



June 2022 | Issue No. 19.06 | Supplement

COMING SOON TO
CENTRESTAGE THEATRE
www.centrestagetheatre.ca ★ 61 River Street, Kentville

<p>June 3 and 4 @ 7:30pm June 5 @ 2pm</p> <p>BROKEN Leg THEATRE</p> <p>Tickets \$15</p> <p>Donna Holmes brings her Wolfville-based variety show to CentreStage. They're dancers, singers, actors, humor, heart and more</p>	<p>June 11 and 12 @ 11am and 2pm</p> <p>THE TRAVELLING TRUNK THEATRE TROUPE</p> <p>Tickets \$7 adults / \$5 Children</p> <p>Join Sharon Churchill-Rae, Linda Levy-Fick, Mike Butler, and Brian Smit as this valley famous theatre troupe performs some of your favourite children's stories. Fun for all ages!</p>
<p>June 17 and 18 @ 7:30pm June 19 @ 2pm</p> <p>VALLEY GHOST WALKS</p> <p>ANnapolis VALLEY • NOVA SCOTIA</p> <p>Tickets \$20</p> <p>Jerome the Gravekeeper and his Historically Ghostly friends take CentreStage with a sit-down version of their celebrated Ghost Walks. Family Friendly Historical Fun!</p>	<p>June 24 and 25 @ 7:30pm June 26 @ 2pm</p> <p>LOVE Letters</p> <p>Tickets \$15</p> <p>Directed by Mike Butler The celebrated two-hander play by A.R. Gurney A poignant love story told through letters</p>
<p>July 1 and 2 @ 7:30pm July 3rd @ 2pm</p> <p>Live Radio Show Taping</p> <p>Tickets \$15</p> <p>Join CentreStage regulars as we perform and record a Radio Show with audience sound participation. Bring your biggest laugh everyone!</p>	<p>July 8 and 9 @ 7:30pm July 10 @ 2pm</p> <p>Improv Night</p> <p>with Ross Chapman</p> <p>Tickets \$15</p> <p>Local actor Ross Chapman is hosting a Night of Improv at CentreStage and you're invited. Watch hilarious acting games, uproarious scenarios and madcap fun in an unpredictable night of belly laughs!</p>

Reservations: 902 678 8040
Information: 902 678 3502



This summer we welcome the return of Hants County's beloved flagship art show and celebrate the **25th anniversary of the Avon River Heritage Museum.**

The **Great Little Art Show** features the work of 25 local artists, including a variety of paintings, textiles, fibre art, wood carvings and leatherwork.

Opening Reception on Friday, June 24th at 7pm

Adults \$10, children under 12 free. Reserve tickets by contacting us at infoavonriver@gmail.com

Showcase continues until September 25th

2022 Art Gallery Hours
July + August - Wednesday to Sunday
September - Saturday + Sunday
10 am to 5 pm, by donation

Organized by Avon River Arts, the Great Little Art Show (a community favourite since 1998!) raises important funds that contribute to the ongoing operation of the Avon River Heritage Museum and Avon Spirit Shipyard.

AVON RIVER HERITAGE MUSEUM & AVON SPIRIT SHIPYARD
15 & 17 Belmont Road, Avondale/Newport Landing, Hants Co., NS

avonriverheritage.com

Valley Regional Hospital Foundation

Valley Vineyard Social

It's time to be SOCIAL at your favorite Valley Vineyards – join us for one, two, or all three exclusive tasting and entertainment experiences in support of our Breathe Well Campaign!

Tickets on Sale Now!

June 3rd
July 15th
Sept 9th

Grand Pré
LIGHTFOOT & WOLFVILLE

vrhfoundation.ca
902-678-5414

Breathe Well

New Series Of Collagraph Prints

The Printmaker Studio & Gallery introduces a new series of collagraph prints titled, "Valley Time Lapse". The series offers an interpretation of color and texture of familiar Valley landscapes, as experienced at different times of day or night. The series includes first public work by students of The Printmaker Studio & Gallery. Visitors are welcome by appointment or by chance. Call 902-599-3450 or email bjhainstock@gmail.com

Work by printmaker Bob Hainstock can also be seen at Tides Contemporary Art Gallery in Kentville.

New Schedule For Printmaking Classes

Printmaking classes every Wed. evening 6:30 to 8:30 p.m. There are four evening classes in each technique. Fees are \$125 per student and all material provided. Limited to six students. Weekend workshops available to self-organized groups of five or more students.

Rust Prints and Mixed Media	Starting August 24
Introduction to Printmaking	Starting Sept. 28
Powerful Woodblocks & Other Relief Prints	Starting Nov. 2
Beautiful Collagraph Prints	Starting Dec. 7

Watch website www.hainstockgallery.com for more information or changes

**Two Planks
AND A PASSION**

THEATRE COMPANY

TWO PLANKS AND A PASSION

2022 Summer Season
July 8 – September 3, 2022

UNITY (1918)

BY KEVIN KERR
TUES, WED, SAT @ 6 PM, SUN @ 2 PM

THE STRANGER

BY FIRE BY KEN SCHWARTZ
TUES, THURS, FRI, SAT @ 9:30 PM

JOIN US FOR AWARD-WINNING OUTDOOR
THEATRE AT ROSS CREEK CENTRE FOR THE ARTS



Burgandy Code, Micha Cromwell, and Ursula Calder in Schoolhouse.
Costumes by Jennifer Goodman. Photo by Logan Robins.



boxoffice@twoplanks.ca
1.902.582.3073
555 Ross Creek Road, Canning, NS

A magical experience is just over an
hour from Halifax and 20 minutes
from Wolfville.

TWOPLANKS.CA

SCAN ME!





Annex front from the south, courtesy of Ross Creek Centre for the Arts

ROSS CREEK CENTRE FOR THE ARTS IS BUILDING FOR THE FUTURE

Submitted

Ross Creek is coming into summer 2022 in a thoughtful way, full of the lessons of the past two years, and ready to build for the future. Literally building. One of the worst-kept secrets in Canning is the renovation of the Church of St. Lawrence as you come into the village, which was purchased by friends of Ross Creek who were excited by how Ross Creek serves its community through culture, including food. They have committed to renovating The Ross Creek Annex into an auxiliary programming space which will host a small workshop and performance space tuned for acoustic music in the former nave, a recording studio (with a community radio), a workshop space, and a community kitchen in the basement. Community gardens are outside.

It's an exciting project that will invite more collaboration with other arts groups in the area, as well as allowing Ross Creek to extend and expand its community arts programming. Executive Director Chris O'Neill says it's part of the vision of Ross Creek to ensure the organization is truly central to the lives of its community, so everyone can participate in the cultural life of the Valley. You can find out more and sign up for tours at artscentre.ca/the-annex.

The other thing O'Neill is excited about is the programming they have planned for the summer and beyond. "We're looking at our biggest SummerArts Camp season yet, and so thrilled to be able to reopen our academy and Dance Summer Dance programs fully again in August. This includes bringing back our instructors from the National Ballet School and the rest of our incredible faculty."

On July 1, Ross Creek celebrates its twenty-second birthday and launches its summer season. That renewed community celebration of the First, as well as the newest, cultures of this land is envisioned as a festival of all our relations, through arts, music, performance and food, from 1pm until 10 pm.

O'Neill is looking forward to seeing people come out and celebrate being together in a new way. "We all need joy and hope, and with this July 1 event, we look forward to welcoming everyone to a celebration of the diverse cultures that are reflected in Mi'kmaq. It's a way to mark the start of something new, and to reflect the spirit of community through culture." 🌱

You can find out more about July 1 and other programs at Ross Creek at artscentre.ca.

TWO PLANKS AND A PASSION CELEBRATES 31ST ANNIVERSARY

An ambitious two-production season of outdoor theatre

Submitted

Two Planks and a Passion Theatre Company's 2022 season includes the Atlantic premiere of a beloved and timely Canadian play and the world premiere of a new fireside production.

"While the pandemic has proved enormously challenging for the performing arts in Canada, the experience has not dimmed our spirit nor curtailed our ambition," says Ken Schwartz, Artistic Director, adding, "after a delayed and shortened 2021 summer season, the coming summer is a special opportunity for us, as artists, to once again reassert the importance of live performance, to provide a safe venue for our community to come together, and to investigate, once again, what makes us human." The 2021 season includes the Atlantic premiere of *Unity (1918)* by Kevin Kerr and a world premiere of the fireside production of *The Stranger*, written by Artistic Director Ken Schwartz and inspired by a novel by Robert Louis Stevenson. *The Stranger* has been in development at Two Planks since 2019 and has been twice delayed by the pandemic. "We're tremendously excited to finally bring *The Stranger* to the stage," says Schwartz.

"These plays, each in their own unique way, speak powerfully to the period we have just been through and our hopes for a better future. Both tell very different stories of a small rural community (much like our own) facing events that were once unimaginable. They both examine the power of friendship and compassion to meet a historically-challenging time. They were not written with our specific moment in mind, and yet they both resonate as if they were," says Schwartz.

***Unity (1918)* by Kevin Kerr (Atlantic premiere)**

In the fall of 1918, the town of Unity, Saskatchewan is celebrating the end of World War One and the return of its young soldiers. But the town's resilience is tested as a new challenge emerges. In this painfully funny work of moving familiarity, the characters in the farming community of Kevin Kerr's *Unity (1918)* resonate powerfully and surprisingly.

***The Stranger (By Fire)* by Ken Schwartz**

In the pastoral village of Apple Tree Landing, the visit of a single stranger disrupts the lives of its citizens and forces two friends into an

unlikely alliance to uncover the truth behind the stranger's identity and true purpose. After a shocking event in their town, they race to piece together a story so incredible they can scarcely believe it themselves. At once a meditation on the true nature of friendship and a late-Edwardian fireside mystery, *The Stranger* is an exciting and entertaining examination of a small town experiencing the shock of the unknown.

The cast for Two Planks and a Passion's 2022 season includes some of the finest performers working in Canada, many familiar to Two Planks audiences. Returning performers include Burgandy Code, Jeff Schwager, Chris O'Neill, Ryan Rogerson, Micha Cromwell, Henricus Gielis and Riel Reddick-Stevens. Kiana MacDonnell and Alison Moira Kelly are joining the company for the first time.

Allen Cole (co-winner of the 2019 Merritt Award for Outstanding New Play) is the Musical Director for the 2021 season. Jennifer Goodman (winner of the Merritt Award for Outstanding costume design for *The Tempest* in 2016) will return to design costumes for both *Unity (1918)* and *The Stranger*, and Ken Schwartz (winner of the 2019 Merritt Award for Outstanding Direction and 2020 Merritt for Outstanding Score with Allen Cole) is directing both productions. Robin Munro (Merritt award for Stage Manager of the Year in 2020) will return for her seventh season as Stage Manager. Laurie Fleet is Apprentice Stage Manager.

Previews begin on July 8, and both shows open on July 9. The season will close on September 3. Two Planks will also present a series of pre- and post-show conversations with historians and artists throughout the summer (for details visit twoplanks.ca).

Since Two Planks and a Passion's first outdoor season at Ross Creek in 2007, the company has been nominated for 115 Merritt Awards for excellence in professional theatre in Nova Scotia, winning 34 times. The 2022 season is made possible through the support of the Canada Council for the Arts, Arts Nova Scotia, The Nova Scotia Department of Communities, Culture and Heritage, Support for Culture and The Craig Foundation. 🌱

A NEW SEASON AT ROSS CREEK CENTRE FOR THE ARTS

Ken Schwartz

As I write this, the Ross Creek Centre for the Arts is buzzing with activity. We're getting ready for our first full season since 2019 at Two Planks and a Passion Theatre, and the Ross Creek Centre is preparing for what looks like one of its busiest seasons yet of arts camps for all ages. Artists and staff are arriving from all over the world, the Canada geese are laying eggs, old friendships are picking back up and new ones are getting off on the right foot. Promise is in the air.

We are, of course, perhaps more grateful than we have been in the past—in the "before times." Many of the lessons of the last two years of living through a pandemic have revolved around the idea that nothing is a given. Things that happen every year haven't since early 2020. Although Two Planks successfully mounted a delayed season in 2020, it was far from "normal" in so many ways.

At the same time, we have been able to take the opportunity to re-prioritize the way we create theatre at Ross Creek, our time away from our outdoor stages spent thinking about how we can improve the experiences of individual artists and imagining the stories we might tell given the world we live in now.

This season is a direct result of the re-visioning of our work. Some of the changes might not be visible to an audience member but have a great impact on the people who make the theatre a reality at Ross Creek. Others,

including the selection of plays to present at Ross Creek, are much clearer statements about how we are seeing the world and what we hope for the future.

Both plays, *Unity (1918)* by Kevin Kerr and *The Stranger* by yours truly, share some fundamental things in common. Both are stories of small Canadian villages more than a hundred years ago. Both communities face unexpected challenges that upend the lives of nearly every person who lives there. Both ask powerful questions about the value and purpose of a community.

And, it should be said, both are often hilariously funny. Because reflecting on what we have been through, no matter what lens you use to examine it, requires that we reflect real human experiences—the hopes as well as the fears, and the joy of making it through the challenge.

As the theatre creators who make up our company gather on the first day of rehearsals, we'll take a moment, as we always do, to reflect on the special privilege we share—reflecting our community back to itself through live performance. After being separated from each other for most of the last two years, it has never felt so deeply important to be a theatre maker as it does now.

Come up and visit us at Ross Creek this summer. It's an experience you won't soon forget. 🌱

WORLD ENVIRONMENT DAY IS JUNE 5

We've got **Only One Earth**, and what you eat makes an impact!

Emily Kennedy

Every year, the fifth of June marks World Environment Day. This year's theme, *Only One Earth*, is all about taking collective action to "celebrate, protect, and restore our planet." One of the ways we feel the effects of climate change here in Kings County is through what we eat.

Over the last number of years, the Valley has faced extensive droughts, alongside an increased frequency of heatwaves and coastal storms. This creates an added challenge to not just traditional agriculture, but anyone who relies heavily on foraging as well. The result? Smaller yields and increased food insecurity.

According to a 2019 report from Statistics Canada, Nova Scotia continues to be the province with the highest rate of food insecurity in Canada. The most recent statistic does not take into account the impacts of Covid-19, yet was listed at 18.8% food insecure. This means nearly 20% of Nova Scotians, or one in five, do not have access to adequate food on a daily basis.

As our planet is tested further with the increased presence of climate-related impacts, met with the most recent costs of transportation, it is likely that the cost of food will continue to rise. While we are now better equipped to recognize the impacts of climate change on our food systems, this doesn't make finding solutions any easier. More and more households are struggling to make ends meet as it is.

Learning to care for the planet whilst considering the impacts on our wider community gives us the greatest opportunity to make a difference, right here at home. Purchasing only what you need through meal planning and saving or sharing leftovers is a great way to divert food waste and save money. Supporting local food producers as much as possible not only helps the local economy, but the environment more broadly. You can even try your hand at gardening.

I encourage you to go to WorldEnvironmentDay.Global and look at the Practical Guide to Living Sustainably in Harmony with Nature, developed for World Environment Day 2022. Here you'll find more tips on how your everyday choices can affect food systems, finances, transportation, business, and industry. We are all powerful people; many small actions can lead to big impact.

🌱

Emily Kennedy is a climate change adaptation specialist, and uses this knowledge in outdoor programming as the owner of resiliFIT Coaching. She is also a member of Kings County Community Food Council. The Council's vision is to have a sustainable, local food system in Kings County, where everyone has access to enough nutritious, safe, ecological, and culturally appropriate food. For more information on our work and how you can get involved please contact us! info@KCCFoodCouncil.ca.

VALLEY THEATRE GROUPS TAKE CENTRESTAGE

A Variety of Shows to Kick off the Summer!

Mike Butler

CentreStage Theatre in Kentville is not just one stage, but two. It’s not just for them it’s for YOU. It’s not a house for THEIR shows but it is also a flexible space to showcase a variety of theatrical endeavours and you are in for something amazing. The little theatre with the big heart is about to kick off the summer with SIX weekends of different shows, some from a variety of local theatre groups, offering something different for everyone. This is a new and unique outing for Centre-Stage Theatre and we can’t wait to welcome new audience members, performers, and theatre lovers as the *Valley Takes CentreStage* extravaganza unfolds!

Broken Leg Theatre

Donna Holmes brings her Wolfville-based variety show to CentreStage Theatre for the first time! They’re dancers, singers, actors, humourists, and more!
Tickets: \$15
Showtimes: Friday June 3 and Saturday June 4 at 7:30pm, and Sunday June 5 at 2pm.

The Travelling Trunk Theatre Troupe

Join Sharon Churchill-Roe, Linda Levy-Fisk, Mike Butler, and Brian Smit as this Valley-famous theatre troupe perform some of your favourite children’s stories. Fun for all ages! New stories, old favourites and the Main Stage! Not to be missed!
Tickets: \$7 for adults and \$5 for children.
Showtimes: Saturday June 11 at 11am and 2pm ,and Sunday June 12 at 11am and 2pm.

Valley Ghost Walks

Jerome the Gravekeeper and his historically ghostly friends take CentreStage with a sit-down version of their celebrated Ghost Walks. Family-friendly historical fun! See lots of local talent, learn about our history, and have a spooky good time!
Tickets: \$20
Showtimes: Friday June 17 and Saturday June 18 at 7:30pm and Sunday June 19 at 2pm.

Love Letters

Directed By Mike Butler and starring Caroline Leverett and John Smith. Come see this celebrated two-hander play by A.R. Gurney, a poignant love story told through letters. Romance, comedy, drama and more !
Tickets: \$15
Showtimes: Friday June 24 and Saturday June 25 at 7:30pm and Sunday June 26 at 2pm.

A Live Radio Show Taping

Have you ever wanted to be the laugh track of a live radio show taping?
Join CentreStage regulars as they perform and record a radio show with audience sound participation. Bring your biggest laugh everyone!
Tickets: \$15
Showtimes: Friday July 1 and Saturday July 2 at 7:30pm & Sunday July 3 at 2pm.

Improv Night with Ross Chapman

Local actor Ross Chapman is hosting a night of improv at CentreStage and you’re invited. Watch hilarious acting games, uproarious scenarios, and madcap fun in an unpredictable night of belly laughs!
Tickets: \$15
Showtimes: Friday July 8 and Saturday July 9 at 7:30pm & Sunday July 10 at 2pm.

And while I’m here, I might as well mention the July through August show at CentreStage is a delightful Norm Foster comedy called *Ladies Foursome*, directed by Nancy Henry. Mark your calendars for this witty production about golf, gals, and giggles on the green: a perfect summer laughfest! *Ladies Foursome* is playing June 22, 23, 29, 30, and August 5, 6, 12, 13, 19 , 20. Enjoy the shows everyone and thank you for supporting local community theatre. 🍷🍷

NEW INSTALLATION COMING TO ARTSPLACE

Gallery Set to Transform to Club Assembly at the Hands of Western Canada Art Duo

Submitted

Multi-disciplinary art duo Leah McInnis and David Peters are packing their tools and building supplies in preparation for a full-scale transformation of ARTSPLACE Gallery into their newest installation, *Club Assembly*.

Originally from small Canadian towns, McInnis (Fort McMurray, Alberta) and Peters (Cape Breton, Nova Scotia), focus their ongoing practice-based research on the acts of building community.

Club Assembly is a site-specific activation, bringing together architectural structure—using reclaimed wood and found materials—sculpture, text, light, and images, designed to foster contemplation, curiosity and conviviality.

“The work we make is immediate, large, and physical, it also allows space for reflection and communion, participation, and the play that comes from discovery.” says artist Leah McInnis.

“The artists will temporarily transform the main gallery space into a social space by constructing site-specific ad-hoc structures, self-published artist books, and found objects,” said Gallery Director, Sophie Paskins.

At the centre of the installation is the single hand-bound novel written collaboratively by the artists: a celebration of words and an exploration in extended collaboration, from the artists to the community of Annapolis Royal. Projected video, compiled collaboratively from found footage, will act as an expanded and abstracted trailer for the novel.

“This exhibition marks the first presentation of Leah and David’s collaborative practice on the east coast, and is also their first exhibition together since before the pandemic,” said Ted Lind, ARTSPLACE Board Member.

“*Club Assembly* is ultimately a celebration of words, architecture, and friendship,” added artist David Peters.

Club Assembly runs June 18 through July 30. Join us at ARTSPLACE for the artist talk, June 18, 2pm.

Leah McInnis and David Peters are collaborative conceptual artists that have been creating and exhibiting together since they met during grad school in 2016. Sharing a passion for architecture, literature, and the mundane, they create site specific installations that are oftentimes interactive and utilize reclaimed materials.

ARTSPLACE is a public art gallery that is operated by the Annapolis Region Community Arts Council, a registered non-profit community organization dedicated to encouraging and promoting the arts supported through the Province of Nova Scotia and the Canada Council for the Arts.

ARTSPLACE Gallery is located at 396 St. George Street in Annapolis Royal, Nova Scotia” 🍷🍷

For more information visit arcac-artsplace.weebly.com

DEVOUR! THROUGH THE YEARS

In recognition of the upcoming 12th installment of the festival, *The Grapevine* asked Devour! managing director Lia Rinaldo and festival founder and executive director Chef Michael Howell to reflect on over a decade of Devour!

The Grapevine (GV): *Devour! The Food Film Fest has been bringing the best of cinema and cuisine to Wolfville for over a decade now. Looking back at the early days of putting the festival together, did you anticipate that it would grow to this size [100+ events, attracting over 14,000 food and film lovers to Wolfville]?*

Michael Howell (MH): From the first year of the festival in 2009, when this was simply a project of Slow Food Nova Scotia, I don’t think anybody anticipated that it would become this large-scale festival. It was meant to do a little bit of economic development in the shoulder season and also to espouse the principles of Slow Food to a wider audience.

Lia Rinaldo (LR): I’m not sure either of us could have imagined the trajectory this festival has experienced from its start. Michael was the original founder and I joined in on the second edition. Much of our success comes from the combining of two decades-long careers in our respective fields of food and film with much crossover...along with a wealth of experience, contacts, and built up good will. Not sure we would have found ourselves in this place if we were starting from scratch. We’ve worked hard to get that Devour! brand recognized globally and at home and are now feeling the benefits of that sweat equity.

GV: *What has surprised you over the years?*

MH: I’ve been surprised by the enthusiasm of culinary travellers. People coming back year after year and bringing friends with them. I’ve also been pleasantly surprised by the success of our VIP program that sees people buying full access to the entire event

LR: Both of us are creative, hard-working events managers and entrepreneurial in spirit within the confines of being a not-for-profit cultural organization. We have spent a lot of time fundraising at all levels of government and with corporate partners and donors and I never quite pictured that side of things or how much time and relationship-building it would require, and that I would like it. That whole idea of selling something you love really rings true to me now.

GV: *Do you have any favourite moments from festivals past? Proud moments for the festival?*

MH: Obviously it was a highlight for me as a chef to meet and bring Anthony Bourdain here. While it wasn’t without its issues, it was a seminal moment in the development of Devour! and for me personally as a chef. And more recently we’ve developed a wonderful friendship with Jacques Pépin originally because of his visit to Wolfville where we blew him away with the sophistication of our event. That has now turned into a long-term multi-event relationship which we cherish.

LR: So tough with so many to choose from but here’s one: a number of years ago, we

screened a film called The Path of Stone Soup about a community in Oaxaca who were preserving a traditional soup-making method on riverbanks where hot rocks cook fresh fish. It’s much more than that, of course, but the filmmaker and family members from the community started a Kickstarter campaign and raised money to fly themselves to the festival with suitcases of rocks to cook the soup following their screening. Most audience attendees were moved to tears to see them and have the soup.

GV: *The festival has navigated all the challenges that the last few years have presented. Are there innovations developed during that pandemic that you’ll be continuing? Have there been any silver linings to the experience?*

MH: Producing more events outside and learning to understand that through the pandemic people were more willing to be outside has helped us grow the festival during this time.

LR: Our silver lining was that we were able to produce events through the whole pandemic when many festivals could not. A small window opened up the last two falls and we safely hosted small hybrid events in person and streamed online. Still shaking my head that we pulled it all off. I can’t imagine what kind of energy it would take to start an event again after two years. We did focus on the streaming and recording of our event that we have wanted to be able to do for some time, and the pandemic kind of pushed us online. I’m grateful for that.

GV: *What brought about the theme for this year’s festival? Why is it timely?*

LR: We have had fun from a curatorial perspective adding in a theme to our event over the years from celebrating women in gastronomy to regional focuses like Italy and Scotland to hard-hitting issues like climate change. We spend a fair amount of time researching and staying atop trends, films, industry, and chefs as we plan each year, usually outlining themes years ahead, but this one came to us from a chef colleague, Peter Dewar who is faculty at the NSCC Culinary Management, School of Business and Creative Industries, and it felt so spot-on and timely, we set aside what we had already been planning to make way for what we have coined “The Future of Food: Plant-Based Cinema & Cuisine” for our 12th edition in October of 2022.

GV: *What is one highlight not to be missed with this year’s festival?*

MH: I’m very excited by the fact that we have yet another culinary school from across Canada joining us. In addition to PICA from Vancouver and George Brown from Toronto we also have Centennial College joining us from North York Toronto in addition to all of the NSCC students. We are going to feature those students across the program this year.

🍷🍷

For more information about Devour! and The Future of Food, visit devourfest.com.

LETTER TO THE GRAPEVINE

Dear Grapevine Owners,

I can’t begin to tell you how many people you three enterprising young women have touched over the better part of 10 years. I used to grab a copy of *The Grapevine* whenever I was in Wolfville in order to catch up on the Valley happenings, the arts and cultural events, short biographies of many of the interesting people around here, our horoscopes and so much more.

For a long time I was just a simple reader. One day a patron came into my library branch in Kingston and asked, “How come we don’t get *The Grapevine* at this end of the Valley?” That’s when I turned into a delivery person and became aware of what a great impact the paper made all the way from Windsor to Annapolis Royal, and in particular, my route between Aylesford and Middleton. Every two weeks I was greeted with smiles and grasping

hands wherever I delivered and if I were later than usual, I heard, “People have been asking...”

As soon as we were allowed out of lockdown, signs even went up in several venues where I delivered, saying that according to an EU medical advisory, Covid did not travel on newspapers. People wanted their *Grapevine* and the shops wanted to provide it. The women got back to work and unlike many other papers, it survived and thrived.

You will be missed, and hopefully someone, or a team, will pick up *The Grapevine* baton, and with your help, carry on!

Thank you for all your wonderful years of keeping us up to date and entertained intellectually.

— Andrea Leeson

DEVOUR!
THE FOOD FILM FEST

The FUTURE of FOOD

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OCTOBER 24-30, 2022
WOLFVILLE, NOVA SCOTIA

PLANT-BASED CINEMA & CUISINE

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A New Festival of Global & Local Music

in a Magical Setting in the Heart of Wolfville!

CELSO MACHADO & THE CHARKE-CORMIER DUO

TERRA SPENCER

THE GILBERTS

DANIEL JAMES MCFADYEN BAND

SKYE CONSORT & EMMA BJORLING

IAN SHERWOOD

KIM BARLOW & MOHAMMAD SAHRAEI

THE BOMBADILS

TANIA CHAN

GRAHAM HOWES & FRIENDS

SAHARA JANE NASR & KEN SHORLEY

MORE ARTISTS TO BE ANNOUNCED....

AUGUST 13 AND 14, 2022

Harriet Irving Botanical Gardens

Acadia University, Wolfville, NS

Presented by Acadia Performing Arts Series

Visit pas.acadiau.ca

Get your passes/tickets at the Acadia Box Office.

acadiau.universitytickets.com

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free for your kids !



15th Annual Art Festival Wolfville



Sat. July 23, 2022, 10:00am – 4:00pm

Green Space, 282 Main Street, Wolfville, NS

(Across From Duck Pond)



Try it in Wolfville



Kids Free Art Experience, Supplies Provided

Sign up for 11:00am – 12:00pm, or 2:00pm – 3:00pm

Sponsored by Evangeline Artists Cooperative Ltd.

VANGUARD ARTISTS
RIVETING DANCE
BOLD IDEAS



Nicole Rose Bond in *The High Heart*
Choreographer: Patricia Beatty
Photo: David Hou

FODAR

FESTIVAL OF DANCE ANNAPOLIS ROYAL JULY 19 - 23, 2022

Randy Glynn, Artistic Director
Michael Caldwell, Associate Artistic Director

FODAR.CA f t i v @FODARdance

MARKET DANCES July 19, 20 / 8pm Market Square	MAINSTAGE July 21, 22 / 8pm July 23 / 2pm, 8pm King's Theatre
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TICKETS / kingstheatre.ca / 902 532 7704
Market Dances / Tickets at the Gate

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KING'S
THEATRE

Festival of Dance Annapolis Royal wishes to acknowledge that our festival takes place within the Mi'kma'ki, the ancestral and unceded territory of the Mi'kmaq People.

IS
but where it
almost
never:
stops

Leah McInnis / David Peters
Club Assembly
June 18 / July 30

ARTSPLACE 396 St. George St. Annapolis Royal, NS B0S1A0

EXHIBITION PARTNERS

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June 19th
July 17th
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September 18th
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Artist in Residence - Edward (Bill) Thibeau

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Pop-up Markets & Demos + BBQ Fundraiser 12-4
 Sofa Sundays LIVE PERFORMANCES, \$10 or PWYC, 1-3
 Avon Spirit Shipyard & Museum, 15&17 Belmont Road, Avondale

avonriverheritage.com



Kingsport GALA DAYS

It's time for some FUN!

Friday night and Saturday, June 24th & 25th
 Check Kingsport's Facebook page and website for times and details

We'll kick off the weekend with a **Coffee House** on Friday night, June 24th with comedians and lots of music, finger foods and your favourite beverages. It'll be a hoot!

Saturday, June 25th will be a busy day ~
KINGSPORT AND MEDFORD COMMUNITY YARD SALE starts at 9 am. Pick up a map, coffee and sweets at the Lloyd Centre

Race Against the Tide
Sandcastle Competition - The sky's the limit
Yoga on the Lawn **Games in the Park** for kids and for those who wish they were!
Tarot Card reading **Drumming Circle**
Food everywhere:
 Chicken BBQ Dinner Food in the Park
 Bake Sale at the Lloyd Centre
 Tide's In Canteen at the Beach
Bingo with outstanding prizes

An afternoon **Auction** offering treasures to those not afraid to raise their hand,
Band in the Sand at 6:30 pm
 And everyone's favourite event ...
Fireworks on the Beach at 10 pm
 Stay tuned for more details.
And see you soon.

Coffee House
Yard Sale - Bingo
Auction - Chicken
BBQ - Band and
lots more!!



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BRYAN GIBSON MURAL IN KENTVILLE

On May 26th Bryan Gibson and his family attended a packed celebration of his career as a boxer under a mural created by Jaimie Peerless that commemorates his accomplishments. Gibson is the first boxer of African descent from Nova Scotia to compete in the Olympics. He also founded the Evangeline Trail Amateur Boxing Club in Kentville and has coached a variety of amateur boxers including two-time Canadian National Women’s boxing champion Jennifer Holleman, who is also pictured in the mural.

Pictured left to right: Jaimie Peerless (mural artist), Bryan Gibson, Jennifer Holleman. Photos by Doug Ralph

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SNAPSHOT
NORTHVILLE FARM HERITAGE CENTRE

The Northville Farm Heritage Centre was founded in 2000 with the aim of preserving the tools, implements, and farming methods of the past. The collection currently encompasses ten buildings, and includes a windmill and blacksmith shop. “There are thousands of pieces of equipment,” says Wilfred Kinsman, volunteer.

antique tractor pull was held over the Apple Blossom weekend and a harvest event is in the works for later in the summer. On Facebook, search for “Northville Farm Heritage Centre” to join their group and learn more about visiting and supporting the Centre.

Northville Farm Heritage Centre
2918 Prospect Rd
Cambridge, NS

Lindee Climo adding the finishing touches to the oxen that appeared on the Centre’s Apple Blossom Festival Parade float this year. The oil tank oxen were created by Climo along with welder Monty Hall. Photos by C. Anne Rogers.

8 | June 2022 Summer Extra



WHO’S WHO: THE HIGHTIDES

Mike Butler

Let’s go back to my teen years when the radio blasted New Kids on the Block, what a time! The boy bands of yesterday bring on a sense of nostalgia and fun and did you know Wolfville, and our surrounding community, has a boy band right at its fingertips? We do, and they’re called The Hightides. Here’s a little feature on this fab foursome!

This gaggle of clean-cut misfits (in the nicest, sweetest way possible) is composed of Luke Waterbury, Eric Skinner, Luke Fultz, and Thomas Wells.

The band originally formed in September 2019 at Acadia under the name Pop Therapy. This name was taken from an album that their lead guitarist, Thomas, really liked. They started off as a cover band because they figured that’s what people wanted to hear but their goal was always to write their own material. Even with a hot student following, The Hightides were hit with the pandemic like the rest of us and had to shut down a bit.

During this time they explored the types of sounds and music that they would like to make, and released a few songs into the wild. They decided to rebrand, and now we have The Hightides, for two reasons: Wolfville sits along the Bay of Fundy, with the highest tides anywhere in the world, and the boys also dig surf music and the various offshoots it’s produced. And then, The Hightides exploded onto our Valley music scene and beyond. They’ve sold out multiple shows at The Carleton, Bearly’s, Gus’s Pub, and The Foggy Goggle, just to name a few. They also performed at FarmFest 2021 at the Cole Harbour Heritage Farm Museum and there’s many more to come!

Here a bit on the bandmates and we shall start with Luke Waterbury. Luke was born and raised in Wolfville with family ties still local. He recently graduated from Acadia with a BA in political science and has spent much of his free time either jamming with the boys or working at the Church Brewery Co. and lighting up the world with his smile! He wants to head into the teaching profession, and this fills me with ever-loving joy as the world could use thousands more Luke Waterburys! Luke is the lead vocals for The Hightides and adds a little guitar too.

Eric Skinner is the band’s drummer as well as one of the singers and again, another pretty face! He grew up in Hammonds Plains but quickly developed a love for the Valley. Eric graduated from Acadia with a Bachelor of Music Therapy. “My parents don’t know how to whistle a tune,” Eric says, “but they were able to help me take lessons from a young age on the piano which sparked my love for music. My sister, Samantha is in a similar boat as me, she loves to sing and play the guitar.”

Once Eric gets his therapist certification, it’s no holds barred for this fella. He’s a musician at heart, playing anything that makes noise, and he has a passion for helping people, and being present in the community. So, let’s order up a few thousand more of him too!

Thomas Wells is the lead guitar and one of the vocals for the group as well as the token red-head. Like Eric, he stems from the lush forests of Hammonds Plains and is a recent Acadia grad with a degree in psychology. Thomas commented, “Despite my education, it has not helped me gain an advantage when playing board games with my two sisters. I enjoy bird watching and eating nachos with my pal Luke Fultz.”

Thomas loves how the band began jamming together and how they’ve continued to grow as a group. “I remember during our first show I was so nervous I didn’t move and stared at the floor the whole time,” he says. “Fast forward to now and we’re releasing our debut EP this summer. The music is very upbeat and catchy. I like to imagine the listener’s getting home from work on a Friday, cracking open a root beer, plugging their phone into the aux, selecting The Hightides, and doing a giant cannon ball into a refreshing body of water. It’s been fun jamming with these guys over the past two years, they make me laugh every band practice and I look forward to hearing their footsteps at the door each week.”

And last, but certainly not least (and he’ll say the same thing) is another pristine example of wonderfulness like the others, Luke Fultz. Luke is The Hightides’ rhythm guitar and shouter of HEYS! (it’s a big job, trust me), and he’s from the lovely Annapolis Valley. Luke is a full-time teacher and part-time server at the amazing Paddy’s Irish Brewpub in Wolfville.

“While I am a teacher, I’m fully aware that life will never stop teaching me new lessons and opening new doors,” Luke says. “Life just happens, time rolls on despite our protests, and that excites me as much as it terrifies me. I’m excited for what’s coming next, for as the Zen Master says, “We’ll See.” Playing music has been a recent development in my life and I’m extremely grateful to play with the other three gentlemen in The Hightides, as it has been a journey of personal and musical growth.”

The Hightides are the Beach Boys of Wolfville, The Beatles of Nova Scotia, and one of the grooviest foursomes you could see, hire, and enjoy! How do you see them or reach out? It’s easy:

Their new single, “Never Know,” comes out on June 10. Accompanying it will be their debut music video shot by Jackson Productions, a company based in Halifax. It looks and sounds insanely awesome, and I am so excited for the boys. On July 7, The Hightides will release their debut EP entitled *House Party*. This will be the culmination of their rebranding and serve as a new foundation for them going forward. Grab a copy to support them! With new harmonies, added bonuses, original material, and distinct flavour, you’re bound to love it!

And here are some performances dates to lock into your calendars:
June 16: The Carleton to support Avery Dakin & Friends for her release show
July 7: The Carleton for their debut EP release show and party
July 15: The Foggy Goggle
August 13: New Scotland Brewing Co. in support of Klarka Weinwurm

The Hightides, while making awesome music, are also ambassadors for youthful energy and appreciation for our area. They have a love for the scenery, its history and, as most are recent Acadia graduates, never let music take them away from pursuing their studies. Yes, they have hopes and dreams of travelling, working professionally in their given fields, and having families filled with *low tides* (get it?), but music and friendship and togetherness are the driving force right now for this gang! Can you feel the love yet?

Best of luck to The Hightides and their journey. Follow them on Facebook and Instagram everyone! Thank you for being the fun, smiling, positivity the world needs right now! Bravo! 🥳🎸

Rob Brezsný's FREE WILL ASTROLOGY

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ARIES (March 21-April 19): “It takes a spasm of love to write a poem,” wrote Aries author Erica Jong. I will add that it takes a spasm of love to fix a problem with someone you care about. It also takes a spasm of love to act with kindness when you don’t feel kind. A spasm of love is helpful when you need to act with integrity in a confusing situation and when you want to heal the past so it doesn’t plague the future. All the above advice should be useful for you in the coming weeks, Aries. Are there any other variations you can think of? Fill in the blank in the next sentence: It takes a spasm of love to _____.

TAURUS (April 20-May 20): “The great epochs of our life come when we gain the courage to rechristen our badness as what is best in us,” wrote philosopher Friedrich Nietzsche. When I read that ambitious epigram, I didn’t know what he was referring to. By “badness,” did he mean the ugly, pathological parts of us? That couldn’t be right. So I read scholars who had studied the great philosopher. Their interpretation: Nietzsche believed the urges that some religions seek to inhibit are actually healthy for us. We should celebrate, not suppress, our inclinations to enjoy sensual delights and lusty living. In fact, we should define them as being the best in us. I encourage you Bulls to do just that in the coming weeks. It’s a favorable time to intensify your devotion to joy, pleasure, and revelry.

GEMINI (May 21-June 20): It’s an excellent time to correct and uplift your self-image. I invite you to speak the following affirmations aloud: “I am not damaged. I am not on the wrong path. I am not inept or ignorant or off-kilter. The truth is, I am learning how to live. I am learning how to be a soulful human and I am doing a reasonably good job at that task. I do a lot of things really well. I’m getting to know myself better every day. I constantly surprise myself with how skilled I am at adjusting to life’s constant changes. I AM AMAZED AT HOW MUCH PROGRESS I HAVE MADE IN LEARNING HOW TO LIVE.”

CANCER (June 21-July 22): In the Tibetan language, the term *nyingdu-la* means “most honored poison of my heart.” Many of us know at least one person who fits that description: an enemy we love to hate or a loved one who keeps tweaking our destiny or a paradoxical ally who is both hurtful and helpful. According to my analysis, it’s time for you to transform your relationship with a certain *nyingdu-la* in your life. The bond between you might have generated vital lessons for you. But now it’s time for a re-evaluation and redefinition.

LEO (July 23-Aug. 22): “Don’t pray for the rain to stop,” advises Leo poet Wendell Berry. “Pray for good luck fishing when the river floods.” That’s useful advice for you, my dear. The situation you’re in could turn out to be a case of either weird luck or good luck. And how you interpret the situation may have a big impact on which kind of luck it brings. I urge you to define the potential opportunities that are brewing and concentrate on feeding them.

VIRGO (Aug. 23-Sept. 22): Virgo writer Julio Cortázar (1914–1984) once remarked, “How tiring it gets being the same person all the time.” That’s surprising. In fact, Cortázar was an innovative and influential author who wrote over 30 books in four genres and lived for extended periods in five countries. It’s hard to imagine him ever being bored by his multifaceted self. Even if you’re not a superstar like Cortázar, Virgo, I expect you will be highly entertained and amused by your life in the coming weeks. I bet you will be even more interesting than usual. Best of all, you will learn many fresh secrets about your mysterious soul.

LIBRA (Sept. 23-Oct. 22): The blogger Frogbestfriend says, “One of the biggest problems with society nowadays is that I am so, so sleepy.” Frogbestfriend is humorously suggesting that his inability to maintain good sleep habits is rooted in civilization’s dysfunctions. He’s right, of course!

Many of our seemingly personal problems are at least partially rooted in the pathological ways the whole world operates. Our culture influences us to do things that aren’t always healthy and wise. I bring this to your attention, Libra, because now is a favorable time to meditate on society’s crazy-making effects on you. Now is also a pivotal moment to heal yourself of those crazy-making effects.

SCORPIO (Oct. 23-Nov. 21): Poet Maggie Smith writes, “We talk so much of light. Please let me speak on behalf of the good dark. Let us talk more of how dark the beginning of a day is.” I offer her proposal as a fertile theme for your meditations. Of all the signs in the zodiac, you Scorpios are most skilled at teasing out the good stuff from shadows and secrets and twilight. And your potency in these matters is even higher than usual right now. Do us all a favor and find the hidden redemptions and potential regenerations.

SAGITTARIUS (Nov. 22-Dec. 21): When actors and other creative people in film win Oscars at the Academy Awards ceremony, they come on stage and deliver short talks, acknowledging their honor. These speeches often include expressions of gratitude. An analysis revealed that over the years, Sagittarian director Steven Spielberg has been thanked by winners more often than anyone else—even more than God. Based on my reading of astrological omens, I believe you deserve that level of appreciation in the coming weeks. Please show this horoscope to everyone you know who may be willing to carry out my mandate. Be proactive in collecting tribute, credit, and favors.

CAPRICORN (Dec. 22-Jan. 19): In the ancient Greek story of Odysseus, the hero leaves his home in Ithaca to fight in the Trojan War. When the conflict is over, he yearns to return to the beloved life he left behind. But his journey takes 10 years. His tests and travails are many. The 20th-century Greek poet C. P. Cavafy offered advice to Odysseus at the beginning of his quest: “As you set out for Ithaca, hope your road is a long one, full of adventure, full of discovery. . . . Keep Ithaca always in your mind. Arriving there is what you’re destined for. But don’t hurry the journey. Better if it lasts for years, so you’re old by the time you reach the island, wealthy with all you’ve gained on the way.” As you begin your new phase of returning home, Capricorn, I invite you to keep Cavafy’s thoughts in mind. (Read the poem: tinyurl.com/HomeToIthaka. Translated by Edmund Keeley.)

AQUARIUS (Jan. 20-Feb. 18): “I have never, ever, EVER met anyone who has regretted following their heart,” writes life coach Marie Forleo. But what exactly does she mean by “following their heart”? Does that mean ignoring cautions offered by your mind? Not necessarily. Does it require you to ignore everyone’s opinions about what you should do? Possibly. When you follow your heart, must you sacrifice money and status and security? In some cases, yes. But in other cases, following your heart may ultimately enhance your relationship with money and status and security. Anyway, Aquarius. I hope I’ve inspired you to meditate on what it means to follow your heart—and how you can do that intensely during the coming months.

PISCES (Feb. 19-March 20): Actor and author Jenny Slate testifies, “As the image of myself becomes sharper in my brain and more precious, I feel less afraid that someone else will erase me by denying me love.” That is the single best inspirational message I can offer you right now. In the coming months, you will earn the right and the capacity to make the same declaration. Your self-definition will become progressively clearer and stronger. And this waxing superpower will enable you to conquer at least some of your fear about not getting enough love.

Homework: What part of your life would most benefit from redemption and regeneration? Newsletter. FreeWillAstrology.com.



THE DOME CHRONICLES: A FATHER’S GIFT

Garry Leeson

In 1972, a boxcar from Toronto containing a menagerie of farm animals and an eager young couple pulled into the station platform in Kingston, Nova Scotia. They were bound for a deserted hundred-acre farm on the South Mountain, determined to preserve the foundations of farmsteads past while constructing a geodesic dome. They were pioneers of the future, armed with respect for tradition and an irrepressible sense of humour. They didn’t call themselves farmers. They were back-to-the-landers. Farming was industry and their calling was sustainability. Over the next forty years, through flood and fire, triumph and catastrophe, they persevered, unwittingly sowing the seeds for the modern small-farm movement.

When I asked my dad to teach me how to use my horses to plow, harrow, and seed a field I had rented north of Toronto, he was hesitant to agree. I didn’t understand his reluctance; at the time I was planning to make the big move to Nova Scotia and needed any advice he could give me.

We were walking around the field and he would occasionally bend down, pick up a handful of soil and then stare at the dry dirt as it gradually sifted through his fingers and blew away. “What’s the matter? Don’t you think I can handle it?” I asked.

“It’s not that,” he replied, about to say something else, when a strange look came over his face and his attitude seemed to change. “I suppose if we had the right equipment it might be possible.” I wasn’t long hitting the auctions and gathering up a sulky plow, spring tooth harrows, disc harrows, several sections of spike harrows, and a beautiful antique seed drill. The only thing missing was some equipment for harvesting the crop.

On the first morning my horses stood quietly while we hooked them to the plow. Dad adjusted the harness so that the draft angle of the traces was just right to give the horses maximum pulling advantage. Then he said, “Your job is to make a perfectly straight first furrow between those two flags I placed, and I mean straight.”

“Maybe you should make the first furrow” I pleaded.

“No damned way,” he said. “This is your idea and you are going to do it yourself!”

After my first run, Dad’s only comment was, “A blind man would give \$1000 to see it.” On the second run with one of the horses walking in the original furrow, the team was easier to control and I was a little more confident. Dad left the field but I knew he was watching my every move from the kitchen window.

After that first gruelling day I was ready to quit and so were the horses, but Dad would have no part of it, “A good night’s rest and you and the horses will be ready for work in the morning.” Dad’s required start time was six o’clock. He claimed it was a lot easier on the horses during the cool of the morning.

After another exhausting day in the field I was barely able to drag my weary bones home, but somehow, I hung in until the plowing was done.

I was just enjoying the sense of accomplishment when Dad said, “Now the real work starts. You’ve got to cover the same amount of ground several times over and this time you’ll be walking behind the harrows.” I spent the next week stoically trudging behind the harrows, inhaling dust and horse flatulence. When Dad decided we needed more power on the harrows, he came waltzing around the barn with a black mare and her two-week-old foal in tow. “You’re not serious!” I said, but apparently he was because he proceeded to throw a harness on the old girl. Now I had a three-horse hitch with a foal cavorting around. For some reason, when the local farmers passed by in their pickups, instead of shouting encouragement, they just shook their heads in disbelief and passed me by.

Finally, I made the last passes with the seed drill and I was done; tired but satisfied. Mother Nature was kind; as soon as I was finished she dampened the field with a gentle rain. I didn’t expect immediate results because I was late getting started. Still, I was a little jealous when my neighbours’ fields began to take on a blush of green. Later when their crops began to wave in the wind and mine hadn’t even sprouted, I began to worry. Something was desperately wrong.

As I walked along the fence line kicking at the barren soil, a neighbour pulled up alongside, got out of his truck, and came over. “How’s she goin’?” he asked.

“Not too damned well,” I replied, “but I guess you can see that for yourself. I can’t figure out why my crop isn’t growing!”

“Ain’t nothing to figure out. That field’s been planted in corn for as long as I can remember and the feller that owned it kept it drenched in herbicides.”

“He kept it drenched in what??” I asked, panic setting in.

“Herbicides,” he replied. “You know, that Atrazine spray that makes sure that nothing but corn’ll grow. I wondered what the hell you were up to, but I didn’t want to stick my nose in your business.”

Dad had just retired from full-time farming and there was no way he didn’t know about the herbicides. How could he let me make such a fool of myself? Then it hit me. Of course he knew about the problem with the field. That’s why he had been so reluctant in the beginning. That’s why he wouldn’t let me waste my money on harvesting equipment. It wasn’t about a few oats and a bit of pasture. It was about a gift he had decided to give me, a gift that, despite its consequences, might be his last chance to give – the gift of his knowledge. 🍷

NEW PODCAST SERIES TELLS THE STORY OF ONE FAMILY’S UNEXPECTED LEAP INTO THE BOOMING NOVA SCOTIA WINE BUSINESS

Submitted

Avondale Sky, the award-winning rural Nova Scotia winery, has teamed up with Halifax-based podcasting experts Podstarter. Together they have created an audio documentary that captures the ups and downs of the Coutinho family’s bold venture into the wine industry.

Avondale Sky Winery features the voices of the owners, staff, customers, and community, to piece together a tale of a family learning how to successfully run a winery from scratch. Over the course of 4 episodes, the listener is taken from the moment the family discovered the opportunity to its first post-pandemic event two years later.

“In business, anytime you can learn something new every day, work side-by-side with your family and have fun doing it, you are already successful. The story of how our family and our business got here is perfectly told thanks to the expertise of the Podstarter team. There will be at least one piece of the story that everyone can relate to and I think that is what makes it an intriguing listen,” says Karl Coutinho, winery co-owner and the person who first had the idea to buy Avondale Sky.

From the history of Nova Scotia’s oldest vineyard to innovating in a fast-growing industry, dealing with unexpected weather and adapting to survive a pandemic, this podcast uses the voices of those closest to the project to share their very personal journeys. Dad Louis, Mom Avila, Sons Karl and Sean and their partners Jaime and Mallory all talk from the heart about the experience of taking on a new venture. The wider Avondale Sky team also contributed their thoughts and feelings since the family took over.

Nova Scotia wineries continue to grow, they welcome over 112,000 visitors a year and generate \$43 million in tourism revenue. The industry is composed of nineteen grape



Avondale Sky Winery co-owner Karl Coutinho and family.

wineries located in seven wine regions across the province that produce more than 211,000 cases or just under 1.9 million litres of wine per year. The Nova Scotia wine industry is a significant driver to the Nova Scotia economy, bringing an economic impact of more than \$218 million.

Listeners can expect to learn about rural life, innovation, and a family that took on a complex project because they wanted to spend more time together. By tuning in, listeners get to know the winery and its community before they even step foot in its historic home.

The podcast was made possible by The Nova Scotia Tourism Digital Assistance Program and brought to life by Podstarter, a podcast creation company focusing on the production, design and distribution of podcasts for others. Each of the four episodes will be launched weekly starting on May 5, 2022 and can be accessed on the Avondale Sky website (avondalesky.com) or on any podcast app by searching *Avondale Sky Winery*. 🍷

LOOKING DEEPLY

Anna Horsnell

There’s an old garage at the end of the driveway, a rectangular box shaped by sunlight and shadow. The soft gray-green asphalt of the gable roof lies smooth, each shingle defined by thin shadowed edges. A small dark bird balances on a piece of loose soffit under the eaves, then flutters and disappears behind the fascia board where she’s hidden her nest. Each horizontal length of wooden siding overlaps the next with a slightly irregular edge; the short edges curling outward where they butt up against a narrow dark window in the gable end. The exterior walls are painted an aged white, the colour of cream smudged with dust and pollen. On the shadowed side, two doors painted deep brown, one a garage opening, the other also supporting a battered gray aluminum screen door lying open and flat against the outside wall. Against a bright blue sky, the sun climbs high overhead deepening the shadows under the eaves, and below, a thick mass of tall grass woven with bright yellow dandelions encircles the foundation.

Details take time. Time to observe carefully. Time to define and understand. Details often blur with a quick glance, our eye skimming past, our mind content this thing offers no threat or real interest. Most visual artists take the time however. They begin slowly, soaking in the details of shape and colour, dimension and perspective. And then, depending on their artistic style and inspiration, they may decide to omit certain details, smudge lines or maybe simplify the whole image as they respond and translate what they see. Abstraction lies at the far end of that path, as the artist turns inward for details of colour, shape, composition, and purpose.

Details we see by looking deeply can lead to understanding. I like to think an artist offers understanding by sharing certain details, by bringing things into focus, by stopping time for revelation. That detail may be subtle or intricate, but by focusing our attention on what they saw, the artist provides us with an opportunity to stop, to look again, to gain insight and maybe rethink our understanding.

Our society, our culture, our pace of life seems to be leaning heavy on the gas pedal. We are inundated with information that races at us full throttle from every direction. That’s a lot of detail to manage very quickly. Detail that can be overlooked or misunderstood. Detail that might hold answers or solutions or clarification. At the same time, we are drowning in the sheer volume of detail, often in the pursuit of more. Maybe it’s time to slow down and look deeply at less.

This artist is taking the summer to push the pause button and look a little closer. Globally, many of us had that exact opportunity over the last two and a half years. Personally, it felt good. There’s a lot to be gained in the details, and less of one thing quite often means more of something else. Less stuff, more freedom. Look deeply and enjoy your summer.

🍷

Artist and writer Anna Horsnell is looking forward to a summer of less stuff and more time to notice details. It hopefully will become a habit. Visit her website at annahorsnell.ca

LIVE ON STAGE



BEN CAPLAN
with TERRA SPENCER
Thu. June 2



KING'S SHORTS
14th Annual Festival
of 10-Minute Plays
June 9-12



**THE ALAN JACKSON
EXPERIENCE**
Aaron Halliday
Fri. June 17



**JIMMY RANKIN
KITCHEN PARTY**
Sat. June 18



THERESA PORTER
with MIKE CONNELLY
Thu. June 30
Free 'Live at Lunch'



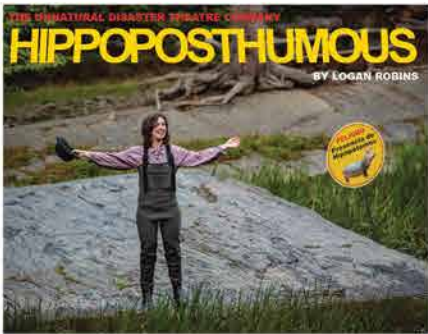
Sat. June 25



**ALAN SYLIBOY &
The Thundermakers**
Sat. July 2



T. THOMASON
Sat. July 9



By Logan Robins
Starring Katherine Norris
Sat. July 16



FODAR
Festival of Dance
Annapolis Royal
July 19-23



JAH'MILA
& Reggae Band
Sat. July 31



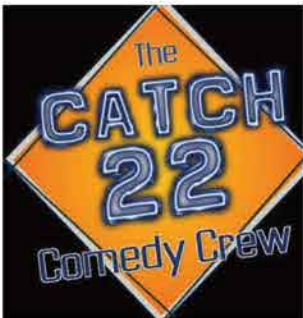
SHIRLEY VALENTINE
Starring Liette Legere
Director Scott Campbell
Aug. 4-6



**MARTHA REDBONE
TRIO**
Sun. Aug. 9
Appalachian roots & blues



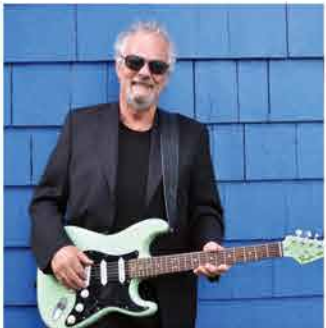
MADISON VIOLET
Sat. Aug. 13



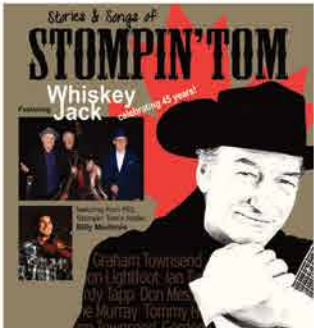
IMPROV COMEDY
Sat. Aug. 20



**MORGAN TONEY
& Keith Mullins**
Sat. Sept. 10



MYLES GOODWIN
of April Wine
Fri. Sept. 16



WHISKEY JACK
Fri. Sept. 23

JASON CYRUS
Hypnotherapist
Sat. Sept. 24



JOHNNY & JUNE
Kitbag Theatre
Thu. Sept. 29



RON SEXSMITH
Fri. Oct. 7



2022



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Festival Theatre

October 30 **Symphony Nova Scotia**, Holly Mathieson conducting
Convocation Hall

November 12 **Michael Kaeshammer**
Festival Theatre

December 10 **Lennie Gallant, "The Innkeeper's Christmas 2022"**
Convocation Hall

January 28 **Tom Regan Memorial Concert**
Festival Theatre

April 16 **Rolston String Quartet** 
Festival Theatre

May 5 **Ballet Jorgen, "Dances for All Projects"**
Festival Theatre

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