

THE GRAPEVINE

ARTS | CULTURE | COMMUNITY

October 2022 | Issue No. 19.08

DEVOUR![®]
THE FOOD FILM FEST

The FUTURE of FOOD

PLANT-BASED CINEMA & CUISINE

OCTOBER 24-30, 2022 | WOLFVILLE, NOVA SCOTIA

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ACADIA CINEMA'S
AL WHITTLE THEATRE
 450 Main Street, Wolfville

The Whittle Fall Film Series presents

 <p>VENGEANCE Sun. Oct 2, 4pm & 7pm</p>	 <p>MOONAGE DAYDREAM Wed. Oct 5, 7pm</p>	 <p>THE GOOD BOSS Sun. Oct 9, 4pm & 7pm</p>
 <p>GOD'S CREATURES Sun. Oct 16, 4pm & 7pm</p>	 <p>FIRE OF LOVE Wed. Oct 19, 7pm</p>	 <p>SEE HOW THEY RUN Oct 22, 7pm & Oct 23, 4pm</p>

All films \$12. Tickets available at the door or on eventbrite.ca

Other special events coming to the Whittle

 <p>ALAN SYLIBY & UPSTREAM ENSEMBLE Oct 7 7:30pm</p>	 <p>JACK ABSOLUTE FLIES AGAIN Fri. Oct 14, 7pm</p>	 <p>MATT THE MUSIC MAN Sat. Oct 15, 2pm</p>
 <p>CORONATION STREET FAMILY VALUES Fri. Oct 21, 7:30pm</p>	 <p>HOCUS POCUS Sun. Oct 23, 7pm</p>	 <p>NEW HERMITAGE: NOSFERATU Mon. Oct 31, 7pm</p>

Plus: ACC AGM & RECEPTION: Tues. Oct 18, 7pm

Tickets available at the door or on eventbrite.ca
 See alwhittletheatre.ca for prices, details & full fall schedule

“Une Veuve Joyeuse” Opera



LA VEUVE JOYEUSE
de • by Lehár



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JOIN US THIS FALL:  
DRUM WORKSHOPS AND SHOWS!  
Music In Communities continues Fall Season with more great programs!

This summer was full of incredible music from our community. We are excited to present the rest of our Fall series. Here's a sample of what's ahead.

October is Mi'kmaq History Month, and we have some exciting events lined up. We'd like to respectfully acknowledge that these events take place in Mi'kma'ki, the ancestral and unceded territory of the Mi'kmaq people. We are offering a series of workshops:

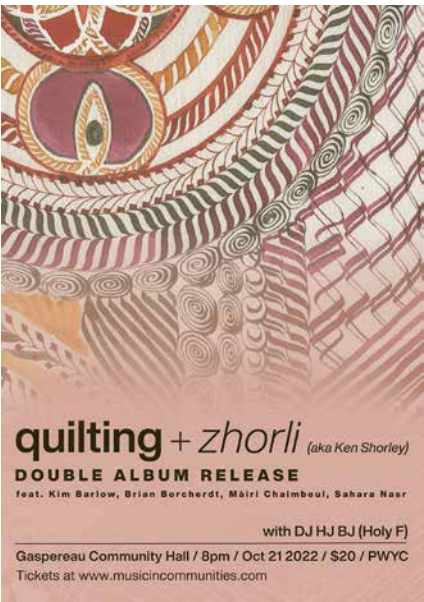
Sunday, Oct. 2, 1 - 4 PM - Drum-making with Brian Knockwood, at Wolfville Recreation Centre, 7 Victoria Ave.

Friday, October 7, 7:30 PM - Alan Syliboy and the Thundermakers and Upstream Ensemble will play songs and improvisations with projections of Alan's beautiful art and animations at Al Whittle Theatre. Alan has built an ever-growing list of accomplishments throughout his lifetime, although many people are most familiar with his beautiful and unique works of art that captivate and inspire us.

Saturday, Oct. 8, 10 - 12 pm - Drum-painting with Alan Syliboy at Horton High School in conjunction with the Glooscap First Nations Mawio'mi. This workshop will have very limited space, so please contact us immediately to reserve a spot. We offer several free places to youth and members of Glooscap and Annapolis Valley First Nations. The remaining spots are available at a cost of \$200. Bring your own drum. Please email us at info@musicincommunities.com to register or for more information.

Saturday, Oct. 8, 1-3 pm - Drum and Song Circle with Mika Francis and Friends  
Mika Francis and friends will teach us the Honour Song and other Mi'kmaq songs. This will take place on-site with the Glooscap First Nations Mawio'mi at Horton High School, so you will also have a chance to see and hear some drum groups in action, accompanying the dancers! ~ \$20 / \$10 students/children under 12 free.

Friday, October 21, 8:00 PM - Quilting and Zhorli (aka Ken Shorley) Double Album



Release, featuring Mairi Chaimbeul, Sahara Jane, Kim Barlow and Brian Borchardt, at Gaspereau Community Hall, with DJ HJ BJ. \$20/pwyc.

Saturday, October 22 - a talk and performance with Vancouver-based improvisers, Meredith Bates and Parmela Attariwala. Concert details coming soon. The talk will be a round-table along with Sahara Nasr and other speakers, at 1:00 pm in the lobby of Festival Theatre Building, free and open to the public, called "Being a 21st Century Arts Jedi: conscientiously considering how and for whom we are performing, curating and teaching in the music sector."

We also continue to offer ukulele groups and will be starting up the Present Moments Chorus soon. We hope you can join us for some of these events! You can get tickets for shows by visiting the "Upcoming Events" section on our website, musicincommunities.com. If you want to keep up with future events, you can follow us on social media @musicincommunities (@MICNovaScotia for our Twitter). There is lots more to come. Thank you for sharing great musical moments with us. 🎶




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**Friday 4-7**

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Painting by Suzanne Patry

**Oct 16 - Isaac Vallentin +  
Blue Lobelia**

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SUNDAYS**





Live Music, 1-3pm  
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# THE GRAPEVINE

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Mon. Oct. 24, 2022

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Mon. Nov. 21, 2022

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- FALMOUTH: Fruit & Vegetable Company, Petro-Canada
- HANTSPORE: Jim's Your Independent Grocer
- AVONPORT: Cann's Kwik-Way
- GRAND-PRÉ: Convenience Store, Domaine de Grand Pré, Just Us! Café
- GASPEREAU: Gaspereau Vineyards, Reid's Meats & Kwik-Way, XTR Kwik-Way
- WOLFVILLE: Carl's Your Independent Grocer, Eos Natural Foods, Just Us! Café, T.A.N. Coffee, Library, Wolfville Farmers' Market
- GREENWICH: Avery's Farm Market, Edible Art Cafe, Elderkin's Farm Market, Hennigar's Farm Market, Noggins Corner Farm Market, Stirling's
- PORT WILLIAMS: Library, Planters Ridge, Post Office, The Noodle Guy
- CANNING: ArtCan Gallery, De-graaf's Kwik-Way, ValuFoods
- NEW MINAS: Boston Pizza, Captain Sub, Irving Big Stop, Jessy's Pizza, Long and McQuade, Milne Court Petro-Canada, Pita Pit, Swiss Chalet
- KENTVILLE: Half Acre Café, Jason's Your Independent Grocer, Library, Maritime Express, Post Office, T.A.N. Coffee, Valley Regional Hospital
- COLDBROOK: Access Nova Scotia, T.A.N. Coffee, Callister's Country Kitchen, Foodland
- BERWICK: Jonny's Cookhouse, North Mountain Coffeehouse, Rising Sun Natural Foods, Union Street Café, Wilsons Pharmasave
- AYLESFORD: Chisholm's Pharma-Choice
- KINGSTON: French Bakery, Pharmasave, Green Elephant
- GREENWOOD: Country Store, Tim Horton's (Central Ave + Mall), Valley Natural Foods
- MIDDLETON: Angie's, Goucher's, Willmot Frenchy's, Tim Horton's, Library

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## Q&A WITH LIA RINALDO

Danielle Wisen

*Devour! The Food Film Festival started back in 2009 in Wolfville, Nova Scotia, to celebrate food and film and showcase food-focused films. Since then, it's grown from 1,000 to 11,000 attendees, with 14 events worldwide.*

*The Managing Director, Lia Rinaldo, has a 30-year career in the film industry and a passion for food culture. Starting in the movie business as a bright-eyed teenager, she honed her skills at Wormwoods Dog & Monkey Cinema and later brought her considerable know how to the Atlantic Film Festival for more than 20 years.*

### How did you become involved with the Devour! The Food Film Fest?

I come from a film festival background. I worked at the Atlantic Film Festival for a couple of decades before I joined. The festival itself was started by Michael Howell, a chef that was living here in Wolfville. I was actually in Halifax, so he had gotten the first one off the ground himself and then came knocking on the film festival's door in Halifax.

### Can you tell me about the theme this year?

We're calling it the *Future of Food*, and there's a huge plant-based component to it but it's bigger than that. It's about sustainable practices, new food sources, climate change, environmental impacts, and how you can make a difference with one little change to one food habit on an individual level, that would be quite impactful if the whole world did it, and that's really illustrated through our film program.

### The festival is now in its 13th year; how did you manage to keep it alive during the pandemic?

We've done an in-person event throughout the entire pandemic. We did stream and go online as an aspect, and we are certainly way smaller than we've ever been.

I think the first year, in 2019, we had close to 15,000 people. In 2020, we dropped to 1,500 people. In 2021, it went up to 4,500, and then this year, we're hoping to slowly build back. We fell in a window each October where restrictions lessened slightly, and then we did it without becoming a super spreader event. Michael and I actually talked to organizations across the country about best practices during the pandemic because we never stopped producing an event.

### What are you most excited about this year?

It's hard to pick just one! One of the things that were always very popular was our celebrity chef dinners. They tend to attract



a certain kind of audience because there are multiple celebrity chefs doing prestige dishes, all paired with wines.

Our Street Food Rally is going to be hosted by culinary students from across Nova Scotia. We also have our Chowder Smackdown, which is very popular and will be held outside.

We are also introducing a chicken dinner where we will be serving a thousand roasted chicken dinners to food bank clients. So, there's a lot of opportunity for large events, and then some upscale dinners are back and a little more hard-hitting around the theme of the future food, but we're excited!

### What have been some of your biggest challenges?

It's funny because I've always said that every year there's something we've never encountered. We are always amazed by something that we've never thought of in the event's business. Inevitably, there's something that we solve. Over the years, it's been hard for one of the main drivers for the event. We were building it as a shoulder-season/tourism driver for this region, and now the region has grown over the last twelve years and is no longer just considered a "wine country." The Valley has risen to meet its growth; look at the Old Orchard Inn, for example, or Evangeline Inn. It's wonderful to see it!

### Do you think Devour! Food Film Fest may have been a catalyst for that growth in the region?

I would say that over the years, through some of our programs, the curation alongside chefs and certain content has helped with the draw. When you have celebrity chefs like Anthony Bourdain, we really start to get the world's attention.

We've been trying to be thoughtful in our curation about whom we were bringing here. We're proud of this region and of Nova Scotia as a whole and everything that's being produced here. Not to mention that the communities around us are amazing from a film and food perspective.

### What inspires you with the Devour! Food Film Fest? What makes you keep going?

It's an exciting business to be in! We've built a good event structure and we have a fabulous team that comes back year-over-year. The content changes year-over-year as well and that's what makes it interesting and fresh. A new crop of chefs and a new slate of films. Our theme pulls us in a new direction and hopefully pulls our audience with us.

### What was a particular year that kind of stuck with you?

You're going to think it's crazy - but the first pandemic year. I don't want to go back to the pandemic by any means. It's just that we were on such a track of growth in the years leading up to it. Often throughout the festival, the whole team is scattered all over the region - we were doing so many events in so many different places that you could run the festival and not see other team members for days. In 2020, we had to pull everything back and re-group. We would wrap up early every night, and the next question would be, who's cooking dinner? It just seemed like it was what our hearts needed at that moment. We ended up forging a better bond when we could have kept going and risked burnout. I'm glad that we had that year to come and be back together. I feel like it's made us a better working team.

### What does your planning process look like? When do you pick a theme?

We're always a couple of years ahead, and I will say that this year for the first time, we're going to announce next year's team at our closing! We've always had the theme, and we're always working on it behind the scenes.

### What's something that you would say to someone who's never been to the festival?

One of the things that we really try to get across is that we do have something for everyone! I think anybody could look at the program and find something that interested them on some level. Whether you want to attend a filmmaking workshop, go on a forging experience, or just eat food with your friends at a food truck and go back to your dorm room - it really is like something you can bring the whole family to! 🍷

## MIKE UNCORKED

## WISE WOMEN TAKES CENTRESTAGE

Mike Butler

You can always count on CentreStage Theatre in Kentville to bring you incredible entertainment! You can find classics, Canadian playwrights, Children's shows and also some very smart, original plays in all genres, with local actors ready to offer a stellar evening of fun and thought. Following the debut of Neil Simon's *The Dinner Party* recently, CentreStage Theatre has selected another new production to add to their celebrated roster of plays. Ron Osborne's poignant comedy *Wise Women* is hitting their stage for the first time and you don't want to miss it!

It's almost Christmas, 1944. In Knoxville, Tennessee, a frustrated mother with a secret and a teenage daughter with a dream take in two young roomers who work at a nearby bomb-making plant. Both girls are asserting their independence, one in the company of servicemen, the other as a constant in a Miss Bombshell U.S.A. competition, an action that puts her at odds with her father, a preacher in a small Virginia town. Along the way, the teenage daughter, who worries more about rumors of a Asteroid said to be streaking toward nearby Chattanooga than a vicious war raging around the world, bamboozles her mother into allowing her to attend a Frank Sinatra concert at the local USO. When she brings home a young war-bound Marine as naive as herself, this colorful collection of characters is pulled apart, then mended with humor, romance,

twists, turns and revelations. As these women struggle, grow, and ultimately succeed, at least for one fragile moment in time- they remind us that we're all "family" and, in each other's company, we may find ourselves.

Spencer Laing, who is no stranger to local theatre audiences having performed for years with Fezzizwig, Stage Prophets and the occasional CentreStage show, brings his professionally-trained eye to this production making his directorial debut with the theatre. Assisted by seasoned actor/ director and CentreStage board member Bryen Stoddard, Spencer is very excited to see this production come to light... the stage light that is!

He commented, "I have always loved theatre and the sense of community that it creates, after two years away it is so important to me to get back to creating that community and fostering relationships."

This play has become very special to the cast and crew and Spencer commented on what makes it special to him. He stated, "I love the dissection of the relationships, breaking down what makes humans tick and bringing their humanity to the forefront. Each characters is flawed and beautiful in their own way, and taking the time to take this chance to discover these people for who they are."

The cast of *Wise Women* includes some returning actors to CentreStage and some newcomers including; Charley McBride (*Rumors, Wedding Belles*) as Florence, Keira Melanson (*Cinderella, Cinderella and The Grinch*) as Rose, Hannah Fisk (*Love From A Stranger and Game's Afoot*) as Jiggs, and newcomers Penny Nelson as Sarah Ruth & Tyler MacEachern as Howard/Donnie.

And since *Wise Women* is making it's debut at CentreStage, I asked Spencer what he wants the audience to take away from this very unique work and he commented, "I hope audiences take away that no matter what difficult circumstances surround us, finding and creating friendships helps us all navigate those circumstances a little bit easier."

Ron Osborne's *Wise Women* is being performed on the Main Stage at CentreStage. The show opens Friday October 14th and runs Friday and Saturday evenings starting at 7:30pm on the 14th, 15th, 21st, 22nd, 28th, 29th. With Matinees on Sunday October 16th and 23rd at 2pm. It is strongly recommended you call the reservation line at 902-678-8040 to book your seats. Tickets are \$18.00 for Adults and \$15.00 for Seniors & Students. Make a WISE choice and come see *Wise Women* during its run. Thank you for supporting the little theatre with the big heart! 🍷



Rob Brezsný's  
FREE WILL ASTROLOGY

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**ARIES** (March 21-April 19): Poet Susan Howe describes poetry as an “amorous search under the sign of love for a remembered time at the pitch-dark fringes of evening when we gathered together to bless and believe.” I’d like to use that lyrical assessment to describe your life in the coming days—or at least what I hope will be your life. In my astrological opinion, it’s a favorable time to intensify your quest for interesting adventures in intimacy; to seek out new ways to imagine and create togetherness; to collaborate with allies in creating brave excursions into synergy.

**TAURUS** (April 20-May 20): Social reformer Frederick Douglass (1817-1895) had a growlery. It was a one-room stone cabin where he escaped to think deep thoughts, work on his books, and literally growl. As a genius who escaped enslavement and spent the rest of his life fighting for the rights of his fellow Black people, he had lots of reasons to snarl, howl, and bellow as well as growl. The coming weeks would be an excellent time for you to find or create your own growlery, Taurus. The anger you feel will be especially likely to lead to constructive changes. The same is true about the deep thoughts you summon in your growlery: They will be extra potent in helping you reach wise practical decisions.

**GEMINI** (May 21-June 20): “Conduct your blooming in the noise and whip of the whirlwind,” wrote Gemini poet Gwendolyn Brooks. I love that advice! The whirlwind is her metaphor for the chaos of everyday life. She was telling us that we shouldn’t wait to ripen ourselves until the daily rhythm is calm and smooth. Live wild and free right now! That’s always good advice, in my opinion, but it will be especially apropos for you in the coming weeks. Now is your time to “endorse the splendor splashes” and “sway in wicked grace,” as Brooks would say.

**CANCER** (June 21-July 22): “Don’t look away,” advised novelist Henry Miller in a letter to his lover. “Look straight at everything. Look it all in the eye, good and bad.” While that advice is appealing, I don’t endorse it unconditionally. I’m a Cancerian, and I sometimes find value in gazing at things sideways, or catching reflections in mirrors, or even turning my attention away for a while. In my view, we Crabs have a special need to be self-protective and self-nurturing. And to accomplish that, we may need to be evasive and elusive. In my astrological opinion, the next two weeks will be one of these times. I urge you to gaze directly and engage point-blank only with what’s good for you.

**LEO** (July 23-Aug. 22): Tips to get the most out of the next three weeks: 1. Play at least as hard as you work. 2. Give yourself permission to do anything that has integrity and is fueled by compassion. 3. Assume there is no limit to how much generous joie de vivre you can summon and express. 4. Fondle and nuzzle with eager partners as much as possible. And tell them EXACTLY where and how it feels good. 5. Be magnanimous in every gesture, no matter how large or small. 6. Even if you don’t regard yourself as a skillful singer, use singing to transform yourself out of any mood you don’t want to stay in.

**VIRGO** (Aug. 23-Sept. 22): In the coming weeks, you should refrain from wrestling with problems that resist your solutions. Be discerning about how you use your superior analytical abilities. Devote yourself solely to manageable dilemmas that are truly responsive to your intelligent probing. PS: I feel sorry for people who aren’t receptive to your input, but you can’t force them to give up their ignorance or suffering. Go where you’re wanted. Take power where it’s offered. Meditate on the wisdom of Anaïs Nin: “You cannot save people. You can only love them.”

**LIBRA** (Sept. 23-Oct. 22): Buddhist monk Thich Nhat Hanh was born under the sign of Libra. He said, “The root-word ‘Buddha’ means to wake up, to know, to understand; and he or she who wakes up and understands is called a Buddha.” So according to him, the spiritual teacher Siddhartha Gautama

who lived in ancient India was just one of many Buddhas. And by my astrological reckoning, you will have a much higher chance than usual to be like one of these Buddhas yourself in the coming weeks. Waking up will be your specialty. You will have an extraordinary capacity to burst free of dreamy illusions and murky misapprehensions. I hope you take full advantage. Deeper understandings are nigh.

**SCORPIO** (Oct. 23-Nov. 21): I invite you to be the sexiest, most intriguing, most mysterious Scorpio you can be in the coming weeks. Here are ideas to get you started. 1. Sprinkle the phrase “in accordance with prophecy” into your conversations. 2. Find an image that symbolizes rebirth and revitalization arising out of disruption. Meditate on it daily until you actually experience rebirth and revitalization arising out of disruption. 3. Be kind and merciful to the young souls you know who are living their first lifetimes. 4. Collect deep, dark secrets from the interesting people you know. Employ this information to plan how you will avoid the trouble they endured. 5. Buy two deluxe squirt guns and two knives made of foam rubber. Use them to wage playful fights with those you love.

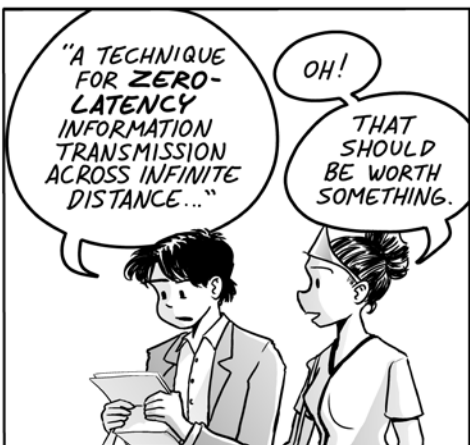
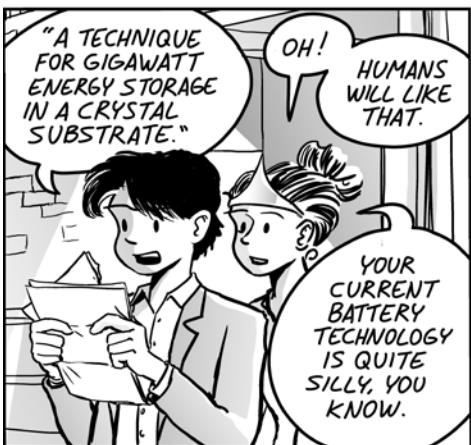
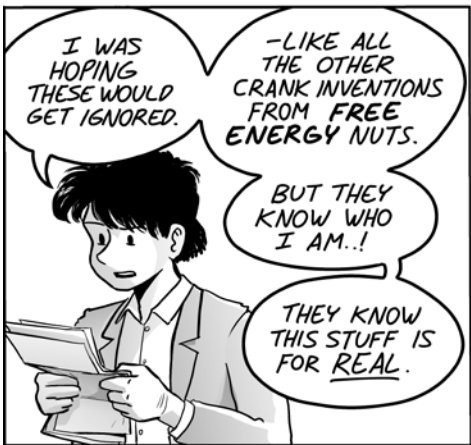
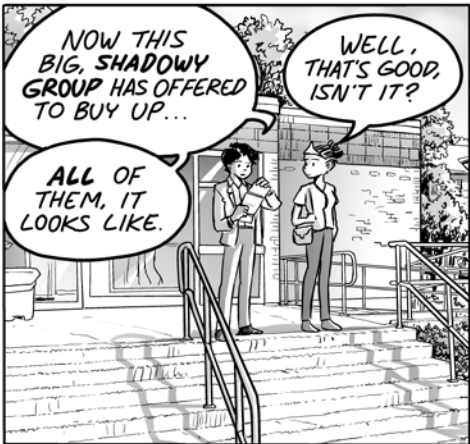
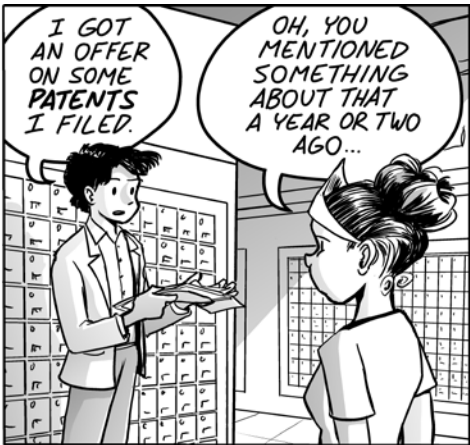
**SAGITTARIUS** (Nov. 22-Dec. 21): There’s an ancient Greek saying, “I seek the truth, by which no one ever was truly harmed.” I regard that as a fine motto for you Sagittarians. When you are at your best and brightest, you are in quest of the truth. And while your quests may sometimes disturb the status quo, they often bring healthy transformations. The truths you discover may rattle routines and disturb habits, but they ultimately lead to greater clarity and authenticity. Now is an excellent time to emphasize this aspect of your nature.

**CAPRICORN** (Dec. 22-Jan. 19): Let’s imagine you are in your office or on the job or sitting at your kitchen table. With focused diligence, you’re working on solving a problem or improving a situation that involves a number of people. You think to yourself, “No one seems to be aware that I am quietly toiling here behind the scenes to make the magic happen.” A few days or a few weeks later, your efforts have been successful. The problem is resolved or the situation has improved. But then you hear the people involved say, “Wow, I wonder what happened? It’s like things got fixed all by themselves.” If a scenario like this happens, Capricorn, I urge you to speak up and tell everyone what actually transpired.

**AQUARIUS** (Jan. 20-Feb. 18): To honor your entrance into the most expansive phase of your astrological cycle, I’m calling on the counsel of an intuitive guide named Nensi the Mercury Priestess. She offers the following advice. 1. Cultivate a mindset where you expect something unexpected to happen. 2. Fantasize about the possibility of a surprising blessing or unplanned-for miracle. 3. Imagine that a beguiling breakthrough will erupt into your rhythm. 4. Shed a few preconceptions about how your life story will unfold in the next two years. 5. Boost your trust in your deep self’s innate wisdom. 6. Open yourself more to receiving help and gifts.

**PISCES** (Feb. 19-March 20): Author Colin Wilson describes sex as “a craving for the mingling of consciousness, whose symbol is the mingling of bodies. Every time partners slake their thirst in the strange waters of the other’s identity, they glimpse the immensity of their freedom.” I love this way of understanding the erotic urge, and recommend you try it out for a while. You’re entering a phase when you will have extra power to refine and expand the way you experience blending and merging. If you’re fuzzy about the meaning of the words “synergy” and “symbiosis,” I suggest you look them up in the dictionary. They should be featured themes for you in the coming weeks.

*Homework: What’s the best change you could make that would be fairly easy to accomplish? Newsletter.FreeWillAstrology.com.*





# CELEBRATE NEW BOOKS BY LOCAL AUTHORS AT THE ANNAPOLIS VALLEY REGIONAL LIBRARY

Submitted

The Annapolis Valley Regional Library invites you to the launch of two new children's books by local authors Doretta Groenendyk and Theresa Meuse.

**Doretta Groenendyk** is a painter, writer, and teacher who lives in the Annapolis Valley. She is the author and illustrator of a number of books, including *Snow for Christmas* and *Thank you for My Bed* which were shortlisted for the Lillian Shepherd Memorial Award for Illustration.

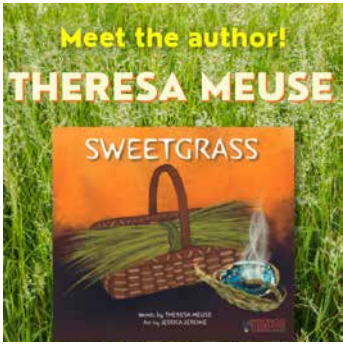
Doretta's new book is **Truck!** It's pedal to the metal reading fun with this vibrantly illustrated, road-tripping adventure story. When the school bus is late, no need to panic, just hop on a truck. There are plenty of options: fire truck, dump truck, garbage truck...and more! Vehicle loving children will fill up their tanks reading this zany, ride-along tale.

Doretta will host story time and lead truck-related crafts at the following events:

- Berwick & District Library: Wednesday October 19, 9:45am
- Wolfville Memorial Library: Wednesday October 26, 10:30am
- Kentville Library: Wednesday November 2, 11:00am

**Theresa Meuse** is a First Nations educator and advisor born and raised in the Bear River First Nation community. She is the author of *The Sharing Circle*, and has contributed articles

to the *Mi'kmaq Anthology* (volumes 1 and 2) and the book *L'sitkuk: The Story of the Bear River Mi'kmaq Community*. Theresa lives in Elmsdale.



Theresa's new book, **Sweetgrass**, is a modern story of traditional Indigenous knowledge that follows a young boy and his Auntie as they gather and braid sweetgrass, one of the four sacred medicines. For ages 4-8.

Join Theresa for a reading of her book at the following events:

- Kentville Library: Saturday October 22, 2:00-3:00pm
- Annapolis Royal Library: Saturday November 12, 1:00-2:00pm.

For more information on these events, visit [valleylibrary.ca](http://valleylibrary.ca).

## THE FREE CLASSIFIEDS

This section works on a first-come, first-served basis. Email your classified to: [sales@grapevinepublishing.ca](mailto:sales@grapevinepublishing.ca) and, if there's room, we'll get you in. Or, to reserve a placement, pay \$5 per issue (3-issue minimum commitment). Please keep listings to 35 words or less.

### CLASSES & WORKSHOPS:

**THRIVE Learning Centre for Mental Wellness and Well-being:** A virtual learning centre of free courses, webinars and workshops to learn, gain new skills, and connect with others. Workshops are developed by subject experts and mental health professionals. **INFO:** [novascotia.cmha.ca](http://novascotia.cmha.ca)

**In-Person Piano & Voice Lessons:** Susan Dworkin offers professional, qualified music education to children and adults of all ages. Susan is a professional classical singer and pianist and instructs voice and piano technique. Limited space. Call for details. **INFO:** [susanlisadworkin@gmail.com](mailto:susanlisadworkin@gmail.com) / 902-300-1001 / [armonicmusicstudio.com](http://armonicmusicstudio.com)

### DONATE/VOLUNTEER:

**Used Cell Phones Needed:** Gently used, unlocked, cleared of personal information cell phones needed, to be given to people without phones. Drop off: Middleton or Kingston Libraries. Contact us for other drop off locations. Sponsored by Kingston CHB and Stop Trashing It. **INFO:** [info@redbearhealinghome.ca](mailto:info@redbearhealinghome.ca) / 902-448-4744

**Devour! The Food Film Fest 2022:** The festival is happening October 24-30th and is looking for volunteer to help execute this year's event. **INFO:** Jill Delaney, Volunteer Inquiries: [volunteer@devourfest.com](mailto:volunteer@devourfest.com)

### PRODUCTS & SERVICES:

**Errands by Karen Home Blood Collection:** a Errands by Karen Home Blood Collection: a personalized approach to lending a helping hand. Karen will collect your blood and deliver it to the lab, as well as run your errands and take you shopping or to appointments. Fully certified and bondable. All COVID protocols followed. Please call or email to book an appointment. **INFO:** 902-790-2626 / [errandsbykaren@hotmail.com](mailto:errandsbykaren@hotmail.com)

**Got Mice?:** Do you have a MOUSE problem? Or do you have a HOUSE problem? Got Mice Humane Wildlife Services addresses common and uncommon entry points permanently with guaranteed results. Call for a consultation. **INFO:** 902-365-MICE (6423) / [GOTMICE.CA](http://GOTMICE.CA)



So, what's new? **ALMOST EVERYTHING!** in plenty of colours, textures and styles!

**esmé**  
ORIGINAL JACKET

9846 Main Street, Canning Call me (902) 582-7555

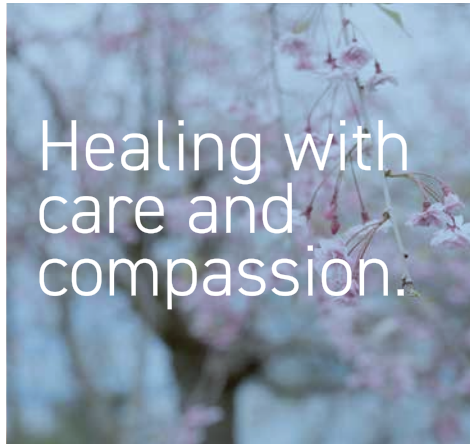
**Interior Painting and Cabinets:** Women in Rollers is the Valley's full-service decorating company. We do accurate quotes, show up on time, and perform to perfection. We even leave your home neat and tidy! We have great references! Complimentary design and colour consultations. Call today for your free estimate. **INFO:** Pamela, 902-697-2926

**Wellness Life Coach:** See Alexandra Gellman, Ph.D., DHM, RNCP, for homeopathy, integrative medicine, iridology (eye), and nutrition to boost your health, wellness, and cognitive capabilities naturally. Special prices for students & seniors. **INFO:** [alex@alexgellman.com](mailto:alex@alexgellman.com)

**Wood Flooring Restoration and Repair:** Make your old wooden floors beautiful again. Sanding, refinishing, repairing and verathaning of hard and soft wood floors. **INFO:** 902-300-5309 | 902-542-066 | [stevnrhude13@gmail.com](mailto:stevnrhude13@gmail.com)

### OTHER:

**Newcomers:** Wolfville & Area Newcomers Club meets the second Thursday of each month at the Wolfville Lions Club. **INFO:** Visit [www.wolfvillenewcomers.org](http://www.wolfvillenewcomers.org) for further information.



Sarah Hayes and Associates

**Paediatric and General Osteopathy  
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16 Water Street, Kingsport  
902 582 7607  
[kingsportclinic.com](http://kingsportclinic.com)



**KingsportOsteopathicClinic**  
ESTABLISHED 1996

**Artisan's Sale**



**Saturday  
November 12th**

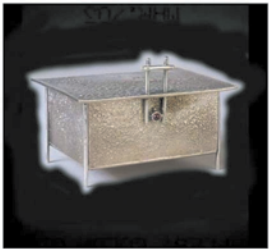
Wolfville Lions Hall  
10am-3pm

UNIQUE HANDCRAFTED GIFTS

JEWELRY ♦ ART CARDS ♦  
WOODWORKING ♦ GLASS ART  
CANDLES ♦ APPAREL ♦  
POTTERY ♦ SKINCARE  
HANDCRAFTED BY  
LOCAL ARTISANS

*Free Admission*

## HOW DO YOU SPELL, BEEUTIFUL?



Beauty comes in the most amazing shapes, colors and materials at Tides Contemporary Art Gallery. Scott Thomson, above, is the gallery's newest member, a fine craft jeweler who uses gold, silver, copper and many alloys to examine concepts of beauty. Derek Lindzon, below, is a self taught abstract artist who chases beautiful chaos in form and color, but also as an accomplished drummer nationally. Check these guys out!



Beautiful Dates: New Show Openings 7:30, 1<sup>st</sup> Friday of Month  
Artist Talks, 3<sup>rd</sup> Wednesday of Month, 12 noon

36 Cornwallis Ave. Kentville  
Wed. through Sunday, 10-5p.m.  
[www.tidescontemporaryart.com](http://www.tidescontemporaryart.com)



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**SATURDAY MARKET**

8:30AM - 1PM  
APPROX 50 FARMERS, CHEFS & ARTISANS

**MARKET STORE**

T, W, TH, F : 10AM - 5PM  
SATURDAY : 8:30AM - 3PM  
SUNDAY : NOON - 3PM  
MONDAY : CLOSED

WEDDING AND EVENT RENTALS NOW AVAILABLE IN OUR TURN OF THE CENTURY WOODEN ROOM

**WOLVILLEFARMERSMARKET.CA**

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WHO'S WHO  
TROY DAVIDSON: THE VALLEY VOICE

Mike Butler

An introduction barely needs to be mustered for this smiling friendly famous face of the valley, but do you know everything about him? Do you know what makes this man tick? And tock? And where all that love of sports stems from? Well, don't sit there guessing and poking for a light in the dark; read on as we present the man, the myth, the legend, the voice of Acadia Axemen Sports and More: The one and only Troy Davidson!

Troy was born in Kentville in the Summer of 1967 (almost had a Bryan Adams reference there) and was a resident in the Town with his mom and dad. After a couple of years, the Family moved to the expanding Village of New Minas. By 1973, the then six members of the Davidson Family, affectionately known as The Peter Street Gang from Minas Vale Subdivision, grew up with the Village itself. Troy attended New Minas Elementary and Horton District High School and completed an Undergrad Degree at Acadia University in 1989. Troy is a long-term resident of the Annapolis Valley who is proud to call the area home.

And what does this friendly and recognizable face do? Well, Troy joined Re/Max Annapolis Valley Real Estate in 1992 as a Real Estate Agent and Residential Fee Appraiser and commenced professional studies at St. FX through 1992-94. Troy and his father opened Davidson Appraisals & Consultants, a Real Estate Appraisal Firm on Commercial Street in New Minas, during that time.

Troy commented, "Following a very successful Private Practice that spanned twenty-six years, our Davidson Appraisals Limited closed its doors at the end of December 2018, with staff retirements and a chance opportunity for me to take my Professional expertise to a new role with the Province of Nova Scotia."

In September 2018, Troy joined Real Property Services of the Nova Scotia Department of Transportation and Infrastructure Renewal, now Public Works, as an Acquisition Officer, Non-Fee Appraiser, where he acquires real property for Highway Development in Central and Western Nova Scotia—a role that he loves, with a mandate to build safer highways



Photo: Mike Butler

for all Nova Scotians. With over 30-years in the real property industry, Troy holds Professional Designation with the Appraisal Institute of Canada and Professional Certification with the International Right of Way Association. And at a healthy age of fifty-five, I think this is up for debate, Troy continues his Professional Studies enroute to a Senior Right of Way Association Designation, the coveted SR/WA. If you need any assistance in this field, contact Troy at (902) 399-8309 or by email [troy.davidson@novascotia.ca](mailto:troy.davidson@novascotia.ca)

Now, that was the business side of Troy but behind every business there's a party so let's get to that side. Troy is the proud father of four children: Cameron, Acadia '19, Carter, Acadia '21, Rayna SMU '22 (we won't hold SMU against her!) and Julianna, second year of daycare.

Troy stated, "Having an athletic background in Hockey and Baseball contributed to an extent (I'd like to think) to the success of my kids in their respective sports of football, hockey, soccer, volleyball and gymnastics growing up. It was what we did as a family and hope to continue to do by being active in sport."

Troy volunteered his time to coach hockey in Kentville and soccer in New Minas for over a decade and was back on the pitch this past summer coaching his youngest daughter and her U3 Soccer Team. While never playing soccer

himself, Troy had a very successful 23-year career as a soccer referee, all while raising a family, playing hockey himself, and running a small business. Through his involvement with the Kids a love of announcing their games arose. Now in his *seventeenth* year as a Public Address Announcer, Troy is the Voice of Acadia Axemen Football at Raymond Field and was proud to earn the honour of being the Voice of the CFL's 2022 Touchdown Atlantic game held in Wolfville this past July.

This appointment was a thrill of a lifetime on a Professional stage and national television. Troy continues to work the Horton Griffins Football home games where he has been on the mic since 2011 and volunteers his time to announce the Valley Bulldog Football Games every year during Thanksgiving Weekend at the Football Day in The Valley Event. He also became the Voice of the Nova Scotia Buccaneers of the Maritime Football League in early 2022. Take the time to tune into the smooth sounds of Troy Davidson if you ever get the chance.

On his time here in the valley Troy commented, "The Annapolis Valley is the perfect place to raise a family and benefit from the work/life balance offered here at home. A professional career with flexible hours and supportive family members to transport kids to and from their games around the Province, Atlantic Canada, across the country and New England as well. It's a lifestyle to be enjoyed and one to participate in. We have fantastic recreational facilities in our region with access to the rails and trails in our local communities. No matter where you are in the Annapolis Valley, the walks are scenic and the bike rides breathtaking. And a fall Saturday afternoon with a packed grandstand at Raymond Field to watch a football game is electric."

Troy wants to continue to stay active, be healthy and happy and continue to announce football games. And with a young family, Troy will be working for a couple more decades anyway. With his partner of six-years, the Culinary Sorceress, Chef Kerina Dykstra, and their daughter, Julianna, Troy will continue to thrive, announce, cheer, smile and embrace the valley, and be an inspiration to many! 🍷🍷

# TIDE PREDICTIONS

*fi Cape Blomidon*

Always check this source for accurate tides:  
Canadian Fisheries & Oceans. [www.waterlevels.gc.ca](http://www.waterlevels.gc.ca)

| OCT | HIGH      | LOW     |
|-----|-----------|---------|
| 06  | 10:43pm   | 3:56am  |
| 07  | 11:14am   | 4:57am  |
| 08  | 12:08pm   | 6:19pm  |
| 09  | 12:58pm   | 7:08pm  |
| 10  | • 1:45pm  | 7:54pm  |
| 11  | 2:29pm    | 8:38pm  |
| 12  | 3:11pm    | 9:20pm  |
| 13  | 3:52pm    | 10:01pm |
| 14  | 4:33pm    | 10:43pm |
| 15  | •• 5:15pm | 11:27pm |
| 16  | 6:00pm    | 11:45am |
| 17  | 6:49pm    | 12:13am |
| 18  | 7:43pm    | 1:04am  |
| 19  | 8:39pm    | 1:58am  |
| 20  | 9:35pm    | 2:53am  |
| 21  | 10:28pm   | 3:47am  |
| 22  | 11:17pm   | 4:38am  |
| 23  | 11:42am   | 5:50pm  |
| 24  | 12:27pm   | 6:35pm  |
| 25  | 1:10pm    | 7:20pm  |
| 26  | 1:53pm    | 8:04pm  |
| 27  | 2:37pm    | 8:49pm  |
| 28  | 3:23pm    | 9:35pm  |
| 29  | 4:11pm    | 10:25pm |
| 30  | 5:04pm    | 11:20pm |
| 31  | 6:02pm    | 11:43am |
| NOV |           |         |
| 01  | 7:05pm    | 12:19am |
| 02  | 8:12pm    | 1:23am  |
| 03  | 9:18pm    | 2:28am  |

THERE ARE NORMALLY TWO HIGH AND TWO LOW TIDES EACH DAY.

• Highest High: 46.0 feet •• Lowest High: 40.2 feet

# SUDOKU

Difficulty: Easy

|   |   |   |   |   |   |   |   |   |
|---|---|---|---|---|---|---|---|---|
|   |   |   |   |   | 4 |   |   |   |
| 7 |   |   |   |   |   |   | 8 |   |
|   |   | 1 | 9 |   |   | 6 |   |   |
| 9 |   |   | 4 | 3 |   |   |   |   |
| 8 |   | 6 |   |   |   | 7 |   | 5 |
|   |   |   |   | 5 |   |   |   | 6 |
| 2 |   | 9 | 1 |   |   |   |   |   |
| 6 | 7 |   | 3 |   |   | 1 |   | 9 |
| 3 |   | 5 | 7 | 2 |   |   |   |   |

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## HOW TO SOLVE:

Each row must contain the numbers 1 to 9; each column must contain the numbers 1 to 9; and each set of 3 by 3 boxes must contain the numbers 1 to 9.

(Answer appears elsewhere in this issue)

Answers to Sudoku and Crossword can be found on page 14

# Watercolour Painting Classes

Instructor: Jean Leung  
902.670.8800  
[jean\\_leung@hotmail.com](mailto:jean_leung@hotmail.com)  
Mondays 4:30-6:30  
Bishop Hall, 10032 Hwy #1, Greenwich

4 Classes: \$110  
Oct 17-Nov 7  
materials provided

## Basic Elements of Watercolour

4 Classes: \$110  
Nov 14-Dec 12

## Painting the Fall Landscape

No experience necessary! Call or email for details or to register.  
[tinyurl.com/m17pk9zu](http://tinyurl.com/m17pk9zu)

# Crossword

by Margie E. Burke

## ACROSS

1 Unappetizing fare  
5 Intersection sign  
9 Baseball's Hersher  
13 Back of the neck  
14 Kind of code  
15 Newspaper, sometimes  
16 "Get \_\_\_ it!"  
17 Pleased look  
18 Flower oil  
19 Legendary wailer  
21 Apropos  
23 Pay-stub figure  
24 Sheltered, nautically  
25 Usurer's offerings  
27 Course  
29 Arsenal stash  
33 Richly decorated  
35 "So long!"  
37 Bunch of bills  
38 Not at sea  
40 Corn's core  
41 Calvin Klein fragrance  
43 Audience demand  
45 Give a facelift to  
46 Neuter a horse  
48 Xbox enthusiast  
49 "\_\_\_ here"  
51 Take over  
53 Motorcycle add-on  
56 Vote in again  
59 Go gaga over  
60 Dry-as-dust  
62 Nothing but

## DOWN

1 Uppity one  
2 Soft rock?  
3 Like a slap  
4 \_\_\_ non grata  
5 Make a bet  
6 Rap sheet listing  
7 "Fantasy Island" prop  
8 Qantas critter

9 Quaker product  
10 Singer Coolidge  
11 Sparkle  
12 Harp-like instrument  
15 Truth alternative  
20 "Prizzi's Honor" Oscar winner  
22 "Get Shorty" novelist Leonard  
25 Decrease  
26 Provide an address  
28 Gas additive  
30 Payback  
31 Demi or Dudley  
32 On the wagon  
34 Mystery

36 Tropical fever  
39 Cheap ship accommodations  
42 Sister of Snow White  
44 Full vehicle  
47 Between before and after  
50 Got 100 on  
52 Wetlands plant  
53 Minus  
54 Reversed one  
55 Lavish affection (on)  
57 Happy as a \_\_\_  
58 Keyboard goof  
61 Serling of Sci-fi TV

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| MONDAY 24 |                                                    |                                                  | TUESDAY 25 |                                             |                                                  |
|-----------|----------------------------------------------------|--------------------------------------------------|------------|---------------------------------------------|--------------------------------------------------|
| Time      | Al Whittle Theatre                                 | Devour! Studios                                  | Time       | Al Whittle Theatre                          | Devour! Studios                                  |
| 10 AM     | THE BIG PICTURE PROGRAM:<br><i>Meat the Future</i> |                                                  | 10 AM      | THE BIG PICTURE PROGRAM:<br>Shorts Program* |                                                  |
| 11        |                                                    |                                                  | 11         |                                             |                                                  |
| 12 PM     |                                                    | CULINARY MASTER CLASS FOR YOUTH<br>w/Peter Dewar | 12 PM      |                                             | CULINARY MASTER CLASS FOR YOUTH<br>w/Peter Dewar |
| 1         | THE BIG PICTURE<br><i>Toxic Puzzle</i>             |                                                  | 1          | THE BIG PICTURE<br><i>From Seed to Seed</i> |                                                  |
| 3:30      |                                                    |                                                  | 3:30       |                                             |                                                  |

| WEDNESDAY 26 |                                                                                                                  |                                                                                                                   |
|--------------|------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------|
| Time         | Al Whittle Theatre                                                                                               | Devour! Studios                                                                                                   |
| 11 AM        | Animated Shorts:<br><i>Homard au Cœur, Nosh-up, Wrought, Prince in a Pastry Shop, Zoon, Hardboiled</i>           |                                                                                                                   |
| 12 PM        |                                                                                                                  |                                                                                                                   |
| 1            |                                                                                                                  |                                                                                                                   |
| 2            | <i>The Smell of Money</i><br>w/<br><i>Invisible</i>                                                              |                                                                                                                   |
| 3            |                                                                                                                  |                                                                                                                   |
| 4            |                                                                                                                  |                                                                                                                   |
| 5            |                                                                                                                  | DEVOUR!<br>OPENING GALA RECEPTION<br>presented by<br>Taste of Nova Scotia                                         |
| 6            |                                                                                                                  |                                                                                                                   |
| 7            | DEVOUR!<br>OPENING GALA FILM<br>w/winner of the<br>Nourish NS Food & Film Challenge<br><i>Sorry We're Closed</i> |                                                                                                                   |
| 8            |                                                                                                                  |                                                                                                                   |
| 9            | POST-SCREENING<br>INTERVIEW<br>hosted by Bob Blumer                                                              | THE<br>EXCLUSIVE DEVOUR!<br>OPENING GALA<br>AFTER-PARTY<br>Audi Halifax Lounge<br>(Open to Ticket & Pass Holders) |
| 10           |                                                                                                                  |                                                                                                                   |
| 11           |                                                                                                                  |                                                                                                                   |
| 12 AM        |                                                                                                                  |                                                                                                                   |
| 1            |                                                                                                                  |                                                                                                                   |

| THURSDAY 27 |                                                                                           |                                                                                                                               |                                                                                                                                                                                                  |
|-------------|-------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| Time        | Al Whittle Theatre                                                                        | Waterfront Park                                                                                                               | Devour! Studios                                                                                                                                                                                  |
| 11 AM       | <i>A Taste of Whale</i><br>w/<br><i>Bacon 'n Laces</i>                                    |                                                                                                                               | CULINARY<br>WORKSHOP<br>w/Jason Bangerter                                                                                                                                                        |
| 12 PM       |                                                                                           |                                                                                                                               |                                                                                                                                                                                                  |
| 1           | <i>The End of Medicine</i><br>w/<br><i>Hide</i>                                           |                                                                                                                               |                                                                                                                                                                                                  |
| 2           |                                                                                           |                                                                                                                               | SIGNATURE COCKTAILS<br>WORKSHOP<br>w/Ray Daniels                                                                                                                                                 |
| 3           |                                                                                           | DEVOUR! STREET<br>FOOD RALLY<br>hosted by<br>Canadian Culinary<br>Students<br>Featuring music by the<br>Halifax Jazz Festival |                                                                                                                                                                                                  |
| 4           |                                                                                           |                                                                                                                               |                                                                                                                                                                                                  |
| 5           |                                                                                           |                                                                                                                               | TASTE OF NS<br>AWARDS<br>RECEPTION                                                                                                                                                               |
| 6           | SPOTLIGHT GALA<br><i>Love, Charlie:<br/>The Rise and Fall of<br/>Chef Charlie Trotter</i> |                                                                                                                               |                                                                                                                                                                                                  |
| 7           |                                                                                           |                                                                                                                               |                                                                                                                                                                                                  |
| 8           | <i>Blind Ambition</i><br>w/<br><i>Same Old</i>                                            |                                                                                                                               | CELEBRITY CHEF<br>DINNER BASED ON<br>THE SPOTLIGHT<br>GALA FILM<br><i>LOVE, CHARLIE</i><br>w/Chefs Jason<br>Bangerter, Michel<br>Nischan, Peter Dewar,<br>Norman Van Aken &<br>Mary Sue Milliken |
| 9           |                                                                                           |                                                                                                                               |                                                                                                                                                                                                  |
| 10          |                                                                                           |                                                                                                                               |                                                                                                                                                                                                  |
| 11          |                                                                                           |                                                                                                                               | SPOTLIGHT GALA<br>PARTY<br>Audi Halifax Lounge<br>(Open to Ticket &<br>Pass Holders)                                                                                                             |
| 12 AM       |                                                                                           |                                                                                                                               |                                                                                                                                                                                                  |
| 1           |                                                                                           |                                                                                                                               |                                                                                                                                                                                                  |

| FRIDAY 28 ▶ |                                                                                                               |                                                                                                    |                                                 |
|-------------|---------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------|-------------------------------------------------|
| Time        | Al Whittle Theatre                                                                                            | LeCaveau                                                                                           | Devour! Studios                                 |
| 10 AM       |                                                                                                               |                                                                                                    | CULINARY<br>WORKSHOP<br>w/Mary Sue Milliken     |
| 11          | <i>The Seeds of<br/>Vandana Shiva</i><br>w/<br><i>Hearth of the Lion</i>                                      | BOURBON<br>LUNCHEON<br>w/Norman Van Aken,<br>Martin Ruiz Salvador,<br>Jason Lynch &<br>Ray Daniels |                                                 |
| 12 PM       |                                                                                                               |                                                                                                    |                                                 |
| 1           |                                                                                                               |                                                                                                    |                                                 |
| 2           | FARM SHORTS<br>PROGRAM<br><i>Big Water Summer: A<br/>Creation Story, Surviving<br/>Fortress, Grazed Right</i> |                                                                                                    | CULINARY<br>WORKSHOP<br>w/Michel Nischan        |
| 3           |                                                                                                               |                                                                                                    | WINE WORKSHOP<br>w/Bishop's Cellar<br>(3-5pm) ▶ |



| ► FRIDAY 28 |                                     |                                                                              |                                                                                                                                                      |  |
|-------------|-------------------------------------|------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------|--|
| Time        | Al Whittle Theatre                  | Farm Tour                                                                    | Devour! Studios                                                                                                                                      |  |
| 4           |                                     | FARM TOUR<br>presented by the<br>Nova Scotia<br>Federation of<br>Agriculture | WINE WORKSHOP<br>➤ (3-5pm)                                                                                                                           |  |
| 5           | Veleno<br>w/<br>She Got Balls!      |                                                                              |                                                                                                                                                      |  |
| 6           |                                     |                                                                              |                                                                                                                                                      |  |
| 7           |                                     |                                                                              | DEVOUR!<br>CHEFS & SHORTS<br>GALA DINNER<br>w/Jason Lynch,<br>Doug McNish, Lora<br>Kirk, Lynn Crawford &<br>Stephanie Ogilvie<br>Films (See below)** |  |
| 8           | Cow<br>w/<br>The Thrill of the Hunt |                                                                              |                                                                                                                                                      |  |
| 9           |                                     |                                                                              |                                                                                                                                                      |  |
| 10          |                                     |                                                                              | CHEFS & SHORTS<br>GALA<br>AFTER-PARTY<br>Audi Halifax Lounge<br>(Open to Ticket &<br>Pass Holders)                                                   |  |
| 11          |                                     |                                                                              |                                                                                                                                                      |  |
| 12 AM       |                                     |                                                                              |                                                                                                                                                      |  |
| 1           |                                     |                                                                              |                                                                                                                                                      |  |

| SATURDAY 29 ► |                                                                                   |                                                               |                                           |
|---------------|-----------------------------------------------------------------------------------|---------------------------------------------------------------|-------------------------------------------|
| Time          | Al Whittle Theatre                                                                | Devour! Studios                                               |                                           |
| 9 AM          |                                                                                   |                                                               |                                           |
| 10            |                                                                                   | THE<br>MAYORS'<br>BIKE RIDE<br>FOR<br>DEVOUR!                 |                                           |
| 11            | <i>Up on the Mountain</i><br>w/<br><i>My Mom's</i><br><i>Eggplant Sauce</i>       |                                                               | CULINARY<br>WORKSHOP<br>w/Lauren Marshall |
| 12 PM         |                                                                                   |                                                               |                                           |
| 1             |                                                                                   | DEVOUR!<br>CHOWDER<br>SMACKDOWN                               |                                           |
| 2             | <i>Batata</i><br>w/<br><i>Chicatanas</i>                                          |                                                               |                                           |
| 3             |                                                                                   |                                                               |                                           |
| 4             |                                                                                   | BOURBON<br>& BITES<br>WORKSHOP<br>w/Ray Daniels<br>& Ted Pace |                                           |
| 5             | <i>Down with the King</i><br>w/<br><i>Joseph Shawana - Food</i><br><i>is Life</i> | THE DEVOUR!<br>DOWN-HOME<br>LOBSTER SUPPER                    |                                           |
| 6             |                                                                                   |                                                               |                                           |
| 7             |                                                                                   |                                                               |                                           |

| ► SATURDAY 29 |                                           |                                                                                |
|---------------|-------------------------------------------|--------------------------------------------------------------------------------|
| Time          | Al Whittle Theatre                        | Devour! Studios                                                                |
| 8             | Reinventing Mirazur<br>w/<br>Bitter Taste |                                                                                |
| 9             |                                           |                                                                                |
| 10            |                                           | SATURDAY NIGHT PARTY<br>Audi Halifax Lounge<br>(Open to Ticket & Pass Holders) |
| 11            |                                           |                                                                                |
| 12 AM         |                                           |                                                                                |
| 1             |                                           |                                                                                |

| SUNDAY 30 |                                                                                                   |                                                                                         |                                                         |
|-----------|---------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------|---------------------------------------------------------|
| Time      | Al Whittle Theatre                                                                                | Devour! Studios                                                                         |                                                         |
| 11 AM     | <i>Liquor Store Dreams</i><br>w/<br><i>Wok Hei</i>                                                |                                                                                         | <b>CULINARY WORKSHOP</b><br>w/Doug McNish               |
| 12 PM     |                                                                                                   |                                                                                         |                                                         |
| 1         |                                                                                                   | <b>THE GREAT DEVOUR! COMMUNITY SUPPER &amp;</b><br>Devour! Volunteer Appreciation Party | <b>VEGAN WINES</b><br>w/Bruce Ewert                     |
| 2         | <i>The Art of Eating: The Life and Appetites of MFK Fisher</i><br>w/<br><i>The Mother's Seat</i>  |                                                                                         | <b>CULINARY WORKSHOP</b><br>w/Lynn Crawford & Lora Kirk |
| 3         |                                                                                                   |                                                                                         |                                                         |
| 4         |                                                                                                   |                                                                                         |                                                         |
| 5         | <i>Lemon and Poppyseed Cake</i><br>w/<br><i>Hope You Fail</i>                                     |                                                                                         |                                                         |
| 6         |                                                                                                   | <b>DEVOUR! GOLDEN TIME AWARDS CEREMONY</b><br>2023 Theme Announcement & Reception       |                                                         |
| 7         |                                                                                                   |                                                                                         |                                                         |
| 8         | <b>CLOSING GALA FILM</b><br><i>The Kitchen Brigade</i><br>w/<br><i>The Best Chef in the World</i> |                                                                                         |                                                         |
| 9         |                                                                                                   |                                                                                         |                                                         |
| 10        |                                                                                                   |                                                                                         |                                                         |

\* When the Swallows Fly, Transfarmation, In Love with a Problem, The Caretakers

\*\* Arturo Enciso of Gusto Bread, Ceres Community Project, Meal on the Plate, BBQ at Josée and Serge's, Wild Bumblebees

For more detailed information and tickets visit [Devourfest.com](https://Devourfest.com)



# Pumpkin People Festival Presents:

# ANIMAL KINGDOM

## OCT 1 - 29

Where to find major displays

Visit Kentville's downtown restaurants and cafes on the map for a pumpkin themed special during the month of October!

**THE GREAT PUMPKIN Palate Pleaser**

Where to find major displays

Kentville Business Association

Kentville

Map by Kirsten Duncan, 2022

## KENTVILLE HARVEST FESTIVAL

SATURDAY OCTOBER 1, 2022  
CENTRE SQUARE 10AM-4PM

### SCHEDULE OF EVENTS

**ALL DAY!** Vendor Market, Climbing Wall, Bounce House, Kentville Plays Zone

**10-11AM** Guided Hike at the Gorge - 53 Gladys Porter Drive

**11:30AM-4PM** Caribbean Pot Jamaican Cuisine food truck

**12-4PM** Face Painting

**1-4PM** Pumpkin Carving

### MUSICAL ENTERTAINMENT

**10:00-11:00AM**  
MATT THE MUSIC MAN

**11:30AM-1:30PM**  
THE MELBERNS BAND

**2:15-4:00PM**  
BROKEN CIRCUIT

Kentville  
A BREATH OF FRESH AIR

kentville.ca/events

# PHANTOM'S FREAKSHOW

## HAUNTED HOUSE

SHOWTIMES AND INFO: [WWW.PHANTOMSFEAKSHOW.COM](http://WWW.PHANTOMSFEAKSHOW.COM)

SUPPORTER OF THE  
  
IWK Foundation

### HAUNT SHOW TIMES

SAT, OCT 1st ~ 7pm - 10pm  
SUN, OCT 2nd ~ 7pm - 9pm

FRI, OCT 7th ~ 7pm - 10pm  
SAT, OCT 8th ~ 7pm - 10pm  
SUN, OCT 9th ~ 7pm - 9pm (Thanksgiving Eve)

FRI, OCT 14th ~ 7pm - 10pm  
SAT, OCT 15th ~ 7pm - 10pm  
SUN, OCT 16th ~ 7pm - 9pm

THURS, OCT 20th ~ 7pm - 9pm  
FRI, OCT 21st ~ 7pm - 10pm  
SAT, OCT 22nd ~ 7pm - 10pm  
SUN, OCT 23rd ~ 7pm - 9pm

THURS, OCT 27th ~ 7pm - 9pm  
FRI, OCT 28th ~ 7pm - 10pm  
SAT, OCT 29th ~ 7pm - 10pm  
SUN, OCT 30th ~ 7pm - 9pm

### ADMISSION

PURCHASED AT DOOR. BRING CASH. NO PREPAID OPTIONS. NO REFUNDS.

\$20 (ADULT - REG LINE ONLY)  
\$15 (CHILD UNDER 10 - REG LINE ONLY)  
\$30 (FAST PASS LINE - 2:1 RATIO)

## KENTVILLE

VISIT US AT THE HISTORIC MAIN STREET STATION (FORMERLY THE CORNWALLIS INN).

THIS EVENT IS CREATED BY SPECIAL FX MAKE-UP TECHNICIANS WITH OVER 22 YEARS EXPERIENCE.

\* IN THE EVENT WHERE THERE IS A LINEUP, OUR HAUNT WILL REMAIN OPEN UNTIL EVERYONE HAS GONE THROUGH.



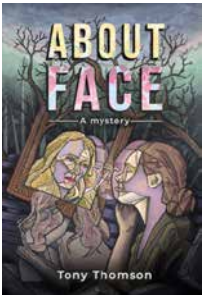
BOOKS BY LOCALS

## TWO NEW BOOKS BY FORMER ACADIA PROFESSORS

Wendy Elliott

A college student goes missing in the Annapolis Valley. The further the police and criminologist Ian Wallace look, the more things turn out not to be as they had seemed. ‘About Face’ is a mix of police procedural, thriller, and social commentary, with a bit of farce and romance thrown in.

Meet author Tony Thomson at a book signing for his new novel, ‘About Face’, on Saturday, Oct. 8, starting 1 p.m., at Endless Shores Books (279 Granville St., Bridgetown) and on Saturday, Oct. 15, starting 1 p.m., at the Coles/Chapters Bookstore in New Minas.

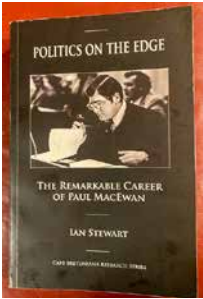


The setting is fictitious Sterling County, nestled between Kings and Annapolis Counties in Nova Scotia. Interestingly the 30-year-old story of a real-life missing student, Kenley Matheson, has just been released as a five-part television series. Missing Kenley, currently being streamed on several platforms, makes for fascinating watching.

Thomson taught sociology and criminology at Acadia University in Wolfville for thirty-four years. Involved for several years in a project researching rural policing, Thomson went on many calls with town cops and the RCMP.

A popular teacher as well as a researcher, he won three Excellence in Teaching Awards presented by the Acadia Student Union and challenged many of his students with his own unique, passionate teaching style. Like Ian in ‘About Face’, noon hour often found him playing basketball with the NBA (Noon Hour Basketball). A professor emeritus at Acadia, he lives in Halifax.

A co-publication of CBU Press and Nimbus Publishing, the new biography ‘Politics on the Edge: The Remarkable Career of Paul MacEwan’ has been written by another former Acadia professor Ian Stewart.



Paul MacEwan represented the working-class, multicultural, and environmentally despoiled constituency of Cape Breton Nova. At the edge of political and economic power, even other Cape Bretoners often considered “The Pier” to be back of beyond.

MacEwan fought a protracted battle to keep Cape Breton’s coal and steel economy from the edge of extinction. He pursued his constituents’ interests with a zeal bordering on obsessive and compulsive, often straying perilously close to the edge in the means employed to seek an advantage. Yet MacEwan was on the cutting edge of many political innovations, transforming the role of an MLA in Nova Scotia.

From this book emerges a complex portrait. MacEwan was undeniably an adroit parliamentarian, whose skills were widely acknowledged by his peers, but he arguably won the respect of only some of his colleagues, the affection of a few, and the friendship of even fewer. Even after thirty-three years in office, he remained on the edge of all social networks at Province House. In sum, Paul MacEwan lived and breathed politics on the edge. After teaching political science at Queens and UBC, Stewart taught at Acadia for 32 years. He lives in Greenwich. 🐼

## RELAUNCHING WEEKLY CLIMATE ACTION CIRCLES AFTER THE PANDEMIC

Emily LeGrand

Two and a half years after Climate Circles first served the Annapolis Valley region in facilitating local-level climate action, the Blomidon Naturalists Society plans to bring it back bigger and better than before! The first volunteer-led program saw 40-60 people meet every Monday evening at the Wolfville Farmer’s Market. People came together because they were worried about climate change. At Climate Circles, they could connect and act with others who cared too. The format supported people to find others who shared their action interests, to share and hear climate-related announcements, and to practice meeting, action-planning and group process skills in a deliberately patient, kind and encouraging environment. As a result, seven consistent project groups were building toward their action projects when the pandemic hit and slowed the progress. Until now.

The Blomidon Naturalists Society needs your help. We want to be able to pay facilitators

to be able to serve those who want to take patient, kind, sustained and effective climate action and create local, custom-fit solutions together. With paid staff, we will be able to support climate-caring community members with the complexities and challenges that come up when we decide to take climate action together. We will be able to offer trainings, one-on-one and group action coaching, facilitation and meeting skills, and information-sharing options and platforms, as well as the core experience of Climate Circles, a regular, welcoming and well-structured meeting space to find like-minded people, generate ideas and commit to a diverse array of action projects. We also need money to rent space for large meetings every week, and space for working groups to meet between meetings. You can learn more about the project and how you can help make it happen by visiting blomidonnaturalists.ca/climate-circles.

I hope to see you in the circle in 2023! 🐼

## I KNOW A PLACE *by Ron Lightburn*



### Sunny Corner In Wolfville

Ron Lightburn’s art cards are now available at locations throughout the Annapolis Valley: Endless Shores Books in Bridgetown; The Rusty Chandelier in Coldbrook; Tides Art Gallery, R.D. Chisholm and the Kings County Museum in Kentville; Absolutely Fabulous at Home, Coles Book Store and Saunders Tartans & Gifts in New Minas; The Port Pub and Sea Level Brewing in Port Williams; Lightfoot & Wolfville Vineyards in Wolfville.

thelightburns.com



## BITING INTO PLANT-BASED PROTEINS

Sydney Lasko

In recent years the conversation around plant-based foods has taken the food world by storm. If you’ve grown up in a meat and potatoes kind of family like myself, you may be a bit weary of trying plant-based foods because ‘that’s rabbit food’. I’ll be the first to admit that it took some trial and error to find plant-based recipes that I love. But, believe it or not, plant-based foods taste good and are satisfying! You may discover that some of your favourite meals can easily be made plant-based.

In 2019, Canada’s Food Guide took the science behind plant-based proteins and placed an emphasis on eating this type of protein more often. Plant-based proteins have fibre, are lower in saturated fat, have no cholesterol, and are linked to reducing the risk of several chronic diseases.

There are many different protein packed plants to choose from, including: nuts and seeds; pulses, such as lentils, kidney beans, black beans, and chickpeas; there’s the soy-bean which gives us edamame, tofu, and tempeh; and seitan, which is made from gluten. A plant to fit every palate!

On top of tasting great, dried beans and lentils are a very affordable source of protein. One cup of canned chickpeas costs about \$0.60; one cup of ground beef costs about \$3.25, and while I acknowledge there is more dietary protein in beef, gram for gram plant-based proteins are still less expensive! And you could go cheaper still and cook with dried beans, or even grow them yourself! Next


Spring try planting edamame and black beans in your backyard or a community garden!

Becoming a full time environmentalist isn’t the only way that you can do your part in helping Earth. Research has found that eating plant-based proteins can help lower your carbon footprint as they require less land, water, and energy to be produced when compared to many animal sources of proteins. You can take an extra step by buying locally produced plant proteins, such as lentils, edamame, beans, or tofu which can be found at various markets around the Valley.

There are so many things to love about plant-based proteins: the health benefits, affordability, joy of growing them yourself, and the environmental benefits. Of course you don’t have to commit to eating a completely vegan diet to enjoy these advantages, take things one step at a time because every little bit, or bite, counts.


🐼

Sydney is a dietetic practicum student through Acadia University, spending time with the Kings County Community Food Council. The Council’s Vision is to have a sustainable, local food system in Kings County, where everyone has access to enough nutritious, safe, ecological and culturally appropriate food. For more information on our work and how you can get involved please contact us! info@KCCFoodCouncil.ca




**HARVEST GALLERY**  
462 MAIN ST, WOLFVILLE, NS B4P 1E2  
902-542-7093  
WWW.HARVESTGALLERY.CA  
@HARVESTGALLERYNS | @NEGALLERYGAL


**John Neville**  
New Work  
On now through Oct 9



**Ernest Cadegan: XL**  
Larger Scale Works  
Oct 15th - Nov 13th



**WhichCraft?**  
A Celebration of Craft  
Oct 22nd - Nov 20th





*\* Shaded events take place weekly or more than once, as noted*

## THURSDAY, OCTOBER 6

**Greenwood Mall Farmer's Market Harvest Festival** – Greenwood Mall, 12–7pm • **TIX:** No Charge

**Farmers Market** – Greenwood Mall, Greenwood 12–4pm • Our mission is to promote healthy living by eating, drinking, and shopping local! We're also helping to grow the local economy by having a venue for farmers, chefs, wineries, local producers, and artisans to have a place to sell healthy products! **TIX:** No Charge **INFO:** 902-847-5311 / ej.keats@outlook.com  
**Open Studio** – Avon River Heritage Museum, Newport Landing 2–5pm • Weekly drop-in sessions for artists and hobbyists held every Thursday, May through October. Arrive with a project, join in the conversation, and let the majestic Avon River be your inspiration! Everyone is welcome. **TIX:** No Charge **INFO:** 902-757-1718 / infoavonriver@gmail.com

**Caregiver Support Group** – Library, Kingston 2:15–4:15pm • The NS Caregivers Support Group meets on the 1st Thursday of each month and is facilitated by trained staff members who offer a confidential, friendly atmosphere for you to discuss your experiences. **TIX:** No Charge

**The Knit-Wits** – Rosa M. Harvey Middleton & Area Library, Middleton 3–4pm • Whether you've been knitting for decades, or just started yesterday, its time to join the knit wits! Has something you have been working on at home? Bring it in! Open to ages 18+. Registration is required. **TIX:** No Charge

**Sewing Club** – Memorial Library, Wolfville 5–7:30pm • Don't have a sewing machine or serger of your own? Want to learn how to use a sewing machine or serger? Our Sewing Club offers space, equipment, and instruction. Bring a project to work on. Registration is required. **TIX:** No Charge

**Social Stitchers** – Library, Kentville 5:30–7:30pm • The focus is on the fibre arts: cross stitch, knitting, crochet, etc. Our facilitator Justine is a cross stitcher and happy to teach that craft during the sessions. All ages welcome, but children should be accompanied by an adult. **TIX:** No Charge

**Dungeons & Dragons** – Isabel & Roy Jodrey Memorial Library, Hantsport 6–8pm • A weekly D&D get together for teens who want to step "into the boots of mighty heroes (and sneaky antiheroes) to create their own stories." ... with snacks. Registration is required. **TIX:** No Charge

**Zumba** – Three Rivers Community Centre, Torbrook 6:15–7pm • Join us for Zumba Classes in Greenwood, Monday & Thursday. Our Zumba Community has a ton of fun connecting, laughing, & grooving to awesome music. You can't help but feel awesome after class....so join in on the fun & let's get dancing! **TIX:** There are two payment options: 1. Punch Cards and 2. Drop-in fee. **INFO:** fromfun2fitstudio@gmail.com

**Koqm Recording and Talk Back with Shalan Joudry** – Al Whittle Theatre, Wolfville 7–9pm • Koqm is a journey through land and time to experience the voices of fictional L'nu (Mi'kmaq) women. Guided by the strength of an ancient tree ("koqm"), the women's voices share with us their stories of grief, humour, and resiliency through a unique theatrical performance. **TIX:** No Charge

**Teens Open Studio** – 7 Arts, Greenwood 7–9pm • Calling all creative teens, ages 13+, to 7Arts Open Teen Studio, work on independent project or join a guest artist to unleash your creativity. **TIX:** Drop-in fee \$10 with your own supplies. \$25 using 7Arts Supplies **INFO:** 902-765-7278 / 7arts@7arts.ca

**Trivia Night** – Oaken Barrel Pub, Greenwood 7–9pm • Give us a try, here's how it works. Season play is done over 8 weeks, teams of 6 encouraged. We count the 6 best scoring weeks towards our grand prizes! The official sponsor of Oaken Barrel trivia is the Garrison Brewery. **TIX:** No Charge **INFO:** 902-765-8933 / info@oakenbarrel.ca

**Under the Gazebo - KentvilleScares!** – Centre Square, Kentville 7:30–9:30pm • Jerome the Gravekeeper will be joined by Kentville ghosts to share dark stories of Kentville's past. There will also be a special light installation reveal by Walter D'Arcy Ryan that you won't want to miss! **TIX:** No Charge **INFO:** info@kentvillebusiness.ca

**Ghost Walk** – Main Street Station, Kentville 7:45–9:30pm • Valley Ghost Walks are family-friendly, historical productions throughout the Valley with Jerome the Gravekeeper and his ghostly friends. Every Thursday evening from Apple Blossom until Halloween. **TIX:** \$25 Adults \$20 Students \$45 Group of 2 \$120 Group of 6 Prices **INFO:** 902-692-8546 / jerome@valleyghostwalks.com

**The Melberns** – Paddy's Pub, Kentville 8–10pm • This night we will be featuring Bernie and Melissa aka The Melberns a very hard act to follow. **TIX:** No Charge **INFO:** 902-678-3199

## FRIDAY, OCTOBER 7

**Fibre Ops** – Library, Windsor 10am–12pm • Calling all knitters, hookers, crocheters, weavers, spinners ... or anyone who enjoys the fibre craft arts. Bring your own project and we'll all work together! All skill levels welcome, no experience necessary. **TIX:** No Charge

**Alan Syliboy, Thundermakers & Upstream** – Al Whittle Theatre, Wolfville 7:30pm • Alan Syliboy and Thundermakers, joined by members of the Upstream Ensemble, perform songs with improvisation and projections of Alan's artwork and animations. Celebrate Mi'kmaq History Month with us at this beautiful collaborative show. **TIX:** \$30 **INFO:** 902-698-9611 / info@musicincommunities.com

**Dreamer - The Supertramp Experience** – Convocation Hall, Wolfville 7:30pm • A spectacular tribute that features a memorable performance of the album 'Crime of the Century in its entirety, plus all Supertramp's biggest hits. Online Box Office, On Site at the Event or by telephone. **INFO:** 902-542-5500 / box.office@acadiau.ca

**Phantom's FreakShow Haunted House** – Main Street Station, Kentville 7–10pm • Phantom's FreakShow is journey into the bowels of the historic Main Street Station in Kentville. 13 well-crafted rooms are dripping with your worst fears. With professional SFX artist behind the helm, this haunt is next level. Are you prepared? Every Friday, Saturday, Sunday until Halloween. **TIX:** \$30 fast pass (2:1 group ratio) \$20 for anyone over the age of 10 \$15 kids (under 10) **INFO:** jaimiepeerless@outlook.com

## SATURDAY, OCTOBER 8

**Farmers' Market** – Farmers Market, Wolfville 8:30am–1pm • Our Indoor/Outdoor Farmers' Market features over 50 farmers, chefs and artisans who nourish our community. **TIX:** No Charge **INFO:** 902-697-3344 / wfmassistant@wolfvillefarmersmarket.ca

**Thanksgiving Craft Show** – Lions Club, Wolfville 9am–2pm • A multitude of crafters and just a few direct sellers. No cover charges. A takeout or delivery cold plate featuring ham, salads choice of chocolate or carrot cake. Contact Kim at kimstewarhome@outlook.com or 902-456-1148. **TIX:** No charge admission to craft fair \$15 for cold plate **INFO:** 902-456-1148 / kimstewarhome@outlook.com

**Farmer's Market** – North Mountain United Tapestry, Harbourville 9:30am–1pm • Our weekly farmer's market with a variety of vendors selling locally grown and homemade food as well as artisan products. There are vendors both inside the historic church and outside overlooking the ocean, and live music during the market. **TIX:** No Charge **INFO:** unitedtapestry@gmail.com

**Drum Painting with Alan Syliboy!** – Horton High School, Greenwich 10am–12pm • Established Mi'kmaq artist Alan Syliboy will guide you through the process of drum painting. His work is influenced by the indigenous Mi'kmaq rock drawing and quill weaving traditions. **TIX:** Oct. 2nd Drum-making, - \$250, includes materials and a drum you can keep Oct. 8 Drum-painting - \$200, bring your own drum OR \$400 for both workshops. Please email us at info@musicincommunities.com to register or for more information. **INFO:** 902-698-9611 / info@musicincommunities.com

**Haunted House** – Noggins Corner Farm, Greenwich 11am–5:45pm • Disaster Animal Response Team of Nova Scotia is pleased to be partnering with Noggins Corner Farm in Greenwich for our Haunted House. Saturdays & Sundays until Halloween. **INFO:** 902-233-4089 / information@dartns.org

**Open House** – Railway Museum, Middleton 12–5pm • Visit the Middleton Station Museum and learn about CNR's fourth older steam locomotive and our new HO-scale model railway. Volunteers will encourage you to have fun and learn about the history of the DAR and CNR in the Annapolis Valley. **TIX:** Donation **INFO:** 902-825-6062 / info@middletonrailwaymuseum.ca

**Check 'Em Out Book Club** – Rosa M. Harvey Middleton & Area Library, Middleton 1–2pm • Have you tried a book club in the past that just wasn't right for you? Come join the rest of us misfit readers! Open to ages 18+. Registration is required. Book club books will be given out to readers one month prior. **TIX:** No Charge

**Fairy Walk** – Community Center, Black Rock 1–4pm • An outdoor family event. Join the annual gathering of the fairies at the Black Rock Trails Gazebo, behind community hall, 4404 Black Rock Rd. then enter the land of fairies via one of our trails. Come as a fairy, elf, or other magical creature. **TIX:** Donation **INFO:** 902-538-8714 / irmlipp@gmail.com

**Drum & Song Circle with Mika Francis & Friends!** – Horton High School, Greenwich 1–3pm • Mika Francis and friends will teach us the Honour Song and some other Mi'kmaq songs with the Glooscap First Nations Mawio'mi at Horton High School. **TIX:** Cost is ~ \$20 / \$10 students/children under 12 free Please email us at info@musicincommunities.com to register or for more information. **INFO:** 902-698-9611 / info@musicincommunities.com

**Pam Paton with Sahara Jane & Ken Shorely** – Dawn Oman Art Gallery, Bridgetown 7–9pm • A concert with Pam Paton with Sahara Jane & Ken Shorely. **TIX:** Admission is \$20 for early purchase or at the door. **INFO:** 909-588-2002

**SpeakEasy: String Theory** – Community Hall, West Brooklyn 8–11pm • **TIX:** \$15 Tickets must be reserved. Limited tickets available so get in touch soon! **INFO:** 902-542-5424

**Dance: Meredith** – Royal Canadian Legion, Kentville 9–12pm • Adult Dance. Featuring Meredith. Doors and Cash Bar at 8 pm, Music 9-12. Kitchen, 50-50, door prize. Members & General Public, All Welcome. Members \$9 (with card). Non-Members \$10. **TIX:** \$10

## SUNDAY, OCTOBER 9

**Country Market** – Community Hall, Clarence 9am–1pm • A weekly country market held at 3337 Clarence Road (Clarence Community Hall) from 9 am to 1 pm every Sunday! Lots of great crafts, baked goods, and homegrown items for purchase! **TIX:** No Charge **INFO:** 902-824-1278 / inquiries.clarencecommunity@gmail.com

**Nature for Newcomers: Apple Picking!** – Oakview Farm, Kingsport, NS 2–4pm • Nature for Newcomers Apple Picking event. Oakview Farm, Kingsport, NS. All ages welcome. Transportation support available. Register through our website. **TIX:** Donation **INFO:** 902-993-1717 / valleyflyingsquirrels@gmail.com

**The Good Boss** – Al Whittle Theatre, Wolfville 4pm & 7pm • Awaiting a visit by a committee that could give his company an award for excellence, the owner of an industrial scales manufacturing business tries to resolve any problems from his workers in enough time. **TIX:** \$10.43 + HST = \$12 Cash or debit/credit at the door OR online https://www.eventbrite.ca/ eventbrite.ca **INFO:** manager@alwhittletheatre.ca

## MONDAY, OCTOBER 10

**GriefShare** – New Hope Wesleyan Church, Kentville 7–9pm • Help and encouragement after the death of a loved one, GriefShare is a special weekly seminar and support group designed to help you rebuild your life. We know it hurts, and we want to help. **TIX:** No Charge **INFO:** 902-670-9288 / gerrits.bernadine@gmail.com

**Scottish Country Dancing** – Community Centre, Wilmot 7–9pm • Scottish Country Dancing classes will return to Wilmot on Oct. 10 running for 9 weeks. No experience required or partner required just an interest to learn and have fun. Classes are from 7 - 9 pm in the Wilmot Community Centre. **TIX:** \$10 (which could reduce depending on numbers). **INFO:** 902-825-4600 / s.v@ns.sympatico.ca

## TUESDAY, OCTOBER 11

**Paint and Art Group** – New Horizons Club, Kentville 1–4pm • Paint and Art Group Date: Every Tuesday afternoon. 1pm to 4 pm, Social Break with refreshments at 2:30. Location: Kentville New Horizons Seniors Club House, 354 Main Street, Kentville, NS, (inside the Kentville Recreation Building) **TIX:** Donation **INFO:** kentvilleneuvehorizons@outlook.com

**Writers' Circle** – Isabel & Roy Jodrey Memorial Library, Hantsport 6:30–8pm • Need incentive to finish your novel, your short story, or your poem? Join us for writing exercises, brain storming, feedback, and encouragement. Everyone welcomes to share their work and their constructive criticism in a positive environment. **TIX:** No Charge

**Teen Art Workshops - Button Wall Art** – Dr. Frank W. Morse Memorial Library, Lawrencetown 6:30–8pm • Using a bit of paint, glue, and buttons, create a colourful canvas to hang in your room or to give as a gift. All materials supplied or bring your own. This program is for ages 12-17. Registration is required. **TIX:** No Charge

**Adulting 101** – Rosa M. Harvey Middleton & Area Library, Middleton 7–8pm • Join us for a 4-part workshop series where we will discuss and learn the basics of resume writing, sewing a button, budgeting your money, and how to live on your own. Open to ages 15-23. Registration is required. **TIX:** No Charge

**Autumn Wreath** – Rosa M. Harvey Middleton & Area Library, Middleton 7–8pm • Come craft a beautiful autumn wreath to decorate your door as the weather gets cozier. Ages 16+. All materials provided. Registration is required. **TIX:** No Charge

## WEDNESDAY, OCTOBER 12

**Farmers Market** – Centre Square, Kentville 10am–1pm • The best food the Valley has to offer, from skilled and ethical farmers and producers. Baking, Ethnic, and local fare to eat on site or take home. Art and craft vendors, plant vendors, local pressers, brewers, and distillers - see you at the Market! **TIX:** No Charge **INFO:** kentvillefarmers1@gmail.com

**Storytime!** – Memorial Library, Wolfville 10:30–11am • Join us for Storytime Wednesday mornings September 21 to November 30. Each week, we will sing songs, share books, and more! For ages 3-5 years, accompanied by parent/caregiver. Registration not required. **TIX:** No Charge

**Coffee Klatch** – Isabel & Roy Jodrey Memorial Library, Hantsport 10:30–11:30am • A casual social gathering for coffee and conversation. Stop into the library on Wednesday mornings for a free cup of coffee and the FHPL's 'treat of the week'. Everyone welcome. **TIX:** No Charge

**Together Time Tales** – Library, Kentville 11–11:30am • Each week we will sing songs, share books, and more! For preschoolers ages 2 to 5 accompanied by a parent/ caregiver. Registration is required. **TIX:** No Charge  
**Fibre Craft** – Isabel & Roy Jodrey Memorial Library, Hantsport 1–3pm • A weekly gathering of knitters, weavers, hookers, spinners, crocheters, and any other fibre/fabric artists. A time and place to craft, share stories, tell tales, and spin yarns. Bring your own project. Everyone welcome. **TIX:** No Charge

**WRITE: The Elements of Story** – Rosa M. Harvey Middleton & Area Library, Middleton 2–3pm • Ready to learn how to write? Join our instructor Connie (who happens to be a published short story author) as we discover the elements of story. Please bring your own paper/notebook and a writing utensil. Open to ages 18+. Registration is required. **TIX:** No Charge

**Blood Donor Clinic** – Lions Club, Berwick 12–7pm • In association with the Canadian Blood Services 2 Sessions 12pm to 3pm and 5pm to 7pm **TIX:** No Charge **INFO:** 902-844-1440 / tthenley60@gmail.com

**Tap into Valley Business Supports** – Virtual Annapolis Valley, Anywhere in The Annapolis Valley 6:30–8:30pm • Join our October 12 networking meeting via Zoom to learn how you can tap into the business supports offered by CBDC and Valley REN. **TIX:** No Charge https://www.eventbrite.ca/e/how-to-tap-into-valley-business-supports-tickets-427215100867 **INFO:** programs@vwbn.ca

**North Mountain Music Concert** – United Baptist Church, Clarence 7–9pm • Kenny Bryka, Ryan Dillman, and Alberta Brown take the stage at the North Mountain Meeting House (Clarence Church) for two hours full of Bluegrass, Classic and Folk Music. A concert full of local talent, for a local cause. **TIX:** Donation **INFO:** 902-824-3181 / inquiries.clarencecommunity@gmail.com

**Legion Coffee/Tea Social** – Community Hall, White Rock 9:30–11:30am • Wolfville Legion invites everyone out to enjoy our Wednesday \$2 Coffee and Tea Social held at the White Rock Community Center from 9:30-11:30am. Drop in for a fresh baked treat and enjoy fellowship (masks are optional). **TIX:** \$2 **INFO:** 902-542-5869 / wolfvillelegion@gmail.com

## THURSDAY, OCTOBER 13

**Women's Bike Ride** – Recreation Hub, Kentville 12–3pm • Every Monday and Thursday, join us for an exhilarating bike ride (weather permitting). Contact Holly (NS Bike Assn) for more information. This is an informal chance to make new friends and bike with others. All levels welcome. **TIX:** No Charge **INFO:** hollylovesbikes@gmail.com

**Cross Stitch for Beginners** – Berwick and District Library, Berwick 6–7:30pm • Learn about the basics of cross stitch and make a simple project. All supplies will be provided. Ages 12+. Registration is required. **TIX:** No Charge

**Nadine Landry and Sammy Lind** – Dawn Oman Art Gallery, Bridgetown 7–9pm • Passionate about traditional fiddle music that has been passed on for generations, classics of the southwest Louisiana Cajun dance halls and songs that could have filled a 50s honky tonk jukebox. **TIX:** Admission is \$20 by reservation. **INFO:** 902-588-2002

**Tanner & Aaron** – Paddy's Pub, Kentville 8–10pm • Come and check us out and experience our great hometown entertainment. A great father and son duo. **TIX:** No Charge **INFO:** 902-678-3199

## FRIDAY, OCTOBER 14

**Autumn Arts PD Day Camps** – Ross Creek Centre for the Arts, Canning 9am–5pm • Registration is open for PD Day Camps (Ages 5-12), in line with AVRCE PD Days. Each session will be a jam-packed day of arts, the outdoors, and friendship! No need to pack a lunch - registration includes all materials and a tasty fresh meal. **TIX:** \$75 / Day **INFO:** 902-582-3842 / info@artscentre.ca

**Clothing Giveaway** – United Baptist Church, Centreville 9–11am • Items for Giveaway: fall & winter clothing, towels, bedding & kitchen items donated by our community. **TIX:** No Charge **INFO:** 902-678-7584 / lesmb@eastlink.ca

**Creative Littles** – Rosa M. Harvey Middleton & Area Library, Middleton 11am–12pm • Do you have a little one ages 1-3 who loves to be creative? Come join Elizabeth for an hour of magical discovery as we explore finger paints, shapes, colours and more. Maybe you will even meet a friend or two. Registration is required. **TIX:** No Charge

**Jack Absolute Flies Again** – Al Whittle Theatre, Wolfville 7pm • Jack Absolute Flies Again: Emily Burns (The Comeback) directs this spectacularly entertaining new version of Sheridan's The Rivals. A rollicking new comedy by Richard Bean (One Man, Two Guvnors) and Oliver Chris (Twelfth Night). Masks recommended. **TIX:** \$13.91 + HST = \$16 Cash or debit/credit at the door OR online https://www.eventbrite.ca/ eventbrite.ca **INFO:** manager@alwhittletheatre.ca

**Tammy Adams & Wayne Parker: Adult Dance** – Royal Canadian Legion, Berwick 8–11pm • an Adult Dance upstairs at the Berwick Legion. Tammy will be live on her Facebook Page so the party will be in person and online! 19 plus. \$10. Canteen, 50/50. **TIX:** \$10.

## SATURDAY, OCTOBER 15

**Nova Scotia Crime Stoppers Rummage Sale** – United Church, Kingston 8am–12pm • Proceeds will be divided equally between Crime Stoppers and the KUC **TIX:** No Charge **INFO:** 902-765-3621 / officekpc@eastlink.ca

**Another Yard Sale!** – All Saints Anglican Church, Kingston 8:30am–12:30pm • Antiques, bedding, clothes, household goods, decorations, toys, tools, books, records and much more. **TIX:** No Charge **INFO:** 902-765-4023 / hulfords@eastlink.ca



**Horton Craft Fair** – *Horton High School, Greenwich 9am–3pm* • This Craft Fair is organized by the Horton Parent Music Association. It is a fundraiser to support students in the music program. All benefits will be used for the band trip. **TIX:** \$3 per person, children under 12 are free

**Bottle Drive Fundraiser** – *United Baptist Church, Kentville 9am–12pm* • Please drop off recyclables in Church Parking lot. Fundraiser to support refugee sponsorship. **TIX:** Donation **INFO:** 902-678-4680 / kmacphers@gnspecs.ca

**Fall Craft Show** – *Sweetest Memories Candies, Gifts & More, Grafton 11am–3pm* • A variety of vendors selling different hand crafted and local decor, gifts & more. We will also have an indoor spot available if weather is not in our favor. **TIX:** No Charge **INFO:** 902-309-0579 / sweetestmemories2022@gmail.com

**Free Trial Music Lessons** – *Jake Smith Music, Windsor NS 1pm* • **TIX:** No Charge **INFO:** 902-292-6596 / jakesmithmusicschool@gmail.com

**Matt the Music Man Album Release Show** – *Al Whittle Theatre, Wolfville 2–3:30pm* • Join the award-winning children's entertainer, Matt the Music Man as he celebrates the release of his third full length album, The Best at Being You! Featuring special guests Darrin Harvey and Terra Spencer! Fun for the whole family! **TIX:** \$10

**SpeakEasy: Kristen Martell Band** – *Community Hall, West Brooklyn 8–11pm* • **TIX:** \$20 Tickets must be reserved. Limited tickets available so get in touch soon! **INFO:** 902-542-5424

**Dance: Ruth Manning & the Prospectors** – *Royal Canadian Legion, Kentville 9–12pm* • Members & General Public, All Welcome. **TIX:** \$10.

**Halloween Dance** – *Community Hall, St. Croix 9pm–1am* • Halloween Dance - Best Costume Prize **TIX:** \$10/person Halloween Costume Contest **INFO:** 902-798-3413 / joytotheworld30@hotmail.com

## SUNDAY, OCTOBER 16

**Avon Community Farmers' Market** – *War Memorial Community Centre, Windsor 10am–2pm* • Come enjoy the best of local food, artisans, crafters and more at the Avon Community Farmers' Market this Sunday, from 10am-2pm in Victoria Park, Windsor! We will have live music, and plenty of vendors, we hope to see you there! **TIX:** No Charge **INFO:** 902-579-7652 / avoncommunitymarket@gmail.com

**Market at Meander** – *Meander River Farm, Newport 11am–3pm* • Stroll local vendors at Meander River Farm & Brewery on a beautiful summer day while sipping craft beers and ciders. Enjoy the live music and picnic lunch from the food truck for a great day in Hants County! **TIX:** No Charge **INFO:** 902-757-3484 / info@meanderriverfarm.ca

**Artist in Residence** – *Avon River Heritage Museum, Newport Landing 12–4pm* • This summer we're welcoming wood carver Edward (Bill) Thibreau as our Artist in Residence for the 2022 season. Bill will be on site the 1st and 3rd Sunday of the month, June through October, demonstrating his craft. **TIX:** No Charge **INFO:** 902-757-1718 / infoavonriver@gmail.com

**Artisans in Action** – *Avon River Heritage Museum, Newport Landing 12–4pm* • A series of pop-up markets designed to showcase Nova Scotian artists and artisans who focus on historical trades, crafts, and art forms done in both traditional and contemporary manners. Held in partnership with Sofa Sundays, live performances. **TIX:** The cost to participate is \$25 per artisan, per market. Tables, chairs, electricity, and refreshments are provided. **INFO:** 902-757-1718 / infoavonriver@gmail.com

**Sofa Sundays** – *Avon River Heritage Museum, Newport Landing 1–3pm* • A series of intimate performances held in collaboration with the Full Circle Festival and Artisans in Action pop-up market, artist demonstrations and BBQ fundraiser. **TIX:** \$10 or pay what you can **INFO:** 902-757-1718 / infoavonriver@gmail.com

**Watercolour Class Pumpkin Bear** – *7 Arts, Greenwood 2–4pm* • Watercolour, learning the basic and completing a cute pumpkin bear painting. Ages 15+, all supplies included. Register by email 7arts@7arts.ca **TIX:** \$40 **INFO:** 902-765-7278 / 7arts@7arts.ca

**Sunday Music in the Garden Room** – *K.C. Irving Environmental Science Centre, Wolfville 2–4pm* • David Potvin, piano. **TIX:** no charge **INFO:** 902-542-3484 / kirkconnell@ns.sympatico.ca

**God's Creatures** – *Al Whittle Theatre, Wolfville 4pm & 7PM* • In a windswept fishing village, a mother is torn between protecting her beloved son and her own sense of right and wrong **TIX:** \$10.43 + hst = \$12 Cash or debit/credit at the door OR online <https://www.eventbrite.ca/> eventbrite.ca **INFO:** manager@alwhittletheatre.ca

**The Merry Widow Operetta** – *Festival Theatre, Wolfville 7:30–10pm* • A wonderful production by the Jeunesses Musicales Canada opera company. In a festive Europe where love always wins, enjoy one of the most popular operettas ever written! **TIX:** \$40 \$20 (students) Acadia Box Office **INFO:** 902-542-5500 / pas@acadiau.ca

## MONDAY, OCTOBER 17

**Storytime** – *Library, Annapolis Royal 10–10:45am* • Preschool children and their caregivers are invited to our Monday Morning Storytimes. We'll have stories, crafts, sometimes music, and always a good time! Registration not required. **TIX:** No Charge

**Scottish Country Dancing** – *Community Centre, Wilmot 7–9pm* • Scottish Country Dancing classes will return to Wilmot on Oct. 10 running for 9 weeks. No experience required or partner required just an interest to learn and have fun. **TIX:** \$10 **INFO:** 902-825-4600 / s.v@ns.sympatico.ca

## TUESDAY, OCTOBER 18

**Committee of the Whole & Special Council** – *Municipality of the County of Kings, Coldbrook 9am* • **TIX:** No Charge **INFO:** 888-337-2999

**Kingston Kiddos Story Time** – *Library, Kingston 10:30–11:30am* • Stories and songs with friends! For ages 0-5 years, accompanied by a parent/caregiver. Registration is encouraged. **TIX:** No Charge

**LEGO to the Library** – *Rosa M. Harvey Middleton & Area Library, Middleton 3–4pm* • Join us to build, create, and explore! LEGO provided. Open to ages 5-12. Registration is required **TIX:** No Charge

**Writers' Circle** – *Isabel & Roy Jodrey Memorial Library, Hantsport 6:30–8pm* • Need incentive to finish your novel, your short story, or your poem? Join us for writing exercises, brain storming, feedback, and encouragement. Everyone welcomes to share their work and their constructive criticism in a positive environment. **TIX:** No Charge

**Grocery Bingo** – *Community Centre, Grafton 7–9pm* • 7 games of grocery bingo, each bag valued at \$25.00 with the jackpot bag valued at \$50.00. Special game played for a \$30.00 gift card. A 50/50 ticket draw. Full canteen with BBQ hamburgers & hot dogs. **TIX:** No Charge **INFO:** 902-538-1203 / donfoster470@yahoo.com

**Friendly Heckler Podcast Live Taping w/ Sarah McInnis** – *The Union Street, Berwick 7pm* • Sarah McInnis joins host Zakary Miller on stage for a night of music and conversation, recorded for The Friendly Heckler Podcast. **TIX:** \$15 **INFO:** 902-538-7787 / thefriendlyheckler@gmail.com

## WEDNESDAY, OCTOBER 19

**Volunteer Leadership Symposium** – *Louis Millet Community Complex, New Minas 8:30am–3:30pm* • The Volunteer Leadership Symposium is back in person! Keynote speaker, workshops and networking on all things related to volunteerism. Register at [www.kingsvolunteerresourcecentre.ca](http://www.kingsvolunteerresourcecentre.ca) **TIX:** \$10 **INFO:** 902-385-4950 / coordinator@kingsvolunteerresourcecentre.ca

**Talk Read Sing Special Event - "Truck" by Doretta Groenendyk** – *Berwick and District Library, Berwick 9:45–10:45am* • The Berwick Library invites you to a special storytime hosted by children's author/illustrator Doretta Groenendyk. Join us to celebrate the launch of Truck! Doretta will lead story time and then help with truck-related crafts. Registration required. **TIX:** No Charge

**Nightmare on Brooklyn Street** – *Sweetest Memories Candies, Gifts & More, Grafton 1–7:30pm* • Sweetest Memories will be hosting a Haunted General store this year. Come on by and take a walk through our spooky set up of the Butcher, the Baker, and the Candle Stick Maker. **TIX:** Donation **INFO:** 902-309-0579 / sweetestmemories2022@gmail.com

**Dungeons and Dragons** – *Rosa M. Harvey Middleton & Area Library, Middleton 3–5pm* • Curious about Dungeons & Dragons but not sure where to start? Already a D&D player? You're welcome to join too! Everyone welcome - ages 15+ Adults are encouraged to attend as well. **TIX:** No Charge

**Fire of Love** – *Al Whittle Theatre, Wolfville 7pm* • Intrepid scientists and lovers Katia and Maurice Krafft died in a volcanic explosion doing the very thing that brought them together: unraveling the mysteries of volcanoes by capturing the most explosive imagery ever recorded. **TIX:** \$10.43 + HST = \$12 Cash or debit/credit at the door OR online <https://www.eventbrite.ca/> eventbrite.ca **INFO:** manager@alwhittletheatre.ca

## THURSDAY, OCTOBER 20

**Open House** – *PeopleWorx, Coldbrook NS 11am–3pm* • PeopleWorx will be partnering with the Native Council of Nova Scotia to host an information event and encourage our job seekers and interested public to come and find out what we offer as well as to explore the Mobile Experience unit **TIX:** No Charge **INFO:** 866-609-9675 / workshop@peopleworx.ca

**Boundary Review Public Engagement Session** – *Municipality of the County of Kings, Coldbrook 7pm* • Members of the public are invited to attend a Public Engagement Session for a recap of feedback to date and possible scenarios. Complete the survey for a chance to win a gift basket! **TIX:** No Charge **INFO:** 888-337-2999 / boundaryreview@countyofkings.ca

**Daniel Champagne** – *Evergreen Theatre, Margaretsville 8–10:30pm* • The young Australian virtuoso recently described as "the finest guitar player of this generation" brings his tour back to Canada for the first time in three years! **TIX:** Adults \$35 • Military \$30 • Students \$20 **INFO:** 902-825-6834 / evergreentheatre@gmail.com

**Barkhouse Boys** – *Paddy's Pub, Kentville 8–10pm* • These guys have got the touch. You won't be able to stop your feet from keeping the beat nor your hands from clapping along in your seat! **TIX:** No Charge **INFO:** 902-678-3199

## FRIDAY, OCTOBER 21

**Landscape & Colour Art Retreat with Sara Hartland-Rowe** – *Ross Creek Centre for the Arts, Canning 6pm*

• Break away from your day-to-day for a weekend intensive in a beautiful rural setting. Reconnect with nature and immerse yourself in land-based drawing and painting processes, here in the meadows, forest trails, and rolling fields of Ross Creek! **TIX:** \$287.50-\$362.25 **INFO:** 902-582-3842 / info@artscentre.ca

**Zero Waste Design and Sewing - Presentation** – *Berwick and District Library, Berwick 6–7pm* • This presentation, will give you an introduction to "Zero Waste Sewing", one of the hottest trends in both industrial and home sewing. Registration is required. Ages 18+. Follow up attendance at Part II - Workshop (November 4) is recommended. **TIX:** No Charge

**Teen Takeover** – *Library, Kingston 6–7:45pm* • Teens are taking over the library! The Kingston Library is giving you the run of the place! Come try out the cool equipment in our Innovation Lab. Discover a surprise activity, or just hang out with your friends. Ages 13+. Registration is required. **TIX:** No Charge

**Benefit Dance/ GVES Playground** – *Lions Club, Wolfville 6:30–11pm* • Benefit Dance for Gaspereau Valley Elementary School Playground. **TIX:** \$20 per ticket Cochrane's Pharmasave Wolfville and the Gaspereau School office **INFO:** 902-542-3805 / shellywsphill@gmail.com

**Coronation St Family Values Tour** – *Al Whittle Theatre, Wolfville 7:30–9:30pm* • An evening with Kelly Neelan and Gary Windass from Coronation St, Britain's longest running TV drama. This is an interview style show hosted by veteran Corrie host Neville Mackay from Halifax. If you like Corrie...you'll love this show! **TIX:** \$49.75 Reserved Seats \$97.75 VIP / Meet & Greet Reserved Seats online at [ticketscene.ca](http://ticketscene.ca) **INFO:** 902-266-5000 / strollpro@gmail.com

## SATURDAY, OCTOBER 22

**Author Reading - Theresa Meuse, "Sweetgrass"** – *Library, Kentville 2–3pm* • A modern story of traditional Indigenous knowledge that follows a young boy and his Auntie as they gather and braid sweetgrass, one of the four sacred medicines. For families or ages 7-12. Registration required. **TIX:** No Charge

**Zombie Doll Workshop** – *Rosa M. Harvey Middleton & Area Library, Middleton 3:30–5pm* • Ready to get into the spirit of all things spooky? Come join zombie doll enthusiast Claire in the creation of some creepy and eerie zombie dolls! All materials will be supplied. Open to ages 7-17. Registration is required. **TIX:** No Charge

**Centreville Fuel Supper** – *Community Hall, Centreville 4:30–6:30pm* • October 22, 2022 Centreville Fuel Supper, take out only. 1951 Hwy 359, Centreville 4:30 - 6:30 **TIX:** \$15.00 adults; \$5.00 children under 10 **INFO:** 902-678-3999

**See How They Run** – *Al Whittle Theatre, Wolfville 7pm* • In the West End of 1950s London, plans for a movie version of a smash-hit play come to an abrupt halt after a pivotal member of the crew is murdered. **TIX:** \$10.43 + HST = \$12 Cash or debit/credit at the door OR online <https://www.eventbrite.ca/> eventbrite.ca **INFO:** manager@alwhittletheatre.ca

**Christine Campbell & Blake Johnston** – *Dawn Oman Art Gallery, Bridgetown 7–9pm* • ECMA winners, Blues-Rock power duo, Christine Campbell & Blake Johnston entertain audiences with 60's and 70s rock style guitar riffs & bewitching vocal harmonies. **TIX:** Admission \$25 by reserve or at the door. Dawn Oman Art Gallery. 298 Granville St., Bridgetown **INFO:** 902-588-2002

**Harvest Auction** – *Horton Community Centre, Grand Pre 7–10pm* • Horton Community Centre Association Annual Harvest Auction, used items donated by residents, local produce, and baked goods and who only knows what else. **TIX:** No Charge **INFO:** 902-542-3150

**Dance: Wayne Parker** – *Royal Canadian Legion, Kentville 9–12pm* • Adult Dance. Featuring Wayne Parker. Doors and Cash Bar at 8 pm, Music 9-12. Kitchen, 50-50, door prize. Members & General Public, All Welcome. Members \$9 (with card). Non-Members \$10. **TIX:** \$10

**K Town Comedy Night with Jay Malone** – *Paddy's Pub, Kentville 9–10:30pm* • Award-winning comedian and local boy Jay Malone hops up on stage to sling some jokes with a few hilarious friends in the Showroom of Paddy's Pub in Kentville every month! **TIX:** \$20 Tickets Available @ <http://www.jaymalone.com/ktowncomedy> Or Email Transfer contact@jaymalone.com **INFO:** 902-844-2875 / contact@jaymalone.com

## SUNDAY, OCTOBER 23

**Halloween Tea at Randall House** – *Randall House Museum, Wolfville 2–8pm* • It's Halloween time which means it's time to get spooky! Why not come to one of the spookiest homes in Wolfville for a cuppa tea and some delightful snacks? The ghosts would love to welcome you. Contact us for more details. **TIX:** \$7.00 (non WHS members) \$5.00 (WHS members) **INFO:** 902-542-9775 / randallhouse@outlook.com

**Piano Recital** – *Wolfville Baptist Church, Wolfville 3:30–4:30pm* • Pianist Walter Delahunt performs a recital of pieces by Bach and Schubert. Walter is known for his powerful technique and expressive interpretations of the classical pianist's repertoire. **TIX:** Donation **INFO:** 902-542-5524 / main.office@wolfvillebaptist.ca

**See How They Run** – *Al Whittle Theatre, Wolfville 4pm*

• In the West End of 1950s London, plans for a movie version of a smash-hit play come to an abrupt halt after a pivotal member of the crew is murdered. **TIX:** \$10.43 + HST = \$12 Cash or debit/credit at the door OR online <https://www.eventbrite.ca/> eventbrite.ca **INFO:** manager@alwhittletheatre.ca

**The Once** – *Evergreen Theatre, Margaretsville 8–10:30pm* • Newfoundland has a storied history of stunning songwriters, poets, and players. Over the course of the last decade, The Once have writ and knit themselves into that story. **TIX:** Adults \$35 • Military \$30 • Students \$20 **INFO:** 902-825-6834 / evergreentheatre@gmail.com

## THURSDAY, OCTOBER 27

**Afternoon Bingo!** – *New Horizons Club, Kentville 1–3pm* • Lots of fun, meet friends! Great prizes! **TIX:** Donation **INFO:** kentvillenehorizons@outlook.com

**Matt & JD** – *Paddy's Pub, Kentville 8–10pm* • Come on out and watch this great duo. You won't be disappointed! **TIX:** No Charge **INFO:** 902-678-3199

## FRIDAY, OCTOBER 28

**Autumn Arts PD Day Camps** – *Ross Creek Centre for the Arts, Canning 9am–5pm* • Registration is open for PD Day Camps (ages 5-12), in line with AVRCE PD Days. Each session will be a jam-packed day of arts, the outdoors, and friendship! No need to pack a lunch – registration includes all materials and a tasty fresh meal. **TIX:** \$75 / day **INFO:** 902-582-3842 / info@artscentre.ca

**Dance: Great Big Johnson** – *Royal Canadian Legion, Kentville 9–12pm* • Doors and Cash Bar at 8 pm. Music 9 to 12. Kitchen, 50-50. Come and enjoy some great music and dancing in one of the best dance venues in Nova Scotia. One of the last great old style dance halls. **TIX:** \$10

**Freya Milliken Band** – *Paddy's Pub, Wolfville 9–11pm* • Local singer-songwriter Freya Milliken is excited to bring another show to Paddy's, this time with the full band! Come on out for a night of original music and covers of folk, pop, blues, and classic rock tunes. Little bit of something for everybody! **TIX:** No Charge

## SATURDAY, OCTOBER 29

**The Rocky Horror Picture Show** – *Mermaid Imperial Performing Arts Centre, Windsor 8–10pm* • A full audience participation showing of the cult classic "The Rocky Horror Picture Show". This is a 19+ event. Bar will be open onsite. **TIX:** \$15 **INFO:** 902-798-5841 / puppets@mermaidtheatre.ca

**Halloween Dance** – *Lions Club, Kentville 9pm–1am* • Halloween Dance to Support the Kentville Lions Club **TIX:** Cost is \$10 per person **INFO:** 902-670-8867 / tammyworrell1975@yahoo.ca

**Featuring Alan Butler. Doors and Cash Bar at 8 pm, Music 9-12. Kitchen, 50-50, prizes for best costumes. Members & General Public, All Welcome. Members \$9 (with card). Non-Members \$10. TIX: \$10**

**Thunder Kiss Halloween Party** – *West Side Charlies, New Minas 9pm–1am* • The boys will be rocking for Halloween! Prizes for best costume! **TIX:** \$10 **INFO:** 681-9378

## SUNDAY, OCTOBER 30

**Symphony Nova Scotia** – *Convocation Hall, Wolfville 2–4:30pm* • Conducted by Holly Mathieson Program: John Estacio: Spring's Promise Cris Derksen: Round Dance Ralph Vaughan Williams: Fantasia on Greensleeves Frederick Delius: On Hearing the First Cuckoo in Spring Johannes Brahms: Concerto for Violin and Cello **TIX:** \$50 \$20 (students) Acadia Box Office **INFO:** pas@acadiau.ca

## WEDNESDAY, NOVEMBER 2

**My Old School** – *Al Whittle Theatre, Wolfville 7pm* • In 1993, 16-year-old Brandon Lee enrolled at Bearsden Academy, a secondary school in a well-to-do suburb of Glasgow, Scotland. What followed over the next two years became the stuff of legend. **TIX:** \$10.43 + HST = \$12 Cash or debit/credit at the door OR online <https://www.eventbrite.ca/> eventbrite.ca **INFO:** manager@alwhittletheatre.ca



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PLANTS GIVE US MANY GIFTS.  
FOOD IS ONE OF THEM.

Samuel Jean, Harriet Irving Botanical Gardens

Worldwide, the roots, tubers, rhizomes, bulbs, stems, leaves, buds, flowers, fruits, pods, and seeds of various plant species, cultivars, and hybrids are important food sources. A lot of us would be missing a little something in our lives if the coffee plant (*Coffea arabica*), the chocolate plant (*Theobroma cacao*), or the tea plant (*Camelia sinensis*) ceased to exist.

While many of our favourite plant products are imported and difficult to grow in our climate, there are a wide variety of edible plants native to Wapna'ki (the Acadian Forest region) that make great additions to home gardens. On top of being delicious, these native plants share evolution history with the animals that have also been here for thousands of years, making native plants the best food source for birds and pollinators. Many species of animals rely entirely on native plants to complete their life cycle. As more and more nurseries in the province offer native plants, it becomes easier to find these gems and reintroduce them to our landscapes, where they belong.

Some of the best edible native plants for your garden include the following:

- Highbush blueberry (*Vaccinium corymbosum*) – Has delicious berries and spectacular fall foliage.
- Common elderberry (*Sambucus canadensis*) – The fruit makes great jams and syrups.
- Eastern teaberry (*Gaultheria procumbens*) – The fruit tastes like peppermint.
- American groundnut (*Apios americana*) – This vine produces edible beans and tubers.
- Ostrich fern (*Matteucia struthiopteris*) – The furred fronds are a springtime delicacy.
- Wild bergamot (*Monarda fistulosa*) – The



American groundnut (*Apios americana*) flowers. (Photo: Samuel Jean)

fragrant leaves and flowers can be used to make tea.

- Blue vervain (*Verbena hastata*) – The flowers can be used to decorate desserts.
- Golden alexanders (*Zizia aurea*) – The flowers can be consumed in salads.
- Virginiana strawberry (*Fragaria virginiana*) – This groundcover produces delicious berries.
- Canada wild ginger (*Asarum canadense*) – The rhizome and leaves can be used like ginger.

Remember, while many native plants are edible, some are toxic and consuming them could make you ill. In some cases, only a certain part of the plant is edible at a specific time of the year. For example, when ripe, the May-apple (*Podophyllum peltatum*) fruit is edible, while the rest of the plant should not be consumed. Expert naturalists, websites like Go Botany, and applications like iNaturalist can help you identify the plants that are found in our productive and biodiverse region and determine if consumption is safe. 🌿

Solutions to Sudoku and Crossword (page 7)

|   |   |   |   |   |   |   |   |   |
|---|---|---|---|---|---|---|---|---|
| 5 | 9 | 3 | 6 | 8 | 4 | 2 | 7 | 1 |
| 7 | 6 | 2 | 5 | 1 | 3 | 9 | 8 | 4 |
| 4 | 8 | 1 | 9 | 7 | 2 | 6 | 5 | 3 |
| 9 | 5 | 7 | 4 | 3 | 6 | 8 | 1 | 2 |
| 8 | 3 | 6 | 2 | 9 | 1 | 7 | 4 | 5 |
| 1 | 2 | 4 | 8 | 5 | 7 | 3 | 9 | 6 |
| 2 | 4 | 9 | 1 | 6 | 8 | 5 | 3 | 7 |
| 6 | 7 | 8 | 3 | 4 | 5 | 1 | 2 | 9 |
| 3 | 1 | 5 | 7 | 2 | 9 | 4 | 6 | 8 |

|   |   |   |   |   |   |   |   |   |   |   |   |   |   |   |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| S | L | O | P |   | W | A | L | K |   |   | O | R | E | L |
| N | A | P | E |   | A | R | E | A |   |   | D | A | I | L |
| O | V | E | R |   | G | R | I | N |   |   | A | T | T | A |
| B | A | N | S | H | E | E |   |   | G | E | R | M | A | N |
|   |   |   | H | O | U | R | S |   | A | L | E | E |   |   |
| L | O | A | N | S |   | T | E | R | M |   | A | R | M | S |
| O | R | N | A | T | E |   | T | O | O | D | L | E | O | O |
| W | A | D |   | O | N | S | H | O | R | E |   | C | O | B |
| E | T | E | R | N | I | T | Y |   | E | N | C | O | R | E |
| R | E | D | O |   | G | E | L | D |   | G | A | M | E | R |
|   |   |   | S | A | M | E |   | U | S | U | R | P |   |   |
| S | I | D | E | C | A | R |   | R | E | E | L | E | C | T |
| A | D | O | R | E |   | A | R | I | D |   | O | N | L | Y |
| N | O | T | E | D |   | G | O | N | G |   | A | S | A | P |
| S | L | E | D |   | E | D | G | E |   | D | E | M | O |   |

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|----------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------|
| <br><b>RON SEXSMITH</b><br>Friday Oct. 7      | <br><b>PEARLE HARBOUR: AGIT-POP!</b><br>Friday Oct. 14      | <br><b>TRUE NORTH BRASS</b><br>Sunday Oct. 16                      |
| <br><b>SILVER WOLF BAND</b><br>Friday Oct. 21 | <br><b>RAY BONNEVILLE &amp; BRUCE MOLSKY</b><br>Thu. Oct 27 | <br><b>FILM + LIVE SHOW EXPERIENCE</b><br>Oct. 28 & 29             |
| <br><b>OKAN</b><br>Thursday Nov. 3            | <br><b>BLUE MARCO</b><br>Théâtre de l'Oeil<br>Sunday Nov. 6 | <br><b>HENRY V</b><br>NATIONAL THEATRE LIVE IN HD<br>Sunday Nov. 6 |

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|-------------------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------|
| <br><b>RUBE &amp; RAKE</b><br>Saturday Nov. 12                         | <br><b>GYPSY</b><br>FLEETWOOD MAC TRIBUTE<br>Saturday Nov. 19              | <br><b>BRYN BLACKWOOD</b><br>Sunday Nov 20                       |
| <br><b>GOD IS SCOTTISH DRAG QUEEN</b><br>XMAS EDITION<br>Friday Nov 25 | <br><b>BOB'S YOUR ELF</b><br>ADDG COMMUNITY THEATRE<br>December 9 - 11     | <br><b>BARRA MCNEILS</b><br>East Coast Xmas<br>Wednesday Dec. 14 |
| <br><b>BLACK UMFULOSI</b><br>Saturday Dec. 17                          | <br><b>PINOT &amp; AUGUSTINE</b><br>Happenstance Theatre<br>Sunday Dec. 18 | <br><b>ROBIN HOOD</b><br>Dufflebag Theatre<br>Friday Dec. 30     |



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