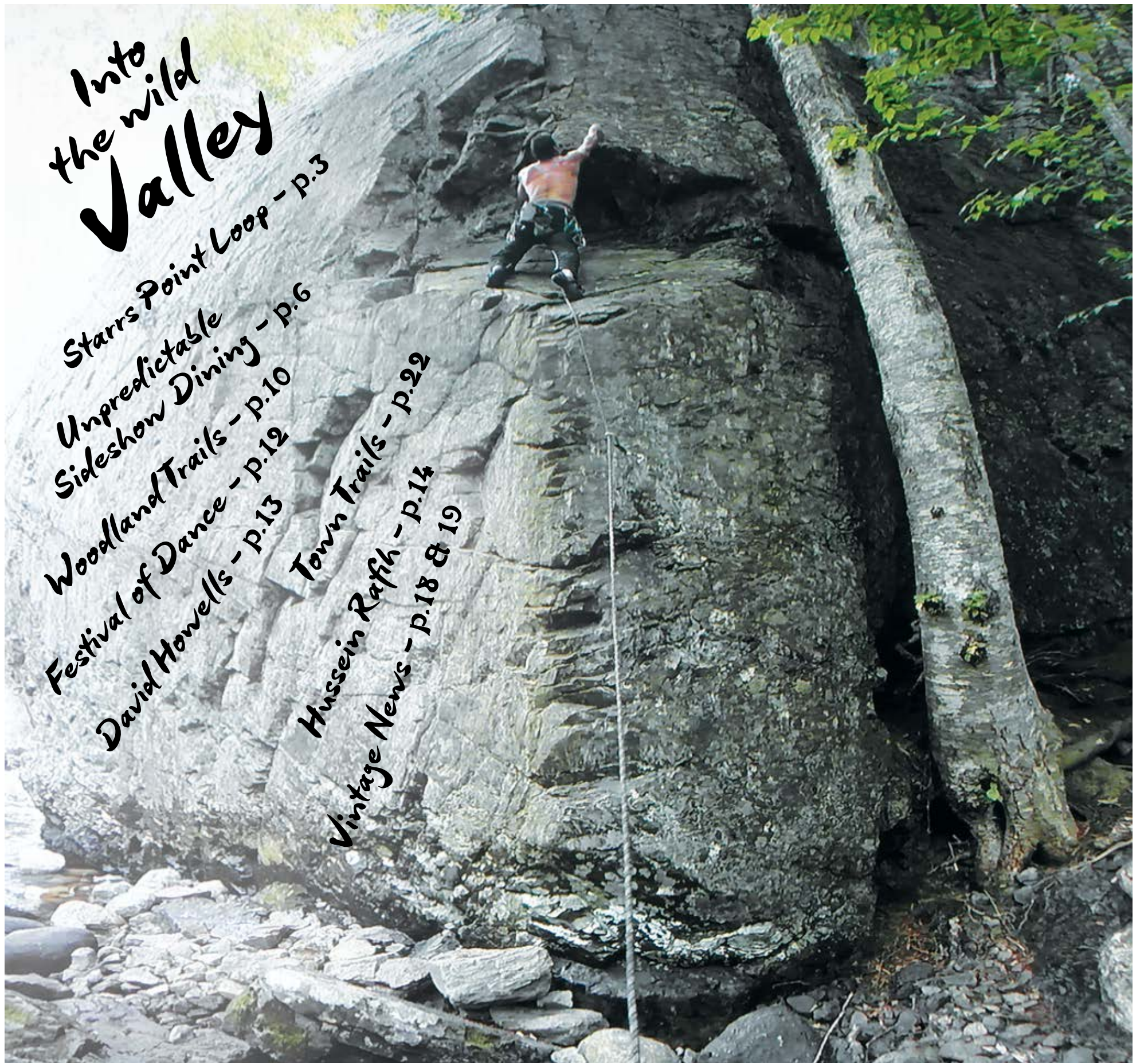


THE GRAPEVINE

A FREE PAPER FOR THE PEOPLE WHO FIND THEMSELVES IN THE ANNAPOLIS VALLEY
August 6 - 20, 2015 | Issue No. 12.16 ★ ARTS ★ CULTURE ★ COMMUNITY ★ You're holding one of 5200 copies



*Into
the wild
Valley*

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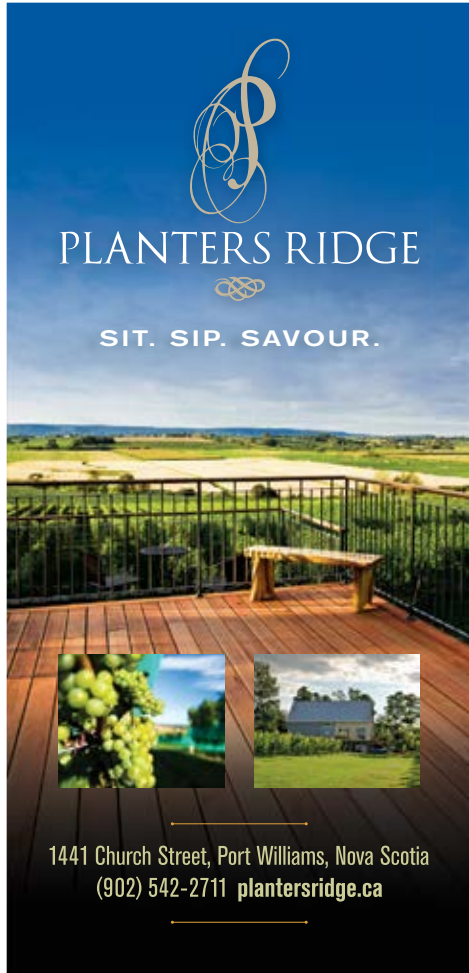
ON THE COVER

Welcome to the Into the Wild Valley issue! We are experiencing the best weather of the year, so it's about time we all get out there and enjoy ourselves. There's world-class nature all around us; hopefully this Grapevine will inspire you to go explore it.

Derek Hatfield is an avid explorer and adventurer who takes people adventuring around the province. He recently spent the weekend climbing on the Digby Neck and at Trout Cove. To see more of his adventures or to contact him, visit his Facebook group: Nova Scotia Outdoor

Adventures or email:
novascotiaoutdooradventures@gmail.com

Photo Credit: Derek Hatfield



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The Starrs Point Loop

David Acton

You're sitting in a bar in New York, or perhaps having dinner with friends in Toronto, when someone asks, "So, what's this place the Annapolis Valley like?" Conversation pauses, everyone turns around, a little panicked and trying to find the right words you mumble, "Ehm, it's beautiful, rural, and unspoiled."

"OK, but there's lots of places like that." You are a little tongue tied, but then you remember Starr's Point Agritourism "The Loop".

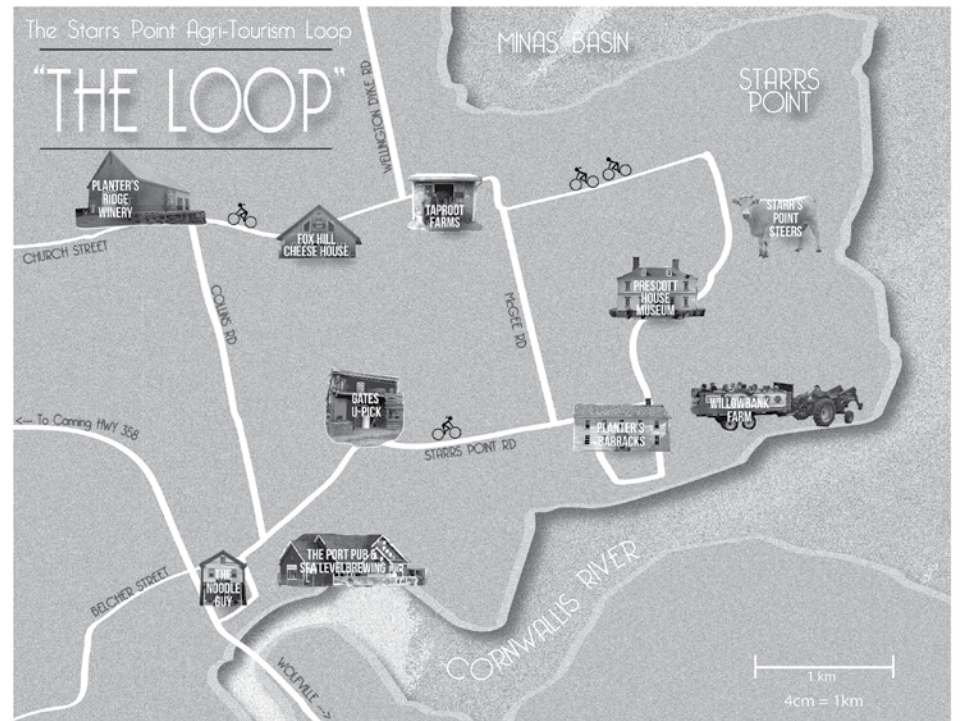
"You can see the highest tides in the world flow past you while having a meal on the best patio in Canada (The Port Pub and Bistro); stay in a 240-year-old boutique B&B that was once a British Army garrison (Planters Barracks); pick apples and get lost in a corn maze (Willowbank Farm); visit a 200-year-old Georgian mansion and gardens, now a museum (Prescott House); buy grass-fed beef (Starr's Point Steers); view pastured pigs and buy organic fruit and vegetables on the honour system (Taproot

Farms); and visit a beautiful winery, where you can sample their Nova Scotia appellation wine "Tidal Bay" (Planters Ridge Winery)."

"Sounds like a long road trip"

"Not at all! You can walk 'The Loop' in 90 minutes (it's only 8 kilometres), or you could cycle or drive it, but you are definitely going to want to stop and take in all the amazing loop destinations! Oh, I forgot in the same 'Loop' there is a microbrewery with an off-license and the beer also flows directly to the taps of The Port Pub! And soon there will be a new microbrewery, as well as a distillery. In addition, you can buy delicious hand-made pasta, visit a cheese house, pick Haskap berries, and buy vintage clothing and antiques. All in an area with gorgeous views, not much bigger than a few city blocks."

starrspointloop@gmail.com
starrspointloop.com



IN REVIEW: Recent Events, Happenings, and News

Emily Leeson

Oaklawn Zoo in Aylesford is celebrating a surprise addition to the park: On July 16, the Zoo's Facebook page was abuzz with the announcement that Bow and Mousey, the Capybaras, had welcomed a beautiful new baby! The baby's gender is currently unknown but everyone seems to be doing well. Check their Facebook page for cute baby photos.

National Drowning Prevention Week was held this year July 19-25. Health and Wellness Minister Leo Glavine reminded citizens that, "Basic swimming skills are good for fun, healthy physical activity, and are also important for survival when things go wrong in the water. That's why Grade 3 students in the province are learning basic swimming skills in the Swim to Survive program."

The Kings Volunteer Resource Centre welcomed a new Coordinator on July 22. The Grapevine's own Genevieve Allen Hearn has joined their team! Responsible for delivering client services, building and fostering community partnerships, and the promotion of KVRC programs, Genevieve is enthusiastic about her new role: "Volunteers are what make this region tick. I have worked with

volunteers in many different capacities and I'm always inspired by their energy, spirit, and passion. I look forward to connecting community members with worthy volunteer organizations and supporting organizations to effectively harness the potential in community volunteers." The Centre refers, matches, and assists volunteers with placements, provides organizations with the opportunity to share information to prospective volunteers, hosts workshops for those who work with volunteers, and builds awareness in the region about volunteerism. For more info, visit kingsvolunteerresourcecentre.ca

The Sea to Shore Seaglass Festival was held in Kentville July 25 and 26. Despite the rain the Kentville Town Centre Square was packed with ocean-inspired artisans, artists, photographers, furniture and decor creators, and even a few mermaids!

On July 25, the Valley Ghost Walk team defended their title at the Mud Creek Days Mud Challenge. This was not the year to break with tradition and at the end of the day, Mudley the Mud Puddle trophy returned home with Jerome the Gravekeeper for the fourth year

in a row.

Kentville has taken another step to make an active lifestyle accessible for everyone. On July 27, the town announced that a new chair lift had been delivered and installed at the Kentville Memorial Pool thanks to a donation by the Kentville Rotary Club. The addition of the chair lift has been just one of many changes that have recently taken place in an effort to open up the pool to swimmers of all abilities.

The Banners have been unfurled in Berwick. As of July 30, residents and visitors can check out the new Town of Berwick banners spread throughout the town.

Avon River Days in Windsor was held July 31, August 1, and 2. According to those in the know, the concert and picnic in Victoria park was a success! Great music by Mike Aube, Ivan Dagle, and the Dirt County Confederates was paired with balloons, face painting, and naturally, a sword-fighting clown.

You don't have to go too far into the wild to eat fresh greens these days: The Town of Berwick is in bloom! As of July 31, the Town of Berwick Edible Community Gardens on Mill Street and Rainforth Park are bursting with lettuce, kale, and carrots. Join the Facebook group: Berwick Community Gardens for more info.



Team Valley Ghost Walks takes home Mudley the Mud Puddle for the fourth year in a row.

Photo Credit: Daniel Franck

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Suppliers of yarn, fibres, spinning and weaving equipment.
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Photo by Ernest Cadegan

Keith Irving
MLA Kings South

The province is seeking input on a new continuing care strategy. Go to novascotia.ca/dhw/continuingcarerefresh to share your thoughts.

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★SUBMISSION DEADLINE: Aug 14 for Aug 20 Issue AD DEADLINE: August 13

ADVERTISING

Advertising in The Grapevine ranges from free (page 5), to paid. Depending on the commitment length and colour options, rates range from:

PRESENCE/LOGO \$40 - \$30
SINGLE BLOCK \$54 - \$39
DOUBLE BLOCK \$106 - \$76
FOUR BLOCK \$205 - \$145
HALF PAGE \$450 - \$300
ARTS EVENT POSTER \$75 - \$50

WHERE TO FIND US

WOLFVILLE: Just Us! Café, Farmers' Market, T.A.N. Café, EOS, Public Library, Carl's Independent, Muddy's Convenience Street Mailbox, The Box Of Delights Bookstore, Pita House, Il Dolce Far Niente Espresso Bar

GASPEREAU: XTR Station, Gaspereau Valley Fibres, Reid's Meats

GRAND PRÉ: Convenience Store, Just Us! Roastery

AVONPORT: Kwik-Way

HANTSPOUR: Jim's Independent

FALMOUTH: Petrocan, Fruit & Vegetable Company

WINDSOR: T.A.N. Café

GREENWICH: Hennigar's, Blomidon Nurseries

PORT WILLIAMS: The Noodle Guy

CANNING: Kwik-Way, Fireside Café, ValuFoods

CENTERVILLE: Kwik-Way, TJ's Convenience

NEW MINAS: Pita Pit, Irving Big Stop, Milne Court

KENTVILLE: Designer Café, T.A.N. Café, Café Central, Hospital, Save Easy

COLDBROOK: T.A.N. Café, Callister's Restaurant

BERWICK: North Mountain Coffee, Union Street Café

THE FURRY FEATURE



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390 West Brooklyn Rd., West Brooklyn, Nova Scotia
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FEATURE DOG — TITO



Hi there, my name is Tito. I am a three-year-old German Shepard/American Staffordshire Terrier mix, neutered male with a ton of love and energy to offer the right furever home. I love other dogs and cats and a family with an older child would be a dream come true. I am fully vaccinated and micro-chipped. I am happy, healthy, and looking for that special hu'mom' or dad who are looking for the right amount of playful and cuddly in their new dog.

To meet me stop by the Nova Scotia SPCA Tuesdays through Sundays between 11am and 4pm. We are located at 1285 County Home Road in Waterville. You can also check out our website at kings.spcans.ca, look us up on Facebook, or call my caregivers at 902-538-9075.



UPDATE ON SMOKEY JOE: STILL AVAILABLE

Wolfville Animal Hospital | 542-3422
12-112 Front St, Wolfville



Random acts of KINDNESS

Experienced a random act of kindness recently? Share with us: info@grapevinepublishing.ca

Random Acts of Kindness is Brought to you by Daniels' Flower Shop Ltd.
40 Water St, Windsor | 798-5337 | www.danielsflowershop.net

As my friends and I were driving to the movie theatre in New Minas, we got a flat tire. When we pulled over, a woman just happened to be walking by and stopped immediately to help us. Not only did she wait with us for the tow truck but she also showed us how to change a flat tire! Thank you from all of us for your help—you were a very kind woman! :)

Suzanne Gray

Putting The Grapevine together takes a lot of condensed graphic design time, which is especially difficult when your child is on summer vacation. On the evening before print, a very kind friend took time out of his evening to take my son out for dinner and to visit some elderly people so I could get some concentrated work done! Thanks, James.

Joss



OPINIONS

The opinions found within these pages do not necessarily reflect the views and opinions of the Grapevine staff, our advertisers, or our other contributors.

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VALLEY GHOST WALKS

Our 8th season!

WOLFVILLE - Meet at Clock Park
Thursday, August 6 - 8pm

KENTVILLE - Meet at Cornwallis Inn
Thursday, August 13 - 8pm

WINDSOR - Meet at the Blockhouse
Friday, August 14 - 8pm

GRAND PRÉ WINERY
Friday, August 21 - 7pm
\$20 with wine, \$15 without; limited seating

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INFO: jerome@valleyghostwalks.com | ValleyGhostWalks.com



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the free tweets

Free Community Business Listings & Two-Week-Tweets

These listings work on a 1st come, 1st served basis. Email info@grapevinepublishing.ca every two weeks for your free placement. Or, reserve your place with a 5-issue minimum commitment at \$10 per issue.

Suggested Theme:

What is your favourite outdoor thing or activity in the Valley?

How do you connect with our surrounding nature?

How does your business help to prepare and/or supply people going into the wild?

Sutton Hill Stables Inc.

301 Sutton Road, Port Williams
902-456-8601 / suttonhillstables.ca



We connect to nature by taking care of horses 24 hours a day, 7 days a week all season long. We teach and ride the horses daily in order to get to know them as individuals and to build mutual respect. They really do have individual personalities and heart. Contact us for horse boarding options.

Owners Jim and Barbara Baker have been in business since 2004.

Careforce — Kentville, 902-365-3155 / careforce@careforce.ca / careforce.ca • There are many wonderful outdoor experiences to partake of here in the Valley, but it always feels great to stroll by the Kentville baseball/soccer complex and see so much activity. The great outdoors is alive and well.

Valley Family Fun — info@valleyfamilyfun.ca / valleyfamilyfun.ca • Valley Family Fun has lots of ideas on how to have adventures outside, from hikes to guided walks, fishing tours, and more. Our family loves getting out and trying as many new hikes as we can!

Julie Skaling Physiotherapy Clinic — 4 Little Rd., Wolfville, 902-542-7074, & 70 Exhibition St., Kentville, 902-678-3422 / contact@skalingphysio.com / skalingphysio.com • Julie Skaling Physiotherapy Clinic can help you get moving again after you've had an injury so you can get back to enjoying nature and your favourite outdoor activities!

Jane's Again Boutique — 390 Main St., Wolfville, 902-542-1671 / janesagain.com • Being active is a way of life in our beautiful Valley and we are forever thankful for the natural beauty we are surrounded with! Jane's is a great place to find awesome outdoor and exercise gear right here at home! Come in and see us!

Atlantic Lighting Studio — 430 Main St., Wolfville, 542-3431 / atlanticlightingstudio.com • We love that you can create living spaces outdoors with light! Visit our new, updated Landscape Lighting room and discover the options to achieve different looks with lighting.

Hawthorn Hill Farm (Marilyn & Paul Cameron) — Grafton, 902-538-1141 • We welcome old & new friends to visit us at the Woodville (Tues.) or North Mt. Market (Sat.), or call us to visit the farm. We enjoy our ravine walking trail to experience the natural history of our property.

Other Side of the Road — otherside@eastlink.ca / othersideoftheroad.ca • Our favourite outdoor

activity is taking photographs of the wide variety of subjects Nature presents us with. By posting information on our subjects, and photographic tips online, we hope to inspire others to get out and enjoy Nature as we do.

SoundMarket Recording Studios — 63 Pleasant Street, Wolfville, 902-542-0895 / facebook.com/soundmarket • Recording studio, studio concerts & mobile recording. Gold-record-winning service and great gear. If you want us to go to the desert to record 30 minutes of dry air and then go to the coast to record 30 minutes of humid air, then mix them together, we can accommodate you.

Sister Lotus Body Care Products, Belly Dance & Herbal Education — Wolfville, 902-680-8839 / sisterlotus.com • Lots coming up in the next while including a POP UP HERBAL FUN DAY at my home/garden, the start of another session of my on-line course ("The Budding Herbalist"), & planning Fall Belly Dance Classes/Workshops.

RE used resale Co-op, Ltd. — 8759 Commercial St., New Minas, 902-681-1210 / reusedresale@gmail.com / REusedresale.com / facebook.com/REusedresale • We LOVE getting outside with our kids, even in the rain! Whether it's to a lake, beach, farm market or just our own yards, summer is a great time in the Valley. RE has beach toys, camping supplies, sports equipment, and more for great prices!

Victory Taekwondo — Community Centre, Port Williams, 902-670-7897 / tkdvictory@hotmail.com • Victory Taekwondo will be opening a second location in Windsor in September. Our school and its instructors strive to provide a fun environment to learn this dynamic sport martial art. All fitness levels and abilities are welcome.

Avondale Sky Winery — Newport Landing, 902-253-2047 / info@avondalewine.ca / avondalesky.com • Our favorite activity is touring around other wineries and enjoying their wine outside on the patio, as well as going for a walk on our beautiful vineyard trail.

CentreStage Theatre — 61 River St, Kentville, 902-678-8040 (reservations) / 902-678-3502 (info.) / centrestage@centrestagetheatre.ca / centrestagetheatre.ca • Looking for something to do on August 23? Why not have a Chicken and Chicks afternoon at CentreStage! Come for the matinée of Too Soon for Daisies and stay for a picnic! Baked chicken and potato, tossed salad, dessert, tea/coffee for \$15! If this isn't your cup of tea, just come to the matinée! No reason to stay away!

Gaspereau Vineyards — 2239 White Rock Road, Gaspereau 902-542-1455 / info@gaspereauwine.com • You are invited to our Unpredictable Dining evening. Wine tasting & pairings with Craig Campbell, sommelier Gaspereau Vineyards. Reservations required via email to lisa.boehme@eastlink.ca. \$60 per person. Wine tastings, pairings and by the glass will be available by the winery.

Errands by Karen — 902-790-2626 / errandsbykaren@hotmail.com • Errands by Karen is a service for people who need a helping hand. Serving the Eastern Valley, Karen is a certified medical lab technologist, who can collect blood in your home or workplace, at your convenience. Need groceries or an errand run? Call Karen today!

MUSEUMS

Windsor Hockey Heritage Centre — 414 Clifton Ave., Windsor • Open 9am–5pm daily in summer, Tues.–Sat. in off season. See the equipment with which the game began: wooden pucks, hand-made one-piece hockey sticks carved by Mi'kmaq natives, stock skates and world-famous Starr skates, as well as early forms of protective equipment. *TIX:* no charge, donations welcome *INFO:* 902-798-1800 / windsorhockeyheritage@hotmail.ca

Blue Beach Fossil Museum — 127 Blue Beach Road, Hantsport • Open daily 9:30am–5pm, until Oct. 31. The official birthplace of vertebrate paleontology in Canada. Come for one of our tours to explore 350-million year old footprint-beds, fossils of fish, plants, and so much more. *INFO:* 902-684-9541 / bluebeachfossilmuseum.com

Randall House — 259 Main St., Wolfville • Open Tues.–Sat., 10am–5pm, Sun. 1–5pm. Special exhibit, BIRTH OF A FESTIVAL, commemorates the 20th

anniversary of the opening of the famed Atlantic Theatre Festival. From inception in 1993 to its grand opening in June 1995. Also, Tea for Two, Saturdays, 2–5pm *TIX:* No charge, donations welcomed. *INFO:* 902-542-9775 / randallhouse@outlook.com / wolfvillehs.ednet.ns.ca

Haliburton House Museum — 414 Clifton Ave., Windsor • *TIX:* \$4 adult, \$2.75 child/youth/senior, no charge under 5, \$8.50 family. *INFO:* 902-798-2915 / haliburtonhouse.novascotia.ca

The Old Kings Courthouse Museum (Kings County Museum) — 37 Cornwallis St., Kentville • Open Mon.–Fri., 9am–4pm. Learn the history of Kings County with special focus on the Acadians and New England Planters. The Kings Historical Society and their Genealogy Center is also located in this building. *TIX:* no admission, donations welcomed. *INFO:* 902-678-6237 / museum@okcm.ca / okcm.ca

Ross Farm Museum — 4568 Hwy 12, New Ross • Open weekends only, 9:30am–5:30pm. Milking a cow, spinning wool or tasting a delicious treat in the cottage are just three things that happen regularly here at Ross Farm.

Every visit is unique as the work changes with the seasons. *TIX:* \$6 adult, \$5 senior, \$2 child (6–17), no charge age 5 & under. *INFO:* 902-689-2210 / rossfarm.novascotia.ca

Prescott House Museum — 1633 Starr's Point Rd. • Archeology Exhibit: until Sept. 30, artifacts tell us about the life of Charles Prescott and his family from 1812 to 1859. Prescott Picassos: Children's Summer Workshops: Wed. 10am–12pm, through Aug. 19. Fun, active and educational activities for children age 5–12, please pre-register. Love in Bloom: Aug. 16, 2–3:30pm. A savoury summer blend of the literature of love in the style of bygone days. Fundraiser for the Kings Co. Museum. *TIX:* Prescott Picassos: \$8, Love in Bloom: \$12, Regular admission: \$4 adult, \$2.75 child/senior, no charge under 5, \$8.50 family. *INFO:* 902-542-3984 / prescotthouse.novascotia.ca / baldwidj@gov.ns.ca

Charles Macdonald's Concrete House Museum — 19 Saxon St., Centreville • Open Tues.–Sat., 11am–5pm, Sun. 11am–4pm. A unique house built entirely of concrete and finished smooth with paint. The yard contains concrete lawn sculptures of: deer, a mountain lion, giant mushrooms, and other fanciful figures and

furniture. Photos of Havana, Cuba (1898) by Charles William MacDonald exhibited through Aug. 26. Crafty Wednesdays are back, call for details. *TIX:* "We're free, are you?" *INFO:* 902-678-3177 / concretehouse.ca / info@concretehouse.ca

Canning Heritage Centre — 9806 Main St., Canning • Open through Aug. 31. Displays of artifacts on historic Canning from the early 1800s to present day. A collection of research material, including: books, records, and artifacts. A special display dedicated to the extraordinary musician Wilf Carter who grew up in the area around Canning. A restored lighthouse on site. Operated by the Fieldwood Heritage Society. *INFO:* 902-582-7699

Apple Capital Museum — 173 Commercial St., Berwick • Train Talk Tuesdays, 12:30–1:15pm through Aug. 25 @ the Uncommon Common Art Installation created by Jessica Winton (stop #14). Reflect on memories of the old Dominion Atlantic Railway. Train-related activities suitable for both children and adults. *INFO:* 902-538-9229 / facebook.com/BerwickVICMuseum

Unpredictable Dining by The Edible Sideshow

Scott Campbell



I've had the good fortune to have eaten in some very elegant restaurants but I have to say that I have rarely enjoyed a meal as elegant as the one I enjoyed last Monday night.

Twenty-two lucky diners (including yours truly) met at Danielle Campagne's stylish

shop, La Louve Home Interiors (360 Main St., Wolfville). We all got a sneak peek at the Designers Guild's new 2015 fall/winter home décor collection and three lucky guests even got to take home some amazing Designers Guild door prizes provided by La Louve. Outside of the shop was parked the Edible Sideshow Food Truck – the command centre for this imaginative (dare I say 'unpredictable') dinner. Inside the truck, Chef Jeff McLean was busily prepping while the familiar faces of the Edible Sideshow Food Truck personalities, Ursula May and Santiago Garcia, helped make the creation of this elegant, unlikely dinner seem effortless.

Our lavish surroundings were well suited to the dinner that was about to unfold. On arrival we were ushered to the back of the shop where Sommelier Sophia Luckett was preparing a welcoming Mint Julep. This elegant cocktail set the mood for the evening as guests mingled and eagerly awaited dinner. Our co-host, and owner of The Edible Sideshow Food Truck and Binky's Donuts, Lisa Boehme, welcomed us and invited us to all sit at one of the three beautifully set dining tables.

Our first course of the evening was a refreshing salad of Al Stewart's micro greens, strawberries, and tender ceviche scallops served

under a mint champagne vinaigrette. Sophia paired this course perfectly with Luckett Vineyard's bright Phone Box White wine.

The main course was a choice of either Grilled Tuna with fresh roasted potatoes in lemon, saffron, sea salt, and olive oil; OR Oulton's Jerk Brisket with jasmine dirty rice and peas with maple mango salsa. Easily the most difficult moment of the evening was deciding which I was going to have. Serving the spicy meat with the fruit salsa and the grilled tuna with the potatoes was unexpected and deliciously creative. Sophia again provided an expert wine pairing with Luckett Vineyard's Black Cab. She aptly described this blend of dried Cabernet Foch, Castel, and Precose grapes as a "persnickety bugger" and it more than stood up to the robust flavours of the main course.

Our dessert was every bit as intriguing as the preceding dishes. A melt-in-your-mouth Chocolate Marscapone Mousse over Grand Marnier laced berries, with a warm Binky's donut on the side, topped off our dinner. And, right on cue, Sophia appeared with Luckett Vineyard's Isolde Ice Wine. This silky smooth golden nectar with notes of lychees, melons, mangoes, and peaches was a perfect pairing to the rich chocolate and sweet berries of our dessert.

What an amazing and imaginative evening of seeing old friends and meeting new ones while enjoying a spectacular dinner in an elegant, and definitely unpredictable, eating establishment. If you'd like to experience an Unpredictable Dining experience yourself then make sure you watch the Edible Sideshow Food Truck's Facebook page for the next one. Cheers!

The next Unpredictable Dining experience will be on Monday, August 24, 2015 at 6:30pm "IN" the vineyard at Gaspereau Vineyards. For more information, visit www.facebook.com/unpredictabledining.



The first Unpredictable Dining experience at La Louve Home Interior in July was sold out and full of good times.

UNPREDICTABLE DINING

presents an evening at Gaspereau Vineyards

Monday August 24, 6:30pm. \$60 per person. Wine tastings, pairings, and by the glass will be available by the winery.

You are invited to our 2nd UNPREDICTABLE DINING evening, this time "in" the vineyard at Gaspereau Vineyards.

Curtain Call

Gaspereau wine and canapes

Act 1

Charcuterie Board. Locally sourced cheeses & meats with Jeff's homemade rye bread

Act 2

Grilled Vegetable Salad. Eggplant, zucchini, red & yellow peppers, red onion, lemon zest, basil & rosemary vinaigrette

Act 3

Tomato Basil & Roasted Garlic Sauce served over lemon-cello DE-glance linguine with freshly grated peccorino

Act 4

Grilled free range chicken or Peppercorn crusted Fundy grilled tuna, served rare

Finale

Local berry torte, Grand Marnier whip

Wine tasting & pairings by Craig Campbell, Sommelier of Gaspereau Vineyards. Reservations are limited and required. They can be made via email to lisa.boehme@eastlink.ca. Our first evening was a great success. This second evening promises to offer even more. We hope you will attend!

Lisa Boehme & Jeff McLean

For more information visit www.facebook.com/unpredictabledining or call 902-599-1108.

RECIPE Nana Moira's Banana Bread

Submitted by Jesse Gadon

When I was growing up, my Nana was always ready with delicious snacks when we visited. Her Banana Bread was one of my favourites. Nowadays, its simplicity has made it a regular in my own household – and it tastes just as good at home as it does out on a picnic or as a snack a couple of miles into a trail.

- 1/2 C softened butter
- 1 C sugar
- 2 eggs
- 3 over-ripened bananas (mashed)
- 1 1/2 C all purpose flour
- 1 tsp salt
- 1 tsp baking powder
- 1/2 tsp baking soda

Cream butter and sugar with mixer. Add eggs, one at a time and mix with mixer. Add the mashed bananas. Mix well but do not beat.

Fold in dry ingredients. Bake in greased (I'm pretty sure she used Crisco) and floured glass loaf pan at 350 degrees for 50 to 60 minutes.



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MUSIQUE ROYALE

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Thursday, August 6 at 7:00 pm
United Church of St. George & St. Andrew,
Annapolis Royal

Tickets available from Bainton's Tannery Outlet
and Mad Hatter Bookstore, Annapolis Royal
and at the door.

Friday, August 7 at 7:30 pm
St. John's Anglican Church, Port Williams

Tickets available by reservation from
902-542-5300 or through MR Box Office
902-634-9994 and at the door.

Ensemble Polaris

Maritime Music from
Scandinavia and Canada

Thursday, August 13 at 8:00 pm
Evergreen Theatre,
East Margaretsville



Tickets available online at www.evergreentheatre.ca,
by phone at 902-825-6834 and at the door. Tickets: \$20 general

www.musiqueroyale.com



ALTANTIC LIGHTING HOSTS A SMALL-SCALE FURNITURE DESIGN INSTALLATION BY HOUDINIDESIGN ARCHITECTS

Open almost any design magazine or search "house trends" these days, and you'll end up reading something about the "small house movement." Better designed, more durable, and more ecologically responsible than most Canadian homes, small houses also need something else: furniture that is compact and multi-functional. Enter Atlantic Lighting Studio of Wolfville.



low-function are the ideals which inform my furniture design," says Tondino. "My particular focus is on compact, multi-use furniture, millwork, and storage, and on how these designs can keep the cost of a project within budget."

As a registered architect, Tondino usually designs big — but not this time.

"The concept behind our furniture design is to start with the smallest box possible and have the objects unfold to reveal a surprising new setting. Then the object can fold away completely again, and free the space for other uses. We see space as both simple and dynamic. It's a chance to experiment with scale, materiality, and detailing, as well as with the relationship of the human body with the objects in their different states. We selected wood as our primary material for its warmth and for the beautiful ways in which the detailing of it can be done. For us, design and the scale of the human body interacting in space is an expression of culture."

Next time you are on Wolfville's Main Street, view the display of this innovative new furniture and lighting exhibit.

houdinidesignarchitects.com
atlanticlightingstudio.com

Atlantic Lighting is hosting a small-scale furniture design installation by houdinidesign ARCHITECTS in their popular Main Street windows this month. Chris MacQuarrie and Deborah Nicholson, Lighting Specialists at the Studio, seized upon the opportunity to introduce the public to modern design that rises to the challenge of fitting lighting, furnishings, and activities into small work-live spaces.

"From the lighting perspective, small spaces offer unique lighting challenges and the trend toward multi-purposing for space and cost savings are an exciting opportunity to educate," Deborah explains.

When the Studio was approached by houdinidesign ARCHITECTS's Lisa Tondino, they decided they couldn't say no.

"Transience, modularity and form-fol-

Photo Credit: *houdinidesign ARCHITECTS*

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FROM THE BOX OF DELIGHTS BOOKSHOP

CENTRE FOR PRINT CULTURE & THE LITERARY ARTS · WOLFFVILLE, NOVA SCOTIA

WHY WE LOVE BROOKE DAVIS

A few summers ago, a lovely young Australian woman who had temporarily moved to the Valley walked into the bookshop. After only a brief conversation about books, reading, and life, we knew right away that she was special and invited her to join our bookselling team. After she moved back to Australia, we kept tabs on her progress and are now very excited to have her back as a published author! Her debut novel (and runaway bestseller!) *Lost & Found* introduces us to seven-year-old Millie Bird and the two eccentric senior citizens she teams up with after being abandoned by her grieving mother. Please join us in welcoming Brooke Davis back to Wolfville for a reading and signing at the Box of Delights on Thursday, August 13 from 6-7pm. Refreshments will be served.

Margaret Drummond's

WORD OF THE ISSUE:

Crepuscular
Adjective

Relating to twilight; occurring or active during twilight.

"The evening sky was suddenly alight with the crepuscular antics of fireflies."

PLEASE JOIN US AND MEET
brooke davis
AUTHOR OF
lost & found

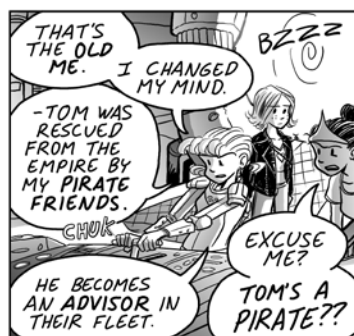
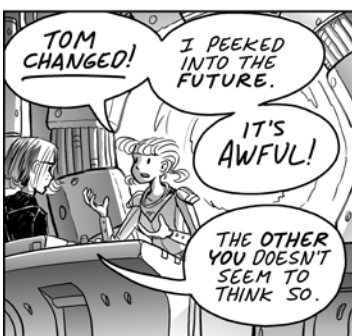
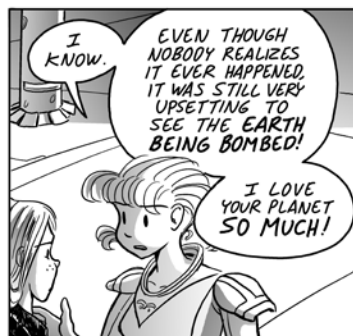
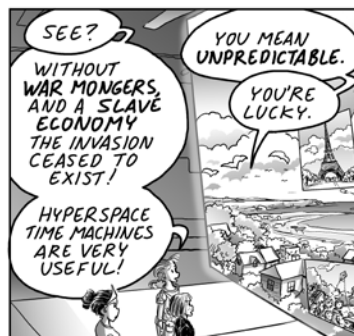
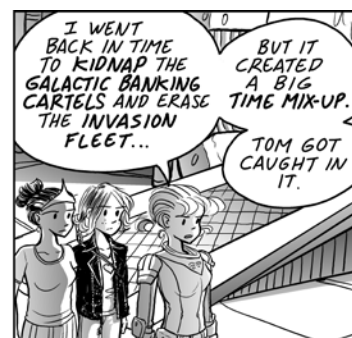
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To get rid of the oily film on plastic bowls, make a paste of baking soda and water. Rub it on, then rinse and wash as usual. Your bowls should be squeaky clean!

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Horoscopes for the week
of August 6th

Rob Brezny's FREE WILL ASTROLOGY

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freewillastrology.com

ARIES (March 21-April 19): Charles de Lint is a novelist whose stories are influenced by folklore, myths, and science fiction. In his book *Yarrow*, a wizardly character named Toby is skilled at conjuring. He can make small objects appear and disappear, for example. But Toby yearns for more. "I want to be magic," he says. "I want to be a friend of elves and live in a tree. I want to marry a moonbeam and hear the stars sing. I don't want to pretend at magic anymore. I want to be magic." If you have ever wished for a comparable upgrade, Aries, now is an unusually favorable time to work on it.

TAURUS (April 20-May 20): An imaginative Welsh man named Liam Bennett has developed a "dausage," which is a blend of a doughnut and sausage. One of his most requested treats is pork meat stuffed with strawberry jelly. Even if this novel blend doesn't appeal to your taste buds, it serves as a good prompt for my advice: The coming weeks will be a favorable time to expand your notion of what types of nourishment are fun and healthy for you. I mean that in the metaphorical as well as the literal sense. Experiment with new recipes, both with the food you provide your body and the sustenance you feed your soul.

GEMINI (May 21-June 20): In the woods, living matter isn't segregated from the decaying stuff. Rotting tree trunks are host to teeming colonies of moss. Withered stems of ferns mingle with cheerful saplings. Audacious mushrooms sprout up among scraps of fallen leaves. The birds and beetles and lizards and butterflies don't act as if this mix is weird. They seem to be at peace with it. I suspect they thrive on it, even exult in it. That's the spirit I suggest you adopt as you enjoy the paradoxical mélange of your life in the coming weeks, Gemini. Celebrate the mysterious magic that emerges as you simultaneously fade and flourish, decline and increase, wind down and rise up.

CANCER (June 21-July 22): Here are some tips on being the best Cancerian you can be: 1. Cultivate your sensitivity as a strength. Regard your emotional vulnerability as a superpower. 2. Nurture yourself at least as much as you nurture others. 3. Learn to know the difference between your golden hunches and the glimmering delusions that your demons stir up. 4. Be kind, but don't be exorbitantly nice. 5. Remember that others' unhappiness is rarely your fault or responsibility. 6. Keep reinventing the way you love yourself.

LEO (July 23-Aug. 22): "What are the best things and the worst things in your life, and when are you going to get around to whispering or shouting them?" This question was posed by Leo

author Ray Bradbury in his book *Zen in the Art of Writing: Essays on Creativity*. Even if you're not a writer yourself, you will benefit from responding to his exhortation. It's one of the best things you could possibly do to activate your dormant creativity and intensify your lust for life. This is one of those times when working with your extremes is not only safe and healthy, but also fun and inspirational. So do it, Leo! Get excited and expressive about the best and worst things in your life.

VIRGO (Aug. 23-Sept. 22): It's time to leave behind the golden oldies. You'd be wise to tiptoe away from tradition, and give the ghosts of the past one last kiss goodbye, and wean yourself from nostalgia for the good old days. Frankly, my dear, you've got numerous appointments with the future, and it would be a shame to miss them because you're mucking around with memories. In the coming weeks — for that matter, in the coming months — you're most likely to thrive if you become an agent of change. And the most important thing to change is your relationship to the person you used to be.

LIBRA (Sept. 23-Oct. 22): In Indonesia, the term *gotong-royong* is defined as the "joint bearing of burdens." In practice it means that you and I and our allies get together voluntarily to help each other achieve a shared goal. It may also be an agreement to provide mutual aid: I help you do what you need to have done, and you help me with my task. *Gotong-royong* also implies that we enjoy working together. The emotional tone that we cultivate is affection and care. By sharing a burden, we lighten the load that each of us has to bear. I bring this to your attention, Libra, because it's the *gotong-royong* season for you and yours. Be the ringleader who initiates and sustains it.

SCORPIO (Oct. 23-Nov. 21): In one of his poems, Jack Gilbert mentions "the incurably sane," who are "uncrippled by beauty" and "unbutchered by love." When I read those lines, I felt a surge of protest. Is there a single person on the earth who fits that description? No! I was miffed by such starry-eyed idealism. Later, though, as I studied the astrological omens for you Scorpions, my attitude softened. I realized that the coming weeks may be a time when many of you will at least temporarily be incurably sane, uncrippled by beauty, and unbutchered by love. If you're one of these lucky ones, please use your blessed grace to spread an abundance of blessed grace everywhere you go.

SAGITTARIUS (Nov. 22-Dec. 21): If you're not skirting the edges of the forbidden zone, you're playing it too safe. If you're not serving as a benevolent mischief-maker for someone you care about,

you're shirking your duty. Your allegiance should be with X-factors and wild cards. You will thrive to the degree that you cultivate alliances with mavericks and instigators. Are you shrewd enough to mess with time-tested formulas? Are you restless enough to rebel against habits that stifle your curiosity?

CAPRICORN (Dec. 22-Jan. 19): How to be a Capricorn, according to my Capricorn reader Sadie Kennedy: When you are younger, take yourself too seriously. Look and act older than you actually are as you serve what's most practical. Sacrifice fun and frivolity, working doggedly to achieve the goals you yearn for, until you reach some level of accomplishment. Then realize, as if struck by a thunderbolt, that fun and frivolity have practical value. Begin to age backwards like Benjamin Button as you balance work with play and discipline with leisure. Enjoy the fruits of your intense efforts as everyone tells you how relaxed and supple and resilient you are becoming.

AQUARIUS (Jan. 20-Feb. 18): Cracking open the shell of a soft-boiled egg is a tricky task. You must be firm enough to break the shell, but sufficiently gentle to avoid making a mess. If you live in Germany, you have access to a metal instrument that provides just the right measure of soft force. It's called an *Eierschalensollbruchstellenverursacher*, translated as "soft-boiled egg shell cracker." Your assignment in the coming weeks is to cultivate a talent that is metaphorically similar to an *Eierschalensollbruchstellenverursacher*. I believe you will need that blend of sensitivity and power on numerous occasions.

PISCES (Feb. 19-March 20): Americans often regard Cuba as impoverished and backwards. There is an element of truth in their prejudice, primarily because the U.S. has imposed a stifling embargo on the Caribbean nation for over 50 years. That's why, for example, many Cubans drive cars that were manufactured in the 1950s. But I wonder how my fellow citizens would respond if they knew that in some ways Cuba's healthcare system is better than America's. The World Health Organization recently congratulated Cuba for being the first country on earth to eradicate the transmission of syphilis and HIV from mothers to babies. Can you identify a metaphorically similar situation in your personal life, Pisces? Are there people you regard as inferior or undeveloped who could teach you an important lesson or motivate you to grow? Now is a perfect time to benefit from their influence.

Homework: Would it be possible to turn one of your liabilities into an asset? How? Testify at FreeWillAstrology.com

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By Jake Rideout | Inquisitive Toy Company
facebook.com/inquisitivetoys

- 1 Wolfville boasts a combined trail system stretching how far?
- 2 What is the northern-most permanently inhabited place in the world?
- 3 What takes place annually in Sheffield Mills around the first of February?
- 4 What precarious columnar formation formed in Digby Neck from parallel fault lines?
- 5 Which family-friendly activity popular in the Valley involves locating items in drops with a GPS?

1. 8 km, 2. CFS Alert,
3. Eagle Watch, 4. Balancing Rock,
5. Geo-caching

ANSWERS:

TIDE PREDICTIONS at Cape Blomidon

Source: Canadian Fisheries & Oceans.
www.waterlevels.gc.ca

AUG	High	Low
06	*6:15pm	11:56am
07	7:13pm	12:52pm
08	7:43am	1:52pm
09	8:46am	2:55pm
10	9:48am	3:57pm
11	10:48am	4:57pm
12	11:44am	5:52pm
13	12:36pm	6:42pm
14	1:23pm	7:28pm
15	2:06pm	7:52am
16	2:46pm	8:32am
17	3:25pm	9:10am
18	4:03pm	9:47am
19	4:41pm	10:25am
20	**5:21pm	11:03am

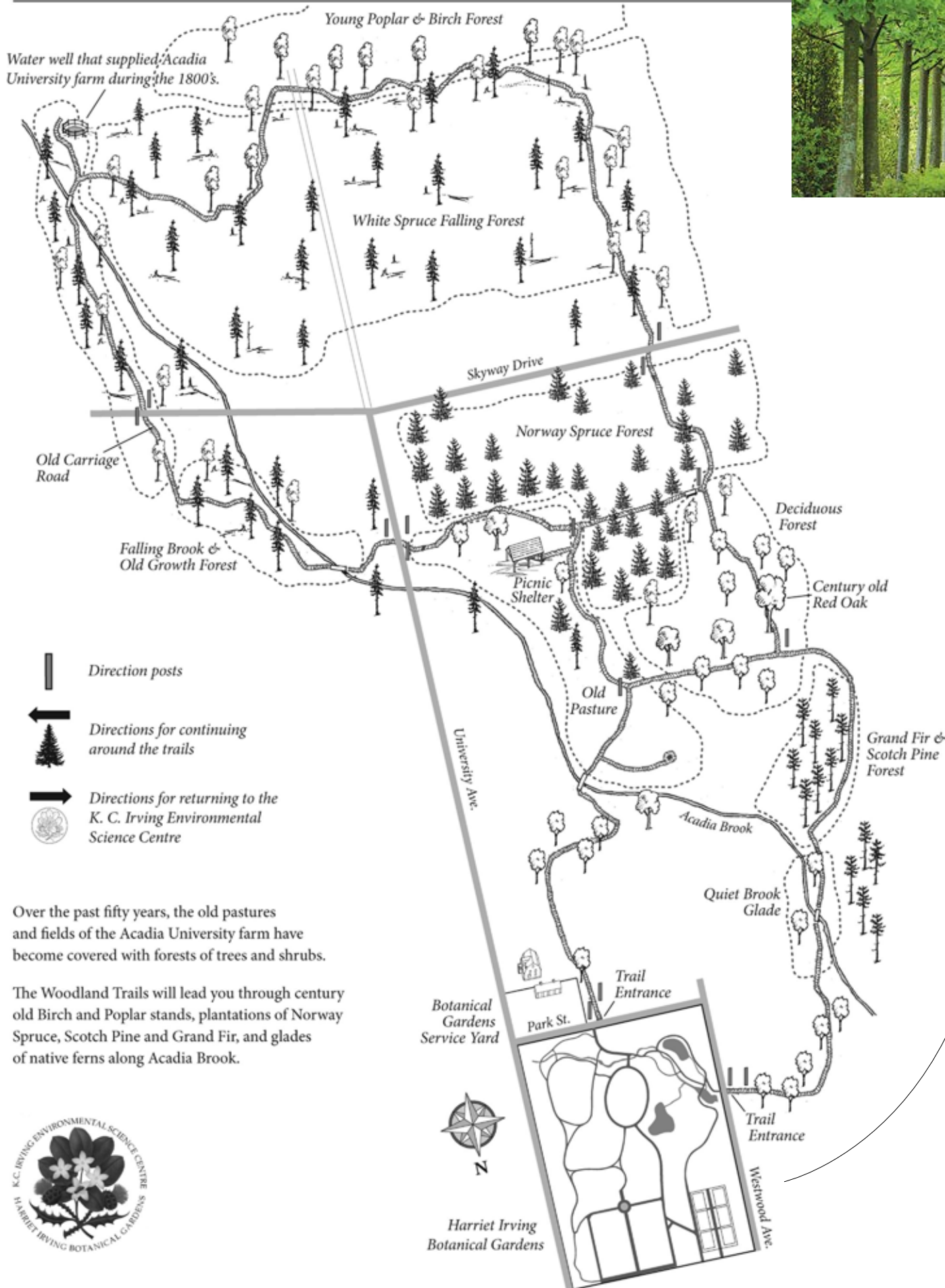
there are normally two high and low tides a day
* Highest High: 42.7 feet ** Lowest High: 36.7 feet



THE ACADIA PAGE

Acadia University
15 University Ave, Wolfville.
542-2201 Staffed Switchboard
8:30am-4:30pm.
agi@acadiau.ca – General Inquiries

Woodland Trails



Over the past fifty years, the old pastures and fields of the Acadia University farm have become covered with forests of trees and shrubs.

The Woodland Trails will lead you through century old Birch and Poplar stands, plantations of Norway Spruce, Scotch Pine and Grand Fir, and glades of native ferns along Acadia Brook.



WHAT'S GROWING AT THE HARRIET IRVING BOTANICAL GARDENS: *Forest Bathing*

Melanie Priesnitz

Research continues to prove that getting outside and connecting with nature is therapeutic on many levels. A simple walk in the woods can reduce blood pressure; boost the body's immune system; and improve energy levels, circulation, cognition, and sleep patterns. Studies show that children who play in the wild have improved academic performance, less symptoms of Attention Deficit Disorder, lower stress levels, and are more creative than kids who don't have regular nature connections.

The Japanese have coined the term Shinrin-yoku which translates to 'forest bathing'. This practice of simply walking in the forest now plays an important role in preventative health care and healing in Japan.

It's time you prescribed yourself with a walk in the woods. Visit the Harriet Irving Botanical Gardens and take in our six acres of planted forest within the garden gates or take a longer walk on our adjoining Woodland Trails. If you enjoy hiking with a canine companion, we ask that you walk on the Woodland Trails and not in the Botanical Gardens. The Gardens are pet free to protect our many rare and endangered species, however the Woodland Trails are a great place for your four-legged friends to bathe in the forest with you!

Melanie Priesnitz

Harriet Irving Botanical Gardens

Acadia University, Wolfville, NS

902-585-1916





MARKET NEWS

SATURDAYS ✨ 8:30AM - 1PM ✨

Over 50 Farmers, Chefs & Artisans!



24 Elm Ave, Wolfville ✨ WolfvilleFarmersMarket.ca

UPCOMING EVENTS

Sat Aug 8 Jack McDonald and Dennis Robinson
 Wed Aug 12 Donna Holmes
 Sat Aug 15 Andy and Ariana
 Wed Aug 19 Leah Morise
 Wed Aug 26 Malia Rogers
 Sat Aug 29 Sahara Jane
 Wed Sep 2 Allison Brown & Uncle Dan Henshall

Saturdays 10am-1pm; Wednesdays 5-7pm

For Special Event Listings & Descriptions, see below!

Recipe: SUMMER SALAD WITH BASIL PESTO DRESSING

Courtesy of Old Furrow Farm

Recipe Ingredients:

- 1 Bag of Salad Mix
- 1 Handful of Fresh Basil
- 1 Yellow Cucumber
- 1/2 pint of Cherry Tomatoes
- 1/2lb of Purple Beans
- 1 Carrot
- 2 Lemons
- 2 TBSP Olive Oil

Recipe Instructions:

SUMMER SALAD:

Chop up cucumbers, tomatoes, and beans to bite size. Place over top salad mix. Then grate carrot over the salad.

Basil Pesto Dressing:

Place a handful of basil, the juice of 2 lemons, a clove of garlic, olive oil, and a dash of salt and pepper into a blender until blended.

Event Details

Wednesday, August 19, 4pm – 7pm

Sustainability Fair

The Wolfville Farmers' Market invites you to our Sustainability Fair. Learn about sustainability initiatives and innovations being cultivated, discovered, and used in the Valley. Come for your Market Supper and learn what practices and tools you can use to make sustainable lifestyle choices on your land, in your life, and in your home through meeting and talking with people in various organizations. There will be a ticket draw for prizes, \$1 off Market Bags, and lots of sustainable groceries and hand-made gifts thanks to 30 awesome vendors!

Wednesday, August 19, 4:30pm – 6pm

The Mingle

Are you a business owner/operator, a business student, or desiring to open a business? Pop into the Wolfville Farmers' Market on the third Wednesday of the month and join our Mingle where Annapolis Valley business professionals converse and network! Hosted by the Wolfville Farmers' Market, and supported by the WBDC, the Mingle is facilitated each month by Elsie from Wetmore Counselling. Drop by and say hello and sample some tasty local treats. This month we'll be featuring the Green Business Sector in the Community Room. A warm welcome awaits!

Wednesday, August 26, 4pm – 7pm

Vintage Bazaar

As part of our regular Wednesday evening Market with 30 vendors and a Market Supper join us for our Vintage Bazaar with Daisy Roots Vintage, In.Formation, and No Faux where we will be featuring Vintage clothing and Conscious Couture! Come in your own vintage attire or use the tickle trunk and have a photo taken in the Photo Booth. Try on some experienced fashion, and take home history you can wear.

Vendor Profile

Adam & Courtney Webster

902-678-7285 / oldefurrowfarmers@gmail.com / www.oldefurrowfarm.com

OLD FURROW FARM

What is your Business? We are an Eco-conscious farm that focuses on providing quality produce in coordination with sustainable practices that are efficient and ethical for all of earth's creatures. From this soil we bring to you an array of flavorful veggies, fruits, and herbs.

What are you most proud of in the product you make or grow for Market? The way we grow it! Everything we do on the farm is with a bigger picture in mind - the future of our farm. We work with the lay of the land and Mother Nature instead of altering it to better suit profits. We may have to take the long way around but the scenery is worth it!

What do you love best about coming to Market? By far, the most rewarding part of the market is the customers for all their conversation, inspiration, and appreciation! Never has any job been more rewarding than farming for the both of us, solely based on the never-ending and amazing support of our customers!

What values motivate you in the way you run your business and create or grow your product? We value the spirit of small businesses and local economies that have a more personal, and therefore caring, approach to what they do. We value knowing we are helping to provide others with the opportunity to keep their bodies and minds healthy and happy.



Facility Rental Info

You can now rent the whole Wolfville Farmers' Market building for your special events — think dances, extravagant dinners, fashion shows, weddings, or trade shows. This is a flexible space with character that can be dressed up for elegance or less formally with hoe-down community spirit. The building was born as an apple warehouse and has our agricultural heritage in its bones and timbers. Of course, our Community Room will continue to be available.

For more information, contact WFM Manager, Kelly Marie at manager@wolfvillefarmersmarket.ca or call 902-697-3344.

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MUDCREEK DAYS. Photos by James Skinner



Mud Creek Days 2015 Concert: Gloryhound



Mud Creek Days 2015 Concert: Rain Over St. Ambrose

FESTIVAL OF DANCE ANNAPOLIS ROYAL STEPS IT UP FOR 2015

Sponsored

Atlantic Canada's contemporary dance festival showcases productions by renowned new wave choreographers and remounts of Canadian classic modern works.

Following record-breaking attendance for the inaugural FODAR 2014, Festival of Dance Annapolis Royal 2015 has expanded and features a contemporary dance program that you won't see anywhere east of Montreal. FODAR runs from August 20 through August 23 at King's Theatre, Annapolis Royal.

Thursday's opening night lifts off with Program 1, which spotlights remounts of two landmark works from Canada's rich contemporary dance past: the witty and acrobatic "Higher" by the legendary Danny Grossman and "After Godot", Randy Glynn's powerful homage to Samuel Beckett's famous play, *Waiting for Godot*. The work is presented for the first time with a female cast (Mocean Dance). The dazzling Belinda McGuire gives a virtuoso performance of "Anthem for the Living", the evening's final piece. Program 1 also runs on Saturday, August 22.

Program 2 runs Friday August 21 and Sunday August 23 and features the Festival's marquee event - Toronto-based Coleman Lemieux & Compagnie dancing James Kudelka's hugely popular "The Man in Black", inspired by country and western great Johnny Cash. Kudelka, one of North America's most sought after choreographers, has seen his brilliant contemporary work staged across Canada and the US by companies that include the National Ballet of Canada, Atlanta Ballet, and Chicago's storied Joffrey.

Also on Program 2, Company of Angels returns to the Festival with "Dancing in the Third Act". Randy Glynn's poignant and funny piece about growing old premiered in Annapolis Royal in 2013, opened two major Canadian dance festivals, and ran with a new cast in

Orillia in 2014. In June 2015 it was presented with a new cast as part of the City of Toronto's Signature Projects. Glynn has just been shortlisted for the 2015 Lieutenant Governor of Nova Scotia Masterworks Award for "Dancing in the Third Act". This is the largest arts award for the province and it is the first time that dance has made the final cut in the 10-year history of the Award.

Tickets for Festival of Dance Annapolis Royal are \$18 Regular and \$12 Youth (18 and under) and are on sale now. They can be purchased online at kingstheatre.ca or by calling the theatre Box Office at 902-532-7704. Learn more about FODAR 2015 productions, dancers, and choreographers at fodar.ca

Festival of Dance Annapolis Royal (FODAR) 2015 is funded in part by the Government of Canada through the Canada Arts Presentation Fund, Canada Council for the Arts, and by Arts Nova Scotia/support4culture.

Photographer: Jubal Battisti
 Dancer: Belinda McGuire
 Choreographer: Sharon Moore
 Work: Anthem for the Living



SHOW ME YOUR INK

Donna Holmes

TATTOO ARTIST: James Brown, 542 Kings Tattoo Shop, Wolfville

TATTOOEE: Kirby Schrader (aka KirbStomp)

Kirby is originally from Guysborough but has been living in the Annapolis Valley for the past four years. Her pirate girl/ocean scene tattoo represents a combination of living in the Maritimes, her family's history in the fishing industry, and her love of the ocean. Kirby is the newest member of the Valley Avengers - a team in the Riptide Rollers flat-track roller derby league. Number 13-13 is looking forward to her team's upcoming bout against the Tar City Rollers in Sydney, Cape Breton on Saturday, August 15. Check out her team's website at www.riptide rollers.ca. They are actively looking for fresh meat (new girls) and are always in need of volunteers (female & male) to help out at bouts. "Don't worry" says their website, "we'll teach you what you need to know."

Photo Credit: Chantelle Reid



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"We will definitely be using the Grapevine again as well as suggesting it to others. I had at least five people tell me they saw the ad in the Grapevine - and that was without me asking!" - Valerie, Gamespace AV

The WHO'S WHO:

David Howells: The Art of David!

Mike Butler

Well, this is the Great Outdoors Edition of the Grapevine so I decided to combine the best of the indoors and the outdoors by profiling one of the most interesting artists I've ever met - David Howells. I first met David a few months ago when I was on a tour of the Cedar Centre for Active Living in Windsor where David has his workshop and private gallery. But I first encountered David Howells, the artist, when I saw some of his pieces in a Halifax Gallery and I was truly blown away! David's paintings are primarily traditional pastoral landscapes and garden scenes inspired by his many travels and it was the flawless detail in these paintings that made my mouth drop open in awe. It's clearly the love he has of the outdoors that helps him to produce such breathtaking work and that's why I have picked David for this Who's Who profile.



tion with water plays an integral part in the majority of his paintings and its complex, varied and always changing state is both a joy and a never-ending challenge to tackle. After having seen a lot of David's waterworks, it's clear he has a handle on things!

And where has his work been covered? Well, David says, "Coverage of my work has included radio interviews (CBC), several books, magazines (online & print), a feature article by Eastlink Television (available on my website), and most recently,

an inclusion in CBC Radio's 2015 Sharing the View Calendar project (in aid of Feed Nova Scotia). My work has been exhibited at galleries in England, the USA, and Canada including two galleries in Yorkville, Toronto. You can find my paintings at Galerie Christin in Toronto and at my own gallery in Windsor at the Cedar Centre for Active Living located at 69 Cedar Street." It's well worth the visit to David's studio to see his works and see him in action at the easel!

David is also the co-founder of the art group, Three Faces of Realism, and he's currently the art director at the Cedar Centre for Active Health & Living where people are free to tour and enjoy the brilliant space filled with David's works. The Cedar Centre is a unique and vibrant destination in itself. The building has a rich history, charm, and character of its own. What Dr. Matthias Jaepel has done with the interior is both architecturally remarkable and admirable (respecting the original structure to such a high degree). David says it's a truly inspiring environment to work in. Being struck with such a wonderful sense of awe, each time he walks through the building to his studio, puts him 'in a wonderful space' to start his day.

David states, "It's always a pleasure to show people my work, and my studio is open to visitors. Please feel free to drop by. If you would like to call to arrange a visit, I can be reached by phone 902-798-4700 or through my website at davidhowellspaintings.com, or via email at davidh@eastlink.ca or art.director@69cedarcentre.ca."

Working indoors to create the beauty of the outdoors, with a glorious appreciation for the space around you, and using your talent to let your vision flow freely on the canvas: that's the David Howells way, and it's a beautiful way!

"This article is dedicated to David's Father for all his love and support!"

Photo credit: David Howells

David is a professional artist living in St. Croix, Nova Scotia. In 1972, David's family emigrated from Leicester, England to Windsor, Nova Scotia. He studied graphic design in Middleton, Nova Scotia and Fine Art at Mount Allison University in Sackville, New Brunswick. David worked as a graphic designer for two years, but realized that he only wanted to paint. It was his calling so that is what he pursued. Knowing that it was a challenging profession, and having a reasonable sense of self-confidence, and a wonderful lack of any meaningful grasp of the realities of painting for a living, he began a long journey. Though it has been an eventful, rewarding, and sometimes stressful roller-coaster ride, it is his true passion and he states that he has no regrets - only gratitude that he can continue.

David says, "One of the greatest rewards is travelling during the good times. Having been treed by a rhino charge in Nepal, hit by a bull in rural India, on a boat that nearly sank off of Thailand and nearly drowned in the Great Barrier Reef, it has been a colourful journey, to say the least!"

And where did that pristine David Howells technique come from? Well, David started painting using only watercolor and designer's gouache, but all of his work since 1986 has been oil on canvas. Though he's traveled extensively, his paintings are primarily landscapes depicting English and Nova Scotian scenery. His passion is in trying to capture the beauty and power in the 'simple and everyday'. David was painting Photorealism at the age of twenty, but over the past 28 years (painting full-time) his style has loosened-up. He often refers to his work as a form of 'tightened Impressionism' due to how his style often reads as a blending of Realism and Impressionism. David's endless fascina-

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WOLFVILLE'S BUSINESS BUZZ

A Chat With Hussein Rafih, manager of Joe's Food Emporium 434 Main St, Wolfville / 902-542-3033 / joesfoodemporium.ca

How Long has Joe's been operating in Wolfville?

Originally we started as Elmer's & Casablanca in 1977. In 1989 Casablanca (fine dining) changed to what is now known as Joe's Food Emporium.

What is it like managing such an iconic business in town?

Fun would be an understatement. We employ and manage over 50 employees so there's always a new challenge to face everyday; it keeps my mind sharp.

I take a lot of pride doing this job as it is a business my father built from the ground up. He has big shoes that I intend to fill...that's my goal everyday! Every decision I make I always think "What Would Joe Do?"!

Do you serve local wine? If so, what's in the cellar?

We do serve many local wines:

*Grand Pré Winery – L'Acadie Blanc
Grand Pré Winery – Maréchal Foch
Gaspereau Winery – Pinot Grigio and L'Acadie Blanc
Gaspereau Winery – Maréchal Foch and Leon Millot
L'Acadie Winery – Star (Certified Organic)
L'Acadie Winery – Passito (Certified Organic)*

We try to rotate through different local wines year to year to offer our customers a variety of selections.

Who created Scott Skins and why are they so popular?

Scott Skins and its' Unique Blend of Spices were created by Joe Rafih and a few members of his kitchen staff in the early 90's (one by the name of Scott). They have become popular because we have always, from day one, used fresh local potatoes and high-quality, non-trans fat oils through the cooking process. We make sure that the price point is

affordable for everyone while serving generous portions.

Our valued customers have made Scott Skins popular across Canada and further. Whenever I am travelling and meet an Acadia alumni, they always remember coming to Joe's and having Scott Skins. It's one of those things in life that you have to try at least once.



It's been close to 10 years since Joe's opened the Main Street patio deck. How much has this enhanced the Joe's experience? Do you think the town would benefit from more patios?

People really enjoy the flowers and being able to eat outside on Main Street. We have actually received many cards and letters from guests complementing our patio and how they feel it really adds to the beauty of our town. I feel that every

business that could benefit from having a sidewalk patio is taking the opportunity to provide that dining experience for their customers already. We wouldn't want to crowd the street too much, it's kind of a less is more situation!

Seeing as you're a steady, established business, you're a pretty good gauge on visiting tourists. I know they've arrived, but how would you describe this season compared to previous years?

I think the tourist population has definitely increased compared to the last few years. We've had a lot of events in town that have generated more business this year than I've seen in recent years. It probably stems from the value of the dollar & more affordable gas prices. We have seen quite a bit of people from out of town enjoying Wolfville.

As you've heard, the WBDC is in a period of transition. An important membership meeting is planned for Aug. 25. If you're able, would you be interested in attending?

Being a member of the Wolfville business community, I feel it is very important to participate and help the WBDC. Attending meetings would mean that I could voice my opinion, stay updated, and build relationships with other local business owners. I would definitely attend if it aligned with my schedule.

Interview and compiled by Jeremy Novak

PLEASE JOIN US FOR A VERY IMPORTANT WBDC MEETING!

7:00 pm Tuesday, August 25

We are about to start the formal process of re-defining the Wolfville Business Development Corporation. From now until the end of September the Board has engaged consultant Ron Robichead to help the WBDC determine the best way to move forward. As members of the Wolfville business community you are invited to a meeting at 7:00 pm on Tuesday, August 25 at the Community Room at the Wolfville Farm Market. Even if you have never attended a WBDC meeting, now is the time to join this very important conversation.

There will be an on-line survey of the business community prior to this meeting, but we feel it is important to gather this group together as we want to share our thoughts, and we want to hear from you directly. If you are a member of the Wolfville business community, have not been receiving emails from us and you wish to receive information about the on-line survey please email the WBDC secretary, Elisabeth Porter at secretary@WBDC.me

We are looking forward to seeing you on the 25th, light refreshments will be served.

—Ian Porter, President



Wolfville's Waterfront Park & Raintown on a calm, summer day.
Photo credit: Melanie Haverstock



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Intense action during the recent Mud Creek Days Mud Challenge in Willow Park.
Photo credit: Daniel Franck

THE CROSSWORD

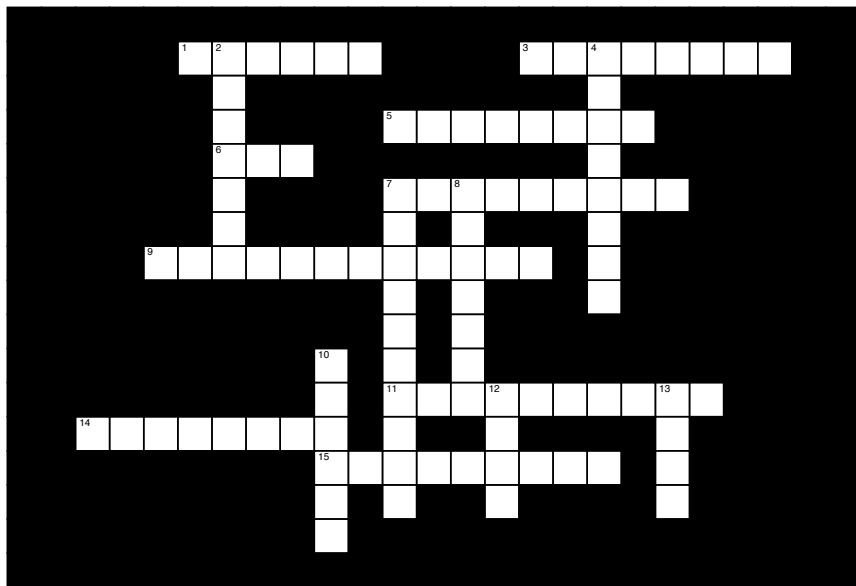
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WIN! Complete this crossword, then submit it to Naked Crêpe for your chance to win a dessert crêpe! Just leave your contact information below this puzzle & submit the puzzle.

Last winner was Michael Kelly

EVANGELINE'S TALE by Donna Holmes



Across

- "Evangeline: A Tale of ..." was written in 1847.
- "Evangeline", a new musical, will be performed at the Covenant Church in ___, Aug 21 to 23.
- "This is the forest ___", is the first line of Longfellow's Evangeline poem.
- The Evangeline Motel in Grand Pre serves really, REALLY great ___.
- "Evangeline: A Tale of Acadie" takes place during the Acadian ___ which began in 1755.
- The Evangeline Club is a non-profit ___ in Berwick providing safe haven for people living with mental or physical health issues.
- Henry Wadsworth ___ wrote 'Evangeline'.
- Evangeline Beach, across the Minas Basin from Kingsport, has a stunning view of ___.
- Highway #1 which runs from Wolfville to Weymouth through the ___ Valley is also called the Evangeline Trail.

Down

- Evangeline Family ___ Resort at 84 Evangeline Beach Rd, Grand Pre, is open each year from May 1 to Oct 1.
- In 2004, thousands of ___ gathered in Grand Pre to commemorate the 400th anniversary of the arrival of the French in North America.
- Although ___ is a fictional character, her story has had a powerful impact on Acadian identity.
- Joke 1: Why won't Evangeline eat her fish? Because it is ___!
- National Acadian Day is observed in ___ each year on August 15.
- Nameberry.com says that Evangeline means "the bearer of ___ news".
- Joke 2: Why won't Evangeline order two eggs for breakfast? Because one egg is un ___.

Name: _____

Contact: _____

EAT TO THE BEAT

THURSDAYS:

Edible Art Cafe (New Minas): Paul Marshall (6th, 13th, 20th) 12-2pm

Le Caveau (Grand Pre): The Hupmans & Scott Prudence (6th), Swingology (13th), Tracy Clements Band (20th) 7pm

Spitfire Arms Pub (Windsor) Open Mic w/ Kevin Meyers (6th), Adam Hines (13th), Adam Cameron (20th) 7-11pm

Paddy's Pub (Kentville): The Hupman Brothers (6th, 13th, 20th) 9pm

Paddy's Pub (Wolfville): Trivia Night (6th, 13th, 20th) 9pm

Library Pub (Wolfville): Leo Boudreau (6th, 13th, 20th) 9pm

Anvil (Wolfville): Top 40 DJ C-Bomb (6th, 13th, 20th) 10pm

FRIDAYS:

Stems Cafe (Greenwich): Ron Edmunds & Ian Brownstein (7th) 11:30am-2pm

Edible Art Cafe (New Minas): Paul Marshall (7th), Carl Boutilier (14th) 12-2pm

King's Arms Pub by Lew Murphy's (Kentville): Paul Marshall (7th) 4-7:30pm, Matt Millett & Rob Hunt (7th) 8:30pm-11:30pm; Ron Edmunds (14th) 4-7:30pm, Keith Facey (14th) 8:30pm-11:30pm

Blomidon Inn (Wolfville): Jazz Mannequins (7th, 14th) 6:30-9:30pm

The Port Pub (Port Williams): Hal Bruce (7th), Mac & Hawes (14th) 8pm

Joe's Food Emporium (Wolfville): Al King Band (7th), The Groove Kings (14th) 8pm

Union Street Cafe (Berwick): Open Mic w/Darrell Skinner (7th), Open Mic w/Broke with Money (14th) 8pm

Spitfire Arms Pub (Windsor) The Camaros (7th), Hal Bruce (14th) 8-12pm

Dooly's (New Minas): Karaoke w/Denny Myles (7th, 14th) 9pm-1am

Tommy Guns (Windsor): TJ King CD Release, \$10 advance, \$13 door (14th) 9pm

West Side Charlie's (New Minas): DJ Billy T (7th), TBA (14th) 10pm

SATURDAYS:

Farmers Market (Wolfville): Jack McDonald and Dennis Robinson (8th), Andy and Ariana (15th) 10am

Edible Art Cafe (New Minas): John Tetrault (8th, 15th) 12pm-2pm

Gaspereau Winery (Gaspereau): Music On The Patio (8th, 15th) 7pm

Union Street Cafe (Berwick): Geordie Sampson (8th) 8pm

Spitfire Arms Pub (Windsor) Rowdy Dow (8th), Steve Mayo (15th) 8-12pm

King's Arms Pub by Lew Murphy's (Kentville): Micha & Delia (8th), The Shawn Hebb Band (15th) 8:30pm

West Side Charlie's (New Minas): DJ Lethal Noize (8th), TBA (15th) 10pm

Paddy's Pub (Wolfville): George Carter Trio (8th), Al King (15th) 9pm

Library Pub (Wolfville): Irish Saturday w/Bob & Ro (8th, 15th) 2-4pm, Adam Heinz (8th, 15th) 9pm

Tommy Gun's (Windsor): Music Video Dance Party (8th, 15th) 9:30pm-1:30am

SUNDAYS:

Paddy's Pub (Wolfville): Paddy's Irish Session (9th, 16th) 8pm

MONDAYS:

Edible Art Cafe (New Minas): Ron Edmunds Band (10th, 17th) 12pm-2pm

Paddy's Pub (Wolfville): Open Mic w/Crash & Burn (10th), w/Idle Threat (17th) 8pm

TUESDAYS:

Edible Art Cafe (New Minas): Ron Edmunds Band (11th, 18th) 12pm-2pm

Spitfire Arms Pub (Windsor) Quick As A Wink Trivia, \$2 per person (11th, 18th) 7-9pm

Paddy's Pub (Kentville): Irish Jam Session (11th, 18th) 8pm

T.A.N. Coffee (Wolfville): Open Mic w/Donna Holmes (11th, 18th) 8-10pm

WEDNESDAYS:

Edible Art Cafe (New Minas): David Filyer (12th, 19th) 12pm-2pm

Farmers Market (Wolfville): Donna Holmes (12th), Leah Morise (19th) 5pm

Troy Restaurant (Wolfville): Ian Brownstein & Friends (12th, 19th) 7pm

West Side Charlie's (New Minas): Billy T's Karaoke (12th, 19th) 9pm

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VALLEY FAMILY FUN -Into the Wild

Laura Churchill Duke

The ParticipACTION Report Card on Physical Activity for Children and Youth for 2015 was recently released. Despite common knowledge that Canadian kids need to sit less and move more, the two lowest grades in this year's report card are a D- for Sedentary Behaviours and a D- for Overall Physical Activity.

It was decreed, then, that access to active play in nature and outdoors—with its risks—is essential for healthy child development. They recommended increasing children's opportunities

for self-directed play outdoors in all settings including at home, at school, in child care, in the community, and around nature.

Valley Family Fun can help you with all your outdoor needs. The website houses information on hikes, recreational activities, lists of playgrounds, and other ways to get moving with your family!

Make a commitment with your family to do something active every week!

valleyfamilyfun.ca
info@valleyfamilyfun.ca



Weekly Events

PLEASE NOTE: Event information may change without notice

Thursdays

Babies & Books — Wolfville Memorial Library 10–11am. Newborn to 2 years. *INFO:* 902-542-5760 / valleylibrary.ca

Gardens & Grub — Rec Centre, Kentville 1–3pm. Offered through the Canadian Mental Health Association, Kings Branch. *FEE:* no charge *INFO:* 902-670-4103 / club@cmhaskings.ns.ca

In the Round Knitting Group — Gaspereau Valley Fibres 1–4:30pm. Also Tuesdays 6–9pm. *INFO:* 902-542-2656 / gaspereauvalleyfibres.ca

Seniors' Afternoon Out — Wickwire Place, Wolfville 1:30–4:30pm. Social afternoon with peers. Also Tuesdays 1:30–4:30pm. *FEE:* \$10 *INFO:* Robin, 902-698-6309

Boardgame Night — C@P Lab, Wolfville Public Library, 7pm. Bring your games! Ages 12+ *FEE:* no charge *INFO:* 902-790-4536 / turpin56@gmail.com

Fridays

AVD Clubhouse: Arts Program — Valley Community Learning Association, Kentville 1–4pm. Offered through the Canadian Mental Health Association, Kings Branch. *FEE:* no charge, but please pre-register. *INFO:* 902-670-4103 / club@cmhaskings.ns.ca

Chase the Ace — Royal Canadian Legion, Berwick 5pm. Chase the Ace drawn at 7:15pm, light supper served 5–7pm *TIX:* \$5 Chase the Ace, \$7 supper *INFO:* 902-375-2021 / rubyl@eastlink.ca

Fun Night — Legion (downstairs), Kentville, 7pm. Variety of music. 50/50 tickets available. *FEE:* \$2 *INFO:* kentvillelegion@eastlink.ca

Saturdays

Hantsport Pop Up Market — Hantsport Visitor Centre (parking lot), 8:30am–12pm. Until end of Sept. Fresh fruits & veggies, jams, jellies crafts & more. *INFO:* 902-684-9068 / susan@hantsportvascotia.com

Wolfville Farmers' Market — DeWolfe Building, Elm Ave., Wolfville 8:30am–1pm
August 8 Music: Jack McDonald and Dennis Robinson
August 15 Music: Andy and Ariana
INFO: wolfvillefarmersmarket.ca /

North Mountain Market — United Church, Harbourville 9am–1pm. Until Oct. 10. Celebrate local culture & heritage through art, music, & a farmers' market that features a diverse range of locally-produced goods. See ad page 23. *INFO:* 902-538-7923 / northmountainmarket@gmail.com

Farmers' Market — Waterfront, Windsor 9am–1pm. *TIX:* no charge *INFO:* windsorfarmersmarket@gmail.com

Peace Vigil — Post Office, Wolfville 12–1pm

Drop in and Drum! — Baptist Church, Wolfville 1–2:30pm. W/Bruno Allard. Drop in for a hands-on workshop & jam. Learn to play the djembe with rhythms & songs from West Africa. Everyone welcome, drums provided. *FEE:* \$5 *INFO:* facebook: Djembes and Duns Wolfville

Valley Game Night — Gametronics, New Minas 6pm. Board game/card game group. Yu Gi Oh — Thursdays, 6pm. Friday Night Magic (Magic: The Gathering) — Fridays, 6pm *FEE:* no charge *INFO:* facebook.com/GameTronics

Sundays

Black River Community Market & Schoolhouse Cafe — Community Hall, 989 Upper Sunken Lake Rd., Black River 11am–2pm, 2nd and 4th Sunday of each month (next: Aug. 9). Vendors, light lunch, live music. *INFO:* 902-542-0002 / jayneileenkenny@msn.com

Mondays

Free Community Walking/Running — Acadia Athletic Complex, Wolfville 6–9am & 6–9pm (Mon.–Fri.). On the indoor & outdoor track. *FEE:* no charge *INFO:* 902-542-3486 / sread@wolfville.ca

Painting Morning — Recreation Centre, Wolfville 9:30am–12pm. W/Evangeline Artist Cooperative. Bring your own projects to work on & be inspired by like-minded artists. *FEE:* \$2 *INFO:* Susan, 902-542-4448

Harmonica Jams — Sobey's Community Room, New Minas 10–11:30am. Light music: country, waltzes, jigs & reels. All levels welcome, bring your harmonicas. *FEE:* no charge *INFO:* Lloyd, 902-681-3711 / Ed, 902-678-4591.

LEGOMANIA — Port William's Library, 3:30–4:30pm. Through August. Ages 6–9. No registration necessary. *INFO:* 902-542-3005 / valleylibrary.ca

Windsor Game Night — Library, Windsor 6pm. Board game group. New players welcome! *FEE:* no charge *INFO:* meetup.com/valleygames / turpin56@gmail.com

Toastmasters — 2nd Floor, Irving Centre, Acadia 6:30–8pm. Communicative skills to enhance peaceful and effective dialogue. *INFO:* Chris, 902-691-3550 / vppr.wolfville.tn@gmail.com

Musical Jam Night — Community Hall, 659 Victoria Rd., Millville 7pm. Bring your instrument or just relax & listen to the sounds. *INFO:* cadavis@nspes.ca

Insight (Vipassana) Meditation — Manning Memorial Chapel, Acadia, downstairs, 7:30–9pm. W/Laura Bourassa. Suitable for beginner and experienced meditators. Instructions, short talk, discussion. *FEE:* free-will offering. *INFO:* 902-365-2409

Tuesdays

Book in the Nook — Wolfville Memorial Library 10–10:30am. Suggested age range: 3–5. *INFO:* 902-542-5760 / valleylibrary.ca

Friends in Bereavement — Western Kings Mem. Health Centre, Berwick 10am–12pm. 1st & 3rd Tues. each month (next: Aug. 18). VON Adult Day Program Room (main floor). *INFO:* 902-681-8239 / friendsinbereavement@gmail.com

Rug Hooking — 57 Eden Row, Greenwich 1–3:30pm. Drop-in rug hooking. *FEE:* donation *INFO:* Kay, 902-697-2850

Friends in Bereavement — Kentville Baptist Church 2–4pm. 1st & 3rd Tues. each month (next: Aug. 18). Left parking lot entrance, sponsored by Careforce. *INFO:* 902-681-8239 / friendsinbereavement@gmail.com

Woodville Farmers Market — Community Centre, 342 Bligh Rd., Woodville 4–7pm. Until Oct. 6. Local producers & artisans. *INFO:* paulcameron@live.ca

Learn Irish Music — Paddy's Pub (upstairs), Kentville 7–8pm. Bring your instrument & learn to play traditional music in a relaxed, convivial setting. *FEE:* no charge *INFO:* 902-697-2148 / slowsession@outlook.com

Board Game Night — Paddy's Pub, Wolfville 8pm–12am • *TIX:* no charge *INFO:* 902-542-0059 / judy@paddys.ca

Wednesdays

Wolfville Breastfeeding Support Group — Library (upstairs), Wolfville 10am–12pm. Now weekly. *INFO:* facebook.com/AnnapolisValleyBreastfeedingSupportGroups

Kentville Farmers' Market — Centre Square, Kentville 10am–2pm. Open year-round. *INFO:* marketmanager@kentville.ca / kentvillefarmersmarket.ca

Wolfville Farmers' Market — DeWolfe Building, Elm Ave., Wolfville 4–7pm
August 12 Music: Donna Holmes
August 19 Music: Leah Morise **Theme:** Sustainability Fair / The Mingle
INFO: wolfvillefarmersmarket.ca /

LIVE THEATRE

The Tempest — Ross Creek Centre for the Arts, Canning, Aug. 6, 8, 9, 11, 12, 13, 14, 15, 6pm • Full of magic, mystery and music, Shakespeare's comedy of a shipwrecked magician, and the romance and mayhem that follows a giant storm will be a feast for the eyes and heart. Directed by Ken Schwartz, and includes some of Canada's most accomplished actors. Suitable for all ages. *TIX:* \$25 general, \$23 senior, \$20 student/military, \$10 child, \$65 family of four *INFO:* 902-582-3842 / mail@artscentre.ca

Valley Ghost Walks — Clock Park, Wolfville Aug. 6, 8pm; Cornwallis Inn, Kentville Aug. 13, 8pm; The Blockhouse, Windsor Aug. 14, 8pm; The Grand Pré Winery, Aug. 21, 7pm • Join Jerome the GraveKeeper and his ghostly friends on these family-friendly historical ghost walks. Our 8th season. *TIX:* \$15 adults, \$12 students, discounted 4-packs available via Ticketpro.ca *INFO:* jerome@valleyghostwalks.com / valleyghostwalks.com

Wingfield On Ice — Al Whittle Theatre, Wolfville, Aug. 7, 8, 8pm, Aug. 8, 9, 2pm • As the first frosts come to Persephone Township Walt and Maggie Wingfield are all set to welcome new life to the farm. She's expecting, and he's nesting. But Walt is alarmed about the old feuds that divide the neighbours. His attempts to mend other people's fences meet with a resistance as stiff and cold as the weather itself. And the biggest challenge to them all is looming on the horizon. See poster page 24. *TIX:* \$30 regular, \$23 student, subscription discounts available. @

THEATRE (CONT'D)

all TicketPro locations including Cochrane's Pharmasave (Wolfville), Wilsons Pharmasave (Kentville, Berwick), Windsor Home Hardware *INFO:* 1-877-845-1341 / info@valleysummertheatre.com

The Turn of the Screw — Ross Creek Centre for the Arts, Canning, Aug. 7, 8, 11, 14, 15, 9:30pm • In the great tradition of campfire ghost stories, this theatrical rendition will take you on an exciting journey into the mind and soul of a family with secrets. Adapted by Ken Schwartz, performed around the fire, and followed by s'mores under the stars. *TIX:* \$25 general, \$23 senior, \$20 student/military, \$10 child, \$65 family of four *INFO:* 902-582-3842 / mail@artscentre.ca / twoplanks.ca

Too Soon for Daisies — CentreStage Theatre, Kentville, Aug. 7, 8, 14, 15, 21, 22, 28, 29, Sept. 4, 5, 8pm, Aug. 9, 23, 2pm • Three elderly ladies escape a 1960s "old folk's home" in a rowboat, and are washed ashore in the village of Trotley, England where they take over an abandoned cottage. The cottage's real owner shows up, but he dies of a heart attack and the ladies hatch a convoluted plan to hide the body. A nosy neighbour, a too-helpful handyman and the arrival of the dead man's niece all contribute to high-spirited fun. Can these determined women conceal a dark secret that, if revealed, will upset all their plans to grow old...ungracefully? See page 23. *TIX:* \$15 general, \$12 students/seniors @ R.D. Chisholm's (Kentville), Rick's Art and Frame (New Minas), at the door. *INFO:* 902-678-8040 / centrestage@centrestagetheatre.ca

THEATRE (CONT'D)

Lamplight Historical Cemetery Tours — St. Mary's Anglican Church, Auburn, Aug. 11, 18, 25, 8–9:15pm • Enjoy a tour of St. Mary's cemetery, learn about local people, how they lived and shaped our community. Costumed guides and guests. *TIX:* \$10 *INFO:* 902-847-9847 / robardecoste@ns.sympatico.ca

13 – The Musical — Al Whittle Theatre, Wolfville, Aug. 20, 1–3pm • Touching on the reality of becoming a teen in today's world and all the angst and drama of dealing with growing up, 13 features amazing music and great characters with a story everyone who is a teen, was a teen or will be a teen can relate to. Presented by Edalene Theatre's Summer Theatre Intensive Camp. *TIX:* \$12 adult, \$10 children under 16, \$40 group of 4 @ call or email. *INFO:* 902-799-9009 / kerri@edalenetheatre.ca

EXHIBITS

Judith J. Leidl — Oriel Fine Art, Wolfville • Fine art: floral paintings, scarves, acrylic paintings, prints, ceramics, and Inuit work from Baffin Island. *INFO:* 902-670-7422 / judithleidlart.com

Peter Booth — CentreStage Theatre, Kentville • Watercolour paintings inspired by the landscape and wild flora of NS, and by the study of ancient Greek mythology and art. *INFO:* 902-678-8040 / centrestagetheatre.ca

EXHIBITS (CONT'D)

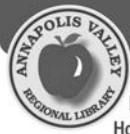
Apple Bin Art Gallery — Valley Regional Hospital, Kentville • Approximately 100 pieces of affordable original art created by local Valley artists. Part proceeds go towards hospital equipment and to help support Annapolis Valley health care programs.

Atlantic Picture Book Illustration — Acadia University Art Gallery, Until Aug. 23 • Atlantic Picture Book Illustration: 1980s & 90s: Molly Lamb Bobak, Brenda Jones; 2000s: Darka Erdelji, Leonard Paul. The works selected demonstrate the changes in illustration over 30 years, from hand-drawn to digital, from picture book to graphic novel. *INFO:* 902-585-1485 / gallery.acadiau.ca

Uncommon Common Art — Various Kings Country locations, until mid-October (an outdoor, public art scavenger hunt) • *TIX:* no charge *INFO:* Terry, 902-542-3981 / uncommoncommonart.com / uncommoncommonart@gmail.com

Artisans in Action — Avon River Heritage Museum, Newport Landing 12–4pm • First Sunday of the month, through October 4. Live demonstrations by local artisans who work in historical trades, crafts, and art forms. Sept. 6: Paint Avondale. Oct. 4: Traditional NS Crafts and Techniques (Mi'kmaq, Acadian and Planters). *TIX:* no charge *INFO:* 902-757-1718 / infoavonriver@gmail.com

This page works on a first-come, first-served basis. Email your classified to: info@grapevinepublishing.ca and, if there's room, we'll get you in. Or, to reserve a placement, pay \$5 per issue (3-issue minimum commitment). Please keep listings to 35 words or less.

 The Hantsport Branch of the AVR Library system *has moved!*
Location: 10 Main St. (former Legion Building)
Name: Isabel and Roy Jodrey Memorial Library
Hours: Tues & Thurs, 2-8pm; Wed & Sat, 10am-2pm
 Books • DVD's • Audiobooks • Public Access Computers • Wi-Fi
 Tech Tutorials • Free Children Summer Programs | valleylibrary.ca

CAMPS/KIDS' ACTIVITIES:

Dance Summer Dance: Aug. 16-28 @ Ross Creek Centre for the Arts, Canning. Intensive camp for kids 11-18 years old. **INFO:** 902-582-3842 / artscentre.ca

Wolfville Summer Camps: Every week throughout July & August @ Wolfville Recreation Centre. New theme each week, such as Pirates vs. Knights, Water Warriors, and more! Ages 6-16. **FEE:** \$110/week. **INFO:** summercamps@wolfville.ca

Summer Kids in the Park Club: Every Friday in August, 2:30-4pm. Fun in the sun as we explore the many parks in Wolfville. Ages 5-12. Please pre-register. **FEE:** no charge **INFO:** summerkidsinthepark.eventbrite.ca

St. John's Day Camps: Port Williams. Accessible, faith-based, full-day camps open to all children ages 5-12. 9am-3pm, August 10-14. A week of art, music, games, nature, and adventure! Please register. **FEE:** no charge, donations welcome. **INFO:** karis.tees@gmail.com

Fun, Food and Farms Camp: Acadia Community Farm, Wolfville. Starts Aug. 17, 8am-8pm • Includes five days and an overnight. Campers will plant their own Fall plot and harvest and enjoy food that was started in the spring. For ages 11-13. **TIX:** \$130 **INFO:** 902-670-4891 / haleygreen2794@gmail.com

DVBS Weird Animals: United Baptist Church, Port Williams, Aug. 17-21, 8:45am-12pm • Learn about animals from around the world, and that "weird" means special, unique, and one-of-a-kind. Jesus loves us all - even when we feel different. Games, crafts, music, stories and snacks. Ages 4 through grade 5. Special guests include Little Ray's Reptiles! **TIX:** no charge, donations for local animal shelters encouraged. **INFO:** 902-542-3495 / lauracd@ns.sympatico.ca

CLASSES/LESSONS/WORKSHOPS:

Community Yoga: Wed. & Fri., 12-1pm @ Dance Studio, Downstairs, Old-SUB, Acadia. **FEE:** \$5, no charge for Acadia students **INFO:** Carole, czaflows@gmail.com

Inner Sun Yoga: Classes for every level of student with certified instructors in our inviting studio space. **INFO:** 902-542-YOGA / innersunyoga.ca

Yoga In The Park: Wednesdays, through Aug. 26, 5:30-6:30pm @ Kentville's Oakdene Park (Oakdene Ave.). Sponsored by Kentville Chiropractic and facilitated by Kentville Parks & Recreation **FEE:** no charge **INFO:** 902-679-2539

Taoist Tai Chi™: Learn this ancient Chinese art of well-being. Lions Hall, 78 River St., Kentville: Tuesdays, 6-8pm and/or Thursdays, 11:30am-1pm. Berwick Town Gym: Mondays, 6-7:30pm. Beginner classes start September. **INFO:** Mary Anne, 902-678-4609 / kentville@taoist.org

Tennis Lessons for Adults: Professional lessons Mondays & Wednesdays, 6-8pm, including Cardio Tennis classes offered by certified Cardio

Tennis Canada staff coaches. Equipment provided. **FEE:** \$5 drop-in **INFO:** info@cangarootennis.com / cangarootennis.com

Dance Teaching Assistant Certificate Program: Ross Creek Centre for the Arts. In conjunction with Dance Summer Dance, August 16-28. Registrants take all the technique classes and dance in the final showing, while also getting special sessions in working with younger students in how to choreograph for younger students and how to give positive and appropriate corrections. **INFO:** 902-582-3842 / chris@artscentre.ca / artscentre.ca

Dance Classes: Cadance Academy, New Minas. Year-long session begins Sept. 14, 10-week fall session begins Sept. 21. Open house, registration, and sale of dance gear August 29, 12-4pm. **INFO:** 902-679-3616 / info@cadanceacademy.ca / cadanceacademy.ca

Workshop: Pop Up Herbal Fun Day!: Sun, Aug. 9, 1-4pm, Sister Lotus Gardens, Wolfville. Garden walk, fun activities with in-season herbs & edible flowers. Explore the medicinal, culinary, cosmetic, spiritual, & crafty uses of plants. Go home with goodies that you make yourself! Limit: 6. **FEE:** \$60 **INFO/Reg:** 902-680-8839 / oriana@sisterlotus.com

DONATE/VOLUNTEER:

Donate Used Clothing: Flowercart creates work and training for people. Donate your used clothing to Flowercart and keep your donation and the resulting money local. Drop off location 9412 Commercial St., New Minas. **INFO:** 902-681-0120 / lisahammettvaughan@flowercart.ca

Yard Sale Donations: Accepting donations for annual yard sale/BBQ (Aug. 22) for Millville Community Hall. Also tables available for \$5. **INFO:** Item drop-off, 902-698-7146 / tables, 902-847-0116

FOR HIRE/PURCHASE:

Pam's Editing Services: Make your writing look professional! Experienced editor and journalist can help you with: press releases, manuscripts, ads, reports, school essays, proposals. **FEE:** \$35/hr. **INFO:** Pam, 902-306-0570 / pamsediting@gmail.com

Let Donna Do It!: Do you have a resume, school paper, or other document that needs editing? Do you have paperwork that needs transcribing, or a business that needs promoting, or another administrative job that needs doing? Let Donna do it for \$35 per hour (\$18 for 1/2 hour job). **INFO:** donna Holmes712@gmail.com / facebook.com/letDonnadoit

Interior/Exterior Painting: Women in Rollers does accurate quotes, shows up on time to work, and performs to perfection. We even leave your home neat and tidy! Call today for your free estimate. **INFO:** Pamela, 902-697-2926

Hand-Crafted Urn Boxes: Respectful, wooden, locally-made. **INFO:** Farmer Eddie, 902-542-3387

Massiah's Cleaning: The best services, prices and quality of work. Stripping, waxing, deep scrubbing, recoating, buffing, tile & grout, cement & degreasing, carpets & general. Throughout the Valley, 24 hours a day, 7 days a week - even on short notice. Maintenance plans available. **INFO:** Ryan, 902-691-3614

Acupuncture / Chinese Medicine / Herbal Care: #221, 112 Front St. Wolfville (above EOS). Hi, I'm Devorah Fallows & I'm committed to supporting health in our community. Find lasting, overall

health by getting to the root of your problem using natural, safe & healthy methods. Specializing in menopause, sexual & reproductive health, emotional balancing & sleep restoration. Children welcome. **INFO:** 902-300-3017 / devorah@oceanbayclinic.com / oceanbayclinic.com

Acupuncture-Tao TCM: A holistic approach to diagnosing and treating almost any health issue based on Traditional Chinese Medicine. Spring special: Complimentary consultation. Provided by Sensei Yula. **INFO:** centrefortheways.com. **Book an appointment:** 902-697-2661 / yula@centrefortheways.com

Sport Cards & Memorabilia: Our inventory is close to a million Sport Cards, all on a database, Price Guides, and Memorabilia. It covers all sports and Nascar Racing. We provide a quick response and can help you. If you are thinking of selling give us the opportunity to talk to you. Like your collection on a database, contact us. **INFO:** fjp@eastlink.ca / 902-678-3653

Errand Runner, Personal Shopper, Light Trucking & Deliveries: Serving your individual needs in the Annapolis Valley. **INFO:** John, 902-698-6766

Tracks on Trails: New dog service based in Wolfville and serving surrounding areas. Dog hikes, training and more! **INFO:** Cheryl, cherylxford5@gmail.com / tracksontrails.ca

Face Painting: For any occasion, party, festival or event, for both children and adults. Based in Canning. **INFO:** tam@tigerlillycreations.com / facebook.com/Tigerlillycreations

Valley Mac Service: Apple specific on-site tech support & help for home users and small business. Tune-ups, upgrades, email, configuration, instruction, backups, advice. Macbook, iMac, iPhone, iPad. **INFO:** 902-412-6267 / mark@valleymacservice.com

Kelly's Cat Care: Offering pet sitting and dog walking to Wolfville, Port Williams, Kentville, New Minas and Coldbrook. Find us on Facebook. **INFO:** text, 902-300-4314 / kelly.messom@gmail.com

Freelance Services: Need freelance services? Babysitting, elderly care, cleaning and cooking. **INFO:** Arlete, 902-698-1986 / alimadematoms@gmail.com

Barrie's Strip-it & Furniture Re-new: Furniture refinishing, strip, sand, stain or paint, or faux finishes, shabby chic, distressed or renewed to original. **INFO:** 902-582-7771

Travel Planning Professional: Travel to suit all travel styles available from relaxing on the beach, arts & culture, to active adventure. What's your style? Professional, friendly service. Valley based. **INFO:** Denise with The Destination Experts, 902-692-9581

EMPLOYMENT:

Delivery Help: The Grapevine is looking for delivery people for the following locations: Port Williams, New Minas, and Aylesford. **INFO:** deliveries@grapevinepublishing.ca

ACCOMMODATIONS:

House Sitting: 30-something professional able to provide house-sitting arrangements, within Wolfville preferred, car-required if beyond. Available anytime, references available. **INFO:** info@grapevinepublishing.ca

House in Falmouth For Rent: Beautiful, 3-storey historic home for rent. Gorgeous rooms with wide plank flooring. Fully updated and restored. \$1400+utilities. Pictures available on request. **INFO:** cobygurl@gmail.com

Seeking Accommodations: PhD student with strong references seeks shared accommodation with earthy, clean, kind folks, preferably furnished with garden or on farm, wee cabin, or longer term house or farm sit. Preference near Lawrencetown/Middleton/Margaretsville. **INFO:** Megan, meganhyslop@yahoo.ca

Flat for Rent: In the lovely Gaspereau Valley. Furnished, available October 1 to June 1. \$750 all inclusive. Quiet, non smoker sought, mature student or professional wanted. 4.5 minutes to Acadia by car, 3km to wolfville! Working fireplace. **INFO:** lisa.boehme@eastlink.ca

Guest House Rental: Rustic, clean and comfortable oceanfront 'salt box', located near the white sands of Carters Beach, Port Mouton, NS, available for the week of Aug, 22-29. Fully equipped house accommodates up to 4 persons. \$800 per week. Photos online. **INFO:** 902-947-2113 / cartersbeachcottage.com

Apartment for Rent: Furnished 1-bedroom basement apartment in family home in Truro, NS. Single occupancy only, non-smoker, quiet, mature person/student. Respectful of family furnishings. \$600 per month includes heat & hot water. Pay own lights. **INFO:** Claudette, 902-542-2814

GENERAL:

ADHD/Anxiety Study: Does your child exhibit symptoms of ADHD or anxiety? Are you an adult who suffers from anxiety or low mood? Please participate in Acadia University Probiotics and Mental Health Research Lab study. **INFO:** probioticstudy.com

Kings SPCA Play for Paws 50/50 Weekly Draw!: Join in the fun! Only costs a toonie to play each week and you must play to win! Please visit us online for details on how and where to play! **INFO:** facebook.com/kingsspca5050

Wolfville Community Chorus: Join us Wednesdays (5:30-7pm, Wolfville), starting in Sept. for a brand new and exciting line up of music. No experience necessary. We share our music with seniors' and nursing homes by providing free concerts. Feel good, do good, and have fun! **FEE:** \$180 for the year, \$90 per term **INFO:** 902-542-0649 / susan_dworkin@hotmail.com

Massage Table: Seeking used massage table with arm rests for under \$200. **INFO:** Megan, meganhyslop@yahoo.ca

Hall's Harbour CAP Site: 3586 Highway 359, Tues-Fri, 10am-5pm. Call or drop in for tech help with e-readers, computers, smartphones, and more. **INFO:** 902-678-7001

Technology Help: M-F at Berwick and Kingston libraries. Schedule your one-on-one help with tablets, eReaders, email, Facebook, smartphones, and much more! **INFO:** Berwick, 902-538-4030 / Kingston 902-765-3631

Seeking First Aid Kit Owner: Left on site of an accident that took place Wed. July 29, around 6:45am by the Seventh Day Adventist Church, across the road from Ken-Wo Golf Club entrance, New Minas. Wishing to return it. **INFO:** 902-993-0493 / 613-328-8645 / shawn.hurtubise@gmail.com

Farming Opportunity: Small incubator farm, 10 min. from Wolfville. Seeking farmers who value small scale, sustainable farming. Fall arrangement includes rental of a quaint farmhouse, a 30 ft. greenhouse, south facing garden space, access to tools and mentoring. Many possibilities, including a CSA and a ready market. **INFO:** 902-542-0002 / newfarmers.gathering@gmail.com

The VINTAGE News



WHO ARE THESE GUYS, ANYWAY?

Sophia Lockett

Nova Scotia plays host to a wealth of French and German expat grapes, which are as unfamiliar to the non-wine-Einstein as are the 50 names of snow to the non-Inuit. With brutish winters and a short (but glorious) growing season, the grapes have to be hardy and swift workers.

Most at home in these lush valleys and Bay of Fundy breezes are white varieties. The cooler temperatures create mouth watering acidity with plump aromatic bodies. As a result of the delicate tannin, the red varieties are light to medium bodied, fruit driven with silky smooth texture.

Without further ado...

The whites

L'Acadie Blanc (LA-ka-dee)

L'Acadie is the lead character in our Nova Scotia novel. It's the type of grape that starts doing yoga moves at a party or cartwheels in the garden after you've introduced it to your parents. It's versatile and eager to please, a piece of putty at the whim of its wine maker. Green apple crisp in its birthday suit, but can lend itself to a traditional method sparkling, malolactic fermentation, sur lie, early or late harvesting, a high or low alcohol, oak barrels or steel tanks, listens to country and experimental jazz.

It arrived in Nova Scotia as a Canadian hybrid from Ontario, nee V.53261. After abandoning its original home and more comfortably settling here, it seemed appropriate to rename it after the original settlers: the 17th century French Acadians.

As well as being a 'wine-maker's grape', it also pleases the vineyard manager by its winter hardiness, resistance to bunch rot, upright growth and as good as hands you a pair of pruners, shouting 'me! me! me!' come harvest time.

New York Muscat

A true New York cool (climate) cat. Lou Reed with a bouquet of flowers. Muscat is usually associated with sweet desert wines, but Nova

Scotia creates dry, aromatic whites with a nose-full of rose petals and jasmine.

It can be a little fussy in the vineyard, with some picky and irregular yields – but the rosy-cheek hue on the grape wins you over. Although developed in New York, it is a cross of Hamburg and Ontario Muscat.

As opposed to gymnast L'Acadie, this grape is usually left to waft into the room on its own fragrant merit. Minimal fuss vinification with stainless steel tanks to complement the 'peaches and cream' Nova Scotia treat.

Vidal Blanc (vee-DAL)

Nature's nectar, a wine-god gift. Most commonly used for Icewine* all across Canada, due to its rhino skin which has no fear of the winter frost. Cast an eye over the family tree and you'll see Vidal is the love child of Trebbiano (Ugni Blanc) and Rayon d'Or. *That's a real word.

Seyval Blanc (say-VAL)

Grapefruit, lemon and lime with mineral zing and zang. Most commonly unoaked here in Nova Scotia, but has plenty of potential for a buttery, burgundian slap on the bottom. Cousin to our dear Vidal, with Rayon d'Or and Seibel as parents. Also commonly seen in the garden of England.

The Reds

Maréchal Foch (MAH-re-shall fosh or foshe)

Just 'Foch' to his friends. Originally a Loire valley grape, but now more commonly grown in Canada and New York. Named after WW1 French Marshal Ferdinand Foch, who must have had an admirer in the breeder of this grape, Eugene Kulmann.

It loses no sleep over minus temperatures and brutish winters, and luckily for Nova Scotia usually ripens at the end of September.

A true chunky nose, game pie with blueberries and cherries. Its dextrous ability to complement carbonic maceration has made it comparable to Beaujolais grape, Gamay, or in its more inky-black form, Pinot Noir.

Lucie Kublmann (LOO-see KULL-men)

Taking its name from the daughter of hybridizer* Eugene Kulmann, Lucie is here to add a little fruitiness to Nova Scotia. She's a bellyful of berry: cranberry, blackberry, blueberry and strawberry. Combined with oak, it can be spicy and smoky little number and unlike Foch or Leon Millot, it doesn't have any green pepper

or gamey notes.

Mike, Lockett Vineyards' wine maker, likes to do a little Italian job appassimento on her. This is partially drying the grapes before fermenting to create a concentration of flavours, which turns Lucie into stewed plums and prunes.

Marcel, our vineyard manager loves her for her reliability from year in year. 'Consistency is key,' he says.

Leon Millot (LEE-on MEE-low)

Usually soft and velvety in texture, Leon Millot is often likened to Pinot Noir. A sister seedling to Maréchal Foch, this grape is all purple fruit and chocolate with a little savoury bell pepper at the back of the tongue.

Its old hangout was Northern France Alsace, but is now at home in parts of the USA and Canada. We salute it for its early September ripening and resistance to fungal disease.

sophiawine lover.com

NOVA SCOTIA L'ACADIE VINEYARDS 2011 VINTAGE CUVÉE ROSÉ

NOVA SCOTIA'S TOP SCORING BUBBLY

Our traditional method Certified Organic Vintage Cuvée Rosé earned Top Scoring Sparkling and Gold Medal at the 2014 Atlantic Canadian Wine Awards and has now won the 2015 Lieutenant Governor's Award for Excellence in Nova Scotia Wines.

"A very loveable and dry sparkling rosé, with a bright, slightly flinty nose that also shows apple and toasted brioche. It's tasty and crisp, and I'd love to have more, please."
- Rémy Charest - National wine writer and judge.

Available at select NSLC stores, Bishop's Cellar, Harvest Wines, Cristall Wine Merchants, Rockhead Wine & Beer Market and our winery in the Gaspereau Valley where we have a full selection of our award winning, certified organic wines.



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310 Slayer Road, Gaspereau, Nova Scotia
(902) 542-8463

www.lacadievineyards.ca



Three Wines Receive Award for Excellence News from the Lieutenant Governor of Nova Scotia

Three Nova Scotian wines have been selected to receive the Lieutenant Governor's Award for Excellence in Nova Scotia Wines. The award, established by Lt.-Gov. J.J. Grant in 2014, recognizes the exceptional quality of locally sourced and produced wines, and honours the dedication and craft of those in Nova Scotia's vibrant wine industry. Through a blind tasting, an independent panel of experts chose the following wines, in no particular order, as the best among the Nova Scotia wines submitted:

L'Acadie Vineyards, Vintage Cuvée Rosé, 2011
Domaine de Grand Pré, Riesling Icewine, 2013
Gaspereau Vineyards, Riesling, 2013

"I am delighted to play a part in recognizing the wine industry in our province," said Lt.-Gov. Grant. "I offer my sincere congratulations to all the award recipients and look forward to presenting each with their medals."

Winery Association of Nova Scotia and Taste of Nova Scotia members were invited to submit up to three commercially available wines with 100 per cent Nova Scotia content.

"The Winery Association of Nova Scotia is pleased to see the winners of Lieutenant Governor's Awards for Excellence in Nova Scotia Wines announced," said Gillian Mainguy, Manager, Winery Association of Nova Scotia. "Congratulations to winemakers Jürg Stutz, Gina Haverstock, and Bruce Ewert, they should all be very proud of their wines. And a tip of the hat to Jürg Stutz and the Domaine de Grand Pré team on this being their second win of this prestigious award!"

The award ceremony will include the unveiling of the new Lieutenant Governor's Award for Excellence in Nova Scotia Wines badge granted by the Governor General and the new Wine Award Gold Medal.

Local Wineries

ANNAPOLIS HIGHLANDS VINEYARDS
2635 Clementsvalle Rd, Bear River
902-467-0363 | annapolishighlandvineyards.com

AVONDALE SKY WINERY
80 Avondale Cross Rd, Newport Landing
902-253-2047 | avondalesky.com

BEAR RIVER VINEYARDS
133 Chute Rd, Bear River
902-467-4156 | wine.travel

BENJAMIN BRIDGE
Gaspereau | 902-542-1560
benjaminbridge.com

BLOMIDON ESTATE WINERY
10318 Hwy 221, Canning
902-582-7565 | blomidonwine.com

DOMAINE DE GRAND PRÉ
11611, HWY 1, Grand Pré
902-542-1753 | grandprewines.com

GASPEREAU VINEYARDS
2239 White Rock Rd, Gaspereau
902-542-1455 | gaspereauwine.com

L'ACADIE VINEYARDS
310 Slayter Rd, RR1, Gaspereau
902-542-8463 | lacadievineyards.ca

LIGHTFOOT & WOLFVILLE VINEYARDS
Highway 1, Wolfville | 902-542-1571
lightfootandwolfvillewines.com

LUCKETT VINEYARDS
1293 Grand Pré Rd, Melanson
902-542-2600 | luckettvineyards.com

LUNENBURG COUNTY WINERY
813 Walburne Rd, Mahone Bay
902-644-2415 | canada-wine.com

MUWIN ESTATE WINES
7153 NS-12, New Ross
(902) 681-1545 | muwinestate.com

PETITE RIVIÈRE VINEYARDS
1300 Italy Cross Rd, Crousetown
902-693-3033 | petiterivierevineyards.ca

PLANTER'S RIDGE
1441 Church St, Port Williams
902-542-2711 | plantersridge.ca

SAINTE-FAMILLE WINES
Dyke Rd and Dudley Park Lane
Falmouth | 902-798-8311 | st-famille.com

WINE EVENTS

Emily Leeson

August 9

Devour in the Vines: Dinner & a Movie in the Vineyard
Dinner at 6pm with movie to follow (rain or shine)
Domaine de Grand Pré
11611 Highway 1, Grande Pré

Join Chef Jason Lynch and guest chef Jesse Vergen, competitor on Season Four of Food Network's Top Chef Canada, for a four-course dinner with optional wine pairings. After the meal, get ready to take a road trip through California wine country from the comfort of one of the valley's finest vineyards. Laugh along with this classic film from Alexander Payne, following the exploits of Miles and Jack as they pursue perfection in the bottle and, ummm... otherwise, in Side-ways.

Tickets:
\$95/person + HST & gratuity (does not include wine pairings)
\$120/person + HST & gratuity (includes wine pairings)
grandprewines.ns.ca

August 13

Nova Scotia Wine Education Session: Tidal Bay Wines
7pm - 10pm
Gaspereau Vineyards, The Barrel Room
2239 White Rock Road, Gaspereau

A celebratory study of the maturation of the winemaking industry in Nova Scotia through the lens of our Tidal Bay appellation. Explore the Tidal Bay wine style and learn what differentiates one Tidal Bay from the other.

Tickets: \$45
info@gaspereauwine.com

August 20

Live Music under the Vines: Tracy Clements Band
Domaine de Grand Pré
11611 Highway 1, Grande Pré
grandprewines.ns.ca

August 22

Swing Under the Stars
7pm - 10:30pm
Lockett Vineyards
1293 Grand Pré Road,

Wolfville

Visit us up on the mountain to enjoy a fabulous night featuring the Annapolis Big Band providing you with swinging tunes throughout the night! Tickets include dinner, admission, and 1 glass of select wine, Sealevel Beer, or Bulwark Cider! Make sure to do your stretches before, because those dance moves are going to be outta' control!

Tickets: \$50
More info: luckettvineyards.com

August 27

Live Music under the Vines: Mark Riley Project
Domaine de Grand Pré
11611 Highway 1, Grande Pré
grandprewines.ns.ca

September 3

Nova Scotia Wine Education Session: Food & Wine Pairing
7pm - 10pm
Gaspereau Vineyards, The Barrel Room
2239 White Rock Road, Gaspereau

Learn techniques for

making harmonious wine and food pairing. Find out what you should consider when choosing wine for your a meal and what may make it challenging.

Tickets: \$45
info@gaspereauwine.com

September 19

Bluegrass BBQ & Corn Boil
7pm - 10:30pm
Lockett Vineyards
1293 Grand Pré Road, Wolfville

It's the perfect time of year to celebrate the fruits of our labours in the midst of harvest! Join us on our patio for the perfect combination of wine, beer, cider, great food, and rock-in' tunes! We have Prétty Archie joining us for their first time performing at Lockett Vineyards, so let's show them how we do! Tickets include dinner, admission, and one glass of select wine, Sealevel beer, or Bulwark cider!

Tickets: \$50
luckettvineyards.com

**COME FOR THE WINE
STAY FOR THE EXPERIENCE**

GASPEREAU VINEYARDS

Just 3km from downtown Wolfville • Open 7 days a week May-Dec.
Wine Tastings • Vineyard Tours • Licensed Patio • Locally-inspired dining
Shopping • Picnic baskets • Bike rentals • In-store wine specials

2239 White Rock Rd., Gaspereau, NS (902) 542-1455 www.gaspereauwine.com

Bulwark Cider wins a gold medal at Canadian Brewing Awards

Gabrielle Pope, Muwin Estate Wines

Muwin Estate Wine's line of Bulwark ciders grew to include another variety late last year with the soft launch of Bulwark Gold cider. The Gold cider features a smooth hint of honey and an exotic-tasting flavour, due to its unique blend of apples with the light addition of honey. The cider enjoyed immediate success following its launch at NSLC stores, and was soon popular on tap at some of Halifax's best bars and restaurants.

Now in its tenth year as the only national brewing competition, the Canadian Brewing Awards decided to open up the competition categories to include ciders. In the blind tasting for Best Specialty Cider, Bulwark's Traditional Gold Cider took gold. Tasted by certified judges and taking into consideration aroma, flavour, appearance, mouth-feel, and overall impression of the beer or cider; a CBA Gold is widely recognized as an achievement of brewing excellence.

A fifth variety of Bulwark cider will launch in the fall—Nova Scotia's first craft hopped cider.

muwinestate.com
bulwarkcider.com





WHAT'S HAPPENING FROM AUGUST 6-20, 2015

SEND YOUR EVENTS TO INFO@GRAPEVINEPUBLISHING.CA



Please note: Events are subject to change.

THURSDAY, 6

Team Night Pool Party – Public Pool, Hantsport 5:30-8pm • Games and activities with prizes! BBQ at 5:30pm. **TIX:** \$3, or pool pass, no charge under age 5 **INFO:** 902-684-9379 / infohmcc@gmail.com

Public Information Meeting – Town Hall, Wolfville 7pm • Regarding a development agreement proposal to establish a three unit dwelling located at 22 Linden Avenue, PID 55273080. **TIX:** no charge **INFO:** wolfville.ca

Music under the Vines: The Hupmans and Scott Prudence – Domaine de Grand Pré, Grand Pré 7pm • Join us on the patio, weather permitting! See ad p.24 **TIX:** no charge **INFO:** 902-542-7177 / marketing@grandprewines.ns.ca

FRIDAY, 7

Apple Tree Foundation Charity Golf Classic – Berwick Heights Golf Course, Weston 9am-4pm • Great prizes, auction, and chicken BBQ. **TIX:** \$440 per 4-player team **INFO:** 902-538-3103 x802 / jkelly@krrc.ns.ca

Ozobots – Library, Berwick 10-11:30am • You can program Ozobot to move, play, and dance. Come see how easy and amazing it is. Ages 10+, pre-registration required. **TIX:** no charge **INFO:** 902-538-4030 / valleylibrary.ca/events

Colour Wars – Willow Park, Wolfville 2:30-4pm • Children participate in a series of messy and colorful activities and games that promote team building and sportsmanship. Wear a white t-shirt and pants/shorts that you don't mind ruining! Pre-registration not required, but appreciated! **TIX:** no charge, however donations to the Mudley Fund accepted. **INFO:** kmansfield@wolfville.ca

Mad Science Slime Time – Library, Kingston 3-4pm • The exciting world of polymers and the chemical reactions we use to create them. Transform two liquids into an oozing batch of colourful slime! Ages 5-12. **TIX:** no charge **INFO:** 902-765-3631 / kingston@valleylibrary.ca

Musique Royale: The 45th Parallel North – St. John's Anglican Church, Port Williams 7:30-9:30pm • Acadian singer Suzie LeBlanc and her remarkable band. A circular exploration of cultures that lie on the 45th parallel, half way between the equator and the north pole, focusing on songs and dances from Italy, France, Japan, Uzbekistan, the Caspian Sea, and Acadian settlements in the Maritimes. **TIX:** \$20 by phone, email, at the door. **INFO:** 902-542-5300 / musiqueroyale1985@gmail.com

SATURDAY, 8

Scavenger Hunt – Visitor Information Centre, Hantsport 10-11am • Family fun at the Hantsport Pop Up Market. **TIX:** no charge **INFO:** 902-690-7836 / susancarey@ns.sympatico.ca

3D Printer Demonstration – Library, Berwick 11am-1:45pm • Opportunity to see how it works and ask questions. **TIX:** no charge **INFO:** 902-538-4030 / kwhberwick@nscap.ca

Corn Boil – Taproot Farms, Port Williams 12-3pm • Enjoy fresh and fabulous food and support Farmers Helping Farmers, an organization doing outstanding work with farmers in East

Africa. **TIX:** \$20 minimum suggested donation, no charge under age 8 **INFO:** 902-542-3277 / admin@taprootfarms.ca

Valley Gardeners' Club: Flower & Vegetable Show – Kingstec, Kentville 1-4pm • This show is open to everyone. Enter something to be judged or not judged, or just come to view all the wonderful entries! **TIX:** no charge **INFO:** Susan, 902-542-0878 / orjafo@magma.ca

UCA Community Environmental Art Project – Miners Marsh, Kentville 2-4pm • Working as a group we will decide what materials to collect (sticks, leaves, grass, etc.) and how to arrange them to create one large piece of artwork, to be left for others to find and nature to take away. **TIX:** no charge **INFO:** uncommoncommonart@gmail.com

Meet & Greet – Clock Park, Wolfville 3pm • The NS Health Coalition would like to know what your experience has been with Health Care, and what you would like to see changed. Food provided, come out and say hi! **TIX:** no charge **INFO:** karmstrong@nshealthcoalition.ca

Gordie Sampson – Union Street Cafe, Berwick 8pm • A brilliant writer and a dynamic on-stage presence, Gordie's musical genius is applauded by audiences and industry players alike. **TIX:** \$32 @ Union Street Cafe **INFO:** 902-538-7787 / contactunionstreet@gmail.com

Dance: Rte. 12 – Legion, Kentville 9pm-12am • Bar, kitchen available. 19+ **TIX:** \$7 **INFO:** 902-678-8935

SUNDAY, 9

Blueberry Supper – Forties Community Centre, New Ross 4:30-6pm • Hodge-podge, ham, and a variety of blueberry desserts! **TIX:** \$12 adult, \$6 ages 5-12, \$3 under 5 **INFO:** fortiescc@gmail.com

Devour in The Vines: Dinner and a Movie (Sideways) – Domaine de Grand Pré, Grand Pré 6-11pm • Join Chef Jason Lynch and guest Chef Jesse Vergen, for a 4 course dinner with optional wine pairings. After the meal, Devour! The Food Film Fest will take you on a road trip through California wine country with the classic film, Sideways. **TIX:** \$95 @ Grand Pré Wines **INFO:** 902-542-7177

MONDAY, 10

Create your own 3D item – Library, Berwick 10-11:30am • Using a computer program we will guide you along on how to design your very own item to be created on the 3D printer. Ages 15+, pre-registration required. **TIX:** no charge **INFO:** 902-538-4030 / kwhberwick@nscap.ca

Geocaching for Kids Workshop – Library, Windsor 10:30am-12pm • Learn about Geocaching, hide a geocache in your community and find others. Hands on fun with a GPS. Ages 7+, pre-registration required. **TIX:** no charge **INFO:** 902-798-5424 / windsor@valleylibrary.ca

Blood Donor Clinic – Fire Hall, Kentville 1-8pm • New donors welcome! **TIX:** no charge **INFO:** 1-888-236-6283

Jam Session – Louis Millet Community Complex, New Minas 7-9:30pm • Open Mic Jam **TIX:** \$2, no charge under 12. **INFO:** 902-582-3549 / roncorkum@xcountry.tv

TUESDAY, 11

Kid's Book Give-Away Day! – Memorial Library, Wolfville 10am • Hey kids, we are giving away books! Come early to get the best choice. **TIX:** no charge **INFO:** 902-542-5760

Bitstrips – Library, Kingston 10:30am-12pm • Create and print your very own comic strip online. Ages 7+, pre-registration required. **TIX:** no charge **INFO:** 902-765-3631 / kwhberwick@nscap.ca

Alexa Jaffurs – ARTSPLACE Gallery, Annapolis Royal 12-5pm • Alexa will be demonstrating on her portable propane forge the Art of Blacksmithing. She will demonstrate the magic which happens as metal is heated, worked on an anvil then bent and twisted until it emerges on the other side as a beautiful and functional creation. Visitors can try their hand with the design plans as they work with Alexa to work towards making their own cold work project. Part of ARTs a la cARTe **TIX:** Free **INFO:** (902) 532-7069 / arcacartspalce@gmail.com

Toastmasters Club – Birchall Training Centre, Greenwood 6:30-8pm. Also Aug. 18 • Develop leadership skills using a variety of tools including speaking off the cuff and speaking in public. **TIX:** no charge **INFO:** Christine, 902-825-1061 / CFernie.CA@gmail.com

Girl Power! – Memorial Library, Wolfville 6:30-8:30pm • For girls ages 10-15. Play games, make a craft, have a snack, hang out together, and write in your GP! journals. Sign up! **TIX:** no charge **INFO:** 902-542-5760

WEDNESDAY, 12

LEGO Stop Motion Flick Workshop – Library, Windsor 12-1:30pm. Also Aug. 14, 12-1:30pm, and Aug. 15, 10:30am-12pm • As a group we will design the set and characters with LEGO, along with a story-line. Take some pictures and transform them into a stop motion flick. For ages 7+, pre-registration required. **TIX:** no charge **INFO:** 902-798-5424 / windsor@valleylibrary.ca

UCA Shelter Project – Centre for Small Farms, Grand Pré 1-3pm • Join Julie Adamson in a workshop to design a minimal shelter based on your needs (or desires). Materials provided **TIX:** no charge **INFO:** uncommoncommonart@gmail.com

Prescott Busy Bugs – Prescott House Museum, Port Williams 1-3pm • Examine ants, beetles, earwigs, bees and other creeping critters with Dr. Todd Smith of the Acadia University Science Dept. Pre-register by Aug. 11, 4pm **TIX:** \$8 **INFO:** 902-542-3984 / baldwidj@gov.ns.ca

WeDo LEGO Robotics – Library, Kingston 3-5pm. Also Aug. 19, 10:30am-12:30pm • Work in groups to build models with mechanically moving parts you program with a computer. Ages 6-12, pre-registration required. **TIX:** no charge **INFO:** 902-765-3631 / kwhberwick@nscap.ca

Walkabout Celebration – Community Hall, White Rock 7-8:30pm • **TIX:** donation **INFO:** 902-542-7701 / wrca4wrcc@gmail.com

Contra Dance – Farmers Market, Wolfville 7:30-10pm • No experience or partner necessary. Bring low-heeled shoes and a water bottle. Lesson 7:30-8pm. **TIX:** \$10, \$8 students/unwaged **INFO:** valleycontradances@gmail.com

Teen Late Nite Swim – Public Pool, Hantsport 8:30-10pm. Also Aug. 19 • Teens (tweens too) enjoy the pool without little ones or adults (trained lifeguards on duty!). **TIX:** \$3, or pool pass **INFO:** infohmcc@gmail.com

THURSDAY, 13

Bitstrips – Library, Berwick 10-11:30am • Create and print your very own comic strip online. Ages 7+, pre-registration required. **TIX:** no charge **INFO:** 902-538-4030 / kwhberwick@nscap.ca

WeDo LEGO Robotics – Library, Berwick 1-3:30pm. Also Aug. 14, 10-11:30am, and Aug. 20, 1-3:30pm • Build models with mechanically moving parts you can program with a computer. Ages 6-12, pre-registration required. **TIX:** no charge **INFO:** 902-538-4030 / valleylibrary.ca

Mermaids and Mermen Pool Party – Public Pool, Hantsport 5:30-8pm • Games, prizes, and a BBQ! **TIX:** \$3, or pool pass, no charge under age 5 **INFO:** 902-684-9379 / infohmcc@gmail.com

Music under the Vines: Swingology – Domaine de Grand Pré, Grand Pré 7pm • Join us on the patio, weather permitting! **TIX:** no charge **INFO:** 902-542-7177 / marketing@grandprewines.ns.ca

Musique Royale: Ensemble Polaris – Evergreen Theatre, Margaretsville 8-10pm • In celebration of the Northern Sea: Maritime Music from Scandinavia and Canada. With a focus on Northern legends, myths and dance music inspired by the sea, the program features traditional music from Scandinavia, Finland and Scotland as arranged by Ensemble Polaris, music inspired by visits to Maritime Canada, and other original music by members of the band. **TIX:** \$20 @ 902-825-6834, evergreentheatre.ca, at the door. **INFO:** 902-634-9994 / musiqueroyale1985@gmail.com

FRIDAY, 14

It's a Mystery – Willow Park, Wolfville 2:30-4pm • Step into the shoes of a detective and uncover hidden clues! Children participate in a variety of games, activities, and challenges that require problem solving, creativity, and team building. **TIX:** no charge, but donations to the Mudley Fund appreciated. Pre-register (not required, but appreciated) at summerkidsinthepark.eventbrite.ca **INFO:** kmansfield@wolfville.ca

Dance: Meredith – Royal Canadian Legion, Windsor 8pm-12am • **TIX:** \$5 at the door. **INFO:** 902-798-2031 / windsorlegion@eastlink.ca

SATURDAY, 15

Community Breakfast – Royal Canadian Legion, Windsor 7:30-10am • Bacon, Sausage, Ham, Eggs, Pancakes, Hash Browns, Toast, and Baked Beans, Juice, Coffee and Tea. **TIX:** \$6 adults, \$4 ages 6-12, no charge under 6 **INFO:** 902-798-2031 / windsorlegion@eastlink.ca

Arts Unleashed Festival – Downtown, Annapolis Royal 8am-10pm. Also Aug. 16-23 • Annapolis Royal lets loose with nine days of unbridled visual, literary and performing arts, themed tours and more! Today the festival begins with Paint the Town weekend (August 15, 16) when close to 80 artists from Atlantic Canada roam the town. Craft workshops, cricket matches, arts and artifacts collections, Candlelight Graveyard tours, arts and crafts, vintage textiles, Tai Chi



ValleyEvents.ca

VALLEY EVENT TICKET GIVEAWAY: CHANCE TO WIN 2 TICKETS TO:
13-The Musical (Edalene Theatre), Thursday August 20, 1pm, Al Whittle Theatre,
Wolfville. Draw date: Thursday, August 13 Enter all draws: valleyevents.ca/win

and more! PLEASE NOTE: some festival events have an admission charge. **TIX:** no charge **INFO:** 902-532-1611 / artsfestar@gmail.com

Corn Boil – Visitor Information Centre, Hantsport 10am–12pm • Come and enjoy an ear or two of fresh Valley Corn. **TIX:** \$2 per cob. **INFO:** 902-690-7836 / susancarey@ns.sympatico.ca

4th Alarm Scavenge – Kustom Creations Cycle & Ink, Cambridge 10am–4pm • Red Knights Motorcycle Club, Nova Scotia 4, invite you on a Scavenger Hunt through beautiful Annapolis Valley, BBQ on site, 50/50 draw. **TIX:** \$10 per entry **INFO:** 902-698-2568 / smokeeaterstyle@outlook.com

High Tide Festival – Long Point Road, Harbourville 11am–6pm • Children's activities, pie contest, silent auction, dunk tank, lobster box races, 50/50 draw, jewellery, and more. **TIX:** donation **INFO:** 902-698-9206 / harbourville.ca

NS Choral Federation: Junior Choir Camp Concert – United Church Camp, Berwick 1–2pm • Singers ages 8–13 from across the province, perform what they have learned during a week of Junior Choir Camp! Guest conductor, Jackie Hawley, from Ottawa. **TIX:** donation **INFO:** 902-423-4688 / programs@nscf.ns.ca

Leave No Trace – Community Hall, White Rock 1:30–4:30pm • Course teaches awareness and provides skills in how to leave no trace of human activities, minimizing impact to the environment. **TIX:** \$5 per person for three hour workshop. **INFO:** 902-542-7701 / wrca4wrcc@gmail.com

NS Choral Federation: Youth Choir Camp Concert – United Church Camp, Berwick 2:30pm • Singers ages 13–18 from across the province, perform what they have learned during a week of Youth Choir Camp! Guest conductor, Fran Farrell **TIX:** donation **INFO:** 423-4688 / programs@nscf.ns.ca

Variety Show – Fundy View Community Centre, Halls Harbour 7pm • With Emcee Mark Clarke, Stillwater, Randy & Linda Sheffield. R & R Kitchen Party Band, Canteen, 50/50 draw **TIX:** \$5 adult, \$2.50 kids **INFO:** hallsharbour.org

Dance: Still Doin' Time – Legion, Kentville 9pm–12am • Bar, kitchen available. 19+ **TIX:** \$7 **INFO:** 902-678-8935

SUNDAY, 16

Plant Walks – Memorial Library, Wolfville 10:30am–12pm • Learn about edible/medicinal plants of Nova Scotia. All proceeds go to North Mountain Animal Sanctuary. Please RSVP. **TIX:** \$15, \$30 family **INFO:** 902-538-3662 / singingnettlesclinic@gmail.com

Love in Bloom – Prescott House Museum, Port Williams 2–3:30pm • The literature of love in the style of bygone days and congenial refreshments. Fundraiser for the Kings County Museum in Kentville with special thanks to Centre Stage Theatre. **TIX:** \$12 includes museum tour **INFO:** 902-542-3984 / baldwidj@gov.ns.ca

One for the Road: Favorite foods from farm to table – Lloyd Memorial Hall, Kingsport 2–4pm • Book launch, art exhibit, and recipe tasting. Raffle for the cookbook (\$30 value) \$3/ ticket. Draw at 3:30pm. **TIX:** no charge **INFO:** 902-582-3836 / preis@midmaine.com

Heather Pineo Regan piano recital – Irving Centre, Wolfville 2–4pm • This program of words and music includes the Brahms Rhapsody in G minor, Op. 79, No.2; Beethoven's Six Bagatelles, Op. 126; the Berg Sonata; "Mists" by Debussy; and Chopin's Scherzo in B-flat minor. **TIX:** donation **INFO:** 902-542-7154 / contact@heatherregan.ca

Music in the Park: Sonlight – Centennial Park, Berwick 7–9pm • Bring a chair or blanket and enjoy an evening of music. **TIX:** donation **INFO:** Grantkl@outlook.com

MONDAY, 17

TUESDAY, 18

Little Ray's Reptile Zoo – Library, Kentville 10–11am • Learn about often misunderstood creatures: snakes, spiders, frogs, turtles, and more. All ages, caregiver required under 8

years. **TIX:** no charge **INFO:** 902-679-2544 / kentville@valleylibrary.ca

Little Ray's Reptile Zoo – Memorial Library, Wolfville 3:30–4:30pm • Learn about often misunderstood creatures: snakes, spiders, frogs, turtles, and more. All ages, caregiver required under 8 years. **TIX:** no charge **INFO:** 902-542-5760 / wolfville@valleylibrary.ca

Caregivers of those with an Eating Disorder Support Group – "Youth Drop in Centre", Louis Millet Community Complex, New Minas 7–9pm • A meeting for the carers, friends and families of those with an eating disorder (ED), to help them connect with others who are experiencing similar challenges, reduce isolation, give/ receive support, build coping skills, and more. **TIX:** donation **INFO:** 902-691-2319 / AV.FC4SWEDs@outlook.com

Talk: Dr. Hilary Apfelstadt – United Church Camp, Berwick 7:30pm • This talk explores various roles of conductors and how things like personality, leadership style, and gender can affect the way people work with ensembles of all kinds, in churches, communities, and schools. **TIX:** donation **INFO:** 902-423-4688 / programs@nscf.ns.ca

WEDNESDAY, 19

Prescott Nature Buddies – Prescott House Museum, Port Williams 10am–12pm • Join the Prescott staff and explore the natural world of the Prescott grounds. Age 5+, pre-register by Aug. 18, pm. **TIX:** \$8 **INFO:** 902 542 3984 / baldwidj@gov.ns.ca

Sustainability Fair – Farmers Market, Wolfville 4–7pm • Learn what practices and tools you can use to make sustainable lifestyle choices in your life. **TIX:** no charge **INFO:** 902-697-3344 / manager@wolfvillefarmersmarket.ca

The Mingle – Farmers Market, Wolfville 4:30–6pm • Are you a business owner, operator, business student or are desiring to open a business? Join our Monthly Mingle where Annapolis Valley business professionals converse and

network! **TIX:** no charge **INFO:** 902-697-3344 / manager@wolfvillefarmersmarket.ca

Helios Vocal Ensemble: Treasures from the Crypt – United Church, Berwick 7:30pm • Last year, thousands of forgotten choral scores were rescued from damp in the crypt of All Saints Cathedral, Halifax. Now, Helios Vocal Ensemble, a newly formed vocal quintet, presents a programme entitled "Treasures from the Crypt: Rediscovered Music from All Saints Cathedral," including works from the sixteenth to the twentieth centuries. **TIX:** donation **INFO:** 902-423-4688 / programs@nscf.ns.ca

THURSDAY, 20

Little Ray's Reptile Zoo – Murdoch C. Smith Memorial Library, Port Williams 1–2pm • Learn about often misunderstood creatures: snakes, spiders, frogs, turtles, and more. All ages, caregiver required under 8 years. **TIX:** no charge **INFO:** 902-542-3005 / portwilliams@valleylibrary.ca

Planning Advisory Committee – Town Hall, Wolfville 1:30pm • **TIX:** no charge **INFO:** See page 14. wolfville.ca

Play – MUSIC: Keyboards – Library, Kingston 2:30–3:30pm • Musicians visit with different instruments each week. Hear them played and you can ask questions about the instrument. This week: the keyboard. For all ages. **TIX:** no charge **INFO:** 902-765-3631 / kingston@valleylibrary.ca

Music under the Vines: Tracy Clements Band – Domaine de Grand Pré, Grand Pré 7pm • Join us on the patio, weather permitting! **TIX:** no charge **INFO:** 902-542-7177 / marketing@grandprewines.ns.ca

Musique Royale: Studio de musique ancienne de Montréal – Manning Memorial Chapel, Wolfville 7:30–9:30pm • Known for the clarity and purity of their voices, Montreal's finest early music vocal ensemble will present a program called The Earth Will Tremble. The selection of music performed spans the 15th to 18th centuries. **TIX:** \$20, \$10 students @ 902-582-3933, by email, or at the door. **INFO:** 902-634-9994 / musiqueroyale1985@gmail.com

HERE AND AWAY: Protected areas

Pamela Swanigan

Protected areas include national and provincial parks, nature reserves, agricultural land-use zones, heritage rivers, and protected marine zones. International figures are from 2012. Figures have been rounded.

CANADA: 108.8 million hectares (269 million acres), 8.6%.

Nova Scotia: As of the end of 2013, the province had 462,014 hectares (1.14 million acres), or 8.36% of its total landmass, protected. This comprised 459,797 terrestrial and 2,217 marine hectares. However, the 2007 *Environmental Goals and Sustainable Prosperity Act* of 2007 (under Conservative premier Rodney MacDonald) legally committed the Nova Scotia government to protect 12% of the land by 2015, and the Dexter government's 2013 Parks and Protected Areas Plan committed the province to protect an additional 250,000 hectares, which, when implemented, will bring the total amount of protected Nova Scotia area to 14%. Between 2014 and 2015, Nova Scotia created 8 new protected wilderness areas and 9 nature reserves, as well as expanding 9 already protected areas, for a total of 32,766 hectares of newly protected land (about half the size of Kejimikujik National Park). Updated total figures for the province are unavailable.

Prince Edward Island:
17,226 hectares (42,600 acres), 2.8%.

Newfoundland and Labrador:
1.87 million hectares (4.6 million acres), 4.57%

Quebec:
15.3 million hectares (37.7 million acres), 9.14%.

Ontario:
11 million hectares (27 million acres), 10.24%.

Yukon:
5.73 million hectares (14.2 million acres), 11.85%.

Alberta:
8.2 million hectares (20.3 million acres), 12.41%.

British Columbia:
15.7 million hectares (38.7 million acres), 15.74% *Qualifier: Bill 4, passed into BC law in 2014, allows industry and energy companies to perform "research" in protected BC parklands. This research can include drilling test pits (one company drilled 59), running transmission lines, and extracting energy.*

United States: 13.8%

Iraq: 0.4%

Iran: 7.2%

Russia: 11.3%

New Zealand: 27.3%

United Kingdom: 27.9%

Congo Republic: 30.4%

Tanzania: 32.2%

Cyprus: 40.9%

Greenland: 41%

Germany: 48%



Venezuela: 53%

Slovenia: 54.5%

New Caledonia: 61.3%

Sources: *Our Parks and Protected Areas: A Plan for Nova Scotia* (Government of Nova Scotia, 2013); Canadian Parks and Wilderness Society; Canadian Council on Ecological Areas, "Report of Protected Area in Canada" (December 2013); World Bank (2012 figures); DeSmogCanada.ca.

Berwick and Area Hiking Trails

Emily Leeson

Aylesford Mountain Conservation Lands

This 383 acre site was donated by Mildred Clem. Determined to preserve some of the wild areas she had roamed as a child, Clem donated this land to the Nova Scotia Nature Trust. To access this area, take Hwy 101 to Exit 15, turning north onto Hwy 360. At the four-way intersection, turn left onto Hwy 221 west. Take a right onto Long Point Road. Follow it north, turning west onto Brow Mountain Road and eventually right onto Nollet Beckwith Road. Drive in as far as possible. This area offers a mixed forest, maple grove, overgrown meadows, and several old foundations.

Shingle Mills Falls

To access this trail, take Exit 15 on the Hwy 101 and turn left onto Hwy 360. Drive south 2.7km and turn right onto Hwy 1, continuing for 6.3km. Turn left on Aylesford Road and drive 11km to a service road on the right. During the summer months, it is possible to drive a further 4km along that road and park there. This trail is approximately 2km in length and covers a gravel road and rocky terrain towards a waterfall with hard and soft woods, ferns, and mossy rocks and boulders along the way.

For more info, visit: town.berwick.ns.ca/hiking-trails.html

Black Rock Community Trails

Black Rock
This trail starts at the Black Rock Community Hall on Black Rock Road. With four loops and approximately 20km of trail, this hike can take upwards of five hours. Trails are marked with coloured marking tape and the shore trail has to be done at low tides. Officially opened in 2003, these trails are located on private land, but the public is welcome to use them, as long as they are respectful of the land.

Saunders Brook Falls and Natural Seacaves

Harbourville
From Hwy 101, take Exit 15 and turn right onto Hwy 360 towards Harbourville. Turn right onto Russia Road and travel 0.6km to a large hill. Look for a dirt road on the right just past a brook. Park here and take the dirt road down to the beach. The brook should run at your left. A small waterfall flows into the Bay of Fundy and the beach area. This 3km hike should take about an hour. It follows the Bay of Fundy coastline lined by 100-200 foot cliffs and two waterfalls. Across the water, Cape Chignecto is visible off in the distance as well as Cape D'Or and Ile Haute. Check tide times before setting out and wear shoes with a good tread to accommodate the slippery rocks.

Parks and Hiking Trails in Kentville

Emily Leeson

Kentville Ducks Unlimited Miner's Marsh Park

A wetland habitat constructed by Ducks Unlimited Canada, this protected site includes 1.7kms of maintained trail built by the Town of Kentville in partnership with Health Promotion and Protection, the Rotary Club of Kentville, and Michelin. Ideal for birdwatchers, this park boasts viewing stands, picnic tables, and interpretive signage. The park is accessible from the parking area behind the County of Kings Municipal building on Cornwallis Street as well as through the Kentville Rail-Bed Trail System at Leverette Avenue.

The Agricultural Research Station Nature Trail This Ravine trail can be accessed at the top of the Research Station property and parking is available there. This scenic route passes by a waterfall, a pond, and several small streams.

The Kentville Rail-Bed Trail System

Running from one end of town to the other, this abandoned rail line runs the length of Kentville with several access points throughout. Perfect for walking, running, biking, snowshoeing, and cross-country skiing, this 7km trail is ideal for four seasons of activity.

The Gorge Park

Located on 64.5 acres of natural woodland, the Gorge has a variety of trails, ideal for walking, hiking, and mountain biking in the summer, and cross-country skiing, and snowshoeing during the winter. Originally developed in 1930 and still maintained to this day, the Gorge was formerly known as Participark. There are two entrances to the park: Gladys Porter Drive (parking is available at this entrance) and a foot path entrance at Grant Street.

Kentville Memorial Park

Located on Park Street, this park boasts many amenities for the whole family, including tennis courts, ball fields, basketball courts, an outdoor pool complex, soccer fields, a frog pond, the Walter Wood Playground, and the Valley Indoor Sports and Events Centre.

Oakdene Park

Located in North Kentville, right off of Oakdene Avenue or off of Campbell Road, this neighbourhood park includes a large open space with two soccer fields, a playground area, a duck pond, and enjoyable trails and footpaths perfect for walking, cross country skiing, and tobogganing.

For more info, visit: kentville.ca/community/parks-rec/parks-trails

Hiking Trails in Wolfville

Emily Leeson

The Woodland Trails at Acadia University

Winding through approximately fifty acres of woodland, the Woodland Trails are located by the K.C. Irving Centre and the Harriet Irving Gardens. Once part of the Acadia University Farm, these trails now offer students and community members a space to enjoy native forest habitats and waterways without leaving campus. This system is made of approximately 2.3km of trails.

Reservoir Park Trails

Connecting to the Millennium Trails, approximately 1.8km of trails travel around the two ponds. Reservoir Park is accessible by the east end of Pleasant Street. Limited parking is available at the entrance.

For more info, visit: wolfville.ca/experiencing-wolfville/things-to-do/hiking

Millennium Trails

Beginning at the Waterfront Park by the Wolfville Harbour, this trail follows a section of the old railway through town, Willow Park, and Rotary Field, through the Sherwood Ravine and eventually ends up at Reservoir Park at the east end of Pleasant Street. This trail covers approximately 2km.

Wolfville's Rail Trail

Adjacent to the old railway tracks in Wolfville, this 1.8km trail begins at Victoria Lane and continues west to Cherry Lane. The portion of the trail from Elm Avenue to Cherry Lane was built with the assistance of the Kieran Pathways Society.

Changes Coming to the Sunday Hunting Rules

Department of Natural Resources

The rules around Sunday hunting are changing. The Department of Natural Resources is lifting the ban on Sunday hunting for all wildlife except moose for the first two Sundays of general deer hunting season. This year, Sunday hunting will be allowed November 1 and November 8.

Natural Resources Minister Zach Churchill made the decision after an extensive public consultation and discussions with stakeholders.

"Nova Scotia's natural resources are here for everyone to enjoy and use in a sustainable manner," said Natural Resources Minister Zach Churchill. "After a public consultation and discussions with stakeholders about a range of options, I wanted to find a balance on this issue that would take everyone's positions into account. Allowing hunting on the

first two Sundays of general hunting season achieves this balance."

Amendments to the Wildlife Act regulations will also clarify the distance hunters need to stay back from Christmas tree and agricultural operations. Amendments will also make it easier for hunters to help farmers deal with nuisance wildlife.

Public safety was an important consideration in the decision. Hunting accidents are rare in Nova Scotia and almost never involve non-hunters. There will be an awareness campaign closer to hunting season to help ensure Nova Scotians know about the Sunday hunting change.

Landowner rights was an area of interest during consultations. Hunters are strongly urged to respect landowners' wishes about hunting on private property.

LOCAL BLOG ROLL

Do you live in the Annapolis Valley & write a blog? Send us your website & we'll try to include it in the Local Blog Roll. submissions@grapevinepublishing.ca

fynesdesigns.com

July 15, 2015: Wood Scrap Kids Craft- Summer Boredom Buster With the kiddos being home all summer long we're on the hunt for fun stuff to do. I'd love to take them out every day, but Momma's gotta do some work too. While I'm working the babes like to 'help', so I created this super duper easy wood scrap kids craft, that keeps their hands busy doing a wood project just like mom...

valleyfamilyfun.ca/index.php/blog

July 29, 2015: Tancook Island Family Fun "That was one of the best days, ever!" The boys cannot stop raving about our trip to Tancook Island! Little do they remember, we actually took a family trip to the Island 4 years ago, but being so little, they didn't remember it all. I have no doubt they will remember this trip!

5down.org

August 1, 2015: On the Road So here we are: with no kids, hanging out in a town that more than doubles when all the runners descend to participate in its race. It's a weird feeling, because everyone knows that is why you're here, but everyone stares anyway, because it's just not that usual to have lots of tourists here...

drwoodnd.com/blog

July 27, 2015: Summer Salads In celebration of the beautiful fresh veggies sprouting up right now, and a string of patients looking for new, different salad and dressings, I thought I would post some delicious salad recipes for you all! The recipes are a collection from different magazines, websites, and creations of my own...

churchofbanjoy.blogspot.ca

July 24, 2015: Chainsawin'! Day 2 Our second day was focused on falling trees. Again, breakfast was at 8am and we got going pretty promptly after eating. We spent a little time in the classroom and then went out to the "simulators" to practice our notches and back-cuts...

theroamingcurator.com

July 28, 2015: Sherry, History & Drunken Mice: A Tale of Tio Pepe I was anticipating a visit to Tio Pepe, the famed sherry vineyard even before my arrival in Jerez de la Frontera, Spain. The first thing that greets you at the complex is the visual impact of the canopy of lush green vines that stretch from building to building...

taprootfarms.ca/blog

July 10, 2015: Monthly Update - June, 2015 We have been working on creating a knittable yarn out of flax tow. I tried hand spinning a 50/50 blend to see how the flax tow would spin once blended with wool. Patricia, Justine, and I traveled to Yarmouth to visit Yarnsmith Fibre Works Inc. Paula, the mill's owner, was kind enough to run some tow through her equipment...

Celebrating 20 years!

PAINT THE TOWN

ANNAPOLIS ROYAL, NS

Visit Annapolis Royal on August 15 & 16
80 Artists will create original art for auction

Artists will be located all over town, see their art at the Paint the Town gallery at the Legion on Victoria St. Register for a bid #, and you can bid freely for both days. See something you can't live without? Then use the BUY-IT-NOW option - only until 5pm - after this, it is silent auction ONLY.

Rain or Shine - 10 am to 6 pm

Registered artists include:
Tom Forrestall, Wayne Boucher, Geoff Butter, Rose Adams, Terry Drahos, David Lacey, Louise Williams, Cluny Maher, Poppy Balser, Felicity Redgrave and many more! For a full list of participating artists and info visit www.arcac.ca and Paint the Town.

Organised by and in support of the Annapolis Region Community Arts Council
 902-532-7069 | arcac@ns.aliantzinc.ca | www.arcac.ca

New Minas Celebration Days

Lorkhart Ryan Park, Aug 14-16, 2015



Friday, August 14: Jiggs with Jimmy, LMCC, 6:00 p.m. (\$25)
 Saturday, August 15: Family Day, Noon—4:00 p.m.
 7:00 pm: - Laser tag and live music featuring the Bernie Zinck Band
 10:00 p.m.—Fireworks

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 ray BALTZER sarah PERRAULT ernest ZINCK

July 31, Aug. 1, 7, 8, 9m, 14, 15, 21, 22, 23m, 28, 29, Sept. 4, 5
 Showtime 8pm; 2pm matinee on August 9 and 23

On August 23rd, come join us for a Chicken and Chicks picnic after the matinee.
 The picnic is \$15.00. Call 902-678-8040 for reservations.

Tickets: \$15 Adults / \$12 Students & Seniors (65+)
 Reservations: 902-678-8040 Information: 902-678-3502

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www.farmershelpingfarmers.ca


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www.taprootfarms.ca



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July 12th The Hupman Brothers all proceeds to L'Arche Homefires	August 16th Thomas McCallum all proceeds to The Valley Hospice Foundation
July 26th Ariana Nasr Chante Piaf all proceeds to Chrysalis House	August 30th Kim Barlow & Heather Kelday all proceeds to Nova Scotia Sea School

www.valleysummertheatre.com

VALLEY SUMMER THEATRE WOLFFVILLE NOVA SCOTIA

AUGUST 7-9

WINGFIELD ON ICE



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Written by Dan Needles
Directed by Douglas Beattie

At Acadia Cinema's Al Whittle Theatre 450 Main Street Wolfville NS
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Valley Summer Theatre toll-free: 1-877-845-1341
TicketPro toll-free: 1-888-311-9090 or online at www.ticketpro.ca
Regular \$30 / Student \$23 - Subscription and group pricing available. All prices include HST

PORT WILLIAMS DAILY VACATION BIBLE SCHOOL

Laura Churchill Duke

Calling all creatures great and small! Weird Animals is coming to Port Williams!

Come to the Port Williams Baptist Church from August 17-21 where Jesus' Love is One-Of-A-Kind! Here, children will not only learn about animals from around the world, but that "weird" means special, unique,

and one-of-a-kind. We are reminded of Jesus' special love for us – even when we feel different.

Come to the Church each day from 9am to 11:45am for a free morning of games, crafts, music, stories, and snacks. This daily vacation Bible school is open to children aged 4 to the end of grade 5. Participants

are asked to bring donations for the local animal shelters.

Special guests this year will include Little Ray's Reptiles!

For more information, or to pre-register, phone 902-542-3495 or email lauracd@ns.sympatico.ca.



Harbourville North Mountain Market

Saturdays, 9 am til 1 pm
Harbourville United Church
Facebook.com/NorthMountainMarket

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Expiry: Friday, August 21st 2015