

THE GRAPEVINE

ARTS | CULTURE | COMMUNITY

August 20 – September 17, 2020 | Issue No. 17.08



THE JIJUKTU'KWEJK
WATERSHED ALLIANCE
p.15

BIRDING IN THE VALLEY
DURING COVID-19
p.3

WHAT'S GROWING:
FORAGING WILD FRUIT
p.15

BEHIND THE SCENES
AT AVON RIVER
HERITAGE MUSEUM
p.7

A FREE PAPER FOR THE PEOPLE WHO FIND THEMSELVES IN THE ANNAPOLIS VALLEY



Your Annapolis Valley Self-Storage Solution

- New self-storage in Port Williams NS –
- Fully secured and climate controlled –
- Units are still available! –

Open 7am-10pm,
7 days a week

1187 Parkway Dr.
Port Williams

902-300-1471
LDIselfstorage.ca





Keith Irving
MLA Kings South

Invite your family and friends to the Valley. So many highly-rated things to do here!

keith@irvingmla.ca · 902-542-0050

Working for you as your Member of Parliament

KODY BLOIS

call +1 (902) 542-4010 or email kody.blois@parl.gc.ca



ON THE COVER: *Paddling on Frog Lake*

Jack Chipman drew this cover in Microsoft Paint, which he has been using to create art since 2018, because he enjoys the limitations of the program. His work covers a wide range, from portraits and landscapes to video game and pop culture inspired drawings. In 2019, Jack's work was featured at the Wolfville Memorial Library. You can find his work on Instagram at @jackchip_man_art.



Sandpipers at Grand-Pré

BIRDING IN THE VALLEY DURING COVID-19: AN OVERVIEW

Richard Stern

Birding—the activity of watching, appreciating, listening to, identifying, making lists of, and just generally enjoying, birds—is an increasingly popular activity, well suited to the “new normal” as a result of the Covid-19 pandemic. It's a hobby that can sustain you for a lifetime and help you build a deeper connection to the natural world. Birds are everywhere, and many people have commented that now, when there is less pollution from travel and more people are at home and enjoying the great outdoors, birds are more obvious than ever. There is a great birding tradition locally, with Robie Tufts of Wolfville being well-known in the early 20th century, continuing with many local birders well known in the province and elsewhere, and the activities that have been and are being actively done through Acadia University.

It's an activity that can be enjoyed at many levels, from just enjoying the dawn chorus or watching a bright red male cardinal singing to his mate, to identifying the minutiae of similar species, or contributing to the various citizen science projects that exist online. You don't really need any special equipment to enjoy birds, but a good pair of binoculars helps, once you become interested in identifying particular species. A field guide or phone app are also important. More and more birders go into the field with a camera, and bird photography can be both rewarding and challenging.

Locally, birding can be excellent at all times of the year. In winter, many species are attracted to feeders, such as cardinals, goldfinches, white-throated sparrows, blue jays, the hawks that prey on them, and the occasional rarity to add to the excitement. Bald eagles abound, and the feeding station at Sheffield Mills is always exciting. A popular winter activity is participation in a Christmas Bird Count, of

which there are several in our region. Spring brings the arrival of the tiny long distance migrant songbirds, returning from Central and South America to nest in our woods and gardens. They are often challenging for beginners to identify, but beautiful once you see them. In summer many of the woodland and garden birds are nesting, and youngsters can be seen being fed. Hummingbirds come to their favourite flowers and feeders. Young waterfowl are all around in our wetlands. By late summer southbound migration has started again, and by fall, many immature birds are active again. A particular specialty of our region is the massive flock of sandpipers wheeling in formation around the mud flats at Grand-Pré at high tide from late July to mid September, a staging post of world importance for these birds on their way from the Arctic tundra to their wintering grounds in South America.

Travelling to far off lands to see birds is a popular activity for keen birders, but in this time of travel restrictions, self-isolation, and “bubbles,” more and more birders are just travelling within their own province, and finding that Nova Scotia is very rewarding, with almost any of the local walking trails, woodlands, fields, and even your own backyard, as well as the better-known specific spots, worth exploring. It's a great excuse to get out into the natural world with a purpose.

There are good local resources to help with and foster the activity, with the Nova Scotia Bird Society and Blomidon Naturalist Society being very friendly and offering field trips and meetings (currently online only), and having a presence on social media. There are a number of keen local birders affiliated with Acadia University, and a vast amount of information online. 🐦



Left: Bald eagle in Avonport; right: Blackburnian warbler in Kentville

GRAPEVINE AFTERLIFE

Collage by Sophie Dalton, age 11.



Valley Brewtique

On-premise Wine, Beer and Cider making

We've Moved!



Check out our new location!
623 MAIN STREET
IN KINGSTON

Friendly staff and
a deal for everyone!

Serving the Valley for 50 years!

Our 50th Anniversary
celebrations may have been
sidelined, but we are still
celebrating...

**All Wine, Beer, and
Cider kits 15% off!**
plus
15% off all store fees!



(NEW NUMBER) 623 MAIN STREET, KINGSTON
782-822-2285 • www.valleybrewtique.com





Birding in the Valley / Grapevine Afterlife p.3

North Mountain United Tapestry p.4

Devour 2020 p.4

Classifieds / Lions Club Fundraiser p.5

Star Drop / Free Will Astrology p.6

Kings Kikima Grannies p.7

Avon River Heritage Museum p.7

Wolfville Legion p.8

Art Spot p.9

Wolfville Page p.10

Featurepreneur / Wolfville Planning Award p.11

Who's Who / Dining Out / Theatre p.12

What's Happening p.13

Mike Uncorked p.14

Acadia Page p.15

THE GRAPEVINE

BROUGHT TO YOU BY AN AMAZING TEAM OF CONTRIBUTORS:

EMILY LEESON
Editor-in-Chief

GENEVIEVE ALLEN HEARN
Operations Manager

EMILY KATHAN
Editor, Distribution Manager

JOCELYN HATT
Art Director, Design, Layout

MONICA JORGENSEN
Events & Lists

DAVID EDELSTEIN
Design, Typesetting, Layout

CONTRIBUTORS:
Mike Butler, Scott Campbell, Jack Chipman, François Côté, Margaret Drummond, Wendy Elliott, Genevieve Allen Hearn, Anna Horsnell, Diane Mestekemper, Ted Morris, Tacha Reed, Ken Schwartz, Jennifer West, Allan Williams

DELIVERIES: Margot Bishop, Guy Breau, Earle & Karen Illsley, Andrea Leeson, John Morrison, Julie and Mugen Page, Fred Phillips, Jacob Rhude, Lorna Williamson, Jesse Walsh, Matthew Rice, Peter Rice

ADVERTISING

ISSUE DEADLINES:

★ **SEPT 18 ISSUE:**
Mon. Sept. 8, 2020

DEPENDING ON THE COMMITMENT LENGTH & COLOUR OPTIONS, RATES RANGE FROM:

SINGLE BLOCK \$45 - \$62

DOUBLE BLOCK \$88 - \$123

FOUR BLOCK \$168 - \$237

HALF PAGE \$427 - \$624

ARTS EVENT POSTER \$76 - \$117

CONTACT

ADVERTISING: sales@grapevinepublishing.ca

GENERAL INQUIRIES: info@grapevinepublishing.ca

CONTENT SUBMISSIONS: editor@grapevinepublishing.ca

EVENTS/CLASSIFIEDS: listings@grapevinepublishing.ca

SNAIL MAIL: Grapevine Publishing, PO Box 2262 Wolfville, NS, B4P 1A0

ALSO AVAILABLE ONLINE: grapevinepublishing.ca and issuu.com/thevalleygrapevine

WHERE TO FIND US

WINDSOR: Fry Daddy's, Lisa's Cafe, T.A.N. Coffee, Mosaic Market

FALMOUTH: Fruit & Vegetable Company, Petro-Canada

HANTSPOUR: Jim's Your Independent Grocer

AVONPORT: Cann's Kwik-Way

GRAND-PRÉ: Convenience Store, Domaine de Grand Pré, Just Us! Café

GASPEREAU: Gaspereau Vineyards, Luckett Vineyards, Reid's Meats & Kwik-Way, XTR Kwik-Way

WOLFVILLE: Carl's Your Independent Grocer, Eos Natural Foods, Just Us! Café, T.A.N. Coffee, Library, Wolfville Farmers' Market

GREENWICH: Avery's Farm Market, Edible Art Cafe, Elderkin's Farm Market, Hen-nigar's Farm Market, Noggins Comer Farm Market, Sterns Cafe, Stirling's

PORT WILLIAMS: Fox Hill Cheese House, Planters Ridge, Sea Level Brewery, The Noodle Guy

CANNING: Degraaf's Kwik-Way, ValuFoods, i scream

NEW MINAS: Boston Pizza, Captain Sub, Irving Big Stop, Jessy's Pizza, Long and McQuade, Milne Court Petro-Canada, Pita Pit, Swiss Chalet

KENTVILLE: Half Acre Café, Jason's Your Independent Grocer, T.A.N. Coffee, Valley Regional Hospital

COLDBROOK: Access Nova Scotia, T.A.N. Coffee, Callister's Country Kitchen, Foodland, Vicki's Seafood Restaurant

BERWICK: Jonny's Cookhouse, Luigi's Pizza Palace, North Mountain Coffeehouse, Rising Sun Natural Foods, Union Street Café, Wilsons Pharmasave

AYLESFORD: Chisholm's PharmaChoice

KINGSTON: Library, Pharmasave, French Bakery, J&R Pizzeria

GREENWOOD: Country Store, Valley Natural Foods, Tim Hortons, McDonalds, The Mall

MIDDLETON: Library, Angie's, Goucher's, Wilmot Frenchy's, Sub Shop

DISCLAIMER

The opinions expressed are solely those of the authors, and the publication of these opinions does not signify the endorsement by the staff or owners of *The Grapevine Newspaper*. Opinions expressed within this publication are not intended nor implied to be a substitute for professional or medical advice. While we make every attempt to ensure accuracy with all published content, *GV Publishing Inc.* assumes no responsibility for the accuracy or truthfulness of submitted copy. In the event of an error, *GV Publishing Inc.* is only responsible for the price of the individual ad in which the error occurred.

VISUALLY SPEAKING

THE ART OF NORTH MOUNTAIN UNITED TAPESTRY

Anna Horsnell

North Mountain United Tapestry is a little gem worth discovering north of Berwick. Perched cliffside in a small church overlooking the Bay of Fundy in Harbourville, they are a collaboration of artisans, musicians, farmers, and interested community members. Together they have created a gallery, gift shop, café, and popular farmers' market. Artisans' Market Director Debbie Greenwood kindly took the time to introduce the six local artists whose work is showcased exclusively through Tapestry this summer. Each artist has a gallery space for major artwork with smaller pieces found in the gift shop, where they are joined by many other talented local artisans and craftspeople such as Judith Smith of Celtic Goddess Jewellery and Hilda DeVries, maker of popular stuffed animals.

Jan Holleman is a long-time quilter from Cambridge who challenged herself to try fine art quilts for the wall. The resulting work speaks for itself, from richly-coloured landscapes with three-dimensional qualities to intricate collages with found objects. Smaller items include detailed table runners.

Ani van Dyk is an accomplished, self-taught, abstract weaver and fibre artist from Harbourville who infuses bold colour and fun into her rag rugs, pillows and handbags, fashion, and fine art wall hangings. Inspiration can take her in any direction, and visitors can often catch her working with her loom on-site.

Rick Graham builds hand-carved and crafted ship models from his home in Baxter's Harbour. Large or small, each model is intricately detailed and lovely to behold. The bonus is



learning the stories behind each ship he has reproduced as Rick shares tales of interesting local maritime history.

Dale Gruchy from Wolfville creates pastel scenes inspired most often by her kayaking travels on Nova Scotia waterways. As she says, "The ocean is my playground," and her artwork expresses the emotional connection she brings to the subject of sea and sunset, boats and buoys, rivers, and shoreline.

Susan Spicer offers a wide variety of one-of-a-kind, hand-painted furnishings and decorative items for your home or garden. Each piece is repurposed and given new life by her imaginative ideas and unique designs. Her style can range from nostalgic to fun, from flowers to Celtic designs. She lives in Berwick.

Debbie Greenwood is a visual artist herself who lives in Harbourville, and her work

ranges from lovely oil and acrylic, impressionist-style paintings to delicate work on silk, carvings, and sketches. Years as a technical illustrator for National Defense have now given way to softer, more painterly artwork.

The little United Church erected in 1860 has enjoyed a rebirth of attention. North Mountain United Tapestry Cultural and Heritage Society was incorporated in 2013, and they manage and maintain the building in close cooperation with the United Church. Each year Tapestry has continued to look forward, evolving and growing to meet their vision for the future. Exciting plans are in the works for the next three years such as additional outdoor shelters for farm market vendors, a covered outdoor stage for musical and theatrical performances, a large patio facing the bay, and improved walkways and fencing.

The challenges of 2020 have been taken in stride. One of the few markets open this season, Tapestry is following recommended precautions with entry limited to a controlled number of visitors, physical distancing encouraged through extra spacing and barriers, and the wearing of masks. The gallery, gift shop, and café are open Friday to Sunday from early June to October 10, with the addition of the farmers' market and live entertainment outside on Saturdays. 🍷

The North Mountain United Tapestry Cultural and Heritage Society is located at 3201 Long Point Road in Harbourville. Please visit their website, unitedtapestry.com, find them on Facebook, or email unitedtapestry@gmail.com for more information.

DEVOUR ANNOUNCES 2020 HEADLINER PHIL ROSENTHAL

Submitted

Devour! The Food Film Fest announces Phil Rosenthal, creator and host of Netflix's Somebody Feed Phil as 2020 headliner.

The world is entering a new normal, the country is reopening, and Nova Scotia is about to feed Emmy winner Phil Rosenthal, who will be joining Devour! virtually this year. Due to the unprecedented times we are facing, Devour! is thrilled to confirm that this year's re-engineered format will allow the festival to go on. It will be a hybrid in-person and virtual festival, to take place from October 21-25, 2020 in Wolfville, Nova Scotia.

This transformative food and film experience will combine cinematic excellence with extraordinary gastronomic activities, pairing perfectly with headliner Phil Rosenthal, the creator and host of Emmy-nominated *Somebody Feed Phil*, an unscripted documentary series on Netflix which combines his love of food and travel with his unique brand of humour. "I'm delighted to participate in Devour! The Food Film Fest as it celebrates my two favourite pastimes: eating and watching movies, which I frequently combine," says Rosenthal.

Rosenthal created the hit CBS comedy *Everybody Loves Raymond*, which was nominated for over 70 Emmy awards, and winning 15 including two for best comedy series, and a 2002 Writers Guild Award for Excellence in Television Writing. Rosenthal is also the author of *You're Lucky You're Funny: How Life Becomes a Sitcom* on the art of comedy and the making of a sitcom classic. His first travel food series, *I'll Have What Phil's Having* premiered on PBS in fall 2015 and received two Taste Awards as well as winning the 2016 James Beard Award for Best Television Program on Location. In 2001, he co-wrote and won a Peabody Award and received an Emmy nomination for Outstanding Writing for the 9/11 telethon *America: A Tribute to Heroes*.

"Phil perfectly embodies the Devour! The Food Film Fest experience with his love of all things food, travel, and humour," says Devour!'s executive director, Michael Howell. Rosenthal has selected the 2007 film *Ratatouille*, directed by Brad Bird and Jan Pinkava, which will be screened at the Valley Drive-In Theatre on opening night Wednesday, October 21. The film follows Remy, a determined young rat who dreams of becoming a renowned French chef in one of Paris' finest restaurants.

Rosenthal will also take part in a post-film Q&A and interview hosted by gastronaut, artist, seven-time Guinness World Record holder, Food Network personality, and long-time festival friend and supporter Bob Blumer.

While this year's festival was originally intended to celebrate Devour!'s 10th anniversary, Devour is dialing it back a notch with Devour 9.5. This will include a hybrid of live-streamed and in-person films, workshops, and five key signature events that will take place outdoors with appropriate physical distancing measures: Beyond Terroir: Collaboration with Benjamin Bridge and the Glooscap First Nation, the Great Devour! Chicken Dinner, Mayors' Bike Ride for Devour!, the Devour! Down Home Lobster Supper, and the new Devour! Drive-In, in partnership with the Valley Drive-In Theatre.

"Because Devour! is so experiential, attendees at home will get exclusive and delectable additions such as Devour! meal-kit delivery so that they can whip up Devour! dishes from the comfort of home, while local guests still get a taste for the fest in person on a smaller and more intimate scale," says Devour!'s managing director Lia Rinaldo. Whether attendees join virtually or in-person, Devour! is cooking up something extraordinary thanks to



support from the Atlantic Canada Opportunities Agency and the Province of Nova Scotia, through its Department of Communities, Culture and Heritage.

The full menu of chefs, filmmakers, films, and events will be available by early September. 🍷

WANTED

Nine young, well-educated, politically savvy citizens of Kings County to run for Council this Oct 17.

Must be committed to building a county that is resilient to the effects of climate change.

We are a sizeable network of elders who will work hard to help you get nominated and elected (in one of nine districts), and will support you during your tenure.

Annual salary: \$40,000 plus expenses for a 4-year term.

For more info, contact: TransitionKingsCounty@gmail.com by August 28, 2020.

~ Margaret Drummond's ~

WORD OF THE ISSUE

Mayhap (*adverb*):

Perhaps; possibly.

*Dear heart, 'tis bitter thus to lose thee
And think mayhap, you will forget me;
And yet, I thrill
As I remember long and happy days
Fraught with sweet love and pleasant memories
That linger still...*

(Excerpt from "Farewell" by Alice Dunbar-Nelson)

THE FREE CLASSIFIEDS

This section works on a first-come, first-served basis. Email your classified to: listings@grapevinepublishing.ca and, if there's room, we'll get you in. Or, to reserve a placement, pay \$5 per issue (3-issue minimum commitment). Please keep listings to 35 words or less.

CLASSES & WORKSHOPS:

Guided Meditation Course: 8-week introduction to the powerful practice of iRest® Yoga Nidra Meditation. Simple, accessible, trauma-sensitive. Release stress, increase resilience, ease and wellbeing. With Heidi Kalyani. Begins Sept 14th. Free trial session available. **INFO:** Details at heartwideopen.ca.

In-Person Piano & Voice Lessons: Susan Dworkin is a resident of Wolfville and for the past 30 years has offered professional, qualified music education to children and adults of all ages. Susan is a professional classical singer and pianist and instructs voice and piano technique. Her music studio is accepting new students for September. (special Covid-19 protocol in place for everyone's safety and protection). Register now for September placement. Limited space. Call for details. **INFO:** susanlisadworkin@gmail.com / 902-300-1001 / armonicmusicstudio.com

PRODUCTS & SERVICES:

The Perfect Home For You with Deborah Nicholson Decor+Design: Whether a small design dilemma or an entirely new home, as an award-winning certified home design professional with 20+ years of industry experience, I'll guide you with creative solutions and sound advice every step of the way. You'll feel confident you've made great choices that add timeless value to your investment and to your everyday life! **INFO:** deborahnicholson.ca / 902-691-2931

Professional Branding, Logo and Web Design, Writing, Translation, & Training: Helping you convey your message effectively since 2006. We offer a remarkably responsive, dependable, and results-driven approach. **INFO:** 902-691-2932 / michaelgabrielcommunications.com

Interior Painting and Cabinets: Women in Rollers is the Valley's full-service decorating company. We do accurate quotes, show up on time, and perform to perfection. We even leave your home neat and tidy! We have great references! Complimentary design and colour consultations. Call today for your free estimate. **INFO:** Pamela, 902-697-2926

Traditional Chinese Medicine: Combining Acupuncture and Chinese Herbology to enhance your wellness. 17 years experience! Specializing in Anxiety and Depression, Insomnia, Menstrual and Menopausal issues, Digestive health, Ear Acupuncture for Addictions. **INFO:** Jane Marshall D.TCM, D.Ac located at 112 Front St, Suite 209, Wolfville. 902-404-3374 janemarshallacupuncture.ca

Write it. Publish it. Better!: Editing, layout, and design services for businesses, authors, students... anyone! Reports, essays, resumes, newsletters, brochures, and more. 15 years experience, reasonable rates and ultra-reliable service. **INFO:** david@textanddesign.com / www.textanddesign.com

Alcoholics Anonymous: If you want to drink, that's your business. If you want to stop, that's ours. **INFO:** 902-691-2825 / www.area82aa.org/district3/

Wood Flooring Repair and Restoration: Make your old floors beautiful again. Sanding, repairing, refinishing of soft and hardwood floors. Great for a refresh. Locally owned, free quote, reasonable rates. **INFO:** Steven, 902-542-0664 / cell 902-300-5903 / stevenrhude13@gmail.com

Need a lighting expert?: Chris MacQuarrie (formerly owner of Atlantic Lighting Studio) can create a custom lighting plan for your new home or improve your existing lighting. Chris is a Certified Lighting Consultant with 25 years of experience. **INFO:** AtlanticLightingDesign.com

GENERAL:

Breast Quest Dragon Boat Society: Mondays and Thursdays. Due to the covid restrictions, we must postpone paddling on Lake Pisiquid until we get directions from Health Canada and Dragon Boat East. When we start paddling as the Breast Quest Dragon Boat Team; we will let you know. **INFO:** President: Margot Bishop, margotwiththat@hotmail.com

Lions Club Monthly Online 50/50 Fundraiser: Covid-19 has forced us to change how we raise money, but at the same time it has also increased the need for many of the things we do. The money we raise goes back into the local community. Tickets can be purchased online. Please select the Lions Club you wish to support. The Kingston Lions Club will appear on the list effective Sept 1. Each month one winner will be selected to win 50% of the total sales! 19+ only. **INFO:** rafflebox.ca/raffle/lionsclub

Musique Royale Celebrates 35th Season, Virtually: Musique Royale presents new concerts featuring early music and more, filmed in historic venues across NS. Concerts are released each Saturday at 7:30pm, August and September, and are available for viewing on YouTube for two weeks. **INFO:** musiqueroyale.com

EXHIBITS:

"Iconic Nova Scotia": Round Hill Studio, 280 St. George Street, Annapolis Royal. Through Aug. 27 • Artist John Bladec is bringing his unique geometry style painting to Round Hill Studio. Using his signature abstract realism Bladec introduces Nova Scotia themes in his work. **INFO:** 955-0365 / roundhillstudio.com / facebook.com/roundhillstudio

"Untamed": Round Hill Studio, 280 St. George Street, Annapolis Royal. Through Sept. 19 • A group show featuring pencil drawings by James Axon, glass art by Colette Samson, and leaf art by Jeanette Wieckhorst. **INFO:** 955-0365 / roundhillstudio.com / facebook.com/roundhillstudio

"Common Threads" - Virtual Fibre Arts Exhibit: Through Aug 29. Join our collective of museums and artisans as we weave through 8 weeks of fibre art virtual experiences from sheep shearing to needlework. Photographs, live videos and project tutorials. Find the virtual exhibit on the Kings Hants Heritage Connection Facebook page. **INFO:** facebook.com/KingsHantsHeritageConnection

POSITION VACANCY

ORGANIZATION: Survivors of Abuse Recovering (S.O.A.R.)

POSITION: **MENTOR for Peer Supporters**
Part-time Term 15 -20 hrs/wk
Starting immediately to 31 March 2021
Salary: \$30/hr.
Apply to: Karen Martin (mkmartin@eastlink.ca)
Closing Date: September 2, 2020

S.O.A.R. is a community-based, volunteer run organization offering peer support services to adult survivors of childhood sexual abuse. S.O.A.R. is currently seeking a part-time Mentor to provide mentorship to peer supporters and to develop and implement a mentorship program that will enhance the functioning of S.O.A.R. as a peer counselling organization. The successful candidate must maintain flexible hours, have a driver's license and vehicle.

ROLE AND RESPONSIBILITIES

The successful candidate will:

- ✓ Create a program for mentorship to continue with existing volunteers
- ✓ Mentor and support new and existing peer supporters
- ✓ Report to Chairperson of Peer Services Committee

QUALIFICATIONS

Education: Relevant post-secondary education, for example, counselling degree/diploma

Experience: Demonstrated experience in peer support
Demonstrated experience in trauma healing work
Demonstrated experience in being self-directed, able to work independently

Competencies: Demonstrated competencies in knowledge of the needs of adult survivors of childhood sexual abuse, knowledge of peer supporting, accountability, cultural safety, communication, professional attitude, organizational skills, timeliness and problem solving.

Three references required



KingsportOsteopathicClinic

**SARAH HAYES
AND ASSOCIATES**
GENERAL AND
PAEDIATRIC OSTEOPATHY
MASSAGE THERAPY

16 WATER STREET, KINGSPORT
TELEPHONE (902) 582-7607
WWW.KINGSPORTCLINIC.COM



Oil Painting Classes
begin in September

**9850 Main St., Canning
902.582.7071 • artcan.com**



**TRILLIUM
CLASSICAL
OSTEOPATHY**
210 - 212 Commercial St
Berwick
www.trilliumosteopathy.ca
info@trilliumosteopathy.ca
902.233.1235

REALM
FOR THE MODERN MYSTIC
12A ELM AVE, WOLFVILLE, NS
902.791.0236



YOUR SPIRIT GUIDE CALLED...
SHE SAID "GO TO REALM"

[f](https://facebook.com/REALMONELM) [i](https://instagram.com/REALMONELM) @REALMONELM

THE LIONS CLUBS OF NS ANNOUNCE MONTHLY ONLINE 50/50 FUNDRAISER

Diane Mestekemper, Kingston Lions Club

The Lions Clubs of Nova Scotia are excited to announce our Monthly Online 50/50 Fund-raiser. Covid-19 has forced us to change how Lions Clubs raise money, but at the same time it has also increased the need for many of the things we do. The money we raise will go right back to your local Lions Club, allowing Lions across Nova Scotia to continue doing the valuable work that they have always done in our communities.

Tickets can be purchased online at rafflebox.ca/raffle/lionsclub. When purchasing tickets, please select the Lions Club you wish to support, as the money raised will go directly to that group. Effective September 1, the Kingston Lions Club will also appear on the list of Lions Clubs that you can choose from.

Each month one winner will be selected to receive 50% of the total sales!



All residents of Nova Scotia over the age of 19 are eligible to win. Tickets will be sold monthly and only tickets sold during a given calendar month will be included in the draw that takes place on the first Thursday of the following month.

Thank you for your generous support of this new fundraiser, and good luck! 🍀



Most Wanted
Jazz
Blues
Rock
Heavy Metal
Pop

Collection appraisals too!

Contact April or Chris at 902.300.5070
or email curatedvinylrecords@gmail.com

[on Instagram @curated_vinyl](https://instagram.com/curated_vinyl)

Rob Breznsky's
FREE WILL ASTROLOGY

© 2020 Rob Breznsky • freewillastrology.com • Horoscopes for the week of August 20th

ARIES (March 21-April 19): “We never know what is enough until we know what’s more than enough,” said Aries singer Billie Holiday. I don’t think that applies to everyone, although it’s more likely to be true about the Aries tribe than maybe any other sign of the zodiac. And I’m guessing that the coming weeks could be a time when you will indeed be vivid proof of its validity. That’s why I’m issuing a “Too Much of a Good Thing” alert for you. I don’t think it’ll be harmful to go a bit too far and get a little too much of the good things; it may even be wise and healthy to do so. But please don’t go waaayyyy too far and get waaayyyy too much of the good things.

TAURUS (April 20-May 20): Taurus author Honoré de Balzac (1799-1850) took many years to write **The Human Comedy**, an amalgam of 91 intertwined novels, stories, and essays. For this vast enterprise, he dreamed up the personalities of more than 2,000 characters, many of whom appeared in multiple volumes. I bring this to your attention, Taurus, because I believe that the next 15 months will be an excellent time for you to imagine and carry out a Balzac-like project of your own. Do you have an inkling of what that might be? Now’s a good time to start ruminating.

GEMINI (May 21-June 20): Not until the 19th century did humans begin to take organized actions to protect animals from cruelty. Even those were sparse. The latter part of the 20th century brought more concerted efforts to promote animal welfare, but the rise of factory farms, toxic slaughterhouses, zoos, circuses, and cosmetic testing has shunted us into a Dark Age of animal abuse. I suspect our descendants will look back with horror at our barbarism. This problem incurs psychological wounds in us all in ways that aren’t totally conscious. And I think this is an especially key issue for you right now. I beg you, for your own sake as well as for the animals’, to upgrade your practical love and compassion for animals. I bet you’ll find it inspires you to treat your own body with more reverence.

CANCER (June 21-July 22): Cancerian literary critic Harold Bloom bragged to **The New York Times** that his speed-reading skills were so advanced that he could finish a 500-page book in an hour. While I believe he has indeed devoured thousand of books, I also wonder if he lied about his quickness. Nonetheless, I’ll offer him up as an inspirational role model for you in the coming weeks. Why? Because you’re likely to be able to absorb and integrate far more new information and fresh experiences than usual—and at a rapid pace.

LEO (July 23-Aug. 22): “Magic lies in challenging what seems impossible,” says Leo politician Carol Moseley Braun. I agree with her, but will also suggest there’s an even higher magic: when you devise a detailed plan for achieving success by challenging the impossible, and then actually carry out that plan. Judging from the current astrological omens, I suspect you’re in an unusually favorable position to do just that in the coming weeks. Be bold in rising to the challenge; be practical and strategic in winning the challenge.

VIRGO (Aug. 23-Sept. 22): “Joy is a mystery because it can happen anywhere, anytime, even under the most unpromising circumstances,” writes author Frederick Buechner. What he doesn’t say is that you must be receptive and open to the possibility of joy arriving anywhere and anytime. If you’re shut down to its surprising influx, if you’re convinced that joy is out of reach, it won’t break through the barriers you’ve put up; it won’t be able to land in your midst. I think this is especially important counsel for you in the coming weeks, Virgo. PLEASE make yourself available for joy. P.S. Here’s another clue from Buechner: “Joy is where the whole being is pointed in one direction.”

LIBRA (Sept. 23-Oct. 22): “I transformed stillnesses and darkneses into words,” wrote Libran poet Arthur Rimbaud. “What was unspeakable, I named. I made the whirling world pause.” In accordance with current astrological potentials, I

have turned his thoughts into a message for you. In the coming weeks, I hope you will translate silences and mysteries into clear language. What is unfathomable and inaccessible, you will convert into understandings and revelations. Gently, without force or violence, you will help heal the inarticulate agitation around you with the power of your smooth, resonant tenderness.

SCORPIO (Oct. 23-Nov. 21): “Your desires, whether or not you achieve them, will determine who you become,” wrote author Octavia E. Butler. Now is a fertile time for you to meditate on that truth. So I dare you to take an inventory of all your major desires, from the noblest to the most trivial. Be honest. If one of your burning yearnings is to have 100,000 followers on Instagram or to eat chocolate-covered bacon that is served to you in bed, admit it. After you’re through tallying up the wonders you want most, the next step is to decide if they are essential to you becoming the person you truly want to be. If some aren’t, consider replacing them with desires that will be a better influence on you as you evolve.

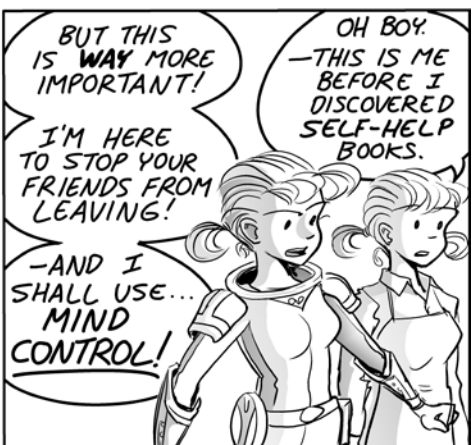
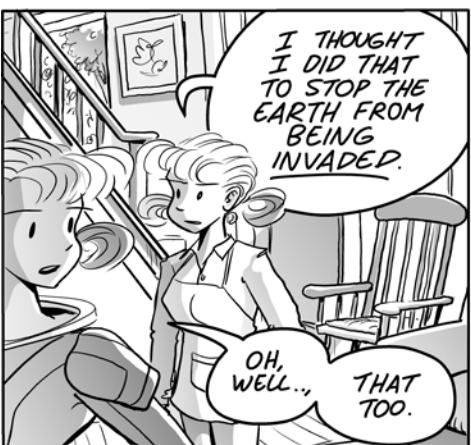
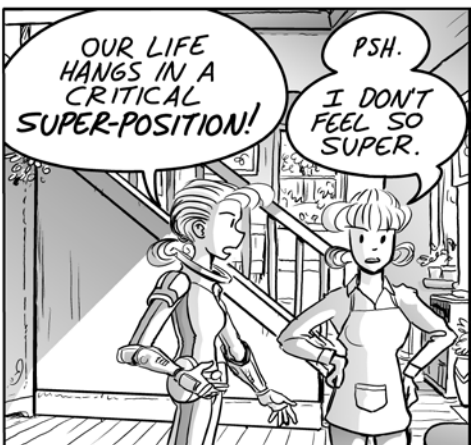
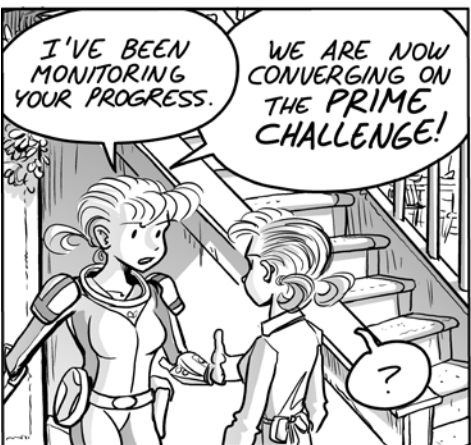
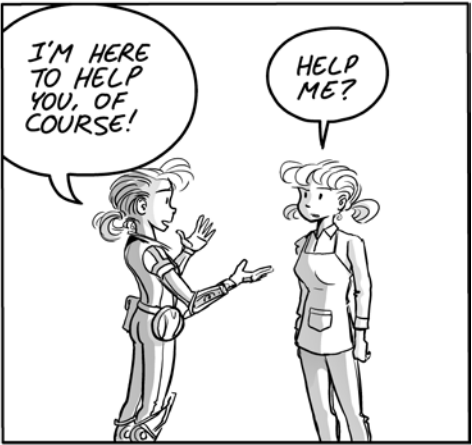
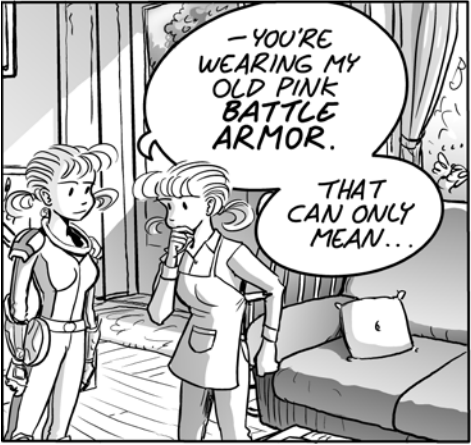
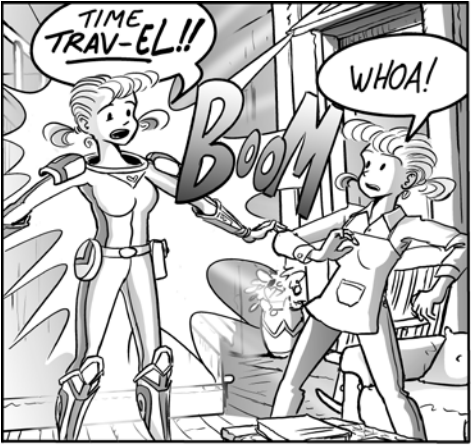
SAGITTARIUS (Nov. 22-Dec. 21): If you can manage it, I recommend taking a break from business-as-usual. I’d love to see you give yourself the gift of amusement and play—a luxurious sabbatical that will help you feel free of every burden, excused from every duty, and exempt from every fixation. The spirit I hope you will embody is captured well in this passage from author Okakura Kakuzo: “Let us have a sip of tea. The afternoon glow is brightening the bamboos, the fountains are bubbling with delight, the sighing of the pines is heard in our kettle. Let us dream of evanescence, and linger in the beautiful foolishness of things.”

CAPRICORN (Dec. 22-Jan. 19): Rapper Eminem advises us, “Never take ecstasy, beer, Bacardi, weed, Pepto-Bismol, Vivarin, Tums, Tagamet HB, Xanax, and Valium in the same day.” What’s his rationale? That quaffing this toxic mix might kill us or make us psychotic? No. He says you shouldn’t do that because “It makes it difficult to sleep at night.” I’m going to suggest that you abide by his counsel for yet another reason: According to my analysis, you have the potential to experience some wondrous and abundant natural highs in the coming weeks. Your capacity for beautiful perceptions, exhilarating thoughts, and breakthrough epiphanies will be at a peak. But none of that is likely to happen if you’re loaded up with inebriants.

AQUARIUS (Jan. 20-Feb. 18): “Everyone who has ever built a new heaven first found the power to do so in his own hell,” declared philosopher Friedrich Nietzsche. That’s a rather histrionic statement! But then Nietzsche was a Maestro of Melodrama. He was inclined to portray human life as a heroic struggle for boldness and liberation. He imagined us as being engaged in an epic quest to express our highest nature. In accordance with your astrological potentials, I propose that you regard Nietzsche as your power creature during the coming weeks. You have a mandate to adopt his lion-hearted perspective. And yes, you also have a poetic license to build a new heaven based on the lessons you learned and the power you gained in your own hell.

PISCES (Feb. 19-March 20): Here’s some knowledge from author John le Carré: “In every operation there is an above the line and a below the line. Above the line is what you do by the book. Below the line is how you do the job.” According to my analysis, you have, at least for now, done all you can in your work above the line. That’s great! It was crucial for you to follow the rules and honor tradition. But now it’s time for a shift in emphasis. In the coming weeks, I hope you will specialize in finessing the details and massaging the nuances below the line.

Homework: Meditate on the possibility that you could gain personal power through an act of surrender.
FreeWillAstrology.com.





KINGS KIKIMA GRANNIES RETURN TO THEIR FUNDRAISING PAST

Wendy Elliott

The Kings Kikima Grannies are returning to outdoor yard sales due to Covid 19 cancellations.

The prospect of no community theatre events, where the grannies had previously set up shop, led to a recent decision to hold a yard sale at the end of August. In 2009 the Wolfville-based group held their first yard sale on Chestnut Avenue. This year, on August 29, once again, there will be a fun neighbourhood-wide sale.

The local Grannies were inspired by a group of women in Wakefield, Quebec, who linked to grandmothers in South Africa in 2005. They were joined a year later by the Stephen Lewis Foundation. For over a decade the Kings Kikima Grannies have sent aid to roughly 24 grandmothers, or *gogos*, caring for 48 HIV/AIDS orphaned grandchildren in rural Kenya. In the beginning their biggest need was food, then in the midst of a drought, improved water resources were a necessity. Late ly the focus has been on educational assistance, as all Kenyan schools have fees and secondary education takes place in boarding schools.

The connection between here and Kenya is Ruth Kyatha, who lived in Wolfville in the early 1990s, had kids at local schools, and studied

at Acadia University. She has been a community development worker ever since. A decade ago Kyatha said the *gogos* were isolated, with many community members thinking their children had been bewitched and stigma running rife among communities. With help from area Rotary Clubs, each of the *gogos* received a goat and small water dams were set in place.

Food relief has been central to the volunteers fundraising in the Valley and the need has been renewed with many of the grandchildren home from school due to Covid-19. Education in the prevention of HIV/AIDS has also been important.

Over the years the Kings Kikima Grannies have had great success selling previously-loved jewelry. People have also been generous with private donations, including the Anglican Church Women of the region this past year.



The Chestnut Street yard sale will run from 8am until noon on Saturday August 29, with all public health protocols observed. Yarn and jewelry will be featured and all are welcome.



When exploring the Newport Landing Waterfront Park be sure to check out the new interpretative panels and the Spawning Fish of the Avon River art installation.

BEHIND THE SCENES AT THE AVON RIVER HERITAGE MUSEUM

Tacha Reed

The Avon River Heritage Museum may not have its doors open this season, but we've certainly kept busy behind the scenes, making the most of the unexpected, as we look ahead and adapt for the future. We recently reached a tremendous milestone, earning accreditation status with the Association of Nova Scotian Museums. One major perk that comes with this status is that we are now able to share our entire collection of artifacts and photos online through Novamuse.ca.

Throughout the summer two students have been working behind the scenes photographing, scanning, and entering each artifact into the database. This winter our volunteers will pick away, adding context to each piece, while creating online lesson plans for teachers, parents, and those curious to learn more.

Being unable to engage with visitors and community members this summer has inspired us to look for new ways to reach out and connect. In June the Full Circle Festival hosted a series of online performances, which they live-streamed in celebration of the solstice. These performances connected the festival with a brand new audience, inspiring many new ideas for next year's event.

In July we started an interview series to get to know our neighbours a little bit better.

Whether you're a ninth generation descendant of the Planters who landed here in 1760, or you just moved onto the Avon Peninsula recently, or perhaps you've attended one of our many events over the years. If you have a memorable story about the area to share, we want to hear from you!

To date, "Meet the People in our Neighbourhood" has revealed itself to be a wonderful treasure hunt, where each week a new nugget of local history is unveiled, preserving these memorable moments for all to enjoy for years to come. If you have a story to share about Avondale or a memory of time spent along the Avon River, we'd love to hear from you. Contact us at infoavonriver@gmail.com or call (902) 757-1718 to schedule an interview.

If you are like us and are missing all of the art, history and cultural events, then we have some good news! Starting August 29 you will find us at Avondale Sky Winery each weekend for a month-long series of pop-up markets celebrating all of our beloved annual community events, like the Garlic Festival, the Great Little Art Show, the Honey Harvest Festival, Artisans in Action, the North Along the Shore Jamboree, Culture Days, and the Full Circle Festival. For a full schedule of vendors and musical performances, follow along at facebook.com/AvonRiverHeritage. 🌱



This Month

Our Artist Talk series continues at noon, Sept. 16 with Guest Artist, Don Pentz, a Nova Scotia painter recognized internationally for his strong, large studio pieces and smaller on-site work completed on many journeys through our NS wilderness areas. There will be social distancing and we encourage folks to wear their masks. The series of monthly artist talks will be open to all, informal and interactive. Don often does demos during his informal style presentation. Remember our new "Gift of Art Certificates" and payment options for local customers. Our goal is simple -- local, original art in every home and office.



Open 11-4 p.m.
Wednesday through Sunday

New This Summer



Don Pentz is our Guest Artist for September, featuring his strong Enigma Landscape images. They are developed intuitively, layer upon layer, colour by colour, until the artist feels a sense of completion. The record of pushing and pulling the textural medium is visible on the painted surface of the finished work. While we may be attracted initially by the surface beauty of these paintings, they remind us, by underlying texture, of the struggle that helped create a final image.



Gudrun's art celebrates memorable yet fleeting moments in time, in an ever-changing dance between color, light, form and phenomena. Bold colorful images draw their subject matter from the world around and within her – the environment of the Annapolis Valley, Bay of Fundy, Canada's Wilderness and Garden spaces at home and abroad; mixed with the inner landscape of memory, metaphor and vision.

36 Cornwallis St., Kentville
www.tidescontemporaryartgallery.com
email: tidescontemporaryart@gmail.com

Fundy Dental is Open Again!

Summer Office Hours:
MON to FRI, 8:30AM to 4:30PM
Closed on Saturday



**PLEASE DO NOT WALK-IN
WITHOUT A SCHEDULED APPOINTMENT**

**We still offer same-day treatment, however, we must follow
social distancing precautions and now assign specific times
for emergency examination and treatment.**

**TO SCHEDULE AN APPOINTMENT,
PLEASE CALL 902-681-9111**

Thank you and stay safe!

JOIN US FOR

Brunch

at

Tattingstone Inn



Mimosas & Caesars

\$5.00

plus tax



begining
Sept 5th

Saturday & Sunday

10AM TO 12PM



To make a *Reservation* call us at: 542-7696



WOLFFVILLE LEGION FUNDRAISES WITH GARDEN PARTY

Submitted

Recently, the Wolfville Legion held their first garden party at 155 Main Street, the home of Michael Bawtree, past president of the Legion. It was a fine success, with over fifty guests in attendance. Singer Alan Butler provided the entertainment, and John Whidden played his bagpipes. Ample food and drink was provided by Legion members, and the weather cooperated to provide a magnificent sunny afternoon. Social distancing was observed. Guests included MP Kody Blois and MLA Keith Irving, as well as Judy Green, candidate for the leadership of the national Green Party.

The party was held in order to raise funds for the Legion's regular expenses. Since March 12, the Legion building has been closed because of COVID-19, which has meant that the usual sources of revenue – breakfasts, coffee hours, bar sales – have had to come to a halt. In fact it will be some time before the Legion is once again open for business, since it has embarked on An ambitious program of renovation. Several applications have been made for funding, and some of these have already borne fruit, including a \$25,000 grant from the federal Seniors Horizons Program, towards a new kitchen.



Before these renovations could begin, however, it was discovered that the building lacked proper footings, and that its structure needed considerable reinforcing. This remedial work is now in progress.

During July and August the Legion is offering its well-attended coffee hour every Tuesday morning between 9:30am and 12pm, at the White Rock Community Centre. All are welcome! For further information call 542-5061.

Flights of Fancy

New work from local photographer Colin Chase this Fall at Tides Contemporary Art Gallery, Kentville



Flight at Sunrise



Morning Light in Habitant



Three Flying

Check out his recent work on Instagram @aperture16photography

or contact him via email - aperture16photography@gmail.com

Aperture 16 Photography



5 reasons to join a CSA:

- #1: Get to know your farmer, their values & their practices.
- #2: Enjoy a steady supply of locally grown food.
- #3: Taste a diverse variety of seasonally ripe produce.
- #4: Connect with your community & put the "culture" back in agriculture.
- #5: Support ecological & sustainable stewardship of the land.

Sign up now!

TapRoot CSA shares

Summer / Fall

- weekly

July to December

24 weeks of local produce.



Port Williams N.S, 902 542 3277 **Community Shared Agriculture** www.taprootfarms.ca

Go BACK to SCHOOL

with a healthy packed lunch!

All Litterless Lunch Gear Now On Sale!




eos natural foods

112 Front Street, Wolfville

♥ **LOCAL!**



Safely Summertime Outdoor Market

EVERY SATURDAY

9:00am-12:00pm

Baked Goods • Fresh Produce • Local Meat

visit us online: wolfvillefarmersmarket.ca





Let's grow local

WEDNESDAY & SATURDAY

Shop online and pickup orders at hubs in:

- Bedford
- Berwick
- Canning
- Dartmouth
- Halifax
- Tantallon
- Windsor
- Wolfville

Shop now: wfm2go.ca



TICKET GIVEAWAY

No ticket giveaways at this time.

To see what's happening around the Valley, check out ValleyEvents.ca.

ValleyEvents.ca

ART SPOT: SHASTA GRANT

In a few sentences, please tell us about yourself.
I am an artist, mother, and university student. My family moved to Wolfville from Cape Breton when I was 13 and I grew up here. Now I am raising my eight-year-old son here. I am also currently pursuing a degree in community development and environmental sustainability studies at Acadia.

What is your artistic medium? How did you come to this style?

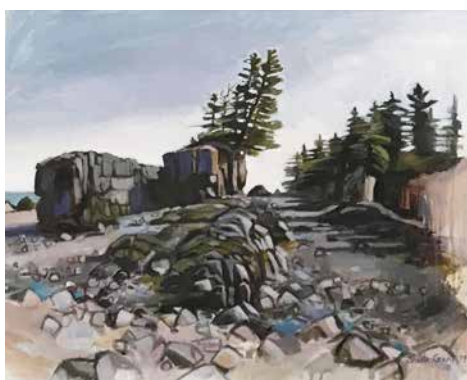
I work mainly with acrylics. I began taking art lessons as a teenager and was introduced to other mediums, but quickly fell in love with the versatility of paint and how it can be blended to build depth. I love how acrylics dry quickly and can be easily layered and transformed; I haven't stopped using them since! My style of art has been rooted in a love for three things: how light behaves in relation to a subject, the graceful lines to be found in nature, and expression of feelings through colour. I find nature so mysterious and try to communicate that through painting. My style continues to evolve around these values.

Where do you work & where can we find your work?

Right now I work from my home in Wolfville. A collection of my paintings can currently be found at the Wolfville Library until September 6. My work can also usually be found on my website (shastagrantsart.com). I welcome any inquiries or questions through the contact page or by email. I also share updates on Instagram and Facebook.

At what point did you define yourself as an artist? At what time of day do you work on your art?
I probably first considered myself an artist when I began to sell my paintings. Since then, though, what has really made me think of myself as one is the fact that practicing art is important and rewarding to me whether I am earning money from it or not. I never tire of it and consider the drive to create art to be a gift. I work on art whenever I can find time, although it is not always easy as a parent or student. So, for now I paint mostly at night and in the summer.

Why art? Why your art? Why the Annapolis Valley?



I have always enjoyed the act of creating, whether it's through dance, sewing, writing, or painting, but painting has been the outlet I have gravitated to most. I also feel that art is a powerful tool for connecting people to issues that matter, both because it has the power to access emotions and to cultivate a sense of purpose, as I have experienced firsthand. Exploring this at a community level is something I hope to do through my studies, in addition to continuing my own art journey. The Annapolis Valley is an enormously inspiring place to live; besides the fact that I love living close to my family, I find endless sources of painting inspiration from the changing weather and its effect on our beautiful landscapes.



Shasta Grant's paintings are on display at the Wolfville Memorial Library, 21 Elm Avenue, until September 6.

LET ME HELP YOU SELL YOUR HOME

I would also love to hear from you if you are looking to buy a home

CONTACT ME TODAY!

Melanie Besemer
REALTOR®

info@melaniebesemer.com
902-599-1852

Quality Apartments in Downtown Kentville

- * Walk to everything *
- * Newly renovated *
- * Balconies and Parking *

57 Academy Street, Kentville

Contact **Simon Metzler**: 902.300.7999
evelyncourt@bellaliant.net

RETRO RUNWAY FASHIONS

HAND MADE MASKS \$12.99

made here in the store!

2 Central Ave, Wolfville
902-692-9271 retrorunway.com

Your professional heat pump cleaners!

Why have your heat pump cleaned annually?

- Improves efficiency by as much as 25%.
- Avoid expensive repairs and replacement. Protect your investment!
- Prolongs the life of your mini split!
- Breath clean air. Deep cleaning kills mold, duct particles and allergens!

Call for an appointment!
902 221 6300 or 506 962 6300

Or visit our website at: supremeair.ca

We offer AIR MILES® Reward Miles

*TM Trademarks of AM Royalties Limited Partnership used under license by LoyaltyOne, Co. and Supreme Air Solutions Ltd.

EVERY TUESDAY NIGHT AT CLOCK PARK, WOLFVILLE. 6:30

CHESS CLUB

ALL AGES AND BEGINNERS WELCOME

email:
hazenburton@gmail.com

SEPTEMBER 2020 VIRTUAL WORKSHOPS!

Nova Scotia Works is hosting a variety of workshops on topics related to job search, resumes and more!
We look forward to seeing you there!

- Social Media & Job Search - Sept. 10th, 10am - 11:30am
- Coping with Job Loss - Sept. 15th, 10am - 11:30am
- How to Succeed In the Workplace - Sept. 17th, 10am - 11am
- Resume and Cover Letters - Sept. 22nd, 10am - 11:30am
- Ace the Interview - Sept. 28th, 10am - 11am

To register contact us by
phone: 902-679-7469 or
email: irs@communityinc.ca

Visit our facebook page for more information and to view additional workshops.
<https://www.facebook.com/CommunityIncKentville>

See more of our services at www.communityinc.ca



902.542.5767 | wolfville.ca

A cultivated experience for the mind, body, and soil.

#WolfvilleVotes2020

Interested in being a Councillor or the Mayor of Wolfville in 2020?

2020 Municipal Election
Saturday, October 17, 2020

Dates to Remember:

- | | |
|---------------------|---------------------------------------------------------------------------------------------------------------------|
| July 20th onwards | Request nomination forms |
| August | 'Being a Councillor' Video released! |
| August 20th onwards | Call or email to arrange a nomination appointment for the 7 days leading up to Nomination Day and on Nomination Day |
| Sept 8th | NOMINATION DAY |
| Sept 9th | Candidates can withdraw deemed not to have been nominated. |
| October 8th | Advance Poll |
| October 13th | Advance Poll |
| October 17th | ELECTION DAY |
| October 20th | Official Count |
| October 24th | Last day to remove adverts, signs, return lists, file affidavit |
| October 27th | Last Day to apply for recount |

What's the Role of a Councillor?

- Be a Community Leader
- Make Decisions
- Approve Municipal By-laws and Policies
- Influence Short-term and Long-term Planning for the Town
- Approve the Town's Operating, Capital and Water Utility Budgets
- Engage with the Community
- Represent Community Views

What's the Role of a Mayor?

- In addition to the Councillor responsibilities listed above the Mayor also:
 - Leads Council and is a spokesperson for the Town
 - Chairs Council Meetings
 - Facilitates processes for Council

To request Nomination Forms, and to make a Nomination appointment please contact the Returning Officer: vpearson@wolfville.ca / Tel: 902-698-8070
Check out [Wolfville.ca/Municipal Election](http://Wolfville.ca/Municipal%20Election) for more info now.

#WolfvilleVotes2020

The Town of Wolfville provides the day-to-day services you count on, such as fire and police services, water and sewer, and parks. The municipality decides how your property tax dollars are spent. Municipal elections are held every four (4) years and the next Elections will take place on October 17th, 2020

Elections are YOUR chance to stand as a Town of Wolfville
Councillor or as Mayor of the Town
Nomination day is Tuesday September 8th, 2020

Councillors and the Mayor have a say and collaborate on the direction and initiatives the Town will take for the next 4 years. If you are interested, check that you meet the eligibility criteria below, and read the Candidate's Guide to Municipal & CSAP SB Elections on our website. More information, forms and process details will follow over coming weeks.

In order to run as a Councillor or as Mayor for the Town:

- you must be 18 years of age at the time of nomination (Nomination day is September 8, 2020)
- you must be a Canadian citizen
- your primary residence is in the Town of Wolfville for 6 months preceding nomination day, March 7, 2020, and you have continued to live in the Town you must have obtained a certificate that, as of nomination day, the charges that are liens on your property and the taxes due to the Town are fully paid or all instalments or interim payments that are due as of nomination day have been paid
- you are not disqualified under the Municipal Elections Act.

For more information contact
vpearson@wolfville.ca or call 902-698-8070



AFTERSCHOOL PROGRAMS 2020 Fall Session - Sept.14 - Dec.18

Grades P-5
All Classes 2:45 - 5:00PM

14 Weeks of Programs



Mondays - I ♥ Nature Art (\$115)



Tuesdays - Art (\$110)



Wednesdays - Trailblazers (FREE!)



Thursdays - Sports & Games (\$100)



Fridays - Play Day! (\$95)

Sign Up For All 5 Days and Save Over 10% **\$375**

More Info or to Register:
RBRENNAN@WOLFVILLE.ca

#WolfvilleVotes2020



VOTES

Municipal and French School Board Elections
will take place on

Saturday, October 17, 2020

Advance Polls:
Thursday October 8th
Tuesday October 13th
Electronic Voting for Advance Polls

More info will follow over coming months.

Upcoming Public Meeting Dates

September 1 - 8:30 am
Committee of the Whole Meeting

September 1 -
Directly after Committee of the Whole
Special Town Council Meeting

September 15 - 6:30 pm
Town Council Meeting

October 17
Municipal Election Day

October 27 - 6:30 pm
Town Council Meeting - Swearing in of New Mayor & Council

November 3 - 8:30 am
Committee of the Whole Meeting

*** Please continue to check our website at www.wolfville.ca
for updates on our Committee Meetings.***



FEATUREPRENEUR: BRAVING A PANDEMIC

Genevieve Allen Hearn

It's been a long time since something other than The Market was located at 456 Main Street in Wolfville. When The Market moved into its new, roomy location down the street, it took something really special to fill its shoes. It also took a business owner brave enough to open a shop during a pandemic! Enter Morgan Jane Home, a home design store curated by Morgan Jane Miller. Miller has turned the space into an upscale, eco-friendly, dreamy space that feels like a cozy oasis during a time of uncertainty.

The Grapevine (GV): What got you into home design?

Morgan Jane Miller (MJM): I got into design, you might say, by the back door. I was working as a medical photographer and filmmaker in Halifax. After art school, I had made a film about cancer in women and was very involved in the women's movement because I was upset with how women were being treated by medical professionals. After three years of media work, I got burned out and ran away to the country, bought a Cape Cod house that was built in 1769, and restored it. Someone saw my work and asked me to work on his house, which I did. I worked on quite a few homes over the next 15 years.

I moved to the States during that time and worked on projects in New York, Paris, and upstate New York. We moved west for my husband's work and I started a shop on Bainbridge Island in Washington State. It was called Vintage Home and Garden and I did that successfully for a few years.

At the end of 2018 we decided to begin to make our way back to Canada. I longed to be back in Nova Scotia, and in March of 2019 I got an email with an image of my dream house! I flew out and fell in love with it. The next day, my husband flew out and then it was

ours! We moved in a year ago April. After spending the year working on the house, I decided to open another store. Morgan Jane Home would build itself around an environmental sensibility and graceful living, with products that will become heirlooms and last forever.

GV: What is the philosophy of your store? What should customers expect to find?

MJM: I have five words that I try to live my life by. They start with: To bring about beauty, simplicity, order, grace, and whimsy.

Our soaps are organic and have no harmful ingredients for people or the environment. We formulate our own brand of soaps as well as a line called Common Good—cleaning and laundry products that have refill stations so people can bring in their own containers. We have quality linens and towels from Libeco in Belgium, and woven throws from Brahms Mount in Maine that are still woven on a two hundred-year-old loom. There are wonderful vinyl floor mats from Israel, cleaning tools from France, hand-thrown pottery from Farmhouse Pottery in Vermont, and a line of dishes from Fable, which is a Canadian brand. There are market baskets from Morocco and other beautiful accessories. We also have a smattering of vintage goods as well from France and Europe.

GV: What advice do you have for folks who haven't quite figured out their personal style?

MJM: When people are making a home for themselves, I tell them to buy things that will take them through time. Things that in 10 years, they are still thrilled with. Things that make them happy. Personal style is something that must be developed over time. Pinterest is a wonderful place to get great ideas and to be

AWARD OF EXCELLENCE FOR WOLFVILLE'S PLANNERS

Submitted

Wolfville's Planning team, led by Director Devin Lake, has received an Award for Planning Excellence for the extensive work carried out during the review of the Town's Planning Documents, with support from Fathom Studios, FoTenn, Hatch Engineering and CBCL.

The Canadian Institute of Planners (CIP) has honoured 13 projects from across Canada with a 2020 Award for Planning Excellence. CIP chose Wolfville's planning team as a recipient in recognition of several factors:

"The Wolfville Comprehensive Planning Document Review focused on form rather than the separation of use. The bold shift supports better sustainability principles, balanced by the town's character and rich Acadian heritage. The plan promoted living and thriving sustainably, and embraced climate action, social equity, and a series of "Nested Circle" core concepts – complete communities, human scale, pedestrian first, neighbourhood character, and new urbanism. A comprehensive engagement strategy brought stakeholders and the community together to shape the path forward on age-friendly communities, affordable housing, and social integration.

The jury members were impressed by the comprehensive methodology for this project that addressed in synergy four planning instruments: the Municipal Planning Strategy, the Land Use Bylaw, the Subdivision Bylaw, and the Design Guidelines – Urban Design / Architecture and Storm-water. The project, grounded in Council's aim and commitment for its residents, addressed climate change mitigation and adaptation. The project educated people on planning concepts and set a framework to support the achievement of feasible outcomes."

The annual awards, which recognize innovation, impact on the profession, overall presentation, and implementation potential, are the highest level of recognition the Institute bestows on professional planning projects.

"We are very happy that our work over the last 5 years on the Town's Planning documents has not only been formally approved by Council, but also recognized by the Institute of Planning," says Lake. "It's great news!"

Mayor Jeff Cantwell is also delighted with the news: "This is fantastic stuff, well deserved and has to be shouted to the highest!" 🐼

The Importance of Early Literacy

Literacy is the key to unlocking many of life's doors, from successful employment opportunities to improved quality of life. Literacy restores confidence so that children can become who they are meant to be.



The gazebo is one of many great places to read on Landmark East School's campus.

Landmark East School develops literacy skills to ensure children have the opportunity to reach their full potential in all of their academic subjects. Using world-renowned literacy techniques and methods, our teachers remove barriers allowing children in Grades 2-12 to learn to read and write. Landmark East School delivers the Nova Scotia curriculum in a non-traditional classroom setting where children with learning differences can thrive.

Literacy is a gift that every child deserves. I look forward to discussing how Landmark East School can transform your child's educational journey.



Sincerely,
Karen Fougere
Head of School

www.landmarkeast.org




inspired. My own style is somewhat simple, I am a military kid and we had to be organized, and accumulating a lot of stuff never made much sense. My mother instilled in me a love for quality. I may not always be able to afford all the things I would like, but I can buy one or two pieces that make the other things in my home look great.

GV: You have run businesses in other towns in the past. What sets Wolfville apart from your previous experiences?

MJM: I had an antique store in Mahone Bay in the late '70s. Then my shop on Bainbridge Island, and now our little shop in Wolfville. I love Wolfville. It is friendly and welcoming, and the university brings the world to our town with its many students who come from all over the world. Diversity at its best.

GV: What is it like to start a new business in the middle of a pandemic?


MJM: So, we got the lease on the shop in February—just before COVID-19 hit. Then March happened. Perfect timing! I have to admit that we almost bailed on the idea, but by the time we realized the impact of the virus, we had a garage full of product. We considered doing the business only online, but we had the shop, so we just decided to go ahead. We are glad we did; the town has been so supportive, and it seems like people realize the impact on the retail businesses in our wonderful downtown and are out supporting us by shopping. It is just lovely! 🐼





ANNAPOLIS ROYAL HISTORIC GARDENS

Open Daily 9am-5pm


Seventeen Acres of Paradise
Imagine a place where life flourishes and happiness blossoms







441 St. George Street, Annapolis Royal, Nova Scotia



www.historicgardens.com



ANNAPOLIS ROYAL HISTORIC GARDENS



Ask about our Atlantic Bubble SPECIAL

www.historicgardens.com



Elm Tree Café
In the Annapolis Royal Historic Gardens



GARDENS SHOP
Visit us in the Annapolis Royal Historic Gardens

WHO’S WHO

GEOF TURNER: THERE’S NO PLACE LIKE NOVA SCOTIA

Mike Butler

Dear World,

Hi, my name is Mike Butler and I write for *The Grapevine* here in beautiful Wolfville, Nova Scotia. Sorry things in your...um, world...are a bit “off” right now but I have some great news! I recently met this really awesome man who is motivated to make YOU better and I want to tell you about him.

Geof Turner was born in Kentville and raised in Steam Mill, where 7 generations of his family have resided. His dad was a teacher and principal for 40 years here in the Valley and his mom was a stay-at-home mom raising three boys. They’re as Valley as strawberry shortcake and grapenut ice cream! Geof studied sociology and economics at Acadia and he’s now married with two beautiful daughters. He’s also one of the most pleasant people on the planet!

Geof’s involvement in the “Valley world” is really why I’m writing to you. He currently works at Canada Post in the Kentville office. You can often see him at the retail counter where he’s been for about 25 years. He’s been a true community member with his pleasant demeanor and great care for his customers.

A few years ago he and his wife were home stay coordinators for the Nova Scotia International Student Program for the Kentville/ NKEC area. They had a wonderful time meeting families in the area and helping to bring students from different cultures to our community.

Geof is also a history enthusiast and he’s gathering information on people, past and present, that do extraordinary things in our area. He’s a member of the The Charles Macdonald House of Centreville Society and he spends a lot of time researching and embracing history. The need to recognize these people and celebrate their achievements is a huge passion for Geof. Without our history, how do we learn to grow and make the future brighter, right?

Geof has also dabbled in the local theatre and TV acting scene, appearing in many local productions, including *Pure*, *Call me Fitz*, and *Haven*. We have such a rich arts community in the Valley and beyond, and Geof certainly does his share to be involved.

You created a good egg here world and I’m excited to tell you about Geof’s BIG music project. It’s a fundraising song called *There’s No Place Like Nova Scotia*, which is a reimagined version of the iconic folk song, *Farewell to Nova Scotia*. About seven years ago while doing his post route, Geof reimagined a more positive spin on the beloved classic tune, where the sun is rising and a brand new day is beginning! With the help of his brother George, they wrote the new lyrics and music and it’s evolved over the years to become a wonderful anthem for the beautiful people and places of Nova Scotia.

Now, World, I love you most of the time but 2020 has been a gut-wrenching, brain-hurting



disaster. Nova Scotia has taken a major kick to the head and we’ve been tested on all levels and come out on top. I hope you’re proud of us! Geof has been looking for the ultimate way to use his song’s positivity for the greater good. So, following the tragic events in April with the shootings in our province, Geof contacted the Red Cross and they were more than happy to endorse his song to raise awareness and funds for this cause.

Geof went through Tunecore, who put the song on iTunes and Spotify and with the help of the Kentville Lions Club, of which Geof is a member, the song has become a hit, but the more listens, purchases, and funds raised the better! You see World, something positive has developed!

I’m gonna end this correspondence with you by quoting the great Geof Turner himself. On our first meeting, which I am proud to say will turn into many more as we’ve become fast friends, I asked Geof what he loves most about the Valley: “I love everything about the Valley,” he immediately replied. “Of course it’s home, I’ve lived here my whole life. It’s where I grew up, where my friends and family are. There’s so much to do here, from hiking Cape Split or the Harvest Moon Trail, to camping at Blomidon! We live in such beauty, alongside the highest tides in the world! Our farmers produce the best food! So much variety! The entrepreneurial spirit is very much alive and flourishing here! For generations people have figured out how to live here and thrive. Entrepreneurs, by their very nature are extremely optimistic! The wineries, cideries, micro breweries, eateries, live theatre at Centre Stage and Two Planks, the Ghost Walks with Jerome, Deep Roots, all the community festivals! Why would I want to live anywhere else?”

So, World; I know lately we’ve been dealt some poor hands and you’ve received some major flack. I just wanted to let you know that you are still filled with good things, good places, and great people! Thank you World, for Geof, and all the other Geofs out there! Take a listen to *There’s No Place Like Nova Scotia* and you’ll see it’s all right here!

Yours,
Mike Butler



DINING OUT DURING COVID-19

Scott Campbell

Dining out while we’re in the midst of a global pandemic is a very different experience. Those of us who really enjoyed a night out with a great meal were left to fend for ourselves in our own kitchens. We were isolated not only from our friends and favourite activities but also from a sense of normalcy that had suddenly disappeared. Those first few months of flattening the curve were challenging to say the least. Then, as our concerted efforts continued, we began to see the results of our sacrifices and slowly, our society and our economy began to stir again. With that came the reappearance of dining out. But, it looks a little different. I decided to write this article to help those who were considering dining out and to maybe make it a little less alien and more comfortable.

First of all, by now, we have all heard of social distancing. Covid-19 is spread via droplets. However, these droplets have a hard time moving more than 2 meters beyond their source. Any restaurants that were opening needed to ensure that diners (or a bubble of diners) would remain 2 meters apart. For many establishments this meant removing some tables. And although removing the tables did ensure social distancing, it also resulted in a drastic decrease in potential business. In an industry that survives on a slim profit margin at the best of times, this was a concern.

This leads me to part of the reason I wanted to write this article. A local restaurant accepted a reservation a few weeks ago for a party of 12 (two tables of six). Additional staff were brought in and additional fresh produce was purchased. The party of 12 didn’t show up. That group represented about 50% of the restaurant’s business for that evening. Bringing in additional staff and purchasing extra supplies resulted in the restaurant operating at a loss that evening. I would encourage all diners to please act responsibly if you must cancel a reservation and notify the restaurant as soon as you can. During these Covid-19 restrictions, a couple of incidents like the one I just described could mean the end for a restaurant.

Other than noticing fewer tables, you will also notice when you enter that you will likely be asked for your name, your phone number, and you will likely be assigned a table or asked at which table you plan to sit. This is not some invasion of your privacy. It is the restaurant doing their part to assist in contact tracing. Should you or another diner come into contact with someone who turns out to be Covid-19 positive, then you can be contacted and advised to be tested yourself. It is just one of the ways that the restaurants are showing their commitment to your ongoing safety.

There will also be some obvious things you’ll notice, like the fact that your server will be wearing a mask. I’m sure you’ve all heard by now how masks work – my mask keeps you safe, your mask keeps me safe. Obviously you cannot wear a mask while you eat, but your server is doing their part to keep you safe by wearing one. Other things happening may be more subtle but no less effective in keeping you from harm. A server may bring a bottle of wine to your table but you will need to pour it yourself. This is just a small way of lessening the number of people coming into repeated contact with you. The menu may be either sanitized after you use it or you’ll be offered to keep the menu as a token of your dinner. Again, a small gesture that means a great deal in keeping you from potential harm.

So, I would encourage you to take comfort in the fact that our restaurants are going to great lengths to stay open and continue to serve you fantastic meals. The differences you’ll notice are there to keep you safe and make your meal the best dining experience it can be. Cheers.



Follow Scott
on Instagram
@ScottsGrapevine



TWO PLANKS AND A PASSION THEATRE IS GETTING BACK TO WORK

Ken Schwartz

Two Planks is getting back to work.

It’s hard to believe in a way, and we have many hurdles to get over in the months to come, but the artists at Two Planks are getting ready to work with each other again in September.

The first step will be a week-long workshop with eight company members at the Ross Creek Centre in September. During that time we will be developing our new fireside adaptation of *Jekyll and Hyde* (set in an imaginary Canning of 1911), a production that was interrupted by the pandemic in March.

This week together will accomplish more than one goal. Part of our investigation will encompass figuring out how to work safely with each other in a rehearsal hall – a big

question for theatre artists around the world right now. The fact that we are working exclusively on a script will make it easier for artists that need to physically distance to do so. But we will simultaneously be thinking about May of 2021 and the work we will need to do to prepare for a rehearsal situation for three different plays.

At the same time, we will be considering what it means to deliver intimate performances in the age of Covid-19. How can we maintain the sensation of coming together while also being “safely apart”? Our outdoor venues are a great help to us in this situation, and in September we will have an opportunity to experiment with new ideas that will allow us to achieve our artistic goals in slightly different ways. Like so many people in so many fields, we are learning to adapt to a different world.

And finally, we will be investigating a play that we chose long before the last 5 months turned our lives upside down, and asking what it means to us now. The words might be the same, but the artists are different people now and so is the world. We may find resonances in ways we never dreamed of in February, and that’s as it should be.

One of the biggest unknowns for me will be what it will feel like, after all the certainty and sacrifice, to be back in a room with my colleagues and asking the question: “What next?”

But I am so excited to find out. 🍷

VALLEY GHOST

walks

ANAPOLIS VALLEY • NOVA SCOTIA

presents ...

Available On Demand At Least 7 Days In Advance
Starting at \$150 + HST • For You And Your 9 Closest

902.692.8546 jerome@valleyghostwalks.com

VALLEYGHOSTWALKS.COM

GHOSTLY

Atlantic Bubble

WALKS

MESSAGE FOR HER

SLO SOUL

ENTER TO WIN WEEKLY IN-HOME
MASSAGES FOR A MONTH
(\$740 VALUE) BY COMPLETING OUR
SURVEY!

SLOSOU.LCA/SURVEY

THURSDAY, AUGUST 20

Breast Quest Dragon Boat Society – *Lake Pisiquid, Windsor. Mon & Thurs* • Due to covid restrictions, paddling is postponed until we get directions from Health Canada and Dragon Boat East. **INFO:** President: Margot Bishop, margotwithat@hotmail.com

Terra Spencer – Summer Concert Series – *Oakdene Park, Kentville 6:30-8pm* • Bring your own chair or blanket and enjoy the entertainment at Oakdene Stage! Parking available at 46 Campbell Road. **TIX:** no charge **INFO:** 902-679-2539 / recreation@kentville.ca

Show For Shelter – *Valley Drive-In Theatre, Cambridge 7pm* • Stand By Me – A Great Film for a Great Cause! All proceeds go directly to Chrysalis House! **TIX:** Donation **INFO:** 902-670-1575 / stacyd@royalpage.ca

Fodar Market Dances – *Farmer's Market, Annapolis Royal 8-9pm* • Festival of Dance Annapolis Royal (FODAR) moves performances outside for the first time with Market Dances. Seven dancers will perform a collection of solos and duets – five works in all – choreographed especially for the Festival. **TIX:** Donation **INFO:** 902-532-7704 / boxoffice@kingstheatre.ca

Do the Right Thing – *Al Whittle Theatre, Wolfville 8-10pm* • Early Spike Lee movie from 1989 which has lost none of its impact or relevance! On the hottest day of the year on a street in Brooklyn, everyone's hate and bigotry smolders and builds until it explodes into violence. Masks are required indoors. **TIX:** \$10, cash only at the door (exact change preferred) / online at eventbrite.ca **INFO:** 902-680-1135 / manager@alwhittletheatre.ca

FRIDAY, AUGUST 21

Hot Dog / Sausage BBQ! – *Rockwell Home Hardware, Kentville 11am-1:30pm* • Every Friday! **TIX:** \$3 hot dog & drink / \$5 sausage & drink **INFO:** 902-680-2740 / vintagemusic1@hotmail.com

Skills Online – *PeopleWorx, Coldbrook NS 11am-12pm* • Are you looking to gain new skills or simply refresh your existing skills? SkillsonlineNS offers a wide variety of online workshops that can help you. **TIX:** no charge **INFO:** rspears@peopleworx.ca

Jimmie Dog BBQ – *The Apple Capital Museum, Berwick 11:30am-1pm. Also Aug. 28, Final BBQ* • We're grilling local Jimmie Dogs courtesy of Meadowbrook Meat Market! Proceeds go to the Apple Capital Museum. (All staff are masked, hand sanitizer available, no-contact policy in place.) **TIX:** \$1.50 each **INFO:** 902-538-9229 / berwickvic@outlook.com

Mark Riley Project & Taproot Jerk Pork – *TapRoot Farms, Port Williams 6:30-8:30pm* • The Mark Riley Project and jerk pork & corn supper. Two nights of great food and social distanced open air dancing! **TIX:** \$30 adult, \$15 age 6-12, \$7.50 under age 6. Music Only: \$15 adult, \$7.50 12 & under **INFO:** 902-542-3277 / info@taprootfarms.ca

Gina Burgess brings That Friday Feeling – *Winegrunt Wine Bar, Windsor 7-9pm* • An amazing and eclectic collection of Nova Scotia, Acadian, Celtic, and Folk tunes. **TIX:** no charge **INFO:** 902-472-2863 / info@winegrunt.com

Labyrinth – *Al Whittle Theatre, Wolfville 8-9:45pm* • Sixteen-year-old Sarah is given thirteen hours to solve a labyrinth and rescue her baby brother Toby when her wish for him to be taken away is granted by the Goblin King Jareth. Directed by Jim Henson. Starring David Bowie! Masks are required indoors. **TIX:** \$10, cash only at the door (exact change preferred) / online at eventbrite.ca **INFO:** 902-680-1135 / manager@alwhittletheatre.ca

SATURDAY, AUGUST 22

North Mountain Market – *North Mountain United Tapestry, Harbourville 9am-1pm. Every Saturday until Oct. 10!* • Local fruits, vegetables, berries, herbs and flowers, fresh, locally-produced baked goods, preserved and prepared foods, fresh, locally-roasted coffee and a wide variety of locally made arts and crafts. Face masks required inside. **TIX:** no charge **INFO:** unitedtapestry@gmail.com

Safe Summertime Outdoor Market – *Farmers Market, Wolfville 9am-12pm. Every Saturday!* • An awesome variety of vendors, lots of smiles and a safe environment. **TIX:** no charge **INFO:** communications@wolfvillefarmersmarket.ca

Summer Dance Intensives! Camp – *Ross Creek Centre for the Arts, Canning 10:30am-4:30pm* • Continue on from our full week program, or just come for the 2-day intensive to get yourself ready for your home studio! **TIX:** \$150 **INFO:** 902-582-3842 / mail@artscentre.ca

Deep Roots COVID Concert – *Online, Everywhere 3-5pm* • Sahara Jane & Ken Shorley, and Kamila Nasr & Rodrigo Simões, streamed on YouTube and Facebook. **TIX:** no charge **INFO:** 902-670-2361 / info@deeprootsmusic.ca

The Melberns – *Crystany's Brasserie, Canning 6-8pm* • Live music with the Melberns! Reservations recommended as we are operating at limited capacity. **INFO:** Facebook: @crystanysbrasserie

Mark Riley Project & Taproot Jerk Pork & Corn Supper – *TapRoot Farms, Port Williams 6:30-8:30pm* • Two nights of great food and social distanced open air dancing! **TIX:** \$30 adult, \$15 age 6-12, \$7.50 under age 6. Music Only: \$15 adult, \$7.50 12 & under **INFO:** 902-542-3277 / info@taprootfarms.ca

The Chris Elson Paradigm – *Winegrunt Wine Bar, Windsor 7-9pm* • Chris's cool keys are at Winegrunt. **TIX:** no charge **INFO:** 902-472-2863 / info@winegrunt.com

Jurassic Park III – *Al Whittle Theatre, Wolfville 8-9:40pm* • A couple with ulterior motives convince Dr. Grant to go to Isla Sorna for a holiday, but their unexpected landing startles the island's new inhabitants. Masks are required indoors. **TIX:** \$10, cash only at the door (exact change preferred) / online at eventbrite.ca **INFO:** 902-680-1135 / manager@alwhittletheatre.ca

SUNDAY, AUGUST 23

Farmers' Market – *Victoria Park Bandstand, Windsor 10am-1pm. Every Sunday!* • The best of local farmers, crafters and artisans. Please respect social distancing while visiting the market **TIX:** no charge **INFO:** 902-579-7652 / acfm.market.manager@gmail.com

Virtual Gutsy Walk for Crohn's and Colitis – *Virtual Annapolis Valley, Anywhere in The Annapolis Valley 11am* • On our special 25th annual Gutsy Walk, join our community virtually to celebrate the research milestones we've achieved together--and the innovations we will drive in the years to come. Take the first step! **TIX:** Donation **INFO:** 800-265-1101 / gutsywalk_MA@crohnsandcolitis.ca

Music By the Bay! – *North Mountain United Tapestry, Harbourville 1-3pm* • An afternoon of music on our new outdoor stage. The wonderfully traditional old time music of Zakary Miller. Coffee Shop (By the Bay Cafe) open. Sweets, coffee, tea and cold drinks available. Canadiana Swing! Social Distancing in place. **TIX:** Donation **INFO:** 902-538-7923 / unitedtapestry@gmail.com

Summer Concert Series – Kenny Byrka – *Waterfront Park, Wolfville 2-4pm* • Brought to you by Deep Roots Music Cooperative and the Town of Wolfville. Please remember to physically distance from others. **TIX:** no charge **INFO:** 902-542-3019 / events@wolfville.ca

Cold Plate Turkey & Ham Supper – *Lion's Club, 36 Elm Ave., Wolfville 4:30-6pm* • Cold plate turkey and ham, with white cake topped w/ blueberries and whipped cream for dessert. Take out and local delivery only. **TIX:** \$15 adult, \$8 child under 10. Pre-order by Aug. 20 **INFO:** 902-542-4508 / wolfvillelionsclub@hotmail.com

Dr. Strangelove – *Al Whittle Theatre, Wolfville 8-9:45pm* • Stanley Kubrick's masterpiece with a remarkable Peter Sellers playing many characters. An insane general triggers a path to nuclear holocaust that a War Room full of politicians and generals frantically tries to stop. Masks are required indoors. **TIX:** \$10 cash only at the door, or eventbrite.ca **INFO:** 902-680-1135 / manager@alwhittletheatre.ca

MONDAY, AUGUST 24

Breast Quest Dragon Boat Society – *Lake Pisiquid, Windsor. Mon & Thurs* • Due to covid restrictions, paddling is postponed until we get directions from Health Canada and Dragon Boat East. **INFO:** President: Margot Bishop, margotwithat@hotmail.com

Under The Big Top Camp – *Ross Creek Centre for the Arts, Canning 9am-5pm* • Kids 5-7 will learn some amazing circus skills and create their own Greatest Show on Earth, through play, stories, theatre and visual arts! **TIX:** \$325 **INFO:** 902-582-3842 / mail@artscentre.ca

Art in the Third Dimension! Camp – *Ross Creek Centre for the Arts, Canning 9am-5pm* • Explore how to see the world of art in the third dimension and discover the world of sculpture with the acclaimed Elizabeth Sircom! **TIX:** \$325 **INFO:** 902-582-3842 / mail@artscentre.ca

Maps, Myths & Mysteries! Camp – *Ross Creek Centre for the Arts, Canning 9am-5pm* • Explore map-making and create new memories in this exciting week-long workshop that weaves together stories, adventure, performance, and artworks that take you on a journey! **TIX:** \$325 **INFO:** 902-582-3842 / mail@artscentre.ca

Movie Studio Camp – *Ross Creek Centre for the Arts, Canning 9am-5pm* • Write, act, direct, and edit under the guidance of a professional filmmaker! W/ Henry Colin. Ages 12-16. **TIX:** \$325 **INFO:** 902-582-3842 / mail@artscentre.ca

TUESDAY, AUGUST 25

Coffee & Tea Social – *Community Hall, 1542 White Rock Rd., White Rock 9:30am-12pm* • The Wolfville Legion Coffee & Tea Social. Everyone is welcome for tea, coffee, snacks. **TIX:** \$2 **INFO:** 902-542-5869 / wolfvillelegion@gmail.com

Celebrate Recovery – *New Hope Wesleyan Church, Kentville 7-9:30pm* • A faith based 12-Step program for all who need help with hurts, habits & hangups. Are you struggling with broken relationships, stress, anger, fears, addictions? All welcome. Please wear a mask & maintain social distancing. **TIX:** no charge **INFO:** 902-678-2222

WEDNESDAY, AUGUST 26

Farmers Market – *Centre Square, Kentville 10am-1pm. Every Wednesday!* • Fresh produce, ethically raised meats, and fresh baked goods as well as artisan beer, cider, and spirits. Locally made soaps and household items. **TIX:** no charge **INFO:** 902-956-1822 / marketmanager@kentville.ca

Family Pop-Up Play Day – *Centerville Park, Centerville 10am-12pm* • A time for families to come and play with borrowed equipment and get some fresh air! Children under the age of 12 must be accompanied by someone above the age of 15. **TIX:** no charge **INFO:** 902-599-1556 / sfevens@countyofkings.ca

Career Cruising – *PeopleWorx, Coldbrook NS 11am-12pm* • Career Cruising is an Internet-based exploration and planning tool. It can be used to explore career and college options, as well as developing a career plan. Email to register. **TIX:** no charge **INFO:** rspears@peopleworx.ca

Jam Session / Chase the Ace – *Downtown, Kentville 7-9pm. Every Wednesday!* • Jam Session and Chase the Ace **TIX:** Donation **INFO:** 902-680-2740 / vintagemusic1@hotmail.com

THURSDAY, AUGUST 27

Youth Job Search – *PeopleWorx, Coldbrook NS 2-3pm* • With an emphasis on youth, our workshop will teach you how to use social media effectively to aid in your job search, as well as how networking can be beneficial. Email to register. **TIX:** no charge **INFO:** rspears@peopleworx.ca

The Melberns – Summer Concert Series – *Oakdene Park, Kentville 6:30-8pm* • Bring your own chair or blanket and enjoy the entertainment at Oakdene Stage! Parking available at 46 Campbell Road. **TIX:** no charge **INFO:** 902-679-2539 / recreation@kentville.ca

Under the Gazebo: Kentville Drums – *Centre Square, Kentville 7pm* • West-African drumming workshop w/ Djugdjug Ensemble. Use a drum provided or bring your own! **TIX:** no charge **INFO:** info@kentvillebusiness.ca

FRIDAY, AUGUST 28

Virtual Job Fair – *PeopleWorx, Coldbrook NS 10am-12pm* • Employers are still being recruited for the event and will be publicized as soon as they sign on. Job seekers are encouraged to contact Ronda. **TIX:** no charge **INFO:** Ronda, rspears@peopleworx.ca

Skills Online – *PeopleWorx, Coldbrook NS 11am-12pm* • Are you looking to gain new skills or simply refresh your existing skills? SkillsonlineNS offers a wide variety of online workshops that can help you. Email to get started! **TIX:** no charge **INFO:** rspears@peopleworx.ca

Jill & Jade bring That Friday Feeling – *Winegrunt Wine Bar, Windsor 7-9pm* • Jill & Jade bring their gorgeous vocals and guitars to Winegrunt. **TIX:** no charge **INFO:** 902-472-2863 / info@winegrunt.com

Jam Session – *Parker Hall, 9 Pond Rd., Victoria Vale 7-10pm* • Welcome to musicians, singers and audience. 50/50 Draw and lunch. **TIX:** \$2 Min. per person **INFO:** 902-825-6413 / s.brinton@eastlink.ca

SATURDAY, AUGUST 29

Kings Kikima Grannies Yard Sale – *15 Chestnut Ave, Wolfville 8am-noon* • This is a fundraiser for the Kings Kikima Grannies. Donations may be dropped off Friday (Aug 28) from 2-6pm. They're taking any items with the exception of books, clothing, and shoes. Masks will be worn and social distancing practiced. Proceeds from the sale support orphans raised by their Grannies in Kikima, Kenya. **TIX:** freewill offering **INFO:** Facebook: Kings Kikima Grannies

Crafter's (Textiles) Yard Sale – *Community Hall, Burlington 10am-2pm* • Vendors will be selling all things textile from their stash: patterns, tools, fabric, yarn, etc. No finished projects but lots of supplies! COVID19 protocols apply. **TIX:** Donation **INFO:** 902-538-7177 / sdmunro1@gmail.com

David Filyer Duo – *The Port Pub, Port Williams 12:30-3pm. Also Sept 5 & 12* • **TIX:** no charge **INFO:** ibrownstein@ns.sympatico.ca

Kitchen Party – *The Farmhouse Inn B&B, Canning 5pm* • Sahara Jane, Ken Shorley & Jude Pelley, plus Mathias Kom & Ariel Sharrat aka The Burning Hell **TIX:** \$15 **INFO:** 1-800-928-4346 / kimbarlow.ca

Csaba Kanyasi – *Winegrunt Wine Bar, Windsor 7-9pm* • Csaba brings some cool percussion and loops to Winegrunt. **TIX:** no charge **INFO:** 902-472-2863 / info@winegrunt.com

SUNDAY, AUGUST 30

"Left of Center Duo" Concert – *Community Centre, Grafton 2-4:30pm* • Live outdoor concert! Classic Rock songs. Canteen available. 50/50 Draw and a Silent Auction table. **TIX:** \$5 @ Foster's Fire & Safety Ltd. (Cambridge), Valley Hairstylists (Berwick), Laurie's Hair Salon (Wilmot), or at the door. **INFO:** 902-538-1203 / donfoster470@yahoo.com

TUESDAY, SEPTEMBER 1

Taekwondo – *Baptist Church, North Alton 6:30-7:30pm* • Tues & Thurs 6:30-7:30pm (Kids 4-14), 7:30-8:30pm (Adult). **TIX:** 1st week is FREE **INFO:** 902-670-8714 / devin@ennissecurity.ca

David Filyer Trio Open Mic – *The Port Pub, Port Williams 7-9:30pm* • **TIX:** no charge **INFO:** ibrownstein@ns.sympatico.ca

Ladies Cardio Kickboxing – *Baptist Church, North Alton 8:30-9:30pm* • Classes are Tues & Thurs 8:30-9:30pm. **TIX:** 1st week is FREE **INFO:** 902-670-8714 / devin@ennissecurity.ca

WEDNESDAY, SEPTEMBER 2

Handel's AGRIPPINA – Met Opera – *Kings Theatre, Annapolis Royal 7pm* • Handel's tale of intrigue and impropriety in ancient Rome. Sir David McVicar's production ingeniously reframes the action of this black comedy about the abuse of power to "the present," where it should loudly resonate. Sung in Italian, MET titles in English. **TIX:** Members: \$16, General: \$20, Youth: \$8 **INFO:** 902-532-7704 / boxoffice@kingstheatre.ca

THURSDAY, SEPTEMBER 3

Taekwondo – *Baptist Church, North Alton 6:30-7:30pm* • Tues & Thurs 6:30-7:30pm (Kids 4-14), 7:30-8:30pm (Adult). **TIX:** 1st week is FREE **INFO:** 902-670-8714 / devin@ennissecurity.ca

Under the Gazebo: Kentville Paints – *Centre Square, Kentville 7pm* • Celine Hambling will instruct participants on how to paint a whimsical fish. Pre-registration required. **TIX:** no charge **INFO:** info@kentvillebusiness.ca

Ladies Cardio Kickboxing – *Baptist Church, North Alton 8:30-9:30pm* • Classes are Tues & Thurs 8:30-9:30pm. **TIX:** 1st week is FREE **INFO:** 902-670-8714 / devin@ennissecurity.ca

FRIDAY, SEPTEMBER 4

Jam Session – *Parker Hall, 9 Pond Rd., Victoria Vale 7-10pm* • Welcome to musicians, singers and audience. 50/50 Draw and lunch. **TIX:** \$2 Min. per person **INFO:** 902-825-6413 / s.brinton@eastlink.ca

SATURDAY, SEPTEMBER 5

Church Yard Sale – *Kingston United Church, 733 Main Str., Kingston 8am-12pm* • Pickle & Jam table & other great deals! Come and enjoy! Social distancing in effect, and masks mandatory. Rain date: Sept 12 **INFO:** njarmstrong@eastlink.ca

Kitchen Party Finale – *Canning Gazebo, 1pm* • Kim Barlow, Mohammad Sahraei, Kim Lake, Zakary Miller & the Yodelahee Few, Michael Simon & more. **TIX:** Suggested donation \$10-\$15/pwyc **INFO:** kimbarlow.ca

TUESDAY, SEPTEMBER 8

David Filyer Trio Open Mic – *The Port Pub, Port Williams 7-9:30pm. Also Sept 15* • **TIX:** no charge **INFO:** ibrownstein@ns.sympatico.ca

THURSDAY, SEPTEMBER 10

Tapestry: Women's Cancer Support Group – *We meet the 2nd Thursday of the month. Please call for time/location. INFO:* Dorothy, 902-538-3374 / Pat, 902-678-9100 / Margot, 902-542-1466 / margotwithat@hotmail.com

Under the Gazebo: Kentville Performs – *Centre Square, Kentville 7pm* • A community open mic w/ Ryan Roberts and friends. **TIX:** no charge **INFO:** info@kentvillebusiness.ca

TUESDAY, SEPTEMBER 15

Illustrator Sketch-Off – *AVRL Virtual Program Space, Berwick 7-8pm* • Get your imagination hats on and suggest what our guest illustrators will create. Tune in with Doretta Groenendyk, Sydney Smith, and Lauren Soloy for an hour of sketching fun! Registration begins Sept 1. Space is limited. **TIX:** no charge **INFO:** valleylibrary.ca

WEDNESDAY, SEPTEMBER 16

Trivia Night: Sitcoms – *AVRL Virtual Program Space, Berwick 7-8pm* • Join us for another round of trivia. This theme will be TELEVISION SITCOMS! Ages 18 and up. You will require a device to view the questions and clues via Zoom, either a computer, tablet, or smartphone, to submit your answers via the Kahoot! app or website. Registration is required. Once registered, you will receive information on how to join the Zoom meeting, and how to access the Kahoot! quiz program. Prizes for the top three Trivia Masters! Registration deadline is September 14th. Please provide an email address when you register. **TIX:** no charge **INFO:** valleylibrary.ca

THURSDAY, SEPTEMBER 17

Under the Gazebo: Kentville Laughs – *Centre Square, Kentville 7pm* • Enjoy a family friendly movie on a big screen under the stars! **TIX:** no charge **INFO:** info@kentvillebusiness.ca

WHAT'S GROWING AT THE HARRIET IRVING BOTANICAL GARDENS FORAGING WILD FRUIT

Ted Morris, Student Native Plant Conservationist

If you're a fruit lover, then you probably get excited for the summer when berries are in season and available at markets and grocery stores. If you're like me, your first quart is finished on the walk or car ride home from the store. What I'm learning this year though is that you don't have to purchase all the berries you eat this season from a store. Foraging, which is searching for wild food sources, is a great way to collect delicious wild fruits without having to pay a cashier. If you know what you're looking for, when to look for it, and where to find it, then you can return home with an abundance of fresh fruit.

Some of my favourite fruits are blueberries, blackberries, raspberries, and cranberries, and they are all native to the Acadian Forest Region, which means they can be found naturally alongside trails and in the forests of Nova Scotia. Just recently, I was travelling in Cape Breton with my roommates where on a trail we found some lowbush blueberries on which to snack. Finding this little treat gave us joy and some extra energy to hike! Blackberry season is also upon us and I'm starting to see berries ripen all over, including along the Harvest Moon Trail in Wolfville. Eating foraged food brings me great satisfaction because it's fresh right from the bush, there is no monetary exchange, and there is little to no carbon footprint.

There are many more native edible plants that aren't typically sold on store shelves. For example, serviceberry, otherwise known as shadbush, grows in the Acadian Forest Region and produces tasty berries perfect for pies, jams, and jellies. Mountain cranberry, or foxberry, creates a rich fruit that can be preserved, juiced, or made into syrup. When harvested in late summer or early fall, the berries from staghorn sumac can be soaked for



24 hours, then strained to make a refreshing drink similar to lemonade. Nature holds many foods which we don't normally see at a store, and it is worth learning about them so you will know when and where to find them.

While there's no monetary exchange between you and the plant when foraging, your payment for the food occurs through stewardship and care for the earth. Without protection from major human disturbance, there would be no forests and ecosystems to grow these wild foods. If you are planning on foraging, make sure that you are certain of what you are eating. As well, I like to follow the principles of the honourable harvest, which are to never take the first one you see, to share it with others, and to never waste what you've taken.

The Harriet Irving Botanical Gardens are a great space to learn about native edible plants. However, we cannot accept visitors at this time while the Acadia University campus remains closed to the public. To stay up to date with what's happening in the gardens, please like us on Facebook and follow us on Instagram. 🌿

Facebook: Harriet Irving Botanical Gardens
Instagram: @harrietirvingbotanicalgardens

GET YOUR APAS MUSIC PASS ASAP!

The Acadia Performing Arts Series' Music Club launches August 20!

François Côté

The APAS had an amazing 2020-21 Series in store, ready to be officially released last April. Obviously, the pandemic put all of this on hold, and we eventually had to cancel the whole season.

Now, until we can safely present live performances again, we are excited to launch the online APAS Music Club!

Through the Club, we want to offer a platform on which we can maintain and expand our community of music lovers. We hope to keep our longtime subscribers connected, and we invite new members to *Join The Club*.

Every month, from September to May, we will curate on average 10 videos of world-class performances and post them on an exclusive platform for our members to enjoy and discuss, book-club style. We will stagger their posting and have scheduled "watch parties" for each. These broadcast-quality videos will then remain on the platform for members to watch and discuss at their own convenient time.

Out of these 10 monthly performances, in general, we hope to post at least three original/exclusive productions. These will be either produced by APAS or purchased by APAS for free viewing by Club members. Others will be curated among the world's best performances,

mostly from Youtube or Vimeo, and posted for our members to watch and discuss.

What kind of music to expect:
The focus will be on the musical genres that have been at the core of the Performing Arts Series' programs over the years: orchestral music, chamber music, operatic and choral music, ballets, and also multi-media, multi-genres, jazz, and "world music". We will introduce performances by iconic singer-songwriters as well as performances by some of our region's very best artists in a variety of genres. We will also present online a few of the performances that were to be part of our 2020-21 live Series. One underlying criteria: World-class performances with broadcast-quality production.

Full-year membership to APAS Music Club is only \$50 (tax included). It can be purchased online through the Acadia Box Office (acadiu.universitytickets.com).

ALL membership revenues will go directly to the production or purchase of original/exclusive performances for the Club.

We are looking forward to sharing a whole world of wonderful music with you!



THE JIJUKTU'KWEJK WATERSHED ALLIANCE IS RESTORING THE CORNWALLIS RIVER

Jennifer West

Did you know that the Cornwallis River was a popular place for fishing, swimming (including Red Cross swimming lessons), canoeing, and collecting drinking water? The river was also abundant with Atlantic salmon, speckled trout and more. Sadly many of these activities and species are now missing from the Cornwallis River, but there is much work being done to bring them back.

The Jijuktu'kwejk Watershed Alliance was established in 2016 with the goal of restoring the river to be swimmable and fishable again. The Mi'kmaq people have referred to the Cornwallis and Annapolis Rivers collectively as the Jijuktu'kwejk, and this name has since become a symbol of the natural state of the river, which this group strives to achieve again. The organization includes strong connections with local naturalist, environment, research, community, First Nations, and government groups, making it an alliance of groups and people working toward this important goal.

Today, the Alliance has a guiding team of ten people from various backgrounds who plan scientific programs and events such as public talks, canoe and kayak events, learn to paddle workshops, and river and trail clean-ups. Each summer, groups of students learn about the health of the river and of opportunities for the public to spend more time learning about and loving the river in our backyard.

The Alliance has been hiring summer students for the past 4 years to collect water samples, document invasive species, map areas of concern, and identify sensitive habitat. Students have been mentored by members of the Watershed Alliance with experience in biology, ecology, mapping and GIS, wetlands, and geology. Keeler Colton is a biology student at Acadia University who started with the group in July. He has been mapping locations of turtles and other sensitive species, collecting water samples for analysis of bacteria and basic chemistry, and documenting the state of the river. Jeff Smith, a remote sensing student at NSCC's Centre of Geographic Sciences (COGS), is working on an interactive website which will allow visitors to view maps and



Above: ecology summer student Keeler Colton in the river with a friend. Below: GIS summer student Jeff Smith at the computer.

visualize scientific data about the watershed. Much of Keeler's work will be incorporated into Jeff's project, providing an easy way for residents of the Valley to learn about the rich history and present conditions of the Jijuktu'kwejk River.

The Alliance is supported by federal and municipal grants, grants from foundations, and the generous support of local residents. Larger grants support the hiring of summer students, while smaller grants and donations help support water sample costs and necessary equipment. The organization has no full-time staff and no office, but continues their important work from their homes and along the shores of the river. 🌿

For more information on the watershed alliance, visit watershedalliance.ca, and follow along on Facebook (facebook.com/Jijuktu'kwejkWatershed)

Yes, we're finally open!

Drop in and say Hello.



MORGAN JANE HOME

456 Main Street, Wolfville

Open Tuesday to Saturday 11-5

Bring this ad and receive 10% off your purchase.



www.morganjanehome.com

GET YOUR APAS MUSIC PASS ASAP!!

Join us in the Acadia Performing Arts Series' MUSIC CLUB

Until we can safely present live performances again, we're going online. Beginning in September, we will present a mix of world-class performances for our members to enjoy and discuss, on an exclusive online platform.

What to expect:

- We will curate concerts by some of the world's best artists in Classical, Jazz, and International Music.
- We will produce, record and present some exclusive content: concerts, recitals, even seminars on music-related topics.
- We will also present online some of the performances that we were going to present live throughout our (postponed) 2020-21 Series.

Membership

- 230 subscribers to our 2019-20 Series are already members of the Club
- **You are invited to join them !**
You can enroll for a membership fee of \$50 (taxes and fees included)
- Join the Club by purchasing your membership online through the Acadia Box Office:
<https://acadiau.universitytickets.com/>
Soon after, we will contact you with a direct link admitting you to the Club's exclusive Facebook group platform. This will be your "Pass to APAS Music Club".

We can't wait to share a world of wonderful music with you !



LIMITED EDITION
COMPLETED
POTTERY PIECES



**ABSOLUTE CARE
FOR SAFETY!**

- ✓ Masks Mandatory
- ✓ Social Distancing
- ✓ Limited Seating
- ✓ Workspaces Sanitized
- ✓ Hand Sanitizer

Pottery -To-Go!

- ➔ Anniversaries
- ➔ Events
- ➔ Parties
- ➔ Family gatherings

348 Main Street, Wolfville, NS B4P 1C4
902-542-2169
theclaygroundstudio.com

Paint-it-yourself pottery paint-it-yourself pottery paint-it-yourself pottery

Hike for Hospice Sept. 27, 2020

FALL EDITION

Come Hike with us... every step you take makes a difference!

5 km hike starts at the new Valley Hospice,
150-3 Exhibition St, Kentville

In support of Valley Hospice and Palliative Care

valleyhospice.ca



We start at the new Valley Hospice residence and go to Miner's Marsh for a beautiful 5 km hike

- 1:30 pm Hiker's check-in at Valley Hospice
- 1:45 pm Greetings and welcome
- 2:00 pm Guided hike (5 km)

During the hike we will adhere to all public health guidelines

Sign up now and start fundraising: Valleyhospice.ca

Contact us: 902.679.3471 or dale.sanford@nshealth.ca

Hike with us ... or ... Hike from home – you decide!

Come Hike with us: Meet up at the new Valley Hospice and join our guided 5km hike to Miners Marsh on September 27, 2020. Social groups of 10 and under are suggested. We will stay safe and will practice physical distancing during the hike.

Hike from Home: Go for your own hike with family, friends or co-workers. Choose any place that is special to you. Stay connected, join our facebook group and share photos #HikeforValleyHospice. Complete your hike on or before September 27, 2020.

August 29 & 30,
September 5 & 6, 12 & 13, 19 & 20, 26 & 27



FEATURING
DIFFERENT GARLIC
VENDORS EACH WEEK
&
WEEKLY PERFORMANCES
BROUGHT TO YOU BY

CELEBRATING:

GARLIC FESTIVAL,
GREAT LITTLE ART SHOW,
HONEY HARVEST FESTIVAL,
ARTISANS IN ACTION,
NORTH ALONG THE SHORE JAMBOREE,
FULL CIRCLE FESTIVAL
AND
CULTURE DAYS



AT
AVONDALE SKY WINERY
80 AVONDALE CROSS RD,
NEWPORT LANDING, NS.



CARL'S independent
YOUR INDEPENDENT GROCER

396 Main St., Wolfville 542-9680

FRESH, COOKED, WHOLE BBQ CHICKEN.
\$2 off regular price, valid with no other offer.

Expiry: Friday,
September 18th
2020

