

THE GRAPEVINE

ARTS | CULTURE | COMMUNITY

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A FREE PAPER FOR THE PEOPLE WHO FIND THEMSELVES IN THE ANNAPOLIS VALLEY

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Meg Cuming

Community-minded. Meg has a long history of volunteering as a board member with L'Arche Homefires in Wolfville, the Canadian Parks and Recreation Association, and the Acadia Alumni Association. She also served as President of Recreation Nova Scotia.

Strong advocate. Through her education and experience in law and community development, Meg has a strong voice in the community with a passion to support the people of Kings-Hants.



Dedicated and hardworking. Driven to make an impact with a sense of civic duty, Meg is well-known for getting results.

Proud of our region. Inspired and energized by the many people of this riding, Meg knows that we live in a special place with so much to offer. She is proud and ready to represent Kings-Hants.

MegForKings-Hants.com  Meg For Kings-Hants  Meg4KingsHants

TICKET GIVEAWAY

CHANCE TO WIN 2 TICKETS TO:
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ValleyEvents.ca

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ON THE COVER: IN MEMORY OF JOHAN WILLEM (HANS) ALBARDA

Kevin Lakes

This issue's cover image is of a sculpture from Hans Albarda's solo show, "Painless Abstractions," which will run until May 4 at the Hardware Gallery in Kentville, and features pieces made of maple, oak, walnut, elm, and plexiglass, as well as photographs and pencil drawings. Hans passed away suddenly shortly before the show opened on April 4, and the show is being exhibited in memoriam in accordance with the wishes of his family. We asked his friend Kevin Lakes to share a few words about Hans with us:

Hans Albarda was an intelligent, kind and thoughtful man. He embodied a rare combination of artistry, principles, and pragmatism. He loved teaching, art, engineering, the natural world, and his family.

Sadly, Hans passed away just days before his first solo art show at the Hardware Gallery in Kentville. He would have loved to see the large crowd that gathered at the opening to enjoy his creations.

From the moment Hans and his wife Catherine arrived in our community 21 years ago we felt movement and energy from them that inspired many. Hans motivated his neighbours to take social activism and environmental protection seriously through living by example. As the "go-to" solar power expert, he taught several families that producing one's own power was not only possible but advantageous and the right way to live in harmony. Hans Albarda lived a life of making people think,

through his art and his passion for our planet's health.

After Catherine's death, Hans found solace in his studio work and the community. Born in the Netherlands, Hans carried on the legacy of his family in Canada. The Albarda family is well known for social activism and creativity. From the Hague to the Bay of Fundy, Hans gave more to the world than he took.

True to his family motto of *Segui Il Tuo Cors* ("Follow Your Own Path"), Hans was a living example of living intentionally.



WAYS TO RECYCLE, REDISTRIBUTE, OR SAFELY DISPOSE OF ITEMS IN THE ANNAPOLIS VALLEY

Whether you are cleaning out your basement, garage, the upstairs bedroom, or your kitchen cupboards, we've all got items that are no longer needed. Here is a sampling of where you can recycle, redistribute, donate, or properly dispose of the goods in your home that are no longer serving their purpose there. There are many more options, but hopefully this list will get you thinking!

GREENWOOD

REDISTRIBUTE:

The Opportunity Shop, 963 Central Avenue, Greenwood Mall

The Opportunity Shop is a non-profit organization operated by the Greenwood Health Auxiliary. The shop is the main fundraiser for the purchase of equipment for Soldiers Memorial Hospital, donations to several other health-related organizations, and the funding of three bursaries to graduating high school students.

What they accept: Used clothing, small household items, and books.

RECYCLE & SAFELY DISPOSE:

Greenwood Recycling Inc, 1070 Central Avenue, Greenwood

In an effort to keep hazardous chemicals out of our landfills, the Nova Scotia government has banned electronics from garbage. Instead, end-of-life electronics are recyclable through a network of drop-off depots across the province.

What they accept: Televisions; desktop, laptop, and notebook computers (includes CPUs, keyboards, mice, cables and other components in the computer); computer monitors; printers, fax machines, and scanners; and audio and video playback and recording systems (includes VCRs, DVD players, speakers, MP3 players, radios, cameras, telephones, and answering machines).

vwrm.com/Recycling_Electronics.html

COLDBROOK

REDISTRIBUTE:

Baby Central Consignment, 7106 Hwy 1, Coldbrook

A consignment store for clothing sizes from newborn-6X as well as toys and equipment such as strollers, cribs, highchairs, etc.

What they accept: Infant and children's clothing, sold on a consignment basis.

KENTVILLE

REDISTRIBUTE:

Chrysalis House, Kentville

Chrysalis House is a safe and non-judgemental environment providing shelter and outreach services for women and children.

What they accept: Cleaning items, household items (laundry baskets, laundry detergent, towel sets, toilet paper, paper towels, facial tissue), kitchen items (dishpans, dish soap, dishcloths, tea towels, can openers, silverware sets, dish sets, sets of glasses, sets of pots & pans), small appliances, personal care items, feminine products, baby/childrens products, clothing (pajamas, housecoats, slippers, socks, underwear: women/boys/girls all sizes), art supplies, VHS and DVD players, DVD movies/shows (only non-violent please), suitcases, backpacks, duffel bags.

chrysalishouseassociation.org

REDISTRIBUTE:

Fidelis House, 140 Exhibition Street, Kentville

Fidelis House provides a "Home Away From Home" for patients receiving treatment on an outpatient basis at the Valley Regional Hospital, or families who have loved ones in the hospital and would like to be near them.

What they accept: Food items (canned foods, breakfast cereals, dried foods) and personal care items. Current magazines are also appreciated.

fidelishouse.ca

REDISTRIBUTE:

Kings Family Resource Centre, 503A Main St, Kentville

The Kings County Family Resource Centre strengthens the lives of families and inspires growth by providing quality programs and resources in a respectful, supportive learning environment.

What they accept: Household items, personal care items, clothing (infant to adult), office supplies, food items, craft supplies, and baby and children's products.

kcfrc.ca

REDISTRIBUTE: OATS Thrift Store, Corner of Main & Aberdeen streets, Kentville

OATS Thrift Store is a not-for-profit venture with great prices on used clothing. 100% of profits go to Inn From The Cold.

What they accept: In-season clothing for men, women, children and babies.

facebook.com/pg/OATSthriftstore
mirandabowen@openarms.com

RECYCLE & SAFELY DISPOSE:

Valley Waste Resource: The Eastern Centre, 100 Donald Hiltz Connector Road, Kentville Industrial Park

What they accept: recyclables, compostable organics, metals, construction and demolition debris, leaf and yard waste, residuals (which is to say garbage: things that can't be reused, recycled, or composted), household hazardous waste.

NEW MINAS

REDISTRIBUTE:

King's SPCA Thrift Store, 8759 Commercial Street, New Minas

The King's SPCA Thrift Store features housewares, small furniture, and quality clothing. 100% of proceeds support the animals at the Kings SPCA Shelter.

What they accept: Quality new or used clothing and shoes, home decor, childrens' toys, frames and art, housewares, jewelry, sunglasses, small kitchen appliances, books, furniture such as dressers, coffee tables, night stands, bed frames, etc.

spcans.ca
kingsthiftstore@spcans.ca

REDISTRIBUTE:

Flower Cart, 9412 Commercial Street, New Minas

The Flower Cart Group believes that everyone has the right to meaningful, challenging employment. They are a collection of social enterprises united in the goals of promoting community participation by adults with barriers through supported training and employment.

What they accept: By donating your used clothing to The Flower Cart Group you are providing training and work opportunities for adults with intellectual disabilities.

flowercart.ca

REDISTRIBUTE:

Consignor's Place, 77 Crescent Drive, New Minas

A great venue where you can sell your unwanted clothing and household items.

What they accept: Check out their website or pop in to pick up the Consignor's Calendar to find out what they are accepting each season. Generally, they take in-season clothing and household goods.

consignorsplace.com

RECYCLE & SAFELY DISPOSE:

New Minas Recycling, 8751 Commercial Street, New Minas

New Minas Recycling is a fully licensed Enviro-Depot

What they accept: Beverage bottles and cans, household paint, electronics. They also accept old items for cash, such as metal screen doors, old barbecues, siding, radiators, and aluminum pots and pans. They buy non-ferrous metals (aluminum, brass, copper, etc.), and car batteries.

newminasrecycling.com

WOLFFVILLE

REDISTRIBUTE:

Jane's Again, 390 Main Street, Wolfville

Jane's Again is a special consignment shop located in Wolfville, Nova Scotia focused on providing exceptional customer service and value for consigning partners and buyers.

What they accept: Brand name and designer casual, career, and special event wear, in-season and freshly laundered women's clothing.

facebook.com/pages/Janes-Again

REDISTRIBUTE:

The Odd Book, 112 Front Street, unit 118, Wolfville
Hard to find, out of print, used, and rare books.

What they accept: Check in with the Odd Book to see what genres of books they are currently accepting.

theoddbook.ca

REDISTRIBUTE:

Wolfville Area Inter-Church Council Food Bank, 487 Main Street

The Wolfville & Area Food Bank aims to provide not only food, but other resources, to those in need. Some of the supplied food comes from Feed Nova Scotia, or from community donations; however, the majority of food is bought with funds donated to WAICC.

What they accept: Non-perishable food donations can be left in the donation bin at the Wolfville Save-Easy, or inside the front entrance to the Wolfville Baptist Church. Other donations (fresh produce, clothing, books, etc.) can be coordinated by calling 542-0040, or e-mailing wolfvilleareafoodbank@gmail.com.

waicc.org/food-bank

REDISTRIBUTE:

Valley WAAG Animal Shelter, 12-112 Front Street, Wolfville

The Valley WAAG Animal Shelter rescues stray, feral, unwanted cats and provides for their needs until their new forever homes are found.

What they accept: Check in to see what they might need this season, but they are regularly in need of bleach, paper towel, and canned cat food.

valleywaag.com

REDISTRIBUTE:

The Acadia Dump and Run, Acadia Athletic Complex Gymnasium

The Acadia Dump and Run is a large campus-community garage sale held each spring, this year on Saturday April 27th, 2019 9am-1pm. Student and community groups volunteer at the event with proceeds donated to the participating campus clubs, societies, and community non-profit groups.

What they accept: Furniture, toys, clothes, sports equipment, decorations, tools, kitchenware, shoes, and electronics.

sustainability.acadiau.ca/dump-and-run.html

ACROSS THE ANNAPOLIS VALLEY

RECYCLE & SAFELY DISPOSE:

Efficiency Nova Scotia: Appliance Retirement

A free service to help you save money, and get paid to recycle older appliances.

What they accept: Older fridges and freezers can use more electricity than any other home appliance, so retiring them can mean real savings. They will pick up your old fridge or freezer, recycle it, and give you \$30, add an air conditioner or a small fridge or freezer and get an extra \$10. They make sure your appliance is recycled responsibly, and the CFCs are removed.

efficiencyns.ca/service/appliance-retirement/



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Margaret Drummond's
WORD OF THE ISSUE:

☪ Foofaraw ☪
(noun):

A great deal of fuss or attention given to a trivial matter; flashy frills added unnecessarily.

It's not the stretching, slightly weaving, that recalls it, it's the tang of vinegar, Easter egg dye solvent. And my gallimaufry gets going, guests for dinner, the requisite foofaraw.

(Excerpt from "Gallimaufry" by Ange Mlanko)

P.S. Gallimaufry (noun): a confused, miscellaneous jumble or medley; hodgepodge.

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WOLFVILLE FARMERS' MARKET: ZERO WASTE INITIATIVE RESULTS IN HUGE WASTE REDUCTION

Ethan Lang

In the first four months of 2019, the Wolfville Farmers' Market has increased its focus on environmental responsibility, implementing a new Zero Waste Initiative to decrease its weekly output to the landfill. The new initiative, in the words of market manager Kelly Marie Redcliffe, "aims to eliminate as many single-use items as possible, especially ones that aren't recyclable or compostable."

The market had already instituted several ways of accomplishing this goal prior to the Zero Waste program; as early as 2017 they reduced the number of waste receptacles in the building, retaining only one sorting station for garbage, recyclables, and compost. With the new Zero Waste Initiative, they have added new ways to eliminate waste. Reusable cutlery and plates are now available, along with a "leave a bag, take a bag" program that prevents customers from having to use plastic bags if they leave their canvas at home.

The management team also orders compostable takeaway containers in bulk, which vendors can purchase through them so as to save on the costs of small shipping orders, limiting the use of cheaper styrofoam and plastic alternatives. The most prominent source of waste at the market has been disposable coffee cups, which Redcliffe says, "seem to be one of the only 'to-go' containers used by our vendors that [don't] have a reasonable compostable alternative that also [works] with Valley Waste's capacity." To combat this, management has created a coffee mug "library." Inspired by a program at the Truro Farmers' Market, the library offers customers reusable mugs to borrow



for drink orders, then return when finished, either that day or the next week. Some vendors offer a 25 cent discount on drinks when customers use these mugs or bring their own.

Beyond the work of the management team, the Zero Waste Initiative encourages vendors and customers to be proactive and collaborative in limiting waste. Posters hang around the market advertising the ways different vendors contribute. Some offer bottle and jar exchanges, others use paper straws instead of plastic, or offer reusable containers, to name a few examples. Customers are encouraged to bring their own bags, mugs, and utensils to avoid plastic and paper waste. The results have been positive so far. Saturday's market has decreased their waste output from approximately 22 bags a week to an average of one. The response has been equally positive. "People seem to be quite delighted, even proud of these zero waste efforts," says Redcliffe. "As a community hub, we find that people are embracing these initiatives as their very own."

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★ May 16 Issue: Monday, May 6

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WINDSOR: Fry Daddy's, Lisa's Cafe, T.A.N. Coffee, Mosaic Market
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AVONPORT: Cann's Kwik-Way
GRAND-PRÉ: Convenience Store, Domaine de Grand Pré, Just Us! Café
GASPEREAU: Gaspereau Vineyards, Luckett Vineyards, Reid's Meats & Kwik-Way, XTR Kwik-Way

WOLFVILLE: Carl's Your Independent Grocer, Eos Natural Foods, Just Us! Café, T.A.N. Coffee, Library, Wolfville Farmers' Market
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PORT WILLIAMS: Fox Hill Cheese House, Planters Ridge, Sea Level Brewery, The Noodle Guy

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NEW MINAS: Boston Pizza, Captain Sub, Irving Big Stop, Jessy's Pizza, Long and McQuade, Milne Court Petro-Canada, Pita Pit, Swiss Chalet
KENTVILLE: Half Acre Café, Jason's Your Independent Grocer, T.A.N. Coffee, Valley Regional Hospital
COLDBROOK: Access Nova Scotia, T.A.N. Coffee, Callister's Country Kitchen, Foodland, Vicki's Seafood Restaurant

BERWICK: Jonny's Cookhouse, Luigi's Pizza Palace, North Mountain Coffeehouse, Rising Sun Natural Foods, Union Street Café, Wilsons Pharmasave
AYLESFORD: Chisholm's PharmaChoice
KINGSTON: Library, Pharmasave, French Bakery, J&R Pizzeria
GREENWOOD: Country Store, Valley Natural Foods, Tim Hortons, McDonalds, The Mall
MIDDLETON: Library, Angie's, Goucher's, Wilmot Frenchy's, Sub Shop

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THE RECORD SHOP: A MIXED MEDIA INSTALLATION BY KEVIN EI-ICHI DEFOREST

Submitted

On display until June 23 in the Ross Creek Centre for the Arts Gallery, *The Record Shop* is a multimedia exploration by Kevin Ei-ichi deForest, a Prairie Canadian artist-educator of Japanese and European descent. *The Record Shop* is an ongoing collection of vinyl record covers that have been modified to explore the representation of hybrid identity, focusing on the artist's own cultural heritage. For deForest, "these pieces analyze cultural identification, and specifically Asian and Eurasian identity, through a cultural lens of popular music." He is interested in addressing stereotypes while exploring a range of stylistic approaches and

proudly celebrating the complexity of being Eurasian.

deForest is an associate professor at the Department of Visual and Aboriginal Art at Brandon University. Ross Creek's executive director Chris O'Neill says she is proud to have deForest's work as part of the 2019 Perceptions gallery program. "Perceptions is our season of exploring multiple cultural identities within the Canadian multicultural model. As Canada grows and changes, we have a wonderful opportunity through the Ross Creek Gallery to see how artists of different

cultural backgrounds explore the notions of who they are and where they come from through visual art, and deForest's work does so with humour and a pop-cultural layer that is exciting." The Perceptions season is funded in part by the Canada Council for Arts. The community is welcome to explore the exhibit until its closing on June 23. During this time, in coordination with the gallery exhibit, Ross Creek Centre for the Arts will be offering multicultural, curriculum-based school and group field trips based on deForest's work.



THE FREE CLASSIFIEDS

This section works on a first-come, first-served basis. Email your classified to: listings@grapevinepublishing.ca and, if there's room, we'll get you in. Or, to reserve a placement, pay \$5 per issue (3-issue minimum commitment). Please keep listings to 35 words or less.

CLASSES & WORKSHOPS:

Voice and Piano Lessons: W/Susan Dworkin, NSRMTA, NATS. 27+ years experience. Private lessons. All ages and levels. Quality, professional instruction. **INFO:** susan_dworkin@hotmail.com / 902-300-1001

Year-long Herbal Course: 1 Sunday/month, 10am-12pm (begin any time!) herbs through the seasons, herbal remedies, harvesting, cooking. \$540 for the year, \$270/quarter, \$67 drop in. **INFO:** 538-3662 / singingnettlesclinic@gmail.com / singingnettles.ca

Flora of Nova Scotia Field Course: June 3-21, Acadia University, Wolfville. Learn about the plant world that surrounds you by identifying species using technical keys, gaining knowledge about our region's most prominent plant families, exploring/reporting on a variety of the region's habitat types, and collecting plant specimens. Includes lectures and fieldwork. BIOL 3293, 3 credit hours. Not just for students! Contact if interested. **INFO:** Alain Belliveau, alain.belliveau@acadiau.ca

DONATE:

Kings Kikima Grannies: We are collecting FABRIC, YARN, and SEWING NOTIONS for an upcoming fundraising sale on June 1. If you have donations, please call for pickup: 902-542-9848 or 902-701-1480. Also, please save all Yard Sale items to drop off at the Wolfville Lion's Club, May 31, 9am-6pm. Funds raised from the sale support orphaned children's education in Africa.

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GENERAL:

2019 Ghostly Casting Call: Presented by Valley Ghost Walks. Read our scripts and ask your questions. Male and female roles available. April 24, 4:30-7pm - Studio Z, Al Whittle Theatre, Wolfville. April 25, 5-8pm - Box of Delights Bookstore, Wolfville. **INFO:** 902-692-8546 / jerome@valleyghostwalks.com / valleyghostwalks.com

Young Entrepreneurs "Gold Fish Bowl" Contest: Are you between 12 and 18 and have a great business idea? Hello Handmade can help you start your new business! Simply pitch us your idea through a Facebook video, email, or in person (by appointment)! Winner will win 3 months of free space in the shop, our marketing package, and \$100 cash to help with start-up costs. Contest closes April 30. **INFO:** Facebook: Hello Handmade

UPCOMING:

Spring Fashion Show Fundraiser: Sat., May 4, 2pm @ Wolfville Baptist Church. Women will be strutting Casa Bella Fashions. Amazing clothes, gorgeous scarfs and lots of bling! **TIX:** \$25 includes tea/coffee, dessert, fashion show and prizes. Available @ Casa Bella, and Wolfville Baptist Church **INFO:** 902-542-5524 / main.office@wolfvillebaptist.ca

The Literacy Mile: Sat., May 4, 1-3pm @ 49 Cornwallis St., Kentville. Presented by the Valley Community Learning Association. An opportunity to raise awareness of and support for the literacy needs of Annapolis Valley residents. Hot dogs, live music, silent auction, various activities for the whole family. Pledge sheets available at the office. Walk a mile for literacy! **INFO:** 902-679-5252 / vcla@eastlink.ca

EAT TO THE BEAT

(Schedule subject to change)

THURSDAYS: 18, 25, 2

Edible Art Café (New Minas): Mark Riley & Graham Howes (18th), Curtis Matheson (25th) 12pm

Lunn's Mill Beer Co. (Lawrencetown): Jason Spinney (18th) 6pm

Troy Restaurant (Wolfville): Steve Lee Duo (18th, 25th, 2nd) 6:30pm

Maritime Express Cider Co. (Kentville): Pat LePoidevin (18th), Corey Isenor (25th), The Melberns (2nd) 7pm

Spitfire Arms Alehouse (Windsor): Open Jam Session (18th, 25th, 2nd) 7pm

Oaken Barrel Pub (Greenwood): Trivia Night (18th, 25th, 2nd) 7pm

West Side Charlie's (New Minas): Open Jam (18th, 25th) 8pm

Dooly's (New Minas): Open Mic (18th, 25th, 2nd) 8:30pm

Paddy's Pub (Kentville): The Hupman Brothers (18th, 25th, 2nd) 9pm

Paddy's Pub (Wolfville): Trivia Night (18th, 25th, 2nd) 9pm

The Anvil (Wolfville): Top 40 DJ (18th, 25th, 2nd) 10pm

FRIDAYS: 19, 26

Edible Art Cafe (New Minas): Paul Marshall (19th, 26th) 12pm

King's Arms Pub by Lew Murphy's (Kentville): Craig Peacock (19th), GuyPaul Thibault (26th) 5:30pm

Blomidon Inn (Wolfville): Jazz Mannequins (19th, 26th) 6:30pm

Union Street Café (Berwick): Rhythm & Ribs w/Harvey Marcotte (19th), w/ Ronok Sakar (26th) 7pm

Spitfire Arms Alehouse (Windsor): 3 Way Radio (19th), Michael Cada (26th) 7:30pm

The Port Pub (Port Williams): Jill Boudreau Trio (19th), Beer Nuts (26th) 7:30pm

Tommy Guns (Windsor): Karaoke Night (19th, 26th) 8pm

Dooly's (Greenwood): Karaoke (19th, 26th) 8:30pm

The Anvil (Wolfville): Top 40 DJ (19th, 26th) 10pm

West Side Charlie's (New Minas): Bunker & The Boys (19th) 3pm, JSRB Productions (19th), Country Night (26th) 10pm

SATURDAYS: 20, 27

Edible Art Café (New Minas): Arrian & The Q (20th), Bernie Zinck (27th) 12pm

The Port Pub (Port Williams): David Filyer Duo (20th, 27th) 12:30pm

Horton Ridge Malt House (Grand Pre): Space Paddy Bog People (20th, 27th) 3pm

La Torta Woodfired Pizzeria (Wolfville): Steve Lee Duo (20th, 27th) 6pm

Spitfire Arms Alehouse (Windsor): SWIG (20th), Beer Nuts (27th) 7pm

Winegrunt Wine Bar (Windsor): The Fiola/Baker Duo (20th), The Wilson-Jackson Duo (27th) 7pm

Lunn's Mill Beer Co. (Lawrencetown): Brewster Fest Celebrating Women Of Beer (27th) 1pm, Summer Crush (27th) 7pm

Schoolhouse Brewery (Windsor): Adam Hines & Jake Begin (20th), The Basin Brothers (27th) 8pm

Union Street Café (Berwick): Stand-up Comedy Fundraiser, \$20 (20th), Sherman Downey \$20 (27th) 8pm

Kings Arms Pub by Lew Murphy's (Kentville): Idle Threats (20th), Hebb & Jones (27th) 8:30pm

Paddy's Pub (Wolfville): The Tony & Lenny Show (27th) 9pm

West Side Charlie's (New Minas): DJ Billy T (20th, 27th) 10pm

SUNDAYS: 21, 28

Paddy's Pub (Wolfville): Irish Session (21st, 28th) 8pm

MONDAYS: 22, 29

Edible Art Café (New Minas): Ron Edmunds & Rod Cann (22nd, 29th) 12pm

Paddy's Pub (Wolfville): Open Mic (22nd, 29th) 9pm

TUESDAYS: 23, 30

Edible Art Café (New Minas): Inigo Cuartero (23rd, 30th) 12pm

TAN Coffee (Wolfville): Open Mike & Donna (23rd) 7pm

The Port Pub (Port Williams): David Filyer Trio & Open Mic (23rd, 30th) 7pm

Paddy's Pub (Kentville): Irish Session (23rd, 30th) 8pm

WEDNESDAYS: 24, 1

Edible Art Café (New Minas): Jason Dodwell (24th), Rob Hunt (1st) 8pm

West Side Charlie's (New Minas): Karaoke w/Billy T (24th, 1st) 9pm

GOLDFISH BOWL: HELLO HANDMADE'S YOUNG ENTREPRENEUR CONTEST

Monica Jorgensen

Hello Handmade in Berwick has launched a contest for young entrepreneurs called "Goldfish Bowl." It's the mini version of Shark Tank! Calling all go-getters between the ages of 12 and 18 years old! If you have a great idea for a new product, or even one you've been working on for awhile, this is the contest for you! Up for grabs is \$100 towards supplies or start-up costs for your business, 3 months of free space in the shop, and promotion on the Hello Handmade social media platform and the popular "Shop The Shop," a Facebook Live event that showcases select crafts from the store.

The Grapevine asked store owner Angie Dorey how she came up with the idea. She said, "we've had some talented young entrepreneurs in our store, our youngest being 11-year-old Skyla who makes "Skyla's Slime." She also hosts workshops in the shop! Others have been 16 year old Sam Doucette of "Against The Grain Woods," and 15 year old Caelyn Parker of "Caelyn's Creations". The idea



for Goldfish Bowl came from my awesome marketing manager, Amy Sentis. As always, she called me late at night saying, "I have an amazing idea!"

Kids are so creative, but because they are young they often have fewer opportunities to develop their ideas, and less ability to pay for the expenses. Angie says, "we know how hard it is to start a business and can't imagine being a student with no funds for start up and trying to make a go of it. We simply want to showcase the young talent that we have in our communities and help them get a leg up on their journey of starting a business."

To enter, send a creative pitch video by email (hello@hellohandmadens.ca), to the Hello Handmade Facebook page, or make an appointment and pitch your idea in person. The contest closes on April 30.



SCHOOLHOUSE BREWERY'S SECOND ANNUAL HIGHWAY 101 TAP TAKEOVER

The second Annual Highway 101 Tap Takeover is a celebration of NS Craft Beer, specifically those breweries who are operating and flourishing outside HRM along the 101 Highway (reaching from Bedford to Yarmouth). It also happens to be the second anniversary of the taproom at Schoolhouse Brewery.

Schoolhouse gives each participating brewery a tap to highlight a beer that they feel best represents their brand (new releases, experimental, flagship brews), and gives patrons a chance to try out different beer styles side by side that they may not always have access to.

"I came to Nova Scotia in 1992 and I always felt that Nova Scotia, especially rural Nova Scotia, struggled to be in the lead of young creative industries. Now its 2019 and Nova Scotia is "kicking butt" as a leader in the craft beer scene and we are in the middle of it!" says Cam Hartley, owner of Schoolhouse Brewery. "The density of breweries along the 101 reflects the support of a young creative industry by regular local beer drinkers. We are not creating an exclusive product for people outside of the province. We are creating local products, employing local young people,

keeping local dollars local and creating a destination for Nova Scotians and visitors alike. The "Highway 101 Tap Takeover" showcases this great scene that has developed right here in our backyard."

There will be guest speakers throughout the weekend, live entertainment both evenings, and lots of opportunity for consumers, brewers, and everyone in between to mingle and talk craft beer.

Schoolhouse Brewery's Second Annual Tap Takeover:
Friday April 26 12:00pm - 11:00pm and
Saturday April 27, 12:00pm - 11:00pm

Confirmed participating breweries include: Off Track Brewing, Sea Level Brewing, Meander River Farm and Brewery, Roof Hound Brewing, Annapolis Brewing Co., Lunn's Mill Brewery, Heritage Brewing, Hill Top Hops, and Wayfarers Brewery, plus more to be announced!



Rob Breznsky's
FREE WILL ASTROLOGY

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ARIES (March 21-April 19): French writer Simone de Beauvoir sent a letter to her lover, Aries author Nelson Algren. She wrote, "I like so much the way you are so greedy about life and yet so quiet, your eager greediness and your patience, and your way of not asking much of life and yet taking much because you are so human and alive that you find much in everything." I'd love to see you embody that state in the coming weeks, Aries. In my astrological opinion, you have a mandate to be both utterly relaxed and totally thrilled; both satisfied with what life brings you and skillfully avid to extract the most out of it; both at peace with what you already have and primed to grab for much more.

TAURUS (April 20-May 20): The Beat Generation of American poets arose in the late 1940s as a rebellion against materialistic mainstream culture and academic poetry. It embraced sexual liberation, Eastern spirituality, ecological awareness, political activism, and psychedelic drugs. One of its members, Jack Kerouac, tweaked and ennobled the word "beat" to serve as the code name for their movement. In its old colloquial usage, "beat" meant tired or exhausted. But Kerouac re-consecrated it to mean "upbeat" and "beatific," borrowing from the Italian word *beato*, translated as "beatific." I bring this to your attention, Taurus, because you're on the verge of a similar transition: from the old meaning of "beat" to the new.

GEMINI (May 21-June 20): "Scattered through the ordinary world, there are books and artifacts and perhaps people who are like doorways into impossible realms, of impossible and contradictory truth." Argentinian author Jorge Luis Borges said that, and now I'm passing it on to you—just in time for your entrance into a phase when such doorways will be far more available than usual. I hope you will use Borges' counsel as a reminder to be alert for everyday situations and normal people that could lead you to intriguing experiences and extraordinary revelations and life-changing blessings.

CANCER (June 21-July 22): The Free Will Astrology Committee To Boldly Promote Cancerian's Success is glad to see that you're not politely waiting for opportunities to come to you. Rather, you're tracking them down and proactively wrangling them into a form that's workable for your needs. You seem to have realized that what you had assumed was your fair share isn't actually fair; that you want and deserve more. Although you're not being overly nice and amenable; you're pushing harder to do things your way. I approve! And I endorse your efforts to take it even further.

LEO (July 23-Aug. 22): Many experts who have studied the art and science of running fast believe that it's best if a runner's legs are symmetrical and identical in their mechanics. But that theory is not supported by the success of champion sprinter Usain Bolt. Because he has suffered from scoliosis, his left leg is a half-inch longer than his right. With each stride, his left leg stays on the track longer than his right, and his right hits the track with more force. Some scientists speculate that this unevenness not only doesn't slow him down, but may in fact enhance his speed. In accordance with current astrological variables, I suspect you will be able to thrive on your asymmetry in the coming weeks, just as your fellow Leo Usain Bolt does.

VIRGO (Aug. 23-Sept. 22): Virgo adventurer Jason Lewis traveled around the world using transportation powered solely by his own body. He walked, bicycled, skated, rowed, pedaled, and swam more than 46,000 miles. I propose that we make him your role model for the next four weeks. You're primed to accomplish gradual breakthroughs through the use of simple, persistent, incremental actions. Harnessing the power of your physical vitality will be an important factor in your success.

LIBRA (Sept. 23-Oct. 22): Curcumin is a chemical found in the plant turmeric. When ingested by humans, it may diminish inflammation, lower

the risk of diabetes, support cardiovascular health, and treat digestive disorders. But there's a problem: the body is inefficient in absorbing and using curcumin—unless it's ingested along with piperine, a chemical in black pepper. Then it's far more available. What would be the metaphorical equivalent to curcumin in your life? An influence that could be good for you, but that would be even better if you synergized it with a certain additional influence? And what would be the metaphorical equivalent of that additional influence? Now is a good time to investigate these questions.

SCORPIO (Oct. 23-Nov. 21): "I have the usual capacity for wanting what may not even exist," wrote poet Galway Kinnell. How about you, Scorpio? Do you, too, have an uncanny ability to long for hypothetical, invisible, mythical, and illusory things? If so, I will ask you to downplay that amazing power of yours for a while. It's crucial for your future development that you focus on yearning for actual experiences, real people, and substantive possibilities. Please understand: I'm not suggesting you're bad or wrong for having those seemingly impossible desires. I'm simply saying that for now you will thrive on being attracted to things that are genuinely available.

SAGITTARIUS (Nov. 22-Dec. 21): "Sometimes I have kept my feelings to myself, because I could find no language to describe them in," wrote Sagittarian novelist Jane Austen. I'm guessing you've had that experience—maybe more than usual, of late. But I suspect you'll soon be finding ways to express those embryonic feelings. Congrats in advance! You'll discover secrets you've been concealing from yourself. You'll receive missing information whose absence has made it hard to understand the whole story. Your unconscious mind will reveal the rest of what it has thus far merely been hinting at.

CAPRICORN (Dec. 22-Jan. 19): All over the world, rivers and lakes are drying up. Sources of water are shrinking. Droughts are becoming more common and prolonged. Why? Mostly because of climate change. The good news is that lots of people are responding to the crisis with alacrity. Among them is an engineer in India named Ramveer Tanwar. Since 2014, he has organized efforts leading to the rejuvenation of twelve dead lakes and ponds. I propose we make him your role model for the coming weeks. I hope he will inspire you to engage in idealistic pursuits that benefit other people. And I hope you'll be motivated to foster fluidity and flow and wetness everywhere you go. The astrological time is ripe for such activities.

AQUARIUS (Jan. 20-Feb. 18): A blogger named Caramelzee offered her definition of elegance: "being proud of both your feminine and masculine qualities; seeing life as a non-ending university and learning everything you can; caring for yourself with tender precision; respecting and taking advantage of silences; tuning in to your emotions without being oversensitive; owning your personal space and being generous enough to allow other people to own their personal space." This definition of elegance will be especially apropos and useful for you Aquarians in the coming weeks.

PISCES (Feb. 19-March 20): You Pisceans have been summoning heroic levels of creative intensity. You've been working extra hard and extra smart. But it seems that you haven't been fully recognized or appreciated for your efforts. I'm sorry about that. Please don't let it discourage you from continuing to express great integrity and authenticity. Keep pushing for your noble cause and offering your best gifts. I'm proud of you! And although you may not yet have reaped all the benefits you will ultimately sow, three months from now I bet you'll be pleased you pushed so hard to be such a righteous servant of the greater good.

Homework: *Imagine your future self sends a message to you back through time. What is it?*
Freewillastrology.com



RECIPE: CHICKEN SHAWARMA

Jenny Osburn | The Union Street Cafe Cookbook | jennyosburn.com

I went back to school last month at Central Kings Rural High! It was time to take the lessons I learned improving school lunch at Berwick's primary-grade 8 school and apply them to a new challenge. I have to say it was daunting to walk into a new environment after getting so cozy at Berwick, but again the administration and cafeteria staff were incredibly welcoming, friendly, and ready for change. We got straight to work with a fantastic group of students chopping a slew of vegetables for a free "try-it!" salad bar day. With roasting pan after roasting pan of local sweet potatoes, turnips, and beets, I had my fingers crossed that someone would actually eat them, and they did! These days the serve-yourself salad bar is offered with every lunch special and is attracting students and staff alike.



I'm sure I've said it before, but whoever told us that there's nothing we can do to fix school food, or that kids won't eat vegetables and other healthy foods, was wrong. Yes, it's scary to strip away the high-profit junk-food mainstays that many believe we need to serve to keep our cafeterias afloat, but we've got to ask ourselves what our priorities are.

Focussing on a simple, delicious, locally-sourced quality menu and providing secure employment and training for our cafeteria workers has to be on the top of that list as we engage community and government to help us in our efforts. Even more importantly, schools must find ways to ensure that every student can eat lunch at school, whether or not their families can pay for it and without stigma or shame. Along with many others, I'm hard at work to pilot a confidential pay-what-you-can program so we can make this happen in the Annapolis Valley.

We invest SO much money in education in Nova Scotia. We need to devote at least a teeny portion of the budget to making sure school food is nourishing and gives students their best chance of attaining that education.

Meanwhile, I'll be at Central Kings for the month of April, pitching in to offer students some exciting new items like butter chicken, build-your-own subs, egg roll bowls, and a breakfast bar! I'm also compiling a free resource full of recipes and menu ideas that I'm sharing with all interested parents, cafeteria workers, community groups, and school principals. If you want it, just send me an email at jenny@jennyosburn.com

Here's a taste of what we're cooking up at school these days:

Chicken Shawarma Wraps

Makes 10 wraps

- 3 cloves garlic, minced
- 2 Tbsp olive oil
- 1 tsp ground cumin
- 1 tsp ground coriander
- 1 tsp turmeric
- 1 tsp paprika
- 1/2 tsp cinnamon
- 1 tsp salt
- 2 lb. boneless, skinless chicken breasts or thighs (or a mix of the two)

To serve:

- 10 whole wheat tortillas or pitas
- garlic sauce
- pickled turnip
- shredded lettuce
- diced tomatoes
- diced red onion.

Combine the garlic, olive oil, cumin, coriander, turmeric, paprika, cinnamon, and salt in a large baking pan. Add the chicken and stir to coat. Pat into an even layer and marinate overnight. Preheat the oven to 350°. Bake the chicken until internal temperature is at least 180° F.

Use a bench scraper or a knife to cut the cooked chicken in the pan into small pieces. Serve 1/4 cup per serving on pitas with garlic sauce, pickled turnips, lettuce, tomato and sliced red onions.

Garlic Sauce

(makes enough for 10 pitas)

- 1/2 C mayonnaise
- 1/2 C plain yogurt
- 2 cloves garlic, grated or minced

Whisk all the ingredients together and store refrigerated for up to two weeks.

Pink Pickled Turnip

(makes enough for 10 pitas)

- 1 1/2 C water
- 1 Tbsp salt
- 1 bay leaf
- 1/2 C white vinegar
- 1 lb. turnip, peeled and cut into 1/2 inch sticks
- 1 small beet, cut into small chunks
- 1 clove garlic, chopped roughly

Bring the water, salt, and bay leaves to a boil. Let cool, then add the vinegar. Place the turnip, beets, and garlic in a sealable container and pour the brine over. Refrigerate for at least a week before using.

Jenny Osburn is the author of *The Union Street Cafe Cookbook*. Her second collaboration with Laura MacDonald of *Deep Hollow Print*, *The Kitchen Party Cookbook*, is now available! Find more recipes at jennyosburn.com and see what she's up to on Instagram at [jenny.osburn](https://www.instagram.com/jenny.osburn)



DINNER OUT: THE CHURCH BREWING COMPANY

Scott Campbell

Okay – put on your Sunday best and get to the church on time because you really don't want to miss a minute of this fantastic new eating and drinking establishment now open in Wolfville. If you've been in Wolfville in the last few months you probably noticed the amazing transformation that happened at the former United Church on Main Street. After eagerly waiting for the doors to open I was able to join some friends for a fantastic evening of food and drink at the Church Brewing Company. Here are some of the amazing menu items that we tried.



For our main courses we first tried the "matriarch's chowder." The description for this dish says "not your mother's chowder." I thought that was a bold statement,

given the fact that my mother makes a wicked good chowder. However, they're right. Sorry Mom, but this rich and creamy seafood chowder was brimming with fresh plump portions of delicious seafood and served alongside house-made pretzels. Divine.



We enjoyed some small plates to start out the evening. Our first treats were the awesome "righteous wings." I got salt and pepper wings with some hot sauce on the side. So

good. The crispy outside and tender, juicy meat inside was a hit at our table and the sauce was just the right amount of heat.



Our other main course was the "glory bowl." Richly flavoured brown rice is stacked with bok choy, pickled matchstick carrots, cucumber, Grafton Greens shoots, avocado

mash and "goddess dressing." Heavenly.



However, the vegetarians among us were not to be outdone. The next dish was the delicious crispy broccoli with tahini dressing. The broccoli was dipped in a delicious batter

and deep fried to a crispy perfection. The tahini dressing was perfect with the rich earthy taste of the hot broccoli. This is definitely a small plates choice I would encourage you to try.

The portions are hearty at this great new addition to Wolfville, so bring your appetite. The beer on tap changes daily – I got the Cellar Slammer when I was there – and you'll soon be able to try even more freshly-brewed beer as their own brewery nears completion. I'm definitely going to be going back to the Church Brewing Company soon to try more of the delicious options on their dynamic menu. Cheers.

Follow Scott on Instagram @ScottsGrapevine



EARTH DAY FAMILY FUN

Laura Churchill Duke

There are several ways that kids can get involved with Earth Day.

Plan a Garbage Pick Up

You can do this informally on your own by grabbing a garbage bag and some rubber gloves, or in a more organized fashion. If you have a group who is doing a wider clean up, then contact the Great Nova Scotia Pick Me Up and they will send you posters, bags and other swag to help you organize your clean up event. nspickmeup.ca

Join Earth Rangers

This is a great project through the Canadian government where children and youth are encouraged to participate in environmental projects and earn points on the website. It is free to join and participate in the activities. Some of the activities include making crafts with recycled materials, making bird feeders and bee houses, or going on a biowalk. earthrangers.com

Make a Bug Hotel

These are fun natural habitats you can create in your backyard that attract the bugs and can help your gardens. Make them from any wood or natural materials you have and see who moves in! These hotels are popular in the UK and full instructions on how to build one can be found on Valley Family Fun: valleyfamilyfun.ca/make-backyard-bug-hotel/

valleyfamilyfun.ca



Annapolis Valley Work Centre

Are you...

- 16 years or older?
- Having trouble finding or keeping a job?
- Prepared to upgrade your skills and education?



Programs offered:

- Basic Office Skills
- Food Services
- Customer Service & Retail
- Introduction to Construction

Register for an upcoming information session on Wednesday at 9:00am May 1st, May 15th or June 5th Located in Coldbrook, Village Park

Call 902-679-2755

This program is free and pays up to \$8/day. Over 80% of participants obtained employment, according to the 2018 Annual Report. Come for an information session to find out how you can be part of the success.



BEYOND MUSEUM WALLS

Through a partnership between the Kings County Museum and The Grapevine, with support from the NS Department of Communities, Culture and Heritage's Culture Innovation Fund, we are pleased to present this monthly page dedicated to the culture and heritage of Kings County. In this space you will find the offerings of local museums, as well as behind-the-scenes information about curating a museum, preserving local cultures, and connecting the past to contemporary issues, news, and events. Welcome to 'Beyond Museum Walls'.

A COMMEMORATION OF ABRAHAM GESNER

Bria Stokesbury

In early May of this year a new bronze sculpture of acclaimed Canadian physician, geologist, and inventor Abraham Gesner (1797-1864) will be unveiled in Chipman Corner, Kings County. Located on the grounds of an existing Parks Canada monument, the new sculpture commissioned by philanthropist Allen Eaves has been created by renowned Canadian sculptor Ruth Abernethy (two previous works by Abernethy can be found in Wolfville and Kentville). Gesner is credited with the invention of kerosene.

An article on Abraham Gesner is found in Volume One of the series, Kings County Vignettes, published by the Kings Historical Society. An excerpt is reprinted here:

"On the road from Chipman Corner, Church Street, south to Belcher Street, stands an impressive monument on a well landscaped site. This was erected by Parks Canada to honour Abraham Gesner. It is very easy for those not aware of this site to drive blithely past as it blends in with the lawn of this house next to it which was the Gesner house."

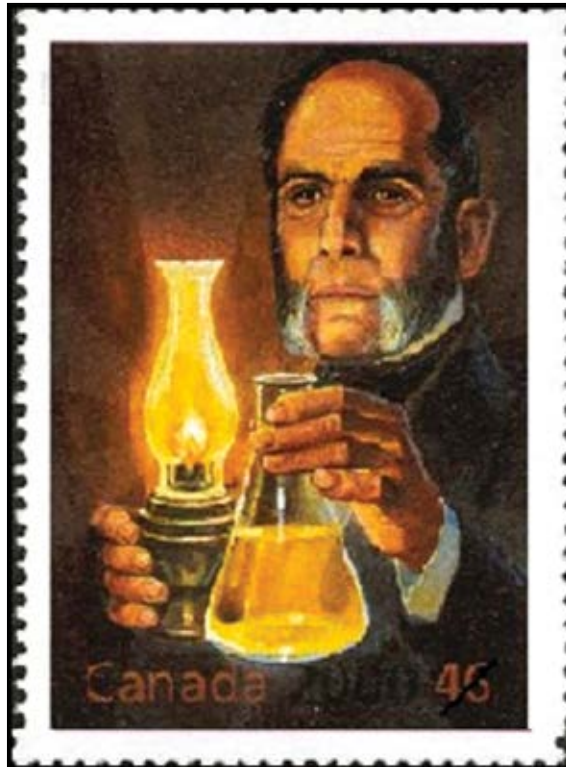
The following brief history can be found in the cover notes of Joyce Backhouse's book on Abraham Gesner:

"Abraham Gesner discovered the process whereby hydrocarbons such as asphaltum and petroleum could be distilled to yield lamp oil.

Born and raised in Cornwallis (now Chipman Corner), Nova Scotia, Gesner was one of the liveliest, oddest, and most gifted figures of his day in British North America. He trained as a physician in England but preferred geology to medicine, and had the honour of being appointed New Brunswick's (and Canada's) first official geologist. He also founded Canada's first public museum and wrote several popular, and still valuable, works on the nature features of the Maritime provinces.

His biography provides a rich impression of life in Atlantic Canada's heyday, when Joseph Howe was struggling for responsible government, Judge Haliburton was writing Sam Slick satires, and Bluenose vessels were sailing proudly all over the world. The Gesner family is an interesting illustration of the blending of cultures which produced an illustrious Canadian.

Major Abraham Gesner and his twin brother, Col. Henry Gesner, came to Canada from Tarrytown, New York in 1783. They were United Empire Loyalists and served with the King's Orange Rangers. When the Rangers were disbanded in Saint John, New Brunswick, the Gesner brothers came to Cornwallis in Nova Scotia as farm hands. Both were very proud of their German-Swiss ancestry and of their loyalty to the British Crown.



Major Abraham Gesner located in Annapolis County, where he had a large estate, and in 1824 became a member of the Provincial Assembly. Col. Henry Gesner settled at Chipman Corner (and married Sarah Pineo, who was of French Huguenot descent). It is their first son in honour of whom the monument was erected.

Abraham Gesner would have attended a one-room school provided for by his parents with few facilities and often poorly trained teachers. The boy showed no taste for farm work and with his friends began doing experiments in a "laboratory" in a shed at his home. They also spent many hours exploring the Bay of Fundy shore and collecting specimens of rocks.

From these humble beginnings and with what must have been an understanding family, Abraham Gesner went on to a varied, interesting and adventurous career, which merited a national memorial beside the home where he grew up."

Gesner has been commemorated in books, on Canadian postal stamps, with a national monument and now with this new and exciting bronze sculpture, which is scheduled to be unveiled on May 4.



West Hants Historical Society Presents
April 27, 2019 at 2:00PM

**MERMAID THEATRE:
 Leaders at Home
 Ambassadors Abroad**

Presenter Sara Lee Lewis, Co-Founder of Mermaid Theatre of Nova Scotia, will be discussing the Theatre's history and sharing stories of her many years with the organization. Refreshments will be served.
 For more information: 281 King Street, Windsor, NS
 902-798-4706 whhs@ns.aliantzinc.ca

SPRINGTIME AT THE KINGS COUNTY MUSEUM



"Spring has sprung, the grass has riz, I wonder where The pollinators is?"

Now that spring is here plans are germinating for an exciting bouquet of events at the Kings County Museum in Kentville.

A pollinator garden will be planted to attract bees and butterflies in Kentville. Come in and meet Belle the Butterfly and Donna the Bee to learn how they spread the "joy of pollination" to plants throughout the Annapolis Valley.

A bevy of beautiful quilts will also be on display from the Town and Country Quilters' Guild starting in May, so there is lots to buzz about at the museum for the upcoming season.

Bee image courtesy of Paul Illsley.



THE GREAT KINGS HISTORICAL SOCIETY SHOW AND TELL

Join us for a night devoted to discovery at the Kings County Museum.



Do you own something that makes you say, "what's it?" Something that is unique but you think might stump the collective knowledge of our membership? Bring it along and see if the historical society membership can help you identify it. Have questions about proper care for your object? Ask our resident conservator. All welcome!

Tuesday, April 30, 2019 at 7:30 pm
 Kings County Museum, 37 Cornwallis Street, Kentville
 (902) 678-6237 | kingscountymuseum.ca



THE ART SPOT: OLIVIA COLWELL

Art is currently on display at the Wolfville Memorial Library at 21 Elm Avenue. Check valleylibrary.ca for open hours

WHO: In a few sentences, please tell us about yourself.

My name's Olivia and I'm sixteen. I'm often listening to music and I take a lot of creative inspiration from songs. I'm also quite a fan of large concerts and travel, a concert is where I feel most happy and at ease.

WHAT: What is your artistic medium? How did you come to this style?

I'm both a watercolour and digital artist and have been creating for about four years now. I started with just pencil and paper and soon

found watercolour to be my favourite medium. I don't always get to work in watercolour as much as I'd love to though, due to its time-consuming nature. I usually work by sketching something either in ink or in pencil, then scanning it and digitally colouring it.

WHERE: Where do you work and where can we find your work?

Really I work anywhere, from school to home to on the road, but my favourite place to work is at my cottage in New Brunswick. I find it most serene there. You can find my work on instagram @piengarts.

WHEN: At what point did you define yourself as an artist? At what time of day do you work on your art?

Really I started to think of myself as an artist when I began. I decided I was an artist and began creating. My favourite time to work is early morning, but really that's just my favourite time of day. I'm quite enamoured with dawn and I've always preferred day to night. Night can seem so looming and lonely, and sleep is extremely important to me, so I'm very rarely up late.

WHY: Why art?

I create to fill time, to express my emotions, and to be honest it's become part of my daily life. I also create to accompany my writing, I create for me. It's a way of helping myself.



MESSY HANDS AND MASTERPIECES

Kelly Mitchelmore



I am so very excited to invite you to my 10th annual spring art show, "Messy Hands and Masterpieces." Originally from Nova Scotia, as a little girl I would spend afternoons painting with my grandmother Jean Moser. Growing up, I left my childhood dreams of becoming an artist and joined the navy. Many years later I met the love of my life in the middle of the Gulf of Oman during 9/11, and after our tour we left the military and the west coast for a new start.

We found it in lovely Windsor, where we opened the Phoenix Hollow B&B. The

community welcomed and supported us from the start and it felt like home. While running the B&B I became reacquainted with my love of painting and I hosted my first show in 2009. As I grew as a painter I felt split between my art and running the inn – so after 10 years of operation, Phoenix Hollow B&B closed its doors in October of 2017, and I followed my passion. Phoenix Hollow is now my home gallery studio, open by appointment and host to my shows.

decade I have shown here. There is a collection of over 50 new works that represent each of the 10 series I have shown since 2009. My studio will also be open to the public with special sale paintings. There will be wine and art and raffles, and part of the proceeds of the show will be awarded to a graduating student of Avon View High School. So I invite you to my home for my show: come celebrate with me! I hope to see you here at the Hollow – 65 Chestnut Street, Windsor on May 5, 12pm – 5pm.

This, the diamond year show, is very special and I am celebrating it by revisiting the last

MESSY HANDS & MASTERPIECES is **Kelly Mitchelmore's 10th annual** art show and is a special celebration of a decade of art. This anniversary collection features new paintings from each series she has created in the last 10 years - over 50 new paintings. There is also a special diamond edition of *Uncommon Poppies* and an open studio sale. Part of the proceeds go to Avon View High School to fund an Arts Bursary. So come - **Sunday May 5th from 12-5**. Enjoy an afternoon of wine, art & community!

HOSTED AT PHOENIX HOLLOW - 65 CHESTNUT ST. WINDSOR

For info call: 306-0030 or email: me@kellymitchelmore.ca
Please note there is no parking on Chestnut street- Yum Bakery on Cedar street has kindly offered their parking lot :)

SPRING into Wayfarers' Ale and receive **50% off** a flight of beer when you present this ad!

Present this coupon at Wayfarers' Ale in Port Williams to receive 50% off one flight of beer. Only valid until April 30th. No cash value. One coupon per person.

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Angela Jenereaux
Ryan MacNab
Kathy Walker
Lights & Sound
Susan Monro & Bryen Stoddard
Co-directors
Produced by R. G. Henry

A poignant comedy by Phil Olson

Fridays and Saturdays @ 7:30pm April 12 to May 18, 2019
Sundays @ 2pm April 28 & May 12
No show on Good Friday, Apr. 19

\$15 (adults) / \$12 (65+ / students)
Reservations: 902-678-8040
Information: 902-678-3502

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K-TOWN COMEDY CLUB
THE VALLEY'S ONLY COMEDY CLUB
EST. 2017

Presents... Mike Dambra

Tickets \$20
Get in free the month of your birthday

With Special Guest
Nick Burden & MC Marc Sauvé

April 19th & 20th
Showtime 9pm
Doors open @ 8

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On top of Paddy's Pub

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MIKE UNCORKED: ASHLEY HANCOCK AND THE GLA:D PROGRAM

Mike Butler

Ashley Hancock grew up in Halifax, but has ties to the Valley through her mom and dad, and she spent a lot of her childhood here. She was tickled pink to move back here five years ago.

"I went to Dalhousie as both an undergraduate (Kinesiology) and graduate student (MSc. in Physiotherapy)," Ashley says, "so I spent lots of time there before living in Northern Alberta for a year with my now-wife. When we decided to move home we knew we didn't want to live in a city. The Valley was calling our names!"

Ashley is a physiotherapist who wears a few different hats: "I work at the hospital with a program called Seniors LINCS, and the rapid assessment team in the emergency department. I also work at Julie Skaling Physiotherapy and I've been there about a year and a half now. I started with women's health and incontinence work as well as general orthopedics."

In her early 20s Ashley spent three summers working at a sleep-away camp for children, youth, and adults with physical and cognitive disabilities in New Brunswick. The experiences she had there really changed her as a person, and she loved caring for and getting to know people. Since then, she's always seen herself as a caregiver who wants to help people feel and be better! She loves her community (Kentville and the Valley at large), so expanding social experiences and wellness within her community is very important to Ashley: "I love helping people improve their

quality of life and giving them the tools they need to be happy and healthy after they're finished seeing me, which is why I'm now launching our new program, GLA:D, which I'm so excited about!"



The GLA:D program is a station-based group exercise program aimed at people who have hip and knee arthritis. Although it's completed in a group, the exercises are completely individualized. Each person is assessed for their abilities and the therapists create a program that is challenging, but attainable. The exercises themselves are not overly complicated, but the way it's delivered has been shown to be incredibly successful.

Ashley says "over 30,000 people have gone through the program in Denmark, showing amazing results, but closer to home, Canadians participating have seen a 28% reduction in pain intensity and a 35% improvement in physical activity! I am thrilled to be able to offer this program here in the Valley."

Ashley's biggest goal is to work toward governmental change to improve access and services to seniors and everyone in our communities. And her determined nature seems to be working in her favour for getting things done. Contact Ashley and get with the program everyone. Get GLA:D!



AN INTIMATE EMBRACE WITH NATURE

Anna Horsnell

Kate McKenna feels a reverence for this planet that goes far beyond Earth Day. As a fine art photographer, she seeks to connect people with nature by sharing a way of seeing that touches something primal, something ancient inside us. She invites us to recognize our landscape in a new way.

McKenna's images take the viewer up close and personal. So close that the details of tree bark, rock, and sand become abstracted, drawing attention to shapes and colour, sculptural aspects, and the beauty of creation. "I want to be close. I want to be real. I can do that with the Earth. It allows me to do that," she explains, adding "my hope is to share that experience."

Choosing what to photograph requires patience and commitment. She takes the time to be open and present to what is there. She revisits a location at different times, in different light, and approaches from different angles. "The subject finds me," she smiles. The intimacy McKenna evokes through her lens is her way of communicating and connecting with the natural environment, to honour a sacred appreciation.

This province is home. She feels the history of this place where her ancestors came to live and work under often challenging conditions. There can be hardness here, a backbone of rock, but this too is filled with spirit. She enjoys the exploration from beach to forest and beyond. "Nova Scotia is a good place to do work."

Like many artists, McKenna's career path has not been a straight line. She was born in Pictou, studied in Toronto and Halifax, worked as a therapist, and has lived in a variety of places from northern Ontario and Mexico, to Montreal and finally Windsor, here in the Valley.

A six day visit to Mexico inspired McKenna to move to San Miguel de Allende for eight years, and it is there that she discovered her passion for photography. Nurtured by the vibrant culture and an engaging community, she



@kateMCKENNA

benefited from the generosity of fellow artists which allowed her to grow and mature in her art very quickly.

It was also in Mexico that McKenna's work began an exciting evolution into original textile designs and wearable art. She remembers, "the inspiration for doing this began in the summer of 2012. As part of a solo exhibition of my photographs in Mexico, I printed a 4 x 12 foot composite photograph on silk. It was hung as a floating vertical installation in the gallery entranceway. When I first saw it—shape shifting in the wind, backlit by the Mexican sun—I was transported. I experienced the images in a different, and a much more sensual way."

McKenna chooses her images carefully, designing the composite patterns to print on silk and cotton silk blends, and then overseeing the creation of each garment. It is a magical moment to see static subjects such as a tree or rock further transformed into fluid movement, wrapped around the human figure.

What's next? McKenna envisions seeing her designs come alive through theatre or dance. She relishes her ongoing artistic journey and she is grateful to give back, celebrating "the preciousness of this earth." See Kate's unique photography hanging prominently on the walls of Winegrum in Windsor and visit her website at kateMCKENNAdesign.com.



21st Great Little Art Show

Opening Reception
Friday May 3rd, 7pm

Opening remarks from Daphne Greer
Adults \$8.00, Children under 12 free
Continues every weekend in May, 10am - 5pm
Adults \$2.00, Children under 12 free

Avon River Heritage Museum, 17 Belmont Rd, Newport Landing

Avon River Heritage Society
Avon River Arts

FISH FRIENDS

Submitted

Congratulations to New Minas Elementary for 23 years of participation in the Kings County Wildlife Association's Fish Friends Program. This program is run in several Kings County schools. Equipment, including tanks, chillers,

and miscellaneous supplies, is provided by the Wildlife Association, and trout eggs and trout food are provided by Nova Scotia Inland Fisheries. Students, teachers, and staff care for the tank and fish as they hatch. The fish are then

released by the students into local brooks and rivers in late spring. This year the Fish Friends program is in eleven schools across the county, with approximately 2,494 students able to watch the speckled trout life cycle. Bill Doucet,

principal of Berwick and District School, has provided a live streaming video of their fish tank, which can be viewed at berwickschool.ednet.ns.ca.



Q & A: OWEN BRIDGE OF ANNAPOLIS SEEDS

In celebration of Earth Day and the fast-approaching gardening season, The Grapevine asked Owen Bridge of Annapolis Seeds to tell us a bit about himself, and share some of his knowledge about heirloom vegetables and seed saving.

The Grapevine (GV): What are heirloom seeds? What does 'open-pollinated' mean?

Owen Bridge (OB): I like to think of heirloom and open-pollinated seeds as 'the people's seeds,' in that they are public domain and you can save seed from your own plants. If you have a favourite heirloom tomato variety, you can carry it on and share.

A little bit of seed definition! Open-pollinated seeds are varieties that are genetically stable, and consistent from generation to generation. I've seen different definitions of what makes an heirloom variety, but essentially they are older open-pollinated varieties (pre-1940s is a common definition). This is contrasted with a hybrid variety, which is usually a cross of two open-pollinated varieties. Hybrid varieties are consistent for the first generation (F1), but usually not the second. So if you save seed from a hybrid tomato, you'll probably still get delicious tomatoes the following year, but they're unlikely to be quite the same as the variety you started with. Most hybrid varieties are proprietary, and you have to go back to the seed company each year. That said, I certainly don't think hybrid varieties are bad, I just find working with open-pollinated seeds to be much more interesting.

GV: How did you get into seed-saving?

OB: I got into seed saving at a pretty young age. I grew up on Vancouver Island, and my

family had always gardened when I was a kid. When I was about 12 I met Dan Jason of Salt Spring Seeds at our local Seedy Saturday (a community seed exchange). Dan gave me a bunch of cool and unusual bean varieties, each one with an interesting story behind it and some of them rare and at risk of extinction. As a nerdy homeschooled 12 year old who wanted to save the world, learning that I could safeguard biodiversity in my backyard garden was pretty powerful.

GV: How and why did you start Annapolis Seeds?

OB: In 2006, when I was 14, my parents moved from the west coast to the Annapolis Valley. We moved into our old farmhouse in Nictaux, where I still farm today. At that point I didn't have any specific plans to start a seed business, I was just excited to create some awesome gardens and grow my seed collection. Within a few years I was harvesting buckets of seed, way more than I knew what to do with. When I was 16 I realized I might as well put out a seed catalogue. For the 2009 season I made a home-printed catalogue and a very primitive website. Annapolis Seeds was born! I offered about 100 varieties that year, and the response from people was so supportive I kept at it.

GV: Where are your seeds grown?

OB: I started by offering only my own seeds, but quickly realized that collaborating with other growers and seed savers would make the catalogue much more diverse and interesting. As of 2019, we still grow about 70% of our seeds here on our farm, but also source seeds from six other farms in the Maritimes. Each

growing season we seem to add a few new varieties to the collection, which has grown to about 600 varieties today.

It was a conscious decision pretty early on to limit our seeds to those grown locally. When you grow and save seed year after year, that seed becomes better adapted to your climate and your place. It's simple natural selection, except in this case humans take on a guiding role. I'm convinced that seed grown here in our region will usually do better than seed grown in Oregon, China, or the Mediterranean (most commercial seed is grown in semi-arid regions). People often assume that seed companies produce their own seed. But the reality is that production is much more centralized. A given variety might be offered in 50 different seed catalogues in North America, but it's very likely that all of those companies source their seed from the same large-scale grower. What we're doing is unfortunately pretty rare. I can count on one hand the number of 100% regional seed companies in Canada.

GV: How do you acquire the varieties that you are collecting?

OB: Some varieties I'll seek out from other seed companies. I often get asked about certain varieties while I'm at the market, and I keep a scrap of paper with me to jot down interesting-sounding ones to try. But some of my favourite varieties are the ones that have been gifted to me by local families and gardeners. We have a long tradition of growing your own food here in rural Nova Scotia, and some families still carry on seeds passed down through multiple generations. The Wentzell tomato is a good example; grown

by the Wentzell family of New Germany since possibly the 1800s. It was passed on to the Dreschers of Windhorse Farm, and then on to me. And it's such a good tomato! 100+ years of regional adaptation makes a difference.

GV: Why is seed-saving important?

OB: There are a lot of reasons to be into seed saving, but I'd say maintaining biodiversity is the big one for me. There's such a vast array of shapes, colours, and flavours that our seeds can possess, far more than the narrow vision offered by the industrial food system. There are said to be 15,000+ varieties of tomato in the world. Although most of those aren't suited to efficient commercial production, they possess traits and flavours that it would be a tragedy to lose. There's also the cultural aspect of seeds. Each seed carries a story, having co-evolved for centuries or millennia alongside people. Sometimes travelling long distances with those people and sometimes staying in one place. Food and storytelling are pretty much the basis of culture, and seeds encompass both. So to lose our seeds means more than simply losing biodiversity. I think Nova Scotia would be a much poorer place if it didn't have the Wentzell Tomato.

I'd encourage every gardener to also be a seed saver. It's a simple skill to collect your own seed, and to have control over the full cycle of your garden is an awesome feeling. The more people's hands the seeds are in, the more diverse and resilient we'll collectively be.

www.annapolisseed.com



WHO'S WHO: MAYAR TAHINA

Mike Butler

A few months ago, I was presented with a certificate from MLA Keith Irving at a special ceremony recognizing the achievements of the many volunteers and professionals in our community. It was a great and humbling honour to be in the presence of so many wonderful people. I looked around at the "celebrity" panel of honourees and it dawned on me rather quickly that many had appeared in my Who's Who column. So, like any good journalist, I took it upon myself to network with those new faces that have not been presented here, and my roster is now chalk full of people to include in upcoming issues. This amazing gentleman absolutely stole my heart among the many WOW stories told that evening, and I couldn't wait to share it with my readers.

Mayar Tahina is originally from Syria but left when he was 14 years old and came to Canada in February 2016 with his parents, two brothers, and one sister. This move was a glorious, confusing, and mixed adventure for Mayar and his family, but in a short time chatting with him, it became clear that he's the type of gentleman that rolls with changes and embraces them wholeheartedly. Mayar is a third year computer science

student at Acadia University, and let me tell you folks, he's brilliant! I am not here to stroke an ego: the man is a computer/tech genius!

Mayar says, "surviving a war and seeing a new world opening up for me makes me think that I can do something and I can change the world in some ways." This motivation prompted Mayar and some of his friends to create HyperOptimal, a business built to help other businesses with tech issues related to websites and apps, and custom software to meet their needs, along with branding and marketing strategies. "I started HyperOptimal to be my first step in the business world," Mayar says. "I chose technology because it is limitless and the benefits that it can offer are countless. We always try to make our clients fully immersed in the solution that we choose for them so that they can see how it can affect their business and how it is going to change the way they interact with customers. We encourage everyone to go our website, hyperoptimal.ca and send questions and touch base with us if they need assistance." What keeps Mayar motivated in this line of work is that it gives him the power to build giant projects that mainly

depend on technology and he believes there's no limit to how big he can dream. With such a unique background and story to tell, Mayar stays positive and embraces the challenges that lay before him.

So how has he adapted to Canadian life? Are we really as friendly as we're portrayed in beer commercials? Well, I asked. And he said, "What I love most about Wolfville, in general, is that people are supportive and they want to see you having fun, they want to see you succeed and they want to help if they can. One of the things that we were afraid of opening our business here in the Valley is that we won't have enough customers to survive, but with the support from the community it has proven the opposite. My professors are helping to get me more clients, friends and everyone I know in the community is actively helping and trying to see us succeed. Coming to Canada was a wonderful and scary thing but it's opened my eyes to know that people love each other whether they're strangers or family."

I hope someday, readers, you get the opportunity to meet and chat with this fine gent. His



positive attitude and cheery disposition are a breath of fresh air and Mayar is looking at the future with a very ambitious and hopeful perspective.

To Mayar and the many big dreamers out there: thank you for your story and your work. You give us all hope that anything is possible! All the best!



TOWN OF WOLFVILLE: TAKING CLIMATE CHANGE INITIATIVES TO THE NEXT LEVEL

Submitted

Last November, Wolfville's mayor and council voted unanimously to "take a position against the further development of fossil fuel resources in the region," and to support "no further fossil fuel development in NS." This important decision has led the Town of Wolfville to take climate change mitigation initiatives to the next level by with the addition of a new energy and climate change staff position, regional work with other municipalities, a local energy reduction campaign, and partnerships to support solar power and electric vehicle charging stations.

Funding for the new climate change staff position is provided through the Municipalities for Climate Innovation Program (MCIP) delivered by the Federation of Canadian Municipalities and funded by the Government of Canada. Wolfville was the only town in Atlantic Canada to receive funding through MCIP, along with 57 other municipalities/towns in other parts of Canada.

For Mayor Jeff Cantwell, "this is great news and will enable us to take some practical steps forward. We want to boost the culture shift needed within the Town to bring us all along together on climate change. Having extra resources, both human and financial, is a great and very positive way to start 2019."

Director of Planning & Development Devin Lake is close to completing the process to hire for the new staff position. "The sooner we can get the new person onboard," he says, "the quicker we can begin to lead by example with climate change initiatives. This is an exciting time for the Town."

Once hired, the new Climate Change and Energy Coordinator will focus on developing the greenhouse gas emissions reductions plan, building on the Town's position in the Partners for Climate Protection Program, working with municipalities across the province as part of 'Transition 2050' in partnership with the Clean Foundation, and moving forward with the Inspire Wolfville campaign.

Transition 2050 is a project to create emissions reductions through peer learning, strategic planning, and operational implementation on a regional scale. Participants build a network sharing similar challenges and solutions in addressing existing carbon reduction barriers. By participating in this initiative, municipalities can leverage lessons learned from municipalities facing similar challenges.

Inspire Wolfville is a series of community-focused climate and energy initiatives that include marketing and promotions to increase residents' engagement towards a sustainable future in the Town.

Wolfville is also approved for the Solar Electricity for Community Buildings Program, which will see the Town of Wolfville invest in a 45 kilowatt solar electrical system install on the Public Works building, making it the largest solar electrical system in the Town of Wolfville.

Additionally, in the 2019/20 operating budget, council has committed \$350,000 to invest in shoreline protection and \$100,000 over the next two years for flood risk mitigation. Council recognizes the urgent need to plan and invest for the future.

The Town of Wolfville is proud of the partnerships it has developed so far to support climate change and energy planning work. Acadia University continues to be a strong community partner and it is a significant opportunity for the Town to be working with the university on the creation of an electric vehicle charging station (level 3).

Mayor Cantwell commented that "partnerships are the key to moving forward with successful climate change initiatives including the key partnership between the Town and our residents."



THURSDAY, APRIL 18

Host Home Info and Support – *The Portal, Kentville 6-8pm* • Host Home Program information session – a time to learn about the program, ask questions, apply to become a host home, and network with other hosts if you are already a host home. **TIX:** no charge **INFO:** 902-365-3773 / susan@portalyouth.ca

Benefit Concert – *Horton High School, Greenwich 7pm* • Concert in support of the music program and the Kings Kikima Grannies who fundraise for HIV orphans raised by their grannies in Kikima, Kenya. The Grannies will be selling previously loved jewelry starting at 6pm. Canteen. **TIX:** free will offering **INFO:** roseannehogan1965@gmail.com

Quiz Night – *Royal Canadian Legion, Berwick 7-11pm* • Quiz Night, 50/50 prize, and tacos. **TIX:** no charge **INFO:** 902-538-9340

Jam Session – *Community Centre, Wilmot 7-9:30pm. Also April 25* • Jam session with snack. **TIX:** \$2 **INFO:** 902-825-3125

Culture of Efficiency Wolfville – *Farmers Market, Wolfville 7-8:30pm* • Join Ben from the Ecology Action Centre to learn how to make a building more energy efficient. RSVP at <https://ecologyaction.ca/culture-of-efficiency-workshops> **TIX:** no charge **INFO:** 902-442-0199 / bengrieder@ecologyaction.ca

General Meeting – *Royal Canadian Legion, Windsor 7:30-8:30pm* • New members welcome. **INFO:** 902-798-0888 / WindsorLegion@bellaliant.com

FRIDAY, APRIL 19

Peter Rabbit – *Kings Theatre, Annapolis Royal 7pm. Also April 20, 2pm* • Feature adaptation of Beatrix Potter's classic tale of a rebellious rabbit trying to sneak into a farmer's vegetable garden. Rated PG. **TIX:** \$11 Adult, \$10 with Film Buff Card, \$8 Youth. **INFO:** 902-532-7704 / mk@kingstheatre.ca

SATURDAY, APRIL 20

Big Breakfast – *Community Hall, Centreville 7-10am* • Presented by The Good Neighbour Club. Eggs, bacon, sausages, juice, coffee, tea, homemade hash browns, toast, homemade beans, etc. Everyone welcome! **TIX:** free will offering **INFO:** 902-678-3999

Breakfast – *Lions Club, Wolfville 7-10am* • Everyone is welcome! **TIX:** \$7 adults, \$4 children under 10. **INFO:** KimStewart@outlook.com

Breakfast – *Royal Canadian Legion, Windsor 7:30-10am* • Bacon, ham, sausage, eggs, pancakes, hash browns, baked beans, toast, juice, coffee/tea **TIX:** \$7 adults, \$5 ages 5-12 years, no charge under age 5 **INFO:** 902-798-0888 / windsorlegion@bellaliant.com

Breakfast – *United Church, Aylesford 8am-11am* • Delicious homemade pancakes, scrambled eggs, ham, sausages, toast, tea, coffee and juice. Wheelchair accessible. **TIX:** donation **INFO:** 902-847-9624 / aylesfordunited.com

Pancake Breakfast – *Fire Hall, Kentville 8-11am* • NKEC Pancake Breakfast in support of Safe Grad. **TIX:** free will offering **INFO:** rchainstock@gmail.com

Valley Trekkers Volkssport Walk – *Fort Edward Mall, Kent Building Supplies, Windsor 10am* • Windsor Walkabout. Meet at Kent Building Supplies (exit 5 off Hwy 101). Registration 9:30am. Walk 10am. This is a 5/10 km, 3 B walk. **TIX:** no charge **INFO:** 902-472-2261

Community Easter Egg Hunt – *Church of Christ, Weymouth 10-11am* • Over 1000 plastic eggs, plus hundreds of loose chocolates to give away, along with a snack, Bible story and a ton of fun! For children up to age 12. (Please enter side parking lot for the hunt) **TIX:** no charge **INFO:** 902-837-5506

Easter Bunny Bingo Special – *Royal Canadian Legion, Windsor 7:30pm* • All regular games \$400, 1 Game of \$500, 1 Game of \$1,000. Mini Bingo starts 7:30pm, Regular Bingo 7:45pm **INFO:** 902-798-0888 / windsorlegion@bellaliant.com

Manning Chapel Choir, 1000 Beautiful Things – *Manning Memorial Chapel, Wolfville 7:30-9:30pm* • On the eve of Easter, we share in the anticipation of new growth, hope reborn, and the limitless beauty in each one of us. Choral music performed by the Manning Chapel Choir directed by John Scott. **TIX:** \$10 suggested donation at the door. **INFO:** 902-698-2337 / johnmatthewscott@gmail.com

Dance – *Royal Canadian Legion, Wolfville 8-11pm* • Shake a leg and enjoy some great 60's and 70's music by Northfield! **TIX:** \$8 **INFO:** 902-542-5869 / wolfvillelegion@gmail.com

Songwriters Circle – *Royal Canadian Legion, Berwick 8pm* • A night of stories & song with Ian Sherwood, Cameron Nickerson & Caleb Miles. **TIX:** \$20 @ the bar **INFO:** 902-538-9340 / waysnmeansberwick@yahoo.com

Easter Theme Dance – *Royal Canadian Legion, Middleton 9pm-12am* • The Barkhouse Trio will be performing. Cash prizes for best costumes **TIX:** \$10 per person **INFO:** 902-825-4751

SUNDAY, APRIL 21

Easter Morning Sunrise Service – *French Cross, Morden, Morden 6:25am* • A Sunrise Service at the French Cross, followed by breakfast in the Morden Hall. All welcome. **TIX:** donation **INFO:** 902-847-9624 / aylesfordunitedchurch@gmail.com

Hymn Sing – *United Baptist Church, Wolfville Ridge 7-9pm* • Special guest is Matt Lunn. Refreshment and fellowship will follow. **TIX:** donation **INFO:** 902-542-3419

Fundy Cinema screens WILD ROSE – *Al Whittle Theatre, 7pm* • Jessie Buckley, Sophie Okonedo and Julie Walters star in an inspiring dramedy about a young single mother and would-be country singer who dreams of leaving her dreary Glasgow life for the bright lights of Nashville. **TIX:** \$10 **INFO:** 902-542-1050

MONDAY, APRIL 22

Family Fun Day and Community Garden Meeting – *TapRoot Farms, Port Williams 10:30am-2pm* • Walk around the fields, say hello to the animals and join in our Easter scavenger hunt! Join us in the afternoon for our first community garden meeting. Pay what you can donations to help cover costs. **TIX:** Donation **INFO:** 902-542-3277 / outreach@taprootfarms.ca

SOUP – *Royal Canadian Legion, Wolfville 11:30am-1pm* • Enjoy free SOUP and dessert! Open to the general public. **TIX:** no charge **INFO:** 902-542-5869 / wolfvillelegion@gmail.com

Fundy Cinema screens WILD ROSE – *Al Whittle Theatre, 7pm* • Jessie Buckley, Sophie Okonedo and Julie Walters star in an inspiring dramedy about a young single mother and would-be country singer who dreams of leaving her dreary Glasgow life for the bright lights of Nashville. **TIX:** \$10 **INFO:** 902-542-1050

Songs of the World – *Wolfville Baptist Church, Highland Ave & Main St. 7:30pm* • An evening of world music celebrating Earth Day. The KCCB is a concert band playing a variety of kinds of music: folk, rock, jazz, Broadway and film. **TIX:** Admission is free, but donations accepted. **INFO:** dpkapp@gmail.com

TUESDAY, APRIL 23

Coffee & Tea & Conversation – *Royal Canadian Legion, Wolfville 10am-12pm. Also April 30* • Enjoy bottomless coffee/tea, snacks and conversation. **TIX:** \$2 **INFO:** wolfvillelegion@gmail.com

Play with Me – *Autism Centre, Kingston 1-2:30pm. Also April 30* • A time to be creative, active, and engaged with your child/children. All ages welcome. **TIX:** no charge **INFO:** 902-678-5760 / family.centre@ns.sympatico.ca

Kings REMO Emergency Preparedness Presentation – *Fire Hall, Canning 7-8pm* • Emergency Preparedness – What it Means to You! **TIX:** no charge **INFO:** REMO_kingscounty@countyofkings.ca

WEDNESDAY, APRIL 24

Let's Get Up & Move – *Kings County Family Resource Centre, Kentville 9:30am. Also May 1* • An hour of increasing your heart rate and having fun. Free childcare available. **TIX:** no charge **INFO:** 902-678-5760 / family.centre@ns.sympatico.ca

Driver Refresher Program – *Lions Club, Wolfville 10am-2pm* • Increase your driving knowledge and confidence. Topics include: defensive driving, new driving laws, vehicle technology, driving to your abilities, and more. Light lunch provided. Registration required. **TIX:** no charge **INFO:** 902-542-3817 / michelle.parker@cmp-grc.gc.ca

Play Group Plus – *Kings County Family Resource Centre, Kentville 10-11:30am. Also May 1* • Sing songs, do finger plays, play in the gym and more. **TIX:** no charge **INFO:** 902-678-5760 / family.centre@ns.sympatico.ca

Spring Coffee Party – *United Church, Berwick 10am-12pm* • **TIX:** freewill offering accepted. **INFO:** lrwb1968@ns.sympatico.ca

Baby and Me – *TWO LOCATIONS: Kings County Family Resource Centre, Kentville / Fire Hall, Kingston, 10:30-11:30am. Also May 1* • A great place to connect with other moms and babies, share stories, learn songs and rhymes you can do together. **TIX:** no charge **INFO:** 902-678-5760 / family.centre@ns.sympatico.ca

Tumble Bugs – *Kings County Family Resource Centre, Kentville 10:30-11:30am. Also May 1* • 10-week program for children ages 3-5 years old and their parent or caregiver. Teaches basic movement activities and modified gymnastics that are fun, safe, and developmentally appropriate. **TIX:** no charge **INFO:** 902-678-5760 / family.centre@ns.sympatico.ca

Family Fitness Time – *Louis Millet Community Complex, New Minas 6-7pm. Also May 1* • A time for all family members to get active and spend time together. All ages and abilities. **TIX:** no charge **INFO:** 902-678-5760 / family.centre@ns.sympatico.ca

Fundy Cinema screens GARRY WINOGRAND: ALL THINGS ARE PHOTOGRAPHABLE – *Al Whittle Theatre, 7pm* • Sasha Waters Freyer directs an intimate portrait of the life and work of acclaimed 'street photographer' Garry Winogrand whose iconic photographs created an encyclopedic portrait of America from the late 1950s to the early 1980s. **TIX:** \$10 **INFO:** 902-542-1050

AGM for Avon River Arts – *The Bread Gallery, Brooklyn 7:30-9pm* • Join us as we look back on our first year under the moniker Avon River Arts and ahead to 2019, including a preview of advance copies of the first edition of our Arts & Culture guide for the Avon River area! **TIX:** no charge **INFO:** avonriverarts@gmail.com

THURSDAY, APRIL 25

Let's Get Messy – *Louis Millet Community Complex, New Minas 9:30-10:30am. Also May 2* • Explore various art forms and sensory opportunities with your child. All ages. **TIX:** no charge **INFO:** 902-678-5760 / family.centre@ns.sympatico.ca

Coffee & Tea & Conversation – *Royal Canadian Legion, Wolfville 10am-12pm* • Bottomless coffee/tea, snacks and conversation. **TIX:** \$2 **INFO:** wolfvillelegion@gmail.com

Plein Air Art – *Waterfront Park, Wolfville 10am-1:30pm* • The Plein Air Artists Annapolis Valley group now meets on Thursday mornings (10am) and Sunday afternoons (1pm) to paint on-location throughout the Annapolis Valley. **TIX:** no charge **INFO:** 902-701-8106 / edwardwedler@gmail.com

Blood Donor Clinic – *Fire Hall, Kentville 1-3pm & 5-8pm* • New donors welcome. In co-operation with the Kentville Lions Club. Book your appointment at blood.ca **TIX:** no charge **INFO:** 1-888-2-DONATE

Solo Cello: Canadian Tour – *Lightfoot & Wolfville Vineyards, Wolfville 7pm* • Cellist Cameron Crozman. Suites by Back and Britten w/ music by Cassado and Gabrielli. **TIX:** \$39 + hst @ lightfootandwolfville.com. Includes concert admission, wine pairings and light nibbles at intermission. Wine by-the-glass bar available for additional purchase. **INFO:** cameroncrozman.com

FRIDAY, APRIL 26

Clothing Give Away – *United Baptist Church, Centreville 9am-11:30pm* • Spring & summer clothing, bedding, other items at no charge. Donations accepted through April 25 at the church. **TIX:** no charge **INFO:** Madeline, 902-678-7584 / Church, 902-678-1946 / lesbms@eastlink.ca

Blood Donor Clinic – *Fire Hall, Kentville 12-3pm* • New donors welcome. In co-operation with the Kentville Lions Club. Book your appointment at blood.ca **TIX:** no charge **INFO:** 1-888-2-DONATE

Friday Night Supper – *Royal Canadian Legion, Berwick 5-7pm* • Open faced hot turkey sandwiches with french fries, peas & carrots. Homemade desserts available for purchase **TIX:** \$8 per plate, \$2 per dessert **INFO:** 902-538-9340 / waysnmeansberwick@yahoo.com

Dance: Island Boys – *Royal Canadian Legion, Windsor 7-11pm* • Ages 19+ **TIX:** \$5 **INFO:** 902-798-0888 / windsorlegion@bellaliant.com

Ronok Sakar – *The Union Street, Berwick 7-9pm* • guest, Halifax songwriter laureate, Ronok Sakar. Reservations by phone or online. **TIX:** no charge **INFO:** 902-538-7787 / www.theunionstreet.com

High Energy DJ Services – *Royal Canadian Legion, Berwick 7:30pm* • A great mix of tunes for your dancing or listening pleasure. They also have the lights. A night you won't want to miss!! **TIX:** Pass the hat. **INFO:** 902-538-9340 / waysnmeansberwick@yahoo.com

SATURDAY, APRIL 27

Monthly Breakfast – *Church Hall, St. James Anglican Church, Prospect St., Kentville 8-10am* • Large choice of food items available. **TIX:** Minimum \$7 free will offering, \$5 children under 15 **INFO:** cameronduo@bellaliant.net

Spring Flea Market – *Community Hall, Somerset 8am-1pm* • Spring Flea Market with various sellers. Proceeds for hall upkeep **TIX:** no charge **INFO:** 902-670-7566 / elva.kelley@ns.sympatico.ca

Indoor Yard Sale – *Kings Presbyterian Church, New Minas 8am-12pm* • Annual Indoor Yard Sale. **TIX:** no charge **INFO:** 902-385-2550 / doricesutcliffe@icloud.com

Indoor Yard Sale – *Bethany Memorial Baptist Church, Aldershot 8am-12pm* • Everything from plants and baked goods to kitchen items, clothes, & doodads! All proceeds towards support of our mission partners and church programs. **TIX:** no charge **INFO:** 902-678-1545 / jennie.enman@gmail.com

Big Breakfast – *Royal Canadian Legion, Wolfville 8-10am* • Eggs the way you like 'em, bacon, sausage, toast, real hash browns, baked beans, and more! **TIX:** \$7 **INFO:** wolfvillelegion@gmail.com

Yard Sale – *Holy Trinity Anglican Church, Middleton 8am-8pm* • Yard Sale with many treasures. **TIX:** donation **INFO:** 902-825-2326

Family & Friends Yard Sale – *Windermere Community Hall, 402 Windermere Rd., Berwick Variety of sellers. TIX: no charge INFO: 902-389-2399 / brucebeattie155@gmail.com*

Canning and Area Food Bank Drive – *First Cornwallis Baptist Church, Upper Canard 9am-12pm* **TIX:** donation **INFO:** 902-690-5425 / derbenett@gmail.com

Ticket Raffle, Bake Sale & BBQ – *Fire Hall, Kingston 9am-1pm* • Proceeds to assist with travel costs for Sisters of Science to attend international competition **TIX:** no charge **INFO:** 902-765-8807 / anscomb@eastlink.ca

SPCA Craft Sale/Flea Market – *Three Mile Plains Community Hall, Windsor, 9am-1pm* • Baked goods, homemade chocolate, blueberry products, sewing crafts, jewellery, Tupperware, giftware & more. 50-50 Draw, Canteen. Funds raised pay vet costs for animals needing our help in Hants Co. **TIX:** no charge **INFO:** 902-798-4428 / hantsspca@gmail.com

A.R.T. a Thon – *Louis Millet Community Complex, New Minas 9:30am-3pm* • 50 seats, classes by Rachael Reeves & Heather Porter. Classes, Lunch (Keto Available). Win prizes. Register early. Call/email for pledge sheets. **TIX:** \$100 per ticket, plus sponsorship pledge donations **INFO:** Denise Young, 902-678-1964 / denise@ourhousererecovery.org

Tumble Bugs – *TWO LOCATIONS: Glooscap Elementary School, Canning / Town Hall, Berwick, 9:30-10:30am* • 10-week program for children ages 3-5 years old and their parent or caregiver. Teaches basic movement activities and modified gymnastics that are fun, safe, and developmentally appropriate. **TIX:** no charge **INFO:** 902-678-5760 / family.centre@ns.sympatico.ca

Designer Dress Pop-up Shop Fundraiser – *New Boundaries, Windsor 10am-2pm* • New Boundaries presents a Designer Dress Pop-up Shop Fundraiser. All funds raised will go towards lunchroom and program upgrades. **TIX:** no charge **INFO:** 902-798-5160 / communityemployment@newboundaries.ca

Open House – *Pisiquid Canoe Club, Windsor, NS 11am-1pm* • Come meet our staff, tour the club, and learn about our programs! We offer recreational and competitive Summer 2019 canoe and kayak camps on beautiful Lake Pisiquid. **TIX:** no charge **INFO:** 902-830-9047 / headcoach@pisiquidcanoecub.ca

Washer Toss – *Royal Canadian Legion, Canning 11:30am-7pm* • Registration 11am. Play starts at noon. Round Robin Format. Fundraiser for the Legion for repairs/renos. There will be a Six Pack Pool and 50/50 draw. **TIX:** \$30/team, \$15 single. Call the Legion after 4pm, T-F, or text Wendy. **INFO:** Legion, 902-582-7246 / Wendy, 902-691-4477

Ticket/Silent Auction – *District School, Falmouth 12-2:30pm* • Proceeds for the 3rd Falmouth Scouts Trip to the International Scouting Center in Switzerland. **TIX:** donation **INFO:** 902-799-1659 / dpar@granite-it.net

45's Card Party – *Lions Club (senior's room), Canning 1:30pm* • 50/50 Tickets will be sold. Prizes and refreshments are available. Sponsored by the Canning Seniors Club. **TIX:** \$2 **INFO:** Gladys Starratt, 902-678-2030 / Eugene Thibideau, 902-365-2345

The Life and Times of the Mermaid Theatre – *West Hants Historical Society Museum, 281 King St., Windsor 2pm* • Public presentation by Sara Lee Lewis, co-founder of Mermaid Theatre of Nova Scotia. **TIX:** Admission free, donations welcome. **INFO:** 902-798-4706 / whhs@ns.iantzinc.ca

Spring Tea and Sale – *Three Rivers Community Centre, Torbrook Mines 2-4pm* • Enjoy a buffet tea table with ice cream sundae desserts, hand-crafted jams, jellies, & jewellery by Jane. **TIX:** \$5 **INFO:** 902-765-3049

TIDE PREDICTIONS at Cape Blomidon

Source: Canadian Fisheries & Oceans.
www.waterlevels.gc.ca

APR	HIGH	LOW
18	12:35pm	6:44pm
19	• 1:24pm	7:32pm
20	2:12pm	7:57am
21	2:59pm	8:44am
22	3:46pm	9:30am
23	4:35pm	10:17am
24	5:25pm	11:06am
25	6:18pm	11:58am
26	7:14pm	12:53pm
27	7:37am	1:51pm
28	•• 8:36am	2:49pm
29	9:32am	3:44pm
30	10:23am	4:33pm
MAY		
01	11:09am	5:17pm
02	11:52am	5:57pm

There are normally two high and two low tides each day. Only daylight tide times are listed. • Highest High: 44.6 feet •• Lowest High: 34.4 feet

Frenchies Fashion Show and Tea – Community Hall, Black River 2-4pm • Enjoy refreshments and a fashion show. Models will be wearing exclusive Frenchies clothing. Used clothing, jewellery, and footwear for sale. **TIX:** no charge **INFO:** 902-542-5125 / sharonlake07@gmail.com

Expressive Cafe – Aphasia Nova Scotia – West Kings Memorial Health Centre, Berwick 2-4pm • Practice speech and language skills in a safe and supportive setting, learn more about YOUR aphasia, and socialize with families living with aphasia. **TIX:** no charge **INFO:** Mike, 902-698-9661 / Aphasia NS, 902-445-4960 / AphasiaNS@gmail.com

Community Supper – Fire Hall, Aylesford 4-6pm • Community Turkey Supper. Proceeds to the Aylesford Firefighters Auxiliary **TIX:** \$12 per plate, children 10 and under \$6 **INFO:** 902-847-9179 / karenleatwater@hotmail.com

Potluck – Windsor Forks District School, Windsor Forks 4-6pm • Sponsored by St. Georges Ladies Guild, Falmouth. This is a fundraiser for the church. **TIX:** \$12 adults, \$5 children, no charge under 5 years. **INFO:** 902-798-2566 / lsaylward@bellaliant.net

Fun Fair – Baptist Church, North Alton 4:30-7pm • Games, BBQ, cake walk, silent auction. Proceeds for youth programs. **TIX:** Buy tickets **INFO:** 902-678-7168 / valerihope@hotmail.com

Pizza & Movie Night – Christian Fellowship Centre, Wilmot 5:30-8pm • Pizza at 5:30pm. Movie starts 6pm. True story of a new pastor, the tiny church he was ordered to shut down & a group of refugees from Southeast Asia he is determined to help. **TIX:** no charge **INFO:** 902-765-4124 / bfboddy@gmail.com

Miniature Bookcase Workshop – The Box of Delights Bookshop, Wolfville 6-9pm • Freedom Miniatures is coming to Wolfville! Join us at the bookshop for an evening of crafting as we learn how to make a miniature bookcase and books. **TIX:** \$40 per person @ The Box of Delights Bookshop **INFO:** 902-542-9511 / boxofdelightsbooks@gmail.com

Variety Show Fundraiser – United Church, Kingston 7-9pm • Proceeds toward Benevolent Fund and Flooring Fund. Everyone welcome. **TIX:** freewill offering **INFO:** njarmstrong@eastlink.ca

Kevin Davison in Concert – St. James Anglican Church, Kentville 7-9pm • A concert to celebrate spring. Refreshments will be served. **TIX:** \$10 at the door **INFO:** 902-678-2313 / kellipton@gmail.com

What's Happening continued on page 14.

WEEKLY EVENTS

THURSDAYS

TAOIST TAI CHI™ – Louis Millet Community Centre, New Minas 11am-2pm. **INFO:** Mary Anne, 902-678-4609 / kentville@taoist.org

The Hantsport Seniors & Elders Club "Drop-in" – St. Andrews Church Hall, Hantsport 1-4pm. Play an assortment of games; tea-break at 3pm. All ages! **INFO:** 902-352-2085 / davidold@eastlink.ca

In the Round Knitting Group – Gaspereau Valley Fibres 1-4:30pm. Also Tuesdays 6-9pm. Bring your knitting, rug hooking, spinning, or felting. **INFO:** 902-542-2656 / gaspereauvalleyfibres.ca

Tapestry: Women's Cancer Support Group – We meet the 2nd Thursday of each month. Please call for time/location. **INFO:** Dorothy, 902-538-3374 / Pat, 902-678-9100 / Margot, 902-542-1466 / margotwithat@hotmail.com

Social Fiber Art/Crafting – River Street Workshop for Art and Lifestyle, Kentville 6-9pm. Informal drop in. **FE:** \$6 **INFO:** justinmacdonald@aurora-lee.ca

Taekwondo – Baptist Church, North Alton 6:30pm (kids 4-14), 7:30pm (adult). Also Tuesdays. Exercise, self defense, respect, listening skills, focus, self discipline and confidence. **TIX:** no charge to try a class **INFO:** 902-670-8714 / devin@ennissecurity.ca

GriefShare – New Hope Wesleyan Church, Kentville 7-9pm. Help and encouragement after the death of a loved one. **TIX:** no charge **INFO:** 902-670-9288 / gerrits.bernadine@gmail.com

NonDuality Meetup – Manning Memorial Chapel, Wolfville 7pm-9pm. Every other Thursday. Non-denominational discussion of life and our place in the scheme of things. 19+ **FE:** no charge **INFO:** rozspeed57@gmail.com

Music Jam – Community Hall, Cambridge Station 7-10pm. **TIX:** \$2 **INFO:** 902-538-9957 / gands@xcountry.tv

Darts – Wolfville Legion, 7pm. All skill levels welcome. **INFO:** 902-542-5869

Windsor Legion Branch 009 General Monthly Meeting – The third Thursday of the month, 7:30pm. No meeting July & August. Fort Edward Mall, 35 Empire Lane. New members always welcome. **INFO:** 902-798-0888 / windsorlegion.ca

Cardio Kickboxing – Baptist Church, North Alton 8:30-9:30pm. Also Tuesdays. Adult class to improve coordination, cardiovascular improvements, self defence, stress and weight reduction. **TIX:** no charge for 1st week of classes **INFO:** 902-670-8714 / devin@ennissecurity.ca

FRIDAYS

Playful Pals Playgroup – THREE LOCATIONS: Recreation Centre, Wolfville / Fire Hall, Waterville / New Beginnings Center, Greenwood, 9:30-11:30am. Sing songs, play in the gym and more. Parent-child interaction. **TIX:** no charge **INFO:** 902-678-5760 / family.centre@ns.sympatico.ca

Low Impact Exercise Program – Christian Fellowship Centre, Wilmot. Every M-W-F, 11am-12pm. Geared for seniors, but open to everyone. **TIX:** no charge **INFO:** 902-765-0135 / wendynoble135@gmail.com

Chase The Ace & Supper – Royal Canadian Legion, Berwick 5-7pm • Downstairs; use back door. Cash bar. 19+ **TIX:** Tickets 3 for \$5. Supper \$8. Dessert \$2. **INFO:** 902-538-5815

Chase the Ace – Curling Club, Middleton 6:30-8pm • Draw at 8pm. Enjoy playing games in the dining hall. **TIX:** 3 tickets for \$5. **INFO:** 902-825-2695 / bemorine@hotmail.com

Boardgame Night – C@P Lab, Wolfville Public Library, 7pm. Bring your games! Ages 12+ **FE:** no charge **INFO:** 902-790-4536 / turpin56@gmail.com

Tremont Board Game Café – Tremont Hall, 738 Tremont Mtn Rd. 7-9:30pm • Every first and third

Friday (Next: April 5). Many new games & some oldies in a friendly environment. No charge. **INFO:** 902-765-4326.

Greenwich Jammers – Greenwich Community Hall, 7-9:30pm, through April. Jam session. All Welcome. **TIX:** \$2 **INFO:** Bill/Vera, 902-542-0501 / vera.n.thomson@gmail.com

Friday Night Jam – Royal Canadian Legion, Wolfville, 7-10pm. **INFO:** 902-542-5869 / wolfvillelegion@gmail.com

Jam Session – Wolfville Legion, 7pm. All welcome to listen or perform. **INFO:** 902-542-5869

Chase the Ace – Royal Canadian Legion, Windsor 6:30-8:45pm • Cut off for ticket purchase is 8:30pm, draw at 8:45pm. **INFO:** 902-798-0888 / WindsorLegion@bellaliant.com

SATURDAYS

Wolfville Farmers' Market – DeWolfe Building, Elm Ave., Wolfville 8:30am-1pm. April 20 Music: Chantal Peng. April 27 Music: The Vaudevillian. **INFO:** wolfvillefarmersmarket.ca

Berwick Community Market – Legion, 232 Main St., Berwick 9am-1pm, year round. Local producers and artisans! **INFO:** Chris, 902-538-5815 / chris48goddard@icloud.com

Flying Squirrel Adventures – Kentville Ravine, 9:45am-12:15pm. Third Sat. of the month, year round (Next: April 20). Learn about nature through games, activities, challenges, discussions, presentations, workshops and more! All ages. **FE:** no charge **INFO:** Facebook: Flying Squirrel Adventures

Drop in and Drum! – Baptist Church, Wolfville 1-2:30pm. First Saturday of the month (next: May 10, not May 4). W/Bruno Allard. Learn to play the djembe with rhythms & songs from West Africa. Drums provided. **FE:** \$5-\$10 (pay what you can) **INFO:** brunoallard7@gmail.com / facebook: Djembes and Duns Wolfville

Valley Stamp Club – Community Centre, Port Williams 1:30pm, 1st and 3rd Sat. of the month. Oct-June. Hall opens 12:30pm to provide an opportunity to trade, talk stamps. Meeting includes a presentation and auction. **INFO:** stamps@eastlink.ca

CHASE the ACE – Royal Canadian Legion, Branch #098, Kingston. Tickets available during bar hours & every Saturday, 1-3pm at the R.C.L. until winning JACKPOT number is drawn. Draw at 3:30pm. **TIX:** 4 for \$5. Must be over age 19 to purchase. **INFO:** dartshack@ns.sympatico.ca

Valley Game Night – Gametronics, New Minas 6pm. Board game/card game group. Yu Gi Oh – Thursdays, 6pm. Magic: The Gathering – Fridays, 6pm **FE:** no charge **INFO:** facebook.com/GameTronics

SUNDAYS

Group Meditation – Bishop Hall, Greenwich. 10:30am-noon. Join us sitting meditation, discussion and tea. Bring your own cushion if you prefer. Wheelchair accessible. **FE:** no charge. Donations accepted. **INFO:** 902-670-1006 / joan.norris60@gmail.com

Windsor Meditation Group – Visitor Information Space, Community Centre, Windsor 10:30am-noon. Meditation, discussion, and tea. Wheelchair accessible. **FE:** Free, donations accepted. **INFO:** 902-798-2958 / windsormeditationgroup@gmail.com

Social Ballroom Dancing – Community Centre, Port Williams 3pm. W/ DanceTime Port Williams. Practice existing dance skills and learn new group dances. Previous dance experience, partner required. **FE:** \$15 per person, per semester (Oct-Jan, Feb-May). First visit free. **INFO:** DanceTime.PortWilliams@gmail.com

Pool – Royal Canadian Legion, Berwick 3pm. **FE:** \$3 **INFO:** 902-538-9340 / gillyflowergarden@rocketmail.com

World Meditation Hour – Every third Sunday of the month, 4:30-5:30pm (Next: April 21). Manning Memorial Chapel (lower level), Acadia University, Wolfville. **INFO:** purepeace100@gmail.com

Bingo – Royal Canadian Legion, Windsor 7:30pm. Mini game 7:30pm, regular games 7:45pm. **TIX:** Basic card booklet \$25, extras available. **INFO:** 902-798-0888 / WindsorLegion@bellaliant.com

MONDAYS

Toddler Tonics – Kings County Family Resource Centre, Kentville 9:30-11am. Physical activity and fun for parents and children. No charge. **INFO:** 902-678-5760 / family.centre@ns.sympatico.ca

Windsor Game Night – Library, Windsor 6pm. Board game group. New players welcome! **FE:** no charge **INFO:** meetup.com/valleygames / turpin56@gmail.com

Windsor Duplicate Bridge Club – Windsor Legion (upstairs), Empire Lane, Windsor 6:30pm. A friendly club affiliated with ACBL – for skilled and less-skilled players. Bring your partner! **INFO:** 902-798-5658

Toastmasters – Eastern Kings Memorial Health Centre, Wolfville 6:30-8:30pm. Improve your communication and leadership skills in a fun supportive setting. Visitors ALWAYS welcome. **INFO:** wolfvilletostmasters.com

East Kings Chess Club – Library (upstairs), Wolfville 6:30-9pm. Bring your own set, board, and clock if you can. All levels/ages welcome. **INFO:** Ian Anderson, tfeloc@hotmail.com / 902-678-8009

Darts – Berwick Legion, 7pm. Mixed doubles, draw for partner, round robin format. **FE:** \$3 **INFO:** 902-538-5815

Jam Session – Louis Millett Community Centre, New Minas 7-9:30pm. **FE:** \$2 **INFO:** 902-681-6972 / vintagemusic1@hotmail.com

Kings Community Concert Band – Bishop Hall, Greenwich 7:15pm. Remember how much fun band is? Under the direction of Holly Lohnes. Particularly looking for new trumpet, trombone and sax players. **INFO:** Sarah, sarah@segconsulting.ca

TUESDAYS

County Crafters – Kings County Family Resource Centre, Kentville 9:30-11:30am. Crafting for adults. Childcare available. **FE:** no charge **INFO:** 902-678-5760 / family.centre@ns.sympatico.ca

Caregiver & Baby Yoga (non- mobile) – FitYoga, Windsor 10:30-11:30am. **FE:** \$14 drop in. Class passes available **INFO:** facebook.com/FitYogaWindsorNS

Qigong – Acadia Library, Wolfville 11:30am-1pm. Jack Risk will lead you through gentle but powerful movements. Experience the healing benefits of qigong. **TIX:** no charge **INFO:** jackrisk.ca

Rug Hooking in Kentville – Kentville Lower Recreation Centre (354 Main Street), 1-3pm. If you are a rug hooker or want to learn, join us for social hooking! Tea/coffee available, \$5 drop in fee. **INFO:** Mona, monapearl@ns.sympatico.ca / Lynn, lynndenney@eastlink.ca / 902-692-8118

Caregiver Support Group – Cedar Centre, 69 Cedar St., Windsor 2-4pm. Confidential Support Group for family/friend caregivers of loved ones with any physical or mental health condition. 2nd Tuesday of each month. **INFO:** Jennine, 902-680-8706 / info@caregiversns.org

TAOIST TAI CHI™ – Louis Millet Community Centre, New Minas 6-9pm. **INFO:** Mary Anne, 902-678-4609 / kentville@taoist.org

Toastmasters – Birchall Training Centre, 14 Wing Greenwood 6:30pm. Learn communication and

leadership skills in a fast-paced, fun setting. **TIX:** no charge **INFO:** annapolisvalley.easy-speak.org / edwardwedler@gmail.com

Celebrate Recovery – New Hope Wesleyan Church, Kentville 7-9:30pm. A faith based 12 Step program for anyone who needs help with hurts, habits & hangups. **TIX:** no charge **INFO:** 902-678-2222

45's Card Party – Royal Canadian Legion, Wolfville 7pm. Auction 45's, Nova Scotia's card game! 50/50 draw. too. Non-members welcome. **FE:** \$5 **INFO:** 902-542-5869 / wolfvillelegion@gmail.com

The Dukes Of Kent - Barbershop Harmony Chorus – Bethany Memorial Baptist Church, North Kentville 7-9:30pm. Men of all ages are welcome. **INFO:** Chris, 902-678-8865 / Seymourchris2@gmail.com

Card Game – Fire Hall, Vaughans 7pm. Card games every Tuesday. 50/50 draw and light lunch. **TIX:** \$2 to play **INFO:** ellajean.levy@gmail.com

Valley Voices – Female a cappella show chorus rehearses 7-9:30pm, Kentville Baptist Church CE Centre. Women of any age welcome. **INFO:** valleyvoices.org

Cribbage – Berwick Legion, 7pm. **FE:** \$10 per player **INFO:** 902-538-5815

Village Dancing – Wolfville Curling Rink (upstairs) 7:30-8:30pm Beginner / 8:30-10pm Advanced. Traditional style circle and line dancing from the Balkans & Middle East. No partner needed. Expert instruction. New dancers welcome. **FE:** \$7, \$5 students **INFO:** David, 902-690-7897

Board Game Night – Paddy's Pub, Wolfville 8pm-12am **TIX:** no charge **INFO:** 902-542-0059 / judy@paddys.ca

WEDNESDAYS

Coffee Time – Community Hall, Greenwich 9:30-11am. Join us for coffee/tea and a muffin. Chat with friends, new and old! **TIX:** donation **INFO:** Darlene, 902-542-3498 / darlene.hennigar@gmail.com / Bev, 902-542-7412

Gaeilge sa Ghleann - Irish in the Valley – Middleton & Annapolis Royal, alternating, 10am. Learn to speak Irish Gaeilge! All levels welcome. **INFO:** gaeilgesagheann@gmail.com / Facebook: Gaeilge sa Ghleann

Kentville Farmers' Market – 38 Cornwallis St, Kentville 10am-2pm. Fresh farm products, bread, honey, maple syrup, cheese, hot lunch food, local crafts and household goods. **INFO:** marketmanager@kentville.ca / kentvillefarmersmarket.ca

Wolfville Farm Market – Farmers Market, Wolfville 4-7pm. Live music, 10+ vendors, Market Suppers. April 24 Music: Marshall Lake. **INFO:** wolfvillefarmersmarket.ca

TV Bingo – Royal Canadian Legion, Windsor 6-7pm. ALSO Thursdays. **TIX:** Books available at bar. **INFO:** 902-798-0888 / WindsorLegion@bellaliant.com

GriefShare – New Hope Wesleyan, Kingston 7-9pm. Help and encouragement after the death of a loved one. **FE:** no charge **INFO:** 902-847-1225 / davetheman161@gmail.com

Auction 45's Card Party – 989 Deep Hollow Rd, Black River Community Hall 7-9pm. May-Oct. 50/50 tix available. Lunch provided. **FE:** \$3 **INFO:** sharonlake07@gmail.com

Jam Session – Lions Club, Kentville 7-9:30pm. **TIX:** \$2 **INFO:** 902-679-2367 / vintagemusic1@hotmail.com

Pool – Legion, Berwick 7pm. Round robin format. **FE:** \$3 to play **INFO:** 902-538-5815 / chris48goddard@icloud.com

Card Party – Northville Farm Heritage Centre, 7pm, Nov-April. Come play either cribbage or 45's. \$20 weekly door prize. **FE:** \$4 **INFO:** ruthbentley76@gmail.com

SATURDAY, APRIL 27 (cont'd)

Muggle Magic Trivia Night – Lions Club, Berwick 7-10pm
• Our first ever adults-only Harry Potter event will be a fundraiser for our annual Harry Potter Party. A trivia quiz, chili, sorting hat, green screen photo booth, Gladrags Wizardwear & More pop-up shop, costume contest, and more! Bring cash for bar and shopping. Form your teams now (no more than 4 per team). Ages 19+ **TIX:** \$25 **INFO:** 902-538-3663 / kmccberwick.ca/lions

Decade Dance – Gaspereau Community Centre, Gaspereau 8pm
• Get out of the house and let's rip! Everyone welcome. BYOB, PWYC. Fundraiser for The Disco-Ball Collective. **TIX:** Suggested \$10 donation **INFO:** Phil, pcdennis@gmail.com

Villages – Evergreen Theatre, Margaretsville 8-10:30pm
• Villages is an indie folk group heavily inspired by the spirit of the Maritimes. **TIX:** \$30 adults, \$25 military, \$15 students **INFO:** 902-825-6834 / evergreentheatre@gmail.com

SUNDAY, APRIL 28

Ticket Auction – Fire Hall, Waterville 10am-2pm
• Fur To Feathers ticket auction. Draw 2pm sharp. lots of new items **TIX:** no charge **INFO:** 902-538-8618 / janelloydperry@hotmail.com

Benefit for Danny Coleman – Meadowview Community Centre, Kentville 1-4:30pm
• Musical Benefit Show & Auction with proceeds for Danny Coleman for medical expenses. Local talent includes: David Arenburg, Basil Davidson, Connie Munroe, Albert Barkhouse, Carl Adams, Joan Sheppard, Ernie Whiston. Also, live auction and 50/50 draw. Everyone welcome! **TIX:** free will offering at the door **INFO:** 902-679-3769

Plein Air Art – Waterfront Park, Wolfville 1-4:30pm
• Paint on-location throughout the Annapolis Valley. **TIX:** no charge **INFO:** 902-701-8106 / edwardwedler@gmail.com

Frenchy Bag Day – Royal Canadian Legion, Canning 1-3pm
• Frenchy Bag Day. Donations of slightly used clean items welcome. Drop off at the Legion after 4pm, T-F, or after 1pm Sat. starting April 24. Please no large furniture or books. **TIX:** \$5 for large bag **INFO:** 902-582-7246

What is it anyway? – Wu Welcome Centre, Wolfville 2-3pm
• Ever pull something from the depths of your closet and ask yourself so "what is it anyway"? Share your strange objects with us at the Wolfville Historical Society's next monthly program. **TIX:** donation **INFO:** 902-680-0385 / randallhouse@outlook.com

Raise the Roof Fundraiser – Wolfville Baptist Church, Wolfville 2:30-3:30pm
• Enjoy an hour of gospel music by Berwick's best. Proceeds to assist with the new roof expenses. **TIX:** donation **INFO:** 902-542-5524

Fundy Cinema screens GLORIA BELL – Al Whittle Theatre, 4 & 7pm
• Julianne Moore and John Turturro star in Sebastián Lelio's revitalized English-language remake of his 2013 award-winning debut about a free-spirited, middle-aged divorcee hoping to find love on the dance floor. **TIX:** \$10 **INFO:** 902-542-1050

Musical Evening – Baptist Church, North Alton 7pm
• Frank Spinney concert. **TIX:** no charge **INFO:** 902-678-1739 / jtzwickler@yahoo.ca

MONDAY, APRIL 29

Spring Flea Market – Community Hall, Somerset 8am-1pm
• Spring flea market with various sellers. Proceeds for hall maintenance. **TIX:** no admission charge **INFO:** elva.kelley@ns.sympatico.ca

Toddler Tonics – Kings County Family Resource Centre, Kentville 9:30-11am
• Enjoy a morning of physical activity & fun. A chance to meet new families. **TIX:** no charge **INFO:** 902-678-5760 / family.centre@ns.sympatico.ca

Fun with Food – Louis Millet Community Complex, New Minas 9:30-11am
• Explore new recipes and cook with your child. A parent – child interactive group. **TIX:** no charge **INFO:** 902-678-5760 / family.centre@ns.sympatico.ca

SOUP – Royal Canadian Legion, Wolfville 11:30am-1pm
• Enjoy free SOUP and dessert! **TIX:** no charge **INFO:** 902-542-5869 / wolfvillelegion@gmail.com

DIY Projects – Kings County Family Resource Centre, Kentville 12:30-2pm
• Adults, come be creative and handy! Each week we will do a new project. **TIX:** no charge **INFO:** 902-678-5760 / family.centre@ns.sympatico.ca

TUESDAY, APRIL 30

Soup Luncheon – Baptist Church, Centreville
• Choice of soups & chowder, rolls, biscuits, dessert, tea/coffee. **TIX:** \$8 **INFO:** 902-678-1946

Beautiful Boy – Kings Theatre, Annapolis Royal 7:30-9:30pm
• David Sheff and his wife, Vicki, seem to have done everything right for their family. So when son Nic gets addicted to methamphetamine, David can't believe it, can't stop it, and can't help but risk everything to try to get his son back. As he grapples with Nic's lies, betrayals, and constant flirtations with death, the film reminds us of who Nic used to be – a sweet, thoughtful, beautiful boy. Adapted from the bestselling books by David Sheff and Nic Sheff. **TIX:** \$11 adult, \$10 w/Film Buff Card, \$8 youth **INFO:** 902-532-7704 / mk@kingstheatre.ca

WEDNESDAY, MAY 1

Redefining Retirement (Berwick) – Baptist Church, Berwick 9am-12pm
• A fun, free 5-part workshop series for older adults who are retired or nearing retirement. Through a series of self-reflective exercises, peer-to-peer conversations, and group discussions, participants will self-determine how they will live with purpose and passion during their retirement years. **TIX:** no charge. Registration required. **INFO:** 902-877-7683 / connect@redefiningretirement.ca

National Inclusive Employment Day – More Than a Label Consignment, Middleton 9am-6pm
• Grand Opening of our new Consignment Store for Individuals labelled with a disability to advocate for real work for real wages. BBQ, 50/50, big deals and more. **TIX:** donation **INFO:** 902-825-8472 / jaymee.lynn09@hotmail.com

Valley Youth Project Drop In – NSCC Kingstec Campus, Kentville 6:30-8:30pm
• A social drop-in for 2SLGBTQ+ youth and allies, 25 years & under. **TIX:** no charge **INFO:** 902-702-9473 / valleyyouthproject@gmail.com

Fundy Cinema screens 3 FACES – Al Whittle Theatre, 7pm
• Once again defying a filmmaking ban, Iranian master Jafar Panahi directs and stars in a thoughtful exploration of three Iranian women actors who, despite their different ages and circumstances, are united in their determination to be heard and to challenge traditional gender roles in their struggle for independence. **TIX:** \$10 **INFO:** 902-542-1050

Photography with Len Wagg – NSCC Kingstec Campus, Kentville 7-9pm
• Visit the Kings County Photo Club for a feature presentation by Len Wagg, an award-winning Canadian photographer and author whose work has been published all over the world. **TIX:** no charge **INFO:** kings.photography.club@gmail.com

Beltane Celtic Festival Ceilidh – St. John's Anglican Church, Wolfville 7-9:30pm
• Bealtainn (May Day), Ardyth & Jennifer (singer songwriters/harpists), Pam Mason (acoustic bass), Maggie Keppie (vocals), Duncan Keppie (accordion), Clara Whitman (fiddle), Sandy McMillan (small pipes). **TIX:** \$15 **INFO:** 902-542-5320 / johnduncankeppie@gmail.com

Auction 45 Card Party – Community Hall, Black River 7-9pm
• Lunch available. 50/50. **TIX:** admission \$3 **INFO:** 902-542-5125 / sharonlake07@gmail.com

Annapolis Valley Work Centre Tour – PeopleWorx, Coldbrook NS 8pm
• PeopleWorx offers a variety of programs and services from Coldbrook to Annapolis Royal to assist adults in overcoming obstacles to employment. This session focuses on one of the PeopleWorx programs; the Annapolis Valley Work Centre (AVWC). **TIX:** no charge **INFO:** 866-609-9675

THURSDAY, MAY 2

Plein Air Art – Riverside Park, Middleton 10am-1:30pm
• Paint on-location throughout the Annapolis Valley. **TIX:** no charge **INFO:** 902-701-8106 / edwardwedler@gmail.com

Chicken BBQ – Fire Hall, New Minas 11am-6:30pm
• It's the annual New Minas Volunteer Fire Department Chicken BBQ! Meal includes 1/2 chicken, roll, potato salad, & coleslaw. **TIX:** \$12. Delivery available for 4+ meals. **INFO:** 902-670-8085 / chickenbbq19@gmail.com

Junie B Jones: The Musical – Elementary School, New Minas 1pm & 7pm
• Drama students from grades 3-5 at New Minas Elementary school invite you to laugh yourself silly when they stage the hilarious Broadway Junior adaptation of Junie B. Jones: The Musical. **TIX:** \$5, \$20 per family of 5. Available at NMES, Cotton Tale Cafe (New Minas) or at the door. **INFO:** ancnr@gmail.com

Chase Padgett's Nashville Hurricane – Kings Theatre, Annapolis Royal 7:30-9:30pm
• Learn about Henry Waltrip (the Nashville Hurricane) from his humble trailer park beginnings, to the crazy gigs on the road with his blues playing mentor, Tyrone. **TIX:** \$34 general, \$30 members, \$12 youth (includes hst) **INFO:** 902-532-7704 / mk@kingstheatre.ca

LIVE THEATRE

Everybody's Talking About Jamie – Al Whittle Theatre, Wolfville April 19, 7pm
• 16-year-old Jamie doesn't quite fit in at school in Sheffield. This is a heart-warming story about defeating the bullies and staying true to who you are, even if your goal is to be a drag queen. **TIX:** \$15 at the door **INFO:** ntlive@justuscoffee.com

Ktown Comedy Weekend – Paddy's Pub, Kentville April 19, 20, 8-11pm
• Ktown Comedy Weekend! **TIX:** \$20 **INFO:** 902-433-5230

Mom's Gift – CentreStage Theatre, Kentville April 20, 26, 27, May 3, 4, 10, 11, 17, 18, 7:30pm, April 28, May 12, 2pm
• CentreStage, Kentville, presents Mom's Gift, a poignant comedy in time for Mother's Day. **TIX:** \$15 adult, \$12 seniors/students, \$5 12 and under. Reservations recommended. Cash/cheque only. **INFO:** 902-678-8040 / centrestage@centrestagetheatre.ca

Junie B. Jones: The Musical – Elementary School, New Minas May 2, 1pm & 7pm
• The adventures of Junie B. Jones, a sassy kindergartner/first-grader. Suitable for all ages. The plot allows for parents/guardians to have a conversation with their child(ren) about the character's choices and the natural consequences that follow. Directed by Mary Hanneman and Donna Carr along with musical director Wendy LaPierre. **TIX:** \$5 each, or \$20 per family @ NMES, Cotton Tale Cafe (New Minas), or at the door. **INFO:** 902-698-0521 / lovemydoodle@eastlink.ca

EXHIBITS

Painless Abstractions – Hardware Gallery, 36 Cornwallis St., Kentville Through May 4
• "Painless Abstractions" features pieces made of maple, oak, walnut, elm, and plexiglass, as well as photographs and pencil drawings, by the late Johan Willem (Hans) Albarda. **TIX:** no charge **INFO:** info@hardwaregallery.ca

Messy Hands & Masterpieces – Phoenix Hollow, 65 Chestnut St., Windsor May 5, 12-5pm
• Kelly Mitchelmore's 10th annual art show is a special celebration of a decade of art. The anniversary collection features new paintings from each series she has created in the last 10 years – over 50 new paintings. There is also a special diamond edition of Uncommon Poppies and an open studio sale. Part of the proceeds go to Avon View High School to fund an Arts Bursary. Enjoy an afternoon of wine, art & community. **INFO:** 902-306-0030 / me@kellymitchelmore.ca

Apple Bin Art Gallery – Valley Regional Hospital, Kentville
• Affordable, original art created by Valley artists. Part proceeds go towards hospital equipment and Annapolis Valley health care programs.

@ THE LIBRARY

For complete list of library events: valleylibrary.ca
All events are no charge/no registration unless otherwise stated.

NOTE: When AVRSB schools are closed due to inclement winter weather, all children's library programs for that day in that area will be cancelled.

THURSDAY, APRIL 18

The Hangout – Library, Kentville 6-7:30pm. Also April 25 & May 2
• Hang out w/ friends, play x-box games, board games, enjoy snacks. Every week. Ages 12-17. **INFO:** 902-679-2544

SATURDAY, APRIL 20

Family Board Games – Library, Windsor 1-4pm. Also April 27
• Try our new board games and have fun with your family. **INFO:** 902-798-5424

SUNDAY, APRIL 21

Introduction to Google Earth Virtual Reality and More! – Memorial Library, Wolfville 1-4:30pm
• Travel the world from the comfort of a rolling chair. Play a geography guessing game, or a board game. Participate in the Tour de France on our stationary bicycle. Use our Google Cardboard headsets with your phone and some free apps. **INFO:** 902-542-5760

TUESDAY, APRIL 23

Grandparent Group – Berwick and District Library, Berwick 10am-12pm
• If you are a grandparent who is raising or helping raise grandkids join us for coffee/tea and discussion of the many important issues that relate to the role. **INFO:** 902-678-5760 / family.centre@ns.sympatico.ca

DIY Crafts – Isabel & Roy Jodrey Memorial Library, Hantsport 3-4:30pm
• Supplies & instruction sheet provided for a "do-it-yourself" craft. For ages 6-14 (children under 10 with an adult). **INFO:** 902-684-0103

Dot Art – Library, Kentville 6:30-8pm
• Learn about the meditative benefits of dotting and make your own art to take home. All materials provided, no experience needed. For ages 18+. Please register. **INFO:** 902-679-2544

WEDNESDAY, APRIL 24

Elephant and Piggie Storytime – Memorial Library, Wolfville 10-11am
• Stories, songs and snacks. This month we celebrate Mo Willems' Elephant and Piggie books. Suggested age: 3-5. Parent/caregiver accompaniment is required. **INFO:** 902-542-5760

Tiny Tales – Library, Kentville 11-11:30am
• Enjoy rhymes, songs and books with other children and parents/caretakers. Best for ages 2-5. **INFO:** 902-679-2544

Photography Club – Library, Windsor 6-8pm
• Discuss, share and learn about photography techniques and processes. **INFO:** 902-798-5424

THURSDAY, APRIL 25

Springtime Stuffies' Sleepover – Memorial Library, Wolfville 10am-8pm
• This is a stuffies-only sleepover, but don't worry – we'll send them home the next day with lots of evidence of all the fun they had at the library after hours! Stuffies drop off time: April 25, 10am-8pm. Pick-up time: April 26, 10am-5pm. **INFO:** 902-542-5760

Spring Art Series – Library, Kingston 6:30-8pm
• 'Dot' painting on rocks and cards. An adult art program presented by '7Arts'. **INFO:** 902-765-3631

FRIDAY, APRIL 26

Fibre Ops – Library, Windsor 10am-12pm
• For knitters, hookers, crocheters, weavers and spinners. Bring your own project. **INFO:** 902-798-5424

Coffee & Conversation – Berwick and District Library, Berwick 10-11:30am
• Conversation Starter: Kathryn Dalton, Financial Advisor, and James MacDonald, Branch Manager from RBC Berwick will chat about money management. **INFO:** 902-538-8060

Babies and Books – Library, Kentville 10:30-11am
• Stories, songs and fun, for children aged 0-2 and their caregivers. **INFO:** 902-679-2544

SUNDAY, APRIL 28

Anne Bishop: Author Reading & Signing – Isabel & Roy Jodrey Memorial Library, Hantsport 3:30-5pm
• Anne Bishop will read from her recently published novel 'Under the Bridge' followed by Q&A, book signing. Coffee & tea, light refreshments. Book will be available for purchase (\$20). **INFO:** 902-684-0103 / annebishop.ca

MONDAY, APRIL 29

Busy Babies Storytime – Murdoch C. Smith Memorial Library, Port Williams 2:30-3pm
• For ages 0-2 and caregivers. **INFO:** 902-542-3005

Preschool Pals Storytime – Murdoch C. Smith Memorial Library, Port Williams 3-4pm
• Songs, stories and rhymes! For ages 2-5 and caregivers. **INFO:** 902-542-3005

WEDNESDAY, MAY 1

Babies & Books – Library, Windsor 10:30-11am
• Stories, songs, rhymes and social time for babies (0-24 mos.) and their caregivers. **INFO:** 902-798-5424


Cozy Corner Storytime – Isabel & Roy Jodrey Memorial Library, Hantsport 11am-12pm
• Stories, rhymes, games and crafts. Ages 2-6 and their caregivers. **INFO:** 902-684-0103

THURSDAY, MAY 2

Fun & Fables – Library, Windsor 10:30-11:30am
• Stories, songs, rhymes and crafts suitable for preschoolers (age 2-5) and their caregivers. Registration is required. **INFO:** 902-798-5424

Pysanky - Ukrainian Egg Decorating – Isabel & Roy Jodrey Memorial Library, Hantsport 6-8pm
• W/ Cathy Dunbar. All materials provided. No experience necessary. For adults. Please register in advance. **INFO:** 902-684-0103




Outreach Employment Services – Berwick and District Library, Berwick 6-8pm
• 1:1 support to residents requiring Employment Support. **TIX:** no charge **INFO:** 902-599-1038 / jbibbymacnabb@peopleworx.ca



YOGA: WATER

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MONDAY APRIL 22 • 7PM • LIGHTFOOT & WOLFVILLE
75 MINUTE CLASS • LEAD BY JENNY SINCLAIR
\$20 ENTRY • 100% DONATED TO CHARITY: WATER



Our wonderful volunteer crew proudly displaying repurposed paper coffee bag “pots” for this year’s plant sale. Credit: Melanie Priesnitz

WHAT’S GROWING AT THE HARRIET IRVING BOTANICAL GARDENS: IT’S PLANT SALE TIME!

Adrien Rawley, Horticulture Assistant and Educator

Spring is the season that reminds us of the power of patience. April greets us with a scattering of warm, sunny days that thaw the ground, encourage the return of the birds, and lift our spirits, only to dash them overnight with a dramatic plunge in temperature and a wild snow storm. Surrounded by the bleak and drab colours of last year’s leaves and the all-encompassing “springtime brown,” our eyes search for any sign of new life!

Spring also reminds us to slow down, look closer, and even closer still. Red maple buds swell on branches with hints of colour, the first little insects start to appear, and underneath the old, decaying leaves tender growth emerges from the earth. Often, we are in such a desperate rush for spring to hurry up and get here that we overlook the fact that it is busily unfolding all around us!

On today’s morning wander through the gardens I stopped by our large copper beech tree to say hello. Admiring the tree’s small, hopeful buds I placed my bare hand on a nearby branch. Without my usual mitten, I could feel the texture of the bark and how cold the tree was. How something so cold can be so alive is a mystery to me! I’ve carried the metaphor with me for the rest of the day and will remember it during the times when even I grow impatient with the pace of spring’s advance.

Here at the botanical gardens we celebrate the arrival of the gardening season with our yearly native plant sale! Mark your calendars for Saturday May 4, from 9am to 12pm for your chance to browse this year’s offerings of native plants lovingly propagated by our volunteers. All plants will be on display in the conservatory of the K.C. Irving Centre on University Avenue. We are thrilled to add 10 new species to our sale and the growing diversity of what we can propagate is very exciting! Last year our shift to selling only second-year plants was a huge success and this year promises to be the same. All plants have endured their first Nova Scotia winter and are hardy and strong because of it. Our new species are the product of research and trial and error, and a whole lot of learning as we’ve gotten

to know the habits and preferences of these plants. A few that will be on offer are *Eupatorium perfoliatum* (boneset), *Lobelia siphilitica* (great blue lobelia) and *Zizia aurea* (golden alexanders). These little plants are just like the copper beech tree, cold and unassuming to our eyes, but containing all the potential to burst with life in their new homes: your garden! In addition to our plants, several other local plant nurseries will be on hand with native plants, shrubs, and small trees for your perusal.

As much as we are excited to offer many new species, we are just as thrilled with our move toward more sustainable growing practices. Many of you regular *Grapevine* readers will remember Melanie’s article about our use of repurposed coffee bags from T.A.N. Coffee! This year’s plant sale will be the first at which used coffee bags will replace the plastic and coconut fibre pots of the past. Not only do the bags look adorable with plants in them, they have held up very well in our testing for strength, durability, and function. It feels great to lessen our impact on the earth by removing thousands of pots from the landfill! If that wasn’t enough recycling excitement for one plant sale, our volunteer group will also have a selection of used gardening books available by donation.

This event is always one of our favourites of the year and we look forward to greeting plant enthusiasts of all ages and gardening backgrounds. Remember to bring cash and your own trays, boxes, and totes to help carry your new plant friends. All proceeds from the sale of plants go directly into our work supporting educational programming at the gardens. On plant sale day, be sure to set aside extra time to wander the gardens to search for more signs of spring. Look closely, they’re there awaiting your discovery!

Harriet Irving Botanical Gardens
Acadia University
botanicalgardens.acadiau.ca
Find us on Facebook and search for our events page: [facebook.com/HarrietIrvingBotanicalGardens/](https://www.facebook.com/HarrietIrvingBotanicalGardens/)



Flora of Nova Scotia Field Course

BIOL 3293
3 Credit Hours
June 3, 2019 to June 21 2019

Learn about the plant world that surrounds you by identifying species using technical keys, gaining knowledge about our region’s most prominent plant families, getting to know our most common species, exploring and reporting on a variety of the region’s habitat types, and collecting plant specimens.

Because plants are almost everywhere you look, this course should prove useful for students interested in studying or working in the fields of Biology, Ecology, Botany, Environmental Studies and Sciences, Environmental Assessments, Species At Risk, etc.

Includes lectures and fieldwork. Prerequisite(s): BIOL 1113/BIOL 1123 with a minimum grade of C-, or permission of the Department.

Contact Alain Belliveau (alain.belliveau@acadiau.ca)

RESEARCH SPOTLIGHT: ALICE COHEN

Omar Bhimji

Omar Bhimji (OB): In terms of research, what are you working right now?

Alice Cohen (AC): I’m writing a book with Andrew Biro about Canadian environmental politics. There are a few books on the subject, but they tend to focus on governments and government institutions as the be-all and end-all of environmental policy and decision-making. That’s only part of the picture.

For example, if you look at the debate over Northern Pulp in Pictou County, it’s not really about what laws exist, or who’s in government. It’s about pollution, jobs, and how you make decisions as a community. Our book looks at not only the formal governance institutions, but also economies, identities, and communities, and how they shape Canadian environmental politics more broadly than just the outcome of elections and what laws exist.

OB: Anything else?

AC: I’m also looking at the politics of knowledge with respect to water governance and how we make decisions about water.

One of the trends that we’re seeing in water governance is a move towards community-based water monitoring (CBM), which is where community groups who are concerned about something in their water will get some water assessment tools and take measurements.

The politics around this knowledge are fascinating to me. We talk about CBM as if it’s empowering communities to measure what’s important to them, and that’s true, but our research suggests that these programs are also being shaped by what the technology can measure, and what their funders require. And often these programs are implemented to pick up on where provincial or territorial programs left off. So, it’s more complicated than communities just going out and measuring what they want to measure.

OB: How do these projects fit in with your broader research agenda?

AC: I could say that my research agenda is about water, but really it’s not. What I’m really interested in is the relationship between people and place, and how we navigate that relationship. I have found water to be a very good tool for understanding that relationship.

We have this idea that there are people, and there’s nature, and they are two separate things – but they’re not. For example in Ontario, post-Walkerton, there are strong protections for any body of water that is a source of drinking water, which don’t apply to bodies that are not. But water doesn’t work like that – it moves around. This false division is one of the themes we’re exploring in the book.

OB: What are you doing for fun these days?

AC: I spent a lot of time skating on the Wolfville reservoir this winter. There’s a group of volunteers who measure ice depth, and shovel and snow blow a big oval around the whole reservoir, so you can skate around it. It’s great fun.

In the summertime, my partner Jamie and I sometimes go canoeing in the evenings. We go to the south mountain: Gaspereau and Black River Lake. It’s really fun to get out on the water on those long summer evenings.



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Kings Volunteer Resource Centre

Volunteer Leadership Symposium

**Wed. May 15, 8:30 ~ 3:30
 NSCC Kingstec**

- * Keynote speaker *Danny Graham from Engage NS*
- * Workshops including *Recruiting Volunteers, the Volunteer Protection Act, Writing with Impact, Facilitating Meetings, Courageous Conversations, Strategic Framework for Planning, HR Policy Basics, and more!*
- * *Chance to network with volunteers and volunteer organizations at NSCC Kingstec*

Register now – space is limited!

BY PHONE: (902) 678-1398
BY EMAIL: coordinator@kingsvolunteerresourcecentre.ca
ONLINE: kvcvolunteerleadershipsymposium.eventbrite.ca

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in support of the Wolfville School Kitchen

**SATURDAY, MAY 11
 8:00AM TO 10:00AM**

WOLFVILLE & DISTRICT LIONS CLUB

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- How to self-manage your symptoms
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 60 minute group exercise sessions twice a week for 6 weeks led by a certified therapist. You will:

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Data Collection for Quality Monitoring
 The program measures how you're doing at your first visit, 3 and 12 months after you have started the program. This information will help us monitor how the program is working for people with osteoarthritis all over Canada and ultimately will help us improve the program.

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