W GRAPEVINE

ARTS | CULTURE | COMMUNITY

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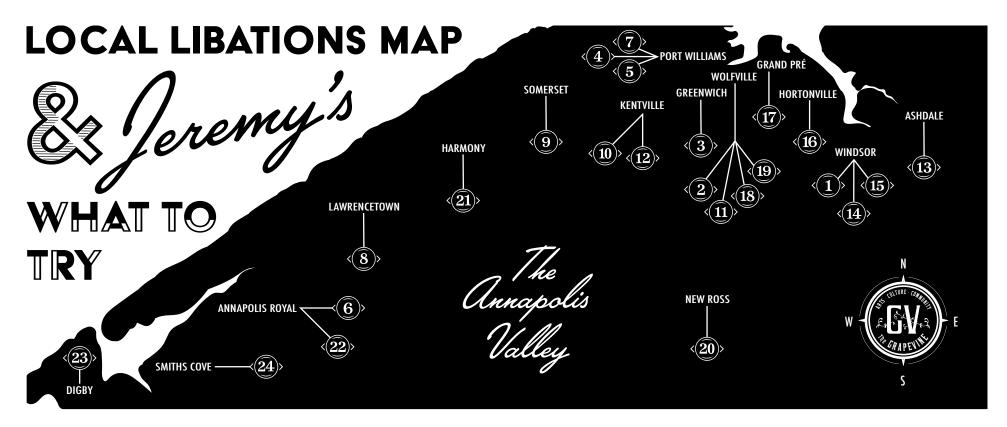
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LOCAL LIBATIONS: WHAT TO TRY THIS SEASON

We have a fantastic selection of local bevvy options in our region! Our Local Libations map features the top spots across the Valley that offer beer, cider, liquors, and liqueurs. This year we asked Jeremy Novak from Where It's At to offer his suggestions of what to try at a handful of the breweries and cideries here in the Annapolis Valley.

From Jeremy: Hello Grapevine! It's been a little while since my words have appeared in this fine publication. What a pleasure it is to be asked to contribute to this fun article. I love showcasing how amazing and delicious the Valley is. That's the main reason why last year I started Where It's At, Tour Nova Scotia Ltd. There's no shortage of curious people exploring our neck of the woods, so I started my own tour company to highlight what we have on tap. We currently offer Taste-Your-Own-Adventure van tours and Wolfville Food Tours, but many other ideas are coming together in time for the upcoming tourism season. Find out more at whereitsattours.com. In the meantime, here are my local libation suggestions:



SCHOOLHOUSE BREWERY (Brewery)

40 Water Street, Windsor schoolhousebrewery.ca

Jeremy's What to Try: Not only do these fine fellas sponsor my soccer team, but they've really helped to rejuvenate Windsor's downtown. They're pure class. I always order a post-game pint of "Chequers" at the Kings Arms Pub.



ANNAPOLIS CIDER COMPANY (Cidery)

(3)

388 Main Street, Wolfville drinkannapolis.ca

Jeremy's What to Try: They're a stop on our Wolfville Food Tour and always a crowd favourite. Every month or so they do "Something Different" which combines ingredients otherwise never heard of in ciders, with part of the proceeds supporting local organizations. If it's a real winner, it'll become a regular like my favourite, the "Earl Blue" (Earl Grey tea and NS wild blueberries).



)> NOGGINS CIDER (Cidery)

10009 Hwy #1, Greenwich nogginsfarm.ca/cider

Jeremy's What to Try: Yes! This cider is legit. They have generations of experience to draw from. Perhaps you saw their vehicle collaboration with Discovery's Bad Chad Customs? Follow them on Insta for all the exciting updates, and order the "Vintage Apple Cider" next time you're at the Library Pub.



$\widehat{4}$ > SEA LEVEL BREWING (Brewery)

980 Terrys Creek Road, Port Williams sealevelbrewing.com

Jeremy's What to Try: The "Blue Heron Bitter!" This extra special bitter is full of flavour from its signature smooth maltiness to the complex hop flavours and aromas through the use of three different varieties of hops.



)> WAYFARERS' ALE SOCIETY (Brewery)

1116 Kars St., Port Williams wayfarersale.ca

€

Jeremy's What to Try: Please tell me that you've sat on their wharf with a brew in hand watching the tide go in and out. I've taken many people here on tours and have always been impressed with how Wayfarers' present themselves. I could easily suggest the "Muddy Big Stout," but I'll change it up slightly to root here for their "Ruby Ale."



 $\langle \widehat{\mathbf{6}}
angle
angle$ STILL FIRED DISTILLERIES (Distillery) 9543 Highway 8, Annapolis Royal stillfireddistilleries.com

Jeremy's What to Try: I reached out to my good buddies Wes and Jared at Canopy Creative to get their opinions on this location. Their pick? "Granny's Apple Pie Moonshine." Great name, great product. Located in Annapolis Royal, directly across the road from the famous Lequille Country Store, but you can also find them at the Wolfville Farmers' Market most Saturdays.



(₺) **BARRELLING TIDE DISTILLERY** (Distillery)

1164 Parkway Drive, Port Williams barrellingtidedistillery.com

Jeremy's What to Try: Hopefully this is the year that Terry's Creek is bridged over, making Barrelling Tide that much more accessible to downtown P-Willy. Order a "Miller Mule" cocktail at Church Brewing to experience their vodka with Propeller's ginger beer. PS: Russell and Colleen are lovely people.



$\langle \widehat{8} \rangle$ LUNN'S MILL BEER CO. (Brewery) 515 Carleton Road, Lawrencetown

Jeremy's What to Try: Another success story in rural Nova Scotia helping to revitalize the community of Lawrencetown. A fine place for locals and visitors to hang out, socialize, have a bite, listen to music, and have a pint. Wes and Jared strongly suggest the "Purple Grain IPA".



BAD APPLE BREWHOUSE & MOSAIC BREWING CO. (Brewery)

515 Parker Condon Road, Somerset badapplebrewhouse.ca

Jeremy's What to Try: Straight Outta Somerset. Not only can you visit this brewery with attitude outside Berwick, but they've recently opened a satellite facility in Wolfville just behind the Library Pub. I was introduced to their "Russian Imperial Stout" years ago and I've yet to experience anything like it. It's worth the few extra rubles.



$\langle (10) \rangle$ PADDY'S BREW PUB (Brewery)

Kentville and Wolfville $\langle (\mathbf{11}) \rangle$ paddyspub.ca/brewery

Jeremy's What to Try: I'm a big fan of dark beers so Paddy's keeps me happy by constantly experimenting with porters and stouts. Next time you're checking out Wolfville's incredible music scene on a Paddy's Open Mic Monday, order the "Oatmeal Stout" and have a cheers with me. I'll be there.



$\langle \widehat{(12)} \rangle$ MARITIME EXPRESS CIDER CO. (Cidery)

325 Main Street, Kentville

Jeremy's What to Try: How long has Kentville been waiting for this gem?! I brought a group there on a Friday night and the place was absolutely bumping. We were their very first tour and everyone was impressed with the "Train Hopper." It's their tribute to IPA lovers and anyone who has caught a train on

Also on the Map



 $\langle \widehat{\mathbf{14}} \rangle$ bent nail crafted beers (brewery) 4499 NS-14, Windsor

 $\langle \widehat{15} \rangle$ SID'S CIDER (CIDERY) 836 Windsor Back Road, Windsor

 $\langle \widehat{16} \rangle$ Horton Ridge Malt & Grain (Malt House) 2504 Ridge Road, Hortonville

 $\langle (17) \rangle$ Tangled Garden (Liqueurs) 1827 Highway 1, Grand Pré

 $\langle \widehat{18} \rangle$ The church brewing co (brewery) 329 Main Street, Wolfville

 $\langle \widehat{19} \rangle$ Elderkin's Cider Company (Cidery) 10362 Highway 1, Wolfville

 $\langle \widehat{20} \rangle$ bulwark cider (cidery) 7153 Highway 12, New Ross

BOARS BACK CIDER (CIDERY) 2 Crocker Road, Harmony

ANNAPOLIS BREWING COMPANY (BREWERY) Annapolis Royal Farmers Market

ROOF HOUND BREWING CO (BREWERY) 2580 Ridge Rd, Digby

<(24)> LAZY BEAR BREWING (BREWERY) 120 East Old Post Road. Smiths Cove









WAYFARERS' ALE CRAFT BREWERY WINS ANNAPOLIS VALLEY CHAMBER OF COMMERCE VALLEY'S BEST 2019!

The name Wayfarers' Ale is a tribute to an old custom in England where medieval travelers, 'wayfarers' as they were known, would stop at local churches, knock on the door, and be given a small horn of ale and a piece of bread to refresh them along their journey. Well, for two years now, the brewery located next to the historic Port Williams Wharf has been welcoming visitors and making a name for itself far and wide. "A Wayfarer, like a seafarer, is a person who in on a path, ups and downs, hopes and dreams, good and bad times. We are all Wayfarers and our name speaks to who we are, all on a path," explains Christopher Killacky.

Launched back in 2017, the brewery building is the result of the Wayfarers' Ale Society, which was founded in 2012 by a small group of beer enthusiasts interested in taking their interest to the next level. Now the brewery is a new landmark for the area and Wayfarers' has been named among the Valley's Best for 2019. "We chose Port Williams as it's a great place and we love the location," says Killacky "It's central to many of where our Society members live and work. It has a history and it has a maritime past, it speaks of quality and is full of interesting people who all have a story to tell, as do we.'

Their beers, available at the brewery, along with a selection also available at the NSLC, are the result of a lot of experimenting, tasting, and even some reviving of old heritage beer recipes. "As for new brews we are now in partnership with Hennigars for specialty ciders, we have a summer Sour and have just launched our ThistleDew malted beer in the local NSLC's as well as our Classic Hellene, River Hog and Ruby Red," says Killacky. "The Sassy Ginger is amazing but only available at our brewery."

The brewery now includes a retail shop, a deck overlooking the river, and a tap room with kitchen: the perfect spot to cozy up by the woodstove, order a charcuterie board or nachos with your beer, and sit back to watch the tides roll in.

Check out The Grapevine's website for our full interview with Chris Killacky.



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Margaret Drummond's **WORD OF THE ISSUE:**



Foretell the future using a crystal ball or other reflective surface or object.

"The occasion of owls and a demi-lune fog... You thumb your beads. You scry the glass. Night creeps to its precipice."

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NEW MINAS: Boston Pizza, Captain Sub, Irving Big Stop, Jessy's Pizza, Long and McQuade, Milne Court Petro-Canada, Pita Pit, Swiss Chalet

KENTVILLE: Half Acre Café, Jason's Your Independent Grocer, T.A.N. Coffee, Valley Regional Hospital

COLDBROOK: Access Nova Scotia, T.A.N. Coffee, Callister's Country Kitchen, Foodland, Vicki's

MIDDLETON: Library, Angie's,

BERWICK: Driftwood Restaurant

Jonny's Cookhouse, Luigi's Pizza Palace, North Mountain Coffeehouse, Rising Sun Natural Foods, Union Street Café, Wilsons Pharmasave

AYLESFORD: Chisholm's PharmaChoice

KINGSTON: Library, Pharmasave, French Bakery, J&R Pizzeria

GREENWOOD: Country Store, Valley Natural Foods, Tim Hortons, McDonalds, The Mall

Goucher's, Wilmot Frenchy's, Sub Shop

WHO'S WHO: JIMI DOIDGE

Mike Butler

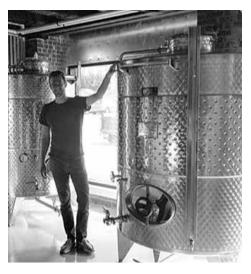
All Aboard the Maritime Express! There's a marvelous new business in Kentville, in case you haven't heard, called Maritime Express Cider Company. Nestled in the newly-renovated space of the historic Cornwallis Inn, where a few new businesses have found their niche (among them Sailor Bup's Barbershop and Phantom Effects Special Effects make-up technicians), Maritime Express has quickly become the go-to place for social engagements and fun with friends in Kentville. Not only is the atmosphere delightful, but the product is top notch as well. And who is one of the people behind it? His name is Jimi Doidge and you're about to meet him!

Jimi grew up in Hamilton, Ontario. He studied television broadcasting and his background is in video editing and production. He worked with a production company in Toronto making mental health documentaries and running their website, but after several years, and a lot of long, dark lonely days in editing rooms, he started to look for a way of branching out. "I have always had an interest in wine and cider making as a hobby," Jimi says, "but I had never really thought of it as a potential career. So I started taking night courses at Niagara College. I kept making cider and doing a lot of online reading until 2016, when we decided to move somewhere different for my wife's work. We chose the Valley and instantly fell in love with the area." And now, (insert drum roll): Jimi is the co-owner and cidermaker at Maritime Express Cider Company, where he keeps himself occupied working fulltime in the cidery that is below their taproom.

Once upon a time, two years ago, when Jimi started to think about doing this, he met Scott Hearn, who coincidentally had been looking to do the same thing. "We quickly realized we had the same vision for what we wanted," he

When asked what makes Maritime Express different from the rest, Jimi says, "I think one of the big things that sets us apart is the building we're in. The Cornwallis Inn was built in 1930 by the Dominion Atlantic Railway as a luxury hotel. At the time no expense was spared, and there are so many interesting features. I am still amazed every time I walk into the taproom and see how cool the space is. Another thing that we do a little differently is that we have something for everyone. Even though we make all the cider here, we also have lots of local beers on tap, as well as local wines and kombucha just in case, for some strange reason, someone doesn't like cider."

Jimi's job is quite complex. He loves working with cider and monitoring the process of fermentation, from fresh apple juice to a finished pint of cider. He loves being in an industry that's so open and supportive, where everyone helps eachother and shares knowledge,



and he loves visiting orchards and presses and learning about interesting apple varieties and flavours. But his absolute favourite thing about the cidery and taproom is getting to meet so many new people every day that come in to try the cider!

When Jimi isn't making his special brew, he enjoys touring the province and trying new beers, ciders, and wine and he loves the local arts and food scene. "I love how supportive everyone is in the craft industry," he says. "The fact that we can open a cidery in a town of 6,000 people is amazing. And the countryside in the Valley is so wonderful; how close everything is, how friendly everyone is. How we can always drive to the ocean in a few minutes. I think the Annapolis Valley is one of Canada's biggest hidden gems. On one hand I want everyone to know how great it is, but on the other hand I want to selfishly keep it a

"We have a lot of future goals for the cidery. I want to make some of my favourite kinds of cider (hopped, spiced, sparkling, iced, etc.), and I want to make lots of seasonal ciders with local fruits and herbs, and I want to make some single variety and heirloom ciders that will really showcase the potential of some of our local apples. I would also love to eventually get into pressing the apples," says Jimi. "As far as business goals, we want to keep growing, and keep getting more creative with our ciders. But I also want to stay small and not get to the point where we become a factory and it stops being fun. As a whole, I hope that Maritime Express, and all the other people making cider here, will continue to grow and help make the Annapolis Valley one of the premier cider destinations in Canada."

Take the time to travel to Kentville, hop aboard Maritime Express Cider Company, say hi to Jimi, and enjoy!

ON THE COVER

Skating outside the Horton Ridge Malt and Grain Company. Located at 2504 Ridge Road in Hortonville, Horton Ridge is Atlantic Canada's first and only commercial malt house.

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Demystifying Cool Climate Chardonnay & Riesling Seminar: March 23 @ Planters Ridge Winery. FEE: \$60 + tax per person. Includes a bottle of wine to take home. Contact the winery for tickets & details. INFO: info@plantersridge.ca

Scottish Country Dance Classes: Monday nights, 7-9pm @ Wilmot Community Centre. Starts March 18 and runs 8 weeks. Instructor: Susan Van Horne. No partner or special attire required. For adults (age 16+). No experience necessary. Learn how to reel and wheel, pousette and allemande. FEE: \$5 per night INFO: 902-765-0906 / 825-4600

Wild Food Foraging: On-Line Course: W/ Angie Oriana Jenkins. Learn how to find, harvest, & process common plants into delectable delights! 7 lessons to be sent out every Monday, April 22-June 3. FEE: \$65 via E-transfer (password: WildFood) INFO: sisterlotus.com

Acadia Community Yoga: W/ Angie Oriana Jenkins. Wed & Fri, 12-1pm in the Wellness/Dance Studio in the Old SUB, Acadia University, Wolfville. Drop in classes, so just show up! FEE: \$5, no charge for Acadia students INFO: Facebook: Acadia Community Yoga

DONATE:

Kings Kikima Grannies: We are collecting FABRIC. YARN, and SEWING NOTIONS for an upcoming fundraising sale on June 1. If you have donations, please call for pickup: 902-542-9848 or 902-701-1480. Also, please save all Yard Sale items to drop off at the Wolfville Lion's Club, May 31, 9am-6pm. Funds raised from the sale support orphaned children's education in Africa.

Craft Supplies: We are collecting donations of any craft supplies (ex. Yarn, fabric, scissors, thread, rulers, craft books/mags, ribbons, knitting needles, crochet hooks, etc. Supplies will be sold at our "Craft Room Clean Out" for \$5/bag, Sat., March 23, 9am-noon @ Berwick Baptist Church. INFO: pokie.sf@gmail.com / 902-300-0074

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TapRoot Farms Summer/Fall CSA: Sign up is now open! Participating in a CSA brings you fresh vegetables, fruit, meat and eggs every week from our hands to yours. Find out more about our different shares options and how to sign up. *INFO*: taprootfarms.ca

Got Mice?: Do you have a MOUSE problem? Or do you have a HOUSE problem? Got Mice Humane Wildlife Services addresses common and uncommon entry points permanently with guaranteed results. Call for a consultation. INFO: 902-974-1223 / GOTMICE.CA

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Seamstress: I have been sewing for about 35 years. I specialize in zipper replacement in any type of jacket. I hem pants, and just about any type of sewing job that comes along. I also handcraft leather handbags. INFO: Sheila, 902-670-0663 / spierik@eastlink.ca

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UPCOMING:

Kings Kikima Grannies Jewelry Sale: Friday, March 22, 9am-4pm @ Wong Centre, Wolfville. Funds raised to help support children in Africa, orphaned by AIDS, being raised by their Grandmothers. Donations of jewelry welcomed. INFO: bacain33@gmail.com

Evergreen Theatre Gala Dinner: March 24, 6pm @ Fire Hall, Margaretsville. Tex-Mex Chicken Medley, or Comforting Chicken Curry. Coffee/Tea & dessert. With your dinner you also get a show at 8pm @ the Evergreen (Bend The River), invitation to 3 (or more) free concerts in 2019, a \$50 tax receipt, and a warm and

EAT TO BEAT

(Schedule subject to change)

THURSDAYS: 7, 14, 21

Troy Restaurant (Wolfville): Steve Lee Duo (7th, 14th) 6:30pm

Spitfire Arms Alehouse (Windsor): Open Jam Session

(7th, 14th, 21st) 7pm

Oaken Barrel Pub (Greenwood): Trivia Night (7th, 14th, 21st) 7pm

Maritime Express Cider Co. (Kentville): Hush (7th), Caleb Miles (14th), The Lewinskies (21st) 7pm

West Side Charlie's (New Minas): Open Jam (7th, 14th, 21st) 8pm

Edible Art Café (New Minas): Marshall Lake (7th, 14th, 21st)

Dooly's (New Minas): Open Mic (7th, 14th, 21st) 8:30pm

Paddy's Pub (Kentville): The Hupman Brothers (7th, 14th, 21st) 9pm

Paddy's Pub (Wolfville): Trivia Night (7th, 14th, 21st) 9pm

The Anvil (Wolfville): Top 40 DJ (7th, 14th, 21st) 10pm

FRIDAYS: 8, 15

Edible Art Cafe (New Minas): Marshall Lake (8th, 15th) 12pm

King's Arms Pub by Lew Murphy's (Kentville): Adam Cameron (8th), Jon Duggan (15th) 5:30pm

Blomidon Inn (Wolfville): Jazz Mannequins (8th, 15th) 6:30pm

Lunn's Mill Beer Co. (Lawrencetown): Live Music w/Zac Miller (8th), Broke w/Money (15th), Hush (22nd) 7pm

Spitfire Arms Alehouse

(Windsor): Mark Riley (8th), The Thorns (15th) 7:30pm

Tommy Guns (Windsor): Karaoke Night (8th, 15th) 8pm

Union Street Café (Berwick): Danny Michel (SOLD OUT), \$20 (8th) 8pm

Dooly's (Greenwood): Karaoke (8th, 15th) 8:30pm

The Anvil (Wolfville): Top 40 DJ (8th, 15th) 10pm

West Side Charlie's (New Minas): DJ Billy T (8th), JSRB Productions (15th) 10pm

SATURDAYS: 9, 16

Edible Art Café (New Minas): Steve Lee (9th) 8pm, Kenny Byrka (16th) 12pm

The Port Pub (Port Williams): David Filyer Duo (9th, 16th) 12:30pm

Horton Ridge Malt House (Grand Pre): Space Paddy Bog People (9th, 16th) 3pm

Oaken Barrel Pub (Greenwood): Tim & Mark (16th) 6pm

Lunn's Mill Beer Co. (Lawrencetown): Dirty 30's Prohibition Party: A Tribute to St. Patrick's Day (16th) 6pm

La Torta Woodfired Pizzeria (Wolfville): Steve Lee Duo (9th, 16th) 6pm

Spitfire Arms Alehouse (Windsor): GuyPaul Thibault (9th), The Island Boys (16th) 7pm

Schoolhouse Brewery

(Windsor): Callehan: Road to St. Paddy's Day Tour (9th), St. Paddy's Day Party w/Luke and Lukas (16th) 8pm

Union Street Café (Berwick): A Tribute to the Great Ladies of Classic Country Music, \$25

(9th) 8pm

Kings Arms Pub by Lew Murphy's (Kentville): PM Blues (9th), Non Refundables (16th) 8:30pm

West Side Charlie's (New Minas): JSRB Productions (9th), DJ Billy T (16th) 10pm

SUNDAYS: 10, 17

Lunn's Mill Beer Co. (Lawrencetown): Live Music Irish Jam (10th), Dulaman in Performance (17th) 1pm-4pm

Paddy's Pub (Wolfville): Irish Session (10th, 17th) 8pm

MONDAYS: 11, 18

Edible Art Café (New Minas): Ron Edmunds & Rod Cann (11th), Jason Dodwell (18th)

Paddy's Pub (Wolfville): Open Mic (11th, 18th) 9pm

TUESDAYS: 12, 19

Edible Art Café (New Minas): Curtis Matheson (12th), Inigo Cuartero (19th) 12pm

TAN Café (Wolfville): Open Mike & Donna (12th, 19th) 7pm

The Port Pub (Port Williams): David Filyer Trio & Open Mic (12th) 7pm

Paddy's Pub (Kentville): Irish Session (12th, 19th) 8pm

WEDNESDAYS: 13, 20

Edible Art Café (New Minas): Mike Aube (13th), Ron Edmunds & Rod Cann (20th) 8pm

West Side Charlie's (New Minas): Karaoke w/Billy T (13th, 20th) 9pm

fuzzy feeling from supporting your community theatre's annual fundraiser. TIX: \$100, dinner & show INFO: evergreentheatre.ca / 902-825-6834

#ScratchFest 2019: April 6-7 @ Acadia University, Wolfville. A weekend Build-a-thon for youth interested in creating amazing original work with digital tech. Over \$500 in prizes to be had! TIX: no charge-\$25 INFO: refreshannapolisvalley.org

Wednesday Lenten Series: Wolfville Baptist Church. Nourish your body and soul with soup and music on Wednesdays, from 11:30am-1pm, March 27-April 10. Contemplative music, 12:15-1pm w/ special guests on the following dates: March 27 - Peter Togni (Organ improvisations); April 3 – Paula Rockwell and Jennifer

King (Mezzo soprano and piano); April 10 - Hazel Walker and Graham Howes (Jazz Duo). Soup and rolls will be provided. TIX: Free will donation appreciated. INFO: 902-542-5524

Opportunity Expo: The Expo (April 17, 10am–3pm @ Louis Millett Complex, New Minas) provides "booths" for employers who are hiring, as well as community organizations providing info and resources relevant to job seekers, those interested in education, skills development, and/or business development. Deadline for a booth: April 5 INFO: peopleworx.ca

BASKERVILLE: A SHERLOCK HOLMES MYSTERY

Mike Butler

Comedic genius playwright Ken Ludwig has been leaving his mark on community theatre here in the Valley, for years! His productions Leading Ladies, The Game's Afoot and The Fox on the Fairway were recently performed to high praise and belly-laughing sold-out audiences through CentreStage in Kentville, who just happen to be finishing their 2019 season with Ludwig's 'Twas The Night Before Christmas this winter. Quick As A Wink Theatre Society in Windsor also produced Leading Ladies a few years ago and it was met with much praise. Now, QAAW is getting ready to give their audiences another hilarious Ludwig hit with Baskerville: A Sherlock Holmes Mystery!

Put your deerstalker cap on because there's a mystery to solve--if you can stop laughing long enough to solve it! Ken Ludwig

transforms Arthur Conan Doyle's classic The Hound of the Baskervilles into a murderously funny adventure. Watch as our intrepid investigators try to escape a dizzying web of clues, silly accents, disguises, and deceit as five actors deftly portray more than forty characters right before your very eyes.

Last year, I was so honoured to be a part of the production of *The 39 Steps*, at CentreStage, which boasts the same feat of acting with four actors playing over 80 characters. The audiences loved the concept of minimal sets but wacky accents and props. Baskerville is sure to tickle your funny bone and wow you with its presentation!

Baskerville is directed by David Myles, who was half the dynamic directing duo who gave

us the QAAW production of Agatha Christie's *The Mousetrap* in the spring of 2018. Following that hit show, Dave took on producing and board of directors duties until Baskerville crept up and he couldn't say no! Dave is extremely excited to show off his talented cast of actors and the wonderful show they've put together. The production features local talent and returning Quick As A Wink actors, including Andy Ashdown, Isaac McWhinnie, Naomi Hammond, Frieden Gilbert, and 2018 Winkie Award winner Lilly Ashdown.

Shows will take place at Fountain Performing Arts Centre of King's-Edgehill School in Windsor, March 15, 16, 22, and 23, at 7:00pm, with special matinees on March 16, 17 and 23 at 2pm. Tickets can be purchased online at QAAW.ca or by visiting The Spoke and Note in Windsor and The Box of Delights Book Shop in Wolfville.

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© 2019 Rob Brezsny • freewillastrology.com • Horoscopes for the week of March 7th

ARIES (March 21-April 19): Genius inventor Thomas Edison rebelled against sleep, which he regarded as wasteful. He tried to limit his time in bed to four hours per night so he would have more time to work during his waking hours. Genius scientist Albert Einstein had a different approach. He preferred ten hours of sleep per night, and liked to steal naps during the day, too. In my astrological opinion, Aries, you're in a phase when it makes more sense to imitate Einstein than Edison. Important learning and transformation are happening in your dreams. Give your nightly adventures maximum opportunity to work their magic in your behalf.

TAURUS (April 20-May 20): The Danish flag has a red background emblazoned with an asymmetrical white cross. It was a national symbol of power as early as the fourteenth century, and may have first emerged during a critical military struggle that established the Danish empire in 1219. No other country in the world has a flag with such an ancient origin. But if Denmark's Prime Minister Lars Løkke Rasmussen, who's a Taurus, came to me and asked me for advice, I would urge him to break with custom and design a new flag—maybe something with a spiral rainbow or a psychedelic tree. I'll suggest an even more expansive idea to you, Taurus: create fresh traditions in every area of your life!

GEMINI (May 21-June 20): On June 7, 1988, Gemini musician Bob Dylan launched what has come to be known as the Never Ending Tour. It's still going. In the past 30+ years, he has performed almost 3,000 shows on every continent except Antarctica. In 2018 alone, at the age of 77, he did 84 gigs. He's living proof that not every Gemini is flaky and averse to commitment. Even if you yourself have flirted with flightiness in the past, I doubt you will do so in the next five weeks. On the contrary. I expect you'll be a paragon of persistence, doggedness, and stamina.

CANCER (June 21-July 22): The otters at a marine park in Miura City, Japan are friendly to human visitors. There are holes in the glass walls of their enclosures through which they reach out to shake people's hands with their webbed paws. I think you need experiences akin to that in the coming weeks. Your mental and spiritual health will thrive to the degree that you seek closer contact with animals. It's a favorable time to nurture your instinctual intelligence and absorb influences from the natural world. For extra credit, tune in to and celebrate your own animal qualities.

LEO (July 23-Aug. 22): Between 1977 and 1992, civil war raged in Mozambique. Combatants planted thousands of land mines that have remained dangerous long after the conflict ended. In recent years, a new ally has emerged in the quest to address the problem: rats that are trained to find the hidden explosives so that human colleagues can defuse them. The expert sniffers don't weigh enough to detonate the mines, so they're ideal to play the role of saviors. I foresee a metaphorically comparable development in your future, Leo. You'll get help and support from a surprising or seemingly unlikely source.

VIRGO (Aug. 23-Sept. 22): Imagine a stairway that leads nowhere; as you ascend, you realize that at the top is not a door or a hallway, but a wall. I suspect that lately you may have been dealing with a metaphorical version of an anomaly like this. But I also predict that in the coming weeks some magic will transpire that will change everything. It's like you'll find a button on the wall that when pushed opens a previously imperceptible door. Somehow, you'll gain entrance through an apparent obstruction.

LIBRA (Sept. 23-Oct. 22): Not all of the classic works of great literature are entertaining. According to one survey of editors, writers, and librarians, Goethe's Faust, Melville's Moby Dick, and Cervantes' Don Quixote are among the most boring masterpieces ever written. But most experts agree that they're still valuable to read. In that spirit, and in accordance with astrological omens, I urge you to commune with other dull

but meaningful things. Seek out low-key but rich offerings. Be aware that unexciting people and situations may offer clues and catalysts that you need

SCORPIO (Oct. 23-Nov. 21): Many of you Scorpios regard secrecy as a skill worth cultivating. It serves your urge to gather and manage power. You're aware that information is a valuable commodity, so you guard it carefully and share it sparingly. This predilection sometimes makes you seem understated, even shy. Your hesitancy to express too much of your knowledge and feelings may influence people to underestimate the intensity that seethes within you. Having said all that, I'll now predict that you'll show the world who you are with more dazzle and flamboyance in the coming weeks. It'll be interesting to see how you do that as you also try to heed your rule that information is power.

SAGITTARIUS (*Nov. 22-Dec. 21*): Sagittarian actress and producer Deborra-Lee Furness has been married to megastar actor Hugh Jackman for 23 years. Their wedding rings are inscribed with a motto that blends Sanskrit and English, "Om paramar to the mainamar." Hugh and Deborah-Lee say it means "we dedicate our union to a greater source." In resonance with current astrological omens, I invite you to engage in a similar gesture with an important person in your life. Now is a marvelous time to deepen and sanctify your relationship by pledging yourselves to a higher purpose or beautiful collaboration or sublime mutual guest.

CAPRICORN (Dec. 22-Jan. 19): In 1997, a supercomputer named Deep Blue won six chess matches against Chess Grand Master Gary Kasparov. In 2016, an Artificial Intelligence called AlphaGo squared off against human champion Lee Sodol in a best-of-five series of the Chinese board game Go. AlphaGo crushed Sodol, four games to one. But there is at least one cerebral game in which human intelligence still reigns supreme: the card game known as bridge. No AI has as yet beat the best bridge players. I bring this to your attention, Capricorn, because I am sure that in the coming weeks, no AI could out-think and outstrategize you as you navigate your way through life's tests and challenges. You'll be smarter than ever. P.S.: I'm guessing your acumen will be extra soulful, as well.

AQUARIUS (Jan. 20-Feb. 18): At regular intervals, a hot stream of boiling water shoots up out of the earth and into the sky in Wyoming's Yellowstone National Park. It's a geyser called Old Faithful. The steamy surge can reach a height of 185 feet and last for five minutes. When white settlers first discovered this natural phenomenon in the nineteenth century, some of them used it as a laundry. Between blasts, they'd place their dirty clothes in Old Faithful's aperture. When the scalding flare erupted, it provided all the necessary cleansing. I'd love to see you attempt a metaphorically similar feat, Aquarius: harness a natural force for a practical purpose, or a primal power for an earthy task.

PISCES (Feb. 19-March 20): Who was the model for Leonardo da Vinci's iconic painting Mona Lisa? Many scholars think it was Italian noblewoman Lisa del Giocondo. Leonardo wanted her to feel comfortable during the long hours she sat for him, so he hired musicians to play for her and people with mellifluous voices to read her stories. He built a musical fountain for her to gaze upon and a white Persian cat to cuddle. If it were within my power, I would arrange something similar for you in the coming weeks. Why? Because I'd love to see you be calmed and soothed for a concentrated period of time; to feel perfectly at ease, at home in the world, surrounded by beautiful influences you love. In my opinion, you need and deserve such a break from the everyday frenzy.

Homework: Think of the last person you cursed, if only with a hateful thought if not an actual spell. Now send them a freehearted blessing.

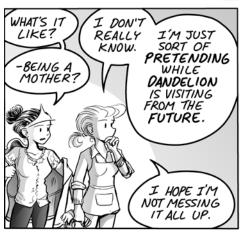






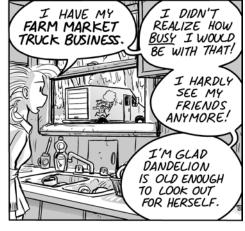








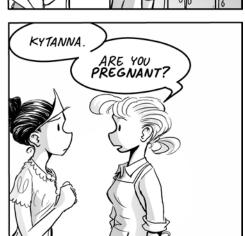












A NEW CHAPTER FOR SEA LEVEL BREWING

Emily Leeson

Since 2007, Sea Level Brewing Company has been brewing beer in Port Williams. As the first microbrewery in the Annapolis Valley, the brewery and its owner and Brewmaster Randy Lawrence helped to establish this region as a hub for passionate microbreweries dedicated to handcrafted products.

Sea Level is now about to embark on a new adventure. The Harvies (Carolyn, Matt, Nicole and Lucas) are the new owners of Sea Level Brewing. Hailing from Sheffield Mills, the family will be building a new home for Sea Level Brewery, and their sister endeavour, Millstone Harvest Brewhouse, in that community. The new 5000 square feet brewery space will also include a tasting and tap room. The business will be able to double its brewing capacity and expand the beers offered for sale in the NSLC. "The new location will offer tastings, tours, and group experiences similar to what one could experience at a local winery," says Harvie.

Sheffield Mills is also home to Brewmaster Randy Lawrence, and the site is already lending itself to more creative exploration for the team. "The new building project is being built in the middle of a raspberry field operated by MacBerry Farms. MacBerry currently leases this land," says Harvie. "They also have Artic Kiwi in production at this location. Sea Level Brewing is having discussions with MacBerry about a possible raspberry/kiwi specialty beer offering, so stay tuned for more on that."

The Harvies own approximately 170 acres in the community and last year they introduced barley into their rotation of corn, wheat, and soybeans with the ambition of bringing more local ingredients into their brews, and becoming the province's first "estate brewery."

"Hops have been grown on the family farm for many years and have been used in Sea Level beers the whole time," says Harvie. "We increased our hop plantings last year with plans to introduce more hop varieties again this year. FundyHops have provided root stock and invaluable guidance in our production expansion plans."

This year, the acreage devoted to barley will be increased, as the first crop was already a success."This malting barley is already being used in all of the beers being brewed at Sea Level and were first introduced starting in late 2018," says Harvie.

Meanwhile, the Port Williams location will be retained as 'a pilot brewery'. "This pilot brewery will allow us to do small batch, experimental brews which we could then transition into larger scale production offerings at the larger Sheffield Mills brewing space," explains Harvie.

"A very important part of this new project is that we will finally be able to offer our beers for tasting and enjoying on site in an environment where we can interact with them on a personal level," says Harvie.

"The ability to have a family-owned and operated business supporting local products and local farms is something we can truly be proud of," she says.

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TIME FOR CHANGE

A new era for Humanity



Sunday March 24th 4PM



Acadia Cinema 450 Main St Wolfville Studio Z

Never has the need for change been so critical for the future of humanity and the planet People everywhere experience the collapse of the old order. As we transit into the new energetic Age of Aquarius, our most advanced planetary teachers are returning among us to offer their energy and insight in our task of restoring our Planet and building a new civilization based on justice, cooperation and unity

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SCHOOLHOUSE: STORY BEHIND THE BEER

In celebration of our Local Libations issue, we asked Schoolhouse's Cameron Hartley to walk us through the creation of one of the Windsor brewery's signature creations.

The Beer: Chequers Porter, first brewed

The Grapevine (GV): What's the story behind the beer? How did the flavour concept come

Cameron Hartley (CH): I was aiming to brew a delicious dark beer that did not feel too "heavy".

GV: Who named it and why? Do you use any special ingredients?

CH: I named this beer as a tribute to my great-great-grandfather's pub in Kent, England, The Chequers Inn, where he brewed the beer. The Chequers was originally built in 1137 as a manor house, and has been an inn since 1414. It still operates to this day. Kent was an agricultural area that was especially known for its hops, specifically East Kent Goldings, that are widely used today. The obvious choice of hops for this beer was East Kent Goldings, which give this porter a very traditional earthy-bitter flavour typical of English Porters.

GV: Who did the bottle or can design, and what were you looking for in that?

CM: The bottle design, of course, had to pay tribute to the Chequers Inn which is still operating in the small town of Lamberhurst in Kent England. The artwork was done by Eric Miller a Halifax artist who does all of our labels. We will have the Chequers available in cans later this year.

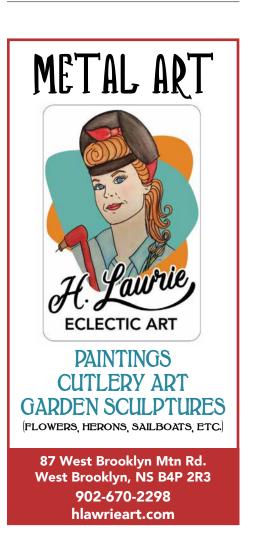
GV: When was it first available to buy? **CH:** The Chequers was one of the first two beers that started the brewery in June 2014.

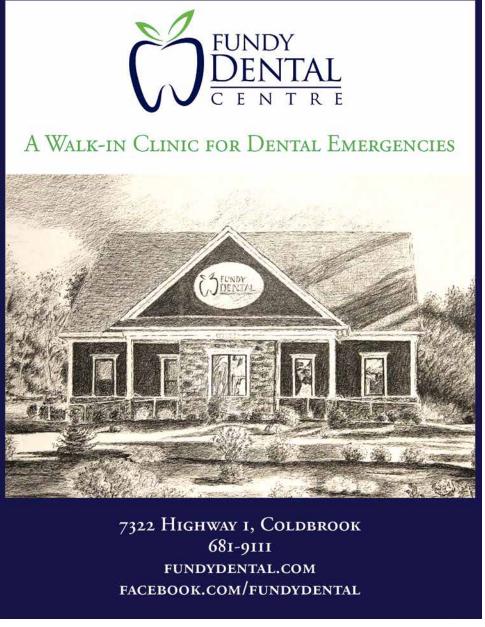
GV: What's the flavour profile?

CH: The complex malt character of this beer brings out different flavours for different people. Typical flavors that people get are chocolate and coffee. With a great "roasty" background.

GV: What is it nicely paired with? CH: Cool evenings, hearty meat dishes, choco-





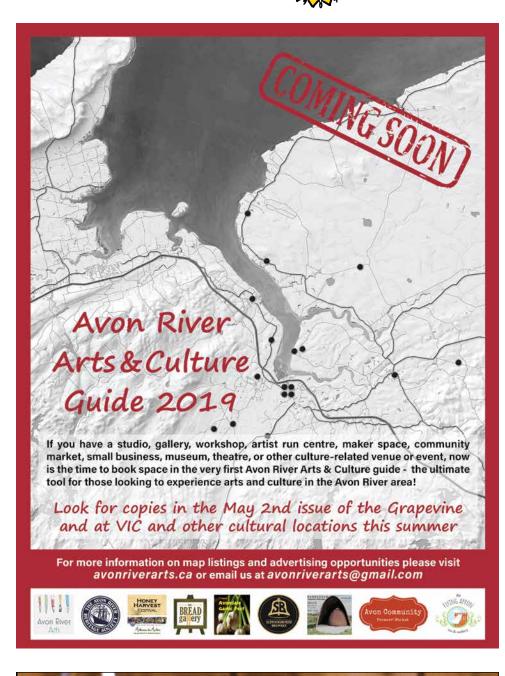


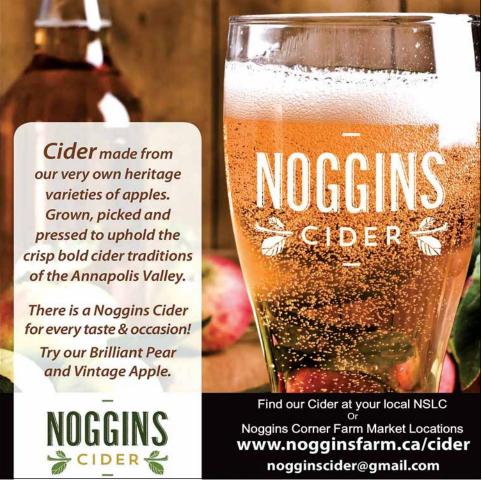




evelyncourt@bellaliant.net

This page brought to you by LOCAVORE Wolfville Farmers' Market





RECIPE: Better Donairs

Jenny Osburn | The Union Street Cafe Cookbook | www.jennyosburn.com

Fellow Nova Scotians and donair lovers around the globe, I give you a donair for the days ahead! For nigh is the time when we turn our attention to the impact our food choices make on health, both ours and the planet's. But we will not suffer as we smarten up, no, we will find ways to turn our appetite for too much sugar, refined starch, meat, and highly-processed "food" into a desire for deliciousness made by humans, maybe even someone we know. Someone like ourselves.

I haven't yet tested whether you can make a delicious donair without any meat at all, but here is a recipe that incorporates healthy, good-for-you lentils without anyone noticing. There is also the option to lighten up the sickly sweet (but seriously addictive) classic donair sauce with a little yogurt, which will also fly under the radar of most donair lovers. If donair sauce isn't your thing, or you are ready to say goodbye to the sugar entirely, serve these with a sauce made of half mayo and half yogurt with a clove or two of garlic grated in.

Better Donairs

Start the day before you plan to serve the donairs for the easiest slicing!

- 1 C dried green or brown lentils1 lb. ground beef (not too lean, grass-fed if you can find it!)
- 2 tsp salt
- 4 tsp dried oregano
- 8 cloves grated garlic
- 1/2 C grated onion
- 2 tsp black pepper
- 2 tsp paprika
- 1/2 tsp cayenne pepper
- 2 tsp flour (you can omit this for a gluten-free version)

For the donair sauce:

- 1 can (300 ml) sweetened condensed milk
- ½ C vinegar
- 2 cloves garlic
- ½ tsp salt
- 1 cup plain yogurt, optional

- 2 Tbsp sunflower oil
- 10 whole wheat pitas
- 2 tomatoes, diced • 1 onion, diced

Preheat the oven to 350°. In a medium saucepan, place the lentils and enough water to cover by 2 inches. Bring to a boil, then reduce the heat to low and simmer for 25 minutes, until very tender. Drain and let cool a bit, then process to a paste in the food processor.

Combine the lentil paste, ground beef, salt, oregano, garlic, onion, black pepper, paprika, cayenne pepper, and flour in a large bowl or in the bowl of a stand mixer. If using a mixer, mix with the paddle attachment on medium speed for two minutes, until the mixture is sticky. If mixing by hand, knead together well, then forcefully throw the ball of meat back into the bowl about 30 times, until sticky and cohesive.

With wet hands, shape the meat mixture into a log roughly 3 inches wide and 12 inches long. Place it on a baking sheet and bake for about 30 minutes, until a meat thermometer inserted into the centre of the log reads at least 165°.

Let cool and refrigerate for a few hours or overnight.

For the donair sauce, whisk the sweetened condensed milk, vinegar, garlic and salt until well-combined. Whisk in the optional yogurt (if using).

When ready to serve, slice the donair meat as thinly as possible. Heat a large pan over medium heat and add one tablespoon of the oil. Add the sliced donair meat and heat, flipping the slices gently until they are warmed throughout. Remove the meat to a plate and keep warm.

Warm the pitas one by one in a lightly oiled frying pan on high heat for 30 seconds or so and pile them as you go to keep warm. Top the pitas with the sauce, donair meat, tomatoes and onions, and enjoy!

Jenny Osburn is the author of The Union Street Café Cookbook. Her second collaboration with Laura MacDonald of Deep Hollow Print, The Kitchen Party Cookbook, is now available! Find more recipes at jennyosburn.com and see what she's up to on instagram at jenny.osburn



Sea Level Brewing is happy to announce that in the summer of 2019 we will be opening our new brewery and tap room in Sheffield Mills.

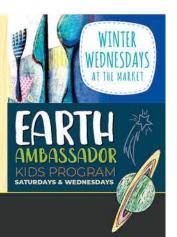
Follow our building progress on our Facebook and Instagram pages @sealevelbrewing.

Look for our Blue Heron ESB. now in local NSLC stores and in our retail store in Port Williams.

BREWING SINCE 2007











Left to right: Scott Campbell, Mike Rudd, Adam Smith and June Pardy

DINNER OUT: THAI MEMORY IN AYLESFORD

Scott Campbell

This restaurant is very well-named because I guarantee, once you've been to Thai Memory, you will never forget it. What a fantastic restaurant. The décor is rich and colourful and aptly reflects the food that is served there. Owners Pat and Tun are as warm and welcoming as their restaurant, and Pat is also a talented photographer. Simply ask and he'll happily capture a moment of your dining experience on his camera and email you the photo. As great as that is, let me tell you about the food. We ordered several dishes and the four of us ate family style. I think this is the best way to sample as many of the delicious Thai dishes as possible.

Some of our group started with appetizers - the deep fried spring rolls and a couple of the soups. The spring rolls came alongside sweet and sour chili sauce. The piping hot spring rolls were crispy outside and juicy and brimming with flavour inside. The sweet chili sauce was the perfect dip to go with them. We also tried the won ton with shrimp and pork. This was chock-full of fresh vegetables and meat all sitting in a steaming delicious broth. The won ton soup was a special appetizer that day and we just happened to be there when it was available. Lucky us. We also had the tom yum soup. This rich soup featured chicken, Thai herbs, mushroom, tomato and coriander. The velvety spiciness of the soup was a great starter for the rich meals to follow.

We tried the gaaeng khiaao wann (green curry). Everyone in our party have pretty travelled palates so we were okay with the level of spiciness in this dish. None of us found it too spicy at all. I was a little cautious when ordering because I didn't want too much heat but none of the

dishes we tried were uncomfortably spicy. In fact they were all perfectly spiced with just enough heat to really make the flavours burst. Our curry was prepared with chicken, zucchini, bamboo shoots, bell pepper, lime leaves, and Thai sweet basil. We ordered jasmine rice (which I would suggest you get to accompany all your dishes) to go with the curry and it was spectacular.

Next up was the guay tiaao pad kee mao (stirfried rice noodles). This was easily one of my favourite dishes of the table. Again, spiced to perfection and noodles done perfectly. The rich flavours all seemed to come together to create a mouth-watering medley of chicken, bell peppers, peppercorns, kra-chay roots, Thai basil & fresh chilies. You really need to try this one if you haven't yet.

We also tried gaaeng Panang (Panang curry). I have to admit - I'm not sure how they created the flavours that were brimming from this dish but I am really glad they did. The peanut flavour is the more forward of the dish but it's quickly followed by a rush of other delicious tastes (bell peppers, lime leaves, etc.). Again, this is something I would heartily endorse as a selection.

Thai Memory offers incredible eat-in dining but also take-out and catering. They are located in Aylesford and, believe me, if you don't live in Aylesford, it's well worth the short drive to have some of the best Thai food I've ever tasted. Cheers.



Follow Scott on Twitter or Instagram @ScottsGrapevine

UNCOMMON COMMON ART IS TURNING THINGS AROUND IN 2019

Terry Havlos Drahos

Everything Uncommon Common Art does falls in two categories: public art and art education. For the past 11 years we have spent roughly 75% of our time and resources on presenting public art and 25% on delivering art education. This year we are switching things around, concentrating the majority of our efforts on art education and presenting a condensed public art exhibit.

Designing, managing, and financing a county-wide art project is a huge undertaking. Offering free access, as UCA does, makes our finances even more precarious because we do not sell tickets, and therefore don't have a built-in revenue stream. In preparing finances for our 2019 season UCA, complications related to grants resulted in securing only 10% of what the exhibit costs. The bright side is that our education funding is secure and growing. So, we are shifting our efforts to match our finances.

UCA picked five exciting and interactive artworks that can be visited throughout the summer. Our 2019 exhibit will take place in the town of Wolfville from June through October. Wolfville was selected as the location because the town consistently supports UCA with long-term funding.

Shifting our focus to art education, we will double our school program from 40 to 80 classroom visits. We have also expanded our programming to include art with seniors through a pilot program at Wickwire Place Assisted Living Residence. These new and increased programs will be added to our regular schedule of an artist in residence program, a silkscreening opening event in June,

artist talks in July, Art in the Garden Camp in July and August, and artist workshops in September.

The UCA board of directors, creative director, and curator are working on designing, managing, and financing a spectacular exhibit that will make 2020 worth the wait. In the meantime, UCA is doing what they do best, coming up with new ways to engage the community through public art. Keep an eye out for ephemeral art, and don't miss what we have planned for the Apple Blossom Parade.



For more information about supporting Uncommon Common Art, visit uncommoncommonart.com, or purchase a unique artwork from one of their four Eye Candy Machines. Machines can be found in Wolfville in the Acadia Cinema lobby and at the Box of Delights Bookstore, in Kentville at Hardware Gallery, and in Halifax at the Designer Craft Store on Marginal Street.



Want to talk about Cohousing?



Seniors and successful aging

Social health, sustainable living

Neighbours, caring and sharing

Family needs - housing, support, community

N.S. Seniors thrive in lively positive social environments...

Wouldn't you?

Join the Discussion Taking Charge of YOUR FUTURE

March 24,1-3 pm Super 8 Motel 63 Cole Street Windsor

Contact 902-792-8303

WINDSOR'S COHOUSING MEMBERS are sponsoring this series of meeting and workshops to enhance your options and to tell you about Windsor Cohousing plans.

The GLA:D™ Canada Program: What is it?

GLA:D™ Canada is an 8-week education and exercise program for those with stiff and/or painful knees and/or hips, or those with knee and/or hip osteoarthritis. Research from GLA:D® in Denmark shows participants report less pain, reduced use of pain killers, fewer individuals on sick leave, and being more physically active.

GLA:D™ CANADA IS MADE UP OF 3 PARTS:





2 or 3 90-minute education sessions will teach GLA:D™ Canada participants about:

· What is osteoarthritis, risk factors and symptoms

2-3 Education Sessions

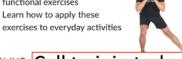
- · Current available treatment for osteoarthritis
- · How to self-manage your symptoms
- Why and how exercise can help with your osteoarthritis
- · How to cope with the difficulties of daily activities associated with osteoarthritis



12 Neuromuscular Exercise

60 minute group exercise sessions twice a week for 6 weeks led by a certified therapist. You will:

- · Learn how to control your movements and proper posture
- · Build muscular strength through
- functional exercises · Learn how to apply these



JULIE SKALING Call to join today!

Data Collection for Quality Monitoring (902) 678-3422

The program measures how you're doing at your first visit, 3 and 12 months after you have started the program. This information will help us monitor how the program is working for people with osteoarthritis all over Canada and ultimately will help us improve the program.



Visit gladcanada.ca for more information.





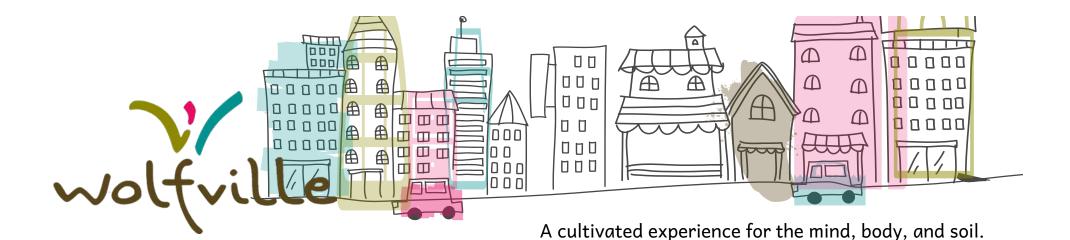












Employment Opportunity: CLIMATE CHANGE & ENERGY COORDINATOR

The Town of Wolfville is hiring a full-time (2-year term) Climate Change & Energy Coordinator with funding secured through the Federation of Canadian Municipalities (FCM). Reporting to the Director of Planning & Development, the successful candidate will focus on the planning and implementation of municipal climate change and energy priorities in a vibrant university town located in the beautiful Annapolis Valley. A primary responsibility of the successful applicant will be working on the development and implementation of the Town's GHG emissions reductions plan and advancing the Town's position in the Partners for Climate Protection Program.

Additionally, the Climate Change & Energy Coordinator will contribute to the development and implementation of municipal operational and institutional changes that will lead to operational savings and the reduction of GHG emissions. This individual may also be responsible for broader capacity-building and knowledge-sharing activities which could include community consultations or educational work during one of the Town's many public events.

Under a shared service agreement, the successful candidate will also provide services pertaining to GHG emissions reduction, approximately 1 day/week, to the Town of Windsor.

Candidates must have a university degree in engineering, environmental science, environmental studies, geography, urban planning or equivalent. Other relevant training and at least 1 or 2 years of experience would be considered valuable assets.

The position requires 35 hours per week, some of which will be in the evenings to provide meeting support. A valid driver's license is required.

Applications will be accepted up until Monday, March 11th, 2019 at 4:30 pm by email to jcollicutt@wolfville.ca.

A full job description is available upon request. More information on the Town of Wolfville can be found at www.wolfville.ca.

We thank all candidates for their interest; however only those under consideration will be contacted.

Road Work for Summer 2019

Please check our site over the next few months for our annual tenders for Line Marking, Asphalt Repairs and Sanitary & Storm Flushing.

Residents can expect work on the following streets this year:



Complete street reconstruction with new underground infrastructure, new asphalt, concrete curb & gutter and new concrete sidewalk on the west side of the street.



Complete street reconstruction with new underground infrastructure, new asphalt, concrete curb & gutter and new concrete sidewalk on the east side of the street.



Complete street reconstruction with new sanitary infrastructure, new asphalt, new concrete curb and gutter.

REMINDER ABOUT DOG TAGS

Don't forget to stop by Town Hall to register your pet and collect your animal tags for 2019. Reminder letters have been sent out to residents.











- 11-MAR: 4:30 pm Accessibility Advisory
- 12-MAR: 6:00 pmPIM: 249 Main Street
- 19-MAR: 10:00 am
 RCMP Advisory Board
- 19-MAR: 5:00 pm
 PIM: Whispering Creek D.A
- 19-MAR: 6:00 pmPublic Hearing: 10 Harbourside
- 19-MAR: 6:30 pm
 Town Council Meeting
- Planning Advisory Committee TBD: Please check our site.
- 02-APR: 8:30 am
 Committee of the Whole
- 08-APR: 4:30 pm Accessibility Advisory





HONOURING CELTIC TRADITION WITH LOCAL MATERIALS

Anna Horsnell

Judith Smith's Celtic Goddess Jewellery is an expression of joy. A joyful passion she first discovered 23 years ago when she began studying Celtic spirituality. Judith was born in Windsor where her family has lived for seven generations. Thirty years ago she moved to Wolfville and worked as an assistant loans officer until a sudden environmental illness forced her into early retirement. It was a time to rethink her life, and her doctor recommended a book that might help. That book was Anam Cara, a classic of Celtic wisdom by the Irish author John O'Donohue.

Judith felt like she had come home, immediately identifying with the ancient traditions and the interconnectivity of life. In a wonderful twist, the sensitivity that led to her illness also put Judith in tune with nature, which is a cornerstone of Celtic tradition. She immersed herself in extensive studies and as her knowledge grew over the years, she began to write and teach others. Today, Judith continues to teach and also does Celtic tarot card readings. As she explains, "this is my life. Celtic spirituality is a lifestyle and I live it."

About fifteen years ago, Judith was inspired to create Celtic jewellery and, admirably, taught herself the necessary skills. She honours the traditional Celtic patterns in her design work and assembles the jewellery using quality metals and precious stones including agates from the Bay of Fundy shore.

Each piece of jewellery comes with a card describing the story behind the design. Many of her necklaces and earrings feature traditional designs such as the triquetra, or trinity knot, a symbol for the triple aspects of the Celtic Goddess of maiden, mother, and crone. Another favourite is the Celtic cross, representing the four natural elements of earth, air, water, and fire. Judith also hand weaves delicate silver wires to adorn certain pieces, or to create fundamental elements like the tree of life, which she then wraps around a carefully chosen gemstone. A variety of dainty rings feature pastel stones in pink and blue reminiscent of Easter eggs. These are a reference to the Celtic Goddess Eostre, the goddess of spring, of renewal and fertility. Nothing in these designs is by accident. This is



jewellery born of ancient wisdom and tradition. In Judith's words, "I design jewellery that expresses balance and harmony. It is always a surprise to find beauty while blending nature and Celtic symbolism with bold or subtle colour."

Judith smiles at the mention of Saint Patrick's Day. The much-celebrated holiday has a strange and complicated history. A boy from Britain kidnapped and sold into slavery in Ireland, escapes and later returns to bring Christianity to the Pagan Celts. Most people know that Saint Patrick drove the snakes from Ireland. The snakes however were not literal snakes, but a symbol for Pagans, specifically the Celts. In any case, the holiday today celebrates all things Irish, and that includes many a Celtic tradition.



Judith's Celtic Goddess Jewellery is available at the North Mountain Market in Harbourville every Saturday from June to October. On March 6 and 20, Judith will also be at the Kentville Farmer's Market, and on April 6 at the Wolfville Legion Craft Fair. Those interested in learning more about Celtic spirituality or her jewellery are welcome to email Judith at judiths@ ns.sympatico.ca.

FEATUREPRENEUR

THE RESURRECTION OF A GATHERING PLACE

Genevieve Allen Hearn

A restaurant. A brewery. An event space. The Church Brewing Company, located in the former St. Andrew's United Church in Wolfville, has a lot on their plate. Since opening their doors in January, the space has been packed with locals and visitors alike, checking out what this new hot spot has to offer: spectacular live music events, a curated craft beer/cider line-up on tap, and mouth-watering dishes executed by former Gio chef, Vince Scigliano. The Grapevine asked the founders a few questions about opening this ambitious business.

The Grapevine (GV): Why did you choose the former United Church as the location for your restaurant and brewery?

Church Brewing (CB): The idea stemmed from us wishing to move home to Nova Scotia from Calgary. We needed a change of pace, to improve our quality of life, and ultimately to be closer to family. We have a passion for craft beer and thought, why not open a craft brewery? Recognizing that many beautiful and historic churches across the province were being repurposed or left vacant, we wanted to resurrect one more. The Church Brewing Company existed in concept before we even had a church! The property is now owned by two Nova Scotian families: Matthew & Erin Haysom and Steve Haysom: SMU and Acadia Alumni. When Steve and Matt's mother, Barbara Haysom, found the stone church we all knew it was right. Originally designed by Andrew Cobb, and built in 1914, it is a historically important piece of architecture with significant meaning to the community and this has inspired us during the restoration and renovation process. We continue to hear from community members about the special memories the church holds for them, and we feel successful in creating a welcoming and comfortable destination for local food and craft beer enthusiasts.

GV: Do you have any highlights of your business so far?

CB: The warm welcome we received when we opened our doors, and the love we have felt from the community, was even more than we had hoped for. The atmosphere, the menu, and the craft beer on tap have been well-received by our customers. Our restaurant menu has been carefully curated by our restaurant manager, Brendan Nichol, and our head chef,

Vince Scigliano. We feel they've done an excellent job building relationships with farmers and sourcing local ingredients. Together they have created a menu that is a little different from your standard pub-fare. We are all very excited to open our brewery, and we look forward to showcasing the beer our brewmaster, Andrew Bartle, creates.

GV: You've got some great local cider and beer on tap, but nothing from Church Brewery yet. When do you expect to have your own beer available? **CB:** We are lucky to have such an abundance of talented makers and crafters right here in our own backyard. These partnerships are truly what makes this craft beverage industry so vibrant. Even after we have our own beer, we will continue to support and showcase other great producers. Our best estimate would be late spring or early summer to have our own beers to share. We are working diligently to get brewing as quickly as possible without risking safety or quality. Ultimately, the beer will let us know when it's ready to serve. We are extremely passionate about quality beer brewed with flavour, personality, and purpose. Our initial line-up of beers has deep roots in tradition.

GV: Any insight into where you think the craft industry is headed in the Annapolis Valley? Do we still have room to grow?

CB: It gives us goosebumps thinking about the growth potential of the craft industry on the East Coast. Breweries are expanding, moving into bigger buildings, reaching beer fans all around the world, and putting a spotlight on Nova Scotia. We're also seeing the indirect jobs the beverage industry creates, like local malt houses, hop farms, and even manufacturers of foeders (wooden barrels for fermentation). This industry is creating jobs for young people and specialized skills that can help create long-lasting careers. Craft breweries only make up 5-6% of Nova Scotia beer sales, so there is room for many new breweries, and for existing breweries to grow. As brewers, we are stronger together. It's important to build relationships as we all help each other achieve our goals and raise the bar.



For more information visit churchbrewing.ca.

BARRELLING TIDE BRINGS HOME THE GOLD!

Barrelling Tide Distillery, located in Port Williams, has won ten medals in the Canadian Artisan Spirit Competition, Canada's only national spirit competition reserved exclusively for micro-distilleries. Sixty-nine distilleries from across the country participated in this year's awards, held in Vancouver, BC. Each spirit goes through a blind tasting panel that is made up of judges from across the country.

Medals won include Gold with Distinction and Best in Class for the distillery's 5 Fathom Dark Rum and Gold with Distinction for their Tide Gin, Raspberry Liqueur, and Cherry Liqueur.

"We are again honoured to have won 10 medals in the 2019 Canadian Artisan Spirit Competition" said Russell and Colleen Murphy, owners of Barrelling Tide Distillery. "Since opening our distillery in the spring of 2016, this continued recognition validates our commitment to the quality of our products. We feel very privileged to be recognized in the company of such incredible distilleries in Nova Scotia and across Canada."

Barrelling Tide Distillery is located in the heart of the Annapolis Valley, on the Cornwallis River.

HILL'S GRILLS BOOK LAUNCH

Hillary Webb had always dreamed of opening her own cafe: one with original recipes and whose business supported local vendors, all the while creating a sense of community between her team and the customers they served. After years of planning, the end result was a smashing success and the award-winning Hill's Grills Panini Press & Tea House went on to become a staple in the community of Kentville. After closing the shop to pursue other dreams, Hillary decided to mark another one off of the bucket list: a cookbook to share her love of cooking and years of experimentation with the community who supported her. The end result is A Kentville Kitchen: The Hill's Grills Collection of Recipes. Featuring over 30 recipes that made her customers salivate, including her famous peanut-butter oatcakes, Thai peanut sauce (for the Thai chicken panini),

and an entire section dedicated to keto and low-carb customers, along with many gluten-free, vegan, and nut-free recipes, the cookbook includes something for everyone.

Join Hillary at the Hardware Gallery, 36 Cornwallis Street in Kentville, on March 14 at 7pm for a book launch party! Nibbles and light refreshments from featured recipes in the cookbook will be provided, the cook book will be available for sale, and Hillary will also be signing books between 7:30-8:00pm. Books will also be available for purchase online at hillsgrills.ca and various locations throughout the Valley, including Box of Delights Bookshop in Wolfville, David's Eyewear in Kentville, and Absolutely Fabulous in New Minas.



Eastern Kings Memorial Health Foundation

"Supporting healthier communities through giving," with over \$3 Million granted to health-related projects in Eastern Kings County since 1997.

From the **December 2018** Grant Period, the EKM Health Foundation has approved health-related projects totaling \$76,225.00 for 9 local organizations. The following is a list of grants awarded:

Dishwasher – Port Williams Dishwasher - Wolfville EKMCHC – December 2018 **Extrication Equipment Upgrade** Glooscap Arena Room Upgrade

Inroads Program Meeting Room Furniture Respirators/Ventilators Supporting SOUP in Canning

Port Williams United Baptist Church Anglican Church, Wolfville EKM Community Health Centre **Greenwich Fire Commissioners** Canning & District Recreation Comm. Brain Injury Association, Valley Chapter Wolfville Baptist Church

Valley Regional Hospital Foundation Canning Area Food Bank

The deadline for the next round of grant applications is 4:00 pm on Wednesday, March 29, 2019.

Grant applications may be obtained by going online to our website at **ekmhealthfoundation.ca**, contacting the Foundation office at 902-542-2359, or picked up at the front desk of the EKM Community Health Centre.

Send your events to listings@grapevinepublishing.ca

WHAT'S HAPPENING

MARCH 7 - MARCH 21, 2019



THURSDAY, 7

Social Fiber Art/Crafting – *River Street Workshop for* Art and Lifestyle, Kentville 6-9pm. Also March 14 & 21 • Informal fiber art drop in! TIX: \$6 drop in fee INFO: justinemacdonald@aurora-lee.ca

A Shallow Dive into Deep Learning – Patterson Hall, Wolfville 6–9pm • A hands-on introduction to developing and testing predictive models using deep learning artificial neural networks. TIX: \$15 INFO: 902-585-1777 / aida@acadiau.ca

Kings Hants NDP Candidate Nomination – Royal Canadian Legion, Wolfville 7-8pm • Meeting to select a candidate for the upcoming federal election. TIX: no charge INFO: kings-hantsndp@hotmail.com

FRIDAY, 8

Behind the Scenes of Sport Product Innovation -Patterson Hall, Wolfville 12–1pm • W/ Elysia Davis. Behind the scenes of the science behind footwear and the process of turning athlete insights into innovative product. TIX: no charge INFO: 902-585-1434/ allinfo@acadiau.ca

New Outreach Space and International Women's **Day** – *The Portal, Kentville Library, Kentville 1–5pm* • The Women's Place Resource Center (WPRC), Staff and Members of the Board are pleased to announce the opening of our new outreach space at the Kentville Library. Fridays 9am-noon by appointment, 1-8pm for programing and drop in. **TIX**: no charge **INFO**: 902-532-1898 / isawprc@eastlink.ca

International Women's Day – Lions Club, Wolfville 4-6pm • Celebration of International Women's Day. Meet & Greet 4-5:30pm. Snacks, cash bar available. Guest speaker 5:30-6pm. Donations of personal care products are being collected for Horton High School's Equity Bank and a Food Bank. TIX: donation INFO: wolfvillelionsclub@hotmail.com

Supper – Royal Canadian Legion, Berwick 5–7pm Sauerkraut, sausage, mashed potato & veggies. TIX: \$8 supper, \$2 dessert INFO: 902-538-9340 / waysnmeansberwick@yahoo.com

Mary Queen of Scots – Kings Theatre, Annapolis Royal 7pm. Also March 9, 2pm • MARY QUEEN OF SCOTS explores the turbulent life of the charismatic Mary Stuart. TIX: \$11 adult, \$10 with Film Buff Card, \$8 youth INFO: 902-532-7704 / mk@kingstheatre.ca

Dance: Meredith - Royal Canadian Legion, Windsor 7-11pm • Age 19+ TIX: \$5 INFO: 902-798-0888 / windsorlegion@bellaliant.com

Speaking Shakespeare Theatre Workshop – *Ross* Creek Centre for the Arts, Canning 7-1pm • Develop new skills and ways of thinking about your work on stage, create a strong audition, or simply explore the world and discipline of acting. *TIX:* \$225-\$295 depending on accommodation choice. INFO: 902-582-3842 / artisticdirectors@twoplanks.ca

9 to 1 Odds – Royal Canadian Legion, Berwick 7:30pm • A great night with some awesome live tunes. TIX: donation INFO: 902-538-9340 / waysnmeansberwick@yahoo.com

Vancouver Chamber Choir - Convocation Hall, Wolfville 7:30-9:30pm ● Jon Washburn's Farewell Tour. The Vancouver Chamber Choir is one of Canada's national treasures, an outstanding professional vocal ensemble noted for its diverse repertoire and performing excellence. TIX: \$34 general, \$22 students @ Acadia Box Office INFO: 902-585-1282 / pas@acadiau.ca

SATURDAY, 9

Community Breakfast – Masonic Hall, 110 Mill St., Berwick 7:30–10:30am • Join your neighbours for our monthly Community Breakfast. TIX: \$8 adult, \$3 children. Lodge Tours: free! INFO: 902-538-835

St. Patrick's Breakfast – Lions Club, Kentville 8–10am • Lion's Breakfast TIX: \$7 adults, \$4 under age 12 INFO: 902-678-1267 / vintagemusic`@hotmail.com

Big Breakfast – Fire Hall, 1884 Hwy 14, Vaughans 8–10am • Big Breakfast. Proceeds for hall maintenance. TIX: \$7 adults, \$3.50 children INFO:

Heart and Stroke Foundation Fundraiser – Exquisite Salon, Kentville 9am−5pm • Exquisite Salon will be doing men's haircuts all day, and accepting free will offerings for the Heart and Stroke Foundation of Nova Scotia! Walk-ins only. **TIX:** free will offering (cash only) INFO: 902-365-3323

Tumble Bugs – *Town Hall, Berwick 9:30–10:30am.* Also March 16 • 10-week program. Basic movement activities and modified gymnastics that are fun, safe, and developmentally appropriate. For ages 3-5 w/ caregiver. **TIX:** no charge **INFO:** 902-678-5760 / family.centre@ns.sympatico.ca

Valley Trekkers Volkssport Club Walk – Irving Circle K, 2113 Hwy 1, Windsor 10am • Meet at Irving Circle K. Registration begins at 9:30am, walk begins 10am. This is a 5/10 km, 2B walk. INFO: 902-472-2261

#IAmStrong Workout – Avon View High School, Windsor 10-11:30am • In honour of International Women's Day, I'm hosting a celebration of YOUR power! During this workout, you are encouraged to listen to your body and move in ways that make you feel strong. TIX: \$30 pre-registration, \$40 at the door. Send EMT (use password: women) or bring cash to the door. INFO: 902-880-2135 / fitnessjunkiesns@gmail.com

Ticket Auction, Cake Auction & 50/50 – Fire Hall, Waterville 11am-3pm • Support the dancers of Sole Expressions Dance Company as they raise money for upcoming competitions. **7IX:** Ticket auction: \$1/20 or \$5/100. Cake Auction: \$1 per square. INFO: 902-824-3995 / devillerfamily@hotmail.com

My Community Kitchen Party – War Memorial Community Centre, Windsor 5–8pm ● Enjoy local music with special guest: Terra Spencer. TIX: donation INFO: 902-225-8970 / johnniemonette@hotmail.com

My Community Kitchen Party – Community Hall, Avondale, NS 5-8pm • Neighbours Meeting Neighbours. Great music, Food and lots of Fun Free Will Offering TIX: donation INFO: 902-225-8970 / johnniemonette@hotmail.com

My Community Kitchen Party – Community Hall, Ellershouse 5-8pm • Great Music, Baked Beans and Mac and Cheese Games. All Proceeds to support Jacob Blanchard with acute leukemia. Free Will offering. All ages TIX: donation INFO: 902-225-8970 / johnniemonette@hotmail.com

Torchlight Snowshoe – Ross Creek Centre for the Arts, *Canning 6–8pm* • Snowshoe the Ross Creek trails by firelight. All Ages Welcome! TIX: donation INFO: 902-582-3842 / mail@artscentre.ca

St. Patrick's Ceilidh Dance – Louis Millet Community Complex, New Minas 6-9pm ● The Annapolis Valley's most authentic St. Patrick's Day experience! TIX: \$10 advance, \$15 at door, Age 5 and under free! @ R.D Chisholm (Kentville) *INFO*: 902-691-0719 / niamh@valleyirish.com

The Hupman Brothers – Mermaid Theatre of Nova Scotia, Windsor 6:30–10pm • Special Event for Theatre Beyond Classrooms. Cash bar, auction and more. TIX: \$30 @ ticketpro.ca INFO: 902-670-5226 / puppets@mermaidtheatre.ca

Art Party Succession – *River Street Workshop for Art and Lifestyle, Kentville* 7–10*pm* ● Create art, dance or just hang out to the sounds of Nova Scotian DJs. This month's theme is Community and house music and features Djs Lyra, FRD, Lazy J Roller. TIX: \$10 @ the door INFO: 902-385-5552 / oalund93@gmail.com

Kim Barlow & Wax Mannequin – *The Village Coffeehouse, Canning 7:30–10pm TIX:* \$15 **INFO**: kimbarlow77@gmail.com

Lennie Gallant – Evergreen Theatre, Margaretsville 8pm • One of Canada's best singer/songwriters. TIX: \$35 general, \$30 military, \$15 students INFO: evergreentheatre.ca

80's Dance – Fire Hall, Waterville 9pm–1am ● SOLD OUT INFO: 902-824-3995 / devillerfamily@hotmail.com

SUNDAY, 10

Benefit for Bradley Lightfoot - Community Centre, Bridge St., Melvern Square 1-4pm • TIX: no charge INFO: 902-765-8743 / rlightfoot@eastlink.ca

Music Variety Show – Royal Canadian Legion, Wolfville 2pm • Entertainers: Ron Deadder Caroll Edwards Loma Myles Nathan Haley Eugene Rafuse, Audley Pineo, MC: Harold Hunt Canteen & 50/50 TIX: \$5 INFO: 902-542-5869

Fundy Cinema screens STAN & OLLIE-Al Whittle Theatre, 4 & 7pm ● Jon S. Baird's biopic tells the funny and heartwarming story of what would become the triumphant farewell tour of Stan Laurel (Steve Coogan) and Oliver Hardy (John C. Reilly), one of movie history's greatest comedy duos. TIX: \$10 INFO:

MONDAY, 11

Art Show w/ Kathy Williams - Christian Fellowship Centre, 208 Dodge Rd., Wilmot 1am-3pm • Whimsical and enchanting paintings. Hear Kathy's inspiring story of overcoming her 2014 stroke by learning to paint with her unaffected non-dominant left side. TIX: no charge INFO: 902-765-4124 / bfboddy@gmail.com

Fun with Food – Louis Millet Community Complex, New Minas 9:30–11am. ● Explore new recipes and cook with your child. A parent - child interactive group. **TIX**: no charge **INFO**: 902-678-5760 / family.centre@ns.sympatico.ca

Eating Well with Osteoarthritis - Atlantic Superstore, *New Minas 10–11am* ● Hands-on nutrition workshop. This workshop involves light walking and spots are limited. Register today! TIX: no charge INFO: 902-476-0942 / Jessica.Matchem@loblaw.ca

Soups, Stews & More - Kings County Family Resource Centre, Kentville 12:30–2pm • A workshop about healthy, hearty soups and stews. You will make and take this meal home with you. TIX: no charge INFO: 902-678-5760 / family.centre@ns.sympatico.ca

Valley Gardeners Meeting − *NSCC Kingstec Campus, Kentville 7:30-9pm* • Small Scale, High Intensity Flower Farming: Sarah Macalpine of Two Birds One Stone Farm will share tips for uninterrupted blooms all season long. Everyone is welcome! *TIX:* no charge *INFO:* 902-678-5008 / communications@valleygardeners.ca

TUESDAY, 12

Coffee Social – Royal Canadian Legion, Wolfville 10am-12pm. Also March 19 • Bottomless coffee, tea, snacks and conversation! TIX: \$2 INFO: 902-542-5869 / wolfvillelegion@gmail.com

Community Luncheon – *Lions Club, Kingston* 12-1pm • Hot Turkey with all the fixings, tea, coffee & dessert. TIX: \$9 at the door. \$9.50 delivered (Kingston, Greenwood) INFO: 902-765-2128 / bobbarb@eastlink.ca

Play with Me – Valley Autism Centre, Kingston 1–2:30pm ● Time to be creative, active, and engaged with your child/children. All ages welcome. TIX: no charge INFO: 902-678-5760 / family.centre@ns.sympatico.ca

Take Off - Outreach Concert - Pine Ridge Middle School, Kingston 7–9pm • The Acadia University Symphonic Band, 14 Wing Greenwood Band and Pine Ridge Middle School Band led by conductors Tristan De Borba, WO Jeff Campbell and Holly Merrett respectively. TIX: donation INFO: 902-765-7570

Blogging to Be Found – Patterson Hall (top floor), Wolfville 7-9pm • How to use a business blog to improve search engine ranking. TIX: donation INFO: 902-760-0168 / info@refreshannapolisvalley.org

Evergreen Theatre AGM - Evergreen Theatre, 1941 Stronach Mtn Rd, East Margaretsville 7:30pm • A review of the 2018 season, general discussion, and election of the 2019 Board of Directors. All are invited. INFO: evergreentheatre@gmail.com

WEDNESDAY, 13

Let's Get Up & Move - Kings County Family Resource Centre, Kentville 9:30 • An hour of increasing your heart rate and having fun. Free childcare available. TIX: no charge INFO: 902-678-5760 / family.centre@ns.sympatco.ca

Play Group Plus – Kings County Family Resource Centre, Kentville 10–11:30am • Parent-child interaction and a chance to meet other families. Sing songs, play in the gym, and more. TIX: no charge INFO:902-678-5760 / family.centre@ns.sympatio.ca

Baby & Me – TWO LOCATIONS: Kings County Family Resource Centre, Kentville / Fire Hall, Kingston, 10:30-11:30am • Connect with other moms and babies, share stories and learn songs and rhymes. TIX: no charge INFO: 902-678-5760 / family.centre@ns.sympatico.ca

After School Food Program & Community Supper -MultiPlex, Canning 2:30–6:30pm • Ross Creek Centre for the Arts & The Canning Food Bank are teaming up for a free after school program that the whole family can enjoy! TIX: no charge INFO: 902-582-3842 / mail@artscentre.ca

Family Fitness Time – Louis Millet Community Complex, New Minas 6-7pm • A great night of movement and enjoyment. All ages and abilities are welcome. TIX: no charge INFO: 902-678-5760 / family.centre@ns.sympatico.ca

Valley Women's Business Network AGM & Info Session – Calkin Building, Kentville 6:30–8:30pm ● See what we've been up to, learn about member benefits and see what we have in store for next year! TIX: \$10 for returning guests INFO: president@vwbn.ca

Fundy Cinema screens CAPHARNAUM (CAPERNAUM) - Al Whittle Theatre, 7pm • 12-year-old Zain sues his parents for bringing him into the world when they could not properly care for him in Nadine Labaki's Oscar-nominated exploration of the lives of children living on the fringes of Lebanese society. *TIX:* \$10 *INFO*: 902-542-1050

THURSDAY, 14

Let's Get Messy – *Louis Millet Community Complex, New Minas 9:30–10:30am* ● Bring your child out to explore various art forms and sensory opportunities. A parent-child interactive group. All ages welcome. TIX: no charge INFO: 902-678-5760 / family.centre@ns.sympatico.ca

Coffee Social – *Royal Canadian Legion, Wolfville* 10am−12pm. Also March 21 • Coffee, tea, snacks and conversation! TIX: \$2 INFO: 902-542-5869 / wolfvillelegion@gmail.com

Fraud Chat – Lions Club, Berwick 1:30–3pm ● Join Kings Senior Safety and Kings RCMP for a presentation on Fraud, Identity Theft and Cyber Safety. Registration Required by March 11. TIX: no charge INFO: 902-375-3602 / michelle.parker@rcmp-grc.gc.ca

Open Gym Time – Kings County Family Resource Centre, Kentville 1:30-3:30pm • Join us in the gym to run, jump, ride and play! TIX: no charge INFO: 902-678-5760 / family.centre@ns.sympatico.ca

Puppet Night For Grown Ups – *Institute of Puppetry* Arts, Windsor 6-9pm • In our monthly puppet social, we will explore a new theme, while developing our puppet movement and construction skills. This event is 19+, and includes a cash bar. TIX: \$19.99 INFO: 902-798-5841 / srobertson@mermaidtheatre.ca

AVDA Monthly Meeting and Education – Fire Hall, Greenwich 7-9pm • AVDA meeting and education w/ Heather Lawrie: Acrylic Luggage Tag. TIX: no charge INFO: 902-825-9304 / robinbradshaw15@gmail.com

Wills and Estate Planning – Calkin Building, Kentville 7pm ● Join Catherine Metzger-Silver, Financial Advisor, Edward Jones, Chrystal Penney, Lawyer, Taylor MacLellan Cochrane, & Jocelyne Dumaresq, CPA, CA, Bishop & Company Chartered Professional Accountants Inc., for a discussion on wills and estate planning. TIX: no charge INFO: 902-681-2300 / lindsay.macdonald@edwardjones.com

Monthly General Meeting – *Royal Canadian* Legion, Fort Edward Mall, Windsor 7:30pm • New members always welcome. *INFO*: 902-798-0888 / windsorlegion@bellaliant.com

FRIDAY, 15

Supper – Royal Canadian Legion, Berwick 5–7pm • Homemade Corn Chowder with a Ham and Swiss Sammy. TIX: \$8 per plate, \$2 dessert INFO: 902-538-9340 / waysnmeansberwick@yahoo.com

Family Games Night – Community Hall, Canaan 7-9pm • Hosted by The Third Horton Baptist Church. Snacks are welcome. Beverages, cups, napkins, plates provided. Some games, including crokinole, provided and you are welcome to bring other games. TIX: no charge INFO: canaanyouthsue@gmail.com

Dance: The Island Boys – *Royal Canadian Legion, Windsor 7–11pm* ◆ Ages 19+ *TIX:* \$5 *INFO:* 902-798-0888 / windsorlegion@bellaliant.com

Wayne Parker – Royal Canadian Legion, Berwick 7:30pm • A great night of country music with Wayne Parker. TIX: donation INFO: 902-538-9340 / waysnmeansberwick@yahoo.com

TIDE PREDICTIONS at Cape Blomidon

Source: Canadian Fisheries & Oceans. www.waterlevels.gc.ca

MAR	HIGH	LOW
07	1:15pm	7:21pm
80	1:51pm	7:38am
09	2:29pm	8:15am
10	4:09pm	9:54am
11	4:52pm	10:37am
12	5:41pm	11:24am
13	6:35pm	12:17pm
14	••7:35pm	1:15pm
15	8:03am	2:18pm
16	9:07am	3:22pm
1 <i>7</i>	10:09am	4:25pm
18	11:08am	5:22pm
19	12:03pm	6:18pm
20	12:55pm	7:06pm
21	•1:44pm	7:29am

NOTE: DAYLIGHT SAVINGS TIME STARTS MARCH 10! There are normally

two high and two low tides each day. Only daylight tide times are listed

Highest High: 45.3 feet
 Lowest High: 37.1 feet

Send your events to listings@grapevinepublishing.ca

WHAT'S HAPPENING

MARCH 7 - MARCH 21, 2019



SATURDAY, 16

Breakfast - Lions Club, Wolfville 7-10am ● Big Monthly Breakfast hosted by the Wolfville and District Lions Club. TIX: \$7 for adults, \$4 for children 10 and under. INFO: KimStewarthome@outlook.com

Big Breakfast - Community Hall, Centreville 7-10am • The Good Neighbour Club is holding their monthly big breakfast. Eggs, bacon, sausages, homemade beans, homemade hashbrowns, juice, coffee, tea, toast. TIX: free will offering INFO: susanqrst@hotmail.com

Community Breakfast - Royal Canadian Legion, Windsor 7:30-10am ● Bacon, sausage, ham, eggs, pancakes, hash browns, toast, baked beans, juice, coffee or tea. TIX: \$7 adults, \$5 children 5-12 Yrs, no charge under age 5 INFO: 902-0888 / windsorlegion@bellaliant.com

Breakfast – United Church, Aylesford 8–11am ● Sponsored by the Committee of Stewards. Come and bring a friend. TIX: free will offering INFO: 902-847-9624 / aylesfordunited.com

Breakfast - Curling Club, Middleton 8-10:30am • Bacon, sausage, scrambled eggs, pancakes, baked beans, toast, juice, tea and coffee. Last one for the season! TIX: donation INFO: 902-825-2695 / bemorine@hotmail.com

Little Leprechauns 1 – *Tir na nOg Dance Academy,* Kentville, 9:30am & 11am • An Irish Party for "Little Leprechauns" aged 3-6, with music, stories, dance and crafts that are all rooted from Ireland! With a yummy snack and even a surprise to take home! TIX: \$10. Pre-registration required (valleyirish.com) INFO: 902-691-0719 / niamh@valleyirish.com

Pre-School Puppet Play – Institute of Puppetry Arts, Windsor 10–11am • Pre-School puppet play blends the joy of reading with puppetry. We have teamed up with Woozles, Canada's oldest children's bookstore, to curate our favourite famous children's story books. TIX: \$15 INFO: 902-798-5841 / srobertson@mermaidtheatre.ca

St. Patrick's Coffee Party – Trinity United Church, Waterville 10am−8pm • Lots of tasty sandwiches and desserts. Musical entertainment. Come and enjoy! TIX: donation INFO: 902-680-2351 / leahlivingstone9@gmail.com

Family Games Afternoon – Three Rivers Community Centre, 41 Messenger Rd., Torbrook Mines 2-4pm • Ages 5 and up. Canteen available. TIX: donation INFO: Donna Pittman, 902-765-2471

Acadia International Banquet – Sheldon L. Fountain Learning Commons, Wolfville 6:30-9:30pm • An evening of dinner, performances, and cultural celebration. The dances, traditional instruments, and global fashion show are the highlights of the night. The deadline for ticket sales is MARCH 7. *TIX*: Kids: \$10, Students: \$15, Non-students: \$20 @ the Wong International Centre, M-F, 8:30am-4:30pm

Country Music Concert – Three Rivers Community Centre, Torbrook 7–9pm • Country Concert, \$5, 50/50 draw, canteen, proceeds go to the French family. *TIX*: \$5 *INFO*: Paul Marshall, 902-848-6115

What's Happening continued on

WEEKLY EVENTS

THURSDAYS

The Hantsport Seniors & Elders Club "Drop-in" -St. Andrews Church Hall, Hantsport 1-4pm. Play an assortment of games; tea-break at 3pm. All ages! INFO: 902-352-2085 / davidold@eastlink.ca

In the Round Knitting Group – Gaspereau Valley Fibres 1-4:30pm. Also Tuesdays 6-9pm. Bring your knitting, rug hooking, spinning, or felting. *INFO*: 902-542-2656 / gaspereauvalleyfibres.ca

Tapestry: Women's Cancer Support Group -We meet the 2nd Thursday of each month. Please call for time/location. INFO: Dorothy, 902-538-3374 / Pat, 902-678-9100 / Margot, 902-542-1466 / margotwithat@hotmail.com

Taekwondo – Baptist Church, North Alton 6:30pm (kids 4-14), 7:30pm (adult). Also Tuesdays. Exercise, self defense, respect, listening skills, focus, self discipline and confidence. TIX: no charge to try a class INFO: 902-670-8714 / devin@ennissecurity.ca

GriefShare - New Hope Wesleyan Church, Kentville 7-9pm. Help and encouragement after the death of a loved one. TIX: no charge INFO: 902-670-9288 / gerrits.bernadine@gmail.com

NonDuality Meetup - Manning Memorial Chapel, Wolfville 7pm-9pm. Every other Thursday. Non-denominational discussion of life and our place in the scheme of things. 19+ FEE: no charge INFO: rozspeed57@gmail.com

Music Jam – Community Hall, Cambridge Station 7-10pm. TIX: \$2 INFO: 902-538-9957 / gands@xcountry.tv

Darts – Wolfville Legion, 7pm. All skill levels welcome. INFO: 902-542-5869

Cardio Kickboxing – Baptist Church, North Alton 8:30-9:30pm. Also Tuesdays. Adult class to improve coordination, cardiovascular improvements, self defence, stress and weight reduction. TIX: no charge for 1st week of classes INFO: 902-670-8714 / devin@ennissecurity.ca

FRIDAYS

Playful Pals Playgroup - THREE LOCATIONS: Recreation Centre, Wolfville / Fire Hall, Waterville / New Beginnings Center, Greenwood, 9:30–11:30am. Sing songs, play in the gym and more. Parent-child interaction. *TIX*: no charge *INFO*: 902-678-5760 / family.centre@ns.sympatico.ca

Low Impact Exercise Program – Christian Fellowship Centre, Wilmot. Every M-W-F, 11am-12pm. Geared for seniors, but open t everyone. TIX: no charge INFO: 902-765-0135 / wendynoble135@gmail.com

Lunchtime Learning - Patterson Hall, Room 308, 24 University Ave, Wolfville 12–1pm. March 8: Behind the Scenes of Sport Product Innovation. w/Elysia Davis. March 15: Leslie R. Fairn: Wolfville's Master Architect. w/John Whidden. FEE: no charge INFO: all.acadiau.ca

Chase The Ace & Supper – Royal Canadian Legion, Berwick 5–7pm • Downstairs; use back door. Cash bar. 19+ TIX: Tickets 3 for \$5. Supper \$8. Dessert \$2. INFO: 902-538-5815

Chase the Ace – Curling Club, Middleton 6:30–8pm • Draw at 8pm. Enjoy playing games in the dining hall. TIX: 3 tickets for \$5. INFO: 902-825-2695 / bemorine@hotmail.com

Boardgame Night – C@P Lab, Wolfville Public Library, 7pm. Bring your games! Ages 12+ FEE: no charge INFO: 902-790-4536 / turpin56@gmail.com

Tremont Board Game Café – Tremont Hall, 738 Tremont Mtn Rd. 7–9:30pm • Every first and third Friday (Next: March 15). Many new games & some oldies in a friendly environment. No charge. INFO: 902-765-4326.

Greenwich Jammers – Greenwich Community Hall, 7–9:30pm, through April. Jam session. All Welcome. TIX: \$2 INFO: Bill/Vera, 902-542-0501 / vera.n.thomson@gmail.com

Friday Night Jam - Royal Canadian Legion, Wolfville, 7-10pm. INFO: 902-542-5869 / wolfvillelegion@gmail.com

Jam Session – Wolfville Legion, 7pm. All welcome to listen or perform. INFO: 902-542-5869

Chase the Ace - Royal Canadian Legion, Windsor 6:30-8:45pm • Cut off for ticket purchase is 8:30pm, draw at 8:45pm. INFO: 902-798-0888 / WindsorLegion@bellaliant.com

SATURDAYS

Wolfville Farmers' Market - DeWolfe Building, Elm Ave., Wolfville 8:30am-1pm. March 9 Music: The Gilberts. Theme: Sprout it up! March 16 Music: Donna Holmes. Theme: Maplicious INFO: wolfvillefarmersmarket.ca

Berwick Community Market – Legion, 232 Main St., Berwick 9am-1pm, year round. Local producers and artisans! INFO: Chris, 902-538-5815 / chris48goddard@icloud.com

Flying Squirrel Adventures – Kentville Ravine, 9:45am-12:15pm. Third Sat. of the month, year round (Next: March 16). Learn about nature through games, activities, challenges, discussions, presentations, workshops and more! All ages. FEE: no charge INFO: Facebook: Flying Squirrel Adventures

Drop in and Drum! - Baptist Church, Wolfville 1-2:30pm. First Saturday of the month (Next: Apr 6). W/Bruno Allard. Learn to play the djembe with rhythms & songs from West Africa. Drums provided. FEE: \$5-\$10 (pay what you can) INFO: brunoallard7@gmail.com / facebook: Djembes and Duns Wolfville

Valley Stamp Club – Community Centre, Port Williams 1:30pm, 1st and 3rd Sat. of the month. Oct-June. Hall opens 12:30pm to provide an opportunity to trade, talk stamps. Meeting includes a presentation and auction. INFO: stamps@eastlink.ca

CHASE the ACE – Royal Canadian Legion, Branch #098, Kingston. Tickets available during bar hours & every Saturday, 1-3pm at the R.C.L. until winning JACKPOT number is drawn. Draw at 3:30pm. TIX: 4 for \$5. Must be over age 19 to purchase. *INFO*: dartshack@ns.sympatico.ca

Valley Game Night – Gametronics, New Minas 6pm. Board game/card game group. Yu Gi Oh - Thursdays, 6pm. Magic: The Gathering - Fridays, 6pm FEE: no charge INFO: facebook.com/GameTronics

SUNDAYS

Group Meditation – Bishop Hall, Greenwich. 10:30am-noon. Join us sitting meditation, discussion and tea. Bring your own cushion if you prefer. Wheelchair accessible. FEE: no charge. Donations accepted. INFO: 902-670-1006 / joan.norris60@gmail.com

Windsor Meditation Group - Visitor Information Space, Community Centre, Windsor 10:30am-noon. Meditation, discussion, and tea. Wheelchair accessible. FEE: Free, donations accepted. *INFO*: 902-798-2958 / windsormeditationgroup@gmail.com

Social Ballroom Dancing – Community Centre, Port Williams 3pm. W/ DanceTime Port Williams. Practice existing dance skills and learn new group dances. Previous dance experience, partner required. FEE: \$15 per person, per semester (Oct-Jan, Feb-May). First visit free. INFO: DanceTime.PortWilliams@gmail.com

Pool – Royal Canadian Legion, Berwick 3pm. FEE: \$3 INFO: 902-538-9340 / gillyflowergarden@rocketmail.com

World Meditation Hour - Every third Sunday of the month, 4:30-5:30pm (Next: March 17). Manning Memorial Chapel (lower level), Acadia University, Wolfville. *INFO:* purepeace100@gmail.com

Bingo - Royal Canadian Legion, Windsor 7:30pm. Mini game 7:30pm, regular games 7:45pm. TIX: Basic card booklet \$25, extras available. INFO: 902-798-0888 / WindsorLegion@bellaliant.com

MONDAYS

Toddler Tonics – Kings County Family Resource Centre, Kentville 9:30-11am. Physical activity and fun for parents and children. No charge. INFO: 902-678-5760 / family.centre@ns.sympatico.ca

Windsor Game Night – Library, Windsor 6pm. Board game group. New players welcome! FEE: no charge INFO: meetup.com/valleygames / turpin56@gmail.com

Windsor Duplicate Bridge Club – Windsor Legion (upstairs), Empire Lane, Windsor 6:30pm. A friendly club affiliated with ACBL - for skilled and less-skilled players. Bring your partner! INFO: 902-798-5658

Toastmasters – Eastern Kings Memorial Health Centre, Wolfville 6:30-8:30pm. Improve your communication and leadership skills in a fun supportive setting. Visitors ALWAYS welcome. *INFO:* wolfvilletoastmasters.com

East Kings Chess Club - Library (upstairs), Wolfville 6:30-9pm. Bring your own set, board, and clock if you can. All levels/ages welcome. INFO: lan Anderson, tfeloc@hotmail.com / 902-678-8009

Darts - Berwick Legion, 7pm. Mixed doubles, draw for partner, round robin format. FEE: \$3 INFO: 902-538-5815

Jam Session - Louis Millett Community Centre, New Minas 7-9:30pm. FEE: \$2 INFO: 902-681-6972 / vintagemusic1@hotmail.com

Kings Community Concert Band - Bishop Hall, Greenwich 7:15pm. Remember how much fun band is? Under the direction of Holly Lohnes. Particularly looking for new trumpet, trombone and sax players. INFO: Sarah, sarah@segconsulting.ca

TUESDAYS

County Crafters – Kings County Family Resource Centre, Kentville 9:30–11:30am. Crafting for adults. Childcare available. FEE: no charge INFO: 902-678-5760 / family.centre@ns.sympatico.ca

Caregiver & Baby Yoga (non-mobile)

- FitYoga, Windsor 10:30-11:30am. FEE: \$14 drop in. Class passes available *INFO*: face book.com/FitYogaWindsorNS

Qiqonq - Acadia Library, Wolfville 11:30am-1pm. Jack Risk will lead you through gentle but powerful movements. Experience the healing benefits of gigong. TIX: no charge INFO: jackrisk.ca

Rug Hooking in Kentville – Kentville Lower Recreation Centre (354 Main Street), 1-3pm. If you are a rug hooker or want to learn, join us for social hooking! Tea/coffee available, \$5 drop in fee. INFO: Mona, monapearl@ns.sympatico.ca / Lynn, lynndenney@eastlink.ca / 902-692-8118

Caregiver Support Group – Cedar Centre, 69 Cedar St., Windsor 2–4pm. Confidential Support Group for family/friend caregivers of loved ones with any physical or mental health condition. 2nd Tuesday of each month. INFO: Jennine, 902-680-8706 / info@caregiversns.org

Toastmasters – Birchall Training Centre, 14 Wing Greenwood 6:30pm. Learn communication and leadership skills in a fast-paced, fun setting. TIX:

no charge INFO: annapolisvalley.easy-speak.org / edwardwedler@gmail.com

Celebrate Recovery – New Hope Wesleyan Church, Kentville 7-9:30pm. A faith based 12 Step program for anyone who needs help with hurts, habits & hangups. TIX: no charge INFO: 902-678-2222

45's Card Party - Royal Canadian Legion, Wolfville 7pm. Auction 45's, Nova Scotia's card game! 50/50 draw. too. Non-members welcome. FEE: \$5 INFO: 902-542-5869 / wolfvillelegion@gmail.com

The Dukes Of Kent - Barbershop Harmony Chorus - Bethany Memorial Baptist Church, North Kentville 7-9:30pm. Men of all ages are welcome. INFO: Chris, 902-678-8865 / Seymourchris2@gmail.com

Card Game – Fire Hall, Vaughans 7pm. Card games every Tuesday. 50/50 draw and light lunch. TIX: \$2 to play INFO: ellajean.levy@gmail.com

Valley Voices – Female a cappella show chorus rehearses 7-9:30pm, Kentville Baptist Church CE Centre. Women of any age welcome. INFO: valleyvoices.org

Cribbage – Berwick Legion, 7pm. FEE: \$10 per player INFO: 902-538-5815

Village Dancing – Wolfville Curling Rink (upstairs) 7:30–8:30pm Beginner / 8:30–10pm Advanced. Traditional style circle and line dancing from the Balkans & Middle East. No partner needed. Expert instruction. New dancers welcome. FEE: \$7, \$5 students INFO: David, 902-690-7897

Board Game Night – Paddy's Pub, Wolfville 8pm-12am TIX: no charge INFO: 902-542-0059 / judy@paddys.ca

WEDNESDAYS

Coffee Time – Community Hall, Greenwich 9:30-11am. Join us for coffee/tea and a muffin. Chat with friends, new and old! TIX: donation INFO: Darlene, 902-542-3498 / darlene.hennigar@gmail.com / Bev, 902-542-7412

Gaeilge sa Ghleann - Irish in the Valley -Middleton & Annapolis Royal, alternating, 10am. Learn to speak Irish Gaeilge! All levels welcome. *INFO*: gaeilgesaghleann@gmail.com / Facebook: Gaeilge sa Ghleann

Kentville Farmers' Market – 38 Cornwallis St, Kentville 10am-2pm. Fresh farm products, bread, honey, maple syrup, cheese, hot lunch food, local crafts and household goods. INFO: marketmanager@kentville.ca / kentvillefarmersmarket.ca

Wolfville Farm Market: Winter Wednesdays

- Farmers Market, Wolfville 4-7pm. Live music, 10+ vendors, Market Suppers. March 13 Music: Kenny Byrka. March 20 Music: Ted Wallace. INFO: wolfvillefarmersmarket.ca

TV Bingo – Royal Canadian Legion, Windsor 6–7pm. ALSO Thursdays. TIX: Books available at bar. INFO: 902-798-0888 / WindsorLegion@bellaliant.com

GriefShare – New Hope Wesleyan, Kingston 7-9pm. Help and encouragement after the death of a loved one. FEE: no charge INFO: 902-847-1225 / davetheman161@gmail.com

Jam Session - Lions Club, Kentville 7-9:30pm. TIX: \$2 INFO: 902-679-2367 / vintagemusic1@hotmail.com

Pool – Legion, Berwick 7pm. Round robin format. FEE: \$3 to play INFO: 902-538-5815 / chris48goddard@icloud.com

Card Party – Northville Farm Heritage Centre, 7pm, Nov-April. Come play either cribbage or 45's. \$20 weekly door prize. FEE: \$4 INFO: ruthbentley76@gmail.com

Send your events to listings@grapevinepublishing.ca

WHAT'S HAPPENING

MARCH 7 - MARCH 21, 2019



Country Music/Country Gospel Show – Baptist Church, North Alton 7-9pm • Country Music Show featuring "Make Mine Country". Baked goods table, refreshments. Freewill offering. TIX: Donation INFO: 902-678-1739 / jrzwicker@yahoo.ca

Karaoke Night with Michelle – *Royal Canadian* Legion, Berwick 8pm • We will have a great set up with over 20,000 songs to choose from. A night of singing and fun! TIX: donation INFO: 902-538-9340 / waysnmeansberwick@yahoo.com

Saint Patrick's Dance - Royal Canadian Legion, Wolfville 8–11pm • Music by Northfield. Open Bar, canteen, 50/50, 19+ TIX: \$8 INFO: 902-542-5869

SUNDAY, 17

 $Sham Rock\ Painting - Pascalice's\ Bistro,\ Green$ wood 1–4pm • Sham-Rock Painting - FUNdraiser for 7Arts. We'll guide you through painting your very own lucky friendship rock. Keep it for luck or pass it on to a loved one. All supplies provided. Snacks, refreshments available for purchase. TIX: \$15 @ Pascalice's Bistro INFO: 902-804-0817 / nova7arts@gmail.com

Saint Patrick's Day – Royal Canadian Legion, Berwick 2pm • Celebrate the Irish in you with Summer Crush! Potluck event: bring a dish if you can, however it is not required! Live music all afternoon, good eats and a 50/50 draw!! TIX: pass the hat for the band INFO: 902-538-9340 / waysnmeansberwick@yahoo.com

Sunday Music in the Garden Room: David Potvin, piano – K.C. Irving Environmental Science Centre. Acadia University, Wolfville 2-4 pm • Program of Scarlatti, Franz Liszt, Hetu, Vines, and Debussy. INFO: artsacadia.acadiau.ca TIX: no charge

The Charke-Cormier Duo – Sea-Esta, 1454 Pereau Rd, Canning (Delhaven) 2-4:30pm • The Charke-Cormier Duo is thrilled to have received 2 ECMA nominations for their first album, ExTempore for Classical Recording of the Year, and Classical Composition of the Year for the title track, Ex Tempore! TIX: \$25. Contact Brenda. INFO: 902-692-1662 / soundconnectionstherapy@gmail.com

Beginner Swing - Lindyhop Level 2 – *Bishop Hall, Greenwich 3:15–4:30pm* ● 6 Sunday afternoons, March 17-April 21. Learn the foundation of what makes swing dancing fun! Intro Swing or previous experience required. TIX: \$60 (\$10 per class). Contact for eventbrite link. INFO: valleyswing@gmail.com

Fundy Cinema screens THE GRIZZLIES - Al Whittle *Theatre, 4 & 7pm* • First-time teacher Russ Sheppard starts an after-school lacrosse program at a local school in Kuglutuk to offer his students a safe space to deal with the numerous social issues they face in Miranda de Pencier's directorial debut based on a true story. TIX: \$10 INFO: 902-542-1050

Corned Beef & Cabbage Supper – Forties Community Centre, New Ross 4:30-6pm. Doors open 4pm ● Corned-Beef & Cabbage, Carrots & potatoes, dessert, tea/coffee. *TIX*: \$13 adult, \$7 age 12 and under, \$3 under age 5. INFO: 902-689-2612 / 902-689-2000 (hall)

Hymn Sing – United Baptist Church, Wolfville Ridge 7-9pm • Special guests are Blake and Nancy Bowman. Fellowship and refreshment to follow. TIX: donation *INFO*: 902-542-3419

MONDAY, 18

March Break Day Camp – Annapolis East Elementary School, Middleton 9am-3:30pm • Games, crafts, outdoor adventures, guest speakers and more! Spots will fill up quickly. Monday-Thursday only. TIX: \$50 for the 4 days INFO: 902-825-6611 / recoffice@town.middleton.ns.ca

March Break Camp – Institute of Puppetry Arts, Windsor March 18-22, 9am-4pm • Participants will learn how to create their own puppet using common, everyday items. TIX: \$180 for the week INFO: 902-798-5841/ puppets@mermaidtheatre.ca

TUESDAY, 19

Committee of the Whole – *County of Kings Municipal Complex, Kentville 9am* ● *TIX*: no charge *INFO*:

The Wolfville Canadian Federation of University Women – Wu Welcome Centre, Wolfville 7–9:30pm • Regular March meeting of CFUW Wolfville. Guest speaker, Constable Kelli Gaudet. Topic: "Fraud and Scams" Donations for Chrysalis House. Social. Guests and New Members welcome. TIX: no charge INFO: cfuwwolfville.com

WEDNESDAY, 20

Surely It'll Be Spring Luncheon – United Baptist Church, Port Williams 11:30am−1pm • The Loyal Workers of Port Williams United Baptist Church invite you to our "Surely It'll Be Spring?" Hamburger Soup/ Corn Chowder luncheon. Delicious desserts, fresh breads, tea and coffee. (Snow date: March 21) TIX: \$8 per person, children under school age free *INFO*: 902-542-3681 / pburden@ns.sympatico.ca

Blood Donor Clinic – Fire Hall, Kentville 5–8pm ● Book your appointment today at blood.ca. New donors welcome! Sponsored by the Kentville Lions Club. TIX: no charge INFO: 1-888-2-DONATE

Discover the New Canada's Food Guide – Atlantic Superstore, New Minas 6-7pm • An interactive workshop on the new Canada's Food Guide. This workshop involves light walking and spots are limited. Register today with Jessica. TIX: no charge INFO: 902-476-0942 / jessica.matchem@loblaw.ca

Valley Youth Project Drop In – NSCC Kingstec Campus, Kentville 6:30-8:30pm • A social drop-in for 2SLGBTQ+ youth and allies, 25 years & under. TIX: no charge INFO: 902-702-9473 / valleyyouthproject@gmail.com

Fundy Cinema screens THE WOMAN WHO LOVES GIRAFFES - Al Whittle Theatre, 7pm ◆ Alison Reid's moving documentary retraces Canadian biologist Anne Innis Dagg's groundbreaking 1956 South African expedition to study giraffes in the wild, juxtaposing an intimate window into Dagg's life and career with the world of giraffes she once knew and the devastating reality facing them today. TIX: \$10 INFO:

THURSDAY, 21

Blood Donor Clinic – Fire Hall, Kentville 1–3pm & 5-8pm • Book your appointment today at blood.ca. New donors welcome! Sponsored by the Kentville Lions Club. TIX: no charge INFO: 1-888-2-DONATE

LIVE THEATRE

Erma Bombeck At Wit's End – Al Whittle Theatre, Wolfville March 7, 7pm ● Acadia's Sociology, WGS and AUFA's Women's Committee invite you to celebrate International Women's Day. Carole Ball will be performing as ERMA BOMBECK in a one woman show. TIX: Suggested admission \$10. No charge for students. INFO: 902-585-1273 / zelda.abramson@acadiau.ca

Murdered to Death - CentreStage Theatre, Kentville. March 9, 15, 16, 22, 23, 29, 30, 7:30pm, March 10, 24, 2pm • CentreStage brings a delightful Miss Marple spoof to the stage with Peter Gordon's Murdered to Death. TIX: adults \$15, seniors/students \$12, age 12 and under \$5. Reservations recommended. INFO: 902-678-8040 / centrestage@centrestagetheatre.ca

KTown Comedy Club – Paddy's Pub, Kentville March 9, 9–11pm ● It's Game show night: The Dating Game!!! TIX: \$20 INFO: 902-433-5230 / marc@funnyfundraisers.ca

EXHIBITS

PRISMS – Hardware Gallery, 36 Cornwallis St., Kentville. Through March 27 ● Showcasing the works of Miyoshi Kondo and Jody Rhodenizer. INFO: hardwaregallery.ca / info@hardwaregallery.ca

The Queer Mummer – Acadia University Art Gallery, Wolfville. Through April 14 • Solo exhibition by Newfoundland artist, Lucas Morneau. Photographs, prints, and wearable pieces that blends the traditional Newfoundland practice of mummering with the queer art of drag in order to deconstruct homophobic, heterosexist, and essentialist attitudes. INFO: gallery.acadiau.ca

Apple Bin Art Gallery - Valley Regional Hospital, Kentville • Affordable, original art created by Valley artists. Part proceeds go towards hospital equipment and Annapolis Valley health care programs.

@ THE LIBRARY

For complete list of library events: valleylibrary.ca All events are no charge/no registration unless otherwise stated.

NOTE: When AVRSB schools are closed due to inclement winter weather, all children's library programs for that day in that area will be cancelled.

THURSDAY, MARCH 7

Between the Covers Book Club - Rosa M. Harvey Middleton & Area Library, Middleton 6:30-8:30pm • This month: "Miller's Valley" by Anna Quindlen. Next month: "Unless: a novel" by Carol Shields. INFO: 902-825-4835

FRIDAY, MARCH 8

Fibre Ops – Library, Windsor 10am–12pm. Also March 15 • For knitters, hookers, crocheters, weavers and spinners. Bring your own project. INFO: 902-798-5424

Babies and Books - Library, Kentville 10:30-11am. Also March 15 • Stories, songs and fun, for children aged 0-2 and their caregivers. INFO: 902-679-2544

 ${\bf Emergency\ Preparedness\ Presentation}-{\it Murdoch}$ C. Smith Memorial Library, Port Williams 7-7:45pm • Join Dan Stovel, Kings County REMO Coordinator, to learn more about Emergency Preparedness in Kings County. Q&A to follow. *INFO*: 902-670-1514/ REMO_kingscounty@countyofkings.ca

SATURDAY, MARCH 9

Game Day! - Berwick and District Library, Berwick 12–2pm • All ages. Bring your favourite game to share! *INFO*: 902-538-8060

MONDAY, MARCH 11

Busy Babies Storytime – Murdoch C. Smith Memorial Library, Port Williams 2:30–3pm. Also March 18 • For ages 0–2 and caregivers. *INFO*: 902-542-3005

Preschool Pals Storytime – Murdoch C. Smith Memorial Library, Port Williams 3-4pm. Also March 18 • Songs, stories and rhymes! For ages 2-5 and caregivers. INFO:

TUESDAY, MARCH 12

Grandparent Group - Berwick and District Library, Berwick 10am-12pm ● If you are a grandparent who is raising or helping raise grandkids please join us for coffee/tea and discussion of the many important issues that relate to the role. INFO: 902-678-5760 / family.centre@ns.sympatico.ca

DIY Crafts - Isabel & Roy Jodrey Memorial Library, Hantsport 3–4:30pm ● Supplies & instruction sheet provided for a "do-it-yourself" craft. For ages 6-14 (children under 10 with an adult). INFO:

Teen Hangout – Memorial Library (upstairs), Wolfville 6–7:30pm. Also March 19 • Hang out with your friends! Explore Virtual Reality! Play board games! Get creative! For ages 12-17. There will be snacks! **INFO**: 902-542-5760

WEDNESDAY, MARCH 13

Tiny Tales – Library, Kentville 11–11:30am, Also March 20 • Enjoy rhymes, songs and books with other children and parents/caretakers. Best for ages 2-5. INFO: 902-679-2544

Cozy Corner Storytime – Isabel & Roy Jodrey Memorial Library, Hantsport 11am-12pm • Stories, rhymes, games and crafts. Ages 2-6 and their caregivers. INFO: 902-684-0103

What Does it Say to you? Book Club - Library, *Kingston 1–2pm* • A monthly book club that explores community, life, meaning and so much more through popular fiction. Facilitated by Lynn Uzans. INFO: 902-765-3631

Photography Club` – Library, Windsor 6-8pm ● Discuss, share and learn about photography techniques and processes. INFO: 902-798-5424

THURSDAY, MARCH 14

Renew Your Curiosity: Optical Illusions – Rosa M. Harvey Middleton & Area Library, Middleton 3-4pm • 6-week after school program, Feb 21-March 28. Crafts & activities for ages 6-10. *INFO*: 902-825-4835

FRIDAY, MARCH 15

St. Patrick's Day Craft – Library, Kingston 3:30–4:30pm • Join Shelly for a St. Patrick's Day crafting hour for children ages 5-12. INFO: 902-765-3631

TUESDAY, MARCH 19

SuperNova Codemakers Workshop – TWO LOCATIONS: Memorial Library, Wolfville 10:30-11:30am / Library, Kentville 1:30–2:30pm ● Ozobot Evo is a tiny robot capable of enormous things! This workshop teaches students how to program Ozobot using a variety of codes and instructions. No experience required! Grades 4 to 6. Please register. **INFO**: 902-542-5760 (Wolfville), 902-679-2544 (Kentville)

Break It to Make it! - Isabel & Roy Jodrey Memorial *Library, Hantsport 2–4pm* ● Deconstruct everyday items for materials to create a unique collage. For ages 12-17. Please register in advance. INFO: 902-684-0103

Escape from the 80s – *Library, Windsor 3–4pm* • An escape room with an 80s theme and soundtrack! For ages 12+ and 80s-style costumes are encouraged. Please register in advance. INFO: 902-798-5424

Creative Kids: Lego – Library, Kentville 3:30–5:15pm ● Ages 6–12. Please register as space is limited. *INFO*:

WEDNESDAY, MARCH 20

Wee Reads Story Time: Let's Have a Tea Party! -Rosa M. Harvey Middleton & Area Library, Middleton 10:30-11:30am • Finger foods, stuffies and tea, oh, my goodness, what fun it will be. INFO: 902-825-4835

Rubber Band Races – Isabel & Roy Jodrey Memorial Library, Hantsport 10:30–11:30am • Build your own rubber band race car and race it! Ages 6-10. Please register in advance. INFO: 902-684-0103

Fibre Craft ... welcomes kids! – Isabel & Roy Jodrey Memorial Library, Hantsport 1–3pm • Try knitting, crocheting, embroidery, or leatherworking. Materials provided. Ages 10-16. Please register in advance. **INFO**: 902-684-0103

Slime Time! with Mad Science – Library, Kentville 2-3pm & 3:30-4:30 • Learn about polymers and the signs of chemical reactions as we compare "physicalreaction" slime and "chemical-reaction" slime. Ages 6-12 Registration required. INFO: 902-679-2544

LEGO WeDo Robotics – Library, Kingston 2:30–3:30pm • Build one of the LEGO WeDo Robotics kits, then do some coding to get them to move. For ages 7 and up, pre-registration is required. INFO: 902-765-3631

Fort Night – Library, Kingston 6–7:30pm • Come out for a "Fort Night" where we will have crafts, stories, s'mores and make forts! Ages 7-12. INFO:

THURSDAY, MARCH 21

Third Thursday Social – Library, Windsor 2–4pm ● easy listening entertainment provided by local musicians while you relax. INFO: 902-798-5424

Creative Collage – Isabel & Roy Jodrey Memorial Library, Hantsport 2-4pm • Craft wizard Laurie O'Brien will have all sorts of materials to choose from to make a fantastic wall hanging! Ages 6-12. Please register in advance. *INFO*: 902-684-0103

Art Journalling – *Memorial Library, Wolfville 3–5pm* • Tap into your creative brain in an easy and fun way, and let your logical mind relax and release onto a pure space with color, texture and shape. You don't have to be an artist to have an art journal! If you can use a pencil, wield a glue stick and rip paper, you can make an art journal. The beauty is in the creation process, not the end result. W/ Kathleen Moir, therapeutic artist, photographer, based in Windsor. Ages 10-16. Please register as space is limited. INFO: 902-542-5760

Rubber Band Racers – *Library, Windsor 3–4pm* • Come make a rubber band race car. Then join us at the starting line as we race our cars together. Registration is required. INFO: 902-798-5424

Renew Your Curiosity: No Sew Emoji Pillows – Rosa M. Harvey Middleton & Area Library, Middleton 3-4pm • 6-week after school program, Feb 21-March 28. Crafts & activities for ages 6-10. *INFO*: 902-825-4835

Dot Art – Berwick and District Library, Berwick 6:30–8pm • Create your own Dot Mandala painting! All materials provided. For adults, ages 12–18. Please register. **INFO:** 902-538-8060

ACADIA FACULTY Q & A: DR. CAN MUTLU

This past summer, Dr. Can (pronounced: John) E. Mutlu of Acadia's Department of Politics received a grant from the Social Sciences and Humanities Research Council for a new project: "Designing Border Security."

Omar Bhimji (OB): What's your new research project about?

Can Mutlu (CM): The Designing Border Security project is about the relationship between architecture and security. We're going to be looking at four recently renovated border facilities in order to understand the process that leads to the creation of secure, yet aesthetically pleasing, border-crossing infrastructures.

OB: It doesn't sound like you're talking about Trump's wall...

CM: Not at all. The way architecture is being employed here goes beyond the physical; the facilities we're looking at have made security both beautiful and all but invisible. They've used materials like reclaimed wood from pine beetle-infested trees in BC, and removed counters and line-ups. For most people crossing the border, the experience is like visiting an Apple Store, which is no coincidence since one of the facilities was designed by the firm that designed the original Apple stores. The first, public-facing layer of security is hidden by the design aesthetic.

OB: Do you have a theory about the motivation behind this shift in design?

CM: We believe that the intent behind the shift is two-fold. For most people who cross the border, a more aesthetically pleasing facility will improve the experience and promote good relations. The design is meant to put "trusted-travellers" at ease. But this layer, and this feeling, also hides the struggle: it creates an illusion that makes the border seem less ferocious and obfuscates the practices happening behind closed doors. So in both ways it works to hide the apparatus of security: from our eyes and our experience, but also in the imaginary: how we think of and imagine our collective experience.



Dr. Can Mutlu (photo by Jon-Mark Wiltshire)

OB: How does this work fit with your broader research interests?

CM: The thread winding through my research career is the question: what is security today? Changes to borders and security practices are being driven by technological change: new technologies are affecting how we think of and design physical infrastructure and space; they've broadened the concept of security to be less responsive and more pre-emptive, even determinative. How humans interact with technology in this liminal space - around, but also between countries - has serious implications for our rights and sovereignty.

OB: Outside of work, what are you doing for fun these days?

CM: I've been going for long walks every day for about a year, usually on the rail trail from Wolfville to Grand Pre. I walk 16 or 17 kilometers in a day, often by myself listening to a podcast. I enjoy being outside and, especially if I can get out in the morning, I find it grounds me for the rest of my day, emotionally and mentally. But I'm planning to get a bike this spring, so I can get a bit further afield and do some more exploring in the Valley. I also travel once a month to see my daughter, Eleanor, in Ottawa; that's something that I always look forward to.

WHAT'S GROWING AT THE HARRIET IRVING BOTANICAL GARDENS COFFEE BAG PLANTS

Melanie Priesnitz, Conservation Horticulturist

You can tell a lot about a person by looking at their recycling. If you're a person who enjoys sampling local libations you will likely have a lot of glass bottles. If you're a gardener, you're apt to have an enormous pile of plastic plant pots. These are my guilty pleasures: brown glass bottles and small black and green thin plastic pots. I have made it my mission this year to only drink local beer that I can purchase in a refillable bottle and now I have to find a way to bring home my new plant friends in an environmentally-friendly way. It's remarkable how many tiny pots end up at the side of my house each spring. I generally hold onto them well into the summer thinking that I'll find a way to reuse them, but inevitably by big garbage day in the fall, I purge and guiltily send them to the curb.

At this year's annual Friends of the Acadian Forest Native Plant Sale, we have decided to take a stab at reducing plastic waste. Our volunteers have been busy all winter planning for the plant sale and squirrelling away over 3000 coffee bags. Thanks to the help, inspiration, and generosity of the folks at T.A.N. Coffee we will now be selling our plants in upcycled coffee bags. Using repurposed plant pots will not only reduce costs for our non-profit group, it will also keep thousands of pots out of landfill and recycling programs. The group would much rather spend our money on plant conservation and education projects than on contributing to Canada's waste problem. Statistics Canada's website indicates that in 2017 Canadians purchased more than 37 million potted plants: that's a preposterous number of plastic pots!

The unbleached paper bags that we'll soon be potting up with native plants have a polylactic acid (PLA) lining that keeps coffee fresh and also serves to make the bags sturdy enough to hold wet soil. PLA is made from fermented plant starches (usually corn or sugar) and is said to be 100% biodegradable. Even though technically you could plant your paper bag plant right in the ground, I suggest removing it and planting directly in the earth. We conducted trials last summer and after 2 months



Volunteer Carole Donaldson picking up bags from Mike Butler at T.A.N. in Wolfville.

the coffee bag planters were still completely intact and holding soil. Root development will be more rapid without the paper barrier and the bags will biodegrade much more rapidly in a high heat industrial compost facility. If you are saving coffee bags at home, be sure to remove the metal twist ties before putting them in the compost bin.

We're excited to be able to offer this plastic alternative at this year's plant sale and will continue to see how we can further reduce our footprint and be more sustainable each year. We challenge our visitors to help us make the spring event as green as possible by bringing your own baskets, bags, wheelbarrows, or whatever you want to haul your plants home in, thus illuminating the need for cardboard or plastic trays. Mark Saturday May 4 on your calendar for the Friends of the Acadian Forest Native Plant Sale and join us on the countdown to the first day of spring which is just 3 days after Saint Patrick's Day, and definitely worth celebrating!



Harriet Irving Botanical Gardens Acadia University botanicalgardens.acadiau.ca

SUNDAY MUSIC RETURNS

Janet Kirkconnell

After four months' silence, Sunday Music in the Garden Room returns on March 17 to finish off its 2018-2019 season. Where the fall 2018 segment of the series had brought two cello recitals (with piano), one violin (also with piano), and just one solo piano, for this second half, three solo piano recitals are scheduled: David Potvin on March 17, Maxim Bernard on April 14, and Edward Enman on

May 5. A fourth concert, on March 31, brings soprano, and Dartmouth native, Suzanne Rigden, noted by a reviewer in the San Francisco Chronicle for her "remarkable gift for stratospheric coloratura" and her witty "comic genius." She will be accompanied by one of Atlantic Canada's most renowned collaborative pianists, Tara Scott. Suzanne is a graduate of l'Atelier Lyrique de l'Opéra de Montréal as well as the prestigious Merola Program with San Francisco Opera, and is co-founder of Musique 3 Femmes, a Montreal-based non-profit organization and ensemble which identifies

and supports future female leaders in opera. She has performed and continues to perform widely in Canada from coast to coast, and all points in between, as well as in the US, and has had a tour of China. At present, she lives in Berlin, Germany.

All of the artists have a connection to Acadia, and all but one are Nova Scotians, successfully making their way in the world of music, at home and abroad. Potvin ('12) and Enman ('09) are graduates of Acadia's School of Music, and Suzanne Rigden spent the year

2003-2004 at Acadia. Tara Scott has been staff accompanist in the School of Music. Due to his personality and superb musicianship, Maxime Bernard is greatly loved by Garden Room audiences, and we are fortunate to get him back for his third recital in the Garden Room in as many years.

Time of all concerts: 2 p.m. Place: K.C. Irving Environmental Science Centre, University Avenue, Wolfville. Admission is free. 🏖

Meg Cuming for Kings-Hants

I'm thrilled to be seeking the nomination of the Liberal party for the riding of Kings-Hants. Please join and support me on this exciting journey.

Meg Cuning

Community-minded. Meg has a long history of volunteering as a board member with L'Arche Homefires in Wolfville, Canadian Parks and Recreation Association, and Acadia Alumni Association. She also served as President of Recreation Nova Scotia.

Strong advocate. Through her education and experience in law and community development, Meg has a strong voice in the community with a passion to support the people of Kings-Hants.



Dedicated and hardworking. Driven to make an impact with a sense of civic duty, Meg is well-known for getting results.

Proud of our region. Inspired and energized by the many people of this riding, Meg knows that we live in a special place with so much to offer. She is proud and ready to represent Kings-Hants.

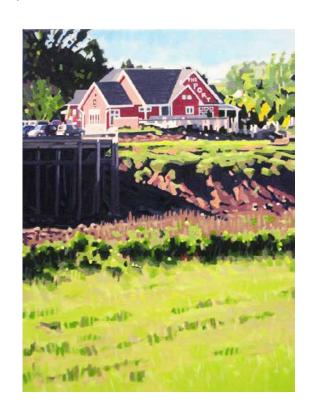
MegForKings-Hants.com



I KNOW A PLACE

"Port Williams, Low Tide"

Ron Lightburn thelightburns.com







Hike for Hospice

Sunday May 5, 2019

7th annual family friendly event to support and bring greater awareness of Palliative Care & the Valley's new residential Hospice.,

New location!

Valley Regional Hospital Cafeteria...start

1pm ~ Hikers check in & Ice-Cream Social
2pm ~ 5 km Hike to Miner's Marsh

AMGEN

gsk

Form a Team/Join a Team/Be a Hiker/Support a Hiker!

Hikers register/donate on line: ValleyHospice.ca

Pledge Sheets available for pickup at Valley Regional Hospital Lobby & EKM Health Centre, Wolfville

Or contact us: info@valleyhospice or 902.679.3471



NEW THIS YEAR! 1~2 PM

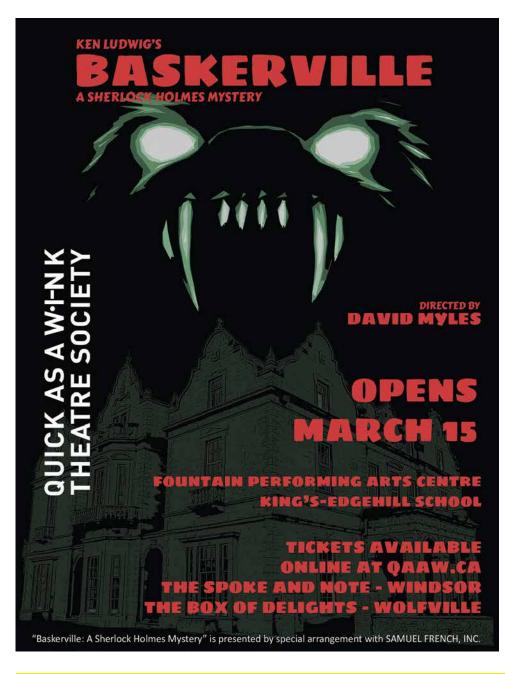
Ice-cream social in the cafeteria at Valley Regional Hospital

Non-Hikers are welcome to drop by for ice-cream and learn more about our new Valley Hospice , now under construction!



The funds raised will go towards enhancing private patios for each bedroom at the Hospice.









FRESH, COOKED, WHOLE BBQ CHICKEN. \$2 off regular price, valid with no other offer.

Expiry: Friday, April 5th 2019

