



# THE GRAPEVINE

**ARTS | CULTURE | COMMUNITY**

November 12 – December 10, 2020 | Issue No. 17.11



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*Gift Guide*  
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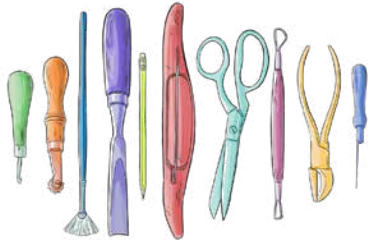


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# WHO'S WHO PETER DEWAR: THE KING-STEC OF COOKING!

Mike Butler

I have a hard time saying no when asked to be part of a project, be it theatre, fashion shows, or fundraiser events. I love helping and being part of the community in all forms because I get to meet some pretty fascinating people along the way.

The Valley Regional Hospital Foundation recently asked me to host some online cooking tutorials as part of their Harvest for Health fundraiser. Myself, a sous-chef (an employee of the Valley Regional Hospital), and a celebrity chef spent a few hours creating a culinary masterpiece with a prominent Valley fruit or vegetable (squash, onion, plum, or apple). Could my job have been easier? I got to spend time with some of the nicest, most talented chefs in the business, and we have them all at our disposal in Nova Scotia. I learned some tricks of the trade, ate some glorious cuisine, and made some terrific contacts. One of these chefs was Peter Dewar. I got to chat with Peter about his interests, his family, and his recipe for success.

Peter grew up in Riverview, New Brunswick and spent his summers in PEI at the family farm eating his grandmother's oatmeal. Peter trained at The Culinary Institute of Canada, PEI and did his two-year apprenticeship in Bern, Switzerland.

Peter returned home to Canada and peppered our country with his incredible cooking skills. Peter was first cook at the CP Hotel Beausejour in Moncton, then *chef de partie* at the Prince George Hotel in Halifax. He then ventured to the west coast and took the position of sous-chef at Val d'Isère in Whistler, BC, where his passion for skiing came out. Soon Peter discovered he cooked just as well on the slopes as he did in the kitchen and for a number of years, Peter worked winters in Whistler doing ski sales and event management. But summers in Digby, Nova Scotia found him as executive *sous chef* at The Pines Resort and Spa.

Then, in 2003 Peter accepted a position as Culinary Arts Chef Instructor at Nova Scotia Community College (NSCC) in Kentville. "I teach culinary management and I also do product development for local and national companies," says Peter. "Pure Infused Maple from Hutchinson Acres is one of the product lines that I am very proud of. I am very excited to have a new kitchen at Kingstec. I was given the chance to design a world-class teaching kitchen and myself and the students are so happy to have started cooking in the space this fall. In our new state-of-the-art kitchen at NSCC, I am in my glory having the freedom to teach and create with students." I have been in this kitchen folks, and it's a chef's dream come true!

Besides cooking in the kitchen with his grandmother, Peter celebrates his start in the kitchen in a very funny way: "A car accident got me started in the kitchen," he says. "I was delivering pizzas when I was 16 and rear ended someone because I was waving at my mom. The next day I was given an apron and sink, and I lost my keys to the pizza car that day."

And where did that experience take Peter? Well, here's a little list of how talented he is: In 2007 and 2008, Peter was the top chef at the prestigious International PEI Shellfish Chef



Challenge, and in 2010, he won the CATCH seafood competition in Halifax. He's a member of the Canadian Culinary Federation, and he represented the Atlantic Region at the 2008 CCFCC National Chefs Challenge in Montreal, where he won first place. Peter coaches the Junior Team Nova Scotia and Team Kingstec NSCC, both of which have won numerous provincial and Atlantic hot salon titles. In recognition of his contributions, Peter received the President's Citation Award from the Nova Scotia Association of Chefs and Cooks in 2009 and was named their Culinarian of the Year in 2009. Just to name a few accomplishments!

And when he's not knee deep in sauce and pastry, Peter takes to his bike. "Cycling pretty much year-round is my go to," he says. "Recently I just got back into mountain biking and even did a few races this year. Both my sons, who are 4 and 7, also ride a lot, we have VIP parking at the Gorge. Gardening is something I love, I collect ornamental grass and hostas. My front lawn is my pride and joy, if it doesn't look like a golf course I am not happy! As far as relaxing goes, good coffee (a tepid TAN latte!) and a long bike ride are the musts. I feel tranquillity is always my goal. I also hangout/help/work at Bank's Bike Shop in the summer. I love being around people that are passionate about cycling."

Peter has lived all around the world and feels very fortunate to live in the Valley. The cycling is great, but as a chef he finds the food we produce to be second to none and a chef's dream to cook using the ingredients from our area. Peter's dish for the cooking show through the Valley Regional Hospital involved plums! You can visit the Valley Regional Hospital Foundations website to get the link to Peter's segment. It's well worth it.

The future looks bright for Peter. There's always an interest in food, wine, and all things buttery here in the Valley, but the most important thing, along with his partner Janet, is to raise their two happy boys that love the Valley and all it has to offer. You can follow Peter @chef-peterdewar. Many thanks and happy kitchen creations!



## ON THE COVER: TACHA REED

Tacha Reed's paintings are on display as part of the Avon River Arts event *Long Winter Nights* throughout November and December at the Bread Gallery, 7778 Highway 14, Brooklyn.

### Margaret Drummond's WORD OF THE ISSUE

#### Upbraiding (*adjective*):

Severely reproachful  
or reproving; censorious.

*They come and seat them around in their  
mouldy places,  
Now and then bending towards me a glance of  
wistfulness,  
A strange upbraiding smile upon all their faces,  
And in the bearing of each a passive  
tristfulness.*

Excerpt from "Night in The Old Home"  
by Thomas Hardy

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**MIDDLETON:** Angie's, Goucher's, Wilmot Frenchy's, Tim Horton, Library

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Left to right: Sarah Sears, Sara Hartland-Rowe, and Brian Borchardt

# WEEKEND WORKSHOP RETREATS AT ROSS CREEK CENTRE FOR THE ARTS

Submitted

The Ross Creek Centre is excited to extend invitations to adults in the Atlantic bubble to benefit from amazing access to artists and a chance to do something creative with no experience necessary. Executive Director Chris O'Neill says they are ready to take the knowledge they gained over the summer to bring adults into small and safe creative groups all through the fall. This series of weekend workshop retreats has been specifically tailored to provide an inspiring retreat setting where individuals can escape from the everyday and scratch their creative itch. O'Neill says that the fall programs are designed to give people a chance to renew themselves creatively, whether they are a beginner in the arts, or have experience. "Our instructors are very supportive and always help our students reach the next level from where they began. It's exciting to see their growth and to also see the stress of our normal lives melt away for a bit while the group focuses on making something new."

The first weekend workshop, taking place November 14-15, is going to be an exciting dive into jewelry making with Halifax jewelry designer and metalsmith Sarah Sears. Participants will have the chance to make a series of sterling silver rings while exploring techniques such as soldering, sand casting, and using a

caliper to take finger measurements. With the holidays fast approaching, O'Neill is hoping that as many people as possible take this rare opportunity to make homemade jewelry alongside a pro that can be gifted (or kept as a gift to oneself).

For those with an interest in visual arts, Sara Hartland-Rowe will be leading a weekend workshop November 28-29, where participants will explore drawing and painting through portraits and self-portraits. "Sara has been with us for a number of years, and anyone who has ever met her, much less taken a class with her, knows how special and inspiring she is to work with." O'Neill goes on to describe the program that Sara puts together, from a bonfire where participants make their own charcoal, to morning tea in the garden. "I love watching the rhythm of Sara's program, and we are very fortunate that she can be with us in person this fall."

Ross Creek is also thrilled to be hosting "Sonic Experiments" December 5-6. This workshop is being led by acclaimed Canadian musician Brian Borchardt, who has been both a solo artist and a member of Burnt Black, By Divine Right, Holy F\*ck, Lids, and Dusted. In the workshop, "I'd like to discuss ideas, philosophies, and techniques," Borchardt says.

"Following that I'd like to demonstrate how to apply these in practice, giving insights to some of the experimental and improvisational approaches I've used in my performances on stages like Glastonbury, Coachella, and Lollapalooza. Hopefully this will provide a good level of motivation for us as we all try our hand on some found objects, sound mixers, drum machines, et cetera."

The weekend intensives are designed for people to attend during the day or for a limited number to attend and stay overnight in the Centre's glamping cabins, each with their own wood stove. All meals are provided by the in-house chef, using ingredients from the Centre's own gardens and from local farms.

In all cases, the centre is using all the health protocols from the provincial government as their baseline, and only accepting those who have been in the Atlantic bubble for at least 14 days.

Spaces are still available for all programs this fall, and information and registration can be found at [artscentre.ca/weekend-workshops](https://artscentre.ca/weekend-workshops).



# COVID-19 AND CADANCE: MOVING WITH THE TIMES

Mike Butler

2020 has dealt us quite the hand this year. Are you as proud to be a Nova Scotian/ Maritimer as I am? Great job everyone. If we owe ourselves a round of applause for anything, it's our ability to adapt and resurface after a few months of lockdown and major adjustment to our lives, businesses, and everything we had the freedom to do. It's been a long haul but so many businesses are doing what they can to get back up and running.

So here's the rules: No touching, wear masks, no gatherings, no performances, no audience... and the list goes on. How does a dance studio with youth participants handle COVID-19? Well, Cadance Academy has taken all the right steps!

"Dance traditionally has been taught in a dance studio, generally with other students," notes Amanda Pulsifer, Cadance office manager, "and dance is a performing art, so live performance in a theatre is often how we perform. This became a big problem last March as the pandemic hit, as we no longer could be around people outside of our immediate families. As a small business we had to be quick on our feet to find a new way to bring people the joy of dance but also keep them safe at the same time. A lot of businesses decided to turn to technology."

Have we ever relied on technology more? For school, work, business, pleasure, social interaction, and training courses, the internet became THE SOURCE to keep us going this year.

"While the pandemic impacted our classes inside the studio," Amanda continues, "we continued to deliver the dance experience students love at Cadance, just in a slightly different way. Thanks to technology, Cadance opened our digital doors and provided dance classes online



through Zoom meetings, and had all classes recorded so that students could view them anytime they wanted on their student portal (which they loved). We had to make it as simple as possible for parents and students as this was a learning curve for everyone."

And during the pandemic it was so important to be active, move, use your mind and still interact socially with your peers, and this was just as important for the adult dancers as it was for the younger students who said these classes truly were a life line for them and really kept them going and gave them something to look forward to each week.

Cadance was able to still run their ballet exams at the end of March, for the first time virtually. They are pretty sure this was the first time ever for any dance school! And they've found themselves in a new normal for the time being and they are committed to continuing to offer the best customer service and dance experience

during this time. Performing arts are so important and as rules get lifted, Cadance will adapt.

And when most plays, recitals, and high school musicals were being cancelled or postponed, Cadance took action: "For many dance students, the annual recital is the biggest event of the year. Since dance is a performing art, we really wanted our students to have a chance to perform for an audience. So we came up with doing mini showcases which took place in the Cadance gazebo and outdoor studio. These shows were very casual and intimate and really perfect for our theme, which was *Cadance Loves our Planet*."

As a small business that relies so much on social interaction, Cadance has begun the climb to success through COVID-19 by adapting, and continuing to find new ways to promote their classes: "Many small business are being impacted right now and the fine arts in particular are really getting hit hard," Amanda says. "Readers can support us by signing up for dance classes, or buying gift certificates for someone that wishes to. Donations to "Cadance for Everyone," which provides bursaries to dancers in financial need, are also a great way to be supportive of our community."

If you have any questions for the Cadance troupe, leave them a message on their Facebook page or contact Amanda Pulsifer, the office manager for Cadance Academy, at [info@cadanceacademy.ca](mailto:info@cadanceacademy.ca) or 902-679-3616. If you are interested, message through Facebook and join them for a week of free trial classes! How great is that!?

Take more chances and dance more dances!





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**Learn How to Make Kombucha:** Nov 26, 6:30-8:30pm @ Millville Community Hall, 569 Victoria Rd., Aylesford. Learn how to make the probiotic filled, tasty fermented tea drink, & how to add some flavour (including medicinal herbs). Limited spots, registration necessary. **FEE:** \$35 (includes starter kit to take home). **INFO:** Benna at [ramblewoodherbals@gmail.com](mailto:ramblewoodherbals@gmail.com)

**Holiday Gift Ideas:** Herbal Salves and Lip Balms: Dec 9, 6:30-8:30pm @ Millville Community Hall, 569 Victoria Rd., Aylesford. Learn how to make herbal salves and lip balms for yourself and loved ones. Limited spots, registration necessary. **FEE:** \$35 (includes lip balm to take home). **INFO:** Benna at [ramblewoodherbals@gmail.com](mailto:ramblewoodherbals@gmail.com)

**"We Are Still Warriors:** Illustrated Graphic Storytelling by Military Veterans with PTSD": Nova 7 Arts, 619 Central Ave., Greenwood. Workshop: Nov 26, 9am-4pm. Participant Presentation: Dec 6, 10am-12pm. A free workshop geared towards military personnel and veterans with PTSD who have experienced or who are experiencing transition from Military to Civilian life. Participants will be introduced to illustrated graphic storytelling and invited to present their final product to their support bubble. No previous art or creative writing experience required. Facilitated by Veteran Spouse and Art Therapy Graduate Student (Toronto Art Therapy Institute) Jaime Lee Lightle, and Sarah Osborne, Registered Counselling Therapist and Certified Art Therapist. **INFO:** Register by Nov 20: [arttherapyforyou2@gmail.com](mailto:arttherapyforyou2@gmail.com)

**Learn to Play the Cello!:** Lessons for children and adults, in-person in Hantsport or via Zoom, with Elizabeth Sircom, NSRMTA. **INFO:** [libsirc@laposte.net](mailto:libsirc@laposte.net)

**In-Person Piano & Voice Lessons:** Susan Dworkin is a resident of Wolfville and for the past 30 years has offered professional, qualified music education to children and adults of all ages. Susan is a professional classical singer and pianist and instructs voice and piano technique. (special Covid-19 protocol in place for everyone's safety and protection). Limited space. Call for details. **INFO:** [susanlisadworkin@gmail.com](mailto:susanlisadworkin@gmail.com) / 902-300-1001 / [armonicmusicstudio.com](http://armonicmusicstudio.com)

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**Marion Floris' Holiday Baking:** Due to cancellation of Somerset Craft Fair, I'll be selling fruitcakes, steam puddings, mince pies, pound cakes, sweet breads, shortbreads etc. from my home. **INFO:** [florism14@gmail.com](mailto:florism14@gmail.com) / 902-584-3607 (evenings)

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**Community Food Bank Drive:** Hey! Gaspereau Area Locals! Community Food Bank Drive for the month of November. Help fill the hay wagon at The Bridge. Organized by the Gaspereau Church. **INFO:** Facebook: Gaspereau United Baptist Church

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## HUDSON HANCOCK AND THE SUBARU ADVENTURES

Mike Butler

I could have easily titled this “Small Cars and Big Imaginations” or “A Snapshot of a Young Genius”, but, I like the title I chose, it's got a superhero quality that I think fits how this story plays out. You're about to meet a pretty amazing young man and a photo finish to remember.

Hudson Hancock is 16 years old and a grade 11 student at Central Kings Rural High School. He's the oldest of five kids, lives in Coldbrook and loves to go to the Kentville skate park where he scooters. When he is not working part-time at Dairy Queen in New Minas, Hudson scooters A LOT (oh to be young again) and one day he wants to run his own scooter business offering parts and repair services, but right now, Hudson has found a bit of fame with his scooter clips on Instagram (@hudson.h33) and a special project that came about from his time at Landmark East.

Hudson's art teacher, Laura Fiander-Hayne, devised a project called “Constructed Landscapes” where students were asked to take small objects and make them look bigger and lifelike through the glorious art of photography. With so many ways to use your phone cameras, and manipulate light and tone, this project struck a chord with many of the students, and Hudson's work has developed (ha ha) into something unique and noteworthy!

“I decided to do an off-road scene using toy cars, and those cars happened to be Subarus,” Hudson says. “Landmark East shared my photo on Twitter and tagged Subaru Canada. They saw it and were like ‘We should get him to do more of those’. Next thing I knew, we were on a conference Zoom call with advertising agents and Subaru reps chatting about my photos and how much they liked them. Then a box of toy cars arrived at my house and I shot a series of photos using the cars. They used the photos to write a story that was shared on Instagram and in their magazine. To show their thanks, they sent me a box of goodies including a GoPro, a sweatshirt, hat, t-shirt, and goat stuffies. I am now using the GoPro to shoot scooter clips. It was a pretty awesome surprise and unexpected bonus and I'm really proud of how this has all come about!”

With 2020 being filled with some unpleasant-ries, Hudson's story was something I couldn't let drive by without recognizing. The original tweet from May 5 ([twitter.com/landmarkeast/status/1257726802564448263](https://twitter.com/landmarkeast/status/1257726802564448263)) can be viewed and you can see where Subaru Canada replied underneath, and that's how it all got started!

Daniel Hayes, admissions and marketing coordinator for Landmark East, was not shy in singing Hudson's praises, and was thrilled to spread the good word about Hudson and the



project: “It was very exciting when Subaru Canada reached out and we're so appreciative of their support for this project. We couldn't have predicted this opportunity would arise from one tweet, but Hudson definitely deserves it.”

Hudson, despite the new-found fame, is just your average 16-year-old who loves the outdoors, hanging out with friends and spending his time scootering and exploring NS beyond the skate parks. Fame has not gone to his head but with his new GoPro, he has upped the ante on photos and videos and can't wait to start filming some scooter jumps. With dreams of a scooter business to keep him motivated, Hudson also just obtained his learner's permit and is saving up to buy his first car...a Subaru maybe?

Regardless, with small objects and big vision, Hudson has become a feel good story for the year and I predict this is not the only time I will get to write about Hudson Hancock. Start your engines... this young man is a driving force!



## AVRL NEWS

### LIBRARY FUNDED FOR MOVING THROUGH PROJECT

Submitted

The Annapolis Valley Regional Library has been awarded a \$40,000 Anti-Racism Action Program grant from the Department of Canadian Heritage Multiculturalism Program.

Using the principles of the Truth and Reconciliation Calls to Action, and the guiding themes of the Nova Scotia Culture Action Plan, *Moving Through* incorporates Indigenous ways of knowing and doing to the development of programs, library spaces, and materials, helps build relationships between Annapolis Valley Regional Library (AVRL) and three area First Nations communities of Annapolis Valley, Bear River, and Glooscap, and strengthens literacy connections for local Indigenous families.

Through education, Book Talking Circles, language workshops, and programming, the *Moving Through* project will work to eliminate demeaning stereotypes, foster social inclusion, and deepen cultural appreciation. By hiring Indigenous artists and performers, this project will showcase Mi'kmaq culture. A book collection and display will accompany the cultural events, providing literacy opportunities for Mi'kmaq cultural expression. Mi'kmaw language speakers will present workshops and talks.

Working with Marlene Joudry (program facilitator, coordinator, instructor, educator, designer, master artisan, and cultural facilitator), the project strives to build connections in the community, educate about Mi'kmaq history, and celebrate Mi'kmaq language and culture.

This two-year project will involve library staff, community members, and Mi'kmaq youth. Angela Reynolds, AVRL community engagement coordinator, has been working on creating this project in coordination with Joudry for several years. “We've had some small successes in raising awareness and finding funds for a portion of this project. This grant will allow us to work on the bigger idea of relationship building, fighting racism through education, and celebrating together.”

Joudry, who will be the Indigenous outreach liaison on this project, is excited to be working with the library. “It's important to me and as a Mi'kmaq elder and grandmother that the stories of the past be told correctly by our elders and knowledge keepers. This way more [individuals] from the First Nations Indigenous communities will feel more welcome.”



## HAPPENINGS AT THE KINGS COUNTY MUSEUM

Kate MacInnes Adams

**Monthly Meeting & The History of The Masonic Lodge in Kentville With Sandy Buchan**

*Tuesday, November 24, 7:30pm*

*Limited Seating. Reserve your seat. Masks required.*

*Also on Zoom – contact the museum for the link.*

It all started in 1869 with a growing population, a railway station, and a group of like-minded men with a vision to make their community the best it could be. 150 Years later, the Kentville Lodge continues to meet, and participate in local events and philanthropic pursuits.

This talk attempts to draw back the curtain and offer a glimpse into the story and symbolism behind this historic and fascinating organization. Join us on this journey of exploration to learn how modern masons maintain a solid foundation built on past tradition while trying to thrive and continue their good works in a rapidly changing and challenging modern world.

**An invitation to explore the Ancient Teachings of the Mi'kmaq**

*Facilitated by Carolyn Landry of Redfeather's Native Art*

*November 27 and 28*

*10am-4pm*

*\$35 per day*

*Limited registration*

Over two days you will become immersed into Mi'kmaw Ancient Teachings: smudge, tree connecting, guided meditation, drumming, and tobacco Ceremony.



*For more information visit*

*[kingscountymuseum.ca](http://kingscountymuseum.ca)*

*Kings County Museum  
37 Cornwallis Street, Kentville  
902-678-6237*



Rob Breznsky's  
FREE WILL ASTROLOGY

© 2020 Rob Breznsky • freewillastrology.com • Horoscopes for the week of November 12th

**ARIES** (March 21-April 19): "Love can't always do work," wrote novelist Iris Murdoch. "Sometimes it just has to look into the darkness." From what I can tell, you've been doing that recently: looking into the darkness for love's sake. That's a good thing! You have been the beneficiary of the blessings that come through the contemplation of mysteries and enigmas. You've been recalibrating your capacity to feel love and tenderness in the midst of uncertainty. I suspect that it will soon be time to shift course, however. You're almost ready to engage in the intimate work that has been made possible by your time looking into the darkness.

**TAURUS** (April 20-May 20): Author Barbara Kingsolver says, "Don't try to figure out what other people want to hear from you; figure out what you have to say." That's always valuable advice, but it'll be especially useful to keep in mind during the coming weeks. You're probably going to feel more pressure than usual to tell others what they wish you would tell them; you may experience some guilt or worry about being different from their expectations of you. Here's the good news: I'm pretty certain you can be true to yourself without seeming like a jerk to anyone or damaging your long-term interests. So you might as well say and do exactly what's real and genuine.

**GEMINI** (May 21-June 20): "The violets in the mountains have broken the rocks," wrote playwright Tennessee Williams. I think that's a poetic but accurate description of the feat you've been working on lately, Gemini. You're gently smashing through stony obstructions. You've been calling on your irrepressible will to enjoy life as you have outsmarted the rugged, jagged difficulties. You're relying on beauty and love to power your efforts to escape a seemingly no-win situation. Congratulations! Keep up the good work!

**CANCER** (June 21-July 22): Cancerian rapper Vince Staples says, "I feel like it's impossible to be completely yourself." Why? Because ideally we're always outgrowing who we have become; we're moving beyond the successes we have already achieved. There is no final, whole, ideal "self" to inhabit and express—only more and more of our selfness to create. Staples suggests we'd get bored if we reached a mythical point where we had figured out exactly who we are and embodied it with utter purity. We always have a mandate to transform into a new version of our mystery. Sounds like fun! Everything I just said, Cancerian, is an empowering meditation for you right now.

**LEO** (July 23-Aug. 22): "I am my own sanctuary and I can be reborn as many times as I choose throughout my life." Singer-songwriter Lady Gaga said that, and now I offer it to you to use as your motto. According to my analysis of the astrological omens, it's a fabulous time to be your own sanctuary. I invite you to rebirth yourself at least twice between now and the end of November. What's the first step you'll take to get started?

**VIRGO** (Aug. 23-Sept. 22): The National Football League is a giant socialist enterprise. It earns billions of dollars of revenue, and shares it equally with each of its 32 teams. So the team in Green Bay, Wisconsin, population 105,000, receives the same payout as the team in Chicago, population 2.7 million. I advocate a comparable approach for you in the coming weeks. Just for now, distribute your blessings and attention and favors as evenly as possible, showing no favoritism toward a particular child or friend or pet or loved one or influence. Be an impartial observer, as well. Try to restrain biases and preferential treatment as you act with even-handed fair-mindedness. Don't worry: You can eventually go back to being a subjective partisan if you want. For the foreseeable future, your well-being requires cordial neutrality.

**LIBRA** (Sept. 23-Oct. 22): "Who is to decide between 'Let it be' and 'Force it'?" asked Libran author Katherine Mansfield. I mention this because you're now hanging out in the limbo zone between

"Let it be" and "Force it." But very soon—I'm sure you'll have a clear intuition about when—you'll figure out how to make a decisive move that synthesizes the two. You will find a way to include elements of both "Let it be" and "Force it."

**SCORPIO** (Oct. 23-Nov. 21): "I hold a beast, an angel, and a madman in me," wrote Scorpio poet Dylan Thomas (1914–1953) in a letter to a friend. That sounds like a lot of energy to manage! And he didn't always do a good job at it—although he did at times tap into his primal wellspring to create some interesting poetry. I'm going to use Thomas's words in your horoscope, because I think that in the coming weeks you can be a subtle, refined, and mature blend of a beast, angel, and madperson. Be your wisest wild self, dear Scorpio!

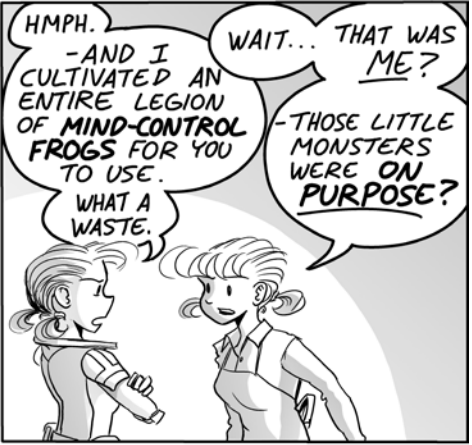
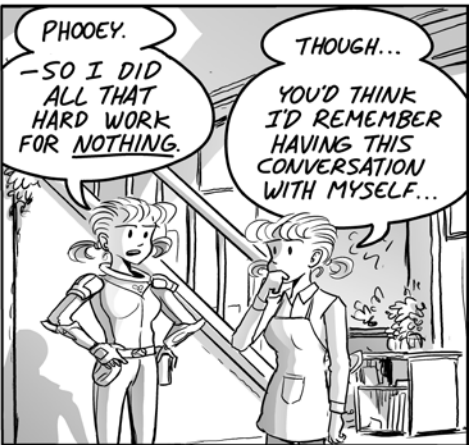
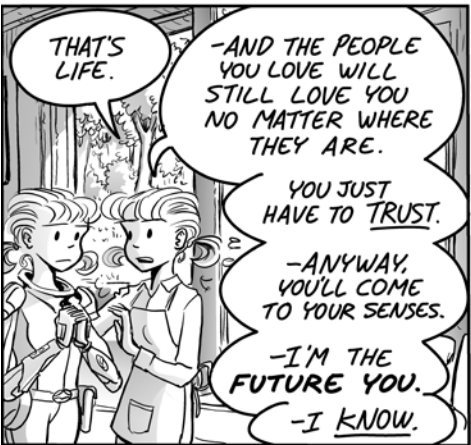
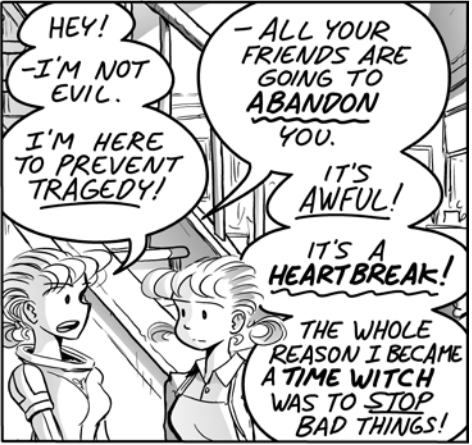
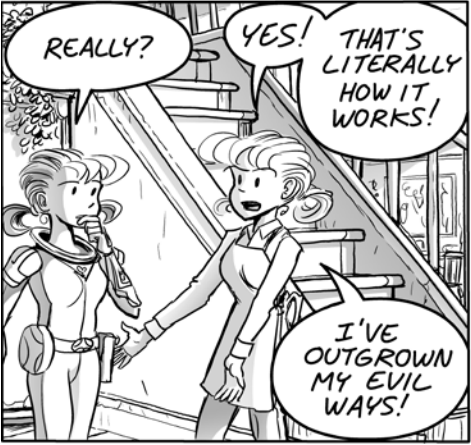
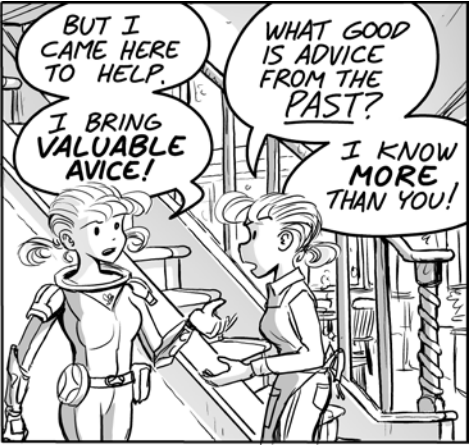
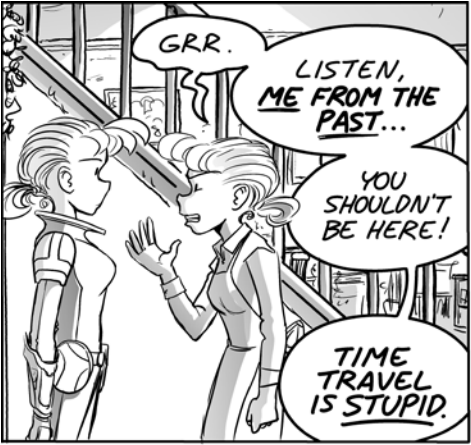
**SAGITTARIUS** (Nov. 22-Dec. 21): Activist and author Rebecca Solnit writes, "The grounds of my hope have always been that history is wilder than our imagination of it and that the unexpected shows up far more regularly than we ever dream." In my astrological estimation, her grounds for hope should also be yours in the coming weeks. The future is more wide-open than you might think. The apparent limitations of the past are at least temporarily suspended and irrelevant. Your fate is purged of some of your old conditioning and the inertia of tradition. I encourage you to make a break for freedom. Head in the direction of the Beautiful Unknown.

**CAPRICORN** (Dec. 22-Jan. 19): The famous Leaning Tower of Pisa doesn't stand straight, but tilts at an angle. Why? The soil it was built on is soft on one side. So the marble-and-limestone structure began to tip even before it was finished. That's the weird news. The good news is that the tower has remained standing for more than eight centuries—and has stayed intact even though four major earthquakes have rolled through the area. Why? A research team of engineers determined it's because of the soft foundation soil, which prevents the tower from resonating violently with the temblors. So the very factor that makes it odd is what keeps it strong. Is there a comparable phenomenon in your life? I believe there is. Now is a good time to acknowledge this blessing—and enhance your use of it.

**AQUARIUS** (Jan. 20-Feb. 18): Even if you tend to pay more attention to what's going wrong than what's going right, I ask you to change your attitude for the next three weeks. Even if you believe that cynicism is an intelligent perspective and a positive attitude is a wasteful indulgence, I encourage you to suspend those beliefs. As an experiment—and in accordance with astrological potentials—I invite you to adopt the words of activist Helen Keller as your keynote: "Every optimist moves along with progress and hastens it, while every pessimist would keep the world at a standstill. The consequence of pessimism in the life of a nation is the same as in the life of the individual. Pessimism kills the instinct that urges people to struggle against poverty, ignorance and crime, and dries up all the fountains of joy in the world."

**PISCES** (Feb. 19-March 20): Researchers in the UK found that 62 percent of the adult population brags that they've read classic books that they have not in fact read. Why? Mostly to impress others. George Orwell's \*1984\* is the top-rated book for fake claims, followed by Tolstoy's \*War and Peace\*, James Joyce's \*Ulysses\*, and the Bible. I hope you won't engage in anything like that type of behavior during the weeks ahead. In my opinion, it's even more crucial than usual for you to be honest and authentic about who you are and what you do. Lying about it might seem to be to your advantage in the short run, but I guarantee it won't be.

*Homework: What's the one thing you have never said to your best friend that you really should say? FreeWillAstrology.com.*





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Steven Rhude, *River song*, oil on panel, 36" x 48"

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pesto mirin **foods** ama-  
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# Holly Days in Kentville

## Holly Days Festival

### Schedule of Events

#### Friday, Nov 20

- 4 o'clock until 9 o'clock
- Late night shopping party
  - Holiday Market at 2 Webster St.
  - Artisan pop-ups around town
  - Tree ornaments made by local artists at Tides Art Gallery
  - Blacksmith Demonstration at the Kings County Museum

5:45 pm  
Lighting of the Christmas tree  
on Main Street

- 6 o'clock
- Holiday treats & music in Centre Square
  - Santa cruise through town

#### Saturday, Nov 21

11 o'clock until 4 o'clock  
Holiday Market at 2 Webster St. and artisan pop-ups around town

7 o'clock  
Christmas movie in the Main Street Station ballroom (pre-book your space. BYOB: Bring Your Own Blanket)

#### Sunday, Nov 22

11 o'clock and 2 o'clock  
Wreath making workshop at Healy Barn (Sold Out)



## November 20~22



presented by



## Town of Kentville and Kentville Business Community

Kentville Business Community presents

### Holly Days Festival's Late Night Shopping Party

Friday, November 20

Come to Kentville for all your Christmas shopping needs on Friday, November 20th. Shops will be open until 9pm and will be offering special treats to shoppers! The town will be alive with holiday decorations, carolers, and activities around every corner!

[WWW.KENTVILLEBUSINESS.CA](http://WWW.KENTVILLEBUSINESS.CA)



## Santa Clause is Cruisin' Through Town

Friday, Nov 20 - 6pm

### Details:

Santa, his sleigh and a few of his friends will be cruisin' many streets and neighborhoods in Kentville. If your home is on the route, watch from the comfort of your yard/window! Another way to see Santa is to join us for treats and music during the Late Night Shopping party downtown! Santa and his friends will be making a few cruises through the downtown area throughout the night!

\*Cruisin' Map to be released shortly!

902-679-2539  
[recreation@kentville.ca](mailto:recreation@kentville.ca)  
[kentville.ca](http://kentville.ca)

Kentville  
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## HOLLY DAYS MARKET

Deep Hollow Print // Arquoise Press // Mad Catter Studio // Maritime Macrame // Seek & Bloom Creative Co. // Tangled Fibres // FABRIC & FLOUR // Kaitlin Bauer Art // Verv Skin // The Printmaker Studio // hi, love. greetings // Just B ceramics // A Touch of Glass // The Dog Ate It Bakery & Gifts // Delightful Treasures // O Sweet Madeline // Beneath the Boughs // H. Lawrie Eclectic Art



FRIDAY, NOVEMBER 20  
4 o'clock - 9 o'clock

SATURDAY, NOVEMBER 21  
11 o'clock - 4 o'clock

FREE  
ADMISSION



Masks are mandatory  
& COVID-19 protocols will be in place  
to provide a safe environment!

2 Webster Street (Calkin Building)

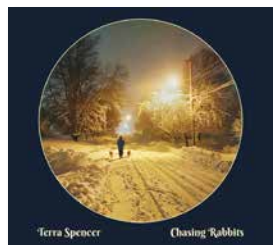


For more information, visit: [kentville.ca/events](http://kentville.ca/events) and [kentvillebusiness.ca/kbc-events](http://kentvillebusiness.ca/kbc-events)





# THE GRAPEVINE Holiday Gift Guide



1

## 1. Terra Spencer's new CD release *Chasing Rabbits*

Available at the Union Street Cafe, Berwick, Retro Runway, Wolfville, and The Spoke & Note, Windsor

Windsor's Terra Spencer released her second album on November 13. *Chasing Rabbits* is a collection of songs set against the backdrop of the Canadian winter.

## 2. Wool Slippers from Odessa Gifts & Home Décor

963 Central Avenue, Greenwood

These fair trade slippers made in Nepal are exactly what you need to keep cozy this winter!

## 3. Legacy Series Coffee from Just Us! Coffee Roasters

11865 Highway #1, Grand-Pré, and 450 Main Street, Wolfville

The Valley African Nova Scotian Development Association partnered with Just Us! Coffee Roasters Co-op to create a specialty coffee blend with labels promoting various historic persons of African descent. Sales enable VANSDA to continue the development of resources in support of the African Nova Scotian community.

## 4. Board Games from R.D. Chisholm Ltd.

25 Webster Street, Kentville

It's no secret that R.D. Chisholm (affectionately known as Chisholm's) has the best selection of board games in the Valley. Pick up a family favourite like *Settlers of Catan*, *Exploding Kittens*, or the very apropos game of *Pandemic*.

## 5. Gift of Art from Avon River Arts

7778 Highway 14, Brooklyn

Avon River Arts is holding its annual Long Winter Nights members showcase during the months of November and December at The Bread Gallery. There are a variety of pieces, including this winter scene by Tacha Reed (also featured on our cover).

## 6. Scandinavian Blankets from ReFresh Home & Design

360 #21 Main Street, Wolfville

This Lappland blanket is made with organic lambs wool and has a classic Swedish motif. Keep someone cozy this winter with this beautiful gift!



2



3

## 7. Pure Infused Maple Syrup from Hutchinson's Maple Products

Order online at [hutchinsonacres.com](http://hutchinsonacres.com)

These samples are the perfect stocking stuffers! The package includes one 50mL bottle of each flavour: vanilla, cinnamon & star anise; cinnamon, nutmeg & cloves; lavender & chai; apple cider vinegar & ginger; and chipotle & lemongrass.

## 8. Mi'kmaw Waisisk / Mi'kmaw Animals by Alan Syliboy from Market Between the Mountains

145 Commercial Street, Berwick

This board book uses vivid and lively illustrations to teach the Mi'kmaw language to young children.

## 9. Penny Boards from Hello Smoothies, Juices & Boutique

185 Commercial Street, Berwick

Hello Smoothies, Juices & Boutique carries a selection of penny boards in a variety of colours. These are great for the kiddos on your Christmas list!

## 10. Scented Candle from New Scotland Candle Co.

381 Main Street, Kentville and Wolfville Farmer's Market Farm & Art Market Store

The beautifully scented 100% soy candles at New Scotland Candle Co. are a no-brainer stocking stuffer. You can find the candles at their flagship store in Kentville, or check out the new Farm & Art Market Store at the Wolfville Farmers' Market. The Farm & Art Market Store is open Wednesdays to Sundays so you don't have to wait until the weekend for many of your favourite market items!

## 11. Fallen Footwear from IGot Skate

33 Park Street, Kentville

Have a hard-to-buy-for teenager on your Christmas list? IGot Skate has you covered! They have a great selection of kicks, hoodies, t-shirts, and hats. Not to mention skateboard and skateboard accessories of course!

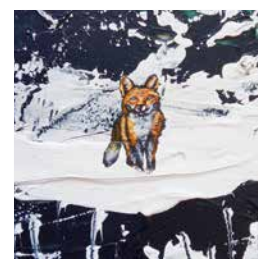
## 12. Shubb Capo from The Spoke & Note

85 Water Street, Windsor

The Spoke & Note has lots of great stocking stuffer ideas, including this capo (which they claim is the answer to all your woes!), as well as bike lube, Buffs, and skate laces.



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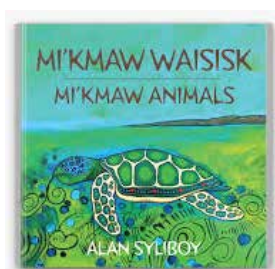
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12

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Councillor Mike Butler  
[mbutler@wolfville.ca](mailto:mbutler@wolfville.ca)  
902-680-6453



Councillor Wendy Elliott  
[welliott@wolfville.ca](mailto:welliott@wolfville.ca)  
902-599-1675



Councillor Jennifer Ingham  
[jingham@wolfville.ca](mailto:jingham@wolfville.ca)  
902-599-3364



Councillor Jodi Mackay  
[jmackay@wolfville.ca](mailto:jmackay@wolfville.ca)  
902-599-2175



Councillor Isabel Madeira-Voss  
[imadeira-voss@wolfville.ca](mailto:imadeira-voss@wolfville.ca)  
902-599-0956



Deputy Mayor, Oonagh Proudfoot  
[oproudfoot@wolfville.ca](mailto:oproudfoot@wolfville.ca)  
902-599-2844

email: [towncouncil@wolfville.ca](mailto:towncouncil@wolfville.ca)



## Night of Lights and Wolfville Glows 2020

Shop, dine, stay, and be merry.  
A month of community events  
and experiences!



**Saturday Nov. 28th**  
**Night of Lights Celebrations**

**ALL MONTH** - Pick up a WBDC shopping punch card for a chance to win

**11:30 am - 1:00 pm** - Travelling Trunk Theatre Troupe FREE in Robie Tufts Park

**2:00 pm - 4pm** - FREE Petting Farm Location: TBD

**6:00 pm** - Virtual Town Tree Lighting

**Friday, Dec 11th**

**5:00 pm - 6:00 pm** - Candlelit Historic Walking Tour by the Randall House (\$)

**6:00 pm** - FRIDAY NIGHT FLOAT

**Saturday, Dec 12th**

**1:00 pm - 3:00 pm** - Jah'Mila Workshop

**5:00 pm - 6:00 pm** - Candlelit Historic Walking Tour by the Randall House (\$)

**7:00 pm** - Jah'Mila Concert at the Al Whittle (\$)

**Friday, Dec 4th**

**5:00 pm - 6:00 pm** - Candlelit Historic Walking Tour by the Randall House (\$)

**6:00 pm** - FRIDAY NIGHT FLOAT

**Monday, Nov. 14th**

**7:00 pm - 8:00 pm** - Evening Winter Walk Series Location: TBD

**Saturday, Dec 5th**

**5:00 pm - 6:00 pm** - Candlelit Historic Walking Tour by the Randall House (\$)

**Wednesday, Dec 16th**

**2:00 pm** - Community Carols with W.O.W. outside the Wolfville Nursing Home

**Sunday, Dec 6th**

**1:00 pm** - The BIG SING with Kim Barlow & Sarah McInnis

**Friday, Dec 18th**

**5:00 pm - 6:00 pm** - Candlelit Historic Walking Tour by the Randall House (\$)

**6:00 pm** - FRIDAY NIGHT FLOAT

**Monday, Dec 7th**

**7:00 pm - 8:00 pm** - Evening Winter Walk Series: Location: TBD

**Saturday, Dec 19th**

**1:00 pm** - Community SING ALONG

**5:00 pm - 6:00 pm** - Candlelit Historic Walking Tour by the Randall House (\$)

**Wednesday, Dec 9th**

**3:00 pm** - Community Carols with W.O.W. outside Wickwire Place

**Monday, Dec 21st**

**7:00 pm - 8:00 pm** - Final Evening Winter Walk Series: Solstice Walk! Location: TBD

**More events to come!**

Visit the Town of Wolfville's website and Facebook page for more details on Wolfville Glows Events!  
[www.wolfville.ca](http://www.wolfville.ca)



## Shop Local Punchcard

PICK UP A SHOP LOCAL PUNCHCARD FROM ANY PARTICIPATING DOWNTOWN SHOPS. MAKE FIVE SEPARATE PURCHASES TO COMPLETE YOUR CARD AND BE ENTERED TO WIN A NIGHT OUT IN WOLFVILLE PRIZE PACK!

VALID NOVEMBER 27-DECEMBER 21



The Town of Wolfville is seeking enthusiastic residents willing to volunteer their time to serve on a Committee of Council.

Application Forms can be found at:  
[Wolfville.ca/committees-and-task-forces.html](http://Wolfville.ca/committees-and-task-forces.html) along with more information on each Committee.

Get involved, learn about your community and have a voice!

Need more information? Contact [vpearson@wolfville.ca](mailto:vpearson@wolfville.ca)

THERE ARE VACANCIES ON THE FOLLOWING COMMITTEES:

Wolfville Business Development  
Design Review  
Accessibility Advisory  
Art in Public Spaces  
Audit  
Environmental Sustainability  
Planning Advisory  
RCMP Advisory  
Source Water  
Town and Gown



# MIKE UNCORKED: DAY TO DAY WITH KCA

*Calendar Fundraiser Showcases Local School*  
*Mike Butler*

For 13 years (Primary through Grade 12), I was fortunate to attend Kings County Academy in Kentville. For those wonderful, memorable years I made the bestest friends, fondest memories, and my junior and senior high experiences were filled with laughter, love, and practically no drama!

For decades, KCA was home to so many students. I am so lucky to still be in touch with dozens of my friends and teachers, even though the school no longer exists. So, when I heard the Kentville Historical Society was releasing a special calendar commemorating the old KCA as a fundraiser, I leapt at the chance to help promote it.

Back in 2017, Lynn Pulsifer, former Kentville councillor and one of the founders of the Kentville Historical Society, initiated the possibility of forming the Society with the help of several other councillors. “The Kings County Museum is also located in town, and their presence has been visible for many years, along with their beautiful Courthouse Museum. I felt the Town’s history deserved more attention, not just the County’s,” she explains.

"Our goals were to stimulate interest in Kentville's local history, and to formally recognize local historical figures and events, as well as individuals who have contributed significantly to the awareness and preservation of our history," says Pulsifer. The mission statement now is to "encourage, strengthen, and promote the appreciation and knowledge of the historical and cultural heritage of the Town of Kentville." As with many societies, there's always a need for funds to handle upkeep and general maintenance. This calendar fundraiser is sure to be a hit with the locals, as so many of us went to KCA and very much love supporting Kentville.



In May of 2019, the KHS had the grand opening of their Heritage Centre in the small brick building at 66 Station Lane. They've incorporated considerable artefacts and memorabilia on Kentville! You'll find black and white historical photos, a sports rooms, a Dominion Atlantic Railway room, and a feature exhibit room which, this year, celebrates KCA through the years. "We have an active Kentville Historical Society Facebook page," Lynn says, "and are currently working toward establishing our own website, hopefully within the next few months. People can contact us through the Facebook page. We operate our Heritage Centre with volunteers who are enthusiastic about our Centre which is open Tuesday to Saturday, from 10:00am to 4:00pm. Our season is coming to an end, but we plan to be open Saturdays from 10:00am to 1:00pm during the coming months, for anyone to drop in and purchase one of our KCA Calendars. For information on



our Calendar and how to obtain one, contact us at this email: [impulsifer@hotmail.com](mailto:impulsifer@hotmail.com), or 902-678-6644.”

The KCA Calendar project was an idea that the Society came up with for several reasons. One, they needed a fundraiser, as they're a non-profit organization and need funds to operate the Centre. Secondly, so much of Kentville's history centred around the former school, the Kings County Academy. It was demolished without a second thought, along with much of its history. The KHS thought that this calendar, with old pictures of the first school through to demolition, would provide a tangible memory of that wonderful "school on the hill" for so many people who attended or graduated from KCA. As the very proud valedictorian of the Class of 1997, this calendar means so much to me and I encourage you all to buy one! The calendar sells for \$15.00 local, or \$20.00 to mail.

And the KHS shows no signs of slowing down, even during this wonky year of 2020: “We would like to have KCA Elementary students visit for guided tours of our small Centre which is filled with pictures of what Kentville used to look like,” Lynn says, “especially the lost Dominion Atlantic Railway history. They could walk to visit us along the old railway property and imagine that at one time there was a roundhouse and a railyard that was full of train cars and engines, a beautiful old station, and to learn that the street in front of our Heritage Centre was where the Via Dayliner stopped for passengers. We also have videos of the last Via train (Yarmouth to Halifax) back in January of 1990. This is an idea we hope to pursue once COVID is over.”

The KCA exhibit will be there for the next season, calendars are available and would make a fantastic gift for the holidays. Please stay tuned for other KHS projects, including a partnership with the Masonic Lodge in Kentville to create a Legacy Garden adjacent to the Heritage Centre in recognition of their 150th anniversary of freemasonry in Kentville.

I know I'll be picking up some calendars to celebrate this wonderful establishment. The KCA calendar is full of old photos, mostly from the Louis Comeau collection. He is a local historian and provided the written and pictorial content for the calendar and I have loved his books and contributions for years. It's a wonderful feeling to know my old school/home is being remembered and cherished. To the old blue and grey of KCA. Go Cavaliers Go!! 🐾

## A black and white photograph of a man in a workshop. He is wearing large headphones and safety glasses, focused on his work. He is using a torch to heat a piece of metal that is held in a vise. The workshop is cluttered with various tools and equipment. On the right, there is a large machine with a chain. On the left, a fire extinguisher is visible. The background shows a window and some shelves with more tools.

## FEATUREPRENEUR: BLOW YOUR OWN WAY

Genevieve Allen Hearn

*Nathan Penney found his passion in an unusual way: through a chance meeting at a music festival. Now working as a glass blower while raising his 2-year-old daughter, Nathan chatted with The Grapevine about his journey becoming a creator, and how artisans are faring during COVID-19.*

**The Grapevine (GV):** What got you into glass blowing?

**Nathan Penney (NP):** When I finished university I was going to summer music festivals that often had artists there for the weekend. I met a glass blower who did live demonstrations of his work for passersby to watch. I was enamoured by the process and how it all came together to make the final product. I ended up chatting for a bit with the glass blower from New Brunswick and struck up a friendship. After being an avid collector and fan of glass-blowing for another 2-3 years, I decided to take the leap and get into it myself. It was an artistic passion that I felt I had to follow and do for myself. I started by reading up on everything I could about doing glass work from home. I watched just about every YouTube video about it as well. After finding another local glass worker from Halifax I was able to get some advice on what to buy to start. I now have a home studio in a shed just outside my home in the Valley and have been making glass products for almost two years now.

**GV:** Tell us about a day in the life of a glass worker. What is the process?

**NP:** A day in the life a glass worker can be quite varied from artist to artist. I chose to make glass work my hobby at the beginning and am slowly working it into a full-time job. I am more of a part-time worker at the moment as I look after my 2-year old daughter during the week and try to get out to melt when I can, often in the evenings or early mornings, 2-3 times per week. The process can be difficult to explain. Clear glass comes in solid rods and tubes. Coloured glass comes in smaller solid rods. You can melt down and coil the coloured rods in the flame to make a hollow tube. You work in front of the torch to melt the glass down before

shaping and applying it. The light flares that are produced by the glass and flame are very bright and special filter glasses have to be worn. There are numerous techniques and skills that go into each piece and a wide variety of glass sculpting tools can be used. Glass exists as a solid but once it is heated to its melting point it starts to act more like a fluid. Using gravity, air, heat, and rotation you can achieve just about any shape or size. Each piece, depending on its complexity, can take 1-2 hours to make, with more detailed pieces taking multiple days. Once a piece is completed it goes into a heated kiln to bake the remaining stress out of it and then cool it down over several hours to not shock it.

**GV:** *You have been making memorial pendants for pet owners, can you tell us about this?*

**NP:** One of my biggest lines of work from this past year or so has been making memorial pendants, paperweights, and marbles for pet owners, creating something custom and memorable for pet owners to hold onto for many years to come. Whether its a pendant you can wear around your neck, a paperweight that you can set by your favourite photo, or simply a window hanger that reminds you of them, I work with each person interested in the service to acquire the ash, and go over options and colours to create something unique to the individual.

**GV:** *How has COVID-19 had an impact on artisans? Any opportunities this holiday season?*

**NP:** This year has been challenging for just about any artisan. Many of the craft fairs and shows have been cancelled or shut down. I've had to shift my focus from craft fairs to mostly online sales. Using Instagram and Facebook have been my main focus. The good thing about my work is that I can do it from home and I order most of my supplies and tools online. This upcoming holiday season there are two shows I will be attending: the Kingston Lions Club craft show (November 14) and Christmas in Kentville (November 20-21). Check me out at these events or contact me on Facebook or Instagram @bardo.glass. 🍷

## ART SPOT: ELIZABETH MACDONALD

Often found in her home studio with a paint palette at her side and a catalyst wedge in hand, Elizabeth MacDonald delights in the spontaneity of blending colours using countless tools for application. She constantly explores texture, colour, shape, and line, responding intuitively to the process. Very often an abstracted landscape is the result, arising from memories of past places she has visited or lived.

Elizabeth moved to the Annapolis Valley in 2004. Having lived in many places with her family across Canada as well as the US, The Netherlands, and Thailand, once she saw Blomidon she was smitten, and now calls Wolfville her home. She taught therapeutic yoga until 2014 and has now retired. This has opened

up the chance to resume her lifelong love of creative expression. Elizabeth is self-taught and embraces the challenge of working with new materials and techniques. She has explored watercolours and acrylics and has just begun to learn about the fascinating world of cold wax and oil.

The creative journey is an expression of Elizabeth's inner self and reflection of her life's experiences. At the age of 70, she embraces Pablo Picasso's view: "All children are artists. The problem is how to remain an artist once [she] grows up." She is planning on never retiring from the sheer joy of spontaneous and experimental application of paint. 🐼



*A selection of Elizabeth's work is on display at the Wolfville Memorial Library, 21 Elm Avenue, throughout November and December.*

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## OUT AND ABOUT WITH EARTH ADVENTURES

Mike Butler

Who doesn't love the outdoors? We live in such a beautiful area, where all year there's something exciting, fun, and fulfilling to do outdoors: biking, hiking, walking, running, skiing, snowshoeing, the list goes on. With Earth Adventures, the stakes have been raised in outdoor enjoyment!

Earth Adventures is a free resource (website and app) for families and small youth groups that provides easy-to-follow instructions for self-guided activities on thirty short trails in some of the most popular and beautiful locales in the Halifax Regional Municipality and Kings County. Earth Adventures was created by a team of collaborators that includes Alan Warner (Professor Emeritus in Community Development at Acadia University), George Taylor (former head of the outdoor recreation and education section of Parks and Recreation Services for Halifax Regional Municipality), and Janet Barlow (Executive Director of Hike Nova Scotia), among others. For a full list of collaborators, please visit [earthadventures.ca](http://earthadventures.ca).

Earth Adventures originally started out as a book that was first published in 2002 by Alan Warner, George Taylor and Janet Barlow of the HRM Adventure Earth Centre, with illustrations by Lois Bearden. Initially, the project was a response to the need for outdoor programming that parents and guardians could do with their children in a less structured format than a day camp or other formalized outdoor program. Earth Adventures provides families with a compelling storyline and activities that are trail-specific, encouraging families to spend time outdoors together in a fun and engaging way. The project is sponsored by the Department of Community Development at Acadia University and supported by Nova Scotia Department of Communities, Cultures, and Heritage, regional municipalities and Glooscap First Nation.

While Earth Adventures is targeted towards children aged five to twelve, people of all ages can participate and reap the benefits of this great system. This app is a breath of fresh air (literally) for those itching to experience what nature has to offer. It's a great tool for teens to use to lead younger children as well, when working in a youth program scenario. Earth Adventures is for everyone and all you need is enthusiasm!

As the website explains, the traits of a successful wizard (trail leader), include "the sparkle in your eyes, the enthusiasm in your style and your participation along with the kids." What was at first a book, is now a digitized adventure system. The trail adventure guides are now phone-friendly, with the option to download the trail information prior to heading out for easy phone access (there is also the option to print out a PDF version of the trail information), and there is also an option to upload photos taken along the trail to a photo gallery on the website. With the digitization of Earth Adventures, the response from users will be in real-time, with an opportunity to provide feedback and submit photos after every trail.

When asked about the goals and ambitions for Earth Adventures, founder Alan Warner notes that "the exciting thing about Earth Adventures is that it can be used several times by a family as kids grow and they explore new parts of each area and trail. Beyond that, since it is a



Covid-friendly way to get kids out in nature, there is a particular interest in it in the coming year. Two new trails for Kings County (in Berwick and Kingston), written by Marina Myra and supported by Kings County Recreation, are about to be published online. Two more are in the works for the next year. There has also been interest from other locales and the template is something others can use and then make it their own, designing it for their specific trail and interests."

While summer seems like the best season for Earth Adventures, who doesn't love outdoor winter activities as well? Warner agrees: "The Kentville Ravine and the Wolfville Millennium trails are both great on cold and windy days as they are tucked down out of the wind. Miner's Marsh is beautiful on a sunny winter day with less wind"

Every project needs motivations and with Earth Adventures it was easy: to help kids have fun and explore in nature, particularly in a Covid-19 world. Education is at the heart of the philosophy behind Earth Adventures and it is a unique approach that focuses on "integrated experiential programs" in an effort to "meaningfully address environmental problems." The underlying goal of the Earth Adventures resource is to provide families and individuals with the opportunity to connect with nature, and to understand the key ecological systems within our communities. With a deeper understanding and connection to the natural environment, people are more likely to change their lifestyles in ways that are sustainable for the long-term.

In many ways, the timing of the Covid-19 pandemic spurred on the digitization process, as spending time outdoors is one of the few pandemic-friendly activities that families can do together. The newly launched Earth Adventures website and phone app provided kids and families with a much needed escape from the indoors and a Covid-centered life. Earth Adventures encourages users to follow all safety guidelines and protocols when using local trails. So go out, have fun and love your time together!



For more information, visit [earthadventures.ca](http://earthadventures.ca), or find them on social media at: [facebook.com/earthadventuresNS](https://www.facebook.com/earthadventuresNS).

Images by Lois Bearden



Coldbrook Couple by Steven Rhude

## VISUALLY SPEAKING: LOVE AND LANDSCAPE

Anna Horsnell

This month, well-known Wolfville artist Steven Rhude is presenting a new series of oil paintings at Harvest Gallery. His inspiration grew from those things he cares about, something certain to hold onto in our year of turmoil. Those things are love and landscape.

"I was getting all kinds of requests to participate in online shows with COVID themes which I thought were predictable, so I ignored that and observed some of the things that are familiar to not just me, but all of us in this region. The Wolfville trail remained open and that's where I started - with a few small works of couples walking together. Who would have thought walking together would need to be considered a freedom?" Rhude explains, "It's important for a painter to understand the nature of contemplation: why and what makes us do it in the first place. When one is faced with unprecedented restrictions, it changes the things we take for granted."

These paintings are comfort food. Amidst the new reality of sometimes unnerving precautions, we've all sought solid ground. Relief has come in the guise of simple things close to home. Many of these paintings are smaller than Rhude usually creates, but each one is quietly emotive; gentle landscapes and landmarks many of us will recognize. Some will make you smile. Any people portrayed in these places are relaxed and at ease. When the world has turned upside down, normalcy is valued like never before.

"The overview of our lives as individuals usually is composed around the nature of love. No one cares how many boats someone owned, but at the end of the day we do care about our love of

that which we can't own: love of a place, a person etc. I wonder how love can be expressed in a painting of a person, or a landscape for that matter. I may see it, but do others? They may see it, but do I? For the painter, love suspends time, and thus how we arrange our insight into love is often revelatory, even if they're small things. If 2020 has taught me anything it is to appreciate and save the small things." He continues, "Paintings have a way of trapping memory. They become relics of past thoughts, actions and experiences. We can call them time capsules, or even placeholders, so one can remember where we stood, metaphorically speaking, when we experienced something as monotonous as a pandemic."

Originally from Quebec, Rhude has shown his work extensively and his paintings now hang in many private and permanent collections around the world. What's next? "My work by and large has been regional in context. I actually like being referred to as a 'regional painter.' I've never worried about overcoming my geographical context where others might see it as a burden. I want to continue to make ideas into texture and just hope to see another door open because of all this. Because of 2020, I suspect in the arts there will be a culture of inquiry that will naturally show paradoxical situations, and a rub of confusion for sure. I hope to be a part of it."

Don't miss "Love and Landscape" at the Harvest Gallery, 462 Main Street in Wolfville beginning November 21. For more information on the artist, visit: [stevenrhudefineart.com](http://stevenrhudefineart.com).



## 'WIN THIS SPACE' WESTERN NS COMPETITION

Submitted

The Western Regional Enterprise Network (Western REN), the Town of Yarmouth, Ignite Labs, the Yarmouth and Area Chamber of Commerce and the Yarmouth Community Business Development Corporation (CBDC) have been working together to launch an entrepreneurial competition called Win This Space. Win This Space is open to all legal residents of Atlantic Canada (NS, PEI, NB and NFLD), who are 19 years of age or older who have a business idea and want to establish their business in the Western Region.

All applicants are being asked to apply with their business idea before November 16 at 4pm. The top 25 applicants will take several workshops delivered by the CBDC, submit their business plans, and execute a short presentation in front of the judges before the winners are announced on February 8, 2021. Applicants can be individuals or current business owners who have a new business idea. Applicants must be willing to commit to signing a minimum one-year lease for one of the participating listings which will be in the Western region.

The winning entry will be awarded one-year \$1000 per month rent contribution which will be paid directly to the landlord, an Ignite Lab Resident Membership for one year, and a

website with an e-commerce platform included. A second-place winner will be chosen who will receive an Ignite Lab Resident Membership for one year and a website.

The goal of the competition is to have an innovative new business launched that has an online presence as well as physical location in the Western Region of Nova Scotia. In the past, this competition has been delivered successfully in Ontario, and due in part to the excellent training offered to participants, there have been several businesses that opened their doors. "This is a very exciting opportunity for the Western region," said Project Manager Brenda LaGrandeur. "We are very happy to have everyone work together on this project and to see what this brings to the entire area."



Full details including contest rules and regulations available at [westernren.ca/winthisspace](http://westernren.ca/winthisspace)

For Further Information, contact Brenda LaGrandeur, Manager of Connector Program, Western Regional Enterprise Network, 902-653-0369 or by email [blagrandeur@westernren.ca](mailto:blagrandeur@westernren.ca)



 = Holiday Market / Fair

## THURSDAY, NOVEMBER 12

**45's Cards** – *Royal Canadian Legion, Canning 6pm* • Open to everyone. Covid rules apply: Masks required, but may be removed at the table. Hand sanitizer is provided at each table. **TIX:** \$2 **INFO:** 902-582-3157 / brian.d.hazel@ns.sympatico.ca

**Herbs and Immune Health** – *Millville Community Hall, Aylesford 6:30–8:30pm* • Learn about the immune system and ways to support ourselves through the cold and flu season. **TIX:** \$25 **INFO:** 902-789-9432 / ramblewoodherbals@gmail.com

## FRIDAY, NOVEMBER 13

**Interview Skills** – *PeopleWorx, Coldbrook NS 11am–12pm. ALSO Nov 20 & 27* • A virtual workshop to help you prepare for your job interviews. Email to register. **TIX:** no charge **INFO:** rspears@peopleworx.ca

**Black Holes** – *Zoom, Wolfville 4:30–5:30pm* • A physics seminar on black holes suitable for a senior high school/undergraduate audience **TIX:** no charge **INFO:** ruben.sandapen@acadiau.ca

**Jason Dodwell** – *Crystany's Brasserie, Canning 6–8pm* • Stories of roads less travelled and unique events blend in with his tales of growing up a Valley boy. He keeps it simple with voice and guitar making for an intimate easy listen experience. **TIX:** no charge **INFO:** 902-582-3663 / crystanysbrasserie@gmail.com

**John B Main** – *Winegrunt Wine Bar, Windsor 7–9pm* • John B Main brings That Friday Feeling to Winegrunt. **TIX:** no cover **INFO:** 902-472-2863 / info@winegrunt.com

## SATURDAY, NOVEMBER 14

**Breakfast** – *Lions Club, Kentville 8–10am* • Kentville Lions Monthly Breakfast **TIX:** \$8 adults, \$5 children (10 and under) **INFO:** 902-680-2740 / vintagemusic1@hotmail.com

**Indoor Saturday Farmers' Market** – *Farmers Market, Wolfville 9am–1pm. Every Saturday!* • Our Saturday morning experience has been around for 27 years and it truly is a staple in our customers' weekend plans. As we move indoors, we are fortunate to be able to continue to provide a safe and welcoming market. **TIX:** no charge **INFO:** wolvillefarmersmarket.ca

**Militaria Show & Sale** – *War Memorial Community Centre, Windsor 9am–1pm* • Featuring many historical military items from Canada, the United Kingdom, Commonwealth countries and other other countries such as Germany. Bring along your military artifacts for free assessments of their value from knowledgeable vendors. **TIX:** \$2 **INFO:** 902-385-8229 / gpsk27558@icloud.com

 **Artisan's Sale** – *Lions Club, Wolfville 10am–3pm* • Unique gift items from local Artisans, such as jewelry, pottery, woodworking, cards & prints, stained glass, beeswax candles, handwoven apparel, and body care products! **TIX:** no charge **INFO:** 902-542-2787 / jan.oo.ns@gmail.com

 **Christmas Craft and Vendor Fair** – *Lions Club, Kingston 10am–4pm. ALSO Sunday, Nov 14* • Great selections for your Christmas shopping lists! Social distancing and masks are required. **TIX:** no charge **INFO:** 902-765-2128

**Washer Tournament** – *Royal Canadian Legion, Kentville 11am–4pm* • 19 plus. Members & non-members welcome. Bar open. Kitchen open 12–2pm. 50/50 draw. Call to register. Covid protocols must be followed. **TIX:** \$25 per team. \$2 double pipe **INFO:** 902-300-1256 / 902-678-8935

**Weekend Workshop Retreat: Jewelry with Sarah Sears** – *Ross Creek Centre for the Arts, Canning 12pm* • November 14–15. The incredible Sarah Sears will teach you how to craft your own jewelry! **TIX:** \$225 +tax (Day Only), \$295 +tax (Heated Glamping Cabin Overnight) **INFO:** mail@artscentre.ca

**Dorothy (Walker) Robbins 100th Birthday Party** – *Orchard Valley United Church, 130 Cornwallis Ave., New Minas 2:30–4:30pm* • Please space your visit time. It is suggested that friends whose last name starts with A–M come within the first hour and those from N–Z within the second hour. This will be a walk through event with a short visit with Dorothy as you pass through the church; this enables safety for all through social distancing and the following of covid rules. Please wear a mask and follow the directions given at the site. **TIX:** No gifts please. If you wish to make a donation in Dorothy's name, her suggestions are Hope for Wildlife or SOS Children's Villages Canada. (Contact the church for contact info for these organizations.) **INFO:** orchardvalleyunited.ca

**Gina Burgess plays Winegrunt!** – *Winegrunt Wine Bar, Windsor 7–9pm* • Catch Gina Burgess and her fiery fiddle at Winegrunt. **TIX:** no cover **INFO:** 902-472-2863 / info@winegrunt.com

**Watercolour 101 Class** – *7 Arts, Greenwood 7–9pm* • Watercolour 101, basic techniques, overdrawing with ink and tools and tricks. **TIX:** \$30 per class or 2 classes for \$50. e-transfer to reserve your seat. **INFO:** 902-765-8254 / sarah.shortliffe@gmail.com

**Roland Grant** – *Mermaid Imperial Performing Arts Centre, Windsor 8–10pm* • Live performance from guitar virtuoso, Roland Grant. Admission by pre-purchase tickets only. **TIX:** \$25 **INFO:** 902-798-5841 / puppets@mermaidtheatre.ca

**Brian Borchert, Loel Campbell, Matt McQuaid** – *Al Whittle Theatre, Wolfville 8pm* • Small Shows in Big Spaces brings you Brian Borchardt and Matt McQuaid (Holy F\*@k) with Loel Campbell (Wintersleep), revisiting their early roots in this one night only event, live or online. **TIX:** \$15 / or pay what you can / online or at the door. **INFO:** musicincommunitiesns@gmail.com

**Country Music Concert** – *Royal Canadian Legion, Kentville 8:30–11pm* • Featuring the dynamic Trio of Rick Snider, Graham Moorhead and Jeff Tooker. Original and cover country music at it's finest. **TIX:** \$10 **INFO:** 902-681-0033 / triplewineventsandconnections@outlook.com

 **Christmas Craft and Vendor Sale** – *Community Hall, Three Mile Plains 9–3pm* **TIX:** no charge **INFO:** 902-237-8850 / amandadobson@live.com

## SUNDAY, NOVEMBER 15

**Holly Carr Book Launch and Film** – *Al Whittle Theatre, Wolfville 2–3pm* • Holly Carr will read from her new children's book and present the Light in the Forest stage film. **TIX:** \$5. Email or call/text to reserve your ticket. **INFO:** 902-698-0433 / hollylcarr@gmail.com

**FLEABAG** – *National Theatre* – *Kings Theatre, Annapolis Royal 2pm* • Written and performed by Phoebe Waller-Bridge. Fleabag may seem oversexed, emotionally unfiltered and self-obsessed, but that's just the tip of the iceberg. With family and friendships under strain and a guinea pig café struggling to keep afloat, Fleabag suddenly finds herself with nothing to lose. Contains strong language. Age recommendation 15+ \*Reserved seating. Seats are designated in pairs and singles to accommodate physical distancing. Face masks are required. **TIX:** Tickets: \$20 Adult, \$16 Member, \$8 Youth. **INFO:** 902-532-7704

## MONDAY, NOVEMBER 16

**Life Through a Mask** – *7 Arts, Greenwood 11am–1pm. ALSO Nov 23, 30* • Life through a mask is a free, four week Art Therapy workshop geared towards introducing Art Therapy to military personnel, veterans and other first responders **TIX:** no charge **INFO:** 902-321-9572 / 7arts@7arts.ca

## TUESDAY, NOVEMBER 17

**How to Succeed in the Workplace** – *Community INC, Kentville 10–11am* • This workshop focuses on how workplace relationships can directly affect your ability to succeed. Having a better understanding of employer's expectations, and the qualities expected of successful employees, will help you succeed in the workplace. **TIX:** no charge **INFO:** 902-679-7469 / irs@communityinc.ca

**Senior's Walk and Talk** – *Bigelow Trail, Canning 10am–12pm* • Are you looking for a chance to get out and "Walk and Talk" with friends? The Municipality of Kings is offering a 5 week series of trail walks. **TIX:** no charge **INFO:** 902-690-6124 / ngilbert@countyofkings.ca

**Working From Home** – *PeopleWorx, Coldbrook NS 11am–12pm* • A virtual workshop to help you to succeed as a remote worker. Email to register. **TIX:** no charge **INFO:** rspears@peopleworx.ca

**Volunteer Info Session for Community Health Boards** – *Virtual Annapolis Valley, Anywhere in The Annapolis Valley 6:30–8pm* • Join a live Q&A with current volunteers to learn more about this rewarding opportunity to get involved. Email to RSVP. **TIX:** no charge **INFO:** WesternCHBs@nshealth.ca

**Celebrate Recovery** – *New Hope Wesleyan Church, Kentville 7–9:30pm* • Every Tuesday! A faith based 12-Step program for all who need help with hurts, habits & hangups. Are you struggling with broken relationships, stress, anger, fears, addictions? All welcome. Please wear a mask & maintain social distancing. **TIX:** no charge **INFO:** 902-678-2222

**Crohn's and Colitis Canada Virtual Open House** – *Virtual - Atlantic Canada, Atlantic Canada 7:30pm* • Learn about Crohn's and Colitis Canada's mission and impact, programs, advocacy work, and research. **TIX:** no charge **INFO:** 902-297-1649 / dmacivor@crohnsandcolitis.ca

## WEDNESDAY, NOVEMBER 18

**Coffee & Tea Social** – *Community Hall, White Rock 9:30–11:30am. Every Wednesday!* • Wolfville Legion is closed for renovations so please join us for Coffee/Tea/Sweets at the White Rock Community Hall. Everyone welcome. **TIX:** \$2 **INFO:** 902-542-5869 / wolvillelegion@gmail.com

**Indoor Farmers Market** – *Calkin Building, Kentville 10am–1pm. Every Wednesday!* • Kentville Farmers Market has moved inside! Please support your local farmers and artisans during the Covid-19 pandemic. **TIX:** no charge **INFO:** 902-956-1822 / kentvillefarmersmarket1@gmail.com

**Virtual Networking** – *PeopleWorx, Coldbrook NS 11am–12pm. ALSO Nov 25* • A virtual workshop to help you with virtual networking. Email to register. **TIX:** no charge **INFO:** rspears@peopleworx.ca

**Blood Donor Clinic** – *Lions Club, Berwick 1–3pm & 5–7pm* • Call 1-888-2DONATE or Blood.ca to make an appointment. **TIX:** no charge **INFO:** 902-844-1440 / tbhenley60@gmail.com

**Jam Session / Chase the Ace** – *Lions Club, Kentville 6:30–9pm. Every Wednesday!* • Jam Session and Chase the Ace **TIX:** donation **INFO:** 902-680-2740 / vintagemusic1@hotmail.com

**Trivia Night: Superhero Movies** – *AVRL Virtual Program Space, Berwick 7–8pm* • This month's theme will be SUPERHERO MOVIES! Ages 18 and up. You will require a computer, tablet, or smartphone to view the questions and clues via Zoom, and to submit your answers via the Kahoot! app or website. Prizes for the top three Trivia Masters! **TIX:** Register by Nov 16 **INFO:** 902-538-8060 / valleylibrary.ca

**Great Idea! What Now?** – *Online Event 7–8:30pm* • Social enterprise is about nonprofits addressing important community issues by selling products and services to paying customers. One of the first challenges that nonprofit leaders face is determining whether the idea they have warrants further consideration. The second challenge is knowing what to do with an opportunity once you find it. This workshop will take you through an Enterprise Assessment Tool that has been used with hundreds of social enterprises to help leaders make informed decisions. Come with an idea and we'll take you through it. A ZOOM Link will be emailed to you prior to the workshop. Andy Horsnell will facilitate this workshop. **TIX:** no charge **INFO:** kingsvolunteerresourcecentre.ca

## THURSDAY, NOVEMBER 19

**Storytime Zoom** – *AVRL Virtual Program Space, Berwick 9:30–10am. ALSO Nov 26* • AVRL's Virtual storytime is for kids and families. Each week, we will sing songs, share books, and more! Join from your own home! **TIX:** No charge but registration is required. **INFO:** 902-538-8060 / valleylibrary.ca

**Resume Skills** – *PeopleWorx, Coldbrook NS 11am–12pm. ALSO Nov 26* • A virtual workshop to help you create or update your resume. Email to register. **TIX:** no charge **INFO:** rspears@peopleworx.ca

**Trivia Night** – *Oaken Barrel Pub, Greenwood 7–9pm. Every Thursday!* • 5 Rounds of trivia, with a \$25 gift card for the top team each night. First come first serve trivia night \*limited seating\* **TIX:** no charge **INFO:** 902-765-8933 / info@oakenbarrel.ca

## FRIDAY, NOVEMBER 20

 **A Christmas Grace Craft Market** – *County Fair Mall, New Minas 12–9pm. THREE DAYS: Nov 20, 12–9pm / Nov 21, 10am–9pm / Nov 22, 10am–5pm* • A wide range of crafters, and vendors. Please respect our strict covid-19 guidelines, maintain 6ft distance, please wear a mask except if eating or drinking, follow the arrows and usage of hand sanitizer at each table. **TIX:** Adult weekend bracelet \$6, Students and Seniors \$5, and Children under 12 FREE **INFO:** 902-915-7667 / events@advocatesforangelsinmotion.com

 **Holly Days Artisan Market** – *Calkin Building (2 Webster Street), Kentville 4–9pm. ALSO Nov 21, 11am–4pm* • 16 Local Artists and Artisans will be selling products during the Holly Days Festival in Kentville. Please wear a mask. **TIX:** Free admission. **INFO:** info@kentvillebusiness.ca

**Movement with the Outdoors: Women's Retreat** – *Ross Creek Centre for the Arts, Canning 6pm* • Feed your body with food grown at Ross Creek, and nourish your relationship with the seasonal changes at this one-of-a-kind Women's Retreat! Ages: 16+ **TIX:** \$225 + tax for individual glamping cabins / \$175 + tax each if you share with someone in your "bubble" / \$150 +tax for day only program **INFO:** pr@artscentre.ca

**Guy Paul** – *Crystany's Brasserie, Canning 6–8pm* • Guy Paul Thibault's show is the essence of the east coast music scene: A song, a story, and a laugh. All while his guitar never stops. **TIX:** no charge **INFO:** 902-582-3663 / crystanysbrasserie@gmail.com

**Jill and Jade bring That Friday Feeling to Winegrunt** – *Winegrunt Wine Bar, Windsor 7–9pm* **TIX:** No cover. **INFO:** 902-472-2863 / info@winegrunt.com

**Ammonite** – *Kings Theatre, Annapolis Royal 7:30pm* • Mary Anning (Kate Winslet) devotes her days on Southwest England's Dorset coast to finding and cataloguing fossils of ammonites, extinct and beautiful sea creatures. In the early 19th century this is no work for a woman, and no scientific society will have her. So Mary toils alone, even as male scientists visit to study and take credit for her work. When one visitor brings along his grieving wife, Charlotte (Saoirse Ronan), then abandons her there to return to London, the two women have no one to turn to but each other. R | 2h | Biography, Drama, Romance. Face masks are required. Seating is socially distanced. **TIX:** \$11 Adult, \$8 Youth. Tickets at the door. **INFO:** 902-532-7704

**Swiss Chalet 1/4 Chicken Dinner** – *Royal Canadian Legion, Berwick 8–8pm* • Join us for supper by The Swiss Chalet: 1/4 Chicken Dinner with Mashed Potato, Broccoli Medley, and a roll. A slice of pie will be an extra \$2. Eat in, Take out or local delivery. Bar is open. 50/50 draw. All Covid rules will be in place. **TIX:** \$15 supper, \$2 dessert. Call for tickets. **INFO:** 902-538-9340 / waysnmeansberwick@yahoo.com

## SATURDAY, NOVEMBER 21

**Lions BIG Breakfast** – *Lions Club, Wolfville 8–10:30am* • Scrambled eggs, pancakes, sausage, bacon, hash browns, homemade baked beans, toast, coffee/tea, juice. Bring your mask! **TIX:** \$8 adult, \$4 under age 10 **INFO:** 902-542-3805 / shellywsphill@gmail.com

**Indoor Christmas Yard Sale** – *Meadowview Community Centre, Brooklyn St., Kentville 8am–2pm* • Indoor Christmas Yard Sale, selling reasonably priced Christmas items and handmade non-medical face masks. Kinette Club of Kentville & District Fundraiser. **TIX:** no charge **INFO:** kstarratt@ns.sympatico.ca

 **Christmas Artisan Fair** – *North Mountain United Tapestry, Harbourville 10am–3pm. ALSO Nov 22* • An excellent opportunity to do your Christmas Shopping and also to support our local artisans. **TIX:** no charge **INFO:** 902-538-1141

**Festival of Trees Ticket Auction** – *Greenwood Mall, Greenwood 11am–4pm* • Ticket auction of up to 30 decorated and prized table-top Christmas trees at the Greenwood Mall. Hourly draws. Hosted by 14 Wing Combined Charities, with proceeds to Valley nonprofits. **TIX:** Tickets: 10 for \$5 **INFO:** 902-599-1833 / cskeddy@hotmail.ca

**Surviving The Holidays** – *New Hope Wesleyan Church, Kentville 1–3pm* • Surviving the Holidays is a helpful, encouraging seminar for people facing the holidays after a loved one's death. **TIX:** no charge **INFO:** 902-670-9288 / gerrits.bernadine@gmail.com

**Roast Beef Dinner** – *Community Centre, Port Williams 6:30–9:30pm* • Roast Beef Dinner in celebration of the 50th Anniversary of Charter Presentation of the Port Williams and District Lions Club. Non-Lions Club members are cordially invited to attend. Guest speaker is Shelley Adams, Manager, Community Engagement, CNIB **TIX:** \$15 per person. Call for tickets. Tickets must be purchased in advance. **INFO:** 902-698-8695

**Brian Moore plays Winegrunt!** – *Winegrunt Wine Bar, Windsor 7–9pm* • Brian Moore offers up an eclectic mix of classical, jazz, bluesy, and transcribed pop on his guitar. **TIX:** no cover **INFO:** 902-472-2863 / info@winegrunt.com

**Wayne Parker Live in Concert** – *Royal Canadian Legion, Kentville 8:30–11pm* • Classic and new country. 19 plus. Bar, kitchen, canteen services. 50/50. All Covid protocols in place. Sorry, no dancing. **TIX:** \$10. Reservations strongly recommended. **INFO:** 902-681-0033 / triplewineventsandconnections@outlook.com

## SUNDAY, NOVEMBER 22

**Four Seasons Community Orchestra** – *War Memorial Community Centre, Windsor 7–9pm* • Seasonal music with your own community orchestra. **TIX:** \$10 @ The Spoke & Note (85 Windsor St., Windsor). Tickets must be purchased in advance. **INFO:** 902-798-1730 / four.seasons.orchestra2017@gmail.com

## MONDAY, NOVEMBER 23

**Interview Skills** – *Community INC, Kentville 10–11am* • Let us help you pass that final step and get the job. This workshop will review do's and don'ts, and will help you with those hard to answer questions. **TIX:** no charge **INFO:** 902-679-7469 / irs@communityinc.ca

**Working from Home** – *PeopleWorx, Coldbrook NS 11am–12pm. ALSO Nov 30* • A virtual workshop to help you succeed as a remote worker. Email to register. **TIX:** no charge **INFO:** rspears@peopleworx.ca



TUESDAY, NOVEMBER 24

**Senior's Walk and Talk** – *Grand-Pré National Historic Site, Grand Pre 10am–12pm* • Are you looking for a chance to get out and “Walk and Talk” with friends? The Municipality of Kings is offering a 5 week series of trail walks. **TIX:** no charge **INFO:** 902-690-6124 / ngilbert@countyofkings.ca

**Popsicle Stick Superheroes** – *Rosa M. Harvey Middleton & Area Library, Middleton 10am–5pm* • These super fast hanging ornaments/gift tag embellishments will save the day with sparkle and class. Kits will be created in brown bags that can safely be distributed. Glue is required. You can pick up your kit between Nov 24–Nov 28. Open to ages 10–17. **TIX:** no charge, but registration is required. **INFO:** 902-825-4835

**The History of The Masonic Lodge in Kentville** – *Kings County Museum, Kentville 7:30–9pm* • Kings Historical Society Monthly Meeting plus The History of The Masonic Lodge in Kentville. W/ Sandy Buchan. Limited Seating. Reserve your seat. Masks required. Also on ZOOM – contact the museum for the link. **TIX:** donation **INFO:** 902-678-6237 / info@kingscountymuseum.ca

WEDNESDAY, NOVEMBER 25

**Take-Out Hamburger Soup/Corn Chowder Luncheon!** – *United Baptist Church, Port Williams 11:30am–1pm* • Luncheon will include a bowl of your chosen soup, bread/butter and your choice of dessert (cheesecake or carrot cake w/cream cheese icing). The Loyal Workers support ongoing Church expenses. **TIX:** \$10. Call to order by Nov. 23. **INFO:** Carol Ann Burden, 902-542-3681 / Myrtle Merrett, 902-542-2623

**Senior's Social and Bingo** – *Lions Hall, Coldbrook 2–4pm* • Back by popular demand, MOK and Community Links will be hosting a Senior's Social and Bingo! **TIX:** no charge **INFO:** 902-690-6101 / sfevens@countyofkings.ca

THURSDAY, NOVEMBER 26

**Community Resources** – *Community INC, Kentville 10–11am* • Get information regarding who can provide assistance within Kings County when looking for employment, financial assistance, community engagement opportunities, transportation, housing resources and more. **TIX:** no charge **INFO:** 902-679-7469 / irs@communityinc.ca

TIDE PREDICTIONS

Always check this source for accurate tides:  
Canadian Fisheries & Oceans. [www.waterlevels.gc.ca](http://www.waterlevels.gc.ca)

NOV	HIGH	LOW
12	9:45am	3:56pm
13	10:37am	4:49pm
14	11:27am	5:40pm
15	12:16pm	6:29pm
16	•1:05pm	7:17pm
17	1:53pm	7:38am
18	2:43pm	8:27am
19	3:35pm	9:18am
20	4:29pm	10:11am
21	5:25pm	11:07am
22	6:25pm	12:06pm
23	7:24pm	1:07pm
24	••7:57am	2:07pm
25	8:52am	3:02pm
26	9:41am	3:52pm
27	10:26am	4:37pm
28	11:08am	5:18pm
29	11:46am	5:57pm
30	12:24pm	6:35pm
DEC		
01	1:02pm	7:13pm
02	1:41pm	7:27am
03	2:23pm	8:08am
04	3:09pm	8:53am
05	3:58pm	9:41am
06	4:52pm	10:34am
07	5:50pm	11:31am
08	6:50pm	12:31pm
09	7:22am	1:33pm
10	8:21am	2:33pm

THERE ARE NORMALLY TWO HIGH AND TWO LOW TIDES EACH DAY.

• Highest High: 45.3 feet •• Lowest High: 36.1 feet

**Learn How to Make Kombucha** – *Millville Community Hall, Aylesford 6:30–8:30pm* • Learn how to make the probiotic filled, tasty fermented tea drink, & how to add some flavour (including medicinal herbs). **TIX:** \$35 **INFO:** 902-789-9432 / ramblewoodherbals@gmail.com

FRIDAY, NOVEMBER 27

**Seven Sacred Teachings** – *Kings County Museum, Kentville 10am–4pm. ALSO Nov 28* • Seven Sacred Teachings Around Reconciliation. An invitation to explore the Ancient Teachings of the Mi'kmaq. Smudge, Tree Connecting, Guided Meditation, Drumming and Tobacco Ceremony. W/ Carolyn Landry **TIX:** \$70 **INFO:** 902-678-6237 / info@kingscountymuseum.ca

**Inigo Cuartero** – *Crystany's Brasserie, Canning 6–8pm* • Inigo Cuartero's wide repertoire from classic to modern songs shows his unique approach and passion for music. **TIX:** no charge **INFO:** 902-582-3663 / crystanysbrasserie@gmail.com

**Geoff Kennedy plays Winegrunt!** – *Winegrunt Wine Bar, Windsor 7–9pm* • Geoff Kennedy brings That Friday Feeling to Winegrunt. **TIX:** no cover **INFO:** 902-472-2863 / info@winegrunt.com

**The Sam Wilson Band** – *Al Whittle Theatre, Wolfville 8pm* • The Small Shows in Big Spaces Series brings guitarist Sam Wilson and her band to the Whittle. **TIX:** \$15 **INFO:** musicincommunitiesns@gmail.com

SATURDAY, NOVEMBER 28

🎁 **Holiday Craft and Vendor Fair** – *Royal Canadian Legion, Windsor 9am–3pm* • 5th Annual Holiday Craft and Vendor Fair, Sponsored by ICE Empire. Over 50 vendors! Masks required when inside the venue. **TIX:** \$2 **INFO:** info@integritycheerempire.com

🎁 **Annapolis Valley Frugal Moms Craft Fair** – *Louis Millet Community Complex, New Minas 10am–4pm* • First Annual Annapolis Valley frugal Moms is hosting our very first Christmas craft fair to help families who are struggling this holiday season. Come support your local craft vendors and help a family in need. **TIX:** Donation **INFO:** 902-599-4270 / avfrugalmoms@gmail.com

🎁 **St. John's ACW Christmas Bazaar** – *St. John's Anglican Church, 164 Main St., Wolfville 10am–12pm* • Featuring our famous Plum Puddings, home baking, holiday face masks, fancy work, table centerpiece decorations, white elephant table with grab bags and jams, jellies & preserves. COVID 19 protocol restrictions will be followed. Masks are required. **TIX:** free will offering **INFO:** 902-542-9219 / idmac@eastlink.ca

**Weekend Workshop Retreat: Portraiture with Sara Hartland-Rowe** – *Ross Creek Centre for the Arts, Canning 12pm. Nov 28–29* • The incredible Sara Hartland-Rowe will be teaching portraiture! **TIX:** \$225 (+tax) Day Only / \$295 (+tax) Heated Glamping Cabin Overnight **INFO:** artscentre.ca

**The JTAC Experience play Winegrunt!** – *Winegrunt Wine Bar, Windsor 7–9pm* • The JTAC Experience bring their cool jazz sounds to Winegrunt! **TIX:** no cover **INFO:** 902-472-2863 / info@winegrunt.com

**Guy Paul Thibault** – *Royal Canadian Legion, Kentville 8:30–11pm* • A fundraiser concert for RCL Br 006. 19 plus. Reservations recommended. Seating groups of up to 10. All Covid protocols in place. **TIX:** \$10 **INFO:** 902-681-0033 / triplewineventsandconnections@outlook.com

SUNDAY, NOVEMBER 29

**Christmas Mommies & Daddies Telethon** – *Fire Hall, Aylesford 12–8pm* • CMD Telethon will be aired by Eastlink TV. To make a pledge or bid on the auction items call Local 902-341-3200 or TOLL FREE 1-888-777-1657. **TIX:** Donation **INFO:** 902-765-3225 / bobbbarb@eastlink.ca

**The Lehman Trilogy – National Theatre** – *Kings Theatre, Annapolis Royal 2pm* • In 1844 a young man from Bavaria dreams of a new life in the new world. He is joined by his two brothers and an American epic begins. 163 years later, the firm they establish – Lehman Brothers – spectacularly collapses into bankruptcy, and triggers the largest financial crisis in history. Face masks are required. **TIX:** \$20 Adult, \$16 Member, Youth FREE. Tickets at the door. **INFO:** 902-532-7704

TUESDAY, DECEMBER 1

**Senior's Walk and Talk** – *Chute Park, Berwick 10am–12pm* • Are you looking for a chance to get out and “Walk and Talk” with friends? The Municipality of Kings is offering a 5 week series of trail walks. **TIX:** no charge **INFO:** 902-690-6124 / ngilbert@countyofkings.ca

**Reviews on Casinos in Las Vegas** – *Acadia Athletic Complex, Wolfville 7–9pm* • Reviews on Casinos in Las Vegas. We look at all the different aspects they have to offer players. **TIX:** no charge **INFO:** 212-678-1448 / normanbond14@gmail.com

FRIDAY, DECEMBER 4

**AVRL Virtual Book Club** – *AVRL Virtual Program Space, Berwick 10–11:30am* • This month we'll be discussing Under the Bridge by Anne Bishop. You can download a copy online or call the Berwick and District Library to reserve a copy. Join the discussion online via Zoom. Registration is required. **TIX:** no charge **INFO:** 902-538-8060 / valleylibrary.ca

SATURDAY ,DECEMBER 5

**Holiday Santa Breakfast** – *Community Centre, Port Williams 8am–12pm* • Holiday Santa Breakfast in support of the Lions Christmas Hamper Program and the Port Williams splash pad development. Book your seating time and table. **TIX:** \$50 per table (max 6ppl) **INFO:** pwrecreation@ns.aliantzinc.ca

🎁 **Made by Hand Holiday Market** – *Lions Club, Wolfville 10am–4pm* • Soap, Wooly Creations, Pottery etc. **TIX:** Free Admission **INFO:** 902-542-7938 / karekenn@hotmail.com

🎁 **Christmas Artisan Fair** – *North Mountain United Tapestry, Harbourville 10am–3pm* • An excellent opportunity to do your Christmas Shopping and also to support our local artisans. **TIX:** no charge **INFO:** 902-538-1141

**Weekend Workshop Intensive: Sonic Experiments with Brian Borchardt** – *Ross Creek Centre for the Arts, Canning 12pm. Dec 5–6* • The incredible Brian Borchardt will be teaching explo ring Sonic Experiments. **TIX:** \$225 (+tax) Day Only / \$295 (+tax) Heated Glamping Cabin Overnight **INFO:** mail@artscentre.ca

**Erin Costelo – Sweet Marie** – *Sea-Esta, Canning (Delhaven) 7–10pm* • Although she has been compared to icons like Carole King and Nina Simone, Erin Costelo's fifth studio album, Sweet Marie, cements her status as an utterly inimitable voice in Americana music. Reservations recommended. **TIX:** \$30 **INFO:** 902-692-1662 / soundconnectionstherapy@gmail.com

SUNDAY, DECEMBER 6

**Christmas Ticket Auction** – *Curling Club, Middleton 8am–4pm* • Christmas Ticket Auction - Quality gifts and crafts in our annual Fete – Bake sale and gingerbread fantasies. First ticket drawn at 4 pm and all winners will be notified by phone. Covid restrictions for masking and physical distancing apply. **TIX:** no charge **INFO:** 902-765-6977 / middletoncurling@yahoo.ca

WEDNESDAY, DECEMBER 9

**Holiday Gifts, Salves and Lip Balms** – *Millville Community Hall, Aylesford 6:30–8:30pm* • Learn how to make herbal salves and lip balms for yourself and loved ones. **TIX:** \$35 **INFO:** 902-789-9432 / ramblewoodherbals@gmail.com

THURSDAY, DECEMBER 10

**Tapestry: Women's Cancer Support Group** – *We meet the 2nd Thursday of the month. Please call for time/location.* • **INFO:** Dorothy, 902-538-3374 / Pat, 902-678-9100 / Margot, 902-542-1466 / margotwithat@hotmail.com

EXHIBITS

**Brad Hall & Drew Klassen** – *Harvest Gallery, 462 Main St., Wolfville. Through Nov 14* • Brad Hall: New Work & Drew Klassen: Recent Landscapes. Masks are required. **INFO:** 902-542-7093 / harvestgallery.ca

**Will Cooper** – *Jack's Gallery, 450 Main St., Wolfville (in the Just Us! building). Through Nov 29* • The Art of Will Cooper, A Selection of Recent Works. **INFO:** jacksgallerywolfville@gmail.com

**“Fundy Shores”** – *Round Hill Studio, 280 St. George Street, Annapolis Royal. Nov 14–Dec 10* • Pat Lohrenz is a multimedia visual artist living and painting in the Annapolis Valley. This show represents a year's worth of work combining collage with fluid acrylics to capture the moods and seasons of the Fundy shorelines. **INFO:** 902-955-0365 / roundhillstudio.com / facebook.com/roundhillstudio

**Steven Rhude** – *Harvest Gallery, 462 Main St., Wolfville. Starting Nov 21* • LOVE & LANDSCAPE. Masks are required. **INFO:** 902-542-7093 / harvestgallery.ca

**The Colour of Christmas** – *Virtual Art Show: Nov 28–Dec 5.* • The Colour of Christmas is a virtual holiday show by artist Kelly Mitchelmore! Featuring affordable new mini stocking paintings – a studio sale special and my newest series “Nova Scotia Strong – Isolation.” All special show paintings including the mini pieces and the studio sale will be avail for easy online purchase at kellymitchelmore.ca/shop after the video launch. **INFO:** Launch Video: facebook.com/kmitchelmore / 902-306-0030 / kellymitchelmore.ca

**“While the World was Resting”** – *ArtCan Gallery and Café, 9850 Main Street, Canning. Through Nov 28* • Paintings by Michael Greer and Ron Hayes. Everyone is welcome. Please wear a mask. **INFO:** artcan.com

**ArtCan Studio Show** – *ArtCan Gallery and Café, 9850 Main Street, Canning* • Opening reception, Dec 5, 1–4pm. Everyone welcome! Please wear a mask. **INFO:** artcan.com

**Kentville Lodge No. 58 Commemorating 150 Years of History: 1870-2020** – *Kings County Museum, 37 Cornwallis Street, Kentville. Through Dec 18* • Celebrating 150 years of the Kentville Masonic Lodge. Including items from the Shriners, Eastern Star, and Daughters of the Nile. Guided tours by appointment only. **INFO:** 902-678-6237 / facebook.com/kingscountymuseum

**Post-It Note Art Show** – *Tides Contemporary Art Gallery, Kentville Nov 27–Dec 6* • Original pieces of art made on 3x3 inch post-it notes! A wide variety of artists, hundreds of post-its priced at just \$20 each. Our focus is on great art at a very affordable price. **INFO:** 902-365-3322 / tidescontemporaryartgallery.com

**Long Winter Nights** – *The Bread Gallery, 7778 Hwy 14, Brooklyn. Nov & Dec* • Avon River Arts Annual Group Showcase. View the entire collection online. **INFO:** avonriverarts.ca

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## BOOKS BY LOCALS

Wendy Elliott

### My Jelly Brain has an important message

Wolfville resident Mark Selvidge is a brain injury survivor with a mission. He is the co-author of a children's book, *My Jelly Brain*, about brain injury and the importance of inclusion regardless of differences. He and his co-author, counsellor and life coach Betty Ann Buott, are passionate about educating others about brain injury. They have presented to various elementary schools in the Valley and several years ago at a National Brain Injury Conference. The book is a teaching tool.

When talking to school classes about the dangers of brain injuries, Mark usually brings along a couple of melons. Both get dropped from waist height, but only one wears a helmet. The one without the helmet, he says, shows the most damage. After examining the melons, Mark hands out pieces of fruit after explaining that "your brain is the same consistency as a bowl of Jell-O. And if I can prevent one kid from going through a quarter of what I went through, I'd feel like I'd won a million dollars."

At the age of 10 Mark was injured in a car accident outside Red Deer, Alberta. He spent three months in hospital and had to learn everything over again. There were the physical challenges and also the emotional cost of the bullying he endured. Twenty years later, Mark has graduated in small engine repair at Kingstec and he delights in risky activity with the right safety precautions: zip lining, swimming with sharks, and travelling solo to Australia.

According to Buott, the idea behind the book is to help children understand that they only have one brain. The aim is also to point out that "just because somebody's different doesn't mean that they don't have a worthwhile contribution to make."

Melissa Baker Nguyen provided the superbly colourful illustrations. She shows a young Mark with his physical disabilities. These days he's sporting a cast due to a recent bike accident, but is still taking in studies in community development at Acadia University.



*My Jelly Brain* is currently in schools throughout the Annapolis Valley as well as local bookstores like The Market and Chisholm's. Once the pandemic is over, Mark plans to spread the word further. For further information reach out by writing: myjellybrain.book@gmail.com

### Poems: Travelling with my Daughter

John Guiney Yallop cherishes his relationship with his daughter Brittany, so much so that his latest book of poems explores their life. Many were written during travels together – hence the title. His is a thoughtful lovely book. He and his girl go camping, walk beaches, and traverse Newfoundland, the Prairies, and the Netherlands. All these experiences add to his understanding of Brittany.

Guiney Yallop teaches literacy and the creative arts at Acadia's School of Education. His previous book of poems was called *Out of Place*. He is working on another about his experience with prostate cancer.



Both *My Jelly Brain* and *Travelling with my Daughter* are available direct from the authors or on Amazon.

## BUYING LOCAL IS NOT AS SIMPLE AS IT SEEMS

Geoffrey Whitehall

Every year we say that we're not going to get pulled into the consumer side of the holidays. We want to focus on what is most important – spending time with family, enjoying our free time, getting outside or into a good book. The consumer side of the holidays complicates all this; it can make things stressful and even transmit the wrong message to those we care about. But Dr. Seuss and Dickens haunt the season. Despite our commitments to refuse, reduce, reuse and/or recycle, we end up undermining our degrowth climate-change promises and heading to the shops trying to make up for the flip-flop by "buying local."

What does buying local mean? It is not as simple as it seems. If I buy something made in China in a Valley store – is that buying local? What if I buy something that is made in Canada but sold at Costco? What if it is made locally but sold at a national chain like Canadian Tire? Sounds like we need some loose categories to push further into this confusion.

Supporting local businesses: Keeping cash and jobs in your local community is a good idea. Local business owners are part of our community and want us to be healthy and safe. But, if the goods that are being sold in your local shops are made in some sweatshop on the other side of the globe, that might not fit with your original ethical goals. We might be treating other people's communities, families, and friends as if their health and safety doesn't matter.

Made locally: This seems like the gold standard. If it is made here (maybe within 100km?) then

we shouldn't have to worry, right? I wish we afforded all Nova Scotians the same protections and equally valued their time, creativity, and dignity. To put it lightly, Nova Scotia's history is rife with people not being treated fairly. Is it better to buy something local (or locally owned) even if it was unethically produced? What if people aren't paid fairly? Can they afford to purchase more ethically-sourced production? Wouldn't it be better to buy something made elsewhere but with a higher ethical standard (i.e. fair trade)? Setting aside the problem of trusting labels and standards, don't people, regardless of where they live, work, and play, deserve to be treated justly?

What are we to do? The questions seem endless; we live in a complicated world. Maybe you have heard advice like "it's the thought that counts" or that "it's the effort that shines through all gifts." These basic lessons can help us. If we are not thinking about the problems outlined above, maybe we are just blindly consuming and forgetting the intention that inspired the original loving act of giving. It might be impossible to buy something that is not touched by inequity and injustice. Everything is implicated. Thinking about this dilemma might lead us to other options guided by the second piece of advice: "it's the effort that shines through." It is sad to think that a gift would hurt others simply because we were not prepared to put in the effort. Asking where something is made is not enough, because "where" is a lazy category. Maps, names, and labels hide real and uneasy relationships. A more powerful guiding question is "how."

## GET YOUR APAS MUSIC PASS ASAP!!

Join us in the  
**Acadia Performing Arts Series' MUSIC CLUB**

Until we can safely present live performances again, we're going online. Beginning in September, we will present a mix of world-class performances for our members to enjoy and discuss, on an exclusive online platform.

### What to expect:

- We will curate concerts by some of the world's best artists in Classical, Jazz, and International Music.
- We will produce, record and present some exclusive content: concerts, recitals, even seminars on music-related topics.
- We will also present online some of the performances that we were going to present live throughout our (postponed) 2020-21 Series.

### Membership

- 230 subscribers to our 2019-20 Series are already members of the Club
- You are invited to join them !**  
You can enroll for a membership fee of \$50 (taxes and fees included)
- Join the Club by purchasing your membership online through the Acadia Box Office:  
<https://acadiu.universitytickets.com/>  
Soon after, we will contact you with a direct link admitting you to the Club's exclusive Facebook group platform. This will be your "Pass to APAS Music Club".


## We can't wait to share a world of wonderful music with you !

Finding out how something is made is powerful but takes effort. Maybe this is the real local – local is a caring state of mind:

- 1) Make something yourself with locally sourced materials.
- 2) Fix something up to give it a new home and better life.
- 3) Ask businesses questions about how something is made, who makes it and how they are compensated.
- 4) Suggest that your favorite shop sets up a section dedicated to ethically-sourced goods.
- 5) Leave unwanted foreign packaging at the cash register.
- 6) Embrace having less stuff as a way to be more open, free, and happy.
- 7) Buy and/or build better quality stuff so it lasts.

- 8) Make an effort to give others the gift of feeling loved and respected by a community.
- 9) Support businesses that buy local.

Thought, effort, and love: it is all hard work. I'm probably going to fail at this too because the capitalist world does not yet (or can no longer) match our aspirations, but we can all do this together and learn from those who have already started. We can just think about it, we can make an effort and we can hold those we love and respect to the same standards. From local businesses to local farmers, from local artisans to local fishers, from local consumers to local producers and from local citizens to local lovers, everyone can do their part to live "peace and friendship" here in Mi'kma'ki and the world. 🍷




## ACADIA SPORTS THERAPY CLINIC INC.

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### MANAGEMENT/PREVENTION OF SPORTS/RECREATIONAL INJURIES FOR THE VALLEY COMMUNITY





**Ornamental**  
November 1 - December 19

Joannie Allen Mike Bernard Wayne Boucher  
Marianne Brown Grace Butland Rolsin Cadieux  
Sharon Cookson Leslie Erickson Alexa Jaffurs  
Deb Kozyk Linda Leahy Pat Lohrenz  
Ray Mackie Eva McCauley Joan McLean  
Rion Micreys Sally O'Grady Sophie Paskins  
Janel Warmington Bette Young Martha Little

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ARTsPLACE Gallery  
396 St. George St., Annapolis Royal

**ARTsPLACE Gallery**

**396 St. George St.**

**OBJECT HISTORIES:  
EYELEVEL PRINTED MATTER EXHIBITION**

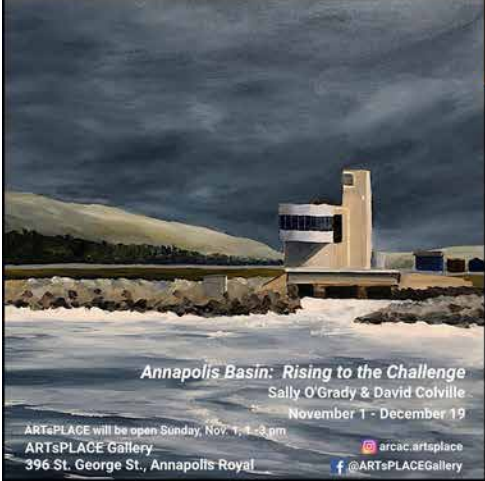
November 1 - December 19  
eyelevel.art

ARTsPLACE will be open Sunday, Nov. 1, 1 - 3 pm  
ARTsPLACE Gallery  
396 St. George St., Annapolis Royal

arcac.artsplace  
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**Annapolis Royal**

**Open Hours Wed - Fri, 1-5pm / Sat 12- 3 pm**



**Annapolis Basin: Rising to the Challenge**  
Sally O'Grady & David Colville  
November 1 - December 19

ARTsPLACE will be open Sunday, Nov. 1, 1 - 3 pm  
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on home.*



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The Printmaker Gallery  
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www.hainstockgallery.com



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Every Wednesday Evening

- Four weeks per block - \$100 per block - Class size limited
- Students can take 1, 2, 3, or all blocks - No previous experience needed
- All materials supplied (except unusual papers)

Woodblock-2: Jan. 20, 27, Feb. 3, 10  
Big Prints: Feb. 17, 24, March 3, 10  
Mixed Media: March 17, 24, 31, April 7  
Rust Prints: April 14, 21, 28, May 5

The Printmaker Studio & Gallery 1688 Brow of Mountain Road  
email: bjhainstock@gmail.com website: hainstockgallery.com




**NOVEMBER 2020  
VIRTUAL WORKSHOPS!**

Nova Scotia Works is hosting a variety of  
workshops on topics related to job search,  
resumes and more!  
We look forward to seeing you there!

- Coping with Job Loss - Nov. 10th, 10am - 11am
- Resume and Cover Letters - Nov. 12th, 10am - 11:30am
- Ace the Interview - Nov. 23rd, 10am - 11am
- Community Resources - Nov. 26th, 10am - 11am
- Dress to Impress - Nov. 27th, 10am - 11am

To register contact us by  
phone: 902-679-7469 or  
email: [irs@communityinc.ca](mailto:irs@communityinc.ca)

Visit our facebook page for more information and to view  
additional workshops.  
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2020*

