Play an assortment of games with a tea-break at 3pm. All ages! **INFO:** 902-352-2085 / davidold@eastlink.ca
In the Round Knitting Group – Gaspereau Valley Fibres 1–4:30pm. Also Tuesdays 6–9pm. Bring your knitting, rug hooking, spinning, or felting. **INFO:** 902-542-2656 / gaspereauvalleyfibres.ca
Tapestry: Women's Cancer Support Group – We meet the 2nd Thursday of each month (Next: Sept. 14). Please call for time/location. For women with and/or recovering from any type of cancer. **INFO:** Dorothy, 902-538-3374 / Pat, 902-678-9100 / Margot, 902-542-1466 / margotwithat@hotmail.com
Open Studio – Avon River Heritage Museum, Newport Landing 2–5pm. Bring a project and join in the conversation! **TIX:** no charge **INFO:** 902-757-1718 / infoavonriver@gmail.com

Breast Quest Dragon Boat Society – Windsor Waterfront 6:30–7:30pm. We paddle Monday and Thursday evenings at the Lake Pisiquid Canoe Club. **INFO:** margotwithat@hotmail.com

Taekwondo – Baptist Church, North Alton 6:30pm (kids 4–14), 7:30pm (adult). Also Tuesdays. Exercise, self defense, respect, listening skills, focus, self discipline and confidence. **TIX:** no charge to try a class **INFO:** 902-670-8714 / devin@ennissecurity.ca

NonDuality Meetup – Manning Memorial Chapel, Wolfville 7pm–9pm. Every other Thursday (Next: Sept. 14). Non-denominational discussion of life and our place in the scheme of things. 19+ **FEE:** no charge **INFO:** rozspeed57@gmail.com

Tremont Board Game Café – Tremont Hall, 738 Tremont Mountain Rd., 7–9:30pm, every 1st and 3rd Thursday (Next: Sept. 21). The newest, coolest games in a friendly, relaxed environment. **FEE:** no charge **INFO:** 902-765-4326

Co-ed Volleyball – Central Kings Rural High, Cambridge 7:30–9:30pm. Tuesdays & Thursdays, from September to May. **INFO:** Willy, 902-678-8816

Cardio Kickboxing – Baptist Church, North Alton 8:30–9:30pm. Also Tuesdays. Adult class to improve coordination, strength building, cardiovascular improvements, self defence, stress reduction, and weight reduction. **TIX:** no charge for 1st week of classes **INFO:** 902-670-8714 / devin@ennissecurity.ca

FRIDAYS

Art for Wellness – Canadian Mental Health Association, New Minas 1–4pm. Arts and crafts program for adults who live independently with mental illness, including depression and anxiety. Materials provided. **TIX:** no

charge, but please pre-register. **INFO:** 902-670-4103 / club@cmhakings.ns.ca

Chase The Ace/BBQ Supper – Royal Canadian Legion, Berwick 5–7pm • Downstairs; use back door. Everyone welcome. Chase the Ace. Cash bar. 19+ **TIX:** Tickets 3 for \$5. Supper \$8. Dessert \$2. **INFO:** 902-538-5815

Wolfville Town Walking Tours – Visitor Information Centre, Willow Park, Wolfville 11am & 5pm, Fridays and Saturdays • A free 45-minute town walking tour focusing on the boutique businesses and other Wolfville wonders. Provided by the Wolfville Business Development Corporation. **FEE:** no charge **INFO:** 902-692-8546 / businessengagement@wbdc.me

Chase the Ace – Curling Club, Middleton 6:30–8pm • Draw at 8pm. Enjoy playing cribbage, Crokinole, Yahtzee in the dining hall. **TIX:** 3 tickets for \$5. **INFO:** 902-825-2695 / bemorine@hotmail.com

Boardgame Night – C@P Lab, Wolfville Public Library, 7pm. Bring your games! Ages 12+ **FEE:** no charge **INFO:** 902-790-4536 / turpin56@gmail.com

Friday Night Jam – Royal Canadian Legion, Wolfville, 7–10pm. **INFO:** 902-542-5869 / wolfvillelegion@gmail.com

Chase the Ace – Royal Canadian Legion, Windsor 8:30pm • Tickets and information are available during the week at the bar. Cut off for ticket purchase is 8:30pm each Friday, with the draw at approximately 8:45pm. **INFO:** 902-798-0888

SATURDAYS

Wolfville Farmers' Market – DeWolfe Building, Elm Ave., Wolfville 8:30am–1pm **September 9 Music:** The Cabbage Rolls **Theme:** Acadia Welcome + Discount Day for Students **September 16 Music:** Zakary Miller **INFO:** wolfvillefarmersmarket.ca

North Mountain Market – United Church, Harbourville 9am–1pm • Local fruits, vegetables, berries, plants, baked goods, preserved and prepared foods, fresh coffee, fresh fish, arts and crafts. **TIX:** no charge **INFO:** northmountainmarket@gmail.com

Drop in and Drum! – Baptist Church, Wolfville 1–2:30pm. First Saturday of the month (Next: Oct. 7). W/Bruno Allard. Learn to play the djembe with rhythms & songs from West Africa. Drums provided. **FEE:** \$5–\$10 (pay what you can) **INFO:** brunoallard7@gmail.com / facebook: Djembes and Duns Wolfville

Wolfville Town Walking Tours – Visitor Information Centre, Willow Park, Wolfville 11am & 5pm • 45-minute town walking tour focusing on the boutique businesses and other Wolfville wonders. Provided by the Wolfville Business Development Corporation. **FEE:** no charge **INFO:** 902-692-8546 / businessengagement@wbdc.me

Valley Game Night – Gametronics, New Minas 6pm. Board game/card game group. Yu Gi Oh – Thursdays, 6pm. Magic: The Gathering – Fridays, 6pm **FEE:** no

charge **INFO:** facebook.com/GameTronics

SUNDAYS

AV Ultimate Frisbee League – Sunday nights throughout summer, 6:15–8pm at the KCA soccer field, 35 Gary Pearl Dr., Kentville. **FEE:** \$2 drop in **INFO:** annapolisvalleyfrisbee@gmail.com / facebook.com/annapolisvalleyfrisbee

MONDAYS

Windsor Game Night – Library, Windsor 6pm. Board game group. New players welcome! **FEE:** no charge **INFO:** meetup.com/valleygames / turpin56@gmail.com

Toastmasters – 2nd Floor, K.C. Irving Centre, Acadia 6:30–8:30pm. Communication and leadership skill-building for students and community members. **INFO:** wolfvilletoastmasters.com

Kings Community Concert Band – Bishop Hall, Greenwich 7:15pm. KCCB is a group of aspiring musicians, diverse in age, ability and ambition. We perform a wide variety of music for the community. **INFO:** Fraser Campbell, 902-306-0077 / kingsconcert@gmail.com

TUESDAYS

County Crafters – Kings County Family Resource Centre, Kentville 9:30–11:30am. Crafting for adults. Work on your own projects or come enjoy a craft project provided for you. Childcare available. **FEE:** no charge **INFO:** 902-678-5760 / family.centre@ns.sympatico.ca

Writers Group – Box of Delights Bookstore, Wolfville 10am–12pm. Join our new writers group! **INFO:** laurasydneymiller@gmail.com

Friends in Bereavement – Support, information, friendship, and confidentiality while grieving the death of a loved one. 1st & 3rd Tues. each month (Next: Sept. 19), in Kentville and Berwick. **BERWICK:** Western Kings Mem. Health Centre, 10am–12pm. **KENTVILLE:** United Baptist Church, Kentville 2–4pm. Sponsored by Careforce. **INFO:** 902-681-8239 / friendsinbereavement@gmail.com

Gaeilge sa Ghleann – Irish in the Valley – Greenwood, 1pm. Learn to speak Gaeilge! **INFO:** HighburyPaul@gmail.com / Facebook: Gaeilge sa Ghleann

Rug Hooking in Kentville – Kentville Lower Recreation Centre (354 Main Street), 1–3pm. If you are a rug hooker or want to learn, join us for social hooking! Tea/coffee available, \$5 drop in fee. **INFO:** Mona, monapearl@ns.sympatico.ca

Toastmasters – Birchall Training Centre, 14 Wing Greenwood 6:30pm. Learn communication and leadership skills in a fast-paced, fun setting. Guests always welcome. **TIX:** no charge **INFO:** annapolisvalley.easy-speak.org / edwardwedler@gmail.com

The Dukes Of Kent – Bethany Memorial Baptist Church, North Kentville. The Dukes Of Kent Barbershop Harmony Chorus invite men of all ages to join us. **INFO:** Chris, 902-678-8865

Valley Voices – Female a cappella show chorus rehearses 7–9:30pm, Kentville Baptist Church CE Centre. Women of any age welcome. **INFO:** valleyvoices.org

Cribbage – Berwick Legion, 7pm. Includes high hand, 50/50, 1st, 2nd & 3rd place cash prizes, and an ongoing Cookie Jar. **FEE:** \$10 per player **INFO:** 902-538-5815

Jijuktukwejk (ji-ji-WUK-tuk) Watershed Alliance – Berwick Lions Club, 7pm. 3rd Tues. each month (Next: Sept. 19). Learn about the river, paddling and hiking along the banks, and help to make it cleaner. **INFO:** Jennifer, 902-538-0520 / cornwallisriver@gmail.com

Board Game Night – Paddy's Pub, Wolfville 8pm–12am **TIX:** no charge **INFO:** 902-542-0059 / judy@paddys.ca

WEDNESDAYS

Coffee Time – Community Hall, Greenwich 9:30–11am • Join us for coffee/tea and a muffin. Chat with friends, new and old! **TIX:** donation **INFO:** Darlene, 902-542-3498 / darlene.hennigar@gmail.com / Bev, 902-542-7412

Kentville Farmers' Market – Centre Square, Kentville 10am–2pm. Open year-round. Fresh farm products, bread, honey, maple syrup, cheese, hot lunch food, local crafts and household goods. **INFO:** marketmanager@kentville.ca / kentvillefarmersmarket.ca

Wolfville Farmers' Market – DeWolfe Building, Elm Ave., Wolfville 4–7pm **September 13 Music:** Jack Macdonald & Kory Bayer **Theme:** Maritime Flavours: Apple **September 20 Theme:** Multicultural Night Enjoy \$10 Community supper! **INFO:** wolfvillefarmersmarket.ca

Chase The Ace – Lions Club, 36 Elm Ave., Wolfville 5–8:15pm. Draw shortly after 8pm. Come early to play cards with friends, or have a snack at our canteen. **INFO:** 902-542-4508

Wolfville Community Chorus – 100 Sherwood Drive, Wolfville. 5:30–7pm. W/Susan Dworkin, Director. New members welcome! **INFO:** 902-300-1001 / susan_dworkin@hotmail.com

Valley Youth Project – Louis Millett Community Complex, Rm 128, New Minas, 6:30–8:30pm. (Next: Sept. 20) Social drop-in for LGBTQ+ youth and allies, 25 years & under. **FEE:** no charge **INFO:** valleyyouthproject.wordpress.com

Pool – Legion, Berwick 7pm. Round robin format. Cash prize to winner and an ongoing Cookie Jar. **FEE:** \$3 to play **INFO:** chris48goddard@icloud.com

WHAT'S HAPPENING SEPTEMBER 7 – 21, 2017 (CONT'D)

SATURDAY, SEPTEMBER 18 (CONT'D)

Family Fun Festival – *First Cornwallis Baptist Church, Upper Canard 10:30-2pm. Also Sept. 17* • A free family fun event, featuring bouncers, 4-H petting zoo, bbq, crafts, games. **TIX:** no charge **INFO:** 902-690-5425 / derbennett@gmail.com

SUNDAY, SEPTEMBER 17

Terry Fox Run – *Kings Edgehill School, Windsor 11am* • Registration begins at 10am. Run, walk, cycle the 5 km route through Windsor as many times as you wish. Bring your family, friends and favourite pets! Bbq for all participants to follow. Pledge sheets are available online (terryfoxrun.org) or at any Windsor banks. **TIX:** donation **INFO:** 902-798-2278

Battle of Britain Concert – *Annapolis Mess, Greenwood 3:30-4:30pm* • Concert in remembrance of the famous Battle of Britain air campaign, featuring the 14 Wing Brass & Reed Band w/guest vocalist David Holborn. **TIX:** Free admission. Donations graciously accepted in support of the Greenwood Military Aviation Museum. **INFO:** annapolismess.com

Fundy Cinema screens THE BIG SICK – *Al Whittle Theatre, 4 & 7pm* • Pakistan-born comedian Kumail and grad student Emily fall in love but when Emily falls seriously ill, Kumail has to navigate the crisis with her parents whom he has never met, while coping with an emotional tug-of-war between his heart and the expectations of his traditional Muslim parents in this romantic comedy based on a real-life story. **TIX:** \$9 **INFO:** 902-542-1050

Scott Prudence/Hupman Brothers – *Community Centre, Gaspereau 8pm* • Scott Prudence & The Other Virtues release their new album, LIFTED. The newest album includes The Hupman Brothers, Asa Brosius, and Caleb Miles. **TIX:** \$15 @ the door **INFO:** hupmanbrothers@hotmail.com

MONDAY, SEPTEMBER 18

Blood Donor Clinic – *Fire Hall, Kentville 1-3pm & 5-8pm. Also Sept. 19, 1-3pm & 5-8pm.* • Blood Drive sponsored by the Kentville Lions Club. Please help us reach our goal of 240 donations. New donors welcome. Book your appointment at blood.ca. **TIX:** no charge **INFO:** 1-888-2DONATE

Beyond Dieting – *Swanone Pilates Studio, Kentville 7-8pm* • Join Selah Koile, a Holistic Nutrition Counselor and Cook, for a lively discussion about weight, vitality and food. Enjoy scrumptious snacks, and Q&A. **TIX:** no charge **INFO:** 902-680-6856 / selahkoile@yahoo.ca

TUESDAY, SEPTEMBER 19

Committee of the Whole – *County of Kings Municipal Complex, Kentville 9am* • **TIX:** no charge **INFO:** 888-337-2999

Town Council Meeting – *Town Hall, Wolfville 6:30pm* • Wolfville Town Council Meeting Town Hall (Council Chambers) **TIX:** no charge **INFO:** wolfville.ca

Youth Engagement Session – *Lions Club, Auburn 7-9pm* • Calling all interested youth and those affiliated with youth in Kings County! We want you to be part of the conversation about what opportunities are out there for YOUTH and how YOUTH can better our communities! **TIX:** no charge **INFO:** richelle.nova@gmail.com

Responsible Investing Seminar – *Edible Art Café, New Minas 7pm* • Join Catherine Metzger-Silver, Edward Jones Kentville, and Tom Wile, NEI Investments, for a discussion on Responsible Investing - the integration of environmental, social and governance factors in the investment decision-making process. **TIX:** no charge **INFO:** 902-681-2300 / lindsay.macdonald@edwardjones.com

WEDNESDAY, SEPTEMBER 20

Luncheon – *United Baptist Church, Port Williams 11:30am-1pm* • The first Fall Corn Chowder/Hamburger Soup Luncheon. Great choice of delicious desserts, fresh bread, tea and coffee. (Sponsored by the Loyal Workers of PWUBC). **TIX:** \$8 **INFO:** 902-542-3681 / pburden@ns.sympatico.ca

Fundy Cinema screens THE GARDENER – *Al Whittle Theatre, 7pm* • Sébastien Chabot portrays influential gardener and horticulturalist Frank Cabot's personal quest for perfection at Les Quatre Vents, his twenty-acre English style garden in Quebec's Charlevoix County and reflects on the significance of gardening and its impact on our lives. **TIX:** \$9 **INFO:** 902-542-1050

THURSDAY, SEPTEMBER 21

Plein Air Nictaux Falls – *Nictaux Falls, Nictaux Falls 10am-1pm* • Plein Air Art Annapolis Valley group meets at the park entering Nictaux Falls, Nova Scotia, west junction Hwy 10 and Nictaux Falls Rd. A popular, mutually-supportive group critique is

available to those interested. **TIX:** no charge **INFO:** 902-701-8106 / edwardwedler@gmail.com

100 Women Who Care – *Cornwallis Inn, Kentville 6-7pm* • 100+ women. 1 hour. \$100 donation. \$10,000+ to a local charity. It's that simple. Must be a member to attend. Please visit our website to register and become part of a phenomenal force! **TIX:** no charge **INFO:** members@100womensvalley.ca

Youth Engagement Session – *Community Centre, Port Williams 7-9pm* • See Sept. 19 listing for event description. **TIX:** no charge **INFO:** richelle.nova@gmail.com

EXHIBITS

"Change and Exploration: Life on the Coast" – *Jack's Gallery, 450 Main St., Wolfville. Until Sept. 10* • Watercolours by Carolyn Mallory and Peter Martocchio. We are asking for submissions of music themed 2 dimensional artwork to help celebrate the Deep Roots Music Festival, to be displayed from Sept. 10-Oct. 1. Also requesting food-themed submissions for a show celebrating The Devour Food and Film Festival, to be displayed Oct. 1-Nov. 5. **INFO:** jacksgallerywolfville@gmail.com

Robert Danielis and Some Other Fine Folks (Folk Art Show) – *Harvest Gallery, Wolfville. Starts August 5. INFO:* harvestgallery.ca

From the Vault: Alex Colville: Living Things – *Acadia University Art Gallery, Wolfville. Until Sept. 30* • A selection of Alex Colville's work from the permanent collection of the Acadia University Art Gallery. Much of the artist's work has explored themes of memory, locality and place. **INFO:** artgallery@acadiu.ca

Recollection: New Paintings by F. Scott MacLeod – *Harvest Gallery, Wolfville. Sept. 9-Oct. 8* • "My works are based on restructured memories. I don't work 'on site' or from reference. Instead, I take in and observe locales and people that interest me. At a later time, these images and feelings crystallize into paintings... Working this way allows me to edit the painting and redesign the remembered image." – Scott **INFO:** harvestgallery.ca

Margaretsville Art Shack – *37 Haddock Alley, Margaretsville 10am-7pm, until Sept. 27* • New works in various mediums/styles by 11 members of the Artist's Circle of the Annapolis Valley. **INFO:** steven.coffin@gmail.com

Apple Bin Art Gallery – *Valley Regional Hospital, Kentville* • Affordable, original art created by Valley artists. Part proceeds go towards hospital equipment and Annapolis Valley health care programs.

MUSEUMS

Prescott House Museum – *1633 Starr's Point Rd., Port Williams. We close for the season Sept. 30. TIX:* \$2.80 children and seniors, \$3.90 adults, \$8.65 family **INFO:** 902-542-3984 / prescotthouse.novascotia.ca/baldwidj@gov.ns.ca

Kings County Museum – *37 Cornwallis St., Kentville. 9am-4pm, Mon-Fri. "Canada 150 Exhibit" May - December. "Witness to a New Nation" Aug. 18-Sept. 22. The Heritage Trust of Nova Scotia's exhibit of 150 buildings that saw Confederation. INFO:* 902-676-6237 / Kingscountymuseum.ca

The Charles Macdonald Concrete House Museum – *19 Saxon St., Centreville. Open daily, 11am-5pm. INFO:* 902-678-3177 / concretehouse.ca

LIVE THEATRE

Valley Ghost Walks – *Clock Park, Wolfville, Sept. 7, 7:30pm / Fundy View Community Centre, Halls Harbour, Sept. 8, 7:30pm / Cornwallis Inn, Kentville, Sept. 14, 7:30pm / Clock Park, Wolfville, Sept. 21, 7:30pm* • A 2-hour, family-friendly historical production throughout the town streets. **TIX:** \$16 adults, \$13 students (includes fees) @ Ticketpro.ca, Cochrane's Pharmasave (Wolfville), Wilsons Pharmasave (Kentville, Berwick), Home Hardware (Windsor). Cash only before the show (if available) **INFO:** 902-692-8546 / jerome@valleyghostwalks.com

Salome – *Al Whittle Theatre, Wolfville Sept. 8, 7pm* • A new look at the story of Salome and John the Baptist. Was Salome a lascivious temptress or is that male fantasy? Could she have been working WITH John to set great events in motion? **TIX:** \$20 **INFO:** kathy@justuscoffee.com

LIVE THEATRE (cont'd)

Biggity Bad and the 3 Little Pigs – *CentreStage Theatre (Upper Performance Centre), Kentville Sept. 9, 10, 16, 17, 2pm, Sept. 23, 11am & 2pm* • Devil-may-care pigs spend their days avoiding working. A delightful family show by Edith Weiss. Appropriate for ages, 4+ **TIX:** \$5 **INFO:** 902-678-8040 / centrestage@centrestagetheatre.ca

Grapely Ghost Walk – *Domaine de Grand Pré, Grand Pré Sept. 16, 7-9pm* • A 2-hour, family-friendly historical production throughout the vines of Domaine de Grand Pré, Nova Scotia. **TIX:** \$25 with wine, \$20 without @ Cochrane's Pharmasave (Wolfville), Wilsons Pharmasave (Kentville, Berwick), Home Hardware (Windsor), ticketpro.ca. Cash only before the show (if available) **INFO:** 902-692-8546 / jerome@valleyghostwalks.com

Sixties Invasion – *Berwick & District School, Berwick Sept. 22, 7:30-10pm* • Berwick Lions present Sixties Invasion, Music of the 60s **TIX:** \$30 advance, \$35 at the door if available. @ Fraser's Pro Home Center (Kentville), Staples (New Minas), Berwick Town Hall, or email. **INFO:** markhansford23@gmail.com

@ THE LIBRARY

For complete list of library events: valleylibrary.ca All events are no charge/no registration unless otherwise stated.

THURSDAY, SEPTEMBER 7

Kindness Rocks – *Berwick and District Library, Berwick 6-7:30pm* • Learn about & create your own Kindness Rocks. Bring a flat rock or use one of ours. Materials provided. Ages 9-adult. A 150 Library Makers event. **INFO:** 902-538-8060

FRIDAY, SEPTEMBER 8

Fibre Ops – *Library, Windsor 10am-12pm. Also Sept. 15* • For knitters, hookers, crocheters, weavers and spinners. Bring your own project. Every Friday. **INFO:** 902-798-5424

Busy Babies Storytime – *Murdoch C. Smith Memorial Library, Port Williams 11:30am-12pm. Also September 15* • Rhymes, songs and stories for ages 0-2 and caregivers. **INFO:** 902-542-3005

The Hangout: Get Your Game On! – *Rosa M. Harvey Middleton & Area Library, Middleton 6:30-8pm* • Friends, snacks, music, and games, games and more games! Ages 10-14. Please register. **INFO:** 902-825-4835

WEDNESDAY, SEPTEMBER 13

Garden Share – *Isabel & Roy Jodrey Memorial Library, Hantsport 10am-2pm. Also Sept. 20* • Bring excess veggies for someone else to enjoy! Drop offs Tuesday; pick ups Wednesday. **INFO:** 902-684-0103

Tiny Tales – *Library, Kentville 11-11:30am. Also Sept. 20* • Stories and fun for ages 2-5. **INFO:** 902-679-2544

Writing workshop with Stephanie Domet – *Rosa M. Harvey Middleton & Area Library, Middleton 2-4pm* • Author & radio personality Stephanie Domet will lead a free workshop for writers. Limited space. Please register. **INFO:** 902-825-4835

Death Cafe – *Library, Kingston 7-8pm* • An international movement to increase awareness of death with a view to helping people make the most of their (finite) lives. Facilitated by Connie Jodrey and Petra Harrison. **INFO:** 902-765-3631 / deathcafe.com

THURSDAY, SEPTEMBER 14

Building Better Sleep – *Isabel & Roy Jodrey Memorial Library, Hantsport 2-4pm* • Learn tips and strategies on how to get a restful night of sleep, have more energy, and feel better. Please register. **INFO/Reg:** 902-792-2052 / healthandwellnessteam.ca / 902-684-0103 (Library)

SATURDAY, SEPTEMBER 16

Sculpting the Sea – *Isabel & Roy Jodrey Memorial Library, Hantsport 10am-12pm* • A hands-on initiation to clay workshop on the theme of the sea w/sculptor Elizabeth Sircom. All materials provided. Teen-adult; no experience necessary. Please register. **INFO:** 902-684-0103

THURSDAY, SEPTEMBER 21

Lunch & Learn: Hiking & Walking – *Isabel & Roy Jodrey Memorial Library, Hantsport 12-1pm* • W/Bekah Craik, Active Communities Programmer, on the hiking and walking trails of West Hants.

@ THE LIBRARY (cont'd)

Learn about the benefits of walking and the use of walking poles and snowshoes. Bring your lunch! **INFO:** 902-684-0103

Make a Fairy Garden! – *Library, Kentville 3:30-4:30pm* • Using natural materials, you will create a Fairy Garden. W/Jackie from Nested Landscape. For ages 8-12. Please register. **INFO:** 902-679-2544

CLASSES, WORKSHOPS, RETREATS

Peacemaking Skills for Everyday Life – *Oct. 7, 14, 21, 28, 1-3pm @ Louis Millet Centre, New Minas* • Peacemakers Nova Scotia is offering four two-hour Sessions which enable us to explore conflict in our daily life situations, develop some understanding about how conflict works and how it affects us, learn skills to address the conflict we encounter so we can help to build peace. The sessions explore various aspects of conflict, with a focus on the skills and methods developed by Marshall Rosenberg, the founder of Non Violent Communication. **FE:** no charge, but please register **INFO:** peacemakers.ns@gmail.com / Facebook: peacemakersnova.scotia

Music Lessons – *Banjo, ukulele, guitar lessons w/Kim Barlow* • All ages, all levels, in Wolfville and Canning. **INFO:** kimbarlow77@gmail.com / 902-698-9611 / kimbarlow.ca

Voice and Piano Lessons – *W/professional music educator, Susan Dworkin, NSRMTA* • Now accepting new students for September. Limited space available. **INFO:** 902-300-1001 / Susan_dworkin@hotmail.com

My Yoga Space – *Offering a multitude of classes including vinyasa, beginner, yin, prenatal and restorative* • Classes 7 days a week, daytime and evenings too! **INFO:** myyogaspaces.ca

Gaspereau Yoga Fall 2017 – *W/Sophie Berube* • 12 week sessions: Mondays, Sept. 25-Dec. 11. Level 1, An intro to basic yoga poses: Monday 3:15-4:45pm. Level 2, more advanced poses, suitable for students with previous experience: Monday 5:15-6:45pm. Thursdays, Sept. 28-Dec. 14. Level 1-2, vigorous yoga practice for students who have already done some yoga: Thursday 5:15-6:45pm **FE:** 1 class: \$90, 2 classes: \$156. Please pre-register. **INFO:** gaspereauyoga@hotmail.ca / 902-542-7892

Taoist Tai Chi™ – *Beginner Classes Start Sept. 19 and/or 21* • Tuesdays: Beginners 6-8pm. Continuing 7-9pm. Thursdays: Beginners 11am-1pm. Continuing 12-2pm. Louis Millett Community Centre - New Minas **INFO:** kentville@taoist.org / Mary Anne, 902-678-4609

Technology Tutorials – *Wolfville Public Library* • Get one-on-one help with Tablets, eReaders & Mobile devices, email, facebook, online library services, and much more. (Sponsored by Mud Creek Rotary Club of Wolfville) Call to register. **INFO:** 902-542-5760

8 Week Learn to Curl Program – *Glooscap Curling Club of Kentville, Mondays 6:30-8:30pm, Oct. 16-Dec. 11* • Contact: Ian or Will, learn@glooscapcurling.ca. Junior & Little Rock Programs available for youth. Contact: Nancy, 902-670-3402 (call/text) / nancybelliveau@gmail.com

Dance Classes – *Cadance Academy, New Minas* • Year-long session begins Sept. 11; 10-week fall session begins Sept. 18. **INFO/Reg:** cadanceacademy.ca / info@cadanceacademy.ca / 902-679-3616

Year-long Herbal Course – *1 Sunday/month, 10am-12pm (begin any time!)* • Herbs through the seasons, herbal remedies, harvesting, cooking. **FE:** \$540 for the year, \$270/quarter, \$67 drop in. **INFO:** 902-538-3662 / singingnettleclinic@gmail.com / singingnettle.ca

Fall Belly Dance Classes – *W/Angie Oriana Jenkins. Community Room, Wolfville Farmer's Market, 24 Elm St.* • FALL SESSION 1: Monday nights (Sept. 11-Oct. 23): Beginner - 6:30-7:30pm, \$67. Intermediate/Advanced - 6:30-8pm, \$82. FALL SESSION 2: Monday nights (Nov. 6-Dec. 11): Beginner - 6:30-7:30pm, \$67 (\$60 if paid by Nov. 1). Intermediate/Advanced - 6:30-8pm, \$82 (\$75 if paid by Nov. 1). **INFO:** 902-680-8839 / oriana@sisterlotus.com

WHO'S WHO:

In the Ring with Bryan Gibson!

Mike Butler

Generally, for my Who's Who column, as well as my Uncorked column, I stick pretty close to the arts community for my subjects and topics. I understand though that our community is made up of very special people who contribute to other areas like politics, science, and sports, so it's always fun and exciting to branch out and write about someone within one of those worlds. When I was growing up in Kentville, my father owned his own sporting goods store, so I was surrounded by hockey, golf, football, baseball, etc. I never found an interest in the sports world myself, but I certainly appreciate everything that sports do for my community (Go Axemen!), and I am a super fan for my nephews and my niece, who excel at over a half a dozen sports. This Who's Who is about a local sports superstar by the name of Bryan Gibson. What a wonderful time I had meeting Bryan and learning about his illustrious career. Let's step into the ring and go a couple of rounds with Mister Gibson.



Bryan was born in Kentville, and lived in Gibson Woods. He went to a one-room schoolhouse where one teacher taught Primary to Grade 5. Bryan attended Centreville School for Grade 6 and from there went to Cornwallis High in Canning, and on to Kings County Vocational School, which is now the NSCC Kingstec campus. Bryan got married in 1967 (Happy 50th!), and moved to Montreal with his wife Terri-Ann. Bryan and Terri-Ann have two sons, Chad and Curtis, and with Bryan being a sports nut, it's funny to know that Chad was born four days before the Olympics. In 1977, Bryan got hired on at Michelin in New Glasgow and moved back to Nova Scotia to work. He happily retired from Michelin in 2008 and now spends some of his time driving school bus.

Sports have always played an important part in Bryan's life. He began his side career in boxing at 21, a later age than most, but that didn't slow him down. Bryan was the Canadian Champ in 1974 and 1975 as well; Eastern Champion in '74, '75, and '76; North American Champ representing Canada in the Pan American Games in Mexico City in 1975; and at the Olympics in 1976. All of this experience has turned Bryan into a level 5 boxing coach and he has coached at three Canada Winter Games.

Bryan started The Evangeline Trail Boxing Club, which ran from 1983 to 1985, using three schools, three days a week. It started up again in 1987 and found a permanent space in the basement of the Kentville Recreation

Centre, where it has stayed for the last thirty years. Building this club and watching its athletes excel in the sport has been such a wonderful thing for Bryan to observe and he's very proud of how much the club has grown over the years.

Its boxers have competed in bouts from Newfoundland to British Columbia, and have included several provincial and national champions. Bryan told me about some of the notable athletes he's worked with: "In 1995 at the Winter Games I had Tristian Jones and Richie Moore. In 1999 we had Richie Moore and John Cruickshank. In 2009 we had the Canadian Champ. And in 2011 we received gold in the Canada Winter Games. These are just a handful of achievements the club has produced, with many more to come! My goal is someday to see one of the boxers that started in my club in the Olympics, even if he has moved somewhere else. It would be a dream come true to witness that level of athleticism, knowing it started in my club."

Producing quality athletes is tough, but Bryan's determination certainly has paid off over the years as he's witnessed so many young men reach goals they never thought possible: "I wanted to give back to the sport and help the boxers to reach their goals by hard work and dedication, not only in the sport but to succeed in life" Bryan says. "Boxing is one of the greatest sports to get into because you must depend on yourself using the skills you acquired in training. It's not the type of sport where you can pass the puck to someone else, it's just *you* and your skills!"

DING! DING! DING!... And Our Valley Champ: BRYAN GIBSON! Are you interested in boxing? Do you know someone who wants to take up the sport? Well, now is your chance! Bryan and the Evangeline Trail Boxing Club are registering new athletes as you read this! Over the years, *hundreds* of kids have walked through the doors of the club and learned skills that will last them a lifetime; it's well worth the time! You can contact Bryan directly at 902-678-6218 or by his cell at 902-670-0783. The club is located at the 354 Main Street, Kentville (in the Kentville Recreation Centre).

but a woman in his group had a great variety of tools, including what the man needed. This kind "stranger," this man who took his time to give me "a leg up," was our wonderful Wolfville mayor, Jeff Cantwell. His "Random Act of Kindness" was so appreciated. With his help, I went on to a lovely reintroduction to this great sport!

Barb Lussing, Wolfville

MIKE UNCORKED:

The Li's Wok and Grill Experience

Mike Butler



There are some very positive perks to being kind of known here in Wolfville. Yes, I dabble in some theatre and work in a very busy café where I schmooze with lots of people, but I think it's my *Grapevine* work that puts me on the map here in the valley. This "little" community paper has taken me to wonderful places and introduced me to amazing people, and most times with no effort on my part: those places and people have come to me.

There was many a time I ate at the Front Street Café in Wolfville, and the other diners and restaurants it was before and after that. I've always had a pleasant experience at each and was certainly excited when approached by the new owners of Li's Wok and Grill to come and try their authentic Chinese cuisine and review it here in the *Grapevine*. Located at 112 Front Street, this charming eatery serves Chinese cuisine, Canadian cuisine and ALL-DAY BREAKFAST (my favourite meal!). As well, they deliver, for free, within Wolfville town limits! Do I even need to go on? Well, I will anyway!

All I can say is that I love having access to another diverse dining option! With a heavy flow of international traffic, it's wonderful to have Korean, Italian, Mediterranean, Chinese, Indian, and many other food choices. It makes Wolfville so worldly and hip. Bravo! Here's my little assessment of the Li's Wok and Grill experience.

Atmosphere: This quaint little restaurant has everything I like about eating experiences: privacy without being in separate rooms, quiet without feeling like you're sitting in a doctor's office, enough décor and things to look at without feeling like your trapped in the basement of the Antique Roadshow. It was moderately busy for a Friday night with friendly couples, idle chitchat, sounds of enjoyment, and a pleasant decorating scheme that wasn't offensive to the eyes and didn't get in the way of my eating. There's nothing like too much stuff on my table! One set of Acadia Athletes called themselves "Regulars" and said they have been loyal because of the great food and terrific service: they were correct!

Food: Within minutes of ordering, we had hot spring rolls on the table, and not too long after that, our main dishes arrived. We had the chef, the owners, and the wait staff all approach us asking how things were, which was a really nice touch. The food was hot, very tasty, and plentiful! The price was mind-bogglingly affordable and Ian and I left with seven take out containers with a little bit of each of our dishes. For a "starving student", Li's is a no-brainer because of the leftovers and the quality of food you get for your dollar. My top picks: the honey chili chicken, the ginger beef, the spring rolls, the yellow curry chicken, and you have to save room (but good luck) for the homemade bread pudding!! They also have group dinner rates that make it even more affordable. The portions were copious, the



flavours were incredible, and the presentation was very professional and fun!

Service: The staff were on fire from the time we entered until we left and it was quite comforting and pleasant. The smiles, the recommendations, the added touches of the kitchen staff and owners taking the time to greet and chat with patrons, and the wait staff going out of their way to assist without pestering were all a wonderful treat to enjoyed by us and the other diners.

I have to say, this will not be the last time Ian and I dine at Li's Wok & Grill. We actually had to talk ourselves out of going back the very next night! (good thing we had leftovers!) For someone looking for Canadian cuisine favourites (soups, salads, burgers, sandwiches), or the all-day breakfast of champions, or very tasty authentic Chinese cuisine; Li's Wok & Grill is a must-visit restaurant. What a nice addition to our town for the students, visiting parents, tourists, and locals. This still very full *Grapevine* writer highly recommends Li's and wishes them all the best with their eating establishment! Li's Wok & Grill was a wonderful tasty adventure!

Julie Skaling
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RANDOM ACT OF KINDNESS

On Sunday, August 27th, I was out cycling with three friends. I hadn't cycled for so long that my friend and inveterate teacher Helen Harper was giving me a lot of guidance on the use of my gears. A group of cyclists was passing our slow foursome, and chatting to us as they did so. One of the group cycled up beside me and said he thought that my bike seat needed to be raised, that I would enjoy my cycling much better, and get less tired. He didn't have the correct tool for my old bike,

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OPENING THE VAULTS, ACADIA UNIVERSITY ART GALLERY:

Alex Colville, *Fête Champêtre*, Alexandra Pulchny, Collections and Outreach Assistant, Acadia University Art Gallery

The Acadia University Art Gallery is proud to present one of many works by Alex Colville: *Fête Champêtre*. This work is on display in our current exhibition, "From the Vault, Alex Colville: Living Things," on display until September 30. Many locals and *Grapevine* readers know the name Alex Colville, and are just as enthusiastic and excited to see his work on display as we are to exhibit it. In 1993, Alex Colville spoke to this particular work: "There is a great painting of this title, which I always thought was a Giorgione, but I recently discovered is a Titian. I use the title as homage to the painting. The woman is giving forth; the man is recumbent, taking in."

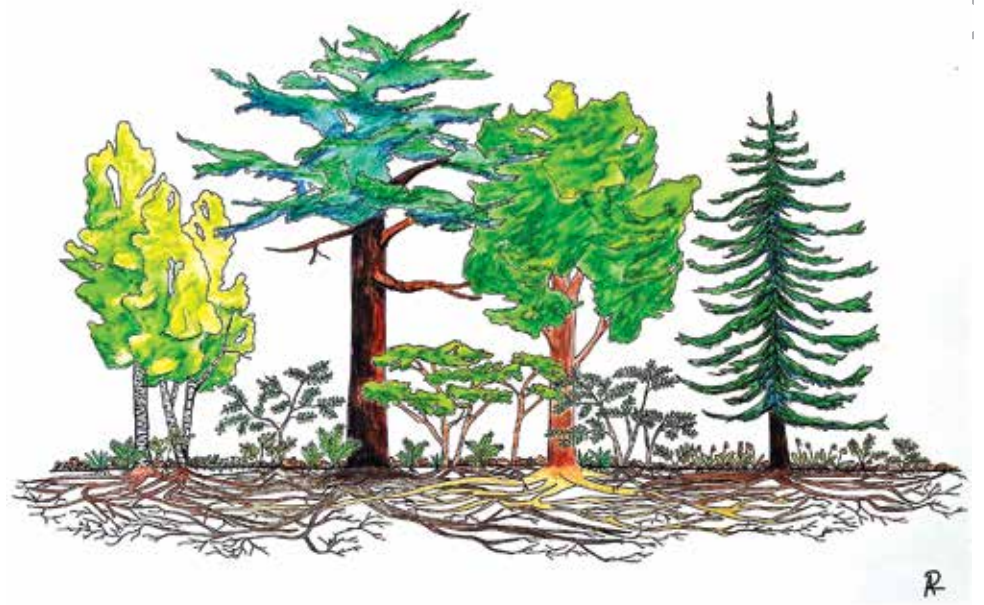
Fête Champêtre loosely translates to 'outdoor entertainment or a rural music festival'. The scene in this work takes place on the shore of a body of water; the woman is sitting against a tree playing her banjo, and the man is lying on his back beside her, taking in the sounds of nature and folk music. Colville had a keen eye for making his work come to life, and aimed to represent specific moments in time that were significant for him or for the area in which he

lived. Usually the human figures in his work were his wife and himself and he rarely showed their faces, which helps the viewer identify with the scene he depicts.

Upon researching Titian's "*Fête Champêtre*," I found that both Titian and Colville believed music is not only something to be shared, enjoyed, and cherished, but it creates very intimate moment between the musician and audience. In both works, there is also the wonder of escaping to the countryside or a peaceful lake and enjoying the sights and sounds of the alternate environment.

To learn more about Alex Colville, visit the gallery Tuesday through Sunday 12pm-4pm, and make sure you check out our blog: acadiauniversityartgallery.wordpress.com

Acadia University Art Gallery
Beveridge Arts Centre, Acadia University
Wolfville



WHAT'S GROWING AT THE HARRIET IRVING BOTANICAL GARDENS

Adrien Green, Head Gardener and Educator

In our beautiful forest community, when we stand amid the trees we often feel the sensation of belonging, or that we are a part of something much larger than ourselves. Humans have received many gifts from trees over millennia including food, lumber for building, heating for homes and oftentimes metaphors conveying strength, flexibility and generosity. Trees can make us feel humble and connected all at once.

In the spirit of Deep Roots, let's imagine what lies beneath the trunks of the trees we see in the forest around us. When a tree seedling emerges in the forest, the first tender root to appear is called the "radicle," something that all vascular plants share. It grows downward into the earth anchoring the hopeful new tree. Quite quickly, lateral roots begin to branch out horizontally exploring for pockets of nutrients and moisture to nourish the growing tree. Contrary to popular belief, roots do not actively grow towards anything, but probe the soil developing and maturing only under favorable conditions. Roots, just like all living things, can only grow where the resources of life are.

A tree can have kilometres of roots, most of them found within the top two metres of soil. The amount of biomass that one tree creates in the earth is absolutely staggering. There is more surface area of a tree found in the soil than there is visible above ground, including both sides of all leaves! Not only does this impressive matrix of root growth anchor and stabilize a tree as it ages, it helps support the surrounding trees in the forest as roots become woven together over time.

Furthermore, roots serve a crucial role in forest health and ecology. By literally holding the forest floor together, roots ensure that soil and nutrients remain in place during heavy rains and flood events. This directly supports the growth of small, herbaceous plants which form the base of the local food chain.

Perhaps we can feel kinship with towering trees in the forest because of our surprising similarities. We root ourselves into the places we live: growing, changing, and exploring. We also weather times of hardship and scarcity supported by our neighbours and relatives. Over time we become entwined with others fostering deep connections and supporting the fabric of our unique community. These are the "unseen" things that make a forest diverse and strong. These are the same unseen things that allow us as individuals to become creative, inspired, musical, and artistic. By the very nature of our roots we can grow to our full potential while supporting others around us.

As we celebrate the immense musical talent we are fortunate to be surrounded by, let us remember the lessons and gifts we receive from all trees, large and small. Create some time to strum your ukulele or guitar in the shade of a tree. Sing songs around a fire while wood burns, warming you and your loved ones. Trees are the root masters of the community, so in their honour let us all go deep!

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