# 诞GRAPEVINE

A FREE PAPER FOR THE PEOPLE WHO FIND THEMSELVES IN THE ANNAPOLIS VALLEY July 23 - Aug 6, 2015 | Issue No. 12.15 ★ ARTS ★ CULTURE ★ COMMUNITY ★ You're holding one of 5100 copies





# **♦ ON THE COVER**

As you can probably recognize, the cover photo is of the recently painted crosswalk in downtown Wolfville. Curious to learn more, we spoke with Wolfville Councillor David Mangle who stated, "The idea initially came from the Equity Office at Acadia around the same time we were raising the pride flag in May for the International Day Against Homophobia and Transphobia. We're planning on having additional pride celebrations in October, so painting the sidewalk in July at the start of summer was seen as an overall good idea." Al-

though future painting decisions are currently undecided, David did mention that the initial feedback from locals, visitors, and online has been incredibly positive. So much so that additional sidewalks may be painted in the future in addition to other NS communities mostly likely following suite.

A big thank you to T.A.N. Coffee's Lucas White for sending us the photo after initially posting it on Instagram. There's no more fitting cover image than our crosswalk for the Grapevine Pride Issue. 
~ Jeremy Novak









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# Enhancing the experience of health care for the LGBTQ community

Lee-Ann Cudmore, R.Ac, Registered Acupuncturist

This summer #LOVEWINS, #PRIDE, and #MarriageEquality blew up twitter, and social media was draped in rainbows of support for the LGBTQ community. These are positive strides, but there is still work to be done. Recent articles in the *Chronicle Herald* and *Metro News* stated that improvements are needed in health care services for LGBTQ Nova Scotians. Health professionals and the public are calling for more information and education on the health care needs of LGBTQ patients, so that quality care can be delivered in a way that is sensitive to the specific needs of individuals.

Dr. Chris Toplack, a physician who has been associated with prideHealth, the Red Door, and Halifax Sexual Health Centre, works in Wolfville and Halifax. She states: "To appreciate the health challenges faced by LGBTQ people, we need to recognize that homophobia, transphobia, racism, poverty, ableism, social isolation, past trauma, and other forms of discrimination experienced within the home, school, workplace, and community; are all bad for physical and emotional health. Minority stress (the interplay between minority status and bias), discrimination/rejection, and violence, contributes to a disproportionate health burden among LGBTQ people. Community connectedness and pride, and working with knowledgeable and sensitive health care workers in environments that are diversity-welcoming, can help foster resilience"

So what can we do on a local level to enhance the health care experience for the LGBTQ community? Here are some options for health professionals and the public:

- Complete the "LGBTQ Pathways to Health in Nova Scotia Survey" (surveys.dal.ca/opinio/s?s=28775) and use your voice to influence future health care decisions. The purpose of the survey is to "better understand the health needs and experiences of LGBTQ populations from across the province. The findings of this survey will be used to inform the development of a Nova Scotia-specific LGBTQ health assessment tool."

Note: If you are 16 years or older and self-identify as LGBTQ+ and have lived in Nova Scotia for at least one year OR are a health care provider in Nova Scotia, you are eligible to complete the survey.

- Register and use the prideHealth Directory of Health and Wellness Providers. This is a comprehensive list of health care providers that self-identify as providing "competent, knowledgeable, respectful, and welcoming care for gay, lesbian, bisexual, trans, intersex, and queer people in Nova Scotia". See www.cdha.nshealth.ca/phsafeproviders/

Note: If you are a health care provider in Nova Scotia and you would like to be in the prideHealth Directory, you can be listed for free by clicking "Request Listing" on the above site.

- Attend a conference. The Canadian Association for Transgender Health (CPATH) Conference, "Transforming the Landscape of Transgender Health and Wellness" is being held in in Halifax, October 1-4, 2015. For more information visit: cpath.ca/conferences/cpath-2015-halifax
- Support local non-profits such as The Red Door, the Valley Youth Project, and the Halifax Sexual Health Centre. Valley Youth Project (valleyyouthproject.wordpress.com) focuses on creating a safer, comfortable social space for all youth, 25 and under, who identify as lesbian, gay, bisexual, transsexual, transgender, intersex, two-spirit, queer, or questioning, as well as to straight allies. From September to June, the VYP hosts a Drop-In on the 1st and 3rd Wednesday of each month at the Louis Millet Community Complex in New Minas. The VYP volunteers also facilitate workshops to community organizations interested in learning how to create environments that are inclusive of all gender identities and sexualities.

Note: The Red Door is a "Youth Health and Support Centre, with an expert team of doctors and nurses to help with sexual health issues ... including sexual orientation and gender identity." See thereddoor.ca.

- Get individual or group training from pride-Health. Training sessions for people who work with the LGBTQ+ community look at the impacts of language and providing a safe and inclusive environment. For more information, visit: cdha.nshealth.ca/pridehealth/education-training.
- Make inclusive changes to workplaces and health care environments. Assess your space with new eyes. Are the images that you use in the office/website inclusive to all people? Washrooms and washroom signage, health history forms, or other documents can be places for improvements. A simple rainbow sticker in your office will indicate that this is a safe space for all people.

I will close this article with a beautiful pearl of wisdom by the Health Minister of Ireland, Leo Varadka. He said, "People from the (gay) community in Ireland are a minority, but with our parents, our families, or friends and co-workers and colleagues, we're a majority..."

Wolfville Integrated Health Care

902-542-2000 | www.wihc.ca

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# SHOW ME YOUR INK

Donna Holmes

TATTOO ARTIST: Cory Ferguson, Good Point Tattoos (Oakville, ON)
TATTOOEE: Angela Forbes, Acadia University student

When Angie realized, after completing her first year of university, that she was now fully capable of making her own choices and taking responsibility for them, she decided to get a tattoo. The artwork on Angie's elbow was designed and inked by Cory Ferguson, an artist whose work she had been admiring for several years at the Maritime Tattoo Festival (which happens every May in Halifax). For Angie, her mandala represents calm, centering, and grounding. She loves her tattoo and plans to have the other elbow done upon graduating to commemorate all the changes that have taken place and the new life she has created for herself during the time between. Someone once grabbed her elbow and commented on the tattoo asking, "What about when you're old?" Angie's reply: "When I'm old and my tattoo is wrinkled, ALL of me will be old and wrinkled...I will look good as I am."

Photo Credit: Hillary Jones

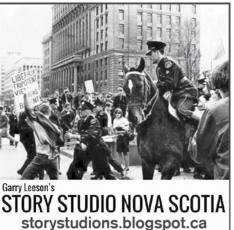




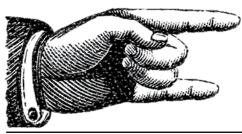












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IS BROUGHT TO YOU BY AN AMAZING TEAM OF CONTRIBUTORS:

Advertising Director & Grapevine Guy JOCELYN HATT Art Director

**EMILY LEESON** Editor MONICA JORGENSEN Events & Lists

JAMES SKINNER Distribution Coordinator & Grapevine Geek

GENEVIEVE ALLEN HEARN Operations Manager

LISA HAMMETT VAUGHAN Proofreader

**DONNA HOLMES** Copy Editor

ALEX HICKEY, DAVID EDELSTEIN & WILLIAM ROBERTS Design, Typesetting and Layout

**WRITERS:** Pamela Swanigan. Mike Butler, Cheri Killam, Charlotte Rogers, Genevieve Allen Hearn, Allan Williams, Scott Campbell

**DELIVERIES:** Margot Bishop, Julie Page, Jaden Christopher, Beth Brewster, Curran Rodgers, Lauren Galbraith, Keeler Colton, Mark Waechter, Margaret Drummond, Caleigh Mugford, John Morrison

# GENERAL INQUIRIES: info@grapevinepublishing.ca ADVERTISING: sales@grapevinepublishing.ca, 902-692-8546 CONTENT SUBMISSIONS: submissions@grapevinepublishing.ca **CLASSIFIEDS:** classifieds@grapevinepublishing.ca

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SNAIL MAIL: Grapevine Publishing
Box 2306, Wolfville, NS. B4P 2N5

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PRESENCE/LOGO \$40 - \$30 **SINGLE BLOCK** \$54 - \$39 **DOUBLE BLOCK \$106 - \$76** FOUR BLOCK \$205 - \$145 HALF PAGE \$450 - \$300 ARTS EVENT POSTER \$75 - \$50

# TO FIND HERE

WOLFVILLE: Just Us! Café, Farmers' Market, T.A.N. Cafe, EOS, Public Library, Carl's Independent, Muddy's Convenience Street Mailbox, The Box Of Delights Bookstore, Pita House, Il Dolce Far Niente Espresso Bar GASPEREAU: XTR Station, Gaspereau Valley Fibres Reids's Meats,

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**Blomidon Nurseries** 

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CANNING: Kwik-Way, Fireside Café, ValuFoods CENTERVILLE: Kwik-Way, TJ's Convenience **NEW MINAS:** Pita Pit, Irving Big Stop, Milne Court KENTVILLE: Designer Café, T.A.N. Café, Café Central, Hospital, Save Easy COLDBROOK: T.A.N. Café, Callister's Restaurant BERWICK: North Mountain Coffee, Union Street Café

# THE FURRY FEATURE



### BROUGHT TO YOU BY WASSUP DAWG? DOGGIE DAYCARE

390 West Brooklyn Rd., West Brooklyn, Nova Scotia 902-542-1604 | wassupdawgdaycare@gmail.com

FEATURE CAT — SMOKEY JOE



Smokey Joe is a domestic short-haired neutered male born May 15, 2010. He was originally adopted from us in 2010 but sadly the owner has passed away and so we need to find him a new home. Smokey Joe and Ginger Soo were in the same home. Smokey is a very loving cat! It would be nice if he and Ginger Soo could stay together since they have been together for the

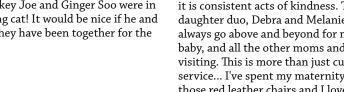
Wolfville Animal Hospital | 542-3422



Experienced a random act of kindness recently? Share with us: info@grapevinpublishing.ca

Random Acts of Kindness is Brought to you by Daniels' Flower Shop Ltd. 40 Water St, Windsor | 798-5337 | www.danielsflowershop.net

last five years but it is not essential. 12-112 Front St. Wolfville



I've been meaning to do this for a while now. It's not so much a random act of kindness as it is consistent acts of kindness. The mother/ daughter duo, Debra and Melanie at Il Dolce always go above and beyond for myself, my baby, and all the other moms and babes visiting. This is more than just customer service... I've spent my maternity leave on those red leather chairs and I love going in to see these women who are always so cheerful

and chatty. They create such a welcoming environment for moms. Every week a group of us descends on the cafe and are always made to feel welcomed and well-taken care of. Amid the strollers, toys, and soothers, we enjoy great conversation and delicious cappuccino, and what Debra and her staff do does not go unnoticed. So, thanks!

Sarah



# **UPDATE ON HECTOR: STILL AVAILABLE**

TO MEET HECTOR:

Nova Scotia SPCA, Kings County Branch, Tuesdays through Sundays between 11am and 4pm. We are located at 1285 County Home Road in Waterville. You can also check out our website at www.kings.spcans.ca, look us up on Facebook, or call my caregivers at 902-538-9075.



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# the free tweets

These listings work on a 1st come, 1st served basis. Email info@grapevinepublishing.ca every two weeks for your free placement. Or, reserve your place with a 5-issue minimum commitment at \$10 per issue.

# Suggested Theme:

The Grapevine is proud of America's recent decision to legalize same-sex marriages. By doing so, they join close to two dozen other countries (including Canada of course) that share similar laws.

How does your business promote equality and inclusiveness? Are you actively involved in supporting the LGBT community? Why do you feel it's time to stop discrimination of all peoples?

# Jennifer White Osteopathy (Manual Practice) 304 Main St., Wolfville, 902-542-0341

"Any time you support diversity in any way, shape, or form, you're helping the larger community become a more inclusive place. At our business we fly the pride flag and the LGBT youth drop-in poster is on the wall. I have a lot of patients who talk to me about being gay or coming out. Being out, open and being available for anyone to is how I like to encourage diversity. I feel so lucky to live in this community where I feel safe being gay and out; I don't worry for my personal safety or the safety of my kids."

In addition to osteopathy, their practice offers massage & acupuncture by Heather Alexis Porter. They're also very happy to have Joanna Hills, a 4th year osteopath student, on the team. They're still accepting new patients for massage & acupuncture

They have been open 11 years in Wolfville, 4 years at the present Main St. location.



### Sister Lotus Body Care Products, Belly Dance & Herbal Education — Wolfville, 902-680-8839 / sisterlotus.com • Happy Pride!! Thinking of my Uncle Danny, who passed away from AIDS back in the 80s, & how proud he'd be that I live in a town with time I walk across it!

**Careforce** — *Kentville*, 902-365-3155 / careforce@careforce.ca / careforce.ca • There's room for everybody under the great big Careforce tent. We're proud to have had employees and clients of different genders. sexual orientations, races, ethnicities, religions, socioeconomic statuses, and more. Diversity makes us all better.

**MONsters by Mon** — New Minas, MONstersbyMon@gmail.com/ MONstersbyMon.ca / Facebook: MONsters by Mon • MONsters, like people, come in all shapes, sizes, colours, and personalities, and are happiest when loved and accepted for who they are.

### Valley Ghost Walks —

jerome@valleyghostwalks.com/ valleyghostwalks.com • Come watch Jerome the GraveKeeper and his band of ghosts bury the competition at the Mud Creek Days Mud Challenge in Willow Park on Saturday, July 25. We don't discriminate, we'll defeat all those standing in our way. A 4-peat championship is as tight as a sealed casket.

Tricycle Vintage — 964 Hwy 358, Port Williams, facebook.com/tricyclevintage • We are proud to announce that we have combined three exciting collections of vintage and collectibles in Port Williams. We have fashions in our rainbow collection to suit all tastes. Distinguish yourself with quality and style.

UNPREDICITABLE DINING by Lisa Boehme and Jeff McLean — lisa.boehme@eastlink.ca / 902-599-1108 / Facebook: Unpredictable Dining • August 24th "IN" the Gaspereau Vineyards with a wine tasting by the winery. Unpredictable dining is the art of good food served in the most unpredictable of places. Limited seating, advance reservations. All are welcomed!

Deal's Auto Clinic — 17 Jones Rd., New Minas, 902-681-5858 • Under new ownership! Same mechanics, and same great service – everyone is encouraged to come in and see us!  $% \label{eq:come} % A = \{ (x,y) \in \mathbb{R}^n : y \in \mathbb{R}^n : y$ 

**Errands by Karen** — 902-790-2626 /  $\textit{errandsby} karen@hotmail.com \bullet A \text{ personalized}$ service catering to seniors, shut-ins, and busy people who need a helping hand. No time to go to the lab for blood work? Karen will come to you! A certified technologist with over 15 years experience, Karen will collect your blood and drop it off at the lab. Plus, she runs errands, too!

Michelle Watts, Independent Consultant for **Rodan + Fields** — *New Minas*, 902-670-7189 / mwatts.myrandf.com/ca • My favourite skincare line: Rodan + Fields! Contact me for your free 5-minute consultation.

## SoundMarket Recording Studios —

63 Pleasant Street, Wolfville, 902-542-0895 / facebook.com/soundmarket • Recording studio, studio concerts & mobile recording. Gold-record-winning service and great gear. 30+ years of inclusiveness. We are happy to provide our services for a pluralistic community. All are welcome at SoundMarket. a rainbow crosswalk. I will honour him every

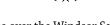
# IN REVIEW: Recent Events, Happenings, and News

**Emily Leeson** 

The Smoking Blues Fest was held in Windsor on July 10 and 11. By all accounts it was a successful weekend. The Super 8 in Windsor was sold out, as well as over one hundred serviced lots at the festival itself.

Finally something to alternate your East Coast Lifestyles gear with! The Town of Wolfville is now selling swag at the Visitor Information Centre. Check out the town's Facebook post on July 10 for photos of the coolest hats in town.

Windsor residents had some terrible news to wake up to on July 14. The Spitfire Arms pub was devastated by an early morning fire. While the damages are being repaired, the pub will re-open at a temporary location: 88 Gerrish Street.



The sunrise over the Windsor Salt Marsh on July 16 was spectacular. The Town of Windsor's Facebook page has got screen shots from the Salt Marsh Webcam. You can check it out anytime at novascotiawebcams.com/en/webcams/windsor-salt-marsh



Well, it's summer and while the students may be rejoicing in "No more pencils, no more books, no more teacher's dirty looks," the citizens of Hantsport are celebrating their continued access to all the free books

they could ever read. The doors to the new accessible Isabel and Roy Jodrey Memorial Library opened on June 27. Located at 10 Main Street, the new location will need more work before its official opening on September 23. In the meantime though, the library is doing what libraries do best - bringing the community together. "I can't imagine a single day without reading a book," says Lorraine Davison, a Hantsport Library patron. "Though it is my first visit, I like this place. Definitely, it is a big step in the overall improvement of the Hantsport community."



On July 21, the Rolled Oat Cafe in Wolfville turned five. Happy Birthday!



The new Isabel and Roy Jodrey Memorial Library in Hantsport.

Photo Credit: Annapolis Valley Regional Library

# **VALLEY FAMILY FUN**

# Gay Pride Books for Kids

Laura Churchill Duke

It's never too early to start introducing kids to the idea that we need to love everyone, no matter what. Many children are not growing up in a traditional two-parent home. There are so many variations and definitions of the word "family." A great way to start to introduce the subject to kids is through reading. There are many great books that feature all different sorts of families and characters who are gay or transgendered.

Our favourite book is *And Tango Makes Three* by Justin Richardson. It's a beautiful true story about 2 male penguins who find an egg and raise the chick as their own.

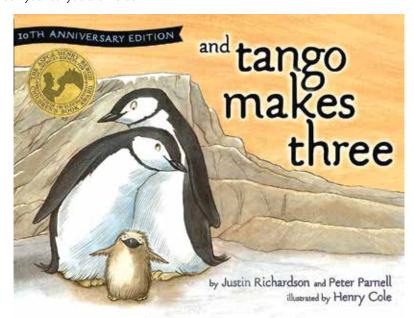
10,000 Dresses by Marcus Ewert is about a transgendered child who dreams about dresses. It is a modern fairy tale about becoming the person you feel you are inside.

Or try *Morris Micklewhite and the Tangerine Dress* by Christine Baldacchino about having the courage and creativity it takes to be different.

If you stop into your local library branch, they will be able to give you lots of suggestions of books to explore that feature a variety of families and stories to let kids know that it is OK to feel different. Or, check out the lgbtqpn. ca website for their recommended reading list for children.

Happy reading!

Valley Family Fun valleyfamilyfun.ca | info@valleyfamilyfun.ca Photo Credit: Laura Churchill Duke





# **LOCAL BLOG ROLL**

Do you live in the Annapolis Valley & write a blog? Send us your website & we'll try to include it in the Local Blog Roll. submissions@grapevinepublishing.ca

### fynesdesigns.com July 17: Master Bedroom Makeover Moodboard

My master bedroom makeover is finally on the chopping block! I feel like I've been talking how bad it needs to get done for years now (6 years to be exact) and the time has finally come! I've been a busy beaver cutting, hammering, and painting so I thought I better shine some light on what is happening around here.

### valleyfamilyfun.ca/index.php/blog July 15: Falling Apart

Help! I'm Getting Old and Falling Apart. Have you ever looked down at your hands and thought, those can't be my hands. Those hands are too old to be my hands. It's starting to happen to me.

# churchofbanjoy.blogspot.ca

July 18: Chainsawin'! Day 1

End of Day 1 of my two day chainsaw course at the Harrison Lewis Centre in East Port l'Hébert. It's 9:20pm, twilight, and I'm sitting in my non-electrified cabin, looking out at the shoreline. It is beautiful here.

### theroamingcurator.com

July 15: Life, Chaos & Ruins on a Nile River Cruise

A few years ago I spent some time travelling in Egypt and Jordan. On my travels I keep a notebook as a place to jot down notes, capture a few sketches, or keep paper mementos from the journey. As I reflect on these, three memories of the Nile cruising experience come back to me: the diversity of landscape, the frenzy of the market boats, and the visual impact of the temples on the riverbank.

# coastersandcoastlines.com

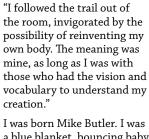
July 19: Summer Capsule Wardrobe

Out of all of the capsule wardrobes, I found the Summer wardrobe the most challenging. Mostly because summers in Nova Scotia can be pretty unpredictable... so the closet needs to be stocked with items for hot weather, warm weather, mild weather, and the occasional cool night. After much deliberation and lots of trips to the consignment shop, I finally reduced my summer clothes to a capsule wardrobe. I hope you enjoy the outfits I put together!

# The WHO'S WHO:

Tessa Janes: He Said, She Said

Mike Butler



I was born Mike Butler. I was a blue blanket, bouncing baby boy who grew up to be a very bouncy man! I knew at the age of 13 that I was Gay, not that I was different or odd; it had a name and it was Gay! So the straight road that lay before me took a sharp detour and

there were a few bumps, but it all worked out splendidly. I was lucky to have a huge support group of family and friends in the LGBT community and beyond, as well as an ever-changing world to help me evolve. It has been a great journey and I'm so proud to be me!

For Tessa Janes, this journey had bigger bumps and the road was quite rocky. But what an outcome! I am incredibly honored to introduce my readers and the world to Tessa Janes.

Tessa is a long time valley local. She grew up in Port Williams with her loving family. Tessa, who was raised by her mother and grandparents, thinks having had this strong support system helped shape her unique personality. She made the short move to Acadia University, originally studying mathematics but then switching into biology. After that, she plans to continue into the education program and become a teacher! The past few months have been a terrific journey for Tessa and I thinks she's already taught many people some very valuable life lessons, so teaching as a profession should be a piece of cake!

Tessa has worked in the Wolfville community even before moving here. She was a vendor for TAN Coffee at the Wolfville Farmer's Market for almost five years, most of that happening before the construction of the now existing Market Building. She has since worked as a waitress at the Naked Crepe Bistro and currently works as a barista at TAN Coffee in Wolfville. Tessa has seen many faces from the community at their most vulnerable; before their morning coffee and when offered the dessert menu.

Tessa states, "In my down time I like to garden and tend plants. My main hobby however is cards. I play Magic: the Gathering, a strategy card game that my Mother taught me when I was young. I've travelled all over the province and even the country for tournaments and to explore new card shops. I've made so many of my friends through that medium over the years and it's a really neat community. For a long time I was also a part of the local theatre scene, doing audio engineering for many of the Valley's local companies and events including the Annapolis Valley Music Festival, Stage Prophets, the Atlantic Theatre Festival, and Deep Roots."

Tessa feels a deep connection to the geography and the culture of the Annapolis Valley. She says, "We are so privileged to have such a col-



www.skalingphysio.com

lection of natural treasures near to us but my favourite by far, is our proximity to the Atlantic Ocean. I get so unpleasant when I'm anywhere landlocked. The air that comes off the Bay of Fundy or the South Shore is something I can never imagine living without."

What a year it's been for Tessa! Remember that bumpy road I mentioned? Well this year (after many years of questioning and struggling) Tessa came out as transgender. Wolfville

has always been a haven of open-mindedness and acceptance, and with the love and support of the people here she has avoided the social stigma that unfortunately plagues so many other trans-folk around the world. I've known Tessa for many years and now have the pleasure of working with her at TAN (we Weird Al Yankovic fans always find each other) and even my very open eyes and mind have been opened even wider by Tessa's incredible courage. Seeing it on TV, reading about it in a magazine, and watching a movie about it doesn't mean it's fully understood and accepted so having Tessa within the community, making changes for herself and being polite and understanding of the questions people have and helping them through the process has made it an easier transition for everyone.

Tessa says, "It's important for people to understand that trans men and women are not changing who they are. They are not creating a new identity, but rather revealing what's been hidden. Sometimes it takes people a long time to discover it about themselves perhaps due to shyness, shame, or just not knowing the name to put to the feelings. It's a hard and confusing process and society is only now just able to acknowledge trans people and their struggle. The most important thing people can do if they want to help support trans-folk is to validate that identity for them by using their preferred name and pronouns."

And what a busy month it's been for Tessa. On July 4, she and her long time partner Max were married in a lovely outdoor ceremony in the gardens at Prescott House in Port Williams. Max is also an Acadia Student and that's where they met and joined forces! This in one dynamic duo folks, with their strong love and cute togetherness, it's hard not to have a smile on your face or in your heart when you see these two walk down the street. Once they've both finished school, they plan to build a micro-home and try their hand at off-grid living. Congratulations!

What a journey! What a person! Thank you Tessa for opening eyes and minds and being one of the many faces in our community who might not realize how much they're doing but are doing it just the same. Thank you for finally acknowledging your feelings but still considering the feelings of the friends, family, and customers who share your world. Thank you for being YOU!

Photo Credit: Tessa Janes



Versatile, passionate about the craft of hairstyling and just back from 8 years in Old Montreal! Carl enjoys customizing the perfect look for each client.

"It gives me great pleasure to satisfy my clients, and have them leave the salon looking great and feeling good about themselves"

Carl Stark Now, at



1455 South Park Street / 902 429 4900 / frontdesk@thumperssalon.com / facebook.com/ThumpersSalon / @ThumpersSalon

# Mike Uncorked: MIKE'S PRIDE GUIDE Mike Butler

Hey everyone! By the time this article comes out, we'll be half way through the official Pride Week but alas, you don't have to be proud of yourself for just this week; Pride is an ongoing thing that should be done every day, every week, and always! Hopefully you've snapped a few photos of the beautiful Rainbow crosswalk on Main Street, Wolfville, or stopped by the Pride Market to see the booths, rainbow food, and rainbow fun put on by the community. And you still have the Halifax Pride Parade, Queer Acts Theatre Festival, and many more events to partake in.

Pride week, and its events over the years, has made a slight shift to be more family oriented and family friendly which is a wonderful concept as the family unit in the gay community is so valued. The rights for marriage, adoption, same-sex benefits, etc. have improved over the years, and it's nice to have events and activities for all members of the LGBT community and beyond. So take part and show your acceptance, support, and Pride.

Now brace yourself readers... here's a big spoiler alert: I'm Gay! Phew, I'm glad we cleared that up! Over the years, the abundance of movies, books, seminars, magazines, TV Shows, blogs, etc., all pertaining to the LGBT community has skyrocketed. You can find so many educational and genuine representations of all walks of gay life in these media and it's refreshing. I would like to offer up my PRIDE GUIDE to each of you so you can get familiar with what's OUT there! These are pieces of literature and film, and television that helped me find myself! Here are Mike's Best!

# 10 Best Gay Films:

### Take the time to view these poignant and very significant pieces of Gay Cinema.

- 1. Brokeback Mountain
- 2. Boys Don't Cry
- 3. La Cage Aux Folles and The Birdcage (remake)
- 4. Common Threads (The AIDS Quilt Documentary)
- 5. The Celluloid Closet (History of Gay Cinema Documentary)
- 6. Milk
- 7. Philadelphia
- 8. Paris is Burning
- 9. The Boys in the Band
- 10. A Beautiful Thing

Honourable mentions: The Normal Heart, Far From Heaven, If These Walls Could Talk 2, Cabaret, Bound, Desert Hearts, Gods and Monsters, Love! Valour! Compassion! Better Than Chocolate, Blue is the Warmest Color, Rent, Beginners, Pariah, Monster, The Kids are All Right, De-Lovely, Southern Comfort (doc), The Crying Game, Beginners.

# 10 Best Gay Novels:

### Rich Gay Literature with beautiful real characters!

- 1. Giovanni's Room by James Baldwin.
- 2. Our Lady of the Flowers by Jean Genet
- 3. Orlando by Virginia Woolf
- 4. Rubyfruit Jungle by Rita Mae Brown
- 5. Other Voices, Other Rooms by Truman Capote
- 6. A Single Man by Christopher Isherwood 7. Father of Frankenstein by Christopher Bram,
- 8. Other Women by Lisa Alther
- 9. The Naked Civil Servant by Quentin Crisp
- 10. The Hours by Michael Cunningham

# 10 Best Gay TV Shows/ Characters

- 1. Transparent (breathtaking and brilliant!)
- 2. Six Feet Under (Gay and Interracial Representations)
- 3. Will & Grace
- 4. Queer as Folk (American or British)
- 5. Modern Family
- 6. Orange is the New Black
- 7. The L Word
- 8. Glee
- 9. Ellen

10. House of Cards

So, there you have it! This is a very bare bones guide to LGBT film and literature. Use the Internet and find more sources and I encourage you to check out your local library and bookstores for materials that will help educate you and others.

What's fantastic about living in a town like Wolfville, is that you get to meet people from all walks of life who take the time to better their community. You don't have to rely on characters in a film to give you a clear representation of LGBT life, just look around you and ask ques-

tions and show support.

Pride Week is upon us, but stay tuned in the autumn for more events as students' return and the LGBT community gets them involved. For now, let's splash a bit of color into our wardrobe, plant a rainbow flag in your garden, or show your pride in another way! Thank you Wolfville for being such a terrific town to live in! I pride myself on being one of your residents!

Photo Credit: Mike Butler

# HERE AND AWAY: Same-Sex Couples

Pamela Swanigan

All figures refer to the number of couples identified as same-sex. Thus, it is important to keep in mind that the data below reflect the percentage of same-sex couples within the total number of couples of all types, not what percentage of the general population belongs to a same-sex couple.

CANADA OVERALL:

ONTARIO:

ALBERTA:

**NORTHWEST** 

TERRITORIES: 0.9%

0.74%

0.8% (of all couples)

0.77% (Toronto: 1%)

humperssalon.com

NOVA SCOTIA: 0.8% (Halifax: 1.3% of all couples are same-sex: this is the highest of any metropolitan area in

WYOMING:

ENGLAND:

0.29%

**NEW BRUNSWICK:** 

0.6%

Canada.)

WASHINGTON, D.C.: 4.01%

**NEWFOUNDLAND** AND LABRADOR:

0.3%

1.4%

**BRITISH COLUMBIA:** 

0.95% (Vancouver: 1.2%)

AUSTRALIA:

1%

QUEBEC:

**NETHERLANDS:** 

1% (Montreal: 1.2%) 1.3%

Sources: Chronicle Herald; Statistics Canada 2011 Census; United States Census Bureau;

Office for National Statistics (U.K.); *Telegraph*; Australia Bureau of Statistics; EuroNews.



Where Nature, Research & Technology come together Open to students, visitors, community, and faculty 8am - 10pm every day

# A FABULOUS HINT:

A fast and effective way to clean a grill: Pour leftover brewed coffee on a hot or cold grill, and wipe off. You will be amazed at the results!

FIND MORE ABSOLUTELY HELPFUL HINTS AT



8927 Commercial St, Kings Centre Plaza NEW MINAS | (902) 681-2284





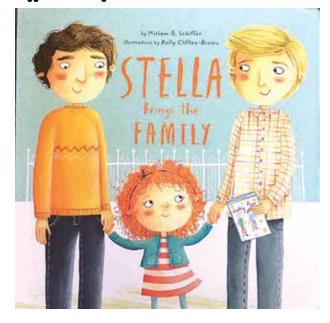
| BOOKS NEW & USED | LITERATURE · SOCIAL SCIENCES · HUMANITIES · ART · CHILDREN'S BOOKS | LETTERPRESS · PRINTS · CARDS · STATIONERY · CALENDARS · JOURNALS | LETTERPRESS · PRINTS · CARDS · STATIONERY · CALENDARS · JOURNALS | LETTERPRESS · PRINTS · CARDS · STATIONERY · CALENDARS · JOURNALS | LETTERPRESS · PRINTS · CARDS · STATIONERY · CALENDARS · JOURNALS | LETTERPRESS · PRINTS · CARDS · STATIONERY · CALENDARS · JOURNALS | LETTERPRESS · PRINTS · CARDS · STATIONERY · CALENDARS · JOURNALS | LETTERPRESS · PRINTS · CARDS · STATIONERY · CALENDARS · JOURNALS | LETTERPRESS · PRINTS · CARDS · STATIONERY · CALENDARS · JOURNALS | LETTERPRESS · PRINTS · CARDS · STATIONERY · CALENDARS · JOURNALS | LETTERPRESS · PRINTS · CARDS · STATIONERY · CALENDARS · JOURNALS | LETTERPRESS · PRINTS · CARDS · STATIONERY · CALENDARS · JOURNALS | LETTERPRESS · PRINTS · CARDS · STATIONERY · CALENDARS · JOURNALS | LETTERPRESS · PRINTS · CARDS · STATIONERY · CALENDARS · JOURNALS | LETTERPRESS · PRINTS · CARDS · STATIONERY · CALENDARS · JOURNALS | LETTERPRESS · PRINTS · CARDS · STATIONERY · CALENDARS · JOURNALS | LETTERPRESS · PRINTS · CARDS · STATIONERY · CALENDARS · JOURNALS · LETTERPRESS · PRINTS · CARDS · STATIONERY · CALENDARS · JOURNALS · LETTERPRESS · PRINTS · CARDS · STATIONERY · CALENDARS · JOURNALS · JO

# FROM THE BOX OF DELIGHTS BOOKSHOP

### CENTRE FOR PRINT CULTURE & THE LITERARY ARTS · WOLFVILLE, NOVA SCOTIA

We are very excited to announce that this autumn we will be curating a brand-new gender/sexuality section, incorporating both fiction and non-fiction pertinent to the LGBTQ community. Our selection will be based on recommendations from our friend Kaleigh Trace, bookseller and sexual educator at Venus Envy in Halifax (and the award-winning author of Hot, Wet, and Shaking: How I Learned To Talk About Sex). If you have any suggestions for titles you'd like to see on the shelves, please let us know!

### Suggested reading for Pride week (available in-store now):



# Stella Brings the Family

Miriam B. Schiffer. Illustrations by Holly Clifton-Brown

Stella's class is having a Mother's Day celebration, but what's a girl with two daddies to do? It's not that she doesn't have someone who helps her with her homework, or tucks her in at night. Stella has her Papa and Daddy who take care of her, she just doesn't have a mom to invite to the party. Fortunately, Stella finds a unique solution to her party problem in this sweet story about love, acceptance, and the true meaning of family.

### Love Undetectable: Notes on Friendship, Sex, and Survival Andrew Sullivan

Intensely personal and passionately political, Sullivan's essays are a powerful testament to human resilience, faith, hope, and love. He revisits Freud to seek the origins of homosexuality and reviews the works of Aristotle, St. Augustine, and W. H. Auden for a contemporary world. Sullivan's last essay extols the virtues of friendship, elevating platonic love over the romantic, as he memorializes his best

Event notice: On Thursday, July 30 from 6pm to 7pm don't miss Halifax-based author Carol Bruneau, who will be at the bookshop promoting her new novel. Set in Vichy in the 1940s, These Good Hands is the richly textured story of a French sculptor and the nurse who cares for her at the end

friend who died of AIDS.



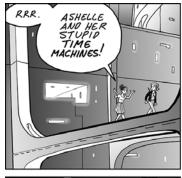
Margaret Drummond's

# by Mark Oakley www.iboxpublishing.com



Of or relating to bells; the ringing of bells.

"On the day they tied the knot, the air was tintinnabulous."







PIPN'T GO SO WELL.

ASHELLE'S GONE SORT OF...

FUNNY.









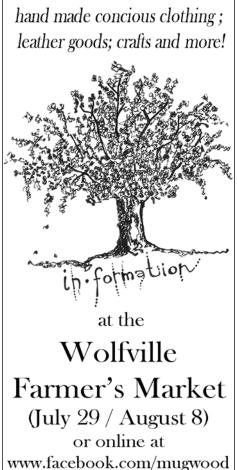














ARIES (March 21-April 19): The Latin motto "Carpe diem" shouldn't be translated as "Seize the day!", says author Nicholson Baker. It's not a battle cry exhorting you to "freaking grab the day in your fist like a burger at a fairground and take a big chomping bite out of it." The proper translation, according to Baker, is "Pluck the day." In other words, "you should gently pull on the day's stem, as if it were a wildflower, holding it with all the practiced care of your thumb and the side of your finger, which knows how to not crush easily crushed things -- so that the day's stem undergoes increasing tension and draws to a tightness, and then snaps softly away at its weakest point, and the flower is released in your hand." Keep that in mind, Aries. I understand you are often tempted to seize rather than pluck, but these days plucking is the preferable approach.

**TAURUS** (April 20-May 20): When I talk about "The Greatest Story Never Told," I'm not referring to the documentary film about singer Lana Del Rey or the debut album of the rap artist Saigon or any other cultural artifact. I am, instead, referring to a part of your past that you have never owned and understood . . . a phase from the old days that you have partially suppressed . . . an intense set of memories you have not fully integrated. I say it's time for you to deal with this shadow. You're finally ready to acknowledge it and treasure it as a crucial thread in the drama of your hero's journey.

GEMINI (May 21-June 20): The ancient Greek philosopher Thales is credited as being one of the earliest mathematicians and scientists. He was a deep thinker whose thirst for knowledge was hard to quench. Funny story: Once he went out at night for a walk. Gazing intently up at the sky, he contemplated the mysteries of the stars. Oops! He didn't watch where he was going, and fell down into a well. He was OK, but embarrassed. Let's make him your anti-role model, Gemini. I would love to encourage you to unleash your lust to be informed, educated, and inspired — but only if you watch where you're going.

CANCER (June 21-July 22): Charles Darwin is best known for his book The *Origin of Species*, which contains his seminal ideas about evolutionary biology. But while he was still alive, his bestseller was The Formation of Vegetable Mould Through the Action of Worms. The painstaking result of over forty years' worth of research, it is a tribute to the noble earthworm and that creature's crucial role in the health of soil and plants. It provides a different angle on one of Darwin's central concerns: how small, incremental transformations that take place over extended periods of time can have monumental effects. This also happens to be one of your key themes in the coming months.

**LEO** (July 23-Aug. 22): A researcher at the University of Amsterdam developed software to read the emotions on faces. He used it to analyze the expression of the woman in Leonardo da Vinci's famous painting, the Mona Lisa. The results suggest that she is 83 percent happy, 9 percent disgusted, 6 percent fearful, and 2 percent angry. Whether or not this assessment is accurate, I appreciate its implication that we humans are rarely filled with a single pure emotion. We often feel a variety of states simultaneously. In this spirit, I have calculated your probably mix for the coming days: 16 percent relieved, 18 percent innocent, 12 percent confused, 22 percent liberated, 23 percent ambitious, and 9 percent impatient.

**VIRGO** (Aug. 23-Sept. 22): "What makes you heroic?" asked philosopher Friedrich Nietzsche. Here's how he answered himself: "simultaneously going out to meet your highest suffering and your highest hope." This is an excellent way to sum up the test that would inspire you most in the coming weeks, Virgo. Are you up for the challenge? If so, grapple with your deepest pain. Make a fierce effort to both heal it and be motivated by it. At the same time, identify your brightest hope and take a decisive step toward fulfilling it.

LIBRA (Sept. 23-Oct. 22): Actress and musician Carrie Brownstein was born with five planets in Libra. Those who aren't conversant with astrology's mysteries may conclude that she is a connoisseur of elegance and harmony. Even professional stargazers who know how tricky it is to make generalizations might speculate that she is skilled at cultivating balance, attuned to the needs of others, excited by beauty, and adaptive to life's ceaseless change. So what are we to make of the fact that Brownstein has said, "I really don't know what to do when my life is not chaotic"? Here's what I suspect: In her ongoing exertions to thrive on chaos, she is learning how to be a connoisseur of elegance and harmony as she masters the intricacies of being balanced, sensitive to others, thrilled by beauty, and adaptive to change. This is important for you to hear about right now.

entering a volatile phase of your cycle. In the coming weeks, you could become a beguiling monster who leaves a confusing mess in your wake. On the other hand, you could activate the full potential of your animal intelligence as you make everything you touch more interesting and soulful. I am, of course, rooting for the latter outcome. Here's a secret about how to ensure it: Be as ambitious to gain power over your own darkness as you are to gain power over what happens on your turf.

**SAGITTARIUS** (Nov. 22-Dec. 21): I'm a big fan of the attitude summed up by the command "Be here now!" The world would be more like a sanctuary and less like a battleground if people focused more on the present moment rather than on memories of the past and fantasies of the future. But in accordance with the astrological omens, you are hereby granted a temporary exemption from the "Be here how!" approach. You have a poetic license to dream and scheme profusely about what you want your life to be like in the future. Your word of power is tomorrow.

CAPRICORN (Dec. 22-Jan. 19): A philanthropist offered \$100,000 to the Girls Scouts chapter of Western Washington. But there were strings attached. The donor specified that the money couldn't be used to support transgender girls. The Girl Scouts rejected the gift, declaring their intention to empower every girl "regardless of her gender identity, socioeconomic status, race, ethnicity, or sexual orientation," Do you have that much spunk, Capricorn? Would you turn down aid that would infringe on your integrity? You may be tested soon. Here's what I suspect: If you are faithful to your deepest values, even if that has a cost, you will ultimately attract an equal blessing that doesn't require you to sell out. (P.S. The Girls Scouts subsequently launched an Indiegogo campaign that raised more than \$300,000.)

**AQUARIUS** (Jan. 20-Feb. 18): Consider the possibility of opening your mind, at least briefly, to provocative influences you have closed yourself off from. You may need to refamiliarize yourself with potential resources you have been resisting or ignoring, even if they are problematic. I'm not saying you should blithely welcome them in. There still may be good reasons to keep your distance. But I think it would be wise and healthy for you to update your relationship with them.

plsces (Feb. 19-March 20): Over 10,000 species of mushrooms grow in North America. About 125 of those, or 1.25 percent, are tasty and safe to eat. All the others are unappetizing or poisonous, or else their edibility is in question. By my reckoning, a similar statistical breakdown should apply to the influences that are floating your way. I advise you to focus intently on those very few that you know for a fact are pleasurable and vitalizing. Make yourself unavailable for the rest.

Homework: Write a fairy tale or parable that captures what your life has been like so far in 2015. Share with me at FreeWillAstrology.com.



By Jake Rideout | Inquisitive Toy Company facebook.com/inquisitive tovs

- On which date did Canada legalize same-sex marriage?
- Which Canadian province was the first to recognize same-sex marriage?
- 3 In which European country did the first recognized same-sex marriage take place in April 2001?
- Which other major federal act needed amendment of the definition of "spouse"?
- When did the rainbow flag become the symbol of the LGBTQ community?

1. July 20, 2005, 2. Ontario, 3. The Wetherlands, 4. Divorce Act, 5. 1978

= **VANEB**2: =

# TIDE PREDICTIONS

at Cape Blomidon

Source: Canadian Fisheries & Oceans. Www.waterlevels.gc.ca

JULY	High	Low
23 24 25 26 27 28 29 30	6:47pm 7:35pm **8:01am 8:56am 9:51am 10:45am 11:37am 12:27pm 1:16pm	12:26pm 1:13pm 2:05pm 2:59pm 3:56pm 4:50pm 5:42pm 6:33pm 7:21pm
AUG	High	Low
1 2 3 4 5 6	2:03pm 2:51pm *3:39pm 4:29pm 5:21pm 6:15pm	7:48am 8:36am 9:23am 10:12am 11:02am 11:56am

# RECIPE Garlic Scape Grilled Chicken Salad Jenny Osburn, Union Street Cafe

Just when last year's garlic crop withers to dust, bunches of garlic scapes appear at the market. Snatch them up! They can be used just as you would regular garlic, but can also be chopped into lengths and added to stir-fries, hodgepodge, pasta dishes, and salads. They stay fresh and green for weeks in the fridge and their fanciful curly elf-cap shapes make them fun to cook with. Mindy Hupman of Hupman Garlic dropped off an enormous bag of scapes at the kitchen door last week and we've been using them with wild abandon.

In this recipe I've made a scrummy garlic scape dressing that doubles as a marinade for chicken (or pork). At Union Street Cafe we use Longspell Point Farms free range chicken. It's delicious and no more expensive than grocery store chicken. Buy it at the Wolfville Farmer's Market!



# Garlic Scape Grilled Chicken Salad

- 1 big Lemon (or 2 little ones)
- 2 or more Garlic Scapes, minced
- 1 1/2 tsp Salt
- 1/4 C Olive Oil
- a few grinds of Black Pepper
- 1 lb. Longspell Point Boneless Skinless Chicken Thighs or Breast, thawed
- A large handful of roughly chopped fresh herbs - Parsley, Dill, Basil, whatever looks fresh!
- 2 ripe Tomatoes, cut into 1" chunks
- 1 Cucumber, cut in half lengthwise, then sliced 1/2" thick
- 1/2 Red Onion, sliced thinly 1 Red Pepper, cut into 1/2" chunks

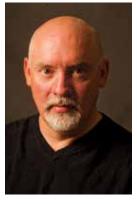
Juice the lemon and combine the juice with the garlic scapes, salt, olive oil and pepper. Pour half over the chicken and refrigerate for at least an hour. Reserve the other half of the marinade at room temperature. Grill or panfry the chicken until it's no longer pink inside. Remove to a plate and sprinkle with the fresh herbs.

Combine the tomato, cucumber, red onion, and red pepper in a large bowl or on a pretty platter. Drizzle with the reserved marinade. Cut the chicken into bite-size pieces, arrange on the salad and serve.



# The Crush Pad Bistro at Luckett Vineyards

Scott Campbell



Luckett Vineyards, in the Gaspereau Valley, is one of the premier wineries in the area. Visitors to the winery can browse through the Cellar Door where they can sample wines or purchase wine or specialty food items. But definitely one of the highlights of a

visit to this great winery is their open air patio restaurant – The Crush Pad Bistro.

As you walk out onto the sprawling patio you are immediately greeted by a view that is quite simply breathtaking. I've lived in this Valley all my life and I still find myself staring at the spectacle of Blomidon as it looms up through the fog in the Minas Basin. This awesome sight is a perfect backdrop to the dining experience that is offered. The servers at the

Bistro are knowledgeable both of the menu and of the local area. During my lunch here I overheard several engaging conversations between diners and servers – all of which left the diners commenting on the exceptional hospitality.

As warm and pleasant as the servers were (Chloe was ours), I need to tell you about the food. It has often been a bone of contention for me that - for a place as known for its seafood as this area is - good oysters are sometimes hard to find. I'm happy to say that I was able to eat my words this day. We enjoyed a half dozen Sober Island oysters with Mango Mignonette, hot sauce, and horse radish. We decided to pair our lunch with a bottle of the breezy and fresh Luckett Vineyard's Phone Box White. This wine is a great summery blend of Osceola Muscat, Traminette, and L'Acadie grapes and I think is a perfect patio luncheon wine. The oysters were the perfect size (in my humble opinion) and the sauces were fresh and bright and tasty. And although I could have easily had a couple more plates of those oysters, I needed to save room for the

rest of lunch.

We tried two of the main course offerings. The first was the delicious Warm Mango Caesar salad. This fantastic salad is given a unique characteristic with the Romaine heart being grilled. The charred outer leaves create a flavour profile that really works well with the house-made mango and garlic dressing. Topped off with crostini, lardons, and shaved rosemary Asiago, this is a great luncheon choice. Another great option is the Pan Seared Red Snapper. This tasty fish is rolled in rice flour and served with a lemon caper butter and a side of your choice. We had the Kale salad with sultanas, pickled onion, quinoa, toasted almonds, and a wine vinaigrette. You will not be disappointed with either of these

If you have friends or family visiting, or if you just want to take yourself out for a great summer treat, you can't go wrong with the open air dining experience at the Crush Pad Bistro at Luckett Vineyards.



Sober Island Oysters with Mango Mignonette, hot sauce, or horse radish.

Photo Credit: Scott Campbell

### WE ARE HOSTING A CONCERT! Saturday, August 1, 2015 The Noodle Guy, Port Williams

Legendary bluesman Morgan Davis will be playing at the shop in Port Williams.
Dinner & show, \$40 per person, prepaid.
We're capping this one at 40 people. Arrive for dinner between 6pm – 6:45pm. Music starts at 8pm. You can drop by the shop to book your spot, or contact erin@thenoodle.ca.

# And... They're Off! Youth Running Club a Hit

With support from Active Kids Healthy Kids and leadership from Schools Plus, the Town of Berwick launched its first free Youth Run Club. This program brings children and youth together to learn from local competitive and recreational runners. The group of children and youth, aged 8-14, work together to achieve a goal of training for a 3k or 5k race and will complete a race by the end of the summer. The group is working on a running team name, and a design for t-shirts. New runners still accepted! For more info contact Katie Verrette, Active Living Coordinator at Town of Berwick kverrette@berwick.ca or 902-538-4019.

# **B** is for Bargain Browsing

Berwick Town Wide Yard Sale brings out the treasures July 25, 8am - 5pm, rain or shine, with over 50 residents and businesses registered to participate this year. Fill your belly first with Breakfast at the Berwick Lions Hall from 7:30am to 10:30am, hit the sidewalks for bargain hunting, and then head over for Barbeques at the Berwick Foodland and Apple Capital Museum.

# TOWN OF B is for BOUNTY in BERWICK: The Apple Capital's Cornucopia

# Making-Out at the Makery



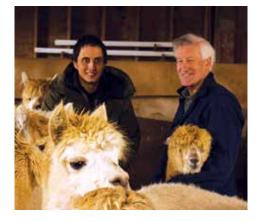
The Makery is like a bakery, but it's all about making things. Makery sessions run out of the sunny Berwick District Elementary School Life Studies Room and other community spaces wherever people make cool things. The organizers want people to learn life-skills that are important to you, whether sewing a button on a pair

of jeans you were going to throw out, learning how to use a spreadsheet and make a budget, building an elaborate Hallowe'en costume, cooking baked beans like your Granny used to make, or knitting your own mittens. The Makery has a huge learning kitchen, 12 sewing machines, and enough room to make a dozen costumes, 100 cards, and four cakes all while doing a load of laundry (approximately).

The Makery volunteers bring independence, creativity, and laughter to the table, and combined experiences of homesteaders, maker labs, discovery centres, arts and crafts, teaching and more. To kick off, the Berwick Makery taught knitting to students during lunch hours, and in the evenings ran a gluten-free cooking class, and introduced weaving and knitting for grown-ups. This year look for gatherings where you bring your own projects to work on with others (appropriately called 'Make Out Sessions'), go on field trips to learn how to make beer, bread, blankets - and other things that don't start with B. The Berwick Makery is a place for kids from ages 3-93 to learn together and have fun. Look for them at the Berwick Gala Days celebration on Labour Day Weekend, and visit theberwickmakery.wordpress.com, their awesome blog, for more information.

# Things Are Funny In Berwick





n May 2014, CBC came to Berwick to film an episode for a new series, Of All Places, about the the culture and industry of rural communities across Canada. Comedian Jonny Harris of Murdoch Mysteries delves into what makes rural communities tick, getting into the thick of it with first hand experiences. Comedy of course is central to the theme, and Johnny had ample material with his visits to Berwick and the surrounding rural businesses. The Berwick air date is Tuesday, August 4 at 9:30pm on CBC Television but if you want to get in on some live action, a community screening at the Town Hall Gym (236 Commercial St.) will take place Tuesday, August 4 at 7pm with short films by Nova Scotian filmmakers to kick things off. It's a family event, free, and super fun! As tweeted around the world about his visit to The Alpaca House just outside Berwick 'Once you go alpaca, you never go back-a.'

cbc.ca/ofallplaces Twitter @JollyHarris @StillStandingTV

And to keep the good times rolling, comedian Jimmy Flynn is coming to Berwick Gala Days for a show at the Berwick Lions Hall on Friday, September 4. Doors open at 7pm, show starts at 8pm. Advance tickets are \$20 at The Clothingline and Town Hall. This is big kid entertainment, so you must be 19+ to go. jimmyflynn.com

# Train Talk Tuesdays



everybody's got a story about trains. And now Berwick has both an ode to the train in the form of Jessica Winton's Stop #14 Uncommon Common Art installation at the Apple Capital Heritage Trail entitled The Dominion of Then and Now: Lunch on the Line and an opportunity to sit, enjoy a premade lunch left at the art installation and reminisce with us about what was once part of the Dominion Atlantic Runway. Along with storytelling, activities are planned by one of the Apple Capital Museum staff for all ages.

Train Talk Tuesday upcoming:

Tuesday July 28th: Enjoy a talk about the Dominion Atlantic Runway by renowned historian and author, Gary Ness.

Tuesday August 4th: Come for a walk along the tracks to reminisce and experience what those on the train would have seen as they

Tuesday August 11th: Enjoy participating in making your own train whistle.

More info: Berwick Visitor Info Centre and Apple Capital Heritage Museum Hours: Mon - Sunday 9:00 am - 5:00 pm Phone 902-538-9229

Instagram @berwickvicandmuseum

Facebook @Berwick Visitor Information Centre and Museum

Twitter @berwickmuseum

And http://www.uncommoncommonart.com to check out Stop #14 and all the other groovy art popping up in unexpected places.

# **Beautiful Edibles**



nitially part of the Park Master Plan for Rainforth/Centennial Parks in Berwick, the Community Gardens couldn't wait to get growing. In addition to the Harley Lawrence Memorial Garden planted last year on Commercial Street with healing herbs, five additional gardens have sprouted up around Town to include herbs and veggies for Soup, Salad, Salsa, Herbs, and a Lion's Purple & Yellow themed veggie garden under the Big Apple at Town Hall. The Community Garden Club, who's mantra is "Help the Garden, Help Yourself," welcomes anyone interested in getting their hands dirty to join the volunteer community gardening team to grow, harvest, and produce nutritious, yummy food. Not only is this group of gardeners passionate about local food production, learning, food security, and

health, they are also super fun! No boring committee meetings for this lot. More info: contact Katie Verrette, Active Living Coordinator at Town of Berwick, at kverrette@berwick.ca or 902-538-4019 and Facebook @Berwick Community Gardens.



# WANT TO GET IN TOUCH WITH BERWICK?



Julie Glaser, Director of Community Development iglaser@berwick.ca



Twitter @Town\_Berwick



Instagram @Town Of Berwick



Facebook @Town Of Berwick and Berwick Area Merchants





# FRIDAY, JULY 24 **MOVIE IN THE PARK**

8:45 PM - 10:45 PM • Rotary Park

Come see Rotary Park transformed into a bustling theatre! Pack a blanket to lie out on the grass for the pre-show at 8:45 PM and our feature film Big Hero 6 at sun down! Movie is FREE and concessions will be on sale.



# SATURDAY, JULY 25 **MUDLEY'S BIRTHDAY PARTY**

4:00 PM - 7:00 PM • Waterfront Park Inflatable games, bike races, games, face

painters, FREE birthday cake, music and more! Fun for the whole family! Food options available for purchase.

www.mudcreekdays.ca







# Welcome to Wolfville's **GRAPEVINE PAGE!**

Watch for it every second issue to stay up-to-date on Town News.

# MUD CREEK DAYS JULY 24-26

We are delighted to invite visitors and residents to celebrate what looks to be another amazing Mud Creek Days in Wolfville this weekend, July 24-26. The community of Mud Creek changed its name to Wolfville in 1830 but the Mud Creek name lives on through our favorite civic celebration, Mud Creek Days!

Bring the family to Rotary Park on Friday for the outdoor screening of 'Big Hero 6', call all your friends to come to the rock concert and fireworks on Saturday

night at Railtown in downtown Wolfville and spend your Sunday afternoon wandering the beautiful botanical gardens at Acadia University in our guided tour! There is really something for everyone in this weekend of activities.

Whether you come to Wolfville this weekend to shop, wine and dine, bike or meet with friends, we hope you enjoy your Mud Creek Days weekend!

For more information on Mud Creek Days visit mudcreekdays.ca























THE SMOKIN' BLUES FEST. Photos by James Skinner









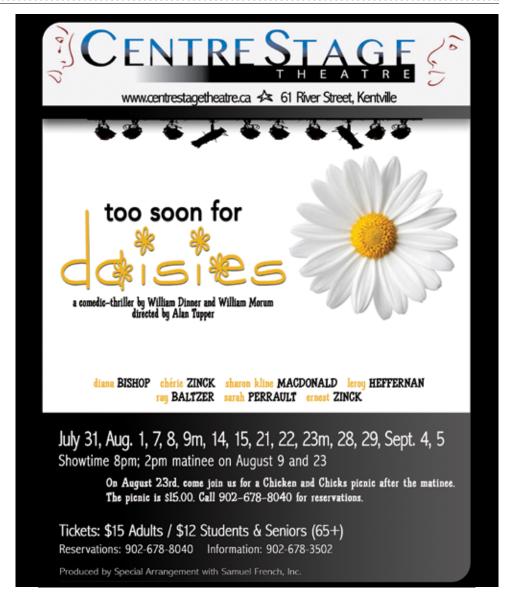
From top to bottom, left to right:

Valley Tye Dye tent; Dog in frisbee heaven; Plain Dirty Blues Band; George Carter Junior Band.





Greg Sampson, Lawyer 92 Webster Street, Kentville (902) 679-0110 | gsampson@andsinc.com



# **Too Soon for Daisies**

Nancy Henry

Three elderly ladies rebel against a 1960s world that has them locked up in an old folks' home for the destitute. After escaping in a rowboat, they are washed ashore in the village of Trotley, England where they take over an abandoned cottage. Suddenly, a mysterious stranger shows up claiming to be the cottage's real owner. Before you can say "Bob's your Uncle", he drops dead of a heart attack and the ladies hatch a convoluted plan to hide the body. A nosy neighbour, a too-helpful handyman, and the arrival of the dead man's niece all contribute to high-spirited fun. Can these determined women conceal a dark secret that, if revealed, will upset all their plans to grow old...ungracefully?

There will be a Chicken and Chicks picnic after the matinee on Aug 23! Menu includes baked chicken and potato, salad, roll, tea, coffee, and dessert. The cost is \$15. Call 902-678-8040 for reservations.

Too Soon for Daisies is written by William Dinner and William Morum and directed by Alan Tupper and features, in order of appearance: Diana Bishop, Chérie Zinck, Sharon MacDonald, LeRoy Heffernan, Ray Baltzer, Sarah Perrault, and Ernest Zinck

Shows: July 31, August 1, 7, 8, 9m, 14,15, 21, 22, 23m, 28, 29, September 4, 5
Showtime: 8pm (except for 2pm Matinees on August 9 and 23)
Tickets \$15/\$12
Call 902-678-8040 to reserve your seat.
Too Soon for Daises will appeal to all audi-

Gift certificates and season passes are available at: R.D. Chisholm's in Kentville and Rick's Frame and Art in New Minas. CentreStage Theatre is located at 61 River Street, Kentville. centrestagetheatre.ca



Canning Studio 300-9149 or weekly at the Wolfville Farmers' Market



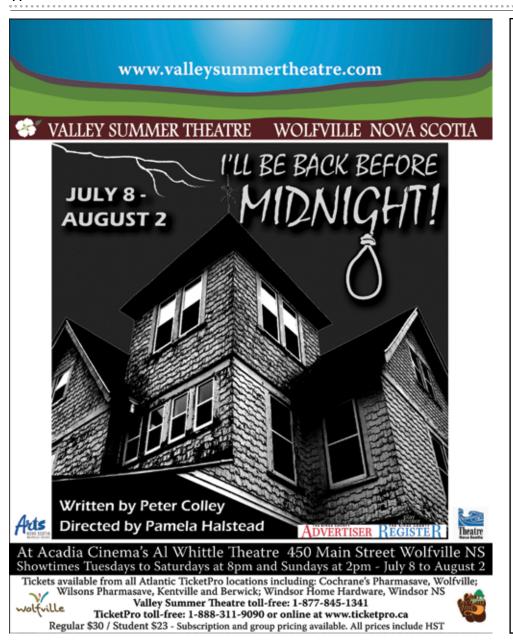
Wolfville, Gaspereau, Windsor, Port Williams, Hantsport, Canning, Centreville, Kentville, Coldbrook, Berwick, Greenwood, Avonport, Grand Pré, Falmouth, Greenwich, New Minas





66 This morning our very first customer came precisely because of your article! (And bought 6 bottles!) \*\*

- Peggy, Bear River Vineyards



North Mountain United Tapestry proudly presents

# Solar Possibilities: Can Solar Energy help you REDUCE your carbon footprint?



# SUNDAY, JULY 26 at 7 pm Harbourville United Church

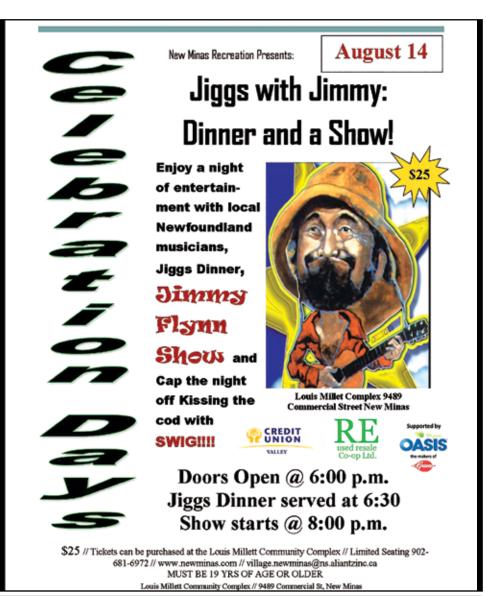
Join Jesse Kemp (Country Stoves & Sunrooms) and Michael Sommerfeld (off grid homeowner) for a FREE education session and question period about Solar Energy and reducing your carbon footprint.

This presentation will explore the many mysteries of Solar Energy and how advancements have made harnessing the sun's power easier and more affordable.

Learn about the different systems available, from a grid tie solar array with energy fed directly into the power grid to an off-grid battery system

as well as solar hot water systems and hot air space heating.





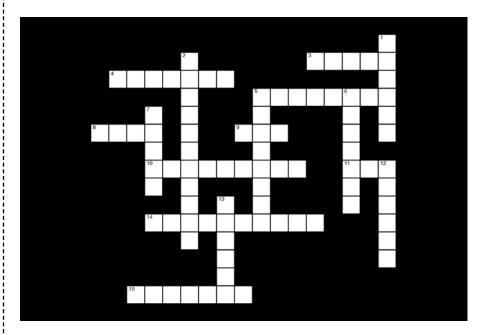
# THE CROSSW brought to you by: NAKED CRÊPE

402 Main St. Wolfville | 902.542.0653 | thenakedcrepebistro.ca

WIN! Complete this crossword, then submit it to Naked Crêpe for your chance to win a dessert crêpe! Just leave your contact information below this puzzle & submit the puzzle.

Last winner was Emma van de Wetenna

# RAINBOW CONNECTIONS by Donna Holmes



- 3. The Halifax \_\_ Festival runs from July 16 to July 26. See halifaxpride.com for event details.
- 4. Joke: Why'd the shades of the rainbow say such nice things? They were complementary
- A rainbow is the refraction and dispersion of light in water droplets resulting in a \_\_ of light.
- 8. The LGBTQ+ pride \_\_ (aka the rainbow \_\_) is flown horizontally, with the red stripe on top.
- 9. One of the used bookstores in Wolfville (388 Main) is called Rainbow's \_\_ Books & Discs.
- 10. The rainbow flag once had 8 colours, but pink & \_\_ (blue/green) were too difficult to produce
- 11. Joke: What did the cloud use to tie back her hair? A rain \_\_\_.
- 14. Kermit first sang "Rainbow \_\_" in 1979.
- Wolfville's Main Street is now home to a rainbow-coloured crosswalk in front of Acadia Cinema's Al \_\_ Theatre.

- "Rainbow Connection" is a song that was originally performed by \_\_ the Frog.
- 2. "Over the Rainbow" was \_ \_'s signature song. When caused by \_ (bright stuff shining in sky), rainbows appear directly opposite the sun.
- 6. The colours on the \_\_flag symbolize: life (red), healing (orange), sunlight (yellow), nature (green), harmony (blue), and spirit (purple).
- The \_\_+ pride flag (or rainbow flag) consists of six coloured stripes that are red, orange, yellow, green, blue, and purple.
- 12. "Over the Rainbow" was first performed by Judy Garland in the 1939 movie 'The \_\_ of Oz'.
- The Nova Scotia Rainbow Action Project seeks equality for people of all \_\_orientations and gender identities. See their website at nsrap.ca.

### Name:

Contact:

# EATTHEBE

# **THURSDAYS:**

Stems Cafe (Greenwich): Ron Edmunds & Ian Brownstein (23rd) 11:30am

Edible Art Cafe (New Minas): Paul Marshall (23rd, 30th, 6th)

Le Caveau (Grand Pre): Speakeasy (23rd), George Carter Trio (30th), The Hupmans & Scott Prudence (6th) 7pm

Paddy's Pub (Kentville): The Hupman Brothers (23rd, 30th, 6th) 9pm

Paddy's Pub (Wolfville): Trivia Night (23rd, 30th, 6th) 9pm

Library Pub (Wolfville): Tevon Pynes (23rd, 30th, 6th) 9pm

Anvil (Wolfville): Top 40 DJ C-Bomb (23rd, 30th, 6th) 10pm

# **FRIDAYS: →**×**→**

Stems Cafe (Greenwich): Ron Edmunds & Ian Brownstein (24th) 11:30am

**Edible Art Cafe** (New Minas): Paul Marshall (24th, 31st) 12pm

King's Arms Pub by Lew Murphy's (Kentville): Caleb Miles (24th) 4-7:30pm, The Tony & Lenny Show (24th) 8pm-11:30pm, The Hupman Brothers (31st) 4-7:30pm, Park Street (31st) 8pm-11:30pm

Blomidon Inn (Wolfville): Jazz Mannequins (24th, 31st) 6:30-

The Port Pub (Port Williams): Freddy (24th) 7pm

### Joe's Food Emporium

(Wolfville): SWIG (24th), Paul Marshall (31st) 8pm

Union Street Cafe (Berwick): Open Mic w/Sean Peori & Jeff Cross (24th), Open Mic w/Harvey Marcotte (31st) 8pm

Dooly's (New Minas): Karaoke w/Denny Myles (24th, 31st)

West Side Charlie's (New Minas): DJ Billy T (24th), DJ Lethal Noize (31st) 10pm

### **SATURDAYS:**

Farmers Market (Wolfville): The Chimney Swifts (25th) 10am

**Edible Art Cafe** (New Minas): John Tetrault (25th, 1st) 12pm-

Gaspereau Winery (Gaspereau): Music On The Patio (25th, 1st) 7pm

Union Street Cafe (Berwick): Swingology (25th), Port Cities (1st) 8pm

King's Arms Pub by Lew Murphy's (Kentville): AcoustiKats (25th), Lost Vegas (1st) 8:30pm

West Side Charlie's (New Minas): D.J Lethal Noize (25th) 10pm, Poison Cherry Band (1st)

Paddy's Pub (Wolfville): Music by Al King (25th) 9pm

**Library Pub** (Wolfville): Irish Saturday w/Bob & Ro (25th, 1st) 1pm, Adam Heinz (25th, 1st)

Tommy Gun's (Windsor): Music Video Dance Party (25th, 1st) 9:30pm-1:30am

### **SUNDAYS:**

Stem's Cafe (Greenwich): Johanne McInnis Trio w/Kory Bayer & Alex Porter (26th)

Paddy's Pub (Wolfville): Paddy's Irish Session (26th, 2nd)

## **MONDAYS:**

Edible Art Cafe (New Minas): Ron Edmunds Band (27th, 3rd) 12pm-2pm

Paddy's Pub (Wolfville): Open Mic w/Mike Aube (27th), TBA (3rd) 8pm

### **TUESDAYS:**

**Edible Art Cafe** (New Minas): Ron Edmunds Band (28th, 4th) 12pm-3pm

Paddy's Pub (Kentville): Irish Jam Session (28th, 4th) 8pm

T.A.N. Coffee (Wolfville): Open Mic w/Donna Holmes (28th, 4th) 8-10pm

# **WEDNESDAYS:**

**Edible Art Cafe** (New Minas): David Filyer (29th, 5th) 12pm-

Farmers Market (Wolfville): Sam Wilson (29th), Caleb Miles (5th) 5pm

Troy Restaurant (Wolfville): Ian Brownstein & Friends (29th, 5th) 7pm

West Side Charlie's (New Minas): Billy T's Karaoke (29th, 5th) 9pm

# Swift Night Out III: Sunday, July 26

Laura Churchill Duke

Imagine: a sky full of chimney swifts circling the evening sky. Then, just before the sun sets, in one magical moment, they start down the chimney, one after the other to roost for the night. It's over in a moment but so miraculous to see! This natural scenic wonder happens almost every night in the summer.

On Sunday, July 26 from 6:45pm to 9:15pm, you are invited to a Swift

Night Out III at the Robie Tufts Nature Centre on Front Street in Wolfville to learn about Nova Scotia's Endangered Chimney Swifts.

Unlike previous years, this year all events will take place outside the Robie Tufts Nature Centre in downtown Wolfville. We will hold outdoor presentations and some interactive events for kids (which might include an endangered species obstacle course and face painting).

At 8:10pm we will begin the official count of our provincially-Endangered Chimney Swifts as they circle the skies and spectacularly plummet into the chimney for their nightly roost.

This is a joint event between the Maritimes Swiftwatch program of Bird Studies Canada, the Nova Scotia Bird Society, and the Blomidon Naturalists Society. For further information contact James Churchill at jameslchurchill@gmail.com

# KINGSTON LIBRARY MINI TATTOO: An event for all ages

Thursday, August 6, 2:30pm-3:30pm

Come and listen to the Greenwood Cadet Training Centre Band under the direction of Capt. April Phinney at the Kingston Branch Library, 671 Main St., Kingston (Rain location: Kingston Royal Canadian Legion).

Learn about the instruments. Ask any questions about the band or the music and sing along with the tunes.

Information: 902-765-3631 Website: valleylibrary.ca



# WHAT'S HAPPENING FROM JULY 23-AUGUST 6, 2015



SEND YOUR EVENTS TO INFO@GRAPEVINEPUBLISHING.CA

Please note: Events are subject to change.

# THURSDAY, 23

Outdoor Concert – Centennial Park, Kingston 7pm • Son of Leod, Vance Mcleod: Classic Rock TIX: no charge INFO: 902-765-2800

Music under the Vines – Domaine de Grand Pré, Grand Pré 7pm ● "Speakeasy" Join us on the patio, weather permitting! See page 2. TIX: no charge INFO: 902-542-7177 / marketing@grandprewines.ns.ca

# FRIDAY, 24

One-on-One Tech Help – Library, Windsor 10–11am, 2:30–3:30pm. Also July 25. ● Bring your own or use our equipment. One-hour slots for personalized assistance with downloading eBooks, audiobooks, setting up your tablet, email account, or other basic computing tasks. Pre-registration required. TIX: no charge INFO: 902-798-5424 / windsor@valleylibrary.ca

MakerLab – Library, Windsor 12–1:30pm. Also July 25, 10:30-11:30am ● Build with things like an Ardruino kit, play with Squishy Circuits, or give a SpinBot a whirl. Discover the world of circuits and electronics. Ages 9+, pre-registration required. TIX: no charge INFO: 902-798-5424 / windsor@valleylibrary.ca

Art For Wellness – CMHA Kings County Branch, Coldbrook 1–4pm • A simplified arts experience in a stress-free environment for those who live independently but struggle with mental health issues including stress and anxiety. All materials provided, please pre-register. TIX: no charge INFO: 902-670-4103 / club@cmhakings.ns.ca

Games Galore – Waterfront Park, Wolfville 2:30-4pm • Explore large group games, silly games, and educational games. For children of all ages. Pre-registration not required but appreciated. (summerkidsinthepark.eventbrite.ca) TIX: no charge; donations to the Mudley Fund accepted. INFO: kmansfield@wolfville.ca

Theme Night: Pirates – Public Pool, Hantsport 5:30-8pm ● BBQ 1/2 hour before pool opens. Ice Breaker game and many more with prizes. Best Pirate costume to win a prize! TIX: \$3, no charge under 5 or with a pool pass INFO: 902-684-3255 / nsteaconsultant@gmail.com

Concert: Ted Wallace – Waterfront Gazebo, Windsor 7–8:30pm ● Country singer/songwriter. Bring the family (furry family members also welcome) and listen to some live local music. TIX: no charge INFO: 902-690-7822 / admin@ted-wallace.com

Mayor's Bike Ride – Rotary Park, Wolfville 7:45–8pm ● Join the Mayor, members of Town Council, and members of the local RCMP on a casual ride through the beautiful community of Wolfville. Some bikes/helmets available, bring your own if possible. TIX: no charge INFO: mudcreekdays.ca

Concert: Trichy Sankaran, Master of Indian Rhythm – Harvey Denton Hall, Wolfville 8pm • Professor Trichy Sankaran, visiting professor, will be performing a concert of traditional and original music, with special guests Ken Shorley, Naoko Tsujita, Sahara Jane, and Jeff Hennessy. TIX: \$15 general, \$10 students INFO: ken.shorley@acadiau.ca

Mothing in the Valley – Kings County

Academy, Kentville 8pm ● National Moth Week
(nationalmothweek.org) is a global citizen
science effort to learn about, observe, and
document moths in backyards, parks, and
neighborhoods. This event, led by Jim Edsall,
and hosted by The Blomidon Naturalist Society,
will involve a combination of techniques for
drawing moths and other nocturnal insects in
close for observation and photography. TIX: no
charge INFO: patrick.kelly@dal.ca

Movie in the Park: Big Hero 6 – Rotary Park, Wolfville 8:45–10:45pm ● Come see Rotary Park transformed into a bustling theatre! Pack a blanket to lie out on the grass for the preshow at 8:45pm and our feature film Big Hero 6 at sun down! Concessions available. TIX: no charge INFO: mudcreekdays.ca

**Candlelight Labyrinth Walk** − *Quiet Park, Wolfville 9am–8pm* • *TIX*: no charge *INFO*: uncommoncommonart@gmail.com

# SATURDAY, 25

**Lions Homecoming Breakfast** – *St Andrew's* Anglican Church Hall, Hantsport 7–10am ● Pancakes, eggs, bacon, hash browns, toast, juice, tea or coffee. Proceeds for Lions Community Service Programs. *TIX*: \$6 adult, \$3 age 6–12, no charge under 5 *INFO*: 902-684-9529

Mud Creek Days Pancake Breakfast – Lions
Club, Wolfville 7:30–10:30am ● Pancakes, juice,
tea & coffee served by the men and women of the
Wolfville Lions Club. A great way to energize your
team before the Mud Challenge. TIX: no charge,
donations welcome INFO: 902-542-4508

Parish Breakfast – St. James Anglican Church, Kentville 8–10am ● Eggs, bacon, toast, muffins, fruit salad, yogurt, baked beans, fish cakes, juice, coffee, tea. TIX: \$7 minimum INFO: 902-678-3123 / stjames@ns.sympatico.ca

Jar Bazaar & Yard Sale! – Lions Club, Auburn 8am-2pm • A large variety of beautifully decorated jars filled with all kinds of items for men, women, children and even pets. Lots of yard sale items & BBQ. TIX: \$1 admission, \$5 table INFO: 902-300-5398 / delsey3000@hotmail.com

**Town Wide Yard Sale** – *Town Hall, Berwick* 8am–5pm • Map of all registered yard sales will be available at the Berwick Town Hall. *TIX:* no charge *INFO*: 902-538-8616 / cboylan@berwick.ca

Mud Creek Tennis Tournament – Wolfville Tennis Club, 8am-all day. Also July 26 ● Men's singles and doubles, ladies' singles and doubles, mixed doubles. TIX: varies per event INFO: wolfvilletennisclub@gmail.com

**Tastes of the Valley** − Farmers Market, Wolfville 8:30am−1pm • \$3 taste concoctions to tantalize your taste buds. **TIX:** \$3 **INFO:** 902-697-3344 / manager@wolfvillefarmersmarket.ca

Art Festival Wolfville – Curling Club, Wolfville 8:30am–3pm ◆ Local Art-Food-Music TIX: no charge INFO: 902-542-4448 / susansurettedraper@gmail.com

Children's Craft Day – Hantsport Pop Up Market, Visitor Information Centre, Hantsport 10–11am • Pre-registration required. Email susan@hantsportnovascotia.com to register. TIX: no charge INFO: 902-690-7836 / susancarey@ns.sympatico.ca

Ticket Auction – Fundy View Community Centre, Halls Harbour 10am–2pm • Canteen on site 11:30am–1:30pm. Draws take place at 2pm – you must be there to win! TIX: 20 tickets for \$1 INFO: hallsharbour.org

**Dream Team Car Wash** − *Irving, Greenwood* 10am-4pm • **TIX**: donation **INFO**: scottmackeigan@ns.sympatico.ca

Sea to Shore Sea Glass Festival – Centre Square, Kentville 10am-4pm. Also July 26 ● Featuring sea glass creations, ocean inspired artisans, musicians, coastal artists, driftwood furniture, seafood tastings, guest speakers, sea glass shard contests with top prize of \$200. Brought to you by Ocean Zn Giftshop & Home Décor.

TIX: no charge INFO: Michelle, 902-790-6901 / Oceanznseaglassstudio@hotmail.com

Mud Challenge – Willow Park, Wolfville 11am-1pm • The muddiest festival in the Valley!
Teams of 4 compete to race through challenges; as fun to watch as it is to compete! Come cheer on your favorite team (Valley Ghost Walks is the 3-time defending champions), or register your own online. Proceeds go to support the Mudley Fund. TIX: no charge INFO: mudcreekdays.ca

Scotian Hiker: Electric City – Weymouth, 11am-5:30pm ● Hike to view one of the first places in NS to have electricity, in the late 1800s. Relatively easy hiking terrain. Bring lunch, 1-2 L water, bug repellent, sunscreen/hat, windbreaker, comfortable hiking footwear. 12km round-trip. See details online, and check for changes on hike day. TIX: no charge INFO: scotianhiker.com

Mud Creek Festival/Acadia University Garden
Tour – K.C. Irving Centre, Acadia 12–1pm. Also
July 26 ● Learn about the flora and fauna native
to the Acadian Forest Region while participating
in a guided tour through the Botanical Gardens.

TIX: no charge INFO: mudcreekdays.ca

Hantsport Homecoming Music Festival – Foundry Road Sports Field, Hantsport 1–8pm • Featuring The Parson Brothers and Friends, No Name Blues Band, Highway 125, Hupman Brothers, and Matt Minglewood. Proceeds for local community volunteer groups. Concessions on site, folding chairs encouraged. TIX: Cash only event, \$20 advance, \$25 at the gate @ Scotiabank (Hantsport), Moe's Place Music Sales (Windsor) INFO: kguptell1@gmail.com

**Author Signing: Mike Parker** – *Coles, New Minas 2:30–4pm* ● Mike Parker signs copies of his newest book, Frontier Town. *TIX:* no charge *INFO:* 902-681-0880

Mudley's Birthday Party – Waterfront Park, Wolfville 4-7pm • Help us celebrate Mud Creek Days! Bouncers, bike races, games, face painters, birthday cake, music, and more, fun for the whole family. Bring own bike/helmet. TIX: no charge INFO: mudcreekdays.ca

Mud Creek Concert: GloryHound – Railtown, Wolfville 7–10pm ● Headliner Gloryhound, and featuring Rain Over St. Ambrose and Elephants In Trouble, sponsored by 89.3 K-Rock. Food vendors and the Molson Coors 19+ beverage tent. End a full day of events with a BANG! Our low-level fireworks finale will allow you to be closer than ever. See page 12. TIX: no charge INFO: mudcreekdays.ca

Concert: Swingology – Union Street Cafe, Berwick 8pm • Classics of the swing era and Django originals, to popular tunes and movie/ TV themes of today, all done in the irresistible gypsy jazz style. See page 10. TIX: \$22 INFO: 902-538-7787 / contactunionstreet@gmail.com

Fundraiser for Ashley – Community Hall, Harbourville 8pm ◆ Auction, BBQ, Strawberry Shortcake. Money raised for wheelchair accessible house renovations. TIX: no charge INFO: 902-538-0570

**Dance: Appaloosa** – *Royal Canadian Legion, Kentville 9pm–12am* • 19 & over,
bar & kitchen available. *TIX:* \$7 per person *INFO:* 902-678-8935

# SUNDAY, 26

Buffet Brunch – Churchill House, Hantsport 10:30am–1:30pm ◆ A beautiful full menu buffet to be experienced in our historic Churchill House. All monies raised go the revitalization of the Hantsport Memorial Community Center. TIX: \$14.50 general, \$9.50 ages 6–11, no charge under 5 INFO: 902-684-3255 / nsteaconsultant@gmail.com

Pool's 60th Celebration – Public Pool,
Hantsport 11am-1:30pm ● Calling all past staff
and swim team members of the Hantsport
Pool! Open since 1955 in one capacity
or another. This is a great 'reunion' event
to see old friends, students, the pool and
HMCC grounds. Dignitaries on hand, free
swim. TIX: donation INFO: 902-684-3255 /
nsteaconsultant@gmail.com

**Jamaican Jerk Pig Roast** – *Taproot Farms, Port Williams 12–3pm* ● SOLD OUT!

Ice Cream and Strawberry Social – Randall House Museum, Wolfville 1–5pm • Hang around the second oldest home in Wolfville with friends and family and eat some cold ice cream and strawberry shortcake. Delicious! *TIX*: \$7 *INFO*: 902-542-9775 / randallhouse@outlook.com

Picnic Supper & Campfire! — Canard Community Church, Upper Canard 6-9pm ● Bring your picnic, lawn chairs and musical instruments! Roasted marshmallows around the fire, plus enjoy the special music of invited performer Francis Hawley & Family! Indoors if raining. Enjoy a tour of the historic "church in the orchard", built in 1858 with the "Crown of Thorns" style steeple. TIX: no charge INFO: 902-582-7298 / rosewood@nbnet.nb.ca

Swift Night Out III – Robie Tufts Nature Centre, Wolfville 6:45–9:15pm ● Imagine: a sky full of chimney swifts circling the evening sky. Then, just before the sun sets, they plummet into the chimney for their nightly roost one after the other. It's over in a moment but so miraculous to see! Learn about Nova Scotia's Endangered Chimney Swifts. Outdoor presentations and some interactive events for kids. At 8:10pm we will begin the official count of our provincially-endangered birds. TIX: no charge INFO: 902-681-2374 / jameslchurchill@gmail.com

Benefit Concert: "Ariana Nasr Chante Piaf"

– St. John's Church, Port Williams, 7pm ● The quiet atmosphere and natural acoustics of St. John's will make this a show to remember. All proceeds go to Chrysalis House. See page 23. TIX: donation INFO: karis.tees@gmail.com



### **VALLEY EVENT TICKET GIVEAWAY: CHANCE TO WIN 2 TICKETS TO:**

Live Music with Hal Bruce, Friday, August 7, 8pm, The Port Pub, Port Williams. **Draw date:** Sunday, August 2 **Enter all draws:** valleyevents.ca/win

Lecture: Solar Possibilities – United Church, 3201 Long Point Rd., Harbourville 7pm ● Can Solar Energy help you reduce your carbon footprint? Join Jesse Kemp (Country Stoves & Sunrooms) & Michael Sommerfeld (off grid homeowner) for a talk and question period about advancements in domestic Solar Energy technology and more. See page 14. TIX: no charge INFO: Pat, 902-538-3387 / patkemp@hotmail.com

**Hymn Sing** – *Baptist Church, Forest Hill 7–8:30pm*• Special music: Blake, Nancy Bowman and friends. Fellowship and lunch, everyone welcome *TIX*: donation *INFO*: 902-542 2601 / judysin@eastlink.ca

# MONDAY, 27

# TUESDAY, 28

Open Studio – The Bread Gallery, Brooklyn 10am-2pm. Also July 30 ◆ Weekly drop-in session, open to artists and crafters working in all mediums. All you need to take part is to show up with a project! TIX: no charge INFO: 902-757-3377 / hcacinfo@gmail.com

Pollination Celebration Storytime – Memorial Library, Wolfville 10–11am ● Join us in our Pollinator Garden for a storytime all about butterflies, bees and birds. We'll picnic with the pollinators! TIX: no charge INFO: 902-542-5760

**LEGO WeDo Robotics** – *Memorial Library, Wolfville 10am–12pm. Also July 30* ● Work in groups to build models with mechanically moving parts you program with a computer. Ages 6–12, pre-registration required *TIX*: no charge *INFO*: 902-542-5760

**Bitstrips Comics** − *Library, Kingston 2–3:30pm* • Create your very own comic strips online. Print off your creation with some great snipping tools. For ages 7+, pre-registration required. *TIX:* no charge *INFO:* 902-765-3631 / kwhberwick@nscap.ca

**Toastmasters Club** – *Birchall Training Centre, Greenwood 6:30-8pm. Also Aug. 4* ● Develop leadership skills using a variety of tools including speaking off the cuff and speaking in public. *TIX:* no charge *INFO:* 902-825-1061 / CFernie.CA@gmail.com

# WEDNESDAY, 29

**Test Drive a Tablet** – *Library, Kingston* 10–12am ◆ Come test out a number of brand name tablets such as Samsung, iPad, kindle, Windows, Asus and many more, pre-registration required. *TIX:* no charge *INFO:* 902-765-3631 / kwhberwick@nscap.ca

Musical Tablets – Library, Kingston 3–4pm
• Come join our band. Play instruments on our tablets and see what great tunes we can play. Ages 6–12, pre-registration required. *TIX*: no charge *INFO*: 902-765-3631 / kwhberwick@nscap.ca

Vintage Bazaar – Farmers Market, Wolfville 4–7pm • Try on some experienced fashion, and take home history you can wear.

TIX: no charge INFO: 902-697-3344 / manager@wolfvillefarmersmarket.ca

Weebly Web Design – C@P Lab, Wolfville 5-7pm ● Join us for a hands-on tutorial to learn the basics of web-design with Weebly's simple visual-interface. Walk-in's accepted, but sign-ups are appreciated. TIX: no charge INFO: 902-542-5760

Concert: Best of Boxwood – St. John the Baptist Anglican Church, Poplar Grove 7–9pm ● Musique Royale brings performances of early, traditional and world music to settings of historic and cultural significance throughout the province. See page 23. TIX: \$20, \$10 students @ Musique Royale Box Office (902-634-9994), by email, and at the door INFO: musiqueroyale1985@gmail.com

# THURSDAY, 30

Sip.Chat.Connect. – TAN Coffee, Water St., Windsor 8:30am ● Social meetup for business networking. TIX: no charge INFO: sipchatconnect.com

Red Cross Babysitters Course – Canadian Red Cross, Kentville 9am–4pm ● Course covers the responsibilities of a babysitter, safety tips for children of all ages, basic childcare skills and what to do in case of emergency. Ages 11+ TIX: \$60, includes book and certificate INFO: 902-670-1386 / braveheartcourse@gmail.com

Little Ray's Reptile Zoo – Isabel & Roy Jodrey Memorial Library, Hantsport 10–11am ◆ Snakes, spiders, frogs, turtles, and more await you. Learn about these often feared and misunderstood creatures. All ages welcome, accompanied under age 8. TIX: no charge INFO: 902-684-0103 / hantsport@valleylibrary.ca

**Test Drive a Tablet** – *Library, Berwick 10:30am-12:30pm* • Come test out a number of brand name tablets such as Samsung, iPad, kindle, Windows, Asus and many more, pre-registration required. *TIX:* no charge *INFO*: 902-538-4030 / kwhberwick@nscap.ca

Musical Tablets – Library, Berwick 1-2:30pm
• Play instruments on our tablets and see what great tunes we can play. For ages 6-12, pre-registration required. TIX: no charge INFO: 902-538-4030 / kwhberwick@nscap.ca

One-on-One Tech Help – Library, Berwick 2:30–3:30pm. Also July 31, 10–11am • Bring in your own laptop, eReader, tablet, smartphone or use our equipment. Book your one hour slot for personalized assistance. TIX: no charge INFO: 902-538-4030 / kwhberwick@nscap.ca

Little Ray's Reptile Zoo – Library, Windsor 3:30-4:30pm • Join us for a 'hands-on' show of reptiles! Open to children of all ages. Please register. TIX: no charge INFO: 902-798-5424 / windsor@valleylibrary.ca

Lane – Town Hall (Council Chambers), Wolfville

7pm • Regarding a development agreement
proposal to establish a duplex unit at Lot T-1,
Cherry Lane, PID 55280341, pursuant to MPS
Policy 12.1.6. TIX: no charge INFO: wolfville.ca

Public Information Meeting: Lot T-1 Cherry

Policy 12.1.6. *TIX:* no charge *INFO:* wolfville.ca / Devin Lake, Town Planner, 542-3232 / email at dlake@wolfville.ca

Music under the Vines – Domaine de Grand Pré, Grand Pré 7pm ● George Carter Trio. Join us on the patio, weather permitting! No reservations, see page 2. TIX: no charge INFO: 902-542-7177 / marketing@grandprewines.ns.ca

# FRIDAY, 31

Art Attack – Waterfront Park, Wolfville 2:30-4pm
• Join us for our outdoor art in the park
event. Children will explore, learn, and
create art inspired by nature. Although preregistration is not required, it is appreciated!
(summerkidsinthepark.eventbrite.ca) TIX:
no charge, donations for the Mudley Fund
accepted. INFO: kmansfield@wolfville.ca

Concert: Sweet Alibi – Evergreen Theatre, Margaretsville 8–10:30pm ● Vocal harmonies that will stop you in your tracks! TIX: \$20 general, \$10 students INFO: 902-825-6834 / evergreentheatre@gmail.com

# SATURDAY, 1

Breakfast – United Baptist Church, Canning 7:30–10:30am ● Pancakes (regular & gluten free) with blueberry sauce, bacon, sausages, beans, eggs, hash browns toast and tea or coffee.

TIX: free will offering INFO: 902-582-3227

Book Exchange – Visitor Information Centre, Hantsport 8:30am –1pm ● Bring your gently loved books to the Pop Up Farmer's Market and get some summer reads! All proceeds from the book sale go to Friends of the Hantsport Library Fund. TIX: .25 cents INFO: 902-690-7836 / susancarey@ns.sympatico.ca

**St. Famille Wine Tasting** – *Visitor Information Centre, Hantsport 10am–1pm* • Sample some of our delicious local wine at the Hantsport Pop-up Market. *TIX:* no charge *INFO:* 902-690-7836 / susancarey@ns.sympatico.ca

The Intuitive Nature Cafe – Valley Massage Clinic, Kentville (Centre Square), 1–3pm ● Connect with like-minded individuals to discuss intuition, gut feelings, synchronicity, personal blueprints, as well as healing and holistic experiences. Receive a mini intuitive reading, please register. TIX: \$13 INFO: Lisbonchai@gmail.com

Art Market – Community Centre, Gaspereau
1–4pm ◆ Come take a look or buy a piece of
art from the following artists: Misty Cogswell,
hand-crafted wooden and metal jewelry; Shasta
Grant, acrylic paintings; Tracy Horsman, ceramics;
Ryan Hupman, acrylic paintings & wooden
spoons; Scott Hupman, bird carvings; John
Lynch, wood working crafts; Laura MacDonald,
letterpress prints; Shireen Stacey, artisan soaps;
Howie & Odette Van Tassel, leatherwork. Buy
refreshments from The Rolled Oat Cafe while you
shop. TIX: by donation, proceeds to The Wolfville
Children's Centre for new art supplies for the kids!
INFO: melinda\_kenneally@hotmail.com

Concert: Port Cities – Union Street Cafe, Berwick 8pm • Stellar songs, dynamic vocals, and superior musicianship. See page 10. TIX: \$27 INFO: 902-538-7787 / contactunionstreet@gmail.com

# SUNDAY, 2

Bridgetown Lions Triathlon – Jubilee Park, Bridgetown, all day. ● Also, Kids Triathlon: Aug. 1, 2–5pm @ Centennial Pool, Bridgetown. Please register online. TIX: \$30–\$70, depending on event, \$15 kids' triathlon INFO: Horace, 902-588-2016 / bridgetowntriathlon.com / facebook.com/BridgetownTriathlonSociety

Fat Loss Seminar – Highlander Strength & Fitness, Kentville 10–11:30am & 2–3:30pm ● Learn from our expert fitness coach Iain Smith about the best ways to approach diet and exercise to burn fat. Take part in a Q&A with our expert coach. 25% discount for attendees interested in training at the gym. Spaces are limited, email to RSVP. TIX: no charge INFO: 902–300-9305 / iain@highlanderstrengthandfitness.ca

Artisans in Action – Avon River Heritage Museum, Newport Landing 12–4pm • See museums section page 18. TIX: no charge INFO: 902-757-1718 / infoavonriver@gmail.com

An Evening of Great Hymn Composers -

Canard Community Church, Upper Canard 7–8pm
• Learn about the history of the composers
and circumstances of the era when some of
our most loved and greatest hymns of all time
were written and first sung. Join us in singing
these magnificent selections. W/organist Steven
Weaton and special solo performances by Susan
Ueffing. TIX: no charge INFO: 902-582-7298 /
rosewood@nb.aibn.com

# MONDAY, 3

# TUESDAY, 4

Open Arms: Annual Blomidon Picnic –

Blomidon Park, 10am–3pm ● For drop-in

guests & participants. TIX: no charge INFO:

open.arms@live.com / facebook.com/OpenArms.ca

Musical Zoo in Kentville – Library, Kentville 11am-12pm • Join local musician Caleb Miles and friends for an interactive hour of stories and play. Kids will get to hear how different instruments sound then try them out for themselves. We'll have ukuleles, small keyboards, and a whole pile of kid-sized percussion instruments on hand! For ages 3+ TIX: no charge INFO: 902-679-2544 / kentville@valleylibrary.ca

# WEDNESDAY, 5

**Art: Prescott Picassos** – *Prescott House Museum, Port Williams 10am–12pm* ● See Museum section page 18. *TIX:* \$8 *INFO:* 902-542-3984 / baldwidj@gov.ns.ca

Forties Garden Club Flower Show – 1787

Forties Rd., New Ross 2:30–4pm ◆ Many beautiful arrangements and exhibits. TIX: \$5 adult, \$1 children, no charge for preschoolers. Admission included lunch. INFO: 902-689-2737

What's Happening Events brought to you by



Mixed martial arts training for all ages (902) 542-1666

What's Happening continued on the following page.



# WHAT'S HAPPENING FROM JULY 23-AUGUST 6, 2015 (cont'd)



SEND YOUR EVENTS TO INFO@GRAPEVINEPUBLISHING.CA

# WHAT'S HAPPENING (CONT'D)

### WEDNESDAY, 5 (cont'd)

**Ozobots** – *Library, Kingston 3–5pm* • Using a simple colour-based coding language you can program Ozobot to move, play and dance. Come see just how easy and amazing it is. For ages 10+, pre-registration required. *TIX*: no charge *INFO*: 902-765-3631 / kwhberwick@nscap.ca

Word at the Market – Farmers Market, Wolfville 4-7pm • A celebration of literacy and written word with local authors, bookstores and publishers. TIX: no charge INFO: 902-697-3344 / manager@wolfvillefarmersmarket.ca

# THURSDAY, 6

Musical Zoo in Windsor – Library, Windsor 11am-12pm ● Join local musician Caleb Miles and friends for an interactive hour of stories and play. Kids will get to hear how different instruments sound then try them out for themselves. We'll have ukuleles, small keyboards, and a whole pile of kid-sized percussion instruments on hand! For ages 3+. TIX: no charge INFO: 902-798-5424 / windsor@valleylibrary.ca

Luncheon – Christ Anglican Church, Berwick
11:30am–1pm ● Home cooked casseroles,
meat dishes, baked beans, salads, bread, rolls,
yummy desserts and tea or coffee. TIX: \$10
INFO: 902-538-8616 / bev\_rich@hotmail.com

**Ozobots** – *Library, Berwick 1–2:30pm* • Using a simple colour-based coding language you can program Ozobot to move, play and dance. Come see just how easy and amazing it is. For ages 10+. Pre-registration required. *TIX:* no charge *INFO:* 902-538-4030

Public Information Meeting: 22 Linden

Avenue – Town Hall (Council Chambers), Wolfville

7pm ◆ Regarding a development agreement
proposal to establish a three unit dwelling
located at 22 Linden Avenue, PID 55273080.

TIX: no charge INFO: Devin Lake, Town Planner,

902-542-3232 / dlake@wolfville.ca

Music under the Vines – Domaine de Grand Pré, Grand Pré 7pm ● The Hupmans and Scott Prudence Join us on the patio, weather permitting! See page 23. TIX: no charge INFO: 902-542-7177 / marketing@grandprewines.ns.ca

# LIVE THEATRE

I'll Be Back Before Midnight! – Al Whittle Theatre, Wolfville July 23, 24, 25, 28, 29, 30, 31, Aug. 1, 8pm, July 26, Aug. 2, 2pm ● A remote farmhouse. An archaeological dig. A troubled wife, her distant husband, his manipulative sister ... and the colourful neighbouring farmer, telling chilling tales of ghastly ghosts and grisly murder. This play has been heralded as the finest stage thriller Canada has ever produced. See poster page 14. TIX: \$30 regular, \$23 student, subscription discounts available. @ all TicketPro locations including Cochrane's Pharmasave (Wolfville), Wilsons Pharmasave (Kentville, Berwick), Windsor

# THEATRE (CONT'D)

Home Hardware *INFO*: 1-877-845-1341 / info@valleysummertheatre.com

**Too Soon for Daisies** – CentreStage Theatre, Kentville, July 31, Aug. 1, 7, 8, 14, 15, 21, 22, 28, 29, Sept. 4, 5, 8pm, Aug. 9, 23, 2pm • Three elderly ladies escape a 1960s "old folk's home" in a rowboat, and are washed ashore in the village of Trotley, England where they take over an abandoned cottage. The cottage's real owner shows up, but he dies of a heart attack and the ladies hatch a convoluted plan to hide the body. A nosy neighbour, a too-helpful handyman and the arrival of the dead man's niece all contribute to high-spirited fun. Can these determined women conceal a dark secret that, if revealed, will upset all their plans to grow old...ungracefully? See poster page 13. TIX: \$15 general, \$12 students/seniors @ R.D. Chisholm's (Kentville), Rick's Art and Frame (New Minas), at the door. INFO: 902-678-8040 / centrestage@centrestagetheatre.ca

The Tempest – Ross Creek Centre for the Arts, Canning, July 23, 25, 26, 28, 29, 30, Aug. 1, 2, 4, 5, 6, 8, 9, 11, 12, 13, 14, 15, 6pm ● Full of magic, mystery and music, Shakespeare's comedy of a shipwrecked magician, and the romance and mayhem that follows a giant storm will be a feast for the eyes and heart. Directed by Ken Schwartz, and includes some of Canada's most accomplished actors. Suitable for all ages. TIX: \$25 general, \$23 senior, \$20 student/military, \$10 child, \$65 family of four INFO: 902-582-3842 / mail@artscentre.ca

The Turn of the Screw – Ross Creek Centre for the Arts, Canning, July 24, 25, 28, 31, Aug. 1, 4, 7, 8, 11, 14, 15, 9:30pm ● In the great tradition of campfire ghost stories, this theatrical rendition will take you on an exciting journey into the mind and soul of a family with secrets. Adapted by Ken Schwartz, performed around the fire, and followed by s'mores under the stars. TIX: \$25 general, \$23 senior, \$20 student/military, \$10 child, \$65 family of four INFO: 902-582-3842 / mail@artscentre.ca / twoplanks.ca

Valley Ghost Walks – The Grand Pré Winery, Friday July 24, 7:30pm; Clock Park, Wolfville July 30, 8pm; Fundy View Community Hall, Halls Harbour, Friday July 31, 7:30pm ● Join Jerome the GraveKeeper and his ghostly friends on these family-friendly historical ghost walks. Our 8th season. See page 4. TIX: \$15 adults, \$12 students, discounted 4-packs available via Ticketpro.caINFO:jerome@valleyghostwalks.com / valleyghostwalks.com

Lamplight Historical Cemetery Tours – St. Mary's Anglican Church, Auburn, July 28, Aug. 4, 11, 18, 25, 8–9:15pm ● Enjoy a tour of St. Mary's cemetery, learn about local people, how they lived and shaped our community. Costumed guides and guests. TIX: \$10 INFO: 902-847-9847 / robardecoste@ns.sympatico.ca

# **MUSEUMS**

Randall House – 259 Main St., Wolfville ● Open Tues.-Sat., 10am-5pm, Sun. 1-5pm. Special exhibit, BIRTH OF A FESTIVAL, commemorates the 20th anniversary of the opening of the

# MUSEUMS (CONT'D)

famed Atlantic Theatre Festival. From inception in 1993 to its grand opening in June 1995. Also, Tea for Two, Saturdays, 2–5pm *TIX:* No charge, donations welcomed. *INFO*: 902-542-9775 / randallhouse@outlook.com / wolfvillehs.ednet.ns.ca

The Old Kings Courthouse Museum (Kings County Museum) – 37 Cornwallis St., Kentville

• Open Mon.–Fri., 9am–4pm. Learn the history of Kings County with special focus on the Acadians and New England Planters. The Kings Historical Society and their Genealogy Center is also located in this building. *TIX*: no admission, donations welcomed. *INFO*: 902-678-6237 / museum@okcm.ca / okcm.ca

Apple Capital Museum – 173 Commercial St., Berwick ● Train Talk Tuesdays, 12:30–1:15pm through Aug. 25 @ the Uncommon Common Art Installation created by Jessica Winton (stop #14). Reflect on memories of the old Dominion Atlantic Railway. Train-related activities suitable for both children and adults. INFO: 902-538-9229 / facebook.com/BerwickVICMuseum

Prescott House Museum – 1633 Starr's Point Rd.

• Archeology Exhibit: until Sept. 30, artifacts tell us about the life of Charles Prescott and his family from 1812 to 1859. Prescott Picassos: Children's Summer Workshops: Wed. 10am−12pm, through Aug. 19. Fun, active and educational activities for children age 5-12, please pre-register. Also, Peek, Peer, and Peruse: July 26, 1−2:30pm. Join Prescott staff for a behind the scenes tour. Space limited, please pre-register. TIX: Prescott Picassos: \$8, Peek, Peer, and Peruse: \$7, Regular admission: \$4 adult, \$2.75 child/senior, no charge under 5, \$8.50 family. INFO: 902-542-3984 / prescotthouse.novascotia.ca / baldwidj@gov.ns.ca

Haliburton House Museum – 414 Clifton Ave., Windsor • TIX: \$4 adult, \$2.75 child/youth/senior, no charge under 5, \$8.50 family. INFO: 902-798-2915 / haliburtonhouse.novascotia.ca

Windsor Hockey Heritage Centre – 414 Clifton Ave., Windsor ● Open 9am-5pm daily in summer, Tues.-Sat. in off season. See the equipment with which the game began: wooden pucks, hand-made one-piece hockey sticks carved by Mi'kmaq natives, stock skates and world-famous Starr skates, as well as early forms of protective equipment. TIX: no charge, donations welcome INFO: 902-798-1800 / windsorhockeyheritage@hotmail.ca

Charles Macdonald's Concrete House Museum – 19 Saxon St., Centreville ● Open Tues.-Sat., 11am-5pm, Sun. 11am-4pm. A unique house built entirely of concrete and finished smooth with paint. The yard contains concrete lawn sculptures of: deer, a mountain lion, giant mushrooms, and other fanciful figures and furniture. Photos of Havana, Cuba (1898) by Charles William MacDonald exhibited through Aug. 26. Crafty Wednesdays are back, call for details. TIX: "We're free, are you?" INFO: 902-678-3177 / concretehouse.ca / info@concretehouse.ca

Canning Heritage Centre – 9806 Main St., Canning ● Open through Aug. 31. Displays of artifacts on historic Canning from the early 1800s to present day. A collection of research material, including: books, records, and artifacts. A special display dedicated to the extraordinary musician Wilf Carter who grew up in the area around Canning. A restored lighthouse on site. Operated by the Fieldwood Heritage Society. *INFO*: 902-582-7699

Ross Farm Museum – 4568 Hwy 12, New Ross ● Open weekends only, 9:30am–5:30pm. Milking a cow, spinning wool or tasting a delicious treat in the cottage are just three things that happen regularly here at Ross Farm. Every visit is unique as the work changes with the seasons. TIX: \$6 adult, \$5 senior, \$2 child (6-17), no charge age 5 & under. INFO: 902-689-2210 / rossfarm.novascotia.ca

Blue Beach Fossil Museum – 127 Blue Beach Road, Hantsport ● Open daily 9:30am–5pm, until Oct. 31. The official birthplace of vertebrate paleontology in Canada. Come for one of our tours to explore 350-million year old footprint-beds, fossils of fish, plants, and so much more. *INFO*: 902-684-9541 / bluebeachfossilmuseum.com

# **EXHIBITS**

Will Cooper – Jack's Gallery 450 Main St Wolfville. Until July 26 ● Will Cooper's fun, brightly coloured and unique works capture the joy of the Nova Scotia landscape and lifestyle. INFO: jacksgallerywolfville@gmail.com

Judith J. Leidl – Oriel Fine Art, Wolfville ● Fine art: floral paintings, scarves, acrylic paintings, prints, ceramics, and Inuit work from Baffin Island. *INFO*: 902-670-7422 / judithleidlart.com

Marina Costain – CentreStage Theatre, Kentville • Hooked rugs and wall hangings. INFO: 902-678-3502 / centrestagetheatre.ca

Apple Bin Art Gallery – Valley Regional Hospital, Kentville ● Approximately 100 pieces of affordable original art created by local Valley artists. Part proceeds go towards hospital equipment and to help support Annapolis Valley health care programs.

Atlantic Picture Book Illustration – Acadia University Art Gallery, Until Aug. 23 ◆ Atlantic Picture Book Illustration: 1980s & 90s: Molly Lamb Bobak, Brenda Jones; 2000s: Darka Erdelji, Leonard Paul. The works selected demonstrate the changes in illustration over 30 years, from handdrawn to digital, from picture book to graphic novel. *INFO:* 902-585-1485 / gallery.acadiau.ca

**Uncommon Common Art** – *Various Kings Country locations, until mid-October (an outdoor, public art scavenger hunt)* ● *TIX:* no charge *INFO:* Terry, 902-542-3981 / uncommoncommonart.com / uncommoncommonart@gmail.com

Artisans in Action – Avon River Heritage Museum, Newport Landing 12–4pm ● First Sunday of the month, through October. Live demonstrations by local artisans who work in historical trades, crafts, and art forms. Aug. 2: Fibre, Pottery, & Textiles *TIX*: no charge *INFO*: 902-757-1718 / infoavonriver@gmail.com

Studio Rally Open House – Windsong Studio & Gallery, 1331 Victoria Road, Aylesford. July 25–26, 10am–5pm ● Our 23rd annual Studio Rally open house. *INFO*: 902-847-9847 / windsong1331@yahoo.ca

# Weekly Events

# PLEASE NOTE: Event information may change without notice

# Thursdays

**Babies & Books** — Wolfville Memorial Library 10—11am. Newborn to 2 years. *INFO*: 902-542-5760 / valleylibrary.ca

**Gardens & Grub** — Rec Centre, Kentville 1–3pm.
Offered through the Canadian Mental Health Association,
Kings Branch. *FEE*: no charge *INFO*: 902-670-4103 /
club@cmhakings.ns.ca

**In the Round Knitting Group** — Gaspereau Valley Fibres 1–4:30pm. Also Tuesdays 6–9pm. *INFO*: 902-542-2656 / gaspereauvalleyfibres.ca

**Seniors' Afternoon Out** — Wickwire Place, Wolfville 1:30—4:30pm. Social afternoon with peers. Also Tuesdays 1:30—4:30pm. *FEE*: \$10 *INFO*: Robin, 902–698–6309

**Boardgame Night** — C@P Lab, Wolfville Public Library, 7pm. Bring your games! Ages 12+ *FEE*: no charge *INFO*: 902-790-4536 / turpin56@gmail.com

# Frídays

**Bookworms Storytime** — Port Williams Library, 10:30am. Stories, games, songs and fun for kids aged 3–5. *TIX*: no charge *INFO*: 902-542-3005 / valleylibrary.ca

**AVD Clubhouse: Arts Program** — Valley Community Learning Association, Kentville 1–4pm. Offered through the Canadian Mental Health Association, Kings Branch. *FEE:* no charge, but please pre-register. *INFO:* 902-670-4103 / club@cmhakings.ns.ca

**Chase the Ace** — Royal Canadian Legion, Berwick 5pm. Chase the Ace drawn at 7:15pm, light supper served 5—7pm *TIX:* \$5 Chase the Ace, \$7 supper *INFO*: 902-375-2021 / rubyl@eastlink.ca

Fun Night — Legion (downstairs), Kentville, 7pm. Variety of music. 50/50 tickets available. FEE: \$2 INFO: kentvillelegion@eastlink.ca

# Saturdays

**Hantsport Pop Up Market** — Hantsport Visitor Centre (parking lot), 8:30am-12pm. Until end of Sept. Fresh fruits & veggies, jams, jellies crafts & more. *INFO*: 902-684-9068 / susan@hantsportovascotia.com.

**Wolfville Farmers' Market** — DeWolfe Building, Elm Ave., Wolfville 8:30am—1pm **July 25 Music:** The Chimney Swifts **Theme:** Tastes of the Valley

**August 1 Music:** TBA INFO: wolfvillefarmersmarket.ca /

North Mountain Market — United Church, Harbourville 9am—1pm. Until Oct. 10. Celebrate local culture  $\delta$  heritage through art, music,  $\delta$  a farmers' market that features a diverse range of locally-produced goods. See ad page 2. *INFO*: 902–538–7923 / northmountainmarket@gmail.com

**Farmers' Market** — Waterfront, Windsor 9am—1pm. *TIX*: no charge *INFO*: windsorfarmersmarket@gmail.com

**Peace Vigil** — Post Office, Wolfville 12-1pm

**Drop in and Drum!** — Baptist Church, Wolfville 1–2:30pm. W/Bruno Allard. Drop in for a hands-on workshop  $\delta$  jam. Learn to play the djembe with rhythms  $\delta$  songs from West Africa. Everyone welcome, drums provided. *FEE*: \$5 *INFO*: facebook: Djembes and Duns Wolfville

**Valley Game Night** — Gametronics, New Minas 6pm. Board game/card game group. Yu Gi Oh — Thursdays, 6pm. Friday Night Magic (Magic: The Gathering) — Fridays, 6pm *FEE:* no charge *INFO:* facebook.com/GameTronics

# Sundays

### Black River Community Market & Schoolhouse

**Cafe** — Community Hall, 989 Upper Sunken Lake Rd., Black River llam—2pm, 2nd and 4th Sunday of each month (next: July 26). Vendors, light lunch, live music. *INFO*: 902-542-0002 / jayneileenkenny@msn.com

# Mondays

Free Community Walking/Running — Acadia Athletic Complex, Wolfville 6-9am & 6-9pm (Mon. - Fri.). On the indoor & outdoor track. FEE: no charge INFO: 902-542-3486 / sread@wolfville.ca

**Painting Morning** — Recreation Centre, Wolfville 9:30am—12pm. W/Evangeline Artist Cooperative. Bring your own projects to work on & be inspired by like-minded artists. *FEE*: \$2 *INFO*: Susan, 902-542-4448

**Harmonica Jams** — Sobey's Community Room, New Minas 10–11:30am. Light music: country, waltzes, jigs & reels. All levels welcome, bring your harmonicas. *FEE*: no charge *INFO*: Lloyd, 902-681-3711 / Ed, 902-678-4591.

**LEGOMANIA** — Port William's Library, 3:30—4:30pm. Until August. Ages 6—9. No registration necessary. *INFO*: 902-542-3005 / valleylibrary.ca

**Windsor Game Night** — Library, Windsor 6pm. Board game group. New players welcome! *FEE*: no charge *INFO*: meetup.com/valleygames / turpin56@gmail.com

**Toastmasters** — 2nd Floor, Irving Centre, Acadia 6:30—8pm. Communicative skills to enhance peaceful and effective dialogue. *INFO*: Chris, 902-691-3550 / vppr.wolfville.tm@gmail.com

**Musical Jam Night** — Community Hall, 659 Victoria Rd., Millville 7pm. Bring your instrument or just relax  $\bar{\alpha}$  listen to the sounds. *INFO*: cadavis@nspes.ca

Insight (Vipassana) Meditation — Manning Memorial Chapel, Acadia, downstairs, 7:30—9pm. W/Laura Bourassa. Suitable for beginner and experienced meditators. Instructions, short talk, discussion. *FEE*: free-will offering. *INFO*: 902-365-2409

# Tuesdays

**Book in the Nook** — Wolfville Memorial Library 10–10:30am. Suggested age range: 3–5. *INFO:* 902-542-5760 / valleylibrary.ca

Friends in Bereavement — Western Kings Mem. Health Centre, Berwick 10am—12pm. 1st & 3rd Tues. each month (next: Aug. 4). VON Adult Day Program Room (main floor). *INFO*: 902-681-8239 / friendsinbereavement@gmail.com

**Rug Hooking** — 57 Eden Row, Greenwich 1–3:30pm. Drop-in rug hooking. *FEE*: donation *INFO*: Kay, 902-697-2850

**Friends in Bereavement** — Kentville Baptist Church 2–4pm. 1st & 3rd Tues. each month (next: Aug. 4). Left parking lot entrance, sponsored by Careforce. *INFO*: 902-681-8239 / friendsinbereavement@gmail.com

**Woodville Farmers Market** — Community Centre, 342 Bligh Rd., Woodville 4–7pm. Until Oct. 6. Local producers  $\delta$  artisans. *INFO*: paulcameron@live.ca

**Learn Irish Music** — Paddy's Pub (upstairs), Kentville 7–8pm. Bring your instrument  $\bar{\alpha}$  learn to play traditional music in a relaxed, convivial setting. *FEE*: no charge *INFO*: 902-697-2148 / slowsession@outlook.com

**Board Game Night** — Paddy's Pub, Wolfville 8pm—12am • *TIX:* no charge *INFO:* 902–542–0059 / judy@paddys.ca

# Wednesdays

### **Wolfville Breastfeeding Support Group**

— Library (upstairs), Wolfville 10am—12pm. Now weekly. *INFO*: facebook.com/ AnnapolisValleyBreastfeedingSupportGroups

**Kentville Farmers' Market** — Centre Square, Kentville 10am—2pm. Open year-round. *INFO*: marketmanager@kentville.ca / kentvillefarmersmarket.ca

July 29 Music: Sam Wilson Theme: Vintage Bazaar August 5 Music: Caleb Miles Theme: Word at the Market INFO: wolfvillefarmersmarket.ca /

# In search of the elusive Infant Care

### Lila Hope-Simpson, Director Home & Heart Family Day Care Agency

Here's the thing. Maternity leaves last for 12 months and most licensed child care centres accept children at the age of 18 months. So what are your options if you are a parent of an infant and must return to work or school?

In Nova Scotia's child care sector, infant care has been identified as a gap in the services and it is not an easy dilemma to solve.

You basically have five choices for infant care:

- 1) Licensed centre-based child care in a facility that accepts infants under the age of 18 months.
- 2) Approved family day care home affiliated with a licensed agency, which may accept 2 out of 6 children who are under the age of 18 months, with 3 of the 6 in total under the age of 3 years, or 3 infants in total with no additional children.

- 3) Unapproved family day care home, which may also accept a maximum of 6 children by law.
- 4) In-home nanny who provides infant care in your own home and possibly light house-keeping.
- 5) Relative or family member providing care in your home or theirs.

Leaving your infant in a child care program can be stressful for parents. Your baby cannot come home and tell you about his day, what she ate, and how long he napped. A licensed centre or approved home will document your baby's schedule and send home a log detailing activities, diaper changes, meals, and naps. Good communication between the parent and the child-care provider is an essential component of infant care. Providers need to be informed of what's happening at home

(teething, health, sleeping schedule) and vice versa.

Your infant can benefit socially, physically, cognitively, and emotionally in a positive child care setting, so you don't have to feel guilty or anxious when you find the right match! When you are on the market for child care, ask questions. Plenty of questions - at least as many as you might ask if you were purchasing a new car. Speak with other parents and contact all resources in your community. Check references. Don't be shy. This is your baby, after all.

If you are registering with a licensed centre or approved day care home, the caregivers will be screened through the Child Abuse Register and will have a Vulnerable Sector Check (RCMP). They will be certified in Emergency First Aid, carry adequate liability insurance and have standard professional development hours.

The search procedure is a bit of a dance - you want to start early, well before your date for returning to work, but not too early, as they may not hold your space. I have had calls from expectant mothers looking for child care almost two years ahead. No can do. While it is advisable to begin your research early, I recommend seeking a placement a few months prior to returning to work.

Remember that licensed centres and approved homes may accept families receiving subsidy, which is an enormous help to your child care budget. If you think you might qualify - apply!

Leaving your baby is never an easy transition. It can be bittersweet to think of someone else seeing your baby walk for the first time or saying her first word, but take heart. Once you find good quality child care, your baby will be safe and happy while you return to work with peace of mind.



# THE ACADIA PAGE

Acadia University 15 University Ave, Wolfville. 542-2201 Staffed Switchboard 8:30am-4:30pm. agi@acadiau.ca – General Inquiries

# ART IN THE GARDEN SUMMER CAMP

July 20 - July 24

Set your children free and let them play outside and be creative. Art in the Garden is a fun week of art and outdoor exploration. Camp is held at the beautiful Harriet Irving Botanical Gardens and designed and run by artist and educator Terry Drahos.

July 20 - 24 and August 10 - 14, 9am to 4pm, for children 7 to 12.

\$215 includes all art supplies. To see what we have done in the past check out the camp blog irvinggardencamp.tumblr.com. Register online at terryhavlisdrahos.com

Presented in cooperation with Uncommon Common Art and the KC Irving Centre.

# WILDLIFE CONSERVATION GRANTS ANNOUNCED

**Department of Natural Resources** 

Twenty Habitat Conservation Fund grants totalling \$205,900 were announced by the Department of Natural Resources on July 6. Among the recipients were several researchers from Acadia University.

The funding will help to promote sustainable hunting practices, provide mentoring and conservation education, and study the pressures affecting wildlife populations.

"I want to thank Nova Scotia's hunters and trappers who know that, with the purchase of a wildlife habitat stamp, they are making a significant contribution to support wildlife and habitats," said Natural Resources Minister Zach Churchill. "These Habitat Conservation Fund projects will help everyone better understand the importance of sustainably managing our wildlife."

A five-dollar wildlife habitat stamp is required

to hunt, trap or snare all wildlife species. All proceeds from the sale of the stamp go to the Habitat Conservation Fund. Requests for project funding are reviewed by a board of directors representing hunting, naturalist and academic associations.

"The Nova Scotia Federation of Anglers and Hunters congratulates the Habitat Conservation Fund board of directors for their continued dedication, expertise and experience in selecting candidate projects for 2015," said federation president, Ian Avery. "The projects selected offer a diverse approach to ensuring the goals of the Habitat Conservation Fund are met."

Habitat Conservation Fund Grant Recipients from Acadia University:

Consequences of nest habitat selection for tree swallows, Acadia University, \$16,000

Population structure and distribution of black bears in Nova Scotia, Acadia University, \$12.000

Ecological significance of fungal symbionts of the endangered plant Geum peckii in Nova Scotia, Acadia University, \$12,000

Factors influencing population decline of marine birds on Nova Scotia's eastern shore islands, Acadia University, \$9,000

Migration and staging and wintering habitat of Northern Saw-whet Owls in the Maritimes, Université Sainte-Anne, St. Francis Xavier University, Acadia University, \$7,300

Post-breeding dispersal of island-nesting Blackpoll Warblers, Acadia University \$12,000

More information is available at novascotia. ca/natr/wildlife/habfund

# 27 STUDENTS FROM BEIJING IN WOLFVILLE THIS SUMMER

This summer, 27 students and two chaperones from Beijing Normal University, Beijing and Zhuhai campuses, have travelled to Wolfville for a two-week program of language learning, academic experiences, and cultural excursions. One sunny afternoon last week, they had the opportunity to visit the Harbourside Park and express their thoughts and feelings through creative writing. These are a few samples of what the students had to say about their time so far in Wolfville.

"Walking down the streets, I am feeling about the lovely Wolfville. I am smelling the green grass, small flowers, the woods and the big trees. Romantic things, I believe is happening or happened in every house. Some people encountered, smiled, talked, laughed, getting to know each other more and more deeply." – Debby

"Sit on the green grass, lay under the bright sunshine and enjoy the blowing wind. My whole world is quiet and sweet with the birds singing." – Claire

"The climate here in summer is cool and comfortable. Warm sunshine, vast fields, pure green grass, colourful and fragrant flowers are all my love. Such beautiful scenery appears in fairy tales. Sitting on the grass,

watching the pure blue sky, listening to birds' songs, my heart becomes quiet. I have a special feeling that I have gained a kind of pure love and happiness which belongs to paradise." – Mingyue

"The park with a crazy river that I have never seen before. Sometimes the river is full of water but sometimes it is dry. It's amazing." – Candy

"Life is a long journey. We are always on the way. Old railway not in service today, some flowers along the trail, also some bees and insects flying..." – Jeff

"I was so excited every time when I walked around the town. In China, I would never think about that people

always smile to me, but here I can feel it all the time, which makes me relaxed and comfortable." – Jannie

"This is a quiet town.

Quiet, and with warm sunshine.

Maybe someone is walking on the zebra, whose colour like a rainbow.

Maybe someone drives, to somewhere only he knows."

- Ke

"White clouds in broad ocean, the trees, like the longings of the earth, stand antipode to peep at the heaven. You can see the colourful flowers everywhere on the grass. The little thoughts are the rustle of grass. They have their whisper of joy in my mind." - Cheer





# WHAT'S GROWING AT THE HARRIET IRVING BOTANICAL GARDENS: Diversity

### Melanie Priesnitz

When we think of the forest sometimes we forget to think beyond the trees. Healthy forests that are rich in biodiversity are so much more than just trees. Forests support a myriad of species, from sowbugs living in rotten logs to birds singing in the canopy.

The Acadian Forest is the second-richest ecoregion within the temperate broadleaf and mixed forest and is among the 20 richest ecoregions on the continent. It supports a huge range of life including flora, fauna, fungi, mosses, and lichens. There are 32 trees native to the Acadian Forest

Region and more than 1200 individual plant species.

As the over 17,000 individual native plants mature at the Harriet Irving Botanical Gardens, our planted forest is starting to support more and more life. Cardinals, warblers, woodpeckers, frogs, chipmunks, pheasants, dragonflies, and shaggy manes are just some of the residents now living together in harmony on the Campus of Acadia University at the Botanical Gardens.

Stop by the Gardens to see the rich diversity within the Acadian Forest

Region. For information visit botanicalgardens.acadiau.ca

Melanie Priesnitz Harriet Irving Botanical Gardens Acadia University, Wolfville, NS 902-585-1916

Photo: One of the many diverse residents of the Harriet Irving Botanical Gardens.

Photo Credit: Melanie Priesnitz

# **WAY BACK WHEN**

All photos courtesy of RANDALL HOUSE MUSEUM
HOURS: Mondays — Closed | Tuesdays-Saturdays, 10am-5pm
Sundays, 1pm-5pm | 259 Main Street, Wolfville
902-542-9775 | wolfvillehs.ednet.ns.ca

### Top left: Gaspereau Valley

Photo Caption: Printed on the negative: 'Gaspereau Valley from "The Stile' N.S. 110929 JV'. According to information printed on the negative, this is a view of the Gaspereau Valley from The Stile on Ridge Road, Wolfville.

# Top right: Middle Falls Black River

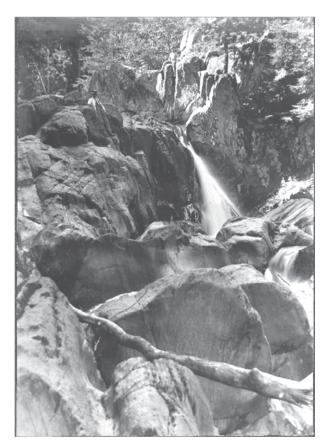
Photo Caption: Middle Falls Black River. A very rocky water course. There are trees in the background. Water is cascading over rocks. There is a fallen log in the foreground. There is a boy, young man, and young woman on rocks above the falls.

### **Bottom left: White Rock Mill**

Photo Caption: Handwritten in ink on the back: Mill at the bottom of hill past White Rock opposite present "Made Lake." Early 1900s.

**Bottom right:** Grand Pré Photo Caption: Grand Pré, circa 1884. This photo shows the Old Post Road down Harris Hill to Grand Pré Road.













# Valley Hospice Foundation receives generous gift from Wolfville Legion, BRANCH #74

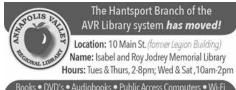
### Dale Sanford

Hubert Sullivan; Poppy Chair; Vera Thomson, President; and Paul Allen 2nd Vice of the Branch #74, Royal Canadian Legion, recently presented the Valley Hospice Foundation with a generous gift of \$3000 in support of the advancement of Hospice/ Palliative Care in the Annapolis Valley.



# The FREE Classifieds

This page works on a first-come, first-served basis. Email your classified to: info@grapevinepublishing.ca and, if there's room, we'll get you in.
Or, to reserve a placement, pay \$5 per issue (3-issue minimum commitment). Please keep listings to 35 words or less.



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# CAMPS/KIDS' ACTIVITIES:

Children's Fibre Arts Day-Camp: July 27–31, 9am-4pm @ Acadia University Art Gallery, Wolfville. W/artist & educator Margaret Forsey. Felting, dyeing, finger-knitting and more! Also games & play outside. Register at the gallery. FEE: \$180, all art supplies included INFO: 902-585-1373

**SummerArts Academies:** Aug. 2–14 @ Ross Creek Centre for the Arts, Canning. Masterclasses for young artists to develop their own artistry and to learn to collaborate with other artists across the disciplines in a unique and exciting program. Film, music, theatre, and visual arts. For teens 14–18. *INFO:* 902-582-3842 / artscentre ca

**SonSpark Labs VBS:** Aug. 3–7, 9am–12pm @ Salvation Army Church, Kentville. Science demonstrations, interactive activities, Bible lessons, games, snack, craft, etc. Ages preschool to gr. 6. *TIX*: no charge *INFO*: 902-678-2039 / joyce\_downer@can.salvationarmy.org

SonSpark Labs VBS: Aug. 3–7, 9:30am–12pm @ Baptist Church, Kingston ● For all children ages 5 to grade 5. Games, crafts, songs, stories, snacks. *TIX*: no charge *INFO*: Lynda, 902-765-3055 / Judy, 902-765-4281 / thisismysong\_@hotmail.com

**St. John's Day Camps:** Port Williams. Accessible, faith-based, full-day camps open to all children ages 5–12. 9am–3pm, August 3–7, and August 10–14. A week of art, music, games, nature, and adventure! Please register. *FEE*: no charge, donations welcome. *INFO*: karis.tees@gmail.com.

# CLASSES/LESSONS/ WORKSHOPS:

**Victory Taekwondo:** Port Williams. Currently accepting new students. Our school and its instructors strive to provide a fun environment for families and individuals to train and be the best martial artists they can be. *INFO*: 902-670-7897 / tkdvictory@hotmail.com

**Community Yoga:** Wed. & Fri., 12–1pm @ Dance Studio, Downstairs, Old-SUB, Acadia. *FEE:* \$5, no charge for Acadia students. *INFO:* Carole, cazaflows@gmail.com

**Inner Sun Yoga:** Classes for every level of student with certified instructors in our inviting studio space. *INFO*: 902-542-YOGA / innersunyoga.ca

Taoist Tai Chi™: Learn this ancient Chinese art of well-being. Lions Hall, 78 River St., Kentville: Tuesdays, 6–8pm and/or Thursdays, 11:30am–1pm. Berwick Town Gym: Mondays, 6–7:30pm. Beginner classes start September. *INFO*: Mary Anne, 902-678-4609 / kentville@taoist.org

**Yoga In The Park:** Wednesdays, June 10-Aug. 26, 5:30-6:30pm @ Kentville's Oakdene Park (Oakdene Ave.). Sponsored by Kentville Chiropractic and facilitated by Kentville Parks & Recreation *FEE:* no charge *INFO:* 902-679-2539

**Workshop Soap Stone Carving:** Introduction & Advanced Workshops: Aug 1, Aug 15. Stones / Workshops / Tools *INFO*: 902-760-2298 / soapstonenovascotia.ca

**Drawing/Painting Barns:** Saturdays, through Aug. 15, 9–11:30am. Learn about barns or share knowledge of barns in an artful way. *FEE:* \$100 per person. Minimum of 10 students. One pay-what-you-can space for every tenth student who pre-registers. *INFO/Reg:* Lisa Tondino, 902-582-7749 / houdinidesign@gmail.com

### **Dance Teaching Assistant Certificate Program:**

Ross Creek Centre for the Arts. In conjunction with Dance Summer Dance, August 16-28. Registrants take all the technique classes and dance in the final showing, while also getting special sessions in working with younger students in how to choreograph for younger students and how to give positive and appropriate corrections. *INFO*: 902-582-3842 / chris@artscentre.ca / artscentre.ca

# DONATE/VOLUNTEER:

**Donate Used Clothing:** Flowercart creates work and training for people. Donate your used clothing to Flowercart and keep your donation and the resulting money local. Drop off location 9412 Commercial St., New Minas. *INFO*: 902-681-0120 / lisahammettvaughan@flowercart.ca

**Volunteers Needed:** Help at the Wednesday night community suppers at the Wolfville Farmer's Market. Shifts are 2 hours, between 3:30–5:30pm. This opportunity is a great venue to build career skills. *INFO:* Renee, 124918b@acadiau.ca

Volunteer at the Bridgetown Lions Triathlon: Kids triathlon Aug 1, 2–5pm @ Centennial Pool. Sanctioned Triathlon Event Aug 2 all day @ Jubilee Park. Volunteers needed! *INFO*: Horace, 902-588-2016 / bridgetowntriathlon.com

# FOR HIRE/PURCHASE:

**Property Manager:** Kentville to Wolfville, and area. Do you need someone reliable to be the on-call person to show apartments, process applications, check references, do leases, collect rent, deal with your tenants' concerns? Or do you need someone to check your house, water plants, be the go-to person when you're away and comply with insurance regulations? Call Susanne! *INFO*: 902-697-2843 / 902-599-3060

Pam's Editing Services: Make your writing look professional! Experienced editor and journalist can help you with: press releases, manuscripts, ads, reports, school essays, proposals. *FEE*: \$35/hr. *INFO*: Pam, 902-306-0570 / pamsediting@gmail.com

**Let Donna Do It!:** Do you have a resume, school paper, or other document that needs editing? Do you have paperwork that needs transcribing, or a business that needs promoting, or another administrative job that needs doing? Let Donna do it for \$35 per hour (\$18 for ½ hour job). *INFO:* donnaholmes712@gmail.com / facebook.com/letDonnadoit.

**Violin & Fiddle Music for Classic Events:** Music will make your wedding, anniversary or garden party unique and memorable! Reasonable rates. *INFO:* Donovan, 902-542-2242 / d.cassidynolan@yahoo.ca

**Interior/Exterior Painting:** Women in Rollers does accurate quotes, shows up on time to work, and performs to perfection. We even leave your home

neat and tidy! Call today for your free estimate. *INFO*: Pamela, 902-697-2926

**Hand-Crafted Urn Boxes:** Respectful, wooden, locally-made. *INFO*: Farmer Eddie, 902-542-3387

**Massiah's Cleaning:** The best services, prices and quality of work. Stripping, waxing, deep scrubbing, recoating, buffing, tile & grout, cement & degreasing, carpets & general. Throughout the Valley, 24 hours a day, 7 days a week – even on short notice. Maintenance plans available. *INFO:* Ryan, 902-691-3614

**Sport Cards & Memorabilia:** Our inventory is close to a million Sport Cards, all on a database, Price Guides, and Memorabilia. It covers all sports and Nascar Racing. We provide a quick response and can help you. If you are thinking of selling give us the opportunity to talk to you. Like your collection on a database, contact us. *INFO:* fjp@eastlink.ca / 902-678-3653

### **Acupuncture / Chinese Medicine / Herbal**

Care: #221, 112 Front St. Wolfville (above EOS). Hi, I'm Devorah Fallows & I'm committed to supporting health in our community. Find lasting, overall health by getting to the root of your problem using natural, safe & healthy methods. Specializing in menopause, sexual & reproductive health, emotional balancing & sleep restoration. Children welcome. *INFO*: 902-300-3017 / devorah@oceanbayclinic.com / oceanbayclinic.com

**Acupuncture-Tao TCM:** A holistic approach to diagnosing and treating almost any health issue based on Traditional Chinese Medicine. Spring special: Complimentary consultation. Provided by Sensei Yula. *INFO:* centrefortheways.com. *Book an appointment:* 902-697-2661 / yula@centrefortheways.com

Errand Runner, Personal Shopper, Light Trucking & Deliveries: Serving your individual needs in the Annapolis Valley. *INFO*: John, 902-698-6766

**Tracks on Trails:** New dog service based in Wolfville and serving surrounding areas. Dog hikes, training and more! *INFO:* Cheryl, cheryloxford5@gmail.com / tracksontrails.ca

**Raspberry and Blackberry U-Pick:** Coldweather Farm, 908 Gaspereau River Rd. 7am (-ish) until dusk. *INFO*: 902-542-2084

# **EMPLOYMENT:**

# After School Program Coordinator: @

Gaspereau Valley Elementary School. ECE Level II. Apply by Sept. 2. Send cover letter and CV to: Jenn Richards, 1681 Davidson St., Wolfville NS B4P 2R1. See ad page3. *INFO*: richjenn@gmail.com/ gaspereauafterschoolprogram.blogspot.ca

# **ACCOMMODATIONS:**

**House Sitting:** 30-something professional able to provide house-sitting arrangements, within Wolfville preferred, car-required if beyond. Available anytime, references available. *INFO*: info@grapevinepublishing.ca

**House for Sale:** Wolfville–overlooks Minas Basin. Showhome extras, 4 years old, 1600 sqft 4 bedroom. Custom shed/ deck, professionally landscaped. August 15 possession. Price reduced. Property Guys #57874, and MLS 201501313. Fee to Realtors. *INFO:* Jennifer, 902-300-9190

House in Falmouth For Rent: Beautiful, 3-storey historic home for rent. Gorgeous rooms with wide plank flooring. Fully updated and restored. \$1400+utilities. Pictures available on request. *INFO*: cobygurl@gmail.com

**1 Bedroom Apartment:** Non Smoking, Single Occupancy only, No Parking, Heat & Hot Water included. \$710 per month on a 1yr lease. *INFO:* 902-542-7581

**Seeking Apartment:** Friendly and responsible masters student looking for an apartment for 12 months, starting September. I would love a space with character, in a house. Looking to pay approximately \$600 including utilities. *INFO:* sylvieannewilliams@gmail.com

**Flat for Rent:** In the lovely Gaspereau Valley. Furnished, available October 1 to June 1. \$750.00 all inclusive. Quiet, non smoker sought, mature student or professional wanted. 4.5 minutes to Acadia by car, 3km to wolfville! Working fireplace. *INFO:* lisa.boehme@eastlink.ca

# **GENERAL:**

**South Shore Guest House Rental:** A rustic, very clean and very comfortable oceanfront 'salt box' guest house, located near the white sands of Carters Beach in Port Mouton is available to rent for the week of Saturday, August 22nd to August 29th. Fully equipped for up to 4 persons. Weekly rental rate is \$800. INFO/Photos: cartersbeachcottage.com / Robert (902) 947-2113

Kings SPCA Play for Paws 50/50 Weekly Draw!: Join in the fun! Only costs a toonie to play each week and you must play to win! Please visit us online for details on how and where to play! INFO: facebook.com/kingsspca5050

Seeking Green Party Candidate: For the Kings Hants riding for the upcoming federal election. Ideal candidate is an engaged community member who plays an active leadership role either at work or as a volunteer, and is willing/able to speak in public – at debates, meetings, interviews. A team is waiting to guide and support you! *INFO*: Sheila Richardson, sheilagrichardson@gmail.com

Wolfville Community Chorus: Join us Wednesdays (5:30–7pm, Wolfville), starting in Sept. for a brand new and exciting line up of music. No experience necessary. We share our music with seniors' and nursing homes by providing free concerts. Feel good, do good, and have fun! FEE: \$180 for the year (\$90 per term) INFO: 902-542-0649 / susan\_dworkin@hotmail.com

**Ham Sandwich Study:** Do you eat bread, meat, and cheese? Are you between the ages of 22–60? Are you available July 28? Sample sandwiches and receive a \$10 gift card. *INFO:* Liz, 110366m@acadiau.ca

**ADHD/Anxiety Study:** Does your child exhibit symptoms of ADHD or anxiety? Are you an adult who suffers from anxiety or low mood? Please participate in Acadia University Probiotics and Mental Health Research Lab study. *INFO:* probioticstudy.com

**Tech Help:** Looking for technology help? Call now to schedule your one-on-one help with tablets, eReaders, email, Facebook, smartphones, and much more! *FEE:* no charge *INFO:* Berwick Library, 902-538-4030 / Kingston Library, 902-765-3631

**Hall's Harbour CAP Site:** 3586 Highway 359, Tues.-Fri., 10am-5pm through Aug. 28. Come in and meet your summer youth intern for tutorials or one-on-one training. *INFO:* Kali McMullin, 902-678-7001

# ST. JOHN'S SUMMER BENEFIT CONCERT SERIES

St. John's Church. Port Williams Corner of Hwy 358 & Church St. all concerts begin at 7PM | admission by free will donation

July 12th

The Hupman Brothers

all proceeds to L'Arche Homefires

July 26th

Ariana Nasr Chante Piaf

all proceeds to Chrysalis House August 16th Thomas McCallum

all proceeds to The Valley Hospice Foundation

> August 30th Kim Barlow & Heather Kelday

> all proceeds to Nova Scotia Sea School



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