

THE GRAPEVINE

ARTS | CULTURE | COMMUNITY

October 2021 | Issue No. 18.09



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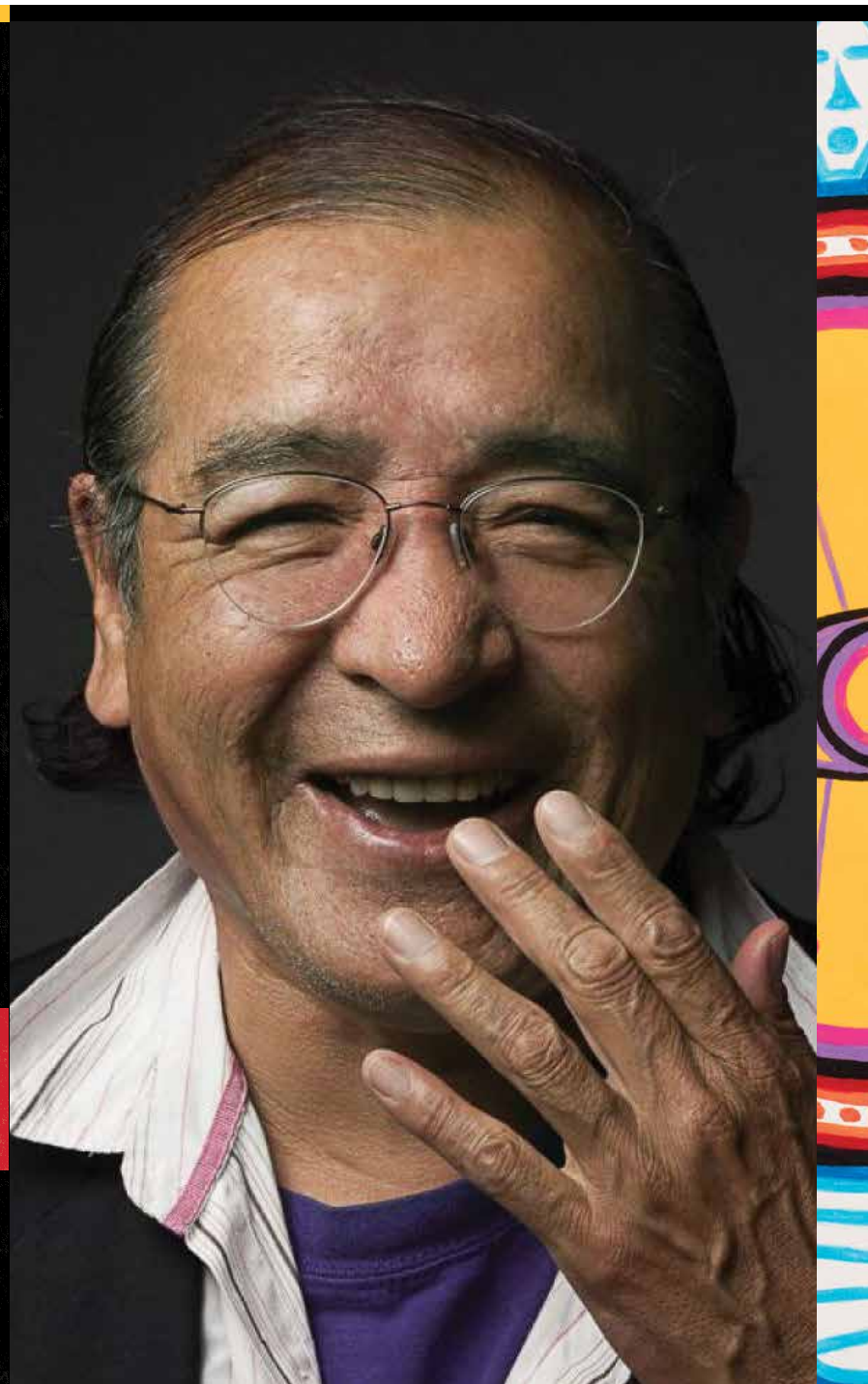
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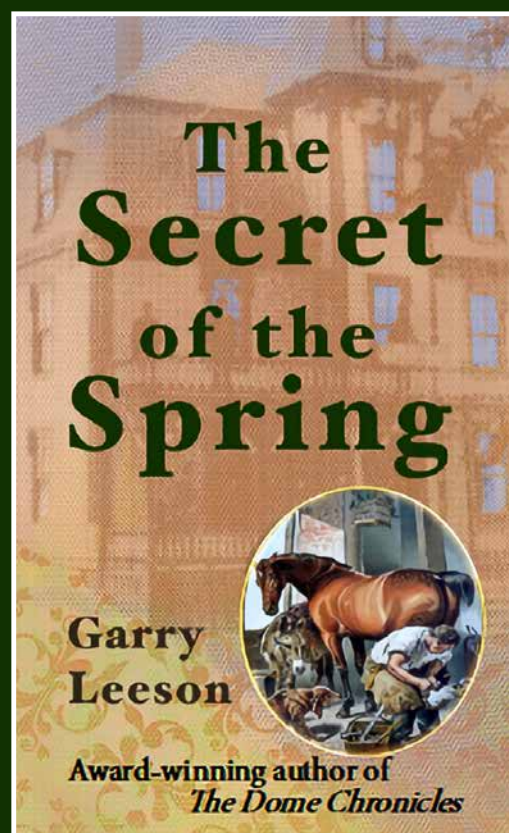
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Photo courtesy of Wolfville Farmers' Market.

MAUREEN MACLEAN WINS DEEP ROOTS VALLEY ARTS AWARD

Submitted

Middleton resident Maureen MacLean is the 18th annual recipient of the Valley Arts Award, which has been given since 2004 by the Deep Roots Music Cooperative. The award recognizes someone who has worked for the development or promotion of Valley artists, arts events, or culture, and has made a significant long-term contribution to the Arts in Nova Scotia's Annapolis Valley.

MacLean was raised in Liverpool, where she received her early music training. Following high school, she continued her musical studies at Mount Allison University. After two years teaching in Shelburne, MacLean became the grade P-6 music teacher at Middleton Elementary School in 1969. She spent 25 years there. As a member of the Nova Scotia Registered Music Teachers Association, MacLean has taught harmony, history, organ, piano, choir, analysis, music rudiments, and accompaniment. She continues to teach students privately.

After three years as accompanist with the Middleton Choral Society (MCS), MacLean stepped into the conductor's role in 1976. She retired from the society 43 years later, just prior to the pandemic. Recognizing that singing is a physical endeavour, MacLean used the first 20 minutes of rehearsals for vocal warm-ups. Borrowing freely from musical friends, she constantly varied the exercises and drills. She would bring in expert musicians to conduct workshops, such as composer Gary Ewer. In 2005, MCS commissioned him to write *Nova Scotia Is Our Home* to celebrate the 400th anniversary of the Port Royal settlement. At the time, Annapolis MLA Stephen McNeil moved a resolution in the House of Assembly: "Therefore be it resolved that all members of the House extend congratulations to the Middleton Choral Society and, in particular, director Maureen MacLean, for all their hard work and effort on launching the premiere performance of *Nova Scotia is Our Home*."

As a singer herself, MacLean was devoted to the Nova Scotia Choral Federation (NSCF) choir camp each summer in Berwick, having attended the earliest one. Tim Callaghan, executive director of the federation, says of MacLean, "she is such a good musician and gentle soul who has been such an amazing supporter of both her community and the NSCF and has shaped the musical lives of countless people in the Valley."

Former choral society member Erin Hennessy of Wolfville added, "Maureen's quiet grace and dedication always paved the way for others to take the spotlight and shine. Her passion for the arts has had a far-reaching ripple effect that spans multiple generations of performers, choristers, and music lovers!"



Photo courtesy of Deep Roots

After settling in the Valley, MacLean studied organ with Clarence Ledbetter, organist at Acadia University, subsequently earning the Royal Canadian College of Organists' Colleague diploma (CRCCO). She is a charter member of the Valley Centre of the Royal Canadian College of Organists, which was formed in 2003. She has served multiple terms on the executive. According to fellow member John Montgomerie, the goal of the centre under her leadership has been to raise the profile of organ playing in the Annapolis Valley. Members gather periodically, he noted, for meetings, recitals, social events, organ crawls and workshops associated with organ and choral music. A fundraising concert for annual scholarships, *Sacred, Secular and Silly*, takes place each spring in a local church. MacLean, who originated these concerts, organized them to feature local organists, as well as singers and other instrumentalists. She served as organist at St. Monica's Church in Middleton and is currently organist at St. Alphonsus Church in Bridgetown.

On hearing of the award, a friend noted that MacLean has "beautifully touched the lives of thousands of people. That's a great legacy."



For further information, visit deeprootsmusic.ca.



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The Nourish Your Roots store is now open at shop.nourishns.ca. Orders can be picked up at community sites across the province between September 28 and October 30, 2021.

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THE GRAPEVINE

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WHO'S WHO

JOHN EBATA & MARY LOU SICOLY: LET'S MAKE MUSIC!

Mike Butler

Well, this is going to be a different kind of “Who’s Who.” I tend to focus on one community member and usually pick someone who is relatively unknown. Well, with this article I’ve chosen not one but two (even three if you think about it) community members who are very well-known and I am so excited to feature their talents and their joyous personalities with you. I am pleased that our venues are opening back up to feature live shows and music again and this is a duo (trio) that you need to seek out to support and embrace.

John Ebata and Mary Lou Sicolý are brave, dynamic musicians and with the help of my friend and theirs, Mark Riley (the third in the THREE I’ve been mentioning) they’ve recently created a pristine music collaboration. They’re doing some concerts and I am honoured to get to tell you all about them and their project. Because Mister Mark Riley was featured previously in the Who’s Who, he’s no stranger to the paper and the community so I’ll let him sit this one out, but Mark is by no means a minor part of this project.

Mary Lou Sicolý is a versatile talent who sings multiple genres, from classical to world to jazz styles. She is a Juno nominee and recipient of the CARAS and TVOntario music awards, and she is equally adept in the recording studio, having written and recorded for children’s albums, jingles, and backup vocals for numerous projects. Her personality is vibrant and infectious, and music is like oxygen to her. You can follow all things Mary Lou at [marylousicolý.com](#).

John Ebata is respected in all the extended categories of musician, songwriter, producer, musical director, arranger, and recording engineer. This man is a top notch performer and a treasure to have here in our Valley. He

was recording engineer for Juno-nominated jazz albums, and has performed and recorded with the likes of Buffy Sainte-Marie and Oscar Peterson. John has popped up in many venues around the Valley and his work is celebrated around the globe. Visit [johnebata.com](#) for more about this very talented man.

In chatting with John and Mary Lou, it was evident that Covid has impacted their careers immensely, but we have all learned to pivot accordingly and come up with new ways to express ourselves and roll with the punches. In the Covid lockdown 2021, in Wolfville, John Ebata proposed the project of singing the world’s favourite male-female duets to Mary Lou Sicolý and Mark Riley. They mutually agreed upon the songs for the album and the process began. The entire album was recorded in their three separate studios, in Wolfville, Greenwich, and Toronto, then mixed and mastered by John at Woodman Studios in Wolfville. Pressing was done in New York and now we have an incredible album to bless our ears and hearts with. *Classic Duets* is something that everyone needs to listen to!

The *Classic Duets* album is a gem, and based on the great versatility of the two vocalists, John, as musical director, created a list of 20 songs , of which nine were agreed upon, and it was decided that an additional three favourites had to be included. Duets are some of my favourite pieces of music: two artists duelling it out vocally to create something beautiful, and then to add a live performance to accompany it, we have gold! I was honoured to see John perform a few times in Wolfville (with Sarah Pound) and now to witness the teaming of Mary Lou with Mark on top of John’s direction is a treat.

Performance dates for this dynamic trio are being announced, including November 10 at



Photo courtesy of Mike Butler

the Church Brewing Company in Wolfville. Visit the websites for ticket options. With restrictions letting up, because we’ve all done such a great job being safe, more projects are in the works.

Mary Lou Sicolý has her upcoming debut jazz album set for release in spring 2022, followed by the album release tours. Mark Riley is currently recording his original album, *P.M. Blues*, and his new jazz album with John Ebata. In addition to producing Mary Lou and Mark’s jazz albums, John has recently collaborated with Measha Brueggergosman to create music for *The Hogtown Experience*.

Their music can be bought locally from each artist and they also each have many videos online from their various projects. In Covid times, artists have to create. It’s their nature to do so, and these three stellar artists haven’t let a pandemic stop the creative juices from flowing. Don’t bother asking yourself if you should see their shows: just DUET! 🥰

FEATUREPRENEUR

EXPLODING ONTO THE SCENE WITH MOLOTOV CUISINE

Genevieve Allen Hearn

Molotov Cuisine is owned and run by Fiona Genevieve Lewis. Lewis describes herself as passionate about cooking with local ingredients and fascinated with fermentation. Her business caters, runs workshops, sells prepared food at markets, and organizes pop-up dining experiences. She is also involved in a meal box program called PieceMeal. The Grapevine asked this multi-faceted entrepreneur a few questions about her new business in the Annapolis Valley.

The Grapevine (GV): Tell us about your company. What compelled you to start your own business?

Fiona Genevieve Lewis (FGL): Molotov Cuisine is based on a passion for cooking with local ingredients, land-to-table, and bringing an explosive taste to every dish. I do everything from selling artfully-made focaccia and chutneys at farmers markets, to catering for events (big and small), to creating upcycled aprons. I grew up in Russia, Ukraine, and China; with that opportunity I was able to experience so many flavours and concoctions that truly inspired me and lit a fire in my belly. My deep Nova Scotian family roots brought me back to the Annapolis Valley. I’ve been in the kitchen since I was knee-high, experimenting and playing with what ingredients can offer. I decided to start my own business when Covid reared its ugly head. Stuck at home, I had the time to reflect and decided to bet on myself.

GV: Do you have a cooking style, or something that sparks passion when it comes to food?

FGL: I’m very passionate about fermenting, preserving, and sun-drying local fresh ingredients while in their prime. By capturing

the summer’s bounty I’m able to bring warm summer notes of flavour to all the dishes I serve in the winter months. I stave off the winter blues by cooking with local, sustainable ingredients all year round.

GV: Describe your workshops. Are they designed for all skill levels?

FGL: My workshops are designed to teach people how to cook sustainably and introduce them to fun methods to do so. Through fermentation, preserving with salt, and infusing oils and vinegars, my workshops are made for people from a zero skill level to people who know how to handle themselves in the kitchen but want a few creative inspirations!

GV: Our theme this issue is Valley Feast. Can you tell us something about the food and farm scene in the Valley that inspires you?

FGL: The whole Valley is such an inspiration to me! My friends at Terra Tonics have such amazing chemical-free produce. They’ve recently started growing elm oyster mushrooms which really excites me, along with other local mushroom providers that have recently been popping up. Mushrooms are such a versatile ingredient. The foraging in the Valley is also phenomenal. I’ve learned to collect my own sumac, hen of the woods, fiddleheads, and even sea asparagus. I’m very much inspired by the rhythms of the land.

GV: You’re also involved in a meal box business. Can you tell us about PieceMeal, and how it came to be?

FGL: I first met Kara Friesen, the founder of PieceMeal, while gleanng a field at Terra Tonics last October. It’s been wonderful



Photo courtesy of Fiona Genevieve Lewis

working with her helping create her vision for PieceMeal’s meal kits. I create the recipes for the meals we provide, based on what local produce is in season. I try to keep the recipes fun and creative, showcasing how vegetables can truly be the star to your meal and introducing a few fun cooking techniques along the way.

GV: For our readers that love cooking: what is one piece of advice you would give to help keep things creative in the kitchen?

FGL: Don’t be afraid to get experimental with your food waste! Those fruit scraps can be turned into a flavoured vinegar, those parmesan rinds can be frozen then tossed into a creamy soup to add an extra punch of flavour, and those leftover squeezed lemons can be used to make a citrus stock!!

🥰

Molotov Cuisine will be holding a pop-up event on October 22, 6pm-10pm at Avalon Gardens in Black Rock, celebrating the migrating full moon. The pop-up will include a huge array of appetizers and zakuski, live music by local musician Cristian Quirivan, and bonfires to light up the night sky. Get your tickets now at [molotovcuisine.com](#).

Rob Breznsky's
FREE WILL ASTROLOGY

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ARIES (March 21-April 19): Aries poet Anna Kamieńska said her soul didn't emanate light. It was filled with "bright darkness." I suspect that description may apply to you in the coming weeks. Bright darkness will be one of your primary qualities. And that's a good thing! You may not be a beacon of shiny cheer, but you will illuminate the shadows and secrets. You will bring deeper awareness to hidden agendas and sins of omission. You will see, and help others to see, what has been missing in situations that lack transparency. Congratulations in advance!

TAURUS (April 20-May 20): "There is something truly restorative, finally comforting, in coming to the end of an illusion—a false hope." So declared author Sue Miller, and now I'm sharing it with you, Taurus—just in time for the end of at least one of your illusions. (Could be two, even three.) I hope your misconceptions or misaligned fantasies will serve you well as they decay and dissolve. I trust they will be excellent fertilizer, helping you grow inspired visions that guide your future success. My prediction: You will soon know more about what isn't real, which will boost your ability to evaluate what is real.

GEMINI (May 21-June 20): Afghan-American novelist Khaled Hosseini writes, "People mostly have it backward. They think they live by what they want. But really what guides them is what they're afraid of—what they don't want." Is that true for you, Gemini? The coming weeks will be an excellent time to meditate on that question. And if you find you're motivated to live your life more out of fear than out of love, I urge you to take strenuous action to change that situation! Make sure love is at least 51 percent and fear no more than 49 percent. I believe you can do much better than that, though. Aim for 75 percent love!

CANCER (June 21-July 22): "Sometimes dreams are wiser than waking." Oglala Lakota medicine man Black Elk said that, and now I'm passing it on to you. It's not always the case that dreams are wiser than waking, of course, but I suspect they will be for you in the coming weeks. The adventures you experience while you're sleeping could provide crucial clues to inform your waking-life decisions. They should help you tune into resources and influences that will guide you during the coming months. And now I will make a bold prediction: that your dreams will change your brain chemistry in ways that enable you to see truths that until now have been invisible or unavailable. (PS: I encourage you to also be alert for intriguing insights and fantasies that well up when you're tired or lounging around.)

LEO (July 23-Aug. 22): "Don't hope more than you're willing to work," advises author Rita Mae Brown. So let me ask you, Leo: How hard are you willing to work to make your dreams come true, create your ideal life, and become the person you'd love to be? When you answer that question honestly, you'll know exactly how much hope you have earned the right to foster. I'm pleased to inform you that the coming weeks will be a favorable time to upgrade your commitment to the work and therefore deepen your right to hope.

VIRGO (Aug. 23-Sept. 22): "To be truly visionary, we have to root our imagination in our concrete reality while simultaneously imagining possibilities beyond that reality." This shrewd advice comes from author bell hooks (who doesn't capitalize her name). I think it should be at the heart of your process in the coming days. Why? Because you now have an extraordinary potential to dream up creative innovations that acknowledge your limitations but also transcend those limitations. You have extra power available to harness your fantasies and instigate practical changes.

LIBRA (Sept. 23-Oct. 22): "Some people are crazy drunk on rotgut sobriety," wrote aphorist Daniel Liebert. I trust you're not one of them. But if you are, I beg you to change your habits during the

next three weeks. According to my reading of the astrological omens, you have a heavenly mandate to seek more than the usual amounts of whimsical ebullience, sweet diversions, uplifting obsessions, and holy amusements. Your health and success in the coming months require you to enjoy a period of concentrated joy and fun now. Be imaginative and innovative in your quest for zest.

SCORPIO (Oct. 23-Nov. 21): Scottish Poet Laureate Jackie Kay, born under the sign of Scorpio, writes, "It used to be that privacy came naturally to everybody and that we understood implicitly what kind of things a person might like to keep private. Now somebody has torn up the rule book on privacy and there's a kind of free fall and free for all and few people naturally know how to guard this precious thing, privacy." The coming weeks will be a good time for you to investigate this subject, Scorpio—to take it more seriously than you have before. In the process, I hope you will identify what's truly important for you to keep confidential and protected, and then initiate the necessary adjustments. (PS: Please feel no guilt or embarrassment about your desire to have secrets!)

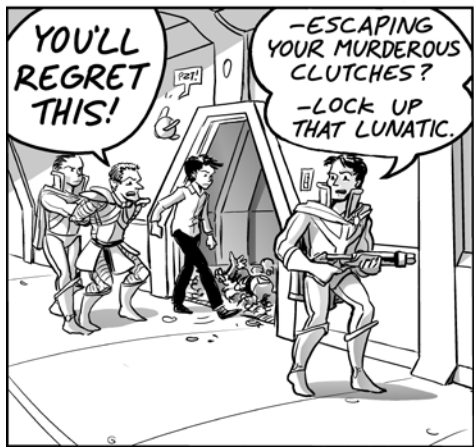
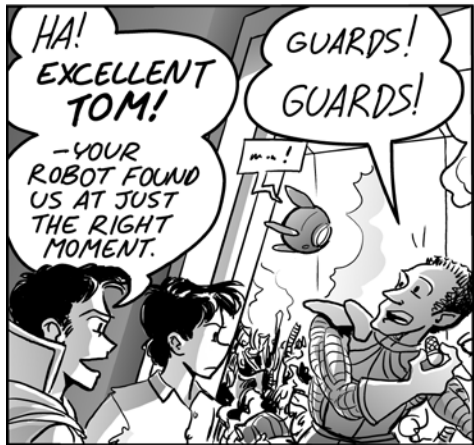
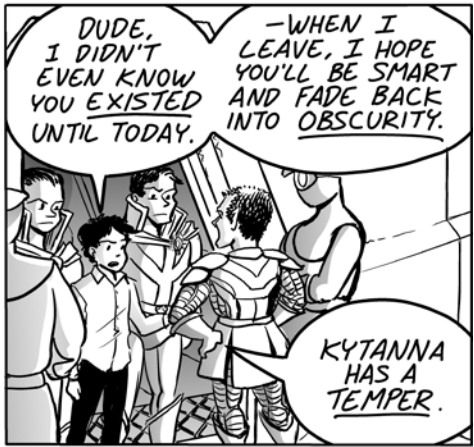
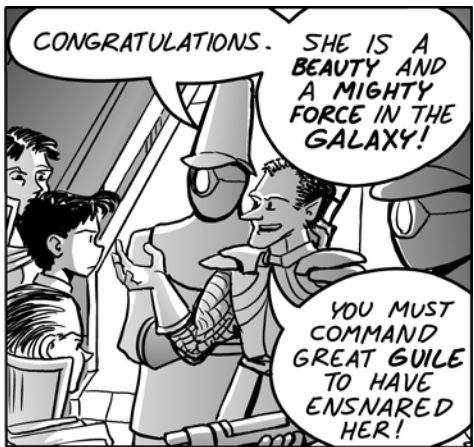
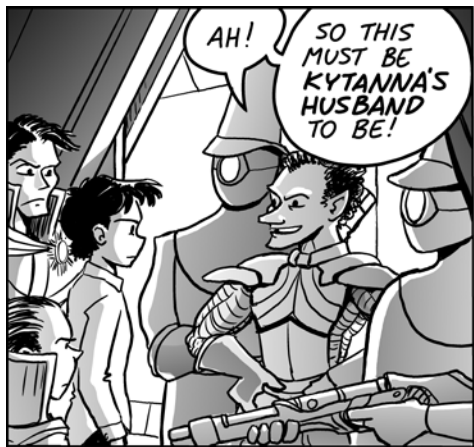
SAGITTARIUS (Nov. 22-Dec. 21): "All our Western thought is founded on this repulsive pretense that pain is the proper price of any good thing," wrote feisty author Rebecca West (1892-1983). I am very happy to report that your current torrent of good things will NOT require you to pay the price of pain. On the contrary, I expect that your phase of grace and luck will teach you how to cultivate even more grace and luck; it will inspire you to be generous in ways that bring generosity coming back your way. As articulated by ancient Chinese philosopher Sun Tzu, here's the operative principle: "Opportunities multiply as they are seized."

CAPRICORN (Dec. 22-Jan. 19): "If you don't ask, the answer is always no," declares author Nora Roberts. In that spirit and in accordance with astrological omens, I urge you to be bold and lucid about asking for what you want in the coming weeks. In addition, I encourage you to ask many probing questions so as to ferret out the best ways to get what you want. If you are skilled in carrying out this strategy, you will be a winsome blend of receptivity and aggressiveness, innocent humility and understated confidence. And that will be crucial in your campaign to get exactly what you want.

AQUARIUS (Jan. 20-Feb. 18): "Few persons enjoy real liberty," wrote poet Alfred de Musset. "We are all slaves to ideas or habits." That's the bad news. The good news is that October is Supercharge Your Freedom Month for you Aquarians. I invite you to use all your ingenuity to deepen, augment, and refine your drive for liberation. What could you do to escape the numbness of the routine? How might you diminish the hold of limiting beliefs and inhibiting patterns? What shrunken expectations are impinging on your motivational verve? Life is blessing you with the opportunity to celebrate and cultivate what novelist Tim Sharp calls "the spectacular now." Be a cheerful, magnanimous freedom fighter.

PISCES (Feb. 19-March 20): The brilliant Piscean composer Frédéric Chopin (1810-1849) wrote, "I wish I could throw off the thoughts that poison my happiness, but I take a kind of pleasure in indulging them." What?! That's crazy! If he had been brave enough and willful enough to stop taking pleasure in indulging his toxic thoughts, they might have lost their power to demoralize him. With this in mind, I'm asking you to investigate whether you, like Chopin, ever get a bit of secret excitement from undermining your own joy and success. The coming weeks will be a favorable time to dissolve that bad habit.

Homework: Hold your own hand and tell yourself what you will do to end a nagging discomfort in your life. <https://Newsletter.FreeWillAstrology.com>.



MARGOT’S HIDDEN GEMS
HERITAGE AND FARM MARKETS

Margot Bishop

Our heritage is a feast. The farmers, fishermen, hunters, gatherers, along with the land, rivers, lakes, bays, mudflats and orchards, all being part and parcel of our ancestors’ gifts to us. These resources and the knowledge of how to produce food from them, should be considered a feast. A feast celebrating all that we are and can be.

Our roadsides stands and farm markets are full of wonderful products and produce from our lovely Valley. Some are tiny stands at the end of a farm lane, with the hope that the trust and honesty of most people will protect it. Others are in sheds or covered wagonettes in the corner of a field. Still others are bigger, with places to park and enjoy the surrounding views.

The ones that you enjoy the most are a purely personal choice, but they all offer a feast. Not just of the things for sale, but also for some visual effects too, like the chickens crossing the road or the sheep and goats putting their noses to the wire fence. Some places even have food dispensers, so that the children can feed the farm creatures.

With the Thanksgiving holiday fast approaching, we can ponder a “hidden gem” that is sometimes forgotten. It is the Northville Farm Heritage Centre, 1158 Steadman Road, near Billtown, under the brow of the North Mountain. This wonderful spot has been the site of many feasts. Even during these trying Covid times, the picnic tables are always

open to use. On Wednesdays, there is usually a working “bee” with volunteers on site doing repairs and upkeep on the buildings and equipment. During the cold months, there are card parties on Wednesday evenings. Planned events are family-friendly and a great deal of fun. Unfortunately, “the 100 Mile Food and Fibre Festival” in September had to be cancelled due to Covid restrictions. Hopefully, it will happen next year, with all the craft drinks, sheep shearing, and sheep dog trials making a very pleasurable day for the whole family. The blacksmith shop is always an interesting place to see. If you cannot make it to a planned event, but really want to see a great collection of farm implements and learn something of past ways of farming, you may call Art V. at 902-678-2296 for an appointment.

This farm centre is always a feast of knowledge. My ‘tapestry’ group (cancer support) has gone there for a place where we can relax and carve pumpkins for Hallowe’en. This year will make it twice that we have used the facility. I always learn something about the marvelous items that have been collected and donated. Stage Prophets (theatre group) has borrowed wonderful things for the production *Fiddler on the Roof*.

A feast may mean different things to different people, but getting together to celebrate food and family and friends is always a good thing. Stay well, so that we may continue to enjoy our Valley feasts. 🍷🍷

— Bernard Irvin

THE FREE CLASSIFIEDS

This section works on a first-come, first-served basis. Email your classified to: listings@grapevinepublishing.ca and, if there's room, we'll get you in. Or, to reserve a placement, pay \$5 per issue (3-issue minimum commitment). Please keep listings to 35 words or less.

DONATE/VOLUNTEER:

In-Person Piano & Voice Lessons: Susan Dworkin is a resident of Wolfville and for the past 30 years has offered professional, qualified music education to children and adults of all ages. Susan is a professional classical singer and pianist and instructs voice and piano technique. (special Covid-19 protocol in place for everyone's safety and protection). Limited space. Call for details. **INFO:** susanlisadworkin@gmail.com / 902-300-1001 / armonicmusicstudio.com

Forest Play Fall Program: For children ages 3-5. 6-week session starting Oct 12. Tuesdays & Thursdays, 9:30am-12:30pm. We'll be playing, learning and growing in the Kentville Gorge. Brought to you by Flying Squirrel Adventures & Town of Kentville **INFO/Reg:** valleyflyingsquirrel.wordpress.com/forest-play-program/

Nature Play & Learn: Fun and informative outdoor time for all. 3rd Saturday of the month (Oct 17), 10-11:30am. This month: Forest Ecology and tree ID in Kentville. **INFO:** valleyflyingsquirrels@gmail.com

You Can Do That Here - Try Speed Skating: The Annapolis Valley Speed Skating Club offers Learn to Speed Skate, Skills Development, Recreational and Competitive programs. New programs starting in October. **INFO:** valleyspeedskating@gmail.com

PRODUCTS & SERVICES:

Little Piggies Reflexology: Now taking bookings for Reflexology at the Landing Spa in Canning. Mon & Wed, 10am-5pm, you can book Marie's marvelous hands to soothe away stress and pain. Feet, hands, faces or all three together and Indian Head Massage infused with Reiki are Marie's specialties. Call the Landing for a booking. **INFO:** 902-582-1718 / littlepiggiesreflexology.com

Professional Branding, Logo and Web Design, Writing, Translation, & Training: Helping you convey your message effectively since 2006. We offer a remarkably responsive, dependable, and results-driven approach. **INFO:** 902-691-2932 / michaelgabrielcommunications.com

Errands by Karen Home Blood Collection: At home Blood Collection has resumed, as well as Errand Services! CoVid screening measures are in effect. Over 25 years experience in blood collection. Please call or

email to book an appointment. **INFO:** 902-790-2626 / errandsbykaren@hotmail.com

Live Joyfully in a Well-Designed Home: With a focus on sustainability (of our planet and your resources) Deborah Nicholson Decor+Design will guide you with creative solutions for new builds, renovations, and updates. **INFO:** deborahnicholson.ca/ 902-691-2931

Interior Painting and Cabinets: Women in Rollers is the Valley's full-service decorating company. We do accurate quotes, show up on time, and perform to perfection. We even leave your home neat and tidy! We have great references! Complimentary design and colour consultations. Call today for your free estimate. **INFO:** Pamela, 902-697-2926

Lizanne Hanks Astrology: Affirmation, inspiration, perspective. Your life is utterly unique and written in the stars. Astrology can help you find your bearings. **INFO:** novascotiaastrologer.ca/ novascotiaastrologer@gmail.com

Get it Published!: Layout and design of books, covers, posters, brochures, and more. E-books too! Reasonable rates and ultra-reliable service. **INFO:** david@textanddesign.com / textanddesign.com

GENERAL:

Commercial Space - Downtown Wolfville: 144 sq ft within Wolfville Massage Therapy Clinic available September 1, 2021. Suitable for complementary practice or (quiet) business. Reasonable rent. To inquire, please call. **INFO:** 902-542-4228

Annapolis Valley Quakers: Annapolis Valley Quakers meet for worship every Sunday, 1:30-2:30pm, St. John's Parish, 164 Main St., Wolfville. Since Quakers' faith is one of first-hand experience of the Divine (which can have many names), we have no designated priests or ministers. During our weekly Meeting for Worship, we wait in expectant silence. Ministry may come from anyone who is moved by the Spirit. All are welcome! Zoom is available. Please email for the link. **INFO:** clerk@annapolisvalley.quaker.ca / annapolisvalley.quaker.ca

EXHIBITS:

Hodge-Podge: Jack's Gallery, Wolfville. Through October 30 • A Collection of Watercolour Paintings by Pat Shattuck. **INFO:** jacksgallerywolfville@gmail.com



CONCERTS-IN-WAITING: FOOD FOR THE SOUL

Janet Kirkconnell

As this issue of *The Grapevine* goes to press, it is not yet known if the green light will be given to the Sunday Music in the Garden Room concerts waiting in the wings. A full 2021-22 season of chamber music is at the ready. Over the past 18 months, Covid-19 has muted live music on the Acadia campus, following the necessary exclusion of the public, and even students and staff for a long time, from the university grounds. Many people have lamented not being able to attend the Sunday Music concerts, and have expressed the hope that they will soon be able to.

What is in store for October, should the green light be given? On October 17, on Homecoming Weekend at Acadia, pianist Walter Delahunt, a Wolfville native with an extensive career internationally, is scheduled to play works of Bach (*English Suite No. 2 in A minor*), Beethoven (*Sonata in E minor, op. 90*), and Robert Schumann (*Fantasiestücke, op. 12*), in a concert in memory of Felicita Kalejs, who taught in Acadia's School of Music from 1949 to 1979.

An intriguing variant to the usual Sunday Music fare is the concert on October 24, presented in partnership with Debut Atlantic: The Dinuk Wijeratne Trio, a world-music ensemble composed of pianist, composer, and conductor Dinuk Wijeratne, percussionist

Nick Halley, and Tom Easley, one of Eastern Canada's finest jazz bassists, will bring a program in which traditional and contemporary classical influences, world music, and jazz are performed seamlessly, piano-led and improvisation-based. Wijeratne is probably one of Canada's most established classical composers, and his works are performed frequently. Acadia's Performing Arts Series provided a taste of these five years ago, when the Afara String Quartet performed his stunning *Two Pop Songs on Antique Poems* that he had written for them. His works have been heard in the Sunday in the Garden Room series, too. He has won JUNO and ECMA awards, as well as the Masterworks Arts Prize, and the SOCAN Jan Matejcek Award, to mention a few.



For more information: artsacadia.acadiau.ca. Time: 2pm. Place: the Garden Room of the K.C. Irving Environmental Science Centre, 15 University Ave., Wolfville Admission: free

Registration (contact information), proof of full immunization, and masks required. Space will be limited.

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HARVEST FOR HEALTH: TASTES OF EUROPE

Valley Regional Hospital Foundation Makes Plans for Scans!
Mike Butler

The Valley Regional Hospital Foundation is at it again with their most ambitious fundraising campaign ever! Health services are so important here in the Valley and, as we know, a lot of machines and equipment and essential pieces needed to aid our health get old, outdated, and eventually need replacing. In 2019 the Valley Regional Hospital Foundation (VRHF) executed a virtual cooking class fundraiser to purchase a new C-Arm for the hospital. It was very successful! This year, the campaign is bigger because the equipment needed is larger. Are you ready to help out and have fun!?

The Valley Regional Hospital Foundation Harvest for Health Virtual Cooking Show Extravaganza kicks off in the coming weeks, with tickets available in early October and it's a fundraiser that's too delicious and fun to pass up! With the aid of many volunteers, Fund Development Coordinator Hillary Webb has organized a scrumptious, easy to follow group of cooking classes you can purchase individually or as a package and enjoy at home with friends and family. Do you want to learn how to cook from some of the Valley's top chefs? Do you want to make fun, healthy, tasty dishes that add a lot of flavour to the palate? Do you want to see the cutest host ever (me!) try to whisk eggs and fail miserably? This is the show for you!

The Valley Regional Hospital is in need of a new CT Scanner. This elaborate piece of essential equipment performs 16,000 scans each year, or 45-50 a day! The current scanner is in working order but has seen better days and you can only imagine the backlog if this machine were to go kaput. The VRHF is launching the million-dollar-plus campaign of Harvest For Health Virtual Cooking to secure this piece of equipment and it's going to be a huge success with your help. Patrons from last year are already chomping at the bit to be a part of the Tastes of Europe themed shows which include Chef Amy Steeves (Italy), Chef Stéphane Levac (Spain), Chef Chris Pyne (France), and Chef Peter Dewar (Germany). You'll be given recipes and instructions on how to create a three-course meal fit for families and individuals and you're given a link to watch the chefs in action as they walk you through the cooking process, offering tips and



Photo courtesy of Mike Butler

tidbits for the kitchen. Hillary Webb and myself are your hosts and it was an incredible experience to be a part of this fundraiser again. We had too much fun and too many cream-based desserts (if that's possible!).

A huge thank you to all those businesses that stepped up and supported and sponsored the chefs during the tapings. At the time this is printed we would like to thank Donna Conrad Real Estate, Copperstone Financial, Still Fired Distilleries, Media Partner 89.3 Rewind, Maritime Express Cider Co., Annapolis Valley Wellness Centre, Planter's Ridge Winery, Sea Level Brewing, Absolutely Fabulous at Home, and NSCC Kingstec for the use of their beautiful kitchen for taping! Keep an eye out as more sponsors and support are announced in the coming weeks! Thanks everyone and Bon Appetit!

Show packages are available and if you purchase the pack of four shows, you receive a bonus Christmas cooking episode starring Chef Jason Lynch, which will be filmed at The Inn at the Winery in Grand-Pré, and his country of cooking choice is Switzerland (there will be chocolate!). You can visit vrhfoundation.ca for all the details on how to support and purchase. You can email hillary@vrhfoundation.ca with questions. Thank you in advance for your support of this very important campaign. Tickets go on sale as of October 1, 2021! 🍷👨🍳

BOOKS BY LOCALS

Wendy Elliott



Laura Best's A Sure Cure for Witchcraft

In *A Sure Cure for Witchcraft*, set in the 1700s, young Lilli's plight takes front and centre. This is a multi-century story of healing and friendship by Forties resident Laura Best. She has written six works of fiction. Her first young adult novel, *Bitter, Sweet*, was published in 2009 and short-listed for the Geoffrey Bilson Award for Historical Fiction for Young People. In 2020, Laura's first novel for adults, *Good Mothers Don't* appeared. This year she has completed two novels, *The Family Way* and *A Sure Cure for Witchcraft*.

Wendy Elliott (WE): You started writing at the age of 10, what do you love about it?
Laura Best (LB): For me, writing has always been about expression and creativity. I firmly believe that we all create in one way or another. For me, I have always felt a connection to the written word. So many times, during my life, writing has been my refuge.

WE: "You have two books of fiction that came out this year. Are you producing more?"
LB: I have another middle grade novel that is slated for publication in the fall of 2022 and right now, I'm working on a young adult novel.

WE: Do the issues you write about make you passionate about societal concerns like broken families, poverty, and unwanted babies?
LB: I have always felt passionate about social concerns and all the injustices in the world. So I think it's more that I feel passionate about these issues and it is why I write about them.

I'm a champion of the underdog, always have been.

WE: Do you have a favourite amongst your books or is it always the next one?
LB: While I have a few characters from my books that stand out for me, I'm not sure I could choose a favourite book. *Good Mothers Don't* is perhaps the book that I feel a greater sense of accomplishment with, as there were many times during the writing of it that I doubted whether or not I'd ever reach a point where I was satisfied with the story. But I do enjoy a challenge because I know that the reward at the end is always worth it. It is a special feeling when you hold your published book for the first time.



Paul Dunn's The Flawed

Paul Dunn has been living in the Annapolis Valley for over 25 years. His novel, *The Flawed*, was self-published in August.

Something's not right in the Solar Complex. The villagers grow old and begin to forget. They forget their world wasn't always like this, and they weren't always cursed by the Darkness. A malevolent and mysterious figure, The Giver of Lies alone prospers among the struggling villagers. As the decline deepens, the search for answers becomes more desperate. Gathering what aid he can, Darius, the huntsman, leads those not yet touched by the curse on a hunt more vital than any before.

The Flawed is available in paperback, hardcover, and ebook at Amazon.ca. 📖👤

6TH ANNUAL FAIRY WALK

Black Rock Trails, Saturday October 9, 1:00pm – 4:00pm

On Saturday October 9, the Black Rock Trails Association is hosting the sixth annual Fairy House Walk. This is a Covid-safe outdoor family event using the short trail starting at the trailhead at 4404 Black Rock Road, Black Rock, and allowing those who are young at heart to walk the fairy woods and build fairy houses. Unfortunately the Covid-sensitive fairies cannot provide a tea this year.

The tradition of Fairy Houses has its roots on a few islands off the coast of Maine. For decades people were inspired to create whimsical houses made from natural things for fairies to visit. It is easy to feel the presence of fairies in the quiet of the woods when the sunbeams float through the sea mist and shine on the mosses and ferns of the wood. Surrounded by nature and her colours, shapes and textures, one is inspired to create these small houses

with roofs, soft floors, dishes, and acorn cups. Perhaps the fairies are hidden between the layers that the woods reveal to us as we create a small gift by leaving a shelter for the little folk (adapted from Barry and Tracy Kane's *Fairy...Houses Everywhere!*).

Follow the Purple Trail, see if you can find the fairy houses. Look up in the trees as well as on the woodland floor. Use your imagination and create a shelter using surrounding materials: twigs, stones, leaves, and bark. Some of these items have been left beside the unfinished houses for you so you can make a natural home for fairies to visit.



For more information contact Irmgard: 902-538-8714, email: irmlipp@gmail.com

OPERA LOVERS' ALERT

The Metropolitan Opera's Live in HD transmissions are starting up again on October 9, but the Cineplex powers-that-be in Toronto have deemed only Halifax Park Lane, Dartmouth Crossing, and Bridgewater worthy of getting the whole season. What New Minas, so far, will be getting are the encores, starting with *Boris Godunov* on November 6, followed by the exciting new opera *Fire Shut Up in My Bones* on November 20, *The Magic Flute*, December 11, and *Eurydice* January 15. HOWEVER, if enough local opera buffs shower the head office with complaints (customercontact.com/submit-complaint) perhaps they will change their minds.

Farms Wanted

Are you considering selling your country property or farm this year? For the past 26 years, we've been selling farms throughout Nova Scotia. Right now we have qualified buyers looking for farms in the Annapolis Valley. So if you've got a farm you want sold, please give us a call for a no cost, no obligation market evaluation. We need hobby farms, horse farms, farm estates, organic farms and vineyards, too. Thanks

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TICKETPRO

Thursdays, 7:45 - 9:30pm
October 7 & (Fri) 29 - Ridge Stile Park, Wolfville
October 14 - Landscape Grand Pre View Park
October 28 - Kings County Museum, Kentville

DINO DISCOVERY

Kentville

Pumpkin People Festival
October 2nd - 29th, 2021

Where to find major displays

*Major display locations are indicated on the map, other Pumpkin People may be found elsewhere in Town.

Map by Kirsten Duncan, 2021

THE GREAT PUMPKIN Palate Pleaser

Where to find major displays

Visit Kentville's downtown restaurants and cafes on the map for a pumpkin themed special during the month of October!

THE GREAT PUMPKIN PALATE PLEASER

GET 3 STAMPS & SUBMIT FOR A CHANCE TO WIN!

To celebrate the Pumpkin People Festival, Kentville's foodie destinations are offering a pumpkin special during the month of October.

A stamp is received upon purchase of any Great Pumpkin Palate Pleaser treat, dish, or beverage.

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Take a photo of your stamped card and send it to communications@kentvillebusiness.ca or via Facebook messenger on the @kentvillebusinesscommunity Facebook page

Submissions accepted until November 5, 2021

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Friday, October 15 @ 7:30pm **Kentville SCARES** Jerome the Gravekeeper will be joined by Kentville ghosts to share stories of Kentville's dark past.

All events are FREE and take place in Kentville's Centre Square.

For inquiries, contact info@kentvillebusiness.ca



Photos courtesy of Scott Campbell



DINNER OUT: GERRISH AND GRAY

Scott Campbell

I just love it when I walk into an eating establishment that is thoroughly steeped in local history and tradition yet manages to offer up one of the most innovative and exciting dining experiences I've had in a long time. Gerrish and Gray manages to do just that.

Gerrish and Gray—located, you guessed it, at the corner of Gerrish and Gray in Windsor—opened their doors on September 19. They offer a great lunch menu but I chose to take advantage of the “late lunch” which is available from 4:00 to 8:00pm on Thursday, Friday, and Saturday nights. A varied list of small plates is available and, sadly, I couldn't try them all. However, my experience with the ones I did have completely sealed the deal that I'll be back again very, very soon to try everything that I couldn't get to the first time.

My dining partner and I carefully went through the menu and eventually were able to make some choices. Our server, Katie, was very helpful in helping us navigate the menu and offered some valuable information about the sizes of some of the dishes. Our selections were the Caesar salad, the Brussels sprouts, the G&G nachos, the flatbread, and the scallops. We also opted to have dessert. We're two big eaters and this was the perfect amount of food to leave both of us completely satisfied.

Any time I go to a new restaurant I try to have the Caesar salad. It's sort of my touchstone dish. If a place can do a great Caesar salad I think that says a lot. And this Caesar salad certainly had a lot to say. The house-made dressing was fresh and vibrant and covering the lettuce perfectly. The asiago and lardon made it outstanding.

Brussels sprouts and I have a tangled history where I wouldn't eat them as a child but have learned to enjoy them as an adult. I wish my mother had provided Brussels sprouts like these ones in my formative years. They were as packed with flavour as anything I've ever eaten. Baked to perfection and seasoned in such a way as to make the earthy flavour of the sprouts highlight the exciting spices that accompanied them.

The flatbread was one of the highlights for me. I don't quite know where to start to describe this dish. It consisted of poached pears—delicious, pesto—outstanding, prosciutto—so good, and Gorgonzola—creamy, smooth heaven. However, this dish was much more than the sum of its parts. If I had to guess, there was some sort of magic happening when the Gorgonzola was mixed with everything else. A big bite of the flatbread resulted in a burst of

flavour that was completely unlike any one of the ingredients. This is definitely something that must be tasted to be appreciated.

The G&G nachos was another dish that I found completely surprising. I've eaten a lot of nachos in my day. The crispy nacho chips and the gooey melted cheese always delight. But the G&G nachos offer a little bit more. The avocado dressing and the cilantro lime sour cream create a flavour combination that is as tasty as it is unexpected. The freshness of these two dressings alongside the rich cheeses and moist chicken create a palate-punching surprise that will delight you. And I have to point out here—I generally refer to myself as being on the side of the room that doesn't enjoy cilantro. But this awesome dish certainly left me doubting my allegiance to that group.

I love scallops. Always have. So it actually takes a lot to make me really stand up and take notice of a scallop option. A scallop, pan-fried quickly, seasoned lightly is a thing of beauty. So I was eager to try this interesting-sounding scallop dish. I love it when someone ups the bar on something when I thought the bar was already at its fullest. I think the coconut chipotle cream was the secret weapon. It did a great job of heightening the full, rich flavour of the scallops while managing to somehow offer a kick of heat (from the chipotle) that launched it over the top. The crunch of the almonds offered up another interesting angle to this delicious dish.

Anyone who's read my Dinner Out articles will know that I'm a big fan of dessert. I like elevated complex desserts and I like ones that take their brilliance from the sheer perfection of execution of a basic dish. The pumpkin pie did that. House-made and offered simply with some fresh berries and whipped cream, this was a perfect finish to our wonderful dinner.

Gerrish and Gray also offers a fantastic selection of coffees and other libations, but my recommendation has to be to try something that is coming out of that kitchen. Chef Norm Samways and pastry chef Steph MacNeil are creating some spectacular culinary creations, and co-owners Ben Bennett and Conrad Mullins definitely deserve a shout-out for helping to bring this newest dining destination to Windsor. Do yourself a flavour favour and try this fantastic place as soon as you can. Cheers.

Follow Scott
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Avon River Heritage Museum

17 Belmont Road, Avondale/Newport Landing



AvonRiverHeritage avonriverheritage.com



Over the last two years our team has been working behind the scenes, finding new ways to keep connected to our community through private tours, outdoor events, collecting and sharing oral histories relating to the Avon River through a series of interviews called **Meet the People in our Neighbourhood**, and by taking full advantage of our recent accreditation status with the **Association of Nova Scotian Museums**, devoting our time to digitizing our entire collection, making our artifacts accessible online at novamuse.ca. Pictured above is our curator, *Carolyn van Gorp*, and October's Artisan in Action, *Zacchary Paul*, who shares his story of what brought him to the Avon River area and the valuable work he does with **Treaty Truckhouse 2**.

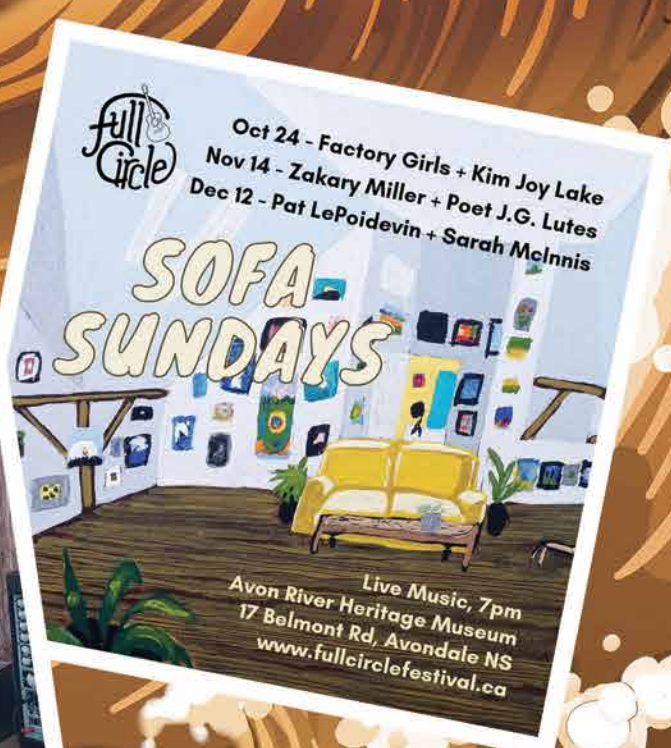


This season we were able to make the most of our outdoor assets, presenting a slightly scaled back version of our monthly pop-up market series, **Artisans in Action**. September's **Paint Avondale** brought many people out to explore our community, while artists created live on site. Picture above is volunteer *Donna Smith*, who encouraged visitors to walk the 2km loop and see all of our **Artisans in Action**. Painters *Kirsty Benedict* and *Suzanne Hastings James* both found their inspiration in the **Avondale United Church** and the freshly painted **Avondale Sky Winery**.

Like every year since 1998, we kicked off our 2021 season with Hants County's flagship art show, the **Great Little Art Show**, which was extended throughout the entire summer season with visitors booking private tours of the art gallery & museum and many visiting the collection virtually at avonriverheritage.com. Pictured below is artist *Joy Howell* seated in the gallery, showing off her acrylic painting, **Peregrine Falcon**.



This July we marked the 30th anniversary of **Wharf Day** by asking everyone to celebrate the **Newport Landing Waterfront Park** in their own way. Some DIY Wharf Day suggestions were mud sliding, frisbee, kite flying, picnicking, fishing, swimming, boating, washer toss, yoga or just relaxing and watching the tide come in and out. We're happy to share that the community took us up on all of our suggestions and to our delight musician **Zakary Miller** and friends surprised us with a performance on the lighthouse stage and then, following an impressive display of fireworks, local jam band **The Avondaliens** kept us grooving for the remainder of the evening.



Thanks to our community partners **Avon River Arts**, the **Full Circle Festival** and **North Along the Shore Jamboree** our **Avon Spirit Shipyard** welcomed many visitors for the **Honey Harvest Festival** and **Turning the Tide**. We're happy to share that this fall we will collaborate again to present 3 more intimate showcases upstairs in our **Artists Landing Gallery** and our weekly **Open Studio** drop-in sessions are being extended through to December. **Sofa Sundays** kicks off at 7pm on October 24th with performances by **Factory Girls** and **Kim Joy Lake**. Check out our calendar of events as activities are being added regularly. Pictured above is poet *Chad Norman*, who read from his manuscript **B And Boy**, funded through the **Canadian League of Poets**.

THIS AUTUMN GET OFF OF THE BEATEN PATH AND EXPLORE THE AVON RIVER



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Dr. Gail Eskes (Dalhousie University) and Dr. Ryan Wilson are experienced psychologists who have designed an online masterclass to teach how memory works and explain the science behind making memory better. The program will involve online learning materials, small group help sessions and 3 online workshops for discussion and questions. We'll focus on individual goal setting, skill building and practice, practice, practice!

This 3-Part Series will take place Online

Mon. Nov. 8th
Mon. Nov. 22nd
Mon. Dec. 6th
12pm-1pm



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Older Adult Fitness

Our Fitness Group for Adults 55 and up continues!

First Class: Monday, September 27th, 2021 - 9 am - 10 am



Older Adult exercise and fitness helps extend life, improve quality of life, increase mental health and much more!

All you need to participate is a comfortable pair of shoes.

When: Every Monday and Wednesday from 9:00-10:00 am
September 27th - December 15th, 2021

Location: Wolfville Lions Club, 36 Elm Avenue

Cost: \$55.00 for the full 12 weeks or a drop-in fee of \$3.00 per class.



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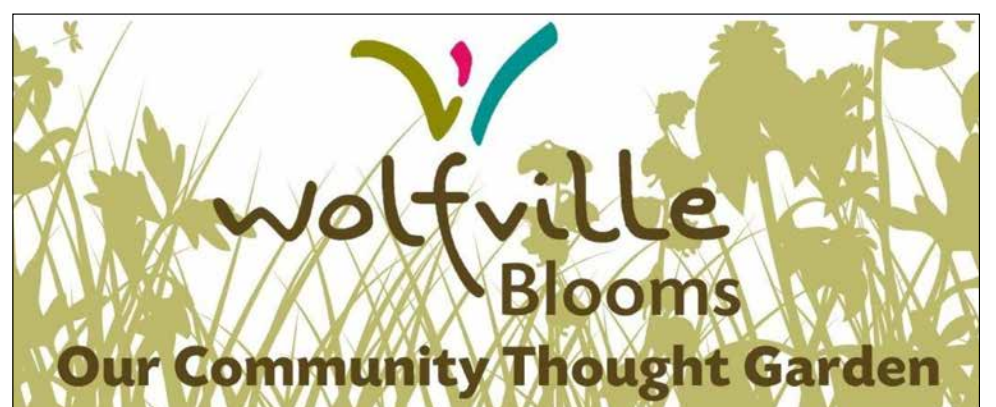


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VISUALLY SPEAKING: ARTIST DAWN OMAN

Anna Horsnell

A large decommissioned church looms large on the corner of Granville and Washington Streets in Bridgetown. Within this cavernous space of polished wood and stained-glass windows lies the wondrous home, studio, gallery, and shop of artist Dawn Oman. This is a place of joyous colour and positive energy begging to be explored.

In Oman’s own words, her artwork is “whimsical and colourful, immediately recognizable from the subject matter.” She loves spontaneity and never knows what she will create next until inspiration strikes. What begins as an original painting on paper or canvas may spill happily on to her hand-painted tiles, ceramics, and furniture. And that is just the beginning. Oman has a long-standing relationship as a licensed artist with a multitude of companies such as Canadian Art Prints and Kanata Blankets. Her designs grace a line of giftware, from prints, cards, and calendars to umbrellas, blankets, scarves, jewellery, making her art easily accessible in stores worldwide as well as her shop.

Oman was born in Yellowknife in the Northwest Territories and is of First Nations heritage. She knew she wanted to be an artist from the age of five and simply followed an insatiable appetite to learn all she could from drawing, knitting, and embroidery, hungry for all things creative. She was always drawn to colour, even learning how to spin and dye wool to that end, but her design work began with pen and ink drawings, until she discovered acrylic paint. The world of colour opened before her. She started doing large craft shows where her talent was quickly recognized, opening doors to ever-increasing opportunities. As she explains, she didn’t chase this career. She simply did the work and the world of art found her.

Over the years Oman’s designs have been selected for important commissions, including Canada North Airlines, the Royal Canadian Mint, the Canadian Consul General, UNICEF, and Coca-Cola. Most recently, her work was chosen for the Journey to the Arctic installation in the Shanghai IAPM mall including two large sculptured polar bears specifically painted with her design. The bears will be coming home to Canada eventually and hopefully will take up residence in Bridgetown.

The gallery and shop are full of Oman’s trademark designs influenced certainly by the North, but with her own personal approach expanding into floral patterns and now impressions of Nova Scotia. There are her famous polar bears and beluga whales as well as cats, fish, and golden rabbits. There are



Image courtesy of Dawn Oman

northern lights and healing women, but there are also lighthouses and dories. No matter the subject, past, present, or future, Oman’s brushstroke is evident in her playful approach to life.

The Bridgetown church is undergoing extensive renovations, which miraculously do not interfere with the gallery or shop. Bright red vertical siding trimmed with Oman’s colourful artwork will no doubt create a new landmark for the town. The transformation also includes space for vacation accommodation, and a concert venue with incredible acoustics. For full details on the artist and her work, upcoming events, and more, visit dawnomanart.com or email dawnoman@gmail.com. 🐾

TUESDAYS & SUNDAYS MARITIME TOUR

PEI’s Kitbag Theatre brings “The Tuplin Play” to the Al Whittle Theatre Submitted

Prince Edward Island company Kitbag Theatre brings its previously sold-out hit *Tuesdays & Sundays* to the Al Whittle Theatre on October 14 and 15. The production will also tour to six other venues throughout Nova Scotia, New Brunswick, and PEI.

Written by Canadian playwrights Daniel Arnold and Medina Hahn, *Tuesdays & Sundays* is inspired by the true story of William Millman and Mary Tuplin, and the tragedy that shook the community of Margate, PEI in 1887. We first meet the young lovers as blank slates, recalling, one piece at a time, their lives, their home, and each other. They relive their eager, reckless courtship, and the wrong turn it quickly takes. With each memory recalled, the thread of their story unravels quickly, almost faster than they can keep up. Mary and William can only watch and breathe as inevitability takes hold.

Though the play has been toured extensively across Canada and internationally, Kitbag’s initial production of *Tuesdays & Sundays* at the Watermark Theatre in November 2020 was its PEI premiere. Across the province at the time, word of the “Tuplin Play,” as it is known locally, spread so quickly that tickets sold out within days of going on sale.

The 1887 tragedy of Margate came back to national press in 2016 when Mary Tuplin’s remains were finally properly laid to rest. Many descendants of the Tuplin and Millman families still reside in PEI, and it is imperative to note that this piece is merely inspired by this tragedy. As the playwrights put it, “it is by no means the true story—for the absolute truth will never be known.”



Tuesdays & Sundays stars Jacob Hemphill and Melissa MacKenzie, and is directed by Rebecca Parent. Hemphill, MacKenzie, and Parent are co-founders of Kitbag Theatre. The show will play at the Al Whittle Theatre on October 14 at 7:30pm, and October 15 at 2pm and 7:30pm. Sponsored by L’nuey and Stewart McKelvey Charlottetown.

Tuesdays & Sundays Tour Dates:
 October 6-9: Watermark Theatre, North Rustico PE
 October 12: Capitol Theatre, Moncton NB
 October 14-15: Al Whittle Theatre, Wolfville
 October 20: Lunenburg Opera House, Lunenburg
 October 22: Kings Theatre, Annapolis Royal
 October 24: Musquodoboit Valley Bicentennial Theatre, Musquodoboit
 October 29-30: Bus Stop Theatre, Halifax



Ticket information is available at linktr.ee/kitbagtheatre.

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IN OCTOBER

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THURSDAY, OCTOBER 7

Teen Time – Community Centre, Greenwood 6–7:30pm
• Ages 13–18. Let's play Ultimate Frisbee! Covid-19 safety requirements apply. **TIX:** no charge **INFO:** 902-765-1494 / lindsay.mccormack@forces.gc.ca

FRIDAY, OCTOBER 8

Playful Pals Play Group – TWO LOCATIONS: New Beginnings Center, Greenwood 9:30–11:30am / Community Centre, Woodville 9:30–11:30am • An opportunity to have parent-child interaction and a chance to meet other families. Sing songs, have finger plays, play in the gym, and more. **TIX:** no charge **INFO:** 902-678-5760 / family.centre@kcfrc.ca

Nova Scotia Works Online (in-person) – PeopleWorx, Coldbrook NS 11am–12pm. ALSO Oct. 20, 9am & Oct. 28, 2:30pm • Learn what Nova Scotia Works Online is, how it will help you as a job seeker, and how to get started. **TIX:** no charge **INFO:** Kade, 902-679-7472 / kmcmullin@peopleworx.ca

Resume Skills – PeopleWorx, Coldbrook NS 3–4pm. ALSO Oct. 18, 2:30pm & Oct. 25, 9:30am • Create an effective resume by exploring how your skills and qualifications can be presented, various resume formats and templates, NSW Online, and more. **TIX:** no charge **INFO/Reg:** Kade, 902-679-7472 / kmcmullin@peopleworx.ca

Youth tgif – Community Centre, Greenwood 5:30–7:30pm • Ages 6–12! Pizza and a dance party! **TIX:** \$7 w/Recreation Card, \$10 w/o Card **INFO:** 902-765-1494 / lindsay.mccormack@forces.gc.ca

Guy Paul Thibault – Crystany's Brasserie, Canning 6–8pm • The essence of the east coast music scene: A song, a story, and a laugh. **TIX:** no charge **INFO:** 902-582-3663 / crystanysbrasserie@gmail.com

Under the Gazebo KentvilleSings! – Centre Square, Kentville 7pm • Sing along with the 'Music in Communities' Pop-up Choir in three-part harmonies. **TIX:** no charge **INFO:** info@kentvillebusiness.ca

Karaoke – West Side Charlies, New Minas 9pm–12am. WEEKLY! • Come sing your favourite song! **TIX:** no charge **INFO:** 681-9378

SATURDAY, OCTOBER 9

Wolfville Farmers' Market – Farmers Market, Wolfville 9am–1pm. WEEKLY! • A Saturday morning experience that is a staple in our customers' weekend plans. **TIX:** no charge **INFO:** 902-697-3344 / info@wolfvillefarmersmarket.ca

Farmers Market – Farmer's Market, Annapolis Royal 9am–1pm • Fresh local produce, artisan bread, Spirits and Beer and much more. **TIX:** no charge **INFO:** manager@annapolisroyalfarmersmarket.com

North Mountain Market – United Church, Harbourville 9:30am–1pm **TIX:** no charge **INFO:** nmountainmarket@gmail.com

Fundraiser – Windermere Community Hall, Berwick 10am–3pm • Ticket auction, raffle, and 50/50 draw. Proceeds will be shared by the Community Hall & Cancer Society. Covid Safety Protocols will be followed. **TIX:** no charge **INFO:** 902-389-2399 / brucebeattie155@gmail.com

Harvest Show and Shine Car Show – Centre Square, Kentville 10am–2pm • Open to Classic Cars with special interest. Prizes for the top entries. **TIX:** donation **INFO:** 902-679-6237 / info@kingscountymuseum.ca

Splash Art Show – 7 Arts, Greenwood 12–4pm. Wed to Sat 12–1pm • Art exhibit featuring Jane Beal's eclectic body of work with a variety of mediums. **TIX:** no charge **INFO:** 902-321-9572 / 7Arts@7arts.ca

Fairy Walk – Community Center, Black Rock 1–4pm • Black Rock Trails Assoc. is hosting the 6th annual Fairy House Walk. A Covid safe outdoor family event using the short trail starting at the trailhead at 4404 Black Rock Rd. The young at heart may wish to build fairy houses. **TIX:** donation **INFO:** 902-538-8714 / irmlipp@gmail.com

Twin Flames – Kings Theatre, Annapolis Royal 7:30–9:30pm • Indigenous artists Twin Flames build bridges across cultures, continents, and styles. The husband and wife duo of Chelsey June and Jaaji. **TIX:** \$30 Adult (+ tax/fee), Youth FREE **INFO:** 902-532-7704 / boxoffice@kingstheatre.ca

SpeakEasy – Community Hall, West Brooklyn 8–11pm • We welcome back the Jill Hiscock Group with their smooth jazz and R&B! Reservations are required. COVID-19 rules apply. **TIX:** \$10 **INFO:** Ruth, 902-542-5424

Pumpkin People Seniors Bus Tour – Centre Square, Kentville 8:30–4:30pm • Jump on the bus for a tour of the Pumpkin People sites in Kentville! **TIX:** \$35 with lunch, \$25 without **INFO:** 902-679-2536 / vic@kentville.ca

SUNDAY, OCTOBER 10

Artisans' Market – United Church, Harbourville 12–4pm **TIX:** no charge **INFO:** NMUTArtisansMarket@gmail.com

MONDAY, OCTOBER 11

Thanksgiving Turkey Dinner & Supper – Forties Community Centre, New Ross 3–4:30pm • Turkey dinner, with all the trimmings, dessert/tea/coffee. Local entertainment sponsored by Canadian Heritage. Proudly part of Oktoberfest celebrations! Covid regulations apply. Eat in or take out. **TIX:** \$14 adult, \$7 ages 5–12, \$3 under age 5 **INFO:** 902-689-2612

GriefShare – New Hope Wesleyan Church, Kentville 7–9pm. WEEKLY EVENT • Help and encouragement after the death of a loved one, GriefShare is a weekly seminar and support group designed to help you rebuild your life. We know it hurts, and we want to help. **TIX:** no charge **INFO:** 902-670-9288 / gerrits.bernadine@gmail.com

Mindfulness Meditation – Transcend Holistic, Windsor 7–7:45pm. WEEKLY! • This trauma-informed practice teaches mindful breathing exercises and consciousness to help ground you and bring relaxation while restoring your energy supply. **TIX:** donation **INFO:** 902-702-7836 / novadiacreativewellness@gmail.com

TUESDAY, OCTOBER 12

Family Matters Dempsey's Corner Trip – Dempsey Corner Orchards, Aylesford 10–11:30am • Apple and pumpkin picking, a wagon ride and a snack. **TIX:** no charge. Pre-registration is required. **INFO:** 902-584-2210 / fm.acfrc@gmail.com

Cover Letters (Virtual Webinar) – PeopleWorx, Coldbrook NS 10:30–11:30am. ALSO Oct. 19, 3:30pm & Oct. 26, 1pm • In this webinar, we will discuss different types of cover letters, formats, submitted electronically, and some samples. **TIX:** no charge **INFO:** 902-679-7472 / kmcmullin@peopleworx.ca

Home School Connection – Kings County Family Resource Centre, Kentville 1–2:30pm. WEEKLY! • Connect and share ideas with other homeschooling parents. Bring your children along to have fun with other homeschooled children. Games, activities, crafts, and free play. **TIX:** no charge **INFO:** 902-678-5760 / family.centre@kcfrc.ca

Cover Letters – PeopleWorx, Middleton 2:30–3:30pm • In this webinar, we will discuss different types of cover letters, formats, submitted electronically, and some samples. **TIX:** no charge **INFO:** 902-679-7472 / kmcmullin@peopleworx.ca

Crazy Creators – Community Centre, Greenwood 6–7:30pm • Ages 6–12. Tonight: Make Sock Pumpkins! Covid precautions in place. **TIX:** \$7 w/ Recreation Card, \$10 w/o Card **INFO:** 902-765-1494 / lindsay.mccormack@forces.gc.ca

IBD Gutsy Peer Support – Anywhere in The Annapolis Valley 8:30pm. ALSO Oct. 27 • Crohn's and Colitis Canada's virtual group peer support program invites people affected by IBD to connect with and provide support to others living with or caring for someone with Crohn's and colitis. **TIX:** no charge **INFO:** info@gutsypeersupport.ca

WEDNESDAY, OCTOBER 13

Wolfville Legion Coffee/Tea Social – Community Hall, White Rock 9:30–11:30am. WEEKLY! • Drop in for a fresh baked treat and enjoy fellowship (masks are mandatory). **TIX:** \$2 **INFO:** 902-542-5869 / wolfvillelegion@gmail.com

Baby Time – Family Matters Resource Centre, Lawrencetown 9:30–11:30am • Upcoming themes are: attachment, baby massage, baby books, play, crafts and make your own baby food. **TIX:** no charge. Pre registration is required. **INFO:** 902-584-2210 / fm.acfrc@gmail.com

Family Matters Cooking group – Family Matters Resource Centre, Lawrencetown 9:30–11:30am. WEEKLY! • Parents/caregivers & children come join us and cook with Family Matters cooking Divas – Miss Kourtney & Miss Jen. **TIX:** FREE 10wk program. Pre registration required. **INFO:** 902-584-2210 / fm.acfrc@gmail.com

Resume Skills (in person) – PeopleWorx, Coldbrook NS 9:30–10:30am. ALSO Oct. 21, 3pm & Oct. 29, 9:30am • Create an effective resume by exploring how your skills and qualifications can be presented, various resume formats and templates, NSW Online, and more. **TIX:** no charge **INFO/Reg:** Kade, 902-679-7472 / kmcmullin@peopleworx.ca

Wellness Wednesdays – 7 Arts, Greenwood 1–2pm • Wellness Wed Session 1: What can we do about stress. This is a 4-part hands-on Stress Reduction workshop that provides learning and practicing mindful ways to handle the stress in your life. **TIX:** \$5/week **INFO:** 902-321-9572 / 7Arts@7arts.ca

Job Search – PeopleWorx, Coldbrook NS 3:30–4:30pm. Also Oct. 20, 1pm & Oct. 27, 11am • Learn about using social media in your search, networking, cold calling, following up, NSW Online job search features, myths, and misconceptions, and job search in a pandemic. **TIX:** no charge **INFO:** 902-679-7472 / kmcmullin@peopleworx.ca

Girls Club – Community Centre, Greenwood 6–7:30pm • Ages 6–12. Tonight: Pickleball! Please be mindful of Covid-19 safety requirements. **TIX:** no charge **INFO:** 902-765-1494 / lindsay.mccormack@forces.gc.ca

Wed Night Jam – Lions Club, Kentville 6:30–9pm • Jam Session **TIX:** Donation **INFO:** 902-680-2740 / vintagemusic1@hotmail.com

2001: A Space Odyssey – Kings Theatre, Annapolis Royal 7:30–10:15pm • A tense showdown between man and machine. Ages 12+ must show proof of vaccination. **TIX:** All Tickets \$6 (plus tax and ticketing fee) **INFO:** 902-532-7704 / boxoffice@kingstheatre.ca

THURSDAY, OCTOBER 14

Interview Skills (Virtual Workshop) – PeopleWorx, Coldbrook NS 9–10am. ALSO Oct. 21, 11am & Oct. 28, 10:30am • Our virtual workshop provides you with information on types of interviews, sample questions, what to do during and after an interview, and more. **TIX:** no charge **INFO:** 902-679-7472 / kmcmullin@peopleworx.ca

Curious Kids Playgroup / Parent Time – St. John's United Church, Middleton 9:30–11:30am. WEEKLY! • Parent Time & Curious Kids playgroup meets weekly! **TIX:** FREE to attend but pre registration is required. **INFO:** 902-584-2210 / fm.acfrc@gmail.com

Open Studio – Avon River Heritage Museum, Newport Landing 10am–4pm. WEEKLY! • Weekly Drop-in Studio for artists and hobbyists. Arrive with a project and join in the conversation! Hosted by the Avon River Arts Society. **TIX:** no charge **INFO:** 902-757-1718 / infoavonriver@gmail.com

Grandfamily Care Club – Kings County Family Resource Centre, Kentville 1–2:30pm. WEEKLY! • Raising your grandchildren can be challenging and rewarding. This program aims to create and strengthen intergenerational relationships and to enrich the lives of seniors, children, and families. **TIX:** no charge **INFO:** 902-678-5760 / family.centre@kcfrc.ca

Cover Letters (in person) – PeopleWorx, Coldbrook NS 1–2pm. ALSO Oct. 22, 10:30am • In this webinar, we will discuss different types of cover letters, formats, submitted electronically, and some samples. **TIX:** no charge **INFO:** 902-679-7472 / kmcmullin@peopleworx.ca

FRIDAY, OCTOBER 15

Job Search (in person) – PeopleWorx, Coldbrook NS 11am–12pm. Also Oct. 25, 3:30pm • Learn about using social media in your search, networking, cold calling, following up, NSW Online job search features, myths, and misconceptions, and job search in a pandemic. **TIX:** no charge **INFO:** 902-679-7472 / kmcmullin@peopleworx.ca

Nova Scotia Works Online (Virtual) – PeopleWorx, Coldbrook NS 3–4pm. ALSO Oct. 22, 2:30pm & Oct. 29, 3:30pm • Nova Scotia Works Online is a digital tool to help individuals' access tools/resources in their job search. We will discuss what it is, how it will help you as a job seeker, and how to get started. **TIX:** no charge **INFO:** 902-679-7472 / kmcmullin@peopleworx.ca

Harvest Chili Take-Out – Community Hall, Black River 4–6pm • Mild meat chili, roll, fruit crisp for dessert. Fundraiser for Black River Community Hall. **TIX:** \$10 **INFO:** 902-542-5125 / sharonlake07@gmail.com

Ballet w/ Maria Osende Retreat – Ross Creek Centre for the Arts, Canning 5pm • Recharge, move, and stretch, while enjoying the beautiful North Mountain landscape through the height of autumn. **TIX:** For information about costs please see: artscentre.ca/retreats2021.html **INFO:** 902-582-3842 / pr@artscentre.ca

Youth tgif – Community Centre, Greenwood 5:30–7:30pm • Ages 6–12! Tonight: bowling and hamburgers! Covid-19 safety rules will be followed. **TIX:** \$7 w/Recreation Card / \$10 w/o Card **INFO:** 902-765-1494 / lindsay.mccormack@forces.gc.ca

The Melberns – Crystany's Brasserie, Canning 6–8pm • Longtime friends Bernie Zinck and Melissa Vidito have been playing music together for over 20 years. **TIX:** no charge **INFO:** 902-582-3663 / crystanysbrasserie@gmail.com

VWBN present Taraq Hadhad - One Peace Won't Hurt™ – Maritime Express Cider Co., Kentville, NS 6:30–8:30pm • The Valley Women's Business Network is pleased to present the founder of Peace By Chocolate as keynote speaker for our Fall Fundraiser! **TIX:** \$40 @ Eventbrite **INFO:** 902-791-0820 / programs@vwbn.ca

Under the Gazebo KentvilleScares! – Centre Square, Kentville 7:30pm • Jerome the Gravekeeper will be joined by Kentville ghosts to share stories of Kentville's dark past. Bring your own blanket and chair. Free to attend. **TIX:** no charge **INFO:** info@kentvillebusiness.ca

Almost Famous Film Night – Mermaid Imperial Performing Arts Centre, Windsor 7:30–9:30pm • Friday Film Night at Mermaid Theatre - Almost Famous. Ticket price includes bag of popcorn and bottle of water **TIX:** \$12 **INFO:** 902-798-5841 / puppets@mermaidtheatre.ca

Keonté Beals & Band – Kings Theatre, Annapolis Royal 7:30–9:30pm • R&B powerhouse Keonté Beals controls the pulse of an entire crowd from the moment he takes the stage. **TIX:** \$30 Adult (+ tax & ticketing fee), Youth: FREE **INFO:** 902-532-7704 / boxoffice@kingstheatre.ca

SATURDAY, OCTOBER 16

Bottle drive – United Baptist Church, Kentville 9am–12pm • Donations accepted to support refugee sponsorship. **TIX:** Donation **INFO:** 902-678-4680 / kmacphers@gnspses.ca

Watercolour 101 – 7 Arts, Greenwood 2–4pm • Watercolour 101 with Sarah. No drawing or painting experience necessary. Ages 16+ welcome. **TIX:** \$35 **INFO:** sarah.shortliffe@gmail.com

Harvest Take Out Supper – All Saints Anglican Church, Kingston 4–6pm • Menu: Ham, baked beans, scalloped potatoes, peas, pumpkin pie, apple pie. **TIX:** Adults \$12, Children \$6. Call before Oct. 15 evening to pre-order. **INFO:** Lorrie (760-0729) Anita (765-6186)

Zakary Miller and Friends – North Mountain United Tapestry, Harbourville 6pm (dinner), 7pm (show) • Our Season Ender: Dinner and a Show! Zakary Miller, The Dearlies and more! Over 12? Vax certificate required. **TIX:** Show \$20, Dinner \$15 @ unitedtapestry@gmail.com **INFO:** 902-538-7923 / unitedtapestry@gmail.com

Keeper E and waants – Evergreen Theatre, Margaretsville 8–10:30pm • The city scene comes to the country. Two three-piece bands from Halifax in the same show. Keeper E & waants **TIX:** Adults \$35, Military \$30, Students \$20 **INFO:** 902-825-6834 / evergreentheatre@gmail.com

SpeakEasy – Community Hall, West Brooklyn 8–11pm • We welcome singer/songwriters Kristen Martell and Sarah McInnes! COVID-19 rules apply. **TIX:** \$15. Tickets must be reserved in advance. **INFO:** Ruth, 902-542-5424

SUNDAY, OCTOBER 17

Michelin 5K Keep on Truckin' – Indoor Soccer Stadium, Kentville 8am–10:30pm • This 5 km race starts at the Kentville Soccer Dome and follows an out-and-back course. Everyone is welcome. This is an Atlantic Chip timed run and all finishers receive a medal. **TIX:** \$12 per person **INFO:** 902-534-3544 / Crista.MacNeil@michelin.com

Sunday Music in the Garden Room – K.C. Irving Environmental Sciences Centre, Wolfville 2–4pm • Walter Delahunt, piano, Bach, Beethoven, and Schumann on the program. (Check the website beforehand in case of changes. Covid protocols will be followed.) Limited audience. **TIX:** no charge **INFO:** artsacadia.acadiau.ca

100 Years of Film: Part 2 – Kings Theatre, Annapolis Royal 2–4pm • Part 2: Understanding our History through Film (with guest Holly Meuse) Featuring stories and films of Mi'kmaq, Acadian, Scottish heritage and others. **TIX:** no charge **INFO:** 902-532-7704 / boxoffice@kingstheatre.ca

MONDAY, OCTOBER 18

Fun with Food – Louis Millet Community Complex, New Minas 9:30–11am. WEEKLY! • Join us at Fun with Food to explore new recipes and to cook with your child. This is a parent – child interactive group. Ages 3–5 years **TIX:** no charge **INFO:** 902-678-5760 / family.centre@kcfrc.ca

Family Yoga Play Group – Family Matters Resource Centre, Lawrencetown 9:30–11:30am. WEEKLY! • Come and have fun together doing some simple yoga and mindfulness followed by open play, crafts & story time. Call to sign up. **TIX:** no charge **INFO:** 902-584-2210 / fm.acfrc@gmail.com

Kingston Playgroup – *Autism Centre, Kingston 9:30–11:30am. WEEKLY!* • Circle of Friends is a weekly interactive early learning FREE playgroup for children aged 0–6 years & their parents/caregivers. Call to sign up. **TIX:** no charge **INFO:** 902-584-2210 / fm.acfrc@gmail.com

School Garden – *Al Whittle Theatre, Wolfville 10am* • Devour The Food Film Fest School program: This film takes primary school kids in Holland to the fields, where the youngsters will learn how to sow, grow, and cook food. NOTE: Proof of Vaccination required. **TIX:** \$5 TicketPro **INFO:** 902-679-0297 / michael@devourfest.com

Interview Skills (in person) – *PeopleWorx, Coldbrook NS 10:30–11:30am. ALSO Oct. 27, 3pm* • Information on types of interviews, sample questions, what to do during and after an interview, and more. **TIX:** no charge **INFO:** 902-679-7472 / kmcmullin@peopleworx.ca

Zoom Knit-along – *AVRL Virtual Program Space, Berwick 11am–12pm. ALSO Nov. 1* • In this session we will follow the MKAL (Mystery Knit-A-Long) of Vivaldi 4 Seasons Socks. This is a free pattern on Ravelry. Get started now or wait till we meet. Socialize, drink tea and knit a pair of socks all on Zoom! This is not a learn to knit event. **TIX:** no charge, but registration is required. **INFO:** valleylibrary.ca

Boys Club – *Community Centre, Greenwood 6–7:30pm* • Open to youth ages 6–12. Tonight: soccer! Please be mindful of Covid-19 safety requirements. **TIX:** no charge **INFO:** 902-765-1494 / lindsay.mccormack@forces.gc.ca

Jam Session – *Louis Millet Community Complex, New Minas 7–9:30pm. WEEKLY!* • Jam Session **TIX:** \$2 drop in fee **INFO:** 902-680-2740 / vintagemusic1@hotmail.com

TUESDAY, OCTOBER 19

Nature Play – *Family Matters Resource Centre, Lawrencetown 9:30–11:30am* • 1st and 3rd Tuesday of the month: join us for some parent/child interactive play and story time. Snack provided. **TIX:** no charge **INFO:** 902-584-2210 / fm.acfrc@gmail.com

The Magnitude of All Things – *Al Whittle Theatre, Wolfville 10am* • Jennifer Abbott's new documentary, The Magnitude of All Things, merges stories from the frontlines of climate change with recollections of the loss of her sister. Proof of Vaccination required upon entry. **TIX:** \$5 @ TicketPro **INFO:** 902-679-0297 / michael@devourfest.com

WEDNESDAY, OCTOBER 20

Indigenous Shorts – *Al Whittle Theatre, Wolfville 10am* • Indigenous Shorts: The Water Walker, Truth 'N Food: The Quinault Indian Nation, and Walking with Plants. Proof of Vaccination required upon entry. **TIX:** \$5 TicketPro **INFO:** 902-679-0297 / michael@devourfest.com

Wellness Wednesdays – *7 Arts, Greenwood 1–2pm* • Wellness Wed Session 2: The Habit of Stress Reduction. Mindfulness provides you with simple & practical tools, learn and practice mindful ways to handle stress. **TIX:** \$5 each week **INFO:** 902-321-9572 / 7Arts@7arts.ca

Felting Spooktacular with Deb – *7 Arts, Greenwood 6–9pm* • Felting with Deb, make a jack o'lantern using wool. No experience necessary. **TIX:** \$35 kit & wool; \$20 for wool only **INFO:** debrkendall@gmail.com

Girls Club – *Community Centre, Greenwood 6–7:30pm* • Ages 6–12. Tonight: Hockey! Please be mindful of Covid-19 safety requirements. **TIX:** no charge **INFO:** 902-765-1494 / lindsay.mccormack@forces.gc.ca

Tampopo – *Al Whittle Theatre, Wolfville 7pm* • The tale of an eccentric band of culinary ronin who guide the widow of a noodle shop. NOTE: Proof of Vaccination required upon entry. **TIX:** \$25 TicketPro **INFO:** 902-679-0297 / michael@devourfest.com

Fellini's 8 1/2 – *Kings Theatre, Annapolis Royal 7:30–9:50pm* • Marcello Mastroianni plays Guido Anselmi, a director whose new project is collapsing around him, along with his life, as he struggles against creative block and helplessly juggles the women in his life—including Anouk Aimée, Sandra Milo, and Claudia Cardinale. Age 12+ required to show proof of vaccination. **TIX:** All Tickets \$6 (+tax & ticketing fee) **INFO:** 902-532-7704 / boxoffice@kingstheatre.ca

Fabulous Fall Take Out Luncheon – *United Baptist Church, Port Williams 11:30–1pm* • The Loyal Workers' Corn Chowder/Hamburger Soup luncheon will include a bowl of your chosen soup, bread and butter and either Apple Crisp or Carrot Cake with Cream Cheese Icing. Call by October 18 to order. **TIX:** \$10 **INFO:** Carol Ann Burden, 902-542-3681 / Myrtle Merrett, 902-542-2623

THURSDAY, OCTOBER 21

The Secret Path – *Al Whittle Theatre, Wolfville 10am* • A powerful visual representation of the life of Chanie Wenjack, The Secret Path is an animated film adaptation of Gord Downie's album and Jeff Lemire's graphic novel. NOTE: Proof of Vaccination required upon entry. **TIX:** \$5 TicketPro **INFO:** 902-679-0297 / michael@devourfest.com

Chiliheads w/ Have You Eaten? – *Al Whittle Theatre, Wolfville 5:30pm* • A journey as playful as it is evocative, Chiliheads takes us on the hot pepper road to five countries—to meet those lovers of hot peppers. Screening with the short film Have You Eaten? NOTE: Proof of Vaccination required upon entry. **TIX:** \$15 (\$12 students/seniors) TicketPro **INFO:** 902-679-0297 / michael@devourfest.com

Teen Time – *Community Centre, Greenwood 6–7:30pm* • Open to Teens 13–18. Tonight: Scary movie! Be prepared for a few jumps! Please be mindful of Covid-19 safety requirements. **TIX:** no charge **INFO:** 902-765-1494 / lindsay.mccormack@forces.gc.ca

Learn-to-Curl Clinics – *Wolfville Curling Club, Wolfville 7–9pm. ALSO Oct. 22, 7–9pm & Oct. 23, 10am–12pm* • Free clinics with experienced instructors. Curling has something to offer for people of all ages and abilities in a fun, social environment. **TIX:** no charge **INFO:** Dean Smith, deansmith541@gmail.com / Audrey Dorey, audreydorey2@gmail.com

Roadrunner w/ The Church Forests of Ethiopia – *Al Whittle Theatre, Wolfville 8pm* • Roadrunner: A Film About Anthony Bourdain screening with the short film The Church Forests of Ethiopia. NOTE: Proof of Vaccination required upon entry. **TIX:** \$15 (\$12 student/senior) TicketPro **INFO:** 902-679-0297 / michael@devourfest.com

FRIDAY, OCTOBER 22

In Service Day Camp – *Community Centre, Greenwood 7:30am–5:30pm* • For ages 6–12. We will be having some fun and games for today! Please contact for more info or to register. Please be mindful of Covid-19 safety requirements. **TIX:** \$25 w/Recreation Card, \$35 w/o Card **INFO/Reg:** 902-765-1494 ext. 5341 / lindsay.mccormack@forces.gc.ca

Autumn Arts PD Days – *Ross Creek Centre for the Arts, Canning 9am–5pm* • 3 sessions between Sept. and Dec. Register for the entire series, or come to one at a time! **TIX:** \$70 for the day including lunch and all materials! **INFO:** 902-582-3842 / pr@artscentre.ca

Hell or Clean Water w/ The Urchin Diver – *Al Whittle Theatre, Wolfville 11am* • Former fisherman Shawn Bath has an epiphany when he starts diving the harbours of his native Newfoundland. Screening with the short film The Urchin Diver. NOTE: Proof of Vaccination required upon entry. **TIX:** \$15 (\$12 students/seniors) TicketPro **INFO:** 902-679-0297 / michael@devourfest.com

Sockeye Salmon. Red Fish w/ Paradis – *Al Whittle Theatre, Wolfville 2pm* • The wild salmon of the Southern Kamchatka are a natural wonder, an abundance of food for birds and animals, and a source of income for humans in the region. Screening with the short film Paradis NOTE: Proof of Vaccination required upon entry. **TIX:** \$15 (\$12 student/senior) TicketPro **INFO:** 902-679-0297 / michael@devourfest.com

Set! w/ Going Dark, Finding Light – *Al Whittle Theatre, Wolfville 5pm* • Table Setting. Once a year, a group of highly competitive table setters vie for the "Best of Show" ribbon at the Orange County Fair competition screening with the short film Going Dark, Finding Light. NOTE: Proof of Vaccination required upon entry. **TIX:** \$15 (\$12 student/senior) TicketPro **INFO:** 902-679-0297 / michael@devourfest.com

Portraiture w/ Sara Hartland-Rowe Retreat – *Ross Creek Centre for the Arts, Canning 5pm* • Come together for a weekend in the dance studio! Recharge, move, and create, while enjoying the beautiful North Mountain landscape through the height of Autumn. **TIX:** For costs please see: artscentre.ca/retreats2021. html **INFO:** 902-582-3842 / pr@artscentre.ca

Jon Duggan – *Crystany's Brasserie, Canning 6–8pm* • Jon has been playing his music for over thirty years. He has developed a strong following and friendships are made wherever he may go. **TIX:** no charge **INFO:** 902-582-3663 / crystanysbrasserie@gmail.com

Sacred Sound Journey with Heidi Kalyani – *YogaLife, Wolfville 7:30pm* • Experience a 1.5-hour sound immersion with singing bowls, guided meditation, and lullabies designed to help you release, restore and sleep well! Pre-registration required. **INFO:** heartwideopen.ca/sacred-sound-journey

Pig w/ Wild – *Al Whittle Theatre, Wolfville 8pm* • A truffle hunter lives alone in the Oregonian wilderness. After his beloved foraging pig is kidnapped, he must return to Portland to search for his pig. Screening with the short film Wild NOTE: Proof of Vaccination required upon entry. **TIX:** \$15 (\$12 student/senior) TicketPro **INFO:** 902-679-0297 / michael@devourfest.com

SATURDAY, OCTOBER 23

Guided Cemetery Walk in Kentville – *Oak Grove Cemetery, Kentville 11am–12pm* • Guided walk w/ Laura Churchill Duke. Free will offering for the Kentville Historical Society. **TIX:** Donation **INFO:** Impulsifer@hotmail.com

The Taste of Desire w/ An Underwater Quest – *Al Whittle Theatre, Wolfville 11am* • The oyster has long been a symbol of desire. This film delves into the complexity of human desire and our relationship to the world around us.. Screening with the short film An Underwater Quest. NOTE: Proof of Vaccination required upon entry. **TIX:** \$15 (\$12 student/senior) TicketPro **INFO:** 902-679-0297 / michael@devourfest.com

Learn to Drum! – *Recreation Centre, Wolfville 1–2:30pm* • 4-week class, starting Oct. 23: Learn rhythms and songs from West Africa with Djugdjug Ensemble. No prior experience needed. Drums are provided. **TIX:** \$40 (\$35 for students) **INFO:** brunoallard7@gmail.com

Zombie Barbie Makeover – *7 Arts, Greenwood 1–4pm* • Zombie Barbie party and makeover, with Jane Beals. Bring your Barbie or use a 7Arts doll for this spooky makeover. **TIX:** \$5 with Barbie or \$10 if we supply the Barbie **INFO:** 902-321-9572 / 7Arts@7arts.ca

Kiss the Ground w/ Alone Out Here – *Al Whittle Theatre, Wolfville 2pm* • This film reveals that by regenerating the world's soils, we can stabilize Earth's climate, restore lost ecosystems, and create abundant food supplies. Screening with the short film Alone Out Here. NOTE: Proof of Vaccination required upon entry. **TIX:** \$15 (\$12 student/senior) TicketPro **INFO:** 902-679-0297 / michael@devourfest.com

Delicieux w/ Six Nights – *Al Whittle Theatre, Wolfville 5pm* • With the help of a surprising young woman, a chef who has been sacked by his master opens THE first restaurant. Screening with the short film Six Nights NOTE: Proof of Vaccination required upon entry. **TIX:** \$15 (\$12 student/senior) TicketPro **INFO:** 902-679-0297 / michael@devourfest.com

Gather w/ Terms and Conditions – *Al Whittle Theatre, Wolfville 8pm* • Gather follows the stories of natives on the frontlines of a movement to reconnect with spiritual & cultural identities that were devastated by genocide. Screening with the short film Terms & Conditions NOTE: Proof of Vaccination required upon entry. **TIX:** \$15 (\$12 student/senior) TicketPro **INFO:** 902-679-0297 / michael@devourfest.com

SpeakEasy – *Community Hall, West Brooklyn 8–11pm* • We are excited to host Lisa Richard! Lisa is a talented country singer songwriter who blows away listeners with her powerful voice and soulful performances. COVID-19 rules apply. **TIX:** \$20. Reservations are required. **INFO:** 902-542-5424

SUNDAY, OCTOBER 24

Clean Hands w/ Ulu – *Al Whittle Theatre, Wolfville 11am* • Clean Hands is a multi-award-winning account of a family who live and work in Central America's largest garbage dump, La Chureca. Screening with the short film Ulu. NOTE: Proof of Vaccination required. **TIX:** \$15 +hst (\$12 +hst student/senior) TicketPro **INFO:** 902-679-0297 / michael@devourfest.com

Life of Ivanna w/ Svonni vs the Swedish Tax Agency – *Al Whittle Theatre, Wolfville 2pm* • Ivanna, a 26-year-young Nenets mother of five children, lives in the Arctic region of northwest Siberia. Screening with the short film Svonni vs the Swedish Tax Agency. NOTE: Proof of Vaccination required. **TIX:** \$15 +hst (\$12 +hst student/senior) TicketPro **INFO:** 902-679-0297 / michael@devourfest.com

Sunday Music in the Garden Room – *K.C. Irving Environmental Sciences Centre, Wolfville 2–3pm* • Dinuk Wijeratne Trio, piano, percussion and bass. World-music trio, blending traditional and contemporary classical influences, world music, and jazz. A Debut Atlantic presentation. (Check the website beforehand in case of changes. Covid protocols will be followed.) Limited audience. **TIX:** no charge **INFO:** artsacadia.acadiu.ca

Roast Pork Supper – *Forties Community Centre, New Ross 4–6pm* • Roast pork/gravy, apple sauce, vegetables/potatoes, dessert, tea/coffee. Eat in or take out. Covid restrictions apply. **TIX:** \$14 adult, \$7 ages 5–12, \$3 under age 5 **INFO:** 902-689-2612

Come Back Anytime w/ Tanagokoro: A Culinary Portrait – *Al Whittle Theatre, Wolfville 5pm* • Ramen master Masamoto runs a Tokyo ramen shop for over 40 years. Screening with the short film Tanagokoro: A Culinary Portrait. NOTE: Proof of Vaccination required. **TIX:** \$15 +hst (\$12 +hst student/senior) TicketPro **INFO:** 902-679-0297 / michael@devourfest.com

Wildhood w/ My Favorite Food is Indian Tacos... – *Al Whittle Theatre, Wolfville 8pm* • Devour Closing Gala: Wildhood is a Two-Spirit odyssey filmed along the Bay of Fundy in Mi'kma'ki (Nova Scotia). Screening with a short film. NOTE: Proof of Vaccination required. **TIX:** \$20 +hst TicketPro **INFO:** 902-679-0297 / michael@devourfest.com

MONDAY, OCTOBER 25

Boys Club – *Community Centre, Greenwood 6–7:30pm* • Ages 6–12. Get ready to play some basketball! Please be mindful of Covid-19 safety requirements. **TIX:** no charge **INFO:** 902-765-1494 / lindsay.mccormack@forces.gc.ca

TUESDAY, OCTOBER 26

Interview Skills – *PeopleWorx, Middleton 9–10am* • Our virtual workshop provides you with information on types of interviews, sample questions, what to do during and after an interview, and more. **TIX:** no charge **INFO:** 902-679-7472 / kmcmullin@peopleworx.ca

Family Matters Riverside Park Trip – *Riverside Park, Middleton 10–11:30am* • Outdoor playgroup session. Healthy Snack provided. Call to register. **TIX:** no charge **INFO:** 902-584-2210 / fm.acfrc@gmail.com

Crazy Creators – *Community Centre, Greenwood 6–7:30pm* • Ages 6–12. We will be working with Nova7arts this evening on a Halloween painting! Please be mindful of Covid-19 safety requirements. **TIX:** \$10 **INFO:** 902-765-1494 / lindsay.mccormack@forces.gc.ca

WEDNESDAY, OCTOBER 27

Wellness Wednesdays – *7 Arts, Greenwood 1–2pm* • Wellness Wed Session 3: Stress and your window of tolerance. Managing difficult emotions with mindfulness and visualization. **TIX:** \$5/week **INFO:** 902-321-9572 / 7Arts@7arts.ca

Girls Club – *Community Centre, Greenwood 6–7:30pm* • Ages 6–12. We will be playing mission impossible this evening! Please be mindful of Covid-19 safety requirements. **TIX:** no charge **INFO:** 902-765-1494 / lindsay.mccormack@forces.gc.ca

THURSDAY, OCTOBER 28

Family Matters Halloween at the Historic Gardens – *Historic Gardens, Annapolis Royal 10–11:30am* • Dress up and join us for some Halloween fun!. Healthy snack provided. Call to pre register. Activities for all ages, birth to school age. **TIX:** no charge **INFO:** 902-584-2210 / fm.acfrc@gmail.com

Craft Club – *Family Matters Resource Centre, Lawrencetown 1–2:30pm* • A monthly program for adults to come and enjoy making a wide variety of crafts, all supplies provided. Childcare is provided. Call to register. **TIX:** no charge **INFO:** 902-584-2210 / fm.acfrc@gmail.com

FRIDAY, OCTOBER 29

Youth tgif – *Community Centre, Greenwood 5:30–7:30pm* • Ages 6–12! Tonight: A spooky movie and chicken strips w/fries! Covid-19 safety rules will be followed. **TIX:** \$7 w/Recreation Card / \$10 w/o Card **INFO:** 902-765-1494 / lindsay.mccormack@forces.gc.ca

Frederic Mujica – *Crystany's Brasserie, Canning 6–8pm* • Frederic is a professional singer and musician from Cuba, who now lives in Canada – arriving with a suitcase full of talent. **TIX:** no charge **INFO:** 902-582-3663 / crystanysbrasserie@gmail.com

Dinuk Wijeratne Trio – *Kings Theatre, Annapolis Royal 7:30–9:30pm* • Globally-inspired music effortlessly blending Classical, World, and Jazz. **TIX:** Adult \$30 (+tax & ticketing fee), Youth FREE **INFO:** 902-532-7704 / boxoffice@kingstheatre.ca

SATURDAY, OCTOBER 30

SpeakEasy – *Community Hall, West Brooklyn 8–11pm* • String Theory are back to swing your night away! Join us for an evening of fabulous acoustic vintage swing, our infamous SpeakEasy atmosphere, tasty snacks and feature cocktails! Reservations required! COVID-19 rules apply. **TIX:** \$10 **INFO:** 902-542-5424

SUNDAY, OCTOBER 31

Jam Session with Country Heat – *Royal Canadian Legion, Kentville 1–3:30pm* • Jam Session. Come to sing, play or just listen. All ages. All Welcome. Kitchen, 50/50. **TIX:** \$2 **INFO:** 902-678-8935

TUESDAY, NOVEMBER 2

Downchild Blues Band – *Kings Theatre, Annapolis Royal 7:30–9:30pm* • With their signature jump-blues style and infectious, soulful sound, Downchild delivers a live performance that is second to none. Proof of vaccination required. **TIX:** Advance \$61.50 (plus HST) **INFO:** 902-532-7704 / boxoffice@kingstheatre.ca

THURSDAY, NOVEMBER 4

Basic Cooking – *Kings County Family Resource Centre, Kentville 10am–12pm* • A four session, two-hour program that facilitates the basic cooking skills allowing access to healthy, local, lower cost food. Call to register. Childcare is available. **TIX:** no charge **INFO:** 902-678-5760 / family.centre@kcfcrc.ca



Valley Ghost Talks – *Annapolis Valley Area 7:45–9:30pm* • Stationary, sit-down, historical productions w/Jerome the Gravekeeper and many of his ghostly friends. Wolfville, Ridge Stile Park (bring a lawn chair!): Oct. 7 & 29 / Grand Pré View Park, Grand Pré: Oct. 14 / Kentville, Kings County Museum (inside show): Oct 28 **TIX:** Advance tickets only! \$25 adult, \$20 student. Group rates available. Price includes taxes & fees. Groups will be kept socially distant. **INFO:** 902-692-8546 / jerome@valleyghostwalks.com

Phantom's FreakShow Haunted House – *Main Street Station, Kentville Oct. 8, 9, 15, 16, 22, 23, 29, 30, 7–10pm, Oct 10, 17, 21, 24, 28, 7–9pm* • Phantom's FreakShow is a 5000 sq. ft. journey into the bowels of nightmares. 13 well-crafted rooms are dripping with your worst fears. Our haunters are skilled in stalking and rattling your cages. Are you prepared? **TIX:** Two line options: \$25 fast pass (3:1 ratio), \$15 ages 10+, \$12 kids under 10 **INFO:** 902-240-9989 / jaimiepeerless@outlook.com

Tuesdays & Sundays – *Al Whittle Theatre, Wolfville Oct., 14, 15, 7:30pm, Oct. 15, 2pm* • Small town. Young lovers. Big secret. Tuesdays & Sundays is a play inspired by the true story of William Millman and Mary Tuplin, and the tragedy that shook the quiet community of Margate, Prince Edward Island, in 1887. **TIX:** \$25 Online **INFO:** 902-940-9670 / kitbagtheatreco@gmail.com

God Is a Scottish Drag Queen – *Kings Theatre, Annapolis Royal Oct. 24, 7:30pm* • A hilarious two-act comedy of biblical proportions! **TIX:** Adult \$25 (+tax & ticketing fee) **INFO:** 902-532-7704 / boxoffice@kingstheatre.ca

CONFESSION OF A CARNIVORE

Garry Leeson

When I was a boy my family was always on the move. In the 1950s and ‘60s we lived at numerous locations in the city of Toronto, but most of our time was spent on various rented farms and small properties in the nearby countryside.

My parents were of pioneer stock, born and bred to a certain way of life and whenever possible when we arrived at any property that was large enough for a garden, the first order of business was to dig the shovels out of the 1949 Ford sedan that served as our moving van and set to work spading.

Grace was never said at our table but, at certain times of year, my mother would replace it with the following dedication: “Just look at the table, kids. Everything you see is something we have grown or raised ourselves.” She most definitely had a green thumb and with her expertise and a bit of hard labour from me and my seven sisters, for a precious time each season, the family dined high off the hog. It wasn’t just an expression; we did keep pigs and chickens, so in addition to nurturing the garden, we were forced to face what was involved in raising the critters and then converting them to food. Being the only boy in the family, convention of the time deemed that I should be in charge of feeding and looking after the livestock while my father was away working. Knowing what they were destined for, try as I might, I couldn’t establish a distance between me and my charges.

“Bring us three or four of those fryers for supper,” my mother would say when I arrived home from school. I would reluctantly comply, but having forced myself to do something I hated, I would insist that my sisters take care of the plucking and cleaning. Sensing that I was upset with what I had done, they would chide me and call me a sissy.

I endured, personally dispatching the odd chicken, but when it came time to add pork to the menu, my participation was unthinkable. It’s difficult not to see piglets as pets, but when they grew into a marketable hog size I knew their fate was sealed. Everybody in the family was excited about the prospects of a roast pork feast when the time came around—everybody except me. I managed some excuse to be at the far end of our pasture on the day that Dad attended to the necessary.

One of my less sensitive sisters who had read the recently published Charlotte’s Web had christened our pig Wilbur to make me even more uncomfortable than I already was about an animal that had become a secret friend and confidant.

Now, when, once in a while, my wife Andrea announces to our assembled family that all or most of the food on the table is homegrown, my mind goes back to that day in the 1950s. Mom made her usual announcement about the homegrown bounty, including the wonderful recently acquired pork, and then set about passing a large platter of steaming pork chops around the table.

When all of our plates were full, everybody at the table sat waiting, looking at me. I sensed that some conspiracy was afoot but undaunted I dug my fork into my pork chop. At that my sister seated nearest to me let out a blood-curdling imitation of a pig squeal and everybody started laughing. It wasn’t funny to me; I pushed my plate aside, left the table and went outside for a cry.

It took a lot of coaxing and the promise of an extra big piece of my mother’s pumpkin pie to get me back to the table. I remain a carnivore, but unlike most folks these days, I do not see meat as just something that lives in plastic packages in supermarket refrigerators! 🐷

ROSS CREEK FALL 2021 PROGRAMMING AND EVENTS

Submitted

Goodbye summer, hello autumn! We are so grateful to so many people for seeing us through our 30th anniversary season this summer and are so proud to have welcomed back hundreds of artists, campers, and theatre patrons to Ross Creek.

Adult Weekend Workshop Retreats (October & November)
Break away for a unique and creative experience in our fall series of weekend art intensives for ages 16+ with extraordinary artist mentors. Learn about a new medium, or fine-tune your creative toolkit with friends (or make some new ones along the way)!

Each session is all about giving yourself time and new creative skills in a beautiful natural setting, with no previous experience necessary. You can come for the whole weekend, with bonfires, delicious meals, and overnight accommodation, or simply join us for daytime workshop sessions (please reach out about attending day only). All materials are included.

Five unique weekend intensives are available this season: dance with Maria Osende, visual art & portraiture with Sara Hartland-Rowe, musical experiments with Brian Borchardt, jewelry with Sarah Sears, and an eco-women’s retreat with our own Jamie McLean!

Join us on the North Mountain and stay in our newly-renovated farmhouse or winterized glamping cabins for an unforgettable weekend of art, community, and gourmet meals using local ingredients (many right from Ross Creek’s own gardens)! Find out more and book now at artscentre.ca/retreats2021.

Autumn Arts Youth PD Days
October 22 and November 5
We are so excited to offer our Autumn Arts (PD Days) Workshop series this season for kids ages 5-11.

Send your kids for a day or three of multi-age art activities in our studios and outdoor classrooms where they can meet new friends and develop great skills while also being in our beautiful landscape.

Every session is an exciting chapter in arts and environmental education that introduces a new theme or medium: from painting, to photography, sculpture to theatre, and more!

No need to pack a meal—registration includes all materials, and a tasty homemade lunch! Workshops are scheduled in line with AVRCE PD Days, and homeschoolers are very welcome! Covid protocols will be in place as per public health guidelines at the time.

Cost: \$70 per day, with all materials and lunch included! Register now at artscentre.ca/autumnarts2021.

And so much more!
Also coming up this fall are community art Sundays, galleries, artists in residency, magical torchlight forest walks, theatre and visual art portfolio building for teens and pre-professionals, homemade cookie dough sales, and so much more! To check out all that we have going on at Ross Creek you can visit artscentre.ca and follow us @rosscreek on Instagram! 🍁

PEACE BY CHOCOLATE’S TAREQ HADHAD TO HEADLINE VALLEY FUNDRAISER

Building a cause through entrepreneurship and community
Submitted

The Valley Women’s Business Network (VWBN) is delighted to present Tareq Hadhad, the inspiring founder and CEO of Peace By Chocolate, at its fall fundraiser on Friday, October 15. The event takes place at the Maritime Express Cider Co. ballroom in Kentville. Doors open at 6:00pm for a 6:30pm start. The event includes appetizers, a cash bar, and door prizes. An online silent auction precedes the event.

The audience will learn the Hadhad family story as Syrian refugees, and the challenges that come with rapid growth in expanding to new markets and gaining national distribution while staying true to their peace-based cause.

Proceeds from the fundraiser will go towards VWBN bursaries for local women graduating from or in business programs, support for businesswomen in developing countries through Kiva micro-lending ([kiva.org](https://www.kiva.org)), and support for Valley businesswomen through meetings, networking, seminars, and workshops.

Tareq Hadhad now lives with his entrepreneurial family in Nova Scotia. He received Start Up Canada’s National Newcomer Entrepreneur Award, was named one of the Top 25 Immigrants in The Maritimes, was selected by Google as the National Hero Case for 2018, and was awarded RBC’s Top Immigrant Award and Entrepreneur of the Year in 2020.

In 2012, the Hadhads’ home and factory that housed the family chocolate-making business in Syria were destroyed, which forced them to seek safety in other countries. A former medical student at Damascus University and long-time peacekeeping advocate, Tareq joined medical relief efforts after arriving in Lebanon. A new life began when Tareq and his family were welcomed to Canada on a community-based sponsorship.

Passionate about peace and entrepreneurship, his family relaunched the family business to recreate the chocolates they once exported across the Middle East. Their story turned into an inspiring international phenomenon. In September 2016, Prime Minister Justin Trudeau opened his speech to the United Nations Leaders’ Summit on Refugees detailing the family’s success story. Tareq Hahad has spoken at Amnesty International’s Human Rights Conference, TEDx events, Chambers of Commerce dinners, keynote presentations in Jamaica and England, and to several corporate and government organizations. He has done over 500 interviews with different news teams across the globe. Tareq speaks on the compelling story of his family, the positive impact of Syrian newcomers, and the spirit of entrepreneurship.

Tickets for the event are available through Eventbrite: eventbrite.com/e/one-peace-wont-hurttm-tickets-17031268683. 🍫

Powerhouse Blues artist Charlie A’Court and outlaw country rockers Witchitaw, have joined forces to create an exciting new show called *When Country Gets The Blues*. Together, these well-known East Coast artists are set to embark on a theatre tour that will make stops in all three Maritime provinces this fall, including Berwick’s Union Street and Windsor’s Mermaid Imperial Performing Arts Centre. To celebrate the tour A’Court and Witchitaw have recorded a brand new live album.

Separately, each act is known for their entertaining live shows and commitment to their respective genre. A’Court is a five-time East Coast Music Award Winner, known for delivering his brand of blues and soul. Witchitaw are described as true blue outlaw troubadours, complete with country heartache and southern-fried rhythms. Combined, Witchitaw and A’Court bridge the gap by paying homage to the legends of country and blues, as well as showcasing their own original material. Think Willie Nelson and Ray Charles, Waylon Jennings and Muddy Waters: Witchitaw and Charlie A’Court.

“I remember Jason Spinney from Witchitaw coming up to me at a music conference with this idea to join forces on a collaboration,” recalls A’Court. “Jason was excited about bringing the two genres together that blurred the lines and I was interested in exploring the idea.” Spinney explains, “We had seen Charlie perform at an awards show and I thought to

myself man I bet that guy could sing the hell out of a country song!”

When Country Gets The Blues was originally set to tour in 2020 but the show had to be postponed due to the Covid-19 pandemic. The extra time allowed the quarantined collaborators to produce a live album of their debut performance at the 2019 Cavendish Beach Music Festival. The live album features ten tracks illustrating the special connection these two artists share on stage. A fired-up Cavendish crowd was treated to hits from Witchitaw and A’Court, including gems from John Fogerty, Vince Gill and B.B. King.

A’Court and Witchitaw hit the road this fall touring *When Country Gets The Blues*. For ticket information visit charlieacourt.com or witchitaw.com.

September 25, Digby Pines Resort, Digby
October 1, Harbourfront Theatre, Summerside, Prince Edward Island
October 2, Kings Playhouse, Georgetown, Prince Edward Island
October 8, Marigold Theatre, Truro
October 9, Imperial Theatre, Saint John, New Brunswick
October 16, Astor Theatre, Liverpool
October 22, The Union Street, Berwick
October 23, The Union Street, Berwick
November 20, Mermaid Imperial Performing Arts Centre, Windsor 🍁

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Community Shared Agriculture

INDIGENOUS LEGEND TOMSON HIGHWAY OPENS DEVOUR! THE FOOD FILM FEST

Featuring an expanded hybrid event with generous servings of in-person and digital programming
Submitted

With a fusion of food and film, Devour! has always been a hybrid festival, and this year just got a little sweeter. The 11th installment, celebrating Global Indigenous Cinema and Cuisine, will span 47 events over 6 days, running from October 19-24, 2021. Devour! is thrilled and honoured to announce our headlining special guest, Tomson Highway, Governor General award-winning playwright, musician, and novelist.

“Glooscap First Nation has successfully collaborated with Devour! in years past to celebrate Mi’kmaq culture and bring this experience to visitors from around the world,” says Chief Sidney Peters of the Glooscap First Nation. “Devour! The Food Film Fest is an important vehicle for advancing awareness of Indigenous culture by celebrating First Nation communities, filmmaking, and food. I’m looking forward to our continued partnership as we celebrate Global Indigenous Cinema and Cuisine at Devour! 2021.”

Devour! 2021’s expanded hybrid format will serve up 45 films through a combination of in-person and digital screenings, including 19 feature-length films and 26 shorts. This includes the Opening Gala film Tampopo, directed by Jûzô Itami, and handpicked by headlining special guest, Tomson Highway. This screening will take place in-person at the iconic Al Whittle Theatre as a gala opening screening.

Following the film, Mr. Highway will participate in a post-film Q&A and interview in-person and live streamed, hosted by gastronaut, artist, seven-time Guinness World record-holder, Food Network personality and long-time festival friend and supporter, Bob Blumer. “What started out as a way to maintain our festival during uncertain times has grown into so much more,” says Lia Rinaldo, managing director of Devour! “This reimagined festival makes it possible for us to bring Devour! to an even wider audience than ever before.”

With eight incoming Indigenous chefs collaborating on multiple events throughout the week, Devour! will deliver a unique palette. On the film front, a focus on Indigenous cinema features perspectives, visuals, and stories from over 20 individual nations. Canada is well represented in the film category, with 5 features and 10 short films making up 32% of the Devour! Film line up!

Additional film highlights throughout the festival include:

Gather: Directed by Sanjay Rawal. From an ambitious Apache chef to a gifted Lakota high school student, *Gather* follows the stories of natives on the frontlines of a growing movement to reconnect with spiritual and cultural identities that were devastated by genocide.

Life of Ivanna: Ivanna, a 26-year-young Nenets mother of five children, lives in the Arctic region of northwest Siberia, driving her herd of reindeer in the tundra just as her family did for centuries. Due to climate change and a dwindling herd, she may be forced to make a dramatic life turn: to leave the tundra for the city.

The Magnitude of All Things: Jennifer Abbott’s new documentary merges stories from the front lines of climate change with recollections of the loss of her sister, drawing intimate parallels between personal and planetary grief.

The Secret Path: A powerful visual representation of the life of Chanie Wenjack, this is an animated film adaptation of Gord Downie’s album and Jeff Lemire’s graphic novel. A musical retelling of Chanie’s story—from his escape from the Cecilia Jeffrey Indian Residential School to his subsequent and heartbreaking death from exposure.

Fries! The Movie: Directed by Michael Steed. Every deliciously salty and oft-overlooked crinkle of the french fry. It takes us on a journey around the world—from the origin of the potato in Peru, through the highly contested early history of the fry in Europe and the United States.

Délicieux: France, 1789, just before the Revolution. With the help of a surprising young woman, a chef who has been sacked by his

master finds the strength to free himself from his position as a servant and opens the first restaurant.

Chefs and Shorts: Taking place at the Valley Drive-In, Chefs and Shorts features a full line up of Indigenous snacks and films:

Names for Snow: This short follows Rebecca Thomassie, an Inuk woman, around Kangirsuk as she learns the 52 Inuktitut words for snow.

Chishkale: The Blessing of the Acorn: Bernadette Smith weaves the story of her Tan Oak conservation efforts in Northern California into a contemporary Indigenous dance piece created to honour the sacred, traditional food of California Natives.

Connection: A lifelong angler, Autumn Harry had never fished beyond the waters of her reservation, until she picked up a fly rod. On a trip to Washington to cast for steelhead, she unpacks what it means to overcome her own image of fly fishers and uses the sport to fight for conservation.

Wajak: At the End of the Lake: On a Sunday morning, as the sun is rising, Peter Poucachiche wakes his grandson up to go moose hunting. A rather silent journey on Kitiganik’s territory.

Pituamkek: A Mi’kmaq Heritage Landscape: A film about moving reconciliation with First Nations in Canada forward, Pituamkek is a proposed new National Park Reserve in PEI that has also been home to the Mi’kmaq peoples of Epekwitk for more than 10,000 years.

Sara Mama: Sacred Seed: In the Peruvian Andes, a Quechua boy shows his special relation to Sara Mama and reveals the knowledge within its productive cycles.

Ealât: “As long as the reindeer exist here, so do we.” Through Elle Márjá Eira’s eyes, we follow her family in different seasons with their reindeer herd. A story about living and surviving in Sámi reindeer husbandry in strange times.

The closing night film is *Wildhood*, directed by Brettan Hannam. The film, which recently premiered at the 2021 Toronto International Film Festival (TIFF), and won Telefilm Canada’s Pitch This! competition at TIFF 2018, was filmed in English and Mi’kmaw. *Wildhood* is a Two Spirit odyssey filmed along the Bay of Fundy in Mi’kma’ki (Nova Scotia). In a rural trailer park, Link lives with his toxic father and younger half-brother Travis. When Link discovers his Mi’kmaw mother could still be alive, it lights a flame to make a run for a better life. As the boys’ journey across Mi’kma’ki, Link finds community, identity, and love.

A combination of culinary, beverage, film and TV workshops will be hosted in-person and digitally by new and returning celebrity headliners. Workshop highlights include Indigenous Voices on Stage & Screen featuring Tomson Highway; Wine Workshop: Back to the Land with Kathryn Harding; Indigenous Culinary Master Classes for Youth; and the following Indigenous Culinary Workshops: Basket Weaving into Foraging with Sandra Racine and Stéphanie Levac; Sami Reindeer Cookery with Heikki Nikula, Mexican Cuisine with Jorge De La Rosa; Culinary Workshop with Taelor Barton; and Indigenous Food of the US Southwest with Brian Yazzie.

Festival favourite Devour! Chowder Smack-down is also returning this year, where award-winning chefs invite guests to sample a generous helping of each of their chowders to be crowned this year’s Chowder Champion!

The 11th edition of Devour! will also deliver a number of established community give-back events like The Mayors’ Bike Ride for Devour! and The Great Devour! Community Supper in support of regional food banks. Proceeds from the Tomson Highway Concert & Fundraiser and the Devour! World Street Food Rally will be going to the Glooscap First Nation and youth. T-shirt sales, featuring art from David J Brooks will support the Devour! Hospitality Diversity Scholarship at the NSCC for the second year running. The Devour! Down-Home Lobster Supper & Take-Away returns with proceeds going towards the Indigenous Scholarship Fund at Acadia. Devour! continues to support The

North Grove and Nourish Nova Scotia through all endeavors.

Youth and student programming is also a staple at Devour! and this year is no different, with in-person and live streamed school programming. This includes the Big Picture Program, impactful films curated specifically for youth, the Nourish Nova Scotia & CBC Youth Food & Film Challenge, and in-person and live streamed Cooking Master Classes for Youth run by Indigenous culinary instructors and students from coast-to-coast.

The full program and ticket information is available online at devourfest.com. Tickets are available right now, September 23. A second release of tickets will become available on October 5. Our advice? Don’t wait!

NEW SPACE FOR THE RED DOOR

Lindsay Millar, MD, CCFP

The Red Door Youth Health & Support Centre has moved to a fantastic new space at 10 Webster Street, Suite 203, in Kentville. Look up from Webster Street below, and you’ll see our rainbow and trans pride flags in the windows! Our new clinic is bright, welcoming, and spacious, enabling us to expand our services.

We continue to provide sexual health care for youth age 13-30 including: STI testing and treatment (including HIV testing), contraceptive counselling, free condoms, low-cost birth control, the morning-after pill (PlanB), gender-affirming care for trans and non-binary clients, pap tests, and a range of other services. We offer free pregnancy testing and unbiased options counselling. It is very important that youth know they can reach out to us as a first point of contact if seeking pregnancy counselling, as vulnerable youth are sometimes directed to organizations that do not provide nonjudgmental support or timely, evidence-based counselling about all their options. We are hoping to soon offer on-site IUD insertions and removals and offer long-acting reversible contraception to clients at low cost.

Special contributions, counselling and curating have been made throughout Indigenous communities in the formation of this year’s theme by: Devour! Advisory Panel member Zabrina Whitman (Glooscap First Nation); Joseph Shawana (Founder & Chair - Indigenous Culinary of Associated Nations) curating all food across the event; and Garret Goade, (Mill Brook First Nation) has curated and created our Mi’kmaq Mawi’omi (pow wow) at the Devour! Opening Ceremonies, with drummers and dancers from across Nova Scotia. 🍄

We are excited about the future of The Red Door and what we can offer youth in our communities. Given the challenges with health care in Nova Scotia we want folks to know that we provide these services to clients age 13-30 who don’t have a regular primary care provider, as well as people who do. We are currently open for walk-in visits with our fabulous nurses Monday, Wednesday, and Friday 9am-2pm. When needed, booked visits are arranged with our physicians. Please check out our website for more information and follow us on Instagram and other social media to stay up to date! If you are interested in supporting The Red Door in our mission to improve sexual health care for adolescents and young adults across the Annapolis Valley, please get in touch with a board member, or our friendly and knowledgeable administrative assistant, Erin!

🍄

For more information visit thereddoor.ca or call (902)-679-1411.



HEALTHY SCHOOL FUNDRAISER

Buy a Nourish Your Roots box today to make a difference in our school.

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Every sale raises funds to support healthy food programs and activities at:

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To purchase a box or learn more about the Nourish Your Roots healthy fundraiser scan this code or visit: shop.nourishns.ca



nourishns.ca







THANK YOU FROM KING-KIKIMA GRANNIES

Betsy Baillie

On behalf of the Kings Kikima Grannies I would like to say thank you to all who donated items to our yard sale on September 25, and to all of you who then came and purchased so many of them. The sale was a huge success and we raised the money needed to pay tuition for a full term for our Kikima children. Four of our children are now in university and two have graduated. Many of the others have been through some form of post secondary

education and are out working. Some are sending money home to their Grannies. The ones who are still in school will be through within the next two or three years. Thirteen years ago these children had no hope of having any real education. This project has been so successful because of the support we have from all of you who attend our jewelry and yard sales and donate items for us to recycle and sell. We are so grateful. Thank you. 🌸



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I KNOW A PLACE *by Ron Lightburn*



Carinhoso

A tranquil pond next to the Harvest Moon Trailway in Coldbrook

Ron Lightburn's art cards are now available at locations throughout the Annapolis Valley: Tides Art Gallery, R.D. Chisholm and the Kings County Museum in Kentville; The Port Pub and Sea Level Brewing in Port Williams; Bent Ridge Winery in Windsor; Absolutely Fabulous at Home, Henny Penny's Farm Market and Saunders Tartans & Gifts in New Minas; Endless Shores Books in Bridgetown.

thelightburns.com



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Presents

Uncle Vanya

By Anton Chekhov

Directed by Paul Abela
Assistant Director: Lizon Richard
Stage Manager: Thea Burton

Featuring: Emily Burton, Michael Dennis, Devon Edmonds, Ian Grainger, Allen Hume, Emily Lutz, Lizon Richard, Alan Slipp

Al Whittle Theatre	Nov. 4-6 7pm	November 3 7pm
Tickets \$20	Nov. 6 2pm matinee	Pay what you can

Tickets at wolfvilletheatrecollective.com or Just Us! in Wolfville
**Group bookings encouraged. Subject to NS Provincial health restrictions



Photo courtesy of François Côté

A SIGN OF “LIVE” FROM THE ACADIA PERFORMING ARTS SERIES

François Côté

After producing a series of Acadia Performing Arts virtual concerts in 2020-21, we can't wait to re-engage with our audience and present live performances again in Acadia University's two largest venues: Convocation Hall and Festival Theatre.

At this point, we are committed to the presentation of six performances during the 2020-21 season. For a few months already, we have been eager to announce this series, planned to begin with a November 21 concert. However, given the still uncertain timeline and terms of access to our Acadia venues, we are still holding back from officially announcing our series and putting its six events on sale through the Acadia box office.

As I'm writing this, in the last week of September, the Acadia venues remain unavailable for the presentation of events to the community at large. We hope that this situation will change in October and that we will be able to officially announce our series of concerts with confirmed venues and conditions. From the moment they purchase tickets, we want to guarantee to our subscribers and to our wider audience that our events will be presented with maximum safety and with an abundance of caution. Proof of full vaccination will be required.

While APAS concert tickets have yet to go on sale, please note that, thanks to Janet Kirkconnell's heroic programming work, "Sunday Music In The Garden Room" has already announced a full series of free afternoon concerts in KCIC's beautiful Garden Room. If community access

to Acadia's indoor venues is re-enabled, the Garden Room series is set to begin on October 17 with a Homecoming recital by pianist Walter Delahunt.

At the Acadia Performing Arts Series, short of making an official announcement, we do want to give you this "sign of life" and tell you about what we have in store: We are delaying our season's opening until November when, thanks to Debut Atlantic, we will present a beautiful performance by Duo Cavatine. In December, we intend to bring back our yearly Christmas concert to Convocation Hall as Lennie Gallant presents his wonderful *Inn-keeper's Christmas* concert.

In January 2022, in collaboration with the Acadia School of Music, we will present the annual Tom Regan Memorial concert, featuring the best of Acadia music students, faculty, alumni and friends. In February, re-scheduled from 2021, we will present the great jazz vocalist and pianist Laila Biali. Then, in mid-March, we proudly present guitar virtuoso Tariq Harb. Finally, on March 27, we end this series with the heroic return to Wolfville of the whole Symphony Nova Scotia orchestra under the direction of their new superstar musical director, Holly Mathieson.

And, with optimism that, come the spring of 2022, the Covid fog will have lifted sufficiently for national or even international tours to come back to our region, we are hoping to present concerts consistently throughout the spring, summer and fall of 2022. Stay tuned. 🍷

WOLFVILLE THEATRE COLLECTIVE PRESENTS UNCLE VANYA

Submitted

Having successfully returned live theatre to the Al Whittle in August with *The Light in the Piazza*, the Wolfville Theatre Collective (WTC) is now bringing Anton Chekhov's *Uncle Vanya* to the stage for the first week in November.

Uncle Vanya offers an exploration of the lives of a group of characters who are faced with various decisions in tragic circumstances. Frustration, unrequited love, unhappiness, drink, the demands of work, and the deep costs of environmental degradation are felt throughout the play. Comedic moments also arise as the characters tangle with fate and each other. The play offers no answers to life's difficult questions, but instead shows how our natural powers of endurance and resilience can triumph.

It is ironic that Chekhov's work, which was revolutionary in its time for breaking with staid 19th century Russian theatre, is often today viewed as sombre, onerous and as something "under glass." This production reconnects with the novel and unconventional tone advanced by the author. Be prepared for something a little different from the WTC this time around. As an audience member, you won't be securely separated from the action. Chekhov wrote about real people's lives, so, we'll be breaking down the fourth wall between the performers and the audience, and our costuming will be character-driven: from Russian babushka to Jackie Kennedy, from distinguished Herr Doktor Professor to late



1920s Louise Brooks modernism, all reinforcing the timeless nature of the themes.

The play is directed by Paul Abela, with Lizon Richard as the assistant director. The cast includes actors with rich histories at the WTC and with our local sister theatres including Emily Burton, Michael Dennis, Devon Edmonds, Ian Grainger, Allen Hume, Emily Lutz, Lizon Richard, and Alan Slipp.

Show dates:

Preview (pay what you can): November 3 at 7pm.
Performances November 4, 5, & 6 at 7pm, with a 2pm matinee on Saturday November 6 at the Al Whittle Theatre. Groups of 4+ are encouraged. Tickets can be purchased online at wolfvilletheatrecollective.com, or at Just Us coffee shop, Main Street, Wolfville. 🍷

WHAT'S GROWING AT THE HARRIET IRVING BOTANICAL GARDENS NATIVE PLANT RESEARCH

Samuel Jean, Conservation and Education Assistant

The K.C. Irving Environmental Science Centre is partnering with Helping Nature Heal Inc. to study the effect of a newly-developed seaweed-based product on the growth and development of native plants. This research project has been funded by IRAP (Industrial Research Assistance Program) and the Nova Scotia Business Inc. Productivity and Innovation Voucher Program. The research aims to determine whether the product enhances root establishment and overall plant vigor, to confer greater resistance to environmental stress conditions, particularly among native plants used in shoreline and coastal restoration projects.

Initial research with willows (*Salix sp.*) started this summer, involving trials within the phytotron growth facilities and tissue culture lab at the K.C. Irving Centre. The seaweed product is subsequently being tested on three native shrub species this fall. A group of treated red-osier dogwood (*Cornus sericea*), northern bayberry (*Morella pensylvanica*), and grey alder (*Alnus incana*) specimens and a control group of untreated specimens of the same species have been established at a coastal study site located in Grand-Pré. The product is also being tested with a few herbaceous native plants species that were grown from seed donated by the Harriet Irving Botanical Gardens. Ditch-stonecrop (*Penthorum sedoides*) and lance-leaf figwort (*Scrophularia lanceolata*) groups will be overwintered at the K.C. Irving Environmental Centre as part of the project. The root status and overall health of the plants involved in these trials will be assessed during the next growing season.



Dr. Robin Browne, propagation specialist at the K.C. Irving Environmental Science Centre, preparing ditch-stonecrop (*Penthorum sedoides*) specimens for the trial.

"This research aligns well with the K.C. Irving Environmental Science Centre and Harriet Irving Botanical Gardens," notes propagation specialist Dr. Robin Browne, "where we are seeking to develop our program for the conservation of native flora within the Acadian Forest Region. We are very excited and optimistic about this collaboration with Helping Nature Heal, in support of their restoration efforts using native species."

Helping Nature Heal is an award-winning company based in Bridgewater, NS. With 20 years of experience in ecosystem restoration, the organization encourages environmental awareness, stewardship, self-sufficiency, and resilience in individuals and the community.

We are looking forward to hearing about the results of this project! 🍷

ACADIA STUDENTS SUPPORT LAUNCH OF WOMEN, TRANS, AND NON-BINARY GYM TIME

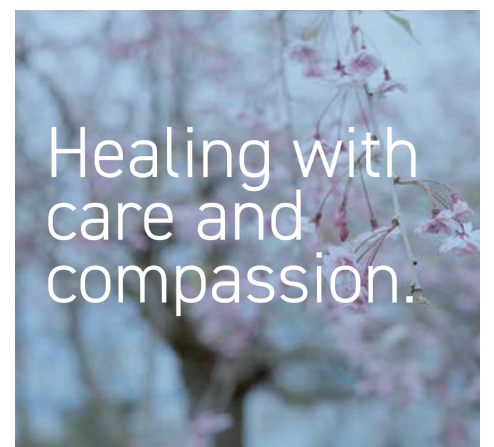
Submitted

At the start of the new fall semester, Acadia University's Athletics Department announced the launch of the Women, Trans, and Non-Binary Gym Time Program for students and Wolfville community members accessing the Acadia Fitness Centre this fall. This launch follows months of collaboration between Acadia Athletics, the Acadia Students' Union (ASU) and other members of the campus community and is being heralded as an important measure in ensuring a welcoming, inclusive environment for all Acadia students. Mirroring initiatives implemented at various institutions across the country including the University of Toronto and University of British Columbia, this measure introduces six designated time slots per week for women, non-binary, transgender, and gender diverse students to access the Acadia Fitness Centre.

"We are excited to see this initiative made available to students, staff and community members this fall," said Georgia Saleski, VP Student Life for the ASU. "Many students have already voiced their support for the program, indicating that they will be more likely to access the Athletics Complex now that this option is in place." Indeed, the proposal for a Women, Trans, and Non-Binary Gym Time Program was initially presented to the ASU Women's Centre by several students who felt that it would remove some of the barriers, such as harassment while working out, that may discourage students from accessing the Fitness Centre and other recreational opportunities on campus.

"Being one of the first universities on the East Coast to implement this is a huge step forward for Acadia. Inclusivity and accessibility are an integral part of our mission to ensure that students, staff, and faculty from across the Acadia campus and larger Wolfville community can be better supported," said Chantal Peng, Women's Centre Coordinator for the ASU. "We are thankful for the continued support and are looking forward to collecting additional feedback from students on its impacts in the coming months."

The time slots for the fall semester will be 7:30am-8:30am on Tuesdays and Thursdays, as well as two hours on Saturday from 11:30am-1:30pm, and 3pm-5pm on Sundays. To learn more, visit Acadia Equity, Diversity, and Inclusion and Acadia Sexual Violence Response and Education on Instagram @acadiauniversityequity and @acadiasvre, or by email at equity@acadiau.ca. 🍷



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AVEDA



We're Growing Again!

Please join us in welcoming two new artists to the gallery this month. On the left, emerging artist Monique Silver and, on the right, abstract artist Derek Lindzon. They will both have a space on the wall with incredible new works this month. Also, one of our own will be on the Guest Wall this month. Jean Leung will be showcasing *Annapolis Valley Landscapes*, as well as giving an artist talk on October 20th at noon. You won't want to miss it.





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