

# THE GRAPEVINE

ARTS | CULTURE | COMMUNITY

February 2021 | Issue No. 18.02

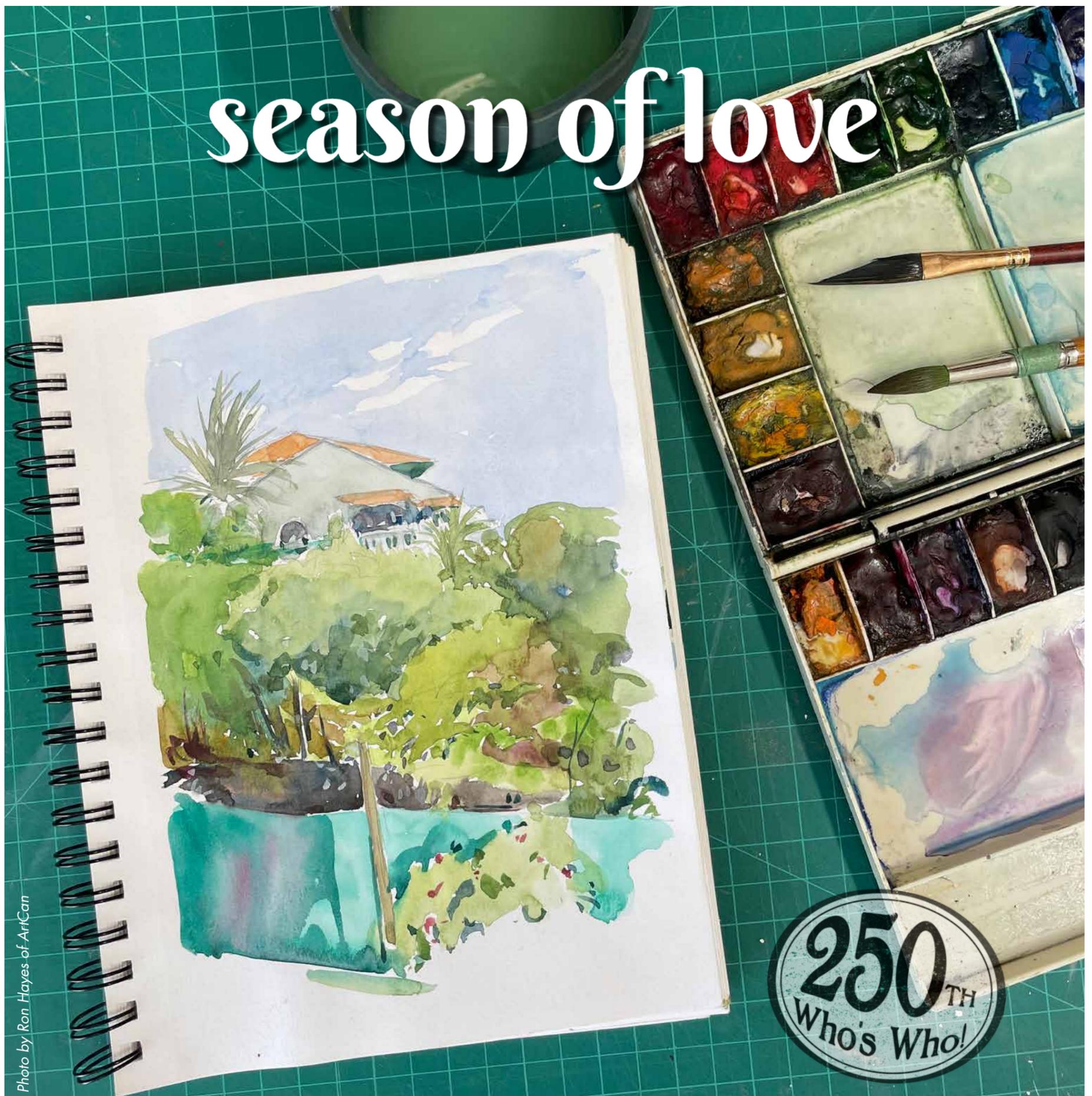


Photo by Ron Hayes of ArtCan

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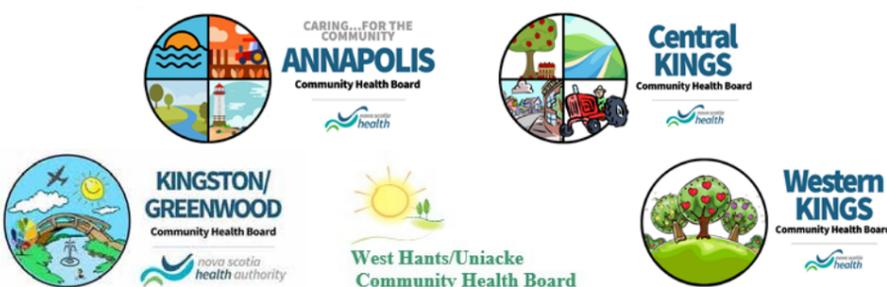
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## MUSIC IN COMMUNITIES CELEBRATES BLACK HISTORY MONTH

Kim Barlow

Music In Communities has pulled together some fantastic music events to celebrate Black History Month! We're collaborating with the Deep Roots Music Cooperative and the Church Brewing Co. to present some shows and workshops featuring some of the incredible talent in this region.

Mark Riley is a local hero who has just released his first album, *One Step*, and he kicked off our series early, on January 30 at the Church, as part of the Church's second birthday party. A big congratulations to Mark on his new release, and his multiple nominations for the African Nova Scotian Music Awards! Mark is one of the most in-demand musicians around, and this recognition is well-deserved.

None other than world-renowned opera diva Measha Brueggergosman and her stellar band will be performing gospel and jazz classics at the Church on Sunday February 7. This show sold out in a hot minute! Livestream tickets are available at [sidedooraccess.com](http://sidedooraccess.com). Those who heard Measha's show at the Al Whittle Theatre in December know she has personality to spare, and the power and control of her instrument, and her interpretations of the songs, are thrilling.

Jah'Mila is an up-and-coming performer from Halifax via Jamaica, and also nominated for Emerging Artist at the African Nova Scotian Music Awards. She will be at the Church with her hot reggae band on Sunday, February 28. Jah'Mila has toured as a backup singer for numerous bands including the actual Wailers of Bob Marley fame, and Black Uhuru. Now she is embarking on her own career in the service of spreading a message of love, strength, and

positivity with great reggae music. Tickets for this show are available at [eventbrite.ca](http://eventbrite.ca).

With support from the Deep Roots Music Coop we'll also be offering some workshops this month, to give the community an opportunity to engage more directly with the musicians and learn from them. On February 13 Mark Riley will be at the old Catholic church in Canning. He'll talk about the history of gospel music, play a few samples, and share a discussion about the songs that are such a formative part of his musical development.

On February 28 in the afternoon before her show at the Church, Jah'Mila will host a workshop at Studio Z in the Al Whittle Theatre. Her workshop is called Art vs. Reality, and was designed for a creative writing class. Anyone is welcome to attend and hear what Jah'Mila has to say about making art and how it can be used for positive change, and the benefits of creating new stories that have the power to alter our reality.

We are thrilled to showcase these powerful artists and celebrate the talent we have in this province during Black History Month. One more thing to look for this month are beautiful, compelling paintings by Rebecca Fisk, which will be on display at the Church Brewing Co. The image on our poster for this series is her self-portrait.

For more information on any of these events, please contact [info@musicincommunities.com](mailto:info@musicincommunities.com) or visit our website. These are challenging days for so many, and we are working hard to bring music for healing and strength, to help us all through. 🌱

MUSIC IN COMMUNITIES CELEBRATES

# Black History Month



Art by **Rebecca Fisk**  
(self-portrait above) will be on display at the Church Brewing Co. during Black History Month.

THE CHURCH BREWING COMPANY  
CO-PRESENTS

**LIVE PERFORMANCES**

**JAN. 30**  
Church's 2nd Birthday Party  
Free Concert | 8-10 pm  
The Mark Riley Project  
reserve at 902-542-2337

**FEB. 7**  
Measha Brueggergosman  
(SOLD OUT)  
livestream via [sidedooraccess.com](http://sidedooraccess.com)

**FEB. 28**  
Jah'Mila  
dinner 5:30pm | music 7:00pm  
tickets \$40 + hst  
[www.eventbrite.ca](http://www.eventbrite.ca)  
livestream via [sidedooraccess.com](http://sidedooraccess.com)

DEEP ROOTS MUSIC COOPERATIVE  
CO-PRESENTS

**WORKSHOPS**

**FEB. 13 | 1 - 3pm**  
Mark Riley  
The Old Catholic Church  
Hwy 358 Canning, NS  
(across from Canning Auto)

**FEB. 28 | 1 - 3pm**  
Jah'Mila  
**ART vs REALITY**  
The Al Whittle Theatre  
Wolfville, NS



visit [www.musicincommunities.com](http://www.musicincommunities.com) for more details

## SAPPY Valentine's DAY!

Valentine's jokes curated by Donna Holmes

What did the painter say to her sweetheart?  
I love you with all my art.

Margaret Drummond's

# WORD OF THE ISSUE

**Epithalamium (noun):**  
A song or poem celebrating a marriage.

Here you go  
light low and long  
in the fields  
at sunset and sunrise  
Everything twice  
a doubled existence  
two nouns

two thens  
two names  
yours and the other one  
also yours  
folded into a paper boat  
the points of which  
constellate stars.

"Epithalamium" by Carl Adamshick

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## Job Posting

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**Eos Natural Foods is looking for a person who fulfills the following key requisites:**

- ✓ Demonstrated experience integrating inventory systems with e-commerce platforms
- ✓ Tech savvy & obsessive about data accuracy
- ✓ It will be an asset to have skills in photography and photo editing software

**The position will be based in Wolfville, and will begin as a 3-month contract with the potential to extend to a permanent position.**

*If you meet the requisites and you are interested in working with a growing and friendly team in Wolfville, please submit your letter of interest and resume to*  
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[www.taprootfarms.ca](http://www.taprootfarms.ca)



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# THE GRAPEVINE

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- ★ APRIL 1 ISSUE:  
Mon. Mar. 22, 2021

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**FALMOUTH:** Fruit & Vegetable Company, Petro-Canada  
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**AVONPORT:** Cann's Kwik-Way  
**GRAND-PRÉ:** Convenience Store, Domaine de Grand Pré, Just Us! Café  
**GASPEREAU:** Gaspereau Vineyards, Reid's Meats & Kwik-Way, XTR Kwik-Way  
**WOLFVILLE:** Carl's Your Independent Grocer, Eos Natural Foods, Just Us! Café, T.A.N. Coffee, Library, Wolfville Farmers' Market  
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**BERWICK:** Jonny's Cookhouse, Luigi's Pizza Palace, North Mountain Coffeehouse, Rising Sun Natural Foods, Union Street Café, Wilsons Pharmasave  
**AYLESFORD:** Chisholm's PharmaChoice  
**KINGSTON:** French Bakery, Pharmasave, Green Elephant  
**GREENWOOD:** Country Store, Tim Hortons (Central Ave + Mall), Valley Natural Foods  
**MIDDLETON:** Angie's, Goucher's, Wilmot Frenchy's, Tim Horton, Library

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## WHO'S WHO #250

# THE WOMEN OF WOLFVILLE TOWN COUNCIL (AND MIKE TOO!)

Mike Butler

I have never been one to shy away from acknowledging outstanding people and their achievements in my community. For 12 years I have been privileged to write my Uncorked and Who's Who columns for *The Grapevine* (happy anniversary month to me!) and this Who's Who is extremely special to me as it's my 250th community member profile! With that achievement I have decided to go all-out and feature not one, but SIX important community members. Over the last few months, this dynamic troupe of Wolfville residents have been very much in the spotlight as your newly elected mayor and council for the Town of Wolfville, and I am so proud to call myself the odd man out in this group! Let's get to know Mayor Wendy Donovan, Deputy Mayor Oonagh Proudfoot and Councillors Wendy Elliott, Jodi MacKay, Jennifer Ingham, and Isabel Madeira-Voss! Council is in session, let's call this Who's Who to order!

Mayor Wendy Donovan was born in Moncton, but grew up in London, Ontario. She attended the University of Waterloo with a BA and MA in recreation and leisure studies. For the first half of her career she worked in municipal recreation for a number of municipalities. From there she moved to the private sector as co-owner and principal of a recreation and library planning firm that worked with municipal governments across Canada. Wendy, kin and company moved to Wolfville in 2007.

Having grown up in a big city, Wendy continues to be amazed by the town of Wolfville, the way you can know so many people, if not directly then by association with someone you do know: "I think it is that feeling that you can belong and people care about you in a way that just doesn't happen nearly as easily in a big city, that continues to amaze me and warm my heart."

Deputy Mayor Oonagh Proudfoot is a very recognizable name and face in our community. Oonagh is originally from Newfoundland, but left home at the age of 17 to attend Acadia and never really left. She spent six years in Halifax between graduating from Acadia and settling back in the Valley. Oonagh works full-time for the university as the executive director of alumni affairs. Oonagh is a vibrant member of the Wolfville community supporting local businesses, and promoting active living, and she's never been one to avoid offering advice, direction, and unwavering positive spirit to those around her.

Isabel Madeira-Voss was born in Lisbon, Portugal, moved to Canada in 1961, and eventually found Wolfville in 1987! Isabel retired in 2017 after a 40 year career in adult education and community development with the Toronto Board of Education, NS Dept of Education, and NSCC.

Like most Wolfville residents, Isabel soaks up the geography of our beautiful area. "I love

living in an area where I can easily swim in the sea or a river, snowshoe almost from my back door, and enjoy long walks on the dykes and trails as well," she says. "This area offers tremendous volunteers that make it possible for us to enjoy great movies, theatre, music, art, and local food."

I would be remiss not to mention Isabel's connections to the Wolfville business community as her son is owner and operator of The Market on Main Street. Isabel brings a multitude of experiences, abilities, and strengths to this current council.

Wendy Elliott from Kent Avenue, what can I say that hasn't already been said back when she was featured in this column by herself a few years ago? Wendy, of all the council, is the person I've known the longest and have worked with the closest but never in this capacity and it's been a wonderful adventure these last few months.

Wendy retired from the local news biz after covering every possible story that came at her, and although she still writes a weekly column, her council duties and community involvement take the front seat. For something like four decades, Wendy covered council from the reporting side. She was first elected in 2016.

Jodi Lynn Mackay was born and raised in North River, PEI, but moved to Hazelbrook in high school. "We bought the house across the street from the farm where my mother was raised and where we spent every Saturday and every summer," she says. "Family and community have always been very important to me!" Jodi currently works managing a physician's office in Kentville, and she teaches a technology course at NSCC very part-time.

And what does Jodi find inspirational about this area? "The landscape - it's just stunning! The view of Blomidon and all the beautiful farmland and vineyards around us, it truly can't be beat. This little town offers so much, and you can be as busy and social as you like, or you can spend hours roaming trails on foot or on your bike! I enjoy both—so it's perfect! I moved here knowing very little of the actual space and I fell in love instantly!"

Jennifer Ingham was born in Ottawa but has spent most of her life in Wolfville. She is a dental office manager and competitive swim coach with deep ties to Acadia. Jen has only been on council for 3 months: "I don't consider myself a politician," she says, "but an advocate for the people of Wolfville."

Jen follows in the steps of her council colleagues, voicing her deep passion for the landscape, parks, and outdoor trails offered in Wolfville, saying, "what a great source of fitness and absolute fun, but more fun to walk or bike to all the wineries we have here. I love walking downtown and grabbing a coffee and



a chat with friends. I love watching sports, either at Acadia or in the community, so I am looking forward to their return."

After a very tumultuous year pivoting our way through a pandemic, the election campaign trail was a juggling act for these councillors finding new ways to get their names out to the community. With hopes and goals for a new normal, I was curious to see what the mayor and council did during the pandemic to keep busy and keep involved. The conversation quickly ended up going to the dogs! All council members (except that Mike guy) live for their puppies! Mayor Donovan says, "I feel best when out for a walk with wonderdog Tommy the Labradoodle—except those days when he finds a dead carcass or remains of something." Councillor Proudfoot took up interior painting and re-decorating, and of course, adopted a new puppy! Councillor Madeira-Voss enjoyed reading, HBO, Zooming with friends and, enjoying the outdoors with the dog! Councillor Elliott started a book project, took in lots of the outdoors, and spent many a dog walk at Reservoir Park! Councillor MacKay, who used to never be a gushing dog lover, adopted Mack, the pandemic puppy and now can't get enough! Councillor Ingham followed suit saying, "My favourite pandemic pastime is playing and training my new puppy Charlie! He's the best. My husband Dave and I love taking him everywhere with us, but mostly hiking through the woods! Walking in the woods with a dog is the best therapy!" Councillor Butler...walked by himself!

A new year and a new group to represent the Town of Wolfville. We are coming into 2021 with lots of positivity and energy to pivot to something tremendous. Mayor and council expressed many of their goals for this coming year and more. "I believe strongly that each Council can and should have a legacy," says Mayor Donovan, "and there are a number of opportunities that we have started to consider in these early days of the new Council. It's going to be exciting!" Councillors expressed a collective desire for continued healthy, active living, as well as tackling issues such as climate change, sustaining Wolfville's economic vibrancy, the resurgence of the arts, and making Wolfville better than ever before.

If you have any questions or concerns for Mayor or Council, all contact information can be found at Wolfville.ca! To this incredibly strong, passionate group: congratulations and best wishes on a successful term in office, and as the "odd man out" of the group, I am honoured to be sharing a seat at your table. Looking forward to the best Wolfville we can make! Thanks for being my 250th Who's Who! This meeting is adjourned! 🐾



Top row, left to right: Wolfville Mayor Wendy Donovan, Councillors Wendy Elliot, Jennifer Ingham, and Isabel Madeira-Voss  
 Bottom row, left to right: Councillors Jodi MacKay and Oonagh Proudfoot, and the entire Council at Christmas.

# THE FREE CLASSIFIEDS

This section works on a first-come, first-served basis. Email your classified to: [listings@grapevinepublishing.ca](mailto:listings@grapevinepublishing.ca) and, if there's room, we'll get you in. Or, to reserve a placement, pay \$5 per issue (3-issue minimum commitment). Please keep listings to 35 words or less.

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**In Person Piano & Voice Lessons:** Susan Dworkin is a resident of Wolfville and for the past 30 years has offered professional, qualified music education to children and adults of all ages. Susan is a professional classical singer and pianist and instructs voice and piano technique. (special Covid-19 protocol in place for everyone's safety and protection). Limited space. Call for details. **INFO:** [susanlisadworkin@gmail.com](mailto:susanlisadworkin@gmail.com) / 902-300-1001 / [armonicmusicstudio.com](http://armonicmusicstudio.com)

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**Got Mice?:** Do you have a MOUSE problem? Or do you have a HOUSE problem? Got Mice Humane Wildlife Services addresses common and uncommon entry points permanently with guaranteed results. Call for a consultation. **INFO:** 902-365-MICE (6423) / [GOTMICE.CA](http://GOTMICE.CA)

**Errands by Karen Home Blood Collection:** At home Blood Collection has resumed, as well as Errand Services! CoVid screening measures are in effect. Please call or email to book an appointment. **INFO:** 902-790-2626 / [errandsbykaren@hotmail.com](mailto:errandsbykaren@hotmail.com)

**Autism Special Delivery:** Need something moved? No job too small! Covid 19 precautions. **INFO:** 902-300-6335

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**Alcoholics Anonymous:** If you want to drink, that's your business. If you want to stop, that's ours. **INFO:** 902-691-2825 / [www.area82aa.org/district3/](http://www.area82aa.org/district3/)

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## EXHIBITS:

**Melt Away the Winter Blues:** Jack's Gallery, 450 Main St., Wolfville. Through March 7 • A group show featuring the work of Adriane Jacquard, Mirrella Furan, Elizabeth Cole, and Alexandra Merck-Jacques. **INFO:** [jacksgallerywolfville@gmail.com](mailto:jacksgallerywolfville@gmail.com)

## ACCOMMODATIONS:

**Room For Rent:** Furnished bedroom and primary use of furnished den. Great area. 2 km from Acadia on the Harvest Moon Trail. On street parking. Good chemistry as housemates is essential but we each have our own sections of the house and respect for each other's privacy. Shared kitchen and bath. Wifi. 40" TV. We (Guy and Sandi, a couple) have 2 small dogs who are restricted to our area of the house. COVID protocols. \$600 **INFO:** [sandra881@yahoo.com](mailto:sandra881@yahoo.com)

**For Rent:** Wolfville, in residential neighbourhood, 15 min. walk from Acadia. Unfurnished 2 bedroom apartment with views of garden and woods! Open concept living, dining and kitchen area. (Preferably for long term rental). **INFO:** 902-542-4758

## GENERAL:

**Kings Kikima Grannies:** We are collecting FABRIC, SEWING NOTIONS, and YARN for upcoming fundraising sales this spring, at Wolfville Lion's Club. If you have donations please call for pickup. **INFO:** 902-542-9848 / 902-692-9011

**Porch Project!:** The West Brooklyn Community Hall (410 West Brooklyn Mt. Rd.), home of the SpeakEasy, invites you to buy your \$10 50/50 ticket Friday & Sat. nights, 7-8pm until April 30. Don't miss your chance to win \$2000 and help us build our new covered porch and ramp. **INFO:** Ruth, 902-542-5424

**Seeking Office Manager:** The Kings Historical Society is currently seeking an Office Manager for the Kings County Museum. This is a 9-month per year, renewable, term position. **INFO:** [kingscountymuseum.ca/community-museum-office-manager](http://kingscountymuseum.ca/community-museum-office-manager)

**Ostomy Annapolis Valley:** Ostomy Annapolis Valley is a non-profit volunteer group dedicated to providing ostomates and their families with meaningful support to help normalize their life experiences with an ostomy. Accomplished through support, education, collaboration and advocacy. **INFO:** Coordinator: Blanca Baquero, 902-300-2428

**Volunteers Wanted!:** The Wolfville Memorial Library Innovation Lab is looking for volunteers to supervise our Innovation Lab open hours. The typical commitment is one shift per week from 1-4:30pm. The supervisor's role is to open the Lab, switch on computers and assist patrons with emailing, printing, etc. following Covid-19 protocols. If you have any of these skills they would be an asset for our other Innovation Lab activities: computers, audio recording, video recording/editing, graphic design, 3D printing, VR, sewing. Please email if interested. You will be helping your community during these difficult times. **INFO:** [wolfvilleinnovation@valleylibrary.ca](http://wolfvilleinnovation@valleylibrary.ca)



Image from the film *The Little Black Schoolhouse* by Sylvia D. Hamilton

## AFRICAN HERITAGE MONTH

Genevieve Allen Hearn

Dr. Geraldine Browning greeted me warmly at her door wearing a sparkly silver scarf and bright coral lipstick, then generously spent the next two hours telling me her life story. The tissue box was used a few times, and my knee was slapped several times in fits of laughter. Boy, this legend of a woman can tell a story!

I was invited to talk to Browning about African Heritage Month. Browning is the chair of the Valley African Nova Scotia Development Association (VANSDA), a founding member of the Black Business Initiative, a guest speaker in schools and institutions across the province, a human rights activist (although she will cringe at the use of the word 'activist' and claim that she simply 'cares for people'), has been awarded the Order of Nova Scotia, received an honorary doctor of humanities degree from Acadia University. On top of all of this, Browning has a long career as a nurse while raising nine children. Once her children left home, she turned her spacious home in Gibson Woods into a bed & breakfast because she "needed something to do." Her energy knows no bounds.

"It's important to keep telling stories of racism," Browning tells me when I ask her why African Heritage Month is important. "It's about talking to people and trying to understand." This year's theme is *Listen, Learn, Share, Act*, and the 'listen' part of the theme seems to resonate most poignantly with Browning, as she spent much of her life feeling invisible. "We don't know what another person goes through," she says, "We need to listen – not just hear – but really listen." She recalls the many times she was treated as if she didn't exist. The times she was told she couldn't do things because of the colour of her skin. Eighty-six years of fighting for the things we now take for granted has given Browning an enormous amount of grit: "I picked raspberries and sold them door to door so that I could afford to go to high school," she explains. "Black kids had to pay to go to high school then...It was a screening tool." This form of oppression worked hauntingly well—Browning said she was one of two students of African descent that attended her high school in Halifax.

While progress was made over the years, her children still experienced racism and social isolation. Browning said her children were the only students of African descent in their school, and they were teased because of it.

Brittany Mastroianni, diversity and outreach specialist for the Municipality of the County of Kings, was in the room with us while I interviewed Browning, and commented on how we are not far removed from these acts of overt racism. Many people who are still in the workforce today had to overcome a system that was stacked against them. Mastroianni points out that while 'listening and learning' are important, the other two calls to action in the theme, share and act, are equally significant: "Continue having conversations in your sphere of influence," Mastroianni suggests. "Share the changes you've made with other people. This is about calling people into the work, rather than calling them out."

Mastroianni feels that the theme of African Heritage Month is a perfect response to the Black Lives Matter movement that captured the zeitgeist in June, 2020. "It's not about the marginalized becoming less marginalized, it's about the oppressor being less oppressive," she points out. She places the work and responsibility on all of us.

Due to COVID-19 restrictions, African Heritage Month looks different this year. The Municipality of the County of Kings could not run its annual African Heritage Month party, and many of the provincial events are taking place virtually. Having said this, there are still many ways to engage, including access to virtual events across the province that can be viewed from our living rooms on the African Heritage Month website ([ahm.bccnsweb.com](http://ahm.bccnsweb.com)). Browning and Mastroianni also recommend watching the film *The Little Black School House* by local and award-winning filmmaker Sylvia D. Hamilton. The documentary unearths the story of the children, women, and men who were students and teachers in Canada's racially segregated schools. Browning is in the film and you can learn more about her remarkable life story (the film can be rented for \$3.99 on Vimeo.com).

There are books for all ages that cover the topic of the Black experience in Nova Scotia. I am currently reading *Meet Viola Desmond* from the Scholastic Canada Biography Series on heavy rotation to my four-year-old, and it has given us both insight into the challenges and inequities that Nova Scotians of African descent faced.

Businesses and organizations can also take this time to examine their practices. VANSDA offers a Transition to Employment Equity program that provides training in employment equity and the development of positive attitudes toward a diverse workforce. In addition, VANSDA recently released a 30-Day Racial Equity Challenge designed to support individuals and groups working to achieve societal racial equity. It offers numerous ideas for people who want to increase their understanding and to advance the work toward justice at every level—in systems, organizations, communities and society at large. The challenge is \$10 and can be purchased on VANSDA's website ([vansda.ca](http://vansda.ca)). Finally, a very simple and delicious way to support the work of VANSDA is to purchase Just Us! Coffee Roaster Co-op's Legacy Series coffee, available at Just Us! Café locations and Sobeys. VANSDA claims, "our goal is to bring history into homes and offices one cup at a time."

As my time with Browning wrapped up, I imagined how a spirit might get hardened over time when faced with a lifetime of roadblocks. But Browning's resilience, deep respect for life, and love for humanity is enduring. "If nothing else," she tells me, "be kind."



*Note: The Grapevine is always looking for a diversity of writers. If you would like your voice heard, please contact [editor@grapevinepublishing.ca](mailto:editor@grapevinepublishing.ca)*

SAPPY  
Valentine's  
DAY!

Valentine's jokes  
curated by  
Donna Holmes

What did one volcano say  
to the other?  
I lava you!

Rob Breznsky's  
FREE WILL ASTROLOGY

© 2021 Rob Breznsky • freewillastrology.com • Horoscopes for the week of February 4th

**ARIES** (March 21-April 19): Herman Hesse's novel *"Siddhartha"* is a story about a spiritual seeker who goes in search of illumination. Near the end of the quest, when Siddhartha is purified and enlightened, he tells his friend, "I greatly needed sin, lust, vanity, the striving for goods, and the most shameful despair, to learn how to love the world, to stop comparing the world with any world that I wish for, with any perfection that I think up; I learned to let the world be as it is, and to love it and to belong to it gladly." While I trust you won't overdo the sinful stuff in the coming months, Aries, I hope you will reach a conclusion like Siddhartha's. The astrological omens suggest that 2021 is the best year ever for you to learn how to love your life and the world just as they are.

**TAURUS** (April 20-May 20): Taurus physicist Richard Feynman said, "If we wanted to solve a problem we have never solved before, we must leave the door to the unknown ajar." That's always good advice, but it's especially apropos for you in the coming weeks. You are being given the interesting and fun opportunity to solve a problem you have never solved before! Be sure to leave the door to the unknown ajar. Clues and answers may come from unexpected sources.

**GEMINI** (May 21-June 20): When we want to get a distinct look at a faint star, we must avert our eyes away from it just a little. If we look at it directly, it fades into invisibility. (There's a scientific explanation for this phenomenon, which I won't go into.) I propose that we make this your metaphor of power for the coming weeks. Proceed on the hypothesis that if you want to get glimpses of what's in the distance or in the future, don't gaze at it directly. Use the psychological version of your peripheral vision. And yes, now is a favorable time to seek those glimpses.

**CANCER** (June 21-July 22): If the apocalypse happens and you're the last human left on earth, don't worry about getting enough to eat. Just find an intact grocery store and make your new home there. It's stocked with enough non-perishable food to feed you for 55 years—or 63 years if you're willing to dine on pet food. I'M JOKING! JUST KIDDING! In fact, the apocalypse won't happen for another 503 million years. My purpose in imagining such a loopy scenario is to nudge you to dissolve your scarcity thinking. Here's the ironic fact of the matter for us Cancerians: If we indulge in fearful fantasies about running out of stuff—money, resources, love, or time—we undermine our efforts to have enough of what we need. The time is now right for you to stop worrying and instead take robust action to ensure you're well-supplied for a long time.

**LEO** (July 23-Aug. 22): "Judge a moth by the beauty of its candle," writes Coleman Barks in his rendering of a poem by Rumi. In accordance with astrological omens, I am invoking that thought as a useful metaphor for your life right now. How lovely and noble are the goals you're pursuing? How exalted and bighearted are the dreams you're focused on? If you find there are any less-than-beautiful aspects to your motivating symbols and ideals, now is a good time to make adjustments.

**VIRGO** (Aug. 23-Sept. 22): I invite you to try the following experiment. Select two situations in your world that really need to be reinvented, and let every other glitch and annoyance just slide for now. Then meditate with tender ferocity on how best to get the transformations done. Summoning intense focus will generate what amounts to magic! PS: Maybe the desired reinventions would require other people to alter their behavior. But it's also possible that your own behavior may need altering.

**LIBRA** (Sept. 23-Oct. 22): Author Marguerite Duras wrote these words: "That she had so completely recovered her sanity was a source of sadness to her. One should never be cured of one's passion." I am spiritually allergic to that idea. It implies that our deepest passions are unavailable unless we're insane, or at least disturbed. But in the world I aspire to live in, the opposite is true: Our passions

thrive if we're mentally healthy. We are best able to harness our most inspiring motivations if we're feeling poised and stable. So I'm here to urge you to reject Duras's perspective and embrace mine. The time has arrived for you to explore the mysteries of relaxing passion.

**SCORPIO** (Oct. 23-Nov. 21): Author Karen Barad writes, "The past is never finished. It cannot be wrapped up like a package, or a scrapbook; we never leave it and it never leaves us behind." I agree. That's why I can't understand New Age teachers who advise us to "live in the now." That's impossible! We are always embedded in our histories. Everything we do is conditioned by our life story. I acknowledge that there's value in trying to see the world afresh in each new moment. I'm a hearty advocate of adopting a "beginner's mind." But to pretend we can completely shut off or escape the past is delusional and foolish. Thank you for listening to my rant, Scorpio. Now please spend quality time upgrading your love and appreciation for your own past. It's time to celebrate where you have come from—and meditate on how your history affects who you are now.

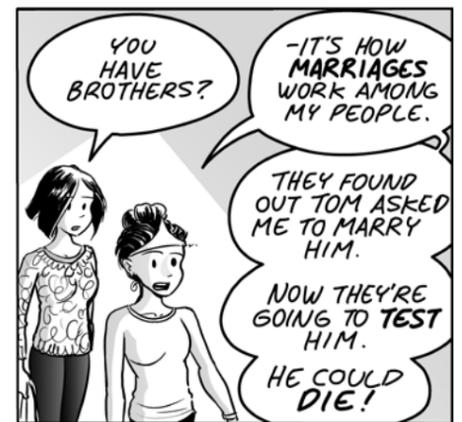
**SAGITTARIUS** (Nov. 22-Dec. 21): Luisah Teish is a writer and priestess in the Yoruban Lucumi tradition. She wrote a book called *"Jump Up: Seasonal Celebrations from the World's Deep Traditions"*. "Jump up" is a Caribbean phrase that refers to festive rituals and parties that feature "joyous music, laughter, food, and dancing." According to my reading of the astrological omens, you're due for a phase infused with the "jump up" spirit. As Teish would say, it's a time for "jumping, jamming, swinging, hopping, and kicking it." I realize that in order to do this, you will have to work around the very necessary limitations imposed on us all by the pandemic. Do the best you can. Maybe make it a virtual or fantasy jump up. Maybe dance alone in the dark.

**CAPRICORN** (Dec. 22-Jan. 19): "Perhaps we should know better," wrote poet Tony Hoagland, "but we keep on looking, thinking, and listening, hunting that singular book, theory, perception, or tonality that will unlock and liberate us." It's my duty to report, Capricorn, that there will most likely be no such singular magnificence for you in 2021. However, I'm happy to tell you that an accumulation of smaller treasures could ultimately lead to a substantial unlocking and liberation. For that to happen, you must be alert for and appreciate the small treasures, and patiently gather them in. (PS: Author Rebecca Solnit says, "We devour heaven in bites too small to be measured." I say: The small bites of heaven you devour in the coming months will ultimately add up to being dramatically measurable.)

**AQUARIUS** (Jan. 20-Feb. 18): Aquarian author Alice Walker writes, "In nature, nothing is perfect and everything is perfect. Trees can be contorted, bent in weird ways, and they're still beautiful." In the coming weeks, I hope you'll adopt that way of thinking and apply it to every aspect of your perfectly imperfect body and mind and soul. I hope you'll give the same generous blessing to the rest of the world, as well. This attitude is always wise to cultivate, of course, but it will be especially transformative for you in the coming weeks. It's time to celebrate your gorgeous idiosyncrasies and eccentricities.

**PISCES** (Feb. 19-March 20): "Though the bamboo forest is dense, water flows through it freely." I offer that Zen saying just in time for you to adopt it as your metaphor of power. No matter how thick and complicated and impassable the terrain might appear to be in the coming weeks, I swear you'll have a flair for finding a graceful path through it. All you have to do is imitate the consistency and flow of water.

*Homework: What's the important thing you forgot about that you really do need to remember sometime soon?*  
FreeWillAstrology.com.



**I KNOW A PLACE** *by Ron Lightburn*



**Winter Blues**

*Winter Blues* depicts a sunny corner of our snow-covered backyard here in Coldbrook.

Ron Lightburn's art cards are now available at seven locations in the Annapolis Valley: R.D. Chisholm, LilyPond Vintage, Tides Contemporary Art Gallery, and the Kings County Museum in Kentville; The Port Pub and Sea Level Brewing in Port Williams; Bent Ridge Winery in Windsor, Henny Penny's Farm Market and Saunders Tartans & Gifts in New Minas, and Wheaton's in Berwick.

[thelightburns.com](http://thelightburns.com)



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Have you been actively looking for work? We can help you upgrade skills and certifications to qualify for more positions! Maybe you are considering training opportunities or attending post-secondary? If you're eligible, the costs of tuition, books and living expenses may be covered. We will help with funding applications and support during your course. Unsure if your preferred program is funded? Ask us!

If you're looking to sharpen your current skill set or complete training to advance your career, we offer access to in person and virtual training. If there is a certificate you need, contact us to find the best course for you. Examples include: WHMIS, First Aid & CPR, Food Handling, Traffic Control, Fall Arrest, etc.

Connect with your local NS Works centre to speak about eligibility, find out about increased funding opportunities, and begin getting support on your path to employment today!

Contact NS Works – Community INC *Kentville* @ (902) 679-7469  
NS Works *Windsor* @ (902) 798-5627 OR  
email [irs@communityinc.ca](mailto:irs@communityinc.ca).  
We look forward to hearing from you!



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|---|--|

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Seaport Professional Center  
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No ticket giveaways at this time.  
To see what's happening around the Valley, check out [ValleyEvents.ca](http://ValleyEvents.ca).

**ValleyEvents.ca**

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# Kentville

# FIRE & ICE

While we can't roll out our full Fire & Ice Winter Carnival plans just yet, we have some fun COVID-friendly 'Teaser' activities and shopping opportunities for the long weekend in February!

## Winter Carnival Teaser

Feb 12th-15th

### Trail of Love Snowshoe Hike

Find love messages throughout The Gorge as you hike or snowshoe

Wednesday, Feb 10th

### Tides Contemporary Art Gallery, Artist Talk

With metal artist Heather Lawrie

Thursday, Feb 11th

### Music in Communities Co-op at Maritime Express Cider Co.

Space is limited - contact [info@musicincommunities.com](mailto:info@musicincommunities.com) to book a seat featuring Jesse Potter for special music at the Maritime Express Mezzanine

Friday, Feb 12th

### Kissing Booth Fundraiser

Get a photo of you and your pooch - or a loved one! - in Miner's Marsh and leave a donation to support the Kentville Dog Park

### Light it Up for Love & Shopping Party

Shops will be open until 8pm w/ special promos, and Centre Square will be lit up for a romantic backdrop and resting spot

Sunday, Feb 14th

### Valentine's Day give-away

Hashtag [#fireandicekentville](https://twitter.com/fireandicekentville) and get placed in a draw for a spectacular Valentine's package

### WALK THE TRAIL OF LOVE

The Gorge is a wonderful place for walking (or snowshoeing) on any given day. There's an extra special reason to go during our Fire and Ice Teaser weekend. The trail will be marked with messages of kindness and love. Take someone you care about or go it alone, and feel the love, Kentville! Pack a sweet treat from Sable Shortbread to bring along, and take in all the magic of the season.

### SLEDDING!

When was the last time you flew down a snowy hill, terrified and thrilled at the same time? Get out to Oakdene Park, Memorial Park or Burgher Hill for the best sledding around! A great first date activity, or one to do with the whole family! If it's been a hot minute since you went sledding, may we suggest a hot stone massage at Hawthorne Clinic or The Healing Station afterwards? Book ahead, you can find them online!

### CROSS COUNTRY SKIING

Kentville's Harvest Moon Trail is groomed whenever possible for cross country skiing. If this activity is on your list to try, check in with Kentville Recreation to borrow some gear from the equipment loan program. It's free! After a day on the trail pop downtown to Paddy's Irish Pub to refuel. Bangers and Mash anyone?

### SNOWBOARDING

If you're just starting out, the same places mentioned for sledding can also be great for snowboarding! Kentville's hills are a tad smaller than Martock, so they are great for practicing skills. But they are also way closer to downtown cafes that serve deliciously warm baked goods for warming up cold fingers afterwards!

### OUTDOOR SKATING

Are you ever as truly free as when you're gliding around the ice surrounded by the outdoor beauty of winter? Find this freedom at the Frog Pond in the West End, Oakdene Park in the North End, or at Miner's Marsh downtown. By the way, Half Acre Café on Main Street serves a wonderful tomato soup for warming up with afterwards!

### SNAP SOME SELFIES

All about the insta? We're all about the LOVE! Kentville has been decked out so that you can get the perfect shot day or night. Make sure to check out the "heart of downtown" display in Centre Square, and the "kissing booth" in Miner's Marsh! Complete your visit by unwinding for the evening at Maritime Express Cider with delicious food and drinks. Warm up while surrounded by the beauty of this amazing historic space - another great spot for photo taking.

### FOR THE LOVE OF DOGS

Miner's Marsh is a fantastic place for walking your dogs on leash, and during the Fire & Ice Winter Teaser there's a photo booth set up on site for you and your fur friends! After a leisurely stroll, grab some take out from Kings Arms Pub and head home for dinner and a movie snuggled on the couch.

### SHOP IT LIKE IT'S HOT

Kentville Businesses are staying open late on Friday, February 12th so that you can find the perfect gift for your valentine! Drop downtown, park once, and enjoy a stroll around the beautifully lit square as you pop into locally owned and operated shops ready to help you find the perfect item.

[www.kentville.ca](http://www.kentville.ca) & [www.kentvillebusiness.ca](http://www.kentvillebusiness.ca) for more info!



VISIT THE GORGE AT 53 GLADYS PORTER DRIVE FEB 12TH - FEB 15TH AND TAKE A STROLL DOWN THE...

## Trail of Love

THE TRAIL WILL BE FILLED WITH MESSAGES OF LOVE AND COMPASSION, INCLUDING THOSE FROM THE KENTVILLE COMMUNITY!

# Show us your heart, Kentville!

This past year, you decorated your homes and windows to show support for each other throughout some pretty tough times!



So...



We want to see those hearts again! Get creative and use whatever materials you would like to show us how much you love your community and each other!

Put your heart(s) on display from Friday February 12th to Monday February 15th during the Fire and Ice Winter Teaser and to celebrate love and caring in your community! Use the hashtag [#fireandicekentville](https://twitter.com/fireandicekentville) when sharing your photos!

## AVRL NEWS: FOR THE LOVE OF BOOKS

Tim Jackson

This month at the Annapolis Valley Regional Library it's all about the LOVE: the love of books. Specifically, Canadian books. Wednesday, February 17, we'll be celebrating Canadian books all day.

I READ CANADIAN DAY is a national day of celebration of Canadian books for young people. This is a day dedicated to reading Canadian, to raising awareness of Canadian books, and to celebrating the richness, diversity, and breadth of Canadian literature. To help you read Canadian, we've compiled lists of Canadian chapter and picture books. Also on February 17, we will have online readings from children's authors Rebecca Thomas and Shauntay Grant.

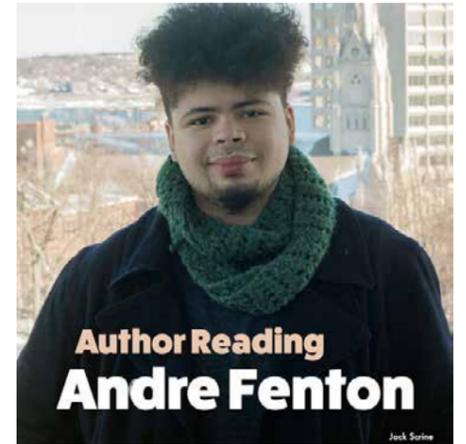
Rebecca Thomas is an award-winning Mi'kmaw poet and author. She is Halifax's former poet laureate (2016-2018) and has been published in multiple journals and magazines. Rebecca will share with us her children's book, *Swift Fox All Along*.

Shauntay Grant is a writer and performance artist from Kjiptuk (Halifax, Nova Scotia). She served as the third poet laureate for Halifax Regional Municipality from 2009 to 2011. Shauntay is a descendant of Black Loyalists, Jamaican Maroons, and Black Refugees who came to Canada during the 18th and 19th centuries. Her love of language stretches back to her storytelling roots in Nova Scotia's historic

Black communities. Shauntay will read from her picture book *Africville*, which won the 2019 Marilyn Baillie Picture Book Award.

On Tuesday, February 16, as a bonus treat to help us celebrate African Heritage Month, AVRL presents a virtual author reading by Andre Fenton, an award-winning author, spoken-word artist, and arts educator. Andre is based in Halifax, and is the author of two YA novels, *Worthy of Love* and *Annaka*. He is currently working on his third novel.

Visit the Annapolis Valley Regional Library website at [valleylibrary.ca](http://valleylibrary.ca), and find out how you can share the LOVE!



<h3>Printmaking Classes</h3>  <p><b>Mixed Media Feb.10-March 3</b></p>  <p><b>Big Prints March 10-31</b></p>  <p><b>Rust Prints April 7-28</b></p> <p><b>Woodblock, Collagraph and Mono Print Classes To Follow</b></p> <p>Further Info: 902-599-3450 Email: <a href="mailto:bjhainstock@gmail.com">bjhainstock@gmail.com</a></p>	<h3>New Work</h3>  <p><b>Hainstock Gallery</b> 1688 Brow of Mountain Road <a href="http://www.hainstockgallery.com">www.hainstockgallery.com</a></p>  <p>Dykeland Series – Near Delhaven 40x46 Oil on Canvas</p>  <p>Run Home Before Dark 48x50 Oil on Canvas</p> <p>Email: <a href="mailto:bjhainstock@gmail.com">bjhainstock@gmail.com</a> Phone 902-599-3450</p>
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**wolfville**

**Nova Scotia Heritage Day  
February 15th, 2021  
Edward Francis Arab**



**Nova Scotia Heritage Day Honouree 2021:**

Lieutenant Edward Francis Arab, born 1915, a grandson of one of the first Lebanese settlers who arrived in Halifax in 1890. As a graduate of Dalhousie University Law, Edward practiced until he enlisted in the army. After being wounded in the battle of the Scheldt Estuary, Holland, he passed away on October 25th, 1944, at age 29.

This Heritage Day, let us honour Edward Francis Arab, his story, and the Lebanese community's experience in Nova Scotia.

**To learn more information you are encouraged to visit:**

- [www.canadianlebanonsociety.ca](http://www.canadianlebanonsociety.ca)
- [www.veterans.gc.ca/eng/remembrance/memorials/canadian-virtual-war-memorial](http://www.veterans.gc.ca/eng/remembrance/memorials/canadian-virtual-war-memorial)
- [www.halifax.ca/home-property/civic-addressing/cultural-districts-halifax](http://www.halifax.ca/home-property/civic-addressing/cultural-districts-halifax)

**Upcoming Public Meeting Dates :**

- February 2 - 8.30 am  
Committee of the Whole Meeting**
- February 11 - 4 pm  
Planning Advisory Committee Meeting**
- February 16 - 6:30 pm  
Town Council Meeting**
- February 18 - 6 - 8 pm  
Virtual Public Open House - Budget 2021-22**
- February 26 - 8.30 am  
Special Committee of the Whole Meeting**

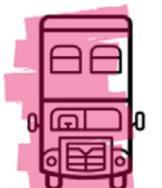
**Westwood Avenue Parking Changes:**

Please be aware that starting February 22nd, 2021, parking will be allowed on the east side of Westwood Avenue from the Acadia University Club south to Park Street.

“No Parking” zones will remain on the entire west side of Westwood Avenue, as well as the east side from Main Street to the Acadia University Club, and from Park Street south.



For any inquiries, please contact the Town of Wolfville  
902-542-5767 / wolfville.ca



## MIKE UNCORKED JAY MALONE AND HIS VIRTUAL COMEDY SHOW!

Mike Butler

It's February: Love Month! Let's discuss one of my absolute loves: COMEDY! The beautiful art of laughter, jokes, farce, and fun has been a staple of my upbringing and adult life and I am very excited to tell you how to shed some winter blues with a Valley comedian and his unique way of pivoting with laughter.

Jay Malone, whom I've known for over twenty years, has always loved making people laugh. "It's the best thing you can do for someone to make them feel better that doesn't require years of education," he says. "I also really love the mechanics of laughter. I like popping the hood and tinkering inside. I like trying to figure out the perfect wording of a piece of material. Comedy is like poetry that way. The best words in the best order...that make you wet your pants. Every comedy set is a love affair that could go horribly wrong at any second but it's just too fun to stop and I'm quite happy I fell into it"

Jay grew up in the Valley but was "schooled" in Toronto, meeting and being influenced by lots of funny people. He learned how to perform, become a performer, and work the audience with the right material. It's a brilliant art form and Jay is a wonder to watch!

As we've all experienced, 2020 was a bit of a dumpster fire but Jay kept smiling and shining. "I became a home school teacher for a few months," he says. "That's not something I expected to happen in my life. And with a four, five, and six year old you can imagine that pivoting provided its challenges. My wife is also in school, on her way to becoming a nurse, so I took over a lot of the daily duties with the precious spawn, while also attempting to provide them an education. Which, as it turned out, ended up being some online yoga, reading, and simple number and memory work tossed in on hiking days. It really wasn't as bad as I like to say on stage, though I'm happy now to finally have the time to get back to doing what I do and leaving the teaching to the wonderful (and trained) human beings at their school!"

I am a bit theatrical and have been missing the stage and live audience atmosphere this past year. For Jay, it's equally difficult because you feed off that connection and audience energy. Well, now he has taken the latest in technology and created a virtual comedy show that you can enjoy in the comfort of your home with family and friends.



From his office in Berwick, Jay is crafting shows for groups to watch at home with their bubbles. All you do is contact Jay, register, get a link, and you're set up to laugh and enjoy a fun night of comedic gold. He says: "If someone sees my show and wants to hire me to perform or speak to their group at a private online event I make sure to chat with them directly well beforehand so we can go over the specifics and I know going in who my audience is. I can easily tailor an hour of comedy for pretty much any group in the English-speaking world old enough to access the wifi without their parents' permission."

"The good thing with my material is that it's very inclusive," Jay says. "I pretty much just throw myself under the bus, which most people seem to enjoy. Oh I'll make fun of your virtual background a bit, but then I'll give you the embarrassing details of my most intimate life moments in order to make you laugh as hard as I can, so no one ever really gets upset at my show. You may shake your head and wonder how I ever got this far in life, but you'll take no offense. I mean who doesn't enjoy watching a grown man freely admit to the many aspects of his own failings?"

This is such a unique venture, and something very special to have in our Valley, so please get ahold of Jay and sprinkle some joy around your bubble. Visit [jaymalone.com](http://jaymalone.com), register for a show, and invite as many people as you'd like - there's plenty of room in the digital space!

All the best Jay and thanks for keeping the Valley in stitches while we adapt to our new world. It's much appreciated! 🍷

## NEW MUSIC: FLESH AND BONE BY KIM JOY LAKE

Emily Kathan

Avondale's Kim Joy Lake has just released her debut album, *Flesh and Bone*. We asked the solo artist some burning questions about the creative process and life as a musician in 2021.

**The Grapevine (GV):** How does it feel to be releasing your first album? How long has this been a goal for you?

**Kim Joy Lake (KJL):** Mostly, releasing *Flesh and Bone* feels incredible. I feel fortunate to have had the opportunity to work with an extraordinarily skilled and supportive group of people and am proud of the collection of songs that we created. It does feel slightly revealing to share my songs with the public, especially when many of them are rooted in personal experiences, but my hope is that listeners will connect with the music and create their own meanings. Since officially releasing the album, I have been touched by friends and family from around the globe reaching out to offer praise and support. It has felt like a way to connect with people that I have lost touch with or have not been able to see recently.

Making an album is not something that I had seriously considered until recently. Music has always been an essential part of my life but writing and playing my own songs was something I generally did in private. Inspired by my kids, who now sing along to an album that their grandfather made 30 years ago, I thought about how cool it would be to have my kids or grandkids singing along to my songs 30 years down the road. Preserving songs felt like an opportunity to pass along stories. I was also inspired by the local music community: people like Jesse Griffith, Kim Barlow, and Terra Spencer, who are committed to creating and sharing music. Jesse Griffith and I started to play music together a couple of years ago, and his playing was unlike anything I had ever experienced. The spectrums of sound that he creates, his musical ear, and his unique playing style were incredibly motivating. He also seemed to understand the feel that I was trying to achieve with my songs and was very encouraging of them. Last winter, we started to experiment with recording with Chase Ross of the The Basin Brothers, and I became motivated by the idea of producing songs and layering sounds. It was not until we were two months into the pandemic, however, that I became determined to make a full album.

**GV:** How long did it take you to write the songs? What is your writing process?

**KJL:** I have written these songs over several years. The oldest song I wrote in 2013, but most of them were written over the past few years, and some as recently as last spring. My writing process varies, but often it is like putting together pieces of a puzzle. I write ideas for lyrics as they come up during everyday life—while cooking supper, walking in the woods, as I am reading. I have lyrics scribbled all over the house on pieces of paper, in journals, saved as voice messages on my phone—it is a bit of an obsession. Then when I am playing guitar or piano, I will improvise with different chord progressions and rhythms until something connects and I find a melody. Then, it is just a matter of fitting lyrics and melodies together. Sometimes, I can sit down, and an entire song will come to me in an hour, but more often, I am adding and chipping away pieces over weeks or months. My husband and I recently read Jeff Tweedy's book *How to Write One Song*, and *War on Art* by Steven Pressfield, which essentially encourages writers to just write! Even when facing resistance and not feeling inspired, just take the time and do it, which is advice that I have been taking to heart.

**GV:** What have been the biggest challenges in bringing this project to completion?

**KJL:** Charles Austin, who we worked with at Ocean Floor Recording in Halifax, told me that making a good album is about getting the right people together, and I think we had the right people together for this project. Each person involved was supportive, easy going, open minded, and talented in their craft, which made for a rewarding and stress-free process. It was mesmerizing to watch masters at work and learn about the various stages of the recording along the way. I was mostly filled



with giddy gratitude from start to end, but if I had to label a challenge, I would say that the final stage of releasing the album presented the steepest learning curve. Largely navigating the distribution and publicity processes on my own, I was faced with a few hurdles: practical, psychological, philosophical, and otherwise. Fellow musicians and Google helped overcome the practical challenges, but the other bumps, I am still dealing with. I struggled with whether to make my music available through streaming services (Spotify, Apple, and the like), knowing that they are threatening the viability of music as a profession. Having never planned to make an income as a musician, my goal for *Flesh and Bone* was to simply share it with the greatest number of people, so I did make the album available on streaming services, but I don't feel great about it. As for releasing the album to the public, I struggle with wanting to remain private, while also wanting to share, so am still trying to find a way to do that that feels comfortable.

**GV:** How did the events of the past year influence the process?

**KJL:** The initial shutdown in March lit a fire under this album. I had played around with recording a few songs earlier in the year, with the intention of making an album eventually, but the pandemic brought some urgency to it. I was suddenly faced with time to focus on music, while simultaneously needing a project to bring order to an otherwise uncertain time. At times it felt scandalous gathering with others to practice or record, but those days have become some of the highlights of my year. The album's title, *Flesh and Bone*, came from the idea of craving human connection, in the flesh, which was a sentiment that ran deep over the summer.

**GV:** What's next for you as a musician?

**KJL:** I plan to continue to do more of the same: write and play as much as I am able and create with other musicians. To me, collaborating with other artists has been the most rewarding part of this process. I love how each person's interpretation and style brings a new feel and element to a piece. It becomes less "my" song and more "ours." I am always open to the influences of other artists and genres, so I am excited to have my sound evolve over time. I have never had a desire to be a "performer," but I do like the idea of presenting these songs live with a band. So, if there is an opportunity to do that down the road, I would take it! Eventually, I'd like to produce another album, but in the meantime, I think my role as a musician will also be to support the artist community more generally. As the new coordinator of Full Circle Festival and a volunteer with Music in Communities, I really see professional musicians and artists as front-line workers that are preserving a culture for future generations, and want to support local engagement with music as much as possible.



*Kim Joy Lake's Flesh and Bone is available at The Spoke and Note in Windsor, Retro Runway Fashions in Wolfville, or online at [kimjoylake.bandcamp.com](http://kimjoylake.bandcamp.com).*

*If you're a local musician with a new record or a story to tell, drop us a line at [editor@grapevinepublishing.ca](mailto:editor@grapevinepublishing.ca).*

## WILLOW BANK CEMETERY NEEDS SOME HELP

Wendy Elliott

Wolfville's Willow Bank Cemetery on Gaspereau Avenue, which was started in 1882, needs some help. The manager is retired and most long-serving members of the incorporated board are hoping to retire too.

Serving on a new board would be a civic contribution, but not a huge time commitment based on previous history. Anyone with family connections or, indeed, anyone with an interest in volunteering can contact W. Elliott by emailing: [welliott@bellaliant.net](mailto:welliott@bellaliant.net).

As a result of Wolfville's growing population prior to Confederation, the Old Burying Ground on Main Street was maxing out in the 1870s. Therefore the Willowbank Cemetery was begun on Gaspereau Ave., over a decade before the town was incorporated. It was set up by a number of the town fathers on nine acres of land donated by J.W. Barss.

The cemetery itself was incorporated in 1916 and then again in 1923 due to changes in the act. George Nowlan donated his legal expertise. The late Senator Morley Welch was manager and secretary treasurer for 30 years. The Morine family of Ridge Road have been involved in various aspects through three generations.



Wolfville also has an Anglican cemetery, dating to 1818, and a Roman Catholic Cemetery on Ridge Road that dates back to 1857.



*Historical information taken from What Mean These Stones?: The Restoration of the Old Horton-Wolfville Burying-Ground and Mud Creek: The Story of the Town of Wolfville, both by James D. Davison*



Leah Visser painting at ArtCan Gallery and Café. Photo by Ron Hayes.

## ARTCAN GALLERY AND CAFÉ IS CELEBRATING 20 YEARS IN CANNING

With lots going on to kick off this milestone year we have a new exhibition in the gallery, several studio art classes and a fully stocked art store! Our passion for art and cultivating creativity is inspired by the community around us and has led ArtCan to evolve into the place it is today.

Chef Michaela Hayes brings her own artistry to the kitchen with a delicious lunch menu of soups, salads, paninis, and homemade sweets. Influenced by the abundance of fresh and local produce in the Valley, Michaela takes care in creating unique dishes from scratch, both to enjoy in the cafe and to look forward to at home. ArtCan catering offers soups, curries, and homemade jams and chutneys, as well as sourdough bread made fresh to order.

Ron and Michaela are excited to have Leah Visser join their staff. She is a recent graduate in marketing at Mount Saint Vincent University and a wonderful artist. Attracted to ArtCan by its creative energy, Leah has thoroughly enjoyed meeting the community of artists, students and customers while assisting in planning an exciting year of events and art shows ahead.

We're featuring local artists in the gallery this year, including photographer Dick Groot, artist



Photo by Leah Visser

and art educator Mary Blatherwick, and painter Simone Labuschagne. In the gallery until April is owner and artist Ron Hayes' *plein air* watercolour exhibition entitled "Wanderlust." The impetus for this new exhibition came about when Ron was reflecting on this unique time and our restrictions on travel. If we cannot go away perhaps we can have an experience through his paintings from various locations. The paintings themselves are not particularly made for exhibiting but are spontaneous impressions as a part of his personal journal: 100 paintings from 20 countries spanning 35 years of travel. 🍷

## ART SPOT: SCOTT CAMPBELL

### In a few sentences, please tell us about yourself:

I was born and raised in Nova Scotia's Annapolis Valley and on the shores of the Bay of Fundy. I earned a Bachelor of Arts degree at Acadia University and then a Master's of Education degree—also from Acadia. I live and work in Kentville but love to travel (when possible) and learn as much as I can about different cultures around the world.

### What is your artistic medium? how did you come to this style?

My artistic medium is ceramics. I was introduced to pottery in 2007 and in 2013 started studying ceramics with Terry Bourgeois-King at Spiral Studio in Hall's Harbour. Over the years I slowly accumulated enough equipment to eventually convert a corner of our barn into a studio of my own.

### Where do you work and where can we find your work?

I work predominantly in my home studio. My work can be found at The Courtyard Arts and Artisans in Annapolis Royal and at Tides Contemporary Art Gallery in Kentville. I also have an online store at [scottcampbellpottery.ca](http://scottcampbellpottery.ca).

### At what point did you describe yourself as an artist? at what time of day do you work on your art?

I have defined myself as an artist at various points in my life with different artistic mediums. I spent a decade writing and producing theatre earlier in my life and considered myself a contributor to that art form. Later on I wrote a lot of fiction and was published and recognized a few times. During that time of my life I considered myself a writer. Even though I do still write, my artistic focus has been predominantly on pottery since 2013. I would probably define myself still as a student of ceramics. There remains a great deal to learn. Because I also have a full-time job as an educator I find that I work on my art whenever I have spare time—whatever time of day that happens to be.



### Why art? Why your art? Why the Annapolis Valley?

I've never been asked (or asked myself) "Why art?". I have no idea. I guess I would have to ask what the other choices were. I don't ever recall making a conscious decision to follow art. From taking art lessons when I was a junior high student to studying art history as a university student and eventually teaching writing skills myself at college—I've never pondered "why?". It was just something that was a part of me that gave me fulfillment and a way to express myself within a community of like-minded people. I have musicians and artists in my family so I guess it's something that has simply been there all my life. Most recently ceramics has been the art form I'm working in. I'd always been interested in artisan-forms so the utilitarian nature of many forms of pottery was something that drew me to it. I spent many of my early years in Annapolis Royal where I was a member of the Annapolis Royal Community Arts Council - led at the time by Sue and Nat Tileston. That close-knit community of artists was where I learned how arts can form the soul of a community. Annapolis Royal was known then—and remains today—as a bastion for arts and artists. I consider myself very fortunate to have spread my artistic wings in that community and continue to enjoy the company of many great artists and artisans in the Annapolis Valley today. 🍷

## VISUALLY SPEAKING

### SHANNON GRAVES JEWELLERY DESIGN

Anna Horsnell

Can anyone ever truly have too much jewellery? Surely not, but deep philosophical questions aside, jewellery seems like the perfect art form to consider in light of Valentine's Day this month. Whether ornamental, functional, or symbolic, these small pieces of wearable art serve a multitude of purposes, including declarations of love.

Waterville artisan Shannon Graves designs and creates a full range of distinctive jewellery including unique rings, bracelets, earrings, and necklaces. About ten years ago another designer kindly showed her the basics. Graves then continued to learn and teach herself from books and online tutorial videos. Four years ago, she began to show and sell her jewellery at local craft shows and various markets. Today her natural talent and artistic eye are more than evident and gaining attention.

Graves' passion for design is obvious, as she explains, "I tend to make several different types of jewellery ranging from classic pieces to those with a more "boho" and organic feel. Free-form styles allow me to play with materials such as copper and silver, usually resulting in some decidedly unique and one-of-a-kind pieces. On the other hand, I also enjoy bead weaving using tiny glass seed beads. While following a specific pattern, this sometimes involves counting the beads while stringing them one at a time. I like the focus necessary with this type of beadwork and how it allows me to shut everything else out for just awhile. I actually find it quite therapeutic. I prefer working on larger, bold pieces that tend to make a statement, regardless of the materials used. I gravitate toward a more earthy palette, but am challenging myself to use a brighter range of colours in my upcoming pieces." What inspires her? "Many different things ranging from items seen in nature to something as simple as the pattern on a piece of fabric, but my most cherished inspiration is the support and encouragement from friends and family, my clients, and last, but not least, my fellow artisans whose faith in my abilities as a jeweller is the driving force behind me. At the



moment I'm working on finding and learning new techniques that I can apply to the new pieces I am planning."

We don't always consider how to care for our jewellery, but it is important. Graves offers several tips, "Keep your jewellery pieces in an airtight container to keep out moisture which can discolour and tarnish most metals. Cleaning jewellery is best done with a soft jeweller's cloth or polishing pad. I find chemical cleaners to be harsh and, if used incorrectly, can strip jewellery of certain finishes." And when it comes to wearing jewellery, she adds, "It's not always necessary to match your jewellery. Wear pieces that compliment each other. Don't wait for a special occasion to wear that treasured piece and let it speak for itself. Finally, remember, sometimes less is more."

Shannon Graves Jewellery will be available at the new Art & Soul store location opening soon in Berwick. She also hopes to return to The Big Red Barn just outside of Berwick once it reopens in the spring. For more information, please email [shannongraves2525@gmail.com](mailto:shannongraves2525@gmail.com).

## VALLEY HOSPICE FOUNDATION

We are grateful to all those who have made donations to Valley Hospice Foundation in October, November and December 2020 to honour these individuals:

### In Memory of:

James "Jim" Emerson Borden  
Tom Bradley  
Thomas Bryan Briggs  
Darryl Clare Brown  
James David Brownlee  
Donna Brownlee  
Jerry Byers and Arthur Byers  
Tanis Bryson  
Lois Burgess  
Alex Colville  
Jacqueline "Jackie" Cowie  
Imelda Darwish  
Wyatt Davies  
Eugene LeRoy "Roy" DeAdder  
Loretta Mae DeAdder  
Carla Fagan  
Derek Field  
Ray A. Francis  
Dr. Brian Garvey  
Robert Gaumont  
Keith Sherman Hall  
Jeannie Hill

Isabel Hurn  
Janke (VanWoerden) Jones  
Clayton Joudrey  
Nancy Kaderka  
Brian Kingsbury  
Ann Lockhart  
Charles MacGillvray  
Colin MacKenzie  
Joy Manning  
Donald McIntosh  
"Mum and Pup" (Morse)  
Neil Leo Murphy  
Bonnie Peck  
Betty Pettet  
J.R.C. Perkin  
Letitia Picken  
Beatrice Virginia Pinch  
Kenneth Pineo  
Brad Reid  
Mary Reno  
Dewitt and Jeanne Rooney  
Christina Ann Marie Romkey  
Pauline Rae Sanford  
Judith Ann Sanford  
Fred Scaife  
Shirley C. Shaffner

Thomas Shaw  
Murray Leroy Sheffield  
Meg Sircom  
Ivy and Robert Slater  
Elizabeth (Liz) Saunders Smith  
James Arthur Smith  
Robert Sowerby  
Keith Spicer  
Tom Stirling  
Peg Taylor  
J. Avery Vaughan  
Gwynneth and Robert Wallace  
Marjorie Pauline Welton  
Isobelle Wilcox  
Katharine Sarah Worten  
Susan Elizabeth Wortmant

### In Honour of:

Michele and Gary Cooper  
Eaton Family  
Donald and Betty Sheehan  
Lori Burgess  
Diana Patterson

A tribute gift to Valley Hospice Foundation honours someone special and will help others who will use the services of Hospice and Palliative Care. Thank you.

Contact: 902.679.3471 or visit [www.valleyhospice.ca](http://www.valleyhospice.ca)

**THURSDAY, FEBRUARY 4**

**45's** – Royal Canadian Legion, Canning 7pm. THURSDAYS! • Open to everyone. Bar is open and Covid-19 rules apply. Come out and have a fun night of cards. **TIX:** \$2 **INFO:** 902-582-3157 / brian.d.hazel@ns.sympatico.ca

**FRIDAY, FEBRUARY 5**

**Working Remotely (virtual)** – PeopleWorx, Coldbrook NS 11am–12pm. ALSO Feb 12, 18, 26 • A virtual workshop to give you tips on how to work easily from home. Email to register or for more info. **TIX:** no charge **INFO:** rspears@peopleworx.ca

**The Melberns** – Crystany's Brasserie, Canning 6–8pm • The Melberns play a wide range of musical genres, covering a little something for everyone. From pop, blues, rock, soul, R&B, funk, country, folk, jazz and more! **TIX:** no charge **INFO:** 902-582-3663 / crystanysbrasserie@gmail.com

**Porch Project!** – Community Hall, West Brooklyn 7–8pm. FRIDAYS & SATURDAYS until April 30 • Porch Project! The West Brooklyn Community Hall, home of the SpeakEasy, invites you to buy your \$10 50/50 ticket Friday and Sat. nights. Don't miss your chance to win \$2000 and help us build our new covered porch and ramp. **TIX:** \$10 **INFO:** 902-542-5424

**Comedian Jay Malone** – Online! 9pm. EVERY FRIDAY! • Award winning standup comedian Jay Malone introduces you to the new LIVE \*digital comedy world with an hour+ of his best material delivered with high energy and beamed directly into your favourite device! **TIX:** no charge (a tip option is provided at the end of the show) **INFO:** http://bit.ly/JayMaloneShow

**SATURDAY, FEBRUARY 6**

**Farmers' Market** – Farmers Market, Wolfville 9am–1pm. SATURDAYS! • Our Saturday morning experience has been around for 27 years and it truly is a staple in our customers' weekend plans. As we move indoors, we are fortunate to be able to continue to provide a safe and welcoming market. **TIX:** no charge **INFO:** wolfvillefarmersmarket.ca

**Youth Winter Adventure Weekend** – Ross Creek Centre for the Arts, Canning 10am–6pm • Campers will learn basic winter survival skills focusing on fire-making, shelter-building and winter navigation – all while building confidence and making friends during this one of a kind outdoor adventure! **TIX:** \$150 (no HST) **INFO:** 902-582-3842 / artscentre.ca/winter

**Try it in Wolfville – Learn to Curl** – Curling Club, Wolfville 1–3pm • Join instructors from the Wolfville Curling Club and learn how to curl! Register for the session, and learn the basics of curling! Once you start to feel familiar with the skills, you can take part in a friendly competition. **TIX:** no charge. \*Registration Required\* **INFO:** 902-599-3693 / recreation@wolfville.ca

**Wayne Parker** – West Side Charlies, New Minas 7–10pm • Come enjoy some live music! **TIX:** no charge **INFO:** 681-9378

**SUNDAY, FEBRUARY 7**

**Mindfulness Meditation** – Town Hall, Berwick 1–2:30pm. SUNDAYS! • Mindfulness meditation group following the tradition of Zen Master Thich Nhat Hanh. All ages and experience welcome. Great stress relief and so much more. If you already meditate or are simply curious, please join us every Sunday. **TIX:** no charge **INFO:** 902-538-8068 (Town Hall)

**Gospel & Jazz w/ Measha Brueggergosman** – Church Brewing Co., Wolfville 7pm • Music in Communities celebrates Black History Month w/ Measha Brueggergosman and her band. The live show is sold out, but you can still watch it online, via Side Door (\$20+tax). **TIX:** Live show SOLD OUT! Online available. **INFO:** sidedooraccess.com/shows

**MONDAY, FEBRUARY 8**

**Resume Crafting 101 (virtual)** – PeopleWorx, Coldbrook NS 11am–12pm. ALSO Feb 22 • A virtual workshop to help you create or update your resume. Please email to register or for more information. **TIX:** no charge **INFO:** rspears@peopleworx.ca

**TUESDAY, FEBRUARY 9**

**Resume and Cover letter** – Community INC, Kentville 10–11am • Let us help you develop a well-written resume and cover letter that will show employers how your skills, experiences and qualifications can contribute to the workplace and meet their needs. **TIX:** no charge **INFO:** 902-679-7469 / irs@communityinc.ca

**Nova Scotia Works Online (virtual)** – PeopleWorx, Coldbrook NS 11am–12pm. ALSO Feb 16, 23 • A virtual workshop to help you get familiar with the new Nova Scotia Works Online digital tool. Please email to register or for more information. **TIX:** no charge **INFO:** rspears@peopleworx.ca

**THURSDAY, FEBRUARY 11**

**Tapestry: Women's Cancer Support Group** – We meet the 2nd Thursday of the month. Please call for time/location. **INFO:** Dorothy, 902-538-3374 / Pat, 902-678-9100 / Margot, 902-542-1466 / margotwithat@hotmail.com

**Storytime Zoom!** – AVRIL Virtual Program Space, Berwick 9:30–10am. THURSDAYS! • Take part in the Storytime Tour! Each week we will have a different host from a different location. Virtual Storytime is for kids and families. Each week, we will sing songs, share books, and more! Registration is required. **TIX:** no charge **INFO:** valleylibrary.ca / 902-538-8060

**Etiquette (virtual)** – PeopleWorx, Coldbrook NS 11am–12pm. ALSO Feb 17, 25 • A virtual workshop to help you learn more about workplace etiquette. Please email to register or for more information. **TIX:** no charge **INFO:** rspears@peopleworx.ca

**FRIDAY, FEBRUARY 12**

(Happy birthday, Mike Butler!)

**We Are Still Here. Remembering. Reaffirming. Resilience.** – St. Mary's University (Virtual) 7–9pm • Saint Mary's welcomes Dr. Angela Davis, who will offer a keynote address and moderated discussion as part of African Heritage Month. This event will take place on Zoom and is open to students, faculty, staff, alumni, and members of the public. Pre-submitted questions accepted at registration. **TIX:** no charge, but please register. **INFO:** Charisma.Grace@smu.ca / smu.ca/blackstudent/events

**SATURDAY, FEBRUARY 13**

**Flower Fairies** – 7 Arts, Greenwood 1–3pm • Make Flower Fairies using beads and wire techniques. 7Arts has all the supplies needed to craft these quirky fairies. Take home kits available. **TIX:** \$10 per person or \$20 for 2 adults and 2 children. Take home kits cost \$10. **INFO:** 7arts@7arts.ca

**BBQ Chicken Dinner** – Lions Club, Berwick 4–6pm • BBQ Chicken Dinner. Curbside pick-up. **TIX:** \$20 per plate **INFO:** 902-844-1440 / tthenley60@gmail.com

**Swing Your Valentine!** – 410 West Brooklyn Mountain Road, Wolfville 8–11pm • String Theory will perform Swing and Latin tunes at The West Brooklyn Speakeasy. There will be a dance floor, cocktails and snacks. **INFO:** 902-542-5424

**An Evening w/ Sarah Pound & John Ebata** – Church Brewing Co., Wolfville 8pm • Treat your Valentine to an evening of romantic melodies, great beer & food. Tickets can only be purchased by the table. Each seat cost \$15/person + HST. Individual tickets not for sale. **TIX:** \$17.25–\$138 **INFO:** eventbrite.ca / churchbrewing.ca

**SUNDAY, FEBRUARY 14**

**Valentines with Inigo Cuartero** – Crystany's Brasserie, Canning 6:30–8:30pm • Valentine's is just around the corner! We are offering a delicious three course meal for dine in and takeout. Contact for details. **INFO:** 902-582-3663 / crystanysbrasserie@gmail.com

**MONDAY, FEBRUARY 15**

**Mental Health in Churches Lectures** – Acadia Divinity College, Wolfville 7–9pm • Join us live online for the ADC 2021 Simpson Lectures with Dr. Helen Noh, Associate Professor at Tyndale University. Lectures are entitled Caring for People with Mental Health Challenges and Promoting Mental Well-Being in Church Congregations. **TIX:** no charge **INFO:** 902-585-2217 / adcinfo@acadiau.ca

**TUESDAY, FEBRUARY 16**

**Celebrate African Heritage Month w/ Andre Fenton** – AVRIL Virtual Program Space, Berwick 7–7:30pm • This year's African Heritage Month provincial theme, Black History Matters: Listen, Learn, Share and Act, recognizes the important legacy of people of African Descent and the long-standing history in the development of Canada. To celebrate, AVRIL presents an author reading by Andre Fenton, an award-winning author, spoken-word artist, and arts educator who has represented Halifax at seven national poetry festivals across Canada. He is an author of two YA novels. **TIX:** No charge. Register in advance. **INFO:** valleylibrary.ca / 902-538-8060

**WEDNESDAY, FEBRUARY 17**

**I Read Canadian Day – Author Reading: Rebecca Thomas** – AVRIL Virtual Program Space, Berwick 10–10:30am • Rebecca Thomas reads from her children's book; Swift Fox All Along, followed by a Q&A. Rebecca Thomas is an award-winning Mi'kmaw poet. **TIX:** no charge **INFO:** valleylibrary.ca / 902-538-8060

**I Read Canadian Day – Author Reading: Shauntay Grant** – AVRIL Virtual Program Space, Berwick 1–1:30pm • Shauntay Grant reads from her children's book; Africville, followed by a Q&A. Shauntay Grant is a writer and performance artist from Kijipuktuk (Halifax, Nova Scotia). Shauntay is a descendant of Black Loyalists, Jamaican Maroons, and Black Refugees who came to Canada during the 18th and 19th centuries. **TIX:** no charge, but registration is required. **INFO:** valleylibrary.ca / 902-538-8060

**Teen Trivia Night: Comic Books and Graphic Novels** – AVRIL Virtual Program Space, Berwick 7–8pm • Use all your random knowledge and play for fun and prizes! Challenge your friends to a game of Trivia, played online with Kahoot! If you are a comic book fan, know the DC and Marvel universe, or read lots of graphic novels, this one's for you. Ages 12 to 17. Registration is required. Prizes for the top three Trivia Masters! **TIX:** no charge **INFO:** valleylibrary.ca / 902-538-8060

**Take Out Luncheon** – United Baptist Church, Port Williams 11:30–1pm • The Loyal Workers of Port Williams United Baptist Church Take-Out Hamburger Soup/Corn Chowder Luncheon! The luncheon will include a bowl of your chosen soup, bread/butter and your choice of dessert (Apple Crisp or Cheesecake). **TIX:** \$10. Call by Feb 15 to order. **INFO:** Carol Ann Burden, 902-542-3681 / Myrtle Merrett, 902-542-2623

**FRIDAY, FEBRUARY 19**

**Jason Dodwell** – Crystany's Brasserie, Canning 6–8pm • Stories of roads less travelled and growing up in the Valley turn into original songs and unique covers. Jason keeps it simple creating a warm ambiance for dining while blending his music with the surrounding conversations. **TIX:** no charge **INFO:** 902-582-3663 / crystanysbrasserie@gmail.com

**SATURDAY, FEBRUARY 20**

**Coldest Night Of the Year** – Centre Square, Kentville 3–7pm • The amazing local support for this nation-wide event is an important part of maintaining Open Arms outreach programs (Drop-in centers, Inn From The Cold Emergency Shelter, Food Programming & Supports, Furniture Bank and more). **TIX:** donation **INFO:** coldestnight@openarms.ca

**B.Y.O.B. Game Night** – Lunn's Mill Brewery, Lawrencetown 4–7pm • BYOB Games Night, RSVP up to 5 people (by email). Bring your own game or play one of ours. Up to 3 hours of fun! Kitchen and Bar will be open! **TIX:** no charge **INFO:** 902-584-2217 / taproom@lunnsmill.beer

**Thunder Kiss** – West Side Charlies, New Minas 7–10pm • The boys are back with some classic rock! **TIX:** no charge **INFO:** 681-9378

**TUESDAY, FEBRUARY 23**

**Reconnecting Through Art** – Rosa M. Harvey Middleton & Area Library, Middleton 10am–5pm • A fun take-home craft kit for adults. This month: Make a "Faux Floral Arrangement". All supplies included. Open to ages 18+. Registration is required. The kits will be created in advance and will be available for pickup, Feb 23–27, at the Middleton Library only. **TIX:** no charge **INFO:** valleylibrary.ca / 902-825-4835

**Nature Ice Art** – AVRIL Virtual Program Space, Berwick 4–4:30pm • Sign up to get a kit, and watch online as Marlene & Angela show you how to create art with Nature & Ice! For ages 5 & up. Registration is required. Please indicate #kits you require and the branch where you will pick up your kit. Pick up the week of February 15. **TIX:** no charge **INFO:** valleylibrary.ca / 902-538-8060

**Virtual Workshop: 12 Questions that Every Board Member Should Ask** – Not-for-profit organizations and their Board of Directors are the engines of community change. Every board member wants to do a good job but is often unsure of what they should focus on and what they should do. We will explore the 12 questions that every board member should ask in order to be the best Board Member possible. **TIX:** \$5 **INFO:** kingsvolunteerresourcecentre.ca

**WEDNESDAY, FEBRUARY 24**

**Trivia Night: Love and Romance** – AVRIL Virtual Program Space, Berwick 7–8pm • This month's theme is all things romantic! Ages 18 and up. Registration is required. Prizes for the top three Trivia Masters! Please provide an email address when you register. **TIX:** no charge **INFO:** valleylibrary.ca / 902-538-8060

**FRIDAY, FEBRUARY 26**

**Andy Webster** – Crystany's Brasserie, Canning 6–8pm • Andy will be playing anything from pop, rock and the blues that he grew up loving in Scotland. **TIX:** no charge **INFO:** 902-582-3663 / crystanysbrasserie@gmail.com

**Women's Winter Adventure Weekend** – Ross Creek Centre for the Arts, Canning 6pm • With environmental educator Jamie MacLean, women from 16–85 will learn basic winter survival skills focusing on fire-making, shelter-building and winter navigation. Make new friends and memories! **TIX:** \$225 for individual cabins, \$175 each if you share. **INFO:** 902-582-3842 / mail@artscentre.ca

**SATURDAY, FEBRUARY 27**

**Torchlight Snowshoe** – Ross Creek Centre for the Arts, Canning 6:30–8:30pm • A firelight adventure to remember! All Ages Welcome! The forest and fields transform into a different world at night. Let our torches guide you through the snowy landscape on this magical tour of Ross Creek's Primrose Path (approx. 2km). **TIX:** Admission by donation, please register at www.artscentre.ca/snowshoe Only \$20 for youth and \$30 for adults. **INFO:** 902-582-3842 / pr@artscentre.ca

**SUNDAY, FEBRUARY 28**

**Jah'Mila: Art vs Reality** – Al Whittle Theatre, Wolfville 1–3pm • Workshop: Art vs Reality **INFO:** musicincommunities.com

**Jah'Mila** – Church Brewing Co., Wolfville 5:30pm • Dinner 5:30pm, Music 7pm. Livestream via sidedooraccess.com **TIX:** \$40 +hst **INFO:** eventbrite.ca

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Reach our readers and be a part of the Annapolis Valley's newspaper:  
sales@grapevinepublishing.ca

**TIDE PREDICTIONS**  
fi Cape Blomidon

Always check this source for accurate tides:  
Canadian Fisheries & Oceans. www.waterlevels.gc.ca

FEB	HIGH	LOW
04	5:50pm	11:34am
05	6:51pm	12:33pm
06	7:21am	1:37pm
07	8:25am	2:42pm
08	9:29am	3:45pm
09	10:30am	4:45pm
10	11:26am	5:40pm
11	•12:18pm	6:30pm
12	1:06pm	7:17pm
13	1:51pm	7:36am
14	2:34pm	8:19am
15	3:15pm	9:00am
16	3:55pm	9:41am
17	4:36pm	10:22am
18	5:19pm	11:05am
19	6:06pm	11:52am
20	••6:57pm	12:42pm
21	7:20am	1:36pm
22	8:16am	2:33pm
23	9:13am	3:28pm
24	10:08am	4:22pm
25	10:59am	5:12pm
26	11:49am	6:00pm
27	12:36pm	6:46pm
28	1:21pm	7:31pm
<b>MAR</b>		
01	2:07pm	7:52am
02	2:53pm	8:38am
03	3:41pm	9:25am
04	4:32pm	10:16am

**THERE ARE NORMALLY TWO HIGH AND TWO LOW TIDES EACH DAY.**  
• Highest High: 44.9 feet •• Lowest High: 36.4 feet

# LET'S MAKE STUFF!

♥ HEART ART ♥ *Happy Valentine's Day* ♥ HEART ART ♥

by Tania and Jack Chipman

## Kandinsky Inspired Heart Art

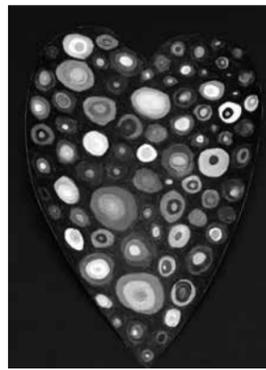
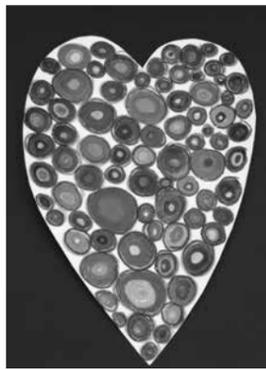
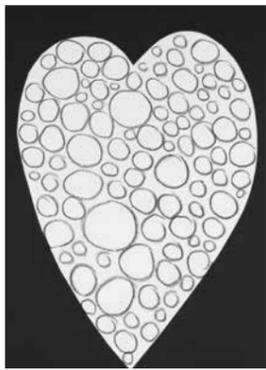
Use Kandinsky's famous concentric circles as an inspiration to create your own heart art.

**Materials needed:**

- Scissors
- White cardstock
- Black crayon or oil pastel
- Watercolour palette

**Instructions:**

1. Cut out a heart shape from the white cardstock.
2. Using the black crayon or oil pastel fill the heart with circles. You can use a variety of circle sizes.
3. Fill the empty circles with watercolour paint. Let dry. Paint circles within circles. Play with different color combinations. Cool shades or warm shades.
4. Using the black crayon or oil pastel fill in the space around the circles.



## 3D "I Love You" Card

Trace your hand on white paper. Colour and cut out. Take another piece of paper and fold it in half to create a card. Glue your hand onto the front of the card making sure to glue your middle two fingers over to create the "I Love You" hand symbol. Give your card to someone for Valentine's Day.



## Pretty Pink Heart Art

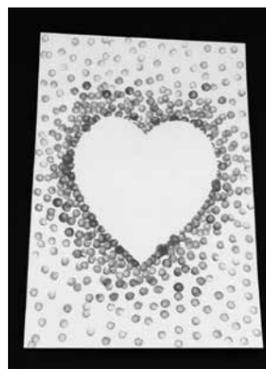
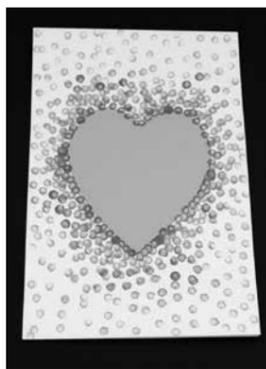
You will be seeing a lot of dots when you finish this heart art!

**Materials needed:**

- White cardstock
- Coloured paper
- Scissors
- Masking tape
- Pink paint (or colour of choice)
- Paper plate
- Q-tip or pencil with an eraser

**Instructions:**

1. Cut out a heart shape from the colored paper. This will be your stencil.
2. Place rolled pieces of masking tape on the underside of the heart stencil. Press the heart stencil onto the white paper.
3. Pour a small amount of paint onto a paper plate.
4. Dip the Q-tip (or pencil eraser) into the paint and start making dots all along the edge of the colored heart.
5. Gradually work your way out from the heart stencil. You may want more dots near the heart stencil and less near the edge of the white cardstock.
6. When you feel you have enough dots carefully remove the colored heart stencil. Let your art dry.
7. You may want to try using your fingertip to make the dots or try other colors or have more than one heart stencil. Have fun!



## Heart Maps – What is in your heart?

Draw a heart on paper. Draw and write what is important to you or things that you love inside the heart. Outline your heart with a black marker. Add color if you wish.

## Friendship Rocks

Using red paint and your thumb, print a heart onto a rock. Let dry. Draw arms, legs, and a face on your heart. Give it to a friend.



## SAPPY Valentine's DAY!

Valentine's jokes curated by Donna Holmes

What did the stamp say to the envelope on Valentine's Day?  
I'm stuck on you!

How did the phone propose to his partner?  
He gave her a ring.

What did Robin Hood say to Maid Marion?  
"Sherwood like to be your valentine."

# At Acadia

Acadia University | 15 University Ave, Wolfville.  
902-542-2201 | Staffed Switchboard. 8:30am-4:30pm.  
agi@acadiau.ca – General Inquiries



## VISUALLY SPEAKING ACADIA'S ONLINE ART EXHIBITION "ALONE"

Anna Horsnell

On February 10, the Acadia University Art Gallery launches its first ever online exhibition, entitled ALONE. This special project presents the artwork of over fifteen professional Nova Scotian artists responding or reflecting on the impacts of the Covid-19 pandemic. Featuring a robust online exhibition, catalogue, and complementary online programming, ALONE is curated by gallery director Dr. Laurie Dalton.

"Around the world museums and artists are documenting this pandemic; ALONE creates the opportunity for professional Nova Scotian artists to be part of this global dialogue through a curatorial project," Dalton explains, "We gratefully received over 50 applications from across the province. Of those selected for the exhibition, there is a varied approach of media and artistic practices. Some works are a direct response to the Covid-19 pandemic, while others take more nuanced approaches around the concept of solitude in their artistic and personal lives."

This past year has taught us many things. One important skill has been how to adapt and evolve to meet the very real challenges we have all faced. Dalton agrees, "As a curator of a university gallery, and as a curator in general we often think about the relationship of artists, objects, and audiences. A central component, historically, has been the physical exhibition: the connections made between objects in an exhibition, the audience, the conversations that occur in the physical space. The original project iteration was going to be both a physical exhibition as well as related virtual/online programming. With the closure of the university campus to the general public this has

posed a challenge for thinking about ways of engaging with and exhibiting works of art. As this project is timely, I did not want to further postpone the project so I made the decision to present the project digitally. This will be the first time the gallery has done this. I am exploring different software and online programs for the project and am excited to see the exhibition take shape!"

Other truths have been held up and brought into sharper focus perhaps. Dalton shares her thoughts: "Visual art is a powerful tool to understand this complex moment in time. I think the pandemic is another reminder of how important the arts are to community, to self, to well-being. There are so many examples of how the arts and artists have helped people through the pandemic, yet many artists and the arts are not properly funded in this province, in Canada, and globally. I would encourage us to support and celebrate artists in our communities, and pay them for their work."

ALONE continues until April 13, 2021. This important exhibition is supported in part by a Harrison McCain Emerging Scholar Award. The full and varied program includes an online exhibition of all the artworks, along with explanatory text, a print catalogue, and related online programming in the forms of artist roundtables and other initiatives. The gallery is sharing updates on how to access the project on their website ([gallery.acadiau.ca](http://gallery.acadiau.ca)), as well as Facebook, Instagram, and Twitter. You can reach the gallery directly at [artgallery@acadiau.ca](mailto:artgallery@acadiau.ca), and on their website and social media channels.

## Random Acts of Kindness

Towards the end of the fall last year, Sharon Allen and Karen Fogarty contacted the Wolfville Home & School Committee about a unique fundraiser they wanted to provide for the school. Their proposition was an online auction, and they'd pretty much already done the majority of work to put it together. They donated the materials, they gave their time, and they shared their expertise in running it all. The community had a lot of fun bidding online for the goods and the funds raised were used to purchase a Gaga Ball pit. Similar to dodgeball, Gaga Ball involves a lot of dodging, striking, running, and jumping (perfect for kids to get some energy out during the long winter). The initiative brought in the funds needed and the Wolfville School kids are already enjoying their new sport! Thank you so much to Sharon and Karen!



This photo taken from Al's collection shows him with a student employee in the projection booth circa 1975.

## FAREWELL AL WHITTLE!

Wendy Elliott

In 1953, Al Whittle became the youngest theatre manager in Canada when he took over the reins at the Acadia Cinema. On January 23, Al died at the age of 91.

Admission to the theatre at that time was 35¢, with 10¢ matinees. The theatre was eventually renovated, increasing its seat capacity to 630 and then expanding from a single to a triple screen experience. Al was involved in every aspect of the theatre's operations, from taking tickets and making popcorn to choosing the films and providing technical assistance for the projector.

Thinking back to his first adventures in Wolfville, he used to say, he was amazed. The downtown back in the 1950s boasted four gas stations and four grocery stores. It was booming, Al said. "Anything you wanted, it was in Wolfville. There were no bars or lounges, so the place for entertainment was the theatre."

The Acadia neon marquee, installed in the late 40's, has become an icon for Wolfville – just as Al was. He once recalled obliging visiting photographers by turning the neon lights on for nighttime shoots.

Al spent his career managing the cinema up until his retirement in 2000. The Spencer family waited until his retirement and put the theatre up for sale.

He became an active volunteer in the community-based drive to maintain the old theatre. In 2002, the Acadia Cinema Co-op, in partnership with Just Us! Coffee Roasters, purchased the building on condition it be named the Al Whittle Theatre. Renovations turned it into a comfortable 160-seat venue, which re-opening its doors in 2004, when the neon marquee was re-lit.

There was a 2013 gala celebration of his contribution to the cultural life of the Annapolis Valley that featured a screening of the 1953 hit musical *Gentlemen Prefer Blondes* with Marilyn Monroe—one of Al's favourite flicks.

Al also spent 55 years as the front man at the Acadia University dining halls, meeting generations of students. No wonder the town and Acadia University lowered their flags to half-mast on the news of his death.



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**MANAGEMENT/PREVENTION OF SPORTS/RECREATIONAL  
INJURIES FOR THE VALLEY COMMUNITY**

Opportunities Fund for Persons with Disabilities program helps people with disabilities prepare for, obtain and maintain employment or self-employment. Funding for training, wage subsidies with employers, self-employment and accommodations may be available.

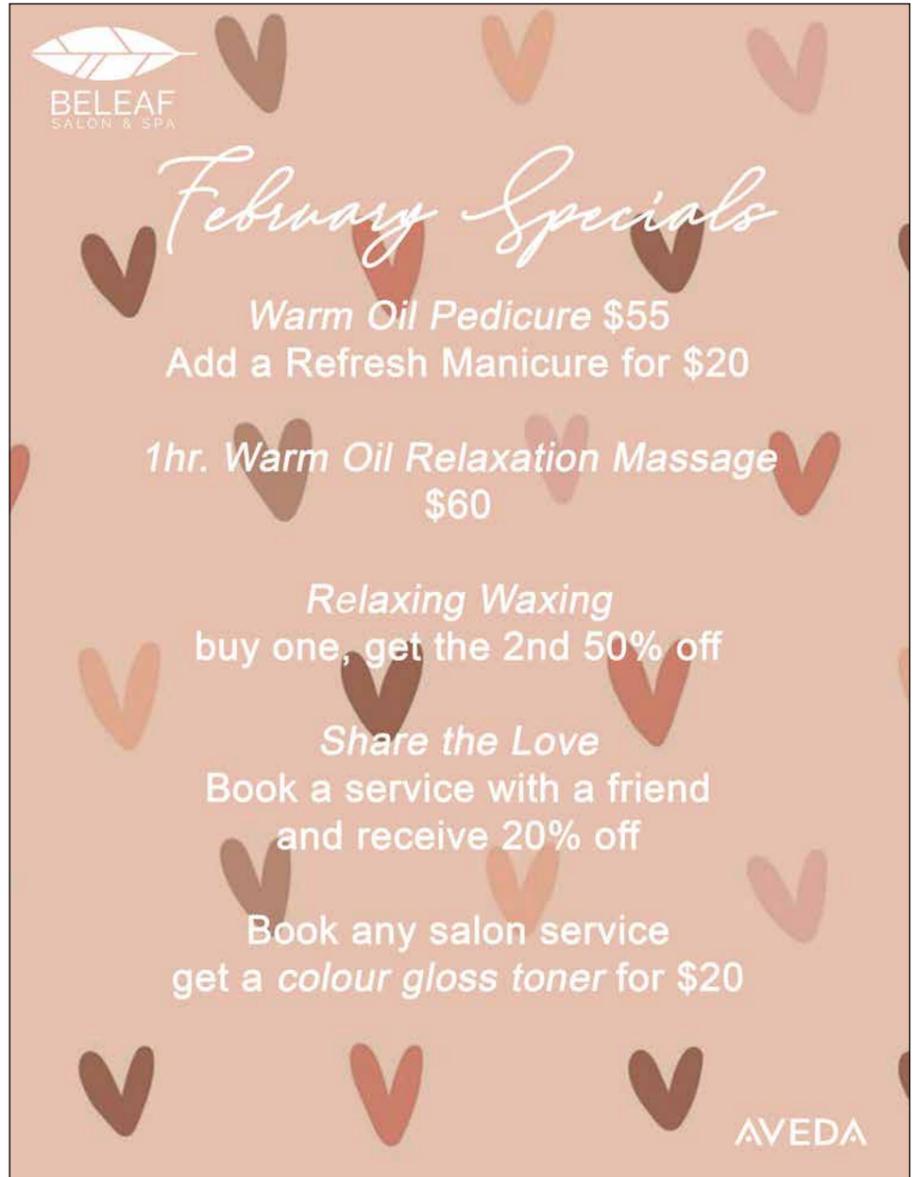
To determine if you qualify please visit your nearest Nova Scotia Works Employment Services Centre, or call toll free – 1-866-868-9673 or email [dnickerson@swemployment.com](mailto:dnickerson@swemployment.com).





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buy one, get the 2nd 50% off

Share the Love  
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Book any salon service  
get a colour gloss toner for \$20

AVEDA

# FUNDY DENTAL

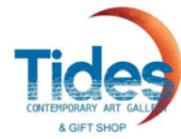
*We're Open:*  
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Closed on Saturday



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We still offer same-day treatment, however, we must follow social distancing precautions and now assign specific times for emergency examination and treatment.

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PLEASE CALL 902-681-9111  
*Thank you and stay safe!*



February 12 Is  
A Special Day  
In Kentville  
For Expressing  
Your Love ...  
It's Your Day




Poetry & Art,  
Flowers & Art,  
Chocolates & Art,  
Dinner Out & Art,  
Unique Jewelry & Art.  
And A Special Card  
with a Tides Gallery  
Gift Certificate.  
Wow!!

## February Feature Artist

Heather Laurie (aka Heavy Metal Heather) is equally as comfortable with a paint brush and canvas, as she is with a welding torch or plasma cutter. Her list of artist materials runs from steel and copper, to bowling bowls, oil barrels, cutlery or chains. Heather's solo show will run through February, highlighted by her Artist Talk at 12 noon, Wed., Feb. 10. Bring a sandwich and enjoy chatting with this passionate Kings County artist.

## New Work In The Gift Shop





And from 11-8 p.m. on February 12, Tides Gallery has a sweet treat for anyone on a Sweet Date. Come on in. Get warm! Get Sweet!

Tides Contemporary Art Gallery  
36 Cornwallis Street, Kentville  
www.tidescontemporaryartgallery.com  
email: tidescontemporaryart@gmail.com



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